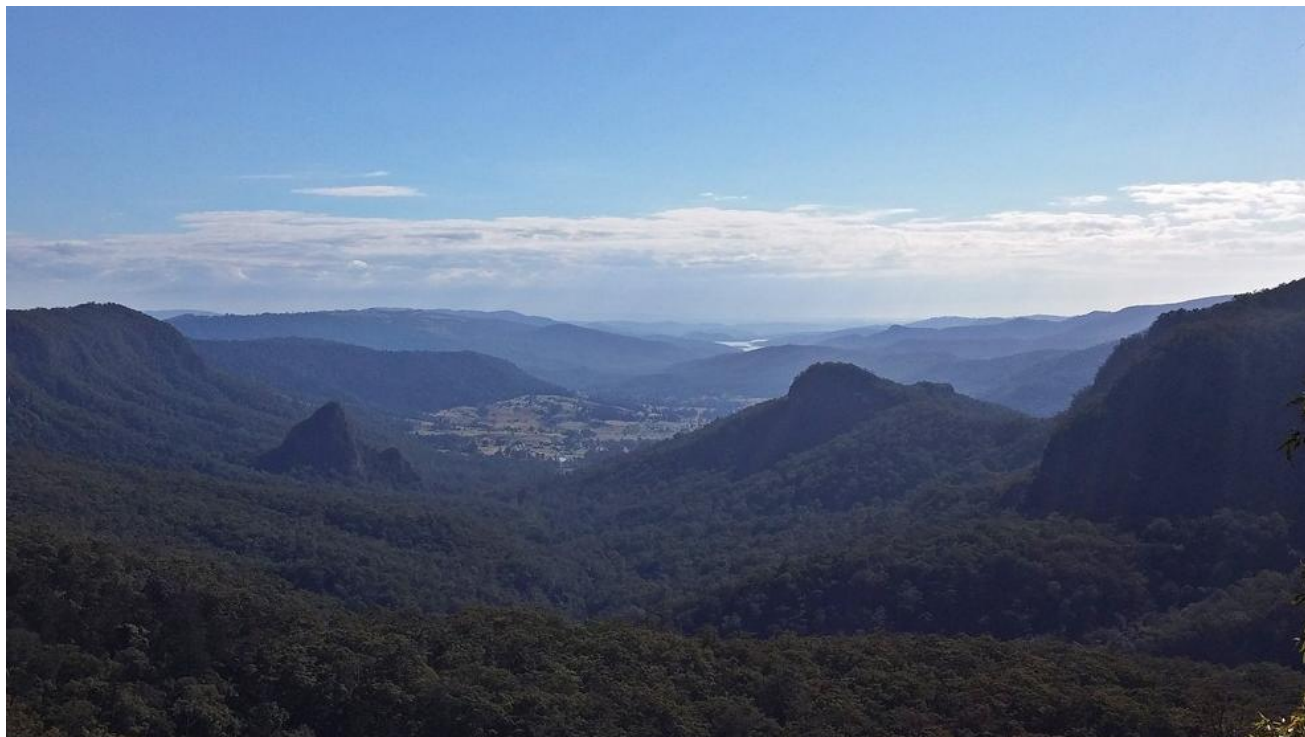


# *JILALAN*



The Shipstern Circuit Saturday 22<sup>nd</sup> October

Monthly Magazine of The

## **BRISBANE CATHOLIC BUSHWALKING CLUB Inc**

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

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ISSUE N°554

## *OCTOBER 2016*

Date	Event	Leader	Phone	Type	Grade
24/25	Barney Exploratory	Iain		BC	
25	Karawatha Forest	Louise		DW	
28	Coffee Night	Graham		Soc	
1	Mt Edwards	Terry		DW	
Oct 1/3	Blue Mountains	Phil		BC	
3	Springfield Area	Peggy		DW	
6	Twin Falls	Michele		DW <sup>t</sup>	
8	Brisbane Open House	Greg		Soc	
9	Mt Tabletop (Toowoomba)	Michele		DW	
15	Retreat	Michele	3351 4092	Sp	
17	BCBC Meeting	Greg	3351 4092	Meet	
21	JTS – Lock & Loaded	Phil	5522 9702	Soc	
22	Shipstern Circuit (Binna Burra)	Phil	5522 9702	DW	XL35
23	Kate Quinlan Society	Greg	3351 4092	Soc	
26	Coffee Night	Michael	0409 620 714	Soc	
28/1	Victorian Alps – Mt Clear	Phil	5522 9702	TW	
Nov 2/10	Aussie Camino	Russ	33743534	BC	
3	Kingscliffe to Tweed River	Phil	5522 9702	DW <sup>t</sup>	M22
5	Sandgate to Scarborough	Phil	5522 9702	Bike	Easy
12	Progressive Dinner	Justin	3366 3193	Soc	
18	JTS – Lock’n’Load	Phil	5522 9702	Soc	
20	Indooroopilly Circuit via Green Bridge	Paddy	3378 4813	DW	L13
21	BCBC Meeting	Greg	3351 4092	Meet	
23	Coffee Night – Ouzeri	Michael	0409 620 714	Soc	
26	Wave Break Island	Phil	5522 9702	DW	M22
Dec 1	Maroochy River to Mooloolah River	Phil	5522 9702	DWt	
4	West End Area	needed		DW	
10	Christmas Party	Louise J	3399 4472	Soc	
16	JTS – George’s Paragon	Phil	5522 9702	Soc	
17	Box Forest Circuit	Gerry	0404 947 960	DW	
19	BCBC Meeting	Greg	3351 4092	Meet	
26	Boxing Day Walk	needed		DW	

The Calendar is subject to change without notice

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

### KEY – Walk Types

<b>DW</b>	Day Walk	<b>Sp</b>	Spiritual
<b>ON</b>	Over Nighter	<b>BC</b>	Base Camp
<b>TW</b>	Through Walk	<b>CW</b>	City Walk
<b>TRN</b>	Training	<b>S&amp;T</b>	Safety & Training
<b>FMR</b>	Federation Mountain Rescue	<b>SOC/SW</b>	Social/Social Walk

### KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
<b>Short</b> Under 10km / day	<b>1</b> - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	<b>2</b> - Graded path/track with minor obstacles	<b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
<b>Medium</b> 10-15km / day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	<b>4</b> - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
<b>Long</b> 15-20	<b>5</b> - Rough or rocky terrain with small	<b>5</b> - Moderate - Up to 6 hours walking. Up to

km per day	climbs using hands or rock hopping	450m gain/loss per day. Agility required
	<b>6</b> - Steep, rough or rocky terrain with large climbs using hands or rock hopping	<b>6</b> - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
<b>Extra Long</b> Over 20 km per day	<b>7</b> - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	<b>7</b> - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	<b>8</b> - Climb/descend near vertical rock with exposure. Climbing skills may be required	<b>8</b> - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	<b>9</b> - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	<b>9</b> - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

## PRAYER OF THE MONTH

God let us be serious.

Face to face.

Heart to heart.

Let us be fully present' - -

Strongly present -

Deeply serious - - - - The closest we may come to innocence.

Amen

(Leunig 1990)

## COMING EVENTS

**TRIPS** leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:

<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

**Leaders:** Print your own Event Nomination Form from the Club's web site.

**A reminder to visitors** that you are required to do 2 walks before Committee officially declares you a Member of the Club.

**LEADERS:** If you make changes to your walk, such as date, where, or cancel it – please tell Desley Pedrazzini Ph: 3369 5530.

## SATURDAY 15<sup>th</sup> OCTOBER CLUB RETREAT

(Day of personal spiritual reflection for ALL)

**Leader:** Michele Endicott Ph: 3351 4092  
[endhouse@bigpond.net.au](mailto:endhouse@bigpond.net.au)

**Theme:** Eco-Spirituality (re-thinking our relationship with Creation)

**Meet at:** "The Lounge", Brookfield Centre for Christian Spirituality  
139 Brookfield Rd, Kenmore Hills

**Time:** 10:00am to 3:30pm.

**Cost: \$20** (Please contact M.E. if you need to pay less. Don't let the fee keep you away.) Parking is free, as is use of their grounds and kitchen.

**Bring:** Lunch, and please bring a small 'plate' of sharable goodies, if possible. Tea and coffee are provided at no charge.

**RSVP:** To M.E. by 9pm, Thursday, 13<sup>th</sup> October – or preferably even sooner (Please put "Club Retreat" in the email subject line.)

**Emerg Off:** Greg Ph: 0418 122 995

This Club Retreat is an opportunity to step away from the busy-ness of everyday life and take some time out to reflect on 'the bigger picture' – in this case, the really big picture: our whole world, the universe, all of creation! At this point in human history, where we are so connected technologically-speaking, we have the opportunity to communicate with each other about this beautiful Mother Earth we share and to think seriously about what we human beings can do collectively to "Care for our Common Home", as we (all human beings, not just Catholics) are exhorted to do by Pope Francis in his 2015 encyclical letter on Ecology and Climate, *Laudato sí*.

However, universal all-of-humanity action can't really happen till individuals have contemplated where they stand on these matters. Now, 2016, is a really good time for each of us to stop and re-think our relationship with each other, with our God and with all of Creation – and yes, there is a connection between these things. As Pope Francis points out in *Laudato sí*.(218), a healthy relationship with Nature is one key to holiness.

Let's all gather at the Brookfield Centre (a large colonial home with indoor spaces plus walking tracks and 'a Labyrinth nestled amongst the perfumed gardens') to ponder these things as individuals on Saturday 15<sup>th</sup> October. Our Facilitator, Caroline, will provide some stimulus material and then we'll have the opportunity to spend some time alone in nature reflecting on these ideas and pursuing our own thoughts, too.

During that time, we can sit still in a quiet place or wander along the walking tracks or go through the Labyrinth on an 'inner journey of discovery' – our choice! I think there'll be something in it for everyone. Please come along - and encourage a friend (fellow-member or not, Catholic or not) to join you/us. All are welcome! RSVP soon. Thanks. *Michele*

### **MONDAY 17<sup>th</sup> OCTOBER MONTHLY MEETING**

**Contact:** Greg Endicott Ph: 3351 4092  
**Time:** 7.30pm – Doors open & meeting starts soon after.  
**Where:** St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)  
**Web:** <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

### **FRIDAY 21<sup>st</sup> OCTOBER**



### **LOCK AND LOADED BISTRO JOHN TOOHEY SOCIETY**

**Leader:** Phil Murray Ph: 0416 650 160.  
**Address:** 142 Boundary St, West End  
A few doors from Vulture St  
**Time:** From 4pm till 8ish.  
**What For:** A chat, a beverage and a meal.  
**Web:** <http://www.locknloadbistro.com.au/index.php>

**Transport:** Bus Stop 7 is right outside – Route 199

**Emerg Off:** Phil Murray Ph: 0413 307 580

**Where:** Join us right out back in the alfresco garden.

A change of venue is required because of Oktoberfest that will crowd out the German Club, make service slow and has a cover charge of \$10. So, we go there in November. We have been to LnL before – the bistro with the nice garden setting out the back that we said would be good for a Sunday breakfast. But we never did.

They say about themselves: From food to fashion and community appeal, West End has always done things a little differently. West End is home to a culturally diverse population and the Kurilpa Peninsula creates a melting pot of bohemian style second to none in our wonderful city.

Located in the heart of Brisbane's vibrant West End, Lock 'n' Load caters to the discerning palate in a relaxed environment. With a tranquil courtyard to escape the city streets, food prepared with love, live music to the ears and slick service, West End's focus of Bohemian lifestyle is right here. Come in, replenish, kick back or party on - Lock'n'Load style.

Lock'n'Load strives to embellish this eclectic culture and create a neighbourhood eatery for our locals and visitors alike. Step through the front doors and into a bustling atmosphere, sit in our dining room and remember yesteryear, or traverse to our courtyard and get lost in the ambience of our tranquil garden.

Lock'n'Load can easily be described as a "Modern Eating House" a Drinkery with Food if you will. From Breakfast to Supper, our kitchen team excels at presenting quality fresh produce. Not overworked, not complicated, but a quality wholesome product that will have you craving for more. Our menus are sourced using fresh seasonal produce and our boutique range of drinks will have you fall off your seat!

We believe that time shared with friends should be memorable and that great time's need good food, plenty of wine and it'll help if you bring a few of your nearest and dearest too! We aim to offer you and your friends an occasion to remember. Now there is a new bar to enjoy in our recently invigorated courtyard. Alfresco drinking at its best.

Come in early, and we'll make sure you'll be happy ;)



**SATURDAY 22<sup>nd</sup> OCTOBER  
SHIPSTERN CIRCUIT  
DAYWALK**

**Leader:** Phil Murray Ph: 5522 9702 or 0416 650 160

**Meet:** St Brigid's carpark

**Time:** 6.30am

**Cost:** \$20

**Pace:** Brisk pace – 4km per hour

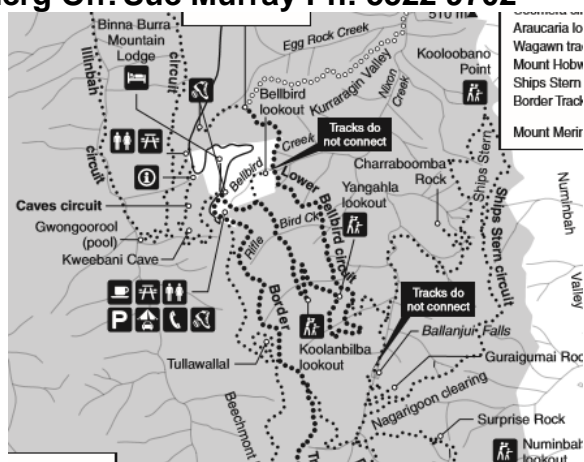
**Grade:** XL35

**Location:** Binna Burra in the Gold Coast hinterland on the Lamington Plateau

**Web:** <http://www.npsr.qld.gov.au/parks/lamington/pdf/lamington-binna-burra-map.pdf>

**Distance:** 22.5km

**Emerg Off:** Sue Murray Ph: 5522 9702



The Shipstern walk is a lovely graded track walk but you do have a fair bit of uphill walking late in the day.

The walk is mainly through rainforest but also through a few dry eucalyptus areas with wildflowers. There are some lovely view spots along the way.

The circuit walk is 18.37km. We will be doing the full circuit starting at the Binna Burra café and will head south out along the Border Track and do the circuit in a counter-clockwise direction.

To get maximum distance for the day, I plan to do all the side trips to Upper Ballanjui Falls (2.54km return), Charraboomba Rock (660m return) and Lower Ballanjui Falls (1.1km return). A total of 22.5km that is actually less than the average daily distance on the Aussie Camino.

The trip is a great way to build fitness (or test fitness) and we plan to do the walk at a brisk pace.

It is a great walk with great views and lots of wildflowers. Bring the usual daywalk stuff plus at least 3 litres of water as it will probably be

very warm. We will still have a first & second morning tea (7 minutes each) and a lunch stop 30mins. I would like to start walking before 8.30am and hopefully finish before 4.30pm. Phil

**SUNDAY 23<sup>rd</sup> OCT  
KATE QUINLAN SOCIETY  
A BAYSIDE LUNCH**

**Leader:** Greg Endicott Ph: 3351 4092

**Where:** The Waterloo Bay Hotel, 75 Berrima Street, Wynnum (cnr Bay Tce)

**Menu:** <http://www.waterloobayhotel.com.au/assets/docs/may-2016-menu.pdf>

**Time:** 11.45am

**Cost:** \$15 to \$40

**Grading:** Excellent

**Web:** <http://www.waterloobayhotel.com.au/>

**Transport:** Drive yourself there, walk, catch the train with a few of us, OR if you cannot get there under your own steam, let me know when you nominate so I can arrange a car for you.

**Train:** 11.20am train from Platform 5 at Roma Street Station

This hotel is just a 2.75min walk from Wynnum Central Station.

**Translink:** <http://jp.translink.com.au/travel-information/journey-planner/-1418962231>  
<http://translink.com.au/service-updates>

**Emerg Off:** Greg Ph: 0418 122 995

**RSVP:** Wednesday 19<sup>th</sup> Oct



The pre-outing is done. The tables are set. The call is heard.

Each year I try to have a Sunday pub lunch by rail, and this year is no exception. (You can drive or walk if you want to.)

This hotel surprised us when we did the pre-outing – we looked at 7 places in the Manly/Wynnum area. The Waterloo is old but updated. It is atmospheric. It is quiet. It is central. It is near the station. The Fig Tree Restaurant is a nicely laid out area either under the sky or under the awning. And what a fig tree – massive.

We were impressed by the service – efficient and fast. The staff is friendly and informative. We felt looked after and the staff cared.

After lunch, some of us will have a wander down to the shoreline to look at the Bay, the old 40's houses and the quite tree lined suburb around the hotel.

What can be better than a leisurely sunny Sunday lunch with friends new & old over a few drinks, chatting about times past & future, and about mutual friends not present? Ahhh, a great afternoon. And where better than Moreton Bay's best pub. Nothing is better than that.

Ring me to nominate.

### **WEDNESDAY 26<sup>th</sup> OCTOBER DINNER & COFFEE NIGHT SOCIAL**



**Leader:** Michael Ph: 0409 620 714.  
**Meet at:** HUB Café Kitchen, 1/10 Stewart Place, Ashgrove.  
(Up near Waterworks Rd)  
**Time:** 6.00 pm for dinner  
OR 7.30pm for coffee.  
**Cost:** Your choice – visit their website for their menu.  
**Web:** <http://hubcafeKitchen.com.au/>  
**Emerg Off:** Michael Ph: 0409 620 714.

This month we are returning to our favourite café in the heart of Ashgrove. It's a great venue with good food and ambience and it's local to a lot of members. You can either come early and eat or come later and just have coffee. Either way you can join in the conversation of trips coming and past or travel plans coming or past.

### **THURSDAY 3<sup>rd</sup> NOVEMBER KINGSCLIFFE BEACH WALK (Tweed River to Salt Village Kingscliff) DAYWALK**

**Leader:** Phil Murray Ph: 5522 9702  
or 0416 650 160  
**Meet at:** St Brigid's carpark  
**Time:** 6.30 am  
**Cost:** \$20  
**Grade:** M22

**Distance:** 16km  
**Location:** Northern NSW south of the Tweed mouth  
**Web:** <http://destinationtweed.com.au/welcome/towns-villages/kingscliff/>  
**Pace:** Medium pace on beach about - 4km per hour  
**Emerg Off:** Sue Murray Ph: 5522 9702

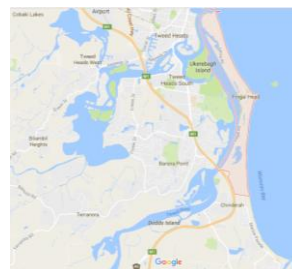
This walk is a lovely beach walk from the Tweed River to Salt Village.

Much of the walk is along pristine isolated beachfront. We also traverse the Fingal Headland that has nice views. At Kingscliff, the group walk through the village area and cross the Cudgen River and then go back towards the beach for a short walk to Salt Village.

This walk was led in September 2011 by Graham Glasse and there were 15 walkers for the trip. We finished the walk that time at Kingscliff but this year we will head a few kilometres further down to Salt Village.

We need to do a short car shuffle at the start so we don't have to walk all the way back.

I hope to have a quick swim at Fingal Headland.



Phil

### **SATURDAY 5<sup>th</sup> NOVEMBER BAYSIDE BIKE RIDE SANDGATE TO SCARBOROUGH & RETURN**



**Leader:** Phil Murray Ph: 5522 9702  
or 0416 650 160  
**Meet at:** Cnr Shorncliffe Parade & Allpass Pde, Sandgate  
**Time:** 7.30 am  
**Grade:** Easy  
**Cost:** Free  
**Distance:** Approx. 40 km

**Location:** Along the northern bayside suburbs

**Web:** [http://cyclingbrisbane.com.au/route-planner?utm\\_source=cbhome&utm\\_medium=promo&utm\\_term=-&utm\\_content=text-version&utm\\_campaign=promo\\_cbhome\\_route-planner](http://cyclingbrisbane.com.au/route-planner?utm_source=cbhome&utm_medium=promo&utm_term=-&utm_content=text-version&utm_campaign=promo_cbhome_route-planner)

**Emerg Off:** Phil Murray Ph: 0413 307 580

This will be the third and final bike ride for the year. It is a fairly easy ride along the pathways and bikeways beside the bay. We will have morning tea at Scarborough Point.

This bike ride is a great way to see the beautiful coastline along Redcliffe. Approximate distance is about 40km. I hope to finish before 11.30am before the wind gets up.

Riding a bike is a great way to improve your fitness and see different parts of Brisbane.

In the words of Paddy Pallin – the only trips I regret are the ones I didn't go on. Phil

**SATURDAY 12<sup>th</sup> NOVEMBER  
ON THE TRACKS  
A Progressive Dinner By Train  
SOCIAL**



**Contact:** Justin Tobin Ph: 3366 3193 or 0417 710 371

**Where:** The Dining Car, Grand Central Hotel, Central Station, 270 Ann St, City

**Time:** 4:00pm

**Cost:** Go Card + Eats approx. \$45.00

**Web:** [https://en.wikipedia.org/wiki/Progressive\\_dinner](https://en.wikipedia.org/wiki/Progressive_dinner)

**RSVP:** Monday 7 November, earlier if you can please.

**QR is providing the transport for our Saturday night out.**

Where will the train take us?

Join us at the Grand Central for drinks, then on the train and tracks of suburban Brisbane for entrée, main course and finishing with coffee before heading home after an enjoyable night out and about.

Come along for a fun night with your club.

On again, off again, gone again.  
Justin

**FRIDAY 18<sup>th</sup> NOVEMBER  
THE GERMAN CLUB  
JOHN TOOHEY SOCIETY**

**Leader:** Phil Murray Ph: 0416 650 160.

**Address:** 416 Vulture Street Gabba, Opposite the Gabba Cricket Ground, beyond the corner with Main St

**Time:** From 4pm till 8ish.

**What For:** A chat, a beverage and a meal.

**Web:** <http://brisbanegermanclub.com/>

**Transport:** The Woolloongabba Busway Station is one block away

**Emerg Off:** Phil Murray Ph: 0413 307 580



The Club has a regular gathering in town for a social drink and a chat on the third Friday of the month. This time we are meeting at the German Club. Our last visit here was on Friday 21<sup>st</sup> October 2011.

Oktoberfest is over. The crowds have gone. Prices have again become more reasonable. It is a lot quieter.

Come along and visit this traditional German club; partake of the cheapish home-style simple meals, sample the German & Australian wines, ales and waters. You don't have to get up to do those heel slapping German dances – just sit with us and talk & talk & talk.

There are 2 beers on the above list that merit a special mention.

1. Köstritzer Schwarzbier is a dark beer - One of the most notable drinkers of Köstritzer Schwarzbier was the great German poet and writer Johann Wolfgang von Goethe, who sustained himself on black beer from Köstritz when he was unable to eat during a period of illness.

2. Budvar Budejovický this beer is also known as the Czech Budweisser beer. But due to trademark problems with the American firm that brews Budweisser in the United States, Canada, Mexico, the beer is marketed as Czechvar in the US and the American Budweiser is labelled as Bud in all European Union markets, except for Ireland and the United Kingdom.



Being a German Club, they do have some good wines – still & sparkling.

It is not all beer and wine – it is essentially good company.

A few German Quotes for quotes of the month:  
Give me a woman who loves beer and I will conquer the world. Kaiser Wilhelm

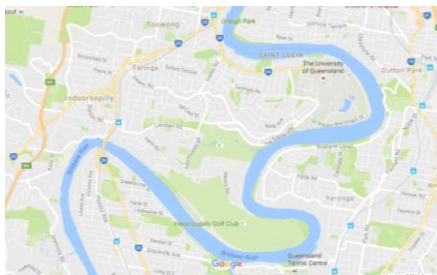
Drinking beer doesn't make you fat,  
It makes you lean.

Against bars, tables, chairs, and poles.  
Traditional German quote

Live each day as if your life had just begun. -  
Johann Wolfgang von Goethe

### **SUNDAY 20<sup>th</sup> NOVEMBER THREE BRIDGES CIRCUIT BACKYARD DAYWALK**

**Leader:** Paddy Taylor Ph: 3378 4813  
**Meet at:** Indooroopilly station (Ipswich & Springfield lines)  
**Depart:** 9am  
**Cost:** \$2  
**Grade:** L13  
**Location:** Western suburbs of Brisbane  
**Web:** <http://www.brisbane-australia.com/brisbane-river-crossings.html>  
**Emerg Off:** Barry Ph: 3378 4813



Artists Impression of the route.

Leaving the station, we will walk along Lambert Rd past the soccer field and High School to Robertson Park. From the park, there is a shared path alongside the Golf Course and the river to the University and the Eleanor Schonell Bridge. We cross this bridge to Dutton Park.

From Dutton Park, we follow the river, sometimes through parks, sometimes on suburban streets, through Yeronga to Tennyson tennis centre. Crossing Pamphlett Bridge over Oxley Creek, we continue through Simpsons Playground, and along the river to Chelmer. We will detour through Faulkner Park and Caesar's Place, where re-vegetation has been undertaken by local groups. This is a very pretty walk. It is amazing how much green space and parkland we have in our city. There are also

some beautiful houses to see, some with magnificent grounds.

From Chelmer, we cross the Jack Petsch Bridge back to the Indooroopilly station. The walk is fairly long, about 19km, but we are never very far from public transport.

Don't forget to bring all the usual daywalk gear, including a hat, sunscreen, raincoat, first aid kit and 2 litres of water.

### **MONDAY 21<sup>st</sup> NOVEMBER MONTHLY MEETING**

**Contact:** Greg Endicott Ph: 3351 4092  
**Time:** 7.30pm – Doors open & meeting starts soon after.  
**Where:** St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)  
**Web:** <http://www.bcbc.bwq.org.au/page4.html>

#### **Guest Speaker**

We have had enough of shoe salesmen, so now we are having a sox demonstrator.

Please Welcome: Injiji Feetures by Paul Reuss.  
Or in the layman's language: toe be or not toe be. That is the situation.

Come along to hear about the most important part of footwear – namely, what goes between your all-important feet and the hard shoe. The sock.



And now for a word from our sponsor:

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

### **WEDNESDAY 23<sup>rd</sup> NOVEMBER DINNER & COFFEE NIGHT SOCIAL**





**Leader:** Michael Simpson Ph: 0409 620 714.  
**Meet At:** Ouzeri Mediterranean & Greek Restaurant  
**Where:** 118 Boundary St, West End  
**Time:** 6.00 Pm for Dinner  
OR 7.30pm for coffee.  
**Cost:** Your choice – visit their website for their menu.  
**Web:** <http://www.ouzeri.com.au/>  
**Emerg Off:** Michael Ph: 0409 620 714.

Established in 1999, Ouzeri is a Mediterranean-style restaurant offering a relaxed, casual and family friendly dining atmosphere. We are situated in the heart of West End with ample on and off street parking.

If you have an appetite for generous meals at affordable prices with friendly staff, then come in, sit down and soak up the open air dining experience, while you watch the world pass by.

We make every effort to cater for everyone's tastes and dietary requirements by offering vegetarian, vegan, gluten-free, and Celiac options. Please speak to one of our friendly staff for Vegan & Gluten free options. We really do have that much variety!

Image: TripAdvisor

### **SATURDAY 26<sup>th</sup> NOVEMBER WAVE BREAK ISLAND DAYWALK**

**Leader:** Phil Murray Ph: 5522 9702  
or 0416 650 160  
**Meeting Point A:** St Brigid's carpark  
**Meeting Point B:** Carpark opposite the Grand Hotel 360 Marine Parade, Labrador  
**Time:** 6.30am at Red Hill  
7.30am at Labrador  
**Cost:** \$25  
**Grade:** M22  
**Location:** At the mouth of the Gold Coast Broadwater  
**Web:** [https://www.griffith.edu.au/data/assets/pdf\\_file/0004/322807/Wavebreak-Island.pdf](https://www.griffith.edu.au/data/assets/pdf_file/0004/322807/Wavebreak-Island.pdf)  
**Distance:** 12 km  
**Pace:** Easy pace – 3 km per hour  
**Emerg Off:** Sue Murray 5522 9702

This trip is a circuit walk. It starts at Grand Hotel at Labrador and we walk south along the shoreline of The Broadwater past the new Gold Aquatic Centre. We cross the Southport Bridge and zig zag through a few streets to the surf beach. We traipse along the beach to the Gold



Coast Seaway then a visit to Wave Break Island.

We will have late lunch on Wave Break Island and enjoy a leisurely swim before we explore the island a bit more. (There are no toilets on Wave Break Island or any tap water).

After about 2 hours we will be picked up on the western side by the water taxi again and be taken back to the Grand Hotel at Labrador.

This will be the second trip by the Club to this island. The previous trip was on Saturday 7th March 2015. There are still proposals for the redevelopment of the island so it may be wise to visit it before it is declared out of bounds.

So come along for an interesting walk on the Gold Coast.

Photo: <http://www.peterscholer.com/Other/Federation-Walk-Reserve/i-CLZ99F3/A>



### **SATURDAY 10<sup>th</sup> DECEMBER CHRISTMAS PARTY SOCIAL**

**Contact:** Liz Little Ph: 3356 4874 or [lizlittle@bigpond.com](mailto:lizlittle@bigpond.com)  
**Address:** 14 Bexley Ave, Balmoral  
**Time:** 5.30pm  
**Cost:** \$30  
**Pay by:** Sunday 4<sup>th</sup> December

The festive season is fast approaching, so dig out your Santa hats and mark this date in your diaries! Rusty and Louise have generously offered to host our party this year. Dinner will be catered and include two roast meats and four salads. Dessert will be certain to satisfy the sweetest of teeth and some fun Christmas activities are assured.

Because the caterers require numbers, we need to ask you to pay at the time of nomination. You can give cash to Terry or Liz or deposit the money into the Club account. Use your name and Xmas as the reference; eg BSB No: 514179 A/C No: 1567184 and Ref: YourNameXmas. Eg: LizLittleXMass

## **PRESIDENT'S REPORT**

With the publication of the 2017 Club Events Calendar and my call last month for the newer folk to take on leading, perhaps a few words on the gentle art of Leading might be of help. Generally, we do not ask members to lead a trip – we hope they will step forward and volunteer. Only when a trip is leaderless and likely to be cancelled do we start to make the necessary phone calls. However, while I say this, Desley has indicated she will be making selective calls to the newer folk who she thinks is about ready to take on the leader role.

Leading is not difficult. There is more mental fear than difficulty on the actual trip. The way to go when leading (everything in life and not just trips) is preparation.

For a trip, preparation is asking the experienced leaders about your intended trip: route preferences, help with reading the maps (or Google Earth), providing an idea of what to expect, mentioning any difficult sections, road directions including where to park, showing photos if possible, and perhaps coming along on a pre-outing (or nominating who could come along with you as guide).

The next step in your preparation is the actual pre-outing. It is an exploratory adventure. You are in the area of your trip to learn what is there and to pick the best of the area to walk through and of course to choose the best route. You may not walk the intended route, however, that is preferable so you do not have to carry out a second pre-outing. Traversing the actual route is very wise because on the day of the actual Club walk knowledge defeats fear (of the unknown and the unexpected).

The pre-outing should be done before your article is due to be published in the Jilalan prior to your walk. It is a good idea to do it at least 6 weeks before the date of the trip.

You will need to put in writing for Jilalan an article that reasonably describes the average parts of the trip, with extra emphasis on any parts that might be considered more difficult for the average walker. Give an idea of the route, the ups and downs, the creek crossings, the steep bite, the views and lookouts, any possible highlights.

Do not over stress on the cost or the grading: You have done enough walks by the time you lead to know how much you have paid to go on previous trips, so have a fair idea of the cost. You did a pre-outing where you kept tally of the

distances driven, so with the distance and current cost of petrol, you can come to some approximation of expenses. Expenses then become the cost of the trip based on how many walkers you intend to put into a car.

The grading is not scary – it is explained at the front of Jilalan. All you have to do is analyse your pre-outing according to the criteria in the grading guide. Remember, the grading is for the whole trip, not just the worst or scariest part. We do not set a grading according to the worst, the most difficult or the scariest 5 minutes of a 5-hour walk. We set it on the overall standard of the whole walk. To clarify any difficult parts, you mention them in your Jilalan article and in your talk at the meeting.

And you will have to stand up in front of the meeting to advertise your trip, convince members and visitors why they should come on your trip and not that of the next speaker. And to talk at the following meeting to tell what happened. I have written about this in a recent past Jilalan. Standing in front of a group of your friends is not difficult. Look them in the eye and make them avoid eye contact.

Some experienced leaders claim that taking the nominations is the hardest part of leading a trip – not the writing, not the talking about it, not the actual day of the walk, but answering the phone of those enquiring about your trip.

So, when Desley sneaks up on you to ask you to lead, say a resounding “Yes” – because you have just read this article and realise it is all so easy.

## **TREASURER'S REPORT**

Balance 15/08/2016	\$2607.03
Plus Receipts	\$ 444.95
	\$3051.98
Less Payments	\$ 164.90
Balance 19/09/2016	\$2887.08
Term Deposit	\$2797.68

Congratulations to Ann Iron and Graham Glasse who won first and second prize respectively in our last raffle.

I am now selling tickets in our next raffle which has three prizes with the first being a large (50cm x 100cm) blue Denali Micro-fibre Towel, the second being a 1.1 L BPA Free green Denali Water Bottle and the third a 485ml dark

blue enamel Spinifex Mug. Tickets are good value at a dollar each.

Remember that we still have a small supply of club t-shirts and small metal badges for sale. Terry

## **ABOUT PEOPLE**

Maxine Brophy, Karen Franklin, Mary Kelly, Trevor Kelly, Maria Kerruish, Russ Nelson, Matthew Palmer, Desley Pedrazzini, Chris Rahmann, Renuka Reid and Cath Wood are celebrating their birthdays in October. Trish Boman and Wendy Loh were visitors on Phil's Coolangatta to Currumbin walk. Congratulations to our latest new member, Sue Murray, Phil's wife.

Visitors are always most welcome on any of our activities.

## **SOCIAL SECRETARY'S REPORT**

The highlight of the month was definitely the Big O Birthday Bash. What a delightful celebration and delicious meal Sue and Justin organized to celebrate the zero birthdays of Andrea, Phil, Trevor, John, Paddy and Jonas. The coffee night at Majo's at New Farm was a small affair with several regulars travelling at the time, but that allowed for a more intimate and companionable evening. Thanks, Graham, for setting it up. Terry's movie night was a great success. The movie, Sully, was well worth seeing and the company is always good. Thanks also to Phil for JTS at The Woolly Mammoth where some drank \$1 beers and all enjoyed tasty burgers or pizzas.

Be sure to note that the venue for JTS this month is now Lock and Load at West End. Details of the Christmas Party are in this month's edition. Do sign up and pay so that we can guarantee the numbers for the caterers.

## **BUSHWALKING QUEENSLAND**

The proposed Diabetes Qld/O'Reilly's/BWQ fundraising trek is on again next year, doing the Box Forest Circuit in March. The Ranger was really happy with the trek this year and is eager to continue with this venture.

I have just spoken to Will Buch, Ranger at Lamington, who informed that between now

and mid-November the Daves Creek area of Binna Burra is scheduled for a burn-off. They will then be going in there afterwards to remove tree branches etc. posing a threat, as they are nervous about another person being killed or injured from fallen limbs.

I will also post on Twitter/Facebook.

Gavin Dale, President, Bushwalking Queensland Inc.

## **2017 PILGRIMAGE PLANNING DAY**

A request from YHA Bushwalkers concerning the 2017 Pilgrimage pre-outing in 2 weeks time. At this point in time, the regular members who would be looking after our side of the Pilgrimage as all busy on this weekend, so I am asking if anyone else is available to go and to listen to what is being arranged – no need to make decisions; just report back. Please let Michael Simpson know if you are interested.

Hi from the 2017 Pilgrimage organisers – YHA Bushwalkers.

Currently YHA has 7 members going down on Sat 22<sup>nd</sup> Oct for the 9am meeting with the Gorge group (see a later Jilalan article) and then the 3pm meeting with the Showgrounds management to work out arrangements for our stay at Killarney for the Pilgrimage. Of those, 4 are staying the night to do some walks on the Sunday.

I haven't booked our camping at this stage in case there will be a representative from the BCBC. Could you please confirm whether anyone will be present on Saturday and if so, will they be camping overnight for the Sunday walks?

If you could let me know as soon as possible so I can organise numbers as 4WD is required for where the Gorge group are taking us and I need to make sure there are sufficient seats in our vehicles or if your rep has a 4WD.

Regards Lynn, Ph 0411 811 241

## **PAST EVENTS**

**YEAR OF MERCY  
SATURDAY 6<sup>th</sup> AUGUST  
DAYWALK**

Three of us gathered at the Dutton Park end of the Eleanor Schonnel Bridge in the morning to begin our pilgrimage into the city. The walk led us through some interesting streets in Dutton



Park and South Brisbane, over the Goodwill Bridge and through the gardens to the Cathedral.

It was a short, but very pleasant walk for Antonia, Phil and me. In the City, we met up with others who had followed other pilgrimage routes. We all attended Mass at the Cathedral and enjoyed lunch at the Eagle Street Pier Coffee Club, an old favourite.

My route outbound led Michele, Terry and me up to Spring Hill, through Victoria Park and Herston to Downy Park and on to St Columba's at Wilston. It was a lovely walk, especially the sections through the parks. Liz

**BARNEY MASS – SOUTHEAST RIDGE  
WEDNESDAY 10<sup>th</sup> AUGUST  
DAYWALK**

The party walking up this Ridge was unusual in that it was made up of 3 clerics (Fr James Grant OFM Cap, Fr Nev Yun and Deacon Russ Nelson) and 1 lay person (Jan Nelson).

We were walking shortly after 7.00am and after climbing over the foothills, we reached the ridge proper after an hour or so. At this point, we thought we had earned an 'official' morning tea. Little did we know the world was about to change. Whilst enjoying morning tea, a group of youngsters walked past who were the first of a number of other parties on the ridge that day.

Soon after we started walking Nev said he was experiencing cramps in his lower legs. So we rested while he tried to stretch and rub himself back to good health. This was repeated a number of times. At one point, a passing walker gave Nev a large salty muesli bar. Later we tried to overdose Nev on Vegemite and salty cracker biscuits to try to increase the salt in his body. (You may wonder which is worse – overdosing on Vegemite or cramps in your legs.) All these activities did not stop us getting up a small rock slab with the assistance of a rope.

Then at 12.15pm with the top of East Peak in sight, we held a Council-of-War. It was obvious that we would not make the Mass site for the nominated start time of 1.00pm. Secondly, there was no guarantee that Nev's condition would remain stable. It could get worse. Given we were a party of 4, it was agreed we should all turn around and descend the ridge.

I managed to ring Liz Little (who was at the Uni Hut site) and tell her there would be no Mass on top. Instead, we would hold a Mass back at the

campsite. I sent a text to Mike Wood as I thought he would be unlikely to answer a phone call while facing the challenges of Eagles Ridge. (How wrong I was. He was having hourly conversations with Michael Simpson, back in Brisbane, on the progress of the climb.)

Nev found the descent a little easier. About halfway down, we met two walkers coming up around 2.00pm. They said they had got lost on the lower part of the ridge and they planned to camp on top. Their packs did not have the look of competent walkers, as the packs were wide with a lot of stuff piled on the top. We wished them well and continued. (On Thursday, we heard that these two got helicoptered off the mountain, without their packs, as they got lost in their descent.)

We reached Cronin's Creek, near campsite 10 around 4.00pm. Mike Wood and his party reached this point about 4.5 hours later. On returning to the campsite, we gathered for Mass that Michele Endicott reported on in the September Jilalan. Nev has since fully recovered. The day was a good day, with excellent blue skies. Must have another go at Southeast with both Nev and James next winter. Russ Nelson

**COFFEE NIGHT AND DINNER  
WEDNESDAY 24<sup>th</sup> AUGUST  
SOCIAL**

Ten members gathered at the Kookaburra Café at Paddington on a cool winter's evening, following afternoon showers. This venue is somewhat of an institution in Paddington, having commenced trading in 1982. It offers many interesting rooms; on this occasion, we were allocated sole use of an upstairs room that contained some unusual photos, as well as replicas of native wildlife suspended from the ceiling. The club has visited the Kookaburra Café for social events on a number of occasions over the years. It is currently for sale, so we wait to see what the future holds for this iconic building.

The menu includes a wide range of wholesome meals. Everyone enjoyed their food and drinks. Thanks to Russ and Jan, Liz, Richard and Michele, Pat, Greg and Michele, Terry, and Graham for supporting this coffee night.

**NOOSA TRAILS  
SATURDAY 17<sup>th</sup> SEPTEMBER  
DAYWALK**

What a spectacular part of the Sunshine Coast Hinterland. The Noosa Council do a great job of

maintaining the Noosa Trail Network. After the pre-outing I decided that it would not be wise to do all of Trail No 2 in one go, and so I shortened the walk to just under 17km.

After gathering on time at Red Hill, we headed up the highway to Pomona for a regroup before moving on to Kin Kin from where the walk started after a short car shuffle. As usual, the highway was quite busy but flowing smoothly. Being the start of school holidays and a rail-closed day helped increase the traffic. We started walking about 9.30am with a group of 7 other walkers just ahead of us. Later in the day, they passed us coming back. Before morning tea, three cyclists passed us and in the middle of the day, we met two walkers going in the opposite direction.

As usual, the countryside was very green with magical views necessitating the taking of many photos. It was obvious there had been some heavy rain since the pre-outing as some of the track was more eroded. The day was rather warm with threatening clouds building, with rain predicted for the end of the day. The cloud cover and some breezes helped keep us cool on some of the steep climbs of which there were many.

The walk to the morning tea spot was mainly across paddocks with many gates to open & close. There was a short section beside a bitumen road and another along a gravel road. The morning tea stop was in a park with a port-a-loo and picnic tables, one of which was covered. (How civilised is that!!)

After morning tea, we did some serious climbing to the Cootharaba Views Lookout. The views were well worth the effort. From here we climbed higher through some ups and downs, some steeper than others. With time getting away from us, lunch was beside a road looking out over the countryside rather than at the Twin Hills Views Lookout that I had been aiming for. After lunch, we crossed more paddocks where some cows started to follow us up the hill. Spectacular views were our constant companion. The steep climbs continued to the next lookout and then it was mainly downhill to the end of the walk at 4.00pm.

During the walk, we spotted a young goanna, an echidna, some kangaroos and wallabies, a goat and numerous cows. The horses, ponies and calves from the pre-outing were missing. Thank you to the 13 walkers who joined me :- Gerry Burges, Sofia Ramsay, Ray Rowe,

Louise & Rusty Jones, Maria Stalker, Sue Walsh, Greg Endicott, Russ Nelson, Pat Lawton, Andrea Turner, John Hood and Paddy Taylor. Special thanks to Russ for being "Tail End Charlie" and to Greg, Gerry and Russ for driving. Thanks also to Liz and Paddy helping with the pre-outing.

On the way back to Brisbane, we stopped at MacDonalds for coffee etc. whilst also taking advantage of the cheap petrol at the adjoining Shell servo. Once again, the traffic was heavy but flowing freely. Pomona's cafes were closed and no one wanted to stop at the Driver Reviver for free (free) coffee and biscuits.

I look forward to your company in Sept next year when I plan to complete Trail No 2. Terry.

### **MOVIE NIGHT TUESDAY 20<sup>th</sup> SEPTEMBER**

This month we set a record with fifteen members plus one visitor making it along to another very successful movie night. Coincidentally, this was the second club movie night movie that starred the brilliant Tom Hanks. (The first being the very successful "Bridge of Spies" which was also based on a true story just like "Sully".) Considering that, we all knew of "the miracle on the Hudson", "Sully" kept us fully interested for its entire eighty-eight minute running time. The "Courier Mail" wrote that audiences at many sessions of "Sully" have actually been applauding which did not happen at our session. The paper referred to it as "the surprise feel good movie of the year".

This time eleven people made it along to the Coffee Club for a meal before the movie whilst eight of us gathered in the Cinema Cafe for a coffee and debrief after the movie which, because it was short, did not finish late. (Sadly, the Cafe has increased its coffee and cake deal price by ten cents to \$7.00!!). On the night, no one opted to see "Bridget Jones's Baby", although some said that they would be seeing it in the coming days. I saw it the next day and thoroughly enjoyed it. Nobody can do comedy as good as the British. I wonder if there will be a fourth movie in the series.

Thanks to those who joined me:- Liz Little, (maintaining her perfect record along with yours truly), Greg & Michele Endicott, Russ & Jan Nelson, Richard & Michele Johns, Rusty & Louise Jones, Gerry Burges, John Hood, Terri Evetts, Antonia Simpson along with her visitor, Ken, and finally, Maria Stalker. Richard & Michele, Terri and Ken joined us for the first

time. Sadly, none of the previews shown on the night appealed to the group, so I will be going to see them all on my own. Being school holidays, the peak hour drive to the cinema was easier than usual.

So far, the standard of movies that we have seen on our movie nights has been very high and I can feel the pressure mounting to maintain the standard. So, stay tuned to find out what our next movie will be. Can we set a new record? Regards, Terry.

**KARAWATHA FOREST  
SUNDAY 25<sup>th</sup> SEPTEMBER  
DAYWALK**

We arrived excitedly at Karawatha only to find that the Discovery Centre was closed, therefore we started at the 2.5km Rocks Track. Along the path, Banksias were spotted until we came to the rock boulders that beautifully overlooked the surround suburbs of Kurby. The walk continued along a scenic track that led to a reservoir; this was the special place of morning teatime.

A track along the Logan Motorway was our next journey as interesting plants were sighted and buds were spotted almost in flower for the springtime. This path lead to the Dainella Track where we came across amazing Boronias and Laptosermums. Among these spectacular plants was our lunch spot where the joyful magpies joined us.

The Wild May Trail was walked followed by the Melaleuca Trail then the Maculate Trail that was 3km. On the completion of the walk, we finally were able to explore the Discovery Centre.

Overall, an enjoyable day was had. Thank you driver Graham and the company of Sue and Patty. (Russell and Louise).

**COFFEE NIGHT AND DINNER  
WEDNESDAY 28<sup>th</sup> SEPTEMBER  
SOCIAL**

Seven members gathered at Majo's Casual Italian Dining, New Farm, on a pleasant spring evening. This restaurant proved to be an excellent choice once again, following our previous visit in 2015.

It offers a wide range of meals, including many authentic Italian pizzas. The drinks menu includes several Italian beers. Many of the staff are of Italian origin. The interior of the restaurant has a number of interesting wall decorations, some with religious significance.

Patronage was good, even on what the owners consider to be a quieter night.

Thanks to Jan & Russ, Liz, Michele & Greg, Terry, and Graham for supporting this coffee night.

**M<sup>t</sup>. EDWARDS  
SATURDAY 1<sup>st</sup> OCTOBER  
DAYWALK**

The weather for Mt Edwards mark two was perfect after mark one was washed out in June. Sadly, on the day, I only ended up with two-thirds the nominations that I originally had for mark one. Fortunately, the track was dry, as the predicted rain in the lead up to the walk did not arrive, unlike the original pre-outing when the track was wet and slippery in places. The pre-outing was a very hot day, but on the walk we had a cooling breeze at times to take the edge off the heat.

I have discovered that one of the perks of leading a walk from the front rather than the middle or being "Tail End Charlie", is that you have a good chance of spotting wild life. On this walk, we saw the smallest goanna that I have ever seen as well as a small quail. Although the sign at the start of the track up Mt. Edwards states that it is three kilometres to the top, we are convinced that this cannot be right. The climb is pretty well straight up and it seems that you are never going to reach the top.

However, when you do, it all becomes worth it as the views are magnificent. On the climb up the rocky and eroded track, there are a few spots that offer good views into Reynolds George and across to Little Mount Edwards as well as back to Moogerah Dam that has a good quantity of water for a change. Six trees are now across the track that were not there on the pre-outing. Obviously, they have experienced some wild weather. Surprisingly, we only met four people on the track. (Two coming down and two going up).

We had a relaxing morning tea break on top of Mount Edwards whilst enjoying the views that included some of Brisbane's high rises. Eventually it was time to leave and we made a fairly quick trip down to the picnic ground at the dam where we were able to have a relaxing lunch at a sheltered picnic table whilst enjoying the views of the dam and surrounding mountains. Being the school holidays and a long weekend, there was plenty of activity on the dam. Surprisingly, the picnic ground was not too busy.



Sadly, all good things must come to an end, and it was time to drive over to Mount French where an extra bonus awaited us. At Jonas's suggestion, we decided to take the short, steep track down to the base of the cliffs that the rock climbers use. After this, we walked out to the lookout above the cliffs to enjoy the spectacular views. I have never seen the countryside looking so green and alive. Next up was the short circuit on top of Mount French that offered some more views as well as some wild flowers. Fortunately, we did not have to climb Mount French, as we were able to drive up the bitumen road to the top.

After all this walking, the troops decided to forego a coffee stop in Boonah. We had a good run into Brisbane, arriving at 4.45pm.

Thanks to those who joined me:- Gerry Burges, Maria Kerruish, Pat Lawton, Jonas Bernotas and Michele Johns.

Once again, I missed out on a stop at a "Driver Reviver" on the trip home as the nearest one would have involved a very short detour. Regards, Terry.

### **REDCLIFFE RAIL LINE OPENING MONDAY 3<sup>rd</sup> OCTOBER SOCIAL WALK**

After being delayed 100 years, the first actual train was delayed a further 20 minutes; it finally arrived with everyone who won the ballot – your name went in the hat to be on the first train at 9.30am (those specially chosen who lived in the area or were near 100 years old since they have waited that long for the train line to finally open). The Prime Minister, Premier, Mayor, and other Ministers were on this VIP train. They came to Petrie and returned to Kippa-Ring on the same train. No one got off. (That was supposed to be OUR train.)

We collected information at the stalls whilst waiting for "our" train to arrive. We finally got on around 10.25am and arrived at Kippa-Ring at 10.50am where there was a press conference happening.

We all set off soon after along the Shared Pathway with some other walkers. There were also a lot of cyclists on the track. The first section between Kippa-Ring and Rothwell Stations was the longest distance, taking about 45 minutes. We decided to have morning tea here at Rothwell. The group had to put on wet weather gear as it started raining.

Andrea drew to my attention the Koala Safety Fences along the way to keep the koalas from climbing over the fence. Then we had the Sound Barrier fences with beautiful murals painted on them; from Aboriginal Art to paintings of flora, fauna, birds and animals. In addition, sign language was drawn that made up the words "Community Connection". The most impressive I found was a mural underneath the Anzac Ave overpass with a mural of Poppies, a Soldier blowing a bugle and an Anzac theme.

We walked underneath the train line after Mango Hill Station and the pathway now was on the left hand side going towards Petrie Station. We arrived back at Petrie Station around 2pm where we stopped to look around the stalls again. A rather wet day, but enjoyable walk with plenty of murals and waterways.

There was nothing different about the stations; they all looked the same so we just kept walking past them. Not all those attending this first day of the line got on at Petrie or Kippa-Ring stations, you could get on at any station along the way, and the busiest I found was Murrumba Downs. There weren't really any souvenirs like those that we got at Clem 7 walk; just information handed out.

Five members attended this walk - Terry Silk, Maria Stalker, Andrea Turner, Jan & Russell Nelson. Three other members took the same train to Kippa-Ring but were doing a pre-outing for another walk - Justin Tobin, Trevor Kelly and Mark Daly. Sue

### **OPEN HOUSE SATURDAY 8<sup>th</sup> OCTOBER SOCIAL**

This was another good year of exploration and wonder. We "hit" Southbank this time. The trip started off outside the historic, old and beautiful South Brisbane Station – not one of the houses opened for the day. The group crossed the street to enter the Qld Performing Arts Centre – QPAC. On the tour we were taken behind "the scenes" – and saw the unexpected. There are 4 theatres in the Centre and they all join behind the stages. There is one big area joining them all – just at the loading dock. From this area, one could see onto all the stages from the rear at the same time.

The statistics of the building were staggering – the space above the Lyric Theatre where they hang curtains, lights, scenery and more is 9 stories high – they can certainly hide a lot of

stuff there for quick scenery changes. And the 4 theatres are not joined – each is a separate building.

We got the low-down from the former Events Manager – how it all operates and why things appear the way they do – a lot of smoke & mirrors (and psychology).

Over the road to the ABC for our next adventure. Here we had photo with celebs, got a stack of freebees, signed a petition to save our ABC, met radio and journalistic personalities, saw a working radio studio, had the mysteries of radio, news on line, learnt that all “News On Line” comes out of Brisbane, programming, TV news and weather explained, sat in Karina’s chair, has Jenny explain all about Green & Blue Screen technology (and found out that the weather presenter has a blank screen behind and is actually pointing to nothing – yep, nothing at all), noted that the inside of the building is unfinished (a flexible workspace we were told), and saw Philip Adam’s little Tardis (even named on the door).

Next onto the Conservatory of Music. Another building with many theatres. We got behind the scenes again and saw the parts only visited normally by students. Rehearsals were going on so we stopped to listen. The piano mover gave us the 1 hour guided tour – he knows the building intimately as he has moved all 100 pianos to every possible nook & cranny over the years.

We sat in the prestigious theatre, saw a few rehearsal theatres, experienced a pop-up children’s choir, peeked into training rooms (sometimes with students practicing), saw the gargantuan loading dock, stood in the Gold Room – where the Indonesian gamelang orchestra pieces are kept, and we were shown the cheapest fast food outlet in Southbank and it is open to the public – the students cafe at The Con.

Next on our list was the old South Brisbane Municipal Library Building – now the Griffith Film School up at the far end of Southbank next to the Maritime museum. We saw the delights of the old architecture in the “show” part near the entrance that has been left un-refurbishes, saw old movie cameras and projectors, movie posters. There was a 15min movie of ye old South Brisbane in which the Library was the star attraction. We made a movie of a tight ropewalker traversing above the Grand Canyon (actually Bryce Canyon) where the walker has

to dodge the biplane, the UFO, Superman, sing in the rain, and take a photo. The only thing missing was the person walking through wearing the gorilla suite. All while on the tight rope. We will see it at Terry’s next movie night.

Last on our list was St Andrew’s Church, cnr Vulture & Ernest Sts – a building we all drive past but never notice. It is a nice piece of architecture approx 117 years old, though like all good churches it took 60 years to complete. We looked at the nice structural wooden beamed ceiling, the lovely carved pulpit, the pretty stained glass windows with the afternoon sun bringing them to life, the basement rooms, and the bell pull room. They have 6 bells, and they are rung every Sunday (they are looking for extra musicians on the bells). They have everything but Quasimodo’s brother.

Then it was off to bus and train stations, or the car, and off to home for another year. Thanks to my fellow travellers: Michele E, Andrea T, Paddy T, Priya P and visitor Benno – and Rosie O’B for a short appearance. Greg

## **THE CHRONICLE (TOOWOOMBA) Andrew Backhouse: 17<sup>th</sup> Sep**

The Toowoomba Regional Council embarks on \$17 million walking track program

FORGET the mining or dining boom, the next big thing could be the walking boom, Cr Geoff McDonald says. Toowoomba Regional Council has endorsed a policy that will revolutionise walking trails across the 12,973 km<sup>2</sup> council area. It is preparing to spend nearly \$17 million on improving and expanding the region’s trail network.

The Council embarked on creating a new policy last year after consultant Tredwell Management Services identified that council had an ad-hoc approach to walking trails across the region including a lack of signage, maintenance and collaboration with neighbouring councils. The council audited its trails and will now attempt to fill the gaps identified.

A comprehensive four-part document was produced and council endorsed part one on Wednesday. The council will initially focus on upgrading existing tracks and then build upon the existing network to cater for a wide range of recreational trail users and aiming to deliver iconic trail experiences. It will then market the

trails to the wider region to capitalise on tourism opportunities.

The council has earmarked \$240,000 in funding this financial year to progress works on existing walking trails renewal (\$120,000) and to embellish bushland parks (\$120,000). A further \$100,000 was allocated for the Yarraman Rail Trail upgrade. In the short term, spending on trails will exceed \$3.12 million, in the medium term \$6.2 million and in the longer term a further \$7.58 million.

Trails include recreation walking tracks and mountain bike trails. Cr Geoff McDonald said there was more than 63km of walking trails across the region. He said the number of people using trails was increasing. Cr McDonald added the policy was part of a multi-pronged approach to increase tourism and the health and well-being of residents. "It's all waiting for us. It's just about having a strategy in place to identify gaps and work on the existing trails that we've got."

## **BUSHWALKING IN CAMBANOORA GORGE (Condamine Gorge)**

Dear Secretary

I am President of the Cambanoora Gorge Management Group Inc (CGMG). CGMG is a group of residents, landholders and other interested people who care for and aim to look after Cambanoora Gorge.

Cambanoora Gorge is east of Killarney, South Qld. The headwaters of the Condamine River flow through the Gorge from The Head down through Killarney, Warwick and eventually into the Balonne and so on until the water reaches the Darling, the Murray and the sea in Sth Australia.

There are several areas of Main Range National Park in and around the escarpments of the Gorge. Most of this Nat Park area is rugged, but accessible. Members have done a reasonable amount of walks in the Nat Park, but not to the extent we would like.

We are investigating the option of documenting bushwalking trails through these parts of the Nat Park in the Gorge. Further trails could be documented to Mt Superbus, Wilsons Peak - although they are not in the Gorge as such. They would make good trails from within the Gorge to these points.

Our issue at present is that the Gorge is used by 4WDDrivers without the respect that the

Gorge deserves - often causing damage to the natural and historical values we hold dear. We are seeking to change the use from that of a 4WDDrive destination to one of low impact Eco Tourism - bushwalking included.

We are seeking assistance from experienced Bushwalkers (probably from a reputable club) who would take on this role (explore and document the trails.) Some of our members are keen to work with experienced bushwalkers.

We have spoken to Steve Finlayson Main Range Nat Park Head Ranger. We would expect to work with Steve on this project. We also hope that local indigenous representatives (of the Githabul People) would take part in exploratory walks and assist with the overall project.

I wonder if you could give me a call - or suggest a club, or bushwalkers who would be willing to assist us with this project. Feel free to check our facebook site to see some of the activity we have been undertaking.

Regards

Kieth Murray, President, Cambanoora Gorge Management Group Inc. Thurs, 11 August  
Ph: 0488 989 993 or 4664 1046

## **FORTH & WONDER** [forthandwonder.com.au](http://forthandwonder.com.au)

Dear Members,

Forth & Wonder is a Melbourne based travel company with a simple mission, to enrich people's lives with a sense of luxury and wonder through the experience of travel. At Forth & Wonder, we design personalised, handcrafted trips to one of earth's most captivating regions, Africa and the Indian Ocean.

Our love of the outdoors and the wild instantly moved us to contact your club.

We are pleased to present to your club members an offer for 1-2 days of guided bushwalking in the stunning Table Mountain ranges and the Cape of Good Hope National Park in Cape Town, South Africa.

We attach for circulation to your members:

- our Offer to your members
- an Article showcasing the top 5 hiking and trekking destinations in Africa and the Indian Ocean
- a one page Flyer with a summary of who we are

We look forward to hearing from you or your members.



(I have their e-mail saved and can forward it on to anyone interested to see the attachment flyers. Greg E.)

Kind Regards

Catherine Italiano, Senior Travel Designer

<http://forthandwonder.com.au/>;

Suite 106, 672 Glenferrie Road, Hawthorn, VIC 3122

m. 0415 853 106 or p. (03) 9045 9818

e. [catherine.i@forthandwonder.com.au](mailto:catherine.i@forthandwonder.com.au)

## **Your Next Adventure Holiday Experience**

<http://www.abc.net.au/news/2016-09-27/sovietworld-abandoned-arctic-outpost-reborn-retro-tourism/7866308>

## **Next Jilalan Deadline**

**Wednesday 9<sup>th</sup> November**

**All articles to Michael Simpson at:**  
[michael.simpson@optusnet.com.au](mailto:michael.simpson@optusnet.com.au)

# **HOW WE ORGANISE OURSELVES**

## **OUTINGS**

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

**VISITORS** – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

**VISITORS** are always welcome.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

**MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10; Country: \$30.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is a \$10 discount for Ordinary and Associate Members who elect to receive an electronic Jilalan only. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

## **CONTACTS**

Postal Address	PO Box 31, Red Hill, Qld 4059	
E-Mail	<a href="mailto:briscathbushclub@yahoo.com.au">briscathbushclub@yahoo.com.au</a>	
Web	<a href="http://www.bcbc.bwq.org.au">www.bcbc.bwq.org.au</a>	
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Vice President	Michele Endicott	3351 4092 <a href="mailto:endhouse@bigpond.net.au">endhouse@bigpond.net.au</a>
Treasurer	Terry Silk	3355 9765
Secretary	Graham Glasse	3371 9623 <a href="mailto:graham.glasse@bigpond.com">graham.glasse@bigpond.com</a>
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Safety & Training Officer	Vacant	
Acting "Jilalan" Editor	Michael Simpson	0409 620714 <a href="mailto:michael.simpson@optusnet.com.au">michael.simpson@optusnet.com.au</a>
Artist in Residence	Iain Renton	3870 8082
Bushwalking Queensland	<a href="http://www.bushwalkingqueensland.org.au">http://www.bushwalkingqueensland.org.au</a> e-mail: <a href="mailto:info@bushwalkingqueensland.org.au">info@bushwalkingqueensland.org.au</a> BWQ Blog: <a href="https://www.aussiebushwalking.com/">https://www.aussiebushwalking.com/</a>	
Federation Mountain Rescue FMR	<a href="http://fmrqld.bwq.org.au/">http://fmrqld.bwq.org.au/</a>	
Archdioceses Web Site	<a href="http://bne.catholic.net.au/asp/index.asp">http://bne.catholic.net.au/asp/index.asp</a>	
Jilalan Printer	Mylestones Printing <a href="mailto:myprinting.test@cpl.org.au">myprinting.test@cpl.org.au</a> <a href="http://www.mylestones.org.au">www.mylestones.org.au</a> Ph: 3881 2881	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: <http://www.ianpiggott.com/fun/lamington-national-park-ships-stern-circuit/>

## **EDITOR'S NOTE**

- # As Editor, I reserve the right to alter, amend, move, shorten or not print articles.
- # The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- # If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.
- # I need your articles on time – it makes it hard to still get articles when I should be formatting.
- # Articles from this publication may be reproduced provided the source is acknowledged.
- # Look at last month's Jilalan and copy that format – especially the "headings" in Comings
- # Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.
- # Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

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