



JILALAN

MONTHLY CIRCULAR OF THE BRISBANE

CATHOLIC BUSHWALKING CLUB

UNDER THE GUIDANCE OF OUR LADY OF THE WAY

JILALAN
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APR 1983

JILALAN

The Club Address is P.O. Box 151 North Quay, Brisbane 4000 and the telephone contact number is listed in White Pages Telephone Directory under 'B'.

Monthly meetings are held on the third Monday of the Month at the Catholic Centre, Edward Street, City, beginning at 7.30p.m. To enter the Catholic Centre use the rear entrance. This is reached by entering the grounds of St. Stephen's Cathedral via Charlotte Street (entrance nearest Edward Street). From Charlotte Street the door is near a white statue. If the door is locked, please ring the bell.

VISITORS ARE ALWAYS WELCOME

Members of the Committee are:-

<u>PRESIDENT</u>	Russ Nelson	(H) 3785200	(W) 2252254
<u>VICE PRESIDENT</u>	David Mort	(H) 3542245	(W) 2276227
<u>OUTINGS SECRETARY</u>	Jim Besgrove	(H) 3492468	
<u>GENERAL SECRETARY</u>	Sandra McGrath	(H) 3433657	(W) 2252142
<u>TREASURER</u>	Tony Young	(H) 2623159	
<u>SOCIAL SECRETARY</u>	Tony Wood	(H) 3983018	(W) 2210128
<u>EDITOR</u>	Anne Besgrove	(H) 3492468	(W) 3498620
<u>SAFETY AND TRAINING OFFICER</u>	Mark Daly	(H) 597517	
<u>GENERAL COMMITTEE</u>	Justin Tobin		
	Jan Lucas	(H) 3432365	(W) 487222
	Peter Dore	(H) 3921983	(W) 481711
<u>EQUIPMENT HIRE OFFICER</u>	David Mort	(H) 3542245	(W) 2276227
	29 Minto Cres.		
	Arana Hills.		

EMERGENCY OFFICER

Where a trip is overdue, parents may telephone the Emergency Officer (as specified for each trip). Please do not ring before 9.00p.m. at the earliest.

EQUIPMENT OF EVERY TRIP

On every trip run by the Club all walkers both members and visitors are expected to take the following minimum equipment - Torch, First Aid Kit, Parka or Raincoat and a least $\frac{1}{2}$ litre of water.

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MARCH

5/6	Moreton Island (North End)	
	Leader - Tony Wood	BC
12/13	Monzerat Lookout - Leader - Michael Rae	ON
	FMR Training Day	
19	Social - Federation Bush Dance	
20	Mt. Haldon - Leader - Barney Tobin	DW
21	Monthly Meeting	
25/27	Yalburu Games - Sacial	

APRIL

31/4	Easter Trip - Blue Mountains	
	Leader - Jim Besgrove	BC
10	Mt. David - Leader - Tim Apelt	DW
16	Social - Annual Mass and Dinner	
17	Midnight to Dawn Walk - Mt. Beerwah	NW
18	Monthly Meeting	
22/25	Cunningham's Gap - Teviot Gap	
	Leader - Russ Nelson	TW
27	Abseiling Training	

MAY

29/2	Mt. Kaputar - Leader - Jim Besgrove	BC
7/8	Hell Hole Gorge - Leader - Peter Dore	ON
15	Social - Car Rally	
16	Monthly Meeting	
22	FMR Advanced Training Day	
22	Mt. Lindsey - Leader - Pat Lawton	DW
28/29	O'Riellys - Binna Burra Traverse	
	Leader - Dave Mort	ON
29	Binna Burra - O'Riellys	
	Leader - Barney Tobin	DW

JUNE

5	Blacksnake Ridge - Leader - Anne Besgrove	DW
10/13	Indian Head (Kraser Island)	
	Leader - Bruno Sperka	TW
18	Map Reading - Mt. Cootha	
19	Social - Bike Ride and Picnic	
20	Monthly Meeting	
24/26	Beau Brummel - Castle	
	Leader - Justin Tobin	TW

JULY

3	Mt. Greville - Leader - Justin Tobin	DW
9	Social - Weekend Away	
18	Monthly Meeting	
22/24	Mt. Barney - Leader - Justin Tobin	TW
	Sandra McGrath	BC
23/24	FMR Training Weekend	

AUGUST

6	Social - Rural Youth Ball
14	Egg Rock - Leader - ??
15	Monthly Meeting

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20	FMR Training Day	
20/21	Safety and Training Weekend	ON
26/28	Glasshouse Mountains Epic	
	Leader - Jim Besgrove	BC

LEGEND

DW	DAYWALK	NW	NIGHTWALK
ON	OVERNIGHTER	TW	THROUGHWALK
BC	BASECAMP		

PLEASE REMEMBER

If you cannot attend a walk for which you have nominated please contact the leader as soon as possible.

COMING OUTINGSTeviot Gap - Cunningham's Gap - Throughwalk

LEADER	Russ Nelson (H) 3785200 (W) 2252254
DATE	22/25 April
EMERGENCY OFFICER	Jim Besgrove (H) 3492468
COST	\$ 13.00
LOCATION	Main Range
MEETING TIME	7.15p.m. inside the Cathedral Grounds.

We will drive up to Teviot Gap and camp by the road on Friday night. Next morning we will cross the Main Range to the Gap via the Steamers, Doubletop, Mt. Huntley, Spicers Gap and across to Mt. Mitchell to finish the walk off.

The trip will be long and solid. Walkers will need to carry enough water for three days. Don't forget to carry a jumper as it could be a little cold. Have a talk to Russ and he will explain the full details of the trip.

Mt. Kaputar - Basecamp

LEADER	Jim Besgrove (H) 3492468
DATE	29/2 May
EMERGENCY OFFICER	Anne Besgrove (H) 3492468
COST	\$ 25.00
LOCATION	Near Narrabri N.S.W.
MEETING TIME	7.00p.m. inside the Cathedral grounds.

We will drive to Goodawinda on Friday and camp on the side of the road. On Saturday we will drive to Moree for Breakfast. From Here we will drive to the park and set up camp. After lunch we will walk to the

APRIL 1983PAGE 4Mt. Kaputar (Cont)

The Governor and West Kaputar Rocks. On Sunday we will do a long daywalk down past the Lookout to Scotts Hut. It is 19km long, but it is not too hard going. This walk offers good views of the park. On Monday we leave fairly early to drive back to Brisbane. This area is very scenic and is a popular trip. Remember to bring a good jumper and warm clothes. Don't forget your clothes for Mass on Monday night. See Jim at the next meeting for more details.

Hell Hole Gorge - Overnighter

LEADER	Peter Dore	(H) 3921983
DATE	7/8 May 1983	
EMERGENCY OFFICER	Jim Besgrove	(H) 3492468
COST	\$ 8.00	
LOCATION	East of Warwick.	
MEETING TIME	7.15p.m. inside the Cathedral grounds after 6.30p.m.	
	Mass.	

After Mass we will drive to our camp site on Swan Creek. We should arrive early, so don't forget your goodies for supper. On Sunday we will have an easy walk up Swan Creek to Hell Hole Gorge. After lunch we will walk back to the cars by a different route. This walk is moderate, and would be a good first overnighter. See Peter for more information.

PAST OUTINGSMt. Haldon Daywalk

22 Keen walkers left the Cathedral under a cloudy sky to conquer this mountain. After arriving at Gatton for a goodie stop (food time) it started to pour. But not to be outdone we pushed on to the base of the mountain and started the climb up it.

When we reached the first stop 3 visitors (girls!) decided to head back down. Russ gave them a key to get into his van - the only problem with this was that the key was for the door to his home. Thanks to Jim for his carelessness they were able to hop into his car and stay dry. Meanwhile the rest of us forged ahead. Jim and Tony and a bottle of Metho raced ahead of us to start the fire on top in the pouring rain. When the rest of the troops arrived we were greeted with a roaring fire. We dropped our packs and went looking for the top, some of us are still wondering what it looks like thanks to the fog. The decision was made and we headed back to the warmth of the fire (thanks Jim and Tony W) and feasted on piklets, jam and cream, (thanks Anne). Although there were no views on top, everybody seemed to enjoy themselves. WE headed down the mountain and reached the cars about 3.30p.m., with a few of the walkers doing more sliding than walking. We had another stop at Gatton and headed home around 5.30p.m. Thanks to everybody for coming on this walk, especially the visitors.

Thanks also to Mrs. Besgrove for being Emergency officer and taking all the phone calls for this walk.

Barney Tobin

SOCIALSPAST SOCIALSYalburu Games

An early start to our weekend found us all congregated at the Cathedral, ready for a night hike to the Yalburu Hut. Fifteen walkers set on on a two hour drive to reach the starting point, south west of Beaudesert in the farm lands surrounding Mt. Barney. A goody stop for Barney (the person) turned out to be a goody stop for all was made at Browns Plains. Once the troops we all regrouped at the start of the walk. The night was perfect for walking, nearly a full moon, clear skies, and enthusiastic walkers. After crossing the creek a few times, some walkers headed the wrong way on one occasion however luckily Russ steered them back to safety. After about an hour and a half we reached the Hut and set up camp.

Morning dawned and so did the start of the Yalburu Games. Jan and Sandra snuck off to plant the 100 peices of paper for the treasure hunt and then it was our turn to find them. After half and hour, unfortunately 15 pieces were still hiding, so they will have to wait and be found next year. The partnership of Gary and Anne won this event. On the way back to the Hut the firewood was collected. Next, was a much earned, cool, crisp dip in the mountain rock pool about 10 minutes walk up the river from camp. The water is stioo unpolluted and tastes great. After the swim it was back to the grind for more competitions. The next event was the tent pitching contest. For this event we uned three tents (of course) all equal in size, shape but not colour. It was a close decision to make for the judges as the times were all simular and except for Russ and Anne-Marie's precision were the main deciding factors. A quick break was had by all and the 3 legged race was to begin. Here we had a slight mishap as Russ nearly took off with Anne-Marie's leg and not Anne-Marie. Hope your ankle is feeling better Anne - Marie. Barney and Adam had a few teething problems, but eventually managed to finish the race, unfortunatly not quick enough to win. This event went to a visitor from Sydney Tom and his partner Cathy Daly. Now was the moment we were all waiting for, the most gruelling event of the whole Games. The Iron Man and Woman contest, involved a race up the mountain side under and over logs, around trees, a rock hop or swim through the creek and a mad dash to the finish lind. This year the Iron Man is (yours truely) Tony Wood and the Iron Woman, Cathy Daly.

A short rest, and the billy boiling contest was started. Our winner Mike Wood obviously has a secret way of boiling water and won again this year. His time was 2 minutes slower than the Year before, last year the time was 3 minutes. Mike's partner Judy (his Sister) looked on helplessly but encouragingly. The final event was most appreciated by the judges. It was a very tedious job, taking into consideration the taste, appearanee, solidity and smell of the various meals. The only rule was the weight of the food and water used had to be no more than $1\frac{1}{2}$ kilos. Judy and Mike Wood's concoction attracted the taste buds of the judges with a lavish spread of baked potatoes with reduced cream, canned carrots peas and corn and lamb shank, followed by baked stuffed apples and custard and cream.

After all the competitions were over and done with we all sat down and watched the movies. The final event for the evening was the prizes being handed out. Everyone received some coloured ribbons and the overall winners were Judy and Mike Wood, who received 2 carry mats. Second prize was 2 light weight mess kits, this went to Tom Walker and Cathy Daly, third prize of hammocks went to Cathy McHugh and Bruno.

Next Morning everyone was up and our usual clean-up started with the eviction of the squatter namely one field rat. The clean up proved to be the usual fun, lots of water and a shortage of dry bushies.. A game of volley ball and another swim ended another great weekend at the Hut. Thanks to all those who came along and made it a top weekend.

Tony Wood.

APRIL 1983PAGE 6PRESIDENT'S REPORT

If you wish to become an extremely popular walker on a trip, wash all your dirty plates where everybody draws their water. This will frequently result in a number of walkers having diarrhoea. The method of ensuring your popularity in this situation is to have a plentiful supply of anti-diarrhoea tablets. People will be extremely grateful for your tablets.

Obviously my point here concerns bush hygiene. In particular dirty dishes should not be washed in creeks. Water should be drawn from the creek and the washing down away from the creek. This should allow the dirty water to flow over the ground and eventually find its way down to the creek relatively clean. Therefore if we can take a little more care we can ensure that people will not be sick.

Since the last monthly meeting, the Song Book Sub-Committee has decided on the final composition of the Song Book. The Typing of the book has begun. The Outings Sub-Committee has drawn a walking programme to January 1984. A publicity programme has been drawn up by the Publicity Sub-Committee to attract and keep visitors. Soon you will see the results of these decisions.

A Thought For You!

The real competition in bushwalking is putting oneself against the terrain, the uncertainties of the weather or the difficulties of finding the way across unfamiliar country. There are no admiring crowds to applaud success nor are there jeering mobs to hurl abuse at failure. The walker's reward is an inward satisfaction that he has performed to the best of his ability.

The Melbourne Walker 1973.

A Club Member

Some members keep a Club so strong - while others join just to belong;
Some dig right in, some serve with Pride - some go along just for the ride;
Some volunteer to do their share - while others lay back and just don't care;
Some do their best, some help to make - some do nothing and only take;
Some drag - Some pull - some don't - some do.

Consider which of there is you.

TO ALL THROUGHWALKERS DON'T FORGET THE TRIP TO FRASER ISLAND IN JUNE.
BRUNO PROMISES TO HAVE FINE WEATHER, LOTS OF GOODIES AND A GREAT WALK
IN THE PLANNING FOR US ALL.

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Thinking Catholic.

The Camp Fire Rosary

When we approached the camp that evening, the light was beginning to fade. It had been one of those cloudless days with the distant mountains standing out in that crisp clearness you often find in winter days. Now the west was streaked with a few thin golden bars.

We were dog tired, but it was a wholesome pleasant tiredness that comes after a day of physical exertion and achievement. There wasn't much said as we walked along with easy strides, just an word dropped now and then, a short laugh .. but there was an indefinable feeling of comradeship.

Soon the camp fires wer lighting up small circles of faces all busily engaged in a well earned meal. The the relaxing of weary limbs and a golwing feeling of satisfaction.

The big camp fire suddenly burst into life, spreading out a wide circle of light upon the grass. Gradually figures emerged from the gloom into its warm light, until there was a wall of bodies around it. There was a nip in the air now and an uneasy stirring in the trees. We were somewhat subdued, waiting for someone to start the Rosary.

Then someone began " Our help is in the Name of the Lord". Now we were all kneeling, feeling in our pockets for the "Beads". "The First Glorious Mystery", "The Resurrection"... the s und track of Our Fathers an d Hail Marys mingled with the sharp crackling of the fire. I looked around the circle of faces, warm and interesting in the firelight. Eyes were fixed upon the glowing embers. Were thoughts drawn back across the centuries to the empty tomb and the glory of the risen Christ? "He is risen and He said", Christ the first fruits from the dead.

'The Second Annual Report of the Brisbane
Catholic Bushwalking Club.'

WEDDING INVITATION

We would like to extend an invitation to all members to share our Wedding Cermony with us on Saturday 30th April at St. Michael's Church, Banks St., Dorrington at 3.30p.m.

Christine Carter and Stephen Gandini

'QUOTE OF QUOTES'

" We must always respect the dignity of every man, particularly of those who habitually surround us ".

Pope John XXIII

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JILALAN CLASSIFIED (EVEN BIGGER SPACES AND A BETTER PRICE.)

Do You have a second hand typewriter? If so and it is in good condition and you want to sell it contact Barney on 578314

Visit the splendor of North Queensland and its National Parks. Tour Cairns and beyond, the Atherton Tablelands, Euragella, Hinchinbrook, etc, etc, starting around the end of June and lasting approximately 3 weeks. Are you interested contact Bruno soon.

Anyone interested in a tour of Central Australia in June/July, visiting Kakadu and Katherine Gorge National Parks, Ayers Rock and the Olgas and various other places of interest. Contact Imagery Gallery Phone 448207.

Slide Competition

Don't forget the slide competition. Get those entries in. Gain self-satisfaction from winning one or more of the following categories:-

Holidays - any aspect of your holidays - people, scenery etc.

Nature - This includes wildlife, Native Flowers etc.

People and Personalities - Only those in the Club.

Pictorial - Pictures in this category to only be of club trips.

Contrary to what was stated last month, there is an entry fee of 20cents per category, but that's ridiculously cheap.

So spend some time sorting out your slides and get judged on how your photographic skills have developed, and perhaps win some prizes.

ATTENTION ALL AIR FREAKS.

ARE YOU INTERESTED IN PLANES?

ARE YOU AT HOME IN AN AIRPORT?

DO YOU WANT TO KNOW MORE ABOUT THE AIRPORT?

If you have answered yes, to any of these questions then Russ wants to see you. He has organised a tour of the Airport on Tuesday the 10th May, starting at 2.30p.m. and lasting about 2 hours. You all have to meet at the information desk at the end of the runway. This is a limited number of people trip so nominate fast. Just nominate to Russ at the next meeting.

DON'T

PLEASE DON'T GO AND SEE THE MOVIE GANDHI AS THE CLUB IS GOING TO SEE THE MOVIE ON THE 1 ST OF JULY. WE WILL GET A REDUCED PRICE ON THE TICKETS.

SO WAIT AND SEE THE MOVIE WITH US AND NOT ON YOUR OWN.

MORE BEAUT SCANDLE

Ask Sandra who John Cleese is? Sandra thinks that ~~he~~ is a football player.

Why on a recent walk was Barney wearing girl's clothes?

At a recent pre-outing Geoff Egert was lamenting the fact that "When you get to my age the girls get rather thin on the ground." Happy 29th birthday and keep looking..

With Eva going O.S. soon there is no truth in the rumour that Mark Daly is saving madly to do the same! (Is there, Mark?)

Welcome to all our visitors at the last meeting. There were Yolanda Selley, Willa Gott, Monica Chaplain, Phillip Bygott, John Palmer, Giose Vecchio, Garry McGrath, Cecily Wagner, Eugene Behan, Adam Simpson, Anne-Marie Raymer, Bernard Byron, Kevin Renwick, Gary Logan, Lynne Ward, Barbara Bosschieter and Cathy McHugh.

Welcome to Lynne Ward, Anne-Marie Raymer, Ken McCarron and Yolanda Selley. They have all paid their membership and are now members of the club.

FRUIT DAMPER

Ingredients

2 cups sifted S.R. flour
½ tspn salt :
1 tblespn powered milk
½ cup mixed dried fruit
margarine for greasing tin

Extras:

Margarine
Jam

Method:

Pre-mix ingredients before leaving home. Cary two 6-7 inch cake tins or small billy.

To make up mixture place dry ingredients in pan (keep small amount for 1 flouring tins), make a well in the centre and add 7-8 fluid oz. (1 cup) water nearly all at once while mixing with a knife to form a fairly moist dough. Mix as little as possible. Turn immediately into greased and floured tin. Cover with other tin or lid of billy (also greased and floured). Completely cover with ashes. Remove burning wood and leave tins covered whit hot ashes for about 25 minutes. When done, the damper should be a deep golden brown and should make a hollow sound when thumped with knuckles. If under done return to the fire.

Upon completion slice and butter while hot. Garnish with jam of your choice and serve with strong, fresh billy tea.
