



JILALAN

Monthly Circular of the
**BRISBANE CATHOLIC
BUSHWALKING CLUB Inc**



Under the guidance of Our Lady Of The Way

APRIL 2003

**BRISBANE CATHOLIC BUSHWALKING CLUB INC.
PO BOX 151, BRISBANE ALBERT STREET, QLD 4002**

CONTACTS

PRESIDENT		
VICE PRESIDENT		
TREASURER	Terry Silk	3355 9765
SECRETARY	Gabriel Romaguera	3856 3842
OUTINGS SECRETARY		
MEMBERSHIP OFFICER		
SOCIAL SECRETARY	Carolyn Ivanac	3379 9486
"JILALAN" EDITOR	Louise Leonardi	3287 1372
ARTIST-IN-RESIDENCE	Iain Renton	3371 4672

For specific enquiries, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquiries contact Susan Tobin 3366 3193.

Please have all Jilalan articles to Louise Leonardi by the 1st of the month. otherwise they cannot be included. Articles, if on disk need to be submitted in RTF (Rich Text Format) with a hard copy included, otherwise a handwritten or typed copy will do. Alternatively, you can e-mail your articles to:

leonardi@gil.com.au

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is **St Brigid's Parish Hall, Musgrave Rd, RED HILL. VISITORS are always welcome.**

OUTINGS

- Always read the Jilalan article to check the departure point, date and time.
- Walk departures are usually from Red Hill Parish Hall, Musgrave Rd. Check "Jilalan" or phone the leader to determine the location.
- The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- Walkers are responsible for their own transport to and from the departure point.
- Walks are rarely cancelled – if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.
- Visitors who have done more than 3 walks must sign an Assumption of Risk form for insurance.**

EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it or you are running late, phone the number shown in the Jilalan for the Emergency Officer for that outing. If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer – but please don't panic.

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MANAGEMENT COMMITTEE

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

WARNING All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

CALENDAR OF CLUB EVENTS 2002

DATE 2003	EVENT	LEADER	CONTACT NUMBER	WALK TYPE
March				
17	Meeting			
22-23	Retreat	Maxine Brophy	3203 4699	O/N
26	Coffee Night	Carolyn Ivanac	3379 9486	Social
29	Booloumba Gorge	Justin Tobin	3366 3193	D/W
31	Committee Meeting			
April				
13	Lepidozuma Trail (Brisbane Forest Park)	John Carter	3290 3621	D/W
14	Meeting			
18-21	Washpool/Gibraltar Range	Gabe Romaguera	3856 3842	B/C
21	Mt Samson - Joint walk with BOSQ	Pat Lawton	3366 1956	D/W
25	Anzac Day Dawn Service and BBQ	John Carter	3290 3621	Social
26	Illinbah Circuit	Maxine Brophy	3203 4699	D/W
28	Committee Meeting			
30	Coffee Night	Carolyn Ivanac	3379 9486	Social
May				
3-5	Club Hut	Iain Renton	3371 4672	B/C
11	Toowong/Sherwood Cross River Walk	Maxine Brophy	3203 4699	D/W
17-18	Mt Mistake - Point Pure	Justin Tobin	3366 3193	T/W
19	Meeting			
24	Annual Mass & Dinner	Patricia Mackie	3398 7041	Social
25	Mt Ngungun Train Trip	John Carter	3290 3621	D/W
28	Coffee Night	Carolyn Ivanac	3379 9486	Social
31	Mt. Greville	Majella Deegan	3300 0229	D/W
June				
7-9	Emu Creek	Iain Renton	3371 4672	B/C
14	Ferries of Brisbane Walk	Barbara Eastoe	3355 3639	
16	Meeting			
21	Mt. Mitchell	Carolyn Ivanac	3379 9486	D/W
25	Coffee Night	Carolyn Ivanac	3379 9486	Social
27-28	Savages Ridge	Iain Renton	3371 4672	O/N
July				
7	Mt Zahel	Nathan Tobin	3424 5700	D/W
12-13	Bald Rock	Elizabeth Richards	3393 5545	B/C
19-20	Barrabool Ridge	Iain Renton	3371 4672	T/W
21	Meeting			
26	Historic Shepherd's Walk	Terry Silk	3355 9765	D/W
30	Coffee Night	Carolyn Ivanac	3319 9486	Social
August				
3	Barney Creek	John Carter	3290 3621	D/W
12	Barney Mass			
17	Bike Ride	Gabe Romaguera	3856 3842	Social
18	Meeting			
23-24	Mt Superbus (Site Monitoring)	Christine Harrison	5429 5494	O/N
27	Coffee Night	Carolyn Ivanac	3379 9486	Social
31	Father Ed Memorial Walk - Moreton Island	Maxine Brophy	3203 4699	D/W

KEY - Walk Types

D/W	Day Walk	½ DW	Half-day Walk
T/W	Through Walk	TRN	Training
O/N	Overnighter	FMR	Federation Mountain Rescue
B/C	Base Camp	SOC	Social

KEY – Walk Gradings

The Brisbane Catholic Bushwalking Club uses the following Walk Grading system, which is referred to under each coming walk. If uncertain, please consult with the walk's leader.

1. Distance		2. Terrain	3. Fitness
Short	Under 10km per day	1-3 <u>Graded or open terrain.</u> No scrub	1-3 <u>Easy.</u> Suitable for beginners
Medium	10-15 km per day	4-7 <u>Bush.</u> Minor scrub rainforest, rock creek Rock hopping, scrambling	4-7 <u>Medium.</u> Reasonable fitness required.
Long	15-20 km per day	<u>Bush.</u> As Above+ thick scrub, major rock scrambling using hands, technical	8-10 <u>Hard</u> Strenuous, fit walkers required.
EXtra Long	Over 20 km per day		

Club Web Address:

www.geocities.com/briscathbushclub/

email: briscathbushclub@yahoo.com.au

The club's calendar can be seen at this site under the heading Event Calendar. (The web site can be located through the Yahoo search engine. Also, there are links from the Federation website.)

PRESIDENT'S REPORT**Change of Meeting Details**

N.B. The April meeting will be held on Monday 14th April 2003

ABOUT MEMBERS

Birthday wishes to Eric Steedan, Pat Lawton and Anthony Dolan.

Congratulations to **Joe Tottenham** who was the lucky winner of our Travel Coffee Percolator/Mug raffle which was drawn at our March Meeting. The surprise consolation raffle prize of a Clean - Up Australia T-Shirt goes to **Robyn Pugh.** (Congratulations.)

Thankyou to all those who bought tickets. To those who did not win this time, better luck next time. "Next time" is here already as I have started selling tickets in our next raffle with the prize being a Travel Combination Book Light/Torch/Digital Alarm Clock. The good news is that the tickets are still only \$1.00 each. Terry.

TREASURERS REPORT

<i>Balance 17/02/03</i>	<i>\$ 1412.40</i>
<i><u>Plus Receipts</u></i>	<i><u>\$ 480. 00</u></i>
	<i>\$1892.40</i>
<i><u>Less Payments</u></i>	<i><u>\$ 520.72</u></i>
<i><u>Balance 17/03/03</u></i>	<i><u>\$1371.68</u></i>
<i>Term Deposit</i>	<i>\$1,605.60</i>

OUTINGS NEWS

INFORMATION FOR VISITORS

All visitors who have participated in more than three walks and yet are to become a member must sign the 'Assumption of Risk Form'. This is to occur before commencing a walk. This is a requirement of the Insurance Scheme so that the visitor will be covered by the policy.

COMING WALKS

Washpool/Gibraltar Range
Fri 18th - Mon 21st April
Easter Week-end
Basecamp

Package Special
2 National Parks for the price of 1!!!!

Leader: Gabriel Romaguera
 (3856 3842)
Meet at: St Brigid's Car Park,
 Musgrave Tce, Red Hill.
Time: 6:30pm
Cost: TBA
Grading: S/M 2 3
Emerg Off: Louise Leonardi
 (3287 1372)

Come away this weekend and enjoy some fantastic national parks that are just a little too far to reach comfortably on a normal long weekend. Situated on the Gwydir Highway between Glen Innes and Grafton, these gems are about 5 hours drive from Brisbane. We hope to get there around lunchtime on Good Friday, setup camp and hit the tracks in the afternoon.

We will be camping at Coombadjha

Camping Area in Washpool NP surrounded by lush rainforest next to a fast flowing pristine creek. There are toilets and tables so you will not be roughing it. The most stunning aspect of this weekend is that we are visiting 2 parks, adjacent to one another but completely different. Washpool NP is located on the eastern side of the Great Dividing Range. Hit by incoming clouds, it is a moist spectacular temperate rainforest wilderness - lush, green, and full of interesting birds.

Down the nearby Gwydir highway settled on the plateau is Gibraltar Range NP - this is totally different countryside - granite rock - dry and open vegetation with a bonus of broad outcrops of rocks and balancing granite tors. It includes areas of sedge lands and swamps, often with beautiful wildflowers. When you're sick of one national park, you can try the other one out.

We will be doing a collection of shorter walks across the weekend. The longest is the Dandahra Creek Track (15kms). All other walks range between 2kms and 9kms. There are a lot of track walks, so for the eager ones like myself we can walk them all (approx 50km). So if you want to take it easy and just do a few walks, or keep busy like me, you can make your choice on the weekend. It is all so beautiful though, I think you'll want to see as much as you can.

As it is Easter weekend, we will be going in to the nearest town for mass for those who are interested. If there is a Saturday night service, we could couple this with a civilized in town.

This is an excellent weekend for old hands or those who are new to camping or bushwalking. Remember if you need any equipment please ask. We will find whatever you need to make your weekend comfortable.

At 1200 m above sea level, it might be an idea to bring your woollens also!! So come along, get away this Easter, and have a fantastic time far away from home!!

Cheers Gabe

**Mt Samson
Mon 21st April
Daywalk**

Leader: Pat Lawton (3366 1956)
Meet at: St Brigid's Car Park,
Musgrave Tce, Red Hill.
Time: 7:30pm
Cost: \$6:00
Grading: M 4 4
Emerg Off: Louise Leonardi
(3287 1372)

If you are not going away for Easter and would like a daywalk on Easter Monday, how about joining me on a walk to Mt Samson.

Mt Samson (690m) is situated in the north eastern region of Brisbane Forest Park. The first part of the walk is via a steep forestry road through eucalypt forest.

We will climb through rainforest to the top via the north east ridge. Good views of the Samsonvale area on route. It is not a graded track walk, but with conditions being a bit cooler in April, the walk should be suitable for any fit person.

Pat Lawton

**Anzac Day Dawn Service
Friday 25th April**

Meet at: Ann St War Memorial
Time: 4:15am

Club members have been attending the Dawn Service for a number of years. It is a moving experience.

Afterwards, we have a BBQ/ picnic breakfast at Kangaroo Point, down beside the river, sometime after 5.15am. Drive to the end of the road at the base of the cliffs.

Ring John (3290 3621) or Elizabeth (3393 5545) if you can make it.

**Illinbah Circuit
Saturday 26th April
Daywalk**

Leader: Maxine Brophy 32034699
Meet at: St Brigid's Car Park,
Musgrave Tce, Red Hill.
Time: 7:00am
Cost: \$15.00
Emerg Off: Louise Leonardi 32871372

We will travel down to Binna Burra in the Lamington National Park. Clear views of the Gold Coast, Hinze Dam, Springbrook Plateau and the Numinbah Valley as we climb up through Beechmont to start our walk at the Information and Visitors Centre.

The track descends through rainforest and open forest to the Coomera River. A rough track then follows the "Old Cedar Road" (used by timber cutters in the early 1900's) crossing the Coomera River several times during the walk. The recent rains will have brought the river and forest back to life offering us many sights of bird life and hopefully a glimpse of the Spiny crayfish. We then leave the river and

climb the Beechmont Range to return to Binna Burra.

This return track travels through the Yarrabeelba Bellbird habitat. We will have lunch beside the river with a quick swim leaving us time to enjoy a welcome coffee at the end of the walk. Binna Burra has an excellent coffee shop overlooking the coast.

Looking forward to your company, Maxine

Club Hut Base Camp Sat 3rd - Mon 5th May

Leader: Iain Renton (3371 4672)
Meet at: St Brigid's Car Park,
Musgrave Tce, Red Hill.
Time: 7:00am
Cost: \$17.00
Grading: Variuos
Emerg Off: Louise Leonardi 32871372

If you haven't been to the club hut or stayed there overnight this is your chance to discover this wonderful place. It is a walk-in base camp (about an hours walk from the carpark). You'll need to bring your sleeping bag and a sleeping mat, therma-rest or lilo for comfort, as well as the other stuff you usually need on a week-end. I'm even hoping to have a few people to help carry stuff in for those not accustomed. To carrying a big pack so they don't have to carry too much. There will be a range of walks for different abilities or the option of just staying put, going for a swim and enjoying the peace.

Some walks I'm thinking of running are: 1. Isolated Peak to Barney Creek. 2. Lower Tom's Tum to Barney Creek (yet to be done as a pre-outing to see if a not too difficult route down to Barney Creek can be found). 3. A relaxed stroll along Barney Creek to the fall at Barney Beautiful and back and possibly some exploratory walks

on the lower section of Leanings Ridge (but nothing to technical).

So I'm looking for some other leaders so I can offer several walks on a day to cover a range of abilities and a few people willing to help carry the gear in. Any other ideas for walks are welcome. I am also hoping to set it up so some people will be able to do the walks as daywalks if they wish.

Thanks, Iain

Toowong/Sherwood Cross River Walk Sunday 11th May Daywalk

Leader: Maxine Brophy 32034699
Meet at: TBA
Time: 8:30am
Cost: \$6.00
Grading: M 3 3
Emerg Off: Mike Brophy (3203 4699)

Can you think of a nicer way to spend an autumn day?? We plan to follow the green belt from Toowong to Sherwood. This will be an interesting day, exploring the parks and streams along the way and seeing points of interest that we all miss as we drive by all year.

There is still a bit of fine tuning to do before the walk therefore further details will be available at the April meeting or by phoning me.

We plan to follow the river for a time and cross Indooroopilly Bridge as we make our way to Sherwood Park for a welcome lunch break. The return trip home will be by train so you can relax after a good mornings walk. The weather will be cooling down by May so a perfect time to be out enjoying this very pretty area.

Looking forward to your company
Maxine

**Mt Mistake to Glen Rock
Fri 16th – Sun 18th May
Throughwalk**

Leader: Justin Tobin (3366 3191)
Meet at: St Brigid's Car Park,
Musgrave Tce, Red Hill.
Time: 7:00pm
Cost: \$15.00
Grading: L 6 6 ?(Pre-outing still to
be done)
Emerg Off: Susan & Mary Tobin
(3366 3191)

The walk starts at Mt. Mistake in the Laidley Valley. After a quick look at Barbara's house with no walls, it is up the ridge to Mt Mistake and along the range to camp near Point Pure before finishing at Glen Rock sometime Sunday afternoon.

The actual terrain and nature of the walk is unknown as no pre-outing has been done. This could be the pre-outing so come prepared and carry water for the week-end.

If you can help with the driving either dropping off or picking up or base camping at Glen Rock for the weekend please let me know.

Thanks, Justin.

**Annual Mass & Dinner
Sat 24th May**

Our yearly celebration is drawing near when we come together for Mass and dinner. This is held at Padua College Chapel at Kedron and is always a special evening. This is time to give thanks for our club, our walks and safety in all that we do. Also a good time to catch up with old friends and members we may not see regularly.

More details in our next magazine.
Maxine

COMING SOCIALS

**Saturday, 12th April
Mr Wongs**

Where: 74 Kedron Brook Rd
Wilston
Time: 7:00pm
Contact: Carolyn Ivanac - 3379 9486

The chinese banquet here is \$18:00 per person. First we will have entrée followed by a main meal of which there are 5 to choose from, as well as rice. Included is tea, coffee and icecream.

**Coffee Night
Wednesday, 30th April**

Where: Cafe La Vie
Shop 4
395 Hamilton Road
Chermside
Time: 7:00pm

This month we will catch up with everyone to find out what we were all up to over the Easter break.

Cappuccinos are only \$2.90 plus a wonderful array of food. Parking is available in the shopping centre carpark.

Come and join me. For further information please contact me on 3379 9486.

Carolyn



PAST SOCIALS

Coffee Night 26th March 2003

Thanks to Terry, Mark, Majella, Jean, Greg Endicott and Tony Yong who joined me for my first coffee night of 2003.

Come and join me for the next coffee night as I look forward to catching up with you all. Carolyn.

PAST OUTINGS

Booloumba Gorge Saturday 29th March Daywalk

We saw Pale Headed Rosellas, Egrets, a wallaby, a tree full of Sulphur-Crested Cockatoos and a Carpet Snake which caused one young fellow a bit of excitement. But most of all there were cascades, rock pools, waterfalls and water, water everywhere.

The last week-end of March saw three in the Forester, given the day out as well, escaping the city and heading up the highway past the Glasshouse Mountains. Then through Landsborough and Maleny and onto the Conondales, quite a few tents in the camping ground, and onto the Breadknife Carpark.

Here we left the cars and up the hill to follow the old road into the side creek. Here we saw our first small waterfall of the day but it was not long before it went under ground. Over the rocks, past the rock orchids, staghorns, and red rock scattered through the creek. Reaching the junction with Booloumba Creek we had morning

tea at the bottom of Frog Falls. Water was pouring over the top into several pools before reaching the bottom. Who has a camera when you need one?

It was then up the side of the falls, rock scrambling in some places. Ray in front, Ivan and Justin not far behind. A beautiful pool on top of the falls was flowing down from Kingfisher Falls, past the rock scree, where Ivan, doing the Two Step or Mexican Hat Dance, yells "I've stepped on a snake." I don't know who got the biggest fright. Ivan, the carpet snake or Justin wondering what was going on.

Ray looks at the falls and wonders "How do we get up these?" "There's a ledge there" I said. He took some convincing. We put the packs into the bags, a short float to the ledge with Ivan making the most of his first swim of the day. We went along the ledge, down the ramp and into the pool that leads into Booloumba Gorge. Water was pouring down through the rocks into the Gorge. Packs back into the bags for a float through the Gorge. Ray up the rock face first, threw the rope down for the packs and bodies. A bit more scrambling, then we were at the Junction with Peter's Creek.

Around the Breadknife and up the rocks to the lookout and track. Lunch at the first pool at the top of Booloumba Falls at 2:30. Ray was not impressed with finding a few leeches on his body. We then had a swim to finish the day before following the track back to the cars. A great Saturday in Booloumba Creek. A challenging walk but worth the effort.

Thanks to Ray for being up front and looking after the rope when needed and to Ivan my fourteen year old nephew for allowing me to see the creek through "young eyes." He was certainly excited with every new rock pool, cascade and waterfall. Justin

Queensland Federation of Bushwalking Clubs

Federation meetings are held on the fourth Thursday of each month at the Baroona Special School, Milton from 7.30pm.

Federation web site address is:

<http://www.geocities.com/qfbwc/index.htm>

1. The email address is

qfbwc@yahoo.com.au

FEDERATION MOUNTAIN RESCUE

OTHER ITEMS OF INTEREST

Dear bushwalkers,

I am an Australian living in France married to a French mountain guide. We have set up a bed and breakfast accommodation with a capacity of maximum 12 to 15 people. We would like to advertise our offer to organise walking tours with very small groups of people combining visits to province.

We live 1000meters above sea level close to mountains up to 2700 meters above sea level and maximum two hours from higher mountains up to 4000meters above sea level. We are two hours from Marseille, Avignon and the Italian border.

I have contacted you asking for your advice as we welcomed here a carmelite priest from Brisbane who was a bushwalker. We do not as yet have our own web site but we have our brochures presenting the region and Australian visitors who have stayed with us and who would vouch for us.

Thankyou for any help.

Sincerely Geraldine Arnoldi

M.B.S

There is no truth in the rumour that our Treasurer who never sleeps was suspected of napping at our retreat. He maintains that he just had his eyes closed to aid in his concentration. (That's his story, and he is sticking to it.)

* A THOUGHT TO PONDER.....*

Take the Time to Live

Life is far too short to get so caught up in the rush, take a moment and reflect.

Is your life moving too quickly and you have forgotten the all important things, loved ones, friends, children and the gift of life that God has given us.

But remember, it is life that is on borrowed time.

A note from the Editor.....

Please forward your magazine articles by the 1st of the month. You may forward your articles to either:

25 Harburg Drive

Beenleigh Qld 4207

e-mail address: leonardi@gil.com.au

"Then Jesus declared: "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty." John 6:35

Yours in Christ Louise

Very healthy, Very tasty and Very easy to make.

Bran Loaf

1 cup All-Bran cereal
1 cup milk
1 cup self-raising flour
1tsp cinnamon
1tsp nutmeg
1tsp bicarb soda
1/2 cup mixed dried fruit
1/2 cup chopped pecan nuts
1/2 cup syrup

Grease a loaf pan; line base with baking paper. Combine cereal and milk in a large bowl; mix well. Stand for 5-10mins or until milk is absorbed. Add combined flour, spices, soda, fruit, nuts and syrup; mix until well combined. Spoon mixture into pan. Cook at 180C for 50min approx or until cooked when tested. Stand loaf in pan for 5 mins then transfer to wire rack (or plate). Serve hot or cold.



No Eggs, No Butter

Happy Easter from the Editor



If undeliverable return to
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JILALAN

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**SURFACE
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AUSTRALIA

