

- SEP 1986



JILALAN

MONTHLY CIRCULAR OF THE BRISBANE

CATHOLIC BUSHWALKING CLUB

UNDER THE GUIDANCE OF OUR LADY OF THE WAY

Registered by Australia Post

Publication No. QBH 2328



JILALAN

The Club's address is Post Office Box 151, North Quay, Brisbane, 4000 and the telephone contact number is listed in the White Pages Telephone Directory under 'B'.

Monthly meetings are held on the third Monday of the month at the Catholic Centre, Edward Street, City, beginning at 7.30pm. To enter the Catholic Centre, use the rear entrance. This is reached by entering the grounds of St. Stephen's Cathedral, via Charlotte Street (entrance nearest Edward Street). From Charlotte Street, the door is near a white statue. If the door is locked, please ring the bell. Visitors are always welcome.

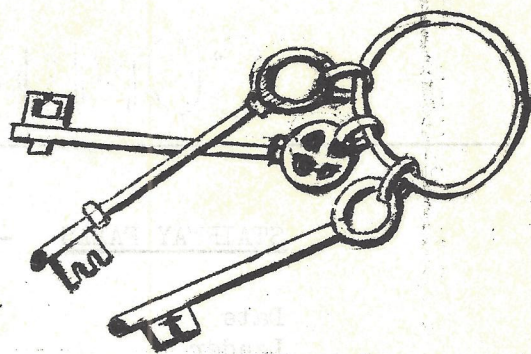
Members of the Committee are:-

PRESIDENT	Tim Apelt	(W) 229 8318	(H) 343 4625
VICE PRESIDENT	John Carter	(076) 66 1133	
GENERAL SECRETARY	Anne Hayes	(W) 839 6694	(H) 345 2936
TREASURER	Tony Wood	(W) 831 0138	(H) 398 3018
SOCIAL SECRETARY	Ken Mc Carron 61 Kavanagh Street, Wishart. 4122		(H) 349 6046
EDITOR	Justin Tobin 29 Kunde Street, Nundah. 4012.		(H) 260 5065
SAFETY AND TRAINING OFFICER	Ken Mc Carron		(H) 349 6046
GENERAL COMMITTEE	Steve Arthur	(W) 260 1591	(H) 359 7562
EQUIPMENT HIRE	Ken McCarron		

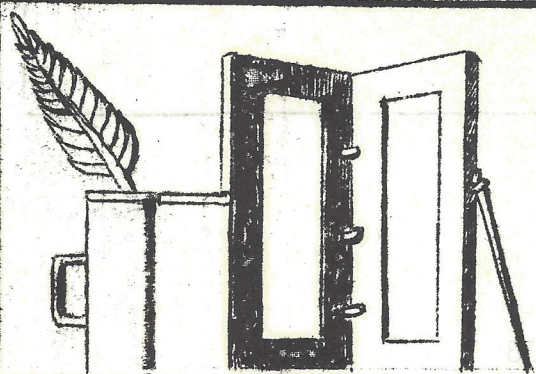
EMERGENCY OFFICER: Where a trip is overdue, parents may telephone the Emergency Officer (as specified for each trip). Please do not ring before 9pm at the earliest.

EQUIPMENT FOR EVERY TRIP: On every trip run by the Club, all walkers - both members and visitors - are expected to take the following minimum equipment -
torch; first aid kit; parka or raincoat;
and at least $\frac{1}{2}$ litre of water.

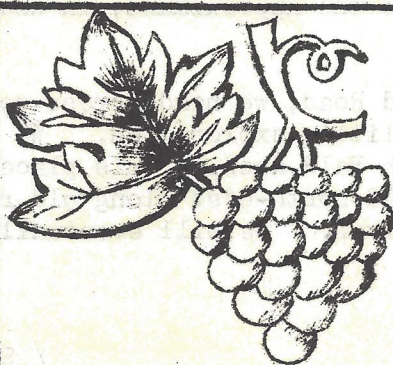
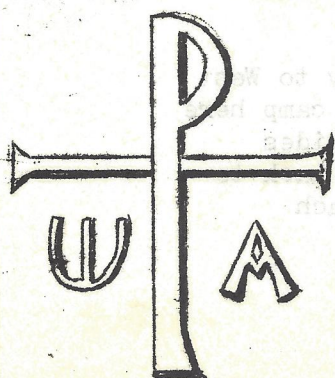
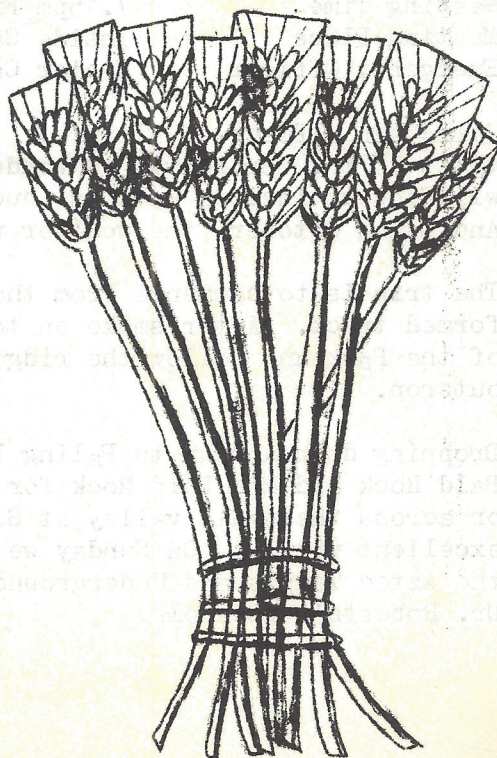
ATTENTION: ALL persons, adult or child, member or visitor, undertake ALL activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken. It is repeated that all persons undertake all activities entirely at their own risk.



Retreat
11-12 Oct.



Augustinian
Priory.



A. Hayes '86

COMING OUTINGS

STAIRWAY FALLS - Daywalk -

Date : Sunday, 21st September
 Leader : STEVE ARTHUR - 359 7562
 Cost : \$8.00
 Meeting Time : 7.30am s h a r p
 Meeting Place : Behind St. Stephen's in Charlotte St.
 Emergency Officer : Mr. V. Arthur (359 7562)

We leave Brisbane for O'Reilly's where a relaxing, interesting walk will begin. Following the track system along Canungra Creek to Stairway Falls it should be warm enough for a swim.

This is a walk suitable for everyone, so nominate to Steve Arthur at the meeting. Please note departure time of 7.30am SHARP.

GIRRAWEEEN - Throughwalk

Date : 3/5th October
 Leader : JOHN CARTER - (076) 66 1133
 Cost : \$12.00
 Meeting Time : 7.15pm Friday, 3rd October
 Meeting Place : Inside Cathedral Grounds, Charlotte Street
 Emergency Officer : Victor Carter - 356 4931

Girraween - Place of Flowers. The Park is known to be a superb place to visit in the Spring with a wonderful array of wildflowers on display. These wildflowers include wattles, eucalypts, hakeas, dogwood and ground orchids. And being October, the weather will only be cool (so bring a jumper).

The trip is to commence from the campground and walk to Mt. Norman on the formed track. After smoko on top, we will venture into the southern areas of the Park and follow the ridge to the Approximans, an unusual granite outcrop.

Dropping down a spur to Paling Yard Road, we head across country to West Bald Rock and Mid Bald Rock for a little exploration. We will camp here or across the small valley at South Bald Rock. This place provides excellent views. On Sunday we head north-west along old roads back to the Aztec Temple and Underground River. We will eventually reach Dr. Roberts' Waterhole.

Some sections of the walk will cover areas not seen by most walkers so it will be well worth doing. You will need some warm clothing, hat, camera and 2 litres of water. It is an easy to medium walk, depending on experience ... see you there.

... John

CLUB RETREAT:

Location: Augustinian Priory, Clayfield
Date : 11/12th October

This year's retreat will be held along similar lines as in 1984. Father Michael Endicott will again be available. It will commence on the Saturday evening at 7.30pm, with accommodation provided. The cost will be \$22. If you are unable to attend in the evening, I encourage you to come on the Sunday. We will finish about 4pm.

Over this period there will be periods of discussion, reflection and prayer. The last retreat here was most beneficial. Those interested are asked to nominate at the September meeting to me. Any queries can be directed to Anne or Pat at the next meeting. Numbers are needed early to confirm the weekend with Father Endicott.

... John

RUNNING CREEK FALLS - OVERNIGHTER. Location: South of Beaudesert

Date : 18/19th October
Leader : Ken McCarron
Cost : \$3.00
Meeting Time : 3pm
Meeting Place : Behind the Cathedral in Charlotte Street
Emergency Officer : Tim Apelt (343 4625)
Special Feature : CAMP FIRE TEA

Running Creek is one of the many water courses that uses the Lamington Plateau as a catchment ground. This walk is along the side of Running Creek and is relatively flat. We will walk up a 4WD track through open eucalypt paddocks to cross the creek into rainforest where we will follow a slightly overgrown graded track. After coming back to the creek again, we will have lunch at the falls. For those game enough to have a swim, there's a large pool.

Because Running Creek is about a 2 hour drive from Brisbane, we will have to leave on Saturday. We will meet at the Cathedral at 3pm. Saturday afternoon and will travel down to Christmas Creek camping reserve and set up our tents. We'll attend mass as a group at Christmas Creek and afterwards cook tea on the open fire and retire to bed. The next day we will complete the walk and return to Brisbane.

So ---- don't miss this opportunity - a chance to do a great daywalk and also a chance to camp out without carrying your gear a great distance. If you have any trouble getting gear, see me at the meeting and I'll see what I can arrange. You will need your normal day gear (raincoat, first aid, hat, torch, 1 litre of water), a sleeping bag and shelter, and a meal for Saturday night. Nominate to me at the September meeting.

... Ken

PAST OUTINGS

BARNEY MASS - Exhibition Wednesday:

When finally everybody had arrived at Yellow Pinch and all had decided on their choice of walk - either Logan's or Peasants - we headed up. The company was bright, the weather good and the scenery superb. Certain problems with navigation (!!!!!) and difficulty with terrain were encountered by various parties. Val Pedrolini's legs aren't getting any longer and Mt. Barney isn't getting any lower. Father Peter Murmane displayed stirring bushwalking qualities and still had enough breath to celebrate mass with us.

(In the climate of S.E. Queensland, should we have some Sunday masses in God's cathedral, the great outdoors?)

After mass there was plenty of food to share but with darkness a few hours off, we had little time to linger long. We all headed down Peasants Ridge and arrived back at the cars in the dark.

Thanks to everybody who came and a special thanks to Father Peter for coming with us on his day off.

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MT. ERNEST PAST OUTING ON PAGE 9.

CLASSIFIEDS:

DOES ANYONE HAVE AN OLD H-FRAME PACK FOR SALE? THE
CONDITION OF THE CANVAS SACK IS NOT IMPORTANT.
CONTACT JOHN C. AT (07) 356 4931.

* * * * *

Our newest members include:- Sue Staples, Brenda Bottero, Judy Cleary, Marina Moran, Doug and Ann, Mary Nugent, Desley Marsh, Ross Fels. Welcome and and all.

Did you write a postcard on your last daywalk?

N E E D E D: Fellow walkers to tour New Zealand in or about December, January or February coming. Some walking ... some touring. See Greg (W) 224 9632 or (H) 351 4092.

New Address: Ros Rennie, Phone (H) 345 3150
54A Jackson Road,
Sunnybank Hills. 4109.

Phone Calls from - Glenn and Michelle Kennedy, Chris & Margot Sheedy, D. Pedrazinni, Anne Fitzpatrick, Liz Little, Veronica Davis.

Hope to see you all soon - Stairway Falls is coming up.

A re-appearance of Maryanne Kups. Good to see you again ---

JILALAN

WE HAVE HAD AN INFLUX OF VISITORS AND NEW MEMBERS
OVER THE LAST FEW MONTHS (30 NEW MEMBERS).

SO THAT WE CAN RETAIN THESE PEOPLE, PLEASE TALK TO
ANY STRANGERS/NEW PEOPLE AND MAKE THEM FEEL WELCOME!
FIRST IMPRESSIONS MEAN THE MOST.

WHEN THEY SEE US AS A FRIENDLY, OPEN CLUB, THEY
WILL BE CONVINCED WE ARE THE BEST.

So --- This is "Talk to a Visitor" Month

They may even ring you for information, or a ride,
since I've given visitors the names and phone numbers
of their nearest members.

- Greg E.



Stairway
Falls
21 Sept.

A. Hays. '86

September 1986

JILALAN

Downhill all the way to the Falls a cool rain forest
walk in the heat of Spring along graded tracks in the
lush Lamington National Park. Starting from the historic
O'Reilly's Guest House. ... Chocolate milk shakes at the
end when you return from the walk.

ALL THIS, AND MORE, WHEN YOU DO THE STAIRWAY FALLS WALK!!

BILLY OF TEA

You can talk of your whisky, talk of your beer,
There's something much nicer that's waiting us here,
It sits on the fire beneath the gumtree,
There's nothing much nicer than a billy of tea.

So fill up your tumbler as high as you can
And don't you dare tell me it's not the best plan,
You can let all your beer and your spirits go free-
I'll stick to my darling old billy of tea.

I rise in the morning as soon as it's light
And go to the nose bag to see it's alright,
That the ants on the sugar no mortgage have got
And straight away sling my old black billy-pot.

And while it is boiling the horses I seek
And follow them down, as far as the creek,
I take off their hobbles and let them run free
Then haste to tuck into my billy of tea.

And at night when I camp if the day has been warm
I give to my horses their tucker of corn,
From the two in the pole to the one in the lead
A billy for each holds a comfortable feed.

Then the fire I make and the water I get
And corned beef and damper, in order, I set,
But I don't touch the grub though so hungry I be -
I wait till it's ready - the billy of tea.

- from Bushwackers Song Book

The greater the suffering, the greater the trip.

- Alex Colley.

THINKING CATHOLIC

BE A GOOD LISTENER

In to-day's busy world a good listener is hard to find. It seems that people only listen when somebody "important" is speaking. And yet, isn't everybody important?

There are many lonely or troubled people looking for somebody who will listen, yet most people are too busy. Jesus was also busy - He only had 3 years to complete His job on earth - yet I'm sure He always found time to hear and understand.

Listening can be a ministry of love. It is a ministry we all can take part in - it is a simple, easy way to reach out to help others in to-day's hectic world.

I'm sure we have all heard of instances where people have called on friends, or anybody for that matter, just to talk to somebody willing to listen - even if it is only to get it off our chests. We need someone to hear us out. At some time in our life, we all need the spirit-lifter or morale-booster that only a good listener can prove to be. Listening can be a most valuable and useful tool and an important part of communication.

Just how does one listen well?

Benjamin Disraeli once said "Men were made more to listen than to talk, for nature has given them two ears but only one mouth."

When people have troubles, it helps to talk things out. It costs little and can help so much. The ministry of listening is one that we can all practice without being experts. God wants us to reach out and to extend ourselves, to show sensitivity to others. We should be approachable so that those in need can come to us without any fear or being rebuffed.

One might have a lot on one's plate, but can always be interested in the things that other do. Lack of attention can really hurt and the failure to pay enough attention is really failing to pay attention to God. There is nothing more annoying or hurtful than trying to talk to somebody who is determined not to listen. I recall a message on my date block some years ago which I will always remember. It said: "I have not even started to speak when you have already finished listening to what I had to say."

I also recall a cartoon about a father and son discussing something, and it ended something like: "Dad, you have not been listening to me. If you had, you would have hit the ceiling by now."

Nothing opens the heart more than complete attention, taking the trouble to listen to the worries, etc., that are being put before us. To be an attentive listener, we should also be able to hear what remains unsaid - hear the words that people do not say.

Also, if something is told to you in confidence then be trustworthy. Also do not give the impression that you are smarter, or brighter, than the talker - nothing stifles confidence more than putting on superior airs. By simply listening, one can easily build a welcome easiness of trust.

Do not judge others. Try to understand the other's views, habits, beliefs that might be different from our own, without putting our stamp of approval on them. Having real concern for others satisfies the deep human need of attention, respect and recognition. People may not show it, but they are usually flattered by the attention we can give them by listening.

Understanding is one of the highest virtues of charity. The Peace Prayer of St. Francis of Assisi contains the lovely words, "O Divine Master grant that I may not so much seek to be understood as to understand."

I'm sure that many young people would not have turned to drugs or crime if they had somebody to turn to - an understanding adult may have helped so much.

People love to talk - they love an audience. Our life style is always busy. People wanting somebody to talk to are turned off by signs of hurriedness. How many times have you met somebody and just as you start to speak, they say, "Gotta go. Gotta run - catch up with you later."

As I mentioned earlier, Christ only had 3 years to do His job, yet He never appeared to be in a hurry. We can learn so much from Christ - He made it clear that the most important thing to do was love God and love one's neighbour.

Let's hope that when we finally come face to face with God, having been good listeners, He will say -

"I assure you, as often as you did it for one of My least brothers, you did it for Me." (Matthew 24 - 40).

... by Pat LAWTON

* * * * *

"Let us probe the silent places,
let us seek what luck betide us,
Let us journey to a lonely land I know.

There's a whisper on the night wind,
there's a star agleam to guide us,
And the wind is calling, calling, ... let us go."

- Robert Service

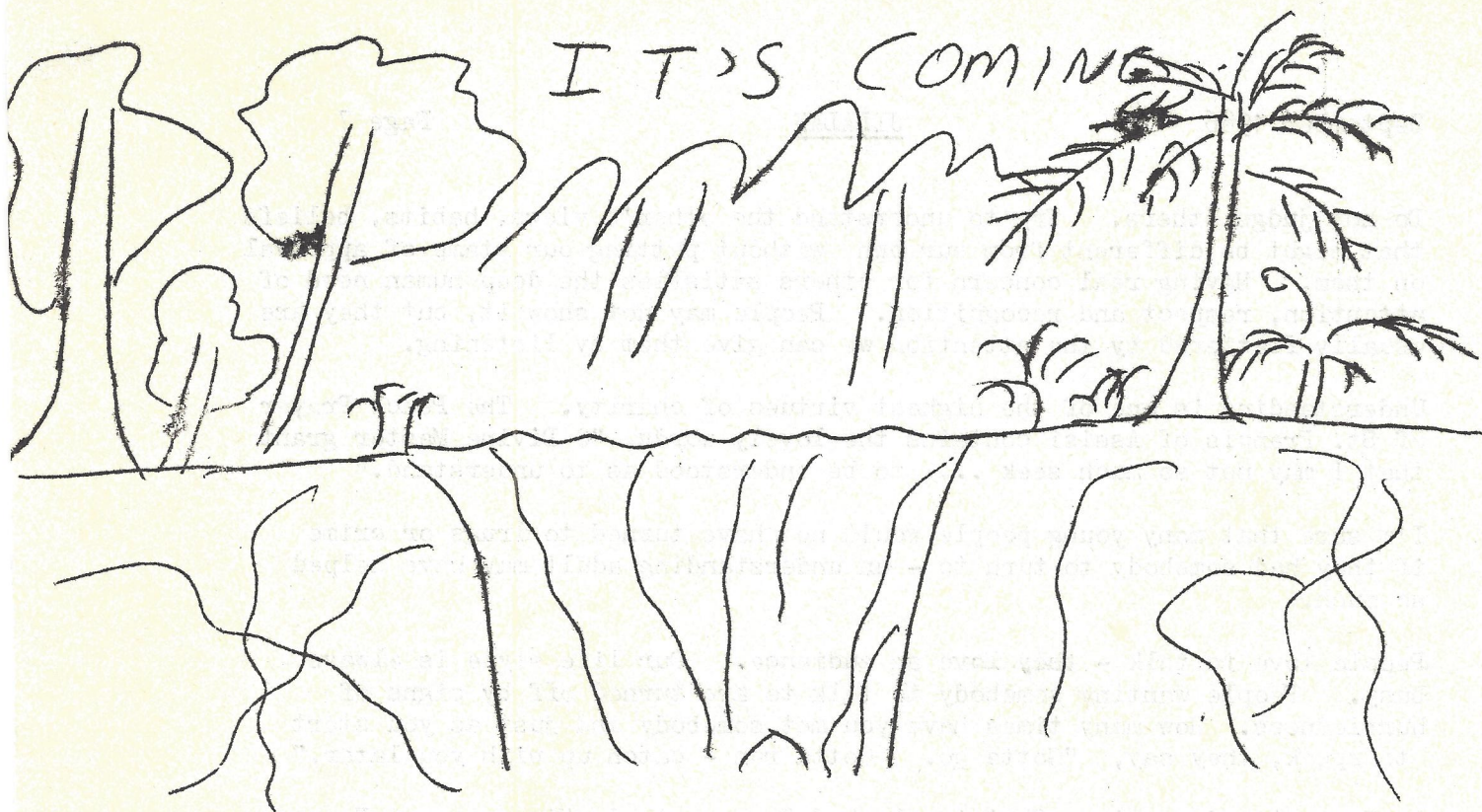
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Which Club President is a "kept man" - kept locked away while his Sugar Mummy goes out to provide for all his wishes and wants?

Do you know that Dentistry students are those who failed to get a place in the Med quota?

Can you guess why Cathy's jeans were steaming whilst having lunch on the Running Creek Falls pre-outing?

Why was Greg, on Mt. Ernest, asking the girls if they had a safety pin?



PRESIDENTS REPORT

In any club there are going to be some people who don't like each other, or who do not, or will not, get along. If our club is to be catholic, we must love each other. This is Jesus' greatest order. We must be kind, understanding, compassionate, caring and respectful of the other person be they single, married, divorced, happy, boring, unemployed, frustrating, stupid, meticulous, good looking, ugly, bald or eccentric. We must be able to wish each other well and mean it in our hearts.

- o o o -

And while they were walking through the rainforest he said, "What can we say the Kingdom of God is like? What parable can we find for it? It is like the lawyer vine which seems to be one of the most inconsequential of plants in the entire forest - but nobody can walk through it without 'waiting a while' and disentangling themselves."

... Tim Apelt

* * * * *

A membership list is to be published, so -----

- (i) Pay subs N O W
- (ii) Tell Greg (H) 351 4092 (W) 224 9632 your home/work phone numbers and address.

FEATURE ARTICLE

CROSS COUNTRY SKIING - IT HAS ITS UPS AND DOWNS

Recently I had the opportunity to go down to the "Snowies" for a week with some friends to experience some cross country skiing. We stayed at Perisher, which is like living at Palm Beach to go bushwalking. People and more people. However, we stayed at the Cooma Lodge owned by the Cooma Ski Club which was most comfortable and away from the motels, etc.

It was great living above the snow line. To me there is nothing more unusual and beautiful than an Australian landscape carpeted in snow. So different from other countries like New Zealand and Nepal. We experienced a wide range of climatic extremes from perfect, still, sunny weather - through overcast, windy, grey days - to full-on snow storms, gale force winds and white-outs.

Perisher is situated in a valley, N.E. of Mt. Kosciusko and separated by a minor range running parallel to the main range. Near the resort are a series of beginner ski trails, ranging from 2.5km to 10kms. Some of the more experienced in our party gave us novices a few pointers and we spent a couple of days doing these trails. When learning to ski, one must accept the fact that falling and getting up is a major activity of each day. While snow is soft, one does strike patches of ice where falling is a painful experience.

We also did several day trips in the general area of Perisher, Guthega and Charlotte's Pass. Like bushwalking, you climb hills, contour around slopes, drop down ridges and follow rivers - the only difference is that you're wearing skis and the downhill is a lot more fun.

On one trip, we started at the Guthega Power Station and skied up into the range via a road. This took us through lovely open forested country where the snow gums provided an endless array of shapes and bark patterns. On reaching Schlink Pass, some of us skied up to Mt. Gungahian which was covered in mist. This cleared occasionally to reveal great views. We then headed down Disappointment Spur which provided some good skiing and fantastic spills! Back in the forest, we carefully picked our way amongst the trees, descending steeply, reaching the power station on dusk.

The week was a memorable event and revealed that skiing allows you to experience the bush in a new, different light.

... John C.

* * * * *

Popping in for a visit last meeting was Ivan Markou.

What were people seeing on Michele's ("one 'l' please") T-shirt on Mt. Ernest?

Doug and Ann McLaggan are notching up trips - seen, through the clouds, on Mt. Ernest (or was it Gillies Spur?)

Glad to see our typist is back in circulation.

PAST OUTINGS CONT

MT. ERNEST - Daywalk.

LEADER: Geoffrey Egert

On Sunday, 24th August, 1986, 25 intrepid walkers and one "seedy" walker set off from St. Stephen's Cathedral to conquer Mt. Ernest. I say that 25 of the walkers were intrepid because the weather looked positively threatening. I say that one walker was "seedy" looking because he had been imbibing the night before. We travelled to Beaudesert, where there was a short refreshment stop, and then proceeded via the small township of Rathdowney to Mt. Ernest itself. On the meandering sections of the Mt. Lindesay Highway, the "seedy" walker kept a window of the leader's car wound right down and appeared to be enjoying the rugged scenery thereabouts more than anyone else.

Upon our arrival at the farm at the foot of Mt. Ernest, the weather no longer threatened. The skies opened. The troops, however, to their credit, were not discouraged by this inclement weather. Oilskins were donned. Clearly, these walkers wanted to be lead. The saga began.

The first part of the walk was somewhat shrouded in mystery. This was not because the leader had forgotten his maps, but because of the cloudy conditions. However, further up the mountain, we did catch fleeting glimpses of Mt. Lindesay when the winds parted the cloud cover.

Just as we were about to reach the top, the first miracle of the day occurred. The sun beamed down upon us. We were blessed with this weather throughout our lunch hour. A fire was lit. The billy was boiled. Some sausages were cooked.

After lunch, we proceeded to the northern end of Mt. Ernest. Unfortunately, the reputedly unusual views of the peaks of Mt. Barney - which may be seen from Mt. Ernest - eluded us. However, we did have clear views of the valleys below. As we retreated down the north eastern ridge of the mountain, the fellow in the "crummy" black felt hat with the staff, tried to do a "Moses" and conjure up another miracle.

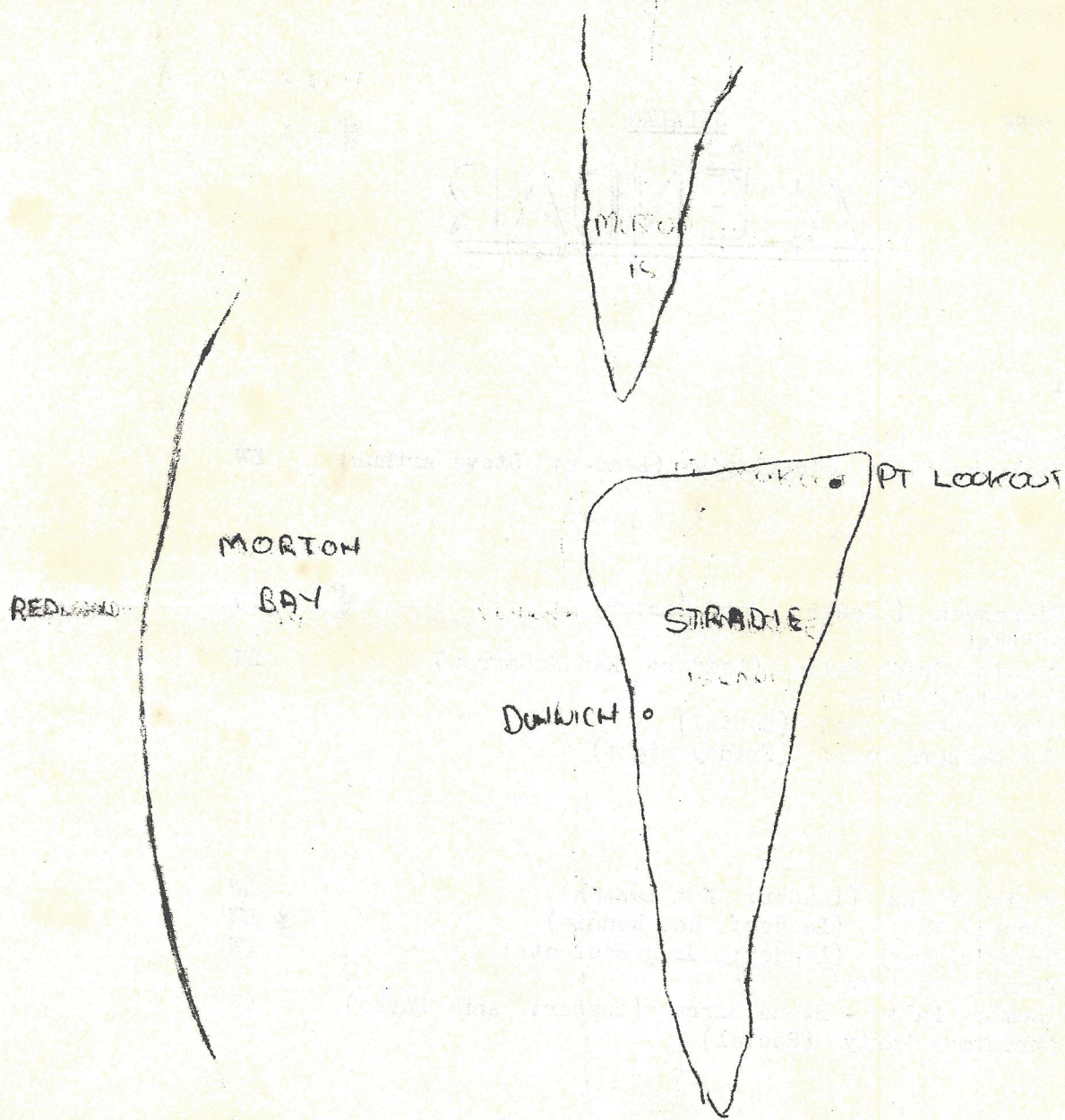
Suffice it to say that the cloud didn't lift off the peaks and Greg got the "Nuisance of the Day Award" from the leader. I will admit, however, that we did not encounter any more rain until we commenced the journey back to Beaudesert. At Beaudesert, the troops appeared to consume copious quantities of tea, coffee, chips, etc. etc. We arrived back in Brisbane at 6.15pm.

I hope everybody enjoyed themselves.

The intrepid walkers were: Doug McLaggan, Ann McLaggan, Ken McCarron, Steve Arthur, Ann Hayes, Pauline Hayes, Liz O'Regan, Wayne Anderson, Maree Calligan, Gordon Denkes, "Moses" Endicott, Cathy Mc Donnell, Richard Kalouski, Eugene Behan, Ross Fels, Michele Gomm, Justin Tobin, Sue (didn't fall in the creek) Herron, Peter Walpole, Dorothy Smith, Carmel McNeal, Paul Mc Neal, Phil ("sausages") Murray and Michael Ray and Joe Finn.

The "seedy" walker was: (If you can guess, you get a free trip up Mt. Ernest, without "Moses", and with an ironclad guarantee of fine weather).

.... Geoffrey



STADBROKE IS

24-10 - 86

CLUB SOCIAL FOR

COME AND PAY 'STRADIE' A
VISIT.

September 1986

JILALAN

CALENDAR

SEPTEMBER:

15 Monthly Meeting
21 Stairway Falls O'Reilly's (Leader: Steve Arthur) DW

OCTOBER:

3/5 Girraween (Leader: John Carter) TW
11/12 Retreat
18/19 Running Creek Falls (Leader: Ken McCarron) DW
20 Monthly Meeting
24/26 Stradbroke Island (Social)
31 New Members Night (Friday night)

NOVEMBER:

2 Minto Craggs (Leader: Pat Lawton) DW
9 Coochie Mudlo (Leader: Ros Rennie) $\frac{1}{2}$ DW
14/16 Grady's Creek (Leader: Greg Endicott) TW
17 Monthly Meeting
23 Coomera Falls - Binna Burra (Leader: Anne Hayes) DW
30 Christmas Party (Social)

DECEMBER:

6/7 Rocky Creek Falls ON
15 Monthly Meeting
21 Bribie Island (Leader: Peggy Rutter) DW
22 Christmas Carols by Candlelight - Mt. Coottha
26 Boxing Day Walk DW
28 Daywalk to be decided
New Year's Eve - Bush Dance, City Hall

LEGEND:

TW Throughwalk
BC Base Camp

DW Daywalk
ON Overnighter
NW Nightwalk