



JILALAN

Monthly Circular of the
**BRISBANE CATHOLIC
BUSHWALKING CLUB Inc**



Under the guidance of Our Lady Of The Way

AUGUST 2002

**BRISBANE CATHOLIC BUSHWALKING CLUB INC.
PO BOX 151, BRISBANE ALBERT STREET, QLD 4002**

CONTACTS

PRESIDENT	Desley Pedrazzini	3369 5530
VICE PRESIDENT	Maxine Brophy	3203 4699
TREASURER	Terry Silk	3355 9765
SECRETARY	Carolyn Ivanac	3379 9486
OUTINGS SECRETARY		
MEMBERSHIP OFFICER		
SOCIAL SECRETARY	Patricia Mackie	3398 7041
"JILALAN" EDITOR	Louise Leonardi	3287 1372
ARTIST-IN-RESIDENCE	Iain Renton	3371 4672

For specific enquiries, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquiries contact Susan Tobin 3366 3193.

Please have all Jilalan articles to Louise Leonardi by the 1st of the month. otherwise they cannot be included. Articles, if on disk need to be submitted in RTF (Rich Text Format) with a hard copy included, otherwise a handwritten or typed copy will do. Alternatively, you can e-mail your articles to:

leonardi@gil.com.au

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Brigid's Parish Hall, Musgrave Rd, RED HILL. VISITORS are always welcome.

OUTINGS

- Always read the Jilalan article to check the departure point, date and time.
- Walk departures are usually from Red Hill Parish Hall, Musgrave Rd. Check "Jilalan" or phone the leader to determine the location.
- The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- Walkers are responsible for their own transport to and from the departure point.
- Walks are rarely cancelled – if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.
- Visitors who have done more than 3 walks must sign an Assumption of Risk form for insurance.

EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it or you are running late, phone the number shown in the Jilalan for the Emergency Officer for that outing. If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer – but please don't panic.

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MANAGEMENT COMMITTEE

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

WARNING All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

CALENDAR OF CLUB EVENTS 2002

DATE 2002	EVENT	LEADER	CONTACT NUMBER	WALK TYPE
July 15	Meeting	Desley Pedrazzini	3369 5530	
24	Coffee Night	Pat Mackie	3398 7041	Social
21	Karawatha Forest	Phil Murray	3841 0254	D/W
22	Committee Meeting			
27	Historic Shepherd's Walk	Terry Silk	3355 9765	D/W
August				
3	Mt Cordeaux	Geoff Egert	3864 1096	D/W
10	Moreton Island	Justin Tobin	3366 3193	D/W
14	Barney Mass	Maxine Brophy	3203 4699	D/W
18	Chermside Hills	Gabe Romaguera	3856 3842	D/W
19	Meeting	Desley Pedrazzini	3369 5530	
25	Toohy Forest	Phil Murray	3841 0254	D/W
26	Committee Meeting			
28	Coffee Night	Pat Mackie	3398 7041	Social
September				
1	Fr Ed Memorial Walk - Dave's Creek Circuit	Maxine Brophy	3203 4699	D/W
6-8	Pilgrimage hosted by YHA			B/C
13	Social	Pat Mackie	3398 7041	Social
14	FMR Training Day - Abseiling Kangaroo Point	John Carter	3290 3621	Training
15	Mt Maroon			D/W
16	Meeting	Desley Pedrazzini	3369 5530	
22	Binna - O'Reillys - Traverse	Barbara Eastoe	3355 3639	D/W
23	Committee Meeting			
25	Coffee Night	Pat Mackie	3398 7041	Social
29	Muscat & Bailey Creeks	Matthew Palmer	3279 4490	D/W
October				
5-6	Running Creek	Iain Renton	33714672	O/N
13	Mt Barney Creek Site Monitoring	John Carter	32903621	D/W
19	FMR Vertical Rescue			FMR
20	Ipswich Historical Train Trip	Patricia Mackie	3398 7041	Social
21	Meeting	Desley Pedrazzini	3369 5530	
28	Committee Meeting			
30	Coffee Night	Patricia Mackie	3398 7041	Social
November				
2	Oxley Creek	Carolyn Ivanac	33799486	D/W
9	Brisbane Forest Park	Desley Pedrazzini	3269 5530	D/W
16-17	Byron Bay / Broken Head			O/N
18	Meeting	Desley Pedrazzini	3269 5530	
25	Committee Meeting			
27	Coffee Night	Patricia Mackie	3398 7041	Social
December				
7-8	O'Reilly's			B/C
14	Christmas Party	Patricia Mackie	3398 7041	Social
16	Meeting			
23	Committee Meeting			
26				D/W
31	New Years Eve	Patricia Mackie	3398 7041	Social
January				
11	Beach B-B-Q			
19	Northbrook Gorge	Anthony Dolan	3843 4116	D/W
20	Meeting			

25-27	Washpool / Gibraltar Range	Gabriel Romaguera	3856 3842	B/C
29	Coffee Night			
February				
1	Tooolona Circuit	Carolyn Ivanac	33799486	D/W
9	Little King's Collection	Gabriel Romaguera	3856 3842	D/W
15-16	Coomera Crevice	Iain Renton	33714672	O/N
17	Meeting - AGM			
26	Coffee Night			Social
March				
8-9	Gloworm Caves / Springbrook	Gabriel Romaguera	3856 3842	B/C
17	Meeting			
23	Boondal Wetlands			D/W
26	Coffee Night			Social
29-30	Condamine / Queen Mary Falls			B/C
April				
5	Illinbah Circuit	Maxine Brophy		D/w
12	Lepidozama Trail (Brisbane Forest Park)	John Carter		D/W
18-21	Bunya Mountains			B/C
21	Meeting			
	Coffee Night			Social
25	Anzac Day Dawn Service			
25-27	Club Hut			B/C
May				
3-5	Mt Castle	Phil Murray		B/C
11	Toowong/Sherwood Cross River Walk	Maxine Brophy		D/W
17-18	Border Walk			T/W
19	Meeting			
24	Annual Mass & Dinner			Social
25	Mt Ngungun Train Trip	John Carter		D/W
28	Coffee Night			Social
31	Mt. Greville			D/W
June				
7-9	Emu Creek	Iain Renton		B/c
16	Meeting			
21	Mt. Mitchell	Carolyn Ivanac		D/W
25	Coffee Night			Social
28-29	Savages Ridge	Iain Renton		O/N
July				
6	Mt Zahel			D/W
12-13	Girraween			B/C
21	Meeting			
26-27	Barrabol Ridge	Iain Renton		T/W
	Coffee Night			Social
	Historic Shepherd's Walk			D/W
August				
12	Barney Mass			
18	Meeting			
27	Coffee Night			Social
31	Father Ed Memorial Walk	Maxine Brophy		D/W

KEY - Walk Types

D/W	Day Walk	½ DW	Half-day Walk
T/W	Through Walk	TRN	Training
O/N	Overnighter	FMR	Federation Mountain Rescue
B/C	Base Camp	SOC	Social

KEY - Walk Gradings

The Brisbane Catholic Bushwalking Club uses the following Walk Grading system, which is referred to under each coming walk. If uncertain, please consult with the walk's leader.

1. Distance		2. Terrain		3. Fitness	
Short	Under 10km per day	1-3	<u>Graded or open terrain.</u> No scrub	1-3	<u>Easy.</u> Suitable for beginners
Medium	10-15 km per day	4-7	<u>Bush.</u> Minor scrub rainforest, rock creek Rock hopping, scrambling	4-7	<u>Medium.</u> Reasonable fitness required.
Long	15-20 km per day		<u>Bush.</u> As Above+ thick scrub, major rock scrambling using hands, technical		
EXtra Long	Over 20 km per day	8-10		8-10	<u>Hard</u> Strenuous, fit walkers required.

Club Web Address:

www.geocities.com/briscathbushclub/

email: briscathbushclub@yahoo.com.au

The club's calendar can be seen at this site under the heading Event Calendar. (The web site can be located through the Yahoo search engine. Also, there are links from the Federation website.)

PRESIDENT'S REPORT

Due to family commitments Kerry Mulligan has resigned from the position of Membership Officer. A big thankyou for the months you did for this position. We are looking for someone to fill this position.

As we have no Outings Secretary at the moment, Iain Renton is willing to help co-ordinate walks. I will bring this up at the August meeting or if anyone wishes to contact me about this beforehand, please feel free to do so.

Louise Leonardi has accepted the nomination of being Editor. Phil Murray seconded this nomination.

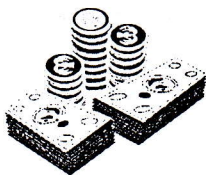
ABOUT MEMBERS

Please pray for Sister Patrice (Fr Ed's sister) she is having surgery this week at the Mater Hospital.

We send our condolences to Joe Finn, and Michael Nolan both of whom their mother passed away peacefully.

Birthday wishes to Margaret Cooper, Nursen Guresin, Iain Renton, Mike Sherman, Cliff Olsen, John Carter, Con Vink and Tony Young

TREASURERS REPORT



Balance 17/06/02 \$1,928.63
Plus Receipts \$ 135.85

\$2,064.48
Less Payments \$ 650.45
Balance 17/06/02 \$1,414.03

Term Deposit \$1,570.36

Terry.

OUTINGS NEWS

INFORMATION FOR VISITORS

All visitors who have participated in more than three walks and yet are to become a member must sign the 'Assumption of Risk Form'. This is to occur before commencing a walk. This is a requirement of the Insurance Scheme so that the visitor will be covered by the policy.

COMING WALKS

Toohy Forest
Sunday 25th August

Leader: Phil Murray (3841 0254)
Meet at: The carpark, Toohy Rd
 Toohy Forest
 UBD ref MAP 200 D1
Time: 8:30am
Cost: \$2:00

Grading: M 4 4
Emerg Off: Susan Murray (3841 0254)

Toohy Forest is an island of bushland within the Brisbane suburbs. It still has pockets where you feel completely isolated from the surrounding suburban sprawl.

We will be doing a circuit walk through some special wildflower areas and then make a quick dash up to Mt Gravatt to enjoy the views of the city skyline.

The walk is a reasonable length of about 10 km. We won't finish until mid afternoon at the earliest, so bring enough food for little lunch and big lunch. So come along for an enjoyable day out. Phil Murray



P.S. If any one needs to come by public transport you can catch a bus from the City and get off at the Griffith University bus station on the south east busway. I can then transport you to the start of the walk.
Please note: If you need a lift please arrange before the day.

Fr Ed Memorial Walk – Dave's
Creek Circuit
Sunday 1st September
Daywalk

Leader: Maxine Brophy-3203 4699
Meet at: St. Brigid's carpark
 Musgrave Road Red Hill
Time: 7:00am
Cost: \$13.00
Grading: M 3 3
Emerg Off: Michael Brophy-32034699

**Mount Maroon
Sunday 15th September
Daywalk**

Leader: TBA
Meet at: St Brigid's Car Park,
 Musgrave Tce, Red Hill.
Time: TBA
Cost: TBA
Grading: TBA
Emerg Off: TBA

**Binna Burra to O'Reilly's
(or vice versa)
Sunday 22 September 2002
Daywalk**

Leader: Barbara Eastoe (3355 3639)
Meet at: St Brigid's Car Park,
 Red Hill
Time: 6.30am
Cost: TBA
Grading: TBA (probably about L35)
Emerg. Off: TBA

This is a walk that I have always wanted to try, so much so that when I found out that it was to be offered when I was on holidays I agreed to lead it if the date could be changed to September. It is an unwritten rule of the club that you never say no to someone offering to lead a walk, so here I am leading my third walk for the year.

It is at least three years since the club has done this walk. I am reliably informed that the walk is long (about 22 km) but it is on graded tracks (well signposted) and the terrain is not difficult. The walk does, however, provide some logistical problems in organisation.

We will divide into two groups, one going to Binna Burra and one to O'Reilly's. We

will then set out and meet in the middle to exchange car keys, continuing on to pick up a car at each destination. We will then regroup somewhere on the way home to swap back to the original cars. Because of this, we will need to have approximately equal sized groups and equal numbers of cars at each destination. It's important that I know early who would like to go to be able to organise groups and cars. I also know who is prepared to drive and allow another member to drive their car back to the meeting point at the end.*

Justin has indicated that he is prepared to lead a group cross country if there are enough people interested and it can be fitted in with the track walkers. Please ring early to let me know if you are interested in this harder option.

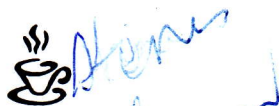
If you are interested in this walk, please try and let me know by the end of August. I will take nominations after this time but only if there is room. Hope to see many of you on the walk. Barbara

COMING SOCIALS

Coffee Night Wednesday, 28th August

Where: TBA
Time: 7:00pm for 7:30pm

For further details please ring Patricia Mackie on 3398 7041



Patricia Mackie
Coffee Club

PAST SOCIALS

PAST COFFEE NIGHTS

PAST OUTINGS

Glen Rock - Basecamp 28-30 June

We departed Brisbane well rugged up for the cold morning, and after a cuppa in the sun on arrival at Glen Rock camping site, we were soon shedding layers. Boots and packs on as we headed up the steep ranges road. Spectacular views down over Tenthill Valley and the camping area with Red Rock and Mt Philp to our left. Ian was planning a walk to Red Rock while Ray decided this would be his pre outing for a future walk.

We soon left the road and followed the fence line up the steep rocky ridge to the base of Glen Rock which stands at 828m. A bit of scrambling for the last half hour reaching our lunch spot at 12pm. Billy on the boil as we enjoyed lunch and took in the clear mountain views surrounding us on all sides.

Strong wind gusts sweeping up the ridge as we finished lunch, we had a short walk along the top of the grassy ridge before following the marker to the fence line. A fairly easy way down keeping to the fence with time to stop and pick out Iain's throughwalk route he would have been on. Pt Pure next time maybe. A short walk across the fields onto the road beside a very dry Blackfellows Creek.

Healthy cattle stopped to greet us as we made our way back to camp. Warm

afternoon sun while we pitched tents and Ray hung curtains in his five star accommodation in the back of his truck. We had afternoon tea. The cold was soon taking its place and winter woollies were back on. Ray was the appointed fire lighter for the weekend. After a great fire was underway we enjoyed dinner and good tales of past walks. Plum pudding and coffee to end a top day in this beautiful valley.

I woke at 4am to find the camping area sparkling and white with frost bathed in clear moonlight. A sight never to be forgotten. The temperature dropped down to minus 5 degrees we heard from neighbouring campers. The fire was well alight and tea brewing as we warmed up for the day ahead.

A brisk walk along the road to the farm before breakfast followed by a relaxing few hours in the sun, while Iain and Ray climbed the opposite grassy ridge up to the lookout. The recently completed information hut held a wealth of knowledge on the history of this area even displaying the early title deeds to the land before the early farming families started working this area. During the weekend pink galahs were feeding all around the camp area and we spotted wagtails, rainbow lorikeets, pale headed rosellas, wrens and piwies.

We took the tourist drive home stopping for lunch beside the dam at Laidley. A quick chat to Jonas as we collected cars and reached Brisbane by 4pm. A most enjoyable weekend and great climb. Many thanks to Ian and Ray for all their help. Cheers Maxine

Blackall Range Day Walk Saturday 6 July

Six of us, Desley, Bev, Carolyn, Ray, Barbara and our visitor Cheryl, met at Red

Hill on a beautiful winter's day and headed north to Malaney. Our first stop was Mary Cairncross Park. After a short but pleasant walk through this small remnant of rainforest we crossed the road to admire the view of the Glasshouse Mountains. There was some discussion about which mountain was which. I don't think we ever worked it out.

We then took a vote and decided to detour to Malaney for a coffee before heading off to Kondallilla Falls. The three-quarters of an hour we spent playing ladies and gentleman in the sun on the deck of the cafe was very pleasant.

At Kondallilla we donned our packs and headed off to walk around the bottom of the falls. On the way back to the picnic ground we decided to stop at the pool at the bottom of the top falls to eat our lunch. It was there that we made the acquaintance of the kamikaze kookaburra. We had just started to eat lunch when he dived at Cheryl and tried to grab the food out of her hand. Unsuccessful, he sat next to her eyeing her lunch with interest. Every so often he would swoop at someone until he was successful at relieving Desley of her half eaten sandwich. He proceeded to "kill" and eat the ham and bread but we found out that kookaburras don't like tomato.

Heading back to the cars we stopped to watch a small red-bellied black snake sunning itself on a seat. Luckily, because of the cool day, it wasn't very energetic. It slid slowly into the undergrowth. Then it was off to Mapleton falls for a short walk through a mixture of rainforest and eucalypt forest.

On the way back home we stopped at Flaxton Gardens where we first tasted (and bought) some Berambah Ridge wines. Then it was over to the coffee shop to have the obligatory end of walk cup of coffee. The view across to Mooloolabah was

breathtaking (as were so many of the views this day)

With only six of us and easy walks we had plenty of time for talking and laughing. We found out what Bev does to fill in her time in retirement, that Desley has taken up Pilates and that Ray once tried to walk around Obi Obi creek but got lost and never found it. We also found out that Carolyn is going to the Birdsville Races in September (she swears that it's not for the drinking!) and in October Cheryl is going to Nepal and Barbara to Thailand. This walk reminded me that the walking is only one reason people go bushwalking. Equally important is the fun and comradeship you find with the people you go walking with.

Barbara



Shepherds' Walk Saturday 27th July 2002

For the second year in a row I found myself as co-ordinator for The Beaudesert Historical Society's Annual Shepherds' Walk. As the Society started doing these walks in 1987 they have everything down to a fine art. I believe that this year the organisation was even better than last year, even though the number of walkers had more than doubled to 260!!!, a record for the walk.

About another forty joined us for the sausage Sizzle Lunch. Even with this large number for lunch there was still plenty of food. I managed to have more cake than last year and there were even cordial and home made biscuits.

They tell me that it was a very cold morning as we assembled at Red Hill prior to our drive to Beaudesert where the Historical Society had organised four buses to take us to the start of the walk. I was too busy stressing out at my five no-shows to notice the temperature. Of some concern was the fact that two of my late arrivals were committee members.

During the preceding week I had been heartened by the fact that I had not had the mass cancellations which I had experienced last year. A twenty minute wait saw four of the no-shows arrive and we headed off to Beaudesert. There was a little bit more traffic than I had expected but we made good time to arrive slightly later than I had planned. In retrospect this was fortunate as we had no delay in registering and then we managed to find some seats on the newest and best of the buses.

Like last year the buses took us to a monument in the Christmas Creek Valley where a brief historical talk was given about the aboriginal skirmish in 1850 which saw three Chinese shepherds killed.

Our walk retraces the escape route taken by the wife of one of the shepherds who survived the attack. After the talk, which was a little different from last year, we reboarded our buses for the brief trip down the valley to the private property from which our walk was to commence. I discovered that our leader and tail for the walk were the same people we had last year.

This year's walk was very dry due to the prolonged dry spell which we are experiencing. Last year our shoes were caked in mud but this year we started out dodging cow-pats. (Some more successfully than others.) I was surprised at the pace that we were walking considering that we were such a large group. Naturally, the fast ones were at the front and the slower ones at the back. This year's group must have been fitter as we had less rest stops than last year.

Going up the ridge, the views of the distant mountain peaks and ranges were somewhat hazy but on the other side of the ridge of the Gin Broken Range they were clearer. Even though I took heaps of photos last year I could not resist taking more this year as some of the views are quite spectacular even in these dry times. Like last year there was a tractor waiting to ferry us across the Albert River at the end of the walk. Because it was so dry I managed to easily rock hop across this year.

The Sausage Sizzle Lunch included four different types of damper with butter and syrup. After lunch we heard some of the history of Chinese migration to Australia. Once again the Historical Society and their volunteers did a wonderful job. We all had plenty to eat. I was too busy eating to keep count of how many cups of coffee Bev had. But I guess that she was only trying to keep up with Mary.

Congratulations to my fellow club walkers, you all did well especially David Hamilton

and Mandy Williams who were on their first walk with us.

Also on the walk were Bev Gaffney, David Hill, David Simpson, Mary Nolan, Carolyn Ivanac, Michele and Richard Johns, Margaret Lawton and Louise Rooney (nee McPherson). Once again the only losers on the day were those members who were not with us. The Club has this walk on next year's calendar and I already have some nominations. I'll be back as it is too good to miss.... What better recommendation can you have. Terry.

Queensland Federation of Bushwalking Clubs

Federation meetings are held on the fourth Thursday of each month at the Baroona Special School, Milton from 7.30pm.

Federation web site address is:

<http://www.geocities.com/qfbwc/index.htm>

I. The email address is

qfbwc@yahoo.com.au

FEDERATION MOUNTAIN RESCUE

The Federation Pilgrimage 2002 is coming to you In September

The YHA Bushwalkers has the privilege of hosting this years Pilgrimage. The Pilgrimage is being held at the Kenilworth Show Grounds over the Weekend of the 7th to 8th of September (Arrivals starting Friday evening, the 6th of September. Further information / surprises will be provided to you down the track. If you have any questions or require further information, then please E-mail us at Mail to: yhabushies@yahoo.com.au Please note that we may not be able to provide some information at present due to us finalising

our arrangements. Thanks Nick Rootsey (Social Secretary on behalf of the YHA Bushwalker's Committee.)

M.B.S.

Just how much does Desley know about Gabriel's new bed?

Ω A THOUGHT TO PONDER.....Ω

Treasure every person, living creature or plant that reminds you of what life is.

A note from the Editor.....

Please forward your magazine articles by the 1st of the month. You may forward your articles to either:

25 Harburg Drive

Beenleigh Qld 4207

or

e-mail address: leonardi@gil.com.au

"God is wonderful and glorious. I pray that his spirit will make you become strong followers." Ephesians 3:16

Yours in Christ Louise



YHA Bushwalkers Qld. Inc.
Federation Pilgrimage 2002
KENILWORTH

YHA BUSHWALKERS invite you to attend the

Federation Pilgrimage 2002.

Venue: Camping at the Kenilworth Showgrounds.

(Hot showers and toilets available)

Date: 6th-7th-8th September

Cost: \$20 singles - \$30 families (under 5's free, children up to 16 yrs)

Walks in the surrounding area, suitable for all ages and fitness.

Arrive Friday night, Sign on for walks and with Supper provided.

BYO Camping Gear, cups, plates, chairs etc.

Walks start from 0730hrs Saturday. Some of the walks are: •Snake & Chinaman Creeks • Kenilworth Bluff • Little Yabba Creek
• Mount Allen • Mount Berwah • Kondallilla Falls •Summer Creek
Walks may be repeated Sunday, if there is enough interest.

Saturday Night:



- ✧ Boot Handover and speeches.
- ✧ Bushdance with *The Bushland Boogies* (bushdance will be held outdoors)
- ✧ Supper provided

Sunday:



- ✧ Test your bush knowledge (Trivial Pursuit) over a BBQ breakfast, followed by Games (for all ages).
- ✧ Bushwalking flea market to be held Sunday morning.

Enquiries: contact Maureen, phone: 07 38121861

email: maurdenz@optusnet.com.au - If you could provide a rough estimate of the number of members attending from your respective clubs by Friday 16th August, it would be appreciated.



Sketch by Iain Renton
Mt Moon

If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
PO Box 151 Brisbane
ALBERT ST QLD 4002

JILALAN

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AUSTRALIA