



# **JILALAN**

MONTHLY CIRCULAR  
OF THE

**BRISBANE CATHOLIC  
BUSHWALKING CLUB Inc.**

UNDER THE GUIDANCE OF OUR LADY OF THE WAY



**NOVEMBER 2001.**

**BRISBANE CATHOLIC BUSHWALKING CLUB INC.**  
**PO BOX 151, BRISBANE ALBERT STREET, QLD 4002**

**CONTACTS**

<b>PRESIDENT</b>	John Carter	3290 3621
<b>VICE PRESIDENT</b>	Trevor Kelly	3269 4795
<b>TREASURER</b>	Terry Silk	3355 9765
<b>SECRETARY</b>	Carolyn Ivanac	3379 9486
<b>OUTINGS SECRETARY</b>	Justin Tobin	3366 3193
<b>MEMBERSHIP OFFICER</b>	Mark Deegan	3856 2305
<b>SOCIAL SECRETARY</b>	Desley Pedrazzini	3369 5530
<b>TRAINING OFFICER</b>		
<b>ACTING EDITOR</b>	Carol Kelly	3269 4795
<b>"JILALAN" EDITOR</b>	Louise Leonardi	3287 1372
<b>ARTIST-IN-RESIDENCE</b>	Iain Renton	3371 4672

For specific enquiries, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquiries contact Susan Tobin 3366 3193.

**JILALAN**

Please have all articles to Louise Leonardi (25 Hårburg Drive, Beenleigh 4207) by the 1<sup>st</sup> of the month. Articles, if on disk need to be submitted in RTF (Rich Text Format) with a hard copy included; otherwise a handwritten or typed copy will do. Alternatively, you can e-mail your articles to: [kellyhouse@ozemail.com.au](mailto:kellyhouse@ozemail.com.au)

**GENERAL MEETINGS**

Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Brigid's Parish Hall, Musgrave Rd, RED HILL. VISITORS are always welcome.

**OUTINGS**

- Always read the Jilalan article to check the departure point, date and time.
- Walk departures are usually from Red Hill Parish Hall, Musgrave Rd. Check "Jilalan" or phone the leader to determine the location.
- The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- Walkers are responsible for their own transport to and from the departure point.
- Walks are rarely cancelled – if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.
- Visitors who done more than 3 walks must sign an Assumption of Risk form for insurance.

**EMERGENCY OFFICER**

If, within the hour prior to an outing's departure, you can't make it or you are running late, phone the number shown in the Jilalan for the Emergency Officer for that outing. If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer – but please don't panic.

**EQUIPMENT HIRE**

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

**PERSONAL EQUIPMENT**

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

**MANAGEMENT COMMITTEE**

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

**WARNING** All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

## CALENDAR OF CLUB EVENTS

DATE	EVENT	LEADER	CONTACT NUMBER	WALK TYPE
October 21	Club Hut / Barney Creek	John Carter	3290 3621	D/W
27/28	Boonah Festival	Desley Pedrazzini	3369 5530	Social
November				
3	Beaches of Caloundra Evening Walk	Desley Pedrazzini	3369 5530	D/W
18	Diana's Bath	Jean Gowans	3256 6140	D/W
19	Meeting	John Carter	3290 3621	
23-25	Black Canyon	Justin Tobin	3366 3193	T/W
25	O'Reilly's - Albert River	Nathan Tobin	3282 8904	D/W
December				
1/2	Noosa River / Harry's Hut	Maxine Brophy	3203 4699	B/C
9	Christmas Party	Desley Pedrazzini	3369 5530	Social
15	Moran's Creek, Lamington NP	Anthony Dolan	3843 4116	D/W
17	Meeting	John Carter	3290 3621	
26	Killarney Glen, Canungra			D/W
29	Springbrook- Best of All Lookout			B/C
31	New Year's Eve Party	Desley Pedrazzini	33695530	Social
January 02				
12	Tallebudgera Creek	Justin Tobin	3366 3193	D/W
21	Meeting	John Carter	3290 3621	
26	Curumbin Creek (Australia Day)			D/W
25-28	Nightcap Range Australia Day Weekend			B/C
February	Obi Obi Li-Lo (rain dependent)	Phil Murray		D/W
2/3	Edinburgh Castle / Urbenville			B/C
10	Little Kings Walk	Gabe Romaguera		D/W
17	Love Creek Falls, Mt Glorious	John Carter	3290 3621	D/W
18	Meeting	John Carter	3290 3621	
24	Elabana Falls / Box Forest, Lamington NP	Mary Nolan	3355 6851	D/W
March				
3	Tinchi Tamba - Clean Up Australia Day	Maxine Brophy	3203 4699	D/W
10	FMR Abseiling Day Kangaroo Point	John Carter	3290 3621	Training
16/17	The Breadknife, Conondales			O/N
18	Meeting			
23	Mt Tamborine			D/W
28/3-1/4	Easter at the Hut			B/C
29	Isolated Peak			D/W

## KEY - Walk Types

D/W	Day Walk	½ DW	Half-day Walk
T/W	Through Walk	TRN	Training
O/N	Overnighter	FMR	Federation Mountain Rescue
B/C	Base Camp	SOC	Social

## KEY - Walk Gradings

The Brisbane Catholic Bushwalking Club uses the following Walk Grading system, which is referred to under each coming walk. If uncertain, please consult with the walk's leader.

1. Distance	2. Terrain	3. Fitness
Short Under 10km per day	1-3 <u>Graded or open terrain</u> . No scrub.	1-3 <u>Easy</u> . Suitable for beginners
Medium 10-15 km per day	4-7 <u>Bush</u> . Minor scrub rainforest, rock, Creek, rock hopping,	4-7 <u>Medium</u> . Reasonable fitness Required
Long 15-20 km per day	scrambling	
Extra Long Over 20 km per day	8-10 <u>Bush</u> . As Above + thick scrub, Major rock scrambling using hands, technical	8-10 <u>Hard</u> . Strenuous, fit walkers only

## REPORTS

### November General Meeting

Come along to our November meeting, to hear about upcoming and previous walks and socials. Stay for a cuppa and a chat.

The meeting will commence at 7.30pm with doors opening at 7.15pm.

Thank you to Pat for showing her great slides of the Larapinta Trail near Alice Springs at the last meeting. The scenery of the MacDonnell Ranges was stunning.

## ABOUT MEMBERS

All the best to Robyn Pugh, who hasn't been well lately.

We hope Iain enjoyed his recent holiday to Magnetic Island.

Members with email addresses can now contact each other. See John for details.

Congratulations to Graham Walters on his completion of his university studies for his degree in teaching. We wish him well as he looks for work at a secondary school.

Latest news about Robyn and Don. They are returning to Brisbane, as Robyn has obtained a new position within the Health Department in her field. Welcome back!

Carol and Trev are heading to Melbourne for a couple of weeks in late November for a well-deserved holiday.

### Club Web Address:

[www.geocities.com/briscathbushclub/](http://www.geocities.com/briscathbushclub/)  
email: [briscathbushclub@yahoo.com.au](mailto:briscathbushclub@yahoo.com.au)

The club's calendar can be seen at this site under the heading Event Calendar. (The web site can be located through the Yahoo search engine. Also, there are links from the Federation web site.)

## Review of club membership

"The committee has been considering a review of the club's constitution regarding the membership rules for non-Catholics. This is to bring equity to these members with respect to their participation in the club. There has been some informal discussion amongst members over recent months. At the last general meeting a working group consisting of Trev, Eliz, Michael and myself examined the club's rules.

It is suggested that Associate Members become Ordinary Members. It will allow these members to vote and to be elected to a number of positions on the management committee. Attached are the suggested changes, which will be discussed at the November meeting.

All members are encouraged to consider these changes. As with all changes to the constitution, any motions will be 'on the table' for an appropriate period of time. It is hoped that a motion will be formulated at the next meeting, which will be placed in the December and January magazines, before any vote by members is undertaken.

Please contact me if you want to discuss this matter.

John

View of Club Membership for non-Catholic members.



Rule	Existing Text	Proposed Text
06.01.01	<u>Ordinary members</u> - Eligibility for ordinary membership requires that the proposed member shall be of the Catholic Faith	<u>Ordinary members</u> - Eligibility for ordinary membership requires management committee approval of the proposed member.
06.01.03	<u>Associate members</u> - Eligibility for associate membership requires that the proposed member not be of the Catholic Faith. Associate members shall be entitled to exercise all privileges pertaining to an ordinary member with the following exceptions. 06.01.03.01 Associate members shall not be entitled to vote on any matter before any meeting of the Association 06.01.03.01 Associate members shall not be eligible for nomination or election to any position on the management committee.	Deleted
06.01.05	<u>Associate country members</u> – Associate country membership shall be available to persons eligible for Associate Membership of the Association who reside over 150km radius from the Brisbane GPO and they shall be entitled to exercise all the privileges pertaining to an associate member.	Deleted
13.03	Renumber to rule 13.04. No change proposed to existing text.	The president and vice-president shall be of the Catholic Faith.
13.04		Was the previous rule 13.03, 'Election of Officers.'
General Meeting Decision 02	Membership Fees – The membership subscription for each class of membership shall be determined as follows. Ordinary Members \$30 Life Members \$ 0 Associate Members \$22 Country Members \$22 Spouse Members \$ 8 Honorary Members \$ 0	Membership Fees – The membership subscription for each class of membership shall be determined as follows. Ordinary Member \$30 Life Member \$ 0 Country Member \$22 Spouse Member \$ 8 Honorary Member \$ 0

## Treasurer's Report



Balance 17/09/01'	\$1,648.21
<u>Plus Receipts</u>	<u>\$ 94.10</u>
	\$1,742.31
<u>Less Payments</u>	<u>\$ 128.91</u>
<u>Balance 15/10/01</u>	<u>\$..613.40</u>
Term Deposit	\$1,500.00

## OUTINGS NEWS

### INFORMATION FOR VISITORS

All visitors who have participated in more than three walks and yet are to become a member must sign the 'Assumption of Risk Form'. This is to occur before commencing a walk. This is a requirement of the Insurance Scheme so that the visitor will be covered by the policy.



## COMING WALKS

### Harrys Hut Canoe Trip Coolooloa Section, Great Sandy National Park Saturday 1st December

Leader : Maxine Brophy  
Time : 6 am  
Meet at: Burpengary BP Bruce Hwy  
Grade : S 3 4 Canoe  
Cost : \$ 60  
Emerg Off : Michael Brophy (3203 4699 )

Before the Christmas Season consumes you, come away for a peaceful weekend camped beside the tranquil waters of the Noosa River. We will travel to Elanda Pt and cross Lake Cootharaba by boat to pick up our canoes at Kinaba. This will make the trip a lot easier with more time to explore this amazing waterway as we canoe over Fig Tree Lake full of aquatic plants and into the channel of the upper Noosa River. The organically dark waters reflect spectacular reflections of twisted paperbarks and bloodwoods lining the banks as we move quietly along watching out for glimpses of black swans, egrets, darters and many more species of waterbirds. We pass the entrance to Lake Como where whistling kites

and ospreys may be seen overhead. The area at Harrys Hut was once the site of a logging camp where kauris, hoop pines cypress and beech trees were cut down to be floated downstream and taken out by bullock teams. Large goannas wander around the area and move along through the vegetation beside the river banks. Our camp site is up past Harrys at Camp 3 which has its own jetty to swim from and sit quietly observing the bird and wildlife at its best. Depending on the weather we may walk up to the Coolooloa sandpatch on Sunday or canoe along the river exploring the tributaries of this beautiful waterway.

We will enjoy stories around the campfire Saturday night so bring along your best tale or poem to share and look forward to a magical site later in the night. The usual important items will be required along with old long sleeve shirt white canoeing. Hoping to share this unique area with you Maxine.

**Morans Creek  
Sunday 15 December 2001  
Daywalk**

**Leader:** Anthony Dolan (3843 4116)  
**Meet at:** St Brigid's Car Park Red Hill  
**Time:** 6:45am  
**Cost:** \$15.00  
**Grading:** M66  
**Emerg Off:** Bernadette Dolan  
(3843 4116)

This will be an exciting and challenging summer walk in the Lamington National Park. The plan is to drive up to the mountains, walk down to the valley below and then claw our way back up the mountain. More precisely, the plan entails making our way off the mountain via Luke's Bluff and setting off west along the Kerry saddle trail. At a secret spot we leave the ridge and drop down in to the valley towards the Albert River and Morans Creek. We then follow Morans Creek all the way back to the escarpment and Morans Falls before linking up with a track that will take us topside again.

On a hot day this will be a challenging walk as we will be walking without much tree cover a lot of the time (hats and lots of water required). There are great views to be had to the west and Morans Creek has many interesting rock and water features. Come along and experience a part of Lamington N.P. you've never trodden before!

**Black Canyon  
Throughwalk  
Friday 23 November-  
Sunday 25 November**

**Leader:** Justin Tobin (3366 3193)  
**Meet at:** To be advised.  
**Grade:** L 8 8  
**Cost:** \$23:00  
**Limit:** 6  
**Emerg Off:** Susan Tobin (3366 3193)

At the head of the Albert River is the spectacular Black Canyon deep and foreboding where Lightening and Thunder Falls tumble into the river from the rock walls high above us well worth a visit and one of our magic bushwalking places. This three day walk will give us time to stop and marvel at this amazing work of nature.

Friday we will head up to Green Mountains and then to Echo Point and Worendo and Lost World. Saturday exploring Lost World and a relaxing camp. Sunday down into the Albert River, float through Red Rock Cutting (Bring garbage bag for pack.)

And then rock hopping up the River to the hidden treasure that is Black Canyon. We will exit by Shooting Creek and Silver Falls and onto the graded track.

If you can get the Friday off join me in one of Lamington's most beautiful remote and inaccessible places.

**Albert River Circuit.  
Sunday 25 November  
Daywalk.**

**Leader:** Nathan Tobin. (3282 8904)  
**Meet at:** St Brigid's Carpark Red Hill.  
**Time:** 6:30pm  
**Grade:** L 3 4  
**Cost:** \$15:00  
**Emerg Off:** Susan Tobin (3366 3193)

One of the many graded tracks walks in Green Mountains. The Albert River Circuit passes through sub tropical and temperate rainforest, Antarctic Beech Trees, numerous waterfalls and views from the lookouts along the way.

We will be following the track to Echo Point and returning along the Border Track. It should be suitable for most walkers and a great way to escape the Brisbane heat.

Join me for a walk in the rainforest of Lamington National Park.

## COMING SOCIALS

### Coffee Night

**Date:** Wednesday 28 Nov 01  
**Time:** 7.30 pm  
**Place:** Alberto's Ristorante 'e' Caffè  
 245 Given Tce, Paddington  
**Contact:** Desley Pedrazzini  
 3369 5530

## CHRISTMAS PARTY

**Date:** Sunday 9 Dec 01  
**Time:** 3 pm  
**Place:** Roma St Parklands  
 BBQ area near the lake.  
**Contact:** Desley Pedrazzini  
 3369 5530  
**Cost:** please bring a wrapped gift to the value of \$5 to put under the tree.

We will meet for a BBQ and after, Santa visits us. Wander over to Southbank for the fireworks. If there are problems finding the group at Roma Street Parklands, my mobile no is 0414 874 761

## SIT DOWN COMEDY CLUB NIGHT

**Date:** Wednesday 21 Nov 01  
**Time:** 7.45 am  
**Place:** Paddo Tavern, Given Tce, Paddington  
**Contact:** Desley Pedrazzini  
 3369 5530  
**Cost:** \$5 (+cost of meal if desired)

Two teams of comedians will perform Skits from ideas suggested by audience Desley.

## CHRISTMAS MEETING BABY PHOTO COMPETITION

Please bring a plate and dress in the Christmas spirit of red and white. There will be a baby photo guessing competition so can people please lend me suitable photos? It would be appreciated if I could have them by November meeting or get them to me by early December. Desley.

## PAST SOCIALS

### Coffee Night, 31 Oct 01

Eleven people sampled yummy deserts, good coffee and great conversation at Food Up in West End. Thanks to Val, Eric, Jonas, Pat, Mark, Majella, Terry, Tony, Kazuko, and Mary. Desley.

### Boonah Festival 27 Oct 01

For those who didn't go, you missed tangoing toucans, samba dancers and latin dance instructions in the main street of Boonah. Also, Mary, Justin, Britt and Joe were seen in the crowd.

Thanks to Elizabeth and Michael for their company, and Elizabeth for driving.  
Desley

## PAST OUTINGS

### THE PILGRIMAGE.

**Basecamp 7-9 September.**

The second weekend of September is the Pilgrimage. The annual gathering of the bushwalking clubs. This year it was Gold Coast Bushies turn as host club and they were holding it at the Guanaba Creek Rd Scout Camp. Friday at 4:30pm we were off.

Down the freeway, turn off No. 57. Through Upper Coomera and about 6:00pm at the gate to be met by a smiling face of a Gold Coast Bushie. Register, find a camp site close to the kitchen and toilets. Family camping requires this.

Then up with the new tent. No more the simple things of life, like the paddy four man or even the MacPac. No family camping according to Susan and Mary requires an eight man two room Dome and all the accessories. So on Friday night I struggled with this new huge humungous apparatus. Sometime in the night it was up and time to unfurl the B.C.B.C. flag. Taking pride of place in front of the tent. The size of the tent and the flag had all those passing thinking B.C.B.C. had a whole battalion at the pilgrimage. Instead of a family of three.

A cup of tea was on in the kitchen so we went down to catch up with other walkers and register for Saturdays walk South Straddie it was for us. A cup of tea, short stop by the fire and it was time for bed. Saturday morning and the kookaburra was in fine voice. A relaxing breakfast over a cup of tea before the walk left at 8:30am. So with Kath Read from B.O.S.Q. and some drama with the car we were off to Labrador and the small ferry to South Straddie. Across the water and ten minutes later we were at Straddie meeting the rest of the walkers. Nineteen of us headed over

to the ocean beach and jetty before heading back around and back to the drop off point for smoko. Down the old road – Fire break in the middle of the island where some wild flowers were out eventually reaching the beach for lunch. Looking across to the bottom end of the coast and Isle of Capri. After lunch the road went through the wetlands. A short change in the landscape to the campsite. A swing for Mary and a short stop for the troops. With the wind picking up the leader decided to retrace our steps back to the ferry. A different walk, and an enjoyable day. Back at camp for a cold shower, cup of tea and watch the rest of the walkers coming back from wherever they had been.

Tea was at 6:30pm The roast spit was organised and with salads, it was a great meal. What a base camp. No need to boil the billy or cook tea. Speeches and the hand over of the boot to Y.H.A. Next years host club.

Susan went to bed after dessert. Mary was running around with the older children and I was singing along with B.O.S.Q. and the band Gold Coast had organised to entertain us. It was a great Saturday night. The band's encore went for another half hour of music. A short stop at the fire before heading to bed at 11:30pm.

Sunday at eight and the choral singers entertained us as we had breakfast. The bring and buy stall was in full swing and the games began. Forming a team with B.O.S.Q. it was Throw the Rock, Duster Hockey, Sack Race Relay, Tug-a-War and those three balls in the hoop were all good fun. Mary joined in with the rest of the kids and managed a few lollies. After such a great week-end it was time to head home for a late lunch.

Thanks to Gold Coast Bushies for another great pilgrimage week-end.

Mary, Mum and Dad had a great time.

Justin.

## **Muscat and Baileys Creek**

Unfortunately for the second year running this walk had to be called off due to the park being closed because of the bushfire potential. The night before we had a drop of rain which probably would have made the day safe but the rocks would have been slippery.

See if we can have better luck next year.  
Matthew

## **Mt Cordeaux Daywalk 15 September**

The purpose of this walk was to spread Col McLellan's ashes from the top of Mt Cordeaux. Though having lived and bushwalked in Sydney for many years his wish was to be returned to the Scenic Rim after he died (at the age of 73).

Justin, Mary and myself represented current members, as we met his family and friends, which included past club members. His wife Maureen from Sydney, daughters Julie and Janelle as well as Byron and Margaret Moss and Geraldine and Leon Buchanan were present (about 20).

The rainforest was quite dry as the graded track took us up Mt Cordeaux's slopes. It was cool and refreshing. After a leisurely couple of hours we reached the gold mine shafts and enjoyed the views from the rocky platform. Several fires could be seen along the Scenic Rim including Mt Huntley.

There was a brief service, which included a poem by Julie, before Col's ashes were spread from the lookout. We returned via the track to Cunningham's Gap in the early afternoon. I am glad we had the opportunity to participate and meet some of the foundation members of the club.

(Col and Maureen's first met on a walk to Mt Barney.)  
John

## **Mt Barney Creek Daywalk 21 October 2001**

Another glorious day at Mt Barney. Eleven headed down the Lindesay Highway on a pleasant Sunday morning, through Beaudesert and Rathdowney. At the Lower Portals car park, we noticed that a fire had burnt the western side. The fire had burnt the bush around the Rocky Creek Portals.

There was some water in Rocky Creek after the recent rain. After an hour we arrived at the club hut. Fire had burnt through Drynan's property and westwards to Mt May. It must have been intense in places, as a lot of the lantana around the hut was burnt to ash.

After smoko, we continued to Barney Gorge via the Lower Portals. There was a dead rock wallaby in the bush nearby. We followed the unnamed rocky ridge to the gorge and had clear views of the peaks of Mt Barney. Good views of Mt Maroon. Currawongs and Noisy Friar Birds overhead gave out raucous calls.

We enjoyed a refreshing lunch and cuppa at the gorge junction and I completed the site monitoring at this campsite. We returned to the hut in two groups. One returned via the ridge and the other by rock hopping down the creek, which was the first time for some of the party. Water levels were low and the rock hopping was no problem. Again, the fire had burnt down to the water's edge in places bringing down large trees. This is the first time I had seen this. We also saw grass trees, lomandra and bottlebrush in flower. We were back at the hut by mid-afternoon.



After an hour we were back at the cars. On our return trip we enjoyed a relaxing break at Rathdowney. Thanks to Mark, Carolyn, Majella, Eliz, Paul, Bernard, David and Cristian (his first club walk) for coming along, and Mary and Bev for driving.

(The Rathdowney locals take their lawn bowls seriously. We noted that they were at it all day as we passed both times through the town.)

John

#### Queensland Federation of Bushwalking Clubs

Federation meetings are held on the fourth Thursday of each month at the Baroona Special School, Milton from 7.30pm. For further information contact John Carter or Majella Robertson.

Federation web site address is: <http://www.geocities.com/qfbwc/index.html>. The email address is [qfbwc@yahoo.com.au](mailto:qfbwc@yahoo.com.au).  
From the last minutes -

The last pilgrimage was a great success with over 200 attending. About 6 BCBC members attended.

Negotiations are still continuing with recreational bodies and government departments about the national leaders' registration plan.

#### Federation Mountain Rescue

FMR meetings are held on the third Tuesday of each month at the Baroona Special School, Milton at 7.30pm. For further information contact John Carter. Ph 3290 3621

FMR has a web site and its address site is <http://130.102.84.99/quanta.org/fmr/fmr.htm> and the email address is [fmr@chem.chemistry.uq.oz.au](mailto:fmr@chem.chemistry.uq.oz.au)

#### OTHER ITEMS OF INTEREST

##### MOUNTAIN DESIGNS SALE 21 NOV.

This company's stores at 105 Albert St and 120 Wickham St are offering a special sale to all clubs. It will entail a 20% off everything sale. It is on Wednesday 21 November from 9am to 9pm. Take your magazine with you. In

addition there will be a lucky door prize at the Wickham St store (a sleeping bag).

#### November 23-Trauma Teddy Day

Support Red Cross on Trauma Teddy Day November 23, by buying a Trauma Teddy beanie toy or other TT merchandise from Rebel Sport, Crossroads, Millers Fashion, Kates and Soul Pattinson Chemists. Your purchase supports vital Red Cross local community services and disaster relief programs. Otherwise just give a donation. [www.traumateddy.com.au](http://www.traumateddy.com.au)

#### □ Reflections □

In Flander Fields where poppies blow  
Between the crosses, row on row,  
That mark our place, and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead, Short days ago  
We live, felt dawn; saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders Fields.

Take up our quarrel with the foe;  
To you from falling hands we throw  
The torch, be yours to hold it high;  
If ye break faith with us who die  
We shall no sleep, though Poppies grow  
In Flanders Fields  
Dr John McCrae, Canadian Colonel, 1915.

#### A thought to ponder ... □

#### Recipe for Happiness:

Get a container and rinse thoroughly  
Add 7 things to be thankful for  
Add 3 things to be hopeful for  
Take a deep breath and focus on the 10 ingredients while stirring...  
Now smile!

#### Consider this...

A fool and his money are soon parting.  
Plan to be spontaneous, tomorrow.  
A clear conscience is usually a sign of a bad memory.  
If you think nobody cares about you, try missing a few payments.

If undeliverable return to  
Brisbane Catholic Bushwalking Club Inc  
PO Box 151 Brisbane  
ALBERT ST QLD 4002

**JILALAN**

Print Post Approved  
PP409367/0022

**SURFACE  
MAIL**

