

JILALAN



The Mt Barney Mass 50th Anniversary
11th August- Exhibition Wednesday

Monthly Magazine Of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

FIRST PUBLISHED September 1970

ISSUE N° 479

ISSN: 1836-3121

July 2010

Date	Event	Leader	Contact	Type	Grade
June 25/27	Girraween NP	Joe		BC	
Jul 3	Mt Alexander	Paul		DW	
4	Go Between Bridge Opening	Greg		Soc	
9/11	Savages Ridge	Justin		BC	
10	Bullocky Rest	Cheryl		SW	
10/11	Mt Barney	Michael		Soc	
11	Hornibrook Bridge Opening	Greg		Soc	
Jul 16	John Toohey Society	Greg	3351 4092	Soc	
16	Working Week WindDown: Theodore's	Phil	5522 9702		
17	Shepherd's Walk	Terry	3355 9765	DW	S34
18	Yum Cha	Antonia	3857 1387	Soc	
19	BCBC Meeting	Desley	3369 5530	Meet	
20	FMR Meeting	Desley	3369 5530	Meet	
24	Toohey Forest Wildflowers	Phil	5522 9702	DW	S22
24	Colonial Ball	Matthew	3407 4179	Soc	
31/1	Junction View to Laidley Gap	Michael	3351 3810	TW	L66
31	Mt Michael	Michael	3351 3810	DW	S46
31	Catholics Returning Home	Sue S	3355 2667		
Aug 1	Quinzeh Rocks Wildflower Walk	Phil	5522 9702	DW	M33
7/8	FMR – Grand Traverse of Mt Warning	Desley	3369 5530	Trg	L58
7	Noosa Trails	Terry	3355 9765	DW	M33
10	North Ridge	Justin	3366 3193	DW	L77
11	Barney Mass	Greg	3351 4092	Soc	
12/15	The Drumley Walk	Desley	3369 5530	TW	
15	Collins Gap to Nothofagas	Matthew	3407 4179	DW	L67
16	BCBC Meeting	Desley	3369 5530	Meet	
17	FMR Meeting	Desley	3369 5530	Trg	
20	Working Week Wind Down – The Hilton	Phil	5522 9702		
20/22	Pilgrimage	Justin	3366 3193	BC	Varies
27/29	The Marathon	Phil	5522 9702	TW	XL47
28	Trachyte Circuits	Richard	3353 2822	DW	M33
28	Tibrogargan & Trachyte Circuits	Richard	3353 2822	DW	S55
29	Bridge to Brisbane	Greg	3351 4092	Soc	S11
Sep 4	Bramble Bay to Cabbage Tree Ck	Maxine	3490 4001	DW	
5	Mt Mathieson	Greg	3351 4092	DW	S33
11	Shipstern	Peggy	5498 7112	DW	
11	Riverfire	Terry	3355 9765	Soc	
18/19	Border Fence near Stanthorpe	Pat	3366 1956	TW	
19	Coolangatta to Burleigh	Phil	5522 9702	DW	
25	Wynnum to Birkdale	Graham	3371 9623	DW	M33
24/26	Lost World	Needed		BC	
Oct 2	Kate Quinlan Society	Greg	3351 4092	Soc	
3	West Canungra Creek	Phil	5522 9702	DW	M33
9	Running Creek Falls	John	5514 0285	ON	
16/17	Mt Glassy & Dome Mtn	Needed		ON	
23	Booloumba Gorge	Needed		DW	
30	Woody Point to Scarborough	Wendy		DW	
Nov 5/7	Northern NSW	Paul	0412 339311	BC	
14	Purlingbrook Falls to Appletree Park	Kerrienne	5597 6160	DW	
20	Stairway Falls via Bull Ant Spur	Paul	0412 339311	DW	
28	Burleigh to Fleays Sanctuary	Pat	3366 1956	DW	
Dec 31	New Eve's Party	Phil	5522 9702	Soc	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

KEY – Walk Types

D/W	Day Walk	½ D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Grant that in the days that lie ahead we may grow wiser, stronger, more mature and more aware of the good qualities and the needs of others. Amen (Johnson 1986:38)

PRESIDENT'S REPORT

Good Afternoon, I know you have rushed home to rip open this Jilalan to read all the great articles Greg includes. Hours of grrrrreat stimulating reading.

This month I have a serious issue to talk about – involvement in the running to the Club. Our Secretary has done a runner (or should I say a driver) and left the kids home

without a good cook. Yes folks, we are Secretaryless.

“And where do I fit in? “ I hear you say. You fit in the chair Jan has left. It is just your size, it is padded & comfy, goes up & down and swivels.

What does a secretary do? Taking the minutes twice a month at meetings is the most onerous, if you look at it that way – we don't. You have to attend the monthly general meeti9ng of the 3rd Monday of each month, and the Committee Meeting normally on the first Monday of each month (but this varies a bit depending on availability of committee members.) The minute taking is not hard – just record the important ideas in each conversation at the meetings. Then type them up later and distribute them later.

The Secretary also records the incoming and outgoing mail, obtains a copy of the Treasurer's transactions, writes Club letters and posts them, keeps a Membership log, and holds the official copy of the Constitution.

The only real work is the taking of minutes – the rest hardly happens. It is a job that anyone can do. All you need to be is organised and to do things almost immediately.

To be incorporated – and we are in order to give ourselves some protection, we need a President, Secretary and a Treasurer. We currently have two of the three, but I am sad to say you cannot be two thirds registered – it is all or nothing. We do not want to be unregistered – too much of a legal nightmare.

Please step forward and become our new Secretary.

TREASURER'S REPORT

Balance 17/5/10	\$4217.32
Plus Receipts	\$ 766.00
	\$4983.32
Less Payments	\$ 426.50
Balance 21/6/10	\$4556.82
Term Deposit	\$2310.66

Congratulations to Peter Bambrick, Suzanne Stevens and Jonas Bernotas who won first to third prizes respectively in our second raffle for the year. Peter is on a roll as he has won a prize in each of our raffles this year as well as one at the Irish Club. Not bad for one of our new members. You too, can have a chance of getting on a roll by buying tickets in our next raffle which also has three prizes. The first prize is a (14 LED) Headlamp and Compass Set, the second is a Compact Wind Up (3LED) Torch and Emergency Phone Charger and the third is a Ultra Bright (7 LED) Headlamp. Tickets are still a dollar each.

A final warning that members should not delay buying their club T-shirt and/or badge before the expected demand at our Barney Mass Anniversary.

Russ & Jan are currently on the west coast of Queensland, on their round Australia trip.

Our best wishes go out to Sam Leonardi who is still having health issues, currently with his foot.
Terry.

ABOUT PEOPLE

Paul Evans, Patricia Funnell, Carol Kelly, Heike Krausse and Lynne Lucas are each celebrating birthdays in July. Roger Ford has recently returned from a holiday in Canada and Pat Lawton has just returned from a walk in the Northern Territory.

Paul, Shivon and Jeromy were welcome visitors at our June meeting. Congratulations to our latest new members, Barry Crawford and Brenda Keough. Barry is a former member from the club's early years.

We have had queries from Wendy Long, Elizabeth Dolan, Enza Trifaro, Andrea Denholm, Ian Debert,

COMING EVENTS

TRIPS still leave from St Brigid's car park at Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

16th JULY, FRIDAY WORKING WEEK WINDOWN Theodore's Club SOCIAL OCCASION

Contact: Phil the Elder Ph: 5522 9702 or 0413 307 580

Where: Level 1, 333 Adelaide St (Almost opposite Workcover)

Time: 4.30pm or later

Web: <http://www.ourbrisbane.com/businesses/615539.the-theodore-club-inc>

Emerg Ph: Greg on 0418 122 995

Another of our "I'm over work now, the weekend is here" social events. Not only city workers can come, but also suburban ones as well as the non-workers and retired.

Our plan is to sit around and talk our weekday stresses away, have a few social ales and wines, some hot chips and maybe dinner. It is a relaxing evening for all. Come at 4.30pm, come at 6pm, come in between, or come later. It is up to you. We could go home at 8pm, or perhaps at 10pm – it just depends on the mood and the conversation. Leave for home whenever you like.

Theodore's is a quite not-so-crowded place with basic architecture. There is nothing fancy, but they do serve you rather quickly. And prices are reasonable.

This is something that should suite most people. Visitors are welcome to "examine" us in a social atmosphere away from our meetings and on a less strenuous occasion than a walk. We will be the quite ones in the middle along the windows.

**16th JULY, FRIDAY
JOHN TOOHEY SOCIETY
SOCIAL**

Leader: Michele Endicott Ph: 3351 4092
Location: The Manor, Morrow St, Wagga Wagga
Time: After 4.30pm
Cost: From as little to as much that you are willing to spend on yourself
Grading: XL11
Web: <http://www.themanor.com.au/>
Google Earth: 35 06 37.72S 147 22 09.83E
Emerg Off: Greg Ph: 0418 122 995

This month we are trying out a new location in a new area.

It is unlike any we have been to before, as it is a restored heritage house artfully renovated back to its 20th century glory, turned into a restaurant. It has been so well done that you would think you have been transported in the Tardis back to the Elizabethan era to see Miranda Richardson on the throne of England. In fact, it probably is too classy for us plebeian workers coming hot & sweaty from a hard day's work. So be it, we will be there and not leaving – unless Bess cuts off our heads.

I want to see you all there.

**17th JULY, SATURDAY
SHEPHERD'S WALK
DAYWALK**

Leader: Terry Silk Ph 3355 9765
Meet at: St. Brigid's car park Red Hill
Time: 6.45 am
Cost: \$8.00 + \$15.00
Grading: M34
Location: In the Kerry Valley near Beaudesert
Web: <http://beaudesertmuseum.org.au/main/images/stories/pdfs/flyershepherdswalk2pp-2010.pdf>
Emerg Off: Carol Kelly Ph 3269 4795

Good news, the Historical Shepherd's Walk is on once again for the twenty-third time, and there is even more good news, for the first time in five years the walk will return to

its original format of walking from the Christmas Creek Valley over the Jinbroken Range to the Kerry Valley.

I believe that all our members are capable of doing this half-day walk and it is my wish that all our members do it at least once. As usual you should not delay doing this walk as I do not know how many more years it will be staged, particularly as the majority of volunteers are becoming quite elderly. Even though this is a relatively short walk it is mainly off track with some long grass and uneven ground and a bit of a climb followed by a descent. Just before the end of the walk there is a creek crossing where it is rare for anyone to get wet feet.

The Beaudesert Historical Society does an excellent job of running the day. They provide the Walk Leader and Tail End Charlie. There are usually over a hundred walkers on this event and the pace is determined by that of the slowest walker as there is a great range of fitness and ability. Numerous rest breaks are taken and we have morning tea, (which you need to bring), on the saddle of The Jinbroken Range before we commence our descent to the famous Sausage Sizzle Lunch which The Historical Society provides. During the walk excellent views can be had of the surrounding countryside. A number of areas which we walk in can be seen. After good rain earlier in the year the countryside is at its best.

The Sausage Sizzle Lunch is supported by the famous damper and syrup washed down with Billy Tea, Coffee, Cordial or water. There is usually plenty of food. Let us hope that this year we have more time to enjoy it and the friendliness of the local volunteers.

The Historical Society provides busses to take us from their complex in Beaudesert to a monument in the Christmas Creek Valley where a short informative address is given on the significance of the Shepherd's Walk and the era of Chinese shepherds in this area. Then the busses will take us a little way down the valley to where the walk will start. After lunch the busses return to Beaudesert, thus allowing us to return to Brisbane before dark.

I highly recommend this walk as the Historical Society is famous for their country hospitality, the views are quite spectacular and the food is most enjoyable. What more could you want? The Historical Society charges \$15.00 for the day all up. Our club

charges \$8.00 for car pooling. There is no charge for children who must be accompanied by an adult. Non walkers are also welcome as they can wait at the lunch spot. You will need to bring your own morning tea and water. I am sure that you will enjoy interacting with walkers from other clubs and other areas.

You need to nominate ASAP as bookings close on the 14th July for catering purposes. I look forward to your company on the day which I am sure you will enjoy. Regards, Terry.

**18th JULY, SUNDAY
KING OF KINGS RESTAURANT
YUM CHA
SOCIAL**

Leader: Antonia Simpson Ph: 3857 1387
or 0400 571 387

Meet at: Foyer.

Meet Time: 10am

Cost: Per plate and per group –
Depends on how much is eaten

Location: 175 Wickham St, Fortitude
Valley (cnr of Chinatown Mall)

Web: [http://www.yourrestaurants.com.au/
guide/king_of_kings_fortitude_valley/](http://www.yourrestaurants.com.au/guide/king_of_kings_fortitude_valley/)

Emerg Off: Antonia Ph: 0400 571 387

Yum Cha is different from other forms of dining. It has been described as “the closest to dining in China” as can be found in Australia. Serving staff come around the tables every five or ten minutes with a trolley which may contain two or three different dishes all of which are explained if diners enquire. Diners can choose to take a plate or wait for the next trolley (especially if everyone is still enjoying the dishes from the previous trolley. There is something for everyone.

Payment is by dishes chosen. The bill is divided by the number of diners at the table. It is not possible to say “Well, I had that one and that one so I’ll only pay \$6.50”. That might sound like a problem for those of you who have never tried Yum Cha before but I can reassure you that Yum cha is a delicious and interesting experience and really quite cheap.

However, we must have a **booking done by the previous Monday (i.e. 12th July)**. To make sure of your place, please ring me or email by Sunday.

**19th July, MONDAY
MONTHLY MEETING**

Contact: Desley Ph: 3369 5530

Time: 7.30pm – Doors open & meeting starts soon after

Where: St Michael’s Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Come along to hear reports of recent outings & socials, as well as our coming events. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk.

Come pay your 2010 subs.

Nominate to lead an outing.

Stay for supper. Bring those holiday snaps.

**25th JULY, SATURDAY
TOOHEY FOREST WILDFLOWERS
DAYWALK**

Leader: Phil Murray Ph: 5522 9702 or
0413 307 580,

bigrivers@optusnet.com.au

Meet at: Toohey Forest Carpark, On
Toohey Rd at Nathan. UBD ref
Map 200 at D1

Time: 9.00am

Grade: S22

Cost: \$3.00

Location: In southern Brisbane near
Tarragindi

Web: [http://www.brisbane.qld.gov.au/bccw/
environment/documents/trac
k_map_toohey.pdf](http://www.brisbane.qld.gov.au/bccw/environment/documents/track_map_toohey.pdf)

Emerg Off: Phil Ph: 0413 307 580

Toohey Forest is a remnant patch of bushland in the middle of suburbia just 10kms from the Brisbane GPO. We will start the walk on the western side of the forest and walk through to the eastern side. There are several patches of forest where we are totally cut-off from views of suburbia so it does have a sense of remoteness from the city. We will also have a quick look at the Griffith University grounds. We then zip up to Mt Gravatt to enjoy the views over Brisbane. The highlight of the day is to have a leisurely brunch at the new coffee shop called Echidna Magic. So bring some cash for a coffee and a bite to eat - meals like a chicken burger and chips are about \$12.00.

The main purpose of the day is to look for and identify the wildflowers. In particular we

should see the many pea flowers, several wattles and a few orchids. More details about what wildflowers we will see including plant names next month.

Although it is an easy wildflower walk we will have a few hills and gullies to wander up and down to see these treasures of the bush. The expected finish time is just before 2pm. For the purist this walk qualifies as a bush walk not a social-walk as it at least 10 kilometres long and has a hill and is in the bush. Make sure you bring the usual day-walk stuff including water but no need to bring lunch.

The wildflowers last year were excellent and hopefully they will be out again. I should mention another reason I asked to have the walk on again is that the only time I get a chance to use my knowledge of the wildflowers is when we do walks like this. As they say; if you don't use it you lose it and I am already getting hazy on the names.

Although it is an easy wildflower walk we will have a few hills and gullies to wander up and down to see these treasures of the bush. The expected finish time is just before 2pm. Make sure you bring the usual day-walk stuff including water and morning tea but no need to bring lunch. Phil

24th JULY, SATURDAY The 25th COLONIAL BALL SOCIAL

Contact: Matthew Palmer Ph: 3407 4179

**Meet at: Morningside School of Arts,
cnr Thynne & Wynnum Rds**

Time: 7pm

Cost: \$35

Web:<http://members.optusnet.com.au/colonialdance>

**Theme – Silver Anniversary”
Make something silver for decoration.**

The Queensland Colonial Ball has long been supported by BCBC. We went to the first 14 Balls, sometimes providing over 1/3 of the 150 people attending. It is a fantastic evening of fun and entertainment. With this year celebrating the 25th Anniversary let's see how many BCBC members - those who have been in the past and our newer member who have never been before, can make it along. Kerry and I will be attending this year, if we get enough people we can have our own BCBC set.

Each year they hold a Colonial Ball and re-create a bygone era, where they enjoy the

dances of last century, including waltzes, varsoviennes, schottisches, quadrilles, polkas, jigs and reels; the music being played by the 'Champion Moreton Bay Band'. Dance lessons are held in the month prior to the ball so newcomers can join in the fun! On the night itself, the dances are called at the start, and then they let you go and get on with it. The programme now includes dances from other heritages that are appropriate to the many cultures of the settlers who came to Queensland.

You do not have to be the world's greatest dancer to attend. Most of the steps are basic and repeated in several dances. Most will pick it up. The dances are in square sets of 8 persons, or straight lines of 16, or for the progressive ones, one huge circle around the perimeter of the hall. It is refined square, bush or line dancing. Come alone, come with a partner, or even the spouse. Going to the practices is preferable for the rest to enjoy the evening.

The programme for the evening;

Arrive at 7pm; come in

Colonial/Period/National Dress/Formal

Have your photo taken;

Mix with the others there,

Fill up your Dance Card; Yes, both males & females have to spend the first 30 minutes actually asking for a partner for the dances, and write these down on the "dance card".

Grand March 7:30pm

Dance the night away to the music of the Champion Moreton Bay Band

Bring a plate/drink to share; nibbles for the table and supper - tea/coffee provided.

Dances are walked through **once** and called where necessary.

PRACTICES: 17th July 1pm – 4pm at
Stephens Uniting Church Hall, cnr Kadumba St & Kingsley Pde, Yeronga
Dances are taught and etiquette explained.
Costume suggestions/hire

31st JULY, SATURDAY MT MICHAEL DAYWALK

Leader: Michael Simpson Ph: 3351 3810

Meet at: St Brigid's Car Park, Red Hill

Time: 6.30am

Cost: \$15.00

Grading: S46

Emerg Off: Catherine Ph: 3351 3810

**Distance: 5.0km Ascent: 593m
Descent: 593m**

Mt Michael is an 823m mountain situated at the western end of a long spur attached to the Mistake Mountain Range. Mt Michael is in the Lockyer Creek catchment area and can be reached via a short drive south from Gatton. Those who have been to the Glen Rock Recreation Reserve would have noticed this mountain without possibly realising its name. The mountain provides great views of this area and is well worth the effort to visit.

The easiest route to climb the mountain is via a road starting behind the Junction View Hall. As we will be following a road all the way to the top, the gradient will not be too steep and should present little problems for the majority of club members.

The Club has not been here for nearly a decade and it is highly unlikely the club will return in the next ten to twenty years. So come and join me for a delightful way to spend a Saturday in the middle of winter. Michael.

**31st JULY - 1st AUG SAT to SUN
JUNCTION VIEW TO LAIDLEY GAP
THROUGHWALK**

**Leader: Michael Simpson Ph: 3351 3810
or 0409 620 714**

Meet at: St Brigid's Car Park, Red Hill

Time: 6.30am

Cost: \$15.00

Grading: L66

Emerg Off: Catherine S Ph: 3351 3810

Day 1 12.25km; Asc: 1145m; Desc: 661m

Day 2 9.25km; Asc: 442m; Desc: 781m

If you were to stand on the top of Mt Cordeaux and look west you would see a number of ranges heading off into the distance. The first on your right or in a north westerly direction is the Little Liverpool Range separated from the Mistake Range (further west) by Laidley Creek. Running off the Mistake Range are a number of spurs from the Mt Michael and Mt Zahel spurs in the north, the Mt William and Mt Philp spurs in the middle, and the Mt Machar spur in the south (although technically this spur may run off the Great Dividing Range). The next range to the south is the Great Dividing Range, surprisingly the lowest range in this area. This walk will start at the western end of the Mt Michael spur and follow it to its

junction with the Mistake Range, follow it for a short distance before reaching Laidley Gap and walking down to our car. This is a walk rarely done and in fact Mt Michael hasn't been visited by the Club since 2002, so a return visit is well overdue.

I hope to climb Mt Michael from the Junction View Hall with a group of daywalkers and continue onto Mt Haldon with them before saying our goodbyes and heading into the unknown. I have been reliably informed that this is a great walk with views in all directions. Nearly half of the climbing will be completed by Mt Haldon and our relative fitness by then will determine how far we progress before we need to set up camp. But I am hopeful we can cover about 12km on the first day thus making the second day a reasonable distance.

The second day has some serious undulations as we head towards the Mistake Range and back to the cars. The walk should be through open forest and we will be rewarded with great views of the Little Liverpool Range and beyond to Mt Barney.

This walk will not disappoint and has continuous views and for the peakbaggers: we summit five named mountains enroute. Note that you will have to carry all your water as there is none at all on the walk. Please ring me to discuss the walk. Michael.

**1st AUGUST, SUNDAY
QUINZEH ROCK WILDFLOWERS
DAYWALK**

**Leader: Phil Murray Ph: 5522 9702 .or
0413 307 580,**

bigrivers@optusnet.com.au

Meet at: Northsiders - Red Hill at 8am

**Southsiders - Eight Mile Plains Bus
Station at 8.30am - am – Miles
Platting Rd, near Holmead Rd**

UBD Ref Map 303 Ref P10

Grade: M33

**Cost: \$8.00 if in car pool cars from
city**

**\$7.00 if in car pool cars from
southside**

\$3.00 if in private cars

Emerg Off: Susan Murray Ph: 5522 9702

This walk is through a remnant patch of bushland south east of Logan Village. The name of Quinze Rock is from the old Queensland Orienteering Map. Some of the walk is through the Plunkett Conservation

Park. I led this trip previously for the Club several years ago. The wildflowers were excellent

The actual walk starts on Quinzech Creek Road UBD Ref 303 Ref P10. The walk is along a dry sandstone ridge with views to the west over the scenic rim. The main purpose of the day is to look for and identify the wildflowers. In particular we should see the many pea flowers, several wattles and a few orchids. Plus there is usually a profusion of Calytrix and heaths.

Although it is an easy wildflower walk we will be doing a little bit of bushbashing to see these treasures so long sleeves and long pants are recommended. We will do a bit of ups and downs as we have a few hills and gullies to wander up and down. Make sure you bring the usual day-walk stuff including water and lunch.

The walk has been done by the BOSQ Club and their walk is called Plunkett Hills. In the UBD Map 303 the locality is known as Yarrabilba, which means 'place of song' in the Wanggeriburra/Bundjalung language.

In late May 2010 the Queensland Government announced that they were planning three new satellite cities in south east Qld - they were the Ripley Valley, Flagstone and Yarrabilba. The Delfin group has already announced a project for the area of 2,014 hectares and it is proposed to be home to over 50,000 people. History will record if it is just another idle plan. With the proposed super developments it is an ideal time to visit this area before the bulldozers knock down the trees and houses sprout up all over the landscape.

We will probably finish around 2.30. Phil

7th AUGUST, SATURDAY NOOSA TRAILS DAYWALK

Leader: Terry Silk Ph: 3355 9765
Meet at: St. Brigid's Car Park, Red Hill
Time: 6.45 am
Cost: \$18.00
Grading: M33
Location: Sunshine Coast Hinterland near Kin Kin
Web: <http://www.sunshinecoast.qld.gov.au/sitePage.cfm?code=noosa-trail-network>
Emerg Off: Carol Kelly Ph: 3269 4795

It is that time of the year when we visit a most beautiful part of the Sunshine Coast to continue our exploration of the Noosa Trail Network, which we have been doing for the past five years. Some of you may have done the start and or finish of this year's walk, but our Club has not done the middle.

The walk is of a similar standard to our past walks in that most of the walk is on or beside country roads and across grass cattle paddocks. There are a few short steep climbs which you can take at your own pace as time should not be a problem on the day. As usual the views will be well worth your efforts especially as we pass three spectacular lookouts.

In order to do this walk we need to do a car shuffle which necessitates an early departure from Red Hill. Lunch will be latish but there will not be much walking after lunch which will be at the best lookout of the day. I look forward to you joining me on this walk in an area that I continually enjoy walking in. Terry.

7th – 8th AUGUST, SAT to SUN Mt WARNING GRAND TRAVERSE THROUGHWALK FMR TRAINING

Leader: Phil Box Ph: 0418 716 774
philip.box@bigpond.com
Meet at: Contact Phil B
Time: 6am
Grade: L58
Cost: Approx \$30
Location: Northern NSW, just over the border beyond Murwillumbah
Web: <http://www.mtwarning.net/index.html>
Google Earth: 28 23 12.34S 153 18 45.84E

This is your once in a lifetime chance to walk around Mt Warning, instead of climbing it. Never will it happen again.

It is a Federation Mountain Rescue training weekend. It will not be easy. Learn techniques while you walk along. Not for the faint hearted. A bonus is meeting like minded people from other clubs.

**11th AUGUST, WEDNESDAY
50th ANNIVERSARY M^t
BARNEY MASS**



**Larkin's Camp Ground at Lower
Yellowpinch**

Leader: Marian Arthur Ph: 3855 1363
or vinmar@tadaust.org.au

Meet at: St Brigid's carpark Rd Red Hill
at 8am

**OR at Market Square Shopping
Centre (near Blockbuster
Video) cnr Mains &
McCullough Rds at 8.15am**

Cost: \$22 if Bus or Car Pooling, \$5 is
going independently

Grade: Zero, zero, zero

Location: Near the border, between
Rathdowney & Boonah

Web: <http://www.mtbarneylodge.com.au/location.htm>

Google Earth: 28 16 35.18S 152 44 20.65E

Emerg Off: Marian Ph: 0408 009 270

Fifty years ago, just 2 years after the Club was formed, Fr Hayes celebrated our first Mt Barney Mass. This brought together all the ideals of the fledgling club – our faith, our love of the outdoors and being surrounded by our friends. This one Mass became a tradition that has continued every year since. Soon after, an altar stone and plaque were cemented onto the flat altar rock to make our Mass site permanent. "Our" Rock on the Saddle side of East Peak has its choir stalls, altar, balcony, majestic architecture and two towers. Often past members turn up only for this walk. It makes a lasting impression on those who attend.

Being an anniversary year, we decided to hold the Mass at the foot of Mt Barney so that many of our older past members can attend this celebration. This year there is no walking involved.

Two-times past Barney Mass celebrant, John Bathersby- once as a priest in 1983 and

again in 2007 as Archbishop, will celebrate the Mass. It will be outdoors with the beautiful majestic Mt Barney as the backdrop. Mass will be at the Larkin family's Mt Barney Lodge, on Upper Logan Rd near Yellowpinch. Check it out on Google Earth which also has Street View almost to the door.

Bring lunch, water, drinks, snacks, hat, sun & wind & rain & cold protection, a chair, a mug/pale/knife/fork/spoon, perhaps a dessert to share, your camera, stories and a sense of history. The Club will provide hot and tap water, tea/coffee/milk.

We have hires a bus for the day, and can get a second one if numbers require it. There will be plenty of space. We will be car poking as normal. You can drive down independently if you know the way. The bus will leave from St Brigid's at Red Hill as normal, and make an extra stop at Sunnybank to pick up the southsiders. You can meet up at either place and follow the bus down in convoy.

The Timings: depart Red Hill at 8am or Sunnybank at 8.15am

Arrive Mt Barney Lodge at 10am. It is a 90min drive from the outskirts of Bne to Barney.

Mass at 10.30am

Lunch at 12 noon.

Clean-up at 2pm

Leave about 2.30pm

Back at Red Hill at 4.30pm.

Nominate to Marian which ever way you are going down and let her know all the details of how, when, where, contact details and more.

Please spread the word to past members, family, friends of BCBC. Everyone will want to know it is on.

It is an important milestone to be at because not many happenings last 50 years and one that is steeped in such significance is even more important. We want all BCBC members there on the day.

**16th Aug, MONDAY
MONTHLY MEETING**

Contact: Desley Ph: 3369 5530

Time: 7.30pm – Doors open & meeting
starts soon after

Where: St Michael's Parish Hall, 250
Banks St, Dorrington (in the
lower carpark behind the
church. Drive down the ramp at
the left.)

Come along to hear reports of recent outings & socials, as well as our coming events. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk.

Nominate to lead an outing.

Stay for supper. Bring those recent bushwalking snaps.

20th AUGUST, FRIDAY WORKING WEEK WIND DOWN The Hilton - The Atrium Bar

Contact: Phil Murray Ph: 5522 9702
or 0413 307 580

Time: From 4pm till 10ish

Location: Go up the glass lift from The Mall, at the Edward St end. The Atrium is a button in the lift.

What For: For a chat, a drink and a meal

Emerg Off: Greg E Ph: 0418 122 995

The Hilton - The Atrium Bar is on level 6. The entrance is at the Wintergarden on the Mall. Enter via the lifts opposite the shops Kookai and Midas. The lift opens to a marble lined corridor, walk about 60 metres and enter the Atrium area. It has a lovely understated 60's design. The atrium is the open interior of the building as the ceiling is the roof at the top of the building.

The best thing about the place is it nice and quiet. The beer prices are very reasonable at \$6 a schooner. The house wines were \$9 - a bit expensive but it is class place. The cocktails are wonderful - just ask Tracey.

So come along and have a chat and a drink and a meal and start dreaming.

FRI 20th TO SUN 22nd AUGUST THE PILGRIMAGE BASECAMP

Leader: Justin Tobin Ph: 3366 3193

Meet at: St Brigid's, Red Hill

Time: 1. Friday evening at 7pm
2. Saturday Morning 5.30am
It is a 2 ½ hour drive without stops for 160kms

Location: Crow's Nest Show Grounds

Grade: With over 20 walks to choose from, there are all gradings from easy to very difficult

Cost: \$25 transport plus \$25 entry

Web: <http://www.bushwalkingqueensland.org.au/pilgrimage.html>

Emerg Off: Michele Ph: 3351 4092

For the last half century, all the bushwalking clubs of the south-east corner have got together to have a joint weekend of walking, sharing ideas and generally mixing. This occasion allows an area to be really covered walking wise. With approx 20 walks in a small area, it is well and truly covered. So, even if you have walked in the area before, there will be a walk you have not done. Here is your big chance.

And – the walks are from basic easy through “normal” to difficult. Something for everyone. Any of our members will find a walk suitable for them.

The other aspect is meeting like minded people who share your interests, pastime, hobby, passion and love of the Australian bush. Sit around the various camps and just chat, mingle at dinner time and rove about the showgrounds, speak out on your walk. It is a big social event as well. Very social.

On the Saturday you can join one of many daywalks through the surrounding areas.

A Bush Dance and other social activities are organised throughout the weekend and it is an ideal time to meet and renew friendships with fellow bushwalkers.

Registration: All attendees must be members of their respective clubs and therefore insured.

Cost will be \$25 per adult with an early bird special of \$20 (if paid by 8-Aug-2010). Children under 18 - free.

Fees will need to be mailed in with the appropriate registration form.

Program

Friday 20th	
12pm on	Registration of arrivals and setting up camp.
7:30pm - late	Walks sign on sheets available. Click here for walk details.
8:30pm - late	Supper - soup, coffee, tea etc (BYO Mug and Chair).
Saturday 21st	
6am onwards	Registration of arrivals.
7am onwards	Staggered walk departure times. Click here for walk details.
Throughout the day	Coffee & Tea available. Self-guided orienteering course available. Non-walkers may

	like to visit some of the local scenic spots.
7:30pm	Bush Dance at the Crows Nest RSL. Supper provided. (BYO cups)
Sunday 22nd	
7:00am	Sausage sizzle
7:00am	Buy and sell your wanted/unwanted bushwalking/camping gear (please have all items clearly marked with price and your name)
9 am - 11am	Bush Olympics
11:00am	Announcements
12:00 noon	Pilgrimage close.

Don't be scared and stay at home, break out and come

28th AUGUST, SATURDAY MT TIBROGARGAN DAYWALK

Leader: Richard Johns Ph: 3353 2822 or 0409 871 641

Meet at: St Brigid's Carpark, Red Hill

Time: 7.00am

Cost: \$15.00

Grading: S55

Location: Glasshouse Mountains

Web: <http://www.derm.qld.gov.au/parks/glass-house-mountains/about.html>

Emerg Off: Michele J Ph: 0414 635 542

Mt Tibrogargan is the second highest of the Glasshouse Mountains at 364 metres. Is easily the most recognisable due to its gorilla like appearance and its proximity to Steve Irwin Way.

The climb to the top is steep and exposed in places, and a reasonable level of fitness is required. I intend climbing up the usual route via the back and then down onto the northern shoulder for a better view of the Eastern Face.

The start is a winding gradual track to the base of the rock. Then the way to the top is up the rock slabs, over boulders and some minor cliff lines. In some places you are on a 60 degree slope, going up on all fours. One down side of the mountain being so popular is that the way up is so eroded that the top soil has gone, taking some of the vegetation

with it. This part of the climb is no harder than the climb up.

We will have morning tea at the top while enjoying some of the best views in South East Queensland and return to the carpark for lunch. A good adventure for those who don't mind looking down and seeing where they were minutes ago.

After lunch we will walk the 6 kilometre Trachyte Circuit – winding around the foothills along made tracks and old forestry roads. You get to see the wallum countryside. There is a really good lookout half way along where you get to see all the Glasshouses in their place. We then return home. Richard

29th AUGUST, SUNDAY BRIDGE to BRISBANE MORNING STROLL

Leader: Greg Endicott Ph 3351 4092

Meet at: Northside – Ekka Ground bus stop, Costin St, 5.15am

Southside – Murarrie end of the Gateway, Lytton Rd. 6.15am

5km – Racecourse Rd, Hamilton. 7.30am

BUT, read the instructions on the Web closer to the 29th.

Grading: S11, with a hill at the start.

Cost: \$36 for 10km, \$27 for 5km.

Emerg Off: Greg E Ph: 0418 122 995

<http://www.bridgetobrisbane.com.au/>

Team Number 48383

It is a good time of morning to be out walking, and not enough of us do it. It is not too hot, there is a nice sea breeze, the track is well made and smooth, and you are walking beside the River for a quarter of the time. What more could you want? Breakfast perhaps? We can do that.

Each year, a large group of us participate in the B2B. There are categories for all entrants – runners, joggers and even two for walkers. So you can see, anyone can attend. It's all over by 9am. The day is still young. Then, if you wish, you go down to The Valley for breakfast.

There is the 10km walk (also a run or jog for those interested) at about 6.30am from the southside (Murarrie) end of the Gateway Bridge, along Kingsford Smith Dr to the Ekka Grounds. Most of us are in "Grey", the slowest walking group.

There is the 5km walk at approx 8am, starting at Hamilton and finishing at the Ekka Grounds.

The start of the categories of running, jogging and walking are staggered. This way one type of entrant does not interfere with the other. In other words, we keep out of the way of the serious runners and joggers.

All entries are online. Go to <http://www.bridgetobrisbane.com.au/>

You will be met with a choice – new entrant OR someone who has entered before.

If you have not done a B2B before, you are a New Entrant, so create a “User Account”.

If you have entered before, but have forgotten your password, look for it. Then try the “Forgotten Your User Account Details” box. You will get a confirming e-mail with it.

If you have been in it during 2007/08/09 and know your password, “Returning Users” is for you.

Then click on Competitor Registration.

There are 3 categories once you login. The 10km Individual, the 5km walk, and the “10km Existing Team Entry”. We are the “10km Join an Existing Team” entry. (Unless, of course, you are doing the 5km). This is the third button in the list. Include the Team Number 48383 in the Team Box. Go through the pages as directed. You will end up back at the “Finalise Registration” page.

For “Breakfast and Bus Tickets”. Get yourself a bus ticket - Northsiders “Pre-Race”, and for Southsiders “Post-Race”. Not completely necessary, but advisable. No need for breakfast since we are going to The Valley to partake of refreshments.

Add “Brisbane Catholic Bushwalking Club” in the “Organisation” box. And “Unclick” the “Subscription Details” unless you want junk mail in future. Don't forget to Tick the “Yes I agree to the terms and conditions”. Pay the money to have the Race Kit posted out to you at home. Enter your credit card details.

Once you Submit your payment and get the Confirmation Page, print your Receipt.

Then go to the tool bar line and click “Summery”, then “Your Details” to double check your entry. Write down your password so you can use it next year. Then “Log Out”.

After the walk, each will make our way individually as we finish to a café in the Valley for breakfast at the Cosmopolitan Coffee in the Brunswick Street Mall. Greg.

28th - 29th AUGUST SAT - SUN BLUE MOUNTAINS

THE MARATHON THROUGHWALK

Contact: Phil Murray Ph: 5522 9702
or 0413 307 580

Meet at: Brisbane Domestic Airport Fri
afternoon/evening

Time: Walk starts at 6.15 am sharp

Cost: \$15.00 (includes dinner)
Travel to meeting point is
extra (\$59 each way by Virgin)

Grading: XL47

Location: Kanagra Boyd National Park. J
ust south of Jenolan Caves

Web: <http://ozultimate.com/bushwalking/walk.php?nid=735>

Emerg Off: Sue Murray Ph: 5522 9702

The Marathon is the annual race to the Club Hut (the Shack) of the Sydney Catholic Bushwalking Club.

The Shack is located about 25km due south of Katoomba and 20km east north east of Kanangra Walls. The walk in is about 23km.

We meet at Kanagra Tops at 6.00 am on Saturday 28th. The walk is from Kanagra Walls and down the Gingra Range to the Kowmung River and then zip up a ridge to the Shack. There is a big feast on the Saturday night and a shorter walk out on Sunday. An event to do at least once in your lifetime. You need to carry a sleeping bag and tent with you.

I fly down to Sydney on the Friday and then link up with the walkers somewhere near Katoomba on the Friday night.

18th – 19th SEPT, SAT - SUN State Roganing Championships Up Hill and Down Daele Passchendaele

Contact: Paul Guard Ph: 0405 673 986 or
email paulguard@gmail.com

Meet at: Passchendaele near Kingaroy
(3.5 hours NW of Brisbane)

Time: Map Handout 10am;
all events start 12 noon

Transport: Drive yourself – organize 2
others and share

Cost: \$45

Web: <http://www.qldrogaine.asn.au/qraonline/>

The Queensland Rogaine Association presents the “Up Hill and Down Daele” Queensland 24hr Championships, the

premier event on the Queensland rogaining calendar, to be held at Passchendaele in the beautiful South Burnett. Passchendaele is 3½ hours drive North-West of Brisbane. You can drive here via Kingaroy or Dalby. The area's rich in agricultural diversification with wine growing, olive cropping and navy beans.

The Championship event will be held in conjunction with an 8 hour event on the Saturday and a roving 15 hour option. The roving 15 hour event allows entrants to be out on the course for any 15 hours in the 24 hour period, so you can enjoy a few red wines around the fire and get a good night's rest before going out again the next morning - a very civilised approach!

The terrain at Passchendaele is ideally suited to rogaining, with plenty of open country and some elevated state forest. **[Click here](#)** to see some photos from the area.

All meals from Saturday night dinner through to lunch on Sunday are included in the entry fee. Camping will also be available on Friday night for you to come and enjoy the campfire atmosphere.

Events: 8 hr foot rogaine \$45.

15 hr roving foot rogaine \$45.00

Qld 24hr Championships \$45.00

Entries after the closing date will incur a \$10.00 late fee per team member.

Closing Date for Nominations: 13-09-2010

Before you enter, please be aware of QRA's

[refund policy](#)

[Enter Online](#)

What is Rogaining?

Rogaining is the sport of long distance cross-country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The classic rogaine is 24 hours in duration; however, there are also shorter events of 6, 8 and 12 hours.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. Some competitive teams may cover 50km in a 12 hour event and over 100km in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

The start/finish area - or "Hash House" provides food and drink for all competitors for the duration of the event. Teams may return to the Hash House as often and for as long as they wish for food, rest, sleep or socialising.

While longer Rogaines provide the opportunity for night navigation, it is by no means compulsory. In a 24 hour event, many teams decide to spend the night at the Hash House and head out again the next morning to visit some more checkpoints.

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and experienced rogainers will be only too pleased to offer assistance

Rogaining is good value for money; all you need is basic bushwalking gear including comfortable shoes, warm clothes, a compass, whistle, pencil, water bottle, food for out on the course and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House. If you plan to try night navigation, you will need a good torch.

For more information, have a read of this article on **[rogaining](#)**, courtesy of Outdoor Australia magazine



Visit **www.racq.com.au**

Rogaining is a real adventure sport and is a lot of fun.

**19th SEPT, SUNDAY
COOLANGATTA TO CURRUMBIN
CREEK
DAYWALK**

Leader: Phil Murray Ph: 5522 9702,
or 0413 307 580,
bigrivers@optusnet.com.au
Meet at: St Brigid's Carpark Red Hill
Time: 8.00 am
Cost: \$15.00 Plus about \$3.00 for the
bus fare
Grade: S22
Location: On the Gold Coast
Distance: about 10 km
Web: <http://www.gold-coast.net/goldcoast/beachguide.html>
Emerg Off: Phil Ph: 0413 307 580

This year the trip is on again but it is only a short at 10km to make it easy for people to do. We leave Brisbane from Red Hill, park the cars at Currumbin Creek Carpark (north side) then catch the bus to Coolangatta.

We then follow the concrete path around to Snapper Rocks and then there is a small hill to ascend (there is a compulsory high to qualify as a walk). The party will then have walk to the lookout above Duranbah, where we will have morning tea. Last year we saw whales breaching just offshore and we saw a wedding or two. Then it is a walk along the beach back to Currumbin.

We will have a longish break at Elephant Rock & Currumbin Beach to admire the sculpture festival called "Swell". Then we cross over the bridge and have a picnic lunch at Currumbin Creek and have some time to have a swim.

Come along it should be a great day. This will be the last time for several years that I will do this trip as it is time to do other trips. Next year I was hoping to do the beach from the Tweed River breakwater south to Fingal Point for lunch and then push on to Kingscliff.

There will be a Full Moon on the 23rd September. The tide times for Sunday are as follows :-

Description	Time	Ht
High tide	05.44 am	0.99m
Low tide	11.24 am	0.27m
High tide	06.03 pm	1.37m

Come along on a lovely easy trip with magnificent views, a spot of art and culture, a leisurely lunch and swim Phil

**NEEDED
A Secretary or a Minutes
Secretary**

Jan is stepping down from the Secretary's position at the start of July.

The Club cannot function without someone taking the minutes and answering our correspondence.

So, anyone can step forward to take on the role.

What is required: attend the regular monthly General Meeting and the monthly Committee Meeting.

Sit at the front and take the minutes – brief jottings of what is being said at these meetings. Typing them up and e-mailing them to the other Committee Members.

Answer our correspondence after discussion at the meetings.

Talk to Jan before she goes: Ph: 3374 3534

**PAST EVENTS
CALOUNDRA BEACHES
SATURDAY, 5th JUNE**

Thirteen members and two visitors participated in this activity in excellent weather conditions: sunny and warm with light winds. After parking our cars near Frank McIvor Park at Currimundi, we walked along the southern edge of Currimundi Lake to reach the sea. The party then walked south down the beach for several kilometres, passing the wreck of the SS Dicky at Dicky Beach. We stopped for morning tea in the rotunda at Moffat Beach. During the day, many of the group preferred to walk on the beaches or rocks, rather than on the concrete pathway. Unfortunately one member received minor injuries when she slipped in a rock pool.

After diverting inland to avoid a water channel, we stopped for lunch at picnic tables in Leach Park, at the northern end of Golden Beach. In the early afternoon we walked down Golden Beach as far as the naval establishment TS Onslow, and the mangrove boardwalk located nearby. Our group then took a local bus back to Caloundra, and at the interchange, caught another bus to Currimundi. A short walk along the lake brought us back to the cars. We had coffee at Coco's Beach Café at Currimundi, and this proved to be a most

suitable venue. Because of the favourable weather conditions, the views were excellent during the day and we saw several ships out to sea, paragliders, and kites.

All in all, this was a very rewarding day. Thanks to our visitors Wendy and Marion for walking with the club, and also to members Jess, Julie, Terry, Liz, Julia, Sofia, Rosemary, Brigid, Andrea, Paddy, Mary, and Merv. Graham

JOHN TOOHEY SOCIETY IRISH CLUB 18th JUNE

The Irish Club is one of our favourite spots for a wind down at the end of the week. It is centrally located, not crowded and reasonably quiet, allowing conversation to flow.

We reminisced about the Club Hut Feast, inspired by Desley's photos.

The upcoming Barney Mass 50th anniversary plans advanced a little more after some serious discussion about relevant readings.

The dilemma regarding Knapp's Peak was faced, but possibly not resolved; was it a walk or a social?

This gathering was the last for Jan, Russ, Cathy and Mike for a while as they have now headed off for their round Australia adventure. We wished them well and now look forward to viewing the photos.

Speaking of photos ... Liz has yet to produce hers from Western Australia, but did make some vague promises about *soon*.

Those present were Grahame, Kathy, Mike, Phil, Greg, Michael, Liz, Jan, Russ, Maree, Elizabeth, John, Peter and Gordana. Liz

ROCHEDALE TO BURBANK 20th JUNE

This walk is on the southern edge of the Brisbane City Council area and is through the greenbelt zone between the Brisbane, Logan and Redland Shires. The walk was along bike tracks, horse trails, and old fire trails. To start the walk we initially headed south although our final destination was about 8kms north east of where we started from. Initially I expected the walk to be only about 10km but as the track meanders all over the place I calculated we did over 14km.

The walk commenced at 8.35am at the old scout hall on Priestdale Road. The first part of the walk was along the bike track pass the

netball courts and the Rochedale Rovers soccer field.

We made a slight detour through the mini-amphitheatre, which I presume is to host open air concerts. We gathered on the bridge that goes over the little duck pond and Desley took the obligatory group photo. We then traipsed around the large duck pond (about 250m long) and walked along the boardwalk. It was very pleasant here. There were scores of ducks who flocked to us but we didn't bring the bread crumbs to feed them.

Next stop was the Buddhist temple where we got an impromptu guided tour of the complex by a lovely lady (Helen Verry). Initially it was a tour of the complex but the longer she spoke the more she ventured on the Buddhists teachings (I think we were so polite in listening to her, and I suspect she expected to convert a few of us). We visited the scroll room, the worship rooms, and then the pagoda (see Desley's facebook page for the photos). All very interesting and very spiritual but the longer she spoke the less interested most of us were as the track was beckoning.

We then entered the bush and walked along a rough track that followed an old gazetted road. When we reached the ridgeline we crossed the fence and made a detour to ensure we visited the northern tip of Daisy Hill State Forest. We marked the occasion with a short morning tea break.

We then headed north and found the elusive Torelliana Rd. There were several farms along this road and many of the paddocks had horses and a few that came up for a pat. There was one paddock that must have had 20 kangaroos lolling around. Why only in this paddock is a mystery.

We then got to Ford Rd. A quick walk along it past a house that looked like a fort. Then we entered the Koala Bushland Reserve. The group pushed on to the lunch spot which was the lovely facilities at the Koala Bushland Centre. The Centre is just off Applerton Rd. A lovely little spot for a picnic with a spacious main shelter shed and several picnic tables. It was a lovely lunch with several people sharing cakes and slices.

There is a circuit track here for the picnickers to amble around. There is a viewing platform over Stockdale Creek and a very sturdy

timber boardwalk through the riparian section of the bush.

We will then pushed on to Mt Cotton Rd. The traffic was zooming past and made the crossing just a bit hairy. The party then meandered through JC Trotter Park which borderers Leslie Harrison Dam. There were a few wildflowers out, particularly noticeable were the golden Banksia (*Banksia spinulosa* var. *collina*), Pink Boronia (*Boronia Rosmarinifolia*) and there was a very bright yellow fan flower (*Velleia paradoxa*) about an inch high that grew on the grassy strip down the middle of the fire trail near the lake. It was somewhat strange to find in the middle of the bush a very sturdy park bench with a large roof almost like a bus stop shelter. Heaven knows how it cost to construct it here.

We finished at Cherbon Street at 2.25pm. There was still a car shuffle to do to collect the cars. I presume most people were home before 4pm.

It was nice to see such a large tract of Aussie Bush within the Brisbane City Council area. More importantly it only takes 25 minutes to drive there. It is very close to Brissy but rarely used.

Thank you to the 18 people who came on the walk: - Greg Endicott, Brenda Keough, Maria Galvin, Merv Galvin, Mary Kelly, Peter Bambrick, Terry Silk, Peter Constable, Gordana Stanojevic, Graham Glasse, Rosemary Stafford, Desley Pedrazzini, Paddy Taylor, Liz Richards, Maxine Brophy, Suzanna Stephens & Roger Forde a special thank to Maxine for helping another walker who was suffering from severe muscle cramps and they took the shortcut back to the cars. Thanks to the drivers.

The walk is reputedly through the number one place in Australia to find koalas in the bush. But we saw none. However, I did see one on the pre-outing, so they are there.
Phil

Mt Alexander Saturday 3rd July Daywalk

After a night of seemingly torrential rain it came as a pleasant surprise to have a beautiful cloud free winters day to commence our climb. Mt Alexander is a small 624m mountain tucked away between Duck Creek Road and the Kerry Valley Road some 25km south of Beaudesert.

The easiest route to climb the mountain is from Darlington Park following an obvious ridge to a point just north of the summit. The climb is along a grassy ridge where cattle graze in idyllic fields with views extending from Flinder's Peak in the north to Lost World in the south and include an uninterrupted panorama of the Main and McPherson Ranges. Terry's Shepherds walk in a fortnight is all before us although there is some discussion on where the walk actually goes. Bets are laid and a large coffee will be coming my way shortly as I know I'm right. Not so says Paul and so we wait for Terry to declare the winner after the walk.

After about ninety minutes we were on top at a trig point which you would expect to be the summit. But it isn't. Mt Alexander lies a further 100m or so along a ridge which continues to the Sarabah Range.

It is now 10.30am and we are only ninety minutes from the car. What do we do? Paul suggests we continue along the ridge for a bit. What is he up to? I suspect he wants to fulfil an ambition to follow this ridge to Duck Creek Road. We continue on, over hill and down dale. The views continue. We can now see Luke's and Pat's Bluff as well as Castle Crag. We even imagine we can see Patricia's holiday cottage near the Helipad. As we draw near to the steep climb to Kurrajong Lookout, Paul suggests a stop for lunch but I want to get the climbing over first and so we continue on. It wasn't long before we reach the top and whilst Nampeck and I tuck into lunch, the others follow the track up to Duck Creek Road.

The views from here are delightful. The rain has cleared the skies and it is lovely to see the mountains clearly instead of behind the usual haze. The lunch stop was short and we were soon heading back. We took a slightly different route back and in no time were back at the car.

It is now just after 3pm and there is plenty of time for the mandatory cold drinks in Beaudesert before heading home.

Thanks to Paul for leading an interesting walk and thanks to Terry, Maria and Nampeck for their company. (For those interested in numbers, we ascended/descended 774m over 12kms.) Michael.

**THE HALE STREET BRIDGE
OPENING
SUNDAY 4th JULY SOCIAL**

A good day with an "opening" that was different. Instead of a walk-over, Campbell had a Sunday Market which was an interesting variation on a theme.

The weather was pleasant to us, though the breeze along the River was strong. If you could hide behind one of the stalls, you were right, but you did have to move. The eight of us from the Club on the bridge sort of got split up as people looked at the stalls and displays at a different pace.

Afterwards, we all headed off in different directions. Thanks to Michele E & Lucy, Mary Kelly, Eliz Richards, Roger Ford, Don Keating and Robyn Pugh for being at the markets with me. Greg E

**Savages Ridge
Saturday 11th July Daywalk**

A lovely meal at the Dugandan Hotel, a weekend at Larkin's, and an ascent of a classic ridge on Mt Barney - what more could a bushwalker want? The weekend began at 6pm with a meal at the Dugandan Hotel, an historical hotel on the outskirts of Boonah. It was here we met Michael & Francine, two members of BOSQ who had signed up for the weekend. Then it was off to Larkin's where we settled in for an hour or two before retiring in preparation for an early start.

It was around 5.45am when we set off along the familiar road at Yellowpinch for the start of Savages Ridge. The sky was cloudless, the weather balmy and we walked in anticipation of a great walk with equally great views. Around 7.15am we started the ascent of Savages. There was a clear track here so other clubs are clearly using the ridge. This track was fairly visible most of the way to Savages Point and thus our ascent was reasonably quick; arriving at the start of Savages Point at 10.45am. But unfortunately luck was not with us as the skies had quickly covered with cloud and we were in a whiteout above 800m with visibility down to 10m at times. At other times the cloud cleared temporarily and Francine was able to get some photos taken. The drizzle meant that some of the rocky ascents were quite slippery and we were thankful of Justin's vision in providing us with a rope.

We had made the decision to bypass the chimney up to West Peak due to the rain and drizzle and to contour around West Peak to the Rum Jungle instead. This would prove to be more difficult than we had imagined as the scunge levels on both Savages Point and West Peak was quite high. It was 4pm when we finally made Rum Jungle where a small group were camped and decided spontaneously to continue on down 'Peasants Ridge' and a warm bed. Memories of last year's night out on the mountain were still vivid in Paul and my minds. The weather was very fickle during the contour as at times the sky was almost clear and at other times there was light rain falling. This meant we were occasionally able to get the magic views you get from the summit. We only saw West Peak once or twice but we did get clear views of the vegetation topped Burrajum, the rocky peaks of Barrabool, North and East and Maroon Dam.

With ninety minutes of daylight left we knew we had to clear most of the tricky sections of 'Peasants' Ridge before dusk fell, but with the rain this became tricky as the rocky sections became slippery and difficult to descend quickly. I thought we did quite well to get down to where we did by dusk. This meant we only had the slab to pass before the track became straight forward. The slab did prove a problem in the wet and Paul did a great job getting us all down safely. All that left now was the road bash back to the car and hence onto Larkin's. We arrived virtually on 9pm after 15 hours on the mountain and consequently worn out. But we still managed to fire up the Barbie and cook up a storm before retiring.

Thanks to Paul for his route finding and assistance on the rocky ascents/descents and to Justin for organising the weekend and providing logistical support. Thanks also to our BOSQ visitors, Michael and Francine, for their company. Michael.

**Hornibrook/Ted Smout Memorial
Bridge Opening
Sunday 11th July Social**

It was not a fine and sunny day, but that was the way we wanted it. There were 12 Club people on the bridge, nine members and three visitors. We made our ways there by train, bus and car.

At the start we bypassed the stalls and entertainment; we headed straight to the

Bridge. We appeared to be ahead of the crowds. We wandered across, talking and looking. The bridge is high above the water and you actually get good views from it. Alas, no engineering displays of bridge-building along the way!

Once across on the Redcliffe side, the group did a 180 and came back, this time on the original 70 year old Horinbrook Bridge. You are a lot closer to the water and can even see the bottom since the tide was on the way out.

Once back on dry land, we had lunch before getting the public transport back to the City.

Thanks to: Michele E, Marian, Merv and Maria, Barry C, Julia C, Desley, Pat M, and visitors Wendy, Dave and Frances.

What other infrastructure is left before the election to cut the ribbon on – the Airport Link from the Ekka Grounds to Eagle Farm?
Greg

25TH ANNUAL COLONIAL BALL

24 July 2010

QUEENSLAND COLONIAL DANCERS



"Theme – Silver Anniversary"

Make something silver for decoration.

Morningside School of Arts

\$35 (\$25 before 10 July)

Arrive at 7pm;

come in Colonial/Period/National
Dress/Formal

Have your photo taken;

fill up your Dance Card;

Grand March 7:30pm

Dance the night away

to the music of the Champion Moreton Bay
Band

Bring a plate/drink to share;
tea/coffee provided.

Dances are walked through **once**
and called where necessary.

PRACTICES : 17 July (Sat 1:00pm – 4:00pm)
Stephens Uniting Church Hall,

cnr Kadumba St & Kingsley Pde, Yeronga

Dances are taught and etiquette explained.

Costume suggestions/hire

Website

<http://members.optusnet.com.au/colonialdance>

Email - colonialdance@optusnet.com.au

Send Payment by cheque to Queensland
Colonial Dancers PO BOX 3011 Yeronga 4104
or bring along to practice on July 10

The Queensland Colonial Ball has long been supported by BCBC. It is a fantastic evening of fun and entertainment. With this year celebrating the 25th Anniversary let's see how many BCBC members who have been in the past of newer member who have never been before can make it along. Kerry and I will be attending this year, if we get enough people we can have our own BCBC set. Matt Palmer

QORF

Q'ld Outdoors Recreation Federation

Parks Outdoor Recreation Forums

In August the first of the half yearly Parks Forums will be taking place. These forums are designed to enable the outdoor recreation sector to have direct contact with Parks staff, raise issues, network, discuss solutions and share information. Two forums will be held each year at two locations. For those who cannot make these meetings, please remember that your local QPWS staff is available to meet with you, and you also have the option of raising general concerns through your industry peak body - QORF.

First Meetings: Brisbane, Sports House,
August 4 (5.30 to 8.00pm)

RSVP TO: info@qorf.org.au or
dianne.maclean@derm.qld.gov.au

NZ Stocktake of Risk Management for Adventure & Outdoor Commercial Operators

In the past five years 29 people have died in NZ participating in adventure tourism activities. This is not bushwalking, but paid activities of an outdoor nature run by private companies. But safety is safety, no matter who is organizing the activity. As part of a review of safety standards the Dept of Labour has reviewed the sector, its resourcing, consumer education and safety standards. To read the review, go to:

www.dol.govt.nz/consultation/adventure-tourism/nz-stocktake/index.asp

10 TIPS FOR STAYING HYDRATED

Rejuvenate With Water:

Are you too busy to notice whether you are thirsty or not? Or perhaps you drink lots of fluids throughout your day, but none of which, hydrate your mind and body.

Your Brain Loses Water First

One of the most important roles of water is to keep your brain hydrated. Dehydrated brain equals poor concentration and fuzzy thinking. Research shows that children learn and understand new information far more easily when their brains are hydrated.

10 Tips for staying hydrated:

1 Eat your water: Fruit is 90% water. Grapes and oranges can be as high as 98% water content.

2 Natures Sports Drinks: Watermelon, cucumber, honeydew and cantaloupe are an excellent source of water, sugar and electrolytes.

3 Add a slice of lemon: In case you get bored with the taste of water add a slice of lemon. Studies have shown that children drink 45% more water when flavoured.

4 Hot Water Or Ginger Tea: In Winter when it's not so easy to drink water, enjoy sipping on plain hot water or spice it up with a slice of ginger. Hot water removes toxins, has a hormone balancing effect and warms your digestive organs according to Ayurvedic Medicine.

5 Check in with your body: If you are too busy living "in your head" you can easily forget about the basic needs of your body. Stop, take a few deep breaths and ask your body if it's thirsty.

6 Dehydration facts: A mere 2% drop in body water can trigger fuzzy thinking. Lack of water is the number one reason for day time fatigue.

7 Water know how: Muscles are 75% water, blood around 83% water, and bones 22% water. Water is essential for carrying waste material out of the body. It's involved in nearly every body process including digestion, absorption, circulation and excretion. It's vital in transporting nutrients throughout the body.

8 How much water: Deepak Chopra's formula for water intake is to divide your body weight in pounds, by 2, and that gives you the amount of fluid ounces you need to drink each day. This may vary of course during hot weather and for athletes.

9 Stay hydrated at night: Keep water beside your bed.

10 Carry a water bottle: One of the simplest ways to keep a fresh supply of water flowing throughout your muscles, blood, brain and bones is to carry a water bottle everywhere with you.

Source: Carole Fogarty, Editor, Rejuvenation Lounge and facilitator of Women's Rejuvenation Retreats.

Australian Catholic University RESOURCES MATTERS – VOLUME 12 ISSUE 20 28 May 2010

MINUTES OF THE GENERAL MEETING 21st June 2010

CORRESPONDENCE:

Inwards: Letter from Beaudesert Historical Society re Shepherds Walk

- Magazines from Gold Coast Bushwalkers, BOSQ, BBW, NPA, Catholic Walking Club of Victoria, Logan & Beaudesert Bushwalkers, Glasshouse Bushwalkers, Redland Bushwalkers
- QORF Newsletter
- Emails from BWQ re: Pilgrimage News; Mt Coot-tha Future Plan; QPWS Draft Management Plans for various N.P's and Conservation Parks; Fraser Is Great Walk extension – request for volunteers for Environmental Impact Statements or Cultural Heritage Assessments.

Outwards: Sympathy card to Drynan family on death of Marie Drynan

GENERAL BUSINESS:

- A volunteer is required to take on the role of Secretary for the remainder of the year;
- Greg spoke about the Bridge to Brisbane on 29/8/10 – nominate on Bridge to Brisbane website to join existing BCBC team.
- Greg asked for members to spread the word about the Barney Mass to past members – any email details of past members to be given to Greg.
- In 2011 Anzac Day falls on Easter Monday. The Qld Govt is still to announce whether an additional public holiday will be given and it was

discussed that if there is a 5 day weekend, it would be a good opportunity for an extended Club trip.

- Greg asked for Jilalan articles to be submitted on time.

BUSHWALKING QUEENSLAND

<http://www.bushwalkingqueensland.org.au/>

Us bushwalkers in Q'ld now have a new BWQ blog.

<http://bwq.org.au/blog/>

This blog is intended to be a publicity facility for all clubs affiliated with BWQ.

Accordingly, bushwalkers are welcome to send material promoting activities - meetings, upcoming walks, trip write-ups and pictures, asking for walkers for a planned long distance trip, asking for directions of an intended extended walk, track down ideas on equipment – whatever you want to tell people or to find out from people. .

Material should comply with your club's privacy policy on publication of members' names, pictures, phone numbers, and email addresses.

Do have a look and feel free to use it to promote your club. Yes - it is free!

John Marshall, President, Bushwalking Queensland Inc.

FEDERATION MOUNTAIN RESCUE

Committee Meeting Minutes, Tuesday 15th
June, 2010 at Buranda

fmrqld@gmail.com <http://fmrqld.bwq.org.au/>

Business Arising from Previous Minutes:

Endurance paper was not distributed;
Uni of Qld training day organized.

Reports:

Equipment: nil

Training: nil

BWQ: is setting up Blog for bushwalking activities.

BWQ will attend the Pilgrimage Festival of the walks at Maleny Showground

Incidents/Alerts/Call-outs/Watching brief:

Fall of 5m on Mt Huntley -- June long weekend -- minor bruising -- walked out and medical check-up found no problems.

Party delayed on Savage's Ridge -- not planned – limited equipment and minor

injury to hand. No medical treatment required.

General Business:

Endurance paper - to distribute to FMR members

Navigation training - Some training days need to be posted on the calendar, because the clubs need time to publicise them.

To ask Toowoomba BWC if there is free time at Pilgrimage for an FMR training session. Yes, done.

Draft curriculum tabled a draft program that was & well received by all. A suggestion was made to make the syllabus comparable/ equitable with the NTIS training package. Arrange date for FMR training with university clubs.

Suggestion that once the Blog was up and running FMR post notices and trip reports

Need to update our website. Peter may not be available in the near future to run the website.

AMSA are running a safety meeting in Sydney – John to keep us informed.

K2 ODYSSEY TRAVEL

We at K2 Base Camp have been helping adventurers experience, explore and succeed for over 20 years now with K2 Odyssey Travel, backing up with a passionate team to help travellers get the right gear for their trip.

The K2 team are only genuine outdoor and travel enthusiast's people who live it, breathe it, talk it, and know it inside out• . Some of our team are part time leaders in Nepal, NZ, and Tasmania so offer insightful experience to any outdoor adventure.

I would like to extend an invitation to you and your club members to attend an evening here at K2. The evening functions as a getting to know you night, with slides, product talks, refreshments and lot of a chatting!

Please feel free to phone or email with any questions you may have. I will phone you again within the next fortnight to follow up.

Please feel free to visit our website in the meantime should you wish: www.k2.com.au

Kind regards, Shayle Owen Ph: 3854 1340
info@k2.com.au

EDITOR'S REPORT

ARTICLES: Please have all Jilalan articles to Greg by Saturday 3rd July. Articles should be e-mailed to me at edhouse@bigpond.net.au. Please follow the "Jilalan Style Guide", which is on the Club web site <http://www.bcbc.bwq.org.au/JilalanStyleGuide.html>. If you have any queries, you should phone me on 3351 4092.

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

HOW WE ORGANISE OURSELVES

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$35; Associate Members: \$26; Spouse Members: \$9.00; Country: \$26.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer. Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

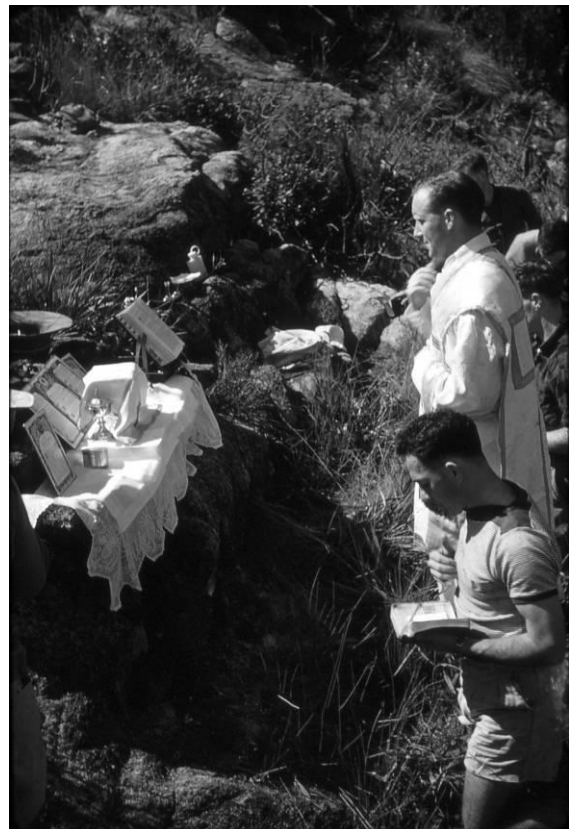
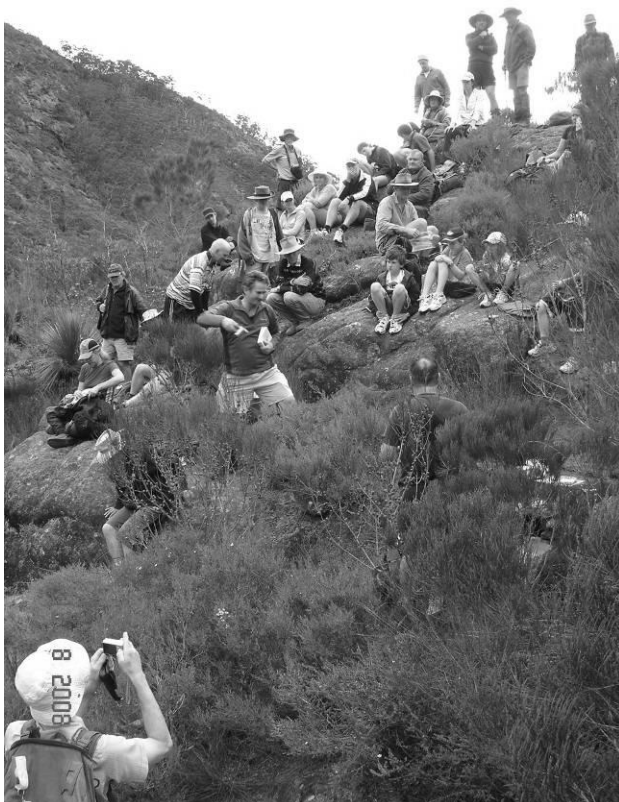
CONTACTS

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Bushwalking Q’ld	http://www.bushwalkingqueensland.org.au e-mail: info@bushwalkingqueensland.org.au	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	
Parishes	http://bne.catholic.net.au/asp/index.asp?pgid=11463	
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House, E-Mail: printabout@cplqld.org.au Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,		

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Photos: Cover: www.panoramio.com/photo/592204



If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
PO Box 31
RED HILL QLD 4059
JILALAN
Print Post Approved
PP 409367/0022

**SURFACE
MAIL**



THEOLOGY CORNER

Club Annual Mass and Dinner 2010 – Luke 2:16-19

Our Lady of the Way is the patron of this club of ours, now in its 52nd year. For many years I thought of this title from a bushwalking point of view, and Mary guiding us along the roads to the start of the walk,
up the ridgeline
and through the scunge.

My understanding was based on a real need, because often we could come to a fork in the track which required a navigation stop and you would pull out the map and ponder which way to go. This sense of place has strong roots in the bushwalking community as people would admit to being geographically embarrassed; but never lost. The landmark book by Paddy Palin about walking in New South Wales, titled *Never Truly Lost* reflects this strong sense of place in the bushwalking community.

Thanks to Liz Little who organised this Mass, her research highlighted that St Ignatius Loyola, founder of the Jesuits, drew great strength from Mary, under the title of Our Lady of the Way. He drew on Mary as a guide to his life. Within the Church there is a group called the Neocatechumenal Way and I met some of the group at Wynnum in 2007. They use the Way in a sense which does not have a geographical orientation. Their understanding of Way is one's life journey and how we progress on that journey to have a deeper relationship with God. (Contd) Deacon Russ