

Fraser Island – Thursday to Tuesday 16<sup>th</sup> to 21<sup>st</sup> June

# Monthly Magazine Of The BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957 Incorporated 1991 Under The Guidance of Our Lady of the Way

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**ISSUE N°549** 



Date	Event	Leader	Phone	Туре	Grade
15	JTS – Jimmy's on the Mall	Phil	5522 9702	Soc	
16 17	Glen Rock Kate Quinlan Society	lain Greg	3870 8082 3351 4092	DW Soc	M57
18	BCBC Meeting	Greg	3351 4092	Meet	
24	Mt Coot-tha Skyline	Russ	3374 3534	DW	M33
27 29/2	Coffee Night – Café 63 New Farm Celtic Festival Glen Innes	Michael Cath	0409 620714 0428 755100	Soc Soc	
29/1	Spicer's Gap	Justin	3366 3193	BC	
30	Spicer's Peak & Mt Mitchell Traverse	Justin	3366 3193	DW	L66
30 May 1	Mt Mathieson Trail Mt Alford	Trevor Justin	0404 897850 3366 3193	DW DW	M44 M33
3	Movie Night	Terry	3355 9765	Soc	10155
5	Golden Beach to Dicky Beach	Phil	5522 9702	DW <sup>t</sup>	M11
7	Hamilton Heritage Walk	Maxine	3409 4001	DW	
14/15	Abseil/Vertical Rescue Training	FMR	2266 1056	Trg	NAA
14	Alpaca Farm	Pat	3366 1956	DW	M44
15	A Sail & A Sizzle	Liz	3356 4874	Soc	
16	BCBC Meeting	Greg	3351 4092	Meet	
20	JTS – The Plough Inn	Phil	5522 9702	Soc	
20	Sweet Charity Musical	Cath	3398 1465	Soc	
21	Our Lady Of The Way Mass	Justin	3366 3193	Rel	
25	Coffee Night – Vagelis	Michael	0409 620714	Soc	
29	Newstead to West End	Phil	5522 9702	Bike	
Jun 2	Mt Maroon	Phil	5522 9702	DW <sup>t</sup>	M56
5	City Hall Heritage Tour	Liz	3356 4874	Soc	
10/12	Fraser Island	Michael	0409 620714	BC	Var
11	Tim Apelt Park Opening Ceremony	Justin	3366 3193	DW	S22
12	Nudgee Wetlands	Justin	3366 3193	DW	L33
16/21	Fraser Island	Justin	3366 3193	BC	
17	JTS – Pig'n'Whistle	Phil	5522 9702	Soc	
19	Mt Edwards	Terry	3366 9765	DW	S33
20	BCBC Meeting	Greg	3351 4092	Meet	
22	Coffee Night	Michael	0409 620714	Soc	
26	Mt Maroon	Jonas	3288 3820	DW	
Jul 2	Wilson's Peak Circuit	Russ	33743534	DW	
9/10	Club Hut Working Bee	lain	3870 8082	BC	
14	Pat & Luke's Bluff	Phil	5522 9702	DW <sup>t</sup>	
15	JTS – The Theodore Club	Phil	5522 9702	Soc	
16	Shepherd's Walk	Terry	3355 9765	DW	
18	BCBC Meeting	Greg	3351 4092	Meet	
24	Christmas in July (German Style)	Liz	3356 4874	Soc	
24		Michael	0409 620714		
	Coffee Night – Coffee Club The Gap	Michael	0409 020714	Soc	
29/31	Pilgrimage	Dhil	5500 0700	BC DW <sup>t</sup>	
Aug 4	Mt Mee Wildflower Walk	Phil	5522 9702		
6	Extraordinary Jubilee of Mercy	Russ	33743534	DW	
7	ТВА	Liz	3356 4874	Soc	
9/10	Barney Mass	Greg	3351 4092	BC	
10	Barney Mass	Greg	3351 4092	DW	
13	Mt Hennessey	DL		DW	
14	Mitchelton to Sandgate	Phil	5522 9702	Bike	
15	BCBC Meeting	Greg	3351 4092	Meet	
19	JTS – Bitter Suite	Phil	5522 9702	Soc	
21	Bells Creek to Currumundi Creek	Liz	3356 4874	DW	
24	Coffee Night –	Michael	0409 620714	Soc	
27	Club Hut Working Bee	lain	3870 8082	DW	
28	Sub-Vertical Training The Calendar is subject to o	FMR		Trg	

The Calendar is subject to change without notice WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types	
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DW	Day Walk	1⁄2 <b>DW</b>	Half Day Walk
ON	Over Nighter	BC	Base Camp
TW	Through Walk	CW	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

### **KEY – Walk Gradings**

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10- 15km per day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20	5 - Rough or rocky terrain with small	5 - Moderate - Up to 6 hours walking. Up to
km per day	climbs using hands or rock hopping	450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long	7 - Climb/descend steep rock using hands	7 - High - Up to 8 hours walking. Up to
Over 20 km	or footholds. May be some exposure.	750m gain/loss per day. High fitness.
per day	Good upper body strength	Endurance and agility required
	8 - Climb/descend near vertical rock with	8 - High - Up to 8 hours walking. Up to
	exposure. Climbing skills may be required	1000m gain/loss per day. High fitness.
		Endurance and agility required
	9 - Sustained climbing or descending of	
	vertical or near vertical rock with	Over 1000m gain/loss per day. Very high
	exposure. Advanced climbing skills required. Good upper body strength	fitness. Endurance and agility required

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

# **PRAYER OF THE MONTH**

Loving God, in the course of my days,

Help me to pause amidst the hustle and bustle of life:

To wonder at the beauty of the setting sun;

To feel the wind in my hair,

And the raindrops on my face;

To hear the song of the birds;

To marvel at the formation of the clouds in the sky above me;

To gaze into the night

And behold the majesty of the starlit sky;

To embrace the beauty of a tree and fascination of falling leaves;

To acquaint myself with the occurrences of the moment!

(AHS Staff Prayer Dec 2007).

# **COMING EVENTS**

**TRIPS** leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

The "Leaders Guide" is on the web at: http://www.bcbc.bwg.org.au/LeadersGuideV <u>5-02-06.html</u>

Leaders: Print your own Event Nomination Form from the Club's web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

# LEADERS

If you make changes to your walk, such as date, where, cancel it – please tell Michael Simpson Ph: 0409 620714.

### SATURDAY TO SUNDAY 14<sup>th</sup> TO 15<sup>th</sup> MAY 2016 ABSEIL/VERTICAL RESCUE TRAINING SAFETY TRAINING

Contact: Frank at <u>fmrqld@gmail.com</u>. Meet at: Murphy's Creek Escape. Time: TBA. Cost: \$50. Web: <u>http://fmrqld.bwq.org.au/cms-assets/documents/235870-299072.fmr-training-2016.pdf</u>

Aimed at those looking toward comprehensive vertical rescue training (thus serving as a familiarisation), or those wanting to refresh their knowledge of vertical rescue.

Participants are expected to have competencies of basic abseil training, including being able to tie knots such as:

- Alpine butterfly
- Clove hitch
- Klemheist
- Figure eight on a bight
- Rethreaded figure of eight
- Double fisherman
- Munter hitch
- Prusik
- Autoblock

Topics:

- Basics and understanding systems of abseiling.
- Cliff safety.
- Top belay methods for dealing with a group of novices.
- Solo abseiling.
- Retrieval systems for double rope and single rope rappels.
- Rescue, self rescue.
- High directionals and edge protection.

# SATURDAY 14<sup>th</sup> MAY ALPACA FARM DAY WALK

Leader:	Pat Lawton 3366 1956.
Meet at:	St Brigid's Car Park,
	78 Musgrave Rd, Red Hill.
Time:	7.00am.
Cost:	\$20 (car pool), \$2 (private).
Grading:	M44.
Location:	On the road to O'Reilly's.
Emerg Off:	Greg Endicott 3351 4092.

It is a few years since this walk has been done. Fortunately I have been given permission by the property owner to access his land and walk in this beautiful part of the world.

The walk will start at the Alpaca Farm on the road to O'Reilly's. After saying hello to the alpacas we will make our way down through farmlands to a delightful spot on Canungra Creek for morning tea. It is a long way down but it is not steep. There is a lovely swimming pool on the creek, however at this time of year it might not attract too many takers.

Unfortunately, we have to retrace our steps uphill to our lunch spot on some cliff bluffs overlooking the Canungra Valley. The views from the lunch spot will compensate for the climb up. After lunch we will make our way up Kamarun Lookout – once again great views.

The Alpaca Farm has a café but it closes at 3 p.m. so we will probably go to Beaudesert for coffee etc.

Come along and join me on this great walk and you can be assured of a lovely day.

### SUNDAY 15<sup>th</sup> MAY A SAIL AND A SIZZLE SOCIAL

Leader:	Liz Little 3356 4874 or
	lizlittle@bigpond.com.
Nominate by:	Wednesday 11th May
Meet at:	West End Ferry Terminal,
	Hoogley St.
Time:	3.30pm.
Cost:	\$3.93 for sail (adult GoCard)
	+ \$6 for sizzle; BYO drinks
	and chair.
Web-https://www.google.com.au/maps/@-	

Web:<u>https://www.google.com.au/maps/@-</u> 27.4846959,152.9998796,16z?hl=en

Join us for a gentle Sunday afternoon gathering by the river. We will begin with a CityCat ride of about one hour and follow up with a sausage sizzle in Orleigh Park, where street parking is available. I suggest you try to park near the barbeques a few hundred metres downstream from the ferry terminal. Your drinks should stay cold in an esky in your car while we sail. There is a shelter shed in the park should the weather not be all we hope for. Be sure to bring a chair.

#### Nominations are essential for catering.

I will be looking for a couple of people who will be willing to forgo the CityCat ride to get the sausages sizzling for us.

# MONDAY 16<sup>th</sup> MAY MONTHLY MEETING

- Time: 7.30pm Doors open & meeting starts soon after.
- Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Web: http://www.bcbc.bwq.org.au/page4.html

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Also at this meeting we have a speaker, Peggy Roe, who will address her on her experience on the Aussie Camino.

#### http://www.aussiecamino.org/wordpress/

Aussie Camino is a pilgrimage route running from Portland in Victoria to Penola in South Australia, inspired by the life and journeys of Australia's Saint Mary of the Cross MacKillop and her mentor Fr Julian Tenison Woods. Based on the traditions of the Camino de Santiago de Compostela, pilgrims receive passports, scallop shells and stay in the local towns along the way. Peggy, who completed the Aussie Camino in 2014, will talk of her experience of pilgrimage.

Each day the pilgrims stay in the local hotel of each town and begin the day with a lively 'Buen camino!' in the high street of each town. Every day includes six to eight hours of walking - an average of 30 kilometres. Each day can be long but spectacular, as it is both a spiritual and human experience. Although it traces places Mary MacKillop, visited it also appeals to people who have a sense of awe in creation. The Camino includes walks along cliff tops, beaches, sand dunes, goat trails and farm tracks. Only about 7 kilometres of the whole Camino is on major highways.

The peace and solitude combined with the steady rhythm of the feet and walking poles, provides many moments of reflection. In this busy life one does not often get a chance to really talk with one another, but on the road there is plenty of time to reveal very personal experiences.

Come and hear Peggy's story of her Aussie Camino pilgrimage.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk. Nominate for a walk. Nominate to lead an outing.

Stay for supper. Bring those recent bushwalking snaps.

# FRIDAY 20<sup>th</sup> MAY THE PLOUGH INN JOHN TOOHEY SOCIETY

Leader:	Phil Murray 0416 650160.	
Address:	29 Stanley Street Plaza,	
	Stanley Street, South Brisbane.	
Time:	From 4pm till 9ish.	
What For:	A chat, a meal and a beer.	
Web:	http://ploughinn.com.au/	
Emerg Off: Phil Murray 0413 307580.		

The Club has a regular gathering for a social drink and a chat on a Friday once a month on the third Friday of the month.

For the month of May we are going to the Plough inn at Southbank. One of the best parts of the JTS is not the beers but just coming into town, finding these nice venues and finding a group of friends to share time with. So come along and share some time with friends.

Just some background info -

The Plough Inn was built in 1885 to replace the earlier pub of the same name. The picture dates from 1939. It was designed by Alexander Wilson and built by contractor Abraham James for  $\pounds$ 3,300. GHM Addison did a substantial makeover in 1922. Some say Brisbane hit its straps with the advent of Expo '88, those heady days of beer halls and the infamous chicken dance.

The Plough Inn was central to the festivities there too, and indeed had been specially prepared for Expo in the prior year.

After Expo finished and Brisbane got back to work, the Plough Inn was refurbished by architect Bruce Buchanan.

### FRIDAY 20<sup>th</sup> MAY QUEENSLAND CONSERVATORIUM MUSICAL "*SWEET CHARITY*" SOCIAL

Cath Wood 3398 1465 or	
0428 755100.	
Burke St Studios,	
Woolloongabba.	
7.30pm (after the JTS).	
\$11.50.	
Web:http://www.conevents.com.au/sweet-	

We have been to a few of the productions by the Queensland Conservatorium students and they are always a great performance. "Sweet Charity" is this semester's musical and I have a group booking of 10 tickets (less 2 for ourselves) so contact me quickly to reserve yours. The single ticket price is \$33, but we have got them at the group discount price.

The blurb on their website says:

"Step inside the Fandango Ballroom and join the taxi dancers and their customers as they get caught up in Charity Hope Valentine's chaotic search for love. An absolutely classic night of musical theatre with some of Broadway's best-known numbers, including Big Spender, If They Could See Me Now and The Rhythm of Life."

# SATURDAY 21<sup>st</sup> MAY OUR LADY OF THE WAY MASS AND BREAKFAST RELIGIOUS CEREMONY

Leader:	Justin Tobin 3366 3193.
Where:	St Thomas More Church,
	Chapel Street, Petrie Terrace.
Time:	Mass 7:45 am for 8:00 am
	Breakfast 9:00 am.
RSVP:	Monday 16 May.
Web:	http://www.gambaro.com.au/



Our Lady of the Way Mass for 2016 to honour Mary as Our Lady of the Way, the club's Patron Saint. protector and walking companion, will once again be held at St Thomas More Church Chapel St. Petrie Tce. There is a small carpark off Caxton St. Breakfast will be across the road at Gambaro's restaurant. Join us for

Mass and breakfast or just breakfast.

### Our Lady of the Way.

Mother, Mother I am coming Home to Jesus and to thee But my country hills are distant And the lights I cannot see.

Mother, hearken as I pray, Meet me on my homeward way Meet me Lady of the Way Meet me Mother dear today. Often times my skies are clouded I can see no sun, no star. And the road is rough and narrow, And the end seems very far.

Mother meet me on my way, Lest perchance my feet should stray, Meet me Lady of the Way, Meet me mother dear today.

# WEDNESDAY 25<sup>th</sup> MAY DINNER & COFFEE NIGHT SOCIAL

Leader:	Michael Simpson 0409 620714.
Meet at:	Vagelis,
	30 Racecourse Road, Hamilton.
Time:	6.00 for dinner or 7.30pm for
	coffee.
Cost:	Your choice.
Web:	http://www.vagelis.com.au/

The State of Origin apparently clashes with our Coffee Night in May every year. And so we visit a café that is fairly distant from Lang Park. We came here last year and found it to be a delightful venue with good food. So we are going back again. So join me for a meal and coffee or just a coffee.

### SATURDAY 28<sup>th</sup> MAY RIVERSIDE BIKE RIDE NEWSTEAD TO WEST END BIKE RIDE

Leader:	Phil Murray 5522 9702 or
	0416 650160.
Meet at:	Newstead House.
Time:	8.30am.
Cost:	\$2.
Grading:	Easy.
Distance:	Approximately 34kms.

This will be the first bike ride for the year. Please note it is on the Saturday and not the Sunday.

This is a fairly easy ride along the pathways and bikeways beside the river. The plan is to ride from Newstead House to Orleigh Park at West End.

We start at Newstead House below the Eagle sculpture. We then ride along the riverside boardwalk, then through New Farm, along the new pedestrian walkway (that replaced the floating walkway) then past the Gardens, over the Goodwill Bridge, through Southbank and on to Orleigh Park for a late morning tea. I plan to return via the same way. But if people would

prefer to catch the ferry back that option is available.

Approximate distance is about 34 km and I hope to finish before 1 pm. Bring along your bike and bike helmet and usual stuff for a bike ride. We will stop on the Goodwill Bridge for a coffee break.

We did this trip last year in beautiful weather and it was a lovely trip. We finished at the expected time of 1 pm last year. Hope you can come along.

### THURSDAY 2<sup>nd</sup> JUNE MT MAROON DAY WALK

Phil Murray 5522 9702 or 0416 650160.
St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
7.00am.
\$20 (car pool), \$2 (private).
S56.
Between Boonah and
Rathdowney.
Approximately 8kms.
Sue Murray 5522 9702.

A lovely mountain walk in early winter.

We will ascend the usual route up via the north east ridge. Then into the gully to the "summit glen" where there was formerly a camp site. Please note, there is some scrambling involved at the top of the gully. It is a bit steep in places. I suggest you bring gloves and gaiters. From the summit glen we continue south over rock slabs to the south summit - height 966 m (3,169 ft). I also want to visit the northern peak if time permits. The views from the top are worth the effort. Bring a mug for a cup of tea. Maybe a beanie and jacket in case it is cool on top.

There should be some wildflowers out especially the scarlet pea (Bossiaea rupicola) plus several yellow pea flowers.

There are usually great views from the summit. Usually you get views of Mt Lindsay, Mt Ernest and Mt Barney and the main range. As a history note the winning photo for the 2014 photo comp was the view from the summit of Mt Maroon.

Hopefully we have a bright sunny day and I want to determine if you can see Mt Warning from the summit. I presume it can be seen but every time I have previously got to the summit there were too many clouds to the east.

Bring the usual day walk stuff and 2 litres of water.

# SUNDAY 5<sup>th</sup> JUNE CITY HALL HERITAGE TOUR SOCIAL

Leader:	Liz Little 3356 4874 or
	lizlittle@bigpond.com.
Nominate by:	Wednesday 1st June
Meet at:	City Hall Foyer,
	King George Square.
Time:	11.30am (tour commences).
Cost:	Free tour; lunch own cost.

I have booked 12 tickets for a free heritage tour of our City Hall.

From the website:

Built between 1920 and 1930, and recently renovated, the heritage-listed Brisbane City Hall is seen as the heart of Brisbane and has been the backdrop to many cultural, social and civic events.

City Hall is the civic seat of the city and is home to the Lord Mayor and Deputy Mayor. It also plays host to community and corporate events each day. Unlike a heritage home, it is a busy and active working building, so you may find that some of the rooms and features are not open to the public on certain days. Accompanied by a professional guide, these tours provide further access to different parts of the building as possible.

The City Hall Heritage Tour is wheel chair friendly. Photos are allowed to be taken; however, we request you turn your flash off if taking a photo of an artwork. The City Hall Clock Tower is not included in the tour.

Following the one hour tour, we will walk across to South Bank to purchase some take away lunch, which we will eat on the grass beside the river. You are welcome to bring a picnic lunch, but will have to carry it with you. There is a cloak room at City Hall.

Be sure to nominate by Wednesday 1st June, so that I can either request additional tickets or relinquish those we don't need.



### FRIDAY TO SUNDAY 10<sup>th</sup> TO 12<sup>th</sup> JUNE FRASER ISLAND BASE CAMP

Michael Simpson 0409 620714.		
TBA.		
4.00am.		
\$200 approximately.		
L33.		
Fraser Coast.		
Emerg Off: Greg Endicott 3351 4092.		

Unfortunately this walk is now full. However Justin is doing a very similar walk in the same area a week later.

# SATURDAY 11<sup>th</sup> JUNE TIM APELT PARK OPENING DAY STROLL

Leader:	Justin Tobin 3366 3193, Mobile
	on day of walk 0417 710371.
Meet at:	Roma Street Train Station.
Time:	7:00 am for 7:15 am train.
Cost:	\$7.00 (GoCard), \$3.00 (Club).
Grading:	S22.
Emera Off	- Susan Tohin 3366 3193

#### Emerg Off: Susan Tobin 3366 3193.

Tim Apelt, a former club member and committee man, a walking companion and friend who left this world too soon. The Springfield Land Corporation has named a park in his honour and his name to live on where he finished his surveying before illness took over. The walk to the park is from Springfield Central and follows the creek, green space and some streets. This section of Springfield is very green indeed. We will boil the billy, have a cuppa and remember Tim, there should be plenty of Tim stories to share before the official opening begins . We will continue on to Springfield Station via Springfield Lakes and more green space when the function finishes.

I ask the club to join me to honour one of our own. Our club is still here because of those who have gone before. We are walking in their footsteps.



### SUNDAY 12<sup>th</sup> JUNE BOONDALL WETLANDS, SANDGATE LAGOONS, TINCHI TAMBA DAY WALK

Leader:	Justin Tobin 3366 3193, Mobile	
	on day of walk 0417 710371.	
Meet at:	Northgate Train Station.	
Time:	6.45am for 7.02am train.	
Cost:	\$7.00 (GoCard), \$3.00 (Club).	
Grading:	L33.	
Emerg Off: Susan Tobin 3366 3193.		

The Boondall wetlands on the edge of Moreton Bay are the largest stand of mangroves left in Brisbane, saved from being the Olympic village and yacht marina by not getting the Olympics in 1992. Save Boondall was a success and here we are today, over 1,000 hectares of tidal flats, mangroves, salt marshes, melaleuca wetlands, open forests and woodlands and all on Brisbane's doorstep.

The walk begins at Nudgee Station and takes through to Nudgee Cemetery, and onto the Nudgee Water Hole before continuing onto Nudgee Beach and the tidal flats. Crossing Cabbage Tree Creek by li-lo and short swim brings us to Shorncliffe where we follow the creek and some road walking to the Sandgate Lagoons, one, two and three. We will have a late lunch at the Third Lagoon. From here it is onto the Tinchi Tamba Wetlands and Deep Water Bend on the Pine River. Tinchi Tamba takes us down to the M1 where we go under to Canterbury Park and onto Bald Hills to finish with pizza and coffee at the café before our train journey home.

It is a very interesting day walk; mangroves, mud flats; history and more come and explore it with me. On the Boondall section of the walk wear something that can get wet and we will change at Shorncliffe.

### THURSDAY 16<sup>th</sup> TO 21<sup>st</sup> JUNE FRASER ISLAND The Southern Lakes BASE CAMP

Leader:	Justin Tobin 3366 3193.
Location: S	St Brigid's Car Park,
7	78 Musgrave Rd, Red Hill.
Time: 1	10.00am Thursday.
Cost: S	\$290.00.
Grading: I	M44.
Location: I	Fraser Island
Emerg Off: S	Susan Tobin 3366 3193.
Limit: 8	8.

Fraser Island is the largest sand island in the world formed by sand moving north from the Tweed. It is an amazing place to visit . Lakes, Window, perched, and Barrage, big trees including kauris and satinays, rainforest, the beautiful Wangoolba Creek, sand blows and tranguillity. Leaving Brisbane Thursday Morning for River Heads to catch the 4:00 pm barge to Wangoolba Creek, where the taxi will be waiting to take us to Eurong where we will stay overniaht.. Fridays walk is from Central Station.to Dilli village. The track passes Lakes Jennings, Birrabeen, Benaroon, and Boomanjin. Hopefully there will be time to swim in all of them. A relaxing night at Dilli to tell your bushwalking and Fraser Island stories. Saturday, Sunday and will be Mondav exploring this section of the island, I have even heard mutterings of Yankee Jack Lake. There will be plenty of time at Dilli to relax, boil the billy and tell tall tales and true. Tuesday morning is a 6:00 am pick-up due to the tide, the taxi will take us to Lake Wabby look-out where we will walk into Lake Wabby, a beautiful barrage lake and sand dune. From here it is onto the beach and taxi to Wangoolba Creek and 3:00pm barge. Come and visit the Southern Lakes and see the beauty Fraser has to offer.

# FRIDAY 17<sup>th</sup> JUNE PIG'N'WHISTLE JOHN TOOHEY SOCIETY

Leader: Phil Murray 0416 650160. Address: King George Square. Time: From 4pm till 9ish. What For: A chat, a meal and a beer. Web:<u>http://www.pignwhistle.com.au/kinggeo</u>rgesquare/

#### Emerg Off: Phil Murray 0413 307580.

The Club has a regular gathering for a social drink and a chat on a Friday once a month on the third Friday of the month.

For the month of June we are going to the Pig'n'Whistle, King George Square. It is virtually on the intersection of Adelaide and Albert Streets. A great place to watch the world go by.

We have previously being to this location but it had a different name, the Groove Train Bar.

#### JTS Quote of the month

"No soldier can fight unless he is properly fed on beef and beer." John Churchill, First Duke of Marlborough

### SUNDAY 19<sup>th</sup> JUNE MT EDWARDS DAY WALK

Leader:	Terry Silk 3355 9765.
Meet at:	St Brigid's Car Park,
	78 Musgrave Rd, Red Hill.
Time:	7.00am.
Cost:	\$20 (car pool), \$2 (private).
Grading:	S33.
Location:	Beside Moogerah Dam near
	Cunningham's Gap.
Emerg Off	: Carol Kelly 3269 4795.

Due to the unexpected unavailability of Michael to lead the scheduled Stag's Head walk, I have ended up with this walk. I am informed that there is now a track all the way to the top, unlike the last time I did this walk. Mt. Edwards is not a particularly high mountain, but being a mountain it does have some views from the summit, particularly towards Cunningham's Gap and the highway. To start the walk you walk across the dam wall and then the climb begins. The mountain is covered in trees.

As I expect this to not be a particularly hard or long walk, time permitting, we could do an easy circuit walk on Mt. French on the way home via Boonah for a coffee stop.

Please contact me if you wish to join me on this adventure.

# MONDAY 20<sup>th</sup> JUNE MONTHLY MEETING

Time: 7.30pm – Doors open & meeting starts soon after.

Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

#### Web: http://www.bcbc.bwq.org.au/page4.html

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

Stay for supper. Bring those recent bushwalking snaps.



# THURSDAY 14<sup>th</sup> JULY PAT'S BLUFF & LUKE'S BLUFF DAY WALK

Leader:	Phil Murray 5522 9702 or
	0416 650160.
Meet at:	St Brigid's Car Park,
	78 Musgrave Rd, Red Hill.
Time:	7.00am.
Cost:	\$20 (car pool), \$2 (private).
Grading:	S33.
Location:	O'Reillys.
Distance:	Approximately 8kms.
Emerg Off	: Sue Murray 5522 9702.

A lovely mountain top walk in mid-winter. The walk is a mix of graded track and gentle bush tracks.

In south east Queensland we usually don't get much of a winter so we are going out of way to revel in the cooler conditions by going to O'Reilly's which is about 930 metres above sea leveland can be very cool on winter mornings. Hopefully it will be a sparkling winter's day and give us a chance to wear a beanie and a scarf.

The walk is one of the Club's regular trips and involves a circuit walk from O'Reilly's down to Python Rock Lookout, then on to Pat's Bluff for lunch and a cup of tea. There should be great views from here. Then we continue out to Luke's Bluff and then back up the road to O'Reilly's.

Bring your usual day walk stuff and a head for heights. Also it could be cool so bring a warm jacket and a beanie and scarf. Also include a mug as we will have a cuppa at lunch time.

The proposed venue of Turtle Rock was unavailable as I couldn't arrange access from the landowners. The proposed date of 9th July needed to be changed as I have visitors from interstate visiting me so we switched it to 14<sup>th</sup> July to align with mid-winter.

### ADVANCE NOTICE FRIDAY TO MONDAY 30<sup>th</sup> SEPTEMBER TO 2<sup>nd</sup> OCTOBER BLUE MOUNTAINS BASE CAMP

#### Leader: Phil Murray 5522 9702 or 0416 650160. Closing Date:Monday 16 May 2016.

The Blue Mountains has some of the best graded track walks in Australia.

This trip will be a 4 day trip, 3 days in the Blue Mountains, plus one day of sightseeing in Sydney to see Sydney Harbour and ride the Manly Ferry.

The 3 days of walking will be as follows

- Sat Wentworth Falls,
- Sun Katoomba & The 3 Sisters,
- Mon The Grose Valley & Govett's Leap.

We will be staying for 3 nights at the Blackheath Caravan Park. The approximate cost is \$120 per person for the weekend if we get 12 people. This is a great chance to do these walks and it may a long time before we go there again.

Costs of Flights – on special should be able to get them for \$50 plus \$20 for baggage each way.

Proposed flights:

Flights down on Friday Qantas QF 507 07:45 am Brisbane – 09:20 am Sydney

Flight back on Monday night Qantas QF 556 21:45 (9:45 pm) Sydney – 22:15 (10:15 pm) Brisbane

I only have 6 nominations at the moment and as this trip requires attendees to nominate early the bookings will close at the May meeting on Monday 16<sup>th</sup> May. If you have nominated to me please contact me again to reconfirm So I can discuss what flights you are on.

### ADVANCE NOTICE FRIDAY TO TUESDAY 28<sup>th</sup> OCTOBER TO 1<sup>st</sup> NOVEMBER THE BLUFF CIRCUIT THROUGH WALK

### Leader: Tom Buykx (Vic) Qld Contact: Phil Murray 0416 650160. Grade: Hard.

The Cup Walk with the Victorian Catholic Walkers has become a tradition in the Club's yearly outing's programme. The short history of the Cup Walk is as follows

Year	Venue	Leader	Qld
2011	Bogong & Mt Feathertop	Phil Murray	7
2012	The Crosscut Saw	Tom Buykx	5
2013	Bogong High Plains	Phil Murray	10
2014	Mt Clear & Cathedral Range	Tom Buykx	4
2015	The Grampians	Phil Murray	13

In 2016 we are doing a 4 day through walk called the Bluff Circuit. It is a beautiful and remote part of the Victorian Alps.

The Bluff Circuit is about 50 kilometres south east of the small Victorian town of Mansfield.

About half of the walk is along the Australian Alpine Walking Track.

The walking is mainly along the alpine plateaus that have gentle slopes on one side and steep precipitous cliffs on the other side. In simple terms about a third of the walking is along old forestry roads through open eucalypt forest, a third is the high alpine plains where the vegetation is mainly ankle high grass and the occasional snow gum tree. A third of the walk is through thick wet eucalyptus forest. The average daily distance is about 14 kilometres. There is a bit of uphill and downhill walking as well.

The Plan is as follows

- Day 0 Fri 28<sup>th</sup> Oct be at Melb airport by 10 am Drive to Broadford – climb Mt Piper. Then drive to Mansfield for tea. Drive to Howqua River to camp.
- Day 1 Sat 29<sup>th</sup> Oct camp at Mt Clear saddle
- Day 2 Sun  $30^{\text{th}}$  Oct camp at Lovicks Hut
- Day 3 Mon 31<sup>st</sup> Oct camp at Refrigerator Gap
- Day 4 Tue 4 Nov Back to cars by about 12. Then drive back to Melbourne by5 ish. Includes a 2 hour buffer for traffic etc. Fly out about 8 pm.

Plus we are doing a short daywalk on Friday to Mt Piper. Take about 2 hours .

**Travel Details** 

To Melbourne – QantasQF609 07:00 Brisbane – 10:25 Melbourne Flight Back to Brisbane – QantasQF636 20:10 Melbourne – 21:20 Brisbane

I only have 1 nominations at the moment and as this trip requires attendees to nominate early the bookings will close at the June meeting on Monday 20<sup>th</sup> June.

Do yourself a favour and come and join us one year. It is 4 days walking in the Alps and 3 nights under canvas in the high country. Just bliss for bushwalkers.

### WEDNESDAY TO FRIDAY 2<sup>nd</sup> TO 11<sup>th</sup> NOVEMBER AUSSIE CAMINO MOVING BASE CAMP

Leader:	Russ Nelson 3374 3534 or
	0427 743534.
Meet at:	Melbourne Airport.
Time:	10.30am.
Cost:	\$400 approximately.
Grading:	XL24+.
Web:	http://www.aussiecamino.org/

The full report on this exciting walk is laid out at the end of this Jilalan.

**PRESIDENT'S REPORT** 

Considering recent happenings within the Club (trips arriving back late) and outside it (helicopter rescue on Mt Beerwah), it is a good time to remind people of the Emergency Officer System. We have one in place, but unused for a number of years.

Look at the policy at:

http://www.bcbc.bwq.org.au/EmergOffSyst.h tml

It was written pre-mobile phones, but the basic principles remain.

The policy is in place to make it easier on everyone if there is any emergency on an outing. "Emergency" is a word that takes in many classes of events. It is not just an injury or a delayed trip. It could include, for example, a car breakdown.

The emergency system is for the leader, the walkers and the next-of-kin left at home.

The Leader: the leader is the person responsible for the total walk – everything from doing a pre-outing, vetting nominees for the walk, choosing drivers, guiding the party, looking after all the walkers on the walk, checking conditions for the walk, making sure the slower ones are not left behind, to the return drive back to Brisbane. The Leader attends to the administrative, planning and on-the-spot details of leading.

The Walkers: make sure they can actually do and finish the walk, have the fitness suitable for the walking conditions, have the correct supplies and equipment to finish the walk, follow instructions of the leader and the experienced members on the walk, take any necessary medication with them, tell the nextof-kin the name of the Emergency Officer and our emergency procedures,

The Emergency Officer: should be mostly at home during the walk and be contactable, arrange the necessary help if there is an emergency on a walk, stay calm and be able to think during changing circumstances.

The System: with mobile phones it is all a bit simpler and immediate. However, mobile phones do not always work in areas where we walk – the best premise is to believe they will not be within range and thus useless.

The Leader: is to advise the Emergency Officer (the EO) a day or two in advance – perhaps by e-mail, the list of walkers, their phone numbers and those of the next of kin. If no next-of-kin,

the name and contact number of the person who will panic first if the walker does not return home by dark. Include on the list the vehicle details, where the walk will start, the approx route and time estimates and any other info that may help the EO in the event of an emergency. <u>http://www.bcbc.bwq.org.au/EOForm.pdf</u> The type of info you need as an EO.

The Walkers: if you cannot come on the walk, ring the leader to cancel your nomination. If, at the last moment you cannot make it to the departure point or are running late, ring the Leader on the mobile; if no mobile shown, ring the EO.

Tell those left at home (the next-of-kin) where you are going, show them where you have left the Jilalan with the trip details, and explain to them the Emergency Procedures. Give them an expected date and time of return, warning them that trips can come back late due to any reason; not limited by weather, slow walkers, car troubles, unexpected terrain.

The Next-of-Kin: are not to panic before 9pm. "Panic" means get worried why you are not home. The only contact for the next-of-kin is the Emergency Officer – our one point of contact once the walk starts. The EO then makes all the necessary phone calls – to the leader, others on the walk, other next-of-kin, police or emergency services. Other members or next-of-kin do not contact the authorities or speak to the media.

The Emergency Officer: makes all the necessary phone calls – tries to contact those on the walk, the next-of-kin, other experienced members of the Club, Committee, FMR, the police or the SES. Only the EO speaks to the media if it gets that far. We need only one person running events from Brisbane.

If there is a real emergency, and the leader is contactable, the leader controls the walk on the spot and the EO controls the Brisbane end – takes some of the backroom pressure off the leader who can then concentrate on the immediate circumstances of the walk.

Other information a leader or walker needs to know:

http://www.bcbc.bwq.org.au/LeadersGuideV 5-02-06.html http://www.bcbc.bwq.org.au/Acknowledgme nt%20of%20Risks%20and%20Obligations% 20of%20Temporary%20Members%20(Visitor s).pdf

http://fmrqld.bwq.org.au/docs/form2510.pdf

http://fmrqld.bwq.org.au/docs/guidelines251 0.pdf http://www.fmrqld.bwq.org.au/overdue.html http://www.bcbc.bwq.org.au/EventNominatio nForm.pdf

The Leader: before the walk begins, determine if conditions have altered and if the intended route should be used or altered. Weather, fire, tides, access or other conditions can alter a walking route. Be mindful of the experience of your fellow walkers. Assess conditions on the spot. Determine the risk according to the experience level of each of the walkers. Be patient of their fears. Talk, explain and show. Be mindful of personalities.

http://www.bom.gov.au/qld/

http://www.bom.gov.au/australia/radar/qld r adar sites table.shtml http://www.racq.com.au/cars-anddriving/safety-on-the-road/roadconditions https://www.ruralfire.qld.gov.au/map.html

We want happy safe walks. Thanks, Greg.

# TREASURER'S REPORT

Balance 15/2/16	\$3980.24
Plus Receipts	\$1470.89
	\$5451.13
Less Payments	\$1124.62
Balance 18/4/16	\$4326.51
Term Deposit	\$2776.22

I am still selling tickets in our first raffle for the year. It has two prizes, with the first being a second edition book written by Dianne McLay entitled "Brisbane's Best Bush, Bay & City Walks" and the second prize is a one litre Spinifex stainless steel red water bottle with a carrabena. Dianne McLay is known to one of our members and is willing to autograph the book for the winner. Tickets are still only a dollar each.

Also, don't forget to buy your \$35.00 club t-shirt and/or \$5.00 small club metal badge before they are all sold. Terry.

# **ABOUT PEOPLE**

Richard Johns, Phil Murray, Helen Mees, Rosemary O'Brien and Joe Tottenham are celebrating their birthdays in May.

Tina Carnes was an interested visitor at our April meeting and has already done her first walk by joining Rus on his Mt Coot-tha Skyline walk. Zita O'Carroll along with Eric and Martlyn Klockman were visitors on Michele's White

Rock walk. Mark Warwick, Marie Beresford along with Mary and Vaughan McInnes were also visitors on Phil's Noosa Heads and Paradise Caves walk. Visitors are always most welcome on any of our activities.

# **OUTINGS COMMENTS**

Leaders Needed:

13 August – Mt Hennessey
25 September – Karawatha Forest
29 October – Springbrook
4 December – West End Area
26 December – Boxing Day Walk

We still need leaders. There are only 3 day walks and 2 easy walks left so get in now before you miss out.

In the absence of an Outings Secretary I am providing a brief report.

The numbers on past walks are as follows:

Date	Trip	Leader	Туре	No
April 16	Glen Rock	lain	DW	5
April 24	Mt Coot-tha Skyline	Russ	DW	15
April 30/May 1	Spicer's Gap	Justin	BC	5
April 30	Spicer's & Mitchell	Justin	DW	5
April 30	Mt Mathieson Trail	Trevor	DW	10
May 5	Golden Beach to Dicky Beach	Phil	DW	3
May 7	Hamilton Heritage Walk	Maxine	DW	13

Good walking and I hope to see you in the bush.

Michael Ph: 0409 620714 or michaelesimpson@optusnet.com.au

# SOCIAL SECRETARY'S REPORT

We have had good numbers at all socials in April – the JTS at *Jimmy's on the Mall*, the Coffee Night at *Cafe 63* at New Farm and the Kate Quinlan Gathering at Booval. At this point I have not heard how the Celtic Festival at Glen Innes went. It was good to have the usual suspects as well as a couple of new faces at the social events, especially Ian and Meryl at the JTS and Rusty and Louise at the Coffee Night. I hope to see you at *A Sail and A Sizzle* on 15th May. Liz.

# **AROUND THE RIDGES**

### Mt Greville – My First Walk

My first walk was Mt Greville, March 1980. Frances rang John Carter who was the Contact for the club and our first Jilalan was sent out. I can still remember the article on the back page

about through walkers having a definite lean to the left because of the H frame they had to carry their gear in. It has been republished a couple of times since then. We went to the March meeting and signed up for our first walk. It was the beginning of a journey I am still travelling today, an introduction to a way of life that has no equal. Bev Price was the leader; we went up the Main Ridge and down Waterfall Gorge. I am sure I stood on the top and gazed at that amazing panorama spread out before me as Pat probably told me the names of the mountains, the mountains all strangers to me then, now 36 years later with the help of the Club I have walked them all. I discovered a few things that day, but I realized what I had learned at home and continued by the Christian Brothers at school was also here at BCBC, that the We is more important than the Me, that as a team we can accomplish great things. Over the years I have been able to get to the top of the Mountains because BCBC made sure everyone reached the top and gave a hand when needed. we did not walk alone. The friends I walk with now are my friends because of BCBC, they would still be strangers if I hadn't joined the club. I have now led walks, written articles for the Jilalan, shared stories, jokes and poetry. We all leave little bits of ourselves behind as we journey through the years. I just hope as the club heads into it's fifty-eighth year, fifty eight years of walking together, fifty eight years of friendship and new discoveries that if we only leave one thing for the future walkers is that the We is always more important than the Me. BCBC will always be a great club and a club we all want be part of because of it. Justin.

### Post Script from our March Meeting Speaker

Our speaker was Andrea Randall whose practice is at Manly West. She is a structural integrator therapist and is contactable via andrea@fluentmoves.com.au

Another structural integrator therapist is Rob Marshall who is located at Jindalee. He is contactable via <u>info@myologica.com</u> This information has been provided to respond to members requests for contact details. Russ

### Triple Zero Awareness Work Group (TZAWG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAWG launched a free smartphone app: Emergency\*. TZAWG identified that more than 66% of incoming

emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning callprocessing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAWG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

#### Maxine's Latte Lingerers.

BCBC was on a walk down Beaudesert way, When some of the walkers decided to stray. It was only meant to be a pit stop No time to go to the shop. Just a chance to go the loo To do what mere mortals must do. We were back at the cars as soon as we could As experienced walkers should. Ready to depart and the walk to start Those words leaders do not want to hear. Words that create nightmares and fear Some are missing we are not all here. A head count was takin' Maxine was Shakin' Where could they be? The missing one, two and three We better see where they are, They can't have gone far. We found them at the diner, Drinking out of fine china. On the verandah reading the paper, Doing the coffee caper. If you are going to stray, At least make it take away. Too polite to give them much stick, Maxine just said to make it quick. But you could tell Max was not happy, When she told them to make it snappy.

One final sip and they were back on the trip, We finished the walk and had a good time. Being missing in action was not a great crime, But now they are more than mere malingerers, They are Maxine 's Latte Lingerers.

# PAST EVENTS CLUB HUT SUNDAY 20<sup>th</sup> MARCH DAY WALK

The day didn't disappoint with a beautiful clear sky and a crisp breeze blowing. After arranging ourselves into two cars, we made our way down to the Lower Portals Car Park. Pat and Jonas were meeting us there.

With the usual preliminary procedures out of the way, we were on our way but not before going through the boot cleaning station at the start of the track. By then Josh and Peter had arrived from the over-night feast and we stopped to talk. We were soon on our way and made good time arriving just after 10.

Soon we were feasting on home-made goodies and a cuppa. We reminisced, told stories and just relaxed until lan, who had stayed over from the feast, announced that before we could have a swim, we would be put to good use, clearing some of the scunge around the hut.

Ian had us working like 'slaves', so we felt like we had earned a swim as we made our way down to the lower portals. Some stayed on the shore while others swam to a large flat rock to sun themselves and the more adventurous swam the length of the pool to the waterfall. When everyone felt sufficiently cooled off, we returned to "Yalburu" for lunch.

At about 2.00pm, we left the hut for another year and walked back to the cars and onto Maccas at Beaudesert for coffee.

Thanks to Gerry Burges, Paddy Taylor, Pat Lawton, Jonas Bernotas, Richard Johns, Maria Kerruish, Justin Tobin, Sophie Ramsay and Fiona Fitzsimmons. Michele.

### WHITE ROCK SATURDAY 9<sup>th</sup> APRIL DAY WALK

With a beautiful autumn day to enthuse us, 13 members and visitors left St Brigids just after 7.30am and drove to the Paperbark car park in the White Rock Conservation Area. Introductions out of the way, we set out along

an old forestry road. After about 3km we took a small side track. The track was easy to follow and meandered through open eucalypt and long grass and eventually took us up to a rocky knoll with considerable views. Here we had a long and relaxing morning tea break while taking in the views including the Brisbane city skyline and White Rock to the north and Springfield out to our east.

Four then returned the way we came but the rest of us made a steep descent down the side of the hill. This was an easy short off track experience with lots of obstacles to negotiate and we eventually intersected with the main track to White Rock. After many pictures were taken, we then took a ridge track from White Rock towards the picnic area. This was very scenic and we could see the ridge which we had taken to get to the knoll. We continued down to where we had branched off on the forestry road we had left earlier and back to Paperbark car park.

Once back at the Paperbark Car Park, we had our lunch in comfort on the 2 picnic table and chairs.

Then it was off to our chosen coffee shop, Chai Latte at Redbank Plains, only to find that they had closed early that day. The day was saved when someone spotted a McCafe just down the road so we headed there for a much needed cuppa to finish the day.

Thanks to Terry Silk, Maria Stalker, Richard Johns, Ray Rowe, Gerry Burges, Robin Thorn, Paddy Taylor, Sophie Ramsay, Zita O'Carroll, Sherryn Johns and visitors, Eric and Martlyn Klokman for joining me. Michele.

### JIMMY'S ON THE MALL FRIDAY 15<sup>th</sup> APRIL JOHN TOOHEY SOCIETY

Attendance 16 – Graham Glasse, John Hood, Greg Endicott, Michele Endicott, Phil Murray, Liz Little, Kylie Moore, Michael Simpson, Karen Franklin, Mike Wood, Cathy Wood, Antonia Simpson, Peggy Roe plus three (3) new members to the JTS Terri Evetts, Iain Renton and Merrill Turpin.

It was a nice place to meet up and have a chat with friends. But it got a wee bit noisy as the night got later. The venue was right in the heart of Brisbane and it was a nice vibe meeting up with so many friends in town. I tried to book a table but they didn't take bookings but we managed to lay claim to a large table in the middle for our group and we kept expanding our sphere of influence by nabbing chairs from others tables. I was surprised by the huge turnout and didn't get a chance to mix with everyone. There were several conversations going on at the various sectors of the group. It was a lovely night out in a busy bustling Brisbane.

It was so nice to have our new members along. So a special thank you to Terri, Iain and Merrill for coming to join us. I trust they had a good time. Phil.

### GLEN ROCK SATURDAY 16<sup>th</sup> APRIL DAY WALK



As a leader, I discovered the traps that await you, if you write up a coming walk report before you do a pre-outing. On the pre-outing, where I was accompanied by Phil Murray, it became obvious that the route I had chosen up the end of a short valley was probably too steep, and the time taken to get there would mean that we would be unlikely to finish in daylight. So we decided to take a nearby ridge to a knoll on the ridgeline. From the valley floor it looked as if you should be able get there, but the forestry map I had with me showed an unbroken cliffline running all the way across our path. So I proceeded with some trepidation. Fortunately, although very steep, there were no cliffs to tackle. Also, in my write up I had described a sweeping view from our planned lunch spot noting several well-known peaks. When we arrived at the lunch spot on the pre-outing, it was obvious that a high ridge across the narrow valley in front of us obscured most of the view.



Anyway, back to the walk itself, four intrepid walkers turned up to join me bright and early at 6am at Red Hill. We all piled into a car and headed off. Recent rain had greened everything nicely and cleared the atmosphere. It looked like the run of 30 degree days into April had finally come to an end and we were hoping that the possible showers wouldn't eventuate. Leaving the car at the picnic ground at Glen Rock Forest Park we started walking at 8.45. The grass was very heavy with dew as we made our way up the Blackfellow Creek valley passing a Glen Rock partly veiled by wisps of smoke from recently burnt paddocks on the river flats. After a couple of creek crossings we turned off to walk alongside Flaggy Creek and after crossing that creek we started to head up our ridge after an hour and a guarter of roadbashing on farm tracks on the valley floor. For a short distance the slopes were gentle enough but soon they got steeper, and steeper, and steeper still. Somebody was heard to mutter that it was still too hot to be doing a walk like this, but soon we were mostly in the shadow of the south-west facing slope we were climbing and it wasn't too bad. Half way up we found ourselves on a very picturesque razorback ramp with steep slopes plunging off either side. We were walking amongst eucalypts and some sort of small pine or casuarina. There were lots of clumps of the wide strappy vivid green leaves of the spear lily on the grassy slopes. A few of the lilies had long dark shafts with the buds of the lilies starting to form. The terrain either side looked forbiddingly steep with lines of shallow cliffs running across the slope. Our ridge route up looked like the place to be.

As we neared the top it got very steep and the going got slower. At one point we had to take several routes up as the earth became loose with foot traffic and following walkers found it safer to take a different way (this would be a ridge to be walked only very occasionally, as it would rapidly become eroded). After this tricky bit (using hands and feet and going from grass clump to grass clump) there was a longish steep slope and we'd reached the crest of the ridgeline at a saddle next to the knoll. Here we found a handy fallen tree trunk and had a nice long break to recover. The ridgeline we were on ran from a small plateau out to the end of the ridge to the large rock outcrop that is Glen Rock. We then headed to the plateau and across to its highest point overlooking the Dry Creek valley. This point, marked 997 metres on the map was where we were headed for lunch. It was glorious walking, a beautiful autumn temperature, nice light cooling breeze, blue sky, sunshine and the occasional scattered cloud and spectacular views across the rugged valleys around you when you neared the edge. Having had such an arduous climb, we now ambled along, enjoying our surroundings. The plateau itself was covered with thick rich grass under a canopy of a tall open eucalypt forest with a generous scattering of tall multi-trunked grasstrees. Mark said that this was how much of our part of Australia looked prior to Europeans arriving and that a program of planned burns helped keep it like this.

We got to musing about camping in such a spot in spite of having to carry all your water. We had a leisurely lunch at the edge of the escarpment; it was still a pretty good view down into the dramatic deep Dry Creek valley. You could just see the top of Mt Zahel (one of the peaks I had mentioned) peeking up over the top of the ridge. Somebody said they could see Brisbane and you could see the silhouette of office towers on the horizon. After lunch we investigated the northern end of the plateau and admired the view across to Red Rock and down the Dry Creek valley to flat topped Mt Haldon. Then we retraced our steps to the knoll, over the knoll and along the ridge out to Glen Rock. It was lovely ridgetop walking often with views on both sides, sometimes along razorbacks and occasionally clambering over rock outcrops. When I did the pre-outing this area was a bit bare after a recent prescribed burn, but now it was covered with a lush covering of short green grass. After the rest of the group visited Glen Rock they returned to join me and we descended a long, much gentler, ridge back down into Blackfellow Creek valley. The sun was low in the sky as we reached flat ground and it set as we made our way back to the car after a great day of walking. We got back to the car at 5.45. Thank you to Phil for coming on the pre-outing and helping me to decide on a more

sensible route. And thank you to Justin, Mark Daly, Mike Wood and Terry for joining me on such a rewarding and challenging walk. Cheers, Iain.

### LUNCH AT THE PRINCE ALFRED HOTEL SUNDAY 17<sup>th</sup> APRIL KATE QUINLAN

What a lovely afternoon it was. The hotel was better than expected – with more atmosphere than I had hoped for in a recently renovated establishment. The service was friendly and fast. There was no pressure to order – I could say the place was not over-filled. And it was quiet. No music in our area. Ample parking. The hotel had a good range of food on the menu.

We gathered soon after noon, found our table, read the menu, ordered drinks and started to talk with each other. And talk we did – had to be pulled apart by the waitress to order our meals. And they came out speedily, placed in the correct place at the table and enjoyed by all.

It was a good day, nice autumn weather, good food, cold drinks and great company.

Thanks to: Michele E and Michele J, Richard J, Jan & Russ N, Liz L & Eliz R, Terry S, Karen F, Josh C, Michael S, Paddy T, Graham G and John H. Thanks to all for coming to the Prince Alfred with me. Greg E.

### MT COOT-THA SKYLINE SUNDAY 24<sup>th</sup> APRIL DAY WALK

We started gathering at King George Square Bus Station more than 30 minutes prior to our departure time. It was a pleasure not to have to drive a long distance to start a good walk. At Walton Bridge we began the walk via the shopping centre's toilets, our last for some time. We weaved our way through Walton Bridge Reserve, Fanning Corner, Paten Park and followed Ridgeway Street, to Currawang Street. At this point we farewelled our "Presidential Guard," namely our President and Vice-President who had accompanied us from the start.

Then we began the steady climb to the highest point on Mount Coot-tha (287m) and therefore the start of our "Skyline". As we gained height we saw the pipeline that supplies water to the television stations. Towards the top we could see the city area and the waters of Moreton Bay. The actual top is somewhat of an anticlimax as the reservoir on top is fenced off. So we began the traverse across the top of Mt Coot-tha. We stopped at Range View Picnic Area and picked up views of Enoggera Reservoir and, in particular, the Reservoir wall itself,

After passing Channel Nine, we detoured into the Gold Mine and saw evidence of the old tramway and mine shafts which were operational in the 1940s. Resuming our trek, we moved south and picked up the Scorpion Track and dropped off the mountain. This completed the "Skyline". We lost height quickly and soon found ourselves in suburban Chapel Hill in Accrington Place. We wound our way through the streets to Merri Merri Park and the Cubberla Creek which we then followed for most of the afternoon. At this point we had good views looking back on the mountain to see where we came from. The Channel Nine tower in silhouette looked most impressive.

We followed this Creek to Chapel Hill State School and turned east to the next shallow valley and walked to Moggill Road and re-joined the Creek. After crossing Moggill Road, we had lunch in Cubberla Creek Reserve in the shaded grass. At this point three of the party left us to head home due to sore feet. We followed the gentle bends in Cubberla Creek and walked under the Western Freeway. Fairly soon we found our way crossing the sporting fields previously owned by Marist Brothers College, Rosalie and now owned by Brisbane Girls Grammar School. Proceeding east we walked over the flat lands, past some new housing developments, reaching Jesmond Road and then turned south-east. After passing Fig Tree Pocket State School we found a pathway to the Brisbane River, the final destination of Cubberla Creek. This meant we had walked the length of the Creek - an infrequent occurrence.

Shortly afterwards we reached Lone Pine Sanctuary where we had some refreshments and caught a 430 bus. It was filled to bursting point when it departed. So our walk of about 15kms ended. A good walk within the City of Brisbane which reached its highest point, followed a creek from its source to its terminus, walked through bush and suburban streets plus shopping centres – the full experience.

Many thanks to all those who were on the walk: Maria Stalker, Tina Carnes. Fiona Fitzsimons, Michele Johns, Richard Johns, Sherryn Johns, Justin Tobin, Liz Little, Louise Jones, Rusty

Jones, Gerry Burges, Sue Walsh, Terry Silk, Paddy Taylor and Russ Nelson (Leader).

### DINNER & COFFEE NIGHT WEDNESDAY 27<sup>th</sup> APRIL SOCIAL

This month we had the highest number of attendees for the year. We visited the Café 63 at New Farm and despite the heavy traffic the visit was worth it. The café is quite large and provides a varied and cheap menu. Well worth another visit.

Thanks to Karen, Josh, Greg & Michele, Pat & Jonas, Liz, Graham, Terry, Louise & Rusty and Justin for joining me. Michael.

# MT MATHIESON TRAIL SATURDAY 30<sup>th</sup> APRIL SPICER"S GAP BASE CAMP

Justin and I left Brisbane at about 1:45pm Friday after noon eager to get out of town before the long weekend peak hour we stopped at Aratula for a coffee and asked the owner where we could buy some fire. The woman said there was a chap up the road who sold it and to drive up to the place and toot the horn and the owner will come out.

Well I tooted the horn and two large dogs appeared with the owner following. Justin asked if he could buy some timber and came out with a bag plus a full barrow load. After some minor adjustments to our already well-laden shopping trolley (Carol's Camry) we were able to fit the timber in. We arrived at Spicer's Gap Campground at about 3.30pm and set up camp putting up a shelter with a tarp between two trees we could cook our meals and boil the billy. Rusty and Louise arrived at around at 4:30pm and set up their camp. Julie-Anne would come tomorrow morning with the day walkers.

We cooked dinner then headed up to the day use area to light a fire drink some wine and have some of Justin's dessert.

Saturday Morning arrived with early morning rain, Justin and Rusty left about 7-00am to drive round to Cunningham's gap to pick up two walkers from Ipswich for his Spicer's Peak walk. The day walkers arrived around 8:30am and we set off up to Mt Alphen.

We had 11 on the walk, which included a visitor who was staying in the campground. The climb to Mt Alphen was a steep short climb, with some slippery bits but on top, there was a nice flat ridge from which to enjoy the views. Because of the rain, there was a fair bit of low cloud and fog, which had started to lift.

After taking our time on top to enjoy the views we meandered down a different route and back to the campground where we picked up Pat and Jonas to begin the walk to Mt. Mathieson. The walk starts opposite the Pioneer picnic ground. With early morning rain, the forest was glistening and the track a bit damp. We had plenty of time to enjoy the beauty of the rainforest, as we climbed slowly towards the top of Mt Mathieson, where we had morning tea on a Rocky outcrop.

After Morning tea we headed off again negotiating a couple of tricky bits before descending down towards Governors' Chair. We stopped to look at an old timber Jinker that was used for carting logs. We stopped for Lunch at Governors Chair, which has beautiful look out to the Northeast. Lake Moogerah, Mt French Greville and Edwards were clearly visible as we enjoyed lunch.

After lunch we headed back down the Spicer's Gap road, stopped to have a look at Mosses Well then back to the camp ground by about 2:30 ending another enjoyable bush walk.

The day walkers headed back to Brisbane and the base campers relaxed and had a billy of tea before cooking up a storm in the camp kitchen. We got a call about 4:45 from Justin's group saying they having difficulty negotiating one of the cliff edges on west side of Spicer's Peak. However, after calling three quarters of an hour later spoke to Justin who said they heading down a ridge towards Mt Mitchell.

After waiting up until about 10:30pm we decided to go to bed, about another half hour the two Ipswich walkers had walked out telling me that the others were suffering exhaustion and would be staying put in the bush.

Julie–Anne, Rusty and I were up early next morning to go out and meet the weary walkers. We set off down Spicer's Gap road but unknown to us Justin's group had walked back out on the telegraph track. By the time we had returned to Governors Chair, Justin, John, and Gerry had been back one hour which was a huge relief for every one given what they had been through.

I would like to thank Rusty, Louise, Julie-Anne and Justin for their company on the base camp and Neil and Fiona, Paddy Taylor, Robin Thorn Pat and Jonas for coming on the Mt Mathieson walk. Trevor K.

### SPICER'S PEAK SATURDAY 30<sup>th</sup> APRIL DAY WALK

Sometimes, the best laid plans of bushwalkers just go awry, completely west.

The day began under cloudy skies. Cunningham's Gap was a complete white-out. There were limited views from Governor's Chair as we began our journey up to Spicer's. We met two through walkers doing the Classic three day walk to Teviot Gap, memories of my early days. We followed the ridge line along the escarpment, through the cliff breaks and lunch just below where we started the contour. The cloud had lifted and we could see the dam and the mountains spread out before us, a great panorama. We continued onto the rainforest gully where five nearly became four and up to the track and side trip to East Peak. We came back down and wandered onto West Peak. We eventually reached the cairn for a photo and wondered how the tourists were going at Spicer's Retreat. Beautiful rainforest walking to the end and a drop off where we decided as time was passing to drop off to the right and head north to the road , a good plan if we had followed the ridge and not the gully, a gully and creek is no place to be in the dark with tired walkers. Following the creek until it just got too difficult to continue the leader decided to put his tired walkers to bed. Ben and Veronica continued on and got back to camp about eleven to inform the others we would be out in the morning. Up at 5:45 and at first light, although Gerry didn't think it was, we got onto the ridge, through the usual patch of lantana and onto the road. The old Telecom road we followed back to Governor's Chair at nine o'clock. Those on the trip Veronica Forsyth, Ben Sotiriadis, John Hood and Gerry Burges. I would like to thank Trevor for looking after the base camp, a stressful job when you have walkers overdue. I also thank the club for giving me the ability not to panic, that tomorrow is another day and we can sort it out in the morning.



### GOLDEN BEACH TO DICKY BEACH THURSDAY 5<sup>th</sup> MAY DAY WALK

Leader:Beautiful sunny day.Rain:None.Wind:Gentle 15kph SSE.Temperature:25°.Distance:12 km.Attendance: 3Phil Murray, Liz Little andAntonia Simpson.



View From Bulcock Beach Caloundra Across Pumicestone Passage – With Mt Beerwah And Crookneck In The Distance

The trip went out. We had a great walk. We didn't go to Mt Beerwah which was the appointed destination for the day. There was very heavy rainfall on the weekend before the walk and a rescue of two walkers on that weekend. I spoke to a ranger who advised we shouldn't do the walk as Mt Beerwah should only be done when it is bone dry. That night there was another 48 mm of rain.

So on Tuesday the decision was made not to go to Mt Beerwah and we needed another walk and after some various options were discussed the walk chosen was the walk from Golden Beach to Dicky Beach via Caloundra. The reason was to take the opportunity to do the walk at an extremely low tide.

I had 8 nominations for the Mt Beerwah walk and only ended up with 3 for the beach walk but it was a lovely trip. Plus Gerry Burges who started driving up to the walk but he had to pull out as he got car troubles before he even left Brisbane. He spent the day getting the car fixed.

We left Brisbane at 7.25 am and we didn't stop on our drive up the coast but there was lots of traffic to slow us down as we came into Caloundra. We parked the car at an all-day car park in Caloundra at Otranto Street. It was getting late at 8.48 am. We then had to hurry to find the bus station to catch the bus at 8.55 am. We got there in the nick of time with 20 seconds

to spare. We duly caught the 609 bus down to Golden Beach.

We then walked back along the Esplanade towards Caloundra and enjoyed the views over Pumicestone Passage. We had our first morning tea at a picnic shelter near Fraser Park. We then continued on and had our second morning tea at Bulcock Beach Caloundra. There were a string of food outlets and coffee shops and a bakery here. We ordered our provisions and then made use of the picnic tables beside the water. The ebb tide was zooming along and was causing eddies and whirlpools in the river. It was marvelous just to sit and watch the power of the water. Phil.

# WEDNESDAY TO FRIDAY 2<sup>nd</sup> TO 11<sup>th</sup> NOVEMBER 2016 (Standard Trip)

### SATURDAY TO FRIDAY 5<sup>th</sup> TO 11<sup>th</sup> NOVEMBER 2016 (Shorter Trip)

### AUSSIE CAMINO – MOVING BASECAMP BOOKINGS NOW OPEN

Leader: Trip Advisor:	Russ Nelson 3374 3534 or 0427 743 534 Peggy Roe 3863 1464 – Peggy completed the Aussie Camino in December 2014 and so can give a personal insight. Peggy will be providing a presentation on the Aussie Camino at the May 2016 meeting.
Meet at:	Melbourne Airport (Tullamarine) on Wednesday, 2 November 2016 – exact location to be advised later.
Time:	10.30am Eastern Australian Summer Time (If you fly from Brisbane that morning you need to catch a flight around 7.00am which has a scheduled arrival time before 10.30am.)
Timing:	Timing is an attempt to avoid the heat of summer and the cold winds and rain of winter. Also the standard trip backs onto the Victorian Alps trip lead by Phil Murray.
Cost:	Airfare (approx. \$400) + Accommodation in modest hotels (no ensuite rooms) for 9 nights (allow $9 \times $70 = $630 - single room occupancy) + food + share in cost of hire vehicle (approx. $300 each) = $2,000The cost can be reduced by sharing a room. Secondly, the vehicle cost is based on 7 people hiring a Hyundai imax (These are 8 seaters and can cope with 7 walkers plus luggage). Other vehicle will be explored.$
Bookings:	Bookings are now being accepted with a \$50 deposit. Please indicate whether you are going on the Standard Trip or Shorter Trip. Full payment of estimated vehicle hire costs will be expected by mid- October 2016. Other costs will be paid for as they are incurred.
Travellers: Grading: Luggage:	There are 3 options available - Walker only Walker / Driver – These persons are comfortable driving a Hyundai <i>imax</i> and no walk on 1 or 2 days because of driving duties. (However non-walking days will be avoided if about 14 people take part in the Camino because this will allow a car shuffle.) Driver only – This is for someone who wants to see the area but does not want to walk. Drivers with drivers licences for mini buses / bus (LR, MR drivers licences or higher are especially invited). Non- walkers who are not drivers and therefore passengers may be able to join us but bookings will not be accepted until August 2016. EL24+ (Note – 7 or 8 hours of walking per day can be expected.) 15 kgs plus a modest daypack. The spirit of the Camino is simplicity and therefore a modest amount of luggage means less to worry about plus ensures there is room to carry it in the vehicle.

#### Web: http://www.aussiecamino.org/

### Timetable for standard trip

Wednesday, 2 November

Thursday, 3 November Friday, 4 November Saturday, 5 November Sunday, 6 November Monday, 7 November Tuesday, 8 November Wednesday, 9 November Thursday, 10 November Friday, 11 November Visit Mary Mackillop Heritage Centre, Melbourne for registration and then travel to Portland Portland - Cape Bridgewater Cape Bridgewater to Bridgewater Lakes Lake Mombeong to Nelson Nelson - Port MacDonnell Port MacDonnell - Mt Gambier Mt Gambier – Bush Haven Cottages Bush Haven Cottages - Kalangadoo Kalangadoo - Penola Return to Melbourne, terminating at Tullamarine airport in time to catch an early evening flight to Brisbane

#### Timetable for shorter trip

Saturday, 5 November

Sunday, 6 November Monday, 7 November Tuesday, 8 November Wednesday, 9 November Thursday, 10 November Friday, 11 November Melbourne Airport (Tullamarine) by 10.30am and drive to Nelson Nelson - Port MacDonnell Port MacDonnell - Mt Gambier Mt Gambier – Bush Haven Cottages Bush Haven Cottages - Kalangadoo Kalangadoo - Penola Return to Melbourne, terminating at Tullamarine airport in time to catch an early evening flight to Brisbane

# May 2016 Jilalan Brisbane Catholic Bushwalking Club Page 22 HOW WE ORGANISE OURSELVES

### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Do not presume that outings are cancelled ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

### http://www.bcbc.bwq.org.au/EmergOffSyst.html

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

### **MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10; Country: \$30. Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is a \$10 discount for Ordinary and Associate Members who elect to receive an electronic Jilalan only. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

# **CONTACTS**

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http://fmrqld.bwq.org.au/		
http://bne.catholic.net.au/asp/index.asp		

For specific enquiries, contact the committee member (from above) concerned. For Outings or Socials, contact the leader shown in the calendar or article. Cover: Lake Wabby (photograph by M Simpson)

# **EDITOR'S NOTE**

# As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

# The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

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# I need your articles on time – it makes it hard to still get articles when I should be formatting.

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# Look at last month's Jilalan and copy that format - especially the "headings" in Comings

# Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

# Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

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