

Elabana Falls: Box Forrest Circuit Daywalk on Australia Day – 26<sup>th</sup> January (Photo by Phil Murray)

BRISBANE CATHOLIC BUSHWALKING CLUB INC

MONTHLY MAGAZINE OF THE

ESTABLISHED 1957INCORPORATED 1991UNDER THE GUIDANCE OF OUR LADY OF THE WAY

FIRST PUBLISHED SEPTEMBER 1970 ISSN: 1886-3121 ISSUE Nº 485



Date	Event	Leader	Phone	Туре	Grade
Dec 17	JTS – The Sofitel	Phil	5522 9702	Soc	
18 18	Car Rally Christmas Party	Justin Justin	3366 3193 3366 3193	Soc Soc	
19	Northbrook Gorge	Justin	3366 3193	DW	M44
20	Annual Photo Competition	Phil	5522 9702		
20 26	BCBC Meeting & Sausage Sizzle Mt Tamborine Boxing Day Walk	Justin Liz	3366 3193 0414 252 003	Soc DW	S33
Jan 2	Warrie Circuit	Phil	5522 9702	DW	M33
9	Lilo Trip	Phil	5522 9702	DW	M54
Jan 17	Our Monthly Meeting	Desley	3369 5530	Meet	
18/21	Wilderness First Aid Course	Binna	Burra	Trn	
21	JTS – Story Bridge Hotel	Russ	3374 3534	Soc	
22	Lower Bellbird Circuit	Peggy	38631464	DW	M33
22	Equipment Day	FMR		Trn	
23	Leaders Training Day	Greg	3351 4092	Trn	
26	O'Reilly's – Box Forest Circuit	Peter	3205 5982	DW	M33
29	Stradbroke Island Hotel	Antonia	3857 1387	Soc	
30	Cedar Falls & Killarney Glen	Justin	3366 3193	DW	
Feb 4/6	Undercliffe Falls to Boonoo Boonoo Falls	Justin	3366 3193	TW/BC	XL55
18	JTS – Victory	Russ	3374 3534	Soc	
21	Our Monthly Meeting – AGM	Desley	3369 5530	Meet	
26/27	Nightcap Track Area	Needed		TW/BC	M22
26/27	Basic Bushwalking Skills & Navigation	FMR		Trn	
			0054 4000		
Mar 2	XXXX Brewery Tour & BBQ	Greg	3351 4092	Soc	
4	James Boag at the Courtyard	Liz	3356 4874	Soc	
6	Mermaid Mountain	Needed		DW	L23
13	West Canungra Creek	Phil	5522 9702	DW	L33
18	JTS – The Paddo Tavern	Phil	5522 9702	Soc	
18/20	Circumnavigation of Mt Barney	Justin	3366 3193	TW	S43
19/20	Club Hut Feast			ON	S43
20	Club Hut Walk	Michele J	3353 2822	DW	S54
26	Mt Greville	Paul E	0412339311	DW	S43
Apr 3	Social Walk	Needed		SW	M43
9	Kennilworth Bluff	Michael S	3351 3810	DW	S43
10	Map Reading Training	Greg	3351 4092	Trn	
15	John Toohey Society – Mick O'Malleys	Phil	5522 9702	Soc	
17	New Farm to South Bank	Phil	5522 9702	SW	
18	Our Monthly Meeting			Meet	
22/26	Carnarvon Great Walk	Needed		TW/BC	XL45
23	Hardings Paddock to Plum Res	Needed		DW	
25	A Surprise Walk	Pat	3366 1956	DW	
30/2	Kwiambal NP	Needed		BC	
May 1	Mt May	Phil	5522 9702	DW	
101ay 1 7	Buchanan's Fort	Needed	5522 5102	DW	
<i>'</i> 14/15	Radio Protocols, Search Techns, Navig	FMR		Trn	
14/15	Stradbroke Island	Justin	3366 3193	DW	
15	What is needed for a walk	Greg	3351 4092	Trn	
21	Annual Mass and Dinner			Soc	
22	Ipswich Heritage Walk	Helen M	0054 0040	DW	
29	Mt Clunie	Michael	3351 3810	DW	
Jun 5	Mt Mistake	John	5514 0285	DW	
11/13	Fraser Island	Justin	3366 3193	TW	
11	White Rock	Needed		DW	
12	Numinbah Gate to Wagawn	James	3844 5006	DW	
17	John Toohey Society – The Irish Club	Phil	5522 9702	Soc	
18	Mt Castle/Boar's Head	Justin	3366 3193	DW	

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

#### **KEY – Walk Types**

D/W	Day Walk	½ <b>D/W</b>	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

#### **KEY – Walk Gradings**

Distance	Terrain	Fitness/Endurance
Short Under	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4
10km per		hours walking. Flat
day		
	<b>2</b> - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4
		hours walking. Minor Hills
Medium 10-	<b>3</b> - Graded track with obstacles such as	3 - Easy - Suitable for beginners. Up to 5
15km per	rock, roots, fallen debris or creek	hours walking. Undulating terrain
day	crossings	
	4 - Rough unformed track or open terrain	4 - Easy - Suitable for beginners. Up to 5
	with obstacles such as rock, roots, fallen	hours walking. Up to 300m gain/loss per
	debris or creek crossings	day
Long 15-20	5 - Rough or rocky terrain with small	<b>5</b> - Moderate - Up to 6 hours walking. Up to
km per day	climbs using hands or rock hopping	450m gain/loss per day. Agility required
	<b>6</b> - Steep, rough or rocky terrain with large	6 - Moderate - Up to 6 hours walking. Up to
	climbs using hands or rock hopping	600m gain/loss per day. Agility required
Extra Long	7 - Climb/descend steep rock using hands	7 - High - Up to 8 hours walking. Up to
Over 20 km	or footholds. May be some exposure.	750m gain/loss per day. High fitness.
per day	Good upper body strength	Endurance and agility required
	8 - Climb/descend near vertical rock with	8 - High - Up to 8 hours walking. Up to
	exposure. Climbing skills may be required	1000m gain/loss per day. High fitness.
		Endurance and agility required
	9 - Sustained climbing or descending of	<b>9</b> - Challenging - Up to 12 hours walking.
	vertical or near vertical rock with	Over 1000m gain/loss per day. Very high
	exposure. Advanced climbing skills	fitness. Endurance and agility required
	required. Good upper body strength	

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

## **PRAYER OF THE MONTH**

#### FOOTPRINTS

Last night I had a dream. I dreamed I was walking along the beach with the Lord and across the sky flashed scenes from my life. For each scene I noticed two sets of footprints in the sand; one belonged to me, the other to the Lord.

When the last scene of my life flashed before us I looked back at the footprints in the sand. I noticed that at many times along the path of life, there was only one set of footprints. I also noticed that it happened at the very lowest and saddest times of my life. This really bothered me, so I questioned the Lord about it.

'Lord, you said that once I decided to follow you, you would walk with me all the way. But I have noticed that during the most troublesome times in my life, there was only one set of footprints. I don't understand why in times when I needed you most, you would leave me.' The Lord replied, 'My precious child, I love you and I would never, never leave you during times of trial and suffering. When you see only one set of footprints, it was then that I carried you'. - Author unknown

## OUTINGS SECRETARY REPORT

Another year over, a new one just begun, Let's hope it's a good one, walking with our mates.

The New Year began the same as the old year finished; rain, rain and more rain just ask and pray for those people flooded out up north. In South East Queensland it was more of an inconvenience. The trip to the Conondales found both creeks over the causeway and the Bread Knife waiting for another day - what a sight it would have been! I don't think we will see Baxter Creek and Falls like that again for quite a while no swimming for me! Northbrook Gorge and Creek was flowing well and seeing it through the eyes of Elizabeth's overseas visitor showed us that sometimes we can take our wilderness for aranted. I'm sure there's another drought coming so check out those creeks now there flowing so well. A Happy Walking New Year to all. See you on the tracks! Justin

## SOCIAL SECRETARY'S REPORT

I've just discovered the final part of the job of Social Secretary is to write an Annual Report. That is going to be difficult for me as I am not able to attend many events. Members, would you please send me a sentence to describe a social event you attended or organised and that I should include in the report. I don't mind if I receive a few sentences for each event. Thank you in advance and I hope to see you at the first social outing for 2011 which is to be lunch at the hotel on Stradbroke Island on Saturday, 29<sup>th</sup> January. Antonia

## TREASURER'S REPORT

Congratulations to Anne Iron and Peter Constable who were the winners of our last raffle for 2010. Since we have started a New Year means that it is membership renewal time. Unfortunately, the subscription fees have increased to \$40.00 for \$30.00 Ordinary Members. for Associate Members and \$10.00 for Spouse Members. It is important that you complete and sign the enclosed Membership Renewal Form when you renew your subs. If, after Christmas and renewing your subs, you have any money left, you may wish to buy a club t-shirt and/or metal badge before we run out. Terry.

## **ABOUT PEOPLE**

Brigid Baker, Michael Brophy, Peter Constable, Michael Dowd, Maria Galvin, Glenys Heavon-Jones, Cheryl Layzelle, Geoffrey Lomas, Elise McLachlan, Ray Rowe, Peggy Roe and Mary van Velthuizen are celebrating their birthdays in January.

Peter Constable has just returned from a motoring trip to Adelaide.

## ANNUAL REPORT

Articles for the Annual Report are now due. Time will run out. Anyone with a job in BCBC needs to write a report and/or collate 12 months worth of data. Even Leaders who have not written a report need to do so now & submit them.

Send your articles to Michael Simpson at: michaelesimpson@optusnet.com.au

He needs your contributions early, as he has a life and does not want to slave away after the deadline putting it all together – he may have other (and better) plans.

## **TEMPORARY EDITOR**

Peggy has been the temporary Editor for the December & January Jilalans while Greg takes a well deserved break. Thankfully Greg will be back for the February Jilalan. Don't forget to get your articles for February Jilalan to Greg by Wednesday 9<sup>th</sup> February, 2011. Thank you!

## **COMING EVENTS**

**TRIPS** still leave from St Brigid's car park at Musgrave Rd, Red Hill.

The "Leaders Guide" is on the web at: http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html

#### 17<sup>th</sup> JANUARY, MONDAY MONTHLY MEETING

Contact: Desley Ph: 3369 5530 Time: 7.30pm – Doors open & meeting starts soon after

Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down ramp on left.)

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

#### 18/21<sup>st</sup> JANUARY 2011 4-DAY REMOTE WILDERNESS FIRST AID COURSE AT BINNA BURRA

Binna Burra Lodge and interNATIONAL PARKtours are running a 4 day remote area first aid course. Bushwalking club members are invited to participate. The course will involve response to casualty scenarios in areas of Lamington NP.

The cost of the course is nominally \$350 pp for the 4 days – however it will reduce if more people attend.

Extra costs will be accommodation in the camparound. Environmental Study Centre bunkhouse, or the Lodge and any optional meals The Lodge. The self catering option at is available for campers and the bunkhouse. A discount for campsite/bunkhouse group accommodation may be applicable if sufficient numbers book.

Interested persons, please reply email to: secretary@bushwalkingqueensland.org.au

Gavin Dale, Secretary, Bushwalking Queensland Inc.

#### 21<sup>st</sup> JANUARY, FRIDAY THE STOREY BRIDGE HOTEL – JTS JANUARY MEETING SOCIAL

Contact:Russ Nelson Ph: 3374 3534Meet:The Storey Bridge Hotel Beer GardenTime:From 4pm till 9ish.Location:200 Main Street Kangaroo Point.Web:http://www.storybridgehotel.com.au/

Emerg Off: Greg Endicott Ph: 0418 122 995

The John Toohey Society was established as a beer appreciation and tasting society but we have lost our way. We have become a talk fest and fine dining group. Be that as it may it is still a good night out. And we must be getting respectable as we are often heading home before 10.00pm. Anyhow come along and enjoy our traditional gathering at the Storey Bridge.

A highlight is catching the river ferries across the river to meet up with friends in a big City. We will be in the Beer Garden. Come along for a great night for a drink of water or wine or a beer and a meal. I highly recommend the Story Bridge pies. Phil

P.S. I highly recommend to the purists the James Squire Golden Ale.

#### 22<sup>nd</sup> JANUARY, SATURDAY LOWER BELLBIRD CIRCUIT DAYWALK

Leader:	Peggy Roe Ph: 3863 1464, 0419489717
Meet at:	St Brigid's Car Park, Red Hill
Time:	7:00 am
Grade:	M33
Cost:	\$20:00
Location:	Binna Burra Section of
Lamington I	National Park
Web:http://v	www.queenslandholidays.com.au/t
	hings-to-see-and-do/lower-
	<u>bellbird-circuit/index.cfm</u>

Emerg Off: Susan Tobin Ph 3366 3193

The Lower Bellbird Circuit is a very pleasant day walk that features examples of the best aspects of the Binna Burra Section of Lamington National Park – rainforest, mixed forest, orchids, wild flowers, creeks, lookouts, cliffs, rock formations and caves.

The track begins using part of the Ships Stern track as far as the bottom of Nixon Creek Valley. There are good viewing areas at Koolanbilba and Yangahla Lookouts which allow the walker to see views of Egg Rock, Turtle Rock, the Numinbah Valley and Ship's Stern.

The end of the track joins the Binna Burra road about 500 metres down from the Information Centre and we plan to return to Binna Burra by taking the Caves Track – which is a little longer (1.6km) but much more pleasant than the road (the Caves Track passes magnificent views, cool rainforest and interesting caves and rock formations).

The Lower Bellbird circuit is approximately 14km long (including the Caves Track), with an easy to moderate degree of difficulty and takes approximately four hours to complete. The weather can change quickly so bring plenty of water, good food, wet-weather gear and sun protection.

#### 22<sup>nd</sup> JANUARY, SATURDAY EQUIPMENT DAY FEDERATION MOUNTAIN RESCUE

Contact:	Ted Ph: 0428753297
Time:	9.00am
Where:	The Old Museum

FMR keeps Queensland bushwalkers safe by teaching them to navigate, belay, and look after their parties. When that fails, FMR helps the police find and rescue them. On 22<sup>nd</sup> Jan the FMR will audit all its equipment and check it for

suitability. Bring old clothes and some morning tea and lunch. Support this organisation that supports us. Many hands make light work.

#### 23<sup>rd</sup> JANUARY, SUNDAY LEADER'S TRAINING DAY TRAINING

Leader:	Greg Endicott Ph: 3351 4092
Meet Time:	9am
Meet at:	J C Slaughter Park, Mt Coot-tha
-end of the	road at the picnic shelter shed.
Cost:	Nil
Grade:	S43
Location:	UBD Map 158 G13
Emerg Off:	Greg Ph: 0418 122 995

Anyone can come along to learn a bit more about bushwalking. It is not just for future leaders.

BCBC is running out of willing leaders. Many of those currently leading are burnt out and will be leading fewer trips – and not coming forward when a trip is leaderless. We need to increase the number of members who can lead anything from the simplest of walks to those of more complexity. Anyone can be a Leader, especially with our help. Put a bit back into the Club – you have got a lot out of it.

The aim of the morning will be to show you a few of the things you need to know about leading a walk – what to do and what to avoid. It will especially look at the administrative side. It will not be all maps & compass, or all talk. Over the years, we have learned a lot about how to lead walks, and this knowledge is in the heads of many of us. A lot if it is common sense. The aim of this morning is to help you avoid reinventing the wheel.

Later, I will take you on a short walk up Ithica Creek and point out the things a leader needs to know, and have you point out to me what you have learnt by having you "lead" for a little bit. Nothing scary! Bring a small lance. There will be coffee afterwards at Toowong. Greg Endicott

#### 26<sup>th</sup> JANUARY, WEDNESDAY BOX FORREST CIRCUIT (O'REILLY'S) DAYWALK

Leader:	Peter Constable Ph: 3205 5982
Meet at:	St Brigid's Carpark, Red Hill
Time:	7:00am
Cost:	\$20
Grade:	M33
Location:	O'Reilly's
Web:http://	www.oreillys.com.au/uploads/File/
<b>Bowerbird</b>	<u>Summer_0809(1).pdf</u>

If fighting for a spot on crowded beaches is not your thing this Australia Day, why not bathe in the refreshing surrounds of a cool mountain stream in the shade of the world's largest umbrella: the rainforest canopy. If this sounds appealing, take a day this summer to enjoy one of the gems of Lamington, the Box Forest Circuit.

This 11km jaunt features superb sub-tropical rainforest dominated by majestic Brush Box trees, some of which are estimated to be over 1500 years old. There are also a few Antarctic Beeches in small patches of temperate forest. As you descend you may also notice huge Pepper Vines competing with enormous Elkhorn and Haresfoot ferns for space on the upper branches of the largest trees.

The track snakes its way past some beautiful waterfalls. Box Log Falls is a highlight, tumbling into the end of a short canyon, while Elabana Falls is one of the most photogenic in the park. The track leaves the creek soon after and winds its way back up the hill to the ridge top and on to the guesthouse.

The Box Forest Circuit is an ideal way to spend Australia Day.

#### 29<sup>th</sup> JANUARY, SATURDAY STRADBROKE ISLAND HOTEL SOCIAL

Leader:	Antonia Simpson Ph: 3857 1387	
	or 0400 571 387	
Meet at:	The pier at Cleveland ready to catch the ferry	
	•	
Meet Time:	9.45 am in time for 9.55 am ferry	
Cost:	See below for travel costs. Bistro	
	mains from \$22.50 to \$36.00	
Location:	Stradbroke Island Hotel	
Web: http://	/www.stradbrokehotel.com.au/	
Emerg Off: Antonia Simpson Ph: 0400571387		

As there is no walk scheduled for this day, a day trip to Stradbroke Island, perhaps a short walk from near the hotel along the beach and then a return to a relaxed lunch overlooking the ocean would be a good idea to top up those energy levels ready for the new year of work. The 9.55 am ferry will get us to the island by 10.20 am leaving some time for the bus trip to the hotel, for a short walk before it gets too hot and then the return walk to the hotel for a pre-lunch drink and a leisurely lunch. Food prices are dearer than a pub but the hotel was rebuilt in recent years and is described as a beach hotel and spa/ resort in the phone book so it should be a quality venue.

For those you who would like to take public transport all the way, trains leave from Central station at 16 and 46 past the hour (in the 2010 timetable) arriving at Cleveland an hour later. They leave Cleveland at 21 and 51 past the hour. These are weekend times, of course. Check the Translink site.

The Water taxi offers a return price for five adults at \$60.00 return (\$12.00 each return) rather than \$17.00 per person return. Pensioners return fare is \$8.50. A bus meets every water taxi and there is also a bus which meets the train and takes passengers to the boat.

Car drivers might like to car pool for a drive to Cleveland. As a northsider, I will be driving over the Gateway and parking on a Cleveland street. If you want to join a carpool, let me know when you RSVP.

#### 30<sup>th</sup> JANUARY, SUNDAY CEDAR CREEK KILLARNEY GLEN DAYWALK

Leader:	Justin Tobin Ph: 3366 3193
Meet at:	St Brigid's Carpark, Red Hill
Time:	7.30 am
Cost:	\$15.00
Grade:	S33
Emerg Off:	Susan Tobin Ph: 3366 3193.

The rain has been pouring down, the creeks are running and the waterfalls should be well and truly flowing. This summer walk at Tambourine will visit Cedar Creek Falls, Curtis and Camerons Falls, before heading to Canungra and Killarney Glen on Back Creek for lunch and a swim. Come and join me. Justin.

#### 4<sup>th</sup> – 6<sup>th</sup> FEBRUARY, FRIDAY – SUNDAY BOONOO-BOONOO BASECAMP

Leader:	Justin Tobin Ph: 3366 3193
Meet at:	ТВА
Time:	5:00am Friday 4 <sup>th</sup> Feb
Cost:	\$100.00
Grading:	M 55
Emerg Off:	Susan Tobin: Ph 3366 3193

With the rain falling and rivers rising the state of Bookookoorara Creek and Boonoo Boonoo River is uncertain. Taking Mike's concern about not wanting to limp around China, I thought it best to change my through walk to a base camp and to camp at the bunk house at the Hacienda at Bald Rock.

Friday we will drive down to Undercliffe Falls via Stanthorpe and Amosfield and hopefully, after checking out the Falls, walk part of Bookookoorara Creek before heading over to camp.

Saturday we'll visit Boonoo-Boonoo Falls and walk/swim to the crossing if we have someone to pick us up. Otherwise we could drive down ourselves in the afternoon and walk down towards the gorge.

On Sunday we will pay a visit to Basket Swamp Falls before heading home via Tenterfield.

There should be plenty of water in the falls so come and join me in the Granite Creeks of Northern New South Wales. If you can't get Friday off come down Friday Night after work and have two days of great walking.

#### 18<sup>th</sup> FEBRUARY, FRIDAY THE VICTORY BEER GARDEN – JTS FEBRUARY MEETING SOCIAL

	OCOIAL		
Contact:	Russ Nelson Ph: 3374 3534		
Meet:	The Victory Hotel, Beer Garden		
Time:	From 4pm till 9ish.		
Location:	Cnr Charlotte & Edward Street,		
	Brisbane.		

#### Web: <u>http://www.thevictory.com.au/bars.html</u> Emerg Off: Greg Endicott Ph: 0418 122 995

Each month a group of about twelve members meets for a chat and a beverage or two. All Club members are most welcome. Meeting with friends in the City is a nice way to give a humane and friendly perspective to the City.

Don't believe the rumours - come along and enjoy a gathering at the Victory Beer Garden. This will be a chance to catch up with friends and watch the passing parade of people and discuss the upcoming Club AGM.

#### NOTICE OF THE ANNUAL GENERAL MEETING 21<sup>st</sup> FEBRUARY, MONDAY St MICHAEL'S PARISH HALL 250 BANKS ST, DORRINGTON

Contact: Desley Pedrazzini, Ph: 3369 5530 Location: St Michael's Hall, 250 Banks St, Dorrington. The Hall is on the lower car park behind the Church.

Time: 7:30pm

We need a quorum for the AGM to be held. A quorum is 11 members – so come along and help make up the quorum and ensure that the AGM can proceed.

The business conducted will include:

• Receive the Committee's Report,

<ul> <li>and Statement of Income &amp; Expenditure, Assets &amp; Liabilities, for the year 2010;</li> <li>Receive the Auditor's Report;</li> <li>Election of Committee for 2011;</li> </ul>	polite manner, the outgoing committee about the running of the Club during 2011, and to vote in the new committee. It works better if we have more than the usual number of members present.
<ul> <li>The appointment of the 2011 Auditor;</li> <li>Voting of Honorary Members;</li> <li>Other business relating to the annual</li> </ul>	As soon as the AGM is completed, the normal February Monthly Meeting will commence under the command of the new committee.
running of the Club. All persons are welcome to attend – Do NOT be put off – you are getting 2 meetings for the price of one.	Visitors will find it a bit slow, but will see the Club in operation. Also, the regular monthly meeting is on afterwards, so Visitors can ask leaders about their coming trips.
Members should attend to carry out their democratic right of questioning, in a civilised and	See you all there. Trevor Kelly, Club Secretary

## **2011 WALKS - LEADERS NEEDED**

Date	ate Event		Grade
Feb 20	Social Walk	SW	?
26/27	Nightcap Track Area	TW/BC	M22
<b>Mar</b> 6	Mermaid Mountain	DW	L23
Apr 3	Social Walk	SW	?
22/26	Carnarvon Great Walk	TW/BC	XL45
23	Hardings Paddock to Plum Res	DW	S32
30/2	Kwiambal NP	BC	?
May 7	Buchanan's Fort	DW	M46
<b>Jun</b> 11	White Rock	DW	L34
12	Numinbah Gate to Wagawn	DW	M45
Jul 9	Mt Mitchell Traverse	DW	L55
9	Mt Mathieson	DW	S32
30	Mt Alford	DW	S55
<b>Sep</b> 10/11	Black Canyon	TW	L67
25	Tweed River to Kingscliffe	DW	M22
<b>Oct</b> 8/9	Moreton Island	TW/BC	L43
8	Moreton Island	DW	M43
22	Mooloolah River to Maroochy River	DW	S42
30	Social Walk	SW	?
Dec 4	Barney Falls	DW	M44
26	Boxing Day Walk	DW	M22

Leaders for next year are desperately needed. Particularly new leaders. A number of our experienced leaders are needing a break. We will provide training and support, both on the pre-outing and on the actual walk.

Some of these walks are all too soon in the future.

If you do not nominate to lead them, they will be "Leaderless" and thus cancelled.

The "Social Walk" slot is for those wanting these easier shorter walks, often in or near Brisbane. You will need to decide on the walk & a leader, and then inform Justin. No one has yet come forward to offer any suggestions.

There are a number of you who have walked with us and I'm sure you are looking to increase your knowledge and skills. We will provide you with all the maps, directions etc to make life easy for you.

If you are already leading track walks and want to venture into off-track walking let us know. We will be only too pleased to accommodate you. We will be programming training days next year on leadership, map reading etc and some of you will be contacted and encouraged to come along.

Also we are looking for ideas for socials. Contact Antonia Ph: 3857 1387 with these.

## **ELECTIONS ARE NEAR**

Start to think about what you will do for the Club in 2011.

You have ideas and opinions.

Be a mover & shaker, not a backroom whinger. Only by being on Committee can do you have an avenue to make changes - otherwise you have to go through someone else. Let us have a change in 2011.

## **ADVANCE NOTICE**

#### **KATE QUINLAN 2011** 2<sup>nd</sup> March

The XXXX Brewery Tour starts 6.00pm. Justin has booked for 10. Cost is \$33 for a tour of the plant, BBQ dinner and 4 pots after the tour. You must be sober and wearing closed in footwear. Parking is off Paten St They can take 25 persons, so final numbers and payment one week before.

THIS is where it all began - Kate Quinlan is one of the founders of Castlemaine XXXX - a good catholic Irish lass.

#### West Canungra Creek Circuit 13<sup>th</sup> March, Sunday 2011 **Daywalk**

#### Phil Murray Leader:

We had planned to do this walk twice in 2010. On 7<sup>th</sup> February 2010 flash flooding made it impossible to even drive down to O'Reilly's. The trip was re-scheduled for 2<sup>nd</sup> October 2010. Well it never rains but it pours and so on Sunday 2<sup>nd</sup> October it rained once again. The rain was so persistent on that weekend, and the forecast was for more rain, the sensible thing was to simply postpone it for another day. We have planned "another day" for this walk for Sunday 13th March. It is a lovely graded track walk through the rainforest at O'Reilly's. So put it in your calendar now either for the walk or flooding rains.

#### 20<sup>th</sup> MARCH, SUNDAY **CLUB HUT** DAYWALK

Contact:	Michele Johns Ph: 3353 2822
or 0414 635	542
Meet at:	St Bridgid's Carpark, Red Hill
Time:	7am
Grade:	S34
Cost:	\$20.00
Location:	Mt Barney Creek, West of
Rathdowne	y .
Emerg Off:	Michele Endicott Ph: 3351 4092

After regrouping at the Lower Portals Car Park, we will make our way along a short approximately 4km walk. There are a couple of easy creek crossings and slight up hill sections but definetly within the capabilities of every member of the club.

March is when the club celebrates the huts birthday. After a morning cuppa on arrival, we can swim in the huge pool under Barney waterfall, explore Barney Creek or just relax.

Please bring a small contribution of your favourite feasting goodies for sharing as we say happy birthday to Yulburu.

Mark this date in your diary and join me in one of the most beautiful places in South East Queensland, Michele Johns

M\*B\*S\* How did Michael arrive at the meeting point for the Warrie Circuit Springbrook Walk a full 15mins before Peter? Did he really manage to speed un-fined past all those Speed Cameras and Police holding Speed Guns or was it Peter's love for a morning coffee that was the answer?

## A Bright Idea for Easter/ May Day 2011

As you have heard we have an extra public holiday for ANZAC Day in 2011. Easter becomes a five day break. If you take the following Wednesday, Thursday and Friday as leave you also have the next weekend and May Day to give you an eleven day break.

What to do? Visit the Victorian Alps? Get a few members together and base yourself in Bright and the walking opportunities are endless: Mt Bogong, Feathertop, Hotham, Buffalo and Falls Creek.

It sounds exciting doesn't it! Yes the Bogong High Plains are calling.

Don't delay organise yourselves today!!

## JOHN TOOHEY SOCIETY **PROPOSED 2011 ITINERARY**

- Jan 21 Story Bridge Hotel Feb 18 Victory Beer Garden Mar 18 Paddo Tavern Mick O'Malley's Apr 15 The Orient May 20 Jun 17 The Irish Club Jul 15 The Tank 19 The Theodore Club Aug Sep 16 **Treasury Casino** Oct 21 The German Club Nov 18 The Coffee Club at Riverside Dec 16
  - The Cultural Centre Cafe

### **PAST EVENTS** STREET ORIENTEERING VARIOUS TUESDAYS IN NOV & DEC SOCIAL (WITH SOME TRAINING BENEFITS)

Street Orienteering is an entertaining way to keep fit, learn new skills and compete if you wish. The *Enoggeroos* run the competition which involves following a street map without any names or any indication of where you are except for the start. There are 3 courses you can enter, short, medium of long. The short course involves finding 8 controls out of a possible 20 and returning to the start in the quickest time. The medium course involves finding 12 and the long 18 controls.

The first event of the competition saw us in Justin territory and Justin and Mary were the two club members to join me. The picked up the idea very quickly and were soon able to look after themselves. Next we headed to Bridgeman Downs where Justin and Mary joined me again but this time we went our separate ways. The third event was at Aspley and Robin and Rebecca joined Justin & Mary. Our times were improving and we were finding we were now not the last to arrive in. I was the only member at the Virginia event as Justin & Mary had another event to attend. What a lack of commitment! They assured they would return for the Everton Park event. Brenda joined us for the penultimate event where Mary decided to join the runners on the medium course. The last event was combined with a sausage sizzle and the winners were announced. Well done to Mary for achieving a placing in her first competition. But first we had to survive a torrential downpour which started just after we began the course.

Street Orienteering will return in 2011 when I hope more members will be able to attend this worthwhile event. Michael.

#### MERTHYR BOWLS CLUB, DINNER TUESDAY, 16<sup>th</sup> NOVEMBER, 2010 SOCIAL

On 16<sup>th</sup> November eight club members met at the Merthyr Bowls Club at New Farm. We were a very sober group so we did not take away from the "quiet Tuesday night" atmosphere promised when I made enquiries. Tracey Laing, Elizabeth Richards, Terry Silk, Peter Constable, Graham Glasse, Greg and Michele Endicott my mother and I enjoyed the Tuesday menu items at a table overlooking the river. Thanks to those who came. Antonia.

## JTS AT THE SOFITEL 17<sup>TH</sup> DECEMBER, 2010

A large group met at the Lobby Bar at the Sofitel Hotel for the last JTS gathering for the year. The bar was comfortable and reasonably quiet. The table service was appreciated.

Jan and Russ had not long returned from their road trip around Australia. It was exciting to hear their stories and examine their photos. Yes, Jan had the album ready only a week after the holiday finished.

Much discussion revolved around Club business, almost making the meeting a few days later redundant!

Contact was made with Greg and Michele at the branch meeting in Wales.

Those present at the Sofitel were Liz, Elizabeth, Catherine, Michael, Tracey, Jan, Russ, Marie, Anne, Bob, Desley, Phil, Peggy, Barb and Peter. Liz

#### CHRISTMAS PARTY 18<sup>th</sup> DECEMBER, 2010 SOCIAL

The Christmas Party this year began with Mass at Rosalie with the Jubilee Parish Community before moving down to the Kookaburra Café for dinner. Pizza, Pasta and more was consumed, bon-bons were cracked, the jokes aren't getting better (worse than mine), before Santa's helper arrived with those presents. If you had the right number who knows what present you could finish up with. The Welcome Mat received a bit of interest before finding a home at Bray Park. It was good night and get together before Christmas. There was plenty of laughter, storytelling, walks revisited and the New Year looked forward to - especially by those lucky enough to be heading overseas. Thanks to all those who came and made it a great night. Justin.

#### NORTHBROOK GORGE 19<sup>th</sup> DECEMBER, 2010 DAY WALK

At 7am, seven of us met to begin our trek up to Mt. Glorious and the Northbrook Gorge: Justin (our fearless leader), Mary, Paul, Michael, Elizabeth, Kerry and me (Emily, the visitor from America...Kansas to be exact). It was a brisk morning, a little overcast and drizzling with rain but it seemed like the perfect day for a walk. We began our hike somewhere between 8-

8:30am following the main path for about a half of a mile (I'm American so we don't use the metric system...so I can only gage in miles, sorry) and then took a turn off the beaten path to head up to Eagles Nest. The rain had made the path a little slippery but we all made it to the top where we enjoyed our morning tea. The rain started to fall pretty heavily at this point so we repacked our gear and headed back down the mountain towards the Northbrook Creek. Again, due to the rain, the path going down was just as slippery going up so caution was our main concern. We had a few graceful falls but thankfully no one got hurt. There was one near miss when a falling rock almost hit little Mary but thankfully she is quick and light on her feet so she was able to get out of the way in time.

Once we reached the Northbrook Creek, everyone started to walk through it. Now, as a newbie to bushwalking I wasn't expecting this. I read in the description that there would be some swimming involved so I wore my swimming suit (I think you guys call it a costume) and figured once we reached the water we would actually swim in our suits and not our clothes...I was wrong. I was a little hesitant at first but as they say "When in Rome," so I followed the group and walked right in creek. The water was a little cold – OK very cold – but I was having the time of my life. We followed the creek, sometimes walking through the rushing water and sometimes on the banks beside it. The view was magnificent. We climbed over rocks and slid down rapids. We swam in at least 7 or 8 natural pools ... these were absolutely amazing. For someone who has never experienced anything like this, it was a true adventure. There were cliffs on either side of the pools creating beautiful waterfalls and the gorge itself was breathtaking.

After we made it down the creek we stopped a minute to catch our breath before we made the climb up the ridge of the mountain to get to where our cars were parked. It was a pretty steep hike but once we were at the top it felt great. We changed into our dry clothes, picked off a few leeches (this was my least favourite part) and headed to a local restaurant for hot chocolate and cake.

Around 3pm we said our goodbyes and headed back down the mountain.

In total, we walked 6km (3.75miles) today and ascended 228m (748feet) and descended 463m (1519feet).

I cannot thank the BCBC and the hikers on this trip enough for allowing me to experience one of the greatest hikes of my life. I will always cherish the memories made on this journey and will never forget Mt. Glorious and all of its glory. Thank you, Emily (The American from Kansas).

#### MT TAMBORINE 26<sup>th</sup> DECEMBER, 2010 (BOXING DAY) DAY WALK

The Boxing Day walk this year was fabulous – the best ever. The weather conditions made the bush truly magical and we were not bothered by other walkers on the track.

Four hardy souls – all female – braved the conditions for the walk at Mt Tamborine. It had rained solidly since Christmas Eve – and most of summer, for that matter. Luckily, the road up the mountain was open after being flooded and closed on Christmas Day.

Having successfully conquered the drive up the mountain in the rain, we shouted ourselves to coffees at one of the few shops opened on Gallery Walk, the really trendy part of the area. The baristas were a bit surprised that we were going walking, but probably very happy for the custom.

We left a car on the eastern cliff and set out on the western side of the mountain on the Witches' Falls walk. At the meeting, Pat had mentioned that the bottom of the cliff was "soggy". As there had been significantly more rain since the Monday meeting, "soggy" turned out to be quite the understatement. The creek and the track were all one wide waterway which we had to cross three times just to use alternative wet weather track. But cross we did. Some just walked straight through the water.

I was testing my new boots on their maiden voyage. (Yes, "voyage" is probably the appropriate word.) I was determined not to go more than ankle deep because I wanted a real test. With the help of my companions and some rock hopping, I managed to give the boots a very good test. They came through with flying colours!! At the end of the day, my feet were the only dry part of me.

The actual Witches' Falls were probably magnificent. Sadly, the lookout was closed so we couldn't see them. They sounded huge. The track crossed above the falls and the water was fast flowing and full.

After the Witches' Falls track, we walked down Beacon Road, stopped for lunch in a shelter

shed at Doherty Park and then continued along Curtis Road to the Palm Grove track on the eastern side of the mountain.

It was truly atmospheric in the Grove as the mist had settled on such a pretty forest. Some of the track was closed, but we were quite fascinated by the section that we were able to walk. The view down the slope below the track was fascinating.

All up we walked about 10 kilometres. It rained for the entire day. We had waked through many puddles, but not so much mud. Although we were soaked through by the end, we were very happy walkers.

We used a very acceptable public toilet block to change into dry clothes and returned to the Gallery Walk for a well deserved hot chocolate. The coffee chop staff greeted us warmly and seemed very impressed that we persevered with the walk in the conditions. They were able to assure us that the road down the mountain was still open.

Thanks to Peggy, Mary and Sue for being such great walking companions and for entering so positively into the spirit of the very wet walk. Liz

#### WARRIE CIRCUIT 2<sup>nd</sup> JANUARY, 2011 DAY WALK

This relaxing 17km walk at Springbrook was the perfect way to start the New Year. After a very wet Xmas it was the perfect time to head to Springbrook to see the waterfalls flowing freely. We started with an optional extra - a quick look at Purlingbrook Falls from the picnic lookout. They were very impressive!

We started the walk at Canyon Lookout (height 705m). We stopped to enjoy the view of mist and cloud. We had a quick chat to 2 rangers. They advised the Warrie Citrcuit was open but the Twin Falls Circuit was closed due to a landslide. On the positive side they suggested we should see plenty of Blue Crayfish.

We headed off north at 9.11am. The rain was holding off so we zipped along the tracks dropping down and came to Blackfellow's Waterfall. There was a huge volume of water coming over this usually small trickle.

We quickly walked along the track which was a bit mushy in places. Eventually we came to our first creek crossing. Most of us just walked straight through the water as it was safer and quicker. Soon we were a Goomoolahra Falls and had *Little Lunch* at eleven. Michael braved the conditions and went for a refreshing dip. Just as we were leaving we met up with Bernie Malone and the Gold Coast Bushwalkers who were doing the trip as well. They were going in opposite direction. We quickly zipped down to the Meeting of the Waters (height 285 m) and both creeks had a huge flow of water.

We then started the zigzag back to the top. There were several lovely creek crossings. We had a short stop at Ngorii Dhum Falls at 12.30 pm but it was a bit too early for lunch so we pushed on. We reached the turn off to the Pinnacle but we had already decided to give it a miss. It would have been wet and slippery on the rocks and in the mist there would have been no views. We kept pushing on and expected to stop for lunch at the next waterfall but each time we discovered the area near the waterfall was too wet to bother sitting down so we kept going. The views at these waterfalls were just amazing with lovely spray of water coming over the cliff line and making a beautiful silvery mist through the forest.

We were nearly back to the Picnic Ground when we decided to take a quick detour to Twin Falls. They were just awesome. They were so nice we stopped for a quick feed and Michael had yet another swim. We were back at the cars by around 3pm after a very quick walk on the Warrie Circuit. At the end of the day we were rewarded with a few patches of blue sky and a lovely view of the valley down to the Gold Coast. We finished the day off with a cuppa and some chocolate cake.

Those on the trip were: Mary Kelly, Maria Kerruish, Marie Ricketts, Peggy Roe, Peter Bambrick, Michael Simpson and Phil Murray.

Phil

P.S. We didn't see any Blue Crayfish – too many walkers on the tracks.

# Queensland Outdoor

## **Recreation Federation**

(http://www.qorf.org.au/)

For information and to subscribe to the Enews.

Read Enews on the OQRF website: http://www.gorf.org.au/03\_enews/newsletter.asp?ID=290)

## **EDITOR'S REPORT**

**ARTICLES:** Please have all articles for the February Jilalan to Greg by Wednesday 10<sup>th</sup> February. Please check and adjust your article to comply with the Style Guide: <u>www.bcbc.bwq.org.au/JilalanStyleGuide.html</u> If you have any queries, you should phone Greg on 38621464. If you have "late" articles, you will miss out as my e-mail box will not be read.

# As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

# The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

# If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

# I need your articles on time – it makes it hard to still get articles when I should be formatting.

# Articles from this publication may be reproduced provided the source is acknowledged.

# Look at last month's Jilalan and copy that format – especially the "headings" in Comings

# Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

# Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14

## HOW WE ORGANISE OURSELVES

**VISITORS** – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

VISITORS are always welcome.

#### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Do not presume that outings are cancelled ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it. See: <u>http://www.bcbc.bwq.org.au/EmergOffSyst.html</u>

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

**MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10.00; Country: \$30.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer. Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.

## CONTACTS

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	e-mail: info@bushwalkingqueensland.org.au				
	BWQ Blog: http://bwq.org.au/blog/m				
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/				
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp				
Parishes http://bne.catholic.net.au/asp/index.asp?pgid=11463					
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House, E-Mail: printabout@cplqld.org.au					
Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,					

For specific enquiries, contact the committee member (from above) concerned. For Outings or Socials, contact the leader shown in the calendar or article.

Photos: Cover: QPWS Green Mountains Map http://www.derm.gld.gov.au/parks/lamington/index.html

## **NOTICE OF THE ANNUAL GENERAL MEETING** Monday 21<sup>st</sup> February 2011

The Annual General Meeting (AGM) will be held on Mon. 21<sup>st</sup> February at 7.30pm, at the St Michael's Parish Hall, Banks St, Dorrington. The hall is in the lower carpark, behind the church.

The business conducted will include:

Receive the Committee's Report for 2010,

and Statement of Income & Expenditure, Assets & Liabilities, for the year 2010;

Receive the Auditor's Report;

Election of Committee for 2011;

The appointment of the 2011 Auditor;

Voting of Honorary Members; and other business relating to the annual running of the Club.

Trevor Kelly, Secretary

## NOTICE ELECTION 2011

#### **Call for Nominations for All Committee Positions.**

- 1. Elections will be held on Monday 21<sup>st</sup> Feb at the Annual General Meeting (AGM). The AGM is held prior to the Feb Monthly Meeting from 7:30pm, and
- 2. The normal February Monthly Meeting will start straight after.
- 3. All existing Committee Positions are deemed vacant and all are up for election.
- 4. All existing Committee Members are eligible to stand for election.
- 5. The positions are voted on in the following order: President, Secretary, Treasurer, Editor, Outings Secretary, Social Secretary, Vice-President, Training Officer, and Membership Officer.
- 6. If you cannot make it to the AGM, you can vote by Proxy the form is available from the website, in the next Jilalan or from the Secretary fully complete the form and have it in the hands of the Secretary by the start of the AGM.
- 7. Associate Members are not eligible to be on Committee.

- 8. Associate Members are not entitled to vote on any matter before any meeting of the Club, i.e. vote at the election of members to Committee.
- 9. Nominations must be in writing, signed by the Nominator, the Seconder & the Candidate.
- 10. Any 2 members of the Club may nominate any Ordinary Member for a Committee Position.
- 11. The Candidate cannot be his/her own Nominator or Seconder, or nominate anyone else for the same position as she/he is standing for.
- 12. The Nomination Form must be in the hands of the Club Secretary at least 21 days prior to the AGM This is Monday 31<sup>st</sup> January. The January Monthly Meeting is on Mon. 17<sup>th</sup> Jan, so this is the best practicable time. You can post them to the Club (at PO Box 31, Red Hill Qld 4059), provided they are stamped by the Post Office prior to 31<sup>st</sup> Jan.
- 13. The list of all the Nominated Candidates, their Nominators & Seconders will be published in the February Jilalan.
- 14. A person can be nominated for more than one Committee Position. They are elected to the first position they win. If they do not win the first position nominated for, they are still in the ballot for the next nominated position until elected, or remain unelected at the end of the night.
- 15. If only one person stands for a position, that person is automatically elected to that position.
- 16. In the event of more than one person being nominated for a Position, there shall be an election by secret ballot.
- 17. Should there be no candidate for a position at the start of the AGM, nominations will be called from the floor for nominations to that position.
- 18. Nomination Forms are enclosed in this Jilalan.
- 19. In recent years, if a position has been left vacant due to no one nominating for it, the Club has allowed any member, regardless of category, to act in the position unofficially without being formally elected. Being in the position unofficially means the person is not actually in the position, thus cannot vote at committee when a vote is necessary.

Trevor Kelly, Secretary

## Nomination Form for Management Committee 2010



#### Brisbane Catholic Bushwalkers Club Inc PO Box 31, Red Hill. Qld. 4059.

Position	Nominee Name	Nominee Signature	Nominator Name	Nominator Signature	Seconder Name	Seconder Signature

Committee positions are available to Ordinary Members only.

This form must be in the hands of the Club Secretary – Trevor Kelly, by Sunday 31<sup>st</sup> January.

Post it to the Club PO Box, or hand it to him at the Monthly Meeting on the 17<sup>th</sup> Jan.

You (the Nominee) can ask a member to nominate you and another member to second the nomination. You can nominate for more than one position. Note that all three must sign the form.

Nominations in any other form cannot be accepted; i.e. by e-mail, by word, on paper without Nominee's signature or "Seconder" are just 3 examples of nominations that won't be accepted.

If undeliverable return to Brisbane Catholic Bushwalking Club Inc PO Box 31 RED HILL QLD 4059 JILALAN Print Post Approved PP 409367/0022





## THEOLOGY CORNER

#### For Christ's Sake

The Baptism of Jesus by John the Baptist (Matthew 3:13-17) focuses our attention on Christ and His ministry. It is a reminder of our own role as Christians, which is to reflect Christ's presence amongst people in our day to day lives – be it at work, at home, at the shops or on a bushwalk. An example of the practical application of reflecting Christ's presence was evident in a photograph taken on a recent bushwalk where there were many outstretched hands to assist a member of the Club as they crossed a creek.

In laying claim to the title "Christian", we undertake to represent Christ. Through Baptism and Confirmation, we commit ourselves to a representative role, just as an ambassador who has been chosen to represent his or her country. Our words, our deeds, our lifestyles then become part of a pattern to reveal the purpose, the plan and the vision of our Leader. God expects us to make Him known to all people.

John the Baptist saw his role was to announce the coming of Christ, the Anointed One; Christ knew his vocation was to make known 'the will of the father'. Our vocation is to continue the spread of that "good news". That being so, it is worthwhile asking – What sort of witness am I? In times past it was considered adequate to give witness within the framework of the church, and this frequently meant "church" in its most limited sense – a building which we frequented once a week for the most part. Now we know that "church" has a far deeper meaning; it is people; and it is to people that we are expected to relate.

My hope is that the phrase more commonly used as a profane expression – "For Christ's sake" – may come near to being what it originally was – a prayer expressing genuine intention and motivation for the Christian. Russ