BRISBANE CATHOLIC BUSHWALKING CLUB INC. PO BOX 31, RED HILL, QLD 4059

PRESIDENT	Greg Endicott	3351 4092
VICE PRESIDENT	Phil Murray	3841 0254
TREASURER	Terry Silk	3355 9765
SECRETARY	Pat Mackie	3398 7041
OUTINGS SECRETARY	Phil Murray	3841 0254
MEMBERSHIP OFFICER	Robyn Jones	3267 7377
SOCIAL SECRETARY	vacant	
TRAINING OFFICER	Paul Evans	3357 5254
"JILALAN" EDITOR	Louise Leonardi	3287 1372
ARTIST-IN-RESIDENCE	Iain Renton	3371 4672

CONTACTS

For specific enquiries, contact the committee member (from above) concerned. For outings or socials, contact the leader shown in the calendar or article. Visitors – for general enquiries contact Susan Tobin 3366 3193.

Please have all Jilalan articles to Louise Leonardi by the 1st of the month.

Articles, if on disk, need to be submitted in RTF (Rich Text Format) with a hard copy included, otherwise a handwritten

or typed copy will do. Alternatively, you can e-mail your articles to: **leonardi@gil.com.au GENERAL MEETINGS**

Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is **St Brigid's Parish Hall**, **Musgrave Rd, RED HILL.** (The huge red brick Church on the hill) **VISITORS are always welcome**.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, Musgrave Rd. Check "Jilalan" or phone the leader to determine the location.
- (c) The club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Should you change your mind and decide not to come to a club event, please notify the leader as soon as possible.
- (f) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader

(g) All visitors must sign an Assumption of Risk form for insurance.

EMERGENCY OFFICER

If you have not returned from an outing by 9:00pm your family may ring the Emergency Officer for that outing– but please don't panic. If the EO is not mentioned, ring either the President or Vice President

EQUIPMENT HIRE

The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates – Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT

The Association requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MANAGEMENT COMMITTEE

All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

WARNING All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

October 2005

CALENDAR OF CLUB EVENTS 2005

DATE 2005	EVENT	LEADER	CONTACT NUMBER	WALK TYPE
September				
19	Meeting			
28	Coffee Night			Social
30 – Oct 2	Wallangarra - Girraween	Iain Renton	3371 4672	T/W
October				
1 - 2	Girraween	Paul Evans	3357 5254	B/C
8	Mini Ballows Circuit	Justin Tobin	3366 3193	D/W
Sat 15	Progressive Dinner	Greg Endicott	3351 4092	Social
17	Meeting			
23	Wynnum to Ransome	Graham Glasse	3371 9623	D/W
26	Coffee Night			Social
30	Sandstone Point to Beachmere	Pat Lawton	3366 1956	D/W
November				
6	Fountain Falls	Matthew Palmer	3876 8125	D/W
12	Obi Obi Lookout	Phil Murray	3841 0254	D/W
21	Meeting			
26	Gold Creek Reservoir	Robyn Jones	3267 7377	D/W
December				
3	Xmas Party			Social
9-11	Yamahra Creek (Mt Barney)	Justin Tobin	3366 3193	B/C
19	Meeting			
26	Boxing Day Walk			

KEY – Walk Types

D/W	Day Walk
T/W	Through Walk
O/N	Overnighter
B/C	Base Camp

½ DWHalf-day WalkTRNTrainingFMRFederation Mountain RescueSOCSocial

KEY – Walk Gradings

The Brisbane Catholic Bushwalking Club uses the following Walk Grading system, which is referred to under each coming walk. If uncertain, please consult with the walk's leader.

1. Dist	ance	2. 7	Ferrain	3. I	Fitness
Short	Under 10km per day	1-3	Graded or open terrain.	1-3	Easy. Suitable for
			No scrub		beginners
Medium	10-15km per day	4-7	Bush. Minor scrub	4-7	Medium. Reasonable
			rainforest, rock creek		fitness required.
			Rock hopping, scrambling		
Long	15-20 km per day		Bush. As Above+ thick		
EXtra	Over 20 km per day	8-10	scrub, major rock	8-10	Hard Strenuous, fit
Long			scrambling using hands,		walkers required.
-			technical		

The club's calendar can be seen at this site under the heading Event Calendar. (The web site can be located through the Yahoo search engine. Also, there are links from the Federation website.)

The BRISBANE CATHOLIC BUSHWALKING CLUB's

SECOND ANNUAL - PHOTOGRAPHIC COMPETITION

At the November Monthly Meeting - Monday 21st November

The idea of the having a photographic competition is to encourage members to bring their photos out and share them with other members. A great way to share them is by entering them in the competition and also including them in the Club's magazine, annual report and on our website. Our goal as a club is to encourage the love of the bush and bushwalking. I trust the photos will display the spirit of the Club and the beauty of nature and why we go bushwalking.

The categories for this year are as follows -

- 1 Mountains -
- 2. Waterfalls
- 3. Moods of nature –
- 4. People and faces -
- 5. Best overall awarded to the print deemed to be best overall by the invited judge.
- 6. Peoples choice, the best overall photo selected by the members on the night.

The Competition Rules

- The photographs have to be prints and displayed at the November meeting.
- The size of the photographs shall be approximately A5 size 210 mm x 149 mm or smaller.
- Photographs do not need to be mounted.
- All photographs must be the competitor's owner's work
- Each person may enter 2 photographs per category
- Each photograph must have a title, the owner's name, and date taken.
- The photos must be from a BCBC trip or in the area in which we usually walk
- The photo must have been taken in the last 3 years
- Photographs can be entered on the night
- There is no entry fee
- The winning photo will go on the front cover of the next annual report
- The ownership of the photo will remain that of the photographer.

• The owner agrees to allow the club to scan their photos to use the photos in the club magazine, annual report and website.

Last Years Winners were as follows -

CATEGORY	WINNER	РНОТО
1 Landscape -	Philip Kearns	Waterfall on Christmas Creek
2. Moods of nature –	lain Renton	Rock Overhang at Minto Crags
3 Nature Close Up -	Louise Leonardi	Mushrooms
4. People and Faces –	lain Renton	Helping hands
5. Miscellaneous-	Phil Murray	The group at Coomera Falls
6. Best Overall -	lain Renton	Helping hands
7. People's Choice -	Phil Murray	Pat's Bluff

PRESIDENT'S PRATTLE

It adds to the enjoyment of the outing if you know something about it in advance.

If you have a map of the area of the outing, pull it out and check out the walking location. When looking at the map, note the creeks, the gullies, the ridges, rises, saddles, peaks, lookouts, and any feature that will be significant when on the actual walk. It will enhance your walking enjoyment if you pay attention to such things. Work out probable times between these points so that you can track if the party is on time or not. When you are on the walk, count the features so you will be able to judge where you are at any point in time – you want to be able to answer that question "How much further now".

And Leaders, especially, obtain the map of the outing. The Club has a supply of maps of here, there and everywhere. If we have a walk there, we have the map. Give the OS or Matthew Palmer a call to obtain a loan of one.

The first step in leading a trip in a new area is to look at the map. Decide on what it is that you want to do. Ask around about a suitable route. A new leader shouldn't rely on their own knowledge, but on the experience of the Club. After discussions, plan the exact route. Work out where to cars. the walking park the where commences, and the direction the party will take. Look at the map. Will it be better going in the reverse order - time of year, weather, time of day, steepness of terrain, and all that come into consideration. Do you want the steep bit at the end or the start, before or after lunch etc. Will it be hotter on the afternoon rather than the morning, will it be better doing the steep bit when fresh in the morning than at the end when tired. All these and more are taken into consideration.

Take a notebook & pen and write down the times and map points – that way you can

mention those facts in your Jilalan post walk article and at the next monthly meeting when you recount your adventures.

It all helps to make your experience a better one, and also for those around you.

See you on the track, Greg E.

ABOUT MEMBERS

Birthday wishes to Maxine Brophy, Trevor Kelly, Patricia Mackie, Russell Nelson, Mary Naughton, Matthew Palmer and Desley Pedrazzini for this month.

Iain Renton has recently returned for some R & R on Magnetic Island. Marie Ricketts has just returned from a holiday in the U.K. and Patricia Mackie has just had a brief holiday in Sydney where she was delving into our history. Michael Simpson did not perish in the Simpson Desert. After successfully crossing the desert he managed to climb Ayers Rock.

Rosie O'Brien is holidaying in Greece at the moment and Sophia Ramsey has now returned from her trip up north. We look forward to hearing their news whilst out on the track.

Get well wishes are extended to Robin Thorne who had a bicycle accident whilst holidaying in Vietnam.



Sketch by Iain Renton

Inquiries, Visitors and New Members

Our current membership stands at 87. For the month of September we had 7 inquiries - Stephanie Muskens, Terry Griffin, Cherie Webb, Patrick Von Holt, David Lynch, Jan Ellis, & Candy Jowett. At our September meeting Gordona Stanojevic & Margaret Marshall came as visitors for the night to hear about our walks. We look forward to seeing them again soon.

Sadly people must be very busy these days as we are not seeing quite so many of our members on the track. Perhaps work is more stressful & the early starts are a little hard in winter but we hope we will see more people out & about soon.

Robyn Jones (Membership Officer)

TREASURERS REPORT

Balance 15/08/05	\$1989.33
<u>Plus Receipts</u>	<u>\$ 333.00</u>
	\$2322.33
<u>Less Payments</u>	\$ 881.25
Balance 19/09/05	<u>\$1441.08</u>
Term Deposit	\$1803.63

A reminder that the club still has a small supply of club t shirts for sale at \$27.00 each. Please do not delay buying one as you may miss out. I am still selling tickets in our current raffle with first prize being a Black Kathmandu Toilet Bag and the second prize a Black Kathmandu Travel Accessories Bag. Tickets are still only one dollar each. Terry.

Vice Presidents Notes

1. The Outings Sub committee has been working on the **Outings Program** for next year. A copy of the Outings Program will be available at the October Monthly meeting. Please note the next stage in the program is to arrange the leaders for trips. It is expected that most experienced members should be able to lead one trip each for the club. So if you don't volunteer expect that you will be asked to lead one of the trips.

2. The 50th Anniversary for the Club is coming up soon. I would like to suggest that we have the first "50th Anniversary sub committee" meeting on Thursday 1st December. Please note; the first walk by the Club was done on Sunday 1st December 1957. The walk was to Mt Tibrogargan. The purpose of the meeting is to discuss ideas and formulate some parameters and plans for the 50th Anniversary celebrations. More details next month.

3. Leaders Notes are nearly completed and should be ready for distribution at the October monthly meeting.

4. A new publication will issue with the December edition of Jilalan. It is a small booklet containing a collection of poems from the Jilalan magazine. I needed a name for the booklet and the name of the booklet will be "Bithongabel". (pronounced "Bee thon - ga - bel". The name is in recognition of the misty and mysterious place of Mt Bithongabel which is a mountain up at O'Reilly's. The mountain is on the McPherson escarpment and the Border track skirts the flanks of the mountain. The area is covered in Antarctic Beech trees which are relics from the ice age. It is important that these old poems from our club history are made available for newer members, hence, the need to re-publish them in a handy little booklet.

5. Botanical Art Show - For those who are interested in trees and botany and beautiful things there is a wonderful exhibition of botanical art coming up at the Mt Coot-tha

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Botanical Gardens. It is called -FLORESSENCE - it is the first art show of Botanical Artists' Society of the Queensland. It costs only \$3.00 (\$2.00 for concessions). It is in the Auditorium at the Gardens. The dates are Friday 28th Oct to Sunday 30th October. Most of the artwork are incredibly detailed drawings and paintings of foliage and flowers and they are just amazing. It is a must see show. Also there will be refreshments for sale.

Phil

COMING EVENTS

MONTHLY GENERAL MEETING Monday 17th October

Time:	7.30 PM
Location:	St Brigid's Parish Hall
	Musgrave Rd, Red Hill
The Big Brick	K Church on Top of the Hill
Contact:	Greg (3351 4092)
Cost:	FREE

Now that the dance classes have moved out, we can arrive earlier and set up the chairs so that the business can start at 7.30pm. Be there or be late.

Come and listen to our leaders talk about their Outings and Socials. Learn what you need to bring, what you need to wear, listen to a description of the route. Ask questions that will clear up the mystery of what a walk is about. Bring along your photos of recent trips.

Have your input into General Business – the part of the Meeting where the general membership ask the delicate questions that make the Committee sweat, where the secrets are revealed, where you find out what you always wanted to. Stay for supper, have a biscuit, hang around and talk. Hopefully, the "business" apart of the meeting should be over by 9pm.

Happy walking. Greg E.



Wynnum to Ransome Sunday 23rd October 2005 Daywalk

Leader:	Graham Glasse
	(3371 9623)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	8:30am
Grade:	M 1 2
Cost:	\$3:00 + train fare
Emerg Off:	Sam Leonardi (3287 1372)

This activity will begin with a walk around the Wynnum North Reserve Circuit and Mangrove Boardwalk. We shall then walk from Wynnum to Lota along the bikeway on the esplanade. After lunch, we shall cross Lota Creek on the boardwalk and then do a walk on the circuit track in the Brisbane City Council Ransome bushland. This will be followed by a walk through the Lota Melaleuca Environmental Park. We shall then make our way to Lota station and catch the train back to Wynnum.

The final stage is to walk from Wynnum station to the cars, perhaps with coffee on the way. This walk should be a nice mix of seascapes and bushland, and is approximately 12 kilometres in length. (It will also be possible to join the group at Wynnum if that is more convenient).

Graham

Jilalan

Sandstone Point to Beachmere Sunday 30th October Daywalk

Leader:	Pat Lawton (3366 1956)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	7:30am
Cost:	\$12:00
Grading:	M 4 2
Emerg Off:	Sam Leonardi (3287 1372)

This walk will be a little different to our usual bushwalks – just because it is all flat it certainly won't be dull.

Sandstone Point is on the mainland side of the Bribie Island Bridge. We will follow the interesting shoreline with its sandstone cliffs along to Godwin Beach for morning tea. At this point we will leave civilisation behind and head off into the wilds of the mangroves before emerging on to an isolated beach north of Beachmere for lunch.

The walk will finish mid afternoon at Beachmere. The walk is full of variety and as I said totally different to our usual walks.

Hopefully the tides will be okay, however you may (or may not) get wet feet – so be prepared.

Come along with me and enjoy a bit of fun on a lovely walk – total distance approx. 13 klms. There will be a car shuffle involved with the walk. Pat

Fountain Falls Sunday 6th November Daywalk

Leader:	Matthew Palmer
	(3876 8125)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	5:30am
Cost:	\$20:00
Grading:	L 8 8
Emerg Off:	Kerry Mulligan
_	(3876 8125)

Fountain Falls is situated on East Canungra Creek midway between Binna Burra and O'Reilly's. It is a hard off track walk with many steep sections and plenty of rock hopping in pristine rainforest. We will go up to Binna Burra and head down the Illimbah circuit before crossing Coomera River near Gwongoorool Pool and then head up on to the Darlington Range to Noowongbill Lookout. From there we will descend into East Canungra Creek hopefully near Fountain Falls.

If we have time there are numerous other Falls in the vicinity that we will visit before retracing our steps. It will have been 23 months since last trying to do this walk which was too wet and slippery last time, so I am determined to get there. Hope to see you on the day.

Matt Palmer



"Friendship is offering a helping hand in a time of need."

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Obi Obi Lookout Saturday, 12th November Daywalk

Leader:	Phil Murray (3841 0254)
Meet at:	St Brigid's Car Park,
	Musgrave Rd, Red Hill
Time:	7:15am
Cost:	\$15:00
Grading:	M 3 3
Emerg Off:	Susan Murray (3841 0254)

The walk is located at the back of Montville on the Sunshine Coast hinterland. The plan for the day is as follows - Morning tea will be held at Mary Cairncross picnic area (no shops) and enjoy the views of the Glasshouse mountains. We might do a quick walk around the track there as well. Then we will have a quick look at Gardner Falls on Obi Obi Creek. These falls are above the Baroon Pocket Dam impoundment and it will be interesting to see how much water is flowing in the current dry spell.

We will then take the scenic drive and stop at the coast lookout and then continue on to Montville and head down the steep hill to the dam wall. We will leave the cars and do our walk to the Lookout. The track is through gorgeous rainforest country that has numerous Hoop Pines and Bunya Pines. This walk will form part of the 'great walk' that is being built by the NP&WS. The part we are doing is the short part near the Baroon Pocket Dam. I haven't done the pre-outing yet to check how far it is to the lookout but I presume it is only about 2 kilometres and then it will be about another 5 kilometres to Kondalilla falls. It is uncertain if the track has been opened up as far as Kondalilla Falls, but we will find out. The lookout will provide an excellent vantage point to see the Narrows Gorge and the beautiful rainforest clad countryside. If the track stops at the lookout we will retrace our steps to the creek and for the keen and eager we will rock hop down the creek to the Narrows Gorge. It is a terrific place for a swim so bring your swimming

gear. I also suggest that people wear shoes that can get wet like Dunlop Volleys. For the less adventurous they can have their afternoon tea at the Picnic shelter sheds

If you have a spirit of adventure and curiosity as to what is happening in the great outdoors come along and find out. Bring the normal stuff you need for a day trip; lunch, water bottle, hat & sunscreen & of course morning and afternoon tea.

Phil

COMING SOCIALS



PROGRESSIVE DINNER Saturday October 15th

Organiser: Start:	Greg Endicott (3351 4092) 96 Buckingham St St John's Wood (Patricia Funnell's House
	@ Ashgrove West)
Time:	5:30pm
Cost:	\$20:00
Bring:	Plate, Bowl, Cutlery, Tea
	Towel & a chair
Last minute:	Greg Endicott
Contact	(0418 708 638)

<u>All food is provided. Tea & coffee</u> provided but not alcohol

It is still not too late to nominate. You wouldn't want to miss out so Ring Greg NOW.

The term "Progressive Dinner" signifies that you move about while eating – which is correct, but does not sound too healthy.

We arrive about 5.30pm at St John's Wood where we meet and greet. Have some nibbles and something to drink. Talk to everyone, make welcome our newer friends. Start to unwind and relax after a big week at work.

If you want to car pool, arrange it here with a few friends, but remember you will have to come back to the start to pick up the car at the end of the night – but car pooling is a good idea anyway.

Then head off to the next location for main course. This is where you will really need your plates and fork. Sample the variety of casseroles, stews and lasagnes. Our expert chefs have provided grand fare just for your gastronomic pleasure.

Stay and talk, have a second helping, talk to old friends. Listen to the stories being told by others. Add your colour to the night. I think we should be here for one and a half hours or so, before moving onto desert.

At desert be prepared to test your taste buds. Try out our little treats. Saver our delights. Pamper your taste buds. If you thought the cakes and cheesecakes at coffee nights were beautiful, wait for this.

Remember, start at St John's Wood. Only phone Patricia on the night itself if you are running late and want someone to wait. Nominate to Greg. Car pooling would be a good idea. Pick up your friends from home and come already "pooled". Bring your own plates, bowls, mug, glass, knife, fork, spoon and tea towel. You will wash up your own things before departing to the next course. Bring a chair as no one has 30 spare ones around the house. We may ask one or two people to stay behind at each house to clean up and wash up. Alcohol is not provided.

Drink responsibly – do not drink and drive.

Have a good time.

Saturday on the River November 12th

Contact:	Justin Tobin (3366 3193)
Meet at:	Regatta Hotel
	Coronation Drive
	Toowong
Time:	4:00pm
Cost:	\$20:00 approx

A Saturday evening on the river. Fish and chips, an ice-cream, a ferry ride and a look at that loo.

We'll meet at the Regatta for a drink and a need for a toilet stop before catching the 5:01pm ferry to New Farm Park for fish and chips at Gambaros. From here we'll walk along the river for an ice-cream at the local shop, then back on the ferry for coffee, to finish off what should be an enjoyable evening on the Brisbane River.

If you think parking maybe too difficult around the Regatta you can park further up the river and catch the ferry down to the Regatta. The ferry leaves Uni of Qld at 4:01pm, West End at 4:04pm. (for those who want to park on that side of the river.) Gyatt Park at 4:07pm and the Regatta at 4:11pm. A 2 zone off-peak daily is approx. \$3:80.

COFFEE NIGHT

Wednesday 26th October

Location:	Mt Coot-tha Café
Time:	7:30pm
Cost:	Variable, depending on what
	you buy
Grade:	S 1 1
Emerg Off:	Michele Ph: 61 7 3351 4092

As you know, the Coffee Night is always on the Wednesday in the week following the monthly meeting, ie 9 nights after the meeting. This time it is at the Mt Coot-tha café – right on top of the mountain overlooking Toowong. It is a very balmy place on a Spring night. Here you are sitting out on the deck, good friends around you, warm October night, views over a darkened but lit Brisbane – what more could you ask for. Nothing!!

Get on the phone, call a friend, invite a relative, and invite someone to the Coffee Night. If you want to arrive early for dinner, bring along a friend. Otherwise, arrive at 7:30pm and look for "The Crowd" and sit down. Order a coffee and cheesecake, or have a chocolate with your favourite brew. Stay for a second one.

The café is lovely, the food is great and the views cannot be beaten. Once you are finished, you can go to the rotunda and have a look around. The city is spectacular at night. And there is a lot of parking.

See you there on the 26th.

PAST SOCIALS

COFFEE NIGHT at THE MERTHYR BOWLS CLUB

Ten of us gathered for this lovely night, right on the river at New Farm. It was good to see so many faces once again at a Coffee Night. We were sitting there on the river bank, raised above the surroundings and looking at the passing river traffic – including the Kookaburra Queen and the City Cats, planes flying low overhead, the runners on the bike track below and the others partaking coffee & desert out under the umbrellas on the terrace.

Some arrived early for dinner - low in price but not in quality, and they made the rest of us jealous by eating the mouth watering food in front of us. The rest of us had coffee and tea, and one or two a beer.

Conversations ranged from holidays in the Simpson Desert, to past walks with strawberry ice creams at lunch time, to future outings. There was some talk of work – not much thankfully.

By 9:30 the last had left to go home, so it was not a late night after all.

Thanks to: Barbara, Graham G, Phil the Younger, Jeff F, Jean, Michael S, Liz L, Terry, and those others whose names I cannot recall.

See you at Mt Coot-tha Café on the 26th.

PAST OUTINGS

Bridge To Brisbane Fun Run/Walk

On Sunday August 7th, 13 intrepid walkers met at the Toll Gates on the Gateway Bridge at 6:30am. We gathered and talked while waiting for the starter's gun. Then it was off.

We joined the crowds up the bridge, getting to the top and looking at the view as we have never seen it before. Then it was down to Kingsford-Smith Drive and the flat country. Here we split up - some running, some walking fast, and the rest just strolling along.

The weather was fine, not too brisk but it was perfect walking weather. You could get a pace up without breaking out into a sweat. That time of morning is certainly pleasant.

The crowds were thick, with about 20,000 walkers all around us. It was good having company around you. Some of that company was entertaining – dolled up in fancy dress, with the aim that if they did not

win a place at least they would end up on TV because of the costume. We were boring just in our Club T-shirts.

About half way along, as we got beside the River at Hamilton, there was another spurt of energy with some breaking out into a "run". This did not last long, but long enough to do a little catching up.

The end was along the streets of Teneriffe where the old Woolstores have been converted into units. Then down the straight to the Powerhouse Theatre complex and the end was almost in sight – the final run up the road to the Tea House and the finish line.

Entrants and times: Michael Nelson 1:30, Lucy Endicott 1:47, Michele Johns 1:49:29.6, Greg Endicott 1:49:59.3, Terry Silk 1:53, Michael Simpson 1:58, Russ Nelson 2:11:12.9, Stephen Endicott 2:11:41.7, Jan Nelson 2:12, Liz Little 2:22, Rosemary Stafford 2:27:08.3, Jenny Dancer 2:27:08.3, Patricia Mackie 2:27:08.5. and members of the Cashman Family.

Remember, it is not a race but fun and fundraising for the charities nominated by the organisers.

A good time was had by all. Hope to see more members there next year.

Father Ed Memorial Walk Moreton Island Saturday 3rd September

It was promising to be a beautiful day as five of the six nominated walkers met at the barge at Shorncliffe. We bought our tickets and waited. Finally the call to board came and we were still five not six. Four of us, Phil Kearns, Justin Tobin, Trevor Kelly and and Barbara Eastoe climbed up to the lounge, sure that our numbers would be one down. However, our trusty leader Maxine was not one to give up so easily and stayed at the entrance, ever hopeful that the one remaining member would make it. Much to our surprise, just as the boat had started to pull out, who appeared except Maxine and our very late final member. Note to Phil Murray: it is overly optimistic to think you can drive from Rochedale to Shorncliffe in 35 minutes. The only reason I can see that you made it was that Father Ed must have been looking after you.

The trip to Moreton Island takes 2 hours and we spent this on the top deck making the most of the breezes and sitting inside talking or reading the paper which Justin kindly brought along. Maxine and Barbara were lucky enough to have a large dolphin come up right beside them, jump out of the water and swim away. As we were pulling into Bulwar, an announcement from the captain said that there was a whale close to shore. We all ran down to see it and the boat stopped for a while to allow the whale to move in front of it and head out into the bay. With such good portents, it was apparent it was going to be a great day.

Once off the boat it was into the taxi and across to the other side of the island. We first walked up to the lighthouse where we had a great view. We looked down the beach and tried to see where we were making for. After this, we walked cross country to the beach over matted grass that made you feel that you were walking on marshmallow. Once on the beach, it was very pleasant walking with a cool breeze on our backs. We went into Spitfire Creek which looks very uninteresting from the beach but it actually is a lovely waterhole. We went to look at the Aboriginal Midden first than had morning tea (in typical BCBC tradition, there was a huge amount of food to share).

The walk up to the turnoff to Blue Lagoon was surprisingly short. At the turnoff, the men stayed on the beach where Phil the Younger and Justin took a dip in the surf. Maxine and Barbara headed on to Blue Lagoon where Maxine had a swim and Barbara lay down under a shady she-oak. When the men appeared we all started walking around the lagoon. Those who had been here before commented on how low the water was. Usually you have to walk through the water but now it was dry sand all around the edge. At the other side we found a shady spot for lunch. Justin spread out his tarp for Maxine and Barbara to sit on and then proceeded to boil the billy and hand around lots of food. Starving has never been an option on any BCBC trip.

After lunch we climbed to the top on the dune and headed inland to Honeyeater Lake. We walked through a sea of wildflowers and our pace slowed considerably as we stopped to admire them and take pictures. It was a stunning experience. Leaving the flowers we scrambled down the overgrown track to Honeyeater Lake which was beautiful but again very low. Justin, Phil the Younger and Trevor decided to brave the cool water and have a swim. I'm not sure why but the word Migaloo was used a number of times describe them when they to were swimming.

After the swim it was up to the road and along to the lookout overlooking the lake. From there, we could see the Lighthouse and follow our path to where we were now. We spent a little time remembering Father Ed before the taxi turned up to take us to Bulwar. On the ferry trip back we took the time to rest, although we did go to the top deck to watch the sunset. We arrived back at Shorncliffe right on time at 6:00pm at the end of a magic day.

Thanks to all the people on the trip. It was a great group who all got on so well together. Especial thanks to our leader Maxine who cares so much for all the members of her group. If you have never been on this walk, it is a must the next time the club decides to do it. Some walks are so special that they should not be missed. This is one of them.

Barbara Eastoe

Mary Valley Rattler Sunday 18th September



All arrived in Gympie approx 9.30am and had tea, coffee & scones in the station cafe where we were entertained by a pianist & the locals. I had the opportunity to speak with Calamity Jane. (I don't know about anyone else & other characters). 10:00am – All Aboard!!!! We were puffing away along the track. As we travelled through the very scenic Mary Valley, many of the nearby locals waved to us from their backyards and verandas. Under bridges we went, rolling hills and cattle we saw and many beautiful iron bark trees and of course the horizon was very clear, it was a gorgeous day.

We had a short stop at Kandanga where we sampled some local produce and had the opportunity to purchase some homemade jams. Then it was on to Imbil.

All of a sudden as some of us were still making our way down from the carriages, bushrangers appeared. Sergeant Moore was on our train bringing a large amount of gold from Gympie.

A quick car shuffle was done and we then made our way to Kenilworth where Justin & Mary Tobin kindly had a BBQ lunch cooked up for us all along with many salads. A few people had a play with Mary Tobin and her skipping rope but Trevor Kelly with his fast feet & flexibility would have to take the cake. Terry Silk also met everyone up in Kenilworth. After lunch we had coffee and slices. Some of us then went across the road to the Kenilworth cheese factory and of course nearly everyone bought an ice-cream with what they call a single serve but looked like a triple. Then for a walk around the streets looking at the many dressed up scarecrows and other objects in people's yards. Also a couple of short poems we saw that Justin very much liked. One so much that Louise offered to take a photo with her digital camera so as to then send him back the words. (**See pg 3**) We were back at the picnic spot and left around 3.30pm.

Thankyou to all the drivers. Once again to the Tobin family for all their preparation, and those who came and shared their company for the day:- Trevor & Carol Kelly, Maxine & Michael Brophy, Graham Glasse, Louise Leonardi, David Hill, Phil Kearns, June Greenaway, Therese, Evans Family- Paul, Carolyn, Christine. Rice Family- Paul, Louise, Siobhan, Matthew and Imogen. Terry Silk, Justin, Susan and Mary.

God Bless, Louise Leonardi

M.B.S

Other Items of Interest

Bushwalking Membership Classification

Dear Fellow Members

I am gathering information regarding members' viewpoints on the classification we have in our club for members and the associated roles members might have in the club. I would like to collate all the viewpoints with some of the reasons why these views might be held.

Anonymity in my final collation of members concerns, thoughts, fears and feelings is assured! My purpose for this exercise is to explore some possible alternatives (if this is possible) for membership that might be acceptable and inoffensive to all members.

Please send your thoughts to me by letter or email.

My address is: 96 Buckingham St, Ashgrove Qld 4060. My email address is: <u>phfunnell@yahoo.com.au</u>

Thanking you in anticipation for your responses, God Bless Patricia

FIRST AID TRAINING SATURDAY 05/11/2005

Contact:	Paul Evans (3357 5254)
Location:	1/3 Amy Street
	Albion
Time:	9:00am – 2:00pm
Cost:	\$110:00

National Institute Continuing Education First Aid Certificate given notes to be supplied.

The aim of the course is to have as many people as possible with a First Aid Certificate in the club/ especially leaders of walks. There are already members who have certificates due to work requirements. The course is accredited and is current for 3 years.

I would encourage everyone to consider updating their First Aid through the club. Jilalan

A note from the Editor.....

Please forward your magazine articles by the 1^{st} of the month. You may forward your articles to either:

or

25 Harburg Drive Beenleigh Qld 4207

e-mail address: leonardi@gil.com.au

He love because he first loved us. If anyone says, "I love God," yet hates his brother, he is a liar. For anyone who does not love his brother, whom he has seen, cannot love God whom he has not seen. And he has given us this command: Whoever loves God must *also love his brother*.

1 John 4:19-21

Yours in Christ Louise Leonardi



Some of those who went on the Gympie Train Trip (Photo contributed by Louise Leonardi)

Jilalan

HAVE A LOOK AT THIS WEB SITE. Can We Do It???

http://www.extremeironing.com/

http://www.extremeironing.com/modules.php?op=modload&name=Top_List&file=index&PO STNUKESID=c5e2576dcddefc44d42b122e0e340fc0

http://www.extremeironing.com/modules.php?op=modload&name=Gallery&file=index&POS TNUKESID=c5e2576dcddefc44d42b122e0e340fc0

Extreme Ironing

From Wikipedia, the free encyclopedia. Retrieved from "http://en.wikipedia.org/wiki/Extreme_ironing"

Extreme Ironing (or **EI**) is an <u>extreme sport</u> in which people take an <u>ironing</u> board to a remote location and iron a few items of <u>clothing</u>.

Extreme ironing locations include a mountainside of a difficult <u>climb</u>; a <u>forest</u>; in a <u>canoe</u>; while <u>skiing</u> or <u>snowboarding</u>; on top of large <u>bronze</u> statues; in the middle of a street; even when <u>free-diving</u>, though this possibility defeats the purpose of ironing. The ironing itself has variations: either solo or in a group; ironing in existing formations or freestyle.

EI supposedly combines the excitement of an extreme sport with the satisfaction of freshly ironed clothes. Though it seems a parody or hoax, many extreme ironers take their sport quite seriously. *The Guardian* said of extreme ironing that it carries on a tradition of British eccentricity. Many organised EI events are now sponsored by the household appliance manufacturer <u>Rowenta</u>.

History

The sport was started in <u>Leicester</u>, <u>East Midlands</u>, <u>England</u> by resident <u>Phil Shaw</u> in his back yard. EI, however, is no longer localized to Great Britain. In <u>June 1999</u>, Shaw, who goes by the EI nickname "Steam", embarked on an international tour to promote the sport. The stops included the <u>United States of America</u>, <u>Fiji</u>, <u>New Zealand</u>, <u>Australia</u> and <u>Southern Africa</u>. An encounter with German tourists in New Zealand led to the founding of the Extreme Ironing Bureau, and the <u>German Extreme Ironing Section</u> or GEIS.

Phil Shaw, known as 'Steam' in extreme ironing world, founded the sport in 1997. In September of 2002, the first World Championship for the sport took place in <u>Valley, Germany</u>, near <u>Munich</u>. Organized by the German Extreme Ironing Section, the <u>1st Extreme Ironing World</u> <u>Championships</u> were considered a success, drawing international media attention. Competitors from <u>Austria</u>, <u>Australia</u>, <u>Croatia</u>, <u>Chile</u>, <u>Germany</u>, the <u>UK</u> and other countries participated. The competition included eighty different teams from ten different countries.

In 2003 the Rowenta Trophy was won by a group from <u>South Africa</u> by ironing across a gorge at the <u>Wolfberg Cracks</u>. In 2004, the EIB traveled to the US on the Rowenta Tour to recruit additional ironists and ironed at <u>Mount Rushmore</u>, <u>New York</u>, <u>Boston</u> and <u>Devil's Tower</u>. The tour culminated in an interview nation-wide on <u>Good Morning America</u>.

Suggestions of Olympic eligiblity

Following the <u>2004 Summer Olympics</u>, five-time Olympic gold medalist <u>Sir Steve Redgrave</u> backed extreme ironing to become an <u>Olympic sport</u>. "It is a fantastic sport. It's a little bizarre in some respect, but in a few years' time, <u>rowing</u> could be chopped from the Olympics and extreme ironing could be in!"

Extreme Ironing founder, Steam adds: "Although, Sir Steve obviously wasn't really proposing the demise of rowing as an Olympic sport, it's still fantastic to get the backing of arguably Britain's finest ever athlete. And you never know, it might see the start of a new style of extreme ironing with competitors balanced on rowing boats."

In defence of these opinions Steam asks doubters to consider <u>synchronised swimming</u> and its status as an Olympic sport. For that matter, adds Fabulon (an Australian Extreme Ironist) take a look at the sport of <u>curling</u> - if THAT can be a Winter Olympic sport, Extreme Ironing has no problem in being recognised.

World Records

A recent development of the sport has been setting Extreme Ironing World Records. This trend began when a couple of British ironists ironed at Base Camp One on <u>Mount Everest</u>. The record was promptly taken by South African Yster for ironing at the top of <u>Mount Kilimanjaro</u> (5,859m). The record for ironing at altitude is now held by Iron Man Carrick, who ironed at the summit of <u>Mount Aconcagua</u> in Argentina (6959m). The Hot Plate Brothers also tried to match the record, but failed to reach the summit.

The extreme ironing underwater depth record is held by British ironist Dive Girl, for ironing 100 metres underwater off the coast of <u>Egypt</u>. In January 2005, a group of Australian scuba divers snatched the underwater group extreme ironing world record from a team of Kiwis when 43 ironists ironed underwater. The record has since been challenged by the Kiwis as they didn't dive more than five metres.

In April 2004, Crease Lightnin' set the extreme ironing <u>London Marathon</u> record for taking full extreme ironing equipment around the course of the marathon and ironing a couple of items on the way. The Leeds ironist completed the marathon in 4 hours and 8 minutes.

The longest ever garment ironed under extreme conditions was completed by extreme ironing founder Phil Shaw (Steam) in December 2003 in Leicester, the birthplace of the sport, when he ironed in a David Blaine-style box 20 metres above bemused Christmas shoppers.

External links

- Extreme Ironing Bureau organization's site
- <u>Austrian Extreme Ironing website</u>
- Australian Extreme Ironing website
- Dutch Extreme Ironing
- German Extreme Ironing