



JILALAN

MONTHLY CIRCULAR OF THE BRISBANE
CATHOLIC BUSHWALKING CLUB INC.
UNDER THE GUIDANCE OF OUR LADY OF THE WAY

Registered by Australia Post

Publication No. QBH 2328

JAN 1996



BRISBANE CATHOLIC BUSHWALKING CLUB INC
PO BOX 151, BRISBANE, ALBERT STREET, QLD 4002

CONTACTS

CHAPLAIN	:	Fr. Edwin Nally	3857 2021
PRESIDENT	:	Matthew Palmer	3279 4490 (H) 34075142(W)
VICE PRESIDENT	:	Paul McDonald	3205 1984 (H)
TREASURER	:	Tony Young	3262 7067 (H) 12-2pm only.
SECRETARY	:	Cathy Thistlewaite	3374 2198 (H)
OUTINGS SECRETARY	:	Ed Thistlewaite	3374 2198 (H)
MEMBERSHIP OFFICER	:	Trevor Kelly	3357 5046 (H)
TRAINING OFFICER	:	Joe Finn	3848 4642 (H)
SOCIAL SECRETARY	:	Maxine Brophy	3203 4699 (H) Evening only.
"JILALAN" EDITOR	:	Justin Tobin	3366 3193 (H)
		Postal Address:	110 Stewart Road Ashgrove Qld 4060

For specific inquiries, contact the Committee member above concerned. For outings or socials, contact the leader shown in the calendar or magazine article. Visitors - for general inquiries contact Trevor Kelly. Articles for "Jilalan", post to Justin Tobin, 110 Stewart Road, Ashgrove Qld 4060.

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, being scheduled to commence at 7.30 pm (although they usually start about 15 minutes later). The location is currently in the basement of the Catholic Centre (near St Stephen's Cathedral) with entry via Charlotte Street. The door is usually manned up to about 8.00 pm. If you arrive after this, please ring the bell and wait for someone to let you in. Parking is NOT available on site and free parking can be difficult to find nearby. Parking is available close by at \$4.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Departure of walks is usually either from the rear of the Cathedral in Charlotte Street or at Sullivan & Nicolaides (134 Whitmore Street, Taringa - enter via the upper driveway and drive down to the upper level of the carpark). Check Jilalan or phone the leader to be certain.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting to someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their transport to and from the departure point.
- (e) Walks are rarely cancelled - if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.

EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it or you are running late, phone the number shown in the Jilalan for the Emergency Officer for that outing. If you have not returned from an outing by 9.00 pm, your family may ring the Emergency Officer - but please don't panic.

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates - Packs \$10/weekend, Tents \$5.00 - Deposit of \$20 required.

PERSONAL EQUIPMENT

The Association requires that certain minimal basic equipment should be carried by all walkers on all trips. This should comprise the following - a first aid kit, a torch, a parka/raincoat, hat, shirt, 15+ (or suitable value) sun screen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

WARNING

All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

* * * * *

<u>KEY</u>	
D/W	Day Walk
T/W	Through Walk
O/N	Overnight
B/C	Base Camp
1/2DWHalf-day Walk	
S/T	Safety & Training
FMR	Federation Mountain Rescue
Soc	Social

* * * * *

SUGGESTED EXTENDED WALKS TO COME

1996Feb	South New Zealand
	July Mt Bowen Circuit, Hinchinbrook Is.
	Sept Blue Mts & Canyoning
	Oct Nepal

1996 BCBC CALENDAR OF CLUB EVENTS

DATE	EVENT	CONTACT	PHONE	TYPE
DEC	3 Binna-Burra - O'Reilly's	Patricia Broughton	3341 7509	D/W
	3 O'Reilly's - Binna Burra	Majella Robertson	3359 8311	D/W
	7 Social Evening			FMR
	9 Christmas Party	Maxine Brophy	3203 4699	SOC
	10 Abseil at Rotunda	Joe Finn	3848 4642	D/W
	16 Brisbane River Li-Lo Trip	Joe Finn	3848 4642	D/W
	18 Meeting			
	23 Mt Tamborine	Liz Little	3356 4874	D/W
	31 New Year's Eve Party	Maxine Brophy	3203 4699	SOC
JAN	6 Canungra Junction	Justin Tobin	3366 3193	D/W
	13 Moran's Creek	Russ Nelson	3378 5200	D/W
	14 Abselling Kangaroo Point	Joe Finn	3848 4642	
	15 Meeting			
	19-21 Noosa River/Harry's Hut Canoe Trip			
		June Greenaway	3358 5295	B/C
	25-28 Boonoo Boonoo			B/C
FEB	3 Fish and Chips	Maxine Brophy	3203 4699	SOC
	4 Ballenjui Falls	Ed Nally	3857 2021	D/W
	4 Ballenjui Falls & Abseil	Joe Finn	3848 4642	D/W
	9-11 Bunya Mtns	Ken McCarron	071 326942	B/C
	17 Beginner's Day 'Roo Pt			FMR
	18 Little Kings Movement	Majella Robertson	3359 8311	D/W
	19 Annual General Meeting			
	23-25 Booloomba Creek			B/C
	23-25 Lobster Creek			T/W
MAR	2-3 Annual Mass & Dinner	Paul Mc Donald	3205 1984	SOC
	3 Sunrise Walk	Paul Mc Donald	3205 1984	D/W
	10 Piper Comanche & Green Falls	Cliff Harrison	3378 0264	D/W
	15-17 Nightcap Ranges			B/C
	15-17 Nightcap Ranges	Christine Harrison	3378 0264	T/W
	18 Meeting			
	24 Mt Greville			D/W
	29-30 Reynolds Gorge	Justin Tobin	3366 3193	O/N
APR	4-8 Emu Creek	Bill Butler (Co-Ord)	3351 1588	B/C
	8	Pat Lawton	3366 1956	D/W
	14 Mt May			D/W
	15 Meeting			
	20 Intermediate Rope Day (Mt Maroon - BCBC)			FMR
	21 Navigation BFP (YHA)			FMR
	25 Bike Tracks Walk (Anzac Day)			D/W
	26-28 Edward's Gap to Mt Castle			T/W
	28 Flinders Peak			D/W

COMING WALKS

COOLOOLA NATIONAL PARK NOOSA RIVER CANOE TRIP

LEADER	: June Greenaway (Tel 3358 5295)
DATE	: 20-21 January
MEETING TIME	: 6.00 am
MEETING PLACE	: To be advised
EMERGENCY OFFICER	: Angela Butler (Tel 3351 1588)
COST	: \$3.00 camping, \$18 canoe hire, \$19.00 fuel

For a pleasant change why not sit down and work those arms. We will be leaving the City early Saturday morning for approximately 140km drive to Elanda Point. Here we hire canoes and set out across Lake Cootharaba. This is about the hardest part of the paddling. The water is shallow enough that you can get out and push or pull the canoe. We'll stop at the Information Centre an Kinaba on the edge of the Lake, then it'll be up the Noosa River to Harry's Hut.

The mirror images of shoreline, trees and sky in the river are magic. We camp at Harry's Hut. Toilets here and usually water. Great swimming spot or a chance to go for a walk.

As I already have about 12 nominations, I would appreciate if anyone interested in joining us please nominate to me at least 2 weeks beforehand so I can arrange more campsites and canoe hire. Please pack all gear in strong waterproof plastic bags, bring sunscreen, insect repellent, hat, and a long sleeve shirt and long cotton pants are also a good idea - it could be HOT.

June

Boonoo Boonoo Basecamp

LEADER	: Barry Ellerington (Tel 3886 3451)
DATE	: 25-28 January
MEETING TIME	: 7.00 pm Thursday 25th
MEETING PLACE	: Sullivan and Nicolaides
EMERGENCY OFFICER	: Anthony Dolan (Tel 3899 1785)
COST	: \$20.00

The Boonoo-Boonoo National Park is situated north of Tenterfield off the Mt Lindsay Highway and is accessed through Stanthorpe and Amosfield. Flowing through the park is the Boonoo-Boonoo River, with its granite boulders. Pools, and cascades and the 200m Boonoo-Boonoo Falls. An idyllic relaxing place to spend the days exploring, swimming, and spinning yarns. Not far away is Bald Rock National Park, so a visit here as well could be in order. Nominate for this Summer Basecamp and relax with me beside the granite slabs and cascades of the Boonoo-Boonoo River.

Barry

Ballanjui Falls Absell

LEADER : Joe Finn (Tel 3848 4642)
DATE : 4 February
GRADE : Medium, but absell confidence is necessary
MEETING TIME : 7.00 am
MEETING PLACE : Fairfield Gardens Shopping Centre Carpark (around the back near the train station).
EMERGENCY OFFICER : Anthony Dolan (Tel 3899 1785)
COST : \$12.00

Numbers will be limited to the availability of harnesses. If you have your own harness of course please bring it. The walking part of this trip is easy. It is a graded track from Binna Burra to the top of the falls and will take about 1 & 1/2 to 2 hours to get to the top. There are some nice sights along the way ie Nagaragoon Falls and Ballanjui Cascade.

The top of Ballanjui Falls offers excellent views of the Numinbah Valley and is also the start of a 3 pitch absell. The first and second pitch are interesting as the descents don't end on a flat ledge but rather on a 60 degree rock slab with small foot holds. There is a wide flat ledge 10 metres wide about 4 metres below the end of the rope so requires unhooking and climbing down the last bit. It is not hard but it is not the place to learn how to absell. It is interesting though!!

Once we attain the base of the falls, depending on time, weather and enthusiasm, we will vote on the path out - either straight back to Binna Burra or perhaps the longer walk via Ships Stern - 4 km out as opposed to 10 to 12 hours but different walks and different views.

Call me and nominate.

Joe

Lower Ballanjui Falls Daywalk

LEADER : Ed Nally (Tel 3857 2021)
DATE : 4 February
GRADE : Easy
MEETING TIME : 7.00 am
MEETING PLACE : St Stephens Cathedral - Charlotte Street
EMERGENCY OFFICER : Anthony Dolan (Tel 3899 1785)
COST : \$12.00

Lower Ballanjui Falls is an easy circuit graded track walk through the rainforest of Lamington. Last year Sue took us to Upper Ballanjui. This year our walk starts to the Lower Bell Bird Track which takes to the Shipstern Track and Ballanjui Falls. Dropping down 150 metres into Nixon Creek. Time for a swim relaxing and possibly see the abseilers before returning via the Shipstern track and Picnic Rock. It'll be a relaxing day with views, rainforest, and cascades - an ideal walk for beginners. Nominate at the meeting for a day in the rainforest of Lamington.

Ed

Bunya Mountains Basecamp

LEADER	1 Ken McCarron (Tel 071-326942)
DATE	1 9-11 February
BRISBANE CONTACT	1 Justin Tobin (Tel 3366 3193)
GRADE	1 Easy
MEETING TIME	1 7.00 pm Friday
MEETING PLACE	1 Sullivan and Nicolaides
EMERGENCY OFFICER	1 Jan Nelson (Tel 3378-5200)
COST	1 \$20.00

The Bunya Mountains rises high above the northern Darling Downs, a mainly rainforest plateau with its tall Bunya and Hoop pines. We'll be camping at the civilised campsite of Dandabah which gives us access to the walking tracks and a chance to do two graded track walks. Possibilities are The Western Escarpment, Festoon Falls and Big Falls, and a trip to the Carbine Timber chute used to carry red cedar and Bunya pine to the bottom of the mountain.

I'll meet you on Saturday morning (Saturday morning I hear you say - well, I do have a comfortable bed in Kingaroy) to show you the delights and interesting vegetation of this National Park. Tall tales and true on Saturday night, easy graded track walks, and a leader local to the area. What more do you want? Nominate now, either directly to me or if you don't want to ring STD, give Justin a call.

Ken

FMR Beginners Abseil Day

CONTACT	1 Joe Finn (Tel 3848 4642)
DATE	1 17 February
MEETING TIME	1 8.00 am
MEETING PLACE	1 Beginner Cliffs near the Rotunda at Kangaroo Point.
COST	1 A gold coin donation at FMR

The first event for the year on the FMR calendar is the Beginner's abseil day. It's a day to: learn the basics of rope work; learn something of FMR; and to meet some fellow bush walker from some of the other clubs.

It is a good social morning/day with a bit of a sleep in, a short drive, and some of the pleasures of the bush but here in the centre of Brisbane.

Joe

Little Kings Movement Annual Collection

LEADER	1 Majella Robertson (Tel 3359 8311)
DATE	1 18 February
GRADE	1 Easy
MEETING TIME	1 8.45 am
MEETING PLACE	1 Appel Street, Graceville (across the road from the train station) under the awning of the music shop.

This is the cheapest daywalk offered by the club, it permits you to sleep in, and can be as short as you like - 2 hours max normally. What more could you ask for?

For those who don't know, rather than spread itself around the club has decided to support only one charity for many years and that charity is the Little Kings Movement. The Little Kings Movement is established to assist the handicapped by offering vocational training, entertainment, friendship, pastoral assistance, and support. They have a centre at Buranda and transport people there from all over Brisbane using specially modified buses. It all costs money - quite a lot in fact even though they have no paid staff - it is all voluntary. In fact, several club members work at the centre including myself and can give you more background information on their good works.

The annual collection underpins the activities of the Movement for the whole year. Last year our club helped raise \$1,000 for their work. We do make a difference. It is a chance to show that our club is not just here for a good time, but we are practising what we believe in. Our club traditionally collects in the Graceville area. Please come along for whatever time you can spare on the Sunday, and help the club show that we do care for the underprivileged and contribute significantly to the operations of The Little Kings Movement.

If we get a lot of people we finish our allotted area more quickly and it becomes a very easy day. Any contribution of time is gratefully accepted!! Of course, we traditionally meet for lunch and coffee somewhere nice afterwards!! Thanks.

Majella

JILALAN ARTICLES

Could all outstanding Trip reports from 1995 be posted to me for the February magazine please so we can go into the new club year up to date. Believe it or not, people do want to read about the trips they've been on and it's always better late than never. It's also a good source for future references. The **deadline for the February magazine is 2nd February**. Thanks!!
.....Justin

PAST OUTINGS

WOLVI COOROORA BASE CAMP - 24-26 NOVEMBER **(LEADER: ED THISTLEWAITE)**

Friday 24 November, and nine club members arrived at various times of the evening at Sunrise Caravan Park Noosa. At approximately 11 pm, Michael Brennan and I arrived at the park and proceeded to connect an extension cord to a caravan. Out of the dark stepped Louise to say the rest of the gang had already arrived and were having a quiet late night supper in the upper level tent area. Part of our reason for the late arrival was the need for brief operating instructions of a loaned four wheel drive vehicle from my son-in-law's father. We were to use this vehicle the following week on Fraser Island.

We joined the group - a huge mistake - they adjourned an hour later to the caravan and the party closed down at 1.30 am. Would Don, my friendly next door neighbour and permanent park dweller ever speak to me again.

Later that morning we awoke and slowly determined an itinerary over an even slower breakfast held on the annexe area outside the van. At approximately 9.15 am we managed to

board two of the vehicles and proceed via Pomona and Kin Kin to Mt Wolvi. No problems with this one as we drove to the top. With a clear sky, we could see the southern part of Fraser Island, Lake Cootharaba, the area to Laguna Bay, Noosa, and Mt Cooroora. All climbed the fire tower to get these impressive views. Morning tea was had at this location from where we retraced our steps to Pomona Cafe for drinks and lunch prior to our attempt on Mt Cooroora. At this stage on looking up at the mountain a general malaise came over the group and the mathematicians among us estimated that with the two 4 wheel drives (Paul had the Cherokee) we could do a run via the Noosa River ferry to the Cooloola coloured sands. Being a democratic type I gave everyone a vote and as far as I could see the coloured sands score was unanimous. Russ Code, I think you have just been surpassed as leader of the most relaxed base camps. Consequently the group had an unexpected trip past the brilliantly coloured sands from Teewah and Cooloola across the sand blow near Double Island Point and along the even more impressive Rainbow Beach to the township of the same name. Some had a swim at this beach, others needed more cool drinks. We met ex-club member Denis Cornock at a water hole and the Cherry Venture wreck was visited along the way. No Bernadette, no-one had a swim in this vessel this time as the hulk was now sitting high and dry in the sands.

We travelled back to Noosa via the beach again and it was quite dark by the time we crossed on the ferry, and even later when we rocked into the caravan park. Don probably sensed another of those nights on the agenda. Would he ever share his delicious home brew with me again.

That night we discussed the universe, truth, beauty, good and evil and many other temporal things while I was subjected to passing attacks of narcolepsy. At 2 am the annexe site was quilt at last.

I was awakened sometime later that morning when people brought their breakfast ingredients to the van for preparation. The aroma from steak that Cecilia had on the fry-pan reminded me of my hunger pangs. As we completed breakfast, Cathy and her sister Maryanne arrived followed shortly by Rusty, Louise and baby Emma. We had to leave them however as Mt Cooroora was calling.

We climbed steadily and continuously upwards, chains and metal steps were of considerable assistance to most and when the top was reached an impressive vista of the area below was seen. Several easily recognised mountains were observed and compass bearings recorded to these features. Maps were distributed from which back bearings were deduced to illustrate a method of location on a map from the "Principle of Triangulation". In a convenient alcove on the mountain top, with the previous days target Mt Wolvi in sight, mass was celebrated by Father Michael Brennan on leave from Adelaide to concelebrate with Father Ed our daughter Louise's wedding. We retraced our steps down the mountain and adjourned once more to the Pomona cafe. Drivers and passengers departed individually from Pomona to Brisbane at approximately 3 pm with Patricia kindly dropping Michael and myself at the caravan park from where the following week we toured Fraser Island to tangle with marauding dingoes, bombarding pine cones, and dive bombing Tabanids, but that as they say is another story.

Thanks to Ed Nally, Michael, Jim, June, Paul, Cecilla, Louise, and Patricia for an interesting and sleep deficient weekend.

Ed

BOARD REQUIRED

A young lady from the bush (Kingaroy I think) studying at QUT requires lodging - a place to rest the weary body, a roof, a room somewhere to stay. If you can help please phone Angela Williams on 071 - 642 384. How did I know the lady needed a room you ask? Ken told me!

BINNA BURRA TO O'REILLYS - 3 DECEMBER **(LEADER: PATRICIA BROUGHTON)**

In perfect weather, eighteen walkers set out from Binna Burra at a respectable pace for the trip of about 23 kms in almost 7 & 1/2 hours. First stop was Joalah Lookout, a drinks stop only but some needed food as well. It was a reasonable clear day so the views were quite good at all the lookouts.

Morning tea was at a little creek - not many places to sit and damp ground but NO leaches. Easy uphill walking to Mt Merino for a lunch break. Thirty minutes later it was time to move on again. Ironpot was still eating (trying to lighten his pack) so he was left to catch up at the turnoff to the main track.

We met up with the O'Reilly's group about fifteen minutes after lunch and almost exactly at the spot we had predicted would be half way timewise. The rest of the walk with a few lookouts along the way went without incident and we were all pleased to see the guesthouse at just after 4.00 pm. We then drove down to Canungra for an enjoyable coffee and chat with the other group.

Thanks to everyone who came along for helping to make it a lovely day (though this first-time leader was too anxious to enjoy it fully). Extra special thank you to Jim-the-still-not-so-quiet-busdriver and a very patient tail-end Nathan.

Patricia

-----COMMITTEE POSITIONS-----

February is nearly here again. The AGM is nearly upon us. In this month's magazine is the nomination form for Committee. There is a position for you - a chance to contribute to the running of the club, to see why walks, training, socials, and day to day business of the club runs so smoothly. The effort and organisation is done behind the scenes, so by the time it gets to you we've got it right. Not all the time but most times.

I'm sure you'll find you get more out of the club by becoming more involved. Its always better for a club if we have new blood on committee - new ideas, different ways of thinking, young, fresh enthusiasm.

Think about nominating for committee. Talk to past and present committee members. Find out what you've been missing out on. The club is waiting for your ideas!!

O'REILLY'S TO BINNA BURRA (Sunday December 3rd)

Having walked for seven hours in very wet, rainy conditions on our pre-outing, God came to the party and Sunday dawned fine, clear and at least ten degrees cooler than some of the days earlier in the week. Both parties met in the city at 6:30am and we managed to leave by 6:50am, with the drivers under strict instructions *not* to stop for a "munchies" stop on the way.

We arrived in Canungra ahead of the other party to find that some members had broken ranks and were sitting on the deck of the coffee shop, in the cool morning breeze, enjoying a cuppa! As they were not of my party, we left them to it and, having picked up our passenger, whom we had arranged to meet in Canungra, continued on our way up to O'Reilly's.

Having arrived at O'Reilly's, met up with the final member of our party, organised and introduced ourselves, I did my "Bill Butler" impersonation, pulled out my photocopied map with the route marked in red, and proceeded to explain where we were going and where our morning tea and lunch stops would be. Satisfied that everyone knew where we were going we headed off and were on the track walking by 9am.

We followed the Border Track along, enjoying the sights, smells and sounds of the rainforest. One of the most spectacular sights was that of the oldest Antarctic Beech Tree in Lamington National Park. It is estimated to be 5000 years old. It certainly was a sight to behold and the grotesque shapes formed by its roots, make it is easy to see how the stories about elves, fairies, and goblins were born! It would certainly be an eery sight on a dull, misty evening!

At about 11o'clock we stopped at Wanungara Lookout for morning tea. This was only one of the many lookouts we stopped at during the day, but it was probably one of the most spectacular, with stunning views of Mt Merino and Mt Hobwee, and a full view of the track that lay ahead.

Calling this stop morning tea is a little misleading, it was more like a feast! As soon as we sat down out came the most amazing smorgasbord of food. We had chocolate, cake, biscuits, lollies, in fact, you name it and we probably had it. As you can imagine it was a little difficult to get the troops moving with all this wonderful food on offer, but with a little bit of encouragement we were soon on our way again.

Continuing on, we met the other group just beyond the half way point. Keys and greetings were exchanged and we continued on our way. We had lunch part-way up Mt Merino, and again the views from here were spectacular.

Lunch finished, we pushed on and came to Biby Lookout. Here we were afforded our final view, for the day, of Mt Warning and the Tweed Valley. Leaving the lookout, we continued along the Border Track enjoying each others' company, some more views of the area, and the beautiful atmosphere of the rainforest.

Our final lookout for the day was Joalah Lookout, and here we stopped for a well earned rest. From this vantage point we had an excellent view of Springbrook and the Numinbah Valley.

Having rested and revived we set off on the final leg of our walk. We arrived at Binna Burra at about 4:15pm, jumped into the waiting bus and cars and headed down to Canungra for a well earned cup of coffee and to compare notes with the other group.

We had a great day, we walked hard (approx. 3.5km an hour), laughed hard and enjoyed ourselves greatly. Thanks to Cecilia, Chris, June, Iain, Paul, Bill, Terry, Maxine, David, Mike, Cliff, Ray, Liz, Anne and Mary. And special thanks to Iain, Mike and Chris for driving. You were a great bunch of people to walk with and you not only made my day as a walker, very enjoyable, but as a first time leader, you also made it both enjoyable and much easier than I had expected. Thanks for your support, encouragement and confidence in me.

Majella.

P.S. Any stories you hear about a "Tiger Lady" should be ignored as they are purely fictitious and any similarity to any member of our party is purely coincidental.

BRISBANE RIVER LILO TRIP - 16 DECEMBER 1995**(LEADER: JOE FINN)**

A wish for a start at a respectable hour on the first day of the Christmas school holidays led to a meeting time of 8.30 am. Combine this with a short trip to Fernvale bakery where the car shuffle was organised, a beautiful day, blown-up air beds floating placidly in the slow paced current and all that was missing were a few cocktails and an effective sunscreen.

The walking distance of this walk was about 200 metres with a change in altitude from standing to a lie down position. It was hard going!!

We hit the water at 10.30 at Twin Bridges just north of Fernvale while the current was fast here and again at another few sections it was never too fast and made a pleasant change to the lazy pace of the rest of the journey. Most people actually rolled over on to their stomachs for the faster bits. Some just stayed on their backs but did turn around to go feet first.

Last year when we did this trip it was raining and cold and we were constantly paddling to keep moving and stay warm. This year we did it in about the same time, 3 hours but it was much more relaxed. Thanks to those who came - Liz, Mat, Kerry, Ray, June, Justin, Sue, and Kelly. A very good crew to get sunburnt with.

Joe

REFLECTIONS**THE TWENTY-THIRD PSALM FOR BUSY PEOPLE**

(A translation by a Japanese Christian)

The Lord is my pacesetter, I shall not rush.
He makes me stop and rest for quiet intervals.
He provides me with images of stillness which restore my serenity.
He leads me in ways of efficiency through calmness of mind.
His guidance is peace.
Even though I have a great many things to accomplish each day, I will not fret,
For His presence is here, His timelessness, His all importance will keep me in balance.
He prepares refreshment and renewal in the midst of my activity by anointing my mind with oils of tranquillity.
My cup of joyous energy overflows.
Such harmony and effectiveness shall be the fruits of my hours,
For I shall walk in the peace of the Lord and dwell in His house forever.

COMING SOCIALS**FISH AND CHIPS BY THE SEA - 29 NOVEMBER**

DATE : 3 February (Saturday)
MEETING TIME : 4.30 pm
MEETING PLACE : Picnic ground, The Esplanade, Scarborough Boat Harbour
BYO : Drinks, rugs, and chairs.

Come along and enjoy fresh seafood beside the water in this very relaxing part of Brisbane. Good views, good company, and fine food..... What better way to spend a lazy summer night. Afterwards come back to our place and we'll play cards and have supper to finish the night.

Maxine

PS. COFFEE NIGHTS TO CONTINUE THROUGH 1996!!!

Ring Max for details for February.

M B S

Who is that member trying to see the funny side of one of his Christmas cards?

Why was the "tiger lady" wearing bells at a recent meeting??

That red cap looks a bit different from the nun's habit!

PAST SOCIALS**ITALIAN RESTAURANT NIGHT - 29 NOVEMBER**

Naples Italian Restaurant in Lutwyche and 22 hungry BCBC friends gathered for what proved to be an excellent night.

The food was delicious and seemed to be on the table in no time considering only one very capable waitress was looking after so many noisy people!! The tempting aromas drifting from the kitchen were soon put to the test as pizzas, pastas and many exciting dishes were consumed.

As always everyone had a great evening, much chatting and laughter and I'm sure the newcomers who had joined us went home feeling very much a part of the friendly crowd.

Thank you to all who come making such a fun night and special thanks to those who very kindly invited people home for coffee.

Maxine

CLUB CHRISTMAS PARTY - 10 DECEMBER

For those who were lucky enough to come along we can really say Santa is alive and well and very red!! What a relaxing afternoon we had, lying under shady trees in a fairly quiet and out of the way spot in Southbank.

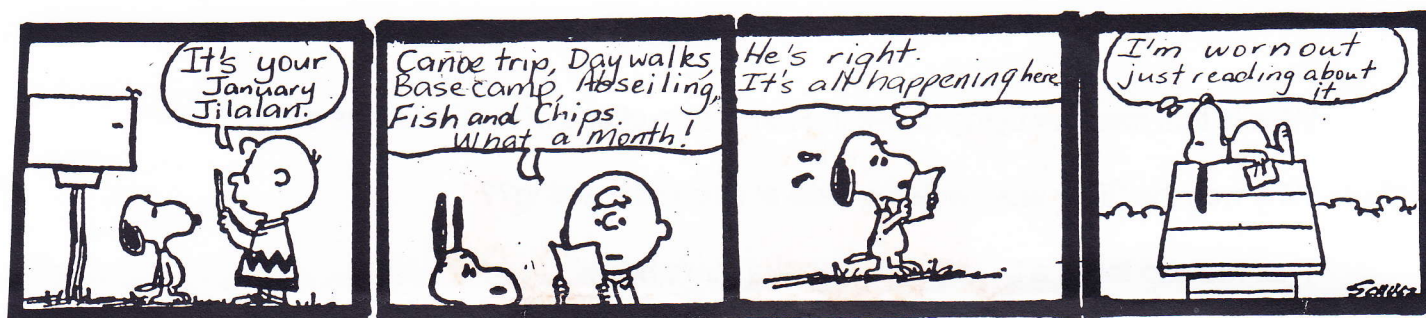
Picnic baskets unloaded a seemingly endless supply of goodies shared around as the group grew larger. By the time we started cooking the evening was drawing in and we enjoyed dinner in cooler conditions, before another great smorgasbord of desserts were put together.

The highlight of the night was a very warm welcome to Santa. This was no ordinary Santa - he came sack in hand filled with many lovely gifts and was the envy of many picnicking groups around, and wide-eyed excitement of a small group of children.

Many photos later sitting with Santa we waved him off wishing him well and looking forward to meeting him again next year. Most gathered on the boardwalk for coffee and then on to a most enjoyable walk around the river to the Kangaroo Point cliffs to finish off an excellent Christmas celebration.

Thank you to all who came along bringing beautiful food and gifts and a very big thankyou to a very special Santa.

Maxine



SUBSCRIPTIONS

January 1st (a Happy Bushwalking Year to you all) has been and gone. Subscriptions are now due.

Single:	\$30
Family:	\$38
Country:	\$22
Associate:	\$22

This provides you with continuing membership of a club that has great walks, enjoyable socials, friendship, and a magazine which keeps you up to date each month.

Please fill out the enclosed Membership form and pay Tony at the meeting or post to the club's letterbox

PO Box 151
Albert Street
Brisbane Qld 4002

NOMINATION FORM

MANAGEMENT COMMITTEE 1996

BRISBANE CATHOLIC BUSHWALKING CLUB INC.

POSITION	NOMINEE		NOMINATOR		SECONDER	
	Name	Signature	Name	Signature	Name	Signature

The following is a list of the Association's Management Committee positions, along with the basic functions of each.

President

Vice President

General Secretary

Treasurer

Outings Secretary

Social Secretary

Training Officer

Membership Officer

Editor

presides at General and other meetings.

looks after the Spiritual Welfare of the Association. Responsible for organising the Annual Mass and Dinner, Barney Mass and Annual Report. Deputises in the President's absence.

takes minutes at General and Committee meetings; handles correspondence.

who looks after the Association's finances.

organises the Association's walks calendar, trip leaders and transport.

organises Association socials.

looks after training members in all elements of bushcraft.

organises New Members Nights and helps visitors and new members with any queries.

is responsible for the production and distribution of the Association's monthly circular.

NB Nominations must be in the hands of the Secretary by 30/01/96

If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
P.O. Box 151 Brisbane
ALBERT ST QLD 4002

JILALAN

Print Post Approved
PP409367/0022

SURFACE
MAIL

POSTAGE
PAID



AUSTRALIA