

Pat Lawton



JILALAN

MONTHLY CIRCULAR OF THE BRISBANE
CATHOLIC BUSHWALKING CLUB
UNDER THE GUIDANCE OF OUR LADY OF THE WAY

- OCT 1990

Registered by Australia Post

Publication No. QBH 2328



LUKE'S BLUFF - DAY WALK
OCTOBER 21st - Sunday

TIME - 7.30 am
CONTACT - Paul Russell
369 9120 (H)
PLACE - Charlotte St, behind
the Cathedral.
GRADE - Easy to Medium
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - \$13-00

After quickly recharging our batteries at the O'Reilly's kiosk, we'll trundle down the road, and follow the graded track to Python Rock, which has an observation deck to observe the Lost World and Buchanan's Fort.

We then retrace our steps back to the Pat's Bluff turnoff. We follow the old track through the rainforest, then out onto the cliff-tops to Pat's Bluff, which has stupendous views of the distant mountains and of Bridal Veil Falls (For those worried about heights, the track is several feet back from the cliff-line).

We then go "inland" past a log hut and through cow paddocks to get to Luk's Bluff, where we will have lunch.

After lunch, it's back through the paddocks for a bit, and then a quick detour down a rainforest creek to see the oddly named Ding Bing Falls. From here, it's back to the paddocks, and up to Duck Creek Road, which we follow back to O'Reilly's.

If time permits, we'll join the tourists, and feed the Crimson Rosellas and King Parrots.

Nominate to Paul at the meeting.

COST OF WALKS

Due to the rising costs of fuel, it has been necessary to increase the cost of all walks (and hence the reimbursement rates for cars).

But if you think our walks are expensive consider the following costs for a day-walk, including return travel to the city:-

Members (Adult) - \$49.00
(Child) - \$25.00
Non-Members - \$59.00

Yes, these are real costs for a walk in June (Cheap fuel then!), by another club (not bushwalking) of which I am a member.

The walk was to Pat's Bluff (See the above walk), and included a sausage sizzle at the end!!!

Paul Mc Donald

COOMERA CREVICE - OVER-NIGHTER
OCTOBER 27th - 28th

TIME - ~~7.30~~ ^{7 AM SUNDAY} pm
CONTACT - Phil Murray
208 3687 (H)
PLACE - Charlotte St,
behind
the Cathedral.
GRADE - Medium to Hard
(Lots of rock-hopping)
EMERGENCY OFFICER - Sue Murray
208 3687 (H)
COST - \$13-00

On Saturday night we will camp up at Binna-Burra. On Sunday morning we will follow the graded track down to Gwoongoorool Pool, and then follow the Coomera River up the grove to the falls.

I hope it's lovely and hot so we can enjoy the swim at the base of the falls.

Phil

O'REILLY'S to CHRISTMAS CREEK
THROUGH WALK

NOVEMBER 02nd to 04th

TIME - 7.30 pm
CONTACT - Paul Mc Donald
288 5179 (H)
PLACE - Indooroopilly
Railway Station.
GRADE - Medium
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - \$25-00

Friday night will see us at O'Reilly's, for a 2-3 hour walk along the pensioner track, to past Echo Point.

Saturday will involve walking along the border, past Rat-a-tat Hut, to camp at Point Lookout for the night.

On Sunday, we will descend to the Stinson Wreck, and thence to Westray's Grave, where we will meet the day-walkers, and accompany them out along Christmas Creek.

Numbers will be strictly limited, due to transport and permit restrictions. I hope to see nominations from some new throughwalkers.

Nominate to me at the meeting.

Paul

WESTRAY'S GRAVE - DAY WALK
NOVEMBER 04th - Sunday

TIME - 7.30 am
CONTACT - Barry Ellerington
205 6507 (H)
PLACE - Charlotte St, behind
the Cathedral.
GRADE - Easy
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - ~~\$25-00~~ *\$13-00*

This is an easy walk in the southern end of Lamington National Park. The start of the walk is along a road, so make sure you bring a hat. Then through the rainforest beside the creek, up to Westray's Grave, where we should meet the through walkers. There are plenty of spots for a swim along the way.

Nominate to Barry at the meeting for a great day-walk.

MT GREVILLE - DAY WALK
NOVEMBER 11th - Sunday

TIME - 7.30 am
CONTACT - Bernadette Kent
398 1982 (H)
PLACE - Charlotte St, behind
the Cathedral.
GRADE - Easy
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - \$12-00

Mt Greville is a fairly easy climb. Good views of the Main Range and Maroon Dam can be found.

There is a small amount of scrambling over loose rocks, so good walking shoes are required.

It will definitely not be a long walk. Hope to see you there.

Bernadette.

YALBURRU GAMES - SOCIAL
NOVEMBER 16th to 18th

TIME - 7.30 pm
CONTACT - Graham Walters
396 3131 (H)
PLACE - Indooroopilly
Railway Station.
GRADE - Easy
EMERGENCY OFFICER - Phil Murray
208 3687 (H)
COST - \$12-00

The Yalburru Games are the Club's "Bush Olympics". Friday night will involve walking in to the Club Hut (named Yalburru). Saturday will be the major "Games", with Saturday night being the Cooking Contest.

Sunday will be fairly leisurely, with a swim at the Lower Portals, after which we will make our way back to the cars, for our return.

PAST FMR

FMR WEEKEND
Christine Walker

This annual event was held at Charlie Moreland State Forest in the Conondale Ranges. Our group in two cars with 5 people on Friday night and another car of two on Saturday.

With a 4° temp everyone was glad to stay in their sleeping bags a little longer than usual, as FMR talks began at 8.30 am (thankfully in the warm sunshine). We were given a talk on how FMR was started, its functions and operations, Radio procedures etc.

Next was a detailed navigation and compass exercise which showed many people still are a little confused with the basics.

This took us through to lunch. Having satisfied our thirst & hunger, we were put in Search & Rescue operation, being told a 6 year old boy had been lost since 9 am and hadn't returned from the creek where he was playing.

Base was established by 4 persons (1 being myself) who took the task of organising search parties with radios to cover various terrain. Indeed it proved our abilities and faults to help in a realistic case.

After 2 hours, with useless dead radios, our 6 year old boy (more like 50 years) was prepared to come out of his position (where he was reading the newspaper), only 200 m uphill from the creek, to provide the solution to the search. So ended Day 1.

On Sunday, firstly we were given notes on First Aid items need during bushwalking, then a rather interesting, although basic first-aid talk. It was advised that if anyone would like further information, it is highly recommended to attend a St John Ambulance Course.

With what we have been given, both on Sat & Sun, we now put into practise by doing a orienteering course.

This proved BCBC members were quick thinking, and accurate, with excellent team work to finish in 55 minutes, 15 minutes ahead of the next team, Gold Coast B/walkers and 12 HOURS ahead of the last group to return.

THANK-YOU TEAM.

Lastly after lunch we refreshed our knowledge of abseiling rope work, knots, tapes, brakes in various forms etc. Ropes were wrapped around the bases of trees to let everyone have first hand practise. As is taught, Abseiling is an "extra" for bushwalkers to know. An aid in tricky situations. It is not to be used for speed (as the ropes which cost a small fortune, will be damaged by burning) to descend.

As practise makes perfect whatever you do, all of us I'm sure learnt to be more patient and understanding in all situations over the entire weekend.

Special thanks to- Bernadette Kent, Barry Green, Ray Willians, Cathy Egan, Ed and Cathy Thistlewaite.

PAST WALK

SPRINGBROOK - COOLANGATTA Through walk

Christine Walker - 31 Aug to 02 Sep

The weekend began by busing with the 7 base campers, down to the Springbrook camping area, where we were to stay for the night. Much to Anthony's disgust it was an early start at 7 am.

We were very fortunate the light drizzle had stopped, to give us perfect weather. Downhill we went on a old loggers trail, past the banana plantation to Tallebudgera Creek, where the late riser's had their breakfast. Gaiters on, long pants, long sleeved shirts & gloves so as to attack the lantana, on the ridge to 408.

Luckily the lantana had not sprung up from the bashing given on the pre-outing by Dennis. Ray's strength crushed what remaining lantana was a nuisance, out of the way for a quick 2 hour trip, with a few scratches, through to the eucalyptus vegetation.

Continuing up ridge to the base of West peak of Mt Cougals, we then circumnavigated for 2 hours around the base, up, down and over many rock boulders and flax

Views were had all along after leaving the Cougals, the rainforest, pass sugarcane fields, avocado & passion-fruit farms, right to our camp spot for the night, just passed the Tomewin Border gate. Here we refilled our water bottles thankfully at 5 pm. We set up tents, watched the sunset beyond our walk path of the day, then a range of t/w gourmet meals began cooking, like Bernadette's Curry, chicken with jelly beans, to my health cake for desserts. A good nights sleep by everyone with a sleep-in till 7 am for a few whilst the early risers appreciated the magnificent sunrise and scenery.

Onwards we went at 8 am this time beginning with an uphill, a first of many for the day. Following the QLD/NSW border fence and the road for about 4 km we passed a farm with a few friendly goats, donkeys and geese.

Hanging Rock was a unrealistic piece of sculptured rock of 100 m tall or more (perhaps a left over from the volcanic eruption of Mt Warning). Here Bernadette was almost attacked by 2 boxer dogs before the owner called them home.

Another house had 2 golden retriever and yet another, 2 German Shepherds, which a group member try to reassure me couldn't get under the barb wired fence, but those dogs were smart weren't they?

It was a very hot day, particularly on the open ridges nearing the coast, and now we were approaching Coolangatta airport. Here we decided that as it was so dry underfoot (Usually swamp!), we would follow the fence right around. Gosh we never realised how long the perimeter of an airport is.

It was a spring wildflowers persons delight, with many varieties to be seen and this helped ease the tiredness walking the fence line. It was also very hard on the feet, till we came to the highway which we crossed over to Kirra beach shop, for a much appreciated drink and/or ice-creams.

Only a few more kms to Point Danger - Coolangatta and we all made it by 3 pm, under many people's stares of wonderment and smiles too. With photo's taken, a short rest was had and enjoyed before the bus with base campers came to take us back home after a rewarding weekend's walk.

(Cont)

Thank you Dennis, Brett & Yvonne on the pre-outing. Bernadette Kent, Kerry Scanlan, Ray Willans and Anthony Dolan for joining me on the BEST WALK OF 1990.

Christine's
**HEALTH CAKE FOR ENERGETIC
BUSHWALKERS**

1 Cup of coconut,
2 cup of raw sugar
1 cup S.R.wholemeal flour
1 beaten egg,
2 cup chopped walnuts or pecans,
1 200 gm tub fruit yoghurt,
1 cup of mixed fruit
or
2 cups each of dried chopped apricots and mixed fruit.

Grease bar tin and flour. Mix all ingredients together well. Bake in a 200° moderate oven approx 45 minutes. Can be frozen and enjoyed on your next t/w walk.

EXPRESSION OF SYMPATHY

The Club would like to express its sympathy to the Hayes Family, especially to Anne and Pauline, on the passing of their mother.

**PROPOSED CONSTITUTIONAL
CHANGES.**

The General Committee has decided to debate the following motions (as notified in last month's Jilalan, and at the September General Meeting) at the conclusion of the normal October General Meeting.

Proposed Motions

(The following motions were moved by Paul Mc Donald, and seconded by Anthony Dolan.)

1. That the BRISBANE CATHOLIC BUSHWALKING CLUB incorporate as an incorporated association under the provisions of the Associations Incorporation Act." (This is required to be passed by a two-thirds majority of those present at the meeting.)

2. That the name of the new association be of first preference "BRISBANE CATHOLIC BUSHWALKING CLUB INC.", then "CATHOLIC BUSHWALKING CLUB OF BRISBANE INC", then "QUEENSLAND CATHOLIC BUSHWALKING CLUB INC." (Three preferences must be submitted to the Justice Department.)
3. That the BRISBANE CATHOLIC BUSHWALKING CLUB's current constitution be replaced by the rules published in the October Jilalan.
4. That the BRISBANE CATHOLIC BUSHWALKING CLUB's rules be those as decided by this October General Meeting.
5. That Mr Paul William Mc Donald be appointed to prepare the application for incorporation.

Debate on the above motions (and amendments) will be conducted as follows:-

Speaker in favour (Mover?)	- 3 min s.
Speaker against	- 3 mins.
Speaker in favour (Seconder?)	- 3 mins.
Speaker against	- 3 mins.

There will be a maximum of 4 speakers allowed for each side, followed by the Movers right of reply of 2 mins. These restrictions (time and no of speakers) will only apply if time for the debate becomes limited, however an equal number of speakers will be maintained on each side, with the Mover and Seconder always having the right to speak.

Debate will be restricted to the matter under discussion, personal attacks, in any form, will not be tolerated. Each speaker is requested to introduce new material, not merely repeat what others have said.

GENERAL COMMITTEE

CHAPLAIN	Fr Ed Nally
PRESIDENT	Paul Mc Donald 288 5179 (H)
GENERAL SECRETARY	Christine Walker 378 0264 (H)
TREASURER	Anthony Dolan 350 2034 (H)
OUTINGS SECRETARY	Phil Murray 208 3687 (H)
SAFETY & TRAINING	Graham Walters 396 3131 (H)
GENERAL COMMITTEE	Bernadette Kent 398 1982 (H) Ken Niemeyer 397 5447 (H) Cathy Egan 868 1038
EDITOR	Paul Mc Donald 288 5179 (H)
EQUIPMENT HIRE	Anthony Dolan 350 2034 (H)

WARNING

All Persons, adult or child, member or visitor, **UNDERTAKE ALL ACTIVITIES OF THE CLUB AT THEIR OWN RISK.**

The Club is not in a position to even state that all care will be taken.

MEETINGS

Meetings are held on the third Monday of the month, top floor (3rd) of the Catholic Centre. Enter via Charlotte St. Entry is via the backdoor. Doors open at 7.30pm. If the door is locked please ring the bell, wait about 5 mins for one of us to let you in.

Visitors are always welcome.

OUTINGS

All walks leave from the Catholic Centre, unless otherwise notified. The club will organise transport, but you must nominate to the trip leader in advance.

Walkers are responsible for their own travel to and from the Catholic Center. Due to transport considerations, numbers may be limited - then it is a case of "First in, first served".

EQUIPMENT

All persons are to bring on all walks:-

A first aid kit,
A torch,
A parka / raincoat
And at least 2 litres of water.

GENERAL INFORMATION

Phone the President, General Secretary, or any Committee member for general information.

EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it, or are running late - phone the number shown for the Emergency Officer. If a trip is delayed getting home, your family etc. may ring this number after 9pm.

EQUIPMENT HIRE

The club has some packs and tents for hire to visitors and newer members. The cost of hire is \$10 per weekend, with a \$20 deposit. A late fee of \$10 per week is also charged. Borrowers are responsible for collecting and returning equipment, as well as making good any damage. Contact the Equipment Hire Officer for details.

POSTAL ADDRESS

The postal address of the Club is:-
P.O. Box 151 North Quay 4002.

EDITOR'S NOTES

The closing date for the next 'Jilalan' will be 22/10/90. Any submissions after this time cannot be guaranteed inclusion in the November magazine.

Paul

DATE	EVENT	LEADER/CONTACT	PHONE	TYPE
SEPTEMBER				
23	Dave's Creek (Binna Burra)	Paul Mc Donald	288 5179	D/W
28/30	Double Island Point	Brett Martin	371 2705	T/W
OCTOBER				
07	White Rock FMR Training Day	Greg Endicott	351 4092	FMR
13	Progressive Dinner	Greg Endicott	351 4092	SOC
15	Monthly Meeting	Paul Mc Donald	288 5179	MTN
21	Luke's Bluff	Paul Russell	369 9120	D/W
27/28	Coomera Crevice	Phil Murray	208 3687	O/N
NOVEMBER				
02/04	O'Reilly's - Christmas Creek	Paul Mc Donald	288 5179	T/W
04	Westray's Grave	Barry Ellerington	205 6507	D/W
11	Mt Greville	Bernadette Kent	398 1982	D/W
16/18	Yalburru Games (Club Hut)	Graham Walters	396 3131	SOC
19	Monthly Meeting	Paul Mc Donald	288 5179	MTN
25	Blue Pool	Barry Ellerington	205 6507	D/W
DECEMBER				
01/02	Nightcap National Park	Christine Walker	378 0264	B/C
07	Christmas Party	Graham Walters	396 3131	SOC
15/16	Club Hut - T-Junction (Barney Crk)	Anthony Dolan	350 2034	T/W
17	Monthly Meeting	Paul Mc Donald	288 5179	MTN
21	Pizza Hut	Greg Endicott	351 4092	SOC
22/23	Running Creek Falls	Graham Walters	396 3131	O/N
26	Boxing Day - Kondalilla Falls	Paul Mc Donald	288 5179	D/W
JANUARY				
06	Lower Balenjui Falls			D/W
13	Bunya Mountains			B/C
20	Love Creek			D/W
21	Monthly Meeting	Paul Mc Donald	288 5179	MTN
25/28	Washpool			T/W
25/28	Washpool			B/C
27/28	Club Hut			O/N
FEBRUARY				
03	Little King's Collection (to be confirmed)			
10	Byron Bay			B/C
17	Obi-Obi Gorge			D/W
18	Monthly Meeting	Paul Mc Donald	288 5179	MTN
24	Purlingbrook Falls			D/W
MARCH				
01/03	Lizard Pt (Lincoln Wreck)			T/W
09	Federation Bushdance (to be confirmed)			SOC
10	Turtle Rock Abseiling			D/W
15/17	Crow's Nest Falls			B/C
18	Monthly Meeting	Paul Mc Donald	288 5179	MTN
24	Knapps Peak			D/W
29/01	Easter at Club Hut (Various walks)			B/C

DATE	EVENT	LEADER/CONTACT	PHONE	TYPE
APRIL				
01	Mt Wagawan (Via Bushranger Cave)			D/W
06	Annual Mass and Dinner			SOC
14	Hell-Hole Gorge - Sentinel Point			T/W
15	Monthly Meeting	Paul Mc Donald	288 5179	MTN
20/21	Beau Brummell to Grass Tree Knob			O/N
25	Mt Fraser			D/W

MAY

04/06	Sundown			T/W
04/06	Sundown			B/C
06	Mt Witheren			D/W
19	Ivory Rocks/Mt Goolman			D/W
20	Monthly Meeting	Paul Mc Donald	288 5179	MTN
25/26	Panorama Pt			O/N

JUNE

02	Mt Gipps			D/W
07/10	Fraser Island			T/W
07/10	Fraser Island			B/C
10	Flinders Peak			D/W
17	Monthly Meeting	Paul Mc Donald	288 5179	MTN
23	Mt Zahel			D/W
28/30	Mt Barney (Club Hut)			T/W
28/28	Mt Barney (Club Hut)			B/C

JULY

06	Colonial Ball (To be confirmed)			SOC
13/14	Mt Clunie			O/N
15	Monthly Meeting	Paul Mc Donald	288 5179	MTN
21	Lindsay to Cliffline			D/W
27/28	Mt Castle			O/N

AUGUST

02/04	Widgee - Lost World			T/W
11	Toohey Forest Wildflowers			D/W
13/14	Barney Mass - Logan's Ridge			O/N
	- Peasant's Ridge			O/N
19	Monthly Meeting	Paul Mc Donald	288 5179	MTN

KEY

D/W - Day Walk

O/N - Over Nighter

B/C - Base Camp

T/W - Through Walk

MTN - Meeting

SOC - Social

S&T - Safety & Training

FMR - Federated Mountain Rescue

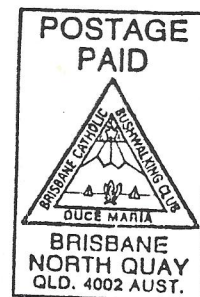
JILALAN

Registered Publication No. QBH 2328

If undeliverable return to:

BRISBANE CATHOLIC BUSHWALKING
CLUB
P.O. BOX 151
NORTH QUAY 4002.

**SURFACE
MAIL**



M

Patricia

SR

May be opened for postal inspection.