BRISBANE CATHOLIC BUSHWALKING CLUB INC. PO BOX 31, RED HILL, QLD 4059

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PRESIDENT	Phil Murray	3841 0254
VICE PRESIDENT	Justin Tobin	3366 3193
TREASURER	Terry Silk	3355 9765
SECRETARY	Pat Mackie	3398 7041
OUTINGS CO-ORDINATOR	Phil Murray	3841 0254
MEMBERSHIP OFFICER	Robyn Jones	3267 7377
SOCIAL SECRETARY	Maxine Brophy	3203 4699
TRAINING OFFICER	Paul Evans	3357 5254
WEB CO-ORDINATOR	Greg Endicott	3351 4092
"JILALAN" EDITOR	Louise Leonardi	3287 1372
ARTIST-IN-RESIDENCE	Iain Renton	3371 4672

CONTACTS

For specific enquiries, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquiries contact Susan Tobin 3366 3193.

Please have all Jilalan articles to Louise Leonardi by the 1st of the month. Articles, if on disk, need to be submitted in RTF (Rich Text Format) with a hard copy included, otherwise a handwritten

or typed copy will do. Alternatively, you can e-mail your articles to: **Samlouis@bigpond.net.au GENERAL MEETINGS**

Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is **St Brigid's Parish Hall**, **Musgrave Rd, RED HILL.** (The huge red brick Church on the hill) **VISITORS are always welcome**.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, Musgrave Rd. Check "Jilalan" or phone the leader to determine the location.
- (c) The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.
- (f) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader

(g) All visitors must sign an Assumption of Risk form for insurance.

EMERGENCY OFFICER

If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer for that outing- but please don't panic. If the EO is not mentioned, ring either the President or Vice President

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MANAGEMENT COMMITTEE

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

WARNING All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

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CALENDAR OF CLUB EVENTS FOR 2006

DATE	EVENT	LEADER	CONTACT NUMBER	WALK TYPE
Мау				
15	Meeting			
20	Boonah Show & Dinner at Dugandan	Justin Tobin &	3366 3193	
	Pub – Camp at Mt French	Maxine Brophy	3203 4699	
Sat 20-21	FMR – Injury & Recovery Training			FMR
21	Mt Toowoonan	Anthony Dolan	3342 0386	D/W
24	Coffee Night	Barbara Eastoe	3355 3639	Social
27	Annual Mass and Dinner	Phil Murray	3841 0254	Social
28	Bridges of Brisbane	Graham Glasse	3371 9623	C/W
June				
3	Bardon to Toowong Cemetery	Justin Tobin	3366 3193	C/W
4	Northbrook Gorge	Justin Tobin	3366 3193	D/W
10 - 11	Rogaining	Phil Murray	3841 0254	,
10-12	Barney Basecamp – Long weekend	Justin Tobin	3366 3193	B/C
17	FMR Equipment Day			FMR
18	Hamilton Heritage Walk	Maxine Brophy	3203 4699	D/W
19	Meeting			
24-25	Glen Rock	Philip Kearns	3870 3710	B/C
28	Coffee Night	Barbara Eastoe	3355 3639	Social
July			5555 5055	Jocial
1	Christmas in July	Robyn Jones	3267 7377	Social
2	Shorncliffe to Clontarf (Woody Point)	Rosemary	3855 1652	D/W
Z		Stafford	3833 1032	D/ W
Fri 7- Sun 9	Panorama Point	Iain Renton	3371 4672	T/W
15	Colonial Ball			Social
15	Shepherd's Walk	Terry Silk	3355 9765	D/W
16	Bird Identification at Nudgee Bird Hide	Matthew Palmer	3876 8125	S&T
17	Meeting			
23	Mt Warning	James Parra	3711 4490	D/W
26	Coffee Night	Barbara Eastoe	3355 3639	Social
30	Stag's Head	John Carter	3290 3621	D/W
August				
Fri 4-Sun 6	Richmond Gap to Collins Gap	Matthew Palmer	3876 8125	T/W
6	Bridge to Brisbane Funwalk	Greg Endicott	3351 4092	C/W
13	Island Hop – Bay Islands	Elizabeth	3393 5545	Social
	, ,	Richards		
Wed 16	Barney Mass	Justin Tobin	3366 3193	D/W
Fri 18 -20	Federation Pilgrimage at	Hosted by Glasshouse		,
	Landsborough-Rocky Creek Scout Camp	Mountains Bushwalkers & Sunshine Coast bushwalkers		
19 - 20	Qld Bush Poets Championship	Robyn Jones	3267 7377	Social
21	Meeting			
27	Mt May to Mt Maroon	Pat Lawton	3366 1956	D/W
30	Coffee Night			Social
September				
Sat 2	Fr Ed Memorial Walk – Nudgee	Maxine Brophy	3203 4699	D/W
Sat 2	Riverfire Social	ТВА	5205 4033	Social
		IDA		JUCIAI
10	Basket Swamp	Justin Tobin	3366 3193	B/C

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17	Cobaki & Piggabeen Wetlands	Phil Murray	3841 0254	D/W
18	Meeting			
24	Hamilton Heritage Walk	Maxine Brophy	3203 4699	Social
Wed 27	Coffee Night	Barbara Eastoe	3355 3639	Social
October				
1	Mt Beerwah	Richard Johns	3353 2822	D/W
Fri 6 – Sun 8	Cooloola	Philip Kearns	3870 3710	T/W
Sat 14	Progressive Dinner by Ferry	Maxine Brophy	3203 4699	Social
14	FMR – Rescue Leader Activities	ТВА		FMR
16	Meeting			
22	Obi Obi to Kondalilla Falls	Liz Little	3356 4874	D/W
25	Coffee Night	Barbara Eastoe	3355 3639	Social
29	Muscat & Baily Creeks	Matthew Palmer	3876 8125	
November				
5	Evans Heads Basecamp	Kerry Mulligan	3876 8125	B/C
12	Canungra Creek to Road Junction	Philip Kearns	3870 3710	D/W
20	Meeting			
26	Coomera Circuit	Maxine Brophy	3203 4699	D/W
Wed 29	Coffee Night	Barbara Eastoe	3355 3639	Social
December				
Sat 2- Sun 3	Christmas Party – (Week-end at Coolum)	Maxine Brophy	3203 4699	Social
10	Dianna's Bath	TBA		1⁄2 DW
17	Toolona Falls Circuit	Marie Ricketts	3265 1794	D/W
18	Meeting			
Mon 26	Boxing Day Walk	Liz Little	3356 4874	

KEY – Walk Types

D/W	Day Walk	½ DW	Half-day Walk
T/W	Through Walk	TRN	Training
O/N	Overnighter	FMR	Federation Mountain Rescue
B/C	Base Camp	SOC	Social
C/W	City Walk		

KEY – Walk Gradings

The Brisbane Catholic Bushwalking Club uses the following Walk Grading system, which is referred to under each coming walk. If uncertain, please consult with the walk's leader.

1. Dist	ance	2. 7	Terrain	3. I	Fitness
Short	Under 10km per day	1-3	Graded or open terrain.	1-3	Easy. Suitable for
			No scrub		beginners
Medium	10-15km per day	4-7	Bush. Minor scrub	4-7	Medium. Reasonable
			rainforest, rock creek		fitness required.
			Rock hopping, scrambling		
Long	15-20 km per day		Bush. As Above+ thick		
EXtra	Over 20 km per day	8-10	scrub, major rock	8-10	Hard Strenuous, fit
Long			scrambling using hands, technical		walkers required.
			technical		

Club Web Address: <u>www.geocities.com/briscathbushclub/</u> email: <u>briscathbushclub@yahoo.com.au</u>

The club's calendar can be seen at this site under the heading Event Calendar. (The web site can be located through the Yahoo search engine. Also, there are links from the Federation website.)

Monthly Meeting Monday 19th June St Brigid's Hall 78 Musgrave Rd, Red Hill

Contact: Phil Murray (3841 0254) **Club President** Location: St Brigid's Parish Hall, 78 Musgrave Rd, Red Hill (In the building at the back of the carpark). St Brigid's is the big red brick church right on the top of the hill. Time: 7:30pm M 2 7 Grade: Cost: Nil **Emerg Off:** Phil Murray (3841 0254) but not after 7pm on the 19th.

Come along to hear what we will be doing over the coming month, and what we have done over the past month. Jilalan can tell you the "nuts & bolts", but not all the facts. Seeing your leader and listening to the description of the Club event will tell you more. You can ask questions to fine tune your understanding of the event, you can listen to answer to the questions others ask, and you might even see a map of the area you are going to.

There is more to a Meeting than nominating for an event. Come along and talk to your mates. Come and hear how the Club is being run. Hear about Our plans.

Stay for supper.

It is rumoured that Margaret Cooper, back from Wales, will be giving a talk about her time in the Welsh mountains.

See you there.

ABOUT MEMBERS

Inquiries, Visitors and New Members

Our new members for May were Mary Kelly and Karen Bright. At our general May meeting we had visitors Monica Martini, Mary & Barry Wheatland. Thanks to the work of our Publicity Officer Greg Endicott, who also is our web master, we have had a lot of enquiries through the net and from parishes; Susan Marshall, Brian Schimpf, Tamara & Ken Maloney, Chris Ashe, Robert Prinzen-Wood, Ken Vaughan, Debbie Akaczonek, Rick Brake, Phil Newman, Peter Tennyson Angela Trigger. If you see these people make them most welcome. We wish the Endicott family a wonderful trip at the end of June and look forward to seeing photos and hearing all about it. Also, Maxine and Michael have

Jilalan

just returned from a brief holiday in Europe.

On Graham's recent walk of the Bridges of Brisbane we also had Brigid Baker join us, so I hope she enjoyed her day with us.

Birthday wishes this month to Julie Cullen, Barbara Devine, June Greenaway and Ronnie Keen are having a birthday in June.

Robyn Jones (Membership Officer).

TREASURERS REPORT

Balance 10/04/06	\$3352.65
<u>Plus Receipts</u>	<u>\$ 672.15</u>
	\$4024.80
<u>Less Payments</u>	\$1246.80
Balance 15/05/06	<u>\$2778.00</u>
Term Deposit	\$1900.22

Terry.

Congratulations to Barbara Eastoe and Mary Kelly who were the lucky winners of our first raffle for the year. I have already started selling tickets in our next raffle with the prize being a medium size Blue Microfibre Sportstowel. Tickets are still generously priced at a dollar each. Once again thank you to all those who supported the club by buying tickets.

Attention all new and current members, the club still has a limited number of club t-shirts which I am anxious to sell at \$27.00 each. These shirts are a must have item for all members and you can be assured that our next batch will be of a higher cost.

COMING WALKS

Glen Rock Sunday 25th June Daywalk

Leader:	Philip Kearns (3870 3710)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	6:30am
Grade:	M 5 5
Cost:	\$15:00
Emerg Off:	Sam Leonardi (3287 1372)

Glen Rock is a major geological feature in the recreational area of the same name. It was originally a cattle station, but the Qld government bought it. It is self funded from the proceeds of cattle grazing (which still occurs at Glen Rock). A beautiful creek flows through a wide valley that is bordered by moderately high mountains (up to 800 m high). Our journey will take us from the main camping area in the recreation reserve along the creek until we reach a junction with Flaggy Creek.

We then have a choice. We can turn hard left and venture up to Glen Rock itself admire the views and head along a ridge towards Red Rock (permission pending) and then back to the camping area. Alternatively we can head towards Point Pure along a ridge that has a couple of short sharp pinches in it (I did it with a through pack last year so a day pack should be easier). Either way we are going to be high above the valley enjoying clear air and great company. The views are something to be remembered and it is also a good exercise for those who would like to learn how to read maps a little bit better: rest assured there will not be an exam at the end of the day.

Come along and enjoy a lovely sunny Sunday with me in the Glen Rock Recreational area.

Philip Kearns.

Shorncliff to Woody Point OVER THE HORNIBROOK BRIDGE Sunday 2nd July Daywalk

Leader:	Rosemary Stafford (3855 2652 <u>after 7:00pm</u> or
	0438 061 130)
Meet at:	Moora Park,
	Cnr Park Pde & Swan St
	Shorncliffe
Time:	9:00am
Grade:	M 1 1
Cost:	\$3:00
Emerg Off:	Sam Leonardi (3287 1372)

This will be a nice easy walk after our Christmas in July celebrations the previous evening.

We will walk from Moora Park down to the Shorncliffe Pier and along the esplanade.

Morning tea will be enjoyed at Arthur Davis Park (corner Eighth Avenue). There is a lovely coffee/fish 'n chip shop on this corner for those who would like to purchase a Cappuccino or something similar.

We will continue along to the end of the esplanade and cross the Houghton Highway (there are pedestrian lights here) and on to the Hornibrook Bridge. Once over the bridge we will continue on the walking path to Woody Point where we will have lunch.

Woody Point has a few take-away food stores & also the Hotel – and for the antique lovers a great antique shop.

A car shuffle will be organised in the morning for cars to be at Woody Point to return the walkers to their cars at Shorncliffe. For those who would like to catch the train, Shorncliffe Station is only a short walk up Swan Street. The total distance of this walk is 11 km. Should be a great day – look forward to seeing you.

Rosemary

Panorama Point Fri 7th – Sun 9th July 2006 Throughwalk

Leader:	Iain Renton (3371 4672)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	7:00pm (Earlier if possible)
Grade:	L 6 6
Cost:	\$34:00
Emerg Off	Cathy Simpson (3351 3810)

Join me for a great throughwalk in some beautiful and spectacular bushwalking country. We'll drive up on Friday night and camp at the old forestry area on the south branch of Emu Creek. Next day we'll drive to the walk start. We'll be taking the Guymer-Asplenuim ridge up to Mt. Asplenium, then Panorama Point and along the crest of the Main Range to our campsite.

It is a beautiful camping spot in the Mt. Steamer Saddle with fresh water nearby. On Sunday morning we'll have a steep climb up to Mt. Steamer – enjoy the absolutely beautiful spot on top and then admire the Steamers, the dramatic rock outcrops, from the Stern lookout. Most of the walking will be through open Eucalypts with some rain forest on the peaks. There's a well-trodden footpad much of the way with some boulder-strewn rainforest to negotiate.

There is some moderate rock-scrambling in a couple of spots and a head for heights could be useful. Iain Renton

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Historic Shepherds Walk Saturday 15th July 2006 Daywalk

Leader:	Terry Silk (3355 9765)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	6:45am
Grade:	M 3 3
Cost:	\$8:00 + \$10.00
Emerg Off:	Carol Kelly (3269 4795)

Well folks, here it is again, the Beaudesert Historical Society's Annual Shepherds' Walk. In my opinion this is the best walk on the club's calendar as it combines spectacular scenery with good company and great food. What more could you wish for on a bushwalk. This walk can be done by all club members and it is my wish that everyone in the club do it at least once. The club has done this walk for the past five years and I have enjoyed doing each one. This will be the twentieth year that the Historical Society has run this walk. Naturally, after so many years they have everything very well organised and everything runs quite professionally.

Like last year, the walk will start and finish at our lunch spot so that you can see that it is a short walk. The river crossing at the start and finish of the walk is now really civilised because large concrete block stepping stones have been set in the river bed. Therefore, it will require a special effort to get wet on this crossing. After the river crossing there is a steady climb to the saddle on the Gin Broken Range where a leisurely morning tea is had. Be aware that the Historical Society provides the walk leader and "Tail End Charlie" who only walks as fast as the slowest walker. Also, on the climb, numerous rest breaks are taken so that people of all levels of fitness can complete the walk. The views of the surrounding mountains are well worth seeing.

The Historical Society provides their famous sausage sizzle lunch which is

included in the \$10.00 fee. Non walkers are also welcome to join in the sausage sizzle lunch at a cost of \$10.00 which includes the bus trip to the lunch site. There is no charge for children. Several varieties of damper are also available at lunch along with a limited selection of home-made cakes and biscuits. There is syrup for the damper as well as tea, coffee, cordial and water to wash it all down. There is always plenty of food available and you can return for more as many times as you like. This is the only walk that the club does where we do not stop for coffee on the way home as everyone is so full.

Usually, there are more than 100 people on this walk. If you have a name tag you might like to wear it to help personalise communications. Also, this is a good opportunity to wear your club t-shirt to advertise who you represent. It is amazing how well these shirts stand out in a crowd and so it will make it easier for us to find one another. Usually other clubs are amongst the crowd on this walk. I am sure that you will not be disappointed by this walk and once you do it you will become hooked like me. The Society does an excellent job of looking after everyone. Please note that you will need to bring some water and morning tea.

The Society provides bus transportation from Beaudesert to and from the walk. Initially, we will travel to a monument in the Christmas Creek Valley for a brief rundown on the background of the walk and then we will travel around to the Kerry Valley to commence the walk.

Please nominate A.S.A.P. so that numbers can be ascertained for catering purposes. The traditional country hospitality experienced on the day is yet another highlight of a most enjoyable day which I cannot recommend highly enough.

Regards, Terry

PREVIEW

BRIDGE TO BRISBANE Fun Walk Sunday 6th August

Leader: **Greg Endicott (3351 4092)** Lytton Rd, Murarrie Meet at: (Where the exit road from the toll booths at the Gateway Bridge meets Lytton Rd) Time: 6:45am Grade: M12 Cost: \$30.00 **Collector of Nomination Forms: Phil Murray or** post them to me at: 12 Mingaletta Cres, Ferny Hills Q Qld 4055.

Web site:

:http://www.bridgetobrisbane.com.au/

Now it is time to commit yourself for this Fun Run/Walk. The date is almost on us. Fill in your form.

Those who walked last year will receive an Application Form from the Courier Mail. When you nominate for 2006, fill this one out as it is bar-coded and partly filled out for you. Just check the details and complete the rest of the form, especially the payment part, and hand it to Phil Murray at the meeting on Monday 17th July. If you cannot attend the meeting post it to me at 12 Mingaletta Cres, Ferny Hills Qld 4055. I will place us into Teams, and the Forms have to be submitted together to be in a team. This is why I need all the forms in my hand; you **do not** post them in yourself, or complete the online form.

I will take the forms to the Race Office about a week before the race, hand them in, get your bib number and give them to you before the race. Those who walked last year need to talk to friends and get them to enter this year – the more the merrier. We accept anyone – not just Club Members. Club Visitors, Enquirers, Family & Friends are welcome to come along with us.

Though it is titled a "Fun Run", most people do not run – BCBC people tend to walk. If you nominate with a friend or two, you can stay together and talk all the way. If you cannot keep up, there is no need to hurry – there are crowds all around you no matter how fast or slow you walk.

During the Walk, there are water and toilet stops every 2kms. St John's Ambulance is even in attendance.

The walk starts at the Toll Booths at the Gateway Bridge (on the south side) at Murarrie. There are a few categories, depending on how fast you intend running/walking. If you are like the majority of us, you will be walking – so you start at 7.00am (If you are running, you start earlier). To be on time, you will need to be at the toll booths by 6:45am. This means you will have to arrive at the parking area by 6:30am at the very latest.

Ample Parking is arranged by the organisers in the industrial estates and streets around the starting point. You can find these details on the web, or in the starter pack you get when nominating. On the website,

http://www.bridgetobrisbane.com.au/, Click on "The Race" and then "Course Details", "Start Time & Info" and "Transport & Parking" on the Home Page, Click on "Printable View" on the bottom of the page to get the PDF Version, and now scroll down the Box to find the details you want. Why not car pool – meet at a central spot and hop into the one car and go together to the start parking area.

A pre-paid bus service will be available at 6am from Queensland Newspapers 41 Campbell Street Bowen Hills to the Gateway Bridge on Sunday August 6, 2006. This service is available to all entrants who pre-purchase and receive a bus ticket at the race office prior to Wednesday August 2, 2006. A limited number of car parks are available in the grounds of Queensland Newspapers building and near the Race Office; just follow the directional signage on the day. There are numerous on-street areas for parking around Campbell Street, Mayne Road, and Brooks Street.

RETURN TRANSPORT

Once the race is over, there is free City Cat and Bus transport back to your car at the start. You can be back at your car 30mins after you finish. Shuttle bus transfers will be provided free of charge from New Farm Park to Car Park 1 and 2 at Murarrie and to Breakfast Creek, from 9am to 12 noon. Buses will transport holders of a pre-paid ticket to Queensland Newspapers.

These Bus Tickets from/to Bowen Hills must be prepaid – extra to the nomination. Signify to me if you want to take this bus. I will pay & you repay me on the day itself.

Send the completed form with payment to me NOW. I prefer you complete the credit card details on the nomination form, rather than handling cash.

COURSE DETAILS:

THE 12KM EVENT

The 12km event will start near the toll plaza on the Gateway Bridge, along Kingsford-Sith Drive to Newstead, then through Teneriffe to the Powerhouse entrance and follow the concourse into New Farm Park. The uphill portion of the Gateway Bridge is 1.1km with a gradient of 5.1%. The downhill section is 1.1km.

Elite Athletes: Red Zone Start 7:00am - Male: Max time 44 min & Female: Max time 48 min Runners: Red Zone Start 7:00am - Male: Max time 60mins & Female: Max time 70 min Other Runners/Walkers: Yellow Zone Start 7:00am - Entrants under 90min

Other Runners/Walkers: White Zone Start 7:00am

12km - All Entrants (Individual and Corporate Team Entrants) \$30 (Child in stroller/harness Free)

THE 4.5KM EVENT

The 4.5km event starts from Amy Street, next to the Breakfast Creek Hotel. The course will follow the outbound lanes of Breakfast Creek Road to Edmondstone Road, cross into the inbound lanes of Breakfast Creek at that intersection and follow the final part of the 12km course to New Farm Park.

Elite Athletes: Blue Zone Start 9:00am Runners/Walkers: Maroon Zone Start 9:00am

4.5k - All Entrants (Individual and Corporate Team Entrants) \$25 (Child in stroller/harness Free)

TEAM ENTRIES

A team comprises a maximum of 10 and a minimum of five entrants per team. You can enter as many teams as you like. Each team member must complete and sign an entry form and submit the form to their coordinator (Greg Endicott). The co-ordinator should complete one corporate team section of the entry form for each team submitted and send with sufficient payment. Payment may be for the team or individual payments by cheque, money order or credit card (Visa, Mastercard, Bankcard) will be accepted. I can make 2 or 3 teams, as per last year.

RACE PACK:

Your race pack includes your ChampionChip, race guide and other handy information about the race.

The Race Guide Contains Information On: 12km and 4.5km Events, Start, Parking, Timing, Route Map, McDonald's Water

Station's, Finish and Recovery area, Photographs, Clothing Bag Collection, Award Ceremony, Transport, Terms and Conditions, Prizes.

HISTORY

The Sunday Mail Suncorp Bridge to Brisbane Fun Run started nine years ago in 1997 as The Bridge to Bay Fun Run. In 2000, the route was changed to its current course and renamed The Bridge to Brisbane Fun Run. Last year, the event recorded its largest number of participants ever - more than 21,000 people walked and ran their way to New Farm Park, around 10,000 more than the first year of the new course. In 2002, a new 4.25km short course was launched, with participants travelling from Newstead Park to New Farm Park. This short course has proved extremely popular with 4,644 participants competing last year. To accommodate growing numbers, the start moved to Albion Park in 2005 and will remain in the same location this year with the distance being 4.5km. In the nine years since its inception. The Bridge to Brisbane has raised \$1.6 million for charities such as Endeavour Foundation, Royal Women's Hospital, Youth Enterprise Trust, Royal Flying Doctor Service, Guide Dogs Queensland and QIMR.

Thanks, Greg E



COMING SOCIALS

John Toohey Society Meeting Friday 16th June Rosie's Tavern 235 Edward St, City

- Contact: Greg Endicott (3351 4092) Where: As above, in the header. Downstairs Bar, under
- Rowes Arcade. Time: From 4pm onwards till 6pm, or until the last person leaves.
- What For: To gather in a congenial atmosphere and socialise in a relaxing atmosphere.

Drinks: Whatever you want – beer, wine, water, soft drink, coffee, champagne (if you can afford it).

Cost: Depends on whatever you buy, (or free: get in a shout and duck out when it is your turn)

Grade: S11 to X10 10 depending on your personal circumstances Emerg Off: Greg Endicott (3351 4092) but not after 3.20pm on

the 16^{th})

Sick & tired of just walking, walking and walking.

Then come along to this John Toohey Society Meeting. Instead, talk, talk and talk about the walk, walk, walk. John was the gent who founded Toohey's Brewery in the Mexican capital south of the border. But, we do not restrict ourselves just to his product. We like them all. The Mexican immigrants can drink that stuff, us born north of the border will try our own. Find out why the Meeting should really be named after Kate Quinlan.

Come along and look for us. You can recognise us – we will be the quiet ones.

June 2006

John Toohey Society Meeting Friday 21st July The Criterion Tavern **Cnr Adelaide St & George St**

- Phil Murray (3841 0254) Contact: Where: As above, in the header. Downstairs Bar, under **Rowes Arcade.**
- Time: From 4pm onwards till 6pm, or until the last person leaves.
- What For: To gather in a congenial atmosphere and socialise in a relaxing atmosphere.

Whatever you want -Drinks: beer, wine, water, soft drink, coffee, champagne (if you can afford it).

Depends on whatever Cost: you buy, (or free: get in a shout and duck out when it is your turn)

Grade: S 1 1 to X10 10 depending on your personal circumstances Emerg Off: Phil Murray (3841 0254) but not after 3.59pm on the 21st)

Criterion Tavern Will Never Disappoint!

Criterion Tavern is located in the heart of Brisbane city. This vibrant tavern has recently been refurbished and now incorporates a contemporary style to suit the busy schedule of today's society. Criterion Tavern offers fabulous beverages and tasty, diverse meals with nightly specials and prices ranging between \$10 and \$20. Together with the excellent, friendly management and the vibrant crowd, Gaming facilities, bar, live entertainment and relaxing beer garden, Criterion Tavern will never disappoint! Drop in some time - you will be pleasantly rewarded!

Decor & Vibe Comfortable, Friendly, Modern Site Description Bar. Restaurant Site Facilities ATM, Beer Garden, Non-smoking Area, Mood Lighting, **Outdoor Seating** Customers Artists. Backpackers, Locals, Sporting Groups. Students, Workers

🕒 Menus Dinner, Lunch

Oprinks Coopers on Tap, Extensive Range of Beers, Local Beers, Local Brew on Tap, Popular Spirits, Tooheys New on Tap, Tooheys Old on Tap, VB on Tap, Wine List **Food** Bistro, Daily Specials Entertainment Live Entertainment, Modern/Contemporary Nearby Bus Stop,

Taxi Rank, Attractions, Gardens/Parklands

Come along and meet us in an informal atmosphere.

Letter from the Editor

Apologies to those whose articles I may not have put in this magazine. Of course, many thanks to those who have contributed to the June issue.

Please, if something you have sent me is not in this Jilalan, let me know.

Many thanks to Phil Murray for assisting with last month's Jilalan, and also to all who have sent your prayers to us through this difficult time.

Remember, God loves you & me. Together we will work things out.

> God Bless Louise Leonardi

Jilalan

STOP PRESS

Christmas Comes Early Saturday 1st July



Where:20 Kelyndar St, BanyoTime:6:30PMCost:\$20:00Organiser:Robyn Jones (3267 7377)

Come & share a traditional Christmas Dinner with your walking friends. Turkey, glazed ham and Christmas pudding with all the trimmings will be the evening fare at the Jones household. For catering purposes I will need to have your reservations by Friday June 23rd with a limit of 30 people. Our home is children and wheelchair friendly but do wear your woollies as it will be served undercover but outdoors.

Robyn



Coffee Night

Belesis Café Restaurant

When:	Wednesday 28 th June
Where:	Belesis Café Restaurant
	198 Old Cleveland Rd
	Cooparoo
Time:	From 7pm
Contact:	Barbara Eastoe, 3355 3639

This is our first one on the south side this year so I hope to see plenty of you southsiders there. This one comes recommended by Pat Mackie. I haven't been there but the reviews look good. It's Mediterranean food. Come along and have a good night with a lot of nice people.

P.S The pre-dinner walks have been a success and will resume once the weather gets warmer.

Barbara Eastoe

PAST SOCIALS

Past Coffee Nights Café Zanetti at Mitchelton

I'm really running so far behind myself that I can hardly remember what I've done last week let alone a month ago. This is a review for two coffee nights as I missed the April Jilalan for Café Zanetti because of the early closing date.

Café Zanetti was a great venue. Good food, pleasant café and a good turn up. Most came beforehand for a walk along the bike path (this was mostly in the dark but we didn't lose anyone). I was so impressed we might go there again (the fact that it's about 3 minutes from my place has nothing to do with it!).

Unfortunately I had to miss Avanti as I had to change my theatre booking. I left this in the trusty hands of Peta Matthewman. I'm sure she did a great job but I haven't had a chance to catch up with her.

I'll try and do a better effort with the write up for the next coffee night.

Barbara Eastoe

Coffee Night – 24th May Avanti at Bardon

On a rather chilly Wednesday night whilst the Mighty Maroons were gallantly doing battle in Sydney, ten of us gathered at a quite crowed Avanti Cafe in Bardon for coffee and a chat. Prior to this, Peta, who was deputising for Barbara had led Michael and Catherine on an interesting walk through the surrounding streets checking out the spectacular city lights and some graceful old million dollar plus houses. The crisp pre-winter early evening atmosphere helped make the views even more spectacular.

By all reports the food and prices were quite reasonable and it was agreed that this venue was worthy of a return visit. Also present were Liz L, Barbara D, Elizabeth R, Greg and Lucy, yours truly and a visitor Maree Hardiker. Terry.

MAXINE'S MERRY MINGLES CALENDAR OF SOCIAL EVENTS FOR 2006

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MONTH	DATE	EVENT
June	Sun 16	Bardon to
		Toowong
July	Sat 1	Christmas in July
	Sat 15	Colonial Ball
August	Sun 13	Island Hop – Bay Islands
	Sat 19	QLD Bush Poets
	Sun 20	Championships
September	Sat 2	Riverfire Social
October	Sat 14	Progressive Dinner by Ferry
November	Sun 19	Powerhouse Markets & Breakfast
December	Sat 2-	Xmas Party
	Sun 3	(weekend at Coolum)

PAST OUTINGS

Killarney to Cullendore Border Gate Sat 13th – Sun 14th May 2006 Throughwalk

The weather was great for our walk along the Border fence. The trip became a supported throughwalk when Matthew Palmer nominated, along with Ethan, and planned to walk only part of the walk and then return to the start to assist with the car shuffle. On hearing this news, nobody was too keen to carry a pack when it could be taken in a trailer. Philip Kearns had just purchased a new pack and was keen to try it, so he walked the full distance under the weight of his pack.

We left Brisbane at 6:30am and after a short coffee break in Warwick we drove on to Killarney Border Gate. All that remains now of what was once a busy border gate, is a sign on a post which says "Border Gate Office" - there was no response to Ethan's knock on the post! We left our 2 vehicles on the highway and headed off westwards along the fence. It was relatively easy going (for those of us with day packs) with great views of Killarney and the Queen Mary Falls area. Unfortunately ahead lay Mt Leslie, and even though from a distance it did not look like anything, we soon found out just how steep it was - both up and down. Once on top, Mathew took one look at the descent and decided that he had reached his turn-around point - a smart As a farewell to Mathew we move! decided to have morning tea. Phil produced some lamingtons and Therese shared her biscuits. It was 11:00am. Ethan decided he would like to continue on with the group, so we said goodbye to Mathew and then dropped steeply down the western side.

The next section took us through lovely eucalyptus forest and then suddenly we were at the start of yet another steep climb - this time One Tree Hill. We all puffed and panted our way to the top. Poor Phil, as he struggled with his heavy pack, the rest of us were glad that Matthew had come along with the trailer.

With those 2 hills behind us the going became easier. It was 1:00pm when we stopped for lunch in a lovely green paddock. The views were still great and in the distance we could see Warwick. Mary Kelly tried hard to dispose of her yoghurt wafer biscuits - not too much success! I think they will be off her food list next time! The farmer from down below spotted us and rode up on his quad bike to see who we were. He was a little concerned as he had set dingo traps along the fence. He assured that we had passed the "danger zone" and that our route ahead would be safe – apart from a little shooting later that night. We had just finished lunch when Ethan spotted his dad about 1km ahead coming towards us.

It was easy going all the way to Barlow's Gate. We camped in a lovely spot by the fence about 1.5km from the Gate. While the rest of us set up camp, Matthew & Michael went off to do the next part of the car shuffle. When they had not returned by 5:30pm Phil & I became a little concerned. They eventually turned up and told us of the fun that they had. Instead of taking the main road, they decided to take a short-cut on the Barlow's Gate Road. At first this road was bitumen, then dirt, then 4WD, then tracks and then it disappeared. They met a 4WD and asked the driver if it was Barlow's Gate Road. He replied that it was, looked at Matthew's commodore and added "Do you really want to know that!" Matthew continued along the track but said later, "I won't be driving on that road again."

While waiting for Matthew to return, Ethan had fun erecting his own tent. Therese and Mary shared a tent and they had fun also – don't think they will ever get first prize in a tent erecting contest! Matthew had brought lots of water for us so cooking tea etc was no problem. We were able to have a fire. It was a delightful night – full moon, great company, lots of jokes and sharing of past bushwalking experiences.

It was a mild night and we awoke to heavy dew on the tents. The N.S.W cattle came along the fence to see what Queenslanders have for breakfast. We spoke with the property owner at Barlow's Gate for some time. Ethan, Mary (and myself) found lots of animals to play with - dogs, horses and a foul etc. We said goodbye to the owner and the animals and set off on our journey to Cullendore, 14km away. Morning tea was had at an old abandoned house. Ethan found going through all the junk and getting into the old car bodies rather exciting. He wanted to take home lots of his found treasures - Matthew said no to the old dingo trap and iron and these were put back on the old verandah

Everybody was keen to get to the end and the striding out escalated somewhat. As Cullendore gate came into view, it was like the end of the Melbourne Cup – Michael, Therese and Ethan were going for their lives. It was about 1:30pm and we had finished our 30 klms of walking. The last part of the car shuffle was done and then we made our way back to Brisbane, arriving home around 5:00pm.

It was a lovely week-end and I thoroughly enjoyed it. Congratulations to Therese and Mary for nominating for a throughwalk(even though it turned into a supported walk) and to Ethan who walked the entire distance without a word of complaint and was a delight to be with. Thanks also to the drivers, Michael and Matthew and a special thankyou to Matthew for his trailer, thus enabling our walk to be so much more Well, everybody has been eniovable. thanked except Phil, so rather than having him feel out of it, a big thankyou to him for coming along and demonstrating his pack carrying ability.

Those on the walk – Matthew & Ethan Palmer, Phil Kearns, Michael Simpson, Mary Kelly, Therese Abernethy & myself. Pat

John Toohey Society Gathering Fri 19th May.

This gathering was at the Embassy in Edward St. being a corner bar at street level, with lots of glass; it did not feel dingy and closed in, but light and airy. It proved a most popular afternoon with the numbers doubling. We discussed past holidays, work, coming holidays, life the universe and everything.

However, we did not come to a conclusion, so we will meet again on Fri 16th June at Rosie's in Edward St, between Queen & Adelaide. See you there.

Louise Leonardi jumps into Lower Portals Photo contributed by Ian Jones

Other Items of Interest

SAFETY & TRAINING BIRD IDENTIFICATION MORNING SUNDAY 16/07/06

Contact:	Paul Evans (3357 5254)
Meet at:	O'Quinn Street
	Nudgee Beach
Time:	6:30am
Cost:	\$2:00

Do you know the difference between a marsh sandpiper and terek sandpiper? Then this is the opportunity to update your knowledge on coastal birds. Several walks eg: Moreton and Cooloola come across these birds and the names are often a mystery. So with the assistance of Matthew Palmer there will be the opportunity to upgrade your knowledge. It will be a 6:30am start at Nudgee Beach before heading down to the bird hide. The sightings on the day will be a matter of weather and luck. Afterwards it will be a cup of tea or coffee and maybe something to share to eat.

Please nominate as soon as possible / there may be limitations on numbers due to the size of the bird hide.

Matthew will be giving details of birds as they are spotted and I will try to have a list of birds for everyone. This is the time to bring binoculars if possible. All in all should be a great morning.

Paul

REFLECTIONS

"Looking back to find guidance for the way forward."

The Club's old magazines and reports have a wonderful legacy of articles on thoughts and reflections on the bushwalking experience. Rather than let these little treasures disappear in the mist of time I would like to dust them off and share them with the current members. Hopefully these reflections will provide some words of wisdom. Phil

A REFLECTION BY FR EDWIN NALLY

FOREWORD- TO 33RD ANNUAL REPORT 1990 – *To Live Fully*

I went to the woods because I wished to live deliberately. I wanted to live deep and suck out all the marrow of life.

To put to rout all that was not life, and not when I came to die, discover that I had not lived.

-Dead Poets Society

The ideal of living a full life, of living deeply, is certainly one that appeals to most of us. We can sense the tragedy of the opposite - of discovering at the end of life that one has not lived.

But what does it mean 'to live fully?'

I think an essential element of living fully is entering into relationships with others, widening and deepening our web of human associations.

We enter into relationships with others in many ways through our work, through social contact, through friendship, through marriage and family. Our relationships with some will be deeper than with others. Probably we can enter into deep relationships with only a very few people.

Club life, participating in club activities may not be the most significant way of establishing relationships but it is not insignificant either. The spirit of the BCBC has often been remarked on by visitors to the club who feel that the interaction of members in a spirit of genuine friendliness is quite a significant feature of the club often perhaps unnoticed or taken for granted by long time members. May it continue and grow.

And the activities of a bushwalking club are such as to bring us into contact with many basic elements in our human existence. They bring us into contact with Nature in all its beauty...the beauty of running water, of the glow of fire, of the majesty of mountain ranges.

Truly many of the best things in life are free. And the activities often involve simple basic interactions - food shared, assistance asked and assistance given, problems encountered and solved together – experiences accumulated for later discussion, reflection, enjoyment and laughter.

May those who belong to the club and share in its activities be enriched by their contact with the beauty of Nature. May they widen and deepen their relationships with others.

<u>Edwin Nally.</u>

POETRY CORNER

My Friend Fred

My friend Fred came out to walk, I invited him you see. The leader said 'Most welcome' As he joined our company.

He wore tight jeans and a denim shirt, And shoes that had no tread, By the time the first rest came along, He really looked quite dead.

The sweat was running in a gush, And his breath was at a race.

Jilalan

The party bolted on ahead, And set a deadly pace.

He drank the water till it was gone. And ate the scrogqin fast. Everyone had raced ahead, And we were left to last.

Lunch time came and he was done, He ate like a starving hog. And disturbed a nest of bull doer ants, Whilst resting by a log.

He danced and jumped like a man possessed Slapping, hitting, squashing. So he jumped feet first into the creek, To give the ants a washing.

"Moving out" the leader yelled. And we were last in line. I asked if he was alright, He said that he was fine.

On the cliffs those treadless shoes, They slid without a grip. With leg raised high to reach a ledge, His tight -jeans had a rip.

When we reached the road he kissed the ground, Then walked along and slipped So I stopped and gave him my canteen, And greedily he sipped.

Now the walk is over, We reached the cars alright, And homeward now we ventured, In the fading light.

On Wednesday night I got a call, T'was Fred I'm surprised to say. He wanted to go walking, With me on another day.

He said he'd learned his lesson, And bought some shorts and a hat, Walking shoes and a knapsack And bits of this and that. Now we walk the bush together, And he proudly strides along. The bushland rings in echo, With the sound of his merry song.

So when you're feeling breathless, And your face is turning red, Come and I'll tell you a story, About our friend Fred.

By Jim Teys

THE WAYSIDER No. 230 Jan - Feb 1992

A note from the Editor.....

Remember, please forward your magazine articles by the 1^{st} of the Month. You may forward your articles to either:

25 Harburg Drive Beenleigh Qld 4207

e-mail address: samlouis@bigpond.net.au

Christ himself, innocent he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death and in the spirit he was raised to life.

Peter 3:18-20

God Bless Louise (Editor)

or