



*Canal Hall
n. 30*

JILALAN

MONTHLY CIRCULAR OF THE BRISBANE
CATHOLIC BUSHWALKING CLUB INC.
UNDER THE GUIDANCE OF OUR LADY OF THE WAY

OCT 1996

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**BRISBANE CATHOLIC BUSHWALKING CLUB INC.
PO BOX 151, BRISBANE ALBERT STREET, QLD 4002**

CONTACTS

CHAPLAIN	Fr Edwin Nally	3857 2021 (H)	
PRESIDENT	Paul McDonald	3205 1984 (H)	
VICE PRESIDENT	Con Vink	3814 3545 (H)	
TREASURER	Tony Young	3262 7067 (H)	12-2 p.m. only
SECRETARY	Cathy Thistlethwaite	3374 2198 (H)	
OUTINGS SEC	Ed Thistlethwaite	3374 2198 (H)	
MEMBERSHIP OFFICER	Jim O'Meara	3838 3356 (H)	
TRAINING OFFICER	Bill Butler	3351 1588 (H)	
SOCIAL SECRETARY	Majella Robertson	3359 8311 (H)	
"JILALAN" EDITOR	Cecilia Doherty	3392 0290 (H)	
ARTIST-IN-RESIDENCE	Iain Renton	3395 7665 (H)	

For specific enquiries, contact the Committee member above concerned. For outings or socials, contact the leader shown in the calendar or magazine article. Visitors - for general enquiries contact Jim O'Meara.

Articles for "Jilalan", post to Cecilia Doherty 2/32 Stanley Terrace, East Brisbane. **Please note different deadlines for submitting articles on paper and on disk shown in the monthly calendar.** The Editor is currently using MS WORD 6.0 but can convert from most programs. Please submit a hard copy of the article just in case there are problems with your disk.

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, being scheduled to commence at 7.30 p.m. (although they usually start about 15 minutes later). The location is currently in the basement of the Catholic Centre (near St Stephen's Cathedral) with entry via Charlotte Street. The door is usually staffed up to about 8.00 p.m. If you arrive after this time, please ring the bell and wait for someone to let you in. Parking is NOT available on site and free parking can be difficult to find nearby. Parking is available close by at \$4.00. **VISITORS are always welcome.**

OUTINGS

- Always read the Jilalan article to check the departure point, date and time.
- Departure of walks is usually either from the rear of the Cathedral in Charlotte Street or at Sullivan & Nicolaides (134 Whitmore Street, Taringa - enter via the upper driveway and drive down to the upper level of the carpark). Check "Jilalan" or phone the leader to be certain.
- The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Monday prior to the activity (Wednesday at the latest) so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- Walkers are responsible for their transport to and from the departure point.
- Walks are rarely cancelled - if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.

EMERGENCY OFFICER

If, within the hour prior to an outings' departure, you can't make it or you are running late, phone the number shown in the "Jilalan" for the Emergency Officer for that outing. If you have not returned from an outing by 9.00 p.m. your family may ring the Emergency Officer - but please don't panic.

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates - Packs \$10/weekend, Tents \$5.00 - Deposit of \$20 required. **(SEE NEW BY-LAW IN COMMITTEE REPORT).**

PERSONAL EQUIPMENT

The Association requires that certain minimal basic equipment should be carried by all walkers on all trips. This should comprise the following - a first aid kit, a torch, a parka/raincoat, hat, shirt, 15+ (or suitable value), sun screen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in "Jilalan" and/or by the leader.

WARNING

All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

CALENDAR OF CLUB EVENTS

SEP	20-22	Girraween (Medium/Hard)	Barry Ellerington	3886 3451	B/C
	20-22	Girraween (Easy & Medium)	Paul Mc Donald	3205 1984	B/C
	22	Reynolds Gorge-Mt Edwards	Iain Renton	3395 7665	D/W
	28	D'Aguilar	Jim O'Meara	3838 3356	D/W
	29	Yum Cha	Majella Robertson	3359 8311	SOC
OCT	6	Social Bike Ride/BBQ	Majella Robertson	3359 8311	SOC
	13	Rocky Creek	Paul Mc Donald	3205 1984	D/W
	18	Half Way Social	Majella Robertson	3359 8311	SOC
	19	Leadership Training - Maroon Dam	Bill Butler	3351 1588	FMR
	20	Coomera Circuit	Chris Mc Caffrey	3349 5730	D/W
	27-28	Mt Warning	Ed Thistlethwaite	3374 2198	O/N
	21	Meeting	Paul Mc Donald	3205 1984	MTN
NOV	28	Jilalan Deadline (Paper Articles)			JIL
	1-3	Con's Plain & Prow	Con Vink	3814 3545	B/C
	3	Illinbah Cct	Gabriel Romaguera	3369 7330	D/W
	4	Management Committee Meeting	Paul Mc Donald	3205 1984	MTN
	6	Jilalan Deadline (Computer Disk Articles)			JIL
	9	Intermediate Training - Burnett Creek	Bill Butler	3351 1588	FMR
	9-10	Butler's Ridge - Bushranger's Cave	Christine Harrison	3378 0264	T/W
	10	Bushranger's Cave - Wagawn	Russell Code	3245 4803	T/W
	16	BBQ	Majella Robertson	3359 8311	SOC
	17	Boondall Wetlands	Maxine Brophy	3203 4699	D/W
	18	Meeting	Paul Mc Donald	3205 1984	MTN
	24	Diana's Bath			D/W
	22-25	Kaputar (requires day off)	Con Vink	3814 3545	B/C
	25	Jilalan Deadline (Paper Articles)			JIL
DEC	29-1	Black Canyon - Lost World	Mark Daly	3264 3731	T/W
	1	Lost World	Jon Brunott	3209 9598	D/W
	2	Management Committee Meeting	Paul Mc Donald	3205 1984	MTN
	4	Jilalan Deadline (Computer Disk Articles)			JIL
	6-8	Christmas Party	Majella Robertson	3359 8311	SOC
	15	To be announced	Sue Tobin	3366 3193	D/W
	16	Meeting	Paul Mc Donald	3205 1984	MTN
	22	Christmas Creek	Kerry Mulligan	3279 4490	D/W
	23	Jilalan Deadline (Paper Articles)			JIL
	26	Boxing Day - Kondalilla Fls- Mapleton Fls	Liz Little	3356 4874	D/W
	28	Mt Tamborine	Denise Robertson	3266 2521	D/W
	31	New Year's Eve Party	Majella Robertson	3359 8311	SOC
JAN	5	Obi-Obi Li-Lo			D/W
	12	Northbrook Gorge			D/W
	18-19	Retreat at Club Hut			
	20	Meeting	Paul Mc Donald	3205 1984	MTN
	24-26	Mon Repos (Requires day off)			B/C
FEB	1-2	Noosa River Canoe Trip			B/C
	8-9	Social			SOC
	14-16	Connondales			T/W
	14-16	Connondales			B/C
	17	Annual General Meeting	Paul Mc Donald	3205 1984	MTN
MAR	23	Blue Pool			D/W
	1-2	Mt Mitchell - Governor's Chair			O/N
	7-9	Club Hut Working Bee			B/C
	15-16	Club Hut Anniv			
	17	Meeting			MTN
APR	23	Ivory Rocks - Mt Goolman			D/W
	28-1	Easter - suggestions to Ed			
	5-6	Social			SOC

	12-13	Bribie Island	T/W
	20	Mt Byron	D/W
	21	Meeting	MTN
	25-27	Teviot - Mt Mitchell	T/W
	25	Anzac Bike Ride	SOC
	27	Mt Cordeau	D/W
MAY	3-5	Cooloolo Canoe & Walk	B/C
	4	Mt Moon	D/W
	11	Running Creek Falls	D/W
	17-18	Cottonvale - Bald Rock	T/W
	19	Meeting	MTN
	25	Bare Rock - Camp Stacey	D/W
JUN	31-1	Glass House Mtns	O/N
	7-9	Fraser Island	T/W
	7-9	Fraser Island	B/C
	8	Kobble Creek	D/W

KEY

D/W -	Day Walk	1/2 DW -	Half-day Walk
T/W -	Through Walk	TRN -	Training
O/N -	Overnighter	FMR -	Federation Mountain Rescue
B/C -	Base Camp	SOC -	Social

JILALAN

In order to make it easier for leaders, the closing dates for Jilalan articles have been listed in the Association Calendar. Note that there are different closing dates for written articles vs computer disk articles.

MANAGEMENT COMMITTEE

Once again, all members are invited to attend the next meeting of the Management Committee. The dates of the Committee meetings have also been listed in Jilalan. You are very welcome to attend the meeting but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda. The dates of future Committee meetings have also been listed in Jilalan.

GENERAL MEETINGS

In order to try to make General Meetings run smoother, members are requested to notify the Chair before hand of any items of General Business they might wish to raise.

WALK GRADINGS

The BCBC is trialing the following Walk Grading system currently used by the Brisbane Bushwalking Club.

- Distance

Short	Under 10 klm per day
Medium	10-15 klm per day
Long	15-20 klm per day
EXtra Long	Over 20 klm per day
- Terrain

1-3	<u>Graded or open terrain</u> . No scrub.
4-7	<u>Bush</u> Minor scrub, rainforest, rock, creek, rock hopping, scrambling
8-10	<u>Bush</u> As Above + thick scrub, major rock scrambling using hands, technical
- Fitness 1-3

1-3	<u>Easy</u> . Suitable for beginners
4-7	<u>Medium</u> . Reasonable fitness required.
8-10	<u>Hard</u> . Strenuous, fit walkers only

HOW ABOUT FLYING INSTEAD OF WALKING?

Flights over the Main Range "Scenic Rim" are available now.
They are available through Peter Nally for approximately \$50 for a 1 and a quarter hour flight.
Contact Matthew Palmer for more details

COMING WALKS

Sat 26 Oct - Sun 27 Oct 1996

MT WARNING (Overnighter)

Leader: Ed Thistlethwaite (Ph:3374 2198)
Meeting Time: 2 p.m. Saturday
Meeting Place: Sullivan & Nicolaides parking area
 Whitmore St Taringa
Cost: \$15 (Transport) plus caravan park tent
 site \$4 per person per day.
Emergency Off: Bernadette Dolan (3899 1785)
Grade: S43

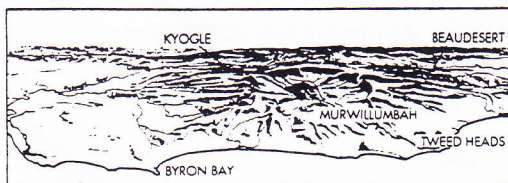
During the year, several walks have presented us with a solitary mountain which rises abruptly from the Tweed Valley. Those of us who have been variously on the Nightcap Range, Mt Wunungara, Lightning Creek Falls, Shipstern, Cougals, Border Ranges and Pinnacle and also the forthcoming walks from Butlers Ridge to Numinbah Gap and the Numinbah Gap to Wagawn Lookout will have seen various aspects of Mt Warning. This walk will present the chance to see most of the above features from the Summit of Mt Warning. A timber dais coupled with a diorama outline at the top allows the observer to line up a location in the distance and to photograph and memorise the topography and all the features. Views to Byron Bay, the Tweed Valley towns including Murwillumbah and the Gold Coast are also available.

We will camp at Wollumbu Caravan Park on Saturday night and begin the climb before dawn on Sunday so as to arrive at the top before sunrise and be in place as the sun's rays illuminate the first part of the Australian mainland (a torch would be essential).

Later in the day, if a quorum requests it, lunch on Sunday could be at some convenient waterhole or beach along the Gold Coast or Kingscliff area. For those of us who are observant and listen carefully, lyre birds may be heard on Mt Warning. The clue is to listen for several diverse bird calls in quick succession and as birds can distinguish colour, perhaps pink hot pants are not a good idea on some walks.

Ed

• 10 million years ago



• Present day



The first lava to come from the volcano was steep and soft. Then harder more runny lava flowed over the top and beyond, as the lava cooled it cracked. Water ran through the cracks eroding away the soft lava. The hard lava was unsupported and broke away forming a huge dish shape known as a caldera.

Fri 1 Nov - Sun 3 Nov 1996

CON'S PLAIN & STEAMER PROW (Base Camp)

Leader : Con Vink (TEL 3814 3545)
Time : 7:00 pm
Meeting Place : to be advised
Cost : \$18.00
Emergency Off: Bernadette Dolan (TEL 3899 1785)
Grade : M 8 7

We will be camping not far from the site used for the club's Base Camp at Easter this year, just outside Emu Vale State Forest. This is reached by driving from Brisbane through Cunningham's Gap, then turning left towards Yangan. The total travel time is about three hours, with the last half hour being on dirt road which is not trafficable after rain. It includes four creek crossings.

Both walks planned for this weekend are less than 10 km on plan, but involve steep rock scrambles, so those wishing to nominate should be fit and be moderately experienced.

Steamer Prow

The Prow of the Steamer Range is an impressive bluff which seems to be totally surrounded by insurmountable cliff lines. There are, in fact, ascent routes of varying difficulty. There are good views from the top, but it is thickly forested, so not the best for photos. This walk will be led by Joe Finn, who explored the ascent route at Easter. We will do it on the Saturday, to allow plenty of time to traverse the top.

Con's Plain

Con's Plain is on the top of Bald Mountain, due South of the Prow. It is not actually a plain, but a rounded top which has been completely cleared of trees. It is 159 metres higher than the Prow, and its Northern aspect is fringed by cliffs. We will walk for about 1.5 km along the dirt road, across four crossings of the South Branch of Emu Creek. We will then ascend a steep, grassed, open forested slope to the base of the cliffs. There we will climb up a cliff break which involves a steep rock scramble. The rest of the way to the top is through a less steep open forest slope until we reach the cleared tussocky grassland.

This ascent is the shortest route to the top, and fairly strenuous. The eucalypt forest is very pretty and weed-free, and views towards the Steamers as we ascend the cliff are impressive. The views from the top (on a clear day - it rained during the pre-outing) are absolutely superb, and an unequalled vantage spot for photos. You can see the full

panorama from Mt Guymer, along the Steamer Range, to the western cliffs of Mt Superbus; and you can also see Panorama Point over the Steamers.

Our return route will be eastwards to the end of the cliff line, where we will descend through pristine moss-draped rainforest down a narrow ridge to a saddle which marks the start of Mt Superbus. We then turn North by compass (the rainforest is quite dense) to intersect the walking track to Superbus. From there it is an easy return walk to the camp. We should be back shortly after lunch.

For those who came to the Easter camp, this base camp will be a great opportunity to "complete the picture". Con's Plain is rarely climbed by the club and is not even listed in Buchanan's book, which is surprising given the fantastic views from the top.

Fri 8 Nov -Sun 10 Nov 1996
BUTLER'S RIDGE TO
BUSHRANGER'S CAVE
(Throughwalk)

Leader: Christine Harrison (PH 3378 0264)
Meeting Time: 6.30 p.m. Friday
Place: Sullivan & Nicolaides
Cost: \$20
Emerg Off: Leisa Hodgkinson (3374 0514)
Grade: L 4 7

This is a summertime enjoyable throughwalk in the rainforests of Lamington National Park. Going south passing the Numinbah Gap and the small town of Tyalgum, we shall commence early Saturday morning up Butler's Ridge a gentle ascent for a couple of hours. We will reach the old border track (nearest Point Lookout) and continue on past Mt Throakban which is a long climb, after many "ups and downs" and many rewarding views of the Tweed Valley, Nightcap Range, Mt Warning and beyond. Our campsite will be near Rat-a-tat. The Sunday route is on graded track however, it is a long day's walking following the scenic rim all day with a final steep descent from Wagawn, past Bushranger's Cave to the Numinbah Border Gate. The coolness of the Rainforest and splendid views give this walk a number 1 rating. Love to see you and enjoy your company.

Christine

Sunday 3 November 1996
ILLINBAH CIRCUIT (Day Walk)

Leader: Gabriel Romaguera
Meeting Time: 6.30 p.m. Friday
Place: Behind the Cathedral, City
Cost: \$12.00
Emergency Off: Bernadette Dolan (TEL 3899 1785)
Grade: L 1 3

One of the popular Binna Burra walks, this one is not to be missed. It will be particularly suitable for newcomers to the Club. This walk is 17 km in total and provides a choice of two different walks to the Illinbah clearing, one through rainforest and the other through wet sclerophyll forest. The Illinbah clearing is located downstream on the Coomera River at the edge of the national park. There are quite a few crossings of the Coomera River. The circuit includes most of the track to Gwongoorool Pool. This area is always a great pleasure to visit and I hope you'll come along for a scenic and refreshing day.



Sunday 17 November 1996
BOONDALL WETLANDS
and BIRD WATCHING
(Day Walk)

Leaders: Maxine and Justin (Ph 3203 4699)
Time: 5.30 a.m.
Place: Roma Street Railway Station
Cost: Train fare
Emerg Off : Bernadette Dolan (3899 1785)
Grade: S 1 3

How many "Bird Watchers" do we really have in our Club? Now's your chance to enjoy some amazing wildlife right here on our doorstep. We aim to get out on the wetlands early to view the many varieties of waterbirds etc feeding amongst their natural habitat in this large protected area.

Our train departs Roma Street at 5.49 a.m. and we will walk from Nudgee Station across the fields to the start of the Mangrove Boardwalk taking us out amongst a haven of wildlife. We follow Nundah Creek to the viewing area where we can watch unobserved as the waterways come to life in the early morning.

We will follow the shoreline for a way before a morning tea break and then make our way inland towards the Boondall Reserve via Mangrove and grasslands near Cabbage Tree Creek. We will finish the day with a barbeque lunch at the Boondall Centre beside a shaded lake.

This could be a rather hot morning in open areas so bring plenty of water and also plenty of insect repellent and block out.

We look forward to seeing you for a relaxing morning that will be lots of fun and with a few surprises.

PS Emergency items to include in your packs

1. Inflatable raft
2. Swimming gear and snorkel
3. Mozzie coils
4. Fishing rod (to pass the time should the tide cut us up)

Maxine

Fri 22 Nov - Mon 25 Nov
MT KAPUTAR PLATEAU
(Base Camp)
(note: Requires Monday off work)

Leader: Con Vink (tel 3814 3545)
Time: 6.30 p.m.
Meet at: Sullivan & Nicolaides carpark, Taringa
Emerg Off:
Cost: \$60 + camping fees approx \$15

Mt Kaputar National Park is located 53 km east of Narrabri in NSW. It is 650 km from Brisbane - 8 hours driving plus rest stops. It is a park of great scenic beauty (remnant volcanoes, snow gums, lava flows etc), and 80% of the park has been declared Wilderness Area. A lot of improvements have been made by the NPWS in the last few years.

Because of the distance to travel there, we will be stopping at a caravan park in Boggabilla for Friday night, and continuing our journey the next morning. We should arrive at Dawson's Springs in the park, by 11 a.m. The camp site has hard ground but excellent facilities (hot showers, flush toilets, electric lights and power points in an amenities block). After setting up camp, we will have lunch, then walk up the spectacular Yalludunida Crater (5 km, medium), before returning to camp for a hot shower and early dinner, then off to Narrabri for Mass.

On Sunday morning we will walk the Kaputar Plateau circuit (6 km, medium) with two lookouts and a cave to explore. A car shuffle will be necessary. After lunch there will be a choice of a track walk covering Lindsay Rock, Tops and Bundabulla Circuit (5 km, easy) or a track walk to Lindsay Rocks connecting off track to Lindsay Rock Tops (6 km, difficult with a cliff climb). On Monday morning we will walk up The Governor lookout (2 km, easy) before returning to Brisbane by 5 p.m. For those who are interested, I will be taking a 2 hour detour to another part of the park for a look at Sawn Rocks, a spectacular organ-piped cliff face.

To minimise camping fees, I will be bringing my 10 ft x 12 ft tent, so anyone who doesn't have a tent need not miss this base camp. The last time the club went to Kaputar was Easter 1981, so it might be another 15 years till the next time. I will need to know about 2 weeks beforehand if you are coming, to allow booking of the camp sites at Boggabilla.

Con

If anyone has some suggestions for a place for the Club to spend Easter 1997, please advise Ed Thistlethwaite on 3374 2198 or bring your ideas to the next General Meeting.

SOCIALS

Majella Robertson

COFFEE NIGHT

Wednesday, October 30th

7:30pm

For further details contact Majella (PH: 3359 8311)

MOVIE NIGHT

Tuesday, November 12th

We will decide what to see and where closer to the time.

Contact Majella for further details (PH: 3359 8311)

Ever found yourself a little "geographically embarrassed?" Well, spare a thought for the editor of "Go Camping Australia" Sept/Nov issue (p.10). Some nice photographs of "Kenilworth" look suspiciously like the Lower Portals while another photo supposedly taken at Kenilworth has a mountain in the background which looks a lot like Mt Barney. No one told us it had moved !!!

Thank you to the (ex) Brisbane Catholic Social Club for donating its assets to our Club recently. It is proposed to auction off many of these items at a date yet to be arranged. Items range from gas stoves, tarpaulins and a small photocopier, right down to plastic knives and forks. We'll keep you posted on when and where the Auction will be!

Geoff Wright

1. After the recent service on Mt Barney there was a mass exit.
2. You may be familiar with a publication called "The Hundred Best Bush Walks in South East Queensland". Well, rumour has it that there will shortly be available a "sister" publication by Pat Lawton entitled "The One Hundred Best Screaming-Ambush Trees in South East Queensland."
3. Comment heard on a bush walk - "He suffers from multiple sirrohsis."
4. An English exchange lady teacher was being assisted down a rockface by a helpful male club member. This guy is no fool. He said "put your left foot on this ledge and ..." (she put her right foot). "No, your left foot. Your LEFT foot!" Exasperated inspiration - "is it different in the northern hemisphere?"
5. Binna Burra bloke selling raffle tickets at the Pilgrimage ".... the maps are by Hemma" and a nameless wit from BCBC says "... and the blood by globin!"
6. On the Mt Ernest Traverse - huff and puff stuff
Rob "we should be going down hill soon"
Geoff "I thought this WAS down hill"
Rob "Geoff must be delirious"
Geoff "Yes, deliriously happy"
7. "He's a keen walker but a bit gullible" " ... Yes Gullible's Travels!" OH. DEAR.

PAST WALKS

KANGAROO POINT ABSEIL TRAINING

Saturday 10 August 1996

by Bill Butler

Seven people attended the Abseil Morning at Kangaroo Point on the 20 metre cliffs. Susan and Don did first time abseils without any problems. June Geoff, Kurt and Gavin provided some good technical input between their Abseils and the weather was perfect for our midday BBQ lunch on

the lawns below the cliffs, with peaceful views across the river. I would like to thank everyone who came for helping to make the learning experience so much fun.

Bill

MAP AND COMPASS TRAINING COURSE

Sunday 8 September 1996

by Bill Butler

A 10 a.m. start at Simpsons Falls Mt Coot-tha saw six persons seated at a large picnic table by the creek involved in enthusiastic discussion on the virtues of navigation using grid north and magnetic north. At about 11 a.m. participants were asked to plot a compass bearing course on photocopy maps of the area, over the eucalypt forested ridge above Ithaca Creek and down to the Slaughter Falls areas which would be their field test on that day. The enthusiastic navigators were extremely eager to start and I flagged them away at 11.45 a.m. The group did extremely well by returning to Simpsons Falls in 1 hour 45 minutes with 7 of the 8 way point markers they were asked to retrieve during the course of the event. All said they had a greater understanding of compass usage at the finish, and they enjoyed the short bush walk. I would like to thank those who attended, Erika, Christina, Patricia, Richard and Jim.

Cheers Bill.

PILGRIMAGE 1996
(Tooloom State Forest)

Fri 13 - Sun 15 September 1996

by Ed Thistlethwaite

A very successful pilgrimage was conducted at Tooloom State Forest by Binna Burra Club in September. An orderly camp arrangement was achieved by means of a long tape strung between pickets thereby separating the long line of cars from the camping and assembly areas.

Walks were organised to all prominent features in the area including North and South Obelisque, Edinburgh Castle, Mt Ernest and of course Tooloom Falls.

Fortuitously BCBC members were represented on most walks and this will facilitate our club if we schedule walks in this region at a later date.

Big Mal Coad, a local folk singer who actually resides nearby at Urbenville, with a repertoire of Australian, American, Scottish and Irish folk songs interspersed with the odd poem, entertained the multitude as they reclined around several large pit camp fires on Saturday night.

After the pleasant evening of song, we all regathered to the large marquee for a very ample supper and mugs of coffee, tea or hot chocolate.

Thank you to all at Binna Burra who made it happen. Ed

N.B In response to a heart felt plea from Geoff Wright in the September Jilalan, I wish to add that I agree entirely with all his comments; and if I can find people who are willing to tread softly, go slowly, listen and observe intently and be willing to lead and perhaps pass knowledge on to a group, I will ensure that space is made on the calendar for our increased appreciation of the fauna, flora and geology of any selected area. All I need are enthusiastic leaders.

Ed Thistlethwaite.

GIRRAWEE NATIONAL PARK

Sunday 20 September

by Barry Ellerington

The Friday did not turn out to be a very nice day. It reminded me of the number of times Con and I tried to do the pre-outing and got washed out. However, the weather forecast was for a fine weekend, so eleven walkers in total set out to explore this beautiful part of the Granite Belt. Girraween has always been one of my favourite parks and it is a place that offers so much variation in landscape making all different types of walking from easy to hard possible. This visit I had chosen to walk a different part of the area and visit some of the Monoliths we have not been to.

Saturday turned out to be a fine but overcast day and rather cool. Paul's group of walkers joined us on the first leg where we all explored the Underground River. We had never seen so much water flowing through there in all the visits to Girraween. Everyone explored the underground tunnels and climbed boulders to view the falls and cascades of water flowing into the river. It was here we bumped into some of our fellow walkers from the Capricorn Club and after greetings we set off south to the Aztec Temple. This is a small monolith covered in huge granite boulders and tors. It is a place of great beauty that offers some of the finest views of the southern part of the park, and is a photographer's delight.

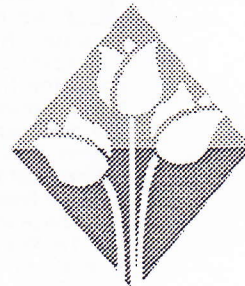
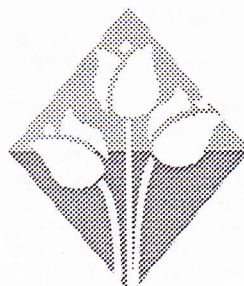
Here we parted company with Paul's group and made the decent off the Aztec to cross Racecourse Creek, some beautiful cascades, and a pleasant cross country walk to Billy Goat Hill. Wild flowers were in bloom everywhere adding to the landscapes around us. Billy Goat is one of many granite peaks in the park and here we had smoko and relaxed in the sunshine to absorb the views to Bald Rock and South Bald Rock, with West and Middle rocks in the

foreground. Then it was down the same way we came up and on to the next port of call, Twin Peaks. These two gave us an excellent view of Mt Norman, from a different angle than seen before. The wind was by this time very chilly and our visit to the twins was a short but a very pleasant one. On the decent we once again bumped into our Capricorn friends who decided to join us for a visit to the Round House and the rendezvous with Paul's group for lunch.

The trek back to camp was via the day use area, over the granite slabs and up the rear of Mt Norman. Five of us made the ascent to the summit and the Trig on the top. From here we have 360 degree views of the park, and then we saw the rain and sleet coming in at us from the west. We quickly took our photos and made our way down before the weather closed in. A visit to the Eye of the needle completed the walk and then off we went along the track system back to camp and a warm evening by a fire.

Saturday night was very cold and by Sunday morning there had been a very heavy frost leaving some very thick ice on the cars and tents. This presented us with a picturesque scene on the Sunday Morning. After breakfast our Sunday walk was to be Slip Rock. This is situated north of the Pyramids and like all others in this area it is one big chunk of granite. The ascent route took us past some very impressive boulders clusters and moist gullies which are havens for ferns, orchids, mosses, vines and rain forest plants. The day was perfect and the walking was reasonably easy. Some of the views of the pyramids as from the granite slabs were the best I had seen. Slip Rock in its own right is a very restful place to visit. We were able to look back upon our weekend's activities and absorb what we had seen and the real beauty of this magnificent park. We must include this area again on our next visit. It all added up to one enjoyable weekend, the success of which goes to the walkers who came along. Congratulations to Andrea who did exceptionally well in completing her first long walk, to Susanne and Barbara on their first base camp, to Geoff for that great humour and to all who helped to make this weekend a very memorable one.

Best Wishes, Barry.



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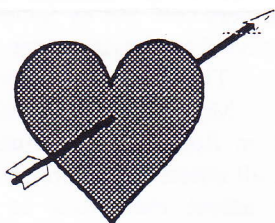
Farewell dinner and coffee

Himalayan Trekkers

19 September 1996

We bade a fond farewell to June, Patricia and Richard on the Thursday night before they left for Nepal and to Ann as she too was flying overseas to visit Vietnam. We met at the Wok-on-Inn at New Farm and dined on noodles and other interesting delicacies, and moved onto the coffee shop next door for coffee and sweets.

Thanks to all who came and made the night a lot of fun. Perhaps we will have to organise another night to welcome them back and hear all about their adventures!!



**Congratulations
Richard and Patricia
on becoming engaged!**

Bike Ride and BBQ Sunday 6 October 1996

On Sunday, October 6th, a group of us met at the pier at Shorncliffe at about 8:30ish for a leisurely bike ride along the water front at Sandgate, over the Hornibrook Bridge and along the Peninsula to Scarborough. We set off at about 9 a.m. and cycled the first 19km, reaching Maxine's place at about 10:30am for morning tea. After being treated to a wonderful morning tea, consisting of freshly made scones and muffins, we set off on the final 19km of our ride to finish up back where we had started. (No, you are not mistaken!! We did indeed cycle a total of 38km!!)

On arriving back at Shorncliffe we met up with a number of other club members who had come to join us for a BBQ lunch. (Mind you by the time we got there, they had already lunched and were just about ready to head home!) After BBQ'ing and relaxing for a couple of hours we headed home at about 3:30ish.

As always a great day was had by all and many thanks to Fr Ed, Elizabeth R, Andrea, Jim, Bill, Christine, Cliff and Maxine for joining me on the day.

Yum Cha Breakfast 29 September 1996

Unfortunately this outing didn't go ahead as very few people were able to make it on the day. Perhaps we can organise it for some other time.

Leech makes comeback

LEECHES, used in the Middle Ages to drain out bad blood, are making an astonishing comeback.

Surgeons around the world are using them to help restore blood circulation to grafted tissue and surgically reattached fingers, toes and ears.

They will have almost certainly come from the same place — the village of Hendy, near Swansea in Wales, home to the world's only legal medicinal leech farm.

Biopharm was set up 12 years ago as a company to research leech enzymes.

It now supplies 60,000 European leeches to the medical profession every year.

Half go to hospitals in the United Kingdom and at \$18 a

leech the NHS spends around \$500,000 on these bloodsucking parasites.

It sounds a lot but it can reduce or cancel the need for expensive and time-consuming operations.

Biopharm founder 52-year-old Dr Roy Sawyer, says the leech is a living pharmacy.

"We've only just begun to find out what it offers," Dr Sawyer said.

In the course of their brief lives, Biopharm's medicinal leeches move from the cold room, a dimly lit place where they swim in fibreglass tanks at 10deg C to the warm room, heated at 30deg C deg, where the mature leeches are bred.

Cocoons form, filling with tiny leeches that soon emerge hungry

for their first meal.

Each leech feeds 3-4 times in the first three months of its life, taking in five times its own body-weight during each feed.

As leeches need to arrive hungry, they are then starved for three months, before being packed in a protective gel and sent to doctors and hospitals worldwide.

Not all Biopharms leeches are used in surgical operations. Biochemicals isolated from leech saliva now account for 80 percent of the company's \$100,000 annual turnover.

In all, more than 10 drugs have so far been derived from leeches.

Dr Sawyer says he hopes that their uses will extend to treating embolisms, arthritis and glaucoma.

Sept 1996

THE A - Z FOR BUSHWALKERS

By Geoff Wright

Anorak	Garment designed to allow rain, cold and wind to penetrate from outside whilst retaining body moisture inside
Boots	Instruments of torture long known to man. Efficient in creating blisters and twisting ankles. Guaranteed to slip on any known surface.
Camp	Piece of ground affording maximum discomfort for sleeping. Usually rocky, boggy or on a 45 degree slope, often all three. Chosen by the leader to ensure a pre dawn start the next day.
Defectors	Ex bushwalkers who now enjoys themselves at weekends.
Easy Walk	Leaders description of forth coming assault on South Col of Everest.
Fly	Description of 'inner' details not available for unmarried ladies. Otherwise an impossible dream-wish common to all bushwalkers when faced with near vertical ascent or descent. Can be confused with piece of cloth erected over leaking tent in vain hope of keeping rain out.
Ground Sheet	Fragile material laid on swamp or rocks in hopeless ^{ly} optimistic belief it will keep one dry or comfortable. See Tent. Attracts all insect life.
Heavy	Property of all bushwalking and camping equipment, which gain weight in proportion to distance covered and state of exhaustion.
Injury	Tactic adopted by slower members to frustrate leader and faster members.
Junk Food	Normal diet of bushies. Quickly reverted to after pretence of healthy living during walk.
Knee	Favoured area of anatomy for bandaging. Often confused with jelly on down hill grades.
Leader	Sadist who sets impossible tasks at impossible speeds but is subject to losing the way. When lost has been heard to say, "of course I know what I'm doing. It's just that I'm not sure where I'm doing it. Mental state varies between intense irritation, fear and tears.
Masochist	Bushwalker who enjoys others suffering more than self.
Normal	Word inappropriate when describing bushwalkers.
Odd	Word appropriate when describing bushwalkers.
Photography	Pastime associated with hysteria which supposedly justifies destruction of flora and fauna for a 'better shot'. Can be countered by false birds nests and other red herrings.
Quicker	One of the leaders' favourite words. One of the rabble's most feared.
Rest	Period of time never of sufficient duration which becomes shorter in time and less frequent in direct proportion to ones increasing fatigue.
Survey	Quick look at map by prospective leader the day before a walk in vain hope that 'something familiar' will appear on the day.
Tent	Ridiculously expensive piece of easily torn material, similar properties to anorak. Especially designed to give smallest internal space for largest amount of material used. Always one size too small for the number of occupants.
Undergrowth	Vegetation often as thick and impenetrable as the average bushwalker.
Vertical	Type of walk favoured by leaders. Fortunately usually modified to 89 degrees on the day of the walk.
Water	Heavy wet commodity carried in vast quantities when near cool shady streams but usually forgotten when crossing hot dry areas.
Xhaustion	Most common state of average walker before, during and after the walk.
Younger	Dim memory of what it felt like to be before a walk.
Zzzzz	Favourite sound made by bushwalker when asleep under shady tree. Infuriates leader. Can be confused with attacking squadron of mosquitos.

If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
P.O. Box 151 Brisbane
ALBERT ST QLD 4002

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