

JILALAN



Glen Rock – Saturday 16th April

Monthly Magazine Of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

**FIRST PUBLISHED September 1970
ISSN: 1836-3121**

ISSUE N°547

MARCH 2016

Date	Event	Leader	Phone	Type	Grade
13	Araucaria Track	Gerry	0404 947960	DW	L34
15	BCBC Meeting – AGM	Russ	3374 3534	Meet	
19	JTS – The Crest	Graham	3371 9623	Soc	
20	Annual Mass	Liz	3356 4874	Rel	
20	Annual Dinner	Greg	3351 4092	Soc	
24	Coffee Night – Tomato Brothers	Graham	3371 9623	Soc	
28	Thorneside to Wynnum	Louise	3399 4472	DW	M11
Mar 6	Clean-up Australia Day	Terry	3355 9765	DW	M11
11	James Boag @ the Courtyard	Liz	3356 4874	Soc	
12	Border Track (Diabetes Qld)	Michael	0409 620714	DW	XL34
17	Larapinta Falls	Phil	5522 9702	DW ⁱ	M44
18	JTS – The Emporium Hotel	Phil	5522 9702	Soc	
19/20	Club Hut Feast	Greg	3351 4092	ON	S43
20	Club Hut Walk	Michele	3353 2822	DW	S43
20	BWQ Open Day	Desley	3369 5530	Party	
21	BCBC Meeting	Greg	3351 4092	Meet	
23	Coffee Night – Taverner Lounge	Michael	0409 620714	Soc	
25/28	Warrumbungle National Park	Michael	0409 620714	BC	Var
26	Mt Greville	Justin	3366 3193	DW	M44
28	Camp Mountain Circuit	Pat	3366 1956	DW	M33
Apr 2	Love Creek Falls	Michele	3353 2822	DW	S43
7	Noosa & Paradise Cave	Phil	5522 9702	DW ^t	M11
9/10	West Canungra Creek	Mike	3398 1465	TW	M45
9	White Rock	Michele	3353 2822	DW	M33
10	Sub-Vertical Training	FMR		Trg	
12	Banff Film Festival	Phil	5522 9702	Soc	
15	JTS – Jimmy's on the Mall	Phil	5522 9702	Soc	
16	Glen Rock	Iain	3870 8082	DW	M57
17	Kate Quinlan Society	Greg	3351 4092	Soc	
18	BCBC Meeting	Greg	3351 4092	Meet	
24	The Gap to Fig Tree Pocket	Russ	3374 3534	DW	
27	Coffee Night	Michael	0409 620714	Soc	
29/2	Combined Camp - Rockhampton	Michael	0409 620714	BC	Var
29/2	Celtic Festival Glen Innes	Cath	0428 755100	Soc	
May 5	Mt Beerwah	Phil	5522 9702	DW ^t	
7	Alderley to Aspley	Paddy	3378 4813	DW	
14/15	Abseil/Vertical Rescue Training	FMR		Trg	
14	Alpaca Farm	Pat	3366 1956	DW	
15				Soc	
16	BCBC Meeting	Greg	3351 4092	Meet	
20	JTS – The Plough Inn	Phil	5522 9702	Soc	
21	Our Lady Of The Way Mass	Justin	3366 3193	Rel	
25	Coffee Night – Vagelis	Michael	0409 620714	Soc	
28/29	Richmond Gap to Collins Gap	Michael	0409 620714	TW	
28	Long Creek Falls			DW	
29	Newstead to West End	Phil	5522 9702	Bike	
Jun 2	Mt Maroon Cave	Phil	5522 9702	DW ^t	
4	Spicer's Peak	Michael	0409 620714	DW	
9/12	Fraser Island	Michael	0409 620714	BC	Var
12	Murrarie to Mansfield via Carindale	Maxine	3409 4001	DW	
17	JTS – Pig'n'Whistle	Phil	5522 9702	Soc	
18	Stag's Head	Michael	0409 620714	DW	
20	BCBC Meeting	Greg	3351 4092	Meet	
22	Coffee Night	Michael	0409 620714	Soc	
26	Mt Coot-tha Tracks			DW	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	½ DW	Half Day Walk
ON	Over Nighter	BC	Base Camp
TW	Through Walk	CW	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Dear God, we pray for another way of being: another way of knowing. Across the difficult terrain of our existence we have attempted to build a highway and in so doing have lost our footpath. God lead us to our footpath: Lead us there where in simplicity we may move at the speed of natural creatures and feel the earth's love beneath our feet. Lead us there where step-by-step we may feel the movement of creation in our hearts. And lead us there where side-by-side we may feel the embrace of the common soul. Nothing can be loved at speed. God lead us to the slow path; to the joyous insights of the pilgrim; another way of knowing: another way of being. Amen.

(Leunig 1990)

COMING EVENTS

TRIPS leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:

<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club's web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, cancel it – please tell Michael Simpson Ph: 0409 620714.

**FRIDAY 18th MARCH
THE EMPORIUM HOTEL &
MECCA BAH RESTAURANT
JOHN TOOHEY SOCIETY**

Leader: Phil Murray 0416 650160.

Address: 1000 Ann Street,
Fortitude Valley.

Time: From 4pm till 9ish.

What For: A chat, a meal and a beer.

Web: <http://www.emporiumhotels.com.au/en/default.html> and <http://www.meccabah.net/>

Emerg Off: Phil Murray 0413 307580.

The Club has a regular gathering for a social drink and a chat on a Friday once a month on the third Friday of the month.

For the month of March we are going to the Emporium Hotel in Fortitude Valley – but it is virtually in Newstead.

The decore of the bar is perhaps best described as James Bond early 1960's. It has a lovely ambience. We will have a few drinks and then make our way to dinner at the Mecca Bah Mediterranean Restaurant which specialises in Middle Eastern and North African plates in an ornate space with ottomans and outdoor seating. I did the pre-outing a few years ago and the food was divine.

One of the best parts of the JTS is not the beers but just coming into town, finding these nice new venues and finding a group of friends to share time with. So come along and share some time with friends.

Just some background info – the Emporium Hotel opened in 2007 and is a modern upmarket luxury boutique hotel that are being built in Brisbane, so it is a bit ritzy. But it is a chance to see some of the new upmarket venues that are being developed around town.

There is a very interesting little shopping precinct next to the Emporium and it is worth a quick look at if you get there early. There's a smart Italian eatery, Tartufo Ristorante Italiano & Wine Bar and a cute patisserie, Belle Epoque Patisserie, plus several other eateries including Grill'd, Guzman Y Gomez, BurgerFuel (gourmet burgers), Nant Whisky Cellar & Bar Saiko Teppanyaki.

Transport – Bus Route 60 departs (every 8 minutes) Adelaide Street Stop 28 near Hutton Lane at 3.55pm and arrives at Wickham St near Light Street, stop 7, Fortitude Valley at 4.03 pm.

To return the bus departs (every 15 minutes) Ann St at James Street, stop 6, Fortitude Valley at 7.59pm and arrives Adelaide Street Stop 36 near Anzac Square, City 8.05pm

I was also planning on visiting the nearby craft brewery called Tippler's Tap at 23 Masters St, Newstead from 2 pm but I am too late as it closed on 19th December 2015 and will move into the premises of the Tomahawk Bar at 5/182 Grey Street, South Brisbane. The Tomahawk Bar will permanently cease trading after Wednesday, December 23rd 2015. Also I was reliably informed that the Lennon's Bar has also closed or changed name's so will need to do pre-outing soon.

JTS Quote of the month

*"Give my people plenty of beer,
good beer, and cheap beer,
and you will have no revolution among them."*

– Queen Victoria

**19th TO 20th MARCH
SATURDAY TO SUNDAY
CLUB HUT FEAST
WALK-IN SOCIAL**

Leader: Greg Endicott 3351 4092.

Meet at: To be arranged by where everyone lives.

Time: Various times depending on the drivers.

Cost: Approx \$40.

Location: On beautiful Mt Barney Ck, below the Lower Portals.

Web: <http://en.wikipedia.org/wiki/Banquet>

Emerg Off: Greg Endicott 0418 122995.

**Members, Visitors, Friends & Family
are invited to Dinner at Yalburu**

Each year in March at the time of the anniversary of our Hut's opening in 1967, the Club holds a birthday party for it – we call it "The Feast." The Feast consists of five courses of food spread over five hours of Saturday evening.

The food is a combined effort of all those attending. As the organiser, I work out the menu and then ask the attendees to buy/prepare the food and drink for the various courses. With the work spread out amongst a dozen people, there is not much to do for each person. Some will buy the nibblies, some prepare the entree, some cook and present the main courses, others prepare the deserts and finally there are the cookies and coffee.

We start nibbles about 5pm as the main cooks prepare the courses to follow. Various wines and other beverages are on offer. Dress is semi-formal top and bushwalking bottom.

The Hut can sleep approximately eight comfortably, and some do bring tents and sleep outside. The Hut is a substantial building with good solid walls, ample ventilation, concrete floor, table & stools, it is water tight; considering it is out in the bush, it is a wonderful place.

The cost of transport and food is calculated from all your receipts and divided by the number of people attending – so the cost is not set in advance; but is not normally over \$40.

What to bring: spare clothes, Sunday breakfast, sleeping bag/light blanket, water, toiletries, small towel, togs, small pillow or something to suite the purpose, something to put under you when sleeping (but not too bulky/heavy, platex2, bowlx2, mugx2, cutleryx3, tea towel, smart casual top, comfy shoes, camera, torch, a share of the feast food, receipts, and cash.

Be prepared to carry in your own personal gear, and a share of the “feasting food & drinks.” If you want to sleep outside, include a tent. The cost will be calculated at Yalburu, so bring your receipts and cash. Sleep in the BCBC hut - borrow a sleeping bag or a light blanket. Borrow a weekend pack. The Club has a few to hire out.

The drive from Red Hill to the Portals carpark is 90 minutes. Have lunch before you leave home as we will be driving straight to Barney. The walk carrying your pack is approximately two hours – up minor hill & down small dale. There are approximately four small ridges and one low creek to cross on your way into The Hut. Two hours is a very short day walk. Ring or e-mail me as soon as possible so I can start the preparations.

SUNDAY 20th MARCH CLUB HUT WALK DAY WALK

Leader: Michele Johns 3353 2822 or 0414 635542.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grading: S43.
Location: BCBC Hut, on Mt Barney Creek,
West of Rathdowney.
Emerg Off: Michele Endicott 3351 4092.

Come and experience part of the history of the club and join me on a walk to the club hut on beautiful Mt. Barney Creek. The hut is steeped in history being built in the sixties by enthusiastic club members with most material carried by hand.

The hut is a four kilometre walk from the Lower Portals carpark. There are a couple of easy creek crossings and slight uphill sections but the walk is definitely within the capabilities of most people.

After a much needed morning tea break, we will wander down to the Lower Portals for a swim. This is a short walk, crossing the creek below the hut. Then we retrace our steps back to the hut where we usually relax over a cuppa and lunch before making our way back to the cars.

Bring memories, morning tea to share, catch up with friends, and relive those early trips spent at the hut and be part of this history as we celebrate the club huts birthday.

Bring the usual day walk gear and morning tea to share as well as your swimmers. Also a mug or cup for tea or coffee.

SUNDAY 20th MARCH BWQ BUSH BASH PARTY

Contact: Desley Pedrazzini 3369 5530.
Where: Ashgrove Library,
87 Amarina Avenue, Ashgrove.
Time: 10.00am.
Cost: Free.
Grading: Doddle.
Bring: Lunch and a plate to share.
RSVP: 17 March (for catering purposes).

We are all invited to a party to celebrate the opening of the peak bushwalking season. Please bring your own lunch and a plate to share. There is parking readily available and it is close to public transport. A lucky door prize has also been organised.

MONDAY 21st MARCH MONTHLY MEETING

Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall,
250 Banks St, Dorrington (in the lower carpark behind the church.
Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

Stay for supper. Bring those recent bushwalking snaps.

Also at this meeting we have a speaker, Andrea Randall who will address us the importance of Fascial Systems and the Care of Our Feet.

<http://www.tyackhealth.com.au/structural-integration>

The Fascial system is an integrated network of connective tissue called a fascia that wraps around every muscle fibre. It is the substance that gives your body structure and integrity – without it, you would be a pile of bones and muscles on the floor. Fascia has properties that work together to allow the body to be supported in gravity. Fascia has many nerve endings, including the nerve receptors that signal pain.

Fascia is like an endless web or stocking throughout our body. When one part is stuck it can pull the rest of the tissue. For this reason, when the fascia of the feet is released, the calves, hamstrings, back and base of the skull can all receive benefit.

Our speaker Andrea Randall will speak about the fascial system and teach us some simple movements to care for our feet and enhance our walking. When the feet receive the ground in walking, they can allow the knees to track correctly to optimally transmit the energy through to the pelvis and opposite shoulder for fluid, easy movement. That fluid and efficient movement is achieved through the fascial tissue and the fine coordination of the nervous system.

Andrea is a Structural Integration Therapist, Musculoskeletal Therapist, Somatics Coach and Fascial Fitness Trainer. Her practice is at Tyack Health Centre, Manly West. Her contact details are andrearandall@tyackhealth.com.au or ph (07) 3249 5333.



WEDNESDAY 23rd MARCH DINNER & COFFEE NIGHT SOCIAL

Leader: Michael Simpson 0409 620714.

Meet at: HUB Café Kitchen,
1/10 Stewart Place, Ashgrove.

Time: 6.00 to 6.30pm for dinner or
7.30pm for coffee.

Cost: Your choice.

Web: <http://hubcafeKitchen.com.au/>

This month's coffee night is back at an old favourite, the HUB Café Kitchen at Ashgrove. The food and service is always of a high standard and the night is usually one of our most popular coffee nights. So either join me for a meal and coffee or just coffee. The original choice, the Taverner, has unfortunately closed down.

FRIDAY TO MONDAY 25th TO 28th MARCH 2016 WARRUMBUNGLE NATIONAL PARK BASE CAMP

Leader: Michael Simpson 0409 620714.

Cost: Approximately \$125.00

Grading: Various.

Location: Near Coonabarabran in NSW.

Web: <http://www.nationalparks.nsw.gov.au/vi-sit-a-park/parks/Warrumbungle-National-Park>

Emerg Off: Greg Endicott 3351 4092.

With Easter now just over a week away the final numbers attending has been settled. I have ten confirmed attendees who are travelling down in various convoys. If you have not received a final itinerary from me in the last week then you are not on my final list.

SATURDAY 26th MARCH MT GREVILLE DAY WALK

Leader: Justin Tobin 3366 3193.

Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.

Time: 7.00am.

Cost: \$20 (car pool), \$2 (private).

Grading: M44.

Location: Near Aratula.

Emerg Off: Susan Tobin 3366 3193.

If you are staying in town for Easter come and join me on Mt Greville on Holy Saturday.

Mt Greville (770m) was named by Allan Cunningham after Robert Kaye Greville a Scottish botanist on the 28 August 1828 and is mainly open eucalypt and wild flower heath with several gorges, the two major ones being Waterfall and Palm. Views on the way up and more views from the top. We will be going up the ridge on the right of Waterfall Gorge, then around and up to the summit for lunch and those views of the Scenic Rim, coming down Waterfall Gorge in the afternoon, a beautiful oasis and interesting to see. There is nothing that difficult on the walk if you have done some off track walking before; just the usual care is needed on the way down. Come and join me on one of the Moogerah Peaks.

**MONDAY 28th MARCH
CAMP MOUNTAIN CIRCUIT
DAY WALK**

Leader: Pat Lawton 3366 1956.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$8 (car pool), \$2 (private).
Grading: M33.
Location: Near Samford.
Distance: 11kms
Emerg Off: Greg Endicott 3351 4092.

If you don't want to drive too far and wish to avoid the heavy traffic returning home after the Easter break, come along on this walk to Camp Mountain. One can drive to Camp Mountain but we won't be doing that – we are going to walk there.

After driving to Samford we will then make our way (by car) to the site of the 1947 train crash in which 109 people died. We will have time to stop and read the monument commemorating the event.

The walk up to Camp Mt. follows an old road, some bitumen road and finally a fairly steep dirt road to the top. It won't be a race to the top – you will do it at your own pace. We will enjoy morning tea at the picnic area, where there are also toilets. There are wonderful views of Brisbane from the Battersby Lookout and from the lookout a little further on; there are lovely views to the north including the Glass House Mountains.

Once refreshed, we again follow an old forestry road steeply downhill and will eventually arrive at Bellbird Grove picnic area in time for lunch. Toilets and tables are again available.

Unfortunately, after lunch we have to retrace our steps uphill. Once up this steep section we will pick up another road which brings us out onto a bitumen road. From there it is all downhill back to the cars.

Hopefully, the café in Samford will be open and if it is we will enjoy a cuppa etc. to finish off the day.

Bring your lunch, morning tea, plenty of water and come along and enjoy a bit of bush close to Brisbane. The walk is suitable for any fit person. As is usual on Easter Monday this walk will be combined with Bushwalkers of Southern Qld.

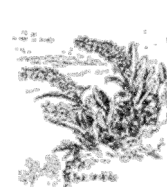
**SATURDAY 2nd APRIL
LOVE CREEK FALLS
DAY WALK**

Leader: Michele Johns 3353 2822 or
0414 635542.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$10 (car pool), \$2 (private).
Grading: S43.
Location: Southern section of D'Aguilar
National Park.
Emerg Off: Greg Endicott 3351 4092.

There are a number of creeks that flow into North and South Pine River from the Mt Glorious area. Cedar Creek is the most southern with Love Creek joining it below Greene's Falls. As an aside Love Creek rises just below Lepidozamia Road at Tennison Woods. The falls themselves are quite spectacular and are well worth a visit.

We will be taking the normal way to the falls, i.e. following Cedar Creek Road to the gate before parking the cars. We now meander along Cedar Creek to its junction with Love Creek. It is now but a short walk to the base of the falls. There will be an opportunity to climb above the falls. After lunch we will retrace our steps to the cars.

This really is a lovely stroll along a pretty creek with plenty of opportunities to cool down in the many pools along the way. Bring the usual gear for a shortish day.



**THURSDAY 7th APRIL
NOOSA HEADS & PARADISE CAVES
DAY WALK**

Leader: Phil Murray 5522 9702 or 0416 650160.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grading: M11 (with one tricky bit).
Distance: Approximately 12kms.
Emerg Off: Sue Murray 5522 9702.

I just love Noosa Heads National Park. Noosa National Park is one of the wonders of South East Queensland so come along and enjoy a touch of paradise.

The reason for doing the walk this time of year is to visit Paradise Cave which is on the headland at the end of Alexander Bay. The cave is only accessible at super low tides. There is a new moon on the night of Thursday 7th April at 9.23 pm and there is a super low tide in the middle of the day. So it is a perfect time to visit the cave.

I plan to park the cars at Noosa Woods and detour around the glitz area of Hastings Street and out along the boardwalk to the National Park. Then it is out along Ti-Tree Bay and Granite Bay to Alexandria Beach. We go past all the bays and the plan is to get to the far end of the Park near Sunshine Beach. I plan on going down the steep track to the little beach near the Caves and walk around to the Cave.

It will be a fairly long, but easy, trip. It is just on the end of summer so should still be nice for a swim.

So put this one in your calendar and see you at Noosa. Come along for an interesting day at Noosa. Bring all the usual day walk stuff.

Tide times – there is a huge tidal difference

Description	Time	Ht
High tide	7.47 am	1.97 metres
Low tide	2.04 pm	0.10 metres
High Tide	8.15 pm	1.98 metres

I have noticed when the tides are huge that there is also a lot of instability in the air and therefore more chance of rain or storms so bring a raincoat.



**SATURDAY TO SUNDAY
9th TO 10th APRIL 2016
WEST CANUNGRA CREEK
THROUGH WALK**

Leader: Michael Wood 3398 1465.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grade: M45
Distance: 12.5kms.
Hgt Var: Up 422m, down 1062m.
Location: O'Reilly's side of Lamington NP.
Web: Cath Wood 3398 1465.

This is a relatively easy through walk along/in West Canungra Creek. We will start by descending Bull Ant Spur to the Blue Pool, re-joining the track temporarily. After leaving the official track system we follow what's left of the old track system to the junction with East Canungra Creek. After setting up camp we set out to visit Pyramid Rock 350m above us.

The next day we continue to follow the creek or walk in it depending on the terrain until we reach Sarabah Road and our waiting car.

This area of O'Reilly's is rarely visited so join me for the solitude of Lamington's rainforest and creeks.

**SATURDAY 9th APRIL
WHITE ROCK
DAY WALK**

Leader: Michele Johns 3353 2822 or 0414 635542.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$10 (car pool), \$2 (private).
Grading: M33.
Location: In the western suburbs of Ipswich.

Web: http://www.ipswich.qld.gov.au/data/assets/pdf_file/0011/24410/white_rock_spring_mountain_trails_guide.pdf

Emerg Off: Richard Johns 0409 871641.

After regrouping at the carpark, we will start on the main track before taking a detour to Little White Rock. At the main road junction, there is a graded track to White Rock.

The walk is mainly along old timber tracks from here till we get to Spring Mountain, then it is a 10 minute climb to the top where there is an old Wll radar station.

We will retrace our steps, but bypass White Rock and follow the roads back to the cars.

April is starting to get cooler but since we will be on old roads and a little exposed don't forget to bring some sun protection, as well as plenty of water.

Hope to see you on this walk.

**SUNDAY 10th APRIL 2016
SUB VERTICAL TRAINING
SAFETY TRAINING**

Contact: Frank at fmrqld@gmail.com.
Meet at: Kangaroo Point nursery cliffs.
Time: 8.00am to 1.00pm.
Cost: Free.
Web: <http://fmrqld.bwg.org.au/cms-assets/documents/235870-299072.fmr-training-2016.pdf>

Aimed at advanced walk leaders.

Nursery Cliffs at Kangaroo Point.

Cost Free, Max 15 participants.

Topics:

- Minimal / light equipment; tape, dynamic vs static rope, belay devices.
- Pack hauling. Fixed lines / handlines.
- Natural Anchors and top belay techniques. Waist belay.
- Tying in without a modern / conventional sit harness.
- Assisting nervous climber. Assisting person with ankle sprain.
- Emergency stretchers.

**TUESDAY 12th APRIL
BANFF FILM FESTIVAL
SOCIAL**

Leader : Phil Murray 0416 650160.
Venue : The Powerhouse Theatre.
Meet at: Watt Bar.
Time: 7:00 pm to 10.00 pm.
Cost only \$35.

The Banff Mountain Film Festival is an international film competition held in November each year. The festival selects the best films and then there is world-wide presentation of the best short films and documentaries about mountain culture, sports, and environment.

Members from our Club have attended the last three years and it is real eye opener. We changed to the Tuesday night 12th April as the Friday night often gets booked out very early.

At this stage three people are going and have booked row H. To make a booking simply go onto the Powerhouse website and make a booking.

Hope to see you there.

**FRIDAY 15th APRIL
JIMMY'S ON THE MALL
JOHN TOOHEY SOCIETY**

Leader: Phil Murray 0416 650160.
Address: Queen Street Mall.
Time: From 4pm till 9ish.

What For: A chat, a meal and a beer.

Web: <http://www.jimmysonthemall.com.au/>

Emerg Off: Phil Murray 0413 307580.

The Club has a regular gathering for a social drink and a chat on a Friday once a month on the third Friday of the month.

For the month of April we are going to the Jimmy's on the Mall in the Queen Street Mall. It is virtually on the intersection of Queen and Albert Streets. A great place to watch the world go by.

There is a reasonably range of beers and wines available and the meals range from \$29 for a salad to \$42 for a 200g eye fillet. About normal.

**SATURDAY 16th APRIL
GLEN ROCK
DAY WALK**

Leader: Iain Renton 3870 8082 or 0401 429085.
Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Time: 6.00am.
Cost: \$20 (car pool), \$2 (private).
Grading: M57.
Location: South of Gatton.
Web: <http://www.nprsr.qld.gov.au/parks/glen-rock/about.html>
Emerg Off: Greg Endicott 3351 4092.

It has been a while since the club has done a walk in the Glen Rock Forest Park. It is an interesting place to go walking. Blackfellow Creek flows down a long narrow valley tucked under the coastal side of the Great Divide with the Mistake Ranges to the east. The north-eastern slopes of this valley are steep, dry and sparsely timbered looking much more like drier inland areas of Australia. The slopes facing the south-west are more lush and heavily timbered (we'll be walking these slopes).

We'll leave the picnic area and take the road up the valley crossing Blackfellow Creek a couple of times. Then walk along Flaggy Creek a short distance before heading up the slopes to find a break in the cliff-line (clearly marked on the forestry map). On reaching the top of the escarpment we may head out to the end of the bluff that juts out over the valley. We'll then retrace our steps to reach the crest of the ridge that borders the valley. We'll then proceed to one of the highest pinnacles in the vicinity (997 metres) which should give us views of Laidley Gap, Mt. Zahel and Beau Brummell and beyond. Then it's out along another ridgetop to Glen Rock, which has a rocky bluff at the end which gives the park its name. Then down a long ridge back to Blackfellow Creek and then back along the road to our starting point.

The walk is about 12 km long with a height gain of maybe 680m. It is mostly off track with some long steep climbs. There may be some rock scrambling and maybe some exposure. There is the possibility of encountering some heavy undergrowth in the Flaggy Creek valley (so bring some gloves in case). Once we reach the crest of the ridge it should be glorious ridge top walking in open eucalypt forest. I've yet to do the pre-outing and will have definite answers once that is done. Join me on this interesting and varied walk to some spots the club hasn't been to before.

SUNDAY 17th APRIL
PRINCE ALFRED HOTEL
KATE QUINLAN SOCIETY
A QUIET SUNDAY LUNCH

Leader: Greg Endicott 3351 4092.
Where: 170 Brisbane Rd, Booval (that's Ipswich) Cnr Bergin Rd South.
Time: 11.30am for 12 Noon.
How: Drive and park in the large Carpark OR:
catch a train to Booval Station on the Ipswich line.
The third carriage
The 10.30am train from Platform 8 at Roma St.
Look up: <http://translink.com.au/>
(The Ferny Grove Line is "out" for the weekend).
We will walk up Bergin St together to the pub.
Cost: Meals range from \$18 to \$40.
Web: <http://pahotel.com.au/>

Please Nominate by Wed 13th April

This is another in our sequence of cool casual Sunday lunches. Come along to spend social time with your friends in autumn sunshine out in the beer garden Charcoal Grill. Laze about. Talk and discuss. Eat and drink. Make new friends.

The Prince Alfred Hotel is one of the oldest and most iconic hotels in Queensland. It was built in 1842 by D Bergin - a two-storey timber hotel surrounded by 40 acres of Cotton Fields. The original cold room still stands today, dating back to 1842. Up for sale in 1866 the Booval Hotel was a hardwood timber building and contained 7 rooms with a detached kitchen a piggery and garden, store-room, dairy, five stables, stockyard and milking bail.

In 1961, the Historic Prince Alfred Hotel was destroyed by fire. It was rebuilt and opened in 1963. In 1987, the Johnson Family purchased the hotel from the Carlton Brewery and has remained passionately independent ever since.

In December 2012, this iconic Ipswich hotel opened its doors to its new Steakhouse, Char'd. The name derives from when the hotel burnt down over 70 years ago and continued serving cold beer out of the cold room; the only part of the hotel not destroyed by the fire. Locals called it 'The Charcoal Inn' because of the charcoal and tin underfoot. The 250 seat steakhouse is setting the standard for dining, with a combination of decor and technology that will ensure a dining experience not to be forgotten. Its focus is on local produce and carefully matched wines.

Our Sunday lunches are very enjoyable and we have a great time together.

MONDAY 18th APRIL
MONTHLY MEETING

Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall,
250 Banks St, Dorrington (in the lower carpark behind the church.
Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

Stay for supper. Bring those recent bushwalking snaps.

**FRIDAY TO MONDAY
29th APRIL TO 2nd MAY
COMBINED CLUB CAMPOUT
BASE CAMP**

Leader: Michael Simpson 0409 620714.
Location: Kooyalee Campground 30kms from Rockhampton.
Time: From 3.00pm Friday at Kooyalee.
Cost: \$15pn for accommodation + transport and food.
Grading: Various.
Emerg Off: Greg Endicott 3351 4092.

You may be interested in a Pilgrimage type event which is run each year by the Central Queensland Clubs. This year Capricornia Bushwalkers are hosting the event so you will need to travel to/from Rockhampton. I hope to receive the nomination forms sometime this month so please ring me if you are interested.

**FRIDAY TO MONDAY
29th APRIL TO 2nd MAY
GLEN INNES CELTIC FESTIVAL
SOCIAL**

Leader: Cath Wood 3398 1465 or 0428 755100.
Meet at: Showgrounds in Glen Innes LATE Friday night.
Return: Monday late morning.
Transport: Pay your own transport costs to/from Glen Innes. If any people want to combine on transport let me know and I will see what is possible.
Camping: Camping at the showgrounds (in town, walking distance to town centre and the festival site).
Web: <http://www.australiancelticfestival.com/>

Glen Innes Tourist office:
<https://www.gleninnestourism.com/australia-n-celtic-festival/> has links on their website for showground camping for the festival, with unpowered sites from \$20 and powered sites from \$25 per night. Make your own bookings and mention on the booking that you would like to be near Cath Wood.

Festival Tickets:

Book your own tickets. The same site where you book the showground accommodation also has an "Activities" tab to book your festival tickets. The day passes are \$25/day or \$50 for

the weekend, including the Saturday night concert (if you book before 31st March).

"The Festival attracts clans, cultural groups, dancers and performers from around the world. Visitors experience Celtic music and dance at four stages at the Festival's main venue, the Australian Standing Stones, and in many venues around town.

The Australian Standing Stones are an array of granite monoliths often shrouded in autumn mists. You definitely don't want to miss rising at dawn and to listen to the haunting skirl of pipes amidst the stones.

The four-day Festival features entertainment that includes a street parade, kirking of the Tartan, massed pipe bands, strong man events, yard dog trials, children's entertainment, a fun run, dancing, flag raising ceremonies, poet breakfasts, market stalls and Celtic foods.

Each year's Festival celebrates one of the Celtic nations.

The 2016 Festival will honour the Isle of Man and will run from Thursday 28th April to Sunday 1st May."

It is a great weekend, with lots of different activities at the festival. The program actually has event from Thursday onwards, so anyone wanting to go a day or 2 earlier can do so. I can't leave until after school on Friday afternoon. Basically, book your accommodation & festival tickets, let me know that you are going and when, and I will see you there.

**ADVANCE NOTICE
THURSDAY 5th MAY
MT BEERWAH
DAY WALK**

Leader: Phil Murray 5522 9702 or 0416 650160.
Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$10 (car pool), \$2 (private).
Grading: S45.
Location: Glasshouse Mountains.
Distance: 2.6kms.
Web: <http://www.nprsr.qld.gov.au/parks/glass-house-mountains/about.html>
Emerg Off: Sue Murray 5522 9702.

Mt Beerwah is an iconic mountain just north of Brisbane. The mountain was closed for several years (it was closed in mid-2008 due to a rock fall) and was re-opened just recently without

any fanfare. I can only presume that the lack of notice of the re-opening was due to that the NPWS want to keep the fact that the mountain was re-opened very quiet is that so many people have encountered difficulties on the mountain, especially coming down. I am keen to go back to the mountain and climb it before it is closed again.

The trip is described in Ross Buchanan's book (*Bushpeople's guide to Bushwalking in South-East Queensland 2nd Edition, 1991*) as follows.

"The Glasshouse Mountains are among the most memorable landmarks in south east Queensland. They present dramatic profiles, rising abruptly, from the flat coastal plain. (p265)

Mt Beerwah (556 m; grade 2¹/₂ to 3, 3 hours return. *This is the highest and most imposing of the Glass House Mountains. .. Walk up the track to the beginning of the slabs, which can be scaled either directly or by an easier route up a gully on the left. An obvious route leads up to the base of the northern cliffs. From here turn right and follow the track up and around the mountain's western shoulder. Care is required on descent."* (Page 269)

The recent book by John Daly has taken a much more cautious approach and rated the mountain as hard.

The Climb to the 556 metre summit of Mt Beerwah involves scrambling over steep, rocking slabs. The difficult walk should only be attempted by confident, experienced scramblers and has been rated 'hard', because of its precarious nature. ..

A graded track leads a few hundred metres from the car park to a picnic area and the views of the mountain face from here are excellent. From the picnic area follow the track uphill over some steps and past a short section of pipe railing. The track swings right and ends at the base of a steep rocky slab.

This is the start of the summit climb. (There is an alternate access point to the mountain, immediately behind a clump of trees at the point where the track swings right. This route climbs a narrow cleft like ledge and is favoured by some people as a descent route).

There are some smooth hand holds up this smooth, sloping slab. An obvious route leads from the top of the slab to a small sandy ledge. When you reach the tree line an

eroded sandy tack leads straight up to the base of the cliffs. The cliffs are honeycombed with hundreds of small caves inhabited by swallows and the top of the cliff overhangs you in layers.

This walk is an iconic walk for south east Queensland and Club members should take the chance to do the walk before it gets closed again. It is a hard walk for some but that is yet another reason why members should do the walk.

Bring your usual day walk stuff and a head for heights. If it is raining we will do a different walk.

PRESIDENT'S REPORT

Here we are in another new Club Year, 2016. Doesn't time move fast?

Firstly, I would like to thank last year's Committee for their hard work and good decision making. The Club had a stable, well-run year in 2015. In particular, two retiring members of the Management Committee need to be acknowledged. Russ Nelson, our long serving President, did a very good job in organising Committee and ensuring all ran well for the Club in 2015. Cathy Wood, as Social Secretary, kept the fun side of the Club running along smoothly, with some well-attended events, including some that were a bit different from previous years. Good work, Cath!

Secondly, I'd like to introduce the new Committee, which includes some old faces and some new ones. Terry Silk, Graham Glasse, Michael Simpson and Phil Murray are continuing in their roles of Treasurer, Secretary, Jilalan Editor and Membership Officer, respectively. I've moved from Vice-President to President, while Michele Endicott has taken up the role of Vice-President and Liz Little comes on board as the new Social Secretary. Thanks to all these people for being willing to serve the Club in a special way in 2016. We still need an Outings Secretary and a Safety and Training Officer, so it's not too late to be involved on Committee this year!

Our new Management Committee wants to keep up the momentum from 2015 and continue taking the Club from strength to strength. If you have any ideas on the running of BCBC, just e-mail Graham, our Secretary, who will put any suggestions on the agenda for the following Committee meeting.

I hope to see lots of members – and visitors – at our monthly meetings throughout the year. For the March Meeting, it would be great to have a really good turn-out, as we have lined up an interesting Guest Speaker, Andrea Randall, who will be talking about the Fascial System of the human body. Andrea is a Structural Integration and Musculoskeletal Therapist who specialises in working with feet and the rib cage. Andrea will speak about the Fascial System and teach us some simple movements to care for our feet and enhance our walking. The Fascial System is like an endless web or stocking throughout our body; when one part is stuck, it can pull the rest of the tissue. For this reason, when the fascia of the feet are released, the calves, hamstrings, back and base of the skull can all receive benefit. Andrea's understanding of how the fascial and nervous systems work in movement allows her to help us identify patterns of movement that are restricting us and then provide guidance about how to create fluent moves as we walk.

Happy Walking in 2016!

TREASURER'S REPORT

Balance 21/12/15	\$2435.41
Plus Receipts	\$2296.91
	\$4732.32
Less Payments	\$752.08
Balance 15/2/16	\$3980.24
Term Deposit	\$2776.22

Warning, if you have not renewed your membership, this is the last magazine that you will receive until you do renew. I am still collecting money for The Little Kings. Also, a reminder that the club has a limited stock of t-shirts and small metal badges for sale. Terry.

ABOUT PEOPLE

Bernadette Desmond, Fiona Fitzsimmons, Jan Nelson, James Parra, Kerriane Pearce, Julie Philippi, Patricia Mackie, Justin Tobin, Robin Thorn, Susan Walsh and Michael Wood are celebrating their birthdays in March. Matthew, Kerry, Ethan and Heidi had a holiday in New Zealand in January. John Bevelander spent some time in Vietnam in January. Michael Wood has just returned from a skiing trip to Japan. Michael Simpson, Karen Franklin, Kerriane Pearce, Chris Rahmann and Paul Evans have just returned from walking in New Zealand as have Maria Stalker as well as Michele and Richard Johns. (New Zealand must be on special at the moment.) Phil Murray

and his wife Sue have also just spent some time in New Zealand. Cleone Langan and Jeff Boyle were first time visitors on Michele's Coomera Circuit walk. Other visitors on the walk were Melissa Blumke and Therese and Peter Nally. Tim Hanley was a first time visitor in Louise's Thorneside walk. Congratulations to our latest new member, Sherryn Johns. Visitors are always most welcome on any of our activities.

It is with great sadness that I advise you of the passing of Desley Pedrazzini's mother, Adell "Dell" on 11 March 2016. May she rest in peace.

OUTINGS COMMENTS

Leaders Needed:

24 May – Long Creek Falls

26 June – Mt Coot-tha Tracks

13 August – Mt Hennessey

25 September – Karawatha Forest

2 October – Springfield Area

8 October – Tabletop

29 October - Springbrook

We still need leaders. There are only 7 day walks and 4 easy walks left so get in now before you miss out.

In the absence of an Outings Secretary I am providing a brief report.

The numbers on past walks are as follows:

Date	Trip	Leader	Type	No
February 7	Coomera Circuit	Michele	DW	20
February 13	Araucaria Track	Gerry	DW	7
February 28	Thorneside to Wynnum	Louise	DW	9
March 6	Clean-up Australia Day	Terry	DW	5
March 12	Border Track	Michael	DW	3

Good walking and I hope to see you in the bush.

Michael Ph: 0409 620714 or

michaelesimpson@optusnet.com.au

MONDAY WALKS

Julie Anne Williamson is very keen to walk on Mondays and is looking for similarly minded people. If you are interested please contact her on 3722 1726.

AROUND THE RIDGES

A TRIBUTE TO JUSTIN AND HIS BELOVED MT BARNEY

Barney is waiting, answer the call,
No need for invitations, the choice is for all.
Where eagles soar high, and your spirits as well,

The mountain is beckoning, with its rough rugged shell.

With inspiration and awe, and clouds drifting past,
Adrenalin pumping and your heart beating fast,
Nothing's too difficult where beauty abounds,
A soft running creek with its beautiful sounds.

Climbing Mt Barney, there's challenges galore.
There's Eagles and Leanings etched in folklore,
Isolated Peak and Short Barrabool,
Barney Beautiful, nature's own pool.

There's North Ridge and Logan's and East Peak
and West,
Climbing the exposed Mezzanine Ridge the ultimate conquest.
There's scunge and there's scrub and a battle awaits,
When you conquer Mt Barney, you're up with the greats.

There's mud and there's dirt, and burrs in your socks,
Scratches and scrapes, opportunity knocks.
The beautiful bird life, the songs that they sing,
The scent of the blossoms, especially in spring.

The spectacular views on ascent of a peak,
And the reflections created on Barney Creek.
The sound and the sights of the wildlife around,
In God's own paradise, in nature's surround.

A galaxy of stars appears on display.
The Southern Cross, and the majestic Milky Way,
The hues and the colours, and pastels and shades,
Moods change on Mt Barney and just never fade.

There are geckos and lizards, in crevasses and cracks,
And sometimes a snake, on the bush tracks.

The wondrous dragonfly, with colours so bright,
The splendor of butterflies, meandering in flight,
The shrikes and the whistlers, they burst into song.
Honey eaters and robins, they join in the throng.
The magpie and butcherbird, in an orchestral flute,
And crickets chime in with a raucous salute.

So here's to you Justin for a job that's well done,
Your jokes and your stories are a bundle of fun!

PAST EVENTS

MOVIE NIGHT

TUESDAY 2nd FEBRUARY

SOCIAL

Our first movie night for 2016 saw ten of us gather at the Balmoral Cinema in Bulimba to see "Spotlight". Six of us gathered at the Coffee Club for a meal before the movie to discover that their two for one deal only applied to main meals.

The movie was in the beautifully restored cinema number one. It certainly lived up to its highly rated reviews with the main stars, Mark Ruffalo, Michael Keaton and Rachel McAdams playing powerful roles. The movie was so good that it won an Oscar for Best Picture. Everyone thoroughly enjoyed the most engrossing movie with eight of us staying for a coffee and debrief in the Cinema Cafe.

Thanks to Liz Little, John Hood, Andrea Turner, Sandra Goleby, Joe Tottenham, Greg and Michelle Endicott along with Elizabeth Richards and her friend Wendy for joining me at my favourite cinema. Watch out for our next movie night when I find something suitable for us. Terry.

NORTH STRADBROKE ISLAND

THURSDAY 4th FEBRUARY

DAY WALK

Weather: Grey gloomy skies but very muggy.

Rain: None but a spot of rain on trip across the bay.

Temperature: 27°.

Distance: 8 km.

Attendance: 8 – Phil Murray, Liz Little, Paddy Taylor, Joe Tottenham, Michael Simpson, Trevor Kelly, John Nguyen and Violet Nguyen.

The trip went out. The weather was favourable as 2 days before the temperature was a very high 36 degrees.

It was just a great day of walking. We started walking at 10.00 ish. We visited Main Beach, where a few had a swim then we had an ice cream and one of our group had a gelato. We then did the boardwalk around the gorge and then onto Frenchman's Beach and walked around to Cylinder Beach where we had a long leisurely swim and then lunch.

One of our group was feeling a bit off. Rather than get better after a short break he got worse. So it was time to change plans. Rather than just one person go back with a crook walker we all went back early. But of course we got him cleared by the medicos before we made any firm plans of coming back. The trip back across the bay was very very rough with a "short sharp sea".

Anyhow I just love the views on Straddie and the lovely sense of place. Straddie is only 20 miles from Brisbane but it feels like we are a thousand

miles away. I am very happy to go back here again next year to finish this trip.

My humble apologies to the group as I missed the first ferry as I got caught in two traffic snarls. I only allowed a 10 minute buffer for the trip instead of 20 minutes. The inevitable happened and I was delayed by the traffic snarls on the M1 and another jam through the back streets of Redland Bay. I made a quick phone to advise the group to leave without me. The group caught the designated 7.55 am ferry. I arrived at the jetty just as their boat was leaving and waved to the group as they motored away. Anyhow I met them at Main Beach after they had a swim and we commenced the walk.

There was a suggestion by the ambos that there were a few people who had a bout of gastro recently and he asked our crook walker if he had gelato and he said yes. The ambo gave a knowing nod. Phil.

PANCAKE TUESDAY TUESDAY 9th FEBRUARY SOCIAL

Like many people, on arrival at the Pancake Manor, Charlotte Street, Brisbane, we marvelled at the craftsmanship of those who constructed the "Synod House" for the Anglican Church.

John Steward and Company constructed this wonderfully detailed brick building with its magnificent arches and roof in 1904. The building was then known as St Luke's Cathedral and served as home to the cathedral congregation in the period between the demolition of the old cathedral and the new St John's Cathedral which opened in 1910. The church then reverted to its original purpose as Headquarters for the Anglican Church Mission until the 1950s.

We settled down to a feast of pancakes. Some enjoyed savoury pancakes whilst others enjoyed sweet pancakes. Certainly, the Pancake Manor does pancakes well. There were 17 members who had the opportunity to feast on the eve of Lent. The consensus was that we should do this next year.

ARAUCARIA TRACK SATURDAY 13th FEBRUARY DAY WALK

Seven members registered for this walk. The day started out with the weather looking good. We left RedHill on time and I decided not to

stop in Canungra but meet up at Binna Burra. We arrived by 8:30am and started the walk ten minutes later.

By the time we started the walk the sky's had clouded over and light rain had started. The rainforest protected us from this and we reached Joalah Lookout at 9:30am but the weather was blustery and showers made this an uncomfortable spot for morning tea. So we pushed on and stopped for morning tea in the clearing at the turn off to Araucaria Track at around 10:00am. This was a short morning tea (15 mins) and we started out down the Araucaria Track.

We arrived at Orchid Bower at 11:30am but due to the blustery conditions and no view, we moved on to our next port of call. We arrived at our destination 15 minutes later and decided to have lunch on top of the rocks. By this time the rain had started in earnest and 15 minutes later after quickly eating our lunch we started back to Binna Burra.

Despite the rain we made good time and reached the Border Track by 1:00pm. The track had become extremely muddy and leaches were ever present. As we got to the Joalah Lookout the mist partly cleared to allow us to get a look at the view. Finally the cameras could get a decent photo.

When we reached the junction with Shipstern's track, we stopped and cleaned ourselves up. There were leaches on everyone but we remained in good spirits despite the conditions. We arrived back at Binna Burra at 2:30pm and enjoyed some refreshments before heading back to Red Hill.

The members on the walk were Gerry Burges, John Hood, Paddy Taylor, Sue Walsh, Louise Jones, Rusty Jones, Mary McInnes.

KG BAR AT THE PULLMAN HOTEL FRIDAY 19th FEBRUARY JOHN TOOHEY SOCIETY

Nine members of the Society gathered at the KG Bar on a warm and humid evening. Some light rain fell during our visit and this was followed by storms and heavy rain later in the evening. We were located on the deck facing Ann Street; initially there was some traffic noise from the afternoon peak but this gradually subsided. We had the benefit of a flow of cool air from the air conditioning inside the hotel.

The bar wasn't overly crowded for a Friday afternoon, and the noise level was good. A soloist performed live music at intervals during the evening. The bar provided a good range of popular beers on tap. The food was of a high standard and was reasonably priced. Thanks to John, Cath, Kylie, Greg, Michele, Russ, Gerry, Peggy and Graham for supporting this social.

ANNUAL MASS & DINNER SATURDAY 20th FEBRUARY RELIGIOUS CELEBRATION

As usual, this was a great occasion – well-organised, well-presented and well-attended.

The Mass was at St Carthage's Gordon Park and said by Fr Frank O'Dea, as it has been for the past few years. Liz did a marvellous job with arranging the liturgy. The readers and prayer-leaders were loud and clear. Thanks to all involved, especially Liz and the musicians/singers, Peggy and Kylie. There was a good roll-up – about 45 in total, including a number of really past members from the early days of the Club – great to see. We all stayed around afterwards and talked outside – good to catch up.

The dinner was at the newly-renovated Everton Park Hotel – unfortunately a bit too popular in its new form. We had an almost private room, which became our room part-way through the evening when the other tables left. We were seated at two long tables, but still managed to circulate around and catch up with friends old and new.

The one dampener on the night was the long food queue when ordering the meals. The hotel was overcrowded because it was "new" and everyone was trying it out. But once ordered, the food came quickly.

Most stayed around till 10pm, with some leaving even later. Despite the queues, it was still a most enjoyable evening, because of the conversation with friends.

Thank you all for coming: Michele E, Liz L, Jan & Russ N, Trish Ashe, Andrea T, Marian Arthur, Dianne Robertson, Rosemary Stafford, Peggy R, Barry C, Therese A, Ben Charles, Maree H, Paddy T, Elizabeth R, Pat L, Jonas B, Cathy W, Antonia S, Sandra G, Trevor K, Iain R, Merrill Turpin, Terry S, Maria K, Graham G, Fiona & Neil & Bede F, Kylie M, Anne I, John H, John & Thomas C, Mary & John MacDermott, Merv Galvin, Brain Purvis, Susan & Mary & Justin T, and Maxine B. Greg E.

TOMATO BROTHERS WILSTON WEDNESDAY 24th FEBRUARY COFFEE NIGHT

Six members met at this restaurant on a pleasant summer's evening. There was a constant flow of dine-in customers on the night. We were allocated a secluded table towards the rear of the restaurant, where there was a good supply of firewood for preparing the wood-fired pizzas.

Our group chose either risotto or pizza for the main course, and the food was of a high standard. Everyone enjoyed their food and drinks. Thanks to Liz, Sandra, Pat, Jonas, Terry, and Graham for supporting this coffee night

THORNESIDE TO WYNNUM SUNDAY 28th FEBRUARY DAY WALK

The north side and western suburbs left from St Brigid's while the south side left from Balmoral and Cooparoo. Sue Tim met us at Thorneside. When we all arrived we had to do a car shuffle. The Cleveland line was down so they had buses to replace the trains. We started off on a bike path and along the way saw different varieties of gum trees. The leader needed some encouragement on which way to go. We were heading towards Lota where we partook of a well-deserved morning tea break. While on the break we came across SES uniform which was very clean so the group decided they were new recruits, very organised with a tent set up. We finished morning tea at about 11. Then it was just a matter of following the esplanade along the water front. Next we reached Manly which it was busy with market stalls. The group had a discussion on where to stop for lunch and came up with Wynnum where we had a strong sea breeze. Gerry decided to try the local cuisine of fish and chips. The view was amazing looking out towards Moreton Bay and St Helena Island. Gerry shared his chips with the seagulls. After lunch we saw a pelican on a post. Then it wasn't far to Graham's car at the mangrove boardwalk. We reach there by 1pm and Terry decided it was too early to collect Russell's car so we all did the mangrove boardwalk circuit. There is a viewing platform for keen bird watches. I came across a chair made out of 2 litres milk bottles. Then it was time to collect Russell's car and

heard towards Wynnum west for afternoon tea at Hungry Jacks.

Thanks to those that joined me on the walk Terry, Graham, Russell, Gerry, Sue, Tim, Paddy and Andrea. This was Tim's first walk with the club. Thanks also to the drivers Russell and Graham. Louise.

EVENING STROLL WEDNESDAY 2nd MARCH

Though these "strolls" are not an official Club event, it is Club members who do the walks.

The last one was Bowen Hills to the City – via the suburbs of Bowen Hills, Newstead, along the River to Merthyr Rd through the back streets of New Farm and back along the River to the City. It was a good route with nice old houses, lovely trees, cool river breezes, nice riverscape, an unusual road cutting and more.

The weather was slightly overcast – thus cooler than usual, though still humid. There was no rain. We stayed together, talked, stopped and looked at century-old houses, admired the well-grown old vegetation, and saw the city go from late afternoon into evening mode. As usual, we explored some not-too-often-seen parts of our Brisbane.

These Evening Strolls are becoming more popular as we get into the sequence.

Thanks to: Terry Silk, Liz Little, Rosie O'Brien, Michele Foley (all the way from Gatton to attend), Sue Walsh, Louise & Rusty Jones, Paddy Taylor and myself. A good time was had by all. Greg.

CLEAN-UP AUSTRALIA DAY SUNDAY 6th MARCH DAY WALK

This year five club members joined a large group at Downfall Creek Bushland Centre for Clean-Up Australia Day. Unlike last year, the event was not as organised. After a brief briefing by the coordinator and a pep talk by the local councillor, Norm Wyndham who has a history with Clean-Up Australia, we donned gloves and collected our rubbish and recycle bags and headed off along the walking tracks into the park. Having not been allocated an area this year, I decided to cover the same area as last year. I was off to a good start picking up litter before we even entered the track system.

It wasn't long before we became separated. This year I decided to go off track and check out some gullies. These proved to be a gold mine for litter. At top of one gully I found a rubbish dump which had plenty of broken glass, glass bottles, rusted metal, building materials, broken china etc. Before long my bag was quite heavy and I realized that I was a long way from our starting point with a climb along the way. On the way back I caught up to some young scouts who begged me to give them the large metal pieces I was carrying. We all managed to collect plenty of litter this year.

The free sausage sizzle went down well, but there were no soft drinks this year, just cold water. Also, this year there wasn't a surplus of sausages and consequently there were no seconds. It was quite a hot and humid day, but, fortunately, it did not rain. During the clean-up, I spotted a large carpet snake sunning itself on a rock by the creek, a water dragon by the creek and many flying foxes. I marked the area of the dump on my map as there was some rubbish which I could not haul out. This year I was the last to participate in the sausage sizzle. I think that because we were so successful this year, I feel that we could give it another go next year. Thanks to Fiona Fitzsimmons, Russ Nelson, John Hood and Gerry Burges for joining me. Coincidentally, the coordinator is the daughter of past member, Greg Rogers. Terry.

MOVIE NIGHT TUESDAY 8th MARCH SOCIAL

Ten of us made it along to our second movie night for the year, which as per usual turned out to be rather successful. Once again we went to the Balmoral Cinema in Bulimba where we saw "The Lady in the Van" starring Maggie Smith and Alex Jennings. It is "mostly based on a true story". Maggie Smith was brilliant. The movie had many humorous moments plus some rather touching ones. Being a British production, it was rather well done.

Four of the group managed to make it to the Coffee Club for a meal before the movie whilst three others managed to get something in the theatre cafe to eat in the cinema before the movie started. Three others found the choc top ice creams irresistible in the very hot weather. After the movie, six of us managed to stay for a debrief and coffee in the theatre cafe.

The movie was screened in one of the small cinemas which became very full, particularly as

the movie had only been in the cinema for less than a week. Thank you to those who joined me:- Liz Little (maintaining her perfect record), Andrea Turner, John Hood, Gerry Burges, Elizabeth Richards, past member -Jean Gowans, Maria Stalker (not long back from five

weeks walking in New Zealand) plus Greg and Michele Endicott. Stay tuned for our next movie night. Judging by the previews which we saw on the night, there are certainly some good ones coming. Terry.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10; Country: \$30.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is a \$10 discount for Ordinary and Associate Members who elect to receive an electronic Jilalan only. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

Postal Address	PO Box 31, Red Hill, Qld 4059	
E-Mail	briscathbushclub@yahoo.com.au	
Web	www.bcbc.bwq.org.au	
President	Greg Endicott	3351 4092 endhouse@bigpond.net.au
Vice President	Michele Endicott	3351 4092 endhouse@bigpond.net.au
Treasurer	Terry Silk	3355 9765
Secretary	Graham Glasse	3371 9623 graham.glasse@bigpond.com
Membership Enquiries	Phil Murray	5522 9702 philmurray16@gmail.com
Outings Secretary		
Social Secretary	Liz Little	3356 4874 lizlittle@bigpond.com
Safety & Training Officer	Vacant	
"Jilalan" Editor	Michael Simpson	0409 620714 michael.simpson@optusnet.com.au
Artist in Residence	Iain Renton	3870 8082
Bushwalking Q'ld	http://www.bushwalkingqueensland.org.au e-mail: info@bushwalkingqueensland.org.au BWQ Blog: https://www.aussiebushwalking.com/	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Glen Rock (photograph by M Simpson)

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
PO Box 31
RED HILL QLD 4059
JILALAN
Print Post Approved
PP 409367/0022

**SURFACE
MAIL**

