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# JILALAN

MONTHLY CIRCULAR OF THE BRISBANE  
CATHOLIC BUSHWALKING CLUB INC.  
UNDER THE GUIDANCE OF OUR LADY OF THE WAY

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**BRISBANE CATHOLIC BUSHWALKING CLUB INC**  
**PO BOX 151, BRISBANE, ALBERT STREET, QLD 4002**

CONTACTS

CHAPLAIN	:	Fr. Edwin Nally	857 2021 (H)
PRESIDENT	:	Paul McDonald	205 1984 (H)
VICE PRESIDENT	:	Matthew Palmer	366 5660 (H)
TREASURER	:	Kerry Mulligan	870 8564 (H)
SECRETARY	:	Louise Rea	391 3045 (H)
OUTINGS SECRETARY	:	Christine Harrison	378 0264 (H)
MEMBERSHIP OFFICER	:	Chris McCaffrey	349 5730 (H) (After 7 pm)
TRAINING OFFICER	:	Cliff Harrison	378 0264 (H)
SOCIAL SECRETARY	:	Bernard Ivers	865 1032 (H)
"JILALAN" EDITOR	:	Justin Tobin	366 3193 (H)
		Postal Address:	110 Stewart Road Ashgrove Qld 4060

For specific enquiries, contact the Committee member above concerned. For outings or socials, contact the leader shown in the calendar or magazine article. Visitors - for general enquiries contact Chris McCaffrey. Articles for "Jilalan", post to Justin Tobin, 110 Stewart Road, Ashgrove Qld 4060.

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, being scheduled to commence at 7.30 pm (although they usually start about 15 minutes later). The location is currently in the basement of the Catholic Centre (near St Stephen's Cathedral) with entry via Charlotte Street. The door is usually manned up to about 8.00 pm. If you arrive after this, please ring the bell and wait for someone to let you in. Parking is NOT available on site and free parking can be difficult to find nearby. Parking is available close by at \$4.

**VISITORS are always welcome.**

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Departure of walks is usually either from the rear of the Cathedral in Charlotte Street or at Sullivan & Nicolaidis (134 Whitmore Street, Taringa - enter via the upper driveway and drive down to the upper level of the carpark). Check Jilalan or phone the leader to be certain.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting to someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their transport to and from the departure point.

(e) Walks are rarely cancelled - if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.

### EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it or you are running late, phone the number shown in the Jilalan for the Emergency Officer for that outing. If you have not returned from an outing by 9.00 pm, your family may ring the Emergency Officer - but please don't panic.

### EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates - Packs \$10/weekend, Tents \$5.00 - Deposit of \$20 required.

### PERSONAL EQUIPMENT

The Association requires that certain minimal basic equipment should be carried by all walkers on all trips. This should comprise the following - a first aid kit, a torch, a parka/raincoat, hat, shirt, 15+ (or suitable) sun screen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

### WARNING

**All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.**

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### KEY

D/W	Day Walk
T/W	Through Walk
O/N	Overnight
B/C	Base Camp
1/2DW	Half-day Walk
S/T	Safety & Training
FMR	Federation Mountain Rescue
Soc	Social

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## CALENDAR

Date	Event	Contact	Phone	Type
DEC 4	Pine River	Justin Tobin	366 3193	D/W
11	Christmas Party-Lodge	Bernard Ivers	865 1032	Soc
17-18	O'Reillys	Justin Tobin	366 3193	B/C
19	MEETING			
31	New Year's Eve Party	Paul McDonald	205 1984	Soc
JAN 8	Illinbah Circuit	Chris McCaffrey	349 5730	D/W
13-15	Goomburra	Nathan Tobin	202 2690	B/C
16	MEETING			
22	Northbrook Gorge	Kerry Mulligan	870 8564	D/W
26	Mt Cougal	Justin Tobin	366 3193	D/W
FEB 3-5	Echo Point - Beginners	Paul McDonald	205 1984	T/W
11	FMR Beginners Day K.P.	Cliff Harrison	378 0264	S/T
12	Obi-Obi	Phil Murray	841 0254	D/W
19	Ballanjui Falls	Susan Tobin	366 3193	D/W
20	MEETING - AGM			
26	Little Kings Movement	Gabriel Romaguera	369 7330	D/W
Mar 4	Warrie Circuit	Gabriel Romaguera	369 7330	D/W
5	Metrogaine - Brisbane	Christine Harrison	378 0264	S/T
12	Annual Mass & Dinner			Soc
19	Ballow Range	John Brunnott	209 9598	T/W
20	MEETING			
26	Club Hut	Paul McDonald	205 1984	B/C
31	Federation Bush Dance			SOC
Apr 2	Mt Zahel	Nathan Tobin	202 2690	B/C
8-9	Basic Skills Days			FMR
13-17	New England N.P.	Ed & Ed	374 2198	B/C
22	Mt Tabletop	Susan Tobin	366 3193	D/W
23	Mt Lindesay	Pat Lawton	366 1956	D/W
24	MEETING			
25	Mt Cootha Traverse	Greg Endicott	351 4092	D/W
30	Toowoona			D/W
May 5-7	Guy Fawkes	Paul McDonald	205 1984	B/C
5-7	Guy Fawkes	Matthew Palmer	366 3193	T/W
13	Mt Alexander	Joe Finn	848 4642	D/W
14	Mother's Day			Soc
15	MEETING			
19-21	Swan Creek	Kerry Mulligan	870 8564	B/C
19-21	Cedar Mt-Spicers Ret.	Barry Ellerington	886 3451	T/W
27-28	Training Weekend			FMR



Jun 3	Knapp's Peak	Russell Code	245 4803	D/W
3-4	Lizard via Bell	Justin Tobin	366 3193	O/N
9-12	Emu Creek	Ian Renton		B/C
9-12	Emu Creek	Bill Butler	351 1588	T/W
17	Rogaining-Stanthorpe	Christine Harrison	378 0264	S/T
18	Kinnanes Falls	Ian Renton		D/W
19	MEETING			
23-25	Mt Barney - Peasants			B/C
23-25	Mt Barney - Mezzanine	Justin Tobin	366 3193	B/C

### SUGGESTED EXTENDED WALKS TO COME

1995 Sept	Oxley Wild Rivers
July/Aug	Skiing - Snowy Mts
1996 Feb	South New Zealand
July	Mt Bowen Circuit, Hinchinbrook Is.
Sept	Blue Mts & Canyoning

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## COMING EVENTS

### NORTHBROOK GORGE (DAY WALK)

<b>Leader</b>	: Kerry Mulligan (Ph: 870 8564)
<b>Date</b>	: 22 January 1995
<b>Meeting Time</b>	: 8.00 am SHARP
<b>Meeting Place</b>	: Ashgrove Shopping Centre (in Coles carpark), Stewart Road, Ashgrove
<b>Grade</b>	: Easy
<b>Emergency Officer</b>	: Christine Harrison (Ph: 378 0264)
<b>Cost</b>	: \$5.00

Northbrook Gorge is a lovely cool and leisurely walk well within everyone's capability. It does require a couple of swims so a light day pack which can be kept dry inside sealed garbage bags (BYO bags) is a good idea for preventing your lunch from getting soggy.

We will drive up to the lookout and organise a car shuffle and then set off for a brief walk along the road before we turn off and take the ridge down to the creek. This part of the walk maybe a little scungy so dress appropriately. From there we walk and swim along and in the creek. It is quite beautiful and serene rainforest, and there will be ample time to enjoy the sights and sounds of the gorge. Come along for an enjoyable day.

Kerry



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**THE COUGALS (DAY WALK)**

**Leader** : Justin Tobin (Ph: 366 3193)  
**Date** : 26 January 1995  
**Meeting Time** : 7.00 am  
**Meeting Place** : Charlotte St, City (behind cathedral)  
**Grade** : Medium  
**Emergency Officer** : Desley Pedrezzini (Ph: 369 5530)  
**Cost** : \$12.00

The Cougals - a twin peak mountain visible from the coast and Springbrook sits near the NSW border in the Gold Coast hinterland, near the Tomewin Gate. Normally accessed from the Gate, this walk we'll try something different and travel via the Currumbin Valley and Mt Cougal National Park over Boyd's Butte and on to the Cougals. We visit both peaks, before returning either the same way or by doing a car shuffle and coming down the fence to the Gate. It should be a very interesting and enjoyable walk with a swim in the creek, near the cars. More information at the meeting after I do the pre-outing.

Justin

**F.M.R. (FEDERATION MOUNTAIN RESCUE) - BEGINNERS ABSEIL**

**Leader** : Cliff Harrison (Ph: 378 0264)  
**Date** : 11 February, 1995  
**Meeting Time** : 8.00 am  
**Meeting Place** : Kangaroo Point cliffs (Nursery slopes - near rotunda)  
**Type** : Beginners and others of BCBC who wish to practise.  
**Host** : UQBWC (University of Queensland Bushwalking Club).  
**Cost** : A gold coin (donation for use of equipment)  
**What to Bring** : Hat, sunscreen, snack foods, and 2 litres of water. Sneakers to be in good condition. Sturdy clothing (eg. shorts/jeans and shirt that offer protection from the sun).

So come along and upgrade those skills you already possess or just learn something new. As bushwalkers you never know when you may need them.

On the day, don't forget to sign on, (as you arrive), and sign off when you depart. This is for insurance purposes.

Cheers and happy adventures.

Cliff Harrison (Safety and Training Officer)



## O'REILLY'S THROUGH WALK

(O'Reilly's to Rat-A-Tat Hut & Return)

**Contact:** Paul Mc Donald 205 1984(H)  
**Date:** Saturday 04/02 - Sunday 05/02  
**Meeting Time:** Leaving City by 7.00 AM SHARP  
**Meeting Place:** To be advised  
**Grade:** Easy (for an off track Through Walk!)  
**Emergency Officer:** Cathy Wood (Ph: 398 1465)  
**Cost:** \$15.00

The idea of this walk is to provide an opportunity for people who are at that stage in their walking career, where they are contemplating their first or second through walk. This walk is a very "cut-down" version of the Club's *O'Reilly's to Stinson Through Walk*. Unfortunately, the "cut-down", means that we will not be going to the Stinson!

Saturday morning we will depart Brisbane - my plan at this stage is to hopefully be able to pick up people along the way, and be out of the City by 7.00am. A short goodies stop and re-group will be held at Canungra.

After arriving at O'Reilly's, we will park the cars, and be off along the graded track system for Echo Point. This, in itself, is usually a half day walk! (On the "real" through walk it is done on the Friday Night!). Depending on time, Echo Point will be the lunch spot.

After Echo Point, we leave the graded track system, and head into the great unknown. While there is a very rough "track" to Rat-a-Tat Hut, there are many false trails, and often the track "vanishes". Thus, the party will keep reasonably together.

Rat-A-Tat will be our stop for the night. It has been many years since I've seen the Hut, and the latest reports are that its condition is such that tents will probably be required - but if you wish to chance it - it's your decision.

Sunday will see us return to O'Reilly's via the same route. If we make an early start, we will easily arrive back in Brisbane at a reasonable hour.

Numbers will be limited by NPWS, so nominate ASAP. As this walk has been specifically put on as a beginner's through walk, **PREFERENCE WILL BE GIVEN TO BEGINNERS**. This will only apply to beginners who nominate on or before the 25th of January. If you are not a "beginner", please feel free to nominate - any spare places after the 25th will be given to others in order of nomination.

If the chosen area is closed due to the current drought conditions, or any other factors, I will try to substitute another walk.

You will require at least 4 litres of water (Water is usually available at the Hut, but under current conditions, I would not assume anything), good footwear, as well as the usuals. I will try to arrange for sharing of tents, should you require. A good idea is to leave some dry clothing in the cars for our return - we will be walking in *rainforest* after all!

This walk should be well within the capabilities of most members. If you don't have the necessary equipment, don't let that put you off, ask me and I may be able to arrange some loans. If you don't know what to bring, or have any questions regarding the walk, please feel free to ring me

Paul Mc Donald



**OBI OBI LILO TRIP**

**Leader** : Phil Murray (841 0254)  
**Date** : Sunday 12th February  
**Meeting Time** : 6.30 am ( yep, an early start)  
**Meeting Place** : Charlotte St ( behind the Cathedral)  
**Grade** : medium, (swimming ability is a big advantage)  
**Emergency Officer** : Greg Endicott (351 4092)  
**Cost** : \$12.00

This is one of my all time favourite "trips". It is the bushwalk you do lying down.

For those who are not familiar with a lilo trip; it is a trip where you do little walking but rather you simply lie down on an inflated lilo ( also known as an inflated air bed) and gently paddle along a beautiful rainforest creek and shoot the occasional rapid. The rapids are the best part : better than the water slides at Wet N Wild.

There are two styles of riding the lilo. There is the surfboard style; ie lying on your tummy, head first and paddling. The second style can be called the armchair style where you lie on your back with you feet at the front of the lilo. I prefer the armchair style as you get a better view this way and it is to steer on the rapids this way but you can't paddle as fast.

Obi Obi Creek is up in the Sunshine Coast Hinterland. The part of the creek we do is from just below the Baroon Pocket Dam until the first road crossing on the Mapleton Rd. The first kilometre is through the rocky gorge which is known as The Narrows, then for the next 5 kilometres the creek is bordered by beautiful rainforest trees and palms and the last 5 kilometres is through cleared dairy farming country.

Last year we did this trip twice. The first trip was a beautiful, sunny, relaxing day with a later then expected finish. The second trip was rainy and cloudy and the creek was really flowing and it gave us a fast and exhilarating ride. On this trip we covered twice the distance in half the time, it was an awesome day.

For a trip like this you need a complete change of clothes for the end of the trip. For the trip itself it is advisable to wear a hat, long sleeve shirts and long pants to reduce risk of sunburn and scratches. Bring plenty of food and put it in plastic containers and then put your gear inside 2 garbage bags. If you have a wetsuit it could come in handy as well. Please note, you must have a rubber lilo (air-bed) to do the trip.

The only hitch with this trip is that we need plenty of rain to make sure the creek is flowing. In the event of the water been too low on Obi Obi Creek rather than cancel a trip for the weekend Plan B will be activated. Plan B is that we will do the Brisbane River from the "Twin Bridges" at Fernvale down to Savages Crossing. There is normally a good flow of water here as the Water Board release water from Wivenhoe Dam to flow down the River to the Mt Crosby Treatment Plant for use in Brisbane.

So for a "bushwalk" that is something different nominate to me at the meeting. I don't like putting a limit on the number of people on the trip but experience has shown me the optimal number for the trip would be about 8 people.

Phil.



**BALLANJUL FALLS (DAY WALK)**

**Leader** : Susan Tobin (Ph: 366 3193)  
**Date** : Saturday 18 February 1995  
**Meeting Time** : 7.00 am  
**Meeting Place** : Charlotte St, City (behind cathedral)  
**Grade** : Easy  
**Emergency Officer** : Desley Pedrezzini (Ph: 369 5530)  
**Cost** : \$12.00

This will be the first Saturday graded track walk for 1995. This walk is capable of everyone, so come along for a swim, a laugh, and a walk away from the heat of Brisbane in the rainforest of Lamington. Nominate for a great walk.

Susan

**PAST OUTINGS****O'REILLY'S BASECAMP (17-18 December)**

Summer basecamping at O'Reilly's - a chance to escape the heat, have a look at the many different varieties of birds, watch the summer storms rolling in (there were clouds, but no rain), and do two of the track walks.

Saturday we did the Tooloona Creek Circuit, beautiful waterfalls and cascades, with the leader amusing the troops by going on an early unplanned swim. Lunch at Mt Wanungra with views of Mt Warning back along the Border Track. A very relaxing day. No camp fires so a quiet night around the stove talking and telling yarns before bed.

Sunday we woke to overcast skies, clearing as the day progressed. The morning walk was to Luke's Bluff (up for sale, see it and weep, Luke's Clearing is no longer O'Reilly's!!). From here we walked around to Pat's Bluff, Python Rock, Morans Falls and the Red Road to camp. Good views of the Lost World from the cliffline. Lunch at the canteen before heading home via Duck Creek Road. Thanks to everyone who came, and I hope Anne who joined us for Saturday's walk, didn't find her first club walk too bad after a hot shower.

Justin

**PAST SOCIALS****CHRISTMAS PARTY WEEKEND (10-11 December)**

Saturday 10th December was the date of this year's Christmas party. It was held at Mt Barney Lodge and the twelve members who attended had a great night.

Special thanks to everyone for "chipping in" with the goodies for the night.



Those who were able, managed a short walk on Sunday before returning home. The venue proved to be excellent but it was the company that made the night so enjoyable.

Bernard

## COMING SOCIALS

### BOAT TRIP - 18 MARCH 1995

The members of the Brisbane Catholic Social Club have invited all Brisbane Catholic Bushwalking Club members to join them for a boat trip on the Brisbane River on the "Islander".

The trip is for three hours plus, and there will be live entertainment with music from the 60's to 80's.

The cost is \$27.00.

For further information contact Bernard on 865 1032.

### PUZZLE.....THE PERSONAL CHALLENGE CONQUERED

Answers:

1. 26 = letters of the alphabet.
2. 7 = wonders of the ancient world
3. 1,001 = Arabian nights
4. 12 = signs of the Zodiac
5. 54 = cards in a deck (with the Jokers)
6. 9 = planets in the solar system
7. 88 = piano keys
8. 13 = stripes of the American flag
9. 32 = degrees fahrenheit at which water freezes
10. 18 = holes on a golf course
11. 90 = degrees in a right angle
12. 200 = dollars for passing go in monopoly
13. 3 = blind mice (see how they run)
14. 4 = quarts in a gallon
15. 24 = hours in a day
16. 57 = Heinz varieties
17. 11 = players on a football team
18. 1,000 = words that a picture is worth
19. 29 = days in February in a leap year
20. 64 = squares on a chess-board
21. 40 = days and nights of the great flood
22. 1 = partridge in a pear tree
23. 100 = cents in a dollar
24. 5 = sides on a pentagon
25. 60 = seconds in a minute
26. 8 = states and territories of Australia

The winner of the movie pass is Patricia Broughton. Well done!! I hope you enjoyed it!!

*Reflections .....***TOLERANCE**

This year the United Nations has declared 1995 as the "Year For Tolerance." We all know that the world as it stands is not perfect. Violence, war and intolerance make it so. If we make Tolerance our new year's resolution and strive to practise it, we will not solve the world's problems, or even all our own, but it will enable us to tackle them in a spirit of openmindedness, progress and peace.

Tolerance is more than mere apathy and indifference. The real definition of tolerance is the positive and cordial effort to assess the truth and value of another person's beliefs and practices without necessarily sharing them. True tolerance respects the other person. Tolerance thrives on optimism and cheerfulness. It presumes a sense of humour which can help overlook the unattractive, accept the unpleasant, cope with the unexpected and smile through the unbearable. Without tolerance we will not have peace.

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## The Future?

As I turn off the Mount Lindsay Freeway at the Beaudesert Bypass on to the Duck Creek Expressway, I reflect on how Lamington National Park use to be. "There was a time", I tell my grandchildren as we pull into the Lukes' Bluff International Hotel, "When you came to Lamington for the peace and serenity".

"The tracks were dirt and not asphalt" as the parking attendant gives a ticket for the 12th floor of the parking complex.

"The birds you could see were real, not holograms and tape recordings", we check into our rooms on the 37th floor.

As we wait in line to by our tickets for the sky rail I say, "you could swim in the creeks and even drink the water out of them".

"It was possible to stand at the edge of a cliff without a safety fence corrupting the view", I tell them as we peer down through the smog at the remnants of a once great canopy.

"You know I still believe It could still be that way if Lukes' Bluff wasn't sold in the mid 1990's".

We pass back through the foyer of the hotel and a statue of an ugly man catches my eye. The plaque at the bottom reads "In honour of Keith Williams and the other developers who made this great place accessible to so many Australians". I lie down at the foot of the statue and breathe my final breath.

Matthew



## LORIKEETS KILLED WITH KINDNESS

There has been a great deal of local concern and much sadness over the unexpected deaths of hundreds of Rainbow Lorikeets in the Tweed - Murwillumbah region. All lorikeets have brush-tipped tongues for feeding on blossoms. It was assumed that nectar was their staple diet but studies have shown that pollen is probably their major food. Lorikeets have a very simple digestive system. Proteins and fats are derived from the pollen and insects, and carbohydrates from the simple and complex sugars which are found in nectar.

The highly social order of Lorikeets and their bright colours have made them an attractive addition to many gardens. Many people have taken to feeding them and a variety of alluring diets, usually based on sugar, honey, and jam are used to ensure regular visits by these gaily-coloured troubadors. It is this very act of 'kindness' or self-interest that has brought about the current epidemic of deaths. The results of post-mortems and other investigations have established that all the Lorikeets died because of a disease called necrotizing enteritis. A bacterium called Clostridia has been isolated as the organism responsible.

Reasons for the disease's epidemic proportions are associated with poor hygiene and inadequate diet, however both these are not normally associated with the Lorikeet's natural way of life. Rather, they are directly related to inadequate artificial diets and unsanitary conditions of feeding trays and other containers used to feed the birds. Obviously the best solution to the problem is to stop feeding the birds altogether. Human nature being what it is, however, this is unlikely to occur. So that further outbreaks of the disease can be minimised, there are some strict rules that should be followed:

1. Stop feeding Lorikeets unless you can provide them with a nutritionally sound and well-balanced artificial diet. The ONLY appropriate alternative diet is that currently marketed "Honeyeater and Lorikeet Mixture" by a company called Wombaroo Food Products. The mixture is supplied in powder form and is reconstituted with water. It can then be frozen and stored for later use as required.
2. Observe strict hygiene with the use of feeding trays and containers. Dispose of uneaten food shortly after each feeding session and thoroughly clean and scrub the feeding trays which preferably should be made of stainless steel, glass or some other readily sanitised material. Terrecotta and other earthenware bowls and trays should definitely not be used.
3. Plant a variety of flowering native shrubs such as grevilleas and banksias around your garden. These will serve as a more appropriate food source for blossom feeding birds.

By observing these simple but necessary guidelines, those of you who continue to feed the Lorikeets will ensure that there are no further outbreaks of the disease.....

**Reproduced from WPSQ Gold Coast and Hinterland "Wildlife News" - August 1994.**



**NOMINATION FORM**  
**MANAGEMENT COMMITTEE**  
**BRISBANE CATHOLIC BUSHWALKING CLUB INC.**

[illegible]

The following is a list of the Association's Management Committee positions, along with the basic functions of each, and includes a list of the current occupants.

President	Paul Mc Donald	presides at General and other meetings.
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Vice President	<b>Matthew Palmer</b>	looks after the Spiritual Welfare of the Association. Responsible for organising the Annual Mass and Dinner, Barney Mass and Annual Report. Deputises in the President's absence.
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General Secretary Louise Rea

**Treasurer** Kerry Mulligan  
who looks after the Association's finances.

**Christine Harrison**  
Outings Secretary

**Christine Harrison**  
Outings Secretary  
Social Secretary  
Demand Secretary  
**Doreen Harrison**  
Organises the Association's walks calendar, trip leaders and transport.

**Social Secretary**  
**Bernard Ivers**  
organises Association socials.

**Cliff Harrison**  
Training Officer  
Organised Association Socials,  
looks after training members in all elements of bushcraft

**Clint Harrison**  
Training Officer

**Christopher Mc Caffrey** organises New Members Nights and helps visitors and new members with any queries.

**Justin Tobin**  
Editor

**NB Nominations must be in the hands of the Secretary by 30/01/95**



If undeliverable return to  
Brisbane Catholic Bushwalking Club Inc  
P.O. Box 151 Brisbane  
ALBERT ST QLD 4002

**JILALAN**

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