## **The O'Reilly's Daywalk** Sunday 12<sup>th</sup> October Last Event of the 50<sup>th</sup> Celebrations



# JILALAN

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## Monthly Magazine Of The BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957 Incorporated 1991 Under The Guidance Of Our Lady Of The Way

## September 2008

DATE	EVENT	LEADER	CONTACT	TYPE	GRADE
Aug 22/24	Pilgrimage – Mt Nimmel			DW/BC	
27	Coffee Night – Cafe da Vita	Maxine		Soc	
29/4 30	Blue Mountains	Phil Terry		TW	
30	Riverfire The Twins - Glasshouses	Paul		Soc DW	
Sep 2	Movie Night - Stafford	Michael		Soc	
6/7	Bald Rock to Amosfield	Pat		TW	
7	Bridge to Brisbane	Greg	3351 4092	SW	M11
13	Duranbah to Burleigh	Phil	5522 9702	DW	L11
14	Mts Elimbah & Miketeebumulgrai	Greg	3351 4092	DW	S42/S55
15	Monthly Meeting	Philip	0411 016 864	Meet	
19	EXPO 20 <sup>th</sup> Reunion	Michele	3351 4092	Social	
19	Talk Like a Pirate Day	Jack		Fun	
19	JTS – Ship Inn	Phil	5522 9702	Soc	
20/21	Toowoomba Carnival of Flowers & White Mtn	Desley	3369 5530	BC	M55
24	Coffee Night – Three Monkeys	Maxine	3203 4699	Soc	
25	BWQ Meeting	Michael	3351 3810	Meet	
27	Green Bridge to Blue Bridge	Graham	3371 9623	DW	L11
Oct 4	Kate Quinlan Society	Greg	3351 4092	Soc	
5	Mt Mitchell – Chaplains Walk	Greg	3351 4092	DW	M24
7	Movie Night - Stafford	Michael	3351 3810	Soc	
12	O'Reilly's 50 <sup>th</sup> Anniversary	Maxine	3203 4699	DW	S22
17	JTS – Oktoberfest at the German Club	Phil	5522 9702	Soc	
18/19	Moreton Island	Justin	3366 3193	TW	L44
20	Monthly Meeting	Philip	0411 016 864	Meet	
25/26	The Obelisks	Phil	5522 9702	BC	M55
29	Coffee Night – Merthyr Bowls Club	Maxine	3203 4699	Soc	
<b>Nov</b> 1/2	Yuraygir National Park	Paul	3357 5254	BC	M33
1/4	The Cobberas	Phil	5522 9702	TW	
4	Movie Night - Stafford	Michael	3351 3810	Soc	
8	Russell Island	Desley	3369 5530	SW	
9	Shipstern	Barbara	3355 3639	DW	L33
16	Tinchi Tamba	Trevor	3269 4795	DW	M33
17	Monthly Meeting	Philip	0411 016 864	Meet	
21	JTS – Pig'n'Whistle Riverside	Phil	5522 9702	Soc	
22/24	BWQ Face-to-Face Meeting	Michael	3351 3810	Meet	
23	Bribie Island	Michael	3351 3810	DW	M33
26	Coffee Night – Tilly's Bakehouse	Maxine	3203 4699	Soc	
30	Border Track	Greg	3351 4092	DW	L33
<b>Dec</b> 2	Movie Night - Stafford	Michael	3351 3810	Soc	
6	Mt Coot-tha Walk	Philip	0411 016 864	DW	S33
6	Christmas Party	Maxine	3203 4699	Soc	
14	Split Rock	Michael	3351 3810	DW	S44
15	Monthly Meeting	Philip	0411 016 864	Meet	
17	Christmas Lights & Coffee Night	Maxine	3203 4699	Soc	
19	JTS – Oxford 152 – Bulimba	Phil	5522 9702	Soc	
19 26		Liz	-	DW	622
31	Boxing Day Walk		3356 4874		S33
	New Year's Eve Party	Terry	3355 9765		VICC
<b>Jan</b> 2/6	Wilson's Promontory	Michael	3351 3810	TW	XL66

The Calendar is subject to change without notice

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

**Avast!** - Stop and give attention. It can be used in a sense of surprise, "Whoa! Get a load of that!" which today makes it more of a "Check it out" or "No way!" or "Get off!"

#### September 2008 Jilalan Brisbane Catholic Bushwalking Club Page 3 KFY – Walk Types

	I – Walk Types		
D/W	Day Walk	1⁄2 D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

#### **KEY – Walk Gradings**

Distance	Terrain	Fitness/Endurance
<b>S</b> hort Under 10km per day	1 - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	<b>2</b> - Graded path/track with minor obstacles	<b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
<b>M</b> edium 10- 15km per day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	<b>4</b> - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	<ul> <li>5 - Rough or rocky terrain with small climbs using hands or rock hopping</li> <li>6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping</li> </ul>	<ul> <li>5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required</li> <li>6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required</li> </ul>
Extra Long Over 20 km per day	<ul> <li>7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength</li> <li>8 - Climb/descend near vertical rock with</li> </ul>	<ul> <li>7 - High - Up to 8 hours walking. Up to</li> <li>750m gain/loss per day. High fitness.</li> <li>Endurance and agility required</li> <li>8 - High - Up to 8 hours walking. Up to</li> </ul>
	<ul> <li>exposure. Climbing skills may be required</li> <li>9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength</li> </ul>	<ul> <li>1000m gain/loss per day. High fitness. Endurance and agility required</li> <li>9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required</li> </ul>

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

## **EDITOR'S REPORT**

**ARTICLES:** Please have all Jilalan articles to Greg by the 1<sup>st</sup> of the month. Articles should be emailed to me at <u>endhouse@bigpond.net.au</u> - No hard copy. Please follow the "Jilalan Style Guide", which is on the Club web site under "Club Magazine" and follow the links – <u>http://www.geocities.com/briscathbushclub/JilalanStyleGuide.html</u>. If you have any queries, you should phone me on 3351 4092.

# As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

**#** The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

**#** If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

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Ahoy! - "Hello!"

## **PRAYER OF THE MONTH**

Grant us, O God, the happiness that comes from a life lived to the full, making the best use of our time and opportunities. May we be encouraged by success in living and leave behind the cynicism which is the refuge of failures.

Amen

(Johnson 1986:16)

## A NOTE FROM THE EDITOR

#### For My Contributors of Articles

In your articles, in the description of "COMINGS":

Describe Terrain, major obstacles, creek crossings, steepness, rock slabs etc.

Do not overkill so that no one will nominate.

Also: mention Views, good points etc.

People - regulars & especially visitors, need to know what to expect

Please do Articles in "Word" as attachment to the e-mail. I have to work too long on e-mail versions of articles to format them into "Word".

Read the Jilalan Style Guide.

At least have the previous Jilalan open so you can copy the format.

It takes me too long to re-format articles.

Look at the: font size, the bolding, the spaces within headings, how the "Headings" Section is laid out in articles.

Do all "Comings", regardless of what it is, in the normal Comings "Headings" format.

14th Nov, Sunday Mt Barney Daywalk

Number, Month, Day Event Name Event Type.

Phone Number after the leader & EO's name is Ph: 1234 5678, not (1234 5678) in brackets. Put the spaces in Phone  $N^{os}$  1234 5678 and 0418 123 456

Thanks, Greg E

**Aye!** - "Why yes, I agree most heartily with everything you just said or did."

"God being God, he put his best creations in places only bushwalkers go."

REFLECTIONS

## PRESIDENT'S RAMBLINGS

Recently I have focused on issues to do with leadership and behaviour on walks. This month I intend to continue the theme of safety and awareness on walks. By way of summary, Leaders of walks should have done their preoutings within 6-8 weeks of the walk. If no preouting can be done for an off-track walk in territory the Club has never walked in before, then the walk would be considered exploratory. Under these circumstances the participation of people that are strangers to our Club would be discouraged. Leaders should have a fair idea of the capability of those on their walks. You should not only know how long walks should take but where the group should be at any point in time. The description of your walk in Jilalan should be written so that everybody knows what to expect on the walk. If you are going on the walk, you have a responsibility to be fit enough for the proposed activity. Leaders can refuse to accept your nomination for a walk if they believe you are unsuitable for the walk.

Accidents can happen on walks. I think nearly everyone has given their ankles a little twist along the tracks in our National Parks: Lord knows I've done it on the footpaths of Brisbane (that's saying something about the state of our pedestrian ways, isn't it?). But what would happen if something guite serious happened to one of our mates on a walk? We are usually a long way from help on our walks and out of phone contact, so being able to help someone in need appropriately is very, very important. If you know what you are doing you stand a better chance of keeping a calm head in an emergency and making the right decisions. To that end it would be wise for people in our Club to do a First Aid course. The Club is not in a position to pay for you to attend a First Aid course, but we certainly encourage those who wish to build the skills base of our Club by doing a course. If enough people are interested we may be able to arrange for a course to be run exclusively for us as we did a couple of years ago. Just think, if you have appropriate

first aid knowledge you may just be able to take care of yourself if you suffer a minor injury.

The Club appears to be unable to attract a guorum for its monthly meetings. The meetings are a way for people to come along and hear about walks from the leaders and ask questions of leaders and the Committee. It is also one way for visitors to our Club to come along and meet people who lead and attend our walks. Attendance at our meetings is not compulsory. Some Clubs insist that if you wish to do the walk you turn up at the meeting to nominate. I would not like to see our Club head down that road, but it is very embarrassing when we cannot start meetings due to lack of attendance. In fact we have had more visitors at meetings recently than members. So, I guess its fair for me to ask everyone do we want to have regular monthly meetings of the Club? Do you want the format of the meetings to change? Please contact me and let me know what you would like the Club to do. We can always cancel the monthly meetings if attendances continue to drop. Some Clubs don't have meetings at all. Perhaps that is the way we should go as well.

So on to some more interesting topics. Spring is here. The days are getting a little bit warmer and longer. Perfect walking weather. We have a supported through walk, climbs up the Glasshouse Mountains, walks between the bridges and what will be a fantastic beautiful walk along our maritime border (it's a walk along the beach guys!!!). There are some great socials as well: a progressive dinner, movies, coffee and our regular Friday night drinks which will be at the Ship Inn this month. The Club is turning its attention to next years walking program. If you have a walk that you would like to go on the program let one of the committee know. If you would like to lead a walk let us know. Please think about whether you would like to lead a walk in the future. If you are nervous then don't worry everyone is nervous the first time they lead a walk; you will be supported and helped in your endeavour to become a leader for our club.

I hope to see you on a track in the near future or enjoying yourself at one of our many social events. Philip.

**Aye aye!** - "I'll get right on that sir, as soon as my break is over."

## **TREASURER'S REPORT**

21/7/08	\$1827.44
Plus Receipts	\$ 556.00
	\$2383.44
Less Payments	\$1596.95
Balance 18/8/08	\$ 786.49
Term Deposit	\$2093.45

Congratulations to Michele Johns and Ivan Mort who won first and second prize respectively in our last raffle. I have already started selling tickets in our next raffle with the first prize being a Head Lamp and the second prize is a Mini Mag Torch. These are handy items to have in your pack when you are doing a walk. Tickets are still only one dollar. We still have a supply of fiftieth anniversary t shirts which are good value at twenty dollars. Terry.

## **ABOUT PEOPLE**

Congratulations from all of us in the Club to lain Renton and Merrill Turpin who were engaged at the start of September. They will be married in the Uniting Church at Indooroopilly on Sat 7<sup>th</sup> June. All the best for the future.

David Knights, a Federation luminary, died suddenly last Friday. Please pray for him & those he left behind.

David Auer, Jenny Dancer, Rosemary Stafford and Paddy Taylor are having a birthday in September.

Margie de Vres plus Anne and Bob Iron were welcome visitors at our August meeting. Congratulations to our latest new members; Brett De Grussa and Breda Kertin.

Grant Judge, who is the brother of Michele Johns, was a visitor on Pat Lawton's Mt. Goolman walk along with Marion Gibbons, Deborah Casperson and Bernard Nunnink (who was a member in the late eighties). Deborah clocked up her second walk with us when she did Maxine's Karawatha Forest walk.

Recently, we have had enquiries from Aileen Pidgeon, Elizabeth Adams, Joseph Park, Chris Negline, Melwyn D'Penha, Pam Van Egmond along with Jenny & Peter Underwood and Judy & Steve Goodey. We always encourage visitors to join us on any of our activities as it is the best way to get to know us.

Arrr! - This one is often confused with arrrgh, which is of course the sound you make when you sit on a belaying pin. "Arrr!" can mean, variously, "yes," "I agree," "I'm happy," "I'm enjoying this beer," "My team is going to win it all," "I saw that television show, it sucked!" and "That was a clever remark you or I just made." And those are just a few of the myriad possibilities of Arrr!

Advanced pirate lingo; or On beyond "Aarrr!" Once you've mastered the basics, you're ready to start expanding your pirate vocabulary. Try these for starters

## **COMING EVENTS**

**TRIPS** still leave from St Brigid's car park at Red Hill.

#### 13<sup>th</sup> SEPTEMBER, SAT **COOLANGATTA TO BURLEIGH HEADS** (aka Duranbah to Burleigh)

DAYWALK

Leader:	Phil Murray Ph: 5522 9702 or
	0413 307 580
Meet at:	St Brigid's, Musgrave Rd, Red Hill
	7.00

7:00am Time:

- L 11 Grade: \$20:00 in car pool cars, \$2 per Cost: person for those going privately + bus fare of \$3:20
- Location: On the Gold Coast. from the Border to further north

Web:http://www.gldbeaches.com/burleighheads.html

#### https://www.epa.gld.gov.au/publications/p000 89aa.pdf/Burleigh Head National Park.pdf Emerg Off: Phil Ph: 0413 307 580

It should be a nice warm sunny spring day with a light offshore breeze. A perfect day to stroll along the beach from Point Danger to Burleigh Heads. This is a long but very easy trip along the beach. It is low tide (0.13 m) at 12.27 pm so it should be easy walking on the hard sand.

We leave Brisbane from Red Hill, park the cars at Burleigh Heads Surf Club then catch the bus to Coolangatta - route no 765 at 8:44 am from Burleigh down to Coolangatta shopping centre.

Then we walk around to the beach pass Greenmount, Rainbow Bay and Snapper Rocks and up the hill (yes there has to be a walk up a hill to qualify as a bushwalk for the walking stats in the Annual Report). We'll have

a quick look at the Captain Cook memorial. We'll enjoy the views of the mountains and the sea.

We will have a guick morning tea and walk down the hill to Snapper Rocks and all the way back to Burleigh Heads along the beach. We will have 30 minute stop at Currumbin Beach to look at the sculpture festival called Swell. We'll zip out to Currumbin Rock and then have a guick lunch around the Currumbin Creek area. Just where - depends on the wind and size of the surf. For those who are keen it is a nice place to swim so bring your swimmers.

Bring your hat, sunscreen, lunch, morning tea and clothes that provide protection from the sun as we will be out in the sun for 4 to 5 hours. I suggest you have shoes that can get wet. Also include a raincoat and jumper in case we get a passing shower of rain. I suggest you bring at least 2 litres of water for the walk. The walk will finish with fish and chips at Burleigh Heads. The walk is long but very easy.

The bus fares for Coolangatta to Burleigh walk. Prices given for travelling between zones: 16-**18 Using Surfside Buslines** Adult go-card single \$2.72; Adult single \$3.40; Child & Concession go-card single \$1.36; Child & Concession single \$1.70 Phil

#### 14<sup>th</sup> SEPTEMBER, SUNDAY Mtns ELIMBAH & MIKELEEBUMULGRAI THE SMALLER GLASSHOUSE Mtns DAYWALK

Leader:	Greg Endicott Ph: 3351 4092
Meet at:	St Brigid's Carpark, Red Hill
Time:	8am
Cost:	\$10.00
Grading:	1. S42 & 2. S55
Location:	Just north of Caboolture
Web: <u>http://w</u>	ww.epa.qld.gov.au/media/parks a
nd forests/p	arks/Glass House surrounds.pdf

AND:http://www.epa.gld.gov.au/parks and forests/find a park or forest/glass house mountains and surrounds/

#### Emerg Off: Michele Endicott Ph: 3351 4092

This is a little walk that we have not done often. and probably will not do again in the near future. So, got onto this one now in order to do all the Glasshouses during our lifetime.

Mt Elimbah is a little hill that almost everyone could do. It is a quick 2 hour round trip depending on the number of walkers and their

level of fitness. The walk is off track, over rough ground of long grass covering rocks. The views from the top are great – looking out over the rest of the Glasshouses. This is indeed a rare opportunity to see all the major Glasshouses in one view. Normally, you are on one and looking at the rest. The way down is through a minor cliff line, then circle back to the cars.

Mt Mikete (I'm not going to spell it every time) is a different story – it is a cone, the sides about  $50^0$  from bottom to top. Again, it is boulders covered by grass and low shrubs. It is up, the top, and down again. This one will be about 3 hours return.

This is part of the Great Aussie Bushwalk project.

#### http://www.greataustralianbushwalk.org.au/ walks/qld\_walks.htm

I need as many BCBC members as possible to play "sheep dog" to all the visitors who nominate through the Great Australian Bushwalk web site.

Come along for this rare opportunity. Greg E

**Bilge rat** – The bilge is the lowest level of the ship. It's loaded with ballast and slimy, reeking water. A bilge rat, then, is a rat that lives in the worst place on the ship. **On TLAP Day** – A lot of guy humour involves insulting your buddies to prove your friendship. It's important that everyone understand you are smarter, more powerful and much luckier with the wenches than they are. Since bilge rat is a pretty dirty thing to call someone, by all means use it on your friends.

#### 15<sup>th</sup> SEPT, MONDAY GENERAL MEETING

Contact: Philip the Younger, President Ph: 0411 016 864 Time: Doors open 7.30pm Venue: St Michael's Parish Hall, 250 Banks St, Ashgrove The hall & carpark are on the lower

Come along to the Meeting to hear what the Club is going to do over the following month.

terrace, below the church.

- Hear what you will be doing over the coming month
- Hear what we did over the previous month.
- Ask Leaders questions that will solve your queries about coming events this Jilalan

can not say everything about what we do, where we go and how we do it.

- The meeting starts at 7.30pm, regardless of the numbers present.
- Philip is keeping the business down to 90 minutes.
- Stay and talk with your friends enjoy supper



WORLD EXPO 88 19<sup>th</sup> SEPT, FRIDAY EXPO 88 20<sup>th</sup> ANNIVERSARY

Contact:	Michele E Ph: 3351 4092
Where:	The Ship Inn, Cnr Stanley &
	Sidon Sts, South Brisbane
	At the southern end of the
	Goodwill Bridge.
Time:	From 6pm till 8ish.

What For: To reminisce about those exciting 6 months, the best 6 months of you life.

Web:<u>http://www.foundationexpo88.org/welc</u>ome.html

http://www.foundationexpo88.org/tableofco ntents.html

#### Emerg Off: Greg E Ph: 0418 122 995

It is 20 years since that momentous day  $-30^{th}$  April 1988 when EIIR "Let the fun begin". A fine warm sunny autumn day. What a memory. I was there when it happened, I was there.

Yes folks, the Ship Inn was in EXPO, and is almost the last vestige left operating. Remember, it was half in & half out – with a dividing wall down the middle.

Come along and relive the memories – the Aquacade with Laura Thomas (our Canadian Sink Swimmer), the Chinese Pavilion (with the 360<sup>o</sup> theatre of the Three Gorges), the NZ Pavilion (with the longest queue), the Queensland Pavilion (with the monorail going through it), the Queensland Communities Pavilion (with Michele in it), the Boardwalk (with all that beer and waffles while sitting on the rough wooden steps), the outdoor theatre (with "Walk Like an Egyptian and James Taylor), the Australian Pavilion (and the A U S T R A L I A is still beside the highway at Burpengary).

Bring your Season Passes, Wear your EXPO T-shirt (under your clothes), bring along the faded Photo Album. Talk the memories. Be young again......

#### 19<sup>th</sup> SEPT, FRIDAY JOHN TOOHEY SOCIETY SHIP INN Talk Like a Pirate Day

Contact: Phil Murray on 5522 9702 or 0413 307 580

Where: Cnr Stanley & Sidon Sts, South Bne. Located at the southern end of Southbank Parklands (It is near the Southbank Railway Station & opposite the Maritime Museum and Goodwill Bridge).

Time: From 4pm till 9ish.

#### What For: For a chat and a beer and a meal

Come along to this historic old pub – now renovated, but still having the atmosphere.

An ever increasing number of members & visitors is coming to our once-a-month gathering at a different city public house for a meal, a drink and scintillating conversation. Some stay for a while, and move on, others stay a bit longer.

A double celebration for "Talk Like a Pirate Day" and to remember Expo '88.

We will try and get a table outside to soak up the street atmosphere. Come along for a great night. Wear your Cockatiel on your shoulder. Bring the "Pirate Speak" sheet. Ship Inn...Pirates!!! Bring your EXPO memorabilia.

We could always do with a few newer people to bring in new topics of conversation

**MBS**: Memo to the Great Pudding Thief at the Chinese Dinner - If you intend stealing a particular person's desert, first check that you have the right plate!!!

#### 20-21 SEPTEMBER, SAT TO SUN TOOWOOMBA CARNIVAL OF FLOWERS BASECAMP

Leader: Desley Pedrazzini Ph: 3369 5530 Time: 9am Meet at: 2/44 Lemnos Street, Red Hill Cost: To Be Advised. Grading: Fun to Moderate & M55 Location:West of Brisbane, on the Great Dividing Range Web:<u>http://www.toowoombacarnivalofflowe</u> <u>rs.com.au/</u> And

http://www.epa.qld.gov.au/media/parks and forests/management/helidon hills.pdf

The plan is to leave on Saturday morning and arrive in time for the Carnival of Flowers Parade around lunchtime, and do Mt. Tabletop afterwards. I did a pre-outing for this in early August and didn't make it all the way - but it is a 10.5km moderate walk with excellent views.

I have been speaking to the Toowoomba Bushwalking Club and their President has kindly offered the use of his vacant block of land beside his house on the edge of the Toowoomba Range as a camping spot for the Saturday night. Dinner will be a barbeque in my parent's backyard, so formal attire and best behaviour is expected (otherwise my mother might ban me from associating with you all!!!!)

On Sunday I have organized for us to do a combined walk with the Toowoomba Bushwalking Club to White Mountain near Heildon. This is a M55 off-track walk with some minor scrambling which requires medium fitness. There are a few different tracks in the area so this may change depending on who nominates for the walk. We plan to start walking about 9am so if people are interested in going just for the Sunday please let me know as some have already expressed interest in a day walk only.

Never know, you may get to see some of the gardens as well.

Desley

**Grog** – An alcoholic drink, usually rum diluted with water, but in this context you could use it to refer to any alcoholic beverage other than beer, and we aren't prepared to be picky about that, either. Call your beer grog if you want. We won't stop you! Water aboard ship was stored for long periods in slimy wooden barrels, so you can see why rum was added to each sailor's water ration – to kill the rancid taste. **On TLAP Day** – Drink up, me hearties! And call whatever you're drinking grog if you want to. If some prissy pedant purses his lips and protests the word grog can only be used if drinking rum and water, not the Singapore Sling you're holding, keelhaul him!

#### 24<sup>th</sup> SEPT, WEDNESDAY "THREE MONKEYS" COFFEE NIGHT

Leader:	Maxine Brophy Ph: 3203 4699
Time:	7.30pm ( earlier if you go for
	dinner 6.30pm)
Where:	The Three Monkeys
Location:	58 Mollison St, West End

If you enjoy a game of cards or chess come along to join the many "Cafe Dwellers" who frequent this well known and favourite Coffee and Tea house. Games and books are all there for your enjoyment.

And stay for dinna, a cuppa & cake.

If you work in town an easy walk over Victoria Bridge and up to West End makes a nice finish to the day.

Cheers...Max

#### 27<sup>th</sup> SEPT, SAT GREEN BRIDGE TO BLUE BRIDGE DAYWALK

- Leader:Graham Glasse Ph: 3371 9623Meet at:Roma St Railway StationTime:Train departs 7.34amGrade:L11Cost:Train fare \$4.40 (off-peak daily<br/>zone 1 to zone 2) plus club fee \$3Location:Suburban Brisbane, mainly St
- Lucia

#### Web:<u>http://australianetwork.com/nexus/stor</u> ies/s1870792.htm

#### Emerg Off: Jean Gowans Ph: 3256 6140

This train walk will begin at Roma St Railway Station where we shall take the 7.34am Beenleigh train, disembarking at Yeronga Station at 7.49am. We shall make our way via Kadumba St to Rhyndarra, a stately home built in 1888 -1889 on a site later occupied by the Yeronga Military Hospital. We shall then walk along the river to join up with the Brisbane Corso which will take us to the Eleanor Schonell Bridge (the "Green Bridge"). We shall cross the river to the University of Queensland, where we shall walk through the Alumni Garden, do a circuit of the Great Court, and walk past the university lakes. Our next destination is Sir John Chandler Park at Long Pocket. On the way, we shall pass several university colleges, and take the Tarcoola Track along the river.

After lunch at the park, we shall walk past the Indooroopilly Golf Club, detour through the

Bougainvillea Gardens, and make our way to Tighnabruaich, another beautiful home with views of the Brisbane River, also built in 1889. From here, it is only a short distance to the Jack Pesch Bridge (the "Blue Bridge"). We shall walk on this pedestrian/cycle bridge to obtain further views of Tighnabruaich. The day will finish with coffee at the Dancing Bean or Gloria Jeans at Indooroopilly, before taking a train back to Roma St Station.

This walk is on flat paths or tracks; the length is approximately 16km. Join me on a walk with a touch of history, through a scenic part of Brisbane with many attractive homes and views of the Brisbane River. Graham

#### 4<sup>th</sup> OCT, SAT BREAKFAST CREEK HOTEL KATE QUINLAN SOCIETY SOCIAL

Leader:	Greg Endicott Ph: 3351 4092
Meet at:	Breakfast Creek Hotel, cnr
	Sandgate Rd & Nariel St, Albion
Bar:	Substation 41
Time:	12 noon Hours Open – 11.30 to
	3pm
Cost:	Approx \$40, but depends on
	what you eat & drink
Location:	Beside beautiful Breakfast Creek
Web:http:	//www.breakfastcreekhotel.com/

AND<u>http://www.australianbeers.com/hi</u> story/castlemaine.htm

#### Emerg Off: Michele E Ph 0418 708 638

This one is for all the Queenslanders who do not like the idea of a southern based John Toohey Society (Anyway, who was this John Toohey?). Kate was a real Queenslander – a woman who founded Castlemaine XXXX is worth celebrating in by book. And she lived up the hill behind the Brekkie Creek.

Come along for a relaxing afternoon with our lovely Spring weather outside. Talk about walking, holidays, history, flowers & butterflies. Sip XXXX, or that drink derived from grapes (or the coffee bean). Have a steak (or seafood if you have to).

Since the Progressive Dinner has been postponed, this is the BIG Social for the month.

**Lubber** – (or land lubber) This is the seaman's version of land lover, mangled by typical pirate disregard for elocution. A lubber is someone who does not go to sea, who stays on the land.

**On TLAP Day** – More likely than not, you are a lubber 364 days of the year. But not if you're talking like a pirate! Then the word lubber becomes one of the more fierce weapons in your arsenal of piratical lingo. In a room where everyone is talking like pirates, lubber is ALWAYS an insult

#### 5<sup>th</sup> OCT, SUN MT MITCHELL CHAPLAIN'S WALK DAYWALK

- Leader: Greg Endicott Ph: 3351 4092
- Meet at: St Brigid's Carpark, Red Hill
- Time: 7.30am

Grade: S24

- Location:The hill on your left as you go through Cunningham's Gap from Brisbane
- Web:<u>http://en.wikipedia.org/wiki/Mount\_Mit</u> chell (Australia) AND

http://www.epa.gld.gov.au/media/parks and

forests/parks/maps/map main range.pdf

#### Emerg Off: Michele E Ph: 3351 4092 Bring: Your binoculars

To remember all the Chaplains the Club has had over the past 50 years, we hold a walk each year at the start of October in their honour.

Mt Mitchell has a graded from the Gap to the very top – both of them. Like all "graded" tracks, it is gradual, even with steps at the steep bit. The track winds (contours) around the hill, first over onto the Darling Downs side, before switching back to the coastal side. When you are higher up, and on the coastal escarpment, you really start to get the views.

From the top, you can see the whole coastal plain, right out to Brisbane – can recognise the city centre high rises. Views extend from Mt Glorious to lamington (O'Reilly's, Buchanan's Fort) to Mtns Barney, Greville, Moon, French, Flinders, Walker and more.

The vegetation of the lower two thirds is cool deep green rainforest, and the top is open eucalypt. Really pretty scenery.

From the National Park's Web Site:

8. Mount Mitchell Track — 10.2km return (About 3 hours walking time) Class 3

A graded walking track to the twin peaks of Mount Mitchell begins on the southern side of the highway. Take care when crossing the highway. Rainforest and open eucalypt forest will be encountered on this track, which ends on a knife-edge ridge above a cliff on the east peak of Mount Mitchell (1168m). This peak is known as Cooyinnirra to the Aboriginal people.

A bonus this trip is "bird" watching – the big fast silver birds in the sky – the Amberley Air Show will be on and the planed will be in holding pattern & forming up over the Fassifern Valley – just at your feet. Binoculars come in handy

Come along for a basic walk and a memorable occasion.

#### 7<sup>th</sup> OCT, TUESDAY MOVIE NIGHT STAFFORD CINEMAS

Contact: Greg Endicott Ph: 3351 4092

- Where: Stafford 10 Cinemas Stafford City Shopping Centre,
- Meet at: Fasta Pasta Shop E13 (first shop at rear entrance)

Time: 6pm

- Cost: \$12.00 (movie only)
- Web: <u>http://www.a-m-c.com.au/</u>

#### Location: Stafford Rd between Webster Rd & Windorah St

Don't forget we are now meeting on the first Tuesday of the month.

We will be going to the Stafford 10 Cinemas at Stafford City. It is on Stafford Road about halfway between Webster Road and Shand Street. We will meet at or near Fasta Pasta, a café sited just inside the entrance near the cinema. The link below contains a map of the centre.

http://www.thefirstgroup.com.au/images/ce ntreProfiles/StaffordProfile.pdf

The costs at Stafford City are similar if not cheaper as you can get a movie meal deal for around \$18. So come along.

#### 12<sup>th</sup> OCTOBER, SUNDAY LUKES BLUFF at O'REILLY'S 50<sup>th</sup> ANNIVERSARY WALK And MASS And DINNER

Leader:	Maxine Brophy Ph 0412 637 670 or 3203 4699
Meet at:	St Brigid's carpark, , Red Hill
Time:	7am
Cost:	\$45.00 approx
Grade:	S 2 2
Location:	Lamington National Park

Web:<u>http://www.epa.qld.gov.au/media/parks\_a\_nd\_forests/parks/Green\_Mountains%20section.pdf\_AND\_http://www.tq.com.au/fms/tq\_corporate/news\_r\_oom/fact\_sheets/Microsoft%20Word%20-%20QLD%20World%20Heritage%20Fact%20She\_et%20New%20Template.pdf</u>

#### Emerg Off: Mike Brophy 0421 024 867

This is part of our 50th Anniversary celebrations, to mark the importance and special place that the O'Reilly Family has held in our club over our many years of walking. The Green Mountains have brought us all so many pleasurable walks and adventures, so this will be a perfect time to reminisce and share a special day.

We will travel up to O'Reilly's by bus from Red Hill and walk out to Luke's Bluff for an early lunch. The walk is by road for a short time before walking into the farm and over the grassy fields out to Lukes Bluff. We will boil the billy and enjoy the wonderful views overlooking the Albert and Kerry Valleys.

Our return to O'Reilly's will be through cool subtropical rainforest containing patches of Antarctic beech and Brush box. We will be attending Mass at 1.30pm in O'Reilly's Chapel to celebrate our many years of walking in these amazing mountains.

After Mass we will walk up to the guest house to enjoy afternoon tea in the O'Reilly's dining room. This will be \$10 per head and is included in the cost for the day. This will be a perfect time to share tales and adventures of walking in the Green Mts while enjoying a cuppa and cakes. Many photos and newspaper clipping line the walls of the guest house to remind us of the famous Stinson Rescue.

Eric will drive us back to Brisbane after a day filled with memories and great times shared up in these Green Mts made possible by the foresight and dedication of the O'Reilly Family.

Please nominate in plenty of time for bus bookings.

**Cheers Maxine** 

**Smartly** – Do something quickly. **On TLAP Day** – "*Smartly, me lass,*" you might say when sending the bar maid off for another round. She will be so impressed she might well spit in your beer.

#### 17/18/19 OCT, FRI to SUN MORETON ISLAND THROUGHWALK

Leader:	Justin Tobin Ph: 3366 3193
Meet at:	To be advised
Time:	5.15pm Friday
Cost:	\$80.00
Grading:	L44
Location:	East of Brisbane, at the mouth of the River

Web:<u>http://www.epa.qld.gov.au/projects/par</u> k/index.cgi?parkid=77

#### Emerg Off: Susan Ph: 3366 3193

Escape to Moreton Island and discover the middle southern section.

Friday night we'll catch the Cappuccino Cat to the Wrecks, head south past Tangalooma up the Western Beach to the Big and Little Sand Hills to camp.

Saturday exploring these eighty feet high sand dunes before heading over to the Eastern Beach and the Rous Battery, left over bunkers from the World War Two Defence Post.

Sunday we cross the Island via the Desert back to the Western Beach and Wrecks for the 4:30pm barge home. Water is available from the pumps at the Sand Hills and Rous Battery but you may want to carry your drinking water.

It's an interesting walk and one we don't do too often as the Moreton Lakes keeps calling.

#### 17<sup>th</sup> OCT, FRI OKTOBERFEST THE GERMAN CLUB JOHN TOOHEY SOCIETY

- Contact: Phil Murray on 5522 9702 or 0413 307 580
- Time: 5pm till ?? (10ish perhaps) The Fest starts 6pm, but a small bar will be open before then. Come earlier.
- Where: 416 Vulture St, Kangaroo Point just beyond Main St, and opposite The Gabba Cricket Grounds.

Admittance: \$10.00

#### Web: http://www.brisbanegermanclub.com/

## What For: For a chat and a beer and a meal and The Experience

For October, the JTS is meeting at the German Club to join in the festivities of the Oktoberfest (and to try out the German beverages).This is THE original Brisbane Oktoberfest - German

bands, the Alpenrosen Dance Group & much more. Enjoy traditional German food, beers and wine. The actual name of the Club is "Brisbane Deutscher Turnverein".

The Alpenrosen Dance Group is a traditional dance group and in particular they perform the Schuhplattler (Shoe-Slapping). This fun dance comes from Upper Bavaria and Tyrol. Also performed is the traditional Ringing of the Cowbells (Glocken) which consist of large and small sets of bells that are musically tuned. They play 250 songs ranging from German, Australian, Italian etc. And the um-pa-pa band plays a full range of German beer hall songs, including the Chicken Dance and of course "Ein Prosit der Gemutlichkeit" (a toast to good company, good atmosphere etc) that's thrown in every little while to allow for plenty of toasting with good German beer!

The event is held indoors – the interior is like a German hunting lodge. It will be crowded. I was told there are a few tables. They do not accept bookings.

Don't worry about lack of Public Transport, as the Gabba Busway Station is a 5 minute walk away, just over a well-lit and always busy Main St. When you want to leave, someone else will want to also, so we can travel in groups. Buses take you to the City or Southbank & South Brisbane Rail Stations, or the Mater Busway Station. Check Transinfo for connections:

http://www.transinfo.qld.gov.au/

But remember, "Do not mention zee var!!"

#### 20<sup>th</sup> OCT, MON MONTHLY MEETING

Contact: Philip the Younger, President Ph: 0411 016 864

- Time: Doors open 7.30pm
- Venue: St Michael's Parish Hall, 250 Banks St, Ashgrove (the old Dorrington). The hall & carpark are on the lower terrace, down below the church.

Come along to the Meeting to hear what the Club is going to do over the following month.

- Ask Leaders questions that will solve your queries about coming events this Jilalan can not say everything about what we do, where we go and how we do it.
- Stay and talk with your friends enjoy supper

#### 25<sup>th</sup>- 26<sup>th</sup> OCT, SAT to SUN SOUTH OBELISK OVERNIGHTER

Leader:	Phil Murray Ph: 5522 9702 or
	0413 307 580
Meet at:	St Brigid's Car Park, Red Hill
Time:	12:00 noon
Grade:	M 55
Cost:	\$25:00 in car pool cars
Location:	Across the border from
	Barney&Lindesay in north NSW

Web:<u>http://www.rainforestway.com.au/malla</u> nganee[1].pdf

#### Emerg Off: Phil Ph: 0413 307 580)

South Obelisk is near the town of Urbenville in northern NSW (25km south of the border) and about 150kms south of Brisbane. We will camp at the Toolom Falls campground which is 6km south of the town. It is quite a pretty campground. This is trip is a sequel to last year's trip to Edinburgh Castle which we did on Sunday 24<sup>th</sup> June.

A few dedicated walkers had a word to me about changing the plan for the walk. we will go down on Saturday afternoon, set up camp at Tooloom Falls, have a quick lunch then drive back to Urbenville and walk to the top of North Obelisk (which is also known as Coutt's Crown), a walk of about 3 hours.

On the Sunday morning we will walk to the top of South Obelisk (which is also known as The Beehive), a walk of about 4 hours return. We will return to the camp site for lunch and a quick swim at Toolom Falls for the keen ones and then we can make an early departure for Brisbane and hopefully be back by mid afternoon.

To get a better idea of the size of the mountains they are similar in size to Mt Beerwah and Mt Ngun Ngun of the Glasshouse Mountains but without the rock slabs of Beerwah.

A bit of trivia: Urbenville was originally known as Tooloom, the village was renamed Urbenville after William Urben who was the first white child born at the Tooloom Gold Diggings.

**Hornpipe** – Both a single-reeded musical instrument sailors often had aboard ship, and a spirited dance that sailors do. **On TLAP Day** – We are not big fans of the capering, it's not our favourite art form, if you will, so we don't have a lot to say on the subject, other than to observe that the common term for being filled

with lust is "horny," and hornpipe then has some comical possibilities. "Is that a hornpipe in your pocket, or are you just glad to see me? Or both?"

#### 29<sup>th</sup> OCT, WEDN COFFEE NIGHT MERTHYR BOWLS CLUB

Contact: Maxine Ph: 3203 4699

- Time: 7:00pm onwards for dinner and/or 7.30pm for dessert, and of course, Coffee
- Place: Merthyr Bowls Club, Oxlade Drive, New Farm (almost opposite Turner Ave)

#### Web: http://www.merthyrbowlsclub.com.au/

Located in New Farm, Merthyr Bowls Club is easily accessible by car, train, tram, bus, ferry and CityCat, and is a short walk from New Farm Park. Public Transport timetables are available on the internet from the Transinfo site: <u>http://www.transinfo.qld.gov.au/</u>

The Merthyr Bowls Club is one of our favourite Coffee Night venues - it has position and charm (it's right on the Brisbane River) and position, and good food (I'm particularly partial to the octopus and calamari salad with roasted Mediterranean vegetables), and did I mention "position". Oddly, coffee is their one weakness, but there is beer on tap and wine by the bottle or glass. The dinners and sweets are very good and reasonably priced and the setting right on the Brisbane River is one of the best in this town. It is one of Brisbane's best-kept secrets. For those of you who don't want the whole meal thing, there are plenty of snacks and several desserts to keep you happy.

You are supposed to sign in. You can do this if you belong to any other club or you can join and become a social member for 5 years for \$5 (bargain!). Or just sign in as a visitor. Once signed in, go to the chairs outside on the raised bank between the bowling greens and the River. It is beautiful this time of the year, and there should be room for all of us. Lovely river breezes. So come along and enjoy a great experience with some top people.

Look out for people wearing the light blue Club T-shirt.

#### 1-2 NOV, SAT TO SUN YURAYGIR NATIONAL PARK BASECAMP

Leader:	Paul Evans Ph: 0412 339 311			
Meet at:	St Brigid's, Red Hill			
TIME:	Saturday 5.30 am			
Cost:	ТВА			
Grade:	M33			
Location:	North NSW, 6km from Yamba			
Web:http://www.environment.nsw.gov.au/re				
sources/parks/YuraygirNPInventory.pdf				
ANDhttp://www.environment.nsw.gov.au/Na				
tionalParks/parkHome.aspx?id=N0040				
Emerg Off:	Carolyn E Ph: 0412 339 322			

Yuraygir National Park is one of the coastal parks in north NSW. The aim is to get to Brooms Head on Saturday and start walking up to Mara Creek Picnic Area. The walk takes you through a variety of coastal ecosystems, linking Mara Creek in the north with Lake Arragan in the south. Once there, we have the option of camping along the track at Shelley Beach or returning to Lake Arragan.

Features of the walk include magnificent views from the Point Dirrigan lookout, where dolphins are regularly sighted, coastal caves on the southern side of Shelley Headland, and bird watching on the heath lands. Vegetation types include freshwater wetlands, heath lands and open eucalypt.

Due to the need to book camping, I will need to know numbers by the beginning of October. This is one of the best coastal walks in NSW and won't disappoint.

**Bung hole** – Victuals on a ship were stored in wooden casks. The stopper in the barrel is called the bung, and the hole is called the bung hole. That's all. It sounds a lot worse, doesn't it? **On TLAP Day** – When dinner is served you'll make quite an impression when you say, *"Well, me hearties, let's see what crawled out of the bung hole."* That statement will be instantly followed by the sound of people putting down their utensils and pushing themselves away from the table. Great! More for you!

#### 1<sup>st</sup> To 4<sup>th</sup> NOV CUP WEEKEND WALK IN VICTORIA

Leader: Phil Murray Ph: 5522 9702 Location: Australian Alps

Web:http://www.australianalps.deh.gov.au/ parks/walktrack/challenge.html#cobberas

## *Calling for Walkers, Calling for Walkers.....*

The plan is to visit the multi-peaked mountain known as the Cobberas, which are near the Victorian/NSW border just south of Mt Kosciusko. They are similar in size and terrain to Mt Barney. The features are pristine country, snow gum trees and a chance to see Australia's last wild brumbies. This is planned to be a joint walk with Catholic Walking Club of Victoria.

Peter Matheson of the Victorian Catholic Walkers sent me the following itinerary.

"The map JACOBS RIVER 1:100 000 has the entire walk on it but at a small scale.

- Saturday: Start walking from about Map Ref 93 18. Follow Limestone Creek down towards the Murray (Indi). Cross river to camp near 98 28.
- Sunday: UP (and I do mean UP) Pilot Ridge to Pilot. (about 7 31). Soak in this BIG time view. Then follow along ridge line as it leads to Cowombat Flat (4 27).
- Monday: Up into the Cobberas proper. (ie back in Vic.). Over Cobberas No. 2 and on to Moscow Peak Saddle for a camp.(high) (about 00 22)
- Tuesday: UP to Middle Peak. Drop packs and out to Cleft Peak (about 3 21) - along with the Pilot a real highlight; nothing so rugged in Vic. Back to packs and on to Cobberas No. 1. (about 2 19) Then drop off to the Playgrounds (01 17) and back to cars.

Drool over that Phil. - What are your precise travel arrangements? We won't get back to Melbourne on Cup Day until late."

Contact me for more details.

Phil the Elder Ph: 5522 9702

http://home.pacific.net.au/~deveritt/cobbera s.html

http://www.melbournebushwalkers.org.au/a ctivities/Walks/trip notes/MBW trip note 2 9-10-2004(2).htm

#### 21<sup>st</sup> TO 23<sup>rd</sup> NOV, FRI TO SUN BUSHWALKING AUSTRALIA FACE TO FACE MEETING

Bushwalking Queensland will be hosting the annual Face to Face Meeting of Bushwalking Australia delegates in Brisbane over the weekend of 21 to 23 November 2008. The format of the Face to Face will be a series of workshops to discuss national bushwalking issues, and to conduct the AGM of B'walking Aust. Each state can be represented by two delegates with voting rights.

The committee of Bushwalking Australia has agreed to throw open the proceedings of the weekend to any local bushwalkers who may wish to attend as observers, to see first hand how the national body operates, and to have the opportunity to network and share ideas with delegates. Active participation by all attendees will be encouraged. The collective wealth of bushwalking experience and administrative expertise present at this event will offer a most educational and rewarding weekend for all who attend.

There will be several social activities associated with the event. If you wish to attend any day or part thereof, expressions of interest are welcome by email. The venue is fully equipped with dining hall with on site chef and wait staff, and there is a licensed bar.

**Venue:** Riverglenn Conference Centre, Indooroopilly, <u>www.riverglenn.com.au</u>

Riverglenn is 8km from the CBD, or a 1.5km walk from Indooroopilly Station.

#### **Program Outline:**

Fri 21<sup>st</sup> 6:30pm Welcome drinks and finger food. Sat 22<sup>nd</sup> 08:30am - 5:00pm Workshop sessions Sat 22<sup>nd</sup> 6:30pm Dinner and PowerPoint presentation of bushwalking interest Sun 23<sup>rd</sup> 08:30am - 3:00pm Workshop sessions and AGM Sun 23<sup>rd</sup> CityCat 5:0pm Optional ferry ride to Bulimba for a café meal.

#### **Estimated Costs:**

Daytime Conference: \$50 per person per day. Includes catered lunch with hot dish and dessert, morning and afternoon teas featuring in-house baked selections.

Friday night drinks & Saturday night dinner: Cost TBA

Sunday CityCat & café meal: At own expense.

(Program and costings to be finalised at later stage)

Expressions of interest are sought from club representatives to assist with planning for this event. Please email to <u>gfbwc@yahoo.com.au</u>

#### 5<sup>th</sup> to 9<sup>th</sup> FEBRUARY **KEPLER TRACK NEW ZEALAND** THROUGHWALK

The plan is to fly to Christchurch and then bus down to Dunedin. A bus will transport participants to the start of the tramp which is in Te Anau on the West Coast of the South Island.

This is a 60km circular track through some of the South Island's Fiordland, - great scenery of mountains, bush & lakes. The track is of a high standard and should be within the capabilities of most Club members. The highlight of the walk is to traverse Mt Luxmore (1400m) where there are great views overlooking beautiful Lakes Te Anau and Manapouri.

Contact Michele Johns on Ph: 3353 2822 for more details.

**Beauty** – The best possible pirate address for a woman. Always preceded by "me," as in, "C'mere, me beauty," or even, "me buxom beauty," to one particularly well endowed. You'll be surprised how effective this is.

## OTHER EVENTS

#### 14<sup>th</sup> SEPT, SUNDAY LYONS "WALK FOR AN AUSSIE KID". Australian Lyons Children's Mobility Foundation

Organiser: Lyons Club of Bunya –

Time: 8.30am

Where: Downfall Creek Bushland Centre, Rode Rd, West Chermside

Cost: \$5

Why: To assist kids with Cerebral Palsy to walk with the aid of a mobility device

Web:http://www.lionsclubs.org.au/alcmf/wal k%20for%20an%20aussie%20kid.htm AND:http://brisbanebunyaau.lionwap.org/ e-mail: duignani@bigpond.net.au

Lyons invites you, your family & friends to go on this walk to raise funds for the Foundation. If you can get sponsors for your efforts, all the better. You will get a sausage sizzle at the end as well. Did I say there are prizes?

Go to the web site for the walk to download nomination & sponsorship forms.

#### 19<sup>th</sup> SEPT, FRIDAY TALK LIKE a PIRATE DAY

Leader:	Captain Jack Sparrow	
Location:	Everywhere – Home, Work,	
	Pub, On The Train/Bus	
Time:	From 12 Midnight to 23.59:59	
Cost:	Your Self Esteem	
Location:	Wherever you are	
Web:http://www.talklikeapirate.com/pirateh		

ome.html

#### **Emerg Off: Captain Barbossa**

Why do we need an "International Talk Like a Pirate" Dav?

We do. But it's a little hard to articulate why; talking like a pirate is fun. It's really that simple. It gives your conversation a swagger, an élan, denied to landlocked lubbers. The best explanation is it is a "whimsical alternative" to all the serious things that were making the news so depressing. In other words, silliness is the holiday's best selling point.

WARNING: Pirates were and are bad people. Really reprehensible. Even the most casual exploration of the history of pirates leaves you hip deep in blood and barbarity. We recognize this, all right?

What, you're wondering, is the point? The point is, there is no point. And that's what's fun about Talk Like a Pirate Day specifically. We're talking about the mere image of swaggering pirateness. And the comely wench will have fun talking like a pirate, too. It's powerful, yet harmless.

The basics:

http://www.talklikeapirate.com/howto.html#basic http://www.talklikeapirate.com/piratehome.html http://www.talklikeapirateday.org/

This is a bit of lunacy started by a group of guys playing racquetball in 1995. They chose  $19^{th}$  Sept as the day – a wife's birthday so the date would not ever be forgotten. They roped a few mates to join them each Sept. Then in 2002, they enrolled a national (USA) journalist, and it went USA wide. But soon, the idea caught on, with Oz being one of the first - our journos were on the phone to them.

Now they are respectable "pirates", even opening the National Geographic's display on Real Pirates in Philadelphia on the 19<sup>th</sup>. Oh how times change.

So, from the time you wake in the morn till your eyes close in the dead of night, speak "pirate" (even just a few "Ahhhs" every now & then). People in

the bus won't mind. People at work will still accept you. Patrons at The Ship Inn will admire you even more. You will still be respected in the morning.

#### Ahhhhhh

Bugger, it has been grappled & boarded by officialdom. How can lunacy and big business mix successfully?

#### 20<sup>th</sup> and 21<sup>st</sup> SEPT, SAT & SUN SPRING FLOWER SHOW AND PLANTS MARKET MT COOT-THA BOTANIC GARDENS AUDITORIUM The Society to Grow Australian Plants

The annual Spring Flower Show is usually held in August at the Mt Coot-tha Botanic Gardens. There are spectacular displays of:: native flora, landscaping ideas, displays from other organizations with similar aims, plants sales, cut flower sales, book sales, plant information and bush tucker displays.

Admission is \$3.00 - children free.

http://www.sgapgld.org.au/events.html#nex t%20event

#### 3<sup>rd</sup> OCT, FRI NATIONAL WALK TO WORK DAY It took human beings a million years to

learn how to walk and fifty years to forget.

WHAT IS WALK TO WORK DAY (WTWD): WTWD is an event to promote regular walking and physical activity. It is an annual, national event in which the community can become involved in a healthy and environmentally friendly activity.

The aims of Walk to Work Day are: To promote regular walking as a healthy activity (better physical, mental & social health)

To reduce the reliance on the private motor vehicle (reduce car-dependency)

To promote and improve the use of public transport (less traffic)

To improve air quality by reducing unnecessary vehicle emissions (reduce global warming)

**HOW TO PARTICIPATE:** You can be a Walking Class Hero on Friday 3 October 2008 by simply walking all or part of the way to work. Use public transport and get off the bus, train, tram or ferry a few stops earlier and walk the rest of the way. Or take a half-hour walk at lunch-time. And where possible, walk up stairs. But, PLEASE, leave the car at home. If you have to drive, leave the car at least a kilometre or two from your destination and walk the remaining distance.

So, Unblock Some Arteries, Relieve the Congestion, put your Feet First on Walk to Work Day and Make Time to Walk Every Day.

For further information go to: <u>www.walk.com.au</u> or phone the Pedestrian Council of Australia on (02) 9968-4555

http://www.walk.com.au:80/wtw/page. asp?PageID=207

#### 4<sup>th</sup> OCT, SAT RAAF AMBERLEY AIRSHOW

Leader: Air Vice Marshall Angus Houston

- Meet at: Amberley Air Base, Southern Amberley Rd, Amberley
- Time: 10am Flying Display 12 noon to 3.30pm

Tickets: \$15 (\$5 6 to 16) through Ticketek

http://premier.ticketek.com.au/shows/show.asp x?sh=AMBERLEY08&searchId=3df59171-4af5-4534-a9ba-d5d2e56a1cf3

Web:

<u>http://www.raaf.gov.au/airshow/index.aspx</u> **Parking:**<u>http://maps.google.com.au/maps/m</u> <u>s?hl=en&ie=UTF8&msa=0&msid=1130</u> <u>68580600761060769.000446959bf4fbde</u> <u>c95b0&ll=-</u> <u>27.650094,152.712086&spn=0.038955,0.</u> <u>041671&source=embed</u>

The Defence Force Air Show is returning to Brisbane after 4 years with an exciting and spectacular series of flying and ground displays The 2008 Australian Defence Force Air Show, to be conducted on Saturday 4 and Sunday 5 October, will be the largest and most exciting Air Show conducted by the Australian Defence Force.

The F-111, based at RAAF Amberley, will star and perform its dump and burn display. The Roulettes - the Air Force aerobatic team - and the Navy Squirrel Team will also perform on both days of the Air Show. It includes displays by most of the Defence Force's military aircraft including, F/A-18 Hornet, the Orion, Hercules and the newest additions to the Australian Defence Force, the giant C-17 Globemaster and the Tiger attack helicopter. Displays will also feature the Navy Seahawk and Squirrel helicopters, Army Blackhawk helicopter the USAF F-15 Eagle and the Singaporean Air Force F-16 Fighting Falcon.

A host of ground displays will showcase the capabilities within the ADF. A packed program

of air displays will include participation from warbirds from past conflicts and professional aerobatic displays. This special event will also feature many interactive ground displays, children's rides and well appointed food courts.

Expect easy (free) parking. Food and amenities will be available to guarantee those interested in an Australian Defence Force career and families, and those interested in aviation, enjoy an action packed day.

Be sure not to miss this weekend of entertainment for the whole family! http://www.raaf.gov.au/airshow/index.aspx

#### 4<sup>th</sup> OCT, SAT SAUSAGE SIZZLE

Leader: Greg Endicott Ph 0418 122 995 Location: Super Cheap, Pickering St, Alderley (the Southpine Rd end) Why: To eat a great sausage & bread combo

If you ate in the Alderley, Enoggera, Kelvin Grove, Ashgrove, Windsor/Wilston, Newmarket, Mitchelton, area, why not drop in for breakfast or lunch or arvo tea. Help send 2 poor Scout Venturers to Perth after Christmas for the triennial gathering of Venturer Scouts. Cold drinks also for sale.

#### 11<sup>th</sup> OCT, SATURDAY CONCERT FOR NEPAL MORRIS HALL, CHURCHIE

Contact: Mike Ph: 3369 6839

- Time: 7.30pm
- Cost: \$50 Adults, \$25 Child, Student, Pensioner
- Where: Church Of England Grammar School, Oaklands Dr, East Brisbane
- Why: In Aid Of The Disadvantaged Children Of Nepal

#### Web: www.nepalaust.org

Come hear Slave Grigoryan, Katie & Maggie Noonan, Alex Rainieri, William Barton, Southern Cross Soloists and more at Morris Hall on the 11<sup>th</sup>. A fund raiser for the children of Nepal by the Nepal Australia Friendship Association.

#### 22 - 23 Nov, 10am - 4pm Bne Adventure Travel & Backpacker Expo Brisbane Convention Centre South Bank

#### Price: \$7

If you're getting ready to embark on your next trip or you're planning an adventure for a few years down the track, come along and talk to the experts and find out everything you need to know. The expo includes presentations by industry professionals, special deals and promotions with lots of freebies on offer over the whole weekend!

The YHA stand is close to the entrance so be sure to pop in and say hi. We'll have YHA membership staff on hand to answer questions about the international hostel network, membership benefits and related discounts, plus our experienced Travel Consultants from YHA Travel will be ready and armed with all the best travel advice and itineraries to get your adventures underway!

Hope to see you there! (YHA magazine, August edition!)

## **FIRST AID COURSE**

#### **Any Interest?**

We are thinking of arranging a weekend aimed towards bushwalking injuries and remote care. Right up out alley.

Need expressions of interest to see the viability of it.

Paul organised one a few years ago, and all agreed that it was spot on.

Give it a thought. Let Philip K know. Ph: 0411 016 864

## **AROUND THE RIDGES**

#### By Phil the Elder

**Barrani's for sale** – there are several copies of the Barrani and Bithongel booklets left. Please contact me or Terry if you would like to get a copy – only \$1 each.

**Native Flower Show** at the Botanical Gardens organised by the Society for Growing Australian Plants on the weekend of 21 September.

## **POETRY CORNER**

At the Federation Pilgrimage several Poems were recited. There were 2 standouts. One by Justin "Throw Number 2" which was previously published in Jilalan. The second one was the following ditty which was a greatly appreciated. Apologies to all our German speaking friends.

#### I VONT TO BE A LEETER

by Quasi Kraut

I vont to be a Leeter imt vork right out in front I vont to show ze Bushies I'm not a leetle runt I vont to leet ze hikink over hills unt dales unt rocks I vont to show ze Bushies I'm not just one old crocks.

I kan vork fast like ze Leeters who carry big unt hefty packs Unt neffer tink auf us Charlies vorkink at ze back. I know zat Leeters go to Charm School, learn to lie unt learn to smile Unt how to calculate ze day's vork in ze fractions of /e mile

No Leeter vurse his rock-salt vill effer tell ze truth Tellink fact from fiction ist like pullink out ze tooth. I vont to be a Leeter wiss effery vun behind I'm learnink all ze right vurds; just don't you bloody mind.

I kan lie just like a Leeter, I alretty know ze vurds Like "Merely undulations" or "Steep? Don't be absurd!" "It's just a short meander along easy tracks and creeks" But vy am I zo zore now, still after two whole veeks?

I neffer see ze black snake or ze pretty vollabee I'm vorkink at ze back ent unt nussink do I see. I am ze Tail Ent Charlie unt 'Truppel' ist mein name Unt I vill make much truppel in zees krazy vorkink game

I don't know vy ze Leeters alvace pick on me "Hey Charlie you stay back there". It's alvace vere I be. So next veek on ze Bush Vork I'm goink to take kontrol Unt rumble our dear Leeter zo I kan rock-and-roll

Zen instet of mindless hikink, not stoppink for a rest Veal meander unt veal saunter. Mein hike vill be ze best. Veal look at leetle birdies unt ze pretty vollabee Unt ze Bushies vill be happy unt ferry pleased wiss me.

The poem also appeared in the Gold Coast Bushwalkers monthly magazine "Friends on Foot" August 2005.

## **PAST EVENTS**

#### CHINESE LUCKY NIGHT 8/8/08

"Enjoy Inn" was our lucky Chinese dinner venue. The evening was a busy one with full house at the restaurant. Some spare places at our table quickly scooped away to allow other patrons to come in. Diners were out early to get home to watch the Olympic Games opening a few hours later. We all enjoyed the fantastic food that just kept coming out. As quickly as platters emptied a new dish arrived.

There was much banter and jokes as the evening past. Desley was fast penning MBS to fill the pages of Sept Jilalan. Trevor Kelly the, king of Limerick Lines arrived to join the fun and the Irish joy from Breda and Marion made our night complete. Missing was the Dragon Dance to celebrate the lucky Chinese date. Chinese Coconut deep fried ice-cream made up for it. This was an excellent place to eat, just keep your tabs on Rice and Chinese Tea per head!!

Many thanks to a fun group, Lizzy R, Breda, Marian, Desley, Michele and Greg, Trevor, Graham and Phil K. Cheers Maxine

#### MT. GOOLMAN 9<sup>th</sup> AUGUST

Saturday 9 August was a typical winter's day for S.E. Qld. The winds of the previous days had dropped and there was not a cloud in the sky – ideal bushwalking conditions.

We all met at Red Hill (apart from Sofia who we picked up at McDonalds at Jindalee) and set off to the lovely picnic area known as Harding's Paddock. As there were 19 in the group there was much chatting and catching up with people. While some put on their boots, others enjoyed a copy of tea/coffee (some did both). In fact, it was hard to get people moving – all there just enjoying the sun and the company of the group.

Marion Gibbons and Debbie Cabperson were on their first walk with us, along with Michelle's brother Grant, who was over from N.Z. Beno Nunnink, who was in the Club about 25 years ago, also joined us. It was nice to walk again with Merv and Maria Galvin – Merv lead the first base camp I went on in 1961 to Wilson's Peak.

There are several marked walks in the area and we took the longest route to Goolman Lookout fir morning tea. There were some steepest sections along the way, however all took them as their own pace.

We arrived at Goolman Lookout at about 10.30 a.m. and while enjoying morning tea, took in the great views of the Main Range, Ivory's Rock and surrounding countryside. Of course, Mt. Goolman could be seen a short distance away.

After we were all refreshed we headed off track down a ridge to meet up with another road. We followed this road for a short distance until we reached the ridge, which would take us to the top. The lower part of the ridge was covered in thick lantana, however we soon picked up a wellused track. The upper steeper section consisted of lots of small loose rocks, however nobody encountered any problems and we all finally arrived at the top around noon. Marion and Debbie were puffing and panting but said that they were enjoying it all.

At first it looked as if there were no views from the top, however when one moved through the trees, there was much to be seen. To the north the tall city buildings were visible, along with the T.V. towers on Coot-tha. We could even see the sand hills on Moreton Island. From the southern side we could see Ivory's Rock, Flinders Peak the Main Range, Lamington area etc.

After identifying all the mountains etc. it was time make our descent. We regrouped back at the road and then took a different route back. We were all soon back on a signposted route – 2.5kms back to the cars.

We arrived back just before 3 p.m. and finished the day off with coffee etc. at McDonald's at Yamanto. It was a great day and I enjoyed taking people to a relatively new area for the club.

Those who added to the enjoyment of the day:-Tracey Hagger, Marion Gibbons, Debbie Caspersen, Desley Pedrazzini, Michael Simpson, Terry Silk, Ray Rowe, Paddy Taylor, Sofia Marsh, Merv and Maria Galvin, Paul Evans, Phil Murray, Beno Nunnink, Phil Kearns, Michele Johns and her brother Grant and myself.

#### THE BARNEY MASS 13<sup>th</sup> AUGUST

We had another very successful Barney Mass. We over 35 people this year. It was one of the best trips I have been on as there was almost a carnival atmosphere on the day because there were so many kids on the trip. We had 5 kids in the age range 10 to 12. As leader, I was just a bit concerned how their energy levels would hold up but they just zoomed up South East Ridge. Their energy, enthusiasm and sense of fun were so infectious. They left me and several others behind.

We also had a few new people on the trip and their sense of wonder and awe on being on Mt Barney was equally infectious. In particular Kerrianne Pearce and Megan Leadle were doing Barney for the first time; we quickly informed them they would be right to do South East. They had a look of trepidation on their faces but they had no troubles coping with the climb and got a real buzz out of getting to the top.

Fr Gerard McMorrow said a wonderful Mass and a very short but touching homily. He made the strong point that our faith is about caring for each other and today on our walk we lived this ideal since we were always looking out for each other. He was rapt in how beautiful Barney was and quickly added he is never coming up South East Ridge again.

For those interested in times – we left Yellowpinch at 7.25am and were on the summit of East Peak by 12.05pm. We had a 20 minute break and then clambered down to the Mass Site

by 1.20pm and started mass at 1.30pm. Most people were back at Yellowpinch by 5ish.

I have to make a mention of how many father and sons were on the trip –

Michael & Nicholas Wood, Matthew & Ethan Palmer, Peter & Liam Nally, John & Liam Bevelander, and John & Thomas Carter. And I have to make a special mention of the father and daughter team of Justin and Mary Tobin. It was Mary's first trip to the summit of Mt Barney and she was delighted to finally do it after her 5<sup>th</sup> Barney Mass – not bad for a 10 year old. I also have to mention that Mike & Nicholas had to be back in Brisbane (Sunnybank) by 6.00pm to do their regular run with the Harriers – a short 6km run. Oh to be that fit.

We would have had another father & son team of Dave and Ivan Mort but Ivan "popped" his knee when doing Savages Ridge a few ago and was unable to attend, but Dave (a previous Club President) was there on the day. Just what "popped' means I am not sure but it sounded serious - I wish Ivan a speedy recovery.

I also mention that there was a mother & daughter team on South East Ridge. Maria Kerruish (who only joined the Club last year) was on her first Barney Mass trip. She was accompanied by her lovely daughter Natalie and they did the hard trip up South East Ridge. I will also mention that Natalie has now done 2 trips with the Club – the first was the Club's 50<sup>th</sup> Anniversary trip to Tibro last year where she was one of the few people to actually climb Mt Tibrogargan that day She now has come on the Barney Mass during the Club's 50<sup>th</sup> Anniversary Year. The only other non-member who can match those 2 trips is Mary Tobin.

Pat Lawton hurt her knee a few weeks ago and told me she couldn't risk going over the rock slabs – but she wasn't going to miss being involved in a Barney Mass so she accompanied the group up Peasants until they got to the rock slabs. She had a few friends waiting for her back at Yellowpinch (but I didn't get all their names).

There was also a mini old-guys reunion - Lawrie Kearney and Larry Corkran, who walked with the Club in the 1960's, made it again. Paul Wijngaarden, a mate of Larry and Lawrie from that era, also came. Paul has lived in Sydney for a few decades and was in Queensland for holidays and a school reunion, but had to come on the Barney Mass during the Club's 50<sup>th</sup> Year Celebrations. Paul is also a keen member of our sister club in Sydney – the Catholic Bushwalking Club. I should note these venerable gentleman may be a bit older than some but they are "fit as" – they zoomed past my group of 4 people on the way up.

Kerrianne, who is new to the Club, commented to me that somehow, on a bushwalking adventure like this, the normal barriers or wariness that exist between people in the City come down - you are able to mix and get friendly with total strangers and make a true bond of friendship. For the Club this is a true achievement and a great reflection on the people in the Club.

We also met a former member and kids on the summit of Mt Barney and had a quick chat and they were invited to join the Mass and they did,

John Bevelander and Kerrianne Pearce were on the second trip with the Club. John works with Matthew and joined us on the Obi Obi trip in February this year.

A big thank you goes to Fr Gerard McMorrow for such a wonderful effort. A special thank you goes to Philip Kearns who solved a problem for me - I didn't have anyone lined up to lead the group up Peasants - and the night before the trip he put aside his preferred choice of going up South East and took on the responsibility of being leader for the group going up Peasants Ridge.

Mt Barney had an excellent wildflower display this year and I will include the details in next month's magazine. The day would have got a 10 out of 10 but the weather was just a bit cloudy on the day.



Those on the day were: South East Ridge

Fr Gerard McMorrow, Lynne Lucas, Kerrianne Pearce ^, M Leadle ^, Michael Wood #, Nicholas Wood \*, Matthew Palmer, Ethan Palmer \*, Peter Nally #, Liam Nally \*, John Bevelander ^, Liam Bevelander \*, John Carter, Thomas Carter \*, Justin Tobin, Mary Tobin \*, Dave Mort #, Maria Kerruish, Natalie Kerruish \*, Terry Silk, Paul Evans, Phil Murray.

#### Peasants:

Philip Kearns, Karen Frederiks, Jonas Bernatos #, Trevor Kelly #, Lawrie Kearney #, Larry Corkran #, Paul Wijngaarden #, Therese Abernethy, Pat Lawton, Peter Williams #, Katie Williams \*, David Williams \*, Josh Costelloe \*, Mary Hood #, John Hood #,

Legend: # Former members, \* Relatives of members or former members, ^ Visitors

Apologies if I inadvertently missed anyone's name or spelt their name incorrectly

Phil Murray

#### KARAWATHA FOREST WALK 16<sup>th</sup> AUGUST

Twelve happy walkers set out on the track at Karawatha Forest. Our train journey down saving a drive in Sat traffic. We started the day on the Eastern side of the parkland at the end of Elizabeth Ave. Karawatha is 18kms from Brisbane and covers 900 hectares of bushland. Our plan was to follow the track system in a clockwise direction, bringing us to the picnic area surrounding the lagoons at the southern end of the park for lunch. The breeze was southerly and keeping us guite cool as we started. We were on the Denata Trail taking us through Frogs Hollow where the Melaleuca cleared slightly to heathland areas near the water. No frogs out to sing for us, we needed to be there in the evening. Excitement as we thought we saw a koala up high but closer inspection found it to be a termite's nest.

We were on the Wallum Trail for an hour passing areas of recently burnt bushland, preparing for a dry summer. Poets Rock up a steep climb brought clear views out to the south and Flinders Peak in sight along with the southern ranges. Along the Hakea Track we counted close to 20 varieties of wildflowers thanks to Paddy's expertise. From sarsaparilla vine to egg and bacon bush, wild iris, melaleuca flower and many more. Geoffrey left us to return for his choral afternoon, as we went onto the Lagoon Trail. This was the most tranquil area. A number of large lagoons lined with rushes and melaleucas, covered in lillys. A beautiful surprise so close to busy highways and suburbs.

Lunch beside Illaweena Lagoon in a peaceful picnic area was a perfect place to relax for a while. Photo shots of the group up on the bridge over the lagoon, before following the western track up to the Rocks Circuit passing by one of two reservoirs in the forest. A short walk around the Rock Circuit with high sandstone ridges rising up from the bushland. View to the north and over new suburbs nearby bringing us back to reality from the peaceful wonderland we had been through.

We had a brief stop at the last picnic ground then a short walk through Ironbark Gully to where we had commenced the walk. Back in Roma St to the crowds falling out of trains from the Ekka. Many thanks to all who came along including two of our original members, Merv and Marian Galvin, Julie P, Graham, Geoffrey, Sophie, Paddy, Debra, Julie, Angie and Terry. Cheers Maxine.

**MBS**: Who was able to explain in great (??knowledgeable) detail about compatible zippers in sleeping bags at a recent gathering?

#### MUSEUM of BRISBANE 17<sup>th</sup> AUGUST

*Ten Days in August* was a great trip down memory lane and quite topical. It was the exhibition about the Brisbane EKKA that several members and visitors enjoyed at the City Hall Museum.



Old sample bags were displayed along with old photos and records. Taped memories were available and the histories of various aspects of

the EKKA were documented. It was a fascinating exhibition.

Was one of our very own members really in one of the photos, standing at a map-making display and looking young?

After the museum we wandered over the Victoria Bridge and along the river for a pleasant, waterside meal at *Chez Laila*. Diners enjoyed Lebanese pizza, Lebanese crepe, wine of both colours and some good quality beer.

Those who took advantage of this great outing were Graham, Elizabeth, Liz, Julia, Angie, Rick, Julie, Terry Greg, Michele, Russ, Jan and Michael.

#### PILGRIMAGE 2008 Mt NIMMEL 22/24 AUGUST

Congratulations to the Gold Coast Bushwalking Club for organising another successful Pilgrimage which was very well attended. It was good to see a special rate for those who could only make it down for the Saturday walks which is what four of us were able to do. As usual the Tobins were our representatives for the whole week end.

After leaving Red Hill at 5.30am we had a good run down the highway in Paul's car to the just Pilgrimage camp site inland from Mudgeeraba where we had ample time to make the difficult decision on which walks to go on. Paul Evans decided to join Justin on a rather challenging walk whilst Jonas Bernotas chose a walk which involved part of the Great Australian Bushwalk. Pat Lawton and I chose another walk which went from the camp site to Mudgeeraba along some of the route used on the Kokoda Challenge.

It was a good opportunity to do some walks in an area where we do not often venture. Also, it was great walking and socialising with members from other clubs. There were thirty people on the walk which Pat and I did whilst Paul and Justin had about twelve on theirs and Jonas's walk had a few more than that. It was interesting to see that most clubs are facing similar challenges these days.

Before leaving we checked out the hall where the Bush Dance was to be held and spied all the cakes which were prepared for the supper. The day trippers were back in Brisbane before dark leaving the campers to enjoy the rest of the successful week end.

Regards, Terry.

## SAFETY & TRAINING The ICE CAMPAIGN "IN CASE OF EMERGENCY"

We all carry our mobile phones with names & numbers stored in its memory but nobody, other than ourselves, knows which of these numbers belong to our closest family or friends.

If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency?

Hence this "ICE" (In Case of Emergency) Campaign

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always mobile phones with patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this purpose.

In an emergency situation, Emergency Service personnel and hospital Staff would be able to quickly contact the right person by simply dialling the number you have stored as "ICE.". For more than one contact name simply enter ICE1, ICE2 and ICES etc. A great idea that will make a difference!

Let's spread the concept of ICE by storing an ICE number in our Mobile phones today! Please forward this. It won't take too many "forwards" before everybody will know about this. It really could save your life, or put a loved one's mind at rest. ICE will speak for you when you are not able to.

## BUSHWALKING QUEENSLAND

**1.** John Campbell, Ron Farmer, Neil Douglas, and Tom Cowlishaw are the Collaborative Management Group (CMG) sub-committee to represent Bushwalking Q'ld at CMG meetings and related activities with the Queensland Parks and Wildlife Service.

**2.** BWQ appointed John Marshall as its delegate to Bushwalking Australia Incorporated (BAI). The association also appoints Tom Cowlishaw as its deputy delegate to BAI

**3.** It was decided to cease the trial of holding regional General Meetings. Instead, Committee Members will try to attend scheduled club

meetings on a rotational basis. Committee Members to give a brief talk on BWQ matters and field questions, upon invitation from the clubs. The first visit to be Redlands Club on 10-Sep-08.

**4.** Scheduling of General Meetings. The number of General Meetings per year will be reduced to 4, to be held in March, May, July and September, and will be held in Brisbane.

**5.** Scheduling of Committee Meetings. The Committee will meet 10 times per year, between the months of February to November. Email meetings are permitted and may be utilised where appropriate.

6. Goal Setting. Committee to investigate the Queensland 150 Years Celebrations for an appropriate activity to involve bushwalkers. Suggestions are welcome. http://www.q150.qld.gov.au/index.aspx

**7.** Insurance. It was noted that more equitable arrangements need to be pursued to cater for the disparate needs of clubs. BWQ to research other options, and report accordingly to Bushwalking Australia and Qld. clubs, in the best interests of all bushwalkers.

**8.** Succession plan for BWQ Committee. Under the Rules, Committee Members have a limit of 3 years in the same position. Need recognised to identify potential recruits to the committee.

**9.** Newsletters by email. Secretary to request clubs not to post hard copies of club newsletters to BWQ. The newsletters are not read by anybody. Alternatively, clubs are invited to send electronic versions of their newsletters, which can be archived on BWQ's webmail and forwarded on to any other clubs upon request.

**10.** Membership of QORF. It was decided to apply for membership of Qld. Outdoor Recreation Foundation. This will align with similar moves by Bushwalking Australia to join Outdoor Council of Australia. Possibilities of accessing peer group assistance, Government funding, and professional expertise within the outdoor recreation sector could bring benefits to BWQ, which would be difficult to achieve internally.

**11.** Future Pilgrimages. Discussion on the viability of Pilgrimages, scale of the events, willingness among clubs to host, interest among clubs. Possible alternatives: Make it a bi-anneal event; alternate with regional clubs to visit each other's events. Participate in a suitable Q150 event in 2009. No club or group of clubs have indicated intention to host 2009 Pilgrimage.

e-mail from Sth Burnett Bushies:

I am sad to report the loss of one of our most committed and loyal club members and president of our group, David Knights. David was an inaugural member of South Burnett Bushwalkers and has been a mainstay of the group since we formed in 1997.

Bushwalkers from other clubs may know David through his involvement with insurance and his attendance of several pilgrimages.

David passed away on Friday 29<sup>th</sup> August. He will be sadly missed by all of us.

Dennis Millikan, Secretary, South Burnett Bushwalkers

#### BUSH CAMPING – EXTRA REMOTE SITES IN LAMINGTON N.P.

Following consultation through the CMG meetings with Qld. Parks & Wildlife, and a field trip with rangers to identify additional remote bush camping sites and zones in Lamington National Park for bushwalkers, BWQ is pleased to advise these sites are now available. They are the new site at Illinbah, and camping zones on the Darlington Ridge and Middle Ridge.

Many thanks to Neil Douglas, Gregg Neill and Ron Farmer who did much of the negotiations and "foot work" to achieve this outcome. The following is an email from Brett Waring of QPW confirming the arrangements.

Hi Neil,

Just to confirm Jason's info on GM camping...

Yes - Darlington Range camp site (within the identified zone as per field trip last year), and a new campsite at Illinbah are open. To date there has been no enquiries at the Green Mtns or Binna Burra Office for camping in these locations.

Bushwalkers and clubs can get access by phoning Green Mtns or Binna Burra Office to book site and advise Ranger staff of numbers and camping in remote locations. Booking forms are available from the Green Mtns or Binna Burra offices.

Payment is made at the Green Mtns or Binna Burra Office. Middle Ridge is treated the same as the Darlington Range ie remote camping zone open for camping using the procedures previously outlined.

The sites are expected to be bookable on-line through IA Parks soon. Brett Waring - QPW

## SOMEONE ALWAYS WAITS

An other Exhibition Wednesday, another Barney Mass.

A great trip up South East and Mass in the saddle then the mad dash to get off the mountain and out before dark. There will always be front markers and always back markers; someone will be last and out in the dark and until this year. There was always someone at Yellow Pinch Car Park waiting for the tail. Dave and I coming down Peasants managed to hit the road just on dark.

No one here, no worries there'll be someone at the car park. It was a beautiful moonlight night to be walking along the road, ensuring Dave on his first Barney Mass in twenty-five years. Someone always waits. Down the road across the causeway, up Yellow Pinch, Dave gazing into the black abyss of the car park looking rather dark. Don't worry someone always waits.

So how did I feel when reaching the car park, to find it empty and a lone Subaru? Lonely, abandoned, disappointed and I thought of past Barney Masses and Greg and the Datsun who always waited. No matter how late someone always waited making sure the tail was in, the car started and the driver wasn't too tired to drive home or in need of company back to Brisbane.

The mass on Wednesday shouldn't finish at the top but finishes when the last person is in the car park and the last car heading home. Not everyone has to wait, everyone has a reason for getting back to Brisbane as soon as they can but if someone waits it continues to be part of the Mass and the next group of walkers can be assured someone always waits.

### WILLIS'S WALKABOUTS SPECIAL BUSHWALKING CLUB NEWSLETTER, SEPTEMBER

Kakadu. If anyone from your club has ever walked in Kakadu or might ever consider walking in Kakadu, he or she should read this newsletter. http://www.bushwalkingholidays.com.au/html /newsletter33-local.htm#avail

#### Kakadu Updated

The Aboriginal traditional owners of Kakadu have long been discontent with the way tourism was going in the park. In consultation with the tourist industry, they have developed a new tourism plan for the park. Part of that vision has been expressed in http://www.kakadu.com.au/.

#### Kakadu -- Have Your Say

The traditional owners have said that a **complete review of bushwalking in Kakadu** should be a priority. They want people to spend more time in the park. Most bushwalkers already spend far more time in Kakadu than the average tourist. That's good.

On the other hand, many of the traditional owners are very concerned about the fact that bushwalkers may stray into areas where they do not belong. Kakadu may be a national park, but it is also Aboriginal Land and Plan of Management for the park specifically states, "Kakadu is first and foremost home to Binninj."

please click the link http://www.russellwillis.com/WW/KakaduBus hwalkingDraftSep08.pdf

Happy bushwalking to all. Russell Willis

#### QORF Queensland Adventure Activity Standards (QAAS) May 2008

QORF is pleased to announce that it has been commissioned by the Department of Sport and Recreation to undertake a project to produce Queensland's Adventure Activity Standards (QAAS).

The AAS are minimum, voluntary guidelines on how to conduct an outdoor recreation activity and cover aspects of safety, planning, environment and equipment. There are fifteen (15) adventure activities which are the subject of this project. They include the following:

Abseiling, Artificial Climbing Structures, Bushwalking, Canoeing/Kayaking, Challenge Ropes Courses, Trail Horse Riding, Mountain Biking, Rock Climbing, Recreational Angling, Recreational Caving, River Rafting, Surfing, Snorkelling, SCUBA and Wildlife Swims, Trail Bike Touring, Four Wheel Driving.

A major component of the project will be the consultation with outdoor and adventure tourism providers and will involve information workshops to discuss the content and implementation of the QAAS. It is anticipated that information workshops will take place in various locations throughout Queensland.

The Adventure Activity Standards (AAS) Project is currently being overseen by the Department of Sport and Recreation with a dedicated AAS Project Officer. The project will also be operating under the guidance of a committee made up of representatives from 16 State Government agencies who will review project methodology and outcomes.

The AAS were first developed in Victoria in 2003 to assist organisations conducting outdoor recreation activities for dependent groups to advise them of the minimal safety, environmental and risk management standards as agreed upon after extensive consultation.

In 2004, the Sport and Recreation Ministers' Council endorsed a proposal for each State and Territory to institute its own variation of the AAS. Further details of the consultation process and workshop dates will be released soon. However, we anticipate them occurring mid June to mid August. The contracted completion date is December 2008.

#### QAAS@qorf.org.au

#### **AAS Background Information**

The general public, insurance companies and various government agencies have progressively called upon the outdoor adventure industry to detail its... <u>More>></u>

#### AAS Feedback

The Consultation Workshops (currently underway) will provide an opportunity for Industry to provide comment/feedback into the development of the... <u>More>></u>

http://www.sportrec.qld.gov.au/funding/our f unding programs/queensland community p artnerships grants program 1.cfm

## BOOK REVIEW

Whether your overseas getaway involves fivestar comfort, or being far off the beaten track, or anywhere in between, Travelling Well is your invaluable travelling companion.

No book can tell you exactly what you need for any particular country or trip.



Information changes constantly, vaccination requirements vary depending on your past health and previous vaccination history, what you will be doing while you are away, and what part of a particular country you will be visiting. These issues must be addressed by an experienced travel medicine professional.

Travelling Well provides you with the background information you will need to stay healthy while travelling. Developed to be used in conjunction with a doctors' consultation, this essential handbook will make sure that you don't lose a moment of your precious travelling time due to preventable illness or injury.

Written by "The Travel Doctor", Dr Deborah Mills (MBBS Qld), this 190 page book is divided into several easy to read sections: Before You Go: While You Are Away: If You Get Sick: When You Get Home: A Few Details: Drug Reference Table: What's New?

The **14th edition** of Travelling Well (Nov 2007) has just been released, updated to include new vaccines, current recommendations for treatment of travellers' diarrhoea and much more...

Printed Version - **A\$24.95** From the online magazine of YHA

## SOUTH WEST TASMANIA

John Chapman has re-issued his book on south west Tasmania. It is just an amazing book with lots of colour photos and excellent coloured maps. The new edition is a major upgrade from earlier editions It covers all the main tracks and routes in South West and Wild Rivers National Parks in Tasmania.

Walks described are South Coast Track, South West Cape, Port Davey Track, Huon & McKays Tracks, Precipitous Bluff (Southern Ranges), Picton Range, Federation Peak, Western Arthur Range, Mt Anne, and Frenchman's Cap. It contains 224 pages, 141 photos, 22 maps, ISBN 978 1 920995 03 4, 5th edition \$37.50

I highly recommend it keen trekkers and throughwalkers. It would have been ideal for the trip to the South Coast Track that Michael led for the Club last year. It is truly a work of art that will have you drooling over the wonderful places to visit and great walks to do.

75 YEARS OF BINNA BURRA 1933 To 2008, Binna Burra To Celebrate

#### **Another Year Of Magnificent History**

Richard Groom, son of Arthur Groom (cofounder of Binna Burra Lodge), is back on the Board of Directors, and is an active member of the Binna Burra team. His presence is greatly appreciated by staff and customers alike, who can now feel a genuine re-connection with the historical side of the Lodge.

Richard remembers vividly his time growing up on 'the mountain'. He shares his thoughts with us as we approach the 75th Anniversary of the first Binna Burra Christmas Camp in 1933.... "Words cannot describe the excitement I feel working at Binna Burra as the momentum builds up to the 75th anniversary of the first Christmas Camp.

The story of how Binna Burra evolved from the national park ideal, driven by Romeo Lahey and Arthur Groom, and supported by hundreds of small shareholders who invested hard earned cash during the Depression years of the 1930's, seems more incredible as every year passes. Today as we approach Binna Burra, 90 minutes after leaving Brisbane, zipping along in air conditioned comfort, it's hard to imagine the enormity of the task the founders and their helpers took on. How different arriving at Binna Burra was in 1933: 4 to 5 hours after leaving Brisbane, incoming guests would be bumping along in a large service car, with luggage and supplies strapped onto mudguards and running boards. Within sight of Mt Roberts, the last few miles of road became a rough track, narrow and slippery. Having been told that they had to walk the last mile to the Lodge, passengers would no doubt have been looking forward to stretching their legs after the cramped ride. Not many would have foreseen just how tough and scary that narrow uphill track was. Sagging energy was guickly recharged on arrival at the Lodge where the large wood fired kitchen stoves produced hot soup, toast and pots of tea.

75 years on from those incredibly tough times for staff and guests, the spirit of Binna Burra is alive and well. I am humbled by the energy of today's staff and the loyalty of Binna Burra shareholders, which is combining to keep the dream alive. Hope you can make it up to the hills sometime soon". To quote John Muir:

#### Winter 2008 Edition

http://www.binnaburralodge.com.au/downloa ds/newsletters/newsletterWinter08.pdf http://www.binnaburralodge.com.au/

#### DEBUNKING MYTHS ABOUT REFUGEES

**Myth**: Refugees are too 'culturally different' to fit in with the Australian way of life. - This accusation has been levelled at just about every minority group for the last 150 years, starting with the Chinese during the gold rush. It has been claimed of the Catholic Irish, Jews, Greeks, Italians and Vietnamese. All of these groups have settled successfully in Australia. The process has not always been smooth or easy, but compared with the strife and hatred elsewhere, Australian multiculturalism is a demonstrable success.

Regarding **Emphasis on Muslims** and their 'religious fanaticism'. – Muslims are not typically 'fanatical'. They live according to many different interpretations of their faith, which has, historically, had easily as much or more concern with justice, tolerance and human conduct as western religious and philosophical traditions. Afghan people, as it happens, have had a presence in Australia for over a century, and played an important role in the opening of trade routes through some of the country's most inhospitable areas.

One in every 115 people on earth are refugees and a new refugee is created every 21 seconds according to Amnesty International. Refugees resettle all over the world.

However, the distribution of refugees across the world is very unequal.

- Tanzania hosts one refugee for every 76 Tanzanian people [1:76]
- Britain hosts one refugee for every 530 British people [1:530]
- Australia hosts one refugee for every 1583 people [1:1583]

## HOW WE ORGANISE OURSELVES

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark. **VISITORS** are always welcome.

#### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Do not presume that outings are cancelled ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

#### http://www.geocities.com/briscathbushclub/EmergOffSyst.html

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

#### **MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$35; Associate Members: \$26; Spouse Members: \$9.00; Country: \$26.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

## CONTACTS

Postal Address	PO Box 31, Red Hill, QI	d 4059		
E-Mail	briscathbushclub@yahoo.com.au			
Web	www.geocities.com/briscathbushclub/			
President	Philip Kearns	0411 016 864		
Treasurer	Terry Silk	3355 9765		
Secretary	Desley Pedrazzini	3369 5530		
Outings Coordinator	Michael Simpson	3351 3810		
Membership Enquiries	Phil Murray	5522 9702		
Social Secretary	Maxine Brophy	3203 4699		
"Jilalan" Editor	Greg Endicott	3351 4092		
Bushwalking Q'ld	http://www.geocities.com/qfbwc/			
Federation Mountain Rescue FMR	http://www.geocities.com/fmrqld/index.htm			
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp			
Parishes	http://bne.catholic.net.au/asp/index.asp?pgid=11463			
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House, E-Mail: printabout@cplqld.org.au Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,				

For specific enquiries, contact the committee member (from above) concerned. For Outings or Socials, contact the leader shown in the calendar or article. If undeliverable return to Brisbane Catholic Bushwalking Club Inc PO Box 31 RED HILL QLD 4059 JILALAN Print Post Approved PP 409367/0022





## THEOLOGY CORNER

On the date of this Month's monthly meeting, the Church designates the day for Our Lady of Sorrows. We celebrate with good reason a day devoted to Our Lady of Sorrows, and we may well imagine that the joy and delight that her son must have brought to her were often intermingled with sorrow, fear and incomprehension.

This means that true Christianity faces the reality of the world in all of its sadness head on. More than that, it means that our Christian duty is to search out the causes of sorrow, including most especially our own sins and weaknesses that cause such deep pain to those we love, and to those we have never met but are called to love in Christ.

It means seeking out those whose lives are blighted with deep sadness and standing alongside them in solidarity. This is not to say that we should try to cheer them up with words of shallow comfort, but rather that we should enter into their sadness, share in their grief, suffer with them -- that is what the word 'compassion' means, after all. And we do so knowing that it is we who are privileged, rather that doing them any favours, because it is to such as these that the Kingdom of Heaven belongs. Only in Christianity do we believe, and perhaps begin to understand, the paradoxical teaching that 'happy are those who grieve'.

They are happy because they shall be comforted. But this comfort itself is not without its pain. After all, it is the same birth of Christ that Gabriel proclaimed as a message of joy which also Simeon rightly predicted would bring to his mother the pain of a broken heart.

But it is through the often painful harvesting of our souls that we begin to undergo in this life, that we can enter into the true, deep, lasting joy of our Saviour. He came and dwelt among us to enter into our sorrow; he made that journey into the broken heart of human darkness. Our Lady of Sorrows gives us a model to deal with life's ups and downs.

Deacon Russ Nelson

Source: Fr. Richard Joseph Ounsworth O.P. @ http://torch.op.org/preaching/