JILALAN

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Monthly Circular Of The
BRISBANE CATHOLIC BUSHWALKING CLUB Inc.
Established 1957 **Incorporated 1991**

Under The Guidance Of Our Lady Of The Way

JULY 2007

DATE	EVENT	LEADER	CONTACT	TYPE	GRADE
24	Edinburgh Castle	Phil		DW	
27	Coffee Night – Avanti	Greg		SOC	
28	Federation Meeting	Philip		Meet	
29	Blue Moon Evening Walk at Shorncliffe	Justin		SOC	
29/1	Mt Walsh	Michael		TW	
July 7	Mts Cooroora & Erewah	Phil		DW	
10	Movie Night	Michael		SOC	
14/15	Boonah Gate to Killarney Border Gate	Pat	3366 1956	TW	L47
14	Shepherd's Walk	Terry	3355 9765	DW	S34
16	Meeting	Philip	3870 3710	Meet	
20	John Toohey Society – The Orient	Michael	3351 3810	SOC	
21	Russ Nelson Ordination	Greg	3351 4092	SOC	
22	Museum of Brisbane	Liz	3356 4874	SOC	
24	FMR Meeting	Michael	3351 3810		
25	Coffee Night – Coffee Club Wilston	Greg	3351 4092	SOC	
26	Federation Meeting	Michael	3351 3810		
28	Kin Kin	Jean	3256 6140	DW	M33
29	Mt Coot-tha Social Walk	Michael	3351 3810	SW	S33
Aug 5	Bridge to Brisbane	Greg	3351 4092	CW	M22
7	Movie Night (One Week Early)	Michael	3351 3810	SOC	
12	Mt Greville	Paul	3357 5254	DW	M77
15	The Mt. Barney Mass	Phil	5522 9702	DW	L66
17	John Toohey Society – The Tank	Michael	3351 3810	SOC	
18	Somerset Trail	Graham	3371 9623		DW
20	Meeting	Philip	3870 3710	Meet	
24/26	Pilgrimage at Kalbar Showgrounds	All of BCBC		BC	Many
29	Coffee Night – Newmarket Hotel	Liz	3356 4874	SOC	
Sept 1	Chaplin Memorial Walk - Blue Lake NP	Justin	3366 3193	DW	S33
1	Riverfire near Storey Bridge	Terry	3355 9765	SOC	
9	Paddy's Peak & Plain and Mt Maroon	Pat	3366 1956	DW	M55
9	Great Aussie Bushwalk – The Small Glasshouses	Greg	3351 4092	DW	S33
11	Movie Night	Michael	3351 3810	SOC	
15/16	Upper Portals	Justin	3366 3193	BC	L66
16	Araucaria Lookout	Graham	3371 9623	DW	L33
17	Meeting	Philip	3870 3710	Meet	
19	Talk Like a Pirate Day	Blue Beard	3351 4092	SOC	
21	John Toohey Society – The Fox	Michael	3351 3810	SOC	
21/23	O'Reillys – Christmas Creek via Stretcher Track	Michael	3351 3810	DW	L66
26	Coffee Night – Mt Coot-tha (Welcome Back Philip)	Greg	3351 4092	SOC	
29	Lamb Island	Michael	3351 3810	SOC	
30	Mt Bangalore to Mt Bell/Teviot Falls	John		DW	M67
Oct 6	Kate Quinlan Society @ Breakfast Ck Hotel	Greg	3351 4092	SOC	
7	Numinbah Border Gate to Binna Burra	Greg	3351 4092	DW	M56
13	Magical Mystery Progressive Dinner	Justin	3366 3193	SOC	
14	Port of Brisbane/Fort Lytton	Justin	3366 3193	SOC	
19	John Toohey Society – Treasury Casino	Michael	3351 3810	SOC	
20	Gheerulla Circuit	Graham	3371 9623	DW	L34
20/21	Great Walk Sunshine Coast Hinterland	Michael	3351 3810	TW	L44
24	Coffee Night – Coffee Club Sherwood	Greg	3351 4092	SOC	
28	Nixon Creek to Bohgaban Falls	James	3711 4490	DW	M55
Nov 2/4	Broken Head	Paul	3357 5254	BC	
11	BBQ/Venman Bushland	Patricia	3366 6767	NW	S33
17	Westray's Grave/Larapinta Falls	Phil	5522 9702	DW	M55
25	Northbrook Gorge	Justin	3366 3193	DW	S53
Dec 1	Mt Tibrogargan & Trachyte Circuit	Philip	3870 3710	DW	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

KEY – Walk Types

D/W	Day Walk	**½ D/W**	Half Day Walk
O/N	Over Nighter	**B/C**	Base Camp
T/W	Through Walk	**C/W**	City Walk
TRN	Training	**S&T**	Safety & Training
FMR	Federation Mountain Rescue	**SOC**	Social

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	**1** - Smooth reasonably flat path	**1** - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	**2** - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	**3** - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	**3** - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	**4** - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	**5** - Rough or rocky terrain with small climbs using hands or rock hopping	**5** - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	**6** - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra **L**ong Over 20 km per day	**7** - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	**7** - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	**8** - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	**9** - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

We ask for wisdom as we try to have a clearer perception of the universe around us.
May its beauty encourage,
its immensity - humble,
and its mystery challenge and stimulate us to search and to enquire.
Amen
(Johnson 1986:37)

Visitors – for general enquiries contact Greg on Ph: 3351 4092.

JILALAN

ARTICLES: Please have all Jilalan articles to Greg by the 1st of the month. Articles should be e-mailed to me at endhouse@bigpond.net.au. I prefer not to get a hard copy. Please follow the "Jilalan Style Guide". If you have any queries, you should phone me on 3351 4092.

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club Inc.

Articles from this publication may be reproduced provided the source is acknowledged.

REFLECTION

Below is a snippet from a 9-page letter by Fr Willie Hayes, the founder and first Chaplain of the Club, about his time in Australia.

"The most meaningful and fulfilling Club event for me was the first Mass on Mount Barney. That was on Exhibition Wednesday, 1960. For many reasons Mount Barney, by that time, had become symbolic and iconic for the Club, as well as being constantly alluring and challenging for the members.

I can't recall how the idea of having Mass on Barney originated. Mass in the outdoors was a novel idea for that time. Celebrating Mass under the shade of trees would have been fairly commonplace for pioneering priests in the early days of the Australian colonies. In Ireland, during a period in the late 17th century, when the State religion was being imposed and the practice of Catholicism denied, Mass was often celebrated furtively in remote glens and in secluded crevices in the hills and mountains. Suitably and naturally shaped boulders were chosen as make-do altars, and these became known as Mass Rocks. It may have been from discussing such distant occurrences that the idea of having Mass on Barney came—Mass on a Mass Rock in some chosen site on the great mountain.

The club members coming for the great occasion were divided into two groups. One group had arranged to ascend by the Bushwalkers' Ridge, while the other and smaller group was to come by the North Ridge. Our group had the task of bringing up all the requisites for the Mass, including the consecrated altar stone, which was about a foot square and an inch thick. This was the heaviest item, and was passed from one ruck-sack to another on the way up.

I'm not sure who were involved in the choosing of the site and the actual spot for the Mass, in a rocky gorge some distance above the University Hut. The two groups of members converged there, and, as arranged, the Mass was begun at mid-day. The unique honour I had was deeply moving for me. What an amphitheatre it was for this sacred and unique event!

PRESIDENT'S REPORT

I still find it hard to believe how quickly the year is passing: the winter solstice has been and gone; now we wait for the longer days of summer. But don't despair. There are still many fantastic walks to do this winter. Our first through walk of the year happened at Mt Walsh recently. Michael, our Outings Officer, contacted the Ranger at Mt Walsh and asked permission to walk there. The Ranger was reluctant at first, but relaxed a little when he found out he was asking about a club walk. When he found out we were the Brisbane Catholic Bushwalkers, he said we have a very good reputation. Michael was really pleased about it, as was I. It is a tremendous complement to every single member of our Club: every member for the last 49 years that is. Long may we continue to have this reputation for respecting the bush and may we also continue to have the reputation for respecting each other.

As we look forward through 2007 we have the Federation Pilgrimage in late August, just after our own special Pilgrimage up Mt Barney on Exhibition Wednesday (the Barney Mass). Everyone is welcome to attend the Barney Mass: Catholic and Non-Catholic alike. And we are also going to be joined by members of BOSQ this year as well. It's a fine tradition and a fantastic day out. It is a long day, but it is worth it.

I also ask and pray that we endeavour to see Christ in all those we walk with. If we pray the Lord's Prayer as He asked us to we have to forgive in order to be forgiven. I always try to remember this, especially when it is hard to do.

Whilst it is always solved by walking may we also continue to love one another in humility.

Philip Kearns.

RAMBLINGS FROM THE OUTINGS CO-ORDINATOR

Every year Justin widens our horizons by leading a walk somewhere interstate. This year it was the Hawkesbury River and was a great success. This was one of the reasons which inspired me to organise a walk along the South Coast Track in Tasmania at the end of the year. Four members of the Club are off to complete a section of the Missionary Trail in Spain later in the year. Other members of the Club have visited various points around the world including Italy, Peru, and New Zealand.

These walks strengthen our Club by inspiring others to undertake trips outside of their comfort zone and thus appreciate the beauty and solitude of the wild areas of Australia and the world. I want to include at least one trek of 5-7 days each year to complement Justin's excursions interstate. I have already received suggestions that will take many years to complete. So when you are thinking of the walks you would like to complete next year, give a thought to a long distance trek and let me know.

Michael (3351 3810, 0409 620714 or michaelesimpson@optushome.com.au)

TREASURER'S REPORT

Balance 21/5/07	$3518.16
Plus Receipts	$ 465.60
	$3983.76
Less Payments	$ 811.40
Balance 18/6/07	$3172.36
Term Deposit	$2003.93

We are now selling Club metal badges for $5.00 each.

Congratulations to Therese Abernethy and Bernard Ivers who won first and second prize respectively in our first raffle for the year. I am now selling tickets in our next raffle with the prize being a wine carry pack; including two plastic glasses and a bottle of white wine. This prize was generously donated by Barbara Eastoe. Tickets are one dollar each. By the way the mystery prize last raffle was a sand diorama of a lightning flash.

Terry

SOCIALS REPORT

There should be room in our Club for a "Society" where we can have a drink of XXXX with 'Kate' and our mates once a year. I suggest Saturday 13th October for the Inaugural Annual Meeting of the Kate Quinlan Society with the view to drink a true Queensland beer. The Breakfast Creek Hotel would be an ideal venue for the inaugural meeting, as the "Brekky Creek" actually has a bar named after Paddy Fitzgerald, who was one of the original brewers of Fourex. Plus, the Brekky Creek is very close to Kate Quinlan's house in Ascot.

Can the Club's committee endorse the plan for the "Kate Quinlan Society", whose motto should be to 'Save Our XXXX', and have the meeting at the Brekky Creek. After speaking with Greg Endicott, he has agreed to take on the role of chief organizer.

Further, I request that in the near future we make a trip to that esteemed establishment - the Milton Brewery. Good as Gold.

Phil the Elder

ABOUT PEOPLE

Patricia Funnell, Carol Kelly, Br. Ben Larkin, Lynne Lucas and Catherine Simpson are having a birthday in July.

Therese Abernethy has just returned from an enjoyable coach tour through the Northern Territory and Western Australia, and Gabriel Romaguera has just returned from a holiday in South-East Asia. Brendan Walsh, one of our newest members, is holidaying in Ireland

Recent Club activities have seen numerous visitors in attendance. A quarter of the people on Greg's Mt. Mathieson Walk were visitors; namely, Rob Cosgrove and Raylene Smith, both on their second walk with us, and Nola Sheldrick and Coral Innes. Nola clocked up her second walk in less than a month by surviving Phil's Edinburgh Castle walk, and Rob clocked up his third also on this walk. Mark Carter was a visitor on the walk. Rodney Swinbourne was visitor on Justin's Camp Mountain to Chermside Hills walk. Sok Cheon clocked up his fourth walk as a visitor on Justin's Fraser Island weekend. It has been great having all these visitors sharing our recent walks and we look forward to meeting up with you again real soon. Greg Stone, phoning one day, nominated for the Mt Walsh throughwalk the next.

Peg French was a welcome visitor at our June meeting. Heather Smart was another visitor at our July Coffee Night and Blue Moon Socials. (N.B. Both have already

nominated for their first walk, i.e. Terry's Shepherd's Walk.)

During June we also had enquiries from Maria Kerrush, Chris Thiele, Tracey Laing, Anne Saunders, Joanne Dinh, Lenan Jessop, Amanda McEwen and Ellen Clark. We hope that you are able to join us on a walk sometime soon.

EDITOR'S REPORT

Do you know that if you do not give me a Past Events Report, I am forced to make one (or two) up. Can you spot them……..

When writing "Coming Reports", please give a description of the terrain, route, views, geological and/or biological features, dangers, special equipment and all. It has to be able to describe to a novice what to expect. Less emphasis on the transport/route, coffee stops, and etc. Keep to the point but be accurate and tell all.

"Past Reports": again, tell about the terrain, views, interesting things done by participants, and not the car trip, the coffee stops, not the nasty creatures met on the way. People orientated as well. List the people who went. Try to name people in the body of the report. Write it as soon after the event as possible – before you forget events and names of who attended.

And remember the "Jilalan" style.

Thanks to all those who got articles to me on time.

FEDERATION & FMR

The following motions were passed without dissent at the recent Federation AGM attended by our delegate Philip Kearns.

The Queensland Federation of Bushwalking Clubs becomes an incorporated association under the associations Incorporation Act 1981, of Queensland. And be called "Bushwalking Queensland".

The Queensland Federation of Bushwalking Clubs adopts the 'RULES OF BUSHWALKING QUEENSLAND (INC) MAY 2007' as already circulated to clubs.

The following executive were elected to take office on the issue of the Certificate of Incorporation issued by the Office of Fair Trading and will remain in office until the 2008 AGM.
President – Tom Cowlishaw (BBW)
Vice President – Vacant
Secretary – John Marshall (BOSQ)
Treasurer – John Campbell (FBC)
Two Assistant Secretaries – Vacant
Insurance Officer – Gavin Dale (Glasshouse)

The current executive will remain in place until the said Certificate of Incorporation is issued.

Michael

COMING MONTHLY MEETING

16th JULY, 2007, MONDAY MONTHLY MEETING

Contact: Philip Kearns, Club President Ph: 3870 3710
Location: St Brigid's Parish Hall, 78 Musgrave Rd, Red Hill
Time: 7:30pm
Location: St Brigid's is the big red brick church right on the top of the hill.

Come along to hear what we will be doing over the coming month, and what we have done over the past month. Jilalan can tell you the "nuts & bolts", but not all the facts. Seeing your leader and listening to the description of the Club event will tell you more. You can ask questions to fine tune your understanding of the event, you can listen to the answers of the questions others ask, and you might even see a map of the area you are going to.

There is more to a Meeting than nominating for an event. Come along and talk to your mates. Come and hear how the Club is being run and hear about OUR plans. Stay for supper. See you there.

Philip says he will be starting the Meeting at 7.30pm, even if not everyone is there. Start early, finish early. So, be early so you can hear everything.

COMING OUTINGS

HELP!!!!

Needed – Slices for the Pilgrimage on 24 & 25th August.

Our Club is providing the SUPPER and we need to provide the EATS. Only 2 bakers have come forward – not enough. We need a MOUNTAIN of slices to keep the Hungry Hordes Happy.

Call Pat Mackie on Ph: 3398 7041 to make her a happy woman.

14/15 JULY, 2007
BOONAH BORDER GATE TO KILLARNEY
THROUGH WALK

Eligible Outing for the Eric Francis Roberts Society

Leader: **Pat Lawton Ph: 3366 1956**
Meet at: **St. Brigid's, 78 Musgrave Rd, Red Hill**
Time: **6am SHARP**
Grading: **L 4 7**
Cost: **Approx. $20/25**
Location: **Boonah, Teviot Gap, Queen Mary's Falls & Killarney**
Google Earth: 28" 21"00.79"S 152" 25" 44.29E
Emerg Off: **Greg Endicott Ph: 3351 4092**

This is an ideal winter throughwalk. We will follow the Border Fence from the Boonah Border Gate (White Swamp) through to Killarney, passing through a variety of vegetation and country en route, and traversing both the eastern and western ridges of Wilson's Peak.

Our first 4kms passes through superb open eucalyptus forest before reaching the extremely steep rainforest ridge which leads to the summit cliffs. Wilson's Peak is the junction of the Great Divide and the McPherson Range. Gloves could be handy to save tearing yourself on the barbed wire fence on the steep sections.

Once we have conquered Wilson's Peak, the walk will become less demanding. Camp on Saturday will be by the fence on a section very close to the road (but well hidden from view).

Sunday's walk will see us on Acacia Plateau. Even though there are ups and downs, the walking on this section is easy (no obstacles) and the scenery is superb. The final section down to the Killarney Gate is steep but a relatively short drop.

This is a long but rewarding walk (around 35kms) but your chance to walk another section of our Border Fence.

There may be a few options for this walk. I would like to do it as a supported walk so if there is anybody willing to help out with transport that would be great. It would help avoid a long car shuffle and save having to carry packs and water.

If you could help out with transport or could be interested in any option, please let me know and we can see what we can arrange.

Talk to me if you need to know more about the walk, your capabilities etc. etc. Apart from the demanding climb up and over Wilson's Peak, the walk is relatively easy and within the capabilities of all but beginners.

Pat

14TH JULY 2007, SATURDAY
HISTORIC SHEPHERDS' WALK
DAYWALK

Co-ordinator: **Terry Silk Ph: 3355 9765**
Meet At: **St. Brigid's, Musgrave Rd, Red Hill.**
Time: **6.45 AM**
Cost: **$8.00 + $15.00**
Grading: **M 3 4**
Location: **Up the Kerry Valley, South West of Beaudesert**
Web: **http://www.bsc.qld.gov.au/shire_information/brochures/pdfs/Sthbdst.pdf N° 17 Event in their list**
Emerg Off: **Carol Kelly Ph: 3269 4795**

In my opinion this is the best walk on the Club's calendar as it combines spectacular scenery with good company and great food. What more could you wish for on a bushwalk. This walk can be done by all Club Members and Visitors. It is my wish that everyone in the Club do it at least once. The Club has done this walk for the past six years and I have enjoyed doing each one. This will be the twenty-first year that the Historical Society has run this walk. Naturally, after so many years, they have everything very well organised and everything runs quite professionally.

The river crossing at the start and finish of the walk is now really civilised because large concrete block stepping-stones have been set in the river bed. Therefore, it will require a special effort to get wet on this crossing. After the river crossing there is a steady climb to the saddle on the Gin Broken Range where a leisurely morning tea is had. There is also plenty of time to admire the spectacular views and to take photos.

On the climb numerous rest breaks are taken so that people of all levels of fitness can complete the walk. The views of the surrounding mountains are well worth seeing. You are able to see a lot of the areas where the Club walks.

The Historical Society provides their famous sausage sizzle lunch which is included in the $15.00 fee. Non-walkers are also welcome to join in the sausage sizzle lunch at a cost of $15.00 which includes the bus trip to the lunch site. There is no charge for children as long as they are accompanied by an adult. Several varieties of damper are also available at lunch along with a limited selection of home-made cakes and biscuits. There is syrup for the damper as well as tea, coffee, cordial and water to wash it all down.

I am sure that you will not be disappointed by this walk and once you do it you will become hooked like me.

The Society does an excellent job of looking after everyone. You will need to bring your own morning tea and water for the walk. We are usually back in Brisbane earlier than our usual day walks.

Regards, Terry.

28 JULY, SATURDAY
KIN KIN COUNTRYSIDE TRAIL DAYWALK

Leader: **Jean Gowans Ph: 3256 6140**
*****Note Phone Number*** It was wrong in last month's Jilalan**
Meet at **St Brigid's, Musgrave Rd, Red Hill**
Time: **6:45 am**
Cost: **$18.00**
Grading: **M 3 3**
Location: **Just to the north of the Sunshine Coast, just a smidgin from the ocean.**
Web:
http://www.noosa.qld.gov.au/trailnetwork/
Emerg Off: Sue Tobin Ph: 3366 3193 or 0417 710 371

This walk is part of the Noosa Trail Network which enables walkers to enjoy the spectacular hinterland countryside. It is a 15km circuit via undulating countryside passing banana and macadamia nut crops and diary farms, with quite a bit of birdlife. Some patches of bushland, with a lot of open rural land. There is some time spent walking along a road – talking is easy.

For those that are feeling energetic, a wonderful option is to go up Cootharaba Lookout, with virtually 360 degree views of the coast and hinterland. For those that don't want to do this, there is a lovely picnic area to wait and contemplate nature.

This is a good walk for those who enjoy the country and who want a change from bush bashing. This is the same Kin Kin walk which the Club did in 2004. That time, we made it a bit of a shared food morning tea and lunch – it would be fun to do that again.

Cheers, Jean

29TH JULY, SUNDAY
THE GAP TO MT COOT-THA AND RETURN
SOCIAL WALK

Leader: **Michael Simpson Ph: 3351 3810 or 0409 620 714**
Meet at: **The Gap Shopping Village (near Macca's)**
Time: **1.00 pm**
Cost: **$2:00**
Grading: **S 3 3**
Location: **North Eastern side of Mt Coot-tha**
Web:
http://www.brisbane.qld.gov.au/bccwr/environment/documents/track_map_mtcootha.pdf
Emerg Off: Michael Simpson Ph: 0409 620 714

Come and join me for a bushwalk within the city limits, followed by a coffee and possibly a meal. The plan is to follow Enoggera Creek to Moggill Rd (No, not the one you are thinking of) and then up to Mt Coot-tha arriving at the Range View Picnic area near Channel 9. We will then follow a number of tracks across the top of Mt Coot-tha before heading down the Paten Rd Track back to our starting position and coffee.

Ring me for more details closer to the event.

Michael.

Organiser: **Greg Endicott Ph: 3351 4092**
Event: **12kms**
Time: **6.30am**
Date: **Sunday 5th August**
Cost: **$30.00 + $2.50 for a bus ticket & + $2 to have the "kit" posted out**
Meet at: **The Lytton Rd overbridge, over the Gateway Arterial Road at Murarrie.**
Web: http://www.bridgetobrisbane.com.au/
Emerg Off: **Greg Endicott 0418 122 995**

This year they are encouraging On Line entry of participants – namely YOU.
I have set up a team already – "The Also Rans", with a password of "thealsorans" .

Anyone can enter. Let your friends, relatives, neighbours, workmates know and ask if they want to enter.
Hardly any of us run – we are bushwalkers so we mostly walk. It takes just 2 to 3 hours. Over by 10am, home by 11am – the whole day still ahead of you.

You can enter the event by logging in at http://www.bridgetobrisbane.com.au/ and following the instructions.

- If you have entered before, click on that box – "Past Competitors Enter Here". If they do not find you as a Past Competitor, click on the "New Competitor" link and enter as a new entrant.
- If you are entering the B2B for the first time, click on that box – "New Competitors Enter Here".
- Think up a User Name and Password that you will not forget. Once in the system, you can print it out for safe keeping.
- The first page is your personal details – name, date of birth, e-mail address, etc.
- This page will also ask you what category you want to enter the Fun Run under – elite, runner, walker, under or over 100 mins, individual or groups. (I walk it in about 120 minutes, so for me I'm in the 12 km Walker – Groups Grey (over 100 mins).
- In section "4. More About You", I entered – Your Organisation "Brisbane Catholic Bushwalking Club" and Occupation "Bushwalker".
- The second page is Team – enter name The Also Rans and password thealsorans (no gaps, no capitals, no underscoring, no punctuation). The B2B computer will send me an e-mail to let me know that you have entered as a team member, and I will approve your entry into the team.
- If you are a past competitor, the next page should show your past race results. Do not worry now if they are not there.
- The last page is My Orders – which should be empty in the case of someone just entering.
- On top of the page are various tabs – My Dashboard, My Profile, My Team, My Records, My Orders.
- Click on "My Dashboard".
- There should be a warning at the bottom – "! Pending Issues", in a light greenish tinge.
- Your pending issue is that you have not paid – click on the link to go to the payment page.
- There are 3 variables – Post out the Starter Pack, Have their Breakfast, and Catch the Bus from Bowen Hills.
- Starter Pack: say Yes and pay the $2, unless you want to go to Eagle Farm at the end of July with your receipt to collect your Race Number and Chip yourself.
- Breakfast – say No, since I have booked seats at a café in New Farm for anyone who wants food or a drink after the Run. The Bacchus Bistro, cnr Lamington & Welsby – the old New Farm Bistro.
- Bus – if you are not a Southsider, consider paying the $2.50 for the bus from Bowen Hills to the race start and back to Bowen Hills afterwards.
- Put in your Credit Card details & etc. Cost: $30 Fun Run, $2 Post out Kit, $2.50 Bowen Hills Bus.
- Now, click on the "My Orders" tab – this will take you to your receipt. It will show your receipt number, what category you have entered in and a link "Download Receipt".
- Print off your receipt and keep it handy.
- Click on the My Profile tab – it shows your Username and Password – Print it out and keep it safe with your receipt.
- Click on "My Profile" and see the new tabs at the top: Subscription Details, Contact Details, More About You, Event Specific Information – click on "Event Specific Information" and print out your category details.
- Once you have finished, click on "Sign Out".
- If you are a Past Competitor and they could not find your past records, ring the B2B Help Line on Ph: 1300 55 55 77 and add your name to the growing list.
- There is plenty of parking at Bowen Hills – anyway, try car pooling to get there. You can see who is going by looking at the "My Team" tab.
- There is plenty of parking at Murarrie – try car pooling.

Encourage as many people as possible to enter – they need not be Club Members.

- Give them the Team Name and Password.
- E-mail or phone me yourself to let me know who any non-member is because I have to authorise their entry into the team, so I have to recognise the name beforehand.

Try to do the 12 km walk. (I am in the "12 km Walker – Groups Grey (over 100 mins) Section").

Any problems with the electronic registering, call Greg Endicott on Ph: 3351 4092.

The quicker you register, the better it will be for me as our Group Organiser.
And the better the possibility you will get that bus ticket.

I will close off the Team on 31/07/2007. You can still enter as an individual after that. If you enter very late, you will have to pick up your Kit from the Eagle Farm office.

THE 12 KM EVENT All entrants $30
The 12 km event will start at 6.50am near the toll plaza on the Gateway Bridge, walk/jog/run along Kingsford-Smith Drive and through Newstead to the Powerhouse entrance at New Farm, and follow the concourse into New Farm Park. The uphill portion of the Gateway Bridge is 1.1km with a gradient of 5.1%. The downhill section is 1.1km.

The "magic chip" registers your individual start & finish when you cross the "special" mat.

Categories
• *Runners Red* (up to 60 min), • *Runners Green* (between 60 to 70 min),
• *Joggers Yellow* (70 to 100 min), • *Walkers White* (1-2 people), • *Walkers Grey* (Groups 3+ people)

In 2007, all entrants will receive the free Sunday Mail Suncorp Bridge to Brisbane Finishers T-shirt upon completion of the Event. Please note T-shirts will only be available on Event day when you return your Timing Chip.

Parking and Transport
Information is available on the website and in the race guide.
http://www.bridgetobrisbane.com.au/
Look at the website under http://www.bridgetobrisbane.com.au/ under "The Race" then "Transport and Parking".

12th AUGUST, SUNDAY MT GREVILLE DAYWALK

Leader: **Paul Evans Ph: 3357 5254**
Meet at: **St Brigid's, Musgrave Rd, Red Hill**
Meet Time: **7am**
Grading: **M 7 7**
Cost: **$15**
Location: **Aratula, down the Cunningham H'way and just before Cunningham's Gap**
Web: **http://www.sgapqld.org.au/mtgrev.html**
Emerg Off: **Carolyn Ph: 0412 339 322**

Mt Greville is a mountain often noticed from the highway before ascending Cunningham's Gap. It is often referred to as "the kangaroo feeding".

We will be doing a traverse from the one end to the other. The plan is to start at the farms on the highway side and climb up to the base of the needle. The group will have the views of the dam in the background as well as Mt Alford. The party will then ascend to the base of the peak before finding the track to the top.

It is planned to have lunch up on top before doing an exploration of the peak. Then we will drop down by the main track before deciding on one of three ways off the mountain. It is a spectacular mountain and this route is never done due to the problem of access from private property .It is scrambling over loose rock and off track but promises a great day. It offers a close look at some hidden gorges.

Paul E.

15TH AUGUST THE 47TH BARNEY MASS EXHIBITION WEDNESDAY DAYWALK

Leader: Phil Murray Ph: 5522 9702 or 0413 307 580
Meet at: St Brigid's, Musgrave Rd, Red Hill
Time: **5:00am SHARP**
Grade: **L 6 6**
Cost: **$17:00 in car pool cars, $2 per person for those going privately or from other Clubs. (The $2 for those going privately is to cover costs for the Mass books and printing costs.)**

Location: South west of Brisbane, near Mt Lindesay and Rathdowney, adjacent to the border
Web:
http://www.epa.qld.gov.au/media/parks_and_forests/parks/mt_barney_map.pdf
And:
http://www.epa.qld.gov.au/parks_and_forests/find_a_park_or_forest/mount_barney_national_park/
Emerg Off: Susan Murray Ph: 5522 9702

The walk starts at Yellowpinch. Meeting Time at Yellowpinch – 7:15 am. Departing from Yellowpinch at 7.30 am.

The Barney Mass is a day for all Club members to celebrate Mass on top of a mountain. This trip is the standout event in the year and it is this tradition that helps make our Club so special. It is a memorable day and is a trip all members should aspire to do.

As to which route we may climb we usually do more than one ridge. The probable routes and probable leaders are Peasants Ridge (Pat Lawton) and South East Ridge (Phil Murray) but as always are plans for the Barney Mass are very flexible.

The trip to the top of Mt Barney is hard and long but it is so rewarding – great views, great country, great wildflowers and great company. This trip could be described an easy walk for the very fit and a very hard trip for those still dreaming of getting fit.

The Mass time is approximately 1-ish but is always flexible depending on when the walkers arrive. The trip down Peasants Ridge also has a few challenging bits. But we cope each year.

This year our "sister club" the 'Bushwalkers of Southern Queensland' (BOSQ, pronounced 'bosk') have asked if they can join our Club for the day and do the walk as a joint walk. After quickly confirming with the Committee, I was able to advise them they would be most welcome to join our walk and stay for Mass with us. John Marshall is the leader from their Club for the trip.

Bring the usual daywalk stuff and ensure you have a torch and raincoat and jumper. I suggest you bring at least 2 litres of water for the walk.

It will be a long day but it is a trip worth doing. Last year there were 28 people in attendance. Hopefully, we will have a similar number this year.

I suggest we have a few prayers at this years Mass for Kevin Pearl who attended the Barney Mass with us the last few years but sadly passed away a few months ago.

Phil M

18TH AUGUST, SATURDAY
SOMERSET TRAIL
DAYWALK

Leader: **Graham Glasse Ph: 3371 9623**
Meet at: **St Brigid's, Musgrave Rd, Red Hill**
Time: **7.30 am**
Grade: **M22**
Cost: **$12**
Location: **Mt Mee, Just north of Brisbane beyond Petrie & Dayboro**
Web:
http://www.traveldownunder.com.au/Queensland/Brisbane/Somerset_Trail.asp
Emerg Off: Greg Endicott Ph: 3351 4092

The Somerset Trail begins near the Gantry Day-Use area in Mt Mee Forest Reserve, which is about 25k from Dayboro. The picnic area is named after the huge gantry structure that still remains from sawmilling days.

The walk is 13k in length, and is on a wide, high quality track, but the terrain is undulating and there are a few steepish sections. A feature of the walk is the remarkable diversity of vegetation types that it offers; including rainforest, palm groves, beautiful Sydney blue gums, araucaria pine forest, banksia, wattle, and grass trees.

We shall have lunch at Mt Byron, approximately half way along the track, where there are views to both Somerset and Wivenhoe Dams. The walk should be completed by 3pm, and we shall go for coffee at Dayboro. Join me on this walk on one of the most attractive graded tracks in South East Queensland.

Graham

24th to 26TH AUGUST
THE PILGRIMAGE
KALBAR AREA

Leader: **Philip Kearns Ph: 3870 3710**
Meet at: **St Brigid's, Musgrave Rd, Red Hill**
Time: **1. 7.30pm Friday night**
2. It travelling independently - Fully Flexible from Midday Friday to 9am Saturday.

Cost: **$10 Transport + $30 for the Pilgrimage**
Location: **Kalbar, Near Boonah & Aratula**
Transport: The Club will arrange Transport to & From Kalbar at set times.
Web:
https://www.epa.qld.gov.au/parks_and_forests/find_a_park_or_forest/moogerah_peaks_national_park/
Emerg Off: Michele Endicott Ph: 3351 4092

All Bushwalking Clubs Are Cordially Invited To
PILGRIMAGE 2007
Venue: Kalbar Showgrounds.
Date: 24-26 August 2007.

The Queensland Bushwalkers Club Inc. is proud to host Pilgrimage 2007.

Brisbane Catholic Bushwalking Club Inc, Ipswich Bushwalkers Inc, and Logan and Beaudesert Bushwalkers have volunteered to assist and will be the co-hosts.

http://au.geocities.com/qldpilgrimage/pilg2007.html

Folks, as we are part organisers in this trip, we have to turn up in force to wave the flag, to meet members of other clubs, to enjoy the varied walking and to have a good time. It is important that as many of us as possible get there.

The camping is not onerous. You can hire a Club tent. Borrow one. Experience something new and different.

If you cannot spare the whole weekend, just come on down for the Saturday only. You will not be the only one. Find out who is going the day only and tag along. You will have to exit Brisbane by 6.30am at the latest, not to miss out on the excellent walks.

PROGRAM

Friday 24th August 2007

12 noon onwards	Registration of arrivals and setting up camp.
7.00pm - 9.00pm	Walks sign on sheets available
7.00pm - 9.00pm	Supper supplied by BCBC. Soup, cake, coffee, tea. Bring your own cups.
7.00 pm onwards	LCD projector and big screen available. Bring your digital photos or videos on CD, DVD or USB memory stick.

Saturday 25th August 2007

6.00 am onwards	Registration of arrivals.
7.00 am onwards	Staggered walk departure times. One or two of the walks may depart earlier if required.
All day	Coffee and Tea available. Self-guided orienteering course will be available.
5.00 pm onwards	Return of walkers. Everybody organizes their own dinner. Meals at the local hotel available but need to book.
6.30pm - 10.30pm	Bush Band "Stone the Crows". Bush dancing with the theme Half and Half. Dress up half formally and half with bushwalking clothes.
8.30pm	Light supper supplied by QBW.

Sunday 26th August 2007

6.30am - 7.00am	Yoga.
7.00am - 9.00am	Bushwalker Breakfast available.
7.00am - 11.00am	Swap and Sell your pre-loved bushwalking gear.
9.00am - 11.00am	The Games (organised by BCBC).
11.00am -11.30am	Speeches, Presentations and Passing on the Boot.
12.00 midday	Finish.

Our Club is providing the SUPPER and we need to provide the EATS. Only 2 bakers have come forward – not enough. We need a MOUNTAIN of slices to keep the Hungry Hordes Happy.

Call Pat Mackie on Ph: 3398 7041 to make her a happy woman.

WALKS

On the Saturday there will be over 20 walks available, ranging from very easy to quite challenging. They will include walks to

Mt French	Mt Cordeaux	Bare Rock	Mt Matheson
Mt Alford	Mt Fraser	Mt May	Mt Moon
Mt Greville	Spicers Peak	Wilsons Peak	Mt Castle
Mt Maroon	Goolman Lookout	Mt Mitchell	

COMING SOCIALS

20TH JULY FRIDAY
JOHN TOOHEY SOCIETY MEETING
THE HOTEL ORIENT

Contact: Phil Murray Ph: 5522 9702 or 0413 307 580
Where: The Orient Hotel, Cnr Queen And Ann Sts (560 Queen St)
Time: From 4pm onwards till much later.
What For: For a chat and a drink (or two)
Web: http://www.my247.com.au/brisbane/Hotel-Orient.6897, including a Map
Emerg Off: Michael Simpson Ph: 0409 620 714

The aim of the Society is to find the best venue in the City, and in July we are moving away from the central part of town. The Club has a regular gathering after work for a social drink and a chat on the 3rd Friday of each month. The Orient has recently been refurbished and looks very modern and trendy inside.

Come along to meet your friends in a congenial non-strenuous atmosphere. Have a wine, a beer, a coffee and maybe dinner – but not all 4. We talk about Life, the Universe and Everything. Find out why it is a glass and a half of that rich full cream milk. You will know something about one of these, so can put in your 2-cents worth. Or, just prop yourself in a corner and listen.

A visitor will recognise us as we are the quite ones.

There will be enough of us leaving & walking to Central Station for mutual protection.

A spot of History – the correct name for the hotel is The Hotel Orient. It was erected as the Excelsior Hotel by John Morse in two stages, 1875 and 1884. In March 1906 Morse retired from the hotel business, and leased his hotel to John Brosnan, who renamed it the Hotel Orient. The Orient is one of a handful of surviving 19th century hotels in central Brisbane, and is important for its rarity. Despite numerous refurbishments, the place retains its 1870s-80s footprint, form, streetscape presence, and much early fabric, illustrating some of the principal characteristics of a 19th century three-storeyed brick hotel. The Orient marks the boundary between the Brisbane Central Business District and Fortitude Valley. The Hotel is now on the Queensland Heritage Register as part of Queensland cultural heritage.

The beers on tap are basically Carlton and Cascade beers, and to make Michael especially happy, Cascade Blonde, Cascade Pale Ale and Cascade Bitter which

BCBC CALENDAR

Thu	Fri	Sat	Sun
12	13	14 Shepherd's Walk Boonah Gate to Killarney – Pat I	15
19	John Toohey 20 @ The Orient	Russ' Ordination 21 @ Kenmore	Museum of 22 Brisbane @ The
26	27	28 Kin Kin Trail - Jean	29 Mt Coot-tha Walk - Mike
2	3	4	Bridge To Brisbane 5 – Greg (Only 3
9	10	11	12 Mt Greville - Paul
16	John Toohey 17 @ The Tank	18 Somerset Trail - Graham	19
23	24	25	26
	The Federation Pilgrimage @ Kalbar -		

JULY/AUGUST 2007		
Mon	**Tues**	**Wed**
16 Meeting @ Red Hill	**17**	**18**
23	**24**	**25** Coffee Night @ Wilston
30	**31**	**1**
6	**7** Movie Night @ Southbank	**8**
13	**14**	**15** The Mt Barney Mass - Phil
20 Meeting @ Red Hill	**21**	**22**
27	**28**	**29** Coffee Night @ The

were on special low price of $4 a schooner. However, we do not only swill beers – we are ambidextrous and drink wine, coffee, coke & water.

There was an excellent selection of food available.

Phil the Elder

21 JULY 2007, SATURDAY
RUSS NELSON'S ORDINATION

Contact: Greg Endicott Ph: 3351 4092
Where: Our Lady of the Rosary, Kenmore (corner Moggill Road and Kenmore Road)
Time: 6:00pm
Web:
http://www.catholicleader.com.au/prinfriendly.php?num=2261
The Club has received an official invitation from the Parish, so all are welcome.
Supper is provided afterwards.

Just a quick note to say that Russ is to be Ordained as a Deacon in July. He has been preparing for this for several years now, and the ceremony is the culmination of a lot of hard work and study. He has been attending St Paul's Theological College, doing the theology course.

Russ joined BCBC in 1970 on leaving school. Within a year or two, he did a month in NZ, including that infamous Dart/Reece Track. He has been one of the stalwart walkers of the Club. In his walking days, he did the hardest walks, led many outings, held committee positions and kept on going. He still does the NZ extended trip every few years (and did an extended walk this June). He is a Life Member. He even does a few trips a year with us still, leads at least one a year, and is a regular at John Toohey.

Russ would appreciate members from the Club attending on the night to share this special occasion with him. The whole ceremony & supper could go till 9pm.

Phil the Elder

22ND JULY, SUNDAY
MUSEUM OF BRISBANE
CITY HALL

Contact: Liz Little Ph: 3356 4874
Location: City Hall Foyer
Time: 4.00pm. Museum closes at 5pm.
Location: King George Sq entrance, between Ann & Adelaide Sts
Cost: MoB entry is free; meal price at Chez Laila is the eater's choice
Web:
http://www.brisbane.qld.gov.au/BCC:BASE:1424617353:pc=PC_1487
AND: http://www.chezlaila.com.au/sb.html

The Museum of Brisbane (MoB) has an interesting exhibition on the history of Brisbane cinemas – those old suburban picture theatres that we all grew up with. Apart from the information and old photos, there is also a model cinema, complete with refreshments bar and canvas seats. As well, you can live out your childhood fantasy and be a movie star! Entry to the MoB is free. It is in the City Hall.

We will meet in the City Hall foyer; spend a leisurely hour in the museum, then walk across the Victoria Bridge and along South Bank for a drink and meal by the River at Chez Laila. You can sometimes get a drink and a main course there for under $15.

It would be handy if you could let me know if you are coming to Chez Laila as I will try to book my favourite table by the water. However, you could also just turn up and sit at a less favoured table.

Liz

Admit One: Brisbane goes to the movies

An exhibition celebrating cinema-going in Brisbane over the past 100 years.

Going to the cinema in Brisbane was once a magical and social occasion. We look at those special memories and answers questions:

- like whatever happened to the dress circle,
- canvas seats,
- drive-ins and more.

Three-year's in the making, this is arguably MoB's flagship social history show for 2007. See personal stories along with memorabilia such as photographs, advertising, movie posters, signage, autographs, uniforms, and items of decor and decoration and projection equipment.

Proudly presented by Birch Carroll and Coyle
From:
http://www.brisbane.qld.gov.au/BCC:BASE:226729334:pc=PC_2110
Check it out for their other displays now and coming.

25TH JULY, WEDNESDAY COFFEE NIGHT COFFEE CLUB WILSTON

Contact: **Greg Endicott Ph: 3351 4092**
Location: **Coffee Club, Kedron Brook Rd, Wilston**
Time: **7.00pm for a meal, then coffee, OR 7.30pm for coffee & cakes**
Web: **http://www.coffeeclub.com.au/**

This is always a popular place with us. There is the warm inside if it is cold outside, and there is the al fresco atmosphere outside if the weather is kind. Everyone knows and has probably been to a Coffee Club, so you know what you are in for. They have a full range of meals on the menu, an endless range of coffees, and lots of yummy cheese cakes and ordinary cakes.

The Coffee Night is open to Visitors, as well as all Members. It is a good way to get to know us away from a walk or meeting. Meet us in a social situation.

7th AUGUST TUESDAY MOVIE NIGHT

****One Week Early****

Contact: **Michael Simpson Ph: 3351 3810**
Where: **Southbank Cinemas, cnr Ernest & Grey Sts**
Meet at: **Toscani's Restaurant – opposite the cinema**
Time: **6pm**
Cost: **$6.00 (movie only)**
Web, to see what movies are on:
http://www.cineplex.com.au/now_screening_southbank.php

We all meet on the 2nd Tuesday of the month at Southbank, at the cinema (the old IMAX Theatre), for dinner/light snack/coffee at 6:00pm. Toscani's café is opposite the cinema. We then watch a movie of our choice (not necessarily the same movie) and meet back at a café for a coffee and to compare notes.

Why Tuesday? Well Tuesdays are cheap movie nights. If you are interested, let me know.

It is close to rail, bus & ferry. I believe cinema patrons get a free carpark on presentation of proof of seeing a movie. But parking spaces are limited. Otherwise, collect carpark voucher at Cinema Box Office when you purchase your movie ticket, and you pay only $2.00 on exiting Southbank Parklands Parking (N.B. 4 hr limit applies) – this is not the parking at the Cinema, but at Southbank across the road.

17TH AUGUST, FRIDAY JOHN TOOHEY SOCIETY THE TANK HOTEL

Contact: **Phil Murray 5522 9702 or 0413 307 580**
Where: **371 Queen Street Brisbane City**
View a location map
Time: **From 4pm onwards till much later**
What For: **For a chat, and a beer**
Emerg Off: **Michael Simpson - 0409 620 714**

The Tank Hotel is only two blocks from Queen St Mall and close to Customs House and Eagle St Pier. We will be up the half dozen steps.

Come along to meet your friends in a congenial non-strenuous atmosphere (No mountains, no scree slopes with loose dirt, no trees that get in the road). Have a wine, a beer, a coffee and maybe dinner. We talk about Life, the Universe and Everything. Find out the Number. You will know something about one of these. Or, just prop yourself in a corner on a bar stool and listen.

A visitor will recognise us as we are the quite ones. And Visitors are welcome.

The aim of the Society is to find the best congenial spot in the City, and in August we are moving back to the central part of town. The Club has a regular gathering in town for a social drink and a chat on the third Friday of each month after work.

By Brett Debritz (Entertainment Reviewer) From the Courier Mail Sept 24, 2006
http://www.news.com.au/couriermail/story/0,23739,20457285-5012434,00.html
THE Tank, one of the City's newer pubs, has carved out its own niche. Being at the Wharf St edge of the City, it's also a popular place to have a beer and a bite for the people who work in the finance and legal sectors. The decor is modern and simple. Wood, metal and glass dominate; with big windows looking over Queen St from the upstairs main bar and octagonal mirrors as centrepieces on the tables.

Menus, flyers, posters and other signs advertise various specials on beers and spirits, and the pub boasts not one but two daily happy hours (from noon to 1pm and from 5-6pm), when $2.50 will get you a schooner of Cascade Light, Carlton Mid or Toohey's Extra Dry. I settle for a 330ml pot of Stella Artois ($4), but the on-tap offering also includes Fourex Bitter and Gold, VB, Carlton Draught and Coopers Pale Ale.

For the more sober-minded, there's an espresso machine pumping out all varieties of coffee for $2.80 a cup.

If it's food you're after, there's a $10 meal deal on Wednesdays that includes a glass of wine, Mid or soft drink. The general lunch menu ranges from a New York-style hot dog or caesar salad for $9.95, to crumbed whiting for $13.95, nachos for $12 and a seafood basket for $14.95. (All Prices in the article are 2006 Prices).

Phil the Elder

29TH AUGUST, WEDNESDAY
COFFEE NIGHT
NEWMARKET HOTEL

Contact: **Liz Little Ph: 3356 4874**
When: **Wednesday 29th August**
Where: **Newmarket Hotel, Cnr Enoggera & Newmarket Rds**
Time: **From 7pm**

This is a newish hotel in a shopping centre just 18mths old. There is plenty of parking – above as well as below ground. Test it out before it becomes too popular. It is inside the façade of the old historic pub, but is all modern inside. It bears little resemblance to the sad old pub of the past. Come at 7pm for dinner, or later for coffee and dessert. Have a "heavier" drink if you want.

We dine in the air-conditioned comfort of a contemporary restaurant and sip on a range of drinks from a well appointed bar. Orders rang from main course, to snacks, to just coffee. Although the menu is not huge, it contains a great variety – something for everyone really.

This is the second time we have been to this venue, but you can't really say "been there, done that". All agreed last time that this venue should be on the list again. Come to the nice surroundings, sit with friends, discuss the latest events and enjoy a good café latte.

See you there.
Liz

ADVANCE NOTICE

SEPT 19th

http://www.talklikeapirate.com/piratehome.html
Avast, me hearties!

THE MAGICAL MYSTERY TOUR

Progressive Dinner
Saturday 13th October
Justin Tobin

POETRY CORNER

A NIGHT AT THE BARNEY LODGE (THE CLUB HUT)

Up around Barney where the tempest's black,
a clash of clouds and a lightning crack.
A thunderous roar from the angry skies,
as Barney scowls and narrows its eyes.

Windblown rain on the stormy side,
unleashes its fury across countryside.
A crack of thunder and a lightning flash,
rain on roof and a gutter's splash.

Ridges on Barney and the valley weep,
to a welcome rain on the gorges deep
But, it's cosy and warm around the fire's glow
as the trees bent over in the wind blow.

Steak and snags on a barbecue
and the quenching rain, right on cue.
Sticky date pudding and apple pie.
as we marvel at nature, and wonder why!

Trevor Kelly, Jilalan October 1997

PAST EVENTS

ANZAC DAY BIKE RIDE
25TH APRIL

Two of the many on "The Ride"

The group of us gathered after the Breakfast at the Kangaroo Point Cliffs. Due to the roadworks at the new tunnel entrance at Buranda, we had to slightly review the route to be taken. Instead of heading south to Mt Gravatt, we headed west to Southbank.

The group dodged the "tourists" along the riverbank and got down to the real business of riding out to West End. It was a lovely morning to be out beside the River – cooled by the breeze created by the speed of our riding, sun shining down on us, the bikeway smooth and steady, and pedestrians to aim at.

Towards the end we headed for the inevitable coffee lounge – my breaks failed. I have now finished the 6 weeks of doing the washing-up as payment for the damage.

Thanks for all those who came and made this a most successful event.

Frd;:ru

WOODY POINT TO SCARBOROUGH (WITHOUT THE O'FAIR) 12TH MAY

Oh, what a day. A glorious crowd of wonderful people, and Greg. The day started on the inland side of the Redcliffe Peninsula, where it was sunny and not too breezy. The first stop was the park at Scott's Point – around from Woody Point, so named because of the wreck of the Woody, still lying on the rocky headland. We saw parakeets nesting in a tree root. We saw green grass. We saw clouds. And, we felt the bitter cold wind up the kilt. Boy, was it stiff.

So, down to the esplanade, to look at the whitecaps on the Bay. No surf lifesavers to be seen. The party moved briskly up to the picnic shelter sheds at Sutton's Brach, where we thought we would find shelter from the wind – wrong. However, we were surprised by the partying & drinking group next to us who were waiting for their friend to arrive by tandem parachute. It took too long to happen and we had to keep to schedule. It would have been good to see someone falling from the sky in that wind!!! However, we did have time to answer a Council survey on tourism in the area.

We did, for some now forgotten silly reason, walk out to the end of the Redcliffe Pier – I think we did to because it was there. When it's so windy, the windiest place is out on a pier surrounded by water. And nowhere to hide out there.

Back on shore, we had a wee break, as the Scots would say. Then the troops headed further up the shoreline. Now, we could look at the houses of the rich & famous as we passed Queen St. Onward we were pushed, to the fig trees of Pirate Park and onward, forever onward (for Maxine is a hard task master) to Scarborough Point. A quick stop at the fish & ship chop for sandwiches and other rare delicacies, before finally stopping at Jamieson Pk to eat.

Here we found hundreds of like minded persons sunning themselves and playing sport. No wind in site. Where had it gone? Why did we freeze while walking? Where were the clouds now? Why is to so? Why a glass & a half of rich full cream milk? What is the meaning of life? What number is Life, the Universe and Everything? We discussed none of it.

Thanks for all those who came – especially the many visitors.

Nlzubw.

WANUGARA FALLS 20TH MAY

The team headed off at the usual time from the O'Reilly's carpark, heading out on the Border Track to the escarpment. The day was lovely and the weather good. We looked at the Antarctic Beech trees , Strangler Figs and most gloriously, a Lyre Bird. It was making all sorts of noises. The rainforest was a nice deep green, given the drought conditions. However, we moved a bit slowly – the track was muddy & wet in places - in fact boggy. We had a late lunch at the Bothongable Lookout looking out over the Tweed Valley - the Falls were more than half way to Binna Burra.

When we arrived at the turnoff to the Falls, there was no sign of the track – it had gone, gone, gone. Because of the hour, and more because of the thickness of the forest, it was decided not to attempt finding the Falls, so the party headed back to O'Reilly's, via the same path. Going back was the right decision as we got back late enough. It would have taken far too long to bash our way through the rainforest to the top of the Falls.

Thank you all for coming along with me on this adventure – and come back again the next time I do it. Philips Younger & Elder, Terry, Desley, Joanne Young, and more, so many I cannot remember them.

Smyjpmy.

COFFEE NIGHT BELESIS, COORPAROO 30TH MAY

This was a cool night in May, so being indoors was a good idea. For some reason, perhaps a Yellow Cabs reunion, the place was full for a Wednesday night. Very full and somewhat noisy. Luckily, we stayed longer than them so were there almost by ourselves towards the end. There were not as many of us as usual, but we made up for it in spirit and conversation. And the

deserts were good, the coffee hot and pay as you order. What a nice place. Most of us had dinner there – no complaints.

Everyone should go to a Coffee Night once in their life.

Greg.

FRASER ISLAND
9-11 June
"THE RETURN"

A slight cold on Friday and "will I go or won't I go"? "To lead or not to lead" that was the question? Well I went. The cold got worse, the body got weak, but the spirit remained strong. I did manage to pass it on to a few of the troops. "I'm sorry, if I caused you any pain."

Friday was finally here and Joe, Iain, Philip and I were on the highway at 5:30pm and heading to Maryborough and the Wallace Caravan Park. Mike, Paul, Maree and Pat were already here and we were soon settled in for a comfortable night before the great adventure began on Saturday morning.

Catching the barge from River Heads, we were on Fraser Island at 9:00am and into the taxi, up the Eastern Beach and onto Boomerang Lakes for lunch - The highest dune lakes in the world, 130metres above sea level. Rick, Julie, June, Sok Cheon and Trevor; who left Brisbane early Saturday morning caught up with us here. Now the troops were all together and we were eight plus five. We walked into Coomboo Lake to set up camp at this quiet tranquil wilderness lake. Saturday night - the billy was boiled, jokes were told and laughter was everywhere. The "church bulletin" mistakes seemed to have everyone amused.

On Sunday morning Coomboo Lake was hidden in the mist, birds were singing and we were ready for the return to Hidden Lake. In 1997 we just followed the road and found the Lake ourselves. Now there is an official, although unmaintained, track and signs everywhere, but the lake was still as beautiful, fantastic and remote as it was then. A hot chocolate was promised for the first one to go for a swim. Who needs incentives to go swimming!! We walked around the lake; saw a carpet snake with a rather large bulge in his stomach, probably a rat, had morning tea on the far side, more swimming before heading back to camp for lunch.

Sunday afternoon was a mystery walk to Freshwater Lakes. A walk through some rather large Satinay Trees, we headed down the ridge and another wilderness lake was before us. Just enough time to swim, have afternoon tea and graze over to the far lake and the beach, which led to the rest of the lake. We were sitting on just one part of the butterfly. We shall return. We retraced our steps through those huge trees back to camp. Sunday night more of those bulletin blunders, laughter and chocolate.

Monday time to pack up. Rick and his troops with a rather sick Philip (Dr Evans and his jab stick was on call) walked back to the car. The remaining seven followed the track past Hidden Lake and onto the Yidney Scrub Road for a 12 o'clock pick-up. Some huge Kauri Pines here. From here it was back to River Heads and the 2:30pm ferry which put us back on the mainland at 3:00 pm, and back in Brisbane at 8:00pm.

The return to Hidden Lake and another Fraser adventure was at an end. Thanks to Mike, Paul, Pat, Maree, June, Joe, Philip, Iain, Rick, Julie, Sok Cheon and Trevor for sharing the adventure with me.

Justin.

MT MATHIESON CIRCUIT
11TH JUNE

Ticking off the "Spotto Sheet" with another find.

It was good weather between bouts of bad weather. Friday was wet and Saturday was extremely windy. Sunday was great – warm, no wind, sunny. What a change. Sixteen of us started this walk at Spicer's Gap. We headed along the brush trail towards the north, bobbing up and down till we reached the barbed wire fence. Then we followed it up, up and up. Then the Mt Mathieson lookout. What a view – Mt Mitchell, Mt Cordeaux, Morgan's Lookout, the Ramparts, Mt Castle and beyond. Even the highway as it went through the Gap.

We could not stop here as we had much more to do. The troops had to keep going to finish their Spotto sheet. They needed more clues. We just had to go on. The troops went along the little escarpment, up and over the little rocky bits and onto the "S" bend. Here again was an excellent photo spot – cleared, no trees blocking the view, higher than before, looking along the Main Range, and morning tea.

After a full 10min warning, we moved off into the rainforest – a bit surprising considering the territory we had already been through. It was cool, green, and refreshing. Happy to be in good old rainforest again. Alas, it was too short. We moved into the tree fern forest, then into the yellow flower forest.

Then surprise – the old timber jinker (another Spotto clue). We all took turns at looking at it. Oh, what a joy. But, alas, we could not stay to fully appreciate it – the old Spicer's Gap Road was a callin'. The track wandered in and out of the ridges and galleys and headed south. After some twisting and turning, the team arrives at The Road. As it turns out, this was not a particularly interesting spot. In fact, it was not interesting at all. So, we quickly headed east. However, there were educational signs along the way, explaining how 19th century country roads were built – very interesting.

At the Governor's Chair carpark, we trudged through the mud puddles to the steps – oh no, not steps for our tired legs. But all were impressed by my chosen lunch spot – the whole coastal plain at our feet. What a sight – all our major walking peaks in front of us – in fact, all the Federation Pilgrimage walks at our feet. What a site. The Chair was flat, warm and sunny. Considering all the wind we had the day before, how come it was so smoky around the horizon.

On the way back to the cars, we found bell birds drinking and swimming in a puddle in the road. Then we detoured to Moss' Well. Finally made it back to the cars.

Thanks to all those who attended: Desley, Graham G, David H, Terry, Louise L, Liz L, Rosemary, Ben, Brigid & Phil and visitors: Raylene, Rob, Stephen E, Nola and Coral.

Could you imagine it with snow all over the place?

Greg E

MOVIE NIGHT 12TH JUNE

Oh how fast the movie night comes around. There is the hard core who keep coming the 2nd Tuesday of each month, with visitors tagging along. Some have a meal prior to walking across the road to the Cinema. This month we all saw the same movie, then discussed the movie over coffee afterwards.

JOHN TOOHEY SOCIETY MEETING THE IRISH CLUB 15th JUNE

We had a good turnout for John Toohey Society at the Irish Club. There were a fine sample of beers and the food was excellent. In all there were 9 people there during the night – Phil Murray, Greg Endicott, Desley Pedrazzini, Liz Little, Graham Glasse, Gordana, Elizabeth Richards and two new comers Nola Sheldrick and Rob Cosgrove.

A really is a nice venue with ambience and it was not noisy so was easy to have a conversation. My favourite beer was the Kilkenny that just put the Guinness in the dark. I very impressed with the Irish Club especially the Tara Room.

Phil the Elder

EDINBURGH CASTLE SUNDAY 24TH JUNE

The view from the top was certainly worth it. We had a lovely 'dress circle' seating position to enjoy the view over Urbenville and the Obelisks. There were a few critics amongst us who are world weary travellers who made the observation that South Obelisk looked nothing like the Obelisks they saw in Egypt. I didn't have any comeback as I have never been to Egypt. I was just pleased to enjoy the stunning view over the surrounding countryside. Just magic, it made all the effort worthwhile.

I should also mention we had a few challenges on the drive in. The road was a bit wet - that was the problem. It was just wet enough to make the dust turn to a sticky mud and than the mud clung to the tyres like .. And of course, then the cars had no traction and began slipping and sliding all over the road. So after we started sliding sideways we quickly decided it was better not to risk sliding off the road and damaging a car. So we parked the cars and started walking early. This added another 3 kilometres to the start of the trip.

So a short little walk became a ridgy didge full-on daywalk. The good news is that we quickly covered the distance over the forestry road and reached the 'north east ridge' by about 11ish. Then it was up this ridge to the summit. When I did the walk back in 1988 I am sure there was a well defined track. The trip is been done so rarely now that the track has been reclaimed by the bush. So we just kept on pushing up hill. Finally we found the 'gully' which was steep, wet and slippery. The party eventually reached the summit cairn and found the attendance book. A major thrill was finding

an entry by Christine Walker who led the Club's trip in September in 1991. A special little treasure was an entry by Fr Ed Nally with his name and signature. I found it just a bit eerie finding a little record from Father Ed, who died several years ago, on a remote mountain summit in northern New South Wales. We quickly perused the book and I found the following lovely poem.

There was an old man from Bonalbo town
Who was one day heard to mutter
Me heart is pounding like a drum
My pulse has started to flutter
But still in all the view is worth
Every busted bone and muscle
And I can think not of a better spot
Than the top of Edinburgh Castle.

It was time to push on to the southern summit for our lunch. By pushing through the bush, and I mean pushing through the bush as there was no sign of a track, we just circled around to reach the southern trig point.. There was no view from here but just 50 metres further on was a lovely spot to sit and enjoy the view. In so many way it reminded me of the ambience I got on my trip to the Victorian Alps and the view I got from Mt Fainter and looking south back towards Mt Hotham. The Victorian Alps were much grander but at least it was nice to be reminded of them. Anyhow it was a nice high spot looking over the highland plateaus with the occasional peak rising up from the high plateau. I tried to make out Girraween and Mt Norman but I left the relevant map in the car. Michael Simpson provided the hot tea.

Time was slipping by so at 2.10pm we started the return trip. We finally got back to the cars by about 5.30pm in the gathering dark. It was a longish trip with a few tricky bits and Nola did extremely well on her first off-track walk. There were several bits where it was very steep but everyone managed to get down without injury or mishap. We then had the tricky job of turning our cars around. After a 10 point turn we got the cars pointing in the right direction and made for Macca's at Beaudesert, and then headed back to Red Hill. Mark Carter, on his first walk with us, had no trouble and coped as though he had been walking for years. And Rob Cosgrove, a visitor, did his third walk in 2 months. All three visitors would be welcome into the Club. It was also great to have Mary Kelly on her first walk for ages.

Those on the walk were: Members - Greg Endicott, Liz Little, Maxine Brophy, Michael Simpson, Philip Kearns, Terry Silk, Desley Pedrazzini, David Hill, Mary Kelly, Phil Murray, and Visitors - Nola Sheldrick, Rob Cosgrove and Mark Carter.

A big thank you note to Lynne Lucas a Club member and Malcolm Hill of the Logan and Beaudesert Bushwalkers for assisting me on the pre-outing, and thank you goes to the drivers on the day – Greg, Michael and Philip.

Most of us had a passing interest in visiting the Obelisk next year. And most of us had his interest turn into a strong desire. However, our visitor Nola was quiet frank. In fact she laughed that she still didn't even have a remote interest. All true 'peak bagging" bushwalkers aspire too climb it. The true believers made plans for a visit next year with a camp at Toolom Falls and dinner at the pub in Urbenville. The plan is to do South Obelisk on the Saturday and North Obelisk on the Sunday.

Phil Murray

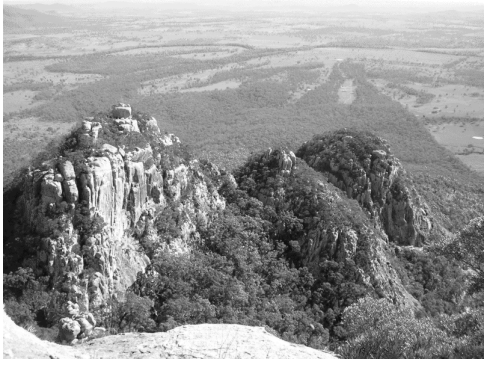
COFFEE NIGHT AVANTI CAFÉ/RESTAURANT 27TH JUNE

A good little restaurant on a hill with good food – but only one bill per table was a bit of a downer. The weather looked a bit wet but it did not keep the troops away. Yet again, most came for dinner, though this is not a requirement. Most had an Italian meal in one form or another. Great conversation was had, stories told, walks dissected, plans made. Good to a visitor – Heather appearing for her first contact with the Club – seems she has been to this restaurant before.

Thanks for coming: Liz L, Eliz R, Michael and Catherine, Graham, Rosemary, Jean, David Hill, Michele & Lucy E, Heather, Terry, Phil the Younger, Louse and Sam, Patricia F and hubbie and myself. I hope I recalled everyone. See you and everyone else at Coffee Club at Wilston on Wed 25th July.

Greg E

MIKE'S WALSH MT WALK SATURDAY 30TH JUNE TO SUNDAY 1ST JULY



A 4.30am start enabled the three of us to commence walking/climbing at the Mt Walsh NP by 8am. The usual route to the top of Mt Walsh is via an unofficial

track but that was going to be our way down not a way up. We branched off the track almost immediately and headed up a grassy ridge towards the first of the three pinnacles which dominate the skyline to the north of Mt Walsh. After a brief scouting trip by Philip, we climbed the first pinnacle (the pinnacle on the right in the photo) via a gully on the western side. After dropping to a small saddle we contoured around the second although we were almost at the top. We contoured around the third which is by far the largest of the three and reached the base of Mt Walsh itself.

Now the fun started. The terrain, whilst steep, was fairly clear and never really slowed us. But from this point the terrain became very scungy. It is obvious that there has not been a fire through here for some time as the ground was littered with broken and dead trees. We stopped around 12.30pm for lunch at the base of the gully we were going to use to complete the climb. During lunch we decided that, as we were going to climb Mt Walsh on the way back, we would find a ridge down to the creek and head down that after lunch.

After travelling about 50m in half an hour we decided very quickly that we would not make the creek before dark, turned around and climbed the gully to the top. This took us a little over an hour and we reached the bluff just before 3pm where we ran into a couple from England on a day trip from Gayndah, and a grey nomad from everywhere. After a brief chat we headed south along the top looking for a campsite. We eventually found a reasonable spot and set up camp around 4pm after a long hard day. The sunset was incredible and was quickly followed by a beautiful moonrise, but we didn't see much of it as the temperature was dropping and we were all tired and soon in bed.

We woke to a beautiful day. The wind was gone and the sky was a brilliant blue. You can't better a Queensland sky anywhere. After breakfast we continued along the ridge to the actual summit of Mt Walsh where we could see our planned route. It would have been impossible to traverse that area in the time permitted given the vast amount of scunge. This area will need a fire before you would even consider travelling along the ridge let alone the traversing the creek. We headed back to camp, packed up and then to the bluff for a few photos before heading down the track to the picnic ground. This track is actually harder in a few places than our ascent as we had to lower our packs a couple of times to get down chimneys. We left the park at 1pm, exhilarated at our accomplishments. We will return after a fire has been through as the southern ridges looked very tempting.

My thanks to Philip for his support during this mainly exploratory through walk and to our visitor Greg for his company and conversation. I loved one of his comments, 'Is this typical of your club's walks', and we promptly assured him that this walk was one of the more difficult walks we have done recently. I hope he returns.

Michael.

OTHER ITEMS OF INTEREST

AROUND THE RIDGES

28 AUGUST 2007, TUESDAY
TOTAL ECLIPSE OF THE MOON

In August 2007 we will see a total eclipse of the Moon. A total eclipse occurs when the Moon moves into the Earth's shadow and is only illuminated by reddish light scattered from the Earth's atmosphere.

The most spectacular phase will be visible from 6:51 pm until 10:24 pm. During the hour and a half of totality, the Full Moon will appear a beautiful, dark, ruddy colour.

Sunset:	5:34 pm
Moonrise:	5:22 pm
Penumbral phase begins:	5:53 pm
Umbral phase begins:	6:51 pm
Total Eclipse begins:	7:52 pm
Maximum phase:	8:38 pm
Total Eclipse ends:	9:23 pm
Umbral phase ends:	10:24 pm
Penumbral phase ends:	11:23 pm

SNOW ON MT. MITCHELL
(CUNNINGHAM'S GAP)

You may have thought the last few weeks were cold but we still haven't repeated the cold snap of 1984. See a copy of an article that appeared in Jilalan August 1984. Phil the Elder.

"A COLD AND LONELY PLACE

My feet tread gingerly on the snow covered path as I neared the summit amid swirling ice-laden cloud. The rearing wind buffeted and jostled me.

Climbing in New Zealand, the Himalayas or S.W. Tassie?

No! This experience occurred to me as I followed the track to Mt Mitchell in our own “back yard". It was Wednesday July 4th 1984.
Snow fell at Cunningham's Gap and other sections of the Scenic Rim during that historic cold snap. Snow was also reported' at Sylvester's Lookout, Spicer's Peak and Queen Mary Falls. Light snow began falling at lunchtime on the Tuesday, even at our Headquarters. Most occurred at night.

On Wednesday and Thursday we walked to Bare Rock and Mt Mitchell. The snow covered the ground and vegetation to a depth of a couple of inches near the summits. Patches of snow were seen less than half an hour from the carpark. Little snow remained in the trees due to high winds. Numerous branches and trees were brought down, including one monster with a diameter of over one metre.

I was enthralled to see the rainforest understorey covered by a blanket of white. Tree ferns, palms and vines reminding me of our sub-tropical location were adorned with snow and icy projections. The wind gusts from the south-west were surprising in their strength. Snow still filled the centres of crow's nest ferns and grass trees.

I was most concerned for the small birds flitting around, no doubt confused by the unusual surroundings. Patches of snow were present in some areas till the weekend.

The clean-up and. track repairs that followed were worth the effort, I thought.

John Carter, Jilalan August 1984 Page 6.

RED HILL HISTORY

From:
http://www.ourbrisbane.com/living/suburbs/red_hill/history/
Red Hill's history has been compiled by local historian, Lesley Jenkins, as a part of the BRISbites community history project.

Aboriginal history
The Turrbal clan occupied the northern side of the Brisbane River. This clan was often referred to by the whites as the 'Duke of York's' clan and their leader was called the Duke of York. There were camping grounds around the Breakfast creek area, and the explorers Oxley and Cunningham met members of the clan at the mouth of the Creek in 1824. The main encampment of the Turrbal clan was in 'Yorks Hollow'. This gully passes through Victoria Park and the Royal National Association Showgrounds at Bowen Hills. In the 1860s and 70s Aborigines lived on the slopes of Red Hill.

Urban development
The area developed slowly because its hills made walking more difficult, and slowed the development of public transport to the suburb. In the 1880s a horse drawn bus service was started which made its way via Prospect Terrace in Kelvin Grove to miss the steepest part of the hill, which the horses could not manage.

Red Hill became part of Ithaca Shire, which was created in 1887, with Ithaca raised to the status of a town in 1903. From the 1940s to the late 1960s the area became somewhat derelict before a resurgence of interest created buyers for the area once again.

Notable residents
There have been many important and eccentric residents of Red Hill. Professor Pepper made Brisbane history by trying to make rain by firing a cannon into the atmosphere. George Hall, former editor of the Moreton Bay Courier, once lived near where St Brigid's Church stands. It has also been claimed that John Storie, who built many fine historic homes in Brisbane, lived in Red Hill. In recent years author Nick Earls has immortalised the suburb by writing about it in his book Zig Zag Street.

Landmarks
St Brigid's Roman Catholic Church was built in 1914 to accommodate up to 1000 people. Its hilltop position and grand structure ensured that it was still visible from all directions and the church remains a landmark today.
The Normanby Hotel at 1 Musgrave Road was constructed in 1890 for Brisbane publican Elizabeth Sophia Burton. The Burton family owned the hotel until 1944 and both lived and worked there. Heritage listing now protects the hotel.
Ithaca Creek forms one of the boundaries of Woolcock Park. The Park was originally the site of Judge Woolcock's home, which was demolished many years ago.

Reference: Lesley Jenkins, BRISbites, 2000

ADVERTISMENT

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SAFETY & TRAINING SNIPPETS

Our Club has not really been on the front foot in pushing the Safety and Training aspect of our bushwalking. As a small step to shift the momentum in the direction to make it a mainline issue in the Club, the idea is to have a regular short article on Safety & Training issues. Over the years I have collected a treasure trove of articles and, rather then let them just collect dust, I will occasionally put them in Jilalan. To get the ball starting is this little quiz I found in the Gold Coast Bushwalking Club magazine "Footprints" October & November 2006 Edition 360 and 361.
Phil the Elder

First Aid Situations and Responses.

The following First Aid scenarios were given to Checkpoint Charlies at the recent walk (Kokoda Challenge), and they were asked to think about what actions should be taken, in the bushwalking injury situations described. Please think about and write down what actions should be taken.

Scenario 1: A bushwalker has fallen down a steep slope and a piece of wood about 2cm thick and 10cm long is protruding from a wound in his arm. There is substantial bleeding from the wound. The patient is conscious and sitting up when group members reach him, and is in some pain. There are 6 people in the group, the time is 2pm and the cars are about 5km away via a rough bushwalking track..

Response: If it is safe, other members of the group go down to the injured person. Ensure all persons are in safe locations before starting First Aid. Try to stop the bleeding by applying pressure with bandages or dressings or if necessary, with fingers, directly to the bleeding part. Do not remove the object from wound, unless very loose and it falls out be itself. Apply more bandages and pressure over and around the wound until bleeding stops. If bleeding does not stop, first apply more bandages over the original ones. If it still doesn't stop, remove the bandages and apply new ones. Put on disposable gloves if you have them. Avoid cross contamination by blood into open cuts or wounds. Check for broken bones.

After bleeding stops, tie a bandage around the dressing, the arm and the object to hold them in place. Check that circulation to the fingers is maintained. An arm sling may support the wounded arm. Lie the patient down and elevate the injured limb. Protect from heat or cold. Reassure the patient. Do not apply a tourniquet. Monitor for shock, ie: cold clammy skin, pulse that becomes rapid and feeble, changes in the conscious state, eg dizziness, fainting, sighing respiration ('air hunger'). If in shock: elevate legs, keep the torso flat - head level with heart, do not give anything by mouth, but moisten lips.

Assess the situation. Can the patient walk out or does help have to be brought in? If the patient feels they may be able to walk out, and it appears safe to do so, return to the track, and with suitable rests begin walking out. Assist the patient by supporting him, carrying him with a two or three person lift. It may be possible to make a stretcher, if suitable materials are available.

Assess whether an ambulance will be needed. If so, send some members of the group ahead to call an ambulance to meet them at the cars or other agreed place. Check mobile phone reception. Remember emergency mobile number 112 (and 000) may connect on other networks. If help needs to be brought to the patient, send some members of the group to the cars to get help, while some stay with the patient Ensure the location of the patient group is fully described, so the rescuers can find them quickly. Leave extra clothes, food, water, and torches with the remaining group, in case an overnight stay is needed. An emergency fire (if it is safe) may help to keep the patient warm and the rescuers to find them. After the rescue is completed, the leader should inform an emergency club contact, and the patient's nominated contact, if known.

by Phil the Elder

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

HOW WE ORGANISE OURSELVES

Visitors – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Brigid's Parish Hall, 78 Musgrave Rd, Red Hill. (The huge red brick church on the hill; the hall is at the back of the very large carpark.)
http://www.geocities.com/briscathbushclub/page4.html

VISITORS are always welcome.

OUTINGS

(a) Always read the Jilalan article to check the departure point, date and time.
(b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
(c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
(d) Walkers are responsible for their own transport to and from the departure point.
(e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
(f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
(g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
(h) All visitors must sign an Assumption of Risk form for insurance purposes.

EQUIPMENT HIRE: The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs $10/ weekend, Tents $5:00 – Deposit of $20:00 required.

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.
http://www.geocities.com/briscathbushclub/page3.html

MANAGEMENT COMMITTEE: All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

MEMBERSHIP FEES - Membership Subscription fees are:
Ordinary Members: $35; Associate Members: $26; Spouse Members: $9.00; Country: $26.00.
Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.
Pro-rata amounts apply to new members if you join during the year.
http://www.geocities.com/briscathbushclub/MshipApplForm2005.html

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.
http://www.geocities.com/briscathbushclub/EmergOffSyst.html

CONTACTS

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a/Vice President	Phil Murray	5522 9702
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Secretary	Desley Pedrazzini	3369 5530
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"Jilalan" Editor	Greg Endicott	3351 4092
Artist-In-Residence	Iain Renton	3371 4672
Qld Federation of Bushwalking Clubs	http://www.geocities.com/qfbwc/	
Federation Mountain Rescue	http://www.geocities.com/fmrqld/index.htm	
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House, Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650, E-Mail: printabout@cplqld.org.au		

For specific enquiries, contact the committee member (from above) concerned.
For Outings or Socials, contact the leader shown in the calendar or article.

If undeliverable return to
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