

**BRISBANE CATHOLIC BUSHWALKING CLUB INC.
PO BOX 31, RED HILL Q 4059**

CONTACTS

PRESIDENT	Greg Endicott	3351 4092
VICE PRESIDENT	Phil Murray	3841 0254
TREASURER	Terry Silk	3355 9765
SECRETARY	Patricia Funnell	3366 6767
OUTINGS CONTACT	Iain Renton	3371 4672
MEMBERSHIP OFFICER	Carolyn Ivanac	3379 9486
SOCIAL CO-ORDINATOR	Barbara Eastoe	3355 3639
"JILALAN" EDITOR	Desley Pedrazzini	3369 5530
ARTIST-IN-RESIDENCE	Iain Renton	3371 4672
SAFETY & TRAINING	Vacant	

For specific enquiries, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquiries contact Susan Tobin 3366 3193.

Please have all Jilalan articles to Desley Pedrazzini by the 1st of the month, otherwise they cannot be included. Articles (if not using Microsoft Word), if on disk need to be submitted in RTF (Rich Text Format) with a hard copy included, otherwise a handwritten or typed copy will do. Alternatively, you can e-mail your articles to: **DPedrazzin@aol.com**

GENERAL MEETINGS

Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is **St Brigid's Parish Hall, Musgrave Rd, RED HILL**. The huge red brick Church on the hill.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, Musgrave Rd. Check "Jilalan" or phone the leader to determine the location.
- (c) The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.
- (f) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (g) **All Visitors must sign an Assumption of Risk form for insurance.**

EMERGENCY OFFICER

If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer for that outing – but please don't panic. If the EO is not mentioned ring either the President or Vice President

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MANAGEMENT COMMITTEE

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

WARNING All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

Club Web Address:	www.geocities.com/briscathbushclub/
email:	briscathbushclub@yahoo.com.au

CALENDAR OF CLUB EVENTS 2005

January				
Sunday, 9	Illinbah Circuit	DW	Easy	Greg Endicott 33514092
Monday 17	Meeting			
Friday, 21 - Saturday, 23	Border Ranges	BC	Easy	Iain Renton 33714672
Saturday 29	An evening stroll to Southbank	Social	Easy	Barbara Eastoe 33553639
February				
Wednesday, 2	Coffee Night - Kangaroo Point Cliffs	Social		
Saturday, 5	The Cougals	DW	Medium	Justin Tobin 33663193
Sunday, 13	Little Kings	DW	Easy	Gabriel Romaguera 38563842
Thursday, 17	FMR Night	FMR		
Friday 18 to Sunday 20	Bunya Mountains	BC	Easy	Paul Evans 33575254
Monday 21	Meeting			
Sunday, 27	Warrie Circuit	DW	Easy	Phil Murray 38410254
March				
Saturday 5	Clean Up Australia Day	DW	Easy	Maxine Brophy 32034699
Sunday, 6	Obi Obi Lilo	DW	Hard	Phil Murray 38410254
Friday, 11	Video Night Social	Social		Patricia 33666767 (RSVP BY 8.3.05)
Sunday, 13	Members and Leaders Training	S&T	Easy	Iain Renton 33714672
Saturday 19-20	Yalburru Club Hut Birthday Feast	Base Camp		Maxine Brophy 32034699
Sunday, 20	Tom's Tum (From the Club Hut)	DW	Medium	Iain Renton 33714672
Monday 21	Meeting			
Thursday 24 to Mon. 28	Mt Kaputar (Easter B/C)	BC	Easy	Iain Renton 33714672
Easter Monday, 28	Maroon Falls / Golden Staircase	DW	Easy	TBA

April				
Sunday, 3	Shipstern	DW	Med/Easy	Barbara Eastoe
Sat 9 / Sun, 10	Lincoln Wreck	ON	Hard	
Saturday 16	Bush Dance at Morningside	Social		
Sunday, 17	Mt Gravatt to City	DW	Easy	
Monday 18 April	Meeting			
Friday 22 to Monday 25	Black Canyon	TW	Hard	Justin Tobin
Sunday, 24	Cronan's Creek	DW	Easy	
Friday 29 to Mon 2 May	Northern NSW – a Coastal NP	BC	Easy	

Key - Walk Types

D/W	Day Walk	½ DW	Half-day Walk
T/W	Through Walk	TRN	Training
O/N	Overnighter	FMR	Federation Mountain Rescue
B/C	Base Camp	SOC	Social

KEY – Walk Gradings

The Brisbane Catholic Bushwalking Club uses the following Walk Grading system, which is referred to under each coming walk. If uncertain, please consult with the walk's leader.

1. Distance

Short Under 10km per day
Medium 10-15 km per day

Long 15-20 km per day
EXtra Long Over 20 km per day

2. Terrain

1-3 Graded or open terrain. No scrub
4-7 Bush. Minor scrub rainforest, rock creek
Rock hopping, scrambling

8-10 Bush. As Above+ thick scrub, major rock scrambling using hands, technical

3. Fitness

1-3 Easy. Suitable for beginners
4-7 Medium. Reasonable fitness required.

8-10 Hard Strenuous, fit walkers required.

PRESIDENTS PRATTLE

Here it is again at the end of another Club year. Just like a normal New Year, each of us should look back on our year and see how we did and to make resolutions for the next.

Take a look through the Annual Report to remind yourself what you did and what (and how many) activities the Club did.

How many trips did you do?
What grade were they?
Were they all similar or was there variety?
Did I learn anything from the walks I did during the year?
Other than trips, what else did I do?
Did I make new acquaintances?

And now for the resolutions:

Is there anything I can do for the Club?

What of my numerous skills can I put to use in the Club?

Has my walking and knowledge of walking improved enough for me to lead outings?

What about organising a Social?

We all have skills, and no one has the same mix of them. Everyone can help the Club out in their own little way. Doing that something extra once or twice during 2005 will not be much work for you, but if a lot of us do two things, it is a real help for the Club.

Make a New Year's Resolution.....

President.

Greg,

NOTICE

At the February Monthly Meeting we have 2 meetings –

The first at 7.30pm will be the Annual General Meeting, where the Annual Report is presented formally to the Membership and we hold the elections to Committee for the 2005 Club year.

The Membership will be asked to discuss the Annual Report and then to vote on it section by section.

There is some other business to attend to, but these 2 are the major items.

The second meeting is the normal February meeting held after the AGM.

TREASURER'S REPORT

Balance	\$	1059.87
20.12.04		
<u>Plus Receipts</u>	\$	272.01
	\$	1331.88
<u>Less Payments</u>	\$	863.57
Balance		468.31
16.1.05		
Term Deposit	\$	1759.76

Membership Fees are now due. Please complete and sign the Membership Renewal Form which was in your January magazine and return it with your money as soon as possible so that you do not miss any magazines.
Terry.

About Members

A sincere apology to Louise Rooney who was also accidentally left off the Membership List included in your November magazine.

Please add her details to your list:-
15 Sobar Street, Burpengary, Qld. 4505. Phone 3888 8546.

Also, belated January birthday greetings to Kathleen Smith and David Hill.

My club records show that Bill Butler, Michele Endicott, Kerry Mulligan, Greg Miller, Louise Rooney and Terry Silk are having a birthday in February.

Barbara Eastoe has just returned from a holiday in Sydney where she climbed the harbour bridge as well as exploring some walks around the harbour. Not to be outdone, Kathleen started her holiday by climbing the harbour bridge before heading to North Queensland to catch some sun and relaxation on a Tropical Island. Philip Kearns has also had a quick visit to Sydney to see the Edinburgh Military Tattoo and "The Lion King". Pat Lawton has just been in New Zealand doing some more walks and Maree has just returned from doing the Milford Track.

Wedding Bells

One of our club members, David Hill, has a special day coming up on Saturday 5th March.

His Daughter Debbie is getting married to Bradley Dornan at St. Brigids church at RedHill at 4.00 pm.

It will be quite a family day as David's 3 other daughters, Tricia, Catie and Cherie will be bridesmaids.

David said he would be delighted to have his bushwalking friends at the Church to see him and his wife Jill on a very special day.

So feel free to come and have a look and support a fellow member on a special day.
Phil

About Visitors.

Leon Klemer and Stephen Bub were enthusiastic walkers on Greg's Illinbah Circuit. John and Barbara de Bont, Michael and Catherine Simpson and Michelle Towler were welcome visitors at our January meeting. Greg's most recent Parish advertising campaign has resulted in over fifteen enquiries so far.

FEBRUARY MEETING
MONDAY 21 FEBRUARY

LOCATION : St. Brigid's Parish Hall, at the back of the car park, Musgrave Rd, Red Hill. Just up from the Normanby Fiveways on the road towards Ashgrove.

Time : 7.30pm, the doors open and we move in.

Cost : Nothing.

Contact : No one, just turn up.

Come along to the February General Meeting of the Club. Hear our leaders talk about their coming events – walks and socials. Hear our leaders recount the adventures of trips gone out during the past month. Listen to the other discussions and topics talked about. Learn about our sport. Talk to our leaders about their trips and question them on the bits that interest you.

We also will be holding the Annual General Meeting at the start of the night.

Come along and hear the outgoing Committee explain the happenings of 2004.

Question them on any topic you feel needs explaining.

Vote for members to the new committee.

You can only do all of this if you are there.

First Aid Training
Weekend
Saturday 19th – Sunday 20th

Leader : Jo-Anne McLaren
Ph: 3345 2367 (after 5pm)

Location : Wellers Hill State School Hall, 190 Toohey Rd, Wellers Hill

Time : 8.30am to 4.30pm both days.

Cost : \$125 – includes all course materials and manual.

The course is run by the St. Johns Ambulance Instructor, with a leaning towards bushwalking and injuries sustained while out bush and away from immediate help.

It is a good course to be on as it is dealing with the types of injuries we will have and be miles from anywhere.

Payment is required on nomination, and there are financial restrictions on cancellations.

You will receive a proper first aid certificate on successful completion of the exam afterwards.

COMING WALKS

Warrie Circuit

Sunday 27th February

Leader: Phil Murray (3841 0254)
Meet at: St. Brigid's Car Park,
Musgrave Rd, Red Hill
Time: 6:45am
Cost: \$18.00
Grading: L 3 3
Emerg Off: Susan Murray (3841 0254)

The Warrie Circuit is a lovely graded track in Springbrook National Park. It is about a 90 minute drive from Brisbane to Springbrook.

We will start the day with a little 'warm up walk' with side trip to the "Best of All Lookout". This little track goes through a small stand of Antarctic Beech trees and then drops down to the lookout to take in the views of the Tweed Valley and Mt Warning

The plan for the day is then park the cars near the Canyon Lookout and do the circuit in a clockwise direction. The track goes along the cliff tops, then the graded track zig-zags down the valley to the creek. We will have a swim and early lunch at the 'meeting of the waters'.

The track on the way back has a few 'up' sections but it isn't too hard. We will have a side trip to take in the views from the Pinnacle and have a cuppa and Lamingtons for afternoon tea. So make sure you bring a plastic cup.

The trip from the Pinnacle back to the cars is relatively flat and skirts

below the escarpment and there are several waterfalls to cool off below.

After the summer rains this will be a spectacular walk through rainforest passing 7 different waterfalls.

I plan to have a final swim and cool down at the swimming pool below Twin Falls. It is then only a quick walk back to the cars.

Come and join me on this walk. It will be a lovely full day of walking (7 hours) but it is better than been at work and I'm sure it will be enjoyable and memorable day.

Mark it on the calendar and come along. Phil

Clean Up Australia Day

Saturday 5 March, 2005

Leader: Maxine Brophy
32034699
Meet: St. Brigid's Car Park,
Red Hill
Time: 7.30AM
Cost: NIL

Have you noticed litter and rubbish near waterways or alongside biketracks or roads?

Now is the time to take action by lending a hand to remove these unsightly things on our landscape.

This year we will be cleaning through the Boondall Wetlands area. The migratory birdlife and wildlife sheltering in this protected area deserve to feed and roam free from plastic containers and bottles washed in with high tides.

Please come along for an enjoyable few hours working together for our

environment. We will have coffee and morning tea afterwards.

Maxine

Obi Obi Creek
White Water Li-Lo Trip
Sunday 6th March 2005
Daywalk

Leader: Phil Murray
(3841 0254)
Meet at: St Brigid's Car
Park,
Musgrave Rd,
Red Hill
Time: 6:15am
Cost: \$18:00
Grading: M 7 8
Emerg Off: Susan Murray
(3841 0254)

The Obi Obi Creek Lilo Trip is the best ever bushwalk you can do.

This trip is the ultimate in getting immersed in nature. You gently glide along rainforest pools on a soft airbed and you can look up at the rainforest covered valleys walls to the brilliant blue sky with puffy white clouds. And every 10 minutes or so you zip down the exciting rapids to the next leisurely pool.

The walk is located up at the back of Montville on the Sunshine coast hinterland.

Plan A is to do the conventional lilo trip which starts below the Baroon Pocket Dam and we will come out at the bridge on the Kenilworth Road Obi-Obi road. We will have to do a car-shuffle to place the cars at the end of the trip. This process can take up to an hour.

The trip starts with a short 500 metres walk along a graded track and then it is in the water. In the

first hour we have to do a few 'walk arounds' to get past the rough rocky parts. Then we get to the "The Narrows" a beautiful water filled gorge with a waterfall cascading into the long pool. After 2 more walk arounds it is basically in the water for the rest of the day. If there is a good flow of water we will spend most of the day shooting the rapids. There are 20 pools of water separated by rapids. Each pool is about 50 m to 300m long. But the last pool is about 1500 metres long. The rapids between pools are very short at the start of the day and in the middle sections they can be up to 100 metres long. These long rapids with the overhanging lily pilly tress are just delightful and provide a tunnel of trees. It is just like going down the water slides at wet-n-wild but it is all natural. Just amazing.

You need a Lilo to do the trip. No Lilo no trip. (No boogie boards, no surfmats and no blow-up canoes). For those who are unsure, a lilo is an airbed made out of rubberised canvas. They usually cost around \$20.

There are two styles of riding the lilo. Some people prefer the orthodox style or the surfboard style where you lie on your belly and paddle the normal way. The alternative style which is called either the "armchair style" or the "Cleopatra style". The armchair style is where you lie on your back and use your backpack for a head rest. This style is more relaxing and makes it easier to keep your head up and away from the rocks. It is easier to steer but harder to paddle.

I can't guarantee that I can take all nominations as you have to be fit, nimble, have a good sense of

balance, be able to swim and just as importantly be "water smart". We are going into moving water and there is a degree of risk from drowning which cannot be underestimated. Also we need to ensure that people travel in pairs and are constantly watching their "buddy". If your buddy loses their lilo you have to be able to get to them in less than a minute to make sure they are OK.

Bring the normal stuff you need for a day trip; lunch, water bottle, hat, torch & sunscreen. The best footwear to wear is Dunlop Volleys. I would also suggest people have garden gloves to wear on their hands. It is advisable to wear a long sleeve shirt and long pants as they provide both sun protection and protection from bumps and scrapes on your forearms, elbows and shins. If you have them a long sleeve thermal shirt and thermal pants are ideal as they provide protection and warmth. If you have a wetsuit bring that as well. To keep your lunch dry during the day you can use 3 heavy duty garbage bags to keep things water proofed or you could buy a 'seal bag' but they cost over \$40. It is also handy to have some snack food handy in a Tupperware container during the day.

Also have a complete change of clothes available for the end of the trip.

If the water is not flowing over the spillway we will consider the alternative plans.

Plan B is to do the upper reaches of Obi Obi from Gardner's Falls down to the Lake. We will enter the water just below Maleny at Gardner's Falls and then follow the Creek down to the Baroon Pocket

Lake. This will be an exploratory trip. It will be a combined lilo trip and daywalk back.

Plan C is to do a very easy lilo trip on the Brisbane River from Fernvale bridge down to bridge at Summerville road. It is a nice trip and it is about 6 kilometres but it requires a lot of paddling.

It is invariably a long day but it is trip of a lifetime.

Phil.

Members and Leaders Training Day

Sunday 13 March 2005

Leader:	Iain Renton 33714675
Meet:	TBA
Time:	7AM
Cost:	Probably \$10 or less
E.O:	TBA

Firstly, sorry about the fact that I've cancelled the extra training day on Saturday. I'll be leading Club events on three successive weekends, so I decided one day would be easier to organise. Also sorry about the early start but the Doctor in the Club, Paul Evans, who offered to lead a session on first aid has a conference starting at 10AM on Sunday and generously said he'd fit something in before it. By the time this goes to the magazine, I still haven't had time to get everything finalised for the day. It will be held at either Mt. Cootha or a bit past The Gap. I'll give you the final details when you register.

Most Likely Programme will be:

7.15 - 9AM	What to put in your bushwalking
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9.15 to 12.30 first aid kit, what each item is for and how to use it.
Map reading, understanding the lie of the land, compass navigation (if we have time). We'll be using a sand tray and other aids.

(Morning tea break in middle)

Lunch

1.15 - 3.30PM Leader training

Turn up for the whole day or the sessions that interest you, much of it is organised to be as hands on, interesting and fun as possible.

Iain

**"Yalburra" Club Hut
Birthday Feast**

Saturday 19 March, 2005

Leader: Maxine Brophy
32034699
Meet: St. Brigid's Car
Park, Red Hill
Time: 7AM
Cost: \$16
Grade: S33
E.O: Mike Brophy
32034699

Our Club Hut has a birthday, it is 38 years since a group of dedicated bushwalkers bought a vision into being.

If you are new to our Club, this will be a good time to visit.

We will walk in from the Portals

Car Park taking about an hour. The track is easy to follow with a few small creek crossings and can be a little steep in a few sections.

Good swims await you at the Lower Portals where a huge swimming pool in Barney Creek is fed by gushing water coming down over huge boulders from Barney Gorge and the Upper Portals.

Lunch and celebrations will be back at the Hut. You can sit on the grassy bank overlooking Barney Creek and take in the peaceful surrounds that our Hut provides.

Please bring something special to share in this birthday feast. We will have a Birthday Cake to celebrate the Hut's day.

There will be walks to Tom's Tum on Sunday, so complete the weekend with a sleep at the Club Hut and a moonlight feast to continue the party.

For those going back, we will walk out in the cool evening with a stop at Beaudesert for coffee and a snack.

Hope you will join us for a fun day or weekend.

Maxine & Iain

Tom's Tum

Sunday 20 March, 2005
Day Walk

Leader: Ian Renton
33714672
Meet: St. Brigid's Car
Park
Red Hill
Time: 7AM
Grade: S44
Cost: \$16

E.O: Maxine Brophy
32034699

Grade: (see note below)
Various: mostly
S33
E.O: TBA

This walk could also be done as part of a base camp coming in on Saturday for the Club Hut feast (not having to start the walk on Sunday till about 10 in the morning when the day walkers arrive).

The day walkers will be walking in to meet the base campers (about an hour's walk over an eroded and fairly rough walking track). Then it will be a short steep walk up to Tom's Tum. Tom's Tum is a series of little peaks at the beginning of Eagles Ridge on Mt. Barney. It is a great walk because you get some of the most spectacular and impressive views of the rugged peaks of Mt. Barney up close without having to climb great heights or do any tricky walking. The walk can be done in a few hours but we'll have much of the day to do it so we'll be able to take it at a gentle pace with plenty of breaks for those not quite so fit. It is not a difficult walk and the rewards are well and truly worth the effort. I'll be going on the base camp, so I'll be organising somebody to co-ordinate the day walkers.

Iain

Advance Notice

Easter Base Camp - Mt. Kaputar

Thursday 24 to Monday 28th
March, 2005

Leader: Iain Renton
33714672
Meet: St. Brigid's Car
Park, Red Hill
Time: 7PM
Cost: Cabin \$36
Camping \$18
Travelling \$55*

* NB. This amount will only be possible if we get four people to a vehicle. At about 1,350 kms, this is a long trip. To keep costs down basecampers are requested to TRAVEL AS LIGHTLY AS POSSIBLE. If you want to carry a lot of gear for the weekend and have only three people in a car then be prepared to pay \$70 - \$80 each for travelling or travel privately (passengers and the driver work out the travel costs amongst themselves).

This looks like a great place for a base camp in N.S.W. It is a high plateau with unusually shaped domes and peaks (from volcanic activity 17-21 million years ago). To the west, the country falls away to the seemingly endless broad western plains.

It is mostly dry eucalypt (with snow gums at higher altitudes).

The park has well maintained graded tracks, many of the peaks are quite close to the road, so quite a few walks are 2km or less with others of 4-6 kms.

We'll have enough experienced walkers on the weekend to offer another option for those feeling more energetic (while the others take in the sights on shorter walks). This is a long day walk of 19kms return to Scutt's Hut and Kurrawonga Falls (possible grade L55).

You can either camp in a tent or stay in a cabin, but there are only 6 places in a cabin left, so you'll have to be quick if you want the

extra comfort. The cabins are well set up with a slow combustion wood heater, toilets, hot showers, crockery, cutlery, kitchen utensils, microwave, stove-top, kettle and toaster provided. The cabins have two single beds, a double bunk and two extra foam mattresses. The camping ground is nearby (I don't know how close) and also has hot showers).

On Thursday night, we will be driving to Coolmunda Dam, near Inglewood, camp overnight (these camping fees are included in the total cost) then continue next day to the National Park arriving about 1PM. On Saturday night there will be the option of driving into Narrabri for Mass with a meal afterwards. On Monday we'll return to Brisbane. If we can get a full car load I'd be interested in staying another day and leaving on Tuesday. This option is only available for campers as the second cabin that is still available is booked by somebody else on Monday night.

Iain

Advance Notice

Maroon Falls and Golden Staircase

Easter Monday 28 March 2005

Leader:	TBA
Meet:	St. Brigid's Car Park, Red Hill
Time:	7AM
Cost:	\$16
Grade:	M43
E.O:	TBA

The walk starts by walking along the banks of Barney Ck then turns and goes alongside the creek that flows down from Paddy's Plain. On the way we pass the quite

impressive Maroon Falls (though I've never seen them with much water) then we reach a junction with the creek that flows down the gorge on the back of Mt. Maroon. So far the walk has been going along the base of the western side of Mt. Maroon. Then we leave the reasonably level and well travelled footpad to walk up the creek towards the Gorge. This is easy creek walking in open country with a lot of flat rock slabs to walk on. There are a series of stepped slabs a bit further up (the staircase). Those feeling more energetic and a bit more nimble could continue up to the gorge (and maybe the peak - time permitting?) We'll be coming back the same way so people will be able to stop at a point they feel comfortable. This walk is only a little more difficult than a graded track walk and everybody should have no trouble doing it. I've yet to organise a leader, that will be in the next magazine, some minor details may change. It is not much over 10kms so it may be a S43 walk.

Iain

Heaven's Grocery Store

As I was walking down life's highway many years ago
I came upon a sign that read
Heavens Grocery Store.
When I got a little closer the doors
swung open wide
And when I came to myself I was
standing inside.

I saw a host of angels. They were
standing everywhere
One handed me a basket and said
"My child shop with care."
Everything a human needed was in
that grocery store
And what you could not carry you
could come back for more

First I got some Patience. Love was
in that same row.
Further down was Understanding,
you need that everywhere you go.
I got a box or two of Wisdom and
Faith a bag or two.
And Charity of course I would need
some of that too.

I couldn't miss the Holy Ghost It
was all over the place.
And then some Strength and
Courage to help me run this race.
My basket was getting full but I
remembered I needed Grace,
And then I chose Salvation for
Salvation was for free
I tried to get enough of that to do
for you and me.

Then I started to the counter to
pay my grocery bill,
For I thought I had everything to
do the Masters will.
As I went up the aisle I saw Prayer
and put that in,
For I knew when I stepped outside
I would run into sin.

Peace and Joy were plentiful, the
last things on the shelf.
Song and Praise were hanging near
so I just helped myself.
Then I said to the angel, "Now how
much do I owe?"
He smiled and said, "Just take
them everywhere you go."

Again I asked, "Really now, How
much do I owe?"
"My child" he said, "God paid your
bill a long long time ago."

(Contributed by Margaret Cooper)

**Meet "Touching the
Void's"
Simon Yates**

**- The man who cut the
rope!**

**BRISBANE:
3 March 2005**

at the
Evena and Mary Thomson
Auditorium,
Wesley Hospital
Chasely Street Auchenflower

Seats are strictly limited.
Call 1300 720 000 to book.
Tickets cost \$25. No concessions

Simon Yates first came to
prominence as a mountaineer in
1985 after the first ascent of the
West Face of Siula Grande in the
Peruvian Andes and the ensuing
epic descent described in Joe
Simpson's book and award
winning film 'Touching the Void'.

His climbing career includes
numerous epic climbs in the
Karakoram, the
European Alps, the Tien Shan as
well as Patagonia and Tierra del
Fuego.

As a presenter, Simon takes a
humorous and philosophical look at
the wild times, the desperate
effort, the joy and the uncertainty
of his mountaineering career.

'Touching The Void' is a major film
that is based on the international
best-selling non-fiction book of the
same name by Joe Simpson. It
tells the extraordinary true story of
two mountaineers, Joe Simpson
and Simon Yates, who narrowly
escaped death high in the Peruvian
Andes in 1985 when Simpson fell
and shattered his leg. Ultimately,
their predicament forced Yates to
save his own life by cutting the
rope that bound him to
Simpson. Simpson fell into a
crevasse but managed to escape

and crawl for three and a half days down the mountain to safety, without food or water and in an increasing state of physical and psychological deterioration. He arrived back at base camp just hours before Yates was due to leave forever. Hear the tale first hand when Simon Yates tours Australia in March 2005.

The event is presented by Outdoor magazine in association with World Expeditions, National Geographical Channel and Paddy Pallin. Signed copies of Simon's two books (Against the Wall and The Flame of Adventure) and a selection of posters will be available for sale at each venue.

Phil

COMING SOCIALS

Coffee Night at Bell Peppers, Enoggera

When : Wednesday 2 March
Time: 7pm for dinner or 7.30 for coffee
Where: Bell Peppers, 304 Wardell St. Enoggera (in the shopping complex on the corner of Wardell and Samford Rds)
Contact: Barbara Eastoe (3355 3639)

It's been a while since we've been to this café but it's always enjoyable. There's plenty of parking outside the café and last time I was there the meals were good. So come along and enjoy some good food with good friends.

A final word from your outgoing Social Coordinator

As many of you know, I am not standing for this position in 2005. I have enjoyed my time but I find it too time consuming as I am still working full time in a job which requires frequent nights at work as well as needing to work at weekends. I have certainly benefited by getting to know far more people because I have had to go to so many socials and I will still be attending many of them. However, having to go out to a social when I had commitments 3 or 4 nights a week or a lot of work, became very stressful. Having the choice to go to socials or not go should reduce my stress levels.

The job of the Social Coordinator could be so much easier if more members were prepared to organise one social activity each year. We essentially have 11 coffee nights and about 10 to 11 other social activities each year. This is a lot for one person to organise. That person should also not have to contact people and ask if they will do something. Members need to offer their services to the Social Coordinator. You can choose the activity, the time, the place. There must be so much creativity and energy out there that the job could become a real breeze. However, this volunteering must continue throughout the year. I found I had a number of people volunteered to help at the beginning of the year (I have thanked them in the Annual Report) but as the year moved on the pool of volunteers dried up.

So think about giving your time for one coffee night or organise a social of your choice and let the new Social Coordinator know straight away. Also be prepared to take on the whole activity including putting notices and follow up reports in Jilalan. I will be putting

up my hand to run the Christmas Lights walk again this year. So come and join me and put something back into the club which provides us all with such enjoyment.

Previous Walks

Coomera Circuit

The party of 11 arrived at Binna Burra at 9.20am to commence the walk. The track takes you through mainly rainforest, with only minor open bush. The first two thirds takes you along the Coomera Creek to almost its headwaters. The track back is via the Main Border Track, through drier rainforest, and runs along the top of the ridge.

The day itself was dry, but it had been raining in the days previous, meaning a lot of water was in the creek. At this very early stage in the life of the creek, it normally is a placid stream flowing between the rocks. However, on this day it was a white bubbling creek bouncing down its bed.

The new falls lookout is spectacular enough – it is anchored to the slope and sticks out over the gorge – with its mesh floor you can look down between your feet and see the valley floor far below. With all the water, the Falls were in fine form – a good long drop into the pool below.

But what really impressed me the most was the rest of the creek above the Falls – everywhere you looked was white bubbling water – the only problem was that you could not get a good enough long-view to appreciate it. There were cascades, water races, pools, mini-falls everywhere. And this was not

all as there were “wet weather only” falls descending from the top of the ridge opposite into the creek in front of us. A really picturesque creek in the wet.

Some of the crossings were deep enough for the stepping stones to be covered, so some decided to go through the water instead. These souls helped some of the more worried ones across.

On our way out we hardly met anyone, but as we approached our halfway point, people going in the other direction started to pass us. I think we did it in the better direction.

The walk back to BB on the Border Track was a bit of an anti-climax as it was really a race back – the main point of the day was over and we all knew it – no more water falls. The last of us got back at 4.55pm

Thanks to all those who came: Michele, Stephen & Lucy, Liz L, Barb, James P, Phil K & Graham G and apologies to anyone I forgot.

Greg E.

Border Ranges Base Camp

Friday 21 – Sunday 23 Jan. 2005

Two cars departed at 11.45am with Iain, Michelle & June collecting James after loading gear into Robyn & Ross's Hilux. The decision had been made to camp at Forest Tops. After stopping for lunch in Beaudesert we arrive at the base camp about 4pm setting up before dark. Strong winds and lightning around was threatening but with only a sprinkling passed around. Patricia, Paul & Phillip K. left Red

Hill in the rain after 7pm, arrived & set up by mid-night.

Saturday broke cool & fresh so after breakfast we left Ross at the base while we all set out on the Booyong Track walking down to Sheep Station Creek Camp. The Booyong commonly named the Brown Tulip Tree (*Argyrodendron trifoliolatum*) was the brown to grey scaly barked buttressed tree seen along the way. On the ground numerous fruits were seen indicating the presence of Lillypillies (*Syzygium crebrinerve*, *S. francisii*) with red and purplish cherry like fruit & Quandongs (*Elaeocarpus grandis*, *E. kirtonii*, *E. obovatus*) with blue & black fruit, as the leaves & flowers were 30 – 40 m. in the tree canopy. Numerous figs were also noted - all fruits food for the birds & animals. Interesting fungi & Christmas orchids (*Calanthe triplicata*) provided a photo shoot for Phillip, Patricia, James, Iain & Robyn to show Phillip M. & the club photo competition in 2005.

Morning tea was by the creek, then we walked on as the temperatures rose in the stillness of the rainforest. Rocky gullies with trickles of water, which would rush after storms, provided cool draughts of air along the way. Paul and James, our pace setters were already lying in the rock spa at creek crossing deciding our lunch spot before the rest of us arrived. The ladies of the group taking a little longer to change then entered the creek for a cool down. After lunch we set off to see the large Rosewood Tree along the loop. We rejoined the track, crossed the creek for the final time too tired for a swim then climbed up to Sheep Station Camp. There are many monitors there who look

well fed from invading camper's food stores. After a car shuffle to get back to Forest Tops, the six younger members of the group headed to Kyogle for mass & dinner at the bowls club. Again wind and lightning threatened but only a light shower fell during the night after all retired.

Sunday saw us set out at 8.30am to Brindle Creek where we walked the Red Cedar Loop before splitting the group to start either end of the 5.6-km Brindle Creek walk. Large old Antarctic Beeches were along the way and many lizards sunning on the track quickly darted off as we approached. Again lots of interesting fungi were seen. The groups met near Salva Falls, which made a lovely backdrop for morning tea. Later a large spread of dropped fruit looking much like plums were fermenting on the ground. On research, these were found to be the fruit of *Planchonella australis* known as Black Apple or Wild Plum. They are edible but not real pleasant raw but make good jams & jellies but maggots can be a drawback. The stalactite fungi and wood ear although hard are also edible and would need to be thinly sliced for cooking.

After lunch at Antarctic Beech picnic area we drove out to the Tweed Valley Lookout and the Pinnacle Lookout. The view from the Pinnacle looked over Mt. Warning with a wonderful view of the old crater making a very fertile valley. Looking close over the Pinnacle *Brachycome* daisies were flowering amongst a large clump of rock orchids not flowering. We returned & broke camp, all leaving by 4pm returning to Red Hill by 6pm. The beauty of the area sadly contrasts & highlights the

over use & development now encroaching on Lamington & Tamborine.

Many thanks to Iain for organising the trip and everyone for their pleasant company.

Robyn

*Border Ranges Base Camp – group
Photo taken at Pinnacle
Lookout.*



*L to R; James Parra, Philip Kearns,
Michele Johns, June Greenaway,
Iain Renton, Robyn Jones. Front;
Paul Evans, Patricia Funnell.
In the background is Mt. Warning*

Illinbah Circuit

This is the track system downstream on Coomera Creek below Binna Burra. It runs along the side of a rainforest ridge, between the road and the creek. As the valley opens out, the track crosses the Creek and then goes up the creek back to the start.

We started at 9.10am from the National Park headquarters. Here we met our 2 visitors, one coming down from Wynnum and the other from the Gold Coast. The track starts out by descending the cliffs to get below them. There was a lot of work put into this track by the track cutters as steps were cut into the rocks and later across a sloping

rock wall. At some of the gullies rocks were placed on top of each other to build up the surface to make a flat path for us to walk on. For the whole trip the track was clearly visible – looks as though someone with a chain-saw had preceded us and made our task a lot easier.

Once below the cliffs, the track cut along the ridge, taking a gentle gradient while it snaked its way in and out of the numerous gullies crossing the track at right angles. The rainforest was cool, green and lush. We were lucky that the day was not as hot as some were previously, and though there were clouds about we had no rain. Walking was pleasant.

As we got near our midpoint, we passed some very old track signs marking the distance travelled – a relief (most of us still could remember “miles”). Then there was that definite bend in the track away from the ridge line and towards the creek. And there it was all of a sudden – the Creek. After all the rain over the previous week it was not running a banker. We crossed it for the first time, and then stopped for lunch.

The track back was surprisingly pretty – I have seen more than my fair share of creeks in my time, but this one was not boring. The track was close to the Creek, but at times (once for 30 minutes) moved away from it to such an extent you almost forgot it was there. This means that we were not staring at rocks, boulders and slabs all the time, and the vegetation changed according to the distance we were from the Creek. There were figs galore and extensive groves of palms. We had to cross the Creek

12 times – this did get boring the last few times.

The Creek crossings were up a bit, with some of the usual rocks covered by water. This did not dampen the spirits of some of us - we tried to cross dry shod anyway. The bank in some places was washed out so a bit of a climb down to the creek was necessary. And, some of the crossings were one after another – no rest for some of us.

Just before the end, it was decided to go down to the Swimming Pool; we had climbed out of the Creek only to go down to it again. Only Phil M was brave enough to attempt to swim – perhaps the big eel in the pool deterred the rest of us. However, the climb out again was a killer – it just went up & up & up. And those steps I loved on the way down made my legs ache each one I took.

We got back to the cars at 4.30pm – a really good days walking.

Thanks to those who joined me: Stephen & Lucy, James P, Leon K (a visitor), Greg M, Paul E, Phil M, Michele J and Stephen B (a visitor).

Greg E.

Past Socials

Twilight stroll to Southbank

It was a warm Brisbane evening, made more bearable by the cool breeze coming of the river, when we met at New Farm to catch the ferry across to Dockside, the start our walk. There was a stunned look on the face of the ferry captain as 26 of

us marched onto his boat and bought our tickets. Then it was about 2 minutes across the river to Dockside where we all introduced ourselves (only after I promised that you didn't have to remember them all).

Many of the people said "I've actually never been here" so we walked along the main street of Dockside to see all the apartments where the well to do live before joining the walk along the river to Captain Burke Park under the Story Bridge. Then it was up to the steps to the Story Bridge to walk across. Those at the front of the group heard the story of Patricia Funnell's father who was a painter on the bridge and fell off (he survived and even had two more children although he had been told he wouldn't have any more). Those at the end of the group heard about the story behind the Mayne Inheritance from Liz Little (the murder took place somewhere around here) and general stories about the bridge and Brisbane for Greg Endicott. This group got so far behind the others that we had to have words with the talkers (principally Greg) or we would never have made it to Southbank.

At the bottom of the bridge we joined the walkway to Riverside then walked through the Botanic Gardens and over the Goodwill Bridge to Southbank where we had dinner in the fast food section. People then made their own way back on the ferry, some choosing the newer and faster City Cat, others choosing the slower but more atmospheric Inner City Ferry. Everyone voted it a very enjoyable evening.

It was good to see so many people turn up on our first social of the year. It reinforced my opinion that dinner combining a walk is an ideal social event for bushwalkers. It was also good to see so many new faces. I think any club is doing well if you turn up to an event and don't know the names of more than a quarter of the people there. Thanks to all who turned up, Karen and David Auer, Sofia Ramsay, Graham Glasse, Teresa Stuber, Jenny Damer, Ross and Robyn Jones, Philip Kearns, Carolyn Ivanac, Richard and Michelle Johns, Louise and Paul Rooney, Gabe Romaguera, Catherine and Michael Simpson, Greg Endicott, Patricia, Geoff and Josh Funnell, Jean Gowans, Terry Silk (and the other two whose names I didn't write down)

Your intrepid leader, Barbara Eastoe

ITEMS OF INTEREST
Queensland Federation of
Bushwalking Clubs

Federation meetings are held at 7:30pm on the fourth Thursday of each month at the Little Kings Movement. 33 O'Keefe St., Buranda.

Federation web site address is:
<http://www.geocities.com/qfbwc/index.htm>

The email address is
qfbwc@yahoo.com.au

FMR TRAINING
CALENDAR - 2005

DATE START TIME
ACTIVITY

January 18, 2005 06:00 PM
Social Meeting South
Bank/Kangaroo Pt (FMR)

February 15, 2005 07:30 PM
Meeting

March 15, 2005 07:30 PM
Meeting

March 17, 2005 07:30 PM
Safety Research for Bushwalking
evening

March 19, 2005 08:00 AM
First Aid weekend (BOSQ)

March 20, 2005 08:00 AM
First Aid weekend (BOSQ)

April 19, 2005 07:30 PM
Meeting

May 17, 2005 07:30 PM
Meeting

June 21, 2005 07:30 PM
Meeting

June 18, 2005 09:00 AM
Equipment Day at Old Museum
(FMR)

July 19, 2005 07:30 PM
AGM

August 16, 2004 07:30 PM
Meeting

August 19, 2004 06:00 AM
Pilgrimage (RBWC)

August 20, 2005 06:00 AM
Pilgrimage

August 21, 2005 06:00 AM
Pilgrimage

September 20, 2005 07:30 PM
Meeting

October 18, 2005 07:30 PM
Meeting

November 15, 2005 07:30 PM
Meeting

December 02, 2005 06:00 PM
Christmas Social Meeting (FMR)

FMR NIGHT
Thurs 17th March

Location : The Norwegian Hall, 23 Parker St., Newmarket (just off

Edmondstone St. & Foster St.).

Time : 7.30pm.

Cost : \$5. Supper will be provided.

The "FMR" is the Federation Mountain Rescue, the bush and mountain rescue arm of all bushwalkers in Qld. It has been in existence for over 35 years. It has participated in many rescues, mainly of non-bushwalkers.

FMR is instigating research on the types of injuries sustained by bushwalkers while participating in our sport. Once all the statistics are collated, training of club members can be targeted at the most common injuries and accidents - not just the first aid, but in training to recognise the hazard and learn how to prevent it.

The aim of the talk this night is to let all bushwalkers know what the project is about so that we can provide reliable and meaningful information to the researcher.

This will be ground breaking work and it will be good to be on the ground floor as it commences.

Let us see as many there as possible.

The Holy Alphabet

Although things are not perfect

Because of trial or pain

Continue in thanksgiving

Do not begin to blame

Even when the times are hard

Fierce winds are bound to blow

God is forever able

Hold on to what you know

Imagine life without His love

Joy would cease to be

Keep thanking Him for all the things

Love imparts to thee

Move out of "Camp Complaining"

No weapon that is known

On earth can yield the power

Praise can do alone

Quit looking at the future

Redeem the time at hand

Start every day with worship

To "thank" is a command

Until we see Him coming

Victorious in the sky

We'll run the race with
gratitude

Xalting God most high

Yes, there'll be good times
and yes some will be bad,
but...

Zion waits in glory...where
none are ever sad!

"I AM Too blessed to be
stressed!" The shortest
distance between a problem
and a solution is the
distance between your knees
and the floor.
The one who kneels to the
Lord can stand up to
anything. Love and peace be
with you forever, Amen.
(Contributed by Margaret Cooper)

Monthly Meeting
Monday 21st March

Location : The parish hall of
St. Brigid's Church,
Musgrave Rd. Red
Hill.
Time : 7.30pm, after the
dance class finishes.
Cost : Nothing.

Here it is again, the third Monday
of the month.

As I said before, hear about our
coming events and those of the
recent past.

Ask our leaders any question that
may help you to decide on coming
on a Club event, be it an outing or
social or training day or a fund
raiser. All questions are valid, and
you do not have to ask them
publicly – just go up to the leader
after the meeting and ask.

Stay for supper afterwards – the
real social time of the meeting,
where business is done.

Business typically finished about
9.30pm and the last to leave after
supper (and the cleaning up) at
10.30pm.

'Twas The Night Jesus Came

'Twas the night Jesus came and all
through the house,
not a person was praying, not one
in the house...
The Bible was left on the shelf
without care,
for no one thought Jesus would
come there...
The children were dressing to crawl
into bed,
not once ever kneeling or bowing
their head...
And Mom in the rocking chair with
babe on her lap,
was watching the Late Show as I
took a nap...
When out of the east there rose
such a clatter,
I sprang to my feet to see what
was the matter...
Away to the window I flew like a
flash,
tore open the shutters and lifted
the sash...
When what to my wondering eyes
should appear,
but Angels proclaiming that Jesus
was here...

The light of His face made me
cover my head,
it was Jesus returning just like He'd
said...
And though I possess worldly
wisdom and wealth,
I cried when I saw Him in spite of
myself...
In the Book of Life which he held in
his hand,
was written the name of every
saved man...
He spoke not a word as he
searched for my name,
when He said "it's not here," my
head hung in shame...
The people whose names had been
written with love,
He gathered to take to his Father
above...
With those who were ready He rose
without sound,
while all of the others were left
standing around...
I fell to my knees but it was too
late,
I'd waited too long and thus sealed
my fate...
I stood and I cried as they rose out
of sight,
Oh, if only I'd known that this was
the night...
In the words of this poem the
meaning is clear
the coming of Jesus is now drawing
near...
There's only one life and when
comes the last call,
We'll find out that the Bible was
true after all...
B Basic
I Instruction
B Before
L Leaving
E Earth
(Contributed by Margaret Cooper)

MAGAZINE DEADLINE

Please forward your magazine
articles by the 1st of the month.
You may forward your articles to
either:

P.O. Box 18
Royal Brisbane Hospital, 4029
or

E-mail address:
DPedrazzin@aol.com

Oxfam walk against want Community Aid Abroad

Don't Stand for Poverty

The Oxfam Community Aid Abroad Walk against Want is a national event where volunteer walkers raise money to reduce poverty and injustice in communities around the world.

The walk has been running since 1967 and is Australia's longest running outdoor fundraising event, during which time over \$10 million dollars has been raised to help communities help themselves.

When:

The afternoon of 13 March 2005

Where: * (to be confirmed) *

5km – Brisbane City Botanical Gardens, over the Goodwill Bridge to Kangaroo Point Cliffs and return.

10km - Brisbane City Botanical Gardens, over the Goodwill Bridge, Kangaroo Point Cliffs to the Story Bridge and return.

Each year around 10,000 people join the Walk Against Want. Individual people, old and young or teams participate in the event in various locations across Australia by walking between five and ten kilometres. Some people run, ride a bike, roller blade or walk the dog.

Walkers raise funds through sponsorship - anything from five to five hundred dollars. Every step can help alleviate poverty and injustice. Almost ½ the people of the world live on less than \$2 a day, and our focus in 2005 is on stamping out poverty around the world.

75% of all funds raised go towards overseas programs such as:

- Helping provide access to **education**
 - 61% of the adult population of Bangladesh is illiterate
- Expanding **health** services
 - Over 11 million people die each year of preventable diseases
- Providing adequate **food**
 - 800 million people around the world go hungry each day
- Giving access to safe, fresh **water**
 - 75% of the population of Ethiopia don't have access to clean, safe water

If you or your bushwalking club would like to participate in the 2005 Walk Against Want, please call **1800 034 034** to register as a team or individual. The walk is always fun with entertainment and other activities provided on the day.

If you would like further information please contact the Queensland Office on (07) 3637 4620 or juliest@brisbane.caa.org.au or website www.oxfam.org.au/walk.

Brisbane Catholic Bushwalking Club Inc
Nominations for Management committee 2005

POSITION	Nominee Name	Nominator Name	Seconder Name
1. President	Greg Endicott	Michelle Endicott	Phil Murray
2. Training Officer	Greg Endicott	Michelle Endicott	Phil Murray
3. Vice - President	Greg Endicott	Michelle Endicott	Phil Murray
4. Vice - President	Greg Endicott	Michelle Endicott	Phil Murray

SENIOR FIRST AID COURSE

Organised by
Bushwalkers of Southern Queensland Inc
On behalf of FMR

Weekend 19-20 March 2005

**At the Wellers Hill State School Hall
190 Toohey Road
Wellers Hill Q 4121**

8.30 am-4.30 pm both days

Contact: Jo-Anne McLaren 3345 2367 (after 5pm)

Cost: \$125 (includes Course Pack of manual, gloves, bandage and card). Tea and coffee will be provided, but BYO lunch.

Course will be run by a St. John Ambulance Australia Instructor and after being assessed you will be sent a Statement of Attainment which will give you accreditation for 3 years (CPR is 12 months).

Limit: 20 participants

Parking is available on the school oval adjacent to the Hall. Entry by left turn only from Weller Road.

Payment required on nomination.

Cheque or Money Order should be made out to “Bushwalkers of Southern Queensland Inc”

(**Cancellations** - full refund: more than 10 working days before the course; 75% refund: 5 to 9 working days before the course; no refund: for cancellations received less than 5 working days before the start of the course.)

Forward this nomination form and payment to Jo-Anne McLaren, 184 Dunedin St., Sunnybank QLD 4109
by Friday, 4 March 2005.

Name:

.....
.....

Address:

.....
.....

.....
.....

Phone:

Bushwalking Club:

.....

Enclosed is Cheque/ Money Order for \$.....being payment for Senior First Aid Course on 19/20 March 2005.

Signed: Date:

.....

If a receipt is required for reimbursement from your health fund, please tick ☐