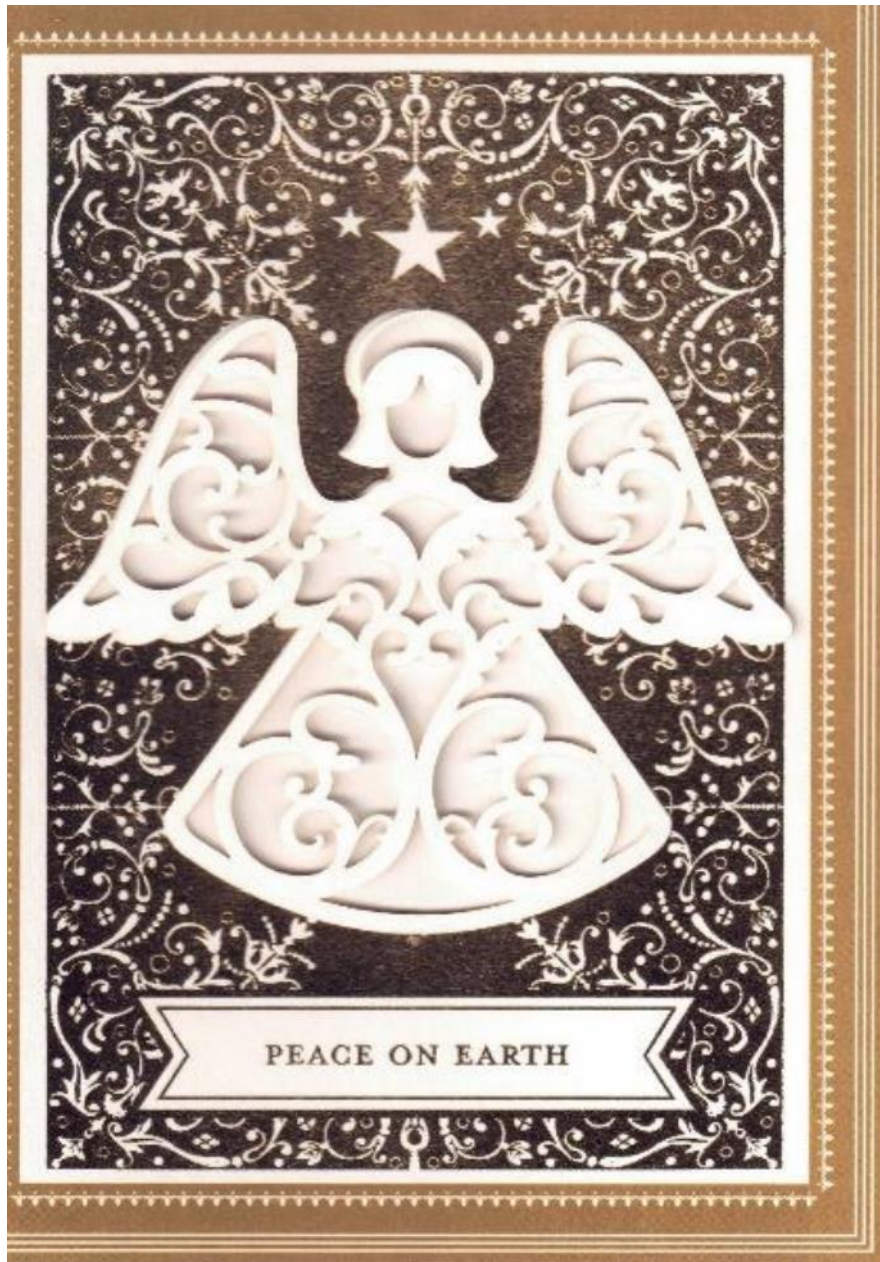


JILALAN



A HAPPY AND HOLY CHRISTMAS TO ALL
MONTHLY MAGAZINE OF THE
BRISBANE CATHOLIC BUSHWALKING CLUB

ISSUE N°651

ISSN: 1836-3121

DECEMBER 2024

		OCTOBER				
05	Sat	Dave's Creek Country	Phil		DW	
12	Sat	Kobble Creek	Richard J		DW	
26	Sat	Yeronga to New Farm	Phil		DW	
		NOVEMBER				
06	Wed	Coffee Night @ Bella Julia	Cath M		Soc	
09	Sat	Retreat	Antonia		Spirit	
16	Sat	Samford Circuit	Jan		DW	
18	Mon	Meeting & Photo Comp	Michele E		Meet	
18-28	Wk	The Overland Track, Tasmania	Phil		TW	
19	Tue	50° Rail Trip Roma St, Gympie North	Greg		Soc	
23	Sat	Play – “Murder on the Nile” by A Christie	Jan		Soc	
		DECEMBER				
04	Wed	Iron Bark Gully & Samford Conservation Park	Greg		Stroll	
05-12	Wk	Mt Kosciusko 6-Day Daywalks	Paulette		AT	
11	Wed	Belmont Tramway	Greg	0418 122 995	Stroll	M22
14	Sat	Christmas Party	Jan	0401 030 137	Soc	
18	Wed	Mott Creek – Mt Gravatt to Stones Corner	Prasada	0402 964 854	Stroll	S11
20	Fri	50° Rail Trip Roma St, Shorncliffe/ Cleveland	Barbara E	0466 652 259	Fun	
26	Thu	Mt Cordeaux & Bare Rock Sunset Walk	Prasada	0402 964 854	DW	M23
28	Sat	Purling Brook Falls	Annette	0410 560 741	DW	S22
		JANUARY 2025				
1	Wed	The CBD “Tiny Doors” Search	Prasada V	0402 964 854	Stroll	S11
4	Sat	Pine Ridge Conservation Park	John C	0433 279 733	DW	M23
8	Wed	BBQ at Mt Coot-tha -	Jan	0401 030 137	Soc	
11	Sat	White's Beach, Northern NSW	Phil	0415 650 160	DW	M43
15	Wed	Norman Creek; Stones Cnr to The River	Jon	0422 602 658	Stroll	S11
18	Sat	Ipswich Heritage Walk	Rusty J	0437 185 902	DW	M23
22-31	Wk	South-East Tasmania AT	Phil Murray	0415 650 160	AT	Var
22	Wed	Gaythorne RS Dinner – St Vinnies Fundraise	Jan	0401 030 137	Soc	
25	Sat	Westray's Grave	Mark D	3300 0229	DW	S32
29	Wed	Mt Coot-tha L'out to Purtell Pk – Iticha Ck	Russ	0427 743 534	Stroll	S22
		FEBRUARY 2025				
1	Sat	Ewen Maddock Dam	Sue T	3366 3193	DW	
5	Wed	Coffee Night			Soc	
8	Sat	Club Hut Working Bee	Iain	3870 8082	DW	
10	Mon	50c Train Trip Doomben to Rosewood	Greg	0418 122 995	Soc	
12	Wed	Wooloowin to Doomben Rail #31	Greg	0418 155 995	Stroll	
17	Mon	AGM & Quarterly Meeting	Michele E	0418 708 638	Meet	
19	Wed	Mt Coot-tha Geological Stroll #04	Greg	0418 122 995	Stroll	
22	Sat	Annual Mass and Lunch	Antonia	0400 571 387	Spirit	
26	Wed	Milton History Stroll #09	Greg	0418 122 995	Stroll	
27	Thu	Chermside Hills	Barbara	3355 3639	DW	
		MARCH 2025				
2	Sun	Clean Up Aust Day - Via BCC	Terry	3355 9765	DW	
4-16	Tue	Fleurieu Penn.+ King Is, South Aus	Paulette	0414 805 512	AT	
4	Tue	Pancake Tuesday			Soc	
5	Wed	Mt Gravatt Central to Carindale (Salvin Ck)	Greg	0418 122 995	Stroll	
8	Sat	Cream Track to Tallebudgera Creek			DW	
12	Wed	Hemmant to Wynnum Ctl; Bayside #1	Greg	0418 122 995	Stroll	
15-16	Sat	Club Hut Feast	Prasada V	0402 964 854	ON	
16	Sun	Club Hut DW	Terry	3355 9765	DW	
19	Wed	Airport Line – Rail #32	Greg	0418 122 995	Stroll	
22	Sat	New Farm to Southbank & Dinner	Barbara	3355 3639	Soc	
25	Tue	Strollers Lunch	Greg	0418 122 995	Void	
26	Wed	Springfield via West Side to The River	Greg	0418 122 995	Stroll	
27	Thu	Lost World	John C	0433 279 771	DW	
29-30	Sat-Sun	Edinburgh Castle			ON	
		APRIL 2025				
2	Wed	Coffee Night			Soc	
5	Sat	Bushrangers Cave to BB DW	Khaleel	0413 314 443	DW	
5	Sat	Bushrangers Cave to BB SW	Joe T	0426 469 704	SW	

The Calendar is subject to change without notice.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk/Event Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	CW	City Walk
TW	Through Walk	SOC	Social
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	S&T	Safety & Training
Stroll	Stroll	AT	Accommodated Trip

KEY – Walk Gradings – The Grading is for the trip as a whole, not the hardest part

Distance	Terrain	Fitness/Endurance
Short under 10km per day	1 – Smooth reasonably flat path	1 – Basic – Suitable for beginners Up to 4 hours walking Or Flat
	2 – Graded path/track with minor obstacles	2 – Basic – Suitable for beginners. Up to 4 hours walking Or Minor Hills
Medium 10 – 15km per day	3 – Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 – Intermediate – Suitable for fit beginners Up to 5 hours walking And/Or minor hills
	4 – Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 – Intermediate – Suitable for fit beginners Up to 5 hours walking And/Or up to 300m gain/loss
Long 15 – 20km per day	5 – Rough or rocky terrain with small climbs using hands or rock hopping	5 – Moderate – Up to 6 hours walking And/Or up to 450m gain/loss Agility required
	6 – Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 – Moderate – Up to 6 hours walking And/Or up to 600m gain/loss Agility required
Extra Long over 20km per day	7 – Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 – High – Up to 8 hours walking And/Or up to 750m gain/loss High fitness Endurance and agility required
	8 – Climb/descend near vertical rock with exposure. Climbing skills may be required	8 – High – Up to 8 hours walking And/Or up to 1000m gain/loss High fitness Endurance and agility required
	9 – Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 – Challenging – Up to 12 hours walking And/Or over 1000m gain/loss Very high fitness Endurance and agility required

Example: M48 is a Medium distance walk 10 to 15km long, over unformed rough ground with obstacles, whereby the walk is hard or strenuous for fit walkers, requiring agility and endurance.

PRAYER**The Jubilee Prayer**

Father in heaven,
may the faith you have given us
in your son, Jesus Christ, our brother,
and the flame of charity enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.

May your grace transform us
into tireless cultivators of the seeds of the Gospel.
May those seeds transform from within

both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven.

May that same grace spread
the joy and peace of our Redeemer
throughout the earth.

To you our God, eternally blessed,
be glory and praise for ever.

Amen



<https://www.iubilaeum2025.va/en/giubileo-2025/preghiera.html>

FROM THE PRESIDENT

This Jubilee Prayer above refers to Pope Francis' Jubilee Year, which will begin on Christmas Eve - when we traditionally focus on the birth of Christ and Peace on Earth to people of good will. My Christmas Wish for all our members, visitors, other readers of this BCBC magazine is that this 'Peace on Earth' be experienced personally. A peace-ful, joy-ful Christmas to you all!

Succession Planning: As the year draws to a close, it's time to start to think about who's going to run the Club next year. All Committee positions will be vacated and new nominations will be taken, as usual. Some incumbents have indicated they're willing to re-nominate for their positions, but not all. Is it perhaps your time to step up and serve the Club this way for a year - or two? Please take a minute to consider each of the Committee positions listed inside the back cover of every *Jilalan* – and each of the Non-Committee Positions (Volunteers), too. If you want to know more about each role, you can contact the person currently doing the job and/or contact me to get more details of what's entailed.

Committee Matters: At the Dec. Management Committee Meeting, some matters dealt with were:

- Discounts for members at stores specialising in The Great Outdoors. See article later in this *Jilalan*.
- Updating of all our Club forms, including the Membership Application and Renewal forms. The new versions of all our forms will appear on our website soon. Meanwhile, current forms can be used.
- Review of BCBC Website content. Members, please send comments/suggestions to me re: sections needing to be updated or removed, sections needing new wording, more information etc.
- Planned review of BCBC *Leader's Guide* (role description, requirements from a Club insurance point of view, etc). Members – not just Walk Leaders - please contact our Outings Secretary, Russ, with your thoughts re: important things to be included, from a walk participant's perspective. What would you like Walk Leaders to be encouraged/required to do – on Daywalks, Throughwalks,...all Walks? Send your suggestions to bcbc.outings@gmail.com

I hope to see you all at our Christmas Party on Saturday 14th December. Till then!

Michele

THE CLUB WEB SITE

We now have a new host for our web. We are now <https://bcbc.space/>

The old one will no longer work.

If you have bookmarked our site, it will not work. You will have to use the above web address and then save it as your bookmark. Remember to delete any old bookmarks.

And while you're there, don't forget to think about your feedback on our website Content, as per Michele's request above! Suggestions to briscathbushclub@yahoo.com.au

ABOUT WALKS

Trips leave from St Brigid's carpark at 78 Musgrave Road, Red Hill, unless otherwise advised.

Leaders are asked to print their own *Nomination Forms* and to consult the *Leaders' Guide* on the Club website. <https://bcbc.space/assets/Nomination.pdf>

Leaders Notes are at <https://bcbc.bwq.org.au/assets/leading.pdf>

Pre-Outings: Leaders are to ring Russ, Ph: 0427 743 534, to advise him details of it.

If **changes** are to be made to a walk (date, location, cancellation, etc.) leaders are asked to call the Outings Secretary, Russ, to discuss the situation: Ph: 0427 743 534.

Our Leaders: Our walk leaders only lead walks that are within their ability and experience but are not formally trained or qualified in bushcraft.

Visitors are required to do at least two walks, complete the Application Form and pay the relevant subs before the Committee considers their application for Club membership.

Nominations for walks are needed at least 3 days in advance to allow adequate time to make suitable arrangements such as carpooling.

LEADERS

When you get an enquiry about your walk, social or any other Club event from a non-member, please obtain the full name, address, phone numbers and especially the e-mail address. Then, please pass these on to both the Membership Officer, Jon Peake joncath@tpg.com.au, and the Editor, Greg Endicott, bcbcjilalan@gmail.com so we can include these new Visitors in our records.

We like all enquirers/Visitors to receive a response from Jon and a *Jilalan* or two from me; we cannot do this if you don't tell us their e-mail address. Thanks. Ed.

Grading Your Trip: Look at the 2 tables above to work out the grade. It is simple enough.

The Grade is calculated on the whole trip – from start to finish. Do NOT grade the trip based on the hardest or most difficult part. With the hardest/difficult part of the trip, use words in your article to describe it – go into some truthful minor detail in your description. Thus, the grading of a 6-hour trip is for the 6 hours, not the scariest 10 minutes.

COMING EVENTS



The Walk
The Walkers on Mt Kosciuszko

**THU 5th to THU 12th DECEMBER
KOSCIUSZKO NATIONAL PARK
ACCOMMODATED WALK**

Leader: Paulette Schmidt Ph: 0414 805 512
Location: Mt Kosciuszko National Park
Cost: This trip is fully booked
Website: [Kosciuszko National Park](https://www.bushwalkingclub.org.au/kosciuszko-national-park)

We are already there.

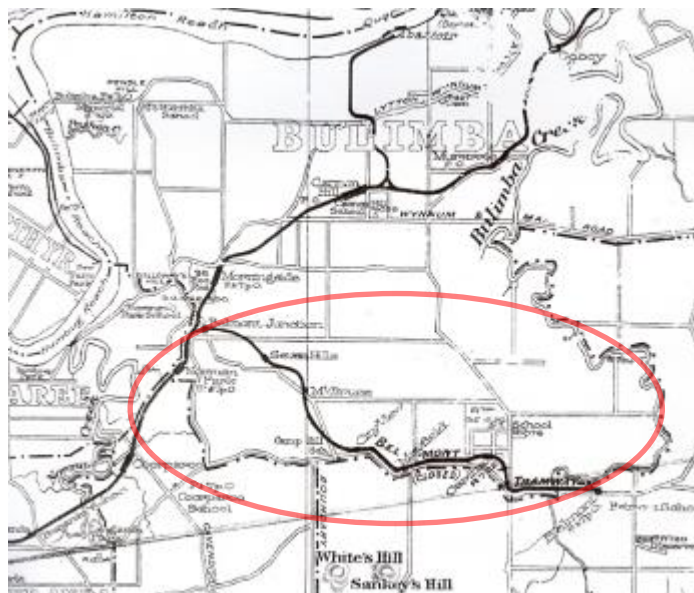
Climbing Mt Kosciuszko is on every walker's bucket list. Sixteen club members will head west of Jindabyne to Thredbo Village where our walk will commence, and the experience of a lifetime awaits. The trip is made up of individual daywalks.

And Relaxing



The Party

**WEDNESDAY 11th DECEMBER
THE BELMONT TRAMWAY
History (Rail #24)
STROLL**



Leader: Greg Endicott Ph: 0418 122 995
Meet at: Norman Park Rail Station, 15 Waite St
It is not easy to get back to the start from the end
Time: 3.21pm at Norman Park Stn
Cost: Free
Grade: M22
Distance: 13km@ 4hr – Lots of stopping to read the history
Location: Norman Park, Camp Hill, Carina & Belmont
Train: 3:05pm Cleveland Train PI 5 – last carriage
Web: <https://www.kstwx.net/belrwy.html>
<https://www.openstreetmap.org/#map=16/-27.48758/153.08221>
<https://www.youtube.com/watch?v=sMfZdrUpC20>
End: Cnr Old Cleveland & Scrub Rds,
Home: Carindale Bus Station, Carindale Shopping Centre
Emerg Off: Greg Ph: 0418 122 995 – Bring this number with you – Bring a torch

This Stroll follows the way of a long forgotten and short-lived part of Brisbane's history. The Belmont Shire Council built a "tramway" from Norman Park to Belmont – in reality a steam train route up the ridge to Old Cleveland Rd and onward to what is now the Carindale Shopping Centre.

Not much of this line survives – buried under a Council depot, tram lines, bus route and parks. The legacy still exists in the form of divided roads in the middle of suburbia.

However, a local Councillor had had history signboards erected along the route at all the stations along the way – story with photos. Very Interesting.

This is a long, but not so fast Stroll; you will be walking on footpaths that run beside the tram line, only to be slowed down by having to read all those signs. No bush bashing, no creeks, not rough tracks. All very civilised. And a bus home at the end.

Come join me in this rare part of our marvellous city's history.



**SATURDAY 14th DECEMBER
CHRISTMAS PARTY
SOCIAL**

Leader: Jan Nelson Ph 0401 030 137 or jannelson703@gmail.com
Where: St Anne's Parish Hall, 127 Nelson St, Kalinga
(Woolloowin according to Google Maps)
Time: 6pm
Map: <https://www.lutwyhecatholicparish.org.au/mass-times.html#churches>
Cost: \$30 to be paid to BCBC bank account (see below)
RSVP by: Monday 9th December

The end of another successful year for the Club is rapidly approaching and what better way to celebrate than by joining with our friends at the BCBC Christmas Party. This year the event will once again be held in the hall behind the St Anne's Parish Church in Kalinga. There is off-street parking available in the church grounds.

There will be nibbles, a two-course dinner, tea and coffee and, of course, the traditional trivia. Please BYO drinks and drinking vessel.

For catering purposes, early nominations would be appreciated. Please nominate via phone or email and deposit \$30 into the Club's RACQ Bank Account: BSB: 514179 – Account No: 1567184

Reference: XMAS Surname

If you prefer, you can pay \$30 to Terry Silk prior to the event.

Contact me by phone or email if you have any queries.

Assistance on the night would be greatly appreciated with setting up, clearing dishes or cleaning up at the end of the night. Russ will lead a washing up team. If you are able to devote a few minutes to helping out with any tasks, it will be an enjoyable night for all.

Also, if you are able to help with the catering, please let me know.

Come along for this end of year celebration!

SUNDAY 15th DECEMBER KANGAROO POINT PEDESTRIAN BRIDGE AN OPENING

Meet Time: 10am

Meet at: In the City Botanic Gardens at Captain Cook's Cannons, along the River bank just up from the Edward St Gates.

Web: <https://www.brisbane.qld.gov.au/traffic-and-transport/roads-infrastructure-and-bikeways/bridges-for-brisbane/kangaroo-point-bridge>

The Kangaroo Point Bridge is opening on Sunday 15th December and you're invited to be one of the first to walk across Brisbane's new iconic landmark.

The opening is weather dependant, mainly because of the associated tents housing all the food and other activities may get somewhat destroyed. Check the Council Website before you leave home to see if it is still a goer or has been postponed.

Join us from 8am-11am as we celebrate the opening of Brisbane's newest bridge with free family-friendly entertainment including roving performers, musicians and a Welcome to Country ceremony.

Click [here](#) for more information on the Kangaroo Point Bridge project.

<https://www.sustainablebrisbane.com.au/events/kangaroo-point-bridge-opening/>

Opening ceremony location

Formal proceedings will take place on the city side of the bridge (corner of Alice & Edward Sts).



Getting there: We encourage you to ride, walk or catch public transport to the event. Plan your journey with [Translink](#).

Special offers: As part of the opening, a number of local businesses are excited to showcase their exclusive offerings.

Local experiences: Riverlife, Brisbane Jazz Club:

Local shopping: Riverside at the Gardens Market,

WEDNESDAY 18th DECEMBER
M^t GRAVATT to STONES CORNER
Mott Creek
STROLL

Leader: Prasada Vajjhala Ph: 0402 964 854 **New**
Meet at: Bus Stop 35s – Logan Road at Mt Gravatt State School
Near Gordon Parade - Stop ID: 002241
Time: 3.20pm
Buses: 2:38pm Catch Bus 174 from Adelaide St Stop 46 near City Plaza to arrive at 3.13pm
Cost: Free
Grade: S11
Location: Mt Gravatt into Holland Park, Greenslopes to Stones Corner
Distance: 8km @ 2½hr
Map: <https://www.openstreetmap.org/#map=15/-27.51573/153.05187>
Finish: Stones Corner Busway Stn. Catch Bus 61 Maroon Glider at 5.59pm or 6.14pm to South Bank & Queen St, or buses 222, P207 (Buranda Railway Station is temporarily closed)
Emerg Off: Mark Ph: 0420 621 973 – Bring this number with you & a torch, raincoat or umbrella

This will be a long one for the remaining evening light but is on footpaths or bike tracks.

This stroll begins along the suburbia of Mt Gravatt, but soon proceeds through various scenic parks including C.B. Mott Park, Glindemann Drive Park and W.J. Scott Park. Our parkland strolling leads to Glindemann Creek and Norman Creek, which we follow through recreation reserves and wide spaces onwards to Stones Corner Village and the Stones Corner Busway Station at Constance Street where we will conclude our journey. (Buranda Train Station is closed for an accessibility upgrade until 2025.)

Go through the pre- and post-war housing estates and the remnant parks along the creek left over by the developers of the 1940's. Stroll past lovely houses, under trees just coming into flower as we move through spring and enjoy the exercise of this event.

FRIDAY 20th DECEMBER
A 50^c TRAIN TRIP #4
Shorncliffe/Cleveland Line
FUN
NEW DATE

Leader: Barbara Eastoe Ph: 0466 652 259
Meet at: Roma Street Station PI 7
Time: 8:54am for the Shorncliffe train; Last carriage
Cost: 50^c GoCard fares
Web: <https://translink.widen.net/s/zlszzdwhht/220531-train-busway-tram-network-map>
Emerg Off: Barbara Ph: 0466 652 259

Make this your Christmas outing – join in the festive atmosphere.

Yet another inexpensive train trip. How many can a person do? Well, one more after this one, in fact. This time you will be riding the full length of the Shorncliffe/Cleveland Line – all stops. And have a coffee and lunch for your effort.

This is a scenic line with a lot of bush out the windows. And a lot of old historic suburban houses. And some streets. A tunnel or two. And an old rocking chair.

Come join us to take full advantage of the 50c public transport fares – won't last forever, so abuse it while you can. (Am I taking this too seriously?)

If you live along the line as we head out to Shorncliffe, you can get on as we pass – just make sure it is our train.

Times:

8:54am – Leave Roma Street Station Pl 7 for Shorncliffe
9:35am – Arrive Shorncliffe and catch the 9:39am "Cleveland" train – Not much time to change trains
9:39am – Leave Shorncliffe Station by train for Nundah Station
9:59am – Arrive Nundah Station – Go across the road to *Expresso Train* for COFFEE **New**
10:05am – Arrive at THE café opposite Nundah Station
10:45am – Leave café for the Station –tag-on before 10:58am – within the 1hr "continuing journey" limit
10:55am – Arrive Nundah Stn to catch Cleveland Train at 10:59am – remember the 1hr transfer rule
10:59am – Catch the Cleveland train
12:20pm – Arrive Cleveland Station. Walk to Middle St to have lunch – find a café
1:55pm – Leave café & walk to the Station. Not much time - you need to leave on-time and to hurry
2:05pm – Arrive Cleveland Station for the 2:09pm Roma Street Stn train
2:09pm – Roma Street train departs
3:09pm – Arrive Roma Street Station

THURSDAY 26th DECEMBER
M^t CORDEAUX & BARE ROCK
SUNSET WALK
NEW

Leader: Prasada Vajjhala Ph: 0402 964 854
Assistant: Mark Deegan
Meet at: St Brigid's Church, 78 Musgrave Tce, Red Hill @ 2:30pm
OR BP Station (Truckstop) Aratula @ 4pm
Time: 2:30pm at St Brigid's
Depart Aratula at 4pm with the group
Cost: \$25
Grade: M23 + an evening descent (bring a torch)
Distance: 13km
Location: Cunningham's Gap
Web: <https://www.aussiebushwalking.com/qld/se-qld/main-range-np/bare-rock-track-and-morgan-s-walk>
Emerg Off: Majella Ph: 0420 621 973
Sun & Moon: Sunset: 6:48pm; Twilight Ends: 7:15pm; Moon Set: 2:35pm No Moon this night
Track Works: If you will be travelling by rail, all lines will be impacted by track closures.

Your walk will be going up Mt Cordeaux in late daylight with the aim of getting to Bare Rock just before dark. The 6½km journey up the Mount should take about 2½ hours. Quicker if sunset is a comin.' This gives you 18 minutes to get comfortable, those cameras out, find the best place to stand and all is ready. Could see a very tired Santa in his sleigh pulled by exhausted reindeer heading north to get home to open their own presents.

The track up the Mount is a graded track all the way. Graded tracks do not usually have too many obstacles to trip over. They are called "graded" because the gradient/steepness is not steeper than a certain level – ie: not steep (rumoured to be the gradient cattle used on hillsides – those big awkward things do nothing "steep"). That is why graded tracks are so long – they zig-zag all over the place so not to be steep.

Our way up goes through a variety of vegetation types – rainforest, eucalypt and some open grass (not much). The track winds up, sometimes overlooking the coastal plain where you will get to see the lights of Briswick, then curling around westward to get views of the endless mountains of the Great Dividing Range.

When the party gets to the top (you actually do not get to the top of Cordeaux) it flattens out going through rainforest onto Morgan's Lookout and further onto Bare Rock. This Rock is just a jumble of rocks a bit higher than the surrounding bush – thus you do get a view.

Now it's supper time – bring your leftover Christmas goodies to share. Bring a thermos. Bring a torch & spare batteries. Bring a raincoat/umbrella or both. There will be no Moon this night.

The way down is the same as the way up – but in the other direction – you will get to see the other side of the trees. It should be quicker. You will see the glow worms as you approach the bottom.

Come along on this “different” type of walk that we normally do not do. It is a nice time of day, seeing the light slowly disappearing, walking by following the torch beam in front of you.

SATURDAY 28th DECEMBER PURLING BROOK FALLS DAYWALK

Leader: Annette MacKenzie Ph: 0410 560 741
Meet at: St Brigid's Carpark, Red Hill
Time: 8.00am
Cost: \$25
Grade: S22
Distance: 8km
Location: Springbrook National Park, Gold Coast Hinterland
Web: <https://parks.desi.qld.gov.au/parks/springbrook>
Emerg Off: Alan Schmidt Ph: 0408 758 070

Spectacular waterfalls and cool ancient forests are in the beautiful World Heritage-listed Gondwana rainforest of Springbrook National Park.

On this beautiful circuit walk, in the Springbrook Plateau section of the park, we will walk in a clockwise direction. We pass through the open eucalypt forest, before descending into the gorge to view the Purling Brook falls from below.

Then we descend onto the Warringa Pool track, which leads downstream from the base of the falls. This is an opportunity for a swim, so bring your togs and towel.

On return to Purling Brook Falls we cross the suspension bridge and walk up a gentle climb through the forest which will bring us back to the beginning of the walk.

This is a gentle way to overcome the excesses of Christmas celebrations.

WEDNESDAY 1st JANUARY THE CBD TINY DOORS SEARCH STROLL

New

Leader: Prasada Vajjhala Ph: 0402 964 854
Meet at: Roma Street Station, Platform 10 (the long-distance trains platform)
Public Transport Services will run to a public holiday timetable
Time: 3pm
Cost: Free
Grade: S11
Web: <https://medium.com/@brisbanecityexplorer/%EF%B8%8F-the-magical-world-of-brisbanes-tiny-doors-an-a-door-able-fairy-trail-b0be8a6a4f4f>



Join the fun and discover the enchanting Christmas-themed tiny doors hidden around Brisbane CBD. Designed and created by local artist Mace Robertson, these whimsical doors bring festive cheer to life, perfect for a magical family outing.



Find all the Christmas Tiny Doors in the locations below:

- | | | |
|------------------------|---------------------|------------------------|
| • Roma Street Parkland | • Queen Street Mall | • Queen's Wharf |
| • Post Office Square | • Uptown | • Riverside |
| • King George Square | • Queens Plaza | • City Botanic Gardens |
| • Burnett Lane | • Wintergarden | • South Bank |

Apart from these Christmas Doors, there are 12 to 20 older doors around the CBD.

Some are at:

7/690 Ann St, Fortitude Valley,
11 Bakery La The Valley,
Inside The Mews at Howard Smith Wharves,
45a Burnett Ln,
33 Burnett La,
51/5 Burnett Ln,
171 Queen St,
53 Queen St,

127/115 Queen St,
32 Edward St near Port Office Hotel,
99 Elizabeth St,
South Brisbane Train Station,
Art Gallery at Southbank,
Fish La x2,
38 Lytton Rd,

**SATURDAY 4th JANUARY
PINE RIDGE CONSERVATION PARK
DAYWALK**

Leader: John Carter Ph: 0433 279 771
Meet at: St Brigid's, 78 Musgrave Rd, Red Hill
Time: 7.00am
Cost: \$25
Grade: M23
Web: <https://parks.desi.qld.gov.au/parks/pine-ridge>
Location: 14km north of Surfers Paradise, off Oxley Drive in Runaway Bay
Emer Off: TBA

Come with me to an area that the club has not walked before. We will visit three lovely areas to enjoy some attractive coastal, heath and estuarine scenery.

First, follow flat circuit trails within Coombabah Lakelands Conservation Area which protects more than 1200 hectares of wetland, eucalypt forest, salt marsh and mangrove habitat. It is an important coastal

wetland and migratory water bird habitat and is registered in the [Ramsar Convention](#) on wetlands of international importance. Also, we will see kangaroos, wallabies and hopefully koalas.

Secondly, after smoko, we will drive to Pine Ridge Conservation Park, which protects one of the last wallum remnant habitats on the Gold Coast, featuring banksia woodland, heath, and paperbark swamp. While coastal vegetation on the Gold Coast has all but disappeared due to urban development, a remaining patch of wallum heath vegetation is protected in this small park. Banksia, boronia and the wallum wedge pea are plentiful as well as bloodwoods.

Lunch will be enjoyed at Paradise Point parklands. Then we can do an easy stroll around the Point to see the end of the Coomera River.

<https://www.goldcoast.qld.gov.au/Things-to-do/Parks-gardens-reserves/Park-Finder/Coombabah-Lakelands-Conservation-Area>

<https://www.alltrails.com/trail/australia/queensland/pine-ridge-conservation-park>

<https://www.queensland.com.au/en/things-to-do/attractions/p-56fbabb61078857a7b0d28b6-paradise-point-parklands>

Come along on the club's first walk of the year. John

WEDNESDAY 8th JANUARY **M^t COOT-THA BBQ** **SOCIAL**

Leader: Jan Nelson Ph: 0401 030 137
Meet at: Gap Creek Reserve, Gap Creek Rd, Mt Coot-tha
Time: 5.00pm
Web: <https://mapcarta.com/W23746860>
Cost: Your own food and drinks

To welcome in the new year, we are having a BBQ at Gap Creek Reserve, Kenmore Hills, a beautiful area of parkland at the base of Mt Coot-tha. The park is easily accessible along Gap Creek Rd from either The Gap or Kenmore.

There are large shelter sheds covering the tables and BBQs, so even in the event of showers, the event can still proceed. It is recommended that you bring a torch for returning to your car or for using the toilet facilities after dark. I will bring a light, but if you have a good light, it would be a useful addition. The aim will be to cook before it gets dark.

Please bring your own food and drinks, plus you may wish to bring something to share for either nibbles or dessert.

This was a popular event last year, so I hope you can join us. Please give me a call if you have any queries or to nominate.



SATURDAY 11th JANUARY

WHITE'S BEACH

DAYWALK

Leader: Phil Murray Ph: 0416 650 160 or philmurray16@gmail.com
Meet at: St Brigid's Carpark, Red Hill
Time: 6:30am
Cost: \$30
Grade: M43
Distance: 13km
Web: <https://www.openstreetmap.org/#map=15/-28.70881/153.60269>
Emerg Off: TBA

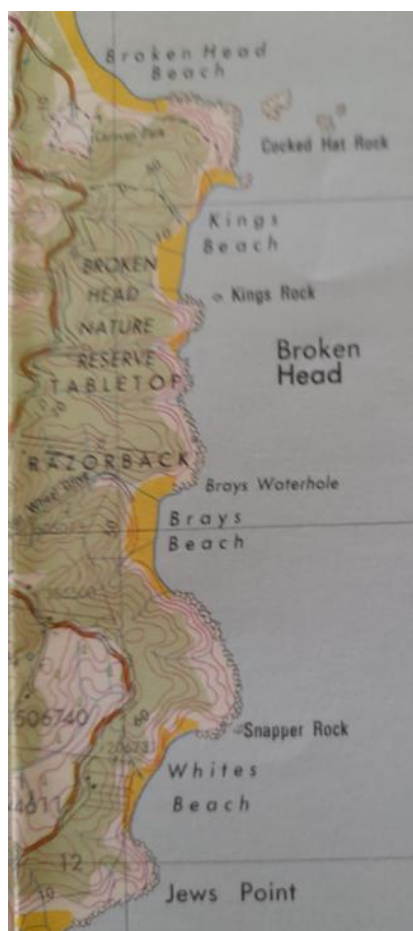
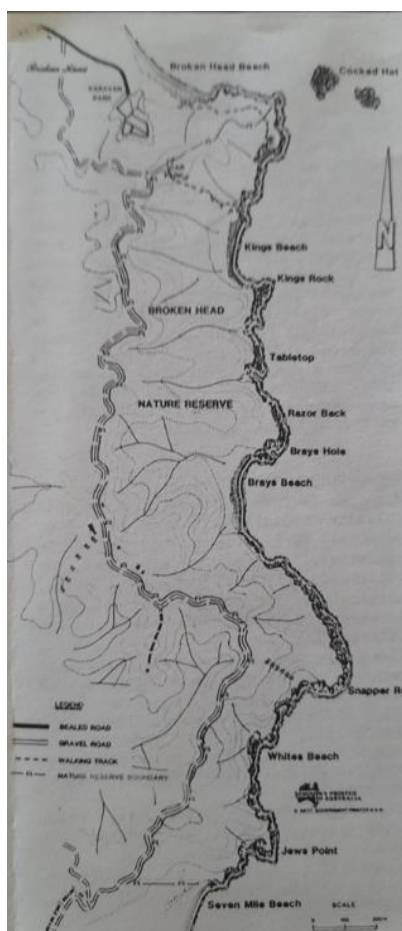
I can highly recommend this trip as it has absolutely gorgeous views and lovely secluded beaches, especially White's Beach where there is a cave.

There is some walking around a few rock shelves which requires care to make it interesting, and 2 very short uphill sections. You need sturdy shoes and, I suggest, garden gloves as the rocks have gnarly edges. In total, the rock hopping is only about 20 minutes.

Leaving Red Hill at 6:30am it is a 2hr drive – distance 177km. There will be a morning tea stop at the Chinderah Service Centre. So, I expect to start walking just before 9:30am to allow the tide to drop before we go around the rocks.

We drive down to Suffolk Park (just south of Byron Bay) and park at the end of Clifford Street to start the walk and go south to Broken Head (1.5km). Here the group does a track walk around Broken Head (800m), then a rock hopping section for 300m to Kings Beach (about 300m long). After this, rock hop between beaches (600m) to Brays Beach (about 400m long), then up the stairs to the road, where a track takes the party to the headland (300m), and down a ridge for 100m to White's Beach. The return is via the road or the coast. Total Distance about 13km. For those interested there will be time for a quick swim at White's Beach during our lunch break. Low Tide is at 1:01pm and is 0.4m.

Come along on a lovely trip with magnificent views, lots of beach and bush walking. The Club has done this walk only once before; back in 2015. The photo of White's Beach was selected as the winner of the photo comp that year.



I hope you can join me as it could be years before we do this trip again since it is a long way from Brisbane. - it is better to do it now while you can. Phil

WEDNESDAY 15th JANUARY
NORMAN CREEK
Stones Corner To The River
STROLL

Leader: Jon Peake Ph: 0422 602 658
Meet at: Stones Corner Busway Station forecourt, 12 Constance St. Stones Corner
Time: 3pm
Cost: Nil
Grade: S11
Dist: 8.2km @ 2½hr
Web: <https://www.openstreetmap.org/#map=15/-27.48105/153.04698>
Location: Stones Corner, Coorparoo, Norman Park, East Brisbane, Woolloongabba
Emer Off: Catherine Ph: 0402 064 741

This Stroll is the last of the Norman Creek series – we commenced Stroll series years ago and forgot to complete it. Now, here it is.

You start out at the Stones Corner Busway Station, step out the door and follow the pathway all the way downstream to the Brisbane River. It goes through “rainforest,” bat colonies, along the back of housing, around a high school (or is it a Secondary College by now), through parks, under a train line, under a main road, and much, much more. Too much excitement for one person; but we will persevere and survive.

This Stroll ends at the Woolloongabba Busway Station. Nearby are the Pineapple Hotel and the German Club – two places ready to serve you dinner. Looks like no games on this day.

The way is reasonably flat, mostly on a concrete bike path, following the creek closely. The creek winds through what are now suburbs. A lot of the bush along the creek has remained, though probably somewhat degraded. A lot of it is shaded, though the end is open country – parklands and suburban streets.

SATURDAY 18 JANUARY
IPSWICH HERITAGE
DAYWALK

Leader: Russell Jones Ph 0437 185 902
Meet at: Choice of 3 locations to catch train to Ipswich
Meet at: Roma Street Station Platform 8 at 6.30am, or
Chelmer Station, Platform 1 at 6.45am, (leader joins train here) or
Wacol Station, Platform 1 at 7.00am
(Lots of car parking available at Chelmer and Wacol)
Carriage 4th Carriage
Distance: 10km
Cost: 2 train tickets at 50cents each plus \$1 to cover cost of pre-outing
Grade: S12
Location: Central Ipswich
Web: <https://www.openstreetmap.org/#map=16/-27.61533/152.76961>
Emerg Off: Richard Johns Ph: 0409 871 641
Nomination: Close on Sunday, 12th January

We start at the central business district of Ipswich to experience the rich heritage and history of this area, such as the hotels Harp of Erin, Prince of Wales and Club. A Guide has been engaged to show us around. Then we move to St Mary's Catholic Church which was built in 1904 of Helidon sandstone and is very similar to a church in Rockhampton. This Church is adjacent to Ipswich Grammar School, the second oldest school in Queensland.

Our party will then head up to the 11.5ha Denmark Hill Conservation Reserve established in 1880. From the high point, there are views of D'Aguilar, Teviot, Little Liverpool and Great Dividing Ranges, the sites of many walks of the Club. This reserve remains sacred to the Traditional Owners of Ipswich and its sacred sites provide a link between Country and personal identity and allow the passing on of cultural knowledge.

Next, we descend to Limestone Park, and see the Incinerator Theatre, designed by Walter Burley Griffin of Canberra fame, built in 1936 and is adjacent to Queens Park which was established in 1864.

Next, the walkers head for Booval and the Prince Alfred Hotel (affectionately known as The PA Hotel) which was built in 1842 by Mr D Bergin. It was a two-storey timber hotel surrounded by 40 acres of Cotton Fields. In 1961, this historic hotel was destroyed by fire, rebuilt and opened in 1963. Here we will have an opportunity to enjoy lunch and finally catch a train from Booval Station.

This walk has been designed to be suitable for summer with an early start and early finish. Nominate by Sunday, 12th January to secure your place as numbers need to be matched with the number of guides.

WEDNESDAY 22nd JANUARY GAYTHORNE RSL DINNER SOCIAL

Leader: Jan Nelson 0401 030 137 **New**
Meet at: Gaythorne RSL, 534 Samford Rd, Mitchelton
Entrance: 19 Tel El Kebir St (near the cnr with Heliopolis Pde)
Time: 6.00pm
Cost: Meals from \$17 onwards
Web: <https://gaythornersl.com.au/>
RSVP: 19th January (preferably earlier)

It has become the tradition in the Club to dine at the Gaythorne RSL in January each year and to take up a collection for the St Vincent de Paul Society (SVDP). With so many struggling with the cost of living at present, the calls for assistance to SVDP have substantially increased and donations are required to help those in need.

The Bistro at the Gaythorne RSL has a fairly extensive menu and the prices are very reasonable, even more so if you are a member (\$1 for lifetime membership – you can apply online or upon arrival.)

This is always a very popular event and a great way to catch up after the Christmas celebrations. Past members, family members, friends or visitors are very welcome to join us for this event.

Please remember to bring along some extra cash on the night for Terry's SVDP collection to help those in desperate need.

WED 22nd to FRI 31st JANUARY BRUNY ISLAND, M^t FIELD and MARIA ISLAND TASMANIA ACCOMMODATED TRIP

Leader: Phil Murray Ph: 0416 650 160
Number Limit: 6 to 8
Cost: Around the \$1200 to \$1500 range
Map: <https://www.openstreetmap.org/#map=10/-43.0518/147.0012>
RSVP: Ring NOW to learn more about the walks and to Nominate

Khaleel and I have done trips to Tassie to do daywalks in the last 2 years. They were fantastic and we are going back for more. Most of the walks are in the medium to hard range. The views and places we visit are astounding. The walks we find to do are stupendous. The hotels and restaurants we ate at were excellent. The places we stayed at were a broad range from standard motels to nice houses. But the best part is that we stayed several nights at Hobart Walking Club's Lake Dobson Hut – a rustic hut, but with most of the mod cons and the best ambience of a bush hut I have ever experienced. It is a marvel staying there.

Anyhow in 2025 we are going back again to do some more special walks. In simple terms we are doing a loop around the southern half of the island. The proposed itinerary is:

Day	Venue	Stay at	Dist	
1	Fly to Hobart – Quick Shop – Drive to Bruny Island	Adventure Bay		
2	Cape Queen Elizabeth & Fluted Cape	Adventure Bay	8 & 6km	easy
3	Mt Wellington and drive to Mt Field	Lake Dobson	12km	medium
4	Mt Field East	Lake Dobson	11km	medium
5	Walk 1 – Mt Wedge & walk 2 – Growling Swallet	Lake Dobson	7 & 4km	medium
6	Walks – The Thumbs or Mt Anne or Lake Judd and Schnell's Ridge	Lake Dobson	10km	hard
7	Drive to Orford – do the Three Thumbs Walk	Orford	4km	easy
8	Bishop & Clerk (Maria Island)	Orford	18km	medium
9	Wineglass Bay (Freycinet Peninsula)	Orford	12km	
10	Drive back to Hobart & catch plane home	home	3hr	

Day #1 - <https://www.brunyisland.org.au/>

Day #2 – <https://www.openstreetmap.org/#map=11/-43.2857/147.2964>
<https://tastrails.com/cape-queen-elizabeth/>
<https://www.brunyisland.org.au/walk/fluted-cape-walk/>

Day #3 – <https://www.openstreetmap.org/#map=12/-42.8923/147.1317>
<https://www.tasmaniaunearthed.com.au/blog/mount-wellington-tasmania>

Day #4 – <https://www.openstreetmap.org/#map=12/-42.6784/146.7746>
<https://tastrails.com/mount-field-east/>

Day #5 - <https://www.natureloverswalks.com/tag/mt-wedge/>
<https://www.alltrails.com/trail/australia/tasmania/growling-swallet>

Day #6 - <https://www.veronikawild.com/2019/08/walking-thumbs.html>
OR: <https://www.trailhiking.com.au/hikes/mount-anne-day-walk/>
OR: <https://parks.tas.gov.au/explore-our-parks/southwest-national-park/lake-judd>
OR: <https://www.lukeobrien.com.au/schnells-ridge-south-west-tasmania>
And: <https://www.peakbagger.com/peak.aspx?pid=74017>

Day #7 – <https://www.openstreetmap.org/search?query=three%20thumbs#map=13/-42.61375/147.84336>
<https://tastrails.com/three-thumbs-track/>

Day #8 – <https://www.openstreetmap.org/search?query=three%20thumbs#map=12/-42.6443/147.9093>
<https://www.walkmyworld.com/posts/bishop-and-clerk>

Day #9 – <https://www.openstreetmap.org/node/321393495#map=12/-42.1741/148.1661>
https://www.thelifeofpy.com/wineglass-bay-loop?srsId=AfmBOooTnYutdnXRh6InpD_ipadSCzunvDJR5e4VRnamATDwBTDMTM_S

Day #10 - <https://www.openstreetmap.org/#map=10/-42.4589/147.3267>

Expected Costs per person – Airfares: \$500; Motels: \$200; Huts: \$80; Car hire: \$300; Petrol: \$100; Ferry: \$70. Approximate Total: \$1200 Phil

SATURDAY 25th JANUARY

WESTRAY'S GRAVE

Christmas Creek

DAYWALK

Leader: Mark Deegan Ph: 3300 0229
Meet at: St Brigid's Carpark, Musgrave Tce, Red Hill
Time: 6:30am
Cost: \$25
Grade: S32

Distance: 10km return @ 5hr

Web: <https://www.aussiebushwalking.com/qld/se-qld/lamington-np/westray-s-grave-from-christmas-creek>

Map: <https://www.openstreetmap.org/#map=17/-28.303030/153.099589>

Location: Christmas Creek section of Lamington NP, beyond Beaudesert

Emer Off: Majella Ph: 0409 725 372



Who is Westray and why does he have his grave out in the rainforest in the middle of nowhere?

Have you done Neglected Mountain, Buchanan's Fort, or even been to the Stinson Wreck?

<https://blogs.archives.qld.gov.au/2024/02/19/stranded-on-the-range-rescuing-the-survivors-of-the-1937-stinson-plane-crash/>

<https://www.youtube.com/watch?v=IhMfcRliY7w>

Jim Westray was one of the 3 survivors of the Stinson plane crash of 1937. Being an outdoors person and uninjured, he volunteered to walk out from the crash site on the side of a ridge overlooking Christmas Creek, follow the creek down to the lowlands and alert the authorities of the survivors. He never made it; falling down a waterfall he was trying to descend. He is buried near where he fell.

This outing we have not done in years – I did a search to “copy & paste” the article and could not find one. Thus, this is a “Must Do” walk as it is as rare as scrub turkey's teeth.

The track is an old Park's graded track; but I do not know how well used it is these day – should be often enough since this is also the Stinson Track which still gets a lot of use and abuse.

Our way begins at the end of the road, cross Christmas Ck and go straight into the lovely cool verdant green rainforest. This track follows the creek, sometimes close enough to see the bubbling waters glistening with reflected sunlight, but sometimes far enough away to faintly hear the flow over the rocks in the creek bed. The track goes along the flood plain of the creek valley; thus when the creek floods, it changes the track, moves rocks, uproots vegetation and makes it difficult in places to find your path. This is not an obstacle; just adds to the adventure.

This is not a graded track like those at O'Reilly's – it is more of a trail through palm and rainforest along the creek valley – sometimes along dirt, sometimes gravel, through rocks, up the bank to go in & out of those side creeks that are always flowing into the main one. The path is not flat and smooth – not challenging though not your average graded track. It can be wet and mossy, dry or slippery, rocky or a track.

The country being walked through is pretty, with a lot of palm groves shooting skywards, shrub down at eye level, vines to catch you and the occasional view of the babbling brook. The only time you cross Christmas Creek (or any sizeable creek) is right at the start.

Lunch will be near the grave on flat shaded ground, or a fallen log, or on a rock. While there, look for the mobile phone that Roger Ford lost at lunchtime 20 years ago – can't ring to find it as the battery is probably flat.

There are variations on this one. It is all weather dependant.

If it fine and the track dry, it is 10km in about 4 hours with lunch.

If the road in is boggy, the drive will be shorter and the walk longer. Depends where the cars are stopped. If it has rained heaps in the lead-up, the drive could be even shorter (to the end of the bitumen) and the walk that much longer again. 5km longer one way.

If it has rained and is still raining, it will be an exhilarating day.

I have tried to be truthful, but do not want to scare you away. This walk is good for anyone – except the very slow, those who find walking through rocks & boulders difficult, or those nervous about slipping & sliding. Most can do it – after all, the track through the rainforest is only 5km one way (10km return). In the olden days when we all were much younger, the gate used to be locked at the National Fitness Camp, and we had an extra road bash of 6km to the park boundary – which was difficult at the end of the day on the return journey.

WEDNESDAY 29th JANUARY
Mt COOT-THA LOOKOUT to PURTELL PARK
Via East Ithaca Creek
STROLL

Contact: Russ Nelson Ph: 0427 743 534
Meet at: Bus Stop – Mt Coot-tha Lookout. Stop Id: 001406.
Time: 4.15pm on top of Mt Coot-tha.
Cost: Free
Distance: 7km @ 2½hr.
Grade: S22
Buses: Bus 471 at 3.30pm from Wickham Terrace Stop “A” near Turbot & Wharf Streets
Stop Id: 000158 – this is the last bus to the top of Mt C
3:32pm Ann St Stop 7, Anzac Sq (opposite Central Station)
3:34pm Ann St Stop 12, City Hall (opposite Mercure Hotel)
3:44pm – Barooka Rd at Barooka Shops Stop 7 at Milton (near Milton Rail Station)
4:00pm - Mt Coot-tha Botanic Gardens
Home: You cannot get back to the start from the end (without walking back)
Bus Stop: Carwoola St at Bardon, Stop 22 - Stop ID: 010177
Bus 375: To the City, Valley and Stafford at 5.33pm; 6.00pm; 6.20pm
Botanic Gdns: Those who drive and park at The Botanic Gardens, you can walk back to your car from Purtell Park afterwards – only a further 2km
The Great Circle Line Buses in both directions leave from the Gardens (598 & 599)
Location: Northern Suburbs – Toowong, Mt Coot-tha, Bardon
Web: <https://www.openstreetmap.org/#map=15/-27.46853/152.95226>
Bring a Torch

As usual, we start at the bus stop at the Lookout and make our way to the track system. This time, your Stroll will take you along tracks towards #9 and Simpson's Falls & Picnic Area - the Litchfield Track to the Gold Mine Picnic Area near QTQ Chanel 9, for a short jaunt to the said gold mine. From here, the path takes you along the Ghost Hole Track (what a strange name), across the Powerful Owl Track to begin the Eugenia Circuit to Simpson's Falls. These falls are spectacular, even when dry – you would not believe falls that large are so near the top of a hill. Then it is down the Mount via the Falls Track to the picnic area. To end it all, you shall cross Sir Samuel Griffith Dr to enter some remnant bush to get to the bus stop at Purtell Park.

You can still get back to your car or bus at the Botanic Gardens by a 2km walk. At the Botanic Gardens, the Great Circle Buses are: 5.51pm (599); 6.11 (598); 6.53 (599); 7.12 (598).

Come along for this surprisingly short enjoyable Stroll that almost anyone can do.

MONDAY 10th FEBRUARY

A 50^c TRAIN TRIP #5
Doomben to Rosewood
The Last One
FUN

Leader: Greg Endicott Ph: 0418 122 995
Meet at: Roma Street Station PI 6
Time: 9:19am Doomben Train; Last carriage
Cost: 50^c GoCard fares – total \$1
Lunch: Royal George Hotel, Rosewood
Web: <https://translink.widen.net/s/zkqszlkmq/2024-10-21-seq-network-map>
Home: Back at Roma Street Stn at 3:33pm
Emerg Off: Greg Ph: 0418 122 995

This is our last Rail Rort trip – the remaining rail lines we have not yet abused that we need to travel along.

This journey takes you from the hustle & bustle of the City to the rural lands out west. But first, you have to go east to travel along the only other line we have not railed on – out to Doomben. This is a strange line, though it is suburban, it feels “country” in that it is single track, deep cuttings, through parkland, winds around the place and seems “different.” From appearances, this seemed more important sometime in the past.

Then we get back to the regular rail network, riding to Ipswich, but only to change trains for Rosewood. From here, you are really out in the country for the 20min trip to our lunch destination. We pass through farm land, cross the Bremer River at the famous Sadler’s Crossing multi-purpose bridge, pass under the flight path of the Amberley Air Base, travel beside the Wulkuraka Train Stabling Yards, stop in front of the Walloon Saloon, see long coal trains pass beside us, see the wheat as high as an elephant’s eye, black & white Hereford cattle, nice farm sheds, old weather boards Queenslanders, the historic Rising Sin Hotel, and a lot, lot more.

Come along with me on this grand finale of our Train Series of journeys through South-East Queensland.

9:19am – Doomben Train Roma Street Station Platform 6 last carriage.
9:46am – Arrive Doomben Station
9:58am – Depart Doomben Station
10:25am – Arrive Roma Street Station PI 6
10:30am – Depart Roma St Stn PI 8 on Ipswich train
11:26am – Arrive Ipswich Station to get the Rosewood train
11:35am – Depart Ipswich on the Rosewood train
11:56am – Arrive Rosewood. Walk the 350m (5min) to lunch
12 noon – Lunch at the Royal Geroge Pub
1:55pm – Leave lunch for the train station
2:05pm – Depart Rosewood Station for Roma St Stn
3:33pm – Arrive Roma Steet Station

AUSTRALIAN
HIMALAYAN
FOUNDATION

SAT 1st to MON 31st MARCH
TASMAN SUMMIT CHALLENGE

Leader: Himalayan Trust New Zealand Ph: 0466 726 229
Contact: Allan Delaney Ph: 0466 726 229 OR allan@ahf.org.au
Web: <https://summitchallenge.org/>

I wanted to reach out and share a fun opportunity for you and your members to get active in nature, challenge yourselves and make a difference. For the third year in a row, we have teamed up with the

Himalayan Trust New Zealand (founded by Sir Edmund Hillary) to run our annual trans-Tasman Summit Challenge.

In the Summit Challenge, participants can walk (or run or bike) vertical metres to reach the equivalent height of Mount Everest during the month of March. It's a great way to enjoy the outdoors, set personal goals and get some exercise in. At the same time, teams also raise money for the Australian Himalayan Foundation's vital health, education, and environment programs in remote Himalayan communities.

We're looking for adventurous spirits to take on this challenge — and we think your members would be perfect! If this resonates with Brisbane Catholic Bushwalking Club's mission, we'd love to help you get your community involved.

The sign-up page will be live at the end of December but here's how you can learn more and get started planning for March:

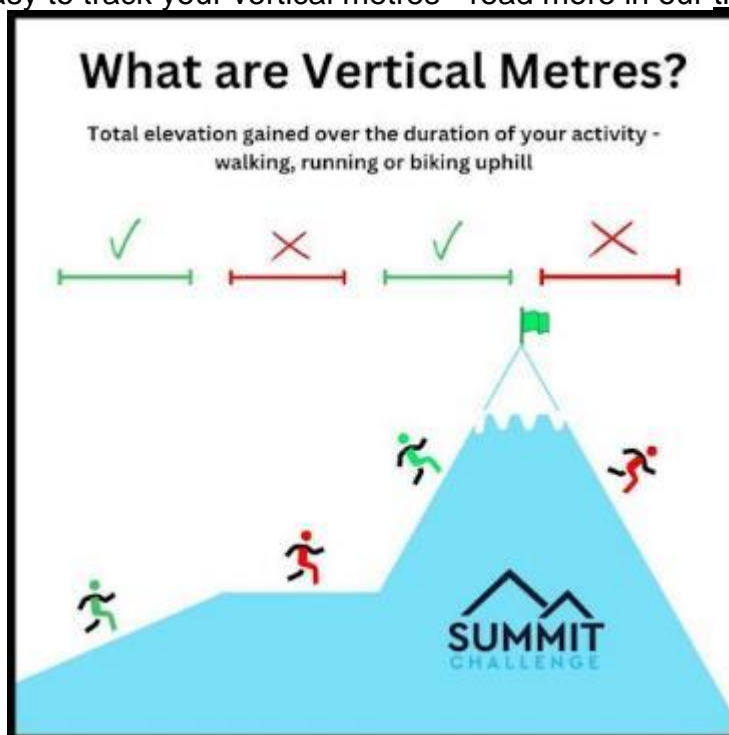
- * [Summit Challenge Website](#) – Learn more about how it works
- * [Participation Instructions](#) – Everything you need to know to get started
- * [FAQs](#) – All your questions answered!

If you have any questions, feel free to reach out. We'd love to have your community join us for this engaging and meaningful Summit Challenge.

What's Involved

Walk, run or bike uphill to reach the summit of your choice

It's all about getting vertical! Throughout March, you'll be accumulating your vertical metres (total elevation) that you achieve by walking, hiking, running or biking. This means the effort you apply when going uphill - not downhill or horizontal - you'll never get to the summit that way! Find hills or stairs near you and off you go. It's easy to track your vertical metres - read more in our [tips & guides](#).



How high?

PICK YOUR SUMMIT - there are 4 different levels of Himalayan-sized elevation to choose from, or you can set your own. Your goal is to walk, run or bike enough vertical metres throughout March until you reach your chosen summit. We'll provide you with a personal dashboard where you can keep track of your progress. Choose from:

- | | |
|-------------------------------------|-----------------------------------|
| Lukla (2,860m) - | the gateway to the Everest region |
| Everest Base Camp (5,364m) - | one of the world's best treks |
| Everest (8,848m) - | highest mountain in the world |
| Triple Crown (25,225m) - | Everest, Lhotse & Nuptse |

How much? <https://summitchallenge.org/how-it-works>

PICK A FUNDRAISING GOAL - by raising money while aiming for your summit, you'll be helping kids in the remote mountains of the Himalaya to receive a quality education. When you sign up to Summit Challenge you can pick the amount you'd like to raise based on the level of impact you'd like to make.

Who with?

You can complete Summit Challenge on your own or for even more fun, why not create or join a team? Organisations can get involved too! In addition we run this as a trans-Tasman challenge which means all the efforts from individuals and teams across New Zealand and Australia will be combined to see which country wins!

Allan Delaney, Australian Himalayan Foundation,

allan@australianhimalayanfoundation.org.au

P 0466 726 229 | **E** allan@ahf.org.au **M** PO Box 553 Crows Nest, NSW 1585

FRI 2nd – MON 5th MAY MOUNT KAPUTAR BASE CAMP

Leader: Iain Renton Ph: 0401 429 085

Meet at: TBA

Time: TBA

Cost: Cabin: \$160.50 (\$80 deposit)

Camping: \$18

Car pool: TBA

Grade: S34

Web: <https://www.nationalparks.nsw.gov.au/visit-a-park/parks/mount-kaputar-national-park>

Emerg Off: TBA

Mt Kaputar National Park is a collection of rugged volcanic peaks rising out of the flat plains of Western NSW. It is a really beautiful National Park with interesting and varied vegetation, rugged scenery and broad sweeping views.

I have booked three cabins and there are also tent sites available. The three cabins are: Dickson (2 people) and Logan and Manning, both taking 4 people (one double bed and two singles beds in each of them). So there are places for 10 people in the cabins, five places have already been taken so there are still 6 places available. The cabins have toilets, showers, electric power, balcony, indoor fireplace, kitchen, cutlery, pots and pans. You will need to bring bed sheets, blankets (or sleeping bags), pillows, towels, drinking water and food supplies. Let me know if you want to camp, so sites can be booked.

We will be leaving Brisbane on Friday morning, it is about a 7.5hr drive, so we won't get to the Dawsons Spring cabins and camping area till late afternoon.

On Saturday morning we will do the Mt Yulludunida track. This is one of my favourite walks, it is spectacular. It has a good walking track with lots of steps and the upper part of the peak is over open ground and quite rough and rocky. There are lots of spectacular rock formations including a ring dyke, which is called the Yulludunida Crater. You get spectacular 360° views (and the last time we were there we watched about half a dozen wedge tailed eagles soaring and circling above and below us, and at least as many other birds of prey). It is about 4km return with a height gain of about 350m.

Then we take the track up Mt Coryah, which has steel bridges, stairs with handrails and boardwalks. It goes through lovely, forested slopes with views from the top. It is about 4km return and a height gain of 200m or so.

We may also have a look at the Governors Lookout on the way back to camp. Later in the day we will go to the Mt Kaputar Lookout to view the sunset. On Sunday we could do the Bundabulla Circuit and maybe take the track some of the way to Scutt's Hut. There are also some other options. We will spend Monday driving back to Brisbane.

Khaleel has work commitments, so will be going down on Thursday and returning Sunday. Because of the distance to the Mount, he wishes to have a passenger or two. If these dates suit you, give him a call on Ph: 0413 314 443.

Huts: <https://www.nationalparks.nsw.gov.au/camping-and-accommodation/accommodation/dawsons-spring-cabins>

Mt Yulludunida Track: <https://www.aussiebushwalking.com/nsw/mount-kaputar-national-park/yulludunida-walking-track>

Mt Coryah Track: <https://www.alltrails.com/trail/australia/new-south-wales/mount-coryah-walking-track>

Governor's Lookout : <https://www.visitnsw.com/destinations/country-nsw/moree-and-narrabri-area/narrabri/attractions/the-governor-lookout>

Mt Kaputar Lookout : <https://www.aussiebushwalking.com/nsw/mount-kaputar-national-park/mt-kaputar>

Bundabulla Circuit: <https://www.nationalparks.nsw.gov.au/things-to-do/walking-tracks/bundabulla-circuit-walking-track/near-by>

Scutt's Hut: <https://www.nationalparks.nsw.gov.au/things-to-do/cycling-trails/scutts-hut-trail>

SUN 8th JUNE to TUE 17th JUNE ROCKHAMPTON ACCOMMODATED TRIP

Leader: Phil Murray Ph: 0416 650 160

Number Limit: 12

Cost: Around the \$1500 range

This is a great trip with special places to visit, especially Mt Larcom and Mt Baga, and we will do some great walks on Great Keppel Island. A key reason for the trip is to utilize the Tilt Train, which I have never been on. So nominate soon so you don't miss out.

Day		Walks or Travel details	Stay at
1	8 th	Train leaves Brisbane at 11.00am arrives Rocky at 7.05pm.	Rocky
2	9 th	Shopping, quick look at Rocky & Mt Etna Caves	Rocky
3	10 th	Mt Larcom (near Gladstone) & Mt Morgan (tour)	Rocky
4	11 th	Mt Archer (Zamia Trail) & Mt Baga	Yeppoon
5	12 th	Coastal Walk Bluff Point to Yeppoon	Yeppoon
6	13 th	Emu Park to Bluff Point	Yeppoon
7	14 th	Great Keppel Island – ferry leaves at 9.15am – walk to Leekes Beach	Keppel
8	15 th	Great Keppel Island (Wreck Beach)	Keppel
9	16 th	Great Keppel Island morning – Long Beach walk about 3hr Catch ferry at 3.45pm	Rocky
10	17 th	Tilt train leaves Rocky at 6.45am arrives Brisbane 2.50pm	Home

There are already 6 nominations for the trip. There is a limit of 12 people. Slight change in itinerary. Finish a day earlier to keep costs down. Mt Atherton in Byfield National Park is apparently too scungy, so we will do Emu Park to Bluff Point. There is also a name change to Mt Jim Crow; it is now called Mt Baga. Of note some of the walks are a bit rough, especially Mt Archer, Mt Larcom, Mt Baga and Wreck Beach, which are all medium trips – the difficulty, a bit like doing Flinders Peak or Mt Maroon. If you are interested in the trip and want more details I have a detailed itinerary. Phil

Day #1: <https://www.queenslandrailtravel.com.au/Pages/TiltTrain.aspx>

Day #2: https://parks.des.qld.gov.au/_data/assets/pdf_file/0016/162304/mt-etna-caves-map.pdf
<https://www.aussiebushwalking.com/qld/central-qld/mount-etna-caves-national-park/>

Day #3: <https://www.openstreetmap.org/#map=12/-23.7586/150.6816>
<https://www.aussiebushwalking.com/qld/central-qld/mount-larcom-walk>
<https://www.visitcapricorn.com.au/10-things-to-do-in-mount-morgan>

Day #4: <https://www.openstreetmap.org/#map=13/-23.19717/150.82392>
<https://www.alltrails.com/trail/australia/queensland/zamia-walk>
<https://www.aussiebushwalking.com/qld/central-qld/mount-baga>

Day #5: <https://www.openstreetmap.org/#map=14/-23.15559/150.76109>
<https://www.alltrails.com/trail/australia/queensland/bluff-point-circuit>

Day #6: <https://www.openstreetmap.org/#map=14/-23.22754/150.79268>

Great Keppel Is: <https://www.aussiebushwalking.com/qld/mackay-isaac-and-whitsunday/great-keppel-is/>

<https://i0.wp.com/hikingtheworld.blog/wp-content/uploads/2023/01/GKI-map.jpg?ssl=1>

Day #7: <https://hikingtheworld.blog/swimming/leekes-beach-great-keppel-island/>

Day #8: <https://www.alltrails.com/trail/australia/queensland/wreck-beach-circuit>

Day #9: <https://www.alltrails.com/trail/australia/queensland/shelving-monkey-and-long-beaches-loop>

Day #10: <https://www.queenslandrailtravel.com.au/Railexperiences/ourtrains/tilttrain>

FRI 8th – SUN 10th AUGUST 2025 BUSHWALKER'S PILGRIMAGE Date & Location Confirmation

https://www.goldcoastbushwalkers.org.au/index.cfm?module=event&pagemode=indiv&page_id=2592346

Gold Coast Bushwalkers Club is hosting the 2025 Pilgrimage at the Beaudesert Showgrounds 8th 10th August.

The program will follow the usual format with participants arriving Friday, supper and activity signups Friday evening, activities on Saturday followed by dinner and a bush dance in the evening, with possibly further activities Sunday morning, short closing ceremony with handover to next host, pull down and depart.

We will keep you up to date with plans as they are confirmed. Anna Bransden, Secretary www.goldcoastbushwalkers.org.au

ALSO

I have block booked a few motel units at Beaudesert for the pilgrimage next year.

They have been very accommodating allowing me to book and confirm closer to the time. I am happy to book extra units for your group or encourage people to book early if they are not camping. Having run trips I often need to book a year in advance.

Liz Tanner GCBWC

WED 20th to MON 25th AUGUST COFFS COASTAL WALK ACCOMMODATED TRIP

Leader: Phil Murray Ph: 0416 650 160

Cost: Around the \$500 to \$600 range for petrol and accommodation

Web: <https://www.nationalparks.nsw.gov.au/things-to-do/walking-tracks/solitary-islands-coastal-walk/map>

This is great trip with special places to visit. This is also called the *Solitary Islands Coastal Walk*. It is a relatively easy walk and should appeal to many members. Great views and easy beach walking,

The plan is to stay in cabins at Park Beach at Coffs Harbour and do the walk over 4 days.

Please ring me if you are interested so I can start to make some bookings for cabins. I would like to keep the numbers to a manageable limit of about 16 or less.

Day	Day	Walks or Travel Details	Dist
1	Wed	Drive to Coffs – 387km – 4hr	
2	Thu	Red Rock to Woolgoolga	22km
3	Fri	Woolgoolga to Moonee Creek	15km
4	Sat	Moonee Creek to Park Beach (Coffs Harbour)	14km
5	Sun	Park Beach to Sawtell (Bonville Headland)	12km
6	Mon	Drive back to Brisbane – 387km – 4hr	

<https://www.nationalparks.nsw.gov.au/-/media/npws/maps/pdfs/tdd/solitary-islands-coastal-walk/solitary-islands-coastal-walk-map.pdf>

<https://www.coffscost.com.au/our-great-outdoors/coastal-walks/solitary-islands-coastal-walk/>

Day #1 - https://www.openstreetmap.org/directions?engine=graphhopper_car&route=-27.457540%2C153.010694%3B-30.288685%2C153.139573#map=8/-28.884/153.286

Day #2 - <https://www.alltrails.com/trail/australia/new-south-wales/solitary-islands-coastal-walk-red-rock-to-woolgoolga>

Day #3 - <https://www.alltrails.com/explore/recording/afternoon-hike-at-solitary-islands-coastal-walk-a9eb812>

Day #4 - <https://www.alltrails.com/trail/australia/new-south-wales/solitary-islands-coastal-walk-moonree-beach-to-park-beach>

Day #5 - <https://www.alltrails.com/trail/australia/new-south-wales/solitary-islands-coastal-walk-park-beach-to-sawtell-beach>

TREASURER REPORT

Balance 31/10/2024	\$3758.75
Plus Receipts	\$ 883.05
Sub Total	\$4641.80
Less Payments	\$ 130.00
Balance 30/11/2024	\$4511.80
Term Deposit	\$5000.00

I will draw our raffle at our Christmas Party and I have doubled the number of prizes to give more people a chance of winning. The extra prizes are a duplication of the original three.

Don't forget the Club's T-Shirts and Badges if you are looking for a Christmas present.

I would like to wish everyone a Holy and Very Merry Christmas and a Happy and Safe New Year.

EDITOR'S REPORT

Must apologise that this Jilalan is so large – it is the Bumper Christmas issue – lots of good reading while you are lazily lying back over the Christmas break.

Thanks to those who got their articles in, and especially to those who sent them in early.

I do have a few recalcitrant contributors who have not sent me the requested reports from their past events. Still require them. My e-mail address is bcbcjilalan@gmail.com

MEMBERSHIP REPORT

BCBC currently has a total of ninety-seven members. This consists of eighty-seven ordinary and associate members, seven life members and three honorary members.

This is likely to be the final membership total for this year. Total membership is down a little from 2022 and 2023 years where there were one hundred and ten members in each of these years. Jon

ABOUT PEOPLE

It is with sadness I let you know of the sudden passing of our beloved past member, Kath Read on Friday 22nd November. Kath was a dedicated and valued member of our Club in its early days, including being President.

Kath was almost a foundation member, joining only a year or so after our beginnings. In fact, she put her age up a year in order to join. Kath was outgoing, extraverted, full of life and had a love of the bush. She kept on walking after leaving BCBC, joining BOSQ when the average age of BCBC fell from the late 20s to the upper teens. There she led many walks and basecamps, continuing her contact with the outdoors.

Kath's husband, Bryan, called Pat to share of the news of her passing. Kath asked to be cremated and her ashes be spread out in the bush that she loved so much. May Kath rest in peace.

Sr Rita is celebrating 60 years in the order of Our Lady of the Sacred Heart nuns down at Kensington Sydney in January. Sr Rita had the name of Sr Evelyn Mary when she came back and taught at Corinda. Rita did secondary school at the OLSH at Corinda and was School Captain in 1955-56, whilst Marian Arthur was also at the school. Rita, with family members, Kath & Gavin were all members of BCBC.

Jonas Bernotas, Janette Chew, Michael Foley, Paula Hill, Jodi McAteer, Monica & Ken McCarron, Sofia Ramsay, Janell Sammon, Antonia Simpson and Barry Taylor are celebrating their birthdays in December.

CLUB HUT REPORT

At the editor's suggestion I am writing up some notes about the hut. The hut is still in very good condition. Most of the work that needs doing is keeping the grass at a reasonable length and the weeds under control.

I have past memories of the hut and its paddock being surrounded by a dense wall of lantana with only a few gaps. The fires of 2019 burned most of the lantana out. Working bees have pushed the lantana regrowth back and thinned it out in quite a few places and it is generally more open (but there are still dense thickets around). Some weeds like cobbler's pegs are always an issue. At other times, a new weed will suddenly appear (and sometimes rapidly take over). A few years ago it was a tall, thin woody weed that grows as a dense forest (a lot of it was removed at the beginning of this year). This October, a small weed with runners and little lemon-yellow pom-pom flowers suddenly took off and carpeted several square metres near the south eastern corner of the hut. I removed much of it along with green ground vine on the other side of the paddock (see photos of these two weeds).

This year I have been at the hut six times to go sketching on Barney Ck and twice for club events (working bee and hut base camp). This has made it easier to keep the weeds under control. It has been reassuring to see some native grasses and wildflowers starting to spread across the paddock, particularly quite a few little billy-buttons. There is often a lot of bird life with a myriad of bird calls each morning. At times I have sat entranced watching a pair of swallows fly round and round the hut looping in their elegant arcs across the paddock. Once the swallows flew into the hut and were trapped flapping against the glass of a closed window. I ushered them out an opening. On my last visit, late one afternoon, when I was taking the path down to the creek, I came across a huge black snake. I decided to get water from another spot. I haven't seen the snake since. Also on that visit, when I first arrived at the hut, I discovered that a green ginger wine bottle had fallen from the ledge above the folding doors and shattered on the concrete. The picture of Virgin Mary had also fallen down. A second empty wine bottle was about to fall off the ledge. The wine bottles were cleaned up and removed and the picture returned to its place.

I thoroughly enjoy my visits to the hut and I spend time sketching and painting on Barney Creek (usually a bit above the Lower Portals). Other times I have a quiet day resting and reading at the hut. It is a wonderful place to retreat to, and I recommend it, and remind members that the hut is available for their use.

Iain



ANNUAL REPORT

The Annual Report is due in February. Thus, it is time all contributors start to think about what they will be writing in their Reports.

All Committee Members, Position Holders and Co-ordinators have to submit reports. Start early, submit early. For the Annual Report Editor, it is a time of panic, loss sleep and hard work. Please get your reports in early.

Sum up the year, put in your stats, even some photos. Make it positive, exciting, and readable. Not too long, but your report has to convey the salient events.

The Deadline is Monday 20th January.

ANNUAL PHOTO COMPETITION

Landscape - this includes all the landscapes, waterscapes, mountains

Moods of nature - sunrises, sunsets, storm and rain or misty days

Nature Close up - plants, animals, birds, rocks, leaf litter etc.

People and faces - portraiture & club character

Miscellaneous - any photos that do not fit into any other category

Best overall - awarded to the photo deemed to be best overall by the invited judge

People's choice - the best photo selected by the members.

The winning photos are at the back of this Jilalan

Photo Competition Winners are:

Category	Title	Where Taken	Photographer Winner
Landscape	Cascading Waters	Box Forest O'Reilly's	Anne-Marie Nash
Moods of Nature	Sunset	Nudgee Beach Stroll	Greg Endicott
Nature Close-Up	Joe and the Parrots	O'Reillys Basecamp	Louise Jones
People and Faces	Graeme Aldom - Banana Break	Redlands Bush Resv Stroll	Greg Endicott
Miscellaneous	Tree Tunnel	Daves Creek Country	Annette MacKenzie
Best Overall	Rusty on the Bread Knife	Warrumbungle's	Louise Jones
People's Choice	Joe and the Parrots	O'Reillys Basecamp	Louise Jones

Thanks to those who took the time to submit photos to the Competition. It is much appreciated.

Two members submitted photos for the first time.

However, it was observed there were fewer entries this year than in the past years.

Thanks to Joe Tottenham for again judging our photos and for giving us his assessment of all the entries and his words about the category winners.

Greg E – The Comp Organiser

SPECIAL THANKS

Special thanks to John C., Khaleel and Will who overnighted with me in the Beaudesert Hospital. They refused to leave me until I was transferred to the Logan Hospital mid-Sunday morning. I spent the night watching them "sleep" on chairs and on the floor beside my bed.

This magnificent support is one of the reasons why our club has survived for so long. Terry.

THE CRY OF THE EARTH

COP 16 – (The Conference of the Parties to the Convention of Biological Diversity) has just taken place in Cali, Columbia <https://www.cbd.int/conferences/2024>.

Laudato Si' Movement was one Catholic organization represented and contributed from the faith perspectives outlined by Laudato Si' and actions outlined in Laudate Deum. The "Ecofaith" proposal was called "Eco-Spirituality in Action" addressing climate challenges from a spiritual and social justice perspective understood as the deep connection of faith with creation.

The proposal seeks to create a coalition called, 'Peace for Nature' recognizing the interconnection of stresses on biodiversity conservation, species extinction and habitat destruction and the stresses causing poverty, hunger and war. For many cultures biodiversity is sacred and faith communities propose that nature be recognized as a subject of rights. It is an ethical approach which seeks to protect the integrity of ecosystems and the communities that depend on them. It is recommended that the conclusions of COP16 be taken into account at COP29 and COP 30 given that biodiversity is being affected by the climate catastrophe. See the article in full at: <https://drive.google.com/file/d/19HPWmWxVGrLbFblEtpTAyFTYzjvRujK2/view?pli=1>.

Vatican Representatives attended among the 15,000 delegates from 200 countries. <https://www.vaticannews.va/en/world/news/2024-10/emilce-cuda-cop16-on-biodiversity-must-also-focus-on-people.html>

Biosite: information: <https://bio.site/laudatosibrisbane>

By Rick Dalmau, Grovely/Samford Parish

PAST EVENTS

SATURDAY 4th OCTOBER DAVES CREEK CIRCUIT WILDFLOWER WALK DAYWALK

A lovely walk up at Binna Burra. The trip went off without any problems. There was a considerable number of tree falls over the track as there had been very strong winds the weekend before and the Rangers hadn't had time to clear all the debris yet.

We had morning tea at Picnic Creek and lunch at the junction where there is the bench seat but, alas, there was already someone occupying the seat so we sat on the ground. There were several other people on the Daves Creek track as the Coomera Creek Circuit was closed, probably due to the storm damage of the previous week.

The wildflowers were out in profusion and we saw many little gems, including:

Purple

Matchheads,	Commesperma esulifolium	p 431
Purple iris	Patersonia glabrata	p 171
Mint bush	Prostanthera phyllicifolia	p 438

Yellow

Golden Pea	Gompholobium latifolium	p 476
Star flower	Goodenia rotundifolia	p 243
Guinea flower	Hibbertia hexandra	p 480
Leafless pea	Sphaerolobium minus	p 478

White

Flycatcher	Drossera pygmaea?	p 104
white star	Leionema elatius ?	p 456
tea tree	Leptospermum variable?	p 450
snow daisy	Olearia nerstii	p 183
Prickly moses	Woollsia pungens	p 454
Velvet bush?	Xanthosia Pilosa	p 467

The page numbers are a reference to the book *Mangroves to Mountains* (the Revised Edition 2008) by Glenn Leiper and others. The question mark indicates it is only a 90% identification. On reflection, I was surprised that we only saw about 15 different species of wildflowers yet there seemed to a profusion of them. I am keen to go back next year to try to find some more. Most of the wildflowers we saw we in the short section near the turnoff to Molongolee Cave.

Our party didn't do any side trips to Surprise Rock or Nagaragoon Falls. We had a really nice day out and finished early back at the Binna Burra Tea House for coffee and cake.

Details - Leader:- Phil Murray; Weather:- fine and sunny - average temperature about 26°. warmish, but comfortable - distance:- 12.9km, average speed 4.9kph- height gain 350m.

Thanks to those who joined me: Sue Tobin, Annette McKenzie, Jan Nelson. Anne-Marie Nash, Pat Lawton & Jonas Bernotas.
Phil



**WEDNESDAY 16th OCTOBER
BULIMBA HISTORY
STROLL**

Eight of us met up at the Bulimba Ferry to commence this Stroll. Bulimba is an old suburb – in fact, it was its own “city” in the late 1800s.



The group followed the BCC booklet on the area - from historic ferry terminal, to historic house, to historic shop, to historic grandstand, to Rusty's Grannies old house, to historic picture theatre, to historic church, to historic school, to a water tank converted into a house, and finally, to the original manor house on the original farm on this side of the River. .



At each stop we read from the booklet to enlighten us as to why it is historic; worth stopping and looking at it.

https://www.brisbane.qld.gov.au/sites/default/files/bulimba_heritage_trail_brochure.pdf

We looked, we chatted and we spent a lot of time at and in the Uniting Church and its cemetery – where William Riding & wife are buried with a tall column tomb stone. He was one of the original large landholders in the Shire.

Our Stroll was short in distance but long in time – so much to see and learn about.

Thanks for those who came, and to Marlene for lending her local knowledge to the story.

Greg

**WEDNESDAY 23rd OCTOBER
TINCHI TAMBA
STROLL**

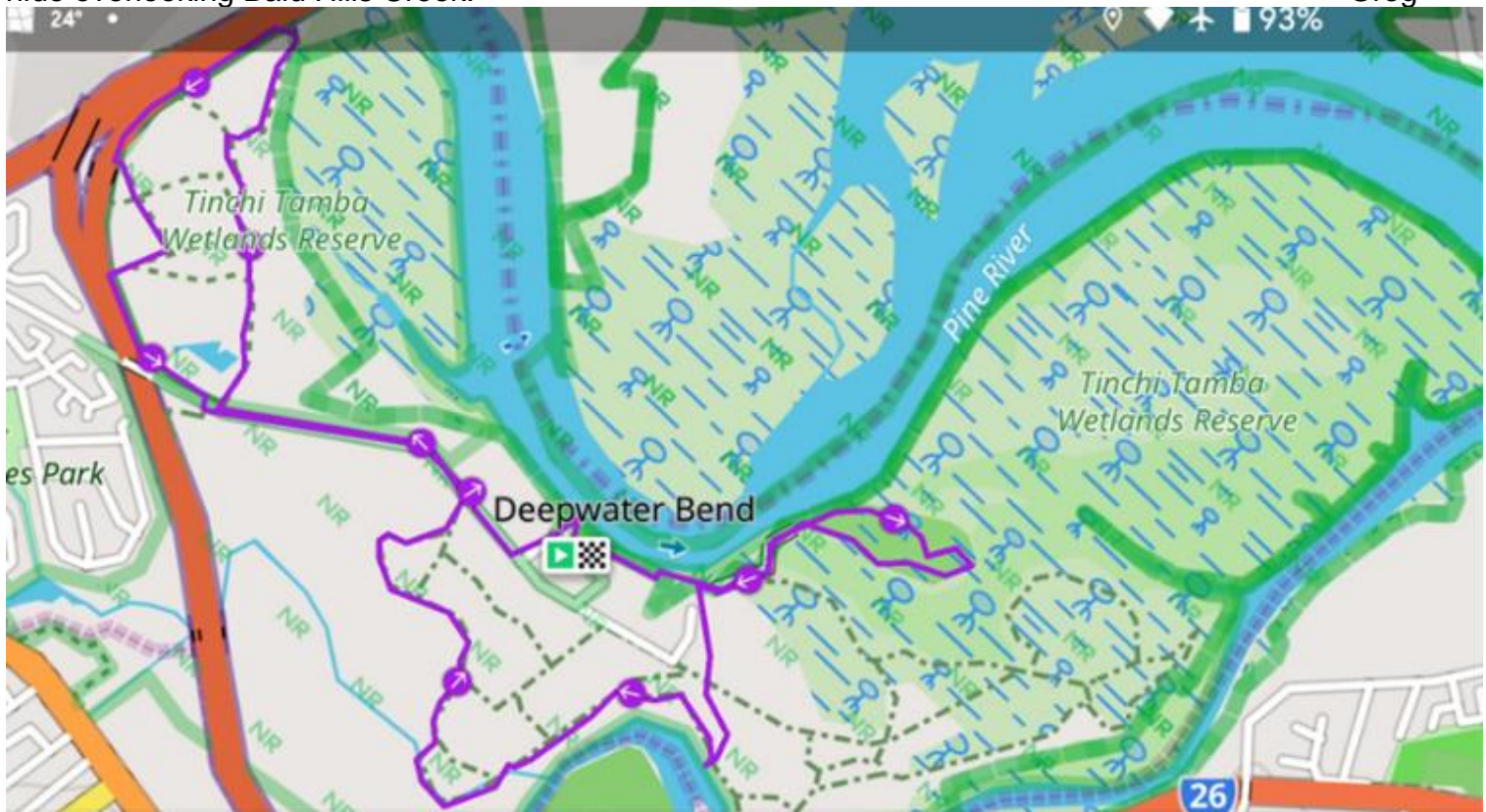


What a lovely Spring afternoon to take a Stroll through this forgotten part of our City. This is a diverse park, containing mangrove, wallum, grassland, she-oak forest, some eucalypt, and a freeway. Tinchí Tamba is on the Pine River where the freeway at Bald Hills crosses that river.

<https://www.brisbane.qld.gov.au/clean-and-green/natural-environment-and-water/bushland-reserves/tinchi-tamba-wetlands-bald-hills>

The Stroller followed a circuitous path, following the tracks, boardwalks and roads that crisscross the reserve. The area was green and lush. Everything looked bright and fresh. The tracks were well maintained. We even saw several families of kangaroo and towards the end, a whole mob. The 9.5km took us 2hr 15min to complete. Not too bad considering all the stopping we did – especially at the bird hide overlooking Bald Hills Creek.

Greg



**\SATURDAY 26th OCTOBER
YERONGA to NEW FARM
Via The Neville Bonner Bridge
DAYWALK**



The Walkers On The Bridge

Michael, Greg, Phil, Sophia, Paddy, Anne, Prasada, Sue & Benno.

A great walk from Yeronga to New Farm – it was a perfect Spring day – warm but not too hot. It was great to do the walk on a Saturday as we got to see Brisbane at play – the men's cricket at Yeronga, the ladies AFL at Yeronga, the rowers at Saint Lucia. And we stopped in at the markets at Davies Park.

The walkers had morning tea at Orleigh Park at West End. We zoomed through Southbank and across the new Neville Bonner Bridge. The group checked out the viewing platform at the Skydeck and had a refreshing ale. Then across to the Botanical Gardens for lunch. After this went past the new Kangaroo Point pedestrian bridge which is earmarked to open on Sunday 15th December. Soon we passed the Howard Smith Wharves and up along the Riverside walk. On to Sydney Street where our party caught a CityCat back into town. I am keen to do the walk again soon and include the new Kangaroo Point Bridge.

Thanks to those who joined me on the day. I had a great day; however, my feet were sore after the walk (but they didn't get sore on the Overland Track).

Details - Leader:- Phil Murray; Weather:- fine and sunny but hazy so we couldn't see Mt Barney or the Main Range; Average temperature about 26°. Warmish; Distance:- 18.9km; Average speed 4.6kph;- Height gain 184 metres.

It was a great day out. Thanks to all those who joined me on the day. Paddy Taylor, Anne & Michael Cashman, Sue Tobin, Sophia Ramsay, Benno Giuliani, Prasada Vajhalla & Greg Endicott. Phil

WEDNESDAY 30th OCTOBER
ASHGROVE/BARDON GEOLOGICAL STROLL
STROLL



This time ten Club members and one visitor gathered at Ashgrove West to discover the make-up of these 2 suburbs. We were using an old book on the geology of SE Qld – it may be old, but the rocks are older and have not changed in a million years.

The Strollers looks at 3 disused quarries to examine the different rock structures along Kedron Brook. By blasting sheer rock faces into near vertical cliffs, it was possible to view the layers of rocks, the fissures, the what ever else the good book told us to look out for.

After this, the group made its way past through Bardon Bushland Reserve to the old Bardon Tram Terminus. Here the road had been cut through a hill to enable us to see more of the underground structure that suburb sits on.

Along the way, the party checked out 2 of the oldest and most impressive, houses in those 2 suburbs – the Granite House in St John's Wood and Bardon House in the grounds of St Joseph's Catholic School where a former teacher – Mark, gave us the run-down on the historic residence.

We made our way up to the Bardon shops to finish for the afternoon. The Strollers did 8km in 2hr 8min.



WEDNESDAY 6th NOVEMBER
COFFEE NIGHT
Bella Julia Café at Ashgrove
SOCIAL

Our evening under the stars at Bella Julia Café at Ashgrove was well attended. Thirty-five club members negotiated road blockages and unpredictable weather to enjoy the pizza and pasta on offer. While the service was a little challenged at times, I think we can all say we had an enjoyable evening dining outdoors.

Thank you to all members who attended: Maree & Gordon Denkes, Barbara Eastoe, Janet Galos, Majella & Mark Deegan, Maria Kerruish, Andrea Turner, Jan & Russ Nelson, Louise & Rusty Jones, Therese Abernethy, Liz Little, Antonia Simpson, Prasada Vajjhala, Janell Sammon, Geraldine Young, Eva Broadbent, Annette MacKenzie, Michele & Greg Endicott, Karen Franklin, Michael Simpson, Terry Silk, Susan Tobin, Pat Lawton, Jonas Bernotas, Michele & Benno Giuliani, Joe Tottenham, Will Taylor & Deborah and Jon Peake
Cath



This scene is similar to the painting *Le Café de Nuit* by Dutch artist Vincent van Gogh in September 1888 in Arles

**WEDNESDAY 13th NOVEMBER
PINKENBA TO DOOMBEN
STROLL**



Five brave souls came along on this Stroll even though the sky was dark and foreboding. In fact, as it never rains on a Stroll, we completed it completely dry.

Joe had memories to share with us along the way as this part of Brisbane was part of his family history. At first, we went backwards, through one half of the Pinkenba History Trail. But first, the driver of the bus that took us there started telling us the history of Pinkenba and of the former railway – most interesting and all volunteered by him.

Next the party went down Tingara St in search of any signs of the old industrial line that went to the wharves, oil refinery and chemical works. While heading that way, a car stopped to see what we were doing, had worked in the area all his life and told us more of the local history.

Since this is now a disused branch line, we strolled along the old tracks – the quickest path and no trucks to run us down. The party made a detour to the Fisheries Dept Depot so Joe could show us the lead-light his father worked on decades ago.

The aim of the Railway Strolls is to follow as closely as possible the old permanent way – we did just that and discovered all the bygone station platforms. This Stroll finished and we were back in the cars just before the heavens opened with the heaviest rain I had seen in a long time. Greg



SATURDAY 16th NOVEMBER SAMFORD CIRCUIT DAYWALK



Under cloudy skies, twenty-seven club members met at the entrance of the Brian Burke Reserve Recreational Trail at Samford - the most BCBC members on a walk for a very long time. The weather forecast mentioned it being partly cloudy with a possible shower or two with a 50% chance of 3mm. Unfortunately, the forecast didn't match reality. We walked to the top of House Mountain in dry weather, but then the sprinkle of rain continued to increase in intensity and just didn't stop. One member commented that it was the wettest walk in 30 years!

After reaching the top of House Mountain, we retraced our steps for 1500m before turning right and heading steeply downhill. At the bottom of the mountain, we decided to abandon the intended morning

tea break given the heavy rain, thinking we would combine morning tea and lunch when the rain stopped. Our party continued for a short way along Greggs Rd and Old Greggs Rd which brought us to the track beside South Pine River. This is a lovely shady trail beside the river. Unfortunately, the trail was also very wet in parts and care needed to be taken. After about 2km along the river trail, we joined Gibbons Rd which walked along for a few hundred metres before turning into Currawong Rd. This led us to the old rail corridor which was once the Ferny Grove to Dayboro railway line till it closed in July 1955. This grassy but now very wet pathway led us to the Yugar Railway Tunnel which runs under Mount Samson Rd. And still the rain came down!

Given the weather conditions, it was agreed to shorten the end of the walk and head back along the rail corridor and return along the road to where the cars were parked, rather than head back into the muddy track system. Our expected "up to 3mm of rain" had turned into almost 60mm according to BOM by the time we returned to the cars. Instead of lunch in the rain, most walkers headed for the Patisserie in Samford Village for refreshments.

Thank you to the bumper crowd of walkers who joined me on this new walk for the Club. It is a shame that the sun didn't shine for us, but I sincerely thank you for the good humour shown during this very wet walk. Those who joined me were: Russ N, Majella & Mark D, Maree & Gordon D, Anne-Marie N, Therese A, Terry S, Geraldine Y, Antonia S, Michele & Greg E, Janell S, Sue T, Annette M, Paddy T, Liz L, Cath M, Jon P, Anne & Michael C, Jodie & Eugene M, Pat L, Jonas B and Will T. Jan





**WEDNESDAY 27th NOVEMBER
ROMA STREET to WOOLLOOWIN STATION
STROLL**



We all gathered on Platform 10, Roma Street R/way Station on Wednesday for our weekly Stroll. We gathered along with passengers boarding the 'Spirit of Queensland' departing at 3.45pm for Cairns and followed by the 'Tilt Train' for Bundaberg departing at 4.55pm. I knew I was in Brisbane when a railway porter approached a passenger and asked, "where you going mate?"

Fifteen Strollers quickly assembled, had their prerequisite group photo taken and Strolled from Roma Street Station to Central. Above Central Station and walking towards Cathedral Square we passed churches of the Lutheran and Anglican faiths as well as Kaplan University (where I once lectured) on the corner of Ann & Wharf Sts and some of us remembered Hotel Brisbane now replaced by a tall sky scraper apartment building.

One of our Strollers (Russ) gave us a short talk of Saint James College in Boundary Street where he was a student. After passing old homes in Spring Hill we entered Barry Parade where one of our Strollers (Graeme) worked in a building for the Scripture Union over many years.

In Alfred Street, Fortitude Valley we admired an old red brick building opened in 1924 which was 'Fortitude Valley Baby Clinic and Nurse Training Centre' where one of our Strollers Cath) worked and trained in earlier times.

Onward we Strolled through a very busy concourse above Fortitude Valley Station, back into Alfred, Constance and Wickham Sts, passed the Valley Pool and the new Fortitude Valley State Secondary College. As we approached Bowen Hills Station, we could see the high-rise Hudson Apartment building close by Albion Railway Station. In Albion/Windsor we viewed homes previously occupied and lived in by two of our strollers (Michael & me and The Raymer girls – Jan & Ann's grandparents a bit further along the track).

It was getting a tad late and we completed our Stroll in just under 3 hours. Thank you all for attending and especially to one Stroller (Greg) who arrived from overseas earlier in the day and was not going to miss this Rail Stroll.

Cheers, Joe



**MON 18th to THU 29th NOVEMBER
THE OVERLAND TRACK
THROUGHWALK**

We came, we saw and we were blessed

We had perfect weather. Truly it was bright and sunny virtually every day. The sky was blue, the forests were green and the mountains were huge and awe inspiring. And the wildflowers were out in profusion.

The weather was so nice but it was perhaps a bit on the warmish side. I am not complaining as it so much better than having several days of cold, wet drenching rain. It did rain once, but that was on the "rest day." We had already done our morning walk up to Mt Oakleigh (7.00am to 1.00pm). Got back to Pelion Hut about 1-ish and started to sprinkle a bit, then it drizzled all afternoon but cleared just on sunset.

The next day was a bright & sunny and our goal was Mt Ossa. It is the highest mountain in Tasmania. We climbed it and there was actually snow patches on the summit.

I did the Overland Track thinking it would be my last trip there but now that it is over I am already dreaming of going again. Why? Because it is just a magical place and we have unfinished business. We didn't climb Barn Bluff and I didn't climb Cradle Mountain but we did most of the other side trips.

A feature of the trip was the quality of the Huts. They were lovely modern buildings - especially Windemere and Kia Ora huts. The bunk beds were smooth and shiny. In fact, they were so shiny and polished that your sleeping mat slipped a bit and my pillow slid away from the sleeping mat/airbed. (This was biggest complaint about the walk, so it must have been a great walk). The toilets facilities were of course still outhouses but they weren't smelly.

The preliminaries were: fly to Launceston. I caught the 10.38am train from Robina and took 2 hours to travel to the airport. It took over 40 minutes to get checked in and through the security check (they were doing refurbishment and we had to go through a temporary facility). Then another hour's wait for the plane. Then a 2½ hour flight, arrived in Launceston and a 20-minute taxi ride to the city. The amazing thing was we fitted 4 people and 4 big back packs and 3 small bags in the boot of a small sedan.

Next day we did some last-minute shopping. Launceston has a great choice of bushwalking gear shops. Now for the bus transfer to Cradle Mountain from 12 noon, taking about 2 hours. Check in to the hotel. Then across to the Information Centre to do the compulsory safety briefing and sign our declaration; we had all the right gear - tents, sleeping bags and full wet weather gear etc etc.

Details: Leader: Phil Murray; Attendance – 7- Phil, Khaleel, Monica & Ken McCarron, Marg & Tim Clarke and Liz Stone (Marg's sister).

Weather perfect – sunny and warm. Distance about 65km; Days walking 7; .Travel days 3.

Map: <https://cdn.shopify.com/s/files/1/0334/8987/9179/files/Hiking-the-Overland-Track-Guidebook-Sample-2.jpg?v=1666844418>

Day 1 Wed 20th Nov - Cradle Valley to Waterfall Valley & Cradle Mt - 10km

This was the hardest day as it was uphill from the start and our packs were so heavy. Things have changed with transport at Cradle Valley. Now you must catch a bus from the Information Centre and go about 15km to Ronny Creek where we started the walk. The bus was chockers and we started with about another 30 people. There were day trippers and throughwalkers and picnickers.

There was a special early highlight when we spotted several wombats still out and about at 9.30am. In particular we spotted a mum with her joey that sticks out the back. It was a bit odd and everyone stopped to take a long look. But I couldn't get a good photo of the joey.

Already we were getting strung out as we crossed the moors and then it was uphill past Crater Lake and on to the Boat Shed. It was a struggle up the hill to Marions Lookout.



View From Marions Lookout With Cradle Mountain And Dove Lake

Finally, we got to Kitchen Hut and the turn off to Cradle Mountain. Monica, Ken and Marg did Cradle Mountain and loved the views. Liz, Tim and I watched from Kitchen Hut. Khaleel did a walk to another lake called Suttons Tarn. We regrouped about 2.30pm and it was then across the plateau to Waterfall Valley. The distances seem twice as long as usual as we were only walking at a pace of 2km per hour due to the bumpy track, our heavy packs, the heat, the long day. It just seemed to take so long.

Finally about 5.30pm we got to the new Waterfall Valley Hut. The distance is allegedly only 10.4km but it felt more like it was 20km. The new hut was superb, very modern with a great view of Barn Bluff from the dining room. Yes, there was a huge dining room with tables to sit about 30 people. The quality of the construction was excellent. The polished timber floors were so smooth you could slide along them in your socks. The bunk rooms were fantastic, bright, modern and clean. But It was cold that night - the only cold night of the trip.

Day 2 Thu 21st Nov - Waterfall Valley to Windemere Hut - 9km

There was a sprinkle of rain overnight. The morning was very cloudy and only Khaleel was keen to do Barn Bluff. But after the rain, it could be very slippery. The rest of us were stuffed, knackered & worn out and therefore most of us wanted to give it a miss. We decided against it but have to go back another day. We decided to walk to Lake Will and everyone else did too. There were about another 20 people walking in our direction but eventually we all spread out.



A Nice Sandy Beach At Lake Will With Barn Bluff In The Background

Lake Will is a 1.5km side-trip off the main track and is a must-do detour. The way is fairly flat and the lake is just an amazing spot. It is so tranquil with Barn Bluff standing like a huge monolith in the distance. Most of us had a swim in the freezing water and then onto Windemere Hut. This was even better than the previous hut. Most of the trampers did the short walk back to Lake Windemere and had a swim. The surprising feature about this lake was how warm it was compared to Lake Will. Lake Will was perhaps only 15° and Lake Windemere was about 19°. In bed by about 8.30ish - a little surprising that most people got into bed so early.

Day 3 Friday 22 Nov 24 - Windemere Hut to Pelion Hut - 15km

The first part wasn't too bad. Nice track gently undulating then across a long flat moorland to the Forth River Lookout. It was a sunny glorious day. There were great views behind us of Barn Bluff and Cradle Mountain. Then it was a long hard slog. The track in places was a mess. Long sections of messy rocks, boulders, tree roots and long puddles until we got to Frog Flats. Then the track got better but was mainly uphill. At least the last 2 km was mainly on duckboards. Finally got to Pelion Hut about 5pm.



Marg, Liz & Tim Leaving Windemere Hut With Barn Bluff In The Distance –

Notice The Size Of Their Packs

Day 4 Saturday 23rd Nov - Pelion Hut to Mt Oakleigh and return - 10km

Today was the rest day or easy day. We did the side trip to Mt Oakleigh. It was cool and grey morning. There was rain forecast for the afternoon so up early, start at 7am and plan to be back just after noon. We did exactly as planned. The views were fantastic although it was grey and bleak there - basically no rain just a few sprinkles. We were back by 1pm. Marg, Liz, Tim, Monica & Ken did a quick trip down to Lake Ayr. It took an extra hour. They couldn't get to water but still had a good time.



Khaleel, Phil, Monica, Ken, Tim, Marg & Liz With Mt Oakleigh In The Background

Snow on Mt Ossa – Tassie's highest mountain.

It is Christmas soon so I would like to share a story about a trip that includes snow. There are no reindeers but we did have snow on Mt Ossa. It was great. The climb up is probably harder than Mt Maroon. Similar height gain but the best part was the snow. I didn't expect to see snow drifts but we did. There were several snow drifts and, in a few places, it covered the track so we actually travelling over snow. On the way down a few decided to slide down the snow.



Khaleel Sliding Down The Snow Drift On Mt Ossa

**TUESDAY 19th NOVEMBER
ROMA STREET TO GYMPIE NORTH
50^c TRAIN TRIP**



This journey was the third in our series of riding all the suburban rail lines in SE Qld. Two more to go – Shorncliffe to Cleveland in a few weeks and the final one Doomben to Rosewood in February.

The six of us got comfortable in our own personal carriage for the 3hr 44min journey to Gympie North. The time passed quickly since we chatted about life, the universe and everything, as well as looking out at the scenery as it passed our windows. Sabrina was particularly interested in the Glasshouse Mtns. I was interested in the landscape north of Caboolture as I have hardly gone by train north of this town.

There is an amazing amount of bush along the line, as well as farmland – a lot of greenery that the highway does not pass along. The new Gympie Bypass surprised us as we approached Gympie – it is opened and right next to the rail line.

Gympie North is a thrilling terminus – the station even has the Gympie Travel Centre on the platform. The platform even has resident magpie & butcher bird who scavenge food from the tourists who sit on the benches having lunch.

Thanks to those train-loving members who came along with me on this dream trip – especially to Sabrina who is back home after months away. And to Sue W and Richard who boarded along the way. Greg

**WEDNESDAY 20th NOVEMBER
WOOLLOONGABBA HISTORY
HISTORY STROLL #6**

On a damp and dull afternoon, our three wise and adventurous men set off on a fast and slightly wet stroll to discover the many fascinating highlights about the history of Woolloongabba.

We started at the very cosmopolitan and bustling Clarence Corner, on the corner of Stanley S and Annerley Rd (formerly Boggo Road - home to the famous gaol and David Webster's expansive bread & cake-making factory). Along Annerley Rd, we saw original sections of the Mater Hospital and the imposing Princess Theatre, before we turned towards Merton Rd and the 19th century streetscape of timber workers cottages built in 1885.

Touring other historical points of interest enabled us to pass a couple of sites where Michael held a managerial role within the Queensland Dental Service. High on Hawthorne St, we saw the magnificent Holy Trinity Anglican Church, St Seraphim Russian Orthodox Church and the Nazareth Lutheran Church, just a few of the many amazing and ornate churches throughout this area.

Along Vulture St, we viewed St Nicholas Russian Orthodox Cathedral and The Brisbane German Club, then remembered our sporting stories of The Gabba ground prior to finishing at that section of Logan Rd

now sealed off from the Woolloongabba Fiveways. Lots of fabulous and inviting restaurants and cafes in this location. A coffee night for the future!!

Thanks to Prasada and Michael for an enjoyable stroll, Michael's first stroll with the Club, as well as to Prasada for his comprehensive photo collection. Not even light albeit constant drizzle will deter the hardy few.



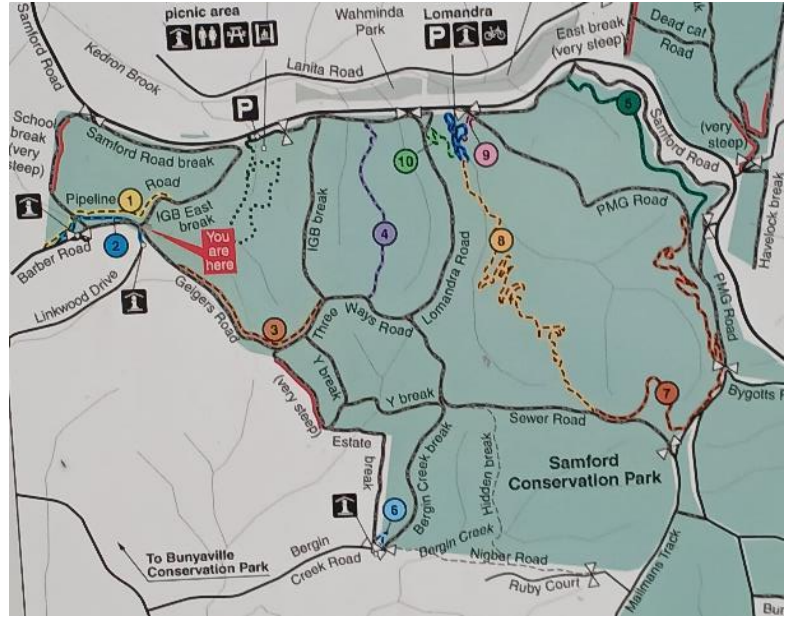
SATURDAY 23rd NOVEMBER THEATRE NIGHT SOCIAL

Prior to heading to the Nash Theatre, nine people gathered at the Brunswick Hotel for dinner. The added incentive was the 20% discount they offered if you had a ticket to see a play at the Nash Theatre for that day. The service was very good, the meals tasty, and the prices were very reasonable. When everyone had eaten, we headed to the Nash Theatre which is based at the Uniting Church on Merthyr Road at New Farm. Here we met up with another four Club members and we chatted in the outdoor seating area until the doors of the theatre opened.

The play being performed was Agatha Christie's "Murder on the Nile." I was extremely impressed by the quality of the acting. Brisbane is fortunate to have people willing to devote their time and energy to put on such a high-quality performance for the community theatres in the city and many hours must be spent in rehearsals. During the interval many of us took advantage of getting a cuppa before resuming our seats for the second half. By the end of the performance, quite a few of the actors had been "killed off" and the murderer/s revealed.

Those who joined me were: Joe T, Prasada V, Anne-Marie N, Sue T, Graeme A, Cath M, Jon P, Majella & Mark D, Annette M, Janet G and Russ N. Jan

WEDNESDAY 4th DECEMBER SAMFORD CONSERVATION PARK STROLL

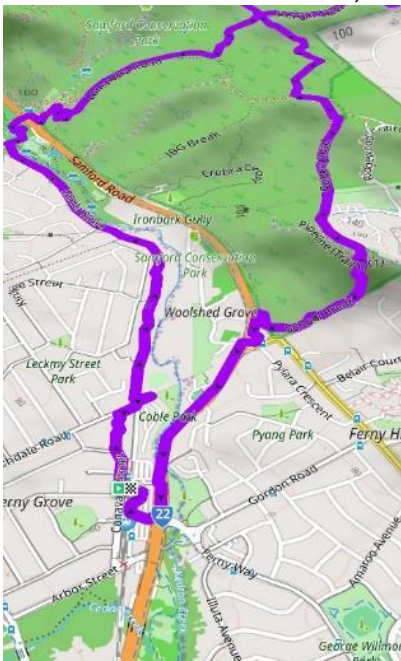


Five intrepid Strollers met at Ferny Grove Stn in hot muggy & cloudy weather. There would have been more except they falsely believed the Snowy Mountains could possibly be better.

To get to the Park, the party Strolled up Lanita Rd beside the babbling Kedron Brook to where the track crossed. Now to cross under Samford Rd and into the Park proper. All our tracks were fire trails, so well maintained and in good condition. Our first track was Lomandra Trail, then we turned into Sower Rd until it met Hidden Break (not too well hidden as we easily found it). This was an up, down and up again track – not what we wanted on such a muggy day but was the precursor to what followed. The Break lead onto Ruby Ct (with houses) but soon took us to Bergin and Y Breaks – some well-thought-out names here). Geigers led onto Pipeline and School Breaks – all these were over undulating country (that awful work we learned to love so much on the Great Ocean Road Trip) – up, then down, then up ridges again.

With all the rain we have been having, I thought the track would have been muddy and the creek full and their crossings boggy – nothing of the sort. Everything was almost dry. Where the burn-off were done over Winter, the new bright green grass was vigorously shooting up. Our group finally made it back to Samford Rd and had a short Stroll back to the Station.

Thanks to those who came, even though the weather was looking bad. We completed 11km in 3hr.





JUBILEE YEAR OF HOPE

www.faith-matters-gsm.com.au

Pope Boniface began the first year of Jubilee in 1300 and the tradition has continued since then. At first it was held every 50 years and was then changed to every 25 years. This concept actually dates right back to the times of the Book of Leviticus (Lev. 25: 8-15) where the nature of this Jubilee was defined. The Jubilee since 1300 continues a similar concept, quite different from earlier times in practice but full of blessings, mercy and forgiveness.

<https://catholicoutlook.org/2025-the-jubilee-of-hope/>

Pope Francis has declared 2025 as the next Jubilee year with the title "*Pilgrims of Hope*". You might remember that the most recent jubilee was held in 2016 with the title "Extraordinary Jubilee of Mercy". This Jubilee was not the same as the usual Jubilee every 25 years, the last of which was held in 2000.

This coming Jubilee will commence on 24th December this year and go to 28th December, 2025. There is a lot of information about all of this on the internet. If you want to follow up, just type in something like "Year of Jubilee 2025". You will also find that there is a hymn, specifically for this 2025 Jubilee year.

<https://www.youtube.com/watch?v=7uXO8IUcEZI>

The final Sunday of the 2024 Church year, namely "The Feast of Christ the King", occurring on 24th November. This means that the first Sunday of Advent occurs on 1st December.

Advent is a four-week period during which we can make an effort to prepare for the coming of Jesus Christ on Christmas Day. One way of doing this was to use a small Advent booklet that contains something for reflection each day. Its theme is "Hope Reigns," which is interesting, because the theme of the Jubilee Year in 2025 is "Pilgrims of Hope".

Preparations for Christmas are so demanding, that having a little time to devote to reflection and prayer about the true meaning of this time can often be forgotten. This booklet solves this problem by using it at the same time each day and it takes just about 5 minutes or so.

Leviticus 25:8-15 - The Year of Jubilee

Count off seven groups of seven years, or forty-nine years. During that time there will be seven years of rest for the land. On the Day of Cleansing, you must blow the horn of a male sheep; this will be on the tenth day of the seventh month. You must blow the horn through the whole country. Make the fiftieth-year a special year and announce freedom for all the people living in your country. This time will be called Jubilee [a word related to the Hebrew for "ram's horn"]. You will each go back to your own property, each to your own family and family group. The fiftieth year will be a special time for you to celebrate. Don't plant seeds, or harvest the crops that grow by themselves, or gather grapes from the vines that are not trimmed. That year is Jubilee; it will be a holy time for you. You may eat only the crops that come from the field. In the year of Jubilee you each must go back to your own property.

If you sell your land to your neighbour [countryman], or if you buy land from your neighbour, don't cheat each other. If you want to buy your neighbour's land, count the number of years since the last Jubilee, and use that number to decide the right price. If your neighbour sells the land to you, count the number of years left for harvesting crops, and use that number to decide the right price.

DISCOUNTS AT OUTDOOR SHOPS

Our Club Secretary, Susan, has been ringing around the outdoors shops to find out which gives discounts on purchases of bushwalking gear.

The story so far – K2 will give 10% and Macpac will give 20% upon you advising them you are a member of BCBC. We are still in negotiations with Paddy Pallin. Anaconda and Kathmandu have a member's club of their own where you sign up, become a member and flash their token to get the discount.

When thinking of purchasing gear, give these a thought.

AROUND THE RIDGES

Food Tips – dried mango slices – available from Aldi - it was heaven on this trip – but lots of sugar. I have never like dried bananas chip but the mango slices were heaven.

NEWSLETTERS FROM OTHER CLUBS

If you would like to read any of these magazines, please contact our Secretary to ask her to forward you the e-copy of these newsletters briscathbushclub@yahoo.com.au

Footnotes – BOSQ

Footprint - Toowoomba Bushwalkers

BBW Newsletter

Ramble-on - Redland Bushwalkers

The Trudge - Sunshine Coast Bushwalking Club

Connected – NPAQ eBulletin

HOPE and PEACE

www.faith-matters-gsm.com.au

Advent is here: the Church season of looking forward with HOPE to reflect on the wonder of the Father's love being made visible in Jesus' birth, making him human like us, and making us, children of God.

Very appropriately for this time of year, Pope Francis has announced 2025 the Jubilee Year of Hope, beginning this year on 24th December, Christmas Eve, and continuing until the Epiphany in January 2026. The theme is "Pilgrims of Hope" - an opportunity for us to be renewed in hope. Reading the "signs of the times," Pope Francis noted the desire for peace and hope in a world increasingly marked by violence and conflict, and the loss of a desire to have children. -Vatican News

Advent is also a time of joy! Our Saviour has come! Our Saviour is here with us! Our Saviour will come again. All along, Advent has been a time of preparation and repentance, as well as joy and hope. It is a season of new beginnings and the stirrings of the heart. Our Church's Advent has always included a note of penance, but in the positive sense of a call to conversion. The word "Adventus" comes from Roman times and referred to the coming of the emperor to his dominions. The roads were repaired so that his passage would be smooth. It is why the term was used by St John the Baptist. The roads into our hearts may have become cluttered with debris.

On reflection and prayer what can we do to prepare our hearts? One suggestion: Christmas has always been a time of catching up with friends and relations. Relationships are to the fore in our thoughts at this time of year. Taking our thoughts to the Lord in reflection and prayer in this "getting ready" for Christmas period may mean connecting with a relation or former friend in a simple way; being open to someone who has dismissed us in the past; or bridging the years with someone with whom we have lost touch, but with whom, from this distance of time, we regret shutting them out.

It could mean simply getting back in touch with a friend with whom the connections have just dropped out. Let's speak with our Lord. Wisdom and Hope as well as Peace are needed in all our relationships, and often courage.

"He drew a circle that shut me out

Rebel, heretic, a thing to flout

But Love and I had the wit to win

We formed a circle that took him in – Edwin Markham

IMPROVING YOUR FOCUS

<https://stories.uq.edu.au/contact-magazine/uq-mythbusters-attention-span/index.html>

By Britt Wilkins

Whether struggling to get in the zone at work or reading the same sentence of a book 20 times in bed at night, all of us have experienced frustration at our inability to focus at one time or another. And it's no wonder – life in the era of endless notifications and relentless algorithms often puts our attention spans to the test.

[Contact](#) asked [Dr David Sewell](#), UQ Senior Lecturer in Experimental Psychology and an expert on the science of concentration, to bust some myths and share some tips.

Still with us? Let's get into it.

Key points:

- Multitasking is a myth! By juggling tasks, you complete them more slowly than you would sequentially.
- Some people do naturally have stronger focus than others.
- You can improve your concentration, but there's no shortcut: you must build habits that protect you from distraction.
- Stick to one cup of coffee. The attentional benefits level out after one shot and can even be diminished by large amounts of caffeine.
- Surprise, surprise – smartphones and apps like TikTok are designed to damage your focus and they do this very effectively. Silence your alerts to stay on track!

True or false: we can multitask to be more productive?

False. Many of us have heard someone say that they're great at multitasking. I imagine plenty of us have made such claims about ourselves at some point, too. But it's a myth. Granted, it's a great feeling to have multiple things on the go (and to not have them fall to pieces), but this is what makes it an especially pernicious myth.

The fact of the matter is that we're rather lousy at performing any task when we divide our attention. Each of us has a finite attentional capacity, making focus a zero-sum game. When we divide our attention, we can make progress on multiple fronts or across different tasks, but the pace of that progress is often slower than if we had approached things sequentially. Moreover, there are further overhead costs associated with switching from one task to another. It's quite difficult to move straight from one task into another and we often take a moment to reorient ourselves, giving rise to a 'what am I doing again?' kind of experience.

Is it possible to improve focus?

Thankfully, it is possible to improve one's ability to concentrate and focus attention. That said, it's not so much about expanding one's attentional capacity—you've only got so much attention to work with. Rather, it's about protecting those finite attentional resources from being captured by distraction. Part of this can be driven by practice. Good attentional habits can be cultivated over time, but intensive training is often needed for this to be effective.

More immediate improvements can come about from adopting more structural changes around performing tasks that require concentration. Proactively removing or avoiding likely sources of distraction can help keep your attention from being pulled away from the task at hand: finding a quiet place to work without interruption and switching off notifications can be a huge help. Having a clear plan for accomplishing a goal – reflecting on what specific steps you need to take and how much time you will spend on-task – can also help protect from the distraction of planning on the fly. It also has the advantage of breaking up a larger task into several smaller, more manageable, ones.

Are some people just a little bit more 'scatterbrained' than others?

When should we seek professional advice about issues like ADHD?

There are certainly individual differences in attention and ability to focus. Optimising conditions to protect against distraction can go some way to narrow the range, but there are also fundamental person-specific limits on what one can do in terms of attentional focus. For a variety of reasons, it's important to understand one's own attentional bottleneck and organise things based on what works best for you. How long can you meaningfully maintain focus on a task? Do you focus better in the morning, afternoon, or evening? Are there certain tricks you've discovered about yourself that improve focus or motivate you to focus?

As with any concerns about mental well-being and cognitive ability, it's fine to voice concerns and seek advice when issues begin to limit your day-to-day life. If you're concerned that attention-related issues are disrupting everyday function or are causing distress or worry, it would be appropriate to seek further advice.

Do our phones and their attention-gobbling apps like TikTok and Instagram have a measurable impact on our ability to focus?

They certainly do, and from a few different angles at that. On one hand, push notifications are intentionally designed to grab our attention and pull it away from our current focus. Responding to notifications involves the pick-up and put-down costs of reorienting our attention, like any kind of task switch. However, simply knowing that you've received a notification can distract based on thinking about what it might be. Through use and experience, we quickly learn that these apps are an endless source of novelty and intrigue. Since we find these things intrinsically interesting, we go out of our way to engage with apps. Restricting how much time we end up spending on them is one way we can try and reclaim our attention.

What's your advice for anyone who feels they struggle to concentrate at work?

Hang in there! Easier said than done, I know. If one feels that it's getting harder to concentrate, it's important to reflect on why that might be.

Sometimes the causes might be under your direct control – it's too easy to grab my phone and start scrolling through social media—and these kinds of issues can be addressed by being proactive. Install lock software or make it physically harder (or more annoying) to access your phone when you don't want to be distracted.

Other times, the causes can be more structural and require a more thoughtful response.

Are there other external stressors that are creating problems outside of work that need to be address?

Are you burnt out and need a break?

Taking stock of how your attention is being spent is a key first step.

Does caffeine help with focus? Or can it be a hindrance?

Coffee drinkers, rejoice! Caffeine helps but, sadly, the benefits to attentional focus don't continuously grow with each additional cup – there are diminishing returns. Benefits to attentional focus seem to kick in after a cup of coffee and level off soon after that. It is possible to overdo it though, as performance can get more haphazard and error-prone after consuming large amounts of caffeine.

Is it natural to lose focus as we age?

When should we worry about a struggle with attention?

Attentional control does weaken as we age, in that it can take longer to establish focus and we can be quicker to lose it, too. I think it would be a mistake to attribute all kinds of changes to aging or cognitive decline more generally, though. Also important are changes in priorities and interests that naturally come along with changes in how (attentionally) captivating we might find certain tasks or activities. However, if challenges with attention are interfering with accomplishing goals you are pursuing or are beginning to create problems in day-to-day life, it is best to seek out advice or assistance earlier rather than later.

Any other tips to improve focus?

Be patient as you refine your ability to focus. We've probably all picked up some bad attentional habits along the way that are hard to change. Cultivating a set-up that protects you against distraction is an incremental process. It takes time and effort. Of course, looking after yourself physically and mentally goes a long way to help, too. Having a plan and being clear about what goals you want to achieve and how you might go about achieving them is key. It's easy to stay on task when you've got a clear plan. It's much harder when you're unsure of what to do next.

APPOINTMENT OF VICAR GENERAL

With the departure of Bishop Tim Norton on becoming Bishop of Broome in WA, the Archbishop has decided to appoint Fr Peter Dillon as Vicar General with immediate effect.

A NEW CARDINAL FOR AUSTRALIA

<https://www.abc.net.au/news/2024-12-08/mykola-bychok-melbourne-ukrainian-greek-catholic-church-cardinal/104691978>

Pope Francis has elevated Melbourne Bishop Mykola Bychok to the position of cardinal, during a grand ceremony attended by hundreds of people at St Peter's Basilica at the Vatican. Cardinal Bychok is one

of only eight cardinals to ever be chosen from Australia, and the first since the death of controversial cardinal George Pell.



At the age of 44, Cardinal Bychok becomes the youngest member of the College of Cardinals, Australia's highest-ranking Catholic, and the first cardinal from Australia since George Pell. The Ukrainian-born missionary, who moved to Melbourne four years ago and will be eligible for Australian citizenship next year, told the ABC he "never expected" this.

"At this age, my dream was to be a Redemptorist to belong to the congregation of The Holy Redeemer, to be a priest and that's it," he said. "I fulfilled this plan, and I was the happiest man in the world." He said he aims to be a cardinal who is "flexible, holy, accessible and without eminence".

He said he does not know why he was chosen to be a cardinal — most other cardinals are in their 70s — but he added that he believed God would "strengthen" him in his new role. Because Cardinal Bychok is under the age of 80, he will also be eligible to vote in the Papal Conclaves to select future popes. His selection has been seen by some Vatican observers as part of an effort by Pope Francis to choose outsiders and make the church more geographically diverse with cardinals from all corners of the globe.

Mykola Bychok's elevation by Pope Francis recognised his ties to Eastern Europe. "This pope really has kind of a tendency to favour people that work in the peripheries," the Catholic News Service's Rome Correspondent, Justin McLellan, told the ABC. "People that are very deeply embedded in their communities, people that tend to create a sense of community around them, that is what the pope looks for in pastors. "He doesn't want bureaucrats or just church officials — they may be good at getting certain kind of tasks done, but they kind of have this distance from the people."

Cardinal Bychok is also from a generation of church leaders not linked to the sexual abuse scandals of the past. "By naming younger people, it's definitely an effort to perhaps turn a new page," Mr McLellan said.

In the hierarchy of the Catholic Church, the most senior title after the Pope is cardinal. Cardinals are chosen by the pontiff to be his inner council and give advice on how to run the church.

Mykola Bychok was born and raised in Ternipol, in western Ukraine. He said he first felt a calling to follow Christ when he was 15 years old and was an altar boy. After graduating from high school, he entered a monastery at the age of 17 and professed his first vows the following year. He was ordained as a priest in Lviv, Ukraine, seven years later, and has also studied and served in Poland, Russia, and the United States.

In January 2020, he moved to Melbourne after Pope Francis appointed him as the Eparchial Bishop of the Ukrainian Catholic Eparchy of Saints Peter and Paul of Melbourne, also known as the Ukrainian Greek Catholic Church of Melbourne.

In October 2024, the Pope announced he would install Bishop Bychok as a cardinal — overlooking high-profile Catholic leaders in Australia such as the Archbishop of Sydney, Anthony Fisher, and the Archbishop of Melbourne, Peter Comensoli. Cardinal Bychok said he had received "many words of support" from the archbishops.

"This man will bring all sorts of gifts to the church, local and universal, and will complement the wider church. "We're used to the Western rites of Roman Catholics, but he's from the Eastern rites, and the rise of them in Australia is incredible, unstoppable, and wonderful through migration."

During the ceremony at the Vatican, known as a consistory for the creation of cardinals, Cardinal Bychok did not receive the traditional four-pointed red hat. Instead, Pope Francis placed on his head a black monastic veil with red trim, which is representative of the Eastern Rite.

CHRISTMAS TINY DOORS



Join the fun and discover the enchanting Christmas-themed tiny doors hidden around Brisbane CBD. Designed and created by local artist Mace Robertson, these whimsical doors bring festive cheer to life, perfect for a magical family outing.

Find all the Christmas Tiny Doors in the locations below:

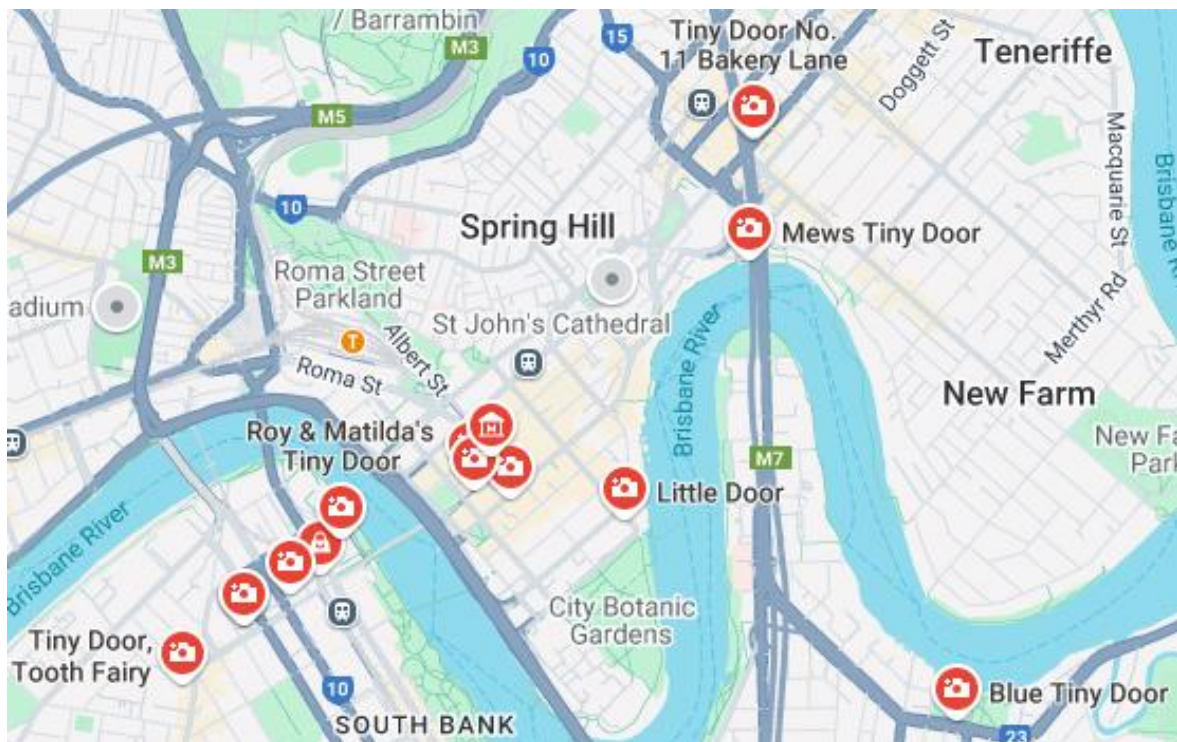
- Roma Street Parkland
- Post Office Square
- King George Square
- Burnett Lane
- Queen Street Mall
- Uptown
- Queens Plaza
- Wintergarden
- Queen's Wharf
- Riverside
- City Botanic Gardens
- South Bank

AND BRISBANE'S LITTLE DOORS

<https://strikhedonia.weebly.com/walking-blog/brisbanes-little-doors>

Today we went on a door hunt through Brisbane's streets and laneways. We missed a few but found a nice batch of tiny doors hiding out in Fish Lane (South Brisbane), Burnett Lane (Brisbane's oldest lane dating back to convict days), and Bakery Lane and Winn Lane (in the Valley). We also found one hiding out in the Art Gallery at Southbank. Behind this door are some cute mice. Some doors open to reveal a QR code, which plays a behind-the-scenes film with the artist who created them.

The miniature attractions are by artist Mace Robertson, who says there are so many doors, he cannot remember how many he has installed. Robertson was inspired to create the series after spotting the global "fairy doors" phenomenon, a so-called "magical portal between" our world and the fairy realm usually found at the base of a tree trunk overseas.



7/690 Ann St Fortitude Valley, 11 Bakery La The Valley, inside The Mews at Howard Smith Wharves, 45a Burnett Ln, 33 Burnett La, 51/5 Burnett Ln, 171 Queen St, 53 Queen St, 127/115 Queen St, 32 Edward St near Port Office Hotel, 99 Elizabeth St, South Brisbane Train Station, Art Gallery at Southbank, Fish La x2, 38 Lytton Rd,



So many tiny doors, each with their own charm. We tried to place an object near each one to give a perspective of size.



Of course we stumbled upon plenty of other interesting art pieces around the streets as we searched for the doors. The Blu Art Xinja's small, sculptural pieces that are placed in out of the way locations popped up in some of the laneways.



Some works by Blu Art Xinja, a street artist who installs artwork under cover of night.

Hanging out with the locals . . .



Plant sculptures in Fish Lane.,



Leaning on the sign post in Winn St.

It really was a fun outing and we covered over nine kilometres on our hunt. Brisbane's lanes are becoming more lively and more interesting these days, not only with art works, but also with cafes. We enjoyed a delicious lunch of soup and sandwiches in Winn Lane to complete a perfect day out.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from St Brigid's carpark, 78 Musgrave Rd, Red Hill.

Check Jilalan to determine the meet-up location, to be sure.

- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming “lost.” Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled. If they are, all nominees will be notified. Do not presume that outings are cancelled – e.g., because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the leader if the leader shows a mobile phone number. If not, ring Emergency Officer.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 0418 122 995.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of February, May, August and November, at 7:30pm. The location is Fr Denis Power Building (part of the former Sacred Heart School, 347 Given Terrace, Paddington. (Rosalie) – actually 339 Given Terrace.

[https://www.google.com.au/maps/@-](https://www.google.com.au/maps/@-27.4623287,153.0006302,450m/data=!3m1!1e3!5m1!1e4?hl=en&entry=ttu)

[27.4623287,153.0006302,450m/data=!3m1!1e3!5m1!1e4?hl=en&entry=ttu](https://www.google.com.au/maps/@-27.4623287,153.0006302,450m/data=!3m1!1e3!5m1!1e4?hl=en&entry=ttu)

Parking: Either in Given Terrace, OR down behind the Centre in the school's old playground off Central Ave – enter Central Ave from Ewart St.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (or “Emerg Off” or EO) for that outing – but please, they are not to panic. If the Emergency Officer is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it. <https://fmrqld.bwq.org.au/bushwalkers-overdue/>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment.

This should comprise the following: Emergency Contact & Medical Information form, a first-aid kit, a torch, a parka/raincoat, hat, shirt, 50+ sunscreen and at least 2 litres of water.

Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES:

The Club financial year is January to December.

There are different amounts for those who want only an electronic Jilalan and for those who want a printed version as well.

Ordinary Members: \$35 for Jilalan e-copy only, AND \$45 extra for a printed copy if you want one

Associate Members: \$30 for Jilalan e-copy only, AND \$45 extra for a printed copy if you want one

Associate Members: Those not of the Catholic faith

Life Members: No membership fee, \$45 for a printed Jilalan if you want one

Honorary Members: No membership fee, \$45 for a printed Jilalan if you want one

Payment of fees can be made to the Treasurer

Pro-rata amounts apply to new members if you join during the year

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

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E-Mail	briscathbushclub@yahoo.com.au		
Web	https://bcbc.space/		
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Jilalan Editor	Paula Hill		bcbcjilalan@gmail.com
Non-Committee Positions (Volunteers)			
Calendar Keeper	Greg Endicott	0418 122 995	bcbcjilalan@gmail.com
Safety & Training Officer	Vacant		
Coffee Night Co-Ordinator	Mark Deegan	3300 0229	markdeegan33@gmail.com
Drinks & Dinner Co-Ordinator	Jan Nelson	0401 030 137	jannelson703@gmail.com
Strolls Co-Ordinator	Mark Deegan	3300 0229	markdeegan33@gmail.com
Country Lunch Co-Ordinator	Greg Endicott	0418 122 995	endhouse@bigpond.net.au
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Maps Curator	Matt Palmer	0438 720 235	
Artist in Residence	Iain Renton	3870 8082	
Librarian & Archivist	Phil Murray	5522 9702	philmurray16@gmail.com
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Bushwalking Queensland	Web: e-mail: BWQ Blog: BWQ: X:	https://www.bushwalkingqueensland.org.au/index.php secretary@bushwalkingqueensland.org.au https://www.aussiebushwalking.com/ @BushwalkQLD	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/		
Archdiocese of Brisbane Website	https://brisbanecatholic.org.au/		
Qld Govt Covid Site	https://www.health.qld.gov.au/disease-control/conditions/covid-19		
Jilalan Printer	Officeworks, Windsor		

For specific enquiries, contact the committee member (from above) concerned.
For Outings or Socials, contact the leader shown in the calendar or article.

Front Cover: Artwork by Anna Griffin Inc, from a Christmas Card
Other Photos: From Club Members and various web sites

EDITOR'S NOTES

- # The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- # As Editor, I reserve the right to alter, amend, move, shorten or not print articles.
- # If you "borrow" any words or images from another source, please acknowledge that source – author, publication, issue, date, publisher.
- # Look at last month's Jilalan and copy that format – especially the "headings" in Comings
- # Type your article as a Word document, then attach it to the e-mail – A4 please, not in Columns.
- # Type Face is "Arial," Font Size is "12", though Date, Name of Event and Type are "14"
- # I need your articles on time. It makes it hard to fit in articles when I have already started formatting.
- # Articles from this publication may be reproduced, provided the source is acknowledged.

DEADLINE NEXT JILALAN

Deadline: 8am Tuesday 7th January
Use "Jilalan" style guide: <https://bcbc.space/assets/contributing.pdf>
Articles only to: bcbcijilalan@gmail.com

INSURANCE

Bushwalking Australia: <https://www.bushwalkingaustralia.org/>

Combined General and Product Liability – includes \$20,000,000 public liability, and \$5,000,000 for club assets.

Personal Accident – All activities associated with bushwalking, Covers out of pocket expenses and compensation for injuries leading to loss of limbs & organs, and loss of earnings.

Association Liability – cover for the administration of the club.

Introduction to Bushwalking Australia's Insurance Arrangements

INSURANCE COVER

<https://www.bushwalkingaustralia.org/insurance/insurance-overview>

Bushwalking Australia (hereafter called BA) organises a National Insurance Scheme offering insurance cover to clubs affiliated with the peak body in their home state. Most clubs (but not all) take the Public Liability, Personal Accident and Associations Liability cover, but additional policies such as property insurance can also be arranged to meet the specific requirements of a club. Insurance policies are renegotiated each year, and unless otherwise stated or advised, apply from 1 July to 30 June.

How we endeavour to ensure we get the best insurance cover for our members, for the best price:

Bushwalking Australia has a (volunteer) National Insurance Contract Manager whose role is to oversee the insurance arrangements that are managed by a contracted insurance broker. The contract manager also assists the broker with providing information and assistance on the insurance arrangements to the BA Council and to clubs. The contract manager is not an insurance expert but is an experienced club member and administrator.

In 2016 Bushwalking Australia selected three major international insurance brokers, MarshAdvantage, Jardine Lloyd Thompson (JLT) and Willis Towers Watson to tender for managing our insurance arrangements (sometimes referred to as risk protection program) from 1 July 2016. Following a detailed evaluation of the bids, JLT was selected. In 2020 JLT was taken over by Marsh with the existing contract arrangements continuing.

Each year our broker reviews our insurance arrangements to ensure Bushwalking Australia and its members have the appropriate cover at the best possible price. Every three to five years, in consultation with the BA Insurance Manager and BA Council, they will also put our requirements to the insurance market utilising combinations of international and national insurers, underwriting agencies and specialist sports underwriters, which should also ensure that we have the best cover at the best price.

The last time that our broker took our requirements to the insurance market, five of the nine companies approached declined to provide terms for Bushwalking Australia's liability cover, and the cost of cover offered by the remaining four companies was very expensive due the following (real or perceived) concerns:

- The wide variety of activities undertaken that they felt were not bushwalking related
- Lack of substantive risk management processes at many clubs
- Recommendations made to Bushwalking Australia by the broker included covers that were marginally more cost effective, but would have entailed either reducing the range of activities covered, or involving the use of qualified persons conducting some of the insured activities perceived by insurers to be more dangerous (thus requiring their own insurance coverage)

The Bushwalking Australia council decided to stay with the status quo and pay the marginally higher premium associated with the fuller coverage.

In common with widespread business practice, Bushwalking Australia reviews its insurance and brokerage arrangements annually.

How do the policies obtained by Bushwalking Australia cater to the specific interests of bushwalking clubs and their members?

Some of the inclusions in our offering that are not standard are:

Public Liability

- Errors & Omissions is included
- Member to member is included
- Participants exclusion is deleted
- In addition to bushwalking, fifteen other activities commonly undertaken by bushwalking clubs covered. The full list of activities is as set out below.

Personal Accident

- Coverage from age 12 to age 95 (for most companies the age limit is 65)
- Inclusion of out-of-pocket expenses for retired members in lieu of no loss of income
- In addition to bushwalking, fifteen other activities commonly undertaken by bushwalking clubs covered. The full list of activities is as set out below.

Association Liability cover for all incorporated clubs that are members of the insured entities i.e. state peak body/federation.

Activities Covered:

- Bushwalking
- Orienteering/Rogaining
- Liloing
- Rafting/Boating
- Cycling
- Abseiling
- Swimming
- Caving
- Social Activities and Club Meetings
- Snow Skiing
- Canoeing/Kayaking
- Training and related instruction
- Track/Hut Construction and/or Maintenance
- Alpine Walking (Summer and Winter)
- Rock Scurrying and use of hand-held ropes as part of a bushwalk
- Canyoning (both including and excluding abseiling)

Personal Accident Cover:

<https://www.bushwalkingaustralia.org/insurance/accident-insurance>

Public Liability Cover:

<https://www.bushwalkingaustralia.org/insurance/public-liability-insurance>

Association Liability Cover:

<https://www.bushwalkingaustralia.org/insurance/association-liability-insurance>

Insurance Overview:

<https://www.bushwalkingaustralia.org/insurance/insurance-overview>

Claims & Enquiries

<https://www.bushwalkingaustralia.org/insurance/claims-and-enquiries>

Frequently Asked Questions

https://www.bushwalkingaustralia.org/images/docos/Insurance/Insurance_FAQs.pdf

The draft FAQs are provided to assist member clubs gain a better understanding of the insurance arrangements organised on their behalf by Bushwalking Australia (BA). Additional questions will be added over time and suggestions for topics to be covered are welcome at any time by emailing Bushwalking Australia at info@bushwalkingaustralia.org

PHOTO COMP WINNING PHOTOS

Landscape



Cascading Waters Box Forest O'Reilly's Basecamp by Anne-Marie Nash

Moods Of Nature



Sunset Nudgee Beach to Toombul Stroll by Greg Endicott

Nature Close Up AND

People's Choice – Judged by those at the November Meeting



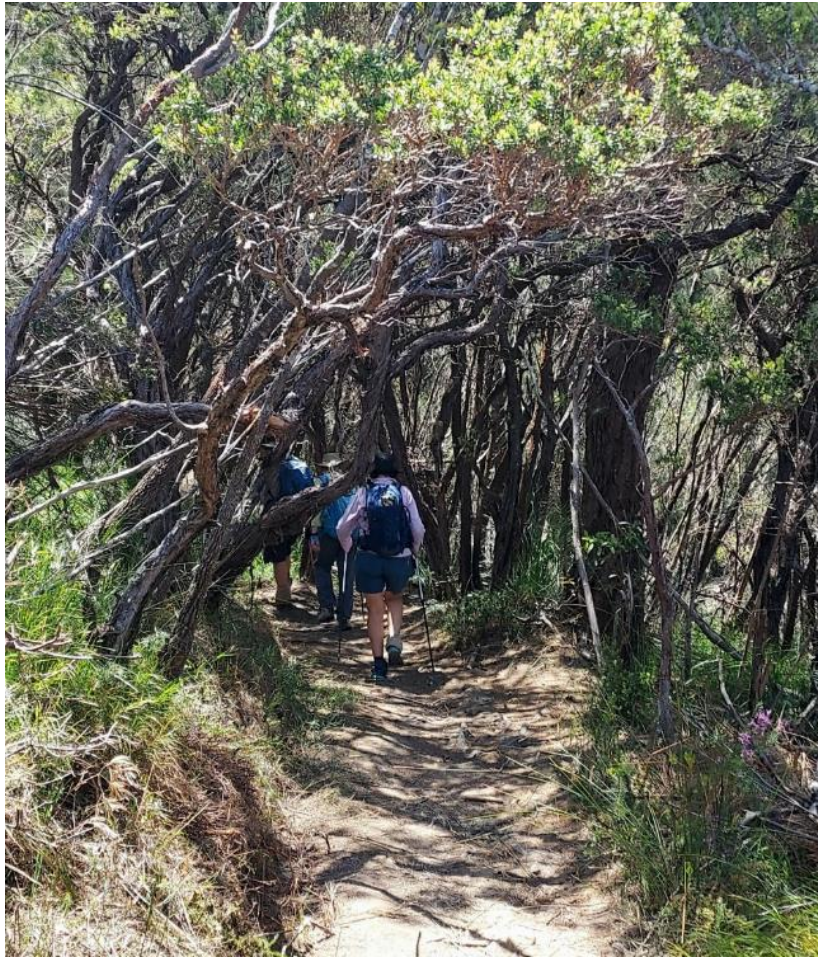
Joe and the Parrots- O'Reillys Basecamp - by Louise Jones

People and Faces



Graeme Aldom on a Banana Break Redlands Bush Resv Stroll by Greg Endicott

Miscellaneous



Tree Tunnel on Daves Creek Country by Annette MacKenzie

Overall Winner chosen by the Judge – Joe Tottenham



Rusty on the Bread Knife at the Warrumbungles - by Louise Jones

PHOTOS FROM THE RECENT TASMANIAN OVERLAND TRACK THROUGHWALK



