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# JILALAN

-- DEC 1985

MONTHLY CIRCULAR OF THE BRISBANE

CATHOLIC BUSHWALKING CLUB

UNDER THE GUIDANCE OF OUR LADY OF THE WAY





## JILALAN

The Club's address is PO Box 151, North Quay, Brisbane 4000 and the telephone contact number is listed in the white pages Telephone Directory under 'B'.

Monthly meetings are held on the third Monday of the month at the Catholic Centre, Edward Street, City, beginning at 7.30pm. To enter the Catholic Centre, use the rear entrance. This is reached by entering the grounds of St Stephen's Cathedral via Charlotte Street (entrance nearest Edward St). From Charlotte Street the door is near a white statue. If the door is locked, please ring the bell. Visitors are always welcome.

Members of the committee are:-

PRESIDENT	Cathy McHugh	(H) 379 4447	(W) 221 1977
VICE PRESIDENT	Geoff Egert	848 4918	
OUTINGS SECRETARY	Mike Wood	398 3018	8310128
GENERAL SECRETARY	Margaret Anderson	398 2187	226 3394
TREASURER	Geoff Dower	371 2382	229 5011
SOCIAL SECRETARY	Barney Tobin	260 5065	260 5065
EDITOR	Justin Tobin	260 5065	260 5065
SAFETY & TRAINING OFFICER	Ken McCarron	349 6046	222 9382
GENERAL COMMITTEE	Greg Indicott	351 4092	222 9562
	Anne Hayes	345 2936	
	Peggy Rutter	359 7517	
EQUIPMENT HIRE	Geoff Dower	371 2382	229 5011

EMERGENCY OFFICER: Where a trip is overdue, parents may telephone the Emergency Officer (as specified for each trip). Please do not ring before 9.00pm at the earliest.

EQUIPMENT OF EVERY TRIP: On every trip run by the Club all walkers, both members and visitors, are expected to take the following minimum equipment:-

torch; first aid kit; parka or raincoat;  
and at least  $\frac{1}{2}$  litre of water

### ATTENTION!

ALL persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken. It is repeated that all persons undertake all activities entirely at their own risk.



JILALANDecember

10	Monthly Meeting	
20	Boxing Day - Toohey's Forest - Leader: Greg Endicott	Half DW
28	Springbrook - Leader: Pauline Hayes	DW

January 1986

12	Mt Warning - Leader: Julie Peck	DW
20	Monthly Meeting	
24/27	Gibraltar Range - Leader - Mike Wood	TW
	- Karen Sinclair	BC

February

2	Mt Tamborine - Leader: Julie Peck	DW
9	Little King's Movement Collection	
17	Monthly Meeting	
23	Egg Rock	DW

March

7/9	Mt Mistake	TW
17	Monthly Meeting	
22	Rush Dance	
28/31	Carnarvon/Cougals/Blackdown	BC/DW

April

10	Mt Michael/Haley's Comet	NW
19/20	Crowes Nest - Perseverance	ON
21	Monthly Meeting	
25/27	Maroon/Barney/May	TW/DW

May

5/5	Fraser Island	TW
11	Mt Glorious	Half DW
19	Monthly Meeting	
25	Mt Moon	DW
31/1	Federation Clean-up	DW

June

7/9	Devil Gap/Cunningham's Gap	TW/BC
16	Monthly Meeting	
22	Mt Gillies	DW

LEGEND:

TW	Throughwalk	DW	Daywalk
BC	Basecamp	ON	Overnighter
		NW	Nightwalk



JILALANPAST OUTINGS:

CANUNGRA CREEK - Throughwalk - 8/10 November 1985  
Leader: John Carter

You may be surprised to learn that on the Lamington Throughwalk it hardly rained at all. Only one good heavy down pour, while doing the Middle Ridge Traverse, just to keep things moist. However, due to rain on the Thursday and Friday it was deemed wise to forsake rock hopping down Canungra Creek and traverse the Darlington Range instead.

Fortified after a cup of tea at the National Park Barracks, Pat, Val, Cathy, Geoff, Mike and myself charged off to tackle the rugged graded track system to Elebana Falls. It appeared that the only ones on the tracks were ourselves and the leeches. On our way to the falls we were able to view some of the severe devastation to the rainforest caused by a cyclone two years ago.

Walking was very enjoyable in the cool, mist-shrouded forest. We followed the west branch of Canungra Creek downstream passing a myriad of waterfalls, each warranting an inspection. At Blue Pool we had a combined morning tea/lunch depending on what you ate. From here it was only a hop, step and jump to Purragulli Creek, which marks the start of the Middle Ridge Traverse to East Branch of Canungra Creek. (By the way, ask Geoff about rock jumping).

When you mention ridges that generally means some uphill, and the Traverse had some of that. At one section we passed through a small community of Brush Box. After a series of ups and downs in a N-E direction, we ended up at Fountain Falls for a chocolate eclair stop. From here the route of the walk changed from heading downstream, to climbing the Darlington Range. Heading straight up the side of the range (though steep), we were all on top after an hour.

It was only a short distance to Noowonghill Lookout, our proposed campsite. The views of the Coomera River and Binna Burra were clear and Val said the walk was worthwhile to have arrived here. Photos were duly taken. After a little effort, a fire was lit and we enjoyed a pleasant evening around the campfire. After some mental arithmetic the combined ages of us added to 185 years, approximately.

Sunday dawned fine but cloudy. During the night Pat gave some blood to some of the local inhabitants. In the morning we proceeded in a south-easterly direction along the Darlington Range towards Mt Merino. At first the going was easy, which was only a clever ploy to lure us into a sense of enjoyment of the walk.

As we started climbing, the lawyer vine became quite thick in places and slowed our pace. This weaving and dodging continued for several hours and we had a late morning tea/rest, in the middle of no-where in particular. Onwards and upwards. Eventually we reached the 1000 metre contour, and a beautiful stand of Antarctic Beech trees. Mt Merino was in sight, but the worst was yet to come. We had to pass through an area knocked about by the cyclone. Trees lay upon trees and scunge grew thick. A slow and painful route to the graded track followed, for two hours.

After lunch by a small stream it was full-steam ahead along the tracks to O'Reilly's and the brilliant sunshine. It turned out to be a longer walk than expected, but it's one all of us will remember. Thanks to those who came along.

John Carter

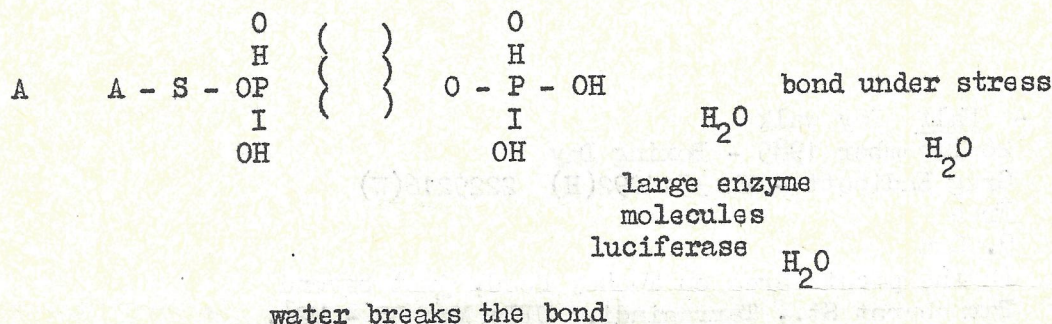


THE GLOW WORM STORYby Michael Gorman  
'The Waysider'

What makes a glow-worm glow? Well after looking through a few books I came up with the answer.

The glow-worm is the larva of a beetle known as "firefly" (Lampyridae family). The worm lives inside a mucus track which is attached to some surface. It hangs food collecting threads consisting of a sticky liquid on a fine thread outside the main structure. It then pokes its head out of the liquid to eat or weave. The light which is emitted only comes from one end of the insect and as yet no good reason exists for its presence. It appears to come from inefficiencies in the metabolism. The process goes something like this:

Before the chemical energy of food can be released for use it must first be broken down into glucose, and then made into an unstable high-energy phosphate called adenosine triphosphate (ATP). Because ATP has such a bulky molecule some of the bonds are under stress and can be easily broken. Now if the ATP is broken down by removing one of the phosphates then energy is released. This splitting is done by water molecules which surround an enzyme. The energy in the bond is transferred to this enzyme. The type of enzyme determines the use of the energy. Now if the enzyme is called luciferase the energy will be transmitted to a light emitting substance luciferin which has become bonded to the enzyme. The energy disturbs the electrons in some of the atoms of the luciferin and light is emitted without heat.



ATP is broken down to produce energy for the muscles. Sometimes luciferin is present and wastes some energy as light.

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WESTRAY'S GRAVE - 23 November 1985 - Daywalk  
Leader: Peggy Rutter

On Saturday 23rd November, the eleven people who had nominated for the walk to Westray's Grave all arrived by 8.00am ready for an interesting day. We were especially pleased to see Sue Heron who was coming on her first walk with us.

After a brief goodie stop at Beaudesert we continued on to the Recreation Camp at Christmas Creek where we parked our cars with the campers.

We followed the road for some time into the National Park. This part



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of the walk was so easy that we were passed by a man pushing a pram with a baby in it! We easily found the track thanks to the diligent work of bushwalkers who had cleared it on the "clean-up" weekend earlier this year.

The track meandered past several very inviting swimming holes - which we really didn't have enough time to try; except for Nathan Barney Tobin who had brought along his water wings.

At the grave, Tony Young deciphered the nearly illegible words hewn out of the grave stone. John Westrae, aged 25 years, had died on Saturday, 20th February, 1937 while seeking help as one of the survivors of the Stinson plane crash.

Peter Walpole had brought along newspaper clippings of the time, and we read how Bernard O'Reilly had found the two survivors with the wreck and later, Westrae's body. Westrae had apparently fallen over a 20ft cliff, continued along Christmas Creek for a short way and died.

We returned along the track for 20 minutes and had lunch where Barney had already begun preparing the customary fire for the billy tea. We had a good walk back out and reached the cars by 5.00pm. Back at the Beaudesert goodie stop, Pat Lawton made a friend for life by discussing the Aboriginal ownership of Ayer's Rock with an interesting man.

Thanks to all those who came. It was an enjoyable day, especially because of the spirit of friendship which existed within the group of walkers.

Peggy Rutter

COMING OUTINGS:

TOOHEY'S FOREST - Half Day walk

Date: 26 December 1985 - Boxing Day

Leader: Greg Endicott - Ph 3514092(H) 2229216(W)

Cost: Free

Meeting Time: 9.00am

Meeting Place: In the picnic area on Toohey Road, just beyond Barnehurst St., Tarragindi. UBD: Map 35 - M2<sup>1</sup>.  
Tel 1 me if you require transport to this spot.  
Bring a BBQ lunch and leave it in the cars while walking.

This is an interesting little stroll through one of the city's larger parks. You will spend three or four hours walking through open eucalypt forest, half of it on tracks. Sights seen will include all 200m of Toohey mountain, rocky outcrops, radio tower, Brisbane College of Advanced Education, a freeway and Mt Gravatt.

A simple stroll for all to walk off the excesses of Christmas.

Don't forget the BBQ lunch at a park afterwards.



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## SPRINGBROOK - Daywalk

Date: 29 December 1985  
Leader: Pauline Hayes - Ph 345 2936 (H)  
Cost: \$5.00  
Emergency Officer: Ken McCarron - Ph 349 6046  
Meeting Time: 7.45am at the back of the Cathedral

Springbrook is our last walk for 1985. Your last chance to stroll along a graded track through beautiful rainforest, magnificent waterfalls - views unlimited. An easy walk, capable of everybody - so nominate now!

Extract from Walking Track Guide, Springbrook National Parks by the Queensland National Parks and Wildlife Service:-

"There are several national parks within the Springbrook area - Gwongorella, Warrie, Mount Cougal, Wunburra and Natural Bridge. Together these make up a total area of 2159 ha and preserve rainforest and fringing eucalypt forest on the Springbrook plateau.

The Springbrook plateau is a remnant of the northern side of a once - huge shield volcano that was centred over Mount Warning, near where Murwillumbah stands today. The southern cliffs of the Springbrook and Lamington plateaux, and other cliffs continuing in a great circle into New South Wales, form an immense 'caldera' or crater that was eroded from around the volcanic plug of Mount Warning."

## MOUNT WARNING - Daywalk

Date: 12 January 1985  
Leader: Julie Peck Ph (H) 203 7870 (W) 205 6666  
Cost: \$7.00  
Emergency Officer: Ken McCarron Ph 349 6046  
Meeting Time: ~~7.45~~am at the back of the Cathedral  
7.00am

Mt Warning is situated in the North-east of NSW near Murwillumbah. It is an extinct shield volcano which structured many of northern NSW and S.E. Queensland landforms. On a clear day it offers excellent views of Lamington National Park, Border and Nightcap Ranges as well as the coast and headlands.

The walk is of an easy grade with a track to the top. It is climbed by many tourists throughout the year so don't be afraid to nominate. The track meanders up through the rainforest to a steep, rocky section at the end. Here a chain has been put in to assist you for the final pinch. Lunch will be at the top so bring those goodies.

A quick descent to the cars and then the drive back to Brisbane. If time and weather permit a stop at the coast for a swim could top off a good walk. So bring along your togs, towel, lunch, goodies, and raincoat (of course, you won't need it), friends and yourself for an enjoyable walk to start off 1986. Please note the early starting time for the walk. Nominate to Julie Peck at the December meeting.

Ken McCarron



PAST SOCIALS:

FAMILY BBQ - 17 November 1985

The family BBQ was held last month at Teralba Park. The day started at 10.00am with a game of cricket for the kids. A BBQ lunch was had by all with about 35-40 people attending. The afternoon was spent relaxing around the park.

Thanks to Anne and Bruno for catering, Greg for cooking, Cath for tea, and thanks to those who came.

Barney

COMING SOCIAL:

WATERSLIDE DAY - 18th January 1986

Saturday, 18th January will see the Club attending the Amazon Aquatic Waterpark at Jindalee for a day of aquatic fun - a bbq lunch will be held near the River, so bring a BBQ lunch along.

Cost \$2.00-\$9.00.

Meeting time 10.00am outside Amazons.

CHRISTMAS CAROLS - 23rd December - H.C. Slaughter Falls, Mt Cootha. BBQ tea 6.30 followed by your superb singing voices to welcome in Christmas. Details and directions at meeting.

Barney

CHRISTMAS MEETING

Get into the Spirit of Christmas!

It only comes once a year!

Dress regulations for the December meeting are RED and WHITE. Please come appropriately attired.

If you come along not wearing RED and WHITE though, don't worry. You'll be one of those making their contribution to the festive season by entertaining the troops with Christmas Carols during supper.

by order,

S. CLAUS



TREASURER'S REPORT:

The fund raising raffle was drawn at the November monthly meeting with the winner being John Daly. Well done, John. The raffle was most successful with a profit of \$146 being achieved. My thanks to all those people who assisted by selling tickets to raise funds for the Club.

Club account balances are now

Westpac A/c	\$363-81
SGIO A/c	\$281-88
Commonwealth T/D	\$500-00

The Club is now in a reasonably healthy financial position and should remain so until February/March next year when subscriptions again become due for renewal.

Membership now seems to have peaked for the year with 53 people currently being members of the Club.

Geoff Dower

CLUB CHAPLAIN:

Father Battersby is now our Club Chaplain. No doubt known by a few people in the Club and remembered for the epic Mt Barney Mass a few years ago. Father does a bit of bushwalking when he can find the time and, a very busy man himself, we are fortunate he is willing to give up some of it to us. Welcome Father.

M.B.S.

- Congratulations to Geoff and Margaret on their recent engagement.
- Good to see so many visitors at the last meeting.
- I've heard of easy walks, but when you passed by a man pushing baby in pram. Well -?
- Merry Christmas and Happy New Year  
"Long may your chimney smoke and other folks call."



DEFINING DIFFERENT TYPES OF GOVERNMENTCommunism

-

You have two cows, the government takes both and shares the milk with your neighbour and yourself.

Social Credit

-

You have two cows. You get a loan on the productive capacity of them and get two more. Then you get a loan on the productive capacity of four cows and get four more, then ....

Bureaucracy

-

You have two cows, you fill in 17 forms in triplicate and don't have time to milk them.

Socialism

-

You have two cows, you keep one and give the other to your neighbour.

Capitalism

-

You have two cows. You milk them both, then pour the milk away to keep the price up.

Nazism

-

You have two cows, the government shoots you and takes the cows.

Sadism

-

You have two cows. You shoot them both and drown yourself in the milk.

