

JILALAN

MONTHLY CIRCULAR OF THE BRISBANE CATHOLIC BUSHWALKING CLUB Inc.

UNDER THE GUIDANCE OF OUR LADY OF THE WAY

NOVEMBER 1999

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Jilalan – November 1999

BRISBANE CATHOLIC BUSHWALKING CLUB INC. PO BOX 151, BRISBANE ALBERT STREET, QLD 4002

CONTACTS

PRESIDENT	John Carter	3290 3621
VICE PRESIDENT	Greg Endicott	3351 4092
TREASURER	Terry Silk	3355 9765
SECRETARY	Kerry Mulligan	3279 4490
OUTINGS SECRETARY	Justin Tobin	3366 3193
MEMBERSHIP OFFICER	Chris McCaffrey	3349 5730 (7:30 - 8:30pm)
SOCIAL SECRETARY	Maxine Brophy	3203 4699 (after 7:00pm)
TRAINING OFFICER		
"JILALAN" EDITOR	Majella Robertson	3300 0229
ARTIST-IN-RESIDENCE	Iain Renton	3395 7665

For specific enquires, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquires contact Susan Tobin 3366 3193. JILALAN

Please have all articles to Majella (11 Montrose Place, The Gap 4061) by the 1st of the month. Articles, if on disk need to be submitted in RTF (Rich Text Format) with a hard copy included, otherwise a handwritten or typed copy will do. Alternatively, you can e-mail your articles to: **robertsonm@marash.qld.edu.au**

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Brigid's Parish Hall, Musgrave Rd, RED HILL. VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Departure of walks is usually either from the Old Windmill on Wickham Tce or at Sullivan & Nicolaides (134 Whitmore Street, Taringa enter via the upper driveway and drive down to the upper level of the carpark). Check "Jilalan" or phone the leader to be certain.
- (c) The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.

EMERGENCY OFFICER

If, within the hour prior to an outing's departure, you can't make it or you are running late, phone the number shown in the Jilalan for the Emergency Officer for that outing. If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer – but please don't panic.

EOUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MANAGEMENT COMMITTEE

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda. **WARNING**

All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The club is not in

a position to even state that all care will be taken.

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CALANDER OF CLUB EVENTS

DATE	EVENT	LEADER	CONTACT NUMBER	WALK TYPE
18	Meeting	John Carter	3290 3621	
23/24	Spicers Gap	Nathan Tobin	3282 8904	B/C
30	Pages Pinnacle	Justin Tobin	3366 3193	D/W
November 2	Climbing Gym	Joe Finn	3848 4642	FMR
6/7	Lake Wivenhoe	Maxine Brophy	3203 4699	Soc
13/14	Club Hut			B/C
14	Barney Creek Site Monitoring	John Carter	3290 3621	D/W
15	Meeting	John Carter	3290 3621	
21	Mt Byron Gorge	Ann Tracey	3395 2559	D/W
December 3/4/5	Harry's Hut	Trevor Kelly	3269 4795	B/C
11	Christmas Party	Maxine Brophy	3203 4699	Soc
20	Meeting	John Carter	3290 3621	
27	Love Creek Falls			D/W
Dec 31 - Jan1	Millennium Party	Maxine Brophy	3203 4699	Soc
9	Larapinta Falls	John Carter	3290 3621	D/W
14/15/16	Nightcap			B/C
17	Meeting	John Carter	3290 3621	
23	Tooloona Falls CCT	Justin Tobin	3366 3193	D/W
26	Australia Day			D/W
29	Wynnum Fish and Chips Boardwalk.	Maxine Brophy	3203 4699	Soc
February 13	Little Kings	Gabriel Romaguera	3369 7330	D/W
18/19/20	Binna Burra	Nathan Tobin	3282 8904	B/C
21	AGM	John Carter	3290 3621	
26	Springbrook			D/W
March 5	Clean Up Aust			D/W
11/12	Mt Devlin			O/N
17 - 19	Boonoo Boonoo			T/W B/C
20	Meeting			

DATES TO NOTE.		
Floating Date	Obi Obi Lilo	D/W
21-25 April	Easter / ANZAC Day.	
28 April - 1 May	Gibraltar Range	B/C

½DW

TRN FMR

SOC

KEY - Walk Types

T/W	Through Walk
O/N	Overnighter
B/C	Base Camp

D/W

KEY - Walk Gradings

The BCBC is now using the following Walk Grading system currently used by the Brisbane Bushwalking Club.

Day Walk

- Under 10km per dav Short 10-15 km per day Medium 15-20 km per day Long EXtra Long Over 20 km per day
- 2. Terrain 1-3 Graded or open terrain. No scrub. 4-7 Bush. Minor scrub rainforest, rock, creek, rock hopping, scrambling 8-10
 - Bush As Above + thick scrub, major rock scrambling using hands
- 3. Fitness 1-3 Easy. Suitable for beginners Medium. Reasonable fitness 4-7 required

Half-day Walk

Federation Mo

Training

Social

8-10 Hard. Strenuous, fit walkers only

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REPORTS

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President's Report

At the last general meeting, discussion occurred about the 2000 Pilgrimage. Thanks to all who indicated a willingness to help, as it is our pilgrimage. Matthew Palmer has agreed to act as coordinator with June, Ann and myself on the subcommittee. Other members will be called upon as planning evolves. Reps from Ipswich Catholic, Village and Old Bushwalkers will also participate. It is important that we involve these clubs at this stage. Thanks to all.

November General Meeting

At the November meeting, we plan to have a talk from Mr Ray Baker from Back Track Travels, who will talk about trekking in Nepal. Supper will be available as always.

At the October meeting, Ranger Ross Buchanan presented a valuable talk on Managing Scenic Rim National Parks. Notes on this talk will be in a future magazine.

Amendment to By-Law 22

"The minimum number of walkers on any official Association walk shall be four or as determined by the walk's leader and the Outings Secretary."

This amendment was passed at the last committee meeting.

John

Term Deposit

Treasurer's Report

Balance 20/9/99	2 301.36
+ Receipts	483.00
	2 784.36
- Payments	435.52
Balance 18/10/99	2 348.84

1 486.16

Welcome to new members Val Palsen, Julie Holstein and Michael Nolan. We hope you enjoy your membership in the club.

Outing's News

Leaders are reminded to contact Justin re the costing of walks and the emergency officer for their particular walk.

For insurance purposes, please notify the Outings Officer when you are carrying out a pre-outing for a club trip.

Annual Report 1999

Have you done something for the club this vear?

Have you lead a trip, social, S&T, new members event?

If you have, you would have needed to write an article for Jilalan, and done a larger report for the Club records.

From this record, the Annual Report will be written.

The Annual Report is a record of the Club's year - telling us all what's happened.

It you did not write a report at the time, we can't summarise it for the Annual Report.

So please do it now before the mad rush starts in December, when it will really be too late.

Thanks, Greg Endicott - the Annual Report Person.

Membership Report

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COMING WALKS

Byron Gorge Sunday 21 November Daywalk

Leader:	Ann Tracey
	(3395 2559 before 7:15am)
Meet at:	Gantry Day Use Area,
	Mt Mee S.F.
Time:	8am
Transport:	Prearranged by leader at meeting on 15 th Nov
Grade:	M55
Cost:	\$12:00
Emerg Off:	Kerry Mulligan (3279 4490)

This walk begins from a point within the Mt Mee S.F. I have a permit for six vehicles (4WD not necessary). After we leave the cars at Hakea, we go down a road, a creek and a steepish, scungy ridge to our first swimming hole. From there the route is upstream from one waterfall to another, from one swimming hole to another. There is some scrambling so, even though the pace will not be fast, nominees should be fairly confident on rock. The return trip up to the cars could be very hot, so bring plenty of water, as well as your swimming gear. This walk is definitely not possible in very wet weather, but a new 13.5km track walk (no swimming) could be a warm alternative.

Harrys Hut 3 – 5 December Basecamp

Leader:Trevor Kelly (3269 4795)Time:7:00pm FridayMeet at:10 Townsend St, BrightonGrade:M33Cost:\$25.00Emerg Off:Carol Kelly (3269 4795)

We leave Brisbane Friday night at 7:00pm for Harry's Hut and set up our base camp. On Saturday we'll try for a reasonably early start to beat the heat and set off to Wandi Waterhole. (approx. 19km)

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On Sunday we have a choice of walking to Fig Tree Point or following the river up to Camp Site 3 with opportunities for swimming stops to cool down along the way. Come along and enjoy the Cooloola Wilderness

the easy way, base camping.

FEDERATED MOUNTAIN RESCUE

Two members attended the last abseiling day at Kangaroo Point, which was very worthwhile. There are no further training days for the rest of the year. The next FMR meeting is on Tuesday 16 November. See John for further information.

BCBC endorses FMR events as it provides members with opportunities to enhance their bush skills with training from experienced personnel and with the necessary insurance protection.

SOCIALS

Coffee Night Wednesday November 24th 7 pm

Meeting at River Cat Wharf, Kingsford Smith Drive, Hamilton.

We will go by river cat around to the Boardwalk at Southbank for coffee and travel back to the cars afterwards. Southsiders may like to meet at the Boardwalk and we will join you there, after the journey around.

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Christmas party Saturday December 11th Sutton's Beach (northern end) Margate, Redcliffe Peninsular

nn

Santa will be visiting us again so pop in a small gift to fill his bag and share the spirit of Christmas. We will spend a relaxing afternoon beside the sea swimming, playing games on the beach, and enjoying each other's company as the end of the bushwalking year comes upon us. Hope you can join us at the beach. BYO: BBQ / picnic and a chair



Pages Pinnacle Day Walk

Pages Pinnacle, the rocky outcrop overlooking the Hinze Dam was soon to have our presence upon its peak.

One mini-bus and eleven walkers headed for Nerang and Pages Pinnacle. A detour to Beenleigh to pick up Louise made up the dozen, then onto the forestry gate. A steady pace up the dirt road brought us to the ridge and razorback. Seven continued on and five stayed to admire the view over the Hinze Dam and across to the coast and Springbrook.

More rock, a bit of scrub and soon we were on Pages Pinnacle sitting above the Hinze Dam. Someone said the first five who stopped had done the first page, those on the Pinnacle had continued over the page and because Matthew had gone down the other side, he had read the whole book. A short stop and then back the way we came to return to the cars.

Pages Pinnacle, a mystery no longer, another page in the bushwalking story.

Then it was on to Numinbah Natural Arch for our BBQ tea and the glowworms. Soon the sausages were sizzling, steak cooking and salads waiting to be eaten.

The glowworms were waiting where Ross's report of tourists galore from the coast was correct. Five bus loads while we were there.

The glowworms could be seen in places along the track like fairy lights glowing in the dark. The top track took us past the falls, lots of water dropping into the pool, and onto the cave. Glow worms everywhere; little shafts of light glowing above, below us and beside us. An amazing work of nature.

MARTINE TO DAY

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Back for dessert and cups of tea before heading home in time to see Australia beat South Africa in the World Cup. The walk was a lot better that the footie.

Thanks to Matthew for driving, Russell, Louise, Carolyn, Nathan, Don, Robyn, Louise R, Terry, Michael and Mary for sharing the afternoon and night walk in the Numinbah Valley.

> The Glow Worm Story (from Jilalan December 1985)

What makes a glow worm glow? Well after looking through a few books I came up with the answer.

The glowworm is the lava of a beetle known as "firefly" (Lempyridae family). The worm lives inside a mucus track, which is attached to some surface. It hangs food-collecting threads consisting of a sticky liquid on a fine thread outside the main structure. It then pokes its head out of the liquid to eat or weave. The light which is emitted only comes from one end of the insect and as yet no good reason exists for its presence. It appears to come from inefficiencies in the metabolism. The process goes something like this:

Before the chemical energy of good can be released for use it must first be broken down into glucose, and then made into an unstable high-energy phosphate called adenosine triphosphate (ATP). Because ATP has such a bulky molecule some of the bonds are under stress and can be easily broken. Now if ATP is broken down by removing one of the phosphates then energy is released. This splitting is done by water molecules which surround an enzyme. The energy in the bond is transferred to this enzyme. The type of enzyme determines the use of the energy. Now if the enzyme is called Luciferase the energy will be transmitted to a light emitting substance luciferin, which has become bonded to the enzyme. The energy disturbs the electrons in

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some of the atoms of the luciferin and light is emitted without heat.

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ATP is broken down to produce energy for the muscles. Sometimes luciferin is present and wastes some energy as light.

Past socials

Carnival of Flowers September

I'm sure we all left Toowoomba with our minds filled with grand ideas for new spring gardens at home. Over morning tea at picnic point amongst the tulips, pansies we worked out our plan of action in the time we would have before the grand parade of flowers at 12.30pm. Coaches and cars were by now descending upon the town; it was looking like a huge day in Toowoomba. Prize gardens were there for us to inspect at our leisure, colours ablaze, and flowers, as we had never seen in so many varieties filling every nook and cranny of their proud owners gardens.

After managing to see a half a dozen properties we made our way through crowded streets into Queens Park to watch the parade of flowers come to life. It was a spectacular show lasting over 2 hours, floats, bands, marching girls, vintage cars, animals all covered in blooms. We lunched in the park and then strolled amongst the floats, listening to jazz and enjoyed the botanical display before us.

We departed for Brisbane around 3pm a few of us making a detour to Rosewood for a welcome coffee and cake to finish off a good day.

Thanks to all who came and enjoyed, especially the drivers Lizzie R, Pat M, Dale -----Carolyn, Gabe, Bernard, Chris and family, Jean and Michelle.

Red Faces October

Bushwalkers are such a talented lot; our Red Faces night proved the fact yet again. A great variety of home cooked meals were enjoyed by all before we sat back to welcome in our brave entertainers !!!!!!!

Justin was first in with his "Wild Thing" song to his beloved Mt Barney accompanied by Joe on the guitar and Susan rolling the slides. John Carter gave us his "Ode to his Bush Hat" followed by Trevor and Lizzie along with Joe "Bringing in the Rain" in honour of the rain man in the club. Greg was the mime man "Putting up his Tent". Mary completed the show with her heart-wrenching poem "Packing Daddy's Pack"

By now we had all been well entertained by these very clever bushwalkers.

Delicious desserts completed a great evening; it had been a lot of fun.

Sincere thanks to Justin, Joe, Trevor, Lizzie, John C, Greg, Mary and Susan for their great efforts. Also to Carole & Trevor, Pat M, Jean, Majella & John and Lizzie for their help setting up, and to all the great cooks who came along with such beautiful meals.

OTHER ITEMS OF INTEREST

The 1999 Australian Mapping Expo is the largest display of maps and mapping technology ever gathered in Australia and will be held at the Commerce Building at the RNA showgrounds. The expo will include public seminars, display booths, historical map displays and more.

Wednesday 17 November to Sunday 21 November

Cost \$5

Vale...

During the Barney Mass in August prayers were offered for Father Ed Nally and two past members, Vince O'Reilly and Mike Laherty, all of whom were seriously ill. All three have now gone to their eternal reward.

As we all know <u>Fr Ed</u> passed away on 3rd September. Many club members paid their final respects to Father at Little Flower Church,

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Kedron. We were fortunate to have had Fr Ed as our Chaplain – he became a great friend to his many bushwalking friends.

The death of <u>Vince O'Reilly</u> occurred on 12th September. Vince, along with his brother Peter, was manager of O'Reilly's Rainforest Guest House and was well known to the many visitors to Green Mountains. He was a true friend to many people and will be sadly missed by his wife, Lona and his ten children.

Anne Tracey attended the large gathering at St Mary's Church, Beaudesert – a fitting tribute to a great man.

<u>Michael Laherty</u> went to his eternal reward on 18^{th} October – aged 56. I, along with many bushwalking friends from the lat 60s early 70s, paid our respects to Mike at St Anthony's Church, Toowoomba on 21^{st} October. Mike was an active club member for many years and held the positions of Outings Secretary and S&T Officer. He was also one of our bus drivers (in the days when all trips went out by bus). Paul Skehan (also a past member) spoke of Mike's years in BCBC and to hear Paul's 'words of love and memory' brought back many happy memories of my walking days with Mike.

Mike had a successful legal practice in Toowoomba and has left behind his wife, Therese and his four children. Mike will be greatly missed by his friends and the many people whose life he influenced or in which he played a part.

Please remember in your prayers all our past deceased members and in particular Fr Ed, Vince and Mike.

Our sympathy has been extended to their families.

Pat Lawton

Federation News...

Jardine Insurance has changed its name to Jardine Lloyd Thompson Pty Ltd. They provided a new schedule of insurance, which summarised the entitlements under the current policy. Schedule to be sent to each club. Ann Tracey attended an information night organised by the Forest Recreation Reference Group on the Regional Forest Agreement.

Federation urged clubs and bushwalkers to reply to the survey on the Land Trust that was sent out by the Department of Natural Resources.

Suggestions by some reps that federation should rethink its refusal to join the Queensland Outdoor Recreation Federation. There are a number of advantages. It will be further discussed at the next meeting.

Incorporation of Federation was discussed. Advantages include possible protection from liability suits and access to government funding.

A touch of culture...

Ode to a Hat

Through stock and grain, sun and rain A hat can be your mate. They do not ask for much in life Than shade a balding pate.

But anyone from off the land Who's proud of their tradition Will wear a hat, no matter what In any old condition.

So here rests this lid of mine, Who's been a friend and brother And being brave will understand When replaced by another.

Anon

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The Longing

Deep in my heart the mountains are calling, Calling me home to the land that I love Singing their song like the haunting of sirens Echoing through the mist high above.

Along hidden paths where few have ventured, My soul is alive with the memories there. And cliff tops so high the eye cannot catch them Gracing the sky with their igneous hair.

Eagles so proud, with their wings full extended, Scouting the countryside far down below, Searching for prey to feed the young fledglings, Gliding to where the warm currents flow.

O sing to me valleys and rivers so mighty, Croon to my ear your sirenous song Long has my heart been full of your yearning Wait for a while and I'll be along.

Jim Teys

Old Timer's Poem – Remember when

A computer was something on TV From a science fiction show of note. A window was something you hated to clean.... And ram was the cousin of a goat.....

Meg was the name of a girl And gig was a job for the nights Now they all mean different things And that really mega bytes

An application was for employment A program was a TV show A cursor used profanity A keyboard was a piano

Memory was something that you lost with age And CD was a bank account And if you had a 3-inch floppy You hoped nobody found out

Compress was something you did to the garbage Not something you did to a file

And if you unzipped anything in public You'd be in jail for a while

Log on was adding wood to the fire Hard drive was a long trip on the road A mouse pad was where a mouse lived And a backup happened to your commode

Cut you did with a pocket knife Paste you did with glue A web was a spider's home And a virus was the flu

I guess I'll stick to my pen and paper And the memory in my head I hear nobody's been killed in a computer crash But when it happens they wish they were dead!

Author unknown

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Remembrance Day Reflection...

In Flanders Fields

In Flanders Fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn saw sunset glow, Loved, and were loved, and now we lie In Flanders Fields.

Take up our quarrel with the foe: To you from falling hands we throw The torch; be yours to hold it high. If ye break faith with us who die We shall not sleep, though poppies grow In Flanders Fields.

John MacRae (A Canadian Officer who was Killed in Action 1918)

Lest we Forget!

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Did you know...

Have you heard of the Lincoln Wreck?

Do you know where it is?

Do you know of the story? There are 3 (possibly 4) plane wrecks in our walking areas – the Stinson in Lamington at Christmas Creek – found by Bernard O'Reilly in the 1930's:

The piper Commanchie at Kobble Creek in Brisbane Forest Park, just beyond Mt Glorious - crashed in the 1980's;

A possible Platius Porter on Beau Brummel – Army Aviation, but possibly pulled out;

And the Lincoln (bomber) wreck on Mt Superbus, on the Main Range just east of Warwick. This was an RAAF bomber flying a mercy dash from Townsville to Brisbane, carrying a seriously ill baby and nurse for medical treatment in Brisbane.

The plane was in a bad storm and missed the top of the range by metres.

At Lutwyche Cemetery there are 4 ANZAC graves side by side, all RAAF. They are in Portion 8 of the lawn area, next to the centre road off Gympie Rd. these are the graves of the Lincoln crew. They are next to the lamppost, opposite the toilets. The dates of death are 09.04.54. – all the graves in the ANZAC section are in date of death order. When passing nest, drop in for a prayer. You visit the wreck, now visit the crew.

<u>Remember</u> to wear your gaiters and take your snake bandage. You never know when you might find an injured snake.

A note from the Editor ...

Thank you to all whom contributed to this month's magazine. Your disks and e-mail make life much easier so please keep them coming.

Please note my address: 11 Montrose Place The Gap 4061 PH: 3300 0229 <u>Please note</u> for the next two months' magazines – December and January, my E-mail address has changed. My E-mail address for these two months will be kcrobertson@bigpond.com

Happy reading!

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