

# *JILALAN*



**Club Hut Working Bee – Saturday 27<sup>th</sup> August**

Monthly Magazine of The

## **BRISBANE CATHOLIC BUSHWALKING CLUB Inc**

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

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# *AUGUST 2016*

Date	Event	Leader	Phone	Type	Grade
15	JTS – Riverside Coffee Club	Phil	5522 9702	Soc	
16	Shepherd's Walk	Terry	3355 9765	DW	M34
18	BCBC Meeting	Greg	3351 4092	Meet	
24	Christmas in July (German Style)	Liz	3356 4874	Soc	
27	Coffee Night – Café Conti	Michael	0409 620714	Soc	
Aug 4	Mt Mee Wildflower Walk	Phil	5522 9702	DW <sup>t</sup>	S33
6	Extraordinary Jubilee of Mercy	Greg	3351 4092	DW	S11
7	Mt Warning	Phil	5522 9702	DW	S44
9/10	Barney Mass	Greg	3351 4092	BC	M56
10	Barney Mass	Greg	3351 4092	DW	M56
13	Mitchelton to Toombul	Phil	5522 9702	Bike	
15	BCBC Meeting	Greg	3351 4092	Meet	
19	JTS – Bitter Suite	Phil	5522 9702	Soc	
21	Bell's Creek to Tooway Creek	Liz	3356 4874	DW	M33
24	Coffee Night – Kookaburra Café	Graham	3371 9623	Soc	
27	Club Hut Working Bee	Iain	3870 8082	DW	S43
28	Sub-Vertical Training	FMR		Trg	
Sep 1	Bridges of Brisbane	Phil	5522 9702	DW <sup>t</sup>	M22
3	Mt Beerwah	Phil	5522 9702	DW	S75
10	Currumbin Sculptures	Phil	5522 9702	DW	M22
10	FMR Incident Management	FMR		Trg	
11	Big 'O' Birthday Bash	Justin	3366 3193	Soc	
16	JTS – Woolly Mammoth	Phil	5522 9702	Soc	
17	Noosa Trails	Terry	3355 9765	DW	L35
19	BCBC Meeting	Greg	3351 4092	Meet	
24	FMR Search Training	FMR		Trg	
24/25	Barney Exploratory	Iain	3870 8082	BC	
25	Karawatha Forest	Louise	3399 4472	DW	
28	Coffee Night	Graham	3371 9623	Soc	
30/2	Laidley Gap	Justin	3366 3193	BC	
Oct 1/3	Blue Mountains	Phil	5522 9702	BC	
3	Springfield Area	Peggy	3863 1464	DW	
6	Twin Falls			DW <sup>t</sup>	
8	Brisbane Open House	Greg	3351 4092	Soc	
9	Mt Tabletop	Michele	3353 2822	DW	
15	Retreat	Michele	3351 4092	Rel	
17	BCBC Meeting	Greg	3351 4092	Meet	
21	JTS – The German Club	Phil	5522 9702	Soc	
22	Shipstern Circuit	Phil	5522 9702	DW	
23	Kate Quinlan Society	Greg	3351 4092	Soc	
26	Coffee Night	Michael	0409 620714	Soc	
28/1	Victorian Alps – Mt Clear	Phil	5522 9702	TW	
29	Springbrook			DW	
Nov 2/10	Aussie Camino	Russ	33743534	BC	
3	Kingscliffe to Tweed River	Phil	5522 9702	DW <sup>t</sup>	
5	Sandgate to Scarborough	Phil	5522 9702	Bike	
12	Progressive Dinner	Justin	3366 3193	Soc	
13	Echo Falls	Kerrianne	0411 165868	DW	
18	JTS – Lock'n'Load	Phil	5522 9702	Soc	
20	Indooroopilly Circuit	Paddy	3378 4813	DW	
21	BCBC Meeting	Greg	3351 4092	Meet	
23	Coffee Night – Ouzeri	Michael	0409 620714	Soc	
26	Wave Break Island	Phil	5522 9702	DW	
Dec 1	Maroochy River to Mooloolo River	Phil	5522 9702	DW <sup>t</sup>	

The Calendar is subject to change without notice

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.



### KEY – Walk Types

<b>DW</b>	Day Walk	<b>½ DW</b>	Half Day Walk
<b>ON</b>	Over Nighter	<b>BC</b>	Base Camp
<b>TW</b>	Through Walk	<b>CW</b>	City Walk
<b>TRN</b>	Training	<b>S&amp;T</b>	Safety & Training
<b>FMR</b>	Federation Mountain Rescue	<b>SOC/SW</b>	Social/Social Walk

### KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
<b>Short</b> Under 10km / day	<b>1</b> - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	<b>2</b> - Graded path/track with minor obstacles	<b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
<b>Medium</b> 10-15km / day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	<b>4</b> - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
<b>Long</b> 15-20 km per day	<b>5</b> - Rough or rocky terrain with small climbs using hands or rock hopping	<b>5</b> - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	<b>6</b> - Steep, rough or rocky terrain with large climbs using hands or rock hopping	<b>6</b> - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
<b>Extra Long</b> Over 20 km per day	<b>7</b> - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	<b>7</b> - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	<b>8</b> - Climb/descend near vertical rock with exposure. Climbing skills may be required	<b>8</b> - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	<b>9</b> - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	<b>9</b> - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

## PRAYER OF THE MONTH

God be with those who explore in the cause of understanding; whose search takes them far from what is familiar and comfortable and leads them into danger or terrifying loneliness. Let us try to understand their sometimes strange or difficult ways; their confronting or unusual language; the uncommon life of their emotions, for they have been affected and shaped and changed by their struggle at the frontiers of a wild darkness, just as we may be affected, shaped and changed by the insights they bring back to us. Bless them with strength and peace. Amen.

(Leunig 1990)

## COMING EVENTS

**TRIPS** leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:  
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

**Leaders:** Print your own Event Nomination Form from the Club's web site.

**A reminder to visitors** that you are required to do 2 walks before Committee officially declares you a Member of the Club.

## LEADERS

If you make changes to your walk, such as date, where, or cancel it – please tell Desley Pedrazzini Ph: 3369 5530.

**SATURDAY 13th AUGUST  
MITCHELTON TO TOOMBUL & BACK  
BIKE RIDE**

**Leader:** Phil Murray 5522 9702 or 0416 650160.  
**Meet at:** Teralba Park,  
Osborne Road, Mitchelton.  
**Time:** 9.30 am.  
**Distance:** approximately 26 km.  
**Grade:** easy.

This will be the second bike ride for the year. It is a short ride of about 26 km return so should only take 2 to 3 hours. Please note it is on the Saturday and not the Sunday. We are not going all the way to Sandgate as it is a much longer ride to get there.

This is a fairly easy ride along the pathways and bikeways beside Kedron Brook. The plan is to ride from Teralba Park Mitchelton to Albert Bishop Park at Toombul where we have a quick morning tea. I plan to return via the same way. I hope to finish before 12.30 pm.

You need to bring your own morning tea, bike, helmet and bike equipment. We might get a coffee at the shops at Mitchelton before we disperse.

It is best to have a 'road bike' with the thin tyres as they are so much easier to ride. If you see a road bike on sale (I got one for \$199) may I suggest you buy one. Aldi this month have road bikes on sale this month for \$399.

The next ride this year is Saturday 6<sup>th</sup> November – Shorncliffe to Scarborough & return. Hope you can come along.

**MONDAY 15<sup>th</sup> AUGUST  
MONTHLY MEETING**

**Time:** 7.30pm – Doors open & meeting starts soon after.  
**Where:** St Michael's Parish Hall,  
250 Banks St, Dorrington (in the lower carpark behind the church.  
Drive down the ramp at the left.)  
**Web:** <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

Stay for supper. Bring those recent bushwalking snaps.

**FRIDAY 19<sup>th</sup> AUGUST  
THE BITTER SUITE  
JOHN TOOHEY SOCIETY**

**Leader:** Phil Murray 0416 650160.  
**Address:** 75 Welsby Street, New Farm.  
**From:** 4pm till 8ish.  
**What For:** A chat, a beer and a meal.

The Club has a regular gathering for a social drink and a chat on a Friday once a month on the third Friday of every month. For the month of August we are going to a bar/café called the Bitter Suite. This venue was Graham's suggestion as he came across a great write-up in the newspaper. It sounded very good but it is actually just a little bit out of town.

There is a nice selection of beers at Bitter Suite with 7 beers on tap (with an occasional 8th when the hand-pump is on) and over 40 bottled craft beers & cider. The beers on tap change almost weekly. For an up-to-date on the beers available you can email [enquiries@bittersuite.com.au](mailto:enquiries@bittersuite.com.au). The beers available are Australian and mainly they are sourced from the smaller, boutique micro-breweries as they do not stock mainstream beers.

The venue is a beautiful, old red brick building situated on a leafy corner at the end of James Street, with ample outdoor seating.

Bus details

*Bus 199 departing at 3.42pm (goes every 10 minutes) from Adelaide Street Stop 26 at Anzac Square, City.*

*Arrives - 3.59pm at Merthyr Rd and Alford Street, stop 12, New Farm*

Travel time: about 17 minutes

JTS Quote of the month

*"Whoever drinks beer, is quick to sleep;  
whoever sleeps long, does not sin;  
whoever does not sin, enters Heaven!  
Thus, let us all drink beer!"  
— Martin Luther*



**SATURDAY 20<sup>th</sup> AUGUST  
BELL'S CREEK TO TOOWAY CREEK  
DAY WALK**

**Leader:** Liz Little 3356 4874 or  
[lizlittle@bigpond.com](mailto:lizlittle@bigpond.com)  
**Meet at:** St Brigid's Car Park,  
78 Musgrave Road, Red Hill.  
**Time:** 7.00am.  
**Cost:** \$15 + GoCard.  
**Grading:** M33.  
**Location:** Caloundra, Sunshine Coast.  
**Emerg Off:** Michele Endicott 0418 708638.

This may be the first of the Sunshine Coast Creek to Creek Series. Watch this space over the next few years!!

We will need to leave Red Hill on time to connect with an hourly bus from Central Caloundra to Pelican Waters. There is free all day parking 600 metres from the bus station.

The first four kilometres of the walk are on a pathway beside the Pumicestone Passage. It is a beautiful part of the world, spectacularly soothing for the soul. There might be the opportunity for coffee at Bulcock Beach if everyone promises to spread out among the coffee shops and get take away. The tables by the beach provide a delightful spot for drinking said coffee.

The next few kilometres are also mostly path walking with some magnificent ocean views and quite moving memorial parks. After Shelley Beach, there is a stretch of rock - mostly flat rock and sand with occasional rock hopping. A street option is also available.

The last stretch to Tooway Creek is sandy, with a street option. There might be a swim option as well if the beach is patrolled. Showers and change rooms are available. A 10 minute bus ride will return us to Central Caloundra. In total, the walk is about 13 kilometres, mostly on path with some rock and some sand.

**WEDNESDAY 24<sup>th</sup> AUGUST  
DINNER & COFFEE NIGHT  
SOCIAL**

**Leader:** Graham Glasse 3371 9623.  
**Meet at:** Kookaburra Cafe,  
280 Given Terrace, Paddington.  
**Time:** 6.00 pm for dinner or  
7.30pm for coffee.  
**Cost:** Your choice – visit their website  
for their menu.

**Web:** <http://www.kookaburrafe.com.au/>

I believe this café has changed hands so we're heading off this month to check it out.

Join me for either a meal and a chat or just a coffee and a chat.

**SATURDAY 27<sup>th</sup> AUGUST  
CLUB HUT WORKING BEE  
DAY WALK**

**Leader:** Iain Renton 3870 8082 or  
0401 429 085.  
**Meet at:** St Brigid's Car Park,  
78 Musgrave Rd, Red Hill.  
**Time:** 6.30am.  
**Cost:** \$20 (car pool).  
**Grading:** S43.  
**Location:** Mt Barney area.  
**Emerg Off:** Susan Tobin 3366 3193.

We will be going in for the day to do some work on the hut. The main task will be to make sure that the hut and its surrounds are fully prepared for any possible bushfire season. We could also be continuing the painting and maintenance work started at the last working bee. There are a range of jobs to do from removing lantana and weeds, cutting grass, clearing roof gutters, cleaning, painting and carpentry.

It is such a lovely spot and a day there, whatever I am doing, always lifts the spirits. Some people work most of the time, while others will do some work then relax a bit and go for a walk to the Lower Portals (even a couple of hours of work is better than none). I suspect that at this time of year nobody will be braving the cold waters for a swim. As well as your usual day-walk stuff, secateurs and gardening gloves could be useful. Join me for a convivial and invigorating day helping keep the hut in good shape.

**SUNDAY 28<sup>th</sup> AUGUST  
SUB-VERTICAL TRAINING  
SAFETY TRAINING**

**Contact:** Frank at [fmrqld@gmail.com](mailto:fmrqld@gmail.com).  
**Meet at:** Kangaroo Point nursery cliffs.  
**Time:** 8.00am to 1.00pm.  
**Cost:** Free.  
**Web:** <http://fmrqld.bwq.org.au/cms-assets/documents/235870-299072.fmr-training-2016.pdf>

**Aimed at advanced walk leaders.**  
Max 15 participants.

**Topics:**

- Minimal / light equipment; tape, dynamic vs static rope, belay devices.
- Pack hauling. Fixed lines / handlines.
- Natural Anchors and top belay techniques. Waist belay.
- Tying in without a modern / conventional sit harness.
- Assisting nervous climber. Assisting person with ankle sprain.
- Emergency stretchers.

**THURSDAY 1<sup>st</sup> SEPTEMBER  
BRIDGES OF BRISBANE  
DAY WALK**

**Leader:** Phil Murray 5522 9702 or 0416 650160.  
**Meet at:** St Stephen's Cathedral Park,  
Near the stairs next to the Chapel,  
Elizabeth Street, Brisbane.  
**Time:** 8:30am.  
**Cost:** \$2.  
**Grade:** M22.

Early spring is an ideal time to do the Riverside Walk around the 6 Bridges of Brisbane. We start at St Stephen's and do a circuit of the walkways from the Botanical Gardens. We will make a detour up through the Gardens to Old Government House for a spot of culture. There are 2 Exhibitions on display at OGH.

1. William Robinson Gallery - the exhibit called Genesis displays his works. For those who are unfamiliar with this artist he is a giant among Australian artists. He was won numerous awards including the Archibald prize on 2 occasions, firstly in 1987 and again in 1995 and has won the Wynne Prize for landscape painting in 1990 (The rainforest) and 1996 (Creation landscape – earth and sea).
2. 'Miss Fisher's Murder Mysteries' Costumes – this TV series starring Essie Davies was screened on TV on ABC for about 3 years from 2012. The show was set in the 1920's and won awards for best costumes – the display includes several dresses from the series. The designer Marion Bryce won an award for the series.

We will return to the gardens and walk around the point and then cross the river via the Goodwill Bridge. We will have a short break for a quick morning tea or hot chocolate at Brendan's Café on the Goodwill Bridge.

We will meander through Southbank and cross the Victoria Bridge. Then along North Quay to the Kurilpa Bridge. We will have lunch on the lawn near GOMA (bring your own lunch). We

will also have a quick look at GOMA (Gallery of Modern Art)

After lunch we zip across the Go Between Bridge then back along the William Jolly Bridge and back along Southbank to Kangaroo Point. With a leisurely afternoon tea break at Cliffs Café on the cliffs at Kangaroo Point Cliffs.

We finish the day with a stroll over the Story Bridge and back to the Cathedral. There should be lovely views all day under the soft sun of a spring day. Please bring the relevant daywalk stuff.

**SATURDAY 3<sup>rd</sup> SEPTEMBER  
MT BEERWAH  
DAY WALK**

**Leader:** Phil Murray 5522 9702 or 0416 650160.  
**Meet at:** St Brigid's Car Park,  
78 Musgrave Road, Red Hill.  
**Time:** 9.00am.  
**Cost:** \$10 (car pool), \$2 (private).  
**Distance:** 2.6 kms.  
**Grade:** S75 – Hard, with steep rock with rock scrambling and some exposure.

Mt Beerwah is an iconic mountain just north of Brisbane. We tried to do this walk in early May but heavy rain a few days before made it unadvisable to attempt. Hopefully the weather will co-operate this time.

This walk is an iconic walk for south east Queensland and Club members should take the chance to do the walk before it gets closed again. We may be attempting the east ridge rather than the usual north face. There are superb views from the top.

There are several sections of rock scrambling involved and is not for the nervous nellys. It is a hard walk for some but that is yet another reason why members should aspire to do the walk.

Bring your usual day walk stuff and a head for heights.

If it is raining we will do a different walk. (Probably Mt Coolum, Mt Ninderry etc).





**SATURDAY 10<sup>th</sup> SEPTEMBER  
FMR INCIDENT MANAGEMENT  
SAFETY TRAINING**

**Contact:** Frank at [fmrqld@gmail.com](mailto:fmrqld@gmail.com).  
**Meet at:** Room 39-103, University of Qld,  
St Lucia.  
**Time:** 9am to 1pm.  
**Cost:** \$10, note parking is free.  
**Web:** [http://fmrqld.bwq.org.au/cms-  
assets/documents/235870-299072.fmr-  
training-2016.pdf](http://fmrqld.bwq.org.au/cms-assets/documents/235870-299072.fmr-training-2016.pdf)

**Aimed at all club walk leaders, or future  
leaders.**

Max 50 participants.

Topics - Critical Incident Response and  
Recovery Plans:

- Death or serious injury(s)
- Triage and managing the provision of first aid
- Emotional first aid to survivors
- Communication with Emergency services
- Helicopter rescue
- PLBs and Other Communication Devices
- Dealing with media
- Recording information
- Incident Reports
- Operational debriefs

Topics - Risk Management and Prevention:

- Identifying Risks
- Control Measures
- Group size / Restricting participation
- Weather

**SATURDAY 10<sup>th</sup> SEPTEMBER  
COOLANGATTA TO CURRUMBIN  
DAY WALK**

**Leader:** Phil Murray 5522 9702 or  
0416 650160.  
**Meet at:** St Brigid's Car Park,  
78 Musgrave Road, Red Hill.  
**Time:** 7.00am.  
**Cost:** \$20 + \$3 (car pool), \$2 + \$3  
(private). Bring your GoCard.  
**Grade:** M22.  
**Distance:** about 14 kms.

This year the trip is on again. We are walking  
from Tweed Heads to Currumbin. We leave  
Brisbane from Red Hill, take exit 93 and park  
near the Currumbin Creek at the car park  
known as the Pirate Park. (It has a kids  
playground that includes a pirate ship.).

Then we walk over to the bus stop on the Gold  
Coast Highway and catch the bus to  
Coolangatta. We will hop off near the Twin  
Towns Services Club.

We will walk along the Tweed River rockwalls to  
the end then up to Point Danger. (If it is a calm  
day we might spot some whales swimming  
south).

Morning tea will be at the Snapper Rocks Surf  
Club. Then walk along the beaches, Rainbow  
Bay, Coolangatta Beach and pass Kirra Point  
and up along Bilinga Beach to Tugun Beach.  
We will have a longish break at Elephant Rock  
& Currumbin Beach to admire the sculpture  
festival called "Swell".

Then we walk along the Currumbin Creek up to  
the bridge at Thrower Drive. Then walk along  
the boardwalk back to the beach at Currumbin  
and walk up to Palm Beach Surf Club.

Come along for an easy trip with magnificent  
views, a spot of art and culture and a leisurely  
lunch and swim.

Tide times

Description	Time	Ht
Low tide	7.48 am	0.40 m
High Tide	3.03 pm	1.21 m

**SUNDAY 11<sup>th</sup> SEPTEMBER  
THE BIG 'O' BIRTHDAY BASH  
SOCIAL**

**Leader:** Justin Tobin 3366 3193.  
**Where:** Fresco Cafe and Restaurant,  
197 King Arthur Terrace,  
Tennyson.

**RSVP:** Monday 5 September.

**Time:** 12:00 pm.

**Web:** [http://www.frescocafeandrestaurant.co  
m.au/](http://www.frescocafeandrestaurant.com.au/)

North, South, East and West all roads lead to  
the Big O birthday bash.

It started with two then there were many. A few  
members are turning the big "O" this year and to  
celebrate together the club is organising a  
combined Big O Birthday Bash. It will be lunch  
by the river at Tennyson.

I'm sure there will be plenty of fun, laughter and  
merriment for all.

For all those turning the big O let us know and  
come along and celebrate this milestone  
together. The club just wants to party.

The Café wants us to pre-order due to numbers so can you check out the menu on their website and let me know when you nominate please. Let's party.

**FRIDAY 16<sup>th</sup> SEPTEMBER  
WOOLLY MAMMOTH ALEHOUSE  
JOHN TOOHEY SOCIETY**

**Leader:** Phil Murray 0416 650160.  
**Address:** 633 Ann Street,  
Fortitude Valley.  
(It is between Kemp Place and  
Brunswick St).  
**Time:** From 4pm till 9ish.  
**What For:** A chat and a beer and a meal.  
**Emerg Off:** Phil Murray 0413 307580.  
**Web:** <http://woollymammoth.com.au/>

The Club has a regular gathering in town for a social drink and a chat on a Friday once a month on the third Friday of the month.

We are going to this venue which is close to All Hallows School. The Mammoth has a huge range of beers on tap and we have a duty to try as many as possible.

The beers aren't cheap but they are classy and this will be our last visit to the Mammoth for ages so don't miss out. The food includes chips, burgers and pizzas.

So come along for a good night out.

JTS Quote of the month

*"I am a firm believer in the people. If given the truth, they can be depended upon to meet any national crisis. The great point is to bring them the real facts, and beer." — Abraham Lincoln*

**SATURDAY 17<sup>th</sup> SEPTEMBER  
NOOSA TRAILS  
DAY WALK**

**Leader:** Terry Silk 3355 9765.  
**Meet at:** St Brigid's Car Park,  
78 Musgrave Rd, Red Hill.  
**Time:** 6.45am.  
**Cost:** \$20 (car pool), \$2 (private).  
**Grading:** L35.  
**Location:** Sunshine Coast Hinterland  
between Kin Kin and Cooran.  
**Emerg Off:** Carol Kelly 3269 4795.

This year we are doing Trail Number 2 from Kin Kin to Cooran for a distance of 25 kilometres with a height gain of 280 metres along tracks, country roads and across paddocks. This is a spectacular walk with some great views. The

walk will necessitate a car shuffle. I have yet to do a pre outing. After the pre outing, I will have a better idea of the timings. It will be possible to shorten the walk if necessary. The only creek crossing can be negotiated without getting your feet wet. There are some steep climbs, but there is no need to hurry as they are not too long.

Please call me if you need more information and I look forward to your company on this walk in my favourite part of our state.

**MONDAY 19<sup>th</sup> SEPTEMBER  
MONTHLY MEETING**

**Time:** 7.30pm – Doors open & meeting starts soon after.  
**Where:** St Michael's Parish Hall,  
250 Banks St, Dorrington (in the lower carpark behind the church.  
Drive down the ramp at the left.)  
**Web:** <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

**WEDNESDAY 28<sup>th</sup> SEPTEMBER  
DINNER & COFFEE NIGHT  
SOCIAL**

**Leader:** Graham Glasse 3371 9623.  
**Meet at:** Majo's, 695 Brunswick St,  
New Farm.  
**Time:** 6.00 pm for dinner or  
7.30pm for coffee.  
**Cost:** Your choice – visit their website for their menu.  
**Web:** <http://majos.com.au/>

We visited this restaurant last year and found it delightful. So we are off again. Majo's offers casual Italian dining and has an extensive pizza menu. Check out their website.

Join me for either a meal and a chat or just a coffee and a chat.





**FRIDAY TO TUESDAY  
30<sup>th</sup> SEPTEMBER TO 4<sup>th</sup> OCTOBER  
BLUE MOUNTAINS  
BASE CAMP**

**Leader:** Phil Murray 5522 9702 or  
0416 650160.

**Accom:** Blackheath Tourist Park cabins.

The trip is full but there is a waiting list if anyone pulls out. We are flying down early Friday and catching the train to Blackheath. We are staying at a Caravan Park at Blackheath. For future information the actual walks we plan on doing are as follows.

Fri am Fly to Sydney –  
train ride to Blackheath.  
Pope's Glen to Govett's Lookout - 8 km  
Sat Wentworth Falls via Charles Darwin Walk  
National Pass Walk # - 13 km  
Sun Katoomba & Three Sisters - down Giant  
Stairway, along the Federal Pass Walk & Back  
via Scenic Railway - 9 km  
(we will also have rides on the Scenic  
Cableway & Scenic Skyway.  
Mon Evans Lookout & Grand Canyon - 12 km  
Or the Rodriguez Pass walk – 11 km  
Tues Train back to Sydney  
Fly back to Brisbane

*# the bushwalking magazine called Outdoor in the July/August 2016 issue has a nice 4 page article about the National Pass walk – see pages 22 to 26.*

The walks we do are of course subject to weather but the number one priority is to do the National Pass Walk at Wentworth Falls.

**SATURDAY 22<sup>nd</sup> OCTOBER  
SHIPSTERN CIRCUIT  
DAY WALK**

**Leader:** Phil Murray 5522 9702 or  
0416 650160.

**Meet at:** St Brigid's Car Park,  
78 Musgrave Rd, Red Hill.

**Time:** 6.30am.

**Cost:** \$20 (car pool), \$2 (private).

**Grading:** XL35.

**Distance:** 22.5kms.

**Emerg Off:** Sue Murray 5522 9702.

This walk has been put on specifically to assist members improve (or test) their fitness prior to the long distance multi day walks coming up in November. These trips are the Victorian Alps walk to Mt Clear & the Bluff Circuit and the Aussie Camino walk in western Victoria across to the south east corner of South Australia.

The Shipstern walk is a lovely graded track walk but you do have a fair bit of uphill walking

late in the day. The walk is mainly through rainforest but also through a few dry eucalyptus areas with wildflowers. There are some lovely view spots along the way.

The circuit walk is 18.37 km according to Tom Lackner's book Discovering Binna Burra on Foot, Published 2000. We will be doing the full circuit starting at the Binna Burra café and will head south out along the Border track and do the circuit in a counter-clockwise direction.

To get maximum distance for the day I plan to do all the side trips to Upper Ballanjui Falls (2.54 km return), Charraboomba Rock (660 m return) and Lower Ballunjui Falls (1.1 m return). A total of 22.5 km which is actually less than the average daily distance on the Aussie Camino.

As it is a trip to build fitness (or test fitness) we will be doing the walk at a brisk pace. (You may be asking what is a brisk pace? Well I would suggest a standard walking pace on a track walk is about 3 km per hour and a brisk walking pace on a track is close to 4 km per hour, but of course I am sure that there are other opinions held by walkers).

It is a great walk with great views and lots of wildflowers. Bring the usual day walk stuff plus at least 3 litres of water as it will probably be very warm. We will still have a first & second morning tea (7 minutes each) and a lunch stop 30 mins. I would like to start walking before 8.30 am and hopefully finish before 4.30 pm.

**WEDNESDAY TO FRIDAY  
2<sup>nd</sup> TO 11<sup>th</sup> NOVEMBER  
AUSSIE CAMINO  
MOVING BASE CAMP**

**Leader:** Russ Nelson 3374 3534 or  
0427 743534.

**Meet at:** Melbourne Airport.

**Time:** 10.30am.

**Cost:** \$400 approximately.

**Grading:** XL24+.

**Web:** <http://www.aussiecamino.org/>

**Bookings for this exciting walk are closing soon.** See the report at the end of this Jilalan.

**PRESIDENT'S REPORT**

**Meetings Etiquette and Club  
Communication Channels**

At the last Committee Meeting, we had a discussion about the need for clarification of (i) appropriate meeting-etiquette – both for

speakers and listeners – at our monthly meetings and (ii) appropriate channels of communication for members to deal with various issues that arise in the club throughout the year. Here are some thoughts we wanted to share with all members, for the sake of making our meetings even more pleasant and efficient and ensuring even smoother running of the club in general.

### **(i) Meeting Etiquette**

Suggested guidelines for those speaking at our Monthly Meeting (and I know this includes shy people who don't like to talk in public; hopefully these few tips about planning and delivering your talk will help get rid of those butterflies you feel):

- When called on to give your report on a club event (e.g. on a past or coming outing or social), it's best to stand up and step forward – slightly to one side, if you wish - so that the whole audience can see and hear you better.
- Speak clearly – and not too fast or too slowly. Volume needs to be just sufficient to make sure you're heard from the back row, which isn't very far back! If you can, avoid lots of ums or ahs, or a long period of silence, or just rambling on and on without stopping for breath.
- Try to maintain eye-contact with the audience, while also referring occasionally to some notes you've prepared in advance. These might just be mental notes (a list in your head) or brief written notes (dot-points on a small piece of paper). Either way, some advance planning of the points you're going to make will help you stick to the topic – and to a reasonable time limit!
- When preparing your points in advance, try to think about which aspects of the event would be most interesting for the audience to hear. You have to be selective and include just the right amount of detail to keep your listeners interested. If a talk is too brief, it won't really give the rest of us a good idea of how your event went. (Your talk is meant not only to pass on information, but to make listeners believe they want to go on it next time we put this event on the calendar, or to go on the next event you lead.) On the other hand, if a talk is too long and rambling, the audience will lose interest.

Try to give a good overview of the event (and its highlights/special features) without going into the minute details of things like the departure from Brisbane, what cars were used, how the drive up went or what stops were made on the way. Best to start with the walk itself – or the high point of the social or whatever. If you're talking about a Past Outing, for example, it's probably best to start your talk from the moment the boots hit the ground and the walking commenced. Tell about the highlights, the state of the track, the weather conditions, the best lookouts and views, any interesting vegetation or animals encountered. Did anything humorous happen? Anything outstanding?

### A special note re: meeting prep for Leaders of events

If you are the Leader of a Past Outing or Social and cannot make it to the meeting, ring someone who was at your event and ask them to speak. Nothing is worse for a speaker than to be told at the meeting they have to give a talk about an event they did not organise. They might have been on it, but were not in a frame of mind to remember events in order to give a talk. They can do their best to recall the trip chronologically from start to finish and say it as it happened, but a spur-of-the-moment talk like this is never going to be as good as one that has been given some thought in advance, with specific interesting points prepared, as suggested above.

Likewise with Coming Outings and Socials, the Leader should always prepare something to be reported at the meeting (e.g. a few lines to be read out by someone else – or dot-points for someone to speak to, if they have some prior knowledge of the event), rather than having someone put on the spot to speak about an event because there's no-one else there to do it.

### Suggested etiquette for those listening to talks at our Monthly Meeting

The audience needs to respect those talking and stay quiet. Whether you are listening to the "talking heads" at the front table or those standing up giving a Comings, Past or General Business talk, give them a fair go. They have the courage to give a talk in front of a crowd, so the rest of us should stay quiet and listen - no cross chatter, no making comments or little jokes, no whispering to the person next to you. No adding to the commentary. The rule is: one person talks, all the rest listen. If you have a

valuable comment to make, keep it to yourself until the speaker finishes and then ask the chair if you can speak.

Sometimes we have a discussion on an issue and we want this to be conducted in a civilised way. The formal meeting rules say that when a debate is on, people (ie each and every person) can state their view once and later have a right of reply. This means that only one person is speaking at a time, without interruption or background comment. Be fair to everyone – no sniping, no backhanded comments, just listening respectfully to everyone else's views.

### **(ii) Communication channels in the Club**

Speaking of the views of individuals, if you have an idea or opinion on how something should be run in our Club, see the Committee Member responsible to express your views and ask that it go to Committee if necessary. You could always send a written message to the Club's email to make your opinion known; this way it will be forwarded to everyone on Committee. Or you can send a letter to the Club's PO Box or raise it in General Business at a meeting. Try not to complain amongst yourselves; this does not get matters resolved. It only causes friction and unhappy people. Also, it's best not to pass messages through others – go to the person responsible and say it to them. Rumours, hearsay and second-hand messages only ruin clubs. Let's have good open honest communication all round – and hopefully lots of happy members!

## **VICE-PRESIDENT'S REPORT**

### **Club Retreat - Date Claimer: Sat 15<sup>th</sup> October**

The venue has now been chosen: Brookfield Centre for Christian Spirituality at Kenmore Hills - with beautiful grounds to explore during personal reflection time. The facilitator has been booked: Dr Caroline Thompson, Director of Spiritual Formation, Mercy Partners – an experienced retreat facilitator and someone I've seen in action myself. I think she'll be an excellent guide for the day, especially as our chosen theme is a special passion of hers, Eco-spirituality. The focus for the day will be developing our individual and collective spirituality and our relationship with Creation, something that will surely appeal to people who love spending time in the great outdoors.

**All we need now is participants! Please write Sat 15<sup>th</sup> October (10-3) in your diary now and plan to be there (Brookfield).** The official article and call for nominations will be in the next *Jilalan*, but I'm happy to take any informal emailed expressions of interest in the meantime, as it will be helpful to Caroline to have some advance idea of numbers, since she is doing all her prep before going overseas on a retreat/pilgrimage of her own in September. In preparation there will be a little **sneak-preview of Eco-Spirituality**, based on the Pope's *Laudate si* document, at the **August Monthly Meeting**, so please keep that date in mind, too.

*NB Thanks to a Club subsidy approved at the last Committee Meeting, the cost has been kept down to \$20 a head for the day (10am – 3pm), but I don't want cost to be a deterrent for anyone, so please come along, even if you can only afford a lesser amount on the day. Tea and coffee will be provided free, but you'll need to bring your own lunch – or maybe sharable items. (Details of that later – in the next Jilalan. Watch this space!)*

## **TREASURER'S REPORT**

I hope to draw our next raffle at the August meeting. The first prize is a small 5W LED Trekking Torch with batteries and pouch and the second prize is a small first aid kit with 88 pieces. Tickets are still a dollar each. Terry.

## **ABOUT PEOPLE**

Marian Arthur, John Carter, Sherryn Johns, Liz Little, Iain Renton and Andrea Turner are celebrating their birthdays in August. Greg and Michele Endicott have just returned from their European holiday. Michael Simpson and Karen Franklin have just returned from their outback adventure. Lawrence and Thea Kearney recently returned from a four wheel drive trip to the Cape. Ray Rowe has just returned from a trip to South Australia. Congratulations to Sherryn Johns on her upcoming wedding to Daniel. Welcome to our latest new member, Peter Nally, Theres's husband. The Club extends its sympathy to past member, Mary McInnes (nee Blyth) on the recent death of her father.

## **OUTINGS STATISTICS**

Date	Trip	Leader	Type	No
July 2	Wilsons Peak	Russ	DW	10
July 9/10	Club Hut Working Bee	Iain	BC	3
July 9	Club Hut Working Bee	Iain	DW	2
July 13	Pat & Luke's Bluff	Phil	DW	3
July 16	Shepherd's Walk	Terry	DW	8



## **SOCIAL SECRETARY'S REPORT**

This month's movie was *Goldstone*, a slightly quirky Australian production that most of us enjoyed, even though we were a bit baffled by some of the scenes towards the end. Thanks to Terry for organizing the event. JTS at the *Theodore Club* ended up at the *Riverside Coffee Club*, an old favourite, after old faithful *Theodore Club* was found to be closed down – a sad, but not surprising, happening. We were sorry that Phil had to miss it after organising it, especially when the soccer match was forfeited by the other team. It was the tenth anniversary of JTS and we made sure we toasted everyone who could possibly have contributed to its existence. *Christmas in July* was very well attended and seemed to be enjoyed. How could anyone not enjoy German sausage, apple strudel and gluhwein? Michael organized the monthly coffee night, this time at the popular *Café Conti* at Wilston. It was good to use the occasion to welcome Lucy home after her year in France. The usual social events will occur in August, so keep an eye out for the details. Don't forget the upcoming *Big O Birthday Bash* in September. Liz.

## **Possible Changes To How Our Annual Subscriptions Are Calculated**

In the June *Jilalan*, Justin suggested a way for us to calculate the annual subscription rate. Committee looked at this, which gave us food for thought. We had a discussion about the method as published and have decided to see what other members think about how the subs could be calculated. Change is in the wind, with Justin's suggestions in mind, plus what else is suggested.

At the next few Committee Meetings we will have further discussions on this topic, blending all ideas into a simplified subs structure. Put your idea in writing, hand it to a Committee Member and be part of the process. Greg.



## **2017 PILGRIMAGE** **FRIDAY TO SUNDAY** **8th TO 10th SEPTEMBER** **KILLARNEY SHOWGROUNDS**

YHA Bushwalkers are organising next year's Bushwalkers Pilgrimage. Our Club is helping with the organising. We are to help out with the Meet & Greet on the Friday afternoon/evening, with the Bush Dance, and more importantly take responsibility for 6 walks – decide on what walks, appoint leaders, do the pre-outings, lead the walk on the day itself with 3 or 4 Club members coming along.

Killarney is a good area and one not overused by previous Pilgrimages. It is on the south eastern end of The Downs; with Queen Mary Falls, Acacia Plateau, Wilson's Peak, Mt Superbus, Lizard Point, Condamine Gorge, Emu Creek, Boonoo Boonoo and much more within reach.

So, planning has to start almost immediately – come forward and offer your services so our tasks will be easier.

## **AROUND THE RIDGES**

### **Spring Flower Show & Native Plants Market**

Date: Saturday 17 & Sunday 18  
September 2016.

Duration: 9 am to 3 pm.

Venue: the Auditorium,  
Mt Coot-tha Botanic Gardens.

Native Plants Queensland (formerly called Society for Growing Australian Plants Queensland region) have an annual flower show at Mt Coot-tha gardens. It is a fantastic display of Native Plants suitable for Small Gardens.

Plus, they have a plant sale of Australian native plants with a huge range suitable for every garden situation,

Prices are very low and plants are available from tubes to mature plants. You will find plants that will never be on sale in commercial nurseries.



## **PAST EVENTS**

### **CLUB HUT WORKING BEE**

#### **FRIDAY TO SUNDAY**

#### **8<sup>th</sup> TO 10<sup>th</sup> JULY**

### **BASE CAMP & DAY WALK**

A few days before the working bee I rang Mike Wood. He said that he had almost four litres of good quality green paint that could be used. It was a bit bright but could be tinted to tone it down a bit. I arrived at his place early Friday afternoon, we had lunch and loaded our gear into Cathy's car. We looked at the paint. It seemed to me pretty close to the lime green Holden Toranas used to be in the 70's. A fair bit of red tinter and black paint was added which made it a bit less garish. So we decided to take it down and give it a go. Mike drove down and we walked in arriving at the hut at sunset. We unpacked, cooked and ate tea and spent some time looking at the spectacular spread of stars overhead. Mike had an app on his phone that meant you could hold the phone up and it would show and identify constellations and planets. We could pick out Mars, Jupiter among other things.

The next morning Mike and I got to work washing, scraping and painting trim on the outside of the hut (most of the hut exterior is unpainted aluminium siding). Cathy was giving one half of the inside walls a very thorough wash and clean. Terry Silk and Joe Tottenham arrived having left Brisbane just after six. They set to work clearing weeds and lantana from the hut paddock. Cathy and Joe also wielded paint brushes for a while. Cathy also cleaned and tidied a shelf and the pantry (chucking out some food items with use-by dates from the early 2000's). While doing the preparation for painting we discovered a few spots where timber had been eaten away, which will be repaired next time (none of it major structural stuff). We all enjoyed yakking over morning tea and lunch. Terry and Joe walked out later in the afternoon. After doing a bit more work we got a camp fire going outside and we enjoyed ourselves eating, talking, gazing into the fire and looking at the stars. It was cool enough to appreciate the warmth of the fire but not a really freezing night.

On Sunday morning we discovered that we could have knocked off work a little earlier the previous day as cooling temperatures and increasing humidity meant that some of the

paint hadn't dried and had been washed off by a heavy dew. It wasn't a lot; a bit of gutter roll on the roof and the awning over the hut doors facing the paddock. The heavy dew also meant we had to wait a while before we could start painting again. We ended up painting all the exterior trim on the southern and eastern sides with one or two coats. The doors and window frames were painted inside and outside on the southern side. It had been lovely sunny weather all weekend and a nice comfortable temperature. The verdict on the colour was that it wasn't bad but some of it could be changed to something that blended with the surrounds better. Changing the colour wouldn't be a big issue as most of the work was in the preparation and much of it needed another coat anyway. We will need to do some more painting if all the hut is to be repainted for the anniversary next year. Thanks very much to our willing workers, Mike, Cathy, Joe and Terry. Cheers Iain.

## **MOVIE NIGHT**

### **TUESDAY 12<sup>th</sup> JULY**

### **SOCIAL**

Eight of us made it along to another successful movie night to see the Australian thriller, "Goldstone" which was made out near Winton and Boulia. Personally, I felt that "Goldstone" was not as good as "Mystery Road" which was the previous film on the lead character. The story line of "Goldstone" started slowly and built to an interesting and different climax which had an element of humour.

Four of us made it along to the Coffee Club to take advantage of their two for one meal deal. Also, after the movie, four of us had a debrief and supper in the theatre café.

Thanks to Liz Little (maintaining her perfect record along with yours truly), Andrea Turner, John Hood, Russell and Louise Jones along with Michael and Cath Wood for joining me.

We are still trying to decide what our next movie will be. When a decision is made we will e-mail you. Regards, Terry.





**PAT'S BLUFF  
WEDNESDAY 13<sup>th</sup> JULY  
DAY WALK**

**Weather:** Cold, very grey skies with very high clouds, light winds and no rain.

**Temperature:** 14° felt like 7°.

**Distance:** 8.6 km.

**Attendance:** 3 – Phil Murray, Joe Tottenham and Sue Walsh.

A very modest number (3) on the trip but we still had a great day. A great trip. We started at O'Reilly's at 9.47 am and finished at 2.20 pm. From the O'Reilly's carpark we walked down the new Centenary Track to the junction of the Moran's Falls Track. Then out along the Python Rock track. There is a magic grove of rainforest here with massive buttress roots.



**Buttress on Rainforest Tree Near the Seat On the Python Rock Walk**

We visited Python Rock Lookout and Pat's Bluff. At Pat's Bluff there is a feast for the eye with the beautiful panorama of the Scenic Rim spread out clear as a bell under the dark grey skies. We then zipped down into the gully and marveled at the great view of the enormous cliffline of Pat's Bluff from the top of Bridal Veil

Falls. (See the photo of Joe on top of the Clifflines).

Then up the hill and across to Luke's Bluff. We met the O'Reilly's tour group (only 3) at Luke's Bluff and had a great chat with the young and beautiful tour guide who was originally from Scotland and she had previously worked as a guide in the Falkland Islands and Greenland.

I would like to go back to Pat's Bluff again next year in mid-winter and include the Wishing Tree track and Moran's Falls as part of the walk.

It was lovely and cold and we kept our jackets on all day to keep warm. We didn't need beanies and gloves but the weather was bracing all day.



**Joe Tottenham On the Cliff Edge at Pat's Bluff  
Photo Taken From Top of Bridal Veil Falls**

It is one of the best bushwalks in south east Queensland and I can't wait to go back as there are so many great features to this walk. Great views, great rainforest, lovely waterfalls, amazing clifftops. One of my top 5 walks. Phil.





**RIVERSIDE COFFEE CLUB  
FRIDAY 15<sup>th</sup> JULY  
JOHN TOOHEY SOCIETY**

This gathering was meant to be at the Theodore Club, a favourite venue. Those of us who were first to arrive quickly worked out that the club had closed down. We made the executive decision to move to the Riverside Coffee Club and took steps to let others know. We believe that everyone found us!

The Riverside Coffee Club is also an old faithful JTS venue. The food is always good and the drinks are priced very reasonably. We had a lovely waiter and a spot protected from the weather, so all was good.

It was the 10<sup>th</sup> anniversary of the JTS so a few people had to be recognized and toasts proposed. Unfortunately, Phil had a soccer commitment and couldn't be there for the celebrations. Even worse, the other team forfeited the soccer game, but too late for a dash to Riverside. Technology allowed us to keep in touch and keep Phil up to date with the toasts!

In attendance were Graham, John H, Kylie, Mike, Cath, Jan, Greg and Michele.

Vale Theodore Club! Liz.

**SHEPHERD'S WALK  
SATURDAY 16<sup>th</sup> JULY  
DAY WALK**

Wow, it did not rain!! (At least not on the walk even though it was heavily overcast.) Sadly, as usual, the lead up to the walk saw six cancellations as the weather forecast was not good. Our group of eight left Red Hill on time with a light sprinkle of rain falling. After an uneventful trip down to Beaudesert we arrived to find the numbers were well down. We did see three hot air balloons as we neared Beaudesert. This year just over sixty people did the walk.

Eventually, we boarded our two busses for the trip up the Christmas Creek valley to the monument commemorating the aboriginal attack on the Chinese shepherds circa 1852. Here, Joy Drescher read a poem which she had written about the incident as well as giving us some more information on its history. We then reboarded the busses to travel back down the valley to the farm from which the walk was to commence. Considering how much rain the

area has had, the going was dry and not too overgrown. In a few places we took a slightly different route than previous years. The recent heavy rain has washed a lot of the loose soil away, resulting in the going being less slippery. This year the wattle was not in bloom. Sadly, the three kangaroos which I have seen for the last two years were found dead during this year's walk.

During the walk, one walker started pulling out the pest fire weed plants and by the end of the walk there about eight of us doing this until halfway down the last paddock where the plants were too numerous and besides the sausages were calling. The water level at the Albert River crossing was lower than I expected, but the rocks under the water were the slipperiest that I have encountered.

Unfortunately, the heavy cloud restricted the views during the walk. Also, it meant that it was not as cold as usual. With the threat of rain, we set a cracking pace cutting out one of the rest and regroup stops as well as shortening the others. Consequently, we saved an hour which was fortunate as the rain was starting to fall as we boarded the buses to return to Beaudesert after another delicious sausage sizzle lunch with only two types of damper this year (plain and pumpkin), along with a supply of home-made cakes and biscuits which were not hidden this year. All this was washed down with tea, coffee and cordial. As usual there was plenty of food which we managed to do justice to. During lunch, Joy read another of her own poems. Before we left, The Historical Society raffle which had fifteen prizes was drawn. Robin Thorn managed to win a prize.

Once again the Historical Society did an excellent job of running the event. This year there were two people from BOSQ, six from YHA, eight from Logan and Beaudesert plus a couple from the Gold Coast Club. As usual it was great catching up with the locals, as well as people from other bushwalking clubs along with private individual walkers.

Thanks to Liz Little, Gerry Burges, Maria Stalker, Robin Thorn, Pat Lawton, John Hood and Joe Tottenham for joining me on one of my favourite walks. As not every club member has done this walk, I will coordinate it again next year on the third Saturday in July which will be the thirty-first anniversary of the walk. As usual we all had a good time and I look forward to

having a heap of you join me next year to experience why we keep doing this walk. Terry.

**CHRISTMAS IN JULY  
SUNDAY 24<sup>th</sup> JULY  
SOCIAL**

Luckily, the burst of summer heat in the preceding days eased in time for Christmas in July. The temperature dropped and we were able to enjoy the warmth of three fires. Thanks to Russ, Mike and Phil for supplying and managing the braziers. The evening began with hot gluhwein and salty pretzels. (Thanks to Aldi for having the one-off sale of real German pretzels that week!!) Thanks to John H for taking charge of the barbeque and cooking the Bratwurst to perfection. After main course we gathered together for Christmas Carols, ably led by Kylie, assisted by Peggy. Many thanks, ladies, for sharing your talent with us. The evening concluded with hot apple strudel and creamy custard. Many, many thanks to Cath, champion washer-upper, and her band of merry wiper-uppers. Thanks also to Priya for dismantling the tinsel etc. Thanks to all who came along with their coats and scarves, their Santa and reindeer hats, their singing voices and their wonderful spirits. In addition to those mentions, present were Gerry, Maria, Sue M, Paddy, Barry, Terry, Michele, Greg, Jan, Graham, Rusty and Louise. Lots of positive feedback has been received!!

Never underestimate the power of gluhwein, enjoyed immensely by our resident non-drinker. I refuse to accept responsibility for the corruption of the innocent!!

Here is the recipe for those who requested it:

- 750 ml red wine
  - 150 g castor sugar
  - ½ cup orange juice
  - Peel of one lemon (I grated it)
  - Peel of one orange (I grated it)
  - 1 star anise
  - 1 cinnamon stick
  - 5 cloves
  - 1 teasp fresh nutmeg
  - Pinch of ginger
1. Place all ingredients, except the wine, into a large saucepan and place on medium heat. Add just a small glug of red wine to the pan to ensure the sugar is covered and let it cook for 4-5 minutes until it becomes thick and sticky. This should let all the spices infuse well.
  2. Once the mixture has become sticky enough, add the rest of the wine and turn down the heat. You don't want the wine to boil otherwise all the alcohol will evaporate!!! Let cook for 5 minutes.

Liz

**COFFEE NIGHT AND DINNER  
WEDNESDAY 27<sup>th</sup> JULY  
SOCIAL**

A large group gathered at this popular location on a mild winter's night. Past trips to Europe, coming trips to America, past walks and the coming Barney Mass were all discussed. A fabulous night. I'm almost sorry I'm away for 2 months.

Thanks to Karen, Graham, Josh, Liz, Kylie, Greg, Michele & Lucy, Russ & Jan, Pat, Trevor and Terry for joining me. Michael.

**WEDNESDAY TO FRIDAY  
2<sup>nd</sup> TO 11<sup>th</sup> NOVEMBER 2016 (Standard Trip)**

**SATURDAY TO FRIDAY  
5<sup>th</sup> TO 11<sup>th</sup> NOVEMBER 2016 (Shorter Trip)**

**AUSSIE CAMINO – MOVING BASECAMP  
BOOKINGS CLOSING SOON**

**Leader:** Russ Nelson 3374 3534 or 0427 743 534  
**Trip Advisor:** Peggy Roe 3863 1464 – Peggy completed the Aussie Camino in December 2014 and so can give a personal insight. Peggy will be providing a presentation on the Aussie Camino at the May 2016 meeting.  
**Meet at:** Melbourne Airport (Tullamarine) on Wednesday, 2 November 2016 – exact location to be advised later.  
**Time:** 10.30am Eastern Australian Summer Time (If you fly from Brisbane

- that morning you need to catch a flight around 7.00am which has a scheduled arrival time before 10.30am.)
- Timing:** Timing is an attempt to avoid the heat of summer and the cold winds and rain of winter. Also the standard trip backs onto the Victorian Alps trip lead by Phil Murray.
- Cost:** Airfare (approx. \$400) + Accommodation in modest hotels (no en-suite rooms) for 9 nights (allow 9 x \$70 = \$630 – single room occupancy) + food + share in cost of hire vehicle (approx. \$300 each) = \$2,000  
The cost can be reduced by sharing a room. Secondly, the vehicle cost is based on 7 people hiring a Hyundai *imax* (These are 8 seaters and can cope with 7 walkers plus luggage). Other vehicle will be explored.
- Bookings:** Bookings are now being accepted with a \$50 deposit. Please indicate whether you are going on the Standard Trip or Shorter Trip. Full payment of estimated vehicle hire costs will be expected by mid-October 2016. Other costs will be paid for as they are incurred.
- Travellers:** There are 3 options available -  
Walker only  
Walker / Driver – These persons are comfortable driving a Hyundai *imax* and no walk on 1 or 2 days because of driving duties. (However non-walking days will be avoided if about 14 people take part in the Camino because this will allow a car shuffle.)  
Driver only – This is for someone who wants to see the area but does not want to walk. Drivers with drivers licences for mini buses / bus (LR, MR drivers licences or higher are especially invited). Non-walkers who are not drivers and therefore passengers may be able to join us but bookings will not be accepted until August 2016.
- Grading:** EL24+ (Note – 7 or 8 hours of walking per day can be expected.)
- Luggage:** 15 kgs plus a modest daypack. The spirit of the Camino is simplicity and therefore a modest amount of luggage means less to worry about plus ensures there is room to carry it in the vehicle.
- Web:** <http://www.aussiecamino.org/>  
Timetable for standard and shorter trips were published in the May Jilalan.



## **HOW WE ORGANISE OURSELVES**

### **OUTINGS**

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

**VISITORS** – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

**VISITORS** are always welcome.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

**<http://www.bcbc.bwq.org.au/EmergOffSyst.html>**

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

**MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10; Country: \$30.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is a \$10 discount for Ordinary and Associate Members who elect to receive an electronic Jilalan only. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

## CONTACTS

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Archdioceses Web Site	<a href="http://bne.catholic.net.au/asp/index.asp">http://bne.catholic.net.au/asp/index.asp</a>	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Mt Barney (photograph by M Simpson)

## EDITOR'S NOTE

# As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

# The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

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# I need your articles on time – it makes it hard to still get articles when I should be formatting.

# Articles from this publication may be reproduced provided the source is acknowledged.

# Look at last month's Jilalan and copy that format – especially the "headings" in Comings

# Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

# Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

### Triple Zero Awareness Work Group (TZAAG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAAG launched a free smartphone app: Emergency\*. TZAAG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not

know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAAG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

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