

JILALAN



The Annual Mass & Dinner – Saturday May 22nd

Monthly Magazine Of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

FIRST PUBLISHED September 1970

ISSUE N° 477

ISSN: 1836-3121

May 2010

April 24	Gap Creek Falls	Michele J		DW	
25	Card Night	Richard & Michele			
26	Buderim Bushland Pockets	Heike		DW	
29	Bronco's Dinner	Antonia			
May 2/3	Sunshine Coast Great Walk	Jan		TW	
3	Triple Falls	Russ		DW	
8	Bare Rock Evening Stroll	Terry		DW	
May 16	Yellowpinch Circuit	Maxine	3409 4001	DW	
16	Gateway Bridge Opening Walk	Greg	3351 4092	Soc	
17	BCBC Meeting	Desley	3369 5530	Meet	
18	Apocalypse Simplified	Fr Stephen	3355 2667		
18	FMR Meeting	Desley	3369 5530	Meet	
21	Kate Quinlan – The Tank	Russ	3374 3534	Soc	
22	Tour of Parliament House	Antonia	3857 1387	Soc	
22	Annual Mass and Dinner	Michele E	3351 4092	Soc	
22/23	FMR – Wilderness First Aid	Phil B	4638 5938	Trn	
23	Cubberla Ck to Enoggera Ck	Trevor	3269 4795	DW	
25	East's Leagues Club for Dinner	Antonia	3857 1387	Soc	
27	BWQ Meeting	Desley	3369 5530		
29	Boondall Wetlands	Cheryl	3263 8393	SW	
29	Active Outdoors Expo	QORF			
30	Minnages	Pat	3366 1956	DW	M55
Jun 4/6	Emu Creek Circuit	Michael	3351 3810	TW	L56
5	Caloundra Beaches	Graham	3371 9623	DW	M23
13	Knapps Peak	Michael	3351 3810	DW	
18	John Toohey Society:Irish Club	Phil	5522 9702		
19	FMR – Mezzanine Ridge	Barbara M	0422 804 768	DW	
20	Rochedale to Burbank	Phil	5522 9702	DW	S22
21	Monthly Meeting	Desley	3369 5530	Meet	
25/27	Girraween NP	Joe	3848 4642	BC	S55
Jul 3	Mt Alexander	Paul	0412 339 311	DW	
7/10	Pray 2010	http://www.pray2010.org.au/			
9/11	Savages Ridge	Justin	3366 3193	BC	
10	Bullocky Rest	Cheryl	3263 8393	SW	
11	Medieval Tournament	Antonia	3857 1387	Soc	
17	Shepherd's Walk	Terry	3355 9765	DW	
24	Toohey Forest Wildflowers	Phil	5522 9702	DW	
25	Collins Gap to Nothofagas	Matthew	3407 4179	DW	
31	Catholics Returning Home	Sue S	3355 2667		
31/1	Junction View to Laidley Gap	Michael	3351 3810	TW	
Aug 1	Quinze Rocks Flower Walk	Phil	5522 9702	DW	
7/8	Traverse of Mt Warning	Desley	3369 5530	Trn	
7	Noosa Trails	Terry	3355 9765	DW	
10	North Ridge	Justin	3366 3193	DW	L77
11	Barney Mass	Phil	5522 9702	DW/BC	
14	Mt Tamborine	Desley	3369 5530	DW	
20/22	The Federation Pilgrimage	Desley	3369 5530	BC	
28	Mt Tibrogargan	Needed		DW	
28	Tibrogargan & Trachyte Cct	Needed		DW	
Sep 4	Mt Philip & Red Rock	Needed		DW	
5	Mt Mathieson	Greg	3351 4092	DW	S33
11	Shipstern	Peggy		DW	
18/19	Border Fence near Stanthorpe	Pat	3366 1956	TW	
19	Coolangatta to Burleigh	Phil	5522 9702	DW	
24/26	Lost World	Needed		BC	
25	White Patch	Needed		SW	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

KEY – Walk Types

D/W	Day Walk	½ D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Grading

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

May those who wield political power
Be uncorrupted by it.
Grant them the gifts
Of wisdom, vision and understanding,
And a true sympathy with those they lead.
May their own resources and wealth
Make no barrier between them and the poor,
The weak and the disposed.
Amen. (Johnson 1986:102)

FROM THE VAULTS

I thought this month I would reproduce the original Monthly Circular (the forerunner to the Jilalan). It gives some insight into the ethos of the club at its inception.



BRISBANE CATHOLIC BUSHWALKING CLUB
Monthly Circular for March, 1958.

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Club Officers (until Annual General Meeting, April 10th, 1958).
President Chaplain Rev.Fr.Hayes Phone JW 2134
Outings Secretary Raoul Mellish " JW 1700
Hon. Secretary Rosemary O'Brien " LM 5646
Hon. Treasurer Colin McLellan " LM 3972

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Sunday, March 16th, Day Walk, Brookfield-Kenmore

Leader: Vincent Maume. Phone UX 3242.

Those going on this trip are to meet at Roma Street Bus Stand to catch the 9.30 a.m. Upper Brookfield bus. Buy a single ticket only. The trip is from the terminus through pleasantly undulating country to Mt Elphinstone (682 ft.) from where there are good views of Mt. Coot-tha, Brisbane, Ipswich and the main Mt. Barney, Cunningham Gap area, atmosphere permitting. After lunch the route follows Moggill Creek where there is swimming - bring swim suits. The return bus is caught at Kenmore at 4.50 p.m. (and 6.45 is the next one). N.B. Please bring full water bottles.

Saturday/Sunday, March 29/30th, Base Camp Mt.Greville.

Leader: Colin McLellan. Phone LM 3972.

(Closing date for nominations and payment of fare, 30/-, per head (unless circumstances necessitate alteration) is Wednesday 19th March 1958. These are to be submitted to the Outings Secretary, Raoul Mellish, Kadumba St., Yeronga, Phone JW 1700.

A Greyhound Bus, seating 30 people, has been hired for this outing and for those going by bus, the first 30 nominations received will be those going by official transport. Those going by any private vehicle are expected to contact the outing leader to get directions to the camp site etc.

The bus will leave from the Greyhound Bus Depot, opposite the Melbourne Street Interstate Railway Station, at 9 a.m. Saturday, and will return to the City in time for 6.30 Sunday evening Mass at St.Stephens Cathedral.

This trip will provide the Club's first experience of camping out. Members are expected to bring all their own provisions and advice on this matter is readily obtainable from the outing leader, Colin McLellan.

Mt.Greville (Meebatboogan) 2527 ft. is situated in an area of beautiful farming country, and the old aboriginal name for this district "Moogerah" means the place where the storms "brew". Mt.Edwards 2079 ft. just to the north of Greville also bears the aboriginal name "Moogerah". Graceful Mt.Moon, 2577 ft. situated west of Mt.Greville contrasts with Greville's ruggedness.

There will be an easy ascent of Greville through its palm filled gorge and pleasant swimming in Reynolds Creek.

Tent accommodation is available for the first eight girls who nominate but others will have to provide their own tentage.

It is pointed out that Mt.Greville is in a National Park and full respect must be paid to the preservation of flora and fauna in their Natural state.

Thursday, March 27th, Theatre Evening. Villanova Play "Heaven Can Wait".

For those interested, Chris Bisshop, phone M.5484, will arrange a group booking for this play at 4/3 per head. Nominations for this social outing must be lodged with him by 13.3.58.

Next General Meeting, April 10th (due to Easter).

The next General Meeting will be on the second Thursday of the Month for the above reason, but all ensuing general meetings will be held on the first Thursday of the month as usual.

The main item for the agenda for this general meeting will be the re-election of office bearers and committee members

Raoul Mellish, Outings Secretary.

Until next month good walking and I hope to see you in the bush.

Michael (3351 3810, 0409 620714 or michaelesimpson@optusnet.com.au)

PRESIDENT'S REPORT

Last month I wrote about the Barney Mass.

But a lot closer is the Annual Mass and Dinner – on Saturday 21st May, only a week away. You will need to ring Michele E now to let her know how many current, past members and visitors to expect.

This is the gathering to start off the Club year; to gather us all together and pray that the coming year will be a safe one, a successful one and one filled with joy. We also remember the year past to thank the Lord for our safe arrival to the present, new friends made, great walking and the successful continuation of our Club.

This should be the one event where we all attend (the Barney Mass is usually too strenuous for some, though some of our weaker walkers are surprised what they can achieve on the day) as it is the one unifying occasion where all can attend. It is a BCBC celebration of our continued safe existence, not “just” another Catholic Mass.

It is hoped that all current members, past members, friends and visitors can attend, regardless of what denomination (if any) they belong to.

If you cannot afford the time, at least attend the Mass at the Franciscan Sisters Home in Turner Road at Kedron at 5pm. If you do have the time, move on to the dinner at the Stafford Tavern.

Michele Endicott requires numbers to know how many chairs to lay out at the chapel and the booking for the Tavern. If you forget to nominate, still come – surely we can fit you in.

SOCIAL SECRETARY'S REPORT

Thursday, 29th April was a relaxing evening at the Bronco's Club and saw nine walkers in attendance. They were Desley, Terry, Grahame, Liz, Roger and Julie, Sophie, Greg E and me. All enjoyed the buffet so that could mean we will have another hungry group at Easts on Tuesday 25th May.

I hope many of you will be able to come along for Yum Cha at King of Kings in Fortitude Valley on a weekend in June.

I have not received any suggestions for other clubs to dine in yet; however, I have received many suggestions for possible socials, so many, in fact, that I have enough for next year, too,

providing you turn out in good numbers to give me heart to continue.

Don't forget the Abbey Medieval Tournament on Sat 10th and Sunday 11th July at Caboolture. The Saturday would probably be the most suitable even though all major events are held each day. There are at least twenty-five re-enactment groups participating and they provide an unforgettable atmosphere as they strive to maintain authenticity in their appearance, artefacts and actions. The many food and market stalls do the same. There is at least one tavern and the Hari Krishna devotees provide vegetarian fare. There are many other attractions beside the tourneys and jousting. These include historic societies putting on plays, music groups and displays of medieval crafts, many for sale.

Queensland Rail teams with the local bus company for the day so your train ticket will also get you on the bus to the site and back and the last bus leaves at about 8 pm. There are large fields for parking if you do drive and the parking is very well supervised by various community groups, e.g. SES. The day starts with a type of march-past by all the groups. There are many opportunities for the photographers among us. Don't forget to check out the website for the Abbey Tournament because you can purchase your ticket more cheaply that way. If you can't find it, go straight to the site for the Abbey Museum of Art and Archaeology.

Email me at antonius12@bigpond.com Antonia

TREASURER'S REPORT

Balance 15/3/10	\$3287.58
Plus Receipts	\$1738.06
	\$5025.64
Less Payments	\$ 694.70
Balance 19/4/10	\$4330.94
Term Deposit	\$2267.69

I will be drawing our first raffle for the year at our May meeting. Tickets are one dollar each and there are two prizes with the first being a pack of two books on Australian birds and the second a book on National Park walks around Sydney.

Thank you to all those who generously supported our recent Little Kings collection. We managed to raise \$245.00 to which the club added a donation of \$57.00.

Earlier in the year our St. Vinnies coffee night managed to raise \$76.00 for the Dorrington chapter of The St. Vincent de Paul Society. A big

thank you to those who supported this worthwhile cause.

A reminder, particularly to our newer members, that the club has limited supply of club t-shirts and metal badges at \$20.00 and \$5.00 respectively. These are a good buy and are handy to wear on club outings. It is always a great sight to see a group of members resplendent in their club shirts. Terry.

ABOUT PEOPLE

Julie Brake, Greg Endicott, Joe Finn, Richard Johns, Nick Keen, Phil Murray and Rosemary O'Brien are each celebrating their birthday in May.

Karen Frederiks recently returned from walking the Overland Track in Tasmania. Mary Van Velthuisen had a brief motoring holiday in New Zealand whilst Robin Thorn has just returned from attending a wedding in New Zealand. In February Roger Ford attended the Rugby Sevens in Hong Kong where he also managed to catch up with his son.

Both Richard Johns and Roger Ford have lost mothers during the last month. We remember the deceased in our prayers.

Michael Simpson had a number of visitors on his challenging Lizard Point Throughwalk. They were Chris Rahmann, Andrew Hughes, Antony and Elia Faa and Chris Hegerty. Once again Brenda Keough was a welcome visitor at our April Meeting as well as clocking up two more walks by being on Desley's Enoggera Creek walk and Heike's Buderim Bush Pockets. Suzanne Stevens did her first walk with us on Desley's Enoggera Creek walk and returned for the Buderim Bush Pockets, then did Jan's throughwalk at Mapleton. Nampech Wuthapanich has clocked up another couple of walks by being on this one as well as Michele's Gap Creek Falls. Heather Worth was a first time walker with us on Heike's Buderim Bush Pockets walk. Once again, visitors are always most welcome on any of our activities.

Recently, we have had an enquiry from Michelle Hebbard and Aurée Francou – visiting Q'ld from France.

Derry Maloney, husband of past member Madonna (nee Stratford) died recently – we pass on our sympathies to her.

Bernard Ivers was in hospital over the May long weekend due to a complication with his shoulder operation – now even more months of treatment for this new ailment.

Past member Margaret Cooper was recently married to Peter, and will be off to Europe shortly.

We received greetings from Helen Mees, who is feeling better after her treatment has ceased and is recovering. She will slowly return to bushwalking. The aim is to do the Comino in 2012.

Margaret Morgan is now a Life Saver, and has been doing patrols at Kurrawa.

THANKS FROM PAT LAWTON

I would like to thank all the present and past members who came along to the dinner to celebrate my recent 70th Birthday on 10 April. It was great to catch up with so many friends from my early days in B.C.B.C. I was delighted and surprised to find that Paul Wijngaarden had flown up from Sydney for the night. Paul and I did a lot of walking (and throughwalking) together in the 1960s and we have remained friends since his move to Sydney in the late 60s. Paul is now a member of the Sydney Catholic Bushwalkers.

In 1971 a group of friends from BCBC arranged a walking trip to New Zealand. Nine people enjoyed each other's company on that trip. Six of those nine people were present on the night – 39 years later!

I would also like to thank, Justin Sue and Mary for organizing the night and making it the success it was. I think in total 58 people packed into the restaurant. I would also like to thank Greg Endicott who, I'm sure played a part in e-mailing past friends.

Once again to all those who attended, thanks for a wonderful night. I really enjoyed catching up with you all. It was great to see the friendship and companionship, which was so evident in the club when I joined in 1961, still very strong today. May God bless you all and give you many happy years of walking. Pat Lawton

GRANT SUBMISSIONS

Can you all please put your thinking caps on and let me know that if we find a suitable grant to apply for, how much and what for? I'm thinking \$5000 for a first aid course (QATB, St, Johns or some other accredited course) for every member and GPS's or suchlike. Suggestions welcomed.

Gambling Community Benefit Fund — Queensland Government. Provides one-off grants of up to \$30,000 to Queensland based not-for-profit community groups. Applications close 31 May. Go to [Gambling Community Benefit Fund](#)

Jupiter's Casino Community Benefit Fund — Queensland Government. Provides grants of up to \$150,000 for capital expenditure / fixed assets,

pilot projects, community education/training, and community workshops.

Applications close 31 May. Go to [Jupiter's Casino Community Benefit Fund](#)

Local Sport and Recreation Jobs Plan

Applications opened April 1, open all year.

Go to [Local Sport and Recreation Jobs Plan](#)

State Sport and Recreation Organisational Development Program

Applications opened April 1, close: 2 July 2010

Go to [Recreation Organisational Development Program](#)

And, has anyone got experience at writing proposals for government grants? Desley

COMING EVENTS

TRIPS still leave from St Brigid's car park at Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:

<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

16th MAY, SUNDAY YELLOWPINCH CIRCUIT DAYWALK

Leader: Maxine Brophy Ph: 3409 4001

Meet: St Brigid's carpark, Red Hill

Time: 7am

Cost: \$20

Grade: S53

Location: Mt Barney National Park

Web: <http://bedsandreds.com/photos/>

Emerg Off: Justin Tobin Ph: 3366 3193

Come away and explore the lower reaches of Mt Barney National Park, in the Yellow Pinch Reserve. This park is one of the largest areas of untouched vegetation remaining in South East Qld.

We will follow Cronans Creek on its circuit with the Logan River, giving us excellent views of the mighty peaks of Mt Barney. The best being from the Yellow Pinch Knoll, where we stop for lunch. The creek has numerous cascades and deep pools and is lined by Casuarina, red- flowering bottle brush and golden silky oaks.

Platypus swim in the creeks but are rarely seen. We may be lucky enough to find one! Kingfishers swoop along the banks looking for food in the fast flowing waters, with coloured honeyeaters and robins nearby. On the drive into the national park brush-tailed rock wallabies will be feeding on the grassy fields and ridges, so keep watch!

This will be a most enjoyable walk with a variety of grassy slopes, rock hopping and swimming if warm enough, in a classic wilderness area. I hope you can join us for a great short walk.



16th MAY, SUNDAY GATEWAY BRIDGE OPENING SOCIAL

Leader: Greg Endicott Ph: 3351 4092

Meet at: 1. Ascot Railway Station Shuttle Bus Stop

2. Murarrie Railway Station Shuttle Bus Stop

Meet Time: 9.14am at the Shuttle Bus Stop – either of them

Transport: Train from Central to Ascot at 8.56am Signed Doomben (Special timetable – not in Journey Planner)

Train from Central to Murarrie at 8.48am Signed Cleveland

Driving: Parking at Eagle Farm Racecourse and walk to Ascot Railway Station

Parking at Murarrie Recreation Reserve and walk to Murarrie Railway Station

Free Shuttle Bus from both Railway Stations

http://www.gatewaybridgeopening.com.au/images/stories/TRANSLINK_schedule.pdf

Cost: Return public transport ticket + food, drinks etc

Grading: S22

Location: Straddles the Brisbane River between Eagle Farm and Murarrie

Web: <http://www.gatewaybridgeopening.com.au/>

Emerg Off: Greg Ph: 0418 122 995

**I have booked for 30 walkers
Come Do The First Of Our 3 Bridge-Opening
Walks**

Stop – Read This First – Important Notice

Go on the Yellowpinch walk of Maxine. Yes, go on it. You can do it. Truly. Yes.

For those who don't, I have put this social stroll on.

Meet at any of the 2 above locations. Obviously, the Northsiders will be doing a different walk to the Southsiders - but with the magic of mobile phones we will meet in the middle.

Normally there are no trains to Ascot/Doomben on Sunday so these trains are not in the Translink "Journey Planner".

As both parking areas are adjacent to the train stations, I assume there is only one Shuttle Bus Stop which will be at the Railway Station. To make sure we all meet at the appointed time on time, we will gather at the Railway Stations. Ring me on the Mobile on the day if there are difficulties. I have not allocated a Southside "Leader" – I will be getting the train to Ascot. Judging by the opening of the Clem7 Tunnel, there could be a little transport chaos, so plan to be early if driving, or if on public transport, to be early to link with those trains.

You all know the old Gateway Bridge; well the new one is a carbon copy – what more to tell you about it. The walk up it is not steep, but it is high above the River and some would call it seep – it is not a race so we can take it slowly. Hopefully, at this hour, not everyone will be out and about. But there will be crowds.

We will go across, look at the other side, try to work out where the bike tracks go once they are off the Bridge (there is a cycleway over this new Gateway) so that we can plan a bike riding social in the future.

We will stop to read every word of the bridge engineering displays, buy morning tea, have a drink, (bring your togs for a swim in the River) and look at planes taking off at The Airport (the Bridge is a great spot for doing this).

And instead of walking back across again, those who do not have a car waiting can get the shuttle bus to (or, a radical idea – walk to) Murarrie and have a coffee at a cafe there before getting a train from Murarrie back to the city.

Remember – slip, slop and slap – you will be out in the hot sun so cover up and bring lots of water. If you are still energetic, why not walk back to the Railway Station instead of getting the Free Shuttle Bus back? Return trains are every half hour – from Ascot on the 25 & 55, and from Murarrie to Central on the 27 & 57.

By the way, the other two bridge-openings are the Hale St (Go Between) and the Redcliffe (Houghton Highway) coming later in the year.

And be home in time for Lunch.



**17th MAY, MONDAY
MONTHLY MEETING**

Contact: Desley Ph: 3369 5530

Time: 7.30pm – Doors open & meeting starts soon after

Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Come along to hear reports of recent outings & socials, as well as our coming events. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk.

Come pay your 2010 subs.

Nominate to lead an outing.

Stay for supper. Bring those holiday snaps.

18th MAY, TUESDAY THE APOCALYPSE SIMPLIFIED

Talks by: Fr Stephen Byrnes
**At: St William's Parish Hall,
67 Dawson Pde, Grovely**

Time: 7.30pm, Daley Centre.

Cost: Gold coin donation each session

Info: Parish Office Ph: 3355 2667

Tuesday evenings until Tuesday 1st June.

Fr Stephen Byrnes will be presenting a series of sessions on the Book of Revelation, also called Apocalypse.

Fr Stephen will investigate what Scripture says and implies, and bring an historical perspective to the investigation. Fr Stephen, a Scripture scholar of many years, will help us to grasp the insights of the Book of the Apocalypse in his usual illuminating style.

Daley Centre 67 Dawson Parade, Keperra at 7.30pm on Tuesday evenings until Tuesday 1st June.

21st MAY, FRIDAY KATE QUINLAN SOCIETY The REBEL Tour

Contact: Russ Ph: 3374 3534

Location: The Tank, 371 Queen St. On the corner with the little lane near the intersection of Queen & Eagle Sts

Time: From 4.30pm onwards

Web: <http://www.thetankhotel.com/>

Cost: Food – Open sandwiches, burgers and mains from \$16

This hotel is one of our favourites because of its atmosphere; it is not too noisy, it is not too crowded after working hours, and you most likely get a chair.

Go up the stairs and grab a table overlooking the street if there are any spare – if not wait till there are and pounce.

The JTS was cancelled as it was too close to the Mass & Dinner, but the “rebels” rebelled and put this one on.

Come along for an evening of good conversation and good company. Stay as long as you like.

22-23rd MAY, SAT TO SUNDAY FIRST AID TRAINING BEGINNERS

Contact: Phil Box, Training Officer
Ph: 4638 5938 or 0418 716 774
e-mail: ddownloadsro@bigpond.net.au

Time: 8am

Web: <http://www.fmrqld.bwq.org.au/train.html>

Who For: Beginners

This is a special Wilderness First Aid training weekend, concentrating less on nuclear radiation & childbirth and more on our type of potential injuries. It will be presented by a qualified first aid training organisation. However, there will be input prior to the weekend by bushwalkers to ensure the curriculum is what we want. You will have to do the normal stuff in order to get the Certificate.



22nd MAY, SATURDAY TOUR of PARILMENT HOUSE SOCIAL

Leader: Antonia Simpson **Ph:** 3857 1387
Where: cnr George & Alice Streets
Meet at: Outside Parliament House in the dead end of George St against the Botanical Gardens wall

Time: 10am

Cost: Nil

Location: Gardens Point in the city

Web: http://www.parliament.qld.gov.au/communityEngagement/view/events/event_P150.asp

Celebrate your Parliament's 150th anniversary.

Join Antonia and Desley for a once-in-a-life-time event – going to Parliament House and going into areas not normally open to the public – perhaps even sit on one of those comfy green or red leather seats and yell abuse across the chamber.

Queensland's Parliament House is located in the Brisbane CBD bordering the Botanic Gardens and the Queensland University of Technology Gardens Point Campus.

Parliament House is accessible by the free Brisbane City Council 'Loop Bus' service, by City Cat and is approximately 20 minutes walk from Roma Street and Central Stations or South Bank train station (walk over the Goodwill Bridge)

The Open Day will feature-

- FREE 'Behind The Scenes' tours of Parliament House that includes areas not usually open for public viewing
- FREE Live entertainment on the Speaker's Green at Parliament House. (Glad it is not dead like some of the residents.)
- Free events and fun for children
- FREE sausage sizzle
- Launch of the Speakers' Corner, a legacy project for the people of Queensland
- FREE parking (approximately 200 places available)
- Watch the actors “debate” in the House!
- And more.

Everyone Welcome!

22nd MAY, SATURDAY ANNUAL MASS AND DINNER

Contact: Michele Endicott **Ph:** 3351 4092 / endhouse@bigpond.net.au

Time: 5pm

Venue: **MASS:** Chapel of the Franciscan Sisters, “Delamore”,
115 Turner Rd, Kedron (almost opposite Jardine St.)
DINNER: Stafford Tavern,
51 Webster Rd, Stafford.

Cost: Mass is free - though you might be asked to do a little job*
Dinner: Pay individually for dinner and drinks as you go

Web: <http://mficaust.org.au/index.html>
<http://www.thestafford.com.au/dinner-menu.php>

The annual Mass and Dinner is always a pleasant evening. The sisters at Kedron are opening their beautiful chapel to us once again. It is small and intimate – makes for a good atmosphere; and the singing is not ‘lost’. Fr David Pascoe will celebrate with us and will be assisted by our own Deacon Russ Nelson. Peggy Rutter is providing the music.

The Stafford Tavern is reasonably priced: breads \$6 to \$12; salads \$13; mains \$16 to \$26; and steaks \$22 to \$30; and sides \$5 to \$8. They have the standard desserts.

23rd MAY, SUNDAY CUBBERLA CREEK TO ENOGGERA CREEK

DAYWALK

Leader: Trevor Kelly Ph 32694795
Meet at: Roma Street Bus Station
Time: 7:30am for 7:37am bus
Grade: M43
Cost: 4-Zone off peak saver \$8.00
Pre- purchase if you can please
Location: Chapel Hill, Mt Coot-tha, The Gap
Web:http://www.cubberlawitton.org/fact_sheet/s/climate_and_hydrology
And:http://www.brisbane.qld.gov.au/bccwr/environment/documents/track_map_mtcootha.pdf
Emerg Off: Carol Kelly. Ph 3269 4795

Our journey begins at the Roma Street Bus Station, which will take us along Coronation Drive through Indooroopilly on to Kenmore to change buses to Cubberla Creek in the western foothills of Mt Coot-tha.

A series of tracks used by walkers and mountain bike riders (We will try not to scare them) takes us to Gap Creek Reserve for smoko. This is mountain bike central crossing Gap Creek Road, the road between the Gap and Kenmore, to pick up the tracks to Boundary Road above the dam hopefully the creeks will still be flowing. Dropping down to reach the dam for lunch and whatever else has to be done in this quiet refuge of suburbia. Following the dam to Walk-a-bout Creek for coffee and bus back into town. Hop on the bus and join us for a wilderness walk in suburban Brisbane.

25th MAY, TUESDAY EASTS RUGBY LEAGUE CLUB SOCIAL

Leader: Antonia Simpson Ph: 3857 1387 or 0400 571 387
Meet at: Foyer, signing in area.
Meet Time: 6.30pm
Cost: TWO FOR TUESDAY \$15 x 2 people
Location: Langlands Park, Main Avenue, Coorparoo
Web:<http://www.eastsleagues.com.au/html/index.html>
Emerg Off: Antonia Simpson Ph: 0400 571 387

Easts Club offers two meals for the price of one every Tuesday (and Wed and Thurs). The club has been refurbished in recent years.

However, we must have a **booking done by the previous Friday (i.e. 21st May)**. To make sure of your place, please ring me or email by Friday.

Come along and join me on the 25th May. I will have my mother to form the TWO FOR TUESDAY. Check with me when you ring. We will

probably be able to even the numbers so everyone will be able to eat cheaply.

29th MAY, SATURDAY BOONDALL WETLANDS SOCIAL WALK

Leader: Cheryl Layzelle Ph: 3263 8393
Meet at: Boondall Wetlands Centre, 31 Paperbark Drive, Boondall
Time: 8am
Grading: S11
Cost: \$3
Location: Between Boondall & the Bay
Web:http://www.brisbane.qld.gov.au/bccwr/environment/documents/bushlandsandwaterways_boondall_wetlands_track_maps.pdf

This is a really easy 8km social walk designed as an opportunity to catch up with friends, or make new ones, as we stroll through this very pretty patch of wetland area. At this time of the morning in late May, the dew will still be twinkling on the she-oaks. We'll be walking on a well defined bike track with lots of boardwalk areas.

It will be a 4km walk from the Wetland Visitor Centre over to Kedron Brook where we will stop for a relaxing breakfast/morning tea (whichever you prefer to pack for that early hour) as we watch the enthusiastic fishermen launching their boats of all shapes and sizes. After the 4km return walk to the Visitor Centre, some may wish to extend the morning by completing the 2km Visitor Centre Loop Walk which goes out to the Cabbage Tree Creek Bird Hide where local bird species should be plentiful.

Hope you can join us for an enjoyable morning which should conclude before lunch.



29th MAY SATURDAY THE ACTIVE OUTDOORS EXPO 2010 THE CULTURAL FORECOURT, SOUTH BANK

On May 29 QORF, is once again hosting the Active Outdoors Expo on the Cultural Forecourt at Southbank. It has unparalleled events designed to showcase the diversity of Queensland's Outdoor Recreation industry.

<http://www.qorf.org.au/01/cms/details.asp?ID=1355>

There is something for everyone at the Expo with an action packed, fun filled day of activities, demonstrations and exhibitions...

Come and Try...The K2 Climbing Wall | Anaconda Tent Building Races | Cycling Skill Sessions | Urban Orienteering Races | Eco-Tours | Horizontal Abseiling | The new X2 Off-road Seqways...

Check out the action...Freestyle Mountain Bike Demo | Outrigger Canoe Race | Climbing time trials | Camp Cooking Demonstrations...

Find out more about...Outdoor Equipment | Outdoor Courses & Careers | Active Recreation Camps | Outdoor Events | 'Where to' resources for activities

Plus much more...

The Expo programme runs from 9:00am - 3:00pm at Southbank's Cultural Forecourt with the Resi River Race, an 18km marathon team's outrigger canoe event getting underway at 10:30am directly opposite the Expo site.

The 'Active Outdoors' Expo is a great day out for the whole family and an ideal opportunity to sample some exciting outdoor activities on offer in Queensland...for FREE!

Bushwalking Qld will have a stand there, advertising our sport in general and all clubs in particular.

Bushwalking Qld. Inc. will be participating in the Active Outdoors Expo. This will be held on the grassed area on the river bank next to QPAC. We are expecting up to 10,000 people to come along. BWQ has booked a booth in the marquee and we will be manning it from 9am to 3pm.

There will be a 42inch LCD screen showing a slide show of bushwalking and FMR activities, and we will be distributing brochures to the public, promoting both BWQ and FMR. These will be professionally produced full colour glossy A4 tri-fold, with a space on the back of the BWQ one for clubs to attach their own contact details sticker. Any remainders from the Expo will be forwarded to clubs on request, for placing in your local camping shops, information centres or council libraries, etc.

We require some volunteers on the day to help distribute these brochures and to talk to the public. Volunteers are quite welcome to promote your own club by handing out your own flyers, and talking up your activities.

We will draw up a roster for the 6 hours, so if any club wishes to take advantage of this great recruitment opportunity, please advise the secretary by return email. You will be requested to dress in bushwalking gear and to sign an attendance register.

Hope to see as many bushwalkers as possible at the Expo - do drop in and say hello if you are wandering past. Gavin Dale, Secretary, Bushwalking Queensland Inc.

**30th MAY, SUNDAY
MINNAGES MOUNTAIN
DAYWALK**

Leader: Pat Lawton Ph: 3366 1956

Meet at: St Brigid's Red Hill

Time: 7am

Cost: \$18

Grade: M55

Location: Part of Mt Ballow massif in the area south of Boonah

Web:<http://wikimapia.org/11668718/Minnages-Mountain-1025m>

Emerg Off: Michele Endicott Ph: 3351 4092

Minnages is off the beaten track. It is the prominent peak on the western side of Mt. Ballow. We will take the western ridge (mainly used by through walkers en route to Mt. Ballow). If you are not into through walking, then this is your chance to see some of the more inaccessible parts of Mt. Ballow.

The ridge we will take is fairly long, but relatively easy. It is through open forest; however the last section is through thick rainforest. Good views on the way up and once on top, good views of Mt. Ballow itself.

Our descent will be via a different but steeper route. Water will need to be carried as there is none en route.

This walk is within the capabilities of most fit people, although it is all off track and the descent ridge is steep. Phone me if you are unsure of your ability to do the walk.

Looking forward to seeing you on 30th May. Pat

**4th - 6th JUNE, FRI TO SUN
EMU CREEK AREA
THROUGHWALK
(Not the Long Weekend)**

Leader: Michael Simpson Ph: 3351 3810 or 0409 620714

Meet at: St Brigid's Car Park
Musgrave Rd, Red Hill

Time: 7.00 am

Cost: \$25:00

Grading: L 5 6

Location: West of Bne, on the Warwick side of the Range

Web:<http://www.southee.com/Bushwalking/Mai nRange.html#label064>

Emerg Off: Catherine Simpson Ph: 3351 3810

Day 1 Dist: 9.3km Ascent: 695m Descent: 485m

Day 2 Dist: 7.75km Ascent: 839m Descent: 494m

Day 3 Dist: 5.5km Ascent: 114m Descent: 669m

This will be the walk of the year. We will be venturing into one of the best walking areas in Southeast Queensland. We will summit 4 peaks over the three days and these mountains provide some of the classic views we all dream about as walkers. However there is a limit on the numbers of walkers as the campsite we will be using is very small so book early or you could miss out.

The first day will be relatively easy. We have to leave Brisbane early morning as Cunningham's Gap is closed between 9-11 and 1-3 every day. We will take in a late breakfast at Aratula before continuing on to the northern branch of Emu Creek. We will leave our car at the base of Davies Ridge and climb onto the Mt Guymer-Mt Asplenium ridge via an old road. We will drop our packs here and continue on to Mt Guymer with day packs. From this vantage point we will see our next two days walking as well as the incredible spur that is The Steamers. We will then continue up the Asplenium ridge to our campsite for the night.

The second day will be a long day as we drop to Barney Creek before climbing again to the Sentinel Point-Huntley ridge on our way to Mt Huntley. My hope is to reach Mt Huntley for lunch. Water should be available today from Barney Creek and again on the summit of Huntley. After collecting water we will continue along the Main Range which is quite narrow in this area before climbing Mt Asplenium, a very rocky mountain with few views. It is now only 30 minutes to Panorama Point and our views return. There is a lovely small campsite here where we will spend the night. I estimate our walking time to be about 8hrs.

From here it is all downhill, albeit quite steep in places, to our car and home. I expect it will be early afternoon when we set off for home.

For those of you who were on my Lizard Point spectacular here are some comparisons. On the Lizard Point walk we walked 17.5km over 2 days compared with 22.5km over 3 days and 8km of it will be with a daypack. We climbed and descended a total of 1195m each way on the Lizard Point walk compared with 1648m here but 485m will be with a daypack. The walk covers just about everything anyone would want to do in this area except the Steamers. But you can't have everything. Please ring me to discuss the walk. Michael.

5th JUNE, SATURDAY

CALOUNDRA BEACHES DAY WALK

Leader: Graham Glasse Ph: 3371 9623
Meet at: St Brigid's Car Park, Red Hill
Time: 7 am
Grade: M23
Cost: \$15 + Bus fare: Single adult zones
14 - 15 : \$3.90

Or use GoCard

Location: Sunshine Coast

Web: <http://www.caloundratourism.com.au/see-and-do/attractions/all-beaches.html>

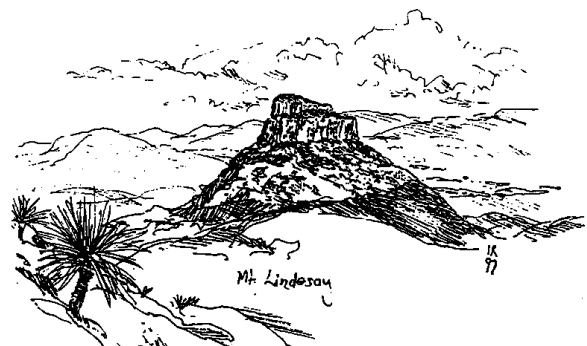
Emerg Off: Justin Tobin Ph: 3366 3193

This walk will include all of the Caloundra Beaches from Currimundi in the north to Golden Beach in the south but we probably won't go as far as Pelican Waters. There will be a combination of beach walking and walking on pathways.

The day will begin with a short walk beside Currimundi Lake and this will be followed by several kilometres of beach walking. Near Moffat Beach, we shall probably join the coastal walkway to avoid one of several rocky sections. However the rocks below the cliffs are often flat, and if the tide is low, it might be possible to walk on the rocks. In the vicinity of Shelly Beach, a section of the walkway has been dedicated as a war memorial, and we shall spend some time inspecting the plaques.

When we reach Bulcock Beach, we need to divert inland briefly to avoid a water channel. Once past this obstacle, we can return to the coast and walk along Golden Beach, at least as far as the shopping centre and possibly further. At the end of the walk, we shall catch a bus back to Currimundi. Another short walk along the lake will bring us back to the cars. We shall have coffee at either Golden Beach or Currimundi, depending on which bus we take.

This is an easy walk, about 12 km in length. The terrain is mostly flat, with a few hills as we ascend the headlands. We shall most likely see several ships out to sea during the day. Join me on the club's first walk for the winter season. Graham



7th JUNE, MONDAY

**'SPIRIT OF ADVENTURE' FORUM
with Colin Mortlock & Norm Hunter**

Time: 3pm to 6pm
Where: QUT (Kelvin Grove Campus)
Cost: \$10.00

Join QORF in a public forum addressed by Colin Mortlock, international author and explorer, whose publications have covered topics including the nature of risk, the benefits of being adventurous, and lessons learned from challenge and discovery.

Colin will be joined by Norm Hunter, educator and founding co-Principal of Hillbrook Anglican School. Norm has a profound belief in the values to be learnt from the outdoors, & strong ideas on how Outdoor Education offers important experiences that prepare young people for the difficult world of the 21st century

Book Signing: Colin Mortlock *Spirit of Adventure: towards a better world*

For further information, please contact QORF: Ph: 07 3369 9455 Email: info@qorf.org.au

**13th JUNE, SUNDAY
KNAPP'S PEAK
DAYWALK**

Leader: Michael Simpson Ph: 3351 3810 or 0409 620714
Meet at: St Brigid's Car Park, Red Hill
Time: 7.00am
Cost: \$20:00
Grading: S44
Location: Between Boonah & Maroon
Web: http://www.exploroz.com/Places/16406/QLD/Knapps_Peak.aspx

And:

<http://wikimapia.org/11749375/Knapps-Peak>
Emerg Off: Catherine Simpson Ph: 3351 3810

Knapp's Peak is a 651m mountain located to the north of the village of Maroon and separated from Mt Maroon by 9km of grazing land. It provides sweeping panoramas of the three main arms of the Scenic Rim crescent – Lamington National Park, the Barney/Ballow region and the Main Range. With luck, we should be able to pick out the glistening waters of Moran's Falls far away in the east as well as Castle Crag, Lost World and Mt Widgee bringing back fond memories of a recent walk in that area. As Mt Maroon lies fairly close we will be blessed with its beauty, neatly framed against the backdrop of Mts Barney and Lindesay.

The walk lies on private property and we will start the walk about 3km from the main

Boonah/Rathdowney road along a fairly good dirt road. We will probably leave the cars at the main gate and walk about a kilometre down an entrance track to some cattle yards near Knapp's Creek. After crossing the creek we will commence the assault on Knapp's Peak via its south ridge. There are a few steep sections and some loose rock, but the climb is only of moderate difficulty.

Come and join us for a pleasant way to spend a day. We will be climbing at a gentle pace which will still leave plenty of time to enjoy a great mug of coffee at Boonah on our way home. Michael.

**18th JUNE, FRIDAY
JOHN TOOHEY SOCIETY
IRISH CLUB**

Contact: Phil the Elder Ph: 5522 9702 or 0413 307 580
Address 175 Elizabeth St, City – opposite the Hilton
Time: From 4.30pm till 9ish.
What For: For a chat, a drink and a meal
Web: <http://www.queenslandirish.com/>
Emerg Off: Greg Ph: 0418 122 995

Come along and enjoy our traditional gathering at the Queensland Irish Association which is usually known as simply the Irish Club.

We normally sit in the seating area just behind the front door, behind the sign-in desk. Spread yourself around to look like 15 people. There is real food up in the cafeteria area at the back which you can bring down to our table. If the bar is not too crowded, the drinks serving area is around the other side – you will know what I mean once you are there. It can be a bit crowded while us workers are still relaxing, but thins out after 7pm.

This is a nice little pub to relax in, not too noisy, comfortable and not elbow bumping crowded.

Come along for a great night for a drink of water or wine or a beer or a Guinness and a meal.

**19th JUNE, SATURDAY
MEZZANINE RIDGE AND GORGE DESCENT
Rock Climbing and Scrambling Adventure
FMR**

Leader: [Barbara Makepeace](#). Ph: 0422 804 768
Meet at: Yellowpinch carpark
Time: 7am
Cost: \$20 petrol
Grading: L77 Intermediate
Location: Southwest of Brisbane, just above the border
Web: <http://www.derm.qld.gov.au/parks/mount-barney/about.html>

The party will climb Mezzanine ridge, and descend via a gorge. This will require average bushwalking skills, fitness, and basic rock climbing. The party will be climbing right over Mt Barney from south to north.

Mezzanine is rocky, with a razor back. There are some rock slabs to negotiate and some climbing. Coming off it can be a bit tricky.

The Gorge is mostly water worn rock. There should be water coming down it with all the rain we have had recently – probably not a flowing creek but enough wet to concern the faint hearted. At least there is not much bush to fight your way through. There could be some small cliffs to work your way around.

And there is the walk around the base in order to get back to the cars at Yellowpinch.

Contact Barbara at least 14 days prior to the event.

Supply your own bushwalking equipment, food etc.

Organise your own transport unless otherwise advised.

A cost-recovery fee may apply.



20th JUNE, SUNDAY ROCHEDALE TO BURBANK DAYWALK

Leader: Phil Murray Ph: 5522 9702
Meet at: St Brigid's carpark, Red Hill
Southsiders can negotiate with Phil for something closer to home.

Time: 7.30am

Cost: \$5

Grading: M33

Location: On the southern edge of Brisbane

Web: <http://indigiscapes.redland.qld.gov.au/wildlife/koala/Pages/default.aspx>

Emerg Off: Susan Ph: 5522 9702

Want to see a cute cuddly furry creature – come on this walk and look at Phil!

Then walk with him along the trails in the reserves linking all the land set aside as habitat for the koala to live in. These reserves stretch from Daisy Hill to the southern bay. They zig zag across the countryside, cross major roads and meander through the acreage suburbs on the city's outer limits. It meanders up & down the eucalypt covered hills and ridges of Redlands.

This is a normal daywalk so you need to take all the normal day walk things – incl water, food, goodies, snacks, food for the leader, hat etc.

21st JUNE, MONDAY MONTHLY MEETING

Contact: Desley Ph: 3369 5530

Time: 7.30pm – Doors open & meeting starts soon after

Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Come along to hear reports of recent outings & socials, as well as our coming events. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk.

Come pay your 2010 subs.

Nominate to lead an outing.

Stay for supper. Bring those holiday snaps.

25th to 27th June FRI to SUN GIRRAWEE NATIONAL PARK BASECAMP

Leader: Joe Finn Ph: 3848 4642

Meet at: St Brigid's Carpark, Red Hill

Time: 7:00pm

Cost: \$30.00 (excluding camping fees of approx \$5 per night)

Grading: M45

Location: South of Stanthorpe

Web: http://www.rymich.com/girraween/index.php?page=qi_camping

Emerg Off: Greg Endicott Ph: 3351 4092

Girraween in summer – hot horrible and hard dry walking – that is how I have experienced it. But winter – that is another story, a mixed story. It can have the most beautiful days and crisp clear nights – occasionally a scattering of snow. However, with cloud cover and a southerly blowing, it may leave a little bit to be desired – at least in a tent. Mostly it is cloudless skies and crisp nights and beautiful days.

There will be two starts to Saturday: one early, before the sun has risen over the hills and melted the myriad of ice crystals covering the grasses; all sparkling with colours of the rainbow. It is a beautiful walk. Rug up and bring a day pack to carry the fleeces, gloves, thermals as you shed them. Once the sun hits a likely and convenient rise we'll fire up the Trangia and have a cuppa before wandering back to camp for breakfast with those who chose the other start option; sleeping in.

After breakfast activity may depend who is on the walk and how many places that they have already walked in Girraween but I am thinking Castle Rock, on to Mt Norman, then over the back to see some of the large blocks that have sheared off and then at some of the formations up on Mallee Ridge.

And now for the off-track bit (there is no track like an off-track). Across the saddle and up to 1229 on the Girraween map. From here is a steady ridge leading NNE up to the Turtle Rock and then the Sphinx. Now for the track to hot showers and clean up for the meal and the warmth of Ballandean Pub.

Next morning positions are swapped: those who slept in on day one have to get up early and do the ice crystal walk while I at least sleep-in – wake me when breakfast is cooked – two, sunny side up, crisp bacon, dry toast, and fresh brewed coffee black no sugar, thank-you.

Well fed, then off, over and up we go to the Pyramids. It is about 45 minutes from the carpark to the top. If you haven't done it, it's worth doing. If you'll probably be happy to do it again – this too is a nice spot for a cuppa. Time permitting, it is into the cars and off to Underground Creek and then off track again to see if we can find Aztec Temple. Back to the cars again then we should be home before sunset – maybe.

It is a nice spot – particularly this time of year.

From the P&W Web Site:

The parks eucalypt forests and heathlands support diverse birds, including the rare turquoise parrot and superb lyrebird. Common wombats graze on grassy areas fringing the heath and forest. Just three hours drive from Brisbane, Girraween offers great walking and camping, surrounded by the orchards and vineyards of the Granite Belt. It makes an ideal holiday destination or stop-over between Brisbane and Sydney. Bald Rock National Park is next door, just over the New South Wales border.

Best Time To Visit Girraween's climate has tropical and temperate influences. Summer temperatures are not extreme, with maximums seldom above 30deg. Winter is cold, with average daily temperatures 3-15deg. Heavy frosts occur from April to November, when night temperatures can drop as low as -8deg. Average rainfall at park headquarters is about 850mm. Most rain falls in summer and early autumn, but winter rainfall is relatively high. Wildflowers bloom in September. Spring is the best time to visit. Bring warm clothing at any time. Girraween is one of few places in Queensland you'll ever see a common wombat. Snow sometimes falls on Girraween. In any year,

it's always cold in winter. Massive granite outcrops dominate landscape. Eucalypt forest and heath with spring wildflower display. Boulder-strewn creeks. Cold in winter. Granite Arch Discovery Walk. Advance bookings necessary for school holidays, long weekends and large groups.

Base Camps The two camping areas in Girraween have good facilities including showers.

Graded Track Day Walks:

The Pyramids The climb up the first Pyramid is relatively easy, and sometimes steep in places. The granite rock offers good grip only in dry weather and is extremely slippery in wet conditions.

The Junction: A good creek walk with good swimming.

The Mt Norman track From Castle Rock camping area, the track passes various features such as Castle rock (good views), Sphinx and Turtle Rocks, the granite boulders of the Eye of the Needle, and Mt Norman. The Eye of the Needle requires some climbing experience, while Mt Norman has a 20 foot chimney to climb up. Both are not too dangerous to experienced walkers and care should be taken for inexperienced people.

Underground Creek track On the track to Underground Ck you pass the turn off to Dr. Roberts Waterhole, a series of small lakes. Underground Ck was formed when overhanging rock collapsed into the creek forming a series of little caves. Inside the caves water has created interesting weathering patterns in the rock. The whole area is worth exploring especially on top of the falls.

The Second Pyramid To climb the Second Pyramid requires rock climbing skills. The route up is at the back of the granite dome. There is a chimney to climb up and a jump across a deep split in the rock. A belay rope is recommended.

Aztec Temple The Temple has many interesting rock formations with good views of Girraween. The wildflowers and orchids make the trip rewarding. From Underground Ck, follow the ridge line from the top of Underground Ck up to the top of Aztec Temple.

Wallangarra Ridge The start of Wallangarra Ridge is marked by the Sphinx and Turtle Rock. The ridge has many interesting rock features and has good views over the southern part of Girraween. Once you past Turtle rock, keep basically to the top of the ridge and start exploring. Two interesting features are a cube of rock the size of a small house balanced on its corner, and the other is a rock weathered in such a way, you can stand up inside it.

South and West Bald Rocks These granite domes are easily climbed on their western sides. Access is from the Mt Norman day use area heading east and requires navigation to find the fire break trail. There is also access from the back of South Bald Rock along the border fence and fire trail. From Wallangarra approximately 3kms before the day use area there is a turn off to an old house marked by the Stone Gate. Following the trail past the house there is a fire trail (Leading to the Border fence / trail) leading to the Rocks and to South Bald Rock

The Round House Heading down the Mt Norman Rd towards Racecourse Ck, the track comes near a fence line. The fence would be approximately 1km before Racecourse Ck and 200 meters from one of its tributaries. Taking a compass bearing, Mt Norman would be due west and Twin peaks would be due north. There is a track into the Round House, a round, two story stone house in reasonable condition. The entrance to the track has been fenced in and there has been some fire break work done, that also covers the entrance. The Round House is situated on the lower granite slopes, south of Twin Peaks. Joe

PREVIEW

We have several walks coming up that need special mention:-

11 Aug Barney Mass Phil 5522 9702 DW

The 50th Mt Barney mass, though this time not on the mountain, but beside the cats down at the bottom of the mountain. The archbishop will be celebrating the Mass with us on this Exhibition Wednesday.

12/15 Drumley Desley 3369 5530 TW
Aug Walk
<http://www.thedrumleywalk.com/>

This walk now has become an annual event and is now on our calendar permanently. It is a 3-day walk from Beaudesert to the Gold Coast, going over Tamborine in the process. A rewarding walk. The truck carries all your overnight gear. Good practice for the Comino!

20/22 Pilgrimage Justin 3366 3193 BC
Aug
<http://www.bushwalkingqueensland.org.au/pilgrimage.html>

The annual gathering of all the bushwalkers of South East Queensland. Many walks catering for all standard of walkers are arranged. Do challenging ones, moderate ones, easy ones a half-day one. Stay on for some communal food. Go to the bush dance. Talk to members of other

clubs, exchange ideas of walks, learn what other clubs are doing,

27/29 Aug The Marathon Phil 5522 9702 TW
<http://www.cbcsnw.org.au/index.htm>

Join Phil and the Sydney Catholic Bushwalking Club on their annual walk into their hut in the Blue Mountains. Various parties walk different routes to arrive in time for a catered feast. Phil can sing the praises of this walk, so talk to him.

31/2 Victorian Phil 5522 9702 TW
Oct/Nov Alps
<http://www.catholicwalkingclubvic.org.au/index.htm>

Walk along Australia's rooftop- the Victorian Alps. Look across and see hill after hill after hill. Go down into the valleys that are the start of some of our longest rivers. Go where no BCBC member has gone before. This event is one of Phil's favourites so talk to him now to learn more about it.

LEADERS NEEDED

28	Mt Tibrogargan	DW
28	Tibrogargan & Trachyte Circuits	DW
Sep 4	Mt Philip & Red Rock	DW
24/26	Lost World	BC
25	Bicentennial Tracks and White Patch	SW
16/17	Mt Glassy & Dome Mtn	ON
23	Booloumba Gorge	DW
27	Enoggera Creek Walk at the Gap	SW
Dec 4	Christmas Party	Soc

If you want to lead one of these, ring Justin on Ph: 3366 3193.

Mt Tibro is good for an average leader who is comfortable on rock,
Bicentennial Tracks on Bribie is basic and good for a new leader,
Enoggera Creek is basic and just made for a new leader,
The Christmas Party is basic for an organised person.



ROAD CLOSURES

At Cunninghams Gap

Transport and Main Roads will be carrying out safety improvement work at Cunningham's Gap starting Monday, 19 April 2010.

This will involve temporary road closures at the top of the Gap, twice a day from 9am to 11am and 1pm to 3pm to remove loose material above the highway. Work is carried out during Monday to Friday. There are no closures on weekends or public holidays.

During closure periods, traffic in both directions will be stopped by traffic control, allowing specialist contractors to scale the rock face, assess and remove loose material.

For more information on this work, phone our Logan Office on (07) 3412 0600. Last updated: 23 April 2010

PAST EVENTS

TALLEBUDGERA CREEK

Waterfall to Waterfall

SUNDAY 21st MARCH DAYWALK

7am start on a beautiful morning. Three cars heading down to the Coast and another to meet under the highway at the West Burleigh Exit. Four cars through the valley, four creeks to cross and then road's end.

Leave the cars, up the muddy track, more creeks to cross, no more dry boots - there were never going to be any dry for long. Following the creek upstream to the junction? Is one following a creek by walking up the centre of it or is it a more of a shin to knee to thigh immersion? And is one following a creek to be going in the opposite direction to the flow? Do I follow my dog by walking the direction he has come from?

Thoughts to ponder afterwards but on the day it was find the shallowest spot to walk in the clear running water whether it was to continue upstream, to cross, or when occasionally available proceed along the banks.

The walk was about 3 ½ hours in total; a short one, but in that time we travelled up-stream to the junction of where two branches of Upper Tallegbudgera meet and further up to the waterfalls of each. The falls on the left branch going up stream fell from about 10 metres into a deep rocky pool good enough for most to navigate the couple of boulders and logs to gain access. The remainder of the group sat enjoying the surrounding steep sides of the rainforest creek

and found patches of sunlight to sit in and have morning tea.

Back to the junction, then following the right branch we came across rather intricate high ropes courses set up among the trees and down the fall. With no-one there to explain it we were left to imagine who had put it in and what was its purpose? Was it for corporate teaming building? Or an upcoming Scouting endeavour? Judging by all the other facilities further up a side track – toilets, fire extinguishers, new tracks, tracked vehicles etc. the expense cut out a church group and steered belief more towards an action movie set or video clip or some pain-sharing “experience-building” reality show.

Enough surmising, the second water fall beckoned. In a much more open space than the first it still fell from the same height but into a much wider however much shallower pool. Swimmers and frolickers once again made the most of the situation whilst lunchers did their thing.

About an hour later we were back at the cars enjoying drying feet and experiencing the only hitch of the day in a “healthy food” shop - enough said but when you to Maccas the quality and taste is assured...

The day was overcast but that made the weather perfect – not too hot – and the temperature of the water, perfect!

Thanks to all who came Maxine (mine not Mike's), Michael, Paul & Michael, Nampreesh (forgive my spelling), Geoff, Maria, Allan, Marie, Jess and Bob & Anne. Joe

PADDY'S PEAK

5TH APRIL, EASTER MONDAY DAYWALK

Easter Monday was a fine sunny day and a total of 27 people (16 B.C.B.C. and 11

BOSQ) came out to enjoy the walk to Paddy's Peak. After meeting at Red Hill and Calamvale, we regrouped at Rathdowney and then drove to the start of the walk near Drynan's Hut. There we were joined by Jonas, Heather and Ed Diary.

Five minutes into the walk Barney Creek had to be crossed and that meant wet feet. Some choose to take off boots while others just waded through.

We headed immediately up to the ridge to obtain wonderful views of Barney Creek below and Mt. Barney itself. Paul set a steady pace, however we had ample time to stop and take in the great views as we gained height on the ridge. Russell did a good job as tail. Even though it was a big group all moved along at a steady pace. During our

morning tea break people were able to mingle and chat with each other.

We arrived at Paddy's Peak, and as a fire late last year had burnt the vegetation on top, it was not really suitable for lunch. After admiring the views of Mt. May and Mr. Maroon we headed back down the ridge a little before dropping down through some scunge to the waterfall below for lunch. As was expected it was dry, but we could see the rubbish that had been washed down during the heavy rains in February/March. From the waterfall we could see eastwards to Levers Plateau etc. and to the north we saw the route we were to take on our return.

Last time Trevor was at this waterfall he dropped his cup and it rolled slowly over the edge never to be seen again. After our break we set off towards a rocky outcrop. It was not until much later into the trip that Trevor realized that he had left his lunch box at the falls. The worst part was that it was his wife's lunch box!! I don't think I will take Trevor to the falls again.

People enjoyed the scramble along the rocky outcrop. The views towards Mt. Lindesay, Earnest and Barney were first class and many photos were taken. We even managed to see a rock wallaby. While the majority of us avoided a very steep drop off on the outcrop, Paul, Peter and Quintin chose the more adventurous route.

Once off the outcrop we headed down the ridge and did a detour to take us to the next waterfall. After that it was back up the ridge to pick up an old road which took us back to our crossing on Barney Creek. After lunch Tracey volunteered to be tail and we arrived back without losing anybody.

I enjoyed the day and it is always great to see the two clubs taking part in a combined walk and getting to know one another. Thanks to all who came along:-

BCBC - Jan & Russell Nelson, Terry Silk, Karen Frederiks, Michele Johns, Nampech Wupsapan, Tracey Hagger, Paul Evans, Patricia Funnell, Trevor Kelly, Peter Constable, Mary Kelly, Catherine Patterson, Tina Watts (on her first walk), John Blumke, Jonas Bernotas.

BOSQ - John Marshall, Neil Douglas, Lyn Staines, Ellen Pezet, Heather Buchanan, Ed Diary, Di Warne, Soile Rantala, Quintin Little, Jonas, Kay McIntosh. And myself (BCBC and BOSQ)



JAMES BOAG MEETING 16th APRIL THE COURTYARD

The heavens smiled upon this year's James Boag gathering as the rain that had fallen all morning cleared in time to provide a clear, crisp and cool afternoon and evening.

Members snacked on a variety of foods including hot chips, party pies and chicken wings. The real hits were the savoury mini muffins. Beer (many types), wine (both colours), champagne and juice were sipped as the conversation flowed. Cupcakes and coffee completed the evening beautifully.

Desley showed her photos from recent walks. The photos included the famous *coloured toe nails in the creek* shot of Lucy and Liz from Phil's Australia Day walk at O'Reilly's. Lucy's far more glamorous school formal photos were also available for viewing.

It would not have been a true BCBC gathering if Terry hadn't sold some raffle tickets.

It was great to welcome some members to their first James Boag meeting as well as reconnect with the regulars.

Those who came along and made it such a fun night were Phil, Sue, Desley, Liz, Trevor, Marie, Ann, Bob, Russ, Jan, Michele, Greg, Jeff, Rebecca, Suzanne, Grahame and Terry. Liz

THE LINCOLN WRECK, MT SUPERBUS AND LIZARD POINT Sat 17th to Sun 18th April THROUGHWALK

In 1955 a Lincoln Bomber was on a mercy mission to Brisbane when they became confused and mistook the lights of Warwick for Ipswich and unfortunately crashed into the southern summit of Mt Superbus. They nearly made it over with the wreckage almost within view of the top.

After collecting people from several places in SE Queensland we arrived at the start of the Lincoln Wreck track almost on time. It was a big party with ten throughwalkers and four base campers heading up the well trodden path to the wreck. It was around 1pm when the last of us made it to the top after a quick inspection of the wreck. To our surprise a private group from the Gold Coast were just arriving with the intent of camping the night. And just after we left for the trek to Mt Superbus itself we ran into an YHA Bushies group also intending to camp the night. The track to Superbus is a well trodden path and was relatively easy to follow and we made quick time and arrived at Superbus around 3.15pm. The track is all through rainforest and there was only one lookout on the

way but we could always hear the traffic from the road up to Teviot Gap. We spent about 5mins on Superbus because we wanted to make camp before dark. We almost made it. The torches came on just as we were negotiating the cliff line on the northern side of Mt Roberts. But once down it was only a 10-15mins walk from camp. We arrived there at 6.30pm and quickly set about dinner and pitching tents. We postponed the trip to the Point until the morning as we were all too tired to go out after dark.

Paul, Peter and Andrew headed out to Lizard Point early and were lucky to see a Wedge-Tailed Eagle hovering a few metres in front of them. The Warwick packed up and headed out the point for breakfast whilst the rest of us lazed around the campsite. Paul went looking for water and found it quite close to the top. The result of all the recent rain I'm sure. It was 8.30am when we headed into the unknown towards Mt Steamer. The track here follows the escarpment before climbing Mt Lizardback and then descending again before starting the assault on Mt Steamer. From the track the mountain looked unclimbable with huge cliffs barring the way. After a simple contour to the south of the mountain the cliffs peter out and the way up was easy. Whilst Paul took the rest of the group over to Mt Steamer itself I stayed back at the drop off point for a well earned rest. It was obvious by this time that a midday finish was out of the question as it was now 11am and we were still on Mt Steamer.

An hour later we were at the Steamer campsite and time for morning tea. Again Paul went looking for water and again he found it quite close to the top. What a spectacular campsite the Steamer campsite is. The views east are indescribable. It was now only a short walk to Davies Ridge and hopefully reunification with the base campers who were climbing Davies Ridge to meet us. We had a late lunch on Davies Ridge and left just on 2pm and headed down. About three quarters of the way down you arrive at a rocky knoll with spectacular views of the Steamers. The Stern was just out of sight but the Mast and the Funnel were bathed in sunlight and the Prow jutted proximately into the sky. Just past this we arrived at a road and a note from Pat which told us to turn right and head down. Fifteen minutes later we were down and loading our gear into Russ' car. What a quick way off Davies Ridge. Well done Pat. Now the long car shuffle was ahead of us and it was over an hour later when we all said goodbye and headed our separate ways. Paul, Pat and I stopped off at Yangan for a well earned cold drink before heading back and I walked into my house just on 7.30pm. It would have been earlier if the

M7 hadn't been blocked again as seems to be the case every time I use it.

I really enjoyed this walk and it was great to see three members of our club attempting their first real through walk and I'm sure they will be back for more. Also thanks to our visitors who held up well and I'm sure it has whet their appetite for more. Thanks also to Paul who led the group through difficult terrain without missing a step whilst I took up the post of tail end Charlie. Those on the walk were Paul Evans, Kerriane Pearce, Karen Frederiks, Peter Constable and visitors Anthony and Elia Faa, Andrew Hughes, Chris Hegerty and Chris Rahmann. Michael.

EMU CREEK BASECAMP 17th & 18th APRIL

We left Brisbane as dawn was approaching and met all the throughwalkers and basecampers at Yangan. Soon after Yangan we left the bitumen and undertook the first of many creek crossings. Near the National Park designated camp site we parked our vehicles and started a joint walk with the throughwalkers to the wreck of a Lincoln bomber which crashed on the southern side of Mt Superbus in 1956 on a mercy flight from Townsville killing all the air crew, a nursing sister and a newborn baby. The route took us through an old forestry trail which crossed a creek with the freshest and coldest water I have experienced in a long time. After morning tea we left the trail and followed a steep gully to the crash site. Skirting around a few waterfalls consumed some energy along the way. After inspecting the crash site we climbed another 30 metres to be on top of the ridge where we had lunch. On top we met some other walkers who had come up from *The Head*. We farewelled the throughwalkers and retraced our steps back to the cars.

We then drove downstream and across Emu Creek and past the old sawmill site. There we headed upstream following the North Branch of Emu Creek and stopped at the old *cattle lick* (a place where salt is available for cattle). That night we feasted on the delights that only basecampers can enjoy e.g. unlimited water.

Next morning we travelled further upstream to be just north of Davies Ridge. We left a vehicle there and travelled south to the top of the ridge line. Then we turned east and walked up the ridge. At one rocky point we gained great views of the Steamers during a leisurely morning tea. We would not have been surprised to have been interrupted by the throughwalkers but this was not to be. On completion of our repast we continued

gaining height and walked up to the escarpment of the Main Range to a knoll with the height 975m. This was on the watershed between the Pacific Ocean and the Southern Ocean and marks the junction of Davies Ridge and the Main Range. At this point we *heyboded* many times to be only greeted with silence except on one occasion when we heard a female reply. (Later analysis indicated that this was pure luck in having the wind blow in the right direction for a moment.) After lunch and a siesta by the leader, our concerns for the throughwalkers were such that we thought they may have passed us by "cutting the corner" through the rainforest. So we left the knoll and retraced our steps to the morning tea spot. More *heybobs* but to no avail. We wrote a note for the throughwalkers, which they never found, and continued our descent. At a junction with an old forestry trail we left a note suggesting the throughwalkers turn north and follow this trail down to the valley. As fate would have it, the throughwalkers were 20 minutes behind us and did see the note. This trail proved to be an expressway to the valley floor and the throughwalkers and basecampers were re-united just before 3:00pm.

Then the car shuffle began which consumed the next 90 minutes as there were many creeks to cross and a few closed gates to open and then close. We returned to Brisbane after experiencing the wonderful Emu Creek valley which is dominated by the Steamers, a truly magnificent rock formation which most Queenslanders have no idea exists. On the basecamp were Pat, Jonas, Jan and Russ.

GAP CREEK FALLS 24th APRIL DAYWALK



With recent good rainfall we were confident we would see water in the creek and we weren't disappointed. After assembling at the Crest Car Park at Cunninghams Gap to a cool autumn morning we made our way past the monument to Allan Cunningham and then to the Fassifern Valley Lookout.

After a short walk through rainforest we were in open eucalypt forest with large clumps of lantana and numerous grass trees. The track zigzagged downhill and was barely visible with overgrown grass and in a couple of places fallen trees over the track. About half way along the track a sign showed that we had walked 2.2km from the Fassifern lookout.

A little further along the track we were treated to a rather spectacular water fall and from here we could see sweeping views to the Fassifern valley and beyond. About 50 metres down the track were the falls.

Morning tea was had above the falls while Terry had disappeared up the east creek running into Gap Creek. On his return he decided that we all should venture up to where he had been. Half the group decided to go while Richard boiled the billy for the other half. We went as far as the ridge behind Mt Cordeaux and Mitchell.

On our return, we decided it was a great place to have lunch with million dollar views below. Lunch over, we were on the track for the return journey by about 1 o'clock. By now it was very humid and we found the walk back to the cars quite exhausting.

Afterwards we regrouped down the road at Aratula for coffee. Thanks to participants, Sophie Ramsay, Roger Ford, Terry Silk, Nampech, Richard Johns and Mary Van Velthuizen. Michele Johns

BUDERIM BUSH POCKETS 26th APRIL SUBURBAN BUSHWALK

The party started walking at the top of Buderim, in the midst of suburbia. But what a sudden change – gone were the houses and here came the rainforest. There was a large tract of forest, with a couple of tracks, a creek, waterfalls, bridges, wildlife and all. It was really pretty. There was not much undergrowth to spoil the view and we had some long vistas along the creek – good photo opportunities. It truly was a varied exploration of subtropical rainforest pockets and heritage track within suburbia.

When we emerged from this wonderland, we were back in suburbia, but only just. The group crossed the road, went up a driveway and into "real" rainforest – the type with undergrowth such as lawyer vine, dirty, steep slopes and no track. We crossed the creek, then followed beside it. We even passed a caravan graveyard! Then across the creek again, now to follow a tributary up the side of the mountain. Our "path" was in the rocky creek bed, beside it and any combination of the

two. There were cascades and really really little falls – too bad there was not enough water to make it all spectacular, but then it would have been too difficult to follow it up.

Eventually the spot was reached where we were forced to say "goodbye" to this delightful place and head back to civilisation – to be greeted by "do you know this is private property?" We rested up the road in the shade of a tree on the footpath. We regrouped and moved off along various streets.

A bit further along, we took a left turn between two houses to find ourselves again in a rainforest wonderland. This time, there was an old track system, with named trees, signposts and a formed track. What a surprise as there was no indication of it all at the road. The team snaked its way down the side of the ridge and eventually came to an overgrown road, which we followed up the other side of the valley. Hmmm, this seemed to run out and we had to go bush for the rest of the way. Then there was the sound of traffic, and another big road.

Then for the masterpiece – the old 3ft steam railway line from Palmwoods to the fiveways on top of Buderim. But lunch first at the display area – signs, photos, maps and the story of the old railway. All that remains of the permanent way is the cleared levelled narrow road, cuttings, bridge and sleepers constructed by the navvies all those years ago. It went along the side of some pretty steep rainforest hillside – made me realise how hard it was over those 3 years it took them to build it all. We came out at a very new housing estate at the bottom of the range.

Back to the cars for a short drive to the Botanic Gardens. Here we did a short walk around the native bush section, ending up following a creek and over a tall bridge. We ended at the Sculptured Garden – where various sculptures of all types and interpretations are permanently displayed. Now for the promised cake.

Overall an easy walk but short sections requiring some higher bushwalking skill and fitness, a creek crossing, a rock scramble creek climb, and off track navigation.

Fourteen commenced the walk; 14 completed it satisfactorily. Our walking commenced at Buderim Forest Park at 10am (post car shuffle) and completed at Maroochydore Botanic Gardens at 4pm.

Those with me: Desley Pedrazzini, Heather Worth, Brenda Keough, Michele Johns, Peter Bambrick, Suzanne Stephens, Julie Philippi, Paddy Taylor,

Marion Arthur, Greg Endicott, Graham Glasse, Terry Silk. Leader: Heike Krausse.

SUNSHINE COAST GREAT WALK 2nd to 3rd May THROUGHWALK

Five people made an early start from Brisbane and headed to Mapleton where we met up with Ron and Heather who were ready to sign on for a walk with another group who were meeting at the same location. We headed 5.5kms down Old Delicia Road where we left the cars and headed off on the Sunshine Coast Great Walk. This is a 58km track of which we were to walk 40kms over the two days. The track was good and we had some good views of the Gheerulla Valley and beyond. After walking for about 2hrs we reached the Thilba Thalba Walkers' Camp where we stopped for morning tea.

After a short break we continued on our way and before long the track started making a fairly steep descent down to Gheerulla Creek. A number of spots along the track afforded great views. There was a good flow of water in Gheerulla Creek so we lunched along the track opposite the Gheerulla Recreation Area as the water was too deep to cross. The next couple of hours were spent meandering along the side of Gheerulla Creek which was very picturesque with a number of deep waterholes. The track began to wind its way upwards and most of us took the detour to Gheerulla Falls where there was a good flow of water. We then backtracked the 350 metres to the turnoff to Ubajee Walkers' Camp. The track wound its way upwards through the forest for 1.4kms and everyone was very relieved to finally reach the campsite. The Ubajee Walkers' Camp is a good camping spot with some raised timber platforms in the campsites. There was a lookout about 150 metres from the campsite which provided a lovely view of the sunset.

The next morning we rose early to a cloudless sky. Desley was interviewed over the phone for the ABC breakfast program by Peter Scott who did a walk with the Club earlier in the year. We were on the track by 7.15am and made fairly good time. The track initially followed a four wheel drive road and then turned off onto a track. The signage along the track was generally very good, but an additional signpost in a couple of places would have been useful. We arrived at Mapleton Falls a little later than planned and met up with the daywalkers on the Triple Falls Walk. After a quick look at Mapleton Falls we headed off towards Baxter Falls. We initially followed the road before turning onto a track. The track zig zagged its way down to Baxter Creek where we used a

suspension bridge to cross the creek. We walked up to the falls for morning tea where Maria and Suzanne braved the water for a refreshing swim. The track then zig zagged its way uphill as we headed for the Flaxton Walkers' Camp. We decided to continue on and followed a track through the forest for a couple of kilometres and then walked along the road for 3.2kms to Kondalilla Falls where we had lunch.

Most of us then headed off on the Kondalilla Circuit walk, arriving back at the picnic area at about 3.15pm. Thanks to those who joined me on this walk – Ron, Maria, Jess, Suzanne, Desley and Heather. Jan

TRIPLE FALLS DAYWALK 3rd MAY

The weather forecast was cloudy with afternoon showers. The forecast was entirely accurate on this occasion. We arrived at Mapleton Falls before the throughwalkers but the first wave of the throughwalkers did arrive before the car shuffle was completed. After the throughwalkers had topped-up their water bottles and lightened their packs, the daywalk began with 13 people. We had a short climb following the road before the route became a walking track that descended to Baxter Falls. This was fairly easy but the golden rule of what goes down must come up was soon to apply. After crossing a swing bridge, we were at the foot of Baxter Falls, where Suzanne and Maria (throughwalkers) had a swim while the rest of us had morning tea. These falls are the smallest of the Triple Falls but are the most inaccessible and have their own particular charm about them.

Then began the climb out of the valley which contained Baxter Falls. This was a steady push for about an hour up to Flaxton Walkers Camp. We arrived there just after the sun reached its zenith and instead of having lunch, we pushed onto Kondalilla Falls which was only 60 minutes away. This was when the weather forecast delivered the showers. In the break in the showers we could see Moreton Island and its sand hills. We reached Kondalilla Falls just before 1:30pm and had lunch during intermittent showers. There were many people there for a picnic but we seemed to be the only ones ready for anything other than sunny weather.

After lunch most of us went off to discover Kondalilla Falls either from the top or the bottom or both. There was a good flow of water coming over which was augmented by the intermittent showers. We found ourselves back at our picnic spot a little after 3:15pm. Some the drivers went

off to do their car shuffle for both the throughwalk and the daywalk. In the meantime the rest of the walkers found *Essentials* a local coffee shop. We were all heading home just after 4:00pm.

This daywalk with the throughwalk explored new territory in their leadership as the walks were lead by a married couple, the woman leading the throughwalk and the daywalk lead by the man. Will this be the natural order of things in the future? Those who completed the triple achievement of the Triple Falls daywalk were Greg, Terry, Julia, Richard, Michele, Marian, Heather, Graham, Andrea, Paddy, Nampech, Franko and Russ.

MINUTES OF THE GENERAL MEETING 19th April

CORRESPONDENCE:

Inwards:

- Letter from Bob Mollison
- Magazines from Gold Coast Bushwalkers, BOSQ, Brisbane Bushwalkers, National Parks Assoc of Qld, Logan & Beaudesert Bushwalkers, Redland Bushwalking Club, Glasshouse Bushwalkers Club, The Catholic Walking Club of Victoria, QORF Newsletter, Email from QORF – Draft Qld Greenspace Strategy, Email from BWQ re opening of Cooloola Great Walk

GENERAL BUSINESS:

- Desley advised there was an article in the Sunday Mail on bushwalking and the health benefits from that activity.
- Desley said there was nothing further to report on the track maintenance volunteers.
- Russ asked if the Committee could consider purchasing a data projector for use at meetings. Desley responded that we need to explore the availability of grants. Russ suggested the Club had funds which could be utilised.
- Michael Simpson said he thought the Club should apply for grants for a GPS and EPIRB but pointed out that grant applications are not always successful and sometimes organisations need to apply a couple of times before approval is given.
- Greg pointed out that the Gateway Bridge is opening in May and that the Go Between Bridge and Redcliffe Bridges will also be opening soon, so walks could possibly be organised to cross these bridges.

- A birthday card be sent to Marie Drynan on the occasion of her 100th birthday.
- There are currently 95 members.
- Greg asked for word to be spread to past members re the Barney Mass.

BUSHWALKING QUEENSLAND

<http://www.bushwalkingqueensland.org.au/>

BWQ – From the President 16th April

I trust everyone had a great Easter and some good camping and walking. The cooler weather now beckons, so get out there and enjoy our bush!

Active Outdoors Expo: To encourage others to do likewise and to hopefully boost recruitment into clubs, Bushwalking Queensland will be participating in the Active Outdoors Expo to be held Saturday May 29 in conjunction with the RESI River Race, at Brisbane Cultural Centre Forecourt, South Bank. We are getting 2 brochures professionally produced for distribution to the public, one for BWQ and the other for FMR. These will be full colour tri-fold A4 and will include photos, basic info and the website addresses of BWQ and FMR. Could clubs please ensure their own websites are up to date by the end of May, in readiness for any enquiries via the BWQ links.

After the event, these brochures will be available for club use, with a space on the back of the BWQ one for clubs to place their contact details. If clubs wish to receive some brochures (June delivery) for placing in local outdoor equipment retailers or council libraries, etc, please contact the secretary with requested quantity. When the drafts are finalised, pdf copies will be sent to clubs for perusal.

The estimated attendance at the Expo is as high as 10,000 people, so it should provide some good exposure for us. FMR will have a static display of equipment and we will run a slideshow on a LCD display. BWQ would welcome any assistance from club members to man our stand, and to talk to the public – we will work out a roster for the day. Times: 09:00 to 15:00. Workers are welcome also to promote their own club and walks program. Please come dressed in bushwalking gear. Website:

<http://www.qorf.org.au/01 cms/details.asp?ID=1355>

Collaborative Management Group (CMG): At the last CMG meeting between representatives of BWQ and QPWS, it was suggested that bushwalking clubs might be able to assist the

national parks service by providing club visitation statistics. QPWS undertakes random public visitation data collection, but as bushwalking clubs are one of the major user groups of Queensland national park facilities, our visitation data would be of particularly high value to QPWS for planning purposes. (QPWS have no way of collating day visits by clubs for example).

A special email address has now been set up to collect bushwalking club visitation data: npvisits@bushwalkingqueensland.org.au

If participating clubs could collate their figures on a quarterly basis and include name of club, date(s), park name, track or destination name, type of walk, attendance. Preferred format would be an Excel spreadsheet, but ordinary email would be OK. Your club's national park visitation figures for January to March 2010 may be sent now.

We also require a couple of new CMG delegates. Meetings are held at QPWS headquarters in Brisbane twice a year, usually on a weekday from 2 to 5 pm. The meetings are cordial and business like, and provide interesting insight to the workings of the service. Refreshments are provided. Contact the secretary if you are interested in this important advocacy work on behalf of all bushwalkers. The next CMG meeting is scheduled for 21 July.

John Marshall, President, Email: secretary@bushwalkingqueensland.org.au

A NEW BOOK ON KOSCIUSZKO

From: John Daly info@takeawalk.com.au
Subject: Take A Walk Publications.

Hi, We have attached a release sheet for our new book ***Take A Walk in Kosciuszko National Park***.

It is now being printed and we expect to receive stocks within the next week or so.

It describes all the popular walking tracks and routes in Australia's largest alpine national park, from traditional day walks to multi-day excursions through the remote, high-country wilderness areas.

It also includes complete track notes and planning details for the Australian Alps Walking Track, from Walhalla in Victoria to Canberra.

Our website www.takeawalk.com.au lists all the walk options in each region.

Cheers, John Daly, Take A Walk Publications, Ph: 3843 3930

travel essentials

<http://www.backpackeressentials.com.au/>

The YHA Monthly Newsletter

Be Food & Drink Smart

Have you ever spent a year of your savings on a holiday, only to spend your time in the loo instead of basking on the beach? One of the easiest mistakes or things that people tend to neglect whilst travelling is the safety of the food and water they consume. This can leave them with a nasty bout of food poisoning, traveller's diarrhoea or even Hepatitis A.

Here are some travel tips for safe eating and drinking:

Cooked food: Ensure food is hot all the way through as germs are killed by thorough cooking.

Fruit: Eat fruit you have peeled yourself – thick-skinned fruit is preferable, so you do not contaminate the fruit as you peel it, e.g. bananas.

Clean utensils: Check that plates and cutlery are clean and use wooden chopsticks, as these can't be cleaned properly.

Raw or undercooked food: Raw food should be avoided.

- Avoid cold, raw or undercooked meat of any kind.
- Avoid dishes containing raw or undercooked eggs, e.g. homemade mayonnaise, hollandaise sauce and desserts such as mousse.

Room temperature or reheated food: Avoid food that has been left at room temperature for some time, or food that has been cooked and reheated.

Shellfish and seafood: Avoid raw seafood. Raw oysters and cold, previously cooked prawns are especially risky

Dairy products: Milk should be canned. Never drink unpasteurised milk.

Safe drinking water

- Avoid ice in drinks or cocktails.
- Buy bottled water and check the seal is in place – some locals may refill old bottles with local water and sell them as 'treated'.
- Boiling water: Boil for one minute – this will ensure it is safe to drink.
- Treat with a chemical disinfection such as iodine. Follow instructions closely.

When all precautions fail, what should you do?

Vomiting

- Get lots of rest.
- Drink small amounts of fluids regularly to replace what you are losing.
- Add Gastrolite to the fluid to replace lost salts and sugars.

- Avoid antivomiting pills until you have emptied your stomach.

Travellers' Diarrhoea

- Maintain adequate fluids and eat starch (rice, cooked oats, porridge).
- Loperamide (Imodium) and Buscopan can be used to paralyse the bowel and ease the symptoms. Only use if your temperature is normal (37°C) and there is no blood or mucous in the motions. Antibiotics may sometimes be required to treat diarrhoea. It is best to get these from the doctor before you go.
- See a doctor if you have a fever.

Tips for finding a doctor overseas

- Ring your Travel Insurance Hotline.
- Go to an up-market hotel. Hotel doctors are usually reliable.
- Ring your embassy who will usually recommend a doctor.

These travel health tips have been kindly contributed from Dr Deborah Mills's Travelling Well guide. Further information is available at www.travellingwell.com.au

Travel Scams

Forewarned is forearmed, especially when it comes to some common scams pulled on unwary travellers around the world.

You're in a strange place, unfamiliar with the customs, unsure if strangers are only curious and friendly or whether they have a greedy eye on your possessions. It's hard to tell and unless you want to cut yourself off from the culture you've travelled to experience, you must offer a little trust and hope for the best. One thing you can do though is make yourself aware of the most common rip-off tactics. For instance:

- Being jostled/distracted in crowds. The number one technique for pickpockets.
- Show count/fast count when changing money, especially common with street moneychangers and currency exchange clerks. Always count your money before leaving.
- Waiters padding restaurant bills. If you don't keep an eye on what you're ordering, the waiter will add his own tip.
- Good Samaritan who helps with luggage, buys train tickets, hails taxis. Do you really think people are just being friendly?
- Fellow tourists who are down on their luck and need a little cash. These people prey on your good nature to pinch some of your money.
- Stealing bags placed under seat. Make sure you can always feel it.
- Black marketeers giving counterfeit bills.

- Drugged beverages. Meet a new friend that offers a drink you don't see opened and expect to wake up a little shy of cash.
- Taxi driver leaves with your luggage in the boot as you get out to retrieve it. Better to put it on the seat beside you.
- Touts who won't leave you alone. Annoying? Sure it is. Chalk it up to another cultural experience.

Souvenir Alert

If you're travelling to foreign climates, and plan to bring back a souvenir or two, it's worth keeping in mind Australia's strict quarantine requirements. In the last few years, they've beefed up checks at Australian airports – more detectors and more of those cute little doggies sniffing their way around your luggage.

Things to keep in mind include:

- Look closely at wooden items for small holes or sawdust – these indicate insects
- Be cautious about buying souvenirs from sellers who say their goods have been 'treated for export' – these still have to be inspected
- Clean all footwear and camping/sporting equipment to remove soil, weeds and seeds that might carry disease
- Declare anything containing seeds, wood, feathers, rawhide or bone
- Pack anything that will need to be inspected in one bag for ease of access

And don't forget to throw out any bits of food you have in the bins before you get to Customs.

There's a great government website which tells you the do's and don'ts of what to bring into Australia - <http://www.travelbug.gov.au/>

EDITOR'S REPORT

ARTICLES: Please have all Jilalan articles to Greg by Friday 4th June. Articles should be e-mailed to me at endhouse@bigpond.net.au. Please follow the "Jilalan Style Guide", which is on the Club web site <http://www.bcbc.bwq.org.au/JilalanStyleGuide.html>. If you have any queries, you should phone me on 3351 4092.

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

HOW WE ORGANISE OURSELVES

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or “EO” or “Emerg Off”) for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$35; Associate Members: \$26; Spouse Members: \$9.00; Country: \$26.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

CONTACTS

Postal Address	PO Box 31, Red Hill, Qld 4059		
E-Mail	briscathbushclub@yahoo.com.au		
Web	www.bcbc.bwq.org.au		
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Outings Secretary	Justin Tobin	3366 3193	
Social Secretary	Antonia Simpson	3857 1387	
“Jilalan” Editor	Greg Endicott	3351 4092	endhouse@bigpond.net.au
Artist in Residence	Iain Renton	3870 8082	
Bushwalking Q’ld	http://www.bushwalkingqueensland.org.au e-mail: info@bushwalkingqueensland.org.au		
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/		
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp		
Parishes	http://bne.catholic.net.au/asp/index.asp?pgid=11463		
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House, E-Mail: printabout@cplqld.org.au Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,			

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Photos: Cover: Photo by the Endicott

Gateway Bridges <http://www.gatewaybridgeopening.com.au>

Parliament House http://www.parliament.qld.gov.au/communityEngagement/view/events/event_P150.asp

Koala <http://indigiscapes.redland.qld.gov.au/wildlife/koala/Pages/default.aspx>

Gap Creek Falls – the Johns

FAIRTRADE

“Fairtrade” is about better priced, decent working conditions, local sustainability, and fair terms of trade for farmers and workers in the developing world. By requiring companies to pay sustainable prices, Fairtrade addresses the injustices of conventional trade, which traditionally discriminates against the poorest, weakest producers.

So, by supporting Fairtrade, we support the people who deserve to benefit.

For more information on Fairtrade in Queensland, visit <http://www.qldfairtrade.org.au/>

JOHN TOOHEY SOCIETY

May 21 st	The Tank, Queen St (The KQ “Rebel Tour”)
June 18 th	The Irish Club
July 16 th	Theodore Club
Aug 20 th	The Hilton
Sept 17 th	Premier’s Bar Treasury Casino
Oct 15 th	The German Club
Nov 19 th	The Coffee Club at Riverside
Dec 17 th	The Sofitel

THEOLOGY CORNER

Our first Reading comes from Acts 19:1-8 on the day of our monthly meeting. We are introduced to Apollos who was a disciple of John the Baptist. Apollos does not know that the Way John was preparing for has in fact happened. Apollos was preaching a baptism of repentance, but as Jesus has completed his public, earthly ministry through his death and resurrection, we have now an enhanced need for a baptism in the name of Jesus so that the Holy Spirit may descend upon us and fill us with the Spirit of God. So Paul teaches those who have been ministered to by Apollos about Baptism in the name of Jesus.

This highlights for us that while repentance for our sins is important, the Spirit gives us a new responsibility. To live the full life of a Christian with the Spirit within us, we should speak of the goodness of God with gusto, to *speak in tongues* as scripture says. As we are baptised with the Spirit, we can expect the Spirit to influence us to be confident about our Faith and proclaim it when circumstances arise. This can be at a morning tea stop on a walk, bbq with friends or at an after work gathering with workmates.