

JILALAN

MONTHLY CIRCULAR OF THE BRISBANE

CATHOLIC BUSHWALKING CLUB

UNDER THE GUIDANCE OF OUR LADY OF THE WAY

JILALAN
REGISTERED BY
AUSTRALIA POST
PUBLICATION No. QBH 2328



Registered for Posting as a Publication — Category B Q B H 2328

Price 10c

Feb 1983

60 JAN 1983

JILALAN

THE CLUB ADDRESS IS P.O. BOX 151, NORTH QUAY, BRISBANE, 4000.

Monthly meetings are held on the third Monday of the month at the Catholic centre, Edward St., City, beginning at 7.30p.m. Enter the grounds behind the Cathedral. If the door of the centre which faces the Cathedral (the one to use, not the Edward St. entrance) is locked, ring the bell and wait for someone to come down.

VISITORS ARE ALWAYS WELCOME.

Our Committee is:

CHAPLAN

<u>PRESIDENT</u>	David Mort	(H) 3542245	(W) 2276227
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<u>VICE PRESIDENT</u>	John Carter	(075) 621520	
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<u>OUTINGS SECRETARY</u>	Jim Besgrove	(H) 3492468	(W) 3492141
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<u>GENERAL SECRETARY</u>	Wendy Wubben	(H) 3796547	
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<u>TREASURER</u>	Mark Daly	(H) 597517	(W) 3715155
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<u>SOCIAL SECRETARY</u>	Helen Hodgman	(H) 3797566	(W) 2682421 ext 266
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<u>EDITOR</u>	John Daly	(H) 597517	(W) 2214528
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<u>GENERAL COMMITTEE</u>	Tony Wood	(H) 3983018	(W) 2210128
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	Christine Carter	(H) 3564931	
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	John Bigg	(H) 3551997	(W) 2253068
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<u>SAFETY AND TRAINING OFFICER</u>	Mike Wood	(H) 3983018	(W) 2210128
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<u>EQUIPMENT OFFICER</u>	David Mort 29 Minto Cres. Arana Hills	(H) 3542245	(W) 2276227
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<u>FEDERATION ADDRESS</u>	The Queensland Federation of Bushwalking Clubs, Box 1573 G.P.O. Brisbane 4001.		
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<u>FEDERATION DELEGATES</u>	David Mort John Daly.		
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<u>F.M.R. DELEGATE</u>	Mike Wood		
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EMERGENCY OFFICER

Where a party is overdue, parents are to telephone the EMERGENCY OFFICER. The Emergency officer is listed under each trip. Please do not ring before 9.00p.m. at the earliest.

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DECEMBER

4/5	Point Pure - Leader - Mark Daly	ON
11/12	Social - Christmas Party	
17/19	Kin Kin Creek - Leader - Justin Tobin	TW
20	Monthly Meeting	

JANUARY 1983

2	Reynolds Gorge	
	Leader - Christine Carter	DW
8/9	Tabletop Mountain - Leader - Jim Besgrove	NW
15/16	Social - Weekend Trip	
17	Monthly Meeting	
28/31	Gibraltar Range - Leader - Jim Besgrove	TW
	Chris Mangin	BC

FEBRUARY

6	Northbrook Creek - Leader - Russ Nelson	DW
19/20	Obi Obi Creek - Leader - John Carter	ON
21	Monthly Meeting	
25/27	Severn River - Leader - ??	TW

MARCH

5/6	Monzerat Lookout - Leader - Michael Rae	ON
19	Social - Federation Bush Dance	
19	FMR Training Day	
20	Mt. Helidon - Leader - ??	DW
21	Monthly Meeting	
25/27	Yalburu Games - Social	

APRIL

31/4	Easter Trip - Blue Mountains	
	Leader - Jim Besgrove	BC
10	Mt David - Leader - ??	DW
16	Social - Annual Mass and Dinner	
17	Midnight/Dawn Walk - Mt Beerwah	NW
18	Monthly Meeting	
22/25	Cunningham's Gap - Teviot Gap	
	Leader - ??	TW

PLEASE REMEMBER:

If you cannot attend a walk for which you have nominated
please contact the leader as soon as possible.

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MAY

29/2	Mt. Kaputar - Leader - Jim Besgrove	BC
7/8	Hell Hole Gorge - Leader - ??	ON
14	Social	
16	Monthly Meeting	
22	FMR Advanced Training Day	
22	Mt. Lindsey - Leader - Pat Lawton	DW
28/29	O'Riellys - Binna Burra Traverse	
	Leader - Dave Mort	ON
29	Binna Burra - O'Riellys -	
	Leader - Barney Tobin	DW

JUNE

5	Blacksnake Ridge - Leader - ??	DW
10/13	Indian Head (Fraser Island) - Leader - ??	TW
18	Social	
20	Monthly Meeting	
24/26	Beau Brummel - Castle -	
	Leader - Justin Tobin	TW

JULY

3	Mt. Greville - Leader - Justin Tobin	DW
9	Social	
18	Monthly Meeting	
22/24	Mt. Barney - Leader - Justin Tobin	TW
	????	BC
23/24	FMR Training Weekend	

AUGUST

6	Social - Rural Youth Ball	
14	Egg Rock - Leader - ??	DW
15	Monthly Meeting	
20	FMR Training Day	
20/21	Safety and Training Weekend	ON
26/28	Glasshouse Mountains Epic - Leader - ??	BC

LEGEND

DW	DAYWALK	NW	NIGHTWALK
ON	OVERNIGHTER	TW	THROUGHWALK
BC	BASECAMP.		

FEBRUARY 1983PAGE 4COMING OUTINGS

Gibraltar Range - Throughwalk/Basecamp

DATE 28/31st January 1983
LEADER Jim Besgrove TW (H) 3492468 (W) 3492141
Chris Mangin BC
EMERGENCY OFFICER Mrs Besgrove (H) 3492468
COST \$ 25.00
LOCATION Near Glen Innes
MEETING TIME 7.15p.m. inside the Cathedral Grounds.

We will be driving down Friday Night and arriving early Saturday morning at the Park. We shall camp at the camping grounds that night. On Saturday after a late start we shall walk down past Dandahra Falls into the creek. We will have plenty of time for swimming in the afternoon. We shall camp near the creek that night. Bring all you goodies for supper. On Sunday we shall carry on in the creek, climb another two waterfalls on the way back to the camp site. This is an Easy two day Throughwalk, so come along as it would be an ideal first throughwalk. The basecampers will follow the throughwalkers on Saturday till lunch time. After lunch they will then head back to the camp. on Sunday Chris will take you on a walk to a number of scenic lookouts in the area. This basecamp will have showers and toilets and is an easy one for someone's first Basecamp. On Monday before we head back to Brisbane we shall visit a number of lookouts on the way. After lunch at Tenterfield we shall head for Mass at Ipswich on the way home. Nominate to Chris or myself at the meeting for this trip.

Northbrook Gorge - Daywalk and Picnic

LEADER Russ Nelson (H) 3785200 (W) 2252254
DATE 6th February 1983
EMERGENCY OFFICER Anne Besgrove (H) 3492468
COST \$ 1.20
LOCATION Behind the Gap
MEETING TIME Inside the Cathedral 1.00p.m. Sunday.

If you ever wanted a spot near Brisbane without the crowds, but was a beautiful swimming hole - well Northbrook Gorge is the place. It is a delightful series of swimming holes so bring your togs. The route to the Gorge can lead us into some dense scrub - so wear your scrub bashing gear. It only takes an hour from when you leave the cars to when you reach the Gorge. It is suggested that you wear your togs underneath during the walk in as there are few big trees to change behind and much scrub.

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After the walk we will have a bar-b-que at Mt. Glorious. Bring whatever food and drink you want. Billy Tea will be provided. Overall this is an easy walk and new members should be deterred because of the scrub. It would be wise to wear a long sleeve shirt.

Obi Obi Gorge - Overnighter

DATE	19/20th February 1983
LEADER	John Carter
EMERGENCY OFFICER	Jim Besgrove (H) 3492468
COST	\$ 10.00
LOCATION	North of Maleny
MEETING TIME	7.15p.m. on Saturday 19th inside the Cathedral grounds. Mass at 6.30p.m. at the Cathedral Saturday evening.

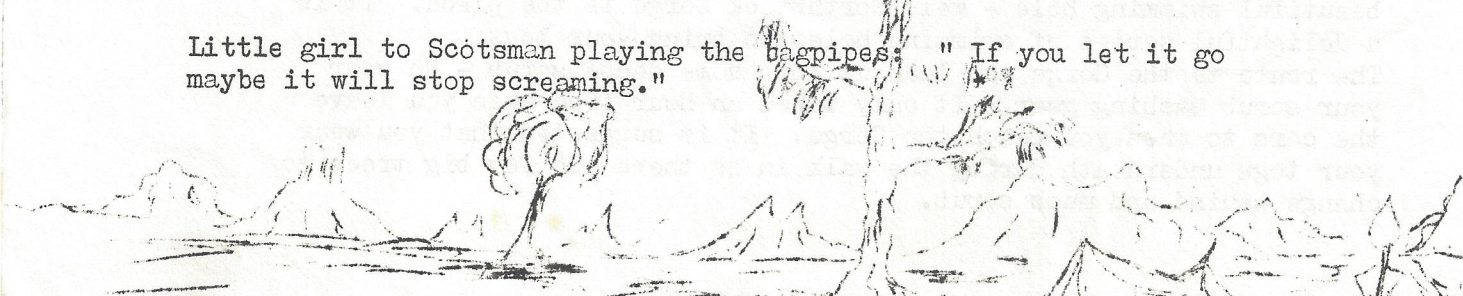
Obi Obi is the ideal summer trip. It involves some walking and plenty of swimming. On Saturday night we will be camping by the river. After an early rise, the walk will continue along the road for a short distance. Dropping down the ridge the creek will be followed. At this stage we'll walk along the river. Near the gorge the fun will begin. You will need Li-lo's or some other floatable, as you cannot walk through the gorge.

At the other end of the gorge, the return route will be overland back to the cars. Ensure your gear is in plastic bags. Also don't forget your waterbottles. This will be a great trip as in the past so come along for a great weekend.

Don't forget the Easter Trip this year, seats are filling fast so put your name down and don't forget the Deposit - \$10.00.

WHEN ON A WALK PLEASE REMEMBER TO BRING A RAINCOAT, TORCH, FIRST AID KIT AND YOUR WATERBOTTLE.

Little girl to Scotsman playing the bagpipes: "If you let it go maybe it will stop screaming."



FEBRUARY 1983PAST OUTINGS

Point Pure - Overnighter

15 people appeared outside the Cathedral on Saturday the 4th December not knowing what was ahead of them. Some time later 4 cars took off and headed towards Cunninghams Gap and eventuall found our way to Goomera Forest Reserve for the night. The explorers were a little unsettled as all the goodies stops along the way were closed. Sunday dawned and the weather had fined up to make the coming day of walking a pleasure (well almost). We started the walk with a casual stroll to Sylvester's Lookout. Once there we met with a bit of a shock to find a recently constructed lookout platform (somethings one just can't escape). We then start the real walk.

We took a fair stroll through some dense forest with the odd Gympie Tree of Stining Nettle to hinder the tender legged walker. When we emerged from the forest we followed grassy foothills for some time till we dropped for lunch at (what I assumed) was Point Pure, until the explorers Mike and Willa found the right ridge and the real Point Pure. One must swallow his pride sometimes. Thanks to all those who came along and made this walk an enjoyable one. The walkers were; Ken McArrow, David Grigg, Bruno Sperka, Val Pedrolini, Willa Gott, Maureen Daly, Tim. Mellor, Paul Mead, Michael Rae, Mike Wood, Tony Wood, Barney Tobin, Sandra McGrath and Cathy McHugh.

MARK DALY

Kin Kin Creek - Throughwalk

7.30p.m. six walkers were outside my place for the start of another walk. This throughwalk headed for the upper Noosa area. After a goodie stop at the Golden Fleece, we reached Coops Corner and camped about 11.45. It was such a clear night that there was no need for tents and the troops were soon asleep. Up again at 5.15a.m. for a leisurely breakfast and to drive around to the start of the walk. Dave and Barney left us here to drive around to Harrys Hut and would meet us again at Saturday's camp site. 7.30a.m. we were off down the four wheel drive road heading for the Noosa River. The Noosa plain was stretching out before us and running into the Noosa Escarp ment on the left.

7.55 and our first decision at the turnoff - to head for the beach or the Noosa river and camp. Tony Young and Michael Rae decided the river looked good to swim and get out of the heat. While Michael Wood and myself headed for the lookout at Rainbow beach. After 1½ hours and much thought wether we were on the right road, our objective was soon reached. Seeing the coloured sandsand some four wheel drives we had a swim in the surf and headed back to the others.

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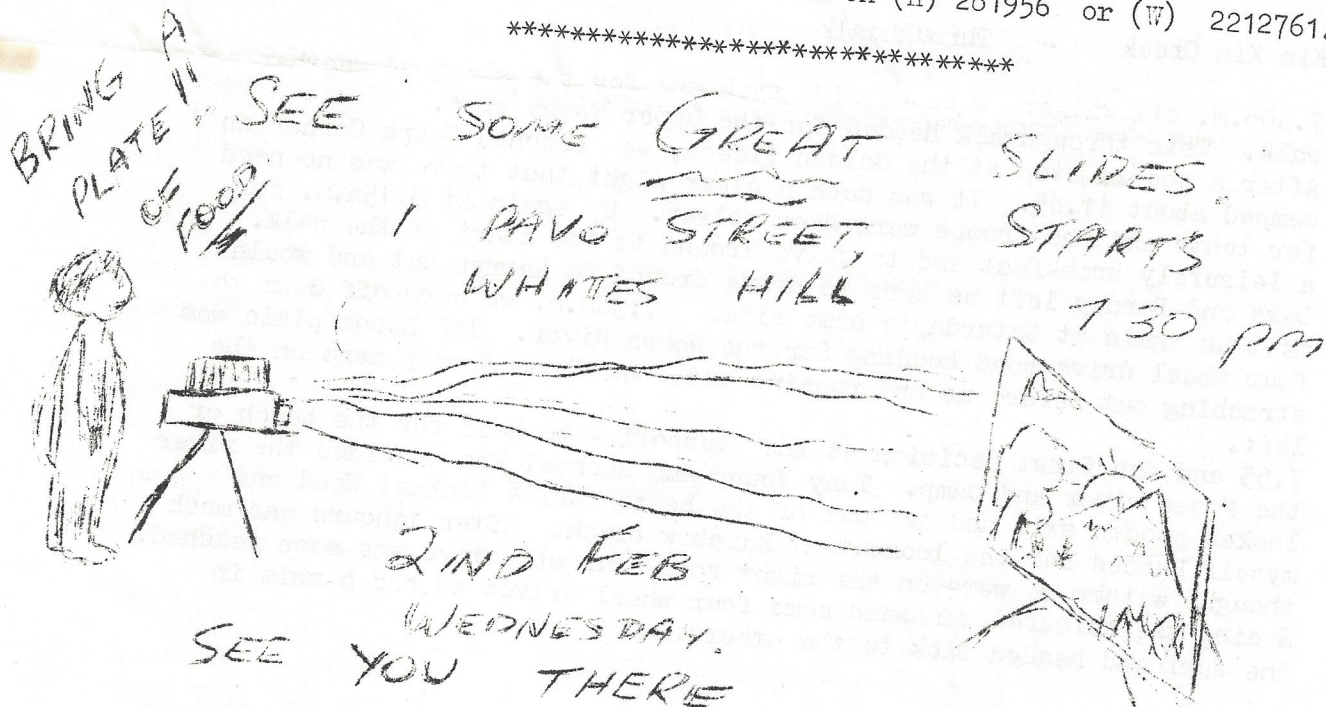
We reached camp on the Noosa River at 3.30p.m. in the afternoon, and after setting up camp the rest of the day was spent li-loing down the river.

We have had many things on a throughwalk, but never an ice-cream cake. Thanks to Barney and Dave, we all enjoyed one for pudding that night. Up again early Sunday morning before we left at 7.30a.m. to follow the Noosa river to Harrys Hut. After the packs we li-loed across the river the rest of the day was spent swimming reading and relaxing, before heading to Tewantin for lunch. Sunday afternoon we drove to Mt. Timbeerwah for a look at the coast and the Noosa lake system. We then headed home hor 5.30p.m. Mass at Woolloowin. Just the sort of walk one needs before the hetic Christmas weekend. Thanks to all those walkers who went with me.

JUSTIN TOBIN

SUNSHINE STATE ALPINE CLUB

The Sunshine state Alpine club specialises in organising extended outings with a bushwalking accent to exotic destinationa. Many readers will recall the epic expeditions run to New Zealand In 1979 and Cape York in 1981. Now the gurus of this August organisation are preposing a bushwalking trip to National Parks of southern New South Wales. There would be substantial throughwalks as well as shorter walks to areas of interest. Transport would probably be by private car depending on areas visited it might be possible to use a Nurail pass together with some chartering of small buses or other vehicles. If you are interested please see Pat Lawton on (H) 281956 or (W) 2212761.



FEBRUARY 1983BACK-BY-POPULAR DEMAND.THREE REALLY GOOD WAYS TO RUIN A MEETING.

1. Don't even attend Meetings!
This is a surefire way of ruining meetings. Afterall, the meeting is there for you, the members, and if the T.V. is more important, why Attend? Instead, get all your info secondhand and don't help shape the future of the club.
2. When at Meetings Don't Take Part. Read a Book, Look at Photos or Talk to a Friend.
Nothing is more discouraging than standing up in front and telling them of future events, when they aren't even paying attention !.
BOY , IF THIS FAILS, YOU AREN'T EVEN TRYING.
Don't listen to comments, don't take part in discussions, Don't express your opinions INSTEAD, complain and bring up issues outside of the meeting. This way, only a few people know how you feel, how you stand on issues, the meeting is shorter, and no action can be taken to rectify things.
3. Leave Straight After the Meeting Closes
(Sub-Title - FINAL STAB IN THE BACK)
Why associate with the others?
Why talk to visitors?
After all it's their problem if they want to try to see what kind of people we are, and our other interests besides walking. If we come across as a hostile mob, no more visitors, the word spreads around and voila, smaller membership, the club stagnates due to no new faces, the regulars get bored seeing the same faces, become disillusioned, and you've achieved what you set out to do, ruin meetings.

CONGRATULATIONS!

So how about looking at yourselves and see if you fit into any of the categorise, then, DO SOMETHING ABOUT IT.

MEETING TIME

Please remember that the meeting starts at 7.30p.m. so please don't be late.

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THIS YEARS SOCIAL CALANDER

JANUARY	BRISBANE RIVER CANOE TRIP	15/16th January
FEBRUARY	BOWLING	11th February
MARCH	FEDERATION BUSH DANCE YALBURU GAMES	19th March 25/27th March
APRIL	ANNUAL MASS AND DINNER	16th April
MAY	CAR RALLY	15th May
JUNE	BIKE RIDE AND PICNIC	19th June
JULY	BEACH PARTY	9th July
AUGUST	RURAL YOUTH BALL	6th August
SEPTMEBER	FEDERATION PILGRIMMAGE	Date to be Arranged.
OCTOBER	ICE SKATING	" " " ""
NOVEMBER	FAMILY B.B.Q.	" " " ""
DECEMBER	CHRISTMAS PARTY	" " " ""

COMING SOCIAL

On the 11th February we will be having a bowling night. Details are still being finalised so Helen will give a report at the meeting Don't forget to bring your socks!!!

A wife had been hinting for weeks that she wanted a fur coat. Finally her husband gave in and bought a mink jacket for her. She was overjoyed of course, but in the midst of her happiness she paused to reflect.

" I love the coat, but I cna't help feeling sorry for the poor creature that got skinned for it."

"Thanks," said her Husband. " I appreciate your sympathy."

FEBRUARY 1983PAGE 10MORE EXCITING NEWS FROM ABROAD.

Merry Christmas to you all. Most of December, I spent in Southern Greece where weather is still pretty warm. Many English are still sunbaking there. Athens, as a tourist city, does not have a pleasant reputation, but the people I was travelling with and myself enjoyed it straight away, probably due to the variety of food and the number of English speaking travellers and Greeks. All the same the weather was too good to be spending it in a city, so one day touring the Acropolis and various ruins and the next day booking our escape to Crete. This is a 12 hour boat journey through the night. We caught a bus from the northern part of Crete to a southern and protected cove, Matala. This little place had no more than 10 buildings and 20 tourists - a pretty and quite spot. Unfortunately when we woke the next morning, there were gale force winds and rain. The midday bus took us to a larger and more touristy cove of Agia Gallini, but the weather seemed to be clearing here. The next day was still stormy so became a day of backgammon and cappuccinos. Before leaving Crete we did score two sunny days.

Five days in Athens organising express transport to France and a Spanish visa, a little shopping and a day trip to Cape Souniwin where the majestic Temple of Poseidon still stands. As you can see, plenty of time there to rest before my two day trip of Greece, Yugoslavia, Italy and France. From Lyon I caught a train to Avignon (22.12.82) where I am sitting now waiting for four hours for a connecting train. This gave me time to tour the Palace of Popes where 9 Popes took refuge in the 14th century.

Dawn at 8.00a.m. and sunrise at 8.30a.m. on the continent at present. Plenty of snow on Mont Blanc and other ranges. My Christmas and New Year are to be spent skiing in Andorra.

So Happy New Year Also
Therese.

A young artist who specialised in marine paintings of wild storms at sea, with overcast, gloomy skies, finally had his first one-man show. A friend of the artist studied each painting carefully as she walked from canvas to canvas. When she had seen them all, she sought out her friend.

"It's too bad," she said.

"What do you mean?" asked the artist.

"Well," said the girl, "you certainly had terrible luck with the weather."

WHO SAID WALKING WAS BAD FOR YOU ?

Walking is one of the best overall excersis and helps the entire system function better. The metabolism is increased while walking, thus fat is burned up and weight loss is promoted. Blood pressure, blood cholesteral, and sugar levels tend to fall. Walking builds up the heart muscles and keeps the arteries clear and elastic. Walking helps increase the oxygen supply to the blood, thus bring more oxygen to the heart. It also increases the capacity of the lungs making more oxygen available to the circulatory system.
So keep walking it is good for you.

MORE BEAUT SCANDAL

- * Therese Lacey will not be coming back in January. She has decided to stay in Europe for more fun.
Anyone wishing to write to Therese here is her new postal address till 20th February.

Therese Lacey
C/. Poste Restaunte
Athens.

- * Congratulations to Michael and Ruth Johnston who were married on Saturday the 15th January.
- * Which two male members of the club, at the recent Christmas party had a most unusal breakfast. It could be said that they really are PALS (HA!HA!)
- * Which male member of the club carries shaving gear and a mirror on throughwalks. Ask Michael (Smiley) Rae.
- * Whose car takes on all raod conditions - why Dave Mort's Moon Buggy .
- * Welcome to all our visitors last month. They were Karen Cahill, Ken McCarron, Gary Logan, Peter Davidson, Julianne Nooman, Maureen Daly, Willa Gott and Susan Nelles.

The absent-minded professor paused to chat a while with one of his students, then asked, "which way was I going when I stopped to talk to you?"

"That way," the student pointed.

"Good," murmured the professor, "then I've had my Lunch."

NOMINATIONS

Nominations are hereby called for positions for Committee in 1983. Please use the form below. The nominee must sign the nomination. This form must be in the hands of the secretary no later than 14 days prior to the Annual General Meeting.

Nominator, Seconded and nominee must be FINANCIAL ORDINARY MEMBERS.

NOMINEE'S

<u>POSITION</u>	<u>NOMINEE</u>	<u>NOMINATOR</u>	<u>SECONDED</u>	<u>SIGNATURE</u>
PRESIDENT				
VICE PRESIDENT				
GENERAL SECRETARY				
OUTINGS SECRETARY				
TREASURER				
SOCIAL SECRETARY				
SAFETY & TRAININD OFFICER				
GENERAL COMMITTEE				
GENERAL COMMITTEE				
GENERAL COMMITTEE				
EDITOR *				

*

NOTE WELL: Minimum I.Q. of 130 is a necessity.

RECEIVED BY 1981

MEMBERSHIP

Members are hereby called for positions for 1981. Please use the form below. The members must sign the nomination. This form must be in the hands of the secretary no later than 15 days prior to the Annual General Meeting.

NOMINEE NOMINATION SECRETARY INITIALS

POSITION

PRESIDENT

VICE PRESIDENT

GENERAL SECRETARY

OUTING SECRETARY

TREASURER

SCOUT SECRETARY

ADULT & YOUTH OFFICER

GENERAL COMMITTEE

CENTRAL COMMITTEE

CENTRAL COMMITTEE

CENTRAL COMMITTEE

EDITOR

NOTE: This Minimum I.C. of 90 is a necessity.