



JILALAN

MONTHLY CIRCULAR OF THE BRISBANE
CATHOLIC BUSHWALKING CLUB
UNDER THE GUIDANCE OF OUR LADY OF THE WAY

- NOV 1990

Registered by Australia Post

Publication No. O B H 2328



BLUE POOL - DAY WALK
NOVEMBER 25th - Sunday

TIME - 7.30 am
CONTACT - Barry Ellerington
205 6507 (H)
PLACE - Charlotte St, behind
the Cathedral.
GRADE - Easy
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - \$13-00

Blue Pools is one of the walking tracks on O'Reilly's mountain, the track branches off the main border track, 250 metres from the park entrance and descends steadily through beautiful rain-forest where large red cedars can be seen. The christmas orchids may also be seen along the track.

Blue pools is part of the Canungra Creek and a good spot for a swim. We will then visit the spectacular Stairway Falls, approximately 1.7 Km down-stream.

The return journey will be via the Blue Pools where we will join the Canungra Creek circuit track which follows the creek for most of its length crossing it several times. We will then encounter the box forest track which will take us back to O'Reilly's.

Bird life is plentiful, especially the Australian Ground Thrush and no doubt we will also see some large eels which live in the creek.

Please nominate early to avoid disappointment as this is a beautiful day walk.

Barry.

NIGHTCAP NATIONAL PARK - BASE CAMP
NOVEMBER 30th - DECEMBER 02nd

TIME - 7.00 pm SHARP
CONTACT - Christine Walker
378 0264 (H)
PLACE - Indoorpilly Railway Station
GRADE - Medium & Long
MAP - Huobrook 1:25000
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - \$25-00

Camping is at Rummery Prk near Minyon Falls at Whian Whian State Forest, surrounded by Blackbutt and Forest-Gumforests. Nightcap N.P. which is adjacent, is on the southern caldera rim of the 20 million year old Mt. Warning shield volcano.

As it was only declared at N.P. in 1983, many areas have been logged for their beautiful timber. However combined with heavy rainfalls, it has lush subtropical flora, dense wet sclerophyll forest and plenty of numerous bird life.

Sat will be an early rise - 6.30a.m. is walking commencement time. This is necessary as we are going in a complete circuit of APPROX 25 KMS over various terrain, taking 9-10 hours. We will have the opportunity to see waterfalls, lookouts with extensive views, and also a walk through a private tropical garden at Terania Creek.

Saturday night, after a refreshing cold shower, any interested persons may have a BBQ. Sunday will be a short 10KM walk to Minyon Falls, down to the valley floor, up again and return to Rummery Park for lunch.

Please note it is a long medium walk on Saturday and 2-3 litres of water will need to be carried, plus plenty of insect repellent for our overly friendly leeches and ticks.

A geographically, interesting and semitropical rainforest to be enjoyed for two days before returning to our hectic city on Sunday night.

Christine

CHRISTMAS PARTY - SOCIAL
DECEMBER 07th - Friday Night

Well, if you haven't seen Graham by now and paid your deposit, you have probably missed out on the Club Christmas party at the woolshed. If you really want to come - contact Graham IMMEDIATELY. Maybe something could be arranged.

CONTACT - Graham Walters 396 3131 (H)

CLUB HUT - T-JUNCTION (Barney Creek) - THROUGH WALK
DECEMBER 14th -16th

TIME - 7.30 pm
CONTACT - Anthony Dolan
 350 2034 (H)
PLACE - Indooropilly Railway Station
GRADE - Easy/Medium
EMERGENCY OFFICER - Phil Murray
 208 3687 (H)
COST - \$13-00

From the Club Hut we will follow Barney Creek all the way to the T-Junction deep in the Ballow Ranges. If we are blessed with fine weather and there's not too much water in the creek the walk will be sensational ! Nominate to me at the meeting.

Anthony

PAST WALK

BIPPOH PEAK - Over-nighter
Barry Ellerington - 15/16 September

The ten of us departed at 2.45 pm from behind the Cathedral on a gloomy Saturday afternoon. After a brief stop at Beaudesert, we made our way to the Lower Portals car park. By this time, it was drizzling with rain. The walk in to the Club Hut took approximately 45 mins and we arrived just before dark.

We spent a pleasant evening around a nice campfire and finished off fresh baked apple pie and cream, donated by my good wife. The night was very windy and some of us in tents got little sleep. We woke to a beautiful clear day and had our breakfast.

We left the Club Hut at 7.10 am and walked to the Lower Portals where we climbed over the ridge line and dropped down into Barney Creek. After approximately 12 hours of pleasant rock-hopping, we came to the beginning of Barney Gorge where our ridge line starts for our ascent of Bippoh Peak.

After a brief rest, we started our climb at 9.10 am. The going was steep in places and the ridge was very scrubby with a lot of new growth. After negotiating a rock-face, about two-thirds up, we stopped for morning tea and our first views of Barney. Another 30 mins. brought us on top of Bippoh Peak which gave us even better views toward Leaning Peak, West and East and North Pinnacle.

After a discussion with the team, we decided to descend down through Barney Gorge. This proved steep in places and a lot of rock and waterfall (dry) negotiation was well worth it, being rewarded by some lovely flora in the Gorge. We made Barney Gorge around 4.00 pm and had a further rock-hop down the creek, back to the Club Hut.

After a quick clean-up and pack, we were back at the cars by dark.

Thanks to Helmut for driving and Wayne for assistance in the Pre-Outing. My hearty thanks to Christine, Kathy, Kerry, Stephanie, Anthony, Ray, Russell, Helmut and Phil for joining me on a very pleasant outing.

Barry.

PAST WALKMT. WALKER - DAY WALK

Russell Code - 26th August

Twenty one people accompanied me on the walk to Mt Walker on 26 August. We travelled to our destination via Warrill View where we had a short rest stop. The early arrivals at Warrill View saw some of the locals setting out on a horse and buggy trail ride.

A brief stop at Cunningham Lookout provided the group with magnificently clear views of the Main Range. However the cool windy conditions didn't allow for too much loitering at this spot. The walk to the top of the mountain proved reasonable until we encountered some rocky outcrops.

With the encouragement of the more experienced walkers everyone reached their goal. From the top of Mt Walker we could see more views of the ranges as well as the tall buildings of Brisbane's city centre.

Lunch was a restful, leisurely affair. Descending from the mountain proved a challenge for some of the party as a narrow rocky track had to be negotiated. Fortunately with lots of motivational talk, physical assistance and personal will power everyone accepted the challenge and conquered it.

Many thanks to all who assisted in this particular spot and congratulations to those who "conquered the challenge". After a slide down another ridge, dodging rocks (Kerry Scanlan showed great skill) the party arrived back at the vehicles. Some of the group looked stunned when they looked back up towards the mountain and saw what they had climbed. Mt Walker certainly offers a variety of walking experiences. It is only a reasonably short walk and I would recommend it to anyone who hasn't climbed it previously.

Repeated thanks to those who helped me during the walk, thanks to all for accompanying me on the day and thanks to Andy and Wayne for driving.

Russell

PAST FMRKANGAROO POINT ABSEILING

Christine Walker - 23rd October

On Tuesday 23rd October, 7pm at Kangaroo Point cliffs, Phil Crupi and my eldest daughter Sharon, freshened their abseiling techniques, whilst myself as a stretcher patient, Ray Williams as a "jockey", Kevin Mc Neil in charge of the winch and several other bushwalking members, gave their time, knowledge and know-how, with advice from older leadership, how to lower a stretcher with a person all securely strapped, over and down the cliff and back up again.

With no rain, or wind (& a few prayers), all capable hands and sensible thinking made the operation of this rescue very efficient and safe.

A pity the overhead helicopter couldn't participate. Another important lesson learnt thanks to FMR leadership.

Christine

M.B.S.

(More Beaut Scandal)

Farewell to Wayne Talbot, off to Sydney for work. Hope to see you again soon. His address will appear here as soon as it is known.

The Kingswood wagon has finally gone - to be replaced by a Fairmont. Who says the trend is to smaller vehicles? And air-conditioning in a bushwalker's car - unheard of!

Cathy Mc (Donnell) in WA is having a competition with her boss as to who can receive the most postcards. Her address is in this issue, why not send her a card, and help her win. Wonder what the prize is?

Don't forget our other absent members. Their address are also in this issue.

Last month's recipe contained a number of errors (specifying 2 cups when 1/2 cup was required. We print the correction. Apologies to Christine!

Christine's
HEALTH CAKE FOR ENERGETIC BUSHWALKERS

- 1 Cup of coconut,
- 1/2 cup of raw sugar
- 1 cup S.R.wholemeal flour
- 1 beaten egg,
- 1/2 cup chopped walnuts or pecans,
- 1 200 gm tub fruit yoghurt,
- 1 cup of mixed fruit
- or
- 1/2 cup each of dried chopped apricots and mixed fruit.

Grease bar tin and flour. Mix all ingredients together well. Bake in a 200° moderate oven approx 45 minutes. Can be frozen and enjoyed on your next t/w walk.

October General Meeting

At the October General Meeting the following motions were passed as shown:-

1. That the BRISBANE CATHOLIC BUSHWALKING CLUB incorporate as an incorporated association under the provisions of the Associations Incorporation Act." (This was passed by the required two-thirds majority)
2. That the name of the new association be of first preference "BRISBANE CATHOLIC BUSHWALKING CLUB INC.", then "BRISBANE CATHOLIC BUSHWALKERS CLUB INC." then "CATHOLIC BUSHWALKING CLUB OF BRISBANE INC.".
3. That the BRISBANE CATHOLIC BUSHWALKING CLUB's current constitution be replaced by the rules published in the September Jilalan. (with the following amendment - an additional clause)

33. PREVIOUS TO INCORPORATION

Prior to the granting of incorporation, the above clauses shall be regarded as changed as follows:-

- 33.01 Disregard "INC" in the title.
- 33.02 Disregard "incorporated" and "INC." in Clause 01.
- 33.03 Clause 05.01 is not to apply.
- 33.04 Clause 07.01 is not to apply.
- 33.05 Disregard section in square brackets of 07.02.
- 33.06 Clause 12 is not to apply.
- 33.07 In Clause 27, disregard the following:-
 - 33.07.01 From start of Clause to "...Rules may be amended"
 - 33.07.02 From "Provided that no such amendment..." to the end of the Clause.
- 33.08 Clause 28 is not to apply.
- 33.09 Clause 32 is not to apply.

Immediately prior to granting of incorporation, this clause shall cease to be a part of the rules.

4. That the BRISBANE CATHOLIC BUSHWALKING CLUB's rules be those as decided by this October General Meeting.
5. That Mr Paul William Mc Donald be appointed to prepare the application for incorporation.

CLUB CONTACTS

CHAPLAIN	Fr Ed Nally
PRESIDENT	Paul Mc Donald 288 5179 (H)
GENERAL SECRETARY	Christine Walker 378 0264 (H)
TREASURER	Anthony Dolan 350 2034 (H)
OUTINGS SECRETARY	Phil Murray 208 3687 (H)
SAFETY & TRAINING	Graham Walters 396 3131 (H)
GENERAL COMMITTEE	Bernadette Kent 398 1982 (H) Ken Niemeyer 397 5447 (H) Cathy Egan 868 1038 (H)
EDITOR	Paul Mc Donald 288 5179 (H)
EQUIPMENT HIRE	Anthony Dolan 350 2034 (H)

WARNING

All Persons, adult or child, member or visitor, **UNDERTAKE ALL ACTIVITIES OF THE CLUB AT THEIR OWN RISK.**

The Club is not in a position to even state that all care will be taken.

MEETINGS

Meetings are held on the third Monday of the month, top floor (3rd) of the Catholic Centre. Enter via Charlotte St. Entry is via the backdoor. Doors open at 7.30pm. If the door is locked please ring the bell, wait about 5 mins for one of us to let you in.

Visitors are always welcome.

OUTINGS

All walks leave from the Catholic Centre, unless otherwise notified. The club will organise transport, but you must nominate to the trip leader in advance.

Walkers are responsible for their own travel to and from the Catholic Center. Due to transport considerations, numbers may be limited - then it is a case of "First in, first served".

EQUIPMENT

All persons are to bring on all walks:-

A first aid kit,
A torch,
A parka / raincoat
And at least 2 litres of water.

GENERAL INFORMATION

Phone the President, General Secretary, or any Committee member for general information.

EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it, or are running late - phone the number shown for the Emergency Officer. If a trip is delayed getting home, your family etc. may ring this number after 9pm.

EQUIPMENT HIRE

The club has some packs and tents for hire to visitors and newer members. The cost of hire is \$10 per weekend, with a \$20 deposit. A late fee of \$10 per week is also charged. Borrowers are responsible for collecting and returning equipment, as well as making good any damage. Contact the Equipment Hire Officer for details.

POSTAL ADDRESS

The postal address of the Club is:-
P.O. Box 151 North Quay 4002.

EDITOR'S NOTES

The closing date for the next 'Jilalan' will be 19/11/90. Any submissions after this time cannot be guaranteed inclusion in the December magazine.

Paul

DATE	EVENT	LEADER/CONTACT	PHONE	TYPE
OCTOBER				
21	Luke's Bluff	Paul Russell	369 9120	D/W
27/28	Coomera Crevice	Phil Murray	208 3687	O/N
NOVEMBER				
02/04	O'Reilly's - Christmas Creek	Paul Mc Donald	288 5179	T/W
04	Westray's Grave	Barry Ellerington	205 6507	D/W
11	Mt Greville	Bernadette Kent	398 1982	D/W
16/18	Yalburru Games (Club Hut)	Graham Walters	396 3131	SOC
19	Monthly Meeting	Paul Mc Donald	288 5179	MTN
25	Blue Pool	Barry Ellerington	205 6507	D/W
30/02	Nightcap National Park	Christine Walker	378 0264	B/C
DECEMBER				
07	Christmas Party	Graham Walters	396 3131	SOC
08/09				
14/16	Club Hut - T-Junction (Barney Crk)	Anthony Dolan	350 2034	T/W
17	Monthly Meeting	Paul Mc Donald	288 5179	MTN
21	Pizza Hut <i>EUGENE 5.30</i>	Greg Endicott	351 4092	SOC
22/23	Running Creek Falls <i>Place</i>	Graham Walters	396 3131	O/N
26	Boxing Day - Kondalilla Falls <i>(26)</i>	Paul Mc Donald	288 5179	D/W
JANUARY				
01	New Year's Eve Bushdance			SOC
06	Lower Balenjui Falls			D/W
11/13	Bunya Mountains <i>- Greg</i>			B/C
20	Love Creek <i>- CHRISTINE</i>			D/W
21	Monthly Meeting	Paul Mc Donald	288 5179	MTN
25/28	Washpool			T/W
25/28	Washpool			B/C
27/28	Club Hut			O/N
FEBRUARY <i>9/2 Mens DINNER</i>				
02	FMR Beginner's Day Kangaroo Point			FMR
03	Little King's Collection (to be confirmed)			
08/10	Byron Bay			B/C
17	Obi-Obi Gorge			D/W
18	ANNUAL GENERAL MEETING	Paul Mc Donald	288 5179	MTN
24	Purlingbrook Falls			D/W
26	FMR Feature Night			FMR
MARCH				
01/03	Lizard Pt (Lincon Wreck)			T/W
09	Federation Bushdance (to be confirmed)			SOC
10	Turtle Rock Abseiling			D/W
15/17	Crow's Nest Falls			B/C
17	FMR Rescue Leader's Day - Burnett Ck Gorge			FMR
18	Monthly Meeting	Paul Mc Donald	288 5179	MTN
24	Knapps Peak			D/W
29/01	Easter at Club Hut (Various walks)			B/C
KEY				
D/W - Day Walk		O/N - Over Nighter		
B/C - Base Camp		T/W - Through Walk		
MTN - Meeting		SOC - Social		
S&T - Safety & Training		FMR - Federated Mountain Rescue		