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The M<sup>t</sup> Barney Mass, 13<sup>th</sup> August



FIRST PUBLISHED SEPTEMBER 1970

ISSUE N°455

**JILLALAN**

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| DATE           | EVENT   | LEADER         | CONTACT            | TYPE         | GRADE          |
|----------------|---|----------------|--------------------|--------------|----------------|
| 20             | JTS – Theodore's Club                           |                |                    | Soc          |                |
| 22             | Wilson's Peak via Kinnanes Falls                |                |                    | DW           |                |
| 22             | Map & Compass Training                          |                |                    | TRN          |                |
| 22             | FMR Rescue Training                             |                |                    | FMR          |                |
| 25             | Coffee Night – Coffee Club Park Rd              |                |                    | Soc          |                |
| 29             | Mt Tanna & Mt Glennie                           |                |                    | DW           |                |
| Jul 1          | Movie Night - Stafford                          |                |                    | Soc          |                |
| 6              | Mt Maroon                                       |                |                    | DW           |                |
| 12             | Medieval Fair                                   |                |                    | Soc          |                |
| 13             | Ngungun Train Walk                              |                |                    | DW           |                |
| <b>Jul 18</b>  | <b>JTS – Irish Club</b>                         | <b>Phil</b>    | <b>5522 9702</b>   | <b>Soc</b>   |                |
| <b>19</b>      | <b>Shepherd's Walk</b>                          | <b>Terry</b>   | <b>3355 9765</b>   | <b>DW</b>    | <b>S44</b>     |
| <b>20</b>      | <b>Nerang State Forest</b>                      | <b>Graham</b>  | <b>3371 9623</b>   | <b>DW</b>    | <b>M33</b>     |
| <b>20</b>      | <b>Page's Pinnacle</b>                          | <b>Philip</b>  | <b>0411 016864</b> | <b>DW</b>    | <b>S66</b>     |
| <b>21</b>      | <b>Monthly Meeting</b>                          | <b>Philip</b>  | <b>0411 016864</b> | <b>Meet</b>  |                |
| <b>24</b>      | <b>BWQ Meeting</b>                              | <b>Michael</b> | <b>3351 3810</b>   | <b>Meet</b>  |                |
| <b>26</b>      | <b>Kin Kin</b>                                  | <b>Terry</b>   | <b>3355 9765</b>   | <b>DW</b>    | <b>M44</b>     |
| <b>26</b>      | <b>Savages Ridge</b>                            | <b>Iain</b>    | <b>3371 4672</b>   | <b>DW</b>    | <b>L77</b>     |
| <b>27</b>      | <b>Acacia Plateau</b>                           | <b>Justin</b>  | <b>3366 3193</b>   | <b>DW</b>    | <b>M44</b>     |
| <b>30</b>      | <b>Coffee Night – Lido Woodfire</b>             | <b>Maxine</b>  | <b>3203 4699</b>   | <b>Soc</b>   |                |
| <b>Aug 1/3</b> | <b>Lamington Plateau</b>                        | <b>Philip</b>  | <b>0411 016864</b> | <b>TW</b>    | <b>L55</b>     |
| <b>5</b>       | <b>Movie Night - Stafford</b>                   | <b>Michael</b> | <b>3351 3810</b>   | <b>Soc</b>   |                |
| <b>8</b>       | <b>Chinese Dinner</b>                           | <b>Maxine</b>  | <b>3203 4699</b>   | <b>Soc</b>   |                |
| <b>9</b>       | <b>Mt Goolman</b>                               | <b>Pat</b>     | <b>3366 1956</b>   | <b>DW</b>    | <b>M44</b>     |
| <b>13</b>      | <b>Barney Mass – BCBC 50<sup>th</sup> Anniv</b> | <b>Phil</b>    | <b>5522 9702</b>   | <b>ON/DW</b> | <b>L66</b>     |
| <b>15</b>      | <b>JTS – Union Jack's</b>                       | <b>Phil</b>    | <b>5522 9702</b>   | <b>Soc</b>   |                |
| <b>16</b>      | <b>Karawatha Forest</b>                         | <b>Maxine</b>  | <b>3203 4699</b>   | <b>SW</b>    |                |
| <b>17</b>      | <b>Museum of Brisbane</b>                       | <b>Liz</b>     | <b>3356 4874</b>   | <b>Soc</b>   |                |
| <b>18</b>      | <b>Monthly Meeting</b>                          | <b>Philip</b>  | <b>0411 016864</b> | <b>Meet</b>  |                |
| <b>22/24</b>   | <b>Pilgrimage – Mt Nimmel</b>                   |                |                    | <b>DW/BC</b> | <b>Various</b> |
| <b>27</b>      | <b>Coffee Night – Café da Cappo</b>             | <b>Maxine</b>  | <b>3203 4699</b>   | <b>Soc</b>   |                |
| <b>29/4</b>    | <b>Blue Mountains</b>                           | <b>Phil</b>    | <b>5522 9702</b>   | <b>TW</b>    | <b>XL66</b>    |
| <b>31</b>      | <b>The Twins - Glasshouses</b>                  | <b>Paul</b>    | <b>3357 5254</b>   | <b>DW</b>    | <b>M45</b>     |
| <b>Sep 2</b>   | <b>Movie Night - Stafford</b>                   | <b>Michael</b> | <b>3351 3810</b>   | <b>Soc</b>   |                |
| <b>6</b>       | <b>Riverfire</b>                                | <b>Terry</b>   | <b>3355 9765</b>   | <b>Soc</b>   |                |
| <b>6/7</b>     | <b>Bald Rock to Amosfield</b>                   | <b>Pat</b>     | <b>3366 1956</b>   | <b>TW</b>    | <b>L44</b>     |
| <b>7</b>       | <b>Bridge to Brisbane</b>                       | <b>Greg</b>    | <b>3351 4092</b>   | <b>SW</b>    | <b>M11</b>     |
| <b>13</b>      | <b>Duranbah to Burleigh</b>                     | <b>Phil</b>    | <b>5522 9702</b>   | <b>DW</b>    | <b>L33</b>     |
| <b>14</b>      | <b>Mt Cordeaux &amp; Bare Rock (GABW)</b>       | <b>Greg</b>    | <b>3351 4092</b>   | <b>DW</b>    | <b>M44</b>     |
| <b>19</b>      | <b>Talk Like a Pirate Day</b>                   | <b>Jack</b>    |                    | <b>Fun</b>   |                |
| <b>19</b>      | <b>JTS – Ship Inn</b>                           | <b>Phil</b>    | <b>5522 9702</b>   | <b>Soc</b>   |                |
| <b>20/21</b>   | <b>Toowoomba</b>                                | <b>Desley</b>  | <b>3369 5530</b>   | <b>BC</b>    | <b>Various</b> |
| <b>24</b>      | <b>Coffee Night – Three Monkeys</b>             | <b>Maxine</b>  | <b>3203 4699</b>   | <b>Soc</b>   |                |
| <b>26</b>      | <b>Progressive Dinner by Train</b>              | <b>Maxine</b>  | <b>3203 4699</b>   | <b>Soc</b>   |                |
| <b>27</b>      | <b>Green Bridge to Blue Bridge</b>              | <b>Graham</b>  | <b>3371 9623</b>   | <b>DW</b>    | <b>M22</b>     |
| <b>Oct 4</b>   | <b>Kate Quinlan Society – B'fast Ck</b>         | <b>Greg</b>    | <b>3351 4092</b>   | <b>Soc</b>   |                |
| <b>5</b>       | <b>Mt Mitchell – Chaplains Walk</b>             | <b>Greg</b>    | <b>3351 4092</b>   | <b>DW</b>    | <b>M33</b>     |
| <b>11</b>      | <b>Kedron Brook Cycle</b>                       | <b>Desley</b>  | <b>3369 5530</b>   | <b>SW</b>    |                |
| <b>12</b>      | <b>O'Reillys - 50<sup>th</sup> Anniversary</b>  | <b>Maxine</b>  | <b>3203 4699</b>   | <b>DW</b>    | <b>S33</b>     |
| <b>17</b>      | <b>JTS – Plough Inn</b>                         | <b>Phil</b>    | <b>5522 9702</b>   | <b>Soc</b>   |                |
| <b>18/19</b>   | <b>Moreton Island</b>                           | <b>Justin</b>  | <b>3366 3193</b>   | <b>TW</b>    |                |
| <b>25/26</b>   | <b>The Obelisks</b>                             | <b>Phil</b>    | <b>5522 9702</b>   | <b>BC</b>    | <b>M55</b>     |
| <b>29</b>      | <b>Coffee Night – Merthyr Bowls</b>             | <b>Maxine</b>  | <b>3203 4699</b>   | <b>Soc</b>   |                |
| <b>Nov 1/2</b> | <b>Yuraygir National Park</b>                   | <b>Paul</b>    | <b>3357 5254</b>   | <b>BC</b>    | <b>L33</b>     |

The Calendar is subject to change without notice

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

## KEY – Walk Types

|            |                            |                |                    |
|------------|----------------------------|----------------|--------------------|
| <b>D/W</b> | Day Walk                   | <b>½ D/W</b>   | Half Day Walk      |
| <b>O/N</b> | Over Nighter               | <b>B/C</b>     | Base Camp          |
| <b>T/W</b> | Through Walk               | <b>C/W</b>     | City Walk          |
| <b>TRN</b> | Training                   | <b>S&amp;T</b> | Safety & Training  |
| <b>FMR</b> | Federation Mountain Rescue | <b>SOC/SW</b>  | Social/Social Walk |

## KEY – Walk Gradings

| Distance                             | Terrain  | Fitness/Endurance  |
|--------------------------------------|--|--|
| <b>Short</b> Under 10km per day      | <b>1</b> - Smooth reasonably flat path   | <b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat   |
|                                      | <b>2</b> - Graded path/track with minor obstacles  | <b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills  |
| <b>Medium</b> 10-15km per day        | <b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings   | <b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain  |
|                                      | <b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings                                     | <b>4</b> - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day                                    |
| <b>Long</b> 15-20 km per day         | <b>5</b> - Rough or rocky terrain with small climbs using hands or rock hopping  | <b>5</b> - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required                                      |
|                                      | <b>6</b> - Steep, rough or rocky terrain with large climbs using hands or rock hopping   | <b>6</b> - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required                                      |
| <b>Extra Long</b> Over 20 km per day | <b>7</b> - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength   | <b>7</b> - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required              |
|                                      | <b>8</b> - Climb/descend near vertical rock with exposure. Climbing skills may be required   | <b>8</b> - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required             |
|                                      | <b>9</b> - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength | <b>9</b> - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required |

## KEY – Walk Categories

| Category          | Terrain  | Fitness  |
|-------------------|--|--|
| <b>Wombat</b>     | Flat, even ground, often within an urbanised area. More likely than not, having a paved surface.   | For those with a low fitness level. Think of a Wombat and how slow it moves, how much it sleeps, and how low to the ground it is.  |
| <b>Wallaby</b>    | Undulating or hilly country, perhaps with some ground rocks, potholes, long grass, and sooty tree trunks. Probably not with a paved trail.                     | For those with higher energy, more bounce and a big tail. Think of a Wallaby and how it lazily hops about so easily through our lovely native Australian bush.                                     |
| <b>Wedge Tail</b> | Higher hills for higher enjoyment. Probably goes to the top. Expect more rocks, more trees, even longer grass with sharp sticky things, and wind in your hair. | For those with an advanced sense of enjoyment. Need to be able to walk to those airy places you have only dreamed about after a night at a JTS. Think of a Wedgie, tight & painful, but uplifting. |

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

## **PRAYER OF THE MONTH**

God bless our contradictions, those parts of us which seem out of character. Let us be boldly and gladly out of character.

Let us be creatures of paradox and variety:

creatures of contrast:

of light and shade:

creatures of faith.

God be our constant.

Let us step out of character into the unknown, to struggle and love and do what we will.

Amen

(Leunig 1990)

## **PRESIDENT'S RAMBLINGS**

This month I would like to discuss the responsibilities of leaders. The committee was discussing pre-outings at its most recent meeting. There are times we as leaders can become a little blasé about the need to pre-outings but they are very important.

A good pre-outing can prevent accidents from happening and continues the tradition of safe walking which Bushwalking Clubs are renowned for. We acknowledge that sometimes leaders may have lead walks in the area years before, but vegetation or previous weather events can change the nature of the walk. It is therefore required that if you have not been in the area for at least 2 years that a pre-outing be done.

Leaders must do their pre-outings in the two months prior to the date of the walk and get their report into Jilalan so that it may be published before the walk goes out. On other occasions it is impossible to do pre-outings, for example if the walk is a through walk. It is incumbent upon the leader to contact people from our club (or other clubs for that matter) who have walked in that area to find out as many facts as they can about the proposed walk.

Most certainly for day walks in areas where the Club has never walked before pre-outings must be done. If no pre-outing can be done then the walk should be cancelled OR it should be done as an exploratory walk on which experienced walkers only will attend. In these circumstances novice walkers or strangers to our Club should not go on these walks.

The leader should also explain to all potential participants in the walk that anything may happen on these types of walks and the group could be walking through very difficult terrain or hindered by vegetation, etc.

It is suggested in our Club's Leaders Notes that at least 3 people should go on pre-outings as a safety measure. Sometimes this is possible and sometimes it isn't. It is up to the leader to exercise judgement on this front. Perhaps as well as taking a very experienced leader on your pre-outing you could also invite a novice walker who is likely to become a future leader for our club: the old apprentice system. We can always learn from experienced walkers. I know I still learn by watching experienced leaders in action both on walks and pre-outings.

Also always try to study the original map and not just a photocopy or one retrieved from the internet. Sometimes these copies of maps don't portray all of the necessary information as well as they should. Make notes of how long things take, where you were at lunchtime, etc. This will help you in deciding which route you will use for the walk itself. If you are having difficulties doing a pre-outing contact the Committee as we are here to help you and advise you of the best course of action.

Leaders should get both their pre-outing and pre-trip report done before the deadline for Jilalan. There are some people in the Club who will do almost every walk in the Club regardless of how hard or easy they are, but there are many in the Club who can't do every walk the Club offers. The pre-trip report is, therefore, a vital tool that is used by many people in their decision making process. The pre-trip report is not a travelogue of which road system you will use to get to the start of the walk or where you will stop for coffee afterwards (you tell the drivers this on the day).

Please provide details about what the walk itself is like: not only the types of trees or butterflies you will see, but the type of terrain you will travel through: is it a graded track or off track; are there cliff lines; are there sheer drops on either side of the track; is there exposure on the walk; also how steep is the walk, how much height will you gain or lose on the walk, is the walk crumbly ground under foot, etc; do you have to pass through lantana and other scunge (scratching and stinging plants that no-one really likes travelling through). Also a good definition of off-track for our novice walkers would be a good idea.

Make sure all participants in your walk understand what an off track walk means. Off-track means there is no graded track. Sometimes however there are foot pads we can follow; sometimes not. Define this well so that all will understand. Use the grading system published in Jilalan as a guide for when you are rating your

walk. Do not under-rate walks, but by the same token do not over rate them. A very fit person's "5" for fitness may not be a person of average fitness's "5". Terrain ratings: if you've been through a wall of scunge before one or two lantana plants may not be much to you, but to others it can be a lot. Whilst you are not rating the walker in these circumstances, you must consider the demographic of our Club.

A well planned trip means you know what can go wrong and where it can go wrong. You as leader will have some idea about how long the walk can take and where you should be at any given time of the day. Ensure especially in the winter months that you get out before dark, or that you are out of dangerous locations.

Pre-outings generally take less time as there are only a couple of people on it; the group will usually travel more slowly on the day of the walk. Be aware of that. Remember, the trip itself is all about enjoyment. Trips can have spontaneous parts to them that can add an extra dimension to the walk, but ensure everybody in the group is comfortable with any decision to change the publicized route. It is best practice to stick to the publicized route. Primarily remember to enjoy the walk and the company of the day.

That's enough from me this month. So remember to see Christ in others, and continue to walk humbly with your God.

Philip

## **RAMBLINGS FROM THE OUTINGS COORDINATOR**

Well half the year has gone. There have been 249 walkers so far this year on 27 walks compared with 315 walkers on 24 walks last year. This compares favourably as there were 65 walkers at the 40<sup>th</sup> anniversary of the Club Hut last year.

I am now preparing the walk schedule for next year. This will be considered by the Outings Committee in September before gaining approval from the Management Committee. It will then be presented at the General Meeting for publication.

I am therefore looking for ideas for walks from everybody. I have already received feedback from a few people and some of the questions/comments that have come up are

- How many walks should the club have?
- Is there good variation in the types/locations of walks?

- The number of leaders is diminishing and hence more pressure is falling on fewer and fewer people.
- Should there be two (2) programmes, one for bush walks and one for social walks?

I would like to hear from our established leaders, particularly those I call on to lead through walks/base camps. What walks do you want to lead? I have my ideas but it often doesn't fit in with your plans/ideas.

The Pilgrimage is only a month away. This year it is being hosted by the Gold Coast Bushwalking Club and the venue in Mt Nimmel Lodge. The costs vary from \$5 for the Saturday walk to \$35 for the weekend. A draft list of walks is available on

<http://au.geocities.com/qldpilgrimage/2008/Walks08.html> and most of them look inviting.

Good walking and I hope to see you in the bush.

Michael (3351 3810, 0409 620714 or [michael.simpson@optushome.com.au](mailto:michael.simpson@optushome.com.au))

## **TREASURER'S REPORT**

|                 |           |
|-----------------|-----------|
| Balance 19/5/08 | \$1421.36 |
| Plus Receipts   | \$ 389.80 |
|                 | \$1811.16 |
| Less Payments   | \$ 498.75 |
| Balance 16/6/08 | \$1312.41 |
| Term Deposit    | \$2093.45 |

Congratulations to Justin Tobin and David Hill who won first and second prize respectively in our second raffle for the year. I have already started selling tickets in our third raffle with the first prize being a set of walking poles and the second prize being a figurine which was donated by Therese Abernethy. Tickets are one dollar each and remember you have to be in it to win and the funds raised support our club.

A reminder that it is not too late to purchase your first or second anniversary t-shirt at a cost of twenty dollars. We need the cash as our bank balance will be looking quite sad after we pay our insurance.

Terry

## **MEMBERSHIP OFFICERS REPORT**

|                              |    |
|------------------------------|----|
| Nº of members at end of May  | 70 |
| New members for June         | 2  |
| Nº of members at end of June | 72 |



The new members this month were – Julia Cowan, Julie Philippi (Darragh) and Catherine Patterson has rejoined. A big welcome to both these new members and I am sure all members will make you feel welcome.

Julia has been on several trips and has been to the last 2 John Toohey nights.

I should also mention that Julie Philippi was a member in the early days of the Club and it is great to have her back. She has recently done 2 walks of note – she did the Club's two 50<sup>th</sup> Anniversary Walks - the Trachyte Circuit walk in December last year and the Toolona Circuit walk in January this year. She also recently did the Ipswich and Rosewood trip. I also have to mention that she is listed in the Club's first Annual Report (on page 14) as one of the foundation members of the Club.

One of the issues for a membership officer to address is a recruitment drive and to make sure there is a variety of walks for members to go on. I love long and hard walks where you carry your gear for 10 days on your back and get scratched a bit and but I also like the short easy walks to places like Toohey Forest, Karawatha Forest, Ipswich Heritage Walk and the Riverside walk. These are the soft, easy, cuddly walks compared to the hard, hot, prickly walks (or Tiger walks for the purist).

These cuddly walks are very popular walks in the Club and as long as we don't have too many of them the Club should embrace these walks and include them as walks and not disdainfully relegate them as mere socials. The Club has done a range of these walks and rather than start repeating these walks I thought it was time to sit down and try and come up with a range of as many new walks as possible to do. Initially it was a bit hard to come up with ideas but once I stumbled over the idea of having a theme for each month the ideas came out left, right and centre. I was able to prepare a huge list of walks. Rather than keep it secret I shared it with committee and now it is time to share it with the Club. So when we sit down to plan the Outings program for next year we at least have some options to work from.

I am also suggesting to make the planning easier by scheduling these walks on a regular day for example the second Sunday of the month.

There may be some who don't like the idea of easy walks and particularly don't like the term cuddly walks but I like the name. Another name I was contemplating was Second Sunday Strollers but that got howled down. I suppose if people

don't like the cuddly walks, that is fine, they can call them teddy bear walks.

See my table towards the back of this Jilalan in "Some Views on Outings Planning", Page 28.

Phil Murray

## **ABOUT PEOPLE**

Paul Evans, Patricia Funnell, Carol Kelly, Lynne Lucas and Catherine Simpson are having a birthday in July. Oops, we forgot Catherine's significant birthday last year, sorry.

We wish Gordana's family our sympathy at the recent death of her father. It is sad to lose a parent. Many of us know how lost she feels since we have lost close ones in recent years.

Robin Thorn has just returned from visiting family in New Zealand and Pat Lawton has just returned from a walk in Indonesia, a rare first for her. Gordana has returned from a trip to Singapore, and Michael & Catherine just came back from a week on Norfolk.

Congratulations to our latest new members: Julia Cowan, Julie Philippi and Catherine Patterson. Julie is another one of our original members who has decided to rejoin us after our fiftieth celebrations and Catherine has rejoined us after a one year absence. As usual we look forward to catching up with you on a walk sometime soon.

Brett De Grussa and his son Josh clocked up their second walk with us by joining Iain on his Emu Creek Base Camp after having survived Joe's Through Walk. Breda Kertin was a welcome visitor on John's Mt Glennie walk. Peg French & Bill Senn have contacted the Club again about our walks. Maryanne Kelk gave us a call earlier in the month, came on the Map Reading Morning & did Mt Maroon as her first walk. Susan Perry and Maria Windress have sent us e-mails wanting information.

Who came to the last JT, only to leave early to do shoe shopping? And only made it as far as the Casino??

## **FOR LEADERS**

It is time to remind Leaders that all non-members on Outings, and for that matter most Club events, need to complete a "Visitor Waiver Form" – The liability form. Since you are the witness on the form, you need to see them actually sign the form.

Also, no coaching on how to fill out the form – they need to answer all the questions

themselves. Especially do not fill out the form & have them just sign it.

The Outings CoOrdinator should hand the forms to you with the Nomination form. Otherwise, get them off the Club web –

<http://www.geocities.com/briscathbushclub/VisitorWaiverForm.html>

**AND**

<http://www.geocities.com/briscathbushclub/LeadersGuideV5-02-06.html>

The Forms are very important.

After the Event, give them to the Treasurer with the Outings (Event) Nomination Form.

## **COMING EVENTS**

**TRIPS** still leave from St Brigid's car park at Red Hill.

### **18<sup>th</sup> JULY, FRIDAY JOHN TOOHEY SOCIETY MEETING**

**Contact:** Phil Murray Ph: 5522 9702 or 0413 307 580

**Time:** From 4pm till ??? (When ever you like)

**Where:** The Irish Club, 171 Elizabeth Street

**What For:** For a chat, a drink and a meal (or a chat, a few drinks & a meal, or a few chats, a drink and a meal, or a chat, a drink & a few meals).

**Web:** <http://www.queenslandirish.com/facilities.htm>

**Category:** whisky

**A few more people needed as new faces & especially new conversations will be stimulating.**

The Club has a regular gathering in town for a social drink and a chat on the third Friday of the month. This month the Society is meeting at the Irish Club. It is an enjoyable way to meet Club people in a relaxing social environment (and while not puffing on a walk). You do not have to be a member of BCBC to attend. The night is what you make of it – short, long, a night on the town, a drop-in before going to do some serious shopping, week's end work stress relief, or a night out for a meal.

It has recently been refurbished and looks very modern and trendy, in particular they have revamped the entrance so it is easy to access the Club at street level. A special feature of the Club is the Tara Room with its beautiful Victorian



architecture. The notable beers are Harp lager, Guinness and Kilkenny. Being "Irish, other drinks are available. The prices are very reasonable. The Club is about 200 metres north of the Myer Centre. As it is a club you need to sign in – just a formality since no one asks questions.

**NOTE:** it is not a meeting – we just call it this to trick those who will go "tut tut" at such a thought as a drink after work on a Friday.

So come along and have a good night in town.

### **19<sup>th</sup> JULY, SATURDAY HISTORIC SHEPHERDS' WALK DAYWALK**

**Leader:** Terry Silk Ph: 3355 9765

**Meet at:** St Brigid's car park, Musgrave Rd, Red Hill

**Time:** 6.45am

**Cost:** \$8.00 + \$15.00

**Grading:** M 3 4

**Location:** South west of Beaudesert, in the Kerry Valley

**Web:** <http://www.boonah.qld.gov.au/regionInfo/documents/Sthbdst.pdf> (#17)

**And**

<http://www.beaudesertmuseum.org>

**Category:** Wombat

**Emerg Off:** Carol Kelly  
Ph: 3269 4795



I am determined to keep scheduling this walk each year until every club member has done it as I believe that everyone is capable of doing it. This will be our seventh consecutive year of doing this walk which is now easier than when we first did it as we no longer climb up and over the Gin Broken Range. Now we climb to the saddle on the range from our lunch spot and return the same way. A leisurely morning tea is had at the saddle whilst enjoying the surrounding views.

The walk only takes just over two hours with the pace being set by the slowest walker. The Beaudesert Historical Society has been organising this event for twenty-two years now and, consequently, everything runs very smoothly. They provide the walk leader and tail-end-charlie. During the climb to the saddle views of the surrounding countryside can be obtained. Frequent rest breaks are taken during the climb. The track is a little rough in places but there is nothing too difficult. There is a water crossing at the start and end of the walk but nobody should get wet feet.

Lunch is provided by the Historical Society and is their famous sausage sizzle along with all the trimmings. This is supported by the now famous dampers washed down with tea, coffee, cordial and water. There is usually no shortage of food. There could even be a limited supply of home cooked biscuits and cakes.

There is no charge for children under fourteen who must be accompanied by an adult. Non-walkers are also welcome as they can wait at the lunch spot. The Historical Society provides buses to take us from their complex to a monument in the Christmas Creek valley where a short address is given on the significance of the Shepherds' Walk and the era of Chinese shepherds in this area. Then the buses will take us to the Kerry Valley for the start of the walk. The buses will leave the picnic area at approximately 2.30pm to return to the Historical Society Complex in Beaudesert. So we will be back in Brisbane before dark as it is not a long day.

I highly recommend this walk as the Historical Society is famous for their country hospitality, the views are quite spectacular and the food is most enjoyable. What more could you want. The Historical Society charges \$15.00 for the day all up. Our club charges \$8.00 for our car pooling. You will need to bring your own morning tea and water for the walk. In past years there have been over a hundred people present on this day with everyone having a fun time.

You need to nominate A.S.A.P. as bookings close on the 12th July. I look forward to your company on the day which I am sure you will enjoy.

Regards, Terry.

### **20<sup>th</sup> JULY, SUNDAY NERANG STATE FOREST DAYWALK**

**Leader:** Graham Glasse Ph: 3371 9623  
**Meet at:** St Brigid's, Red Hill  
**Time:** 7am  
**Grade:** M33  
**Cost:** \$15  
**Location:** North western outskirts of Nerang, Gold Coast

**Web:** <http://www.epa.qld.gov.au/projects/park/index.cgi?parkid=57>

**Category:** Wombat  
**Emerg. Off.:** Jean Gowans  
**Ph:** 3256 6140

This walk will begin at a recreation reserve at Hope St, Nerang. The first part of the walk is on the



short Casuarina Grove trail. The remainder is on either walking tracks or forest roads. Nerang State Forest is quite hilly, so be prepared for some steeper sections. The total length is estimated at about 15k. From time to time, there are views of the Nerang River, Gold Coast high-rise buildings, and some Gold Coast suburbs. The vegetation includes dry rainforest and open eucalypt forest.

The park is very popular with riders of mountain bikes; in some areas there are separate bike tracks. We may also see a few illegal trail bikers. Other features that we shall see include a large open cut blue metal quarry, and the remains of an old rifle range. Join me on this interesting walk in a forest park which is rarely visited by the club.

Graham

### **20<sup>th</sup> JULY, SUNDAY PAGE'S PINNACLE DAYWALK**

**Leader:** Philip Kearns Ph: 0411 016 864  
**Meet at:** St Brigid's Church, Red Hill  
**Time:** 8am  
**Grade:** S64 (S44 with "the " razorback" option)

**Cost:** \$18.00

**Location:** Gold Coast Hinterland

**Web:** [https://www.epa.qld.gov.au/parks\\_and\\_forests/find\\_a\\_park\\_or\\_forest/springbrook\\_national\\_park\\_and\\_numinbah\\_forest\\_reserve/springbrook\\_national\\_park\\_and\\_numinbah\\_forest\\_reserve\\_8212\\_nature\\_culture\\_and\\_history/](https://www.epa.qld.gov.au/parks_and_forests/find_a_park_or_forest/springbrook_national_park_and_numinbah_forest_reserve/springbrook_national_park_and_numinbah_forest_reserve_8212_nature_culture_and_history/)

**Category:** Tiger Wedge tail



**Emerg Off:** Matthew P  
**Ph:** 38768125



Page's Pinnacle is in the Numinbah Forest Reserve and it is the very obvious geographical feature you see as you travel along the Nerang-Murwillumbah Road.

Our walk will take us along a rough 4 wheel drive road for about one hour. This is where we will actually see the razorback and the ridge we will walk along to reach the top of Page's Pinnacle. The razorback is probably about 50m long and in many ways reminded me of the back of the dinosaur that has those pointy bits along its spine. There is a sheer drop off from the razorback of 10-20m (enough to do damage



should you stumble) and you will need to be good on rocky terrain, maintaining at least 3 points of contact as you travel along the razorback.

At the end of the razorback there is a small chimney you have to descend. Whilst calling this bit a chimney may be generous, you will still need to be able to negotiate your way down the 2-3m rocky face. This part of the walk could take half to ¾ of an hour depending on the number of people in the group and how difficult they find the razorback and the descent from the razorback.

Whilst it is possible to avoid the razorback (although why you would want to as this is one of the major attractions of the walk) it is impossible to avoid the cliff line as we walk to the top of the Pinnacle itself. The remainder of the walk is relatively simple, but the track does get narrow and you do have a very sheer drop on one side of you. Again all participants will need a good sense of balance, be confident with walking along cliff lines and on rocks.. This section of the walk will take about 20-30 minutes at most.

The view from either side of the razorback and the later section of the walk is spectacular. You see the end of Lamington National Park (Binna Burra end: Ship Stern and Egg Rock, etc) and also Springbrook NP. On the other side you see Hinze Dam and parts of the Gold Coast. We then make our way back to the cars generally in the same way. Again we can avoid the razorback for the return and I can take you on a slightly different route home, this route was explored on the pre-outing (the alternative route adds one extra knoll and a bit of extra road bashing). We should finish the walk at about 2-3pm, speed of the party permitting, and if people want to I intend to have a BBQ at Natural Arch at the end of the walk. This of course is up to negotiation and we will see the glow worms there if we stay till after dark.

There could be a lot of walkers in this area on the day of the walk. The road bash we do forms part of the Kokoda Challenge that is held every year. We should be aware of this as we travel along our merry way.

So to summarize: you need skills in walking on rocky ground. The rock structures are stable though. You will need confidence with cliff lines. You must be confident with exposure on walks. Whilst not difficult, the walk has some inherent dangers. Join me for a great day in the backyard of the Gold Coast.  
Phil.

## **21<sup>st</sup> JULY, MONDAY GENERAL MEETING**

**Contact:** Philip the Younger, President  
**Ph:** 0411 016 864

**Time:** Doors open 7.30pm

**Venue:** St Michael's Parish Hall, 250 Banks St, Ashgrove (the old Dorrington). The hall & carpark are on the lower terrace, down below the church.

**Web:**

<http://www.geocities.com/briscathbushclub/page4.html>

**Category:** Waffle

Come along to the Meeting to hear what the Club is going to do over the following month.



- Hear what you will be doing over the coming month
- Hear what we did over the previous month.
- Ask Leaders questions that will solve your queries about coming events – this Jilalan can not say everything about what we do, where we go and how we do it.
- The meeting starts at 7.30pm, regardless of the numbers present.
- Philip is keeping the business down to 90 minutes.
- Stay and talk with your friends – enjoy supper

## **25/26 JULY FRI/SAT SAVAGES RIDGE OVERNIGHTER**

**Leader:** Iain Renton **Ph:** 3371 4672  
or: 0401 429 085

**Meet at:** St. Brigid's Carpark, Red Hill

**Time:** 6.30pm

**Cost:** \$30

**Grading:** L68

**Location:** Mt. Barney (in Rathdowney area near the NSW border)

**Web:** [http://www.epa.qld.gov.au/parks\\_and\\_for\\_ests/find\\_a\\_park\\_or\\_forest/mount\\_barney\\_national\\_park/#gen1](http://www.epa.qld.gov.au/parks_and_for_ests/find_a_park_or_forest/mount_barney_national_park/#gen1)

**Category:** Wedge tail

**Emerg Off:** Mathew & Kerry  
**Ph:** 3876 8125

This will be the fourth time I've led or navigated a group up Savages Ridge. It remains one of my absolute favourite walks.

It is a long day's walk with a 6.15am start but the rewards make it well and truly worth it. You'll get



a distinctly different view of Mt. Barney and magnificent panoramas of wide wild expanses such as you rarely see in S.E.Qld. It is a much less-travelled side of Mr. Barney, which further enhances the wilderness feel of the walk. We'll be camping at Barney Lodge the night before because of the early start.

The route will take us up Savages Ridge on the South-Western corner of Mt. Barney then up West Peak and down to the saddle. If we make good time on the day of the walk, we may be able to descend via Egan Creek rather than Peasants Ridge (I'll be doing a pre-outing to check the time it takes to descend Egan Ck). This route would mean most of the walk would be off track and take us directly below the ridge we ascended.

Walkers will need to be fit and reasonably confident about rock scrambling. Come and join me for a great walk.

Iain

**26<sup>th</sup> JULY, SATURDAY  
KIN KIN  
DAYWALK**

**Leader:** Terry Silk Ph 3355 9765  
**Meet at:** St Brigid's car park Red Hill  
**Time:** 7.00am  
**Cost:** \$20.00  
**Grading:** M34  
**Location:** Northern end of the Sunshine Coast near Cooran – Trail 3

**Web:**<http://www.noosa.qld.gov.au/trailnetwork/TrailDetailsMap.shtml#trailThree>

**Category:** Wallaby  
**Emerg Off:** Jean Gowans  
Ph 3256 6140

This walk is another first-time walk for our club although it is in a very scenic part of the Sunshine Coast which we have visited for the past three years. We have done two different very enjoyable walks as part of the Noosa Trail Network.



The walk is a circuit of about sixteen kilometres in length with a number of ups and down, some a little steep but not too long. Because the walk will not take too long we will be able to take our time to enjoy the spectacular scenery. During the walk we will pass through luscious rainforest and tall open Eucalypt Forest and along quite country lanes.

As is our custom on our Noosa Trail Network walks, lunch will be taken at a lookout with a covered picnic table and water tank. I believe that

all members would be able to do this walk especially as we do not need to hurry. On a road section there is a ford which has about three inches (8cm) of water flowing over it. Although the area has had a great deal of rain, the overall condition of the track is quite good. On one section we will walk through a grassy field. Naturally, the fitter you are the more you will enjoy this walk.

I look forward to your company on this walk which I highly recommend. Do not hesitate to contact me if you have any questions. This walk will become historically famous and to find out why you will need to be on it. Therefore, do not waste any time in nominating to me for this great walk.

Regards, Terry.

**27<sup>th</sup> JULY, SUNDAY  
ACACIA PLATEAU  
DAYWALK**

**Leader:** Justin Tobin Ph: 3366 3193  
**Meet at:** St Brigid's Carpark, Red Hill  
**Time:** 5:55am  
**Cost:** \$35.00  
**Grade:** M 4 4  
**Location:** Along the border, between Boonah & Warwick

**Web:**<http://www.epa.qld.gov.au/projects/park/index.cgi?parkid=57>

**Category:** Wallaby  
**Emerg Off:** Susan Tobin  
Ph 3366 3193.



A rare opportunity for the day walkers to walk this fantastic section of the Great Divide. Relax on the bus as we head to Boonah and down the Carney Creek Road, the Main Range spreading out on our right. All the major peaks are here.

Through Teviot Gap and Wilson's Peak on our left, and Superbus and Roberts on our right. Down the road and the start of the walk along the Plateau - a great day of walking is ahead of us.

Join me for those different views and gentle walking along the Divide. I need to know numbers so nominate as soon as you can so I can book the bus and get this great walk underway. Don't delay nominate today.

**30<sup>th</sup> JULY, WEDNESDAY**

**COFFEE NIGHT**

**THE LIDO WOODFIRED DECADENCE**

**Contact: Maxine Ph: 3203 4699**

**Meet at: 120 Racecourse Rd, Hamilton**

**Time: 7.00pm for a meal, 7.30pm for coffee & cakes**

**Web:**<http://brisbane.citysearch.com.au/restaurants/viewContent/1119945819575/1137463331222>

**Category: Wood fire**

The name says it all...Art Deco at its best. Come and enjoy an evening in this delightful cafe. Interesting decor, great pizzas and amazing desserts. While you are enjoying your food we will be treated to live music, making this a really special experience.



Looking forward to your company on a midwinter coffee night.

Cheers..Max

**1-3<sup>rd</sup> AUGUST, FRI TO SUNDAY  
LAMINGTON PLATEAU  
THROUGHWALK**

**Leader: Philip Kearns Ph: 0411 016 864**

**Meet at: St Brigid's, Red Hill**

**Time: 7.30pm Fri evening**

**Cost: \$18**

**Grade: M67**

**Location: Southern end of Lamington, in the Christmas Ck area**

**Web:**

**Category: Double Wedge tail**

**Emerg Off: Greg E**

**Ph: 3351 4092**

Lamington National Park contains some beautiful graded tracks, e.g. O'Reilly's and Binna Burra, but there are some parts of the park that have most rugged bush walking terrain we will experience in South East Queensland. This walk will take us through the latter along the famous Stretcher Track. This track was cut to bring out the two survivors from the Stinson wreckage.



Members of the Club walked the Stretcher Track during 2007 and have noted that it is very overgrown in places obscuring the track and their progress was very slow. For this reason I am telling people that in this part of Lamington we will probably only travel 1km every hour through thick vegetation, around obstacles like fallen trees and through scunge like raspberry bushes and lantana.

We intend to make camp at the junction of the Stretcher Track and the England Creek Track. We should be there after about 4 hours of walking. The afternoon will involve a trip along the England Creek track to Running Creek Falls. This part of the walk will involve the negotiation of two cliff lines. The cliffs themselves are about 5m high. They are able to be negotiated but you will require skill and ability to walk through cliff breaks. The return trip (with day pack) from the campsite to Running Creek Falls will probably take about 4 hours. The best thing about this walk is we will have access to water on both days and do not have to carry all our water supplies from Brisbane. I will recommend to all participants that they bring 2-3 litres for the first day of the walk. There will be at least 5 hours before we collect water. You will need to collect water at Running Creek Falls (again 2-3 litres to get you through the remainder of Saturday and till we reach Lamington Falls on Sunday morning.)

On the Sunday we will have a 3 hour return walk, again with day packs to Lamington Falls. This may be a short walk of about 3km, but again the terrain will most likely slow us down. We will break camp after lunch and make our way back to Brisbane. Each day of the walk will involve 7-8 hours walking through dense rainforest and thickets. This will require endurance from the walkers and gaiters or long trousers, you may wish to wear long sleeve shirts for skin protection if you don't wish to get scratched excessively. You will be carrying your through pack for a total of about 7 hours the whole weekend. This walk is not for novices and is on a very rough track that is blocked in many places. We will have to go around difficult obstacles that will slow the progress of the group and this trip will have exploratory elements to it.

You will need walking clothes that will provide protection from the terrain, warm clothes for the evening and morning, all of your food for the weekend, stove, at least 3l of water, your tent, sleeping back and rain gear. We will either camp Friday night at the Stinson Park or we can start from Brisbane very early on Saturday morning. I am negotiable on this point.

Don't be discouraged though by the description of the walk: will be a great but difficult walk: something that is enjoyed and celebrated by many members of the Club. It will also provide great stories for future coffee nights and socials. Phil.



**5<sup>th</sup> AUGUST, TUESDAY  
MOVIE NIGHT  
STAFFORD CINEMAS**

**Contact:** Michael Simpson Ph: 3351 3810  
or 0409 620 714  
**Where:** Stafford 10 Cinemas – Stafford  
City Shopping Centre,  
**Meet at:** Fasta Pasta – Shop E13 (first  
shop at rear entrance)  
**Time:** 6pm  
**Cost:** \$12.00 (movie only)  
**Web:** <http://www.a-m-c.com.au/>  
**Location:** Stafford Rd between Webster Rd &  
Windorah St

Don't forget we are now meeting on the first  
Tuesday of the month.

We will be going to the Stafford 10 Cinemas at  
Stafford City. It is on Stafford Road about halfway  
between Webster Road and Shand Street. We  
will meet at or near Fasta Pasta, a café sited just  
inside the entrance near the cinema. The link  
below contains a map of the centre.

<http://www.thefirstgroup.com.au/images/centreProfiles/StaffordProfile.pdf>

The costs at Stafford City are similar if not  
cheaper as you can get a movie meal deal for  
around \$18. So come along.

**8<sup>th</sup> AUGUST, SATURDAY  
CHINESE LUCKY 8'S NIGHT  
SOCIAL**

**Contact:** Maxine 3203 4699 or 0412 637 670  
**Where:** Enjoy-Inn, 167 Wickham St (cnr  
Duncan St, Chinatown Mall) The  
Valley  
**Meet at:** St Brigid's Car Park, Red Hill  
**Time:** 6.30pm for 7.30pm Dinner Booking  
**Web:** [http://www.themapvillage.com.au/dream/index.php?option=com\\_mtree&task=viewlink&link\\_id=29&Itemid=111](http://www.themapvillage.com.au/dream/index.php?option=com_mtree&task=viewlink&link_id=29&Itemid=111)  
**Category:** Siberian Hamster  
**Emerg Off:** Mike Brophy  
Ph: 0421 024 867

This special date is the  
lucky numbers 08/08/08 for  
the Chinese. A double  
celebration as the opening  
ceremony of the Olympic Games also happens  
on this night. We will leave in time for anyone  
wishing to get home for the ceremony.

Excellent Chinese food in a famous old part of  
town, Fortitude Valley. The atmosphere will be



colourful and noisy as the Dragon Parade snakes  
it's way through the crowds.

We will leave cars at Red Hill and travel together  
to the restaurant.

Looking forward to a fun night of celebrations.

Cheers...Maxine

**9<sup>th</sup> AUGUST, SATURDAY  
M<sup>t</sup> GOOLMAN  
DAYWALK**

**Leader:** Pat Lawton Ph: 3366 1956  
**Meet at:** St. Brigid's, Red Hill  
**Time:** 7.30 am  
**Cost:** \$10.00  
**Grading:** M 3 3  
**Location:** Ipswich area  
**Web:** [http://www.nrw.qld.gov.au/property/mapping/pdf/geo\\_bris.pdf](http://www.nrw.qld.gov.au/property/mapping/pdf/geo_bris.pdf)  
**Category:** Wallaby  
**Emerg Off:** Susan Tobin  
Ph: 3366 3193



Mt. Goolman is situated in the  
Flinders Peak Conservation area  
and is one of the small peaks that  
can be seen from Peak Crossing. All the peaks in  
the area are remnants of major volcanic activity  
across the region about 25 million years ago.

We still start the walking from the lovely picnic  
area at Harding's Paddock. This is just north of  
Peak Crossing off the Boonah road.

It is not a long walk and we will be mainly  
following old timber roads, some of which may be  
a little steep. The final short climb up Mt.  
Goolman is steep and rough underfoot. However,  
there are spectacular views of the Ipswich area  
from the top of Goolman and also Rocky Knoll,  
which we will pass on the way.

The beauty of this walk is that it is close to  
Brisbane and you don't have to drive for hours to  
enjoy a good walk.

Looking forward to seeing you on this interesting  
walk.

Pat.

**13<sup>th</sup> AUGUST, WEDNESDAY  
THE 48<sup>th</sup> M<sup>t</sup> BARNEY MASS  
DAYWALK or OVERNIGHTER**

**Leader:** Phil Murray PH: 5522 9702  
or 0413 307 580  
**Meet :** St Brigid's Car Park, Red Hill  
**Time:** 5:00am SHARP  
**Grade:** L 66  
**Cost:** \$20:00 in car pool cars, or \$2 per  
person for those going privately



**Web:**<http://www.epa.qld.gov.au/projects/park/index.cgi?parkid=71>

**Category:** Wedge tail

**Emerg Off:** Susan Murray

**Ph:** 5522 9702



The walk starts at Yellowpinch – 7:15am & departing from Yellowpinch at 7.30am.

The Barney Mass is a day for all Club members to celebrate Mass on top of a mountain. This trip is the standout event in the year and it is this tradition that helps make our Club so special. It is a memorable day and is a trip all members should aspire to do. All current and former members are invited to attend.

The routes are Peasants Ridge (leader to be advised) and probably South East Ridge (Phil Murray) but plans for this Barney Mass are flexible.

The trip to the top of Mt Barney is hard and long but it is so rewarding – great views, great country, great wildflowers and great company. This trip could be described an easy walk for the very fit and a very hard trip for those still dreaming of getting fit.

The Mass time is approximately 1'ish but is flexible depending on when the walkers arrive. The trip down Peasants Ridge has a few challenging bits. But we cope each year.

Bring the usual daywalk stuff and ensure you have a torch, raincoat and jumper. I suggest you bring at least 2 litres of water for the walk. . It could be a bit cool on top at lunch time so bring a jacket or woolly jumper and perhaps a beanie. Last year we got a 5 minute rain shower just before Mass so make sure you bring a raincoat.

It will be a long day but it is a trip worth doing. Last year there were 45 people in attendance. Hopefully, we will have a similar number this year.

This year Fr Gerard McMorrow of the West Chermshire parish has very kindly accepted a request from our Club to celebrate the Mass at the usual site on top of the mountain. (I will need someone to drive Fr McMorrow down on Wednesday morning.)

I plan to make use of the school bell that Willie Hayes gifted to the Club at the 50<sup>th</sup> Anniversary celebrations, by ringing it 20 minutes before the Mass time. I am sure the sound from the Bell will be clearly heard on top of the mountain.

Phil

### **Celestial Data.**

**Sunrise:** 6:20am; **Sunset** 5:26pm; **Length of day;** 11h 05m 24s, **Actual Noon;** 11:53am

**Moonrise** 1.56pm; **Moon Noon** 9.11pm; **Illumination** 88.7%; **Full Moon** is on Sunday 17/8/07

## **15<sup>th</sup> AUGUST, FRIDAY JOHN TOOHEY SOCIETY UNION JACKS**

**Contact:** Phil Murray on 5522 9702  
or 0413 307 580

**Time:** From 4pm till 9ish

**Where:** 127 Charlotte Street (between Edward & Albert)

**What For:** For a chat and a beer and a meal

**Web:** <http://www.unionjacks.com.au/>

**Category:** Wales, England, Scotland, Ireland

**Emerg Off:** Michael S

**Ph:** 0409 620 714



For the month of June we are meeting at Union Jacks. The place has an atmosphere of an old English Pub. It is just 100 metres south of the Edward St and Charlotte St intersection. So come along and have a chat and a drink and a meal and start dreaming and planning your next overseas trip.

## **16<sup>th</sup> AUGUST, SATURDAY KARAWATHA FOREST WILDFLOWER WALK DAYWALK**

**Leader:** Maxine **Ph:** 3202 4699  
or 041 2 637 670

**Meet at:** Roma St Train Station

**Time:** 8am for the 8.01am Beenleigh Train  
OR Trinder Park Railway  
Stn at 8.45 (On the western side)

**Cost:** \$10 incl train fare

**Grade:** S 2 2

**Web:** <http://www.karawatha.com/>

**Category:** Wombat

**Emerg Off:** Mike Brophy

**Ph:** 0421 024 867



As winter passes and the weather warms up this will be a great walk to brush away the cobwebs and explore local Forests.

Karawatha Forest is 600 hectares of bushland on the southern edge of Brisbane. It has 270 species of plants, from huge eucalyptus and an understorey of wattles, peas, banksias, boronias, hibbertias. After the recent rain we should have a wide variety of wildflowers out.

The walk starts at Trinder Park station and enter the forest at Elizabeth Street. The walk will be a circuit. We head south after entering the forest and explore the wildflowers near the wetland area and then cutting across to Paratz Lookout for the views of Flinders and Barney. We will have a morning tea / early lunch at the lookout at 11ish. We will then head back to the start via the water tower and the sandstone ridge area and look at the wattles and pea flowers on the exposed ridge.

This Brisbane parkland is home to local wildlife and plant life. Open forest woodland, heathland and native grasses are found in this area. We will be looking for wildflowers, native herbs growing alongside melaleucas, brush box, wattles and scribbly gums. Maybe a sleepy Koala up high as we walk and hoping to see red-necked wallaby's, rosellas, scarlet honeyeaters and sacred kingfishers.

The trip is about 10kms and will take about 4 hours. Most of the walking is on flat forestry fire tracks but there are a couple of little hills. We should finish in time to catch the 1.47 pm train back to Central.

Cheers...Maxine

### **17<sup>th</sup> AUGUST, SUNDAY MUSEUM OF BRISBANE SOCIAL**

**Leader:** Liz Little **Ph:** 3356 4874  
**Meet at:** City Hall Foyer  
**Time:** 4.00pm  
**Cost:** Free entry; own choice meal; \$3 club fee.  
**Location:** City Hall, Brisbane River and Boardwalk Cafe

**Web:**[http://www.museumofbrisbane.com.au/Exhibitions/ComingSoon/ComingSoon/tabid/88/Default.aspx?udt\\_437\\_param\\_exid=73](http://www.museumofbrisbane.com.au/Exhibitions/ComingSoon/ComingSoon/tabid/88/Default.aspx?udt_437_param_exid=73)

**Category:** Fairy Floss

Join us for a delightful three-in-one social event.

First we will have an hour at the Museum of Brisbane to explore and delight in the *EKKA* exhibition.

From there we will make our way to the river for a relaxing, dusk walk under the bridge and past the gardens to Riverside.

Finally, we will settle in at the Boardwalk Cafe for a tasty meal and some stimulating conversation.

Sounds inviting, doesn't it?

### **18<sup>th</sup> AUGUST, MONDAY GENERAL MEETING**

**Contact:** Philip the Younger, President  
**Ph:** 0411 016 864

**Time:** Doors open 7.30pm

**Venue:** St Michael's Parish Hall, 250 Banks St, Ashgrove (the old Dorrington). The hall & carpark are on the lower terrace, down below the church.

Come along to the Meeting to hear what the Club is going to do over the following month.

Stay and talk with your friends – enjoy supper



### **22 - 24 AUGUST, FRI EVENING TO SUNDAY ARVO FEDERATION PILGRIMAGE BASECAMP/DAYWALK**

**Leader:** Greg Endicott **Ph:** 3351 4092  
**Meet at:** St Brigid's Carpark, Red Hill Or at Mt Nimmel Lodge  
**Time:** 7.30pm Friday Or 6.30am Sat Or, when you want  
**Cost:** \$15 for Transport and \$35 Weekend entry = \$50  
\$5 for Sat Daywalk only; \$15 for Daywalk & Bush Dance

**Grading:** Various

**Location:** Mt Nimmel Lodge, 271 Austinville Road, Mudgeeraba

**Web:** <http://au.geocities.com/qldpilgrimage/pilg2008.html>

**AND:**<http://www.totaltravel.com.au/travel/qld/goldcoast/gchinterland/accommodation/caravan/10095272>

**Category:** Wombat, Wallaby & Wedgetail

**Emerg Off:** Michele E: Ph 3351 4092

The Pilgrimage 2008 is organised by The Gold Coast Club, and will be held near Mudgeeraba. The Federation Pilgrimage is the annual get-together of all bushwalking clubs. Last year, we were one of the clubs doing the organising. It is an occasion where you will do a walk that BCBC does not put

on (as we do not often go to this part of the world), and where you can go to a Bush Dance, as well as meet fellow bushwalkers from other clubs. There are so many walks put on in the Gold Coast Hinterland by the club that knows the area the best, that you will find an interesting walk that will only be on the Calendar this once. Everyone must go to one Pilgrimage in their lifetime.

Walks range from a stroll through to difficult - with everything in between. There is something for everyone. Go to an area where BCBC does not often visit.

**PROGRAM:****Friday 22<sup>nd</sup> August 2008**

|                 |   |
|-----------------|---|
| 12 noon onwards | Registration of arrivals and setting up camp  |
| 7pm - 10pm      | Walks sign on sheets available. (Due to distance to be travelled to the start of some walks there may be a small petrol contribution amount required - this will be indicated on each walk description)                   |
| 6pm until late  | Supper supplied by GCBC - soup, coffee, tea etc (please BYO cups)   |
| 7pm onward      | LCD projector and big screen available - Bring your digital photos or videos on CD, DVD or USB memory stick<br>Bright Ideas for Walking & Camping - Show & Tell. Display and share your bright ideas and innovative items |

**Saturday 23<sup>rd</sup> August 2008**

|                    |  |
|--------------------|--|
| 6am onwards        | Registration of arrivals   |
| 7am onwards        | Staggered walk departure times. One of two of the walks may depart earlier if required   |
| Throughout the day | Coffee and tea available. Self guided orienteering course will be available<br>Non-walkers may like to take advantage of visiting some of the local scenic spots |
| 3.00pm             | Damper Cooking Demonstration - BYO ingredients and camp oven   |
| 5pm onwards        | Return of walkers. Everyone arranges their own evening meal, but supper will be provided at the Bush Dance   |
| 6.30pm onwards     | Bush Dance with "Band O Coots" in the Mt Nimmel Hall. Dress up in Bush Olympics theme  |
| 8.30pm             | Light supper supplied by GCBC (please BYO cups)  |

**Sunday 24<sup>th</sup> August 2008**

|                |   |
|----------------|---|
| 7am - 9am      | Breakfast available   |
| 8am - 9am      | Bush Poetry   |
| 7am - 11am     | Swap and sell your pre-loved bushwalking gear (please have all items clearly marked with price and your name) |
| 9am - 11am     | The Games (organized by GCBC)   |
| 11am - 11.30am | Speeches, Presentations and Passing on of the BOOT  |
| Midday         | Pilgrimage close  |

**WALKS**

| WALK   | BRIEF DESCRIPTION   |
|--|---|
| <b><i>Off-Track Walks (all or in part)</i></b>     |   |
| 1. Horseshoe Falls circumnavigation                | Follow Waterfall Ck down off Springbrook; return via Great Walk |
| 2. Tallebudgera Cream Track to Mt Gannon Ridge     | Ascend to Springbrook, then across to Mt Gannon                 |
| 3. Currumbin Valley to East Cougal and Boyds Butte | Prominent rocky features at the end of Currumbin Valley         |
| 4. Little Nerang Creek West Circuit                | Down a ridge to Little Nerang Dam, then back up the creek       |
| 5. Pages Pinnacle                                  | Prominent rocky pinnacle overlooking Hinze Dam                  |
| 6. Bally Mountain                                  | Centrally located mountain, overlooking two valleys             |
| 7. Currumbin to Tweed Five Ridges                  | Follows a series of ridges close to suburbia                    |

|   |   |
|---|---|
| 8. Springbrook to West Cliffs                       | Follow the western cliffhines of Springbrook Plateau            |
| 9. Nerang State Forest                              | Follows Coombabah Ck into its rainforested upper reaches        |
| 10. Mt Nimmel to Springbrook Pinnacle & return      | Provides an unusual approach to the Springbrook Pinnacle        |
| <b><i>On-Track Walks</i></b>                        |   |
| 11. Shipstern                                       | Binna Burra walk which overlooks Numinbah Valley                |
| 12. Coomera Circuit                                 | Binna Burra walk following Coomera Creek (recently re-opened)   |
| 13. Mt Warning                                      | Prominent mountain in northern NSW                              |
| 14. Springbrook to Numinbah Valley (via Great Walk) | Follows the recently opened Great Walk                          |
| 15. Purlingbrook Falls to Apple Tree Park           | Continues past Purlingbrook Falls onto part of the Great Walk   |
| 16. Daves Creek                                     | Binna Burra walk which includes many different vegetation types |
| 17. Moran's Falls, Pat & Luke's Bluff               | An assortment of walks near O'Reilly's                          |
| 18. Waterfall Creek                                 | Following Waterfall Ck firetrail upstream in Numinbah Valley    |
| 19. Mt Nimmel Lodge to Mudgeeraba                   | From the campground to Mudgeeraba via Wallaby Creek             |
| 20. Mt Nimmel Lodge to "Flat Top Hill"              | A short walk from the campground to a lookout                   |
| 21. Burleigh Headland and Currumbin Creek           | Includes some beach, headland and creek-side walking            |
| 22. Burleigh to Surfers Paradise Q1 (beach walk)    | A beach walk which ends at the Coast's tallest hi-rise          |
| <b><i>Miscellaneous</i></b>                         |   |
| Kayaking  | Paddling around the Hinze Dam                                   |
| Bike Ride   | Mountain bike riding in Austinville-Bonogin Valleys             |
| Damper Making                                       | On Saturday afternoon, for non-walkers and those back early     |

## BUSH POETS SOCIETY

This year the Pilgrimage will have a Bush Poets Breakfast. It will be between 8am & 9am on the Sunday. This means that the gathered bushies will enjoy some ripping good poems while devouring their brekkie.

The Master of Ceremonies has put out a request for aspiring and budding bush poets, or anyone who can recite a poem to contact him at [mathewsdnunder@hotmail.com](mailto:mathewsdnunder@hotmail.com) or Ph: 5574 5401.

Why not write your own, or just look up anthology and learn it.

## MAKE OUR OWN DAMPER - 3.00pm SATURDAY

Here is your chance to make your own Damper. We will meet Saturday afternoon at 3pm near the campfire area.

Please nominate for this activity on Friday evening please. You will need to bring:

Ingredients: 1 kg SR flour, 1/2 cup milk powder, big knob margarine or soft butter, salt  
(Also, if you would like to add them to your mix, bring along sultanas, currants, herbs, garlic, and beer)

Utensils: a small table, large mixing bowl, camp oven, alfoil, metal dish/plate/cake cooler to fit inside base of camp oven

## THE EDITOR'S REPORT

# The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

# Articles from this publication may be reproduced provided the source is acknowledged.

No bushwalkers were injured in the making of this magazine.



**27<sup>th</sup> AUGUST, WEDNESDAY**  
**CAFE Da CAPPO**  
**COFFEE NIGHT**

**Leader:** Maxine Brophy Ph: 3203 4699  
**Time:** 6.30pm for Dinner, 7.30pm for Coffee & Cakes  
**Location:** 1 Macgregor St, Wilston

This nice indoor/outdoor restaurant serves Mediterranean meals at reasonable cost. It will suit us as it stays open till 11pm, long after we have left. Once a month, we go out for Coffee, and some for Dinner as well.

**28<sup>th</sup> August, Thu to Mon**  
**The Marathon**  
**Throughwalk**

**Leader** Phil Murray Ph: 5522 9702  
or 0413 307 580  
**Meet at** Kanagra Tops at 6.00am  
**Time** Walk starts at 6.15 am  
**Cost** \$15.00 (includes dinner)  
Travel to meeting point is extra  
**Grading** XL 47  
**Location** Kanagra Boyd National Park.  
Just south of Jenolan Caves.

**Web:**  
**Category:** Tiger  
**Emerg Off** Sue Murray  
Ph: 5522 9702



The Marathon is the annual race to the Club Hut (the Shack) of the Sydney Catholic Bushwalking Club. The Shack is located about 25 kilometres due south of Katoomba and 20 kilometres east north east of Kanangra Walls. The route is from Kanangra Tops, down the Gingra Range, crossing the Kowmung River at the weir, then zig zag up to the Shack. The distance in total is 29.9 k.

A big feast on the Saturday night and a shorter walk out on Sunday. Come this year as next year the cost of air travel may be exorbitant. An event to do at least once in your lifetime. This is the last notice for this walk. I have 2 starters now.  
Phil the Elder

**31<sup>st</sup> AUGUST**  
**THE TWINS**  
**DAYWALK**

**Leader:** Paul Evans Ph: 3357 5254  
**Meet at:** St Brigid's, Red Hill  
**Grade:** M45  
**Location:** The Glasshouse Mountains  
**Web:** <http://au.geocities.com/glasshousebw/gmntnshist.html>

**Category:** Wallaby

This is one of The Glasshouses that we do not often walk. It is towards the southern end of the Mountains. It is a double peak – they really stand out, where the saddle goes almost to the level ground around it. There is a lot of long grass covering the rocks underfoot. The slopes are steep and the 2 peaks are very conical.



Come along for a rewarding outing.

**7<sup>th</sup> SEPTEMBER, SUNDAY**  
**BRIDGE TO BRISBANE (B2B)**  
**MORNING WALK**

**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Southern end of the Gateway Bridge  
**Time:** 6.15am (5am at EKKA Grounds for the bus)  
**Cost:** Reg \$30, Post Pack \$2, Bus \$3 = \$35  
**Grade:** M21  
**Location:** Murarrie, over the Gateway Bridge and to the EKKA Grounds  
**Web:** [bridgetobrisbane.com.au](http://bridgetobrisbane.com.au)  
**Category:** Wombat  
**Breakfast:** Mellino's in The Valley Mall  
**Emerg Off:** Greg Endicott  
Ph: 0418 122 995



The 10km event will start near the toll plaza on the Gateway Bridge, travel along Kingsford Smith Drive, continuing along the Inner City Bypass (ICB), exiting onto Mayne Street, into Hamilton Place, then into O'Connell Terrace before entering the EKKA Showgrounds Side Show Alley. The uphill portion of the Gateway Bridge is 1.1km with a gradient of 5.1%. The downhill section is 1.1km.

This event is now a tradition in the Club. About 35 of us gather at Murarrie just after dawn to walk to the finish line with all those other people. We go at our own individual paces talking and looking. Apart from the Bridge, all the rest is flat. Almost anyone can do it – 10km is just over 2hrs - over by 9am. Come along to Breakfast on The Valley Mall afterwards.

**Nominate** online by typing the link above into your computer. Put in your credit card to pay. If you went last year, do you remember your password? The Team Name is "The Also Rans". We are doing the 10km event. I'm taking the Bus from the EKKA Grounds to the start. I'm having the "Kit" posted out to me. Total \$35.00. Club:

Brisbane Catholic Bushwalking Club,  
Occupation: Bushwalker, Mixed, Walking.

Once you have registered, print out everything.  
Write down your Password.

If you have difficulties Nominating, give me a call.

### **Pre-paid bus**

A pre-paid bus service will be available from Costin Street near the EKKA Showgrounds to shuttle competitors to the start. This service is available to all entrants who pre-purchase a bus ticket from the Race Office prior to 4pm on Monday 1 September 2008 (unless sold out prior). Bus tickets are \$3.00 per person.

The first shuttle leaves at 5.00am, last shuttle leaves at 5.30am.

Anyone with a ticket arriving after these times will not be guaranteed a seat.

### **Parking**

Car Park 1 – Located at the Metroplex complex on the corner of Lytton and Creek Roads, approximately 800m west of the start area.

Car Park 2 – Located at the Murarrie Sports Ground on Wynnum Road, approximately 900m from the start area.

Competitors will need to walk the short distance from these carparks to the starting line.

Park at the EKKA Showgrounds and catch the Bus or Train.

A limited number of car parks are available within the EKKA Showgrounds for a fee. Alternatively, there are car parks in the surrounding streets.

Please obey all regulated traffic parking signs and do not obstruct driveways.

### **Train**

Bowen Hills Station and Brunswick Station are approximately 900m from the EKKA Showgrounds and provide an easy and great alternative to get to the start line. Tickets can be purchased at the train station.

**Depart - Bowen Hills Station 5.43am**

**Depart - Brunswick St Station 5.45am**

**Arrive - Murarrie Station 6.14am**

Once you arrive at Murarrie Station, you will need to walk approximately 900m to the 10km start line – a perfect opportunity to warm those legs up for the big race ahead!

Click here to view maps: **10km event – the start line**

**<http://bridgetobrisbane.com.au/event-info/race-day-schedule.html>**

**Course map – 10km and 5km events**

**Race village map – EKKA Showgrounds**

## **7<sup>th</sup> – 12<sup>th</sup> Nov, Fri to Wed THE COBBERAS CUP WEEKEND WALK IN VICTORIA THROUGHWALK**

**Leader: Phil the Elder 5522 9702**

**Web:**<http://home.pacific.net.au/~deveritt/cobberas.html>

[http://www.melbournebushwalker.org.au/activities/Walks/trip\\_notes/MBW\\_trip\\_note\\_29-10-2004\(2\).htm](http://www.melbournebushwalker.org.au/activities/Walks/trip_notes/MBW_trip_note_29-10-2004(2).htm)

**Category: Tiger**

The plan is to visit the multi peaked mountain known as the Cobberas which are near the Victorian NSW border just south of Mt Kosciusko. They are similar in size and terrain to Mt Barney. The features are pristine country, snow gum trees and a chance to see Australia's last wild brumbies. This is planned to be a joint walk with Catholic Walking Club of Victoria. Contact me for more details.



**2<sup>nd</sup> to 6<sup>th</sup> JANUARY, 2009, FRI TO  
TUES**

## **WILSON'S PROM THROUGHWALK**

**Leader: Michael Simpson Ph: 3351 3810**

**Location: The lowest point of mainland  
Australia (South-eastern Victoria)**

**Web:**[http://www.parkweb.vic.gov.au/1park\\_display.cfm?park=217](http://www.parkweb.vic.gov.au/1park_display.cfm?park=217)

**Category: Tiger**

**Day 1** (12.5km & 3½ hours): Depart Brisbane, go to the Tidal River campground, before a short walk to our campsite at Sealer's Cove. Today includes some climbing.

**Day 2** (14.2km): A relatively flat walk to the Little Waterloo Bay campground. The track passes through forest and along sandy beaches. It has great views from vantage points such as Horn Point. There is a 600m side trip to Kersop Peak with great views of the south coast.

**Day 3** (18.0km): A little climbing as we leave the eastern side of Wilson's Prom and head south and then west to the campground at Roaring Meg. A brief beach walk then head inland and up (several view points along the track) as it leads south to the lighthouse. South East Point and the Lighthouse is a 1.6km side trip and an inspection of the inside of the lighthouse will be arranged. The rest of the day will be through forest.



**Day 4 (16.9km):** There will be a 7.4km side trip to South Point, the most southerly point of the mainland. On returning we will continue north through forest and scrubby heathlands to Half-Way Hut then swing west to follow the track to Oberon Bay. Camp is near the beach beside Fraser's Creek.

**Day 5 (7.6km):** A relatively flat walk back to our starting point at Tidal River. There will be a climb of Mt Oberon, a 6.8km or 2.5 hour return trip with great views of the area, before returning to Melbourne and our flight home.

**Cost:** It is expected the trip will cost less than \$500 for airfares (Bne-Mel-Bne), car hire and permits. It does not include food and personal costs.

Michael.

**10<sup>th</sup> to 19<sup>th</sup> APRIL 2009 - EASTER  
CRADLE M<sup>tn</sup> to LAKE SINCLAIR  
THE OVERLAND TRACK, TASMANIA  
THROUGHWALK**

**Leader:** Michael Simpson Ph: 3351 3810

**Location:** Central Highlands of Tasmania

**Web:** <http://www.overlandtrack.com.au/>

**Category:** Thylacine

**Day 1:** Depart Brisbane overnight in Launceston.

**Day 2 (12.8km):** To Cradle Mountain, and walk to Waterfall Valley Hut. (Climb Cradle Mountain on a side trip.)

**Day 3 (17.8km):** Climb Barn Bluff before continuing on to Windermere Hut. (Side trip to Lake Will and Innes Falls.)

**Day 4 (15.1km):** Walk to Pelion Hut with two short side trips to River Forth Lookout and the Old Pelion Hut.

**Day 5 (9.6km):** A rest day today with a climb of Mt Oakleigh - an excellent climb providing a grandstand view of most of the major peaks of the park.

**Day 6 (13.2km):** Walk to Kia Ora Hut, climbing Tasmania's highest mountain, Mt Ossa, and possibly Mt Pelion East.

**Day 7 (21.0km):** Walk to Pine Valley Hut with 2 side trips, with a descent to D'Alton & Ferguson Falls and Hartnett Falls, the finest waterfall on the Mersey River.

**Day 8 (12.4km):** Climb The Acropolis in the morning, a 640m ascent and return then climb to the Labyrinth Lookout, a 430m climb.

**Day 9 (15.5km):** Return to the Overland Track and pass Narcissus Hut to Echo Point Hut, on Lake St Clair, for the night.



**Day 10 (10.1km):** An easy walk to Lake St Clair. Then it's back on the bus and then to Hobart Airport and home.

**Cost:** The trip will cost less than \$800. The break-up is around \$400 for airfares, less than \$100 for accommodation in Launceston, around \$100 for bus fares, \$150 for Overland Fee and \$28 for an entry permit. It does not include food and personal costs.

## **BCBC 50<sup>th</sup> POST-MORTEM**

**For all those who had a part in the 50<sup>th</sup> celebrations – no matter how small.**

We want to write up a "Celebrations Handbook", so we need ideas.

What we want you to do is write up a few paragraphs about what you did for the 50<sup>th</sup>. Even if you helped someone else or did the same as others, we still want you to write up your part.

AND a few more paragraphs on what was done well, and on what was done poorly.

Everyone sees things from different perspectives so we will collect a full picture.

Liz Little will collate all responses, and then pass it onto the organisers for pruning and production of the Handbook.

Greg E.

## **POETRY CORNER**

### **The Cold**

The cold, the cold, the biting cold,  
Knows no discrimination, young or old.  
From the shoulders to the lower zone,  
On the skin and down to the bone.

On the ridges and the slopes,  
To slow the nerves and chill the hopes.  
Toes and fingers numb and aching,  
Precious warmth away it's taking.

Howling wind and driving sleet,  
Freezing ears and frozen feet.  
Powder snow and slippery ice,  
Cuts you down it isn't nice.

Frosty ice on boots outside,  
As in our sleeping bags we hide.  
Haversacks with a coat of white,  
When left outside the tent at night.

But we are made of sterner stuff,  
In canyons cold and mountains rough.  
So we'll light a fire and cook our tea,  
And warm ourselves in good company.

Jim Teys, THE WAYSIDER, No. 205, Oct - Nov 1987



## **PAST EVENTS**

### **MT COOT-THA DAY WALK**

Well we had a great group in attendance on this beautiful walk on Mt Coot-tha. We had original members that have increased their activity with the Club this year, new members that have only just joined us, as well as those people who have become regular walkers over the last couple of years. The final head count on the day was 17.

The afternoon was warm and bright although a storm was forecast for late in the day. We enjoyed the sunshine as we made our way down the Honey Eater Track to the streets of Chapel Hill. This track wasn't too steep and was very stable. There were many little birds twittering in the trees as we made our way from the summit to the streets. It was only as we were enjoying the view of the lovely homes in this suburb that we started to notice the clouds looming on the horizon.

We made our way back to the summit of Mt Coot-tha along the Summit Track. This track was a bit steeper but as we stopped to catch our breath we could turn and look to the west and see the suburbs of Brisbane, as well as Flinders Peak; we also saw how close the storm was getting. It became a race to beat the storm and get to the café.

We enjoyed the light show as we sipped our tea and coffee and bolted just before the storm struck. One memorable sight for me was seeing a patch of sand on Moreton Island reflecting the golden light of the sun; it also happened to be right above the top of the control tower at the airport. Talk about the Olympic Flame!! All in all it was a great afternoon and thanks to all those who attended.

Philip the Younger

### **CUNNINGHAM'S GAP TO EMU CREEK THROUGHWALK QUEEN'S BIRTHDAY LONG WEEKEND**

The weather in Brisbane was rather grim on the first day of the long weekend, but still my chauffer (Michael) collected me and we both set off to Cunningham's Gap. We were going to make a decision about whether to do the through walk once we got to the Gap and saw the weather conditions in the walk zone. I should hasten to add that there were only two nominations (including leader). To cut a long story short we decided to head off by ourselves and meet the base campers on Monday.

The first part of the walk was along the graded track on Mt Mitchell. The bird life was prolific and we were accompanied by birdsong the whole way along this track. We branched off along a ridge and headed into Spicer's Gap. One possible route (the one chosen) took us off the ridge and along rough four wheel drive tracks. The walk through here and up onto the ridge that leads us to Spicer's Peak was longer than we expected and the walk onto the ridge was up a very steep slope and took a lot of energy out of us.

The journey onto the Eastern Peak of Spicer's was easy at the start but became slower the higher we ascended. There were steep drops on either side of us and there were several walls of scunge. At one stage I had to act like a bulldozer to get through the lantana: the backpack came off and it was thrown into the face of the lantana to provide a path for us. Eventually we approached the summit of the Eastern Peak and made camp for the night. We then realized we were not going to reach Emu Creek by Monday. We made attempts to send messages to the base campers to let them know we were going to bail out late on Sunday.

We had a great nights sleep and were woken up to the sounds of lyre birds on the Sunday morning. After breakfast we set off along the ridge to the Western Peak of Spicer's. We reached the West Peak at 10am and made phone contact with our base camp buddies. The descent from Spicer's through the cliff lines took about 2 hours and we had lunch on Cuthbertson Knoll (the little knoll between Spicer's and Double Top. The views back to Cunningham's Gap, Spicer's Peak and Mt Castle were simply spectacular. Moogerah Dam contained significant amounts of water: something I haven't seen in my entire history of walking with our Club.

We scurried through the cliff breaks and reached the summit of Double Top by 3:30pm. We made our descent from Double Top at 4pm and at 5pm realized there was little light left and we were concerned about finding our exact exit from this area. At little bit of exploration (10 minutes) with a compass and map, followed by re-examination of the maps with the knowledge gained from the scouting exercise led us to believe we were no more than 1km from our exit route. To reach there we had to take a southerly bearing and we went from tree to tree with compass in hand the whole time. This was a classic piece of compass navigation and I would recommend to all members of the Club that they familiarize



themselves with the use of a map and compass. It is a great skill for all bushwalkers to have. We road bashed out for 1 hour and a half to get to our rendezvous point.

Unfortunately, our geographical dislocations earlier that day prevented us reaching the rendezvous on time. The base campers had come to collect us and waited for over an hour, then decided to head back to camp. We thank them for their efforts to collect us and in any case we had a warm night in our tents and sleeping bags on the side of the farmer's access road. We hitched a ride out with a member of the Logan and Beaudesert Bushwalking Club and met the base campers at Yangan.

After a beautiful hamburger at the local takeaway we headed home. Whilst this walk was an ambitious one and on the surface we failed to achieve our stated objective of Emu Creek, we have precious memories of beautiful bird song, faced challenges and overcame all difficulties successfully and enjoyed the Australian bush.

Philip the Younger

### **IPSWICH HERITAGE WALK 14<sup>th</sup> JUNE**

This rail and walking excursion proved to be a delightful

outing. The weather was crisp and clear. The rain from the previous week was gone and blue skies prevailed.



The trip from Roma Street took a little longer than expected due to line work. However, we were lucky enough to catch an (almost) express bus from Corinda.

Our walk took us through the Ipswich CBD, past the oldest Anglican Church in Queensland and a couple of heritage pubs to St Mary's Catholic Church. Father Paul was waiting to let us into the church, a truly magnificent building with its stained glass windows and huge Stations of the Cross.

After an inspection of the rest of the *Catholic Precinct*, we ambled along Arthur Street, admiring a variety of houses with many interesting features.

The highlight of Rosedale was a visit to St Brigid's Catholic Church, the largest timber

church in Queensland. The spectacular metal pressed ceilings were just one of the fascinating features.

Maxine had been kind enough to arrange for the church to be open for us, but wasn't expecting Shelagh to be waiting there to give us a tour. What a wonderful surprise!



Half the group chose to enjoy a picnic lunch in a well tended town park. The others adjourned to the Rising Sun Hotel for a country pub lunch. Greg, Paul and Justin joined us at lunch time to bring our total number to 23.

Twelve other members participated: Michele, Michele and Richard, Russ and Jan, Terry, Desley, Rose, Jenny, Grahame, Maxine and Liz. The eight visitors included four past members: Maria and Merv Galvin, Marion Arthur and Julie Philippi. The other very welcome visitors were Angie Simpson, Jenny Allen and Ian Campbell and Julia Cowan.

Many thanks to Phil the Elder for assisting with the pre-outing.

Liz

### **STONY CREEK DAY WALK 15 JUNE 2008**

The day started with a cool crisp morning and the skies were clear and fresh. It was a perfect winter's day. The journey from Brisbane to the Stony Creek Recreation Area was uneventful and the walking started at about 8:30am. We walked the 50m from the carpark to the junction of Stony and Branch Creeks. We worked our way further down stream to a ridge and ascended it. There was no track for us to follow, just the ridge itself. We reached the summit then joined a four wheel drive road and followed it for about 1km and then descended to Branch Creek. The walk along the creek from here was quite pleasant and the creek itself was very beautiful. We had lunch at about 11:45 and headed off again at about noon. Again the progress of the group along the creek was good and it was very pleasant walking. At about 1pm we came across a waterfall. It was a very impressive waterfall and we enjoyed looking at it. There were some great photo opportunities there.

From this point onwards the walk became much more difficult. The banks of the creek were very steep and it was difficult to get back to the water. I won't go into details about this part of the walk, but I will say it was very tough going and has lead to a re-evaluation of the rating of the walk. I said it was an M55, but using our club's system I am prepared to rate the terrain as at least a 6 and the fitness level required as at least a 7: we were walking for about ten and a half hours. The walk was tough and no-one was seriously injured: we all got a few scratches and bruises. There were novice walkers on this walk that probably would not have done the trip had they known everything about the terrain they were going to cover and they acquitted themselves very, very well. Since that walk the Club has decided that only experienced walkers will be able to go on walks like this that are exploratory in nature.

I would like to thank Tracy, Paddy, David and Michael for joining me on this very difficult walk and hope that despite the difficulties encountered during the afternoon that they enjoyed the early part of the walk.  
Phil.

### **THEODORE CLUB 20<sup>th</sup> JUNE - JTS**

This little known club provided one of the most peaceful John Toohey Society meetings ever. We could converse with ease about a range of topics including wombats, wallabies and wedge tails. It was a very relaxing way to end the working week and a must for next year!! It was only slightly ironic that a Catholic group such as ourselves should be gathering in a Mason establishment. We enjoyed infiltrating! The infiltrators included Greg & Michele, Catherine & Michael, Desley, Angie, Julia, Phil (the Elder), Liz, Maree (on her way to the footie, of course!), Grahame, Tracey and Mary-Anne.



Liz

### **MAP READING & NAVIGATION 22<sup>nd</sup> JUNE**

Six of us gathered on Mt Coot-tha for this introductory course. I had local 1:25000 maps of the local area, as well as different types of the Marburg area. By drawing contours & outlines on paper, I gave a theoretical lesson on what to see and interpret on topographical maps. Of Marburg, I had orthophoto, 1:50, 1:25 and 1:10 and cadastral. We could compare scale, land features as well as similarities & differences.

Then it was off to Channel 10 and the park beside it. From here, through the increasingly tall vegetation, we could get bearings on a few features – enough to test the troops.

Then to the kiosk for coffee. Thanks to Maryanne, Paddy, Liz and Grahame for attending and being model students.  
Greg the Geographical.

### **COFFEE NIGHT THE COFFEE CLUB, MILTON 25<sup>th</sup> JUNE**

A change of venue (due to Bean Scene closing early) found the coffee crowd at The Coffee Club, Park Rd, Milton. Apologies to anyone who went to St Lucia after I left.

We merged with the Cafe Scene and beautiful people at the famous Park Rd Cafe strip. Worth the visit just to see the European sports cars parked alongside the cafe's!!

A really nice evening with great food enjoyed by all. On a cool winters night ten brave bushwalkers came along to Park Rd to hear of our escapades on and off the tracks. Excellent service, coffee and meals with us all agreeing the best we have had in ages.

Many thanks to all who came and shared a top evening.  
Cheers..Maxine

### **Movie Night 1<sup>st</sup> July**

Catherine, Liz, Jean and I made it to the Movie Night at Stafford City this month but unfortunately Catherine and I failed to find Jean and Liz although we did communicate by phone. We enjoyed a light meal before taking in the movie, Get Smart. Remember we now meet at Stafford City on the first Tuesday of the month where you can get a movie meal deal for around \$18. Or alternatively you can just take in a movie for \$8. See you there.  
Michael

**MT MAROON.  
SUNDAY 6<sup>th</sup> JULY**

Ten eager walkers tackled this mountain. We were blessed with the weather, after a very rainy Saturday, we were lucky that Sunday was overcast. It was dry for most of the day. We got a few tiny spots when we returned to the cars, perhaps it was Mother Nature's way of reminding of how lucky we were as we could have been washed away by frequent showers as was forecast.

As hoped for the Scarlet Pea (*Bossiaea rupicola*) was in flower and put on a dazzling display of rich red colours from fire engine red to a dark red similar to claret. They were just superb. There were numerous others little gems in flower: the purple Matchheads (*Comesperma esulifolium*), the bright yellows of the Holly Leaf pea (*Podolobium ilicifolium*), and the Guinea Flowers (*Hibbertia sericea*). And thanks to Michele we even spotted the very elusive Mt Lindsay Daisy (*Helichrysum lindsayanum*).

We had a very late morning tea at the top of the gully and then we traipsed across the summit

plateau to the huge cairn on the south peak. There were spectacular views of Barney, Ernest and Lindsay to the south and great views to the west of the Main Range and the Moogerah peaks.

The plan was to zip across to the north peak as well but we decided to leave that for another day. Possibly next year. The wildflower display this year (mid-winter) was far superior to the last wildflower walk we did in September 2003 (early spring).

Thanks to those who came with me on the day - Greg Endicott, Jan Nelson, Maria Kerruish, David Hill, Therese Abernethy, Michele Johns, Robyn Thorn, Terry Silk and Philip Kearns. And thanks to Greg and Phil the Younger for driving.

The aboriginal name for Mt Maroon is Wahlmoorum and means sand goanna - wahl means sand and moorum meaning goanna. Apparently the English word Maroon was derived from the truncated pronunciation of Wahlmoorum.

Phil Murray

## **Pilgrimage 2008**

### **Registration Information**

#### **The Gold Coast Bushwalkers Club Inc will be hosting Pilgrimage 2008**

Date: 12 noon Friday 22<sup>nd</sup> - Sunday 24<sup>th</sup> August 2008  
Venue: Mt Nimmel Lodge, 271 Austinville Road, Mudgeeraba

| Options                                   | Cost per person   | What your registration fee entitles you to   |
|---|---|--|
| <b>Whole Weekend</b>                      | \$30 - pre-paid<br>(\$10 under 14 yrs - pre-paid)<br>\$35 -paid at event<br>(\$15 under 14 yrs - paid at event) | Accommodation at Mt Nimmel Lodge Friday and Saturday nights (camping, caravan, campervan, cabin)<br>Supper - Friday night<br>Walks organised by the GCBC<br>Bush Dance - Saturday night with light supper<br>Sunday morning breakfast<br>Coffee and tea available all weekend<br>Games on Sunday morning<br>Badges will be issued on arrival which will entitle the wearer to the above activities |
| <b>Saturday Day Walk &amp; Bush Dance</b> | \$15 (adults)   | Walks organised by the GCBC<br>Bush Dance -Saturday night with light supper<br>Badges will be issued on arrival which will entitle the wearer to the above activities  |
| <b>Bush Dance</b>                         | \$5 (14 yrs & under)  | Payable at the door  |
| <b>Saturday Day Walk Only</b>             | \$5   | Walks organised by the GCBC  |

**How to register:** Fill in the attached Registration Form and mail with the correct fee to the address on the form.

**Please Note:** Pre-payment can only be made by mailing either a cheque or money order to the address on the form. Please do not send cash by mail. Your registration will be confirmed by email only and a receipt will be issued when you check in at the Pilgrimage.

**Theme:**

The theme for the Pilgrimage is “Bush Olympics” so come dressed accordingly to the Bush Dance on the Saturday night.

**Accommodation:**

Camping: There is a camping area for tents but this is a “walk in” base camp area - all vehicles must be parked in designated parking areas.

Camper/vans/trailers and caravans: There are limited sites available and these will be allocated on a first come basis on the day (no powered sites)

Cabins: Bunk beds with mattresses (BYO bedding), lights in cabins but no power points - Six Cabins with 8 beds and One Cabin with 4 beds. Bookings for the cabins will be accepted on a per club basis, each club/group will have an 8 bed cabin.

**Facilities:**

Tables and bench seating under cover

Toilet and shower block - hot water provided by wood chip heater

**How to get to Mt Nimmel Lodge:**

Please follow the “How to get there” link for a map and directions

**Need more Registration Forms?**

Registration Forms can be downloaded from the web site: <http://au.geocities.com/qldpilgrimage/>  
or email [jenkl@bigpond.com](mailto:jenkl@bigpond.com)

**How to Get There**

**Mt Nimmel Lodge Campground - entry location descriptions**

1. Road: 271 Austinville Rd, Austinville.
2. UBD Reference: Gold Coast Map #67:A6
3. Click on [Mt Nimmel Road Map](#). (pdf document (157 KB)  
Mudgeeraba can be accessed via the Pacific Highway (M5):
4. Travelling south: Exit 79  
Travelling north: Exit 80

**Pilgrimage 2008**

**The Gold Coast Bushwalkers Club Inc**

**Registration & Pre-payment Form**

*(Please print clearly)*

**PARTICIPANT DETAILS:**

| Last Name | First Name | Name of Your Club | Age<br>(if 14 or under) |
|-----------|------------|-------------------|-------------------------|
|           |            |                   |                         |
|           |            |                   |                         |

For insurance purposes any participants, who are not members of a bushwalking club affiliated with the Queensland Federation of Bushwalking Clubs, must become a member of an affiliated club before being allowed to attend.

|                        |              |                  |
|------------------------|--------------|------------------|
| <b>Postal Address:</b> |              |                  |
|                        |              | <b>Postcode:</b> |
| <b>Email:</b>          |              |                  |
| <b>Phone:</b>          | <b>Home:</b> | <b>Mobile:</b>   |

**TYPE OF ACCOMMODATION REQUIRED:**

☐ Tent                      ☐ Caravan                      ☐ Camper/Trailer                      ☐ Cabin

**PAYMENT:**

| OPTIONS | NUMBER OF PEOPLE | COST PER PERSON | \$ |
|---------|------------------|-----------------|----|
|         |                  | \$30 – pre-paid |    |



|   |  |                                    |           |
|---|--|------------------------------------|-----------|
| <b>Whole Weekend</b>                          |  | (Under 14 yrs) \$10 - pre-paid     |           |
|   |  | \$35 – pay at event                |           |
|   |  | (Under 14 yrs) \$15 – pay at event |           |
| <b>Saturday<br/>Day Walk &amp; Bush Dance</b> |  | \$15                               |           |
| <b>Saturday<br/>Day Walk Only</b>             |  | \$5                                |           |
| <b>TOTAL COST:</b>                            |  |                                    | <b>\$</b> |

Please Note: Your registration will be confirmed by email only and a receipt will be issued when you check in at the Pilgrimage.

**PAYMENT BY:**      ☐ **Cheque**      ☐ **Money Order**

Please make cheques/money orders payable to *Gold Coast Bushwalkers Club Inc* and mail with registration form to:

**Pilgrimage 2008 Registration**  
**C/- 24 Glass Street**  
**Ashmore Qld 4214**

#### **Privacy**

The information collected will only be for the purpose of the 2008 Pilgrimage. It will not be used for any other purpose and will be destroyed when it is no longer required.

#### **OFFICE USE ONLY**

Date Received: ..... Registration confirmed: ☐ Emailed

## **ENVIRONMENTAL CELEBRATION**

**19<sup>th</sup> JULY TO 3<sup>rd</sup> AUGUST**

### **PEAKS TO POINTS 2008 FESTIVAL BRISBANE SOUTHSIDE'S BIGGEST ENVIRONMENTAL CELEBRATION!**

**Celebrating our precious creek catchments  
and natural areas,  
from Flinders Peak to Moreton Bay.**

More than 30 activities over 2 weeks, including:

- Bush walks at Spring Mountain, Daisy Hill, Whites Hill, Karawatha Forest, Point Halloran
  - Community open days at Kyabra St Gardens Runcorn, Les Atkinson Park Sunnybank, Greencamp Rd Lota, Mayfield Park Moorooka, Whites Hill Reserve Camp Hill and Pallara Parklands
  - Bus tours of the Greenbank Military Training Area and BCC water efficiency projects
  - Night time spotlighting adventures at Forestdale and Daisy Hill
- Festival Family Day – A Day For Everyone  
Breakfast At The Wetland  
Great Centenary Brisbane River Walk 2008  
Discover Daisy Hill  
Spring Mountain Ridge Walk  
Artists Gathering At White Rock  
Wolston Creek Wildlife Walk  
Go Walkabout At Whites Hill Reserve  
See Oxley Creek By Canoe

Find Your Feet In The Forest  
Paradise Park Spotlighting Adventure  
Koalas, Kites And Fresh Sea Air  
Walk With Kangaroos At Pooh Corner  
Take A Bus Behind The Wire  
Cooking The Poo  
Cross The Bridge Towards Reconciliation  
Twilight At Nosworthy Park - An Evening For All The Family  
Green Thumbs Gathering  
Rocks Community Farm Open Day  
Investigate The Aquatic Underworld  
Caring For The Bush At Les Atkinson Park  
Greencamp Road Get Together  
Greening Up At Graceville  
Hoop Pine Hoopla  
Whites Hill Corridor Community Day  
Go Green With The Experts  
Who's Who From What's What?

Look at  
<http://www.peakstopoints.com.au/index.php?MMID=1269>

**Free activities at Festival Family Day**  
**Sunday 20 July, 10am – 4pm,**  
**Oxley Creek Common, Sherwood Rd,**  
**Rocklea**

For festival details go to:  
[www.peakstopoints.com.au](http://www.peakstopoints.com.au)  
or phone the Oxley Creek Catchment Association on 3278 2899

# **Bushwalking Australia**

## **Face to Face Meeting**

### **Brisbane - 22-23 November 2008**

Bushwalking Queensland Inc. will be hosting the 2008 Bushwalking Australia Inc. Face to Face Meeting and AGM in Brisbane on the weekend of 22-23 November.

Interstate delegates would like to meet representatives from local bushwalking clubs over the weekend, and consequently this event is being thrown open for attendance by local bushwalkers as observers.

The weekend will take the form of a conference, with working sessions on Saturday and Sunday. There is a social evening planned for Saturday night which will be a drinks / meal / AV presentation event. There are also plans for a bus trip and walk to a local national park on the Monday following for delegates who choose to stay an extra day. All or any of these activities will be available for local bushwalkers.

The venue will be Riverglenn conference centre at Indooroopilly. This is an easy 8 km drive from the CBD, or 1.5 km walk from Indooroopilly Station. Ample free off-street parking is available. Website: [www.riverglenn.com.au](http://www.riverglenn.com.au)

The conference will be fully catered, and registration procedure, program and itemised costs will be forwarded closer to the event. Delegates or their respective organisations will be responsible for all costs.

This will be an excellent opportunity for bushwalkers to gain an insight into the workings of Bushwalking Australia and to network with the delegates. The standard of deliberation and papers presented at the 2007 Face to Face meeting in Sydney was very high. Attendees will be impressed with the collective knowledge and administrative experience of the delegates. There will be opportunity for input from observers; the aim is to formulate the best approach on a host of issues for the benefit of all bushwalkers Australia wide.

John Marshall Sec. - Bushwalking Queensland Inc. Email: [gfbwc@yahoo.com.au](mailto:gfbwc@yahoo.com.au)

## **BUSHWALKING QUEENSLAND**

### **Resolutions:**

1. "That BWQ make an offer to QPW (Queensland Parks and Wildlife), to assist with the re-construction work on tracks damaged

earlier this year in the heavy rain in Lamington National Park." .....carried.....

2. "That BWQ accepts the Risk and Safety Management System (RSMS) Handbook as compiled by Mr. Geoff Dickie, as the authorised set of guidelines for affiliated clubs to use as they see fit when formulating their own RSMS plans." .....not carried : 2 for, 4 against.

A discussion indicated general support for a revised document, to shorten and simplify it, and to correct a couple of inconsistencies.

### **Other Business:**

a) Affiliation with QORF (?) Discussion of possible advantages to BWQ re assistance from government, access to relevant resources, funding for training, use of meeting rooms.

b) Great Australian Bushwalk - CMG suggestion for Qld. clubs to commemorate 100 years of Qld. national parks

c) The Great Cancer Walk.

d) BWA Face to Face Meeting - decision process to book venue. More detailed info in due course. Date fixed at November 21-23, 2008. Venue will be at Indooroopilly, Brisbane.

e) Reciprocal membership - feedback from clubs. Questionnaire to be sent to clubs, esp. addressing insurance issues.

f) RSMS Draft - on website: Remove from website pending reworking of draft.

g) Trails Australia - feedback re: formation of new body.

h) BWA Obesity submission - Towards A Walkable Australia.

i) Pilgrimage: Registration forms have been emailed to clubs, BWQ to encourage participation by clubs.

j) Mt. Barney project. Formal Motion of support to be put in September.

k) QPW - Review of Management Plans for 21 Parks (closes 27-Jun-08). Insufficient notice given to BWQ.

l) Discussion on Funding for Accident Research. FMR involved previously, could restart the project.

m) Mt. Beerwah – reported closed indefinitely due to rock fall. – check EPA website.

n) Discussion on children participating in walks. Guardian to sign waiver on their behalf.

o) Bushwalking Australia Risk Management policy. BWA in process of developing a policy for member federations.

p) Discussion on 'meetup.com' hiking groups. 3 hiking groups active in S.E.Qld., walks arranged on website, not a formal organisation, but growing rapidly in numbers. Merits or otherwise of BWQ contacting them were discussed.

**Next Meeting:** Thursday 31st July. Tentatively regional, at Redlands. To be confirmed.  
**Meeting Closed:** 8:30 pm

## **FMR**

Q'ld Parks & Wildlife are currently organising a professional geotech assessment of the rock fall site on Mt Beerwah. Until such time the access to the summit of Mt Beerwah will remain closed. The assessment will consider the likely hood of further rockfall and assess what would be required to make the route safe for access. There is significant rock debris strewn along the access route which poses considerable risk particularly associated with people dislodging rock on climbers below.

For your information the EPA is currently planning to review the Glass House Management Plan over the coming year. This will be a good opportunity to have input into the future management of the park.

## **HERITAGE TRAILS OF THE GREAT SOUTH EAST**

This colourful and fascinating guide presents almost 600 historic places within easy reach of Brisbane. It covers an area extending from Coolangatta to the Cooloola Coast and westward to the Darling Downs.



This guide contains 8 heritage trails (Gold Coast Hinterland, Fassifern Valley, Brisbane River Valley, Toowoomba, Southern Downs, Granite Belt, Sunshine Coast and Forest Ranges), covers over 60 historic towns as well as nearly 600 heritage places including historic trees, state forests, national parks, lakes and dams, hotels, houses and homesteads, town halls, post offices, shops, schools, theatres, churches, cemeteries, wartime airfields, railway stations and bridges.

Soft cover, Full colour, including over 400 photos and maps, 168 pages

Order Code: HTGSE, QORF Member Price: \$26.95, Non Member Price: \$29.95

## **PHIL'S THYLACINE**

By Phil the Elder

**Andrew Lock Update** –Some of the Club's founding members were keen rock climbers and

mountain climbers and it is important that we maintain a link with our climbing heritage and rejoice in the achievements of Australian Climbers. Andrew Lock is now recognised as Australia's most accomplished climber and recently successfully climbed Mt Makalu, which is the world's 5th highest mountain at 8,470 metres high. Makalu is located about 50 kilometres due east of Mt Everest. It was a four day climb up from basecamp. He reached the summit on 21 May 2008.. Andrew only has to climb Mt Shishapangma in Tibet to climb all fourteen. 8,000 metre peaks. He will be the first Australian to achieve the feat.

### **Federation & Bushwalking Queensland**

At the last Bushwalking Australia (BWA) Face to Face Meeting held in Sydney last November, the concept of developing a common walk grading system for Australian bushwalking clubs was discussed. BWA approved of the idea in principal, in consideration of the potential benefits it might offer to clubs. Bushwalking Australia has become involved with a project being undertaken by the Victorian Dept. of Sustainability and Environment, which is developing a walk classification system for state forest recreation trails in Victoria. The opportunity to seek input from land management agencies across Australia has also been recognised, with a view to developing a national standard for walk classifications.

**Wild Magazine** – the latest edition has just been issued and has excellent articles on the Overland Track and Hinchinbrook Island. It also has an article about Dot Butler a pioneer of bushwalking. She also had a claim to fame as being one of the original 'tiger walkers'. The major sobering news is that of her 4 children 3 died before her.

## **SOME VIEWS ON OUTINGS PLANNING**

I wasn't at the June meeting and apparently there was some criticism of the idea about Tiger Walks. I suppose the idea is basically suggesting a change, and change often provokes an adverse reaction. I still think the idea has great merit and as a Club we need to embrace new ideas that will help build and develop the Club.

At present the Club only has a small group of dedicated hard walkers who are regularly able to get out and do the hard walks. We need to push the envelope and make it more attractive for other members to embark on these more challenging walks. As part of the publicity for the walks is to give the walks a label or brand so it is

easy to identify them and give members something to aspire to. These special walks may also stir some of the semi-retired hard walkers in the Club to make an effort to come on these Tiger walks twice a year.

So rather than talk about it we need to plan what walks to put on and when to hold these walks. More details next month.

Yours in walking. Phi

## PHIL MURRAY'S "EASY WALKS" PROGRAMME

| MONTH                       | Theme             | 2009                    | 2010                     | 2011                    | 2012                      | 2013                               |
|-----------------------------|-------------------|-------------------------|--------------------------|-------------------------|---------------------------|------------------------------------|
| <b>Jan</b>                  | Riverwalk         | New Farm to City        | Uni & Corso              | Southbank to Uni & retn | New Farm to Brett's Wharf | New Farm to City                   |
| <b>Feb</b>                  | Little Kings      | Sherwood                | Sherwood                 | Sherwood                | Sherwood                  | Sherwood                           |
| <b>March</b>                | Mt Glorious       | Boombana & Jolly's Lt   | Green Falls              | Piper Comanche          | Mt Northbrook             | Mt Tennyson Woods                  |
| <b>April</b>                | City Walks        | Rochedale to Burbank    | Mt Gravatt to Southbank  | Mitchelton to Toombul   | Camp Hill to Chermerside  | Centenary Oxley & Lakes            |
| <b>May</b>                  | Mother's Day Walk | Shorncliffe to Woody Pt | Wynnum Foreshore         | Woody Pt to Scarborough | Cleveland Stn to Point    | Southport to Labrador              |
| <b>Jun</b>                  | Heritage Walks    | Paddington              | Ipswich – Queens Park    | Forest Hill & Marburg   | Toowong                   | Brisbane city                      |
| <b>Jul</b>                  | North Coast       | Ewan Maddock Dam        | Noosa National Park      | Kin Kin                 | Mt Emu & Weyba Lake       | Mt Tinbeerwah Dularcha Tunnel walk |
| <b>Aug</b>                  | Wildflower Walks  | Toohey Forest           | Quinzech Rock            | Helidon Hills           | Karawatha Forest          | White Patch Bribie Island          |
| 1 <sup>st</sup> Sat in Sept | Chaplain's Walk   | Balancing Rock O'R's    | Moreton Island           | Cave's Circuit          | Stradbroke Island         | Elabana Falls                      |
| <b>Sept</b>                 | Great Oz Bushwalk | Mt Edwards              | Mt Mitchell              | Pat's Bluff             | Mt Mathieson              | Castle Crag                        |
| <b>Oct</b>                  | Beach Walk        | Burleigh to Southport   | Mooloolo R to Maroochy R | Pottsville to Fingal    | Caloundra Beaches         | Maroochy to Sunshine Bch           |
| <b>Nov</b>                  | Rainforest walk   | Dave's Creek Ccuit      | Twin Falls Circuit       | Obi Obi Lookouts        | Elabana falls             | Kondalila & Mapleton Falls         |
| <b>Dec</b>                  | Bay Islands Walk  | Coochie Mudlo Is        | Karragarra Island        | Macleay island          | Peel Island               | Lamb Island                        |

## SAFETY & TRAINING

Bushwalking is an outdoor sport and sometimes we push ourselves a bit. Most of us are no longer in our twenties and thirties so we are more at risk of a heart attack or a stroke. This month I thought I would include a great little article I came across in the VicWalk monthly Newsletter (February 2006, Page 2) about stroke awareness. (Vicwalks is the Federation of Victorian Walking Clubs Inc.)

### Stroke Recognition

Scenario: A barbecue guest stumbles and has a minor fall, drops her plate of food. Says she is OK and refuses offers to call ambulance. Blames it on tripping over a brick because of her new shoes. Appears a bit shaken up. Dies in hospital later that evening. Had a stroke at the barbecue.

Strokes are common and serious. Although most strokes occur in older people, strokes can happen in people of all ages.

Recognising a stroke: Sometimes symptoms of a stroke are difficult to identify.

Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognise the symptoms of a stroke.

The signs of stroke are:

- Weakness or numbness or paralysis of the face, arm or leg on either or both sides of the body
- Difficulty speaking or understanding
- Dizziness, loss of balance or an unexplained fall
- Loss of vision, sudden blurred or decreased vision in one or both eyes
- Headache, usually severe and of abrupt onset or unexplained change in the pattern of headaches
- Difficulty swallowing

Doctors say a bystander can recognise a stroke by asking three simple questions:

- 1 Ask the person to smile;
- 2 Ask them to raise both arms;



3 Ask the person to repeat a simple sentence (coherently), ie "It is sunny out today"  
If the person has any difficulty with any of these tasks, call 000 immediately and describe the symptoms to the dispatcher.

The above test was found to be the simplest way for a bystander to identify facial weakness, arm weakness and speech problems (three early warning signs) exhibited by a stroke victim.

The above information was presented at the American Stroke Association's Annual Meeting - February 2005.

## **THE FINAL WORD ON WALK DESCRIPTIONS**

At the John Toohey Society Meeting on Fri 20<sup>th</sup> June, after the members finished discussing nature, plant classification and Australian wildlife, the topic of "Walk Descriptions" came under the glass. Last month's dissertation in Jilalan on classifying walks we considered to be "foreign" for three reasons.

1. The term "Tiger Walk" originated down south, with the Mexicans. What is good across The Tweed is not necessarily relevant to the north of it. There is no need to bring their nomenclature when you move into the light. And why not call them "Thylacine Walks". We say "Phooey".
2. Why should the "tough" walkers have a name to themselves – this is not inclusive, as it excludes about 95% of BCBC. It is not full strength.
3. A Tiger is carnivorous, and destroys smaller vertebrates. It sneaks around and stalks its prey. In truth, it is a nasty piece of work. Thus, the term leaves a bitter taste in the mouth. It is dark.
4. A Tiger is a foreign animal, unknown in good old Oz. We have Swan, Emu, and Red Back. Why should we celebrate our walks through our eucalypt and paperbark forests with the name of an exotic animal? These sentiments are not boagus.

I hope an argument is not brewing? But, there can be no beating around the barrel.

At the JTS Meeting, the discussion was rather one sided, with the Members weighing up all the cons, and not finding many pros. There was no need for strongarm tactics. A resolution was passed that from this point forward, trips will be classified according to an increasing scale of animal names.

1. Wombat Walks: for those walks where participants are endurance challenged. These will be the walks within the city and nearer outer areas, which are usually done by mothers pushing prams – where a Tiger would be very dangerous indeed. This type of walk is for those who amble along. A wombat does nothing more harmful than eating roots & leaves.
2. Wallaby Walks: for those walks where participants are not fitness deficient. These walks would include some off-track, maybe some height increase, and perhaps long grass will be encountered. It is not for the foolhardy. A real mid-strength walk. Wallabies are soft on the environment, doing no damage.
3. Wedge Tail Walks: for the walks where participants are not fear challenged. Walks in this top category are for the stout hearted, full strength walker. This category replaces the "Tiger" walks, and examples include: Stony Creek, Cunningham's Gap to The Steamers, and Mt D'Aguilar to Mt Samson. A wedge tail is at the top, strong and dominant.

Visitors are the life fluid of the Club, and as such, need to be encouraged to flow through the range of possibilities fermenting from the bottom to the top. People need to be developed, moving on from the basic walks, through the mid range, to lager at the top of the barrel. We need to tap their spirits. Thus, a discussion was had on how to do this. So, late in the evening, it was decided by all concerned that rewards were needed as incentive.

We are to keep a register of attendees on walks, to put a cross beside their name as they complete a walk, and to present a certificate at the meeting when they do their first walk in each of the Wombat, Wallaby & Wedge tail categories. After 4 Xs beside their name, to present a cloth badge to sew onto their shirt for the category just completed. This is a visible way for less esteemed members seeing the skill of the newer member and wishing to emulate the standard so attained. With this in place, newer members wishing to upgrade will cascade, leaving everyone with higher skill levels.

After this, there was not a tear to be seen – all eyes were extra dry.

If you don't want to be ice cold, keep out of the draught.

And not least, other clubs will be impressed by our standard.

Richard Cranium.

# THE HISTORY OF THE CHURCH

A seven part series given by Fr Chris Hanlon on Tuesdays beginning 5<sup>th</sup> August and finishing

16<sup>th</sup> Sept at St William's Parish Hall, Dawson Pde, Grovely, commencing 7.15pm. Cost: a gold coin or two donation

## HOW WE ORGANISE OURSELVES

**VISITORS** – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

**VISITORS** are always welcome.

### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

**<http://www.geocities.com/briscathbushclub/EmergOffSyst.html>**

**EQUIPMENT HIRE:** The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/weekend, Tents \$5:00 – Deposit of \$20:00 required.

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

**MANAGEMENT COMMITTEE:** All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

**MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$35; Associate Members: \$26; Spouse Members: \$9.00; Country: \$26.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

## **CONTACTS**

|  |   |              |
|--|---|--------------|
| Postal Address   | PO Box 31, Red Hill, Qld 4059   |              |
| E-Mail   | briscathbushclub@yahoo.com.au   |              |
| Web  | www.geocities.com/briscathbushclub/   |              |
| President  | Philip Kearns   | 0411 016 864 |
| Vice President   |   |              |
| Treasurer  | Terry Silk  | 3355 9765    |
| Secretary  | Desley Pedrazzini   | 3369 5530    |
| Outings Coordinator  | Michael Simpson   | 3351 3810    |
| Membership Enquiries   | Phil Murray   | 5522 9702    |
| Social Secretary   | Maxine Brophy   | 3203 4699    |
| Equipment Hire   | Gabe Romaguera  | 3856 3842    |
| Ropes & Safety Equipment   | John Carter   | 5514 0285    |
| “Jilalan” Editor   | Greg Endicott   | 3351 4092    |
| Artist-In-Residence  | Iain Renton   | 3371 4672    |
| Bushwalking Q’ld   | <a href="http://www.geocities.com/qfbwc/">http://www.geocities.com/qfbwc/</a>                     |              |
| Federation Mountain Rescue (FMR)   | <a href="http://www.geocities.com/fmrqld/index.htm">http://www.geocities.com/fmrqld/index.htm</a> |              |
| Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House,<br>Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,<br>E-Mail: <a href="mailto:printabout@cplqld.org.au">printabout@cplqld.org.au</a> |   |              |

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

### Cover Photo Mt Barney

A painting by foundation member Raoul Mellish, presented by him to the Club as a 50<sup>th</sup> Anniversary present on 30<sup>th</sup> March 2008 and then presented at the Anniversary Mass at St Brigid's Red Hill to Archbishop Bathurst.

- Wombat Photo: <http://www.flickr.com/photos/shebalso/526899903/>  
 Wallaby : <http://www.whozoo.org/Intro2002/BernaRobles>  
 Wedgetail Eagle: <http://www.flickr.com/photos/8063139@N03/589054895/>  
 Tiger cub: <http://www.flickr.com/photos/fuzzworks/17504688/>  
 Siberian Hamster: <http://www.petwebsite.com/species.htm>  
 Adult Tiger: [http://animals.mongabay.com/zoo/siberian\\_tiger-10.html](http://animals.mongabay.com/zoo/siberian_tiger-10.html)  
 Whisky: <http://images.google.com.au/images?gbv=2&hl=en&safe=off&q=tullimore+dew&btnG=Search+Images>  
 Whale: [www.weblo.com/domain/available/campgetaway.com/](http://www.weblo.com/domain/available/campgetaway.com/)  
 WalesFlag: [http://commons.wikimedia.org/wiki/Image:Flag\\_of\\_Wales\\_2.svq](http://commons.wikimedia.org/wiki/Image:Flag_of_Wales_2.svq)  
 Fairy Floss: [ftp.apci.net/~truax/1904wf/WF\\_Myths--Food.htm](ftp.apci.net/~truax/1904wf/WF_Myths--Food.htm)  
 Waffle: [forums.coloradoavalanche.com/.../t39716.html](http://forums.coloradoavalanche.com/.../t39716.html)  
 Thyalcine: <http://www.cryptomundo.com/cryptozoo-news/70yrsthylacines>

## **THEOLOGY CORNER**

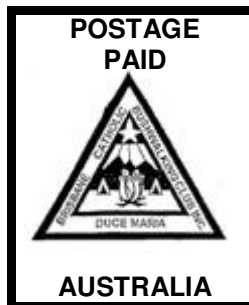
The first reading (Mi 6:1-4,6-8) on the day of our monthly meeting comes from the Prophet Micah who lived towards the end of 700 B.C.E. He was a contemporary of the better-known Isaiah. Isaiah was suave and an aristocrat while Micah was a countryman and associated with the poor. The reading ends with "Only this, to do what is right, to love loyalty and to walk humbly with your God." Micah was telling people that feverish ritual actions were unnecessary and what was important was to love goodness and walk humbly realising that God's compassion was their only hope. These were typical words of Micah straightforward language and equally relevant to us today, whether we are on a walk or involved in some other aspect of our lives.

Deacon Russ Nelson

Source: Carroll Stuhlmueller, C.P.

If undeliverable return to  
Brisbane Catholic Bushwalking Club Inc  
PO Box 31  
RED HILL QLD 4059  
JILALAN  
Print Post Approved  
PP 409367/0022

**SURFACE  
MAIL**



## **TIGER WALKS**



**Don't Be A Pussy Cat,  
Come do a HARD Walk**