

# ***JILALAN***



**FOUNTAIN FALLS – SAT 9<sup>TH</sup> NOVEMBER**

**MONTHLY MAGAZINE OF THE**  
**BRISBANE CATHOLIC**  
**BUSHWALKING CLUB INC**

**ESTABLISHED 1957**

**INCORPORATED 1991**

**UNDER THE GUIDANCE OF OUR LADY OF THE WAY**

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***OCTOBER 2013***

Date	Event	Leader	Phone	Type	Grade
20	JTS – Elephant & Wheelbarrow	Phil	5522 9702	Soc	
21/22	Burleigh Stay + Sunday Markets	Anne	3356 5431	Soc	
21	Tugun to Burleigh	Phil	5522 9702	DW	S11
25	Coffee Night – The Moray Cafe	Michael	3351 3810	Soc	
28	Norman Park to Mt Gravatt	Paddy	3378 4813	DW	M11
Oct 6	Casuarina Beach to Pottsville	Graham	3371 9623	DW	M22
12	Tibrogargan/Coochin Hills	Greg	3351 4092	DW	S55/S44
13	Brisbane Open House	Greg	3351 4092	Soc	
18	JTS – MJ's	Phil	5522 9702	Soc	
19	West End to North Shore	Phil	5522 9702	Bike	
20	Our Lady of The Way Mass & Walk	Justin	3366 3193	DW	S33
21	BCBC Meeting	Russ	3374 3534	Meet	
26/27	Pottsville to Byron Bay	Michael	3351 3810	BC	L33
27	Echo Point	Phil	5522 9702	DW	L34
29	Movie Night + Dinner	Michael	3351 3810	Soc	
30	Coffee Night – Coffee Club The Gap	Michael	3351 3810	Soc	
Nov 1/6	Bogong High Plains	Phil	5522 9702	TW	L66
2	Toolona Creek Circuit	Peggy	0419 489717	DW	L35
9	Fountain Falls	Michael	3351 3810	DW	M47
15	JTS – Gilhooley's City	Phil	5522 9702	Soc	
16	Sydney Harbour North Head	Justin	3366 3193	DW	M33
18	BCBC Meeting & Photographic Comp	Russ	3374 3534	Meet	
23	Cinque Aqua	Phil	5522 9702	DW	M22
27	Coffee Night – Colle Rosso	Michael	3351 3810	Soc	
Dec 1	Montserrat/Upper Portals	Michael	3351 3810	DW	
7	Christmas Party	Justin	3366 3193	Soc	
8	Bohgaban Falls	Michael	3351 3810	DW	
14/21	South Coast Track	Peter	3205 5982	TW	XL77
16	BCBC Meeting	Russ	3374 3534	Meet	
18	Christmas Lights			Soc	
20	JTS – Coffee Club Riverside	Phil	5522 9702	Soc	
26	Boxing Day Walk			DW	
28	New Farm to South Bank	Graham	3371 9623	DW	
31	New Year's Eve Event	Antonia	3857 1387	Soc	
Jan 4	Northbrook Gorge	Michael	3351 3810	DW	
5/16	Dusky Track	Michael	3351 3810	TW	XL77
11	Cronan's Cascades			DW	
17	JTS – Story Bridge Hotel	Phil	5522 9702	Soc	
18	Somerset Lookout	Michael	3351 3810	Soc	
20	BCBC Meeting	Russ	3374 3534	Meet	
22	St Vinnies @ Gaythorne RSL	Greg	3351 4092	Soc	
25/27	Cooloola Wilderness Trail	Michael	3351 3810	TW	
25/27	Harry's Hut	Trevor	3269 4795	BC	
25	Kedron Brook			DW	
29	Coffee Night	Michael	3351 3810	Soc	
Feb 1	Summer Creek	Justin	3366 3193	DW	
8	Denman Falls & Killarney Glen			DW	
9	Daisy Hill			DW	
15	Barney Gorge Circuit	John	5514 0285	DW	
17	BCBC Meeting – AGM	Russ	3374 3534	Meet	
21	JTS –	Phil	5522 9702	Soc	
22	Annual Mass and Dinner			Rel	
26	Coffee Night	Michael	3351 3810	Soc	
28	James Boag at the Courtyard	Liz	3356 4874	Soc	

The Calendar is subject to change without notice

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

**KEY – Walk Types**

<b>D/W</b>	Day Walk	<b>½ D/W</b>	Half Day Walk
<b>O/N</b>	Over Nighter	<b>B/C</b>	Base Camp
<b>T/W</b>	Through Walk	<b>C/W</b>	City Walk
<b>TRN</b>	Training	<b>S&amp;T</b>	Safety & Training
<b>FMR</b>	Federation Mountain Rescue	<b>SOC/SW</b>	Social/Social Walk

**KEY – Walk Gradings**

Distance	Terrain	Fitness/Endurance
<b>Short</b> Under 10km per day	<b>1</b> - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	<b>2</b> - Graded path/track with minor obstacles	<b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
<b>Medium</b> 10-15km per day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	<b>4</b> - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
<b>Long</b> 15-20 km per day	<b>5</b> - Rough or rocky terrain with small climbs using hands or rock hopping	<b>5</b> - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	<b>6</b> - Steep, rough or rocky terrain with large climbs using hands or rock hopping	<b>6</b> - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
<b>Extra Long</b> Over 20 km per day	<b>7</b> - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	<b>7</b> - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	<b>8</b> - Climb/descend near vertical rock with exposure. Climbing skills may be required	<b>8</b> - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	<b>9</b> - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	<b>9</b> - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

**PRAYER OF THE MONTH**

We ask for wisdom as we try to have a clearer perception of the universe around us.

May its beauty encourage, its immensity humble, and its mystery challenge and stimulate us to search and to enquire.

Amen

(Johnson 1986:37)

**COMING EVENTS**

**TRIPS** leave from St Brigid's car park at Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:  
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

**Leaders:** Print your own Event Nomination Form from the Club's web site.

**A reminder to visitors** that you are required to do 2 walks before Committee officially declared you a Member of the Club.

**LEADERS**

If you make changes to your walk, such as date, where, cancel it – please tell the Outings Secretary Michael Simpson Ph: 3351 3810.

**FRIDAY 18<sup>th</sup> OCTOBER**  
**MJ's RESTAURANT & BAR**  
**JOHN TOOHEY SOCIETY**

**Leader:** Phil Murray 0416 650160  
**Address:** Roma Street at the Traveller's Hotel, Level 2, 159 Roma St,  
**Time:** From 4pm till 9ish.  
**What For:** A chat and a beer and a meal  
**Emerg Off:** Phil Murray 0413 307580.

Come along and enjoy our traditional gathering on the third Friday of the month.

Greg Endicott was very keen to come here. So we went there last year and it's so good we are going back again.

Come along for a lovely night for a drink of water or wine or a beer and a meal. And a chat about whatever you want. As it is restaurant we may stay for a bite to eat.

**SATURDAY 19<sup>th</sup> OCTOBER**  
**WEST END TO NORTH SHORE**  
**BIKE RIDE**

**Leader:** Phil Murray 0416 650160  
**Meet at:** Orleigh Park,  
Cnr Orleigh Tce. & Hoogley St.,  
West End.  
Near the Ferry Terminal.  
**Time:** 8am.  
**Cost:** Nil.  
**Distance:** 20kms

Another bike ride. This will be the first bike ride for the year. (the one in April got cancelled due to other commitments). This is a fairly easy ride along the pathways and bikeways along the Riverside. The plan is to ride along Riverside Drive, then get through Southbank before the crowds get too big. Over the Goodwill Bridge past the Gardens, and out past New Farm to North Shore and then catch the ferry back to Orleigh Park.

If you get tired you can catch the ferry back (bring your go card). Approximate distance is about 20 km. Hope to finish just before lunch time. I plan to have a bite to eat around 9-30 ish at New Farm Park. So bring a snack along for a leisurely morning tea. This is a short ride and is an ideal ride for new starters to get into bike riding.



**SUNDAY 20<sup>th</sup> OCTOBER**  
**OUR LADY OF THE WAY MASS & WALK**  
**DAY WALK**

**Leader:** Justin Tobin 3366 3193.  
**Meet at:** St Brigid's Car Park,  
Musgrave Rd, Red Hill.  
**Time:** 5:45 am Red Hill  
6:45 am Landsborough.  
**Cost:** \$20.  
**Grading:** M33.  
**Location:** Sunshine Coast Area.  
**Emerg Off:** Susan Tobin 3366 3193.

This is a new Mass and walk in the club calendar to honour Our Lady of The Way, our Patron Saint and the Lady who looks after us on all our walks. Her Australian feast day according to sources more knowledgeable than me is on the 16 October. A great opportunity to celebrate Mass in our bush churches and do a short walk afterwards. For the inaugural walk we will visit Our Lady of the Way Church at Landsborough, which is part of the Caloundra Parish. After Mass we will have breakfast at a local café and then catch the train to Mooloolah and visit the Dularcha National Park, an historic railway tunnel built in 1891, a bit of forest and street walking takes us back to Landsborough about 5 Kms.

For lunch we are off to Buderim for a short walk to visit the falls in the Buderim Forest Park. Lunch at Serenity falls and coffee on the way home to finish what will hopefully be the beginning of another club tradition. Join me and say you were there when it all began.

Our Lady of the Way.



Mother, Mother I am coming  
Home to Jesus and to thee  
But my country hills are  
distant  
And the lights I cannot  
see.

Mother, hearken as I pray,  
Meet me on my homeward way  
Meet me Lady of the Way  
Meet me Mother dear today.

Often times my skies are clouded  
I can see no sun, no star.  
And the road is rough and narrow,  
And the end seems very far.

Mother meet me on my way,  
Lest perchance my feet should  
stray,

Meet me Lady of the Way,  
Meet me mother dear today.

## **MONDAY 21<sup>st</sup> OCTOBER MONTHLY MEETING**

**Time: 7.30pm – Doors open & meeting starts soon after**

**Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)**

**Web:** <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

## **SATURDAY to SUNDAY 26<sup>th</sup> TO 27<sup>th</sup> OCTOBER NORTHERN NSW BEACHES BASE CAMP**

**Leader: Michael Simpson 3351 3810 or 0409 620714.**

**Meet at: St Brigid's Car Park, Musgrave Rd, Red Hill.**

**Time: 6.00 am (or go down Friday night and camp).**

**Cost: \$20 + \$17 p/n camping.**

**RSVP: Sunday 20 October.**

**Grading: L33.**

**Location: Northern NSW.**

**Emerg Off: Greg Endicott 3351 4092.**

**Web:** <http://www.environment.nsw.gov.au/NationalParks/parkHome.aspx?id=N0041>

**Please Note:** I will need to know numbers by Sunday 20 October. I have booked six (6) sites at the Terrace Reserve Holiday Park. At the moment I have four (4) going.

This is the alternative to my Border Ranges base camp. I am open to suggestions but my idea is for a simple beach walk from Pottsville to Byron Bay. This is a distance of around 32kms.

We would leave Brisbane reasonably early and drive to Brunswick Heads where we will spend the night in a caravan park. We will leave a car here and travel down to Byron Bay. After reaching the most easterly point on the Australian Mainland and visiting the lighthouse we will follow the beach north. We pass

Tyagarah Nature Reserve on our journey to the south head of the Brunswick River before returning to our campsite. Mass and dinner will be in Brunswick Heads.

On Sunday we will continue our journey by first leaving a car again at Brunswick Heads and travelling to Pottsville. Following the beach south we pass Billinudgel Nature Reserve on our way to the north head of the Brunswick River. Please ring me for more information.

## **SUNDAY 27<sup>th</sup> OCTOBER ECHO POINT DAY WALK**

**Leader: Phil Murray 5522 9702 or 0416 650160.**

**Meet at: St. Brigid's Car Park, Musgrave Road, Red Hill.**

**Time: 7.00 am.**

**Cost: \$20.**

**Grading: L34.**

**Location: O'Reilly's.**

**Distance: About 20kms.**

**Emerg Off: Sue Murray 5522 9702.**

This trip was originally listed as Russell Island but no one came forward to lead it. As an alternative easy walk I volunteered to lead this easy but long trip up at O'Reilly's. It is also known as the Albert River Circuit. It is one of my favourite trips. As we go past the lovely rainforest creek along the headwaters of the Albert River. It is a must do trip. The Club did it last year with Jan Nelson leading the walk and the walk was very well attended. It is always a great trip. I have done the trip about 5 times and can't wait to go back as every time I see so many things that I didn't see the previous time. Also, great places are always great to visit.

It is only 20 kms long and just a few long gentle inclines. It is basically in the rainforest all day and so we have shade from the summer sun. There are a few shallow creek crossings but nothing too challenging. A key reason I want to do this trip is I am looking forward to the chance to stride out on a walk to build up some fitness before I do the Victorian Alps trip the week after. So come along for an easy graded track walk. You will feel as though you are on top of the world for days afterwards.

Bring all the usual day walk stuff plus maybe a jacket as it can get cool at the high altitude at O'Reilly's. The coffee shop may be closed by the time we get back so you may need to pack

a thermos to leave in the car for a coffee after the trip.

**TUESDAY 29<sup>th</sup> OCTOBER  
MOVIE NIGHT + DINNER  
SOCIAL**

**Leader:** Michael Simpson 3351 3810 or 0409 620714  
**Address:** Stafford City Shopping Centre, Fasta Pasta for dinner, Hoyts Cinema for movie.  
**Time:** Around 6ish.  
**Cost:** \$10 for Movie ticket + meal.  
**Grading:** S11.  
**Web:** <http://www.fastapasta.com.au/>  
<http://www.hoyts.com.au/cinemas/locations/stafford.aspx>  
**Emerg Off:** Michael Simpson 0409 620714.

Come along and enjoy a night at the movies. Plus you can add a meal as well. The Fasta Pasta restaurant usually offers a Movie Deal. Check out their menu on line for a variety of tasty dinners. We will make a decision on the night as to which movie we will see so I advise you to check out what's on as we get closer to the day. I look forward to seeing you there.

**WEDNESDAY 30<sup>th</sup> OCTOBER  
DINNER & COFFEE NIGHT  
SOCIAL**

**Leader:** Michael 3351 3810.  
**Meet at:** The Coffee Club The Gap, 30/1000 Waterworks Road, The Gap.  
**Time:** 6.00 to 6.30pm for dinner or 7.30pm for coffee.  
**Cost:** Your choice – visit their website for their menu.  
**Web:** <http://www.coffeeclub.com.au/the-gap>  
**Emerg Off:** Michael 0409 620714.

We are off to the western suburbs this month. The venue is the Coffee Club at the The Gap. There is a bus stop right outside the restaurant. We have used this venue before when we have climbed Mt Coot-tha and it is in a very pleasant suburb.

So join me for a pleasant night out and we can discuss next year's calendar, the plight of our National Parks or next year's Coffee Night calendar or whatever takes your fancy.

**MBS:** Should Chrissie Turner be allowed to buy tickets as she has won a prize in our last two.

**FRIDAY TO WEDNESDAY  
1<sup>st</sup> to 6<sup>th</sup> NOVEMBER  
BOGONG HIGH PLAINS  
THROUGH WALK**

**Leader:** Phil Murray 5522 9702,

This is a joint walk with Catholic Walking Club of Victoria. The plan is to visit the Bogong High Plains which are centred on the Falls Creek ski resort area. A highlight of the trip is that we should get good views of Mt Feathertop and Mt Bogong. Hopefully there should be a few snow drifts still around. It is lovely country to walk with the low vegetation of the alpine grasslands with patches of snowgums. It should still be a fairly easy 4 day throughwalk, provided it doesn't snow. We have 9 nominations for the trip. We will be doing another trip next year on the Melbourne Cup weekend. It is a great trip to do and is becoming a regular event on the Club's walking program with a yearly visit to the Victorian Alps. For next year, Tom Buykx (the Victorian Leader) has mentioned that he wants to go to Lake Tali Karng..

**SATURDAY 2<sup>nd</sup> NOVEMBER  
TOOLONA CREEK CIRCUIT  
DAY WALK**

**Leader:** Peggy Roe 0419 489717.  
**Meet at:** St. Brigid's, Red Hill.  
**Time:** 7.00am.  
**Cost:** \$20.  
**Grading:** L35.  
**Location:** Green Mountains (O'Reilly's).  
**Web:** [http://www.npsr.qld.gov.au/parks/lamington/about.html#Full-day walks Green Mountains](http://www.npsr.qld.gov.au/parks/lamington/about.html#Full-day%20walks%20Green%20Mountains)  
**Emerg Off:** Susan Tobin 3366 3193.

Toolona Creek Circuit gives walkers a taste of the best of Lamington National Park – ancient rain forest, cool creeks, rare wildlife, waterfalls and spectacular cliff views. The walk begins by heading out along the track for the Box Forest Circuit but the track soon branches off to explore Toolona Gorge; climbing 360 metres as it criss-crosses its way back and forth across Toolona Creek.

Once we reach the top of the gorge we will have lunch on the Border Track at Wanungara Lookout. After lunch we follow the Border Track close to the cliff line and catch some views of New South Wales before returning back downhill to O'Reilly's.

On the pre-outing, there had not been much rain for the previous weeks and the tracks were

mostly dry; but the waterfalls were still pretty and we still saw a blue crayfish! If there is a lot of rain preceding the November walk, the several creek crossings will be trickier.

The walk is 18km long and involves about 6 hours of walking. The tracks are graded but are quite rough in places and involve some rocky creek crossings. This is a really pleasant and interesting day-walk for walkers with moderate fitness and agility. Contact Peggy – 0419 489 717 – to nominate.

### **SATURDAY 9<sup>th</sup> NOVEMBER FOUNTAIN FALLS DAY WALK**

**Leader:** Michael Simpson 3351 3810 or 0409 620714.  
**Meet at:** St. Brigid's, Red Hill.  
**Time:** 6.00am.  
**Cost:** \$20.  
**Grading:** M47.  
**Location:** Binna Burra.  
**Distance:** 11.25kms  
**Height:** Loss/Gain – 1060m  
**Emerg Off:** Greg Endicott 3351 4092.

Fountain Falls are an amazing double falls situated near the top of East Canungra Creek. The club visited them from the O'Reilly side in January this year and now we will visit them from the Binna Burra side.

The walk starts from near the Ranger station beneath Binna Burra Lodge and follows the Illinbah Circuit to Gwongoorool Pool. We now leave the track system and cross the Coomera River to pick up the old track system. We follow this for a short time before climbing to the Darlington Range. Here there is a short easy cliff break to negotiate before stopping for morning tea at Noowongbill Lookout which has great views. It is now a matter of dropping to Curtin and Fountain Falls. After a brief stop/swim we will return to Noowongbill Lookout before heading north to pick up our descent ridge back to Gwongoorool Pool and the track system back to our cars.

This is a great part of the world and is well worth visiting. So ring me to discuss the walk. Don't forget to bring the usual equipment for a longish day walk, water, food etc.



### **FRIDAY 15<sup>th</sup> NOVEMBER GILHOOLEY'S STEAKHOUSE JOHN TOOHEY SOCIETY**

**Leader:** Phil Murray 0416 650160  
**Address:** 124 Albert St, Brisbane.  
**Time:** From 4pm till 9ish.  
**What For:** A chat and a beer and a meal  
**Emerg Off:** Phil Murray 0413 307580.

Come along and enjoy our traditional gathering on the third Friday of the month.

We are headed to the middle of the City. The plan is to get a side walk table and enjoy the busy ambience of the city. Come along for a lovely night for a drink of water or wine or a beer and a meal. And a chat about whatever you want.

Gilhooleys has been around since 1995. It looks like an Irish pub, what with all of the heavy polished wooden furniture and fittings and everything, though a friend insists that all Brisbane Irish pubs actually look like English pubs. Gilhooley's is now a steakhouse not merely a bar. So presumably the food is now better.

We plan to be outside if the weather is fine but inside if the weather is stormy. (We need the rain as Brisbane is now suffering from a mini-drought).

I need some assistance from the historical buffs in the Club - there used to be a german style hotel at this venue – was it called the Munich Steakhouse or the Bavarian Steakhouse?

### **SATURDAY 16<sup>th</sup> NOVEMBER SYDNEY HARBOUR DAY WALK**

**Leader:** Justin Tobin 3366 3193.  
**Meet at:** Brisbane Domestic Airport.  
**Time:** 4.30am.  
**Cost:** \$220.  
**Grading:** M33.  
**Location:** Sydney Harbour North Head.  
**Emerg Off:** Susan Tobin 3366 3193.

Sydney Harbour is one of the finest harbours in the world, guarded by North and South Head, and spreading out to a magnificent waterway. Headlands, hidden bays, bush, beaches and views. We'll discover all this as we walk from North Head to the Manly Spit and if time allows over to Watson Bay and South Head.

Pack your daypack and join us on the Harbour for a walk that will surprise you.

**MONDAY 18<sup>th</sup> NOVEMBER  
MONTHLY MEETING**

**Time:** 7.30pm – Doors open & meeting starts soon after

**Where:** St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

**Web:** <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

**SATURDAY 23<sup>rd</sup> NOVEMBER  
CINQUE AQUA  
DAY WALK**

**Leader:** Phil Murray 5522 9702 or 0416 650160.

**Meet at:** St. Brigid's, Red Hill.

**Time:** 6.30am.

**Cost:** \$20.

**Grading:** M22.

**Distance:** 10.75kms

**Web:** <http://www.bushwalkingqueensland.org.au/pilgrimage.php>

**Emerg Off:** Sue Murray 5522 9702.

This trip was originally listed as Cleveland Point but no one came forward to lead it. As an alternative easy walk I volunteered to lead this easy trip up at Maleny Montville way.

There are several small little walks up at Maleny and Montville and the suggestion is to do all of them on the one day to make them into a walk for the Club.

The planned walks we will do are

1. Obi Boardwalk	850 m
2. Gardner Falls	800 m
3. Baroon Lookout	4.4 km
4. Kondalilla Falls	3.4 km
5. Mapleton Falls	1.3 km
Total	10.75 km

So all up it is over 10 kms with a hill to meet the requirement to be a walk. Why call the walk the "Cinque Aqua" walk well Italy has the walk called the Cinque Terre meaning the 5 lands and this walk is 5 walks beside water, so it just had to be called the 5 waters or Cinque Aqua

(pronounced Chin Key Aqua). But more importantly it would look a bit cumbersome to list the names of all 5 walks in the name of the walk.

So come along for an easy graded track walk with lovely views. You will feel as though you are on top of the world for days afterwards. So come along for a great walk.

**SATURDAY 7<sup>th</sup> DECEMBER  
CHRISTMAS PARTY  
SOCIAL**

**Leader:** Justin Tobin 3366 3193.

**Address:** The Plough Inn, South Bank.

**Time:** 4.00pm.

**Cost:** Meal approximately \$40  
Present for Santa's Sack \$5.

**RSVP:** Tuesday 3 December, earlier if you can.

Christmas is here again, catch the train or bus and join us at the Plough Inn at South Bank for drinks. The inner city hopper will take us down the river for entrée, main course and back for coffee and dessert. Bring a present for Santa's sack and join your friends for a night on the river as we begin the festive season.

**ADVANCE NOTICE  
BLUE MOUNTAINS TRIP 2014**

I have gone down to Melbourne in November every year for the last 7 years and eventually I realized I was missing out on the great trips around Sydney. So it is time to make plans to visit the Sydney region. So an obvious time to do this is around the October long weekend. So for the Labor Day weekend in early October 2014 I am planning on doing a trip to the Blue Mountains as they have some of the best track walks in Australia.

The rough plan is to stay at Katoomba and do 3 walks

Day 1 - A trip around Wentworth Falls and the 3 Sisters

Day 2 – a trip around Blackheath and down to the Grand Canyon

Day 3 – a trip around Springwood.

The plan is to fly down Friday afternoon and catch a train up to Katoomba. Stay the weekend and fly back on Tuesday morning.

We will probably stay at a Youth hostel or similar. Some of the trips will probably be with the Sydney Catholic Bushwalking Club.

Please contact me if you are interested in coming. Approximate cost around \$400.

Airfares \$180

Hotel \$180

Train fares \$60

But it could be more.

I have started getting enquiries. The reason for the advance notice is so you can snap up the cheap fares. There are usually very cheap fares around Boxing Day.

## **PRESIDENT'S REPORT**

### **Cost of trips, particularly using private transport**

For many months various proposals have been explored as to what to do with the "\$3 rule". There has been anxiety about what to do and some leaders have refused to collect \$3 when applicable. Proposals have included levying \$1 on each person on every Club event including socials except meetings.

After many hours of discussion, at a number of meetings, the Committee resolved on 9 September 2013 by majority vote to advise the membership that it intended to change By-Law # 23 with effect from 1 January 2014. The revised By-Law reads.

"By-Law 23 – Contribution to the costing of providing Outings

Any person travelling on Association Outings, organised through the Outings Secretary, shall be liable to pay the association the fee of \$2, except the person who is the leader of the Outing."

It was agreed that it will be the practice to quote for the cost of a trip one all up fee that includes the "Contribution to the costing of providing Outings" and any transport costs. Those travelling by private transport would only pay "Contribution to the costing of providing Outings".

Leaders using Club organised transport but not driving would pay \$2 less than other members as a consequence of this proposal.

### **Queensland Outdoors Recreation Forum**

A couple of days after our September meeting, I attended the Recreation Industries Forum which was hosted by Queensland Outdoors Recreation Forum. Sadly I was the only person there from any Bushwalking Club in Queensland. Horse riding Clubs were well represented. They had just concluded an all-

day meeting with the Minister. Officials from the Department and Qld Parks and Wildlife Service emphasised the importance that Clubs make their views known to Government directly rather than working through peak bodies. Representations, verbal or written, from Clubs have more impact than do those from peak bodies.

The issue of recreation facilities for motor bikes i.e. moto-cross was raised. We were encouraged to support the development of facilities specifically designed for these users so that their usage of more environmental sensitive areas would decrease. A presentation from the Trail Runners association was made. These are the people who make marathons look easy. Their events range from 100 to 160kms and even longer. Their presentation raised issues about land use and access to tracks. Many of their issues were similar to those of bushwalkers. One issue is the exclusive use of an area. For example one weekend a year the Trail Runners use the Glasshouse Mountains for one of their events. I wondered what would happen if the Club has a walk there at the same time.

The Mountain Bikers, a Commonwealth Games sport in 2018, have set up a website <http://mtbtrailcare.com/> which focuses specifically on Nerang National Park. Before the meeting I never knew there was such intense interest in this area.

The one thing I learnt from going to this meeting is that bushwalkers need to tell government what they want; otherwise our voice will be missed because of the activity of other organisations who want access to land for a wide range of recreational purposes.

### **Bushwalking Australia Annual Conference – Volunteers needed – Friday evening, 15 Nov to Sunday lunch time, 17 Nov 2013**

Bush Walking Queensland is the host of this year's Bushwalking Australia Annual Conference at the Glasshouse Mountains. Volunteers are needed to undertake catering duties from the Friday evening BBQ to Sunday lunch time. Volunteers will be given free lodging and food in return for work in catering activities. You can volunteer for the whole conference or for part of the conference.

The venue is GLASSHOUSE ECOLODGE, which is across the road from Mt Tibrogargan car park in the Glasshouse Mountains.

If you are interested in volunteering please contact Andrew Ryan, Treasurer, Bush Walking Queensland,  
[treasurer@bushwalkingqueensland.org.au](mailto:treasurer@bushwalkingqueensland.org.au)  
before 31 October 2013.

### **Disposal of Club's ropes and climbing gear**

At the October Meeting the Club's former ropes and climbing gear will be given away to any member who wants it. All the equipment is at least a quarter of a century old and can no longer be used for any form of climbing. I suggest this equipment might be useful for tying down loads on trailers etc. The Club offers no warranty on this equipment and it is offered on an as is condition basis and those who take the equipment use it entirely at their own risk. See you on 21 October!

### **Speaker at September 2013**

Our speaker Pam Drummond indicated that her company's 2014 brochure would be available shortly. The brochure is now available and can be ordered by going to <http://www.utracks.com> and then click on Order Brochure.

## **TREASURER'S REPORT**

Balance 19/8/13	\$4805.15
Plus Receipts	\$325.00
	\$5130.15
Less Payments	\$2177.69
Balance 16/9/13	\$2952.46
Term Deposit	\$2621.08

Congratulations Chrissie Turner and Michael Wood who won first and second prizes respectively in our last raffle. I am currently selling tickets in our next raffle that has two prizes with the first prize, which was donated by Joe Finn, being a book entitles "Natural Areas of Queensland" which has been autographed by the author, Peter Shilton. The second prize is a mystery prize. Don't forget to purchase your club t-shirt and/or metal badge before it is too late.

## **ABOUT PEOPLE**

Maxine Brophy, Karen Franklin, Trevor Kelly, Mary Kelly, Maria Kerruish, Patricia Mackie, Rossy Minata, Russ Nelson, Matthew Palmer, Desley Pedrazzini and Chris Rahmann are celebrating their birthdays in October.

Joanne Blake and Trish Breitreuz were both second visitors on Paddy's Norman Park to Mt Gravatt walk.

Word has come through that Rosemary Stafford had a holiday in Tasmania in Tasmania about six months ago. John Blumke and family have just returned from a holiday in New Zealand. Robin Thorn recently spent some time in Cairns. Michael Simpson and Karen Franklin have just returned from climbing Mt Kinabalu in Borneo.

The club extends its deepest sympathy to Michele Johns whose father passed away recently just five months after his wife.

The club wishes Graham Glasse a speedy recovery from his recent illness and we hope to see him walking again sooner rather than later.

## **RAMBLINGS FROM THE OUTINGS SECRETARY**

### **Leaders Needed:**

**26 December** – The Boxing Day Walk needs a venue as well. This walk is in danger of being cancelled.

**14 January** – Cronan's Cascades.

**25 January** – Kedron Brook.

**Reminder** If you have nominated for a Club event – outing, social, training or anything else and you cannot make it, please ring the Leader or Contact as soon as possible. We waste time hanging around at the meeting place waiting for a late arrival which never shows. It puts the whole event behind.

Next year's programme has been approved and is published in this Jilalan. The next step is to find leaders. So think how many walks you would like to lead next year. There are 10 'city walks', 13 day walks and 1 base camp to fill.

I heard the Pilgrimage was a success and it was a shame no one from the club was able to attend. Hopefully next year.

Next month sees the first new mass on the calendar. Justin has organised the mass to be in Landsborough with a reading devoted to Our Lady of the Way. The mass will be followed by a walk to Dularcha Tunnel. I am leading two walks this month with the first being a gentle stroll down the northern NSW beaches and the second a strenuous walk to Fountain Falls from Binna Burra. This will complete the Middle Ridge Traverse for some. Phil is leading his annual jaunt to the Victorian Alps, Peggy is

walking the Toolona Circuit at O'Reilly's and Justin is leading a day walk to Sydney. What a great month of walking.

The numbers on past walks are as follows:

Date	Trip	Leader	Type	No
September 21	Tugun to Burleigh	Phil	DW	13
September 28	Norman Pk to Mt Gravatt	Paddy	DW	17
October 6	Casuarina Beach to Pottsville	Ray	DW	10
October 12	Mt Tibrogargan/ Coochin Hills	Greg	DW	7

Last month, the walks were well supported with Paddy's Norman Park to Mt Gravatt walk starting to approach the numbers these types of walks should get. The two beach walks were also well supported and I thoroughly enjoyed Ray's walk along the northern NSW coastline. Two visitors joined Greg on his Glass House Mountains walk. This was my first time up Tibro and it was great to see so many people on the mountain.

Karen and I climbed Mt Kinabalu in Sabah (report elsewhere in the Jilalan) and I can't recommend this walk highly enough. Great views and a magical sunrise. Mt Warning is open again and I took the opportunity after Graham's walk to check it out. The track's great and I finally got to see something other than clouds from the top.

Good walking and I hope to see you in the bush.

Michael (3351 3810, 0409 620714 or [michaelesimpson@optusnet.com.au](mailto:michaelesimpson@optusnet.com.au))

## **MEMBERSHIP REPORT**

We have had 3 members join in September. Total Members as at 31 August 2013 is 102. The new members were Stan Saunders, Elise McLachlan and Martin Green. Welcome to the Club

See you on the track.

## **PAST EVENTS**

### **POINT LOOKOUT/STINSON WRECK SATURDAY 7<sup>th</sup> SEPTEMBER DAY WALK**

The Club has never visited the Stinson Wreck by this route before and I venture to say it will never again. The scunge on the top half of the ridge we used had to be seen to be believed. But it was still a fantastic day and I'm glad I went.

The weather was perfect as the eight (8) of us headed to Christmas Creek. We followed the creek to Westray's Grave and then continued towards Larapinta Falls until we reached the ridge that would take us all the way to the border. This section of the ridge was fairly open although steep until we reached the turnoff to the top of Larapinta Falls. Michael Wood had never been here before and took the opportunity to drop to the falls whilst the rest had a lengthy morning tea. The next kilometre or so was still fairly open and flatish but then the fun started as we moved into the rainforest. The wait-a-while was unbelievable through this section and it seemed to take an eternity to reach the border track. We arrived just before 2pm and took a deserved lunch stop.

It was now just a matter of following the track to Point Lookout. The track was fairly distinct which actually surprised me given the state of other tracks I have seen this year. We reached Point Lookout just on 3pm and didn't linger as we were worried about the light. By 4pm we had reached the Stinson turnoff but only four of us ventured down to check out the little wreckage remaining. It was now just a matter of wandering down the ridge to the creek and track and back to the cars. Or so we thought. The ridge down is quite steep and eroded and it took longer than we thought and it was 5.30pm before we reached the track with the light beginning to fail. But we had a good track and made it uneventfully back to the cars by 6.30pm. There were plenty of fireflies along the way to light up the track for us.

Some of us headed back to the Beaudesert RSL for dinner before driving back to Brisbane after a long but great day of walking. Thanks to the seven (7) walkers who joined Peter on this memorable walk, Michael S, Paul, Karen, Michael W, Kerriane, Russell and Chrissie.

### **KATE QUINLAN BY THE BEACH SUNDAY 8<sup>th</sup> SEPTEMBER SOCIAL**

Twelve good people joined me at the Full Moon Hotel for a long afternoon's lunch. Only three of us caught the train – exciting it was since we do not normally travel by train to Sandgate Station. Lots of new and interesting sights.

Most arrived within 15 minutes of each other. We had our table booked and were raring to go. We were placed at a long table overlooking Moreton Bay – and as promised the weather

was fine, sunny and warm – a perfect Spring day to welcome the new season. Pre-lunch drinks were the first thing to contemplate. And solved. Then a careful read of the menu. I think overall we had sampled the whole range on offer. We lined up to order and pay as you go.

There were photos passed around, much conversation about walks, holidays and general interest. Greg even spoke with a workmate at another table who was there on the first day he started work all those years ago – felt like another age.

Ah, it all finished too soon. All went home by different ways and byways, but no one by train.

Thanks to those brave enough to come with me to the beach: Michele E, Michael S, Liz L, Terry S, Karen F, Jan & Russ N, Graham G, Susan and Justin T, and Eliz R.

See you all and more in May at the one at an interesting location yet to be decided.

**THE ELEPHANT ARMS  
AND KIM LAN RESTAURANT  
FRIDAY 20<sup>th</sup> SEPTEMBER  
JOHN TOOHEY SOCIETY**

Attendance 12

Those there were – Greg Endicott, Michele Endicott, Jan Nelson, John Hood, Graham Glasse, Liz Little, Rusty Jones, Louise Jones, Peggy Roe, Anne Iron, Bob Iron & Phil Murray.

Well it was a very memorable night for many reasons. We met at the renamed Elephant Arms. The wheelbarrow has gone. There was no official reason given for the name change but facebook gave the following excuses - it's nothing to be up in arms about; the more arms you have the more guitars you can play. - Wheelbarrows shouldn't be brought into pubs unless full of beer - Wheelbarrows are unsightly and uncomfortable to travel in. I presume the real reason may be to do with trademark infringement.

Anyhow we had a table near the entrance and we had a lovely gathering for our pre-dinner drinks. The advance party (namely Liz) reserved a table for us at the Chinese restaurant called the Kim Lan. The food was very good and the price was right.

Greg shared his six pack of the French beer Kronenbourg 1664 which is an excellent beer. This beer comes from the Alsace-Lorraine region which has had a turbulent history, changing hands several times between

Germany and France. Currently, this is the main beer-producing region of France, thanks primarily to breweries in and near Strasbourg. These include those of Fischer, Karlsbräu, Kronenbourg, and Heineken International. Hops are grown in Kochersberg and in northern Alsace. Kronenbourg Brewery was founded in 1664 by Geronimus Hatt in Strasbourg (at the time a Free Imperial City of the Holy Roman Empire; now France) as the Hatt Brewery. The name comes from the area (Cronenbourg) where the brewery relocated in 1850. The company is owned by the Carlsberg Group. The main brand is Kronenbourg 1664 and it is the leading brand of beer in France, where it has a 40% market share.

We were sitting outside on a beautiful warm evening and engaged in some people watching as there were so many people moving past. There were some very interesting fashion choices both good and bad. There were also busloads of Chinese tourists who were coming and going from the Yum Cha restaurant next door. Then some blokes turned up in red fancy pants with lots of gold frilly bits on them and they were all wearing white t-shirts. Some were Chinese some were Aussies. One of the Aussie blokes had a big Chinese drum. Then it all made sense as they were getting ready to do a Chinese Lion Dance. We were then “serenaded” by a Chinese Lion Dance. They were loud. (Just ask Michele and she can confirm this). But they were just so good. Apparently it was the Chinese Moon Cake Festival (not exactly sure what that is). They put on an amazing show for about 15 minutes. We had the best seat in the house as literally they were right beside us. (Just ask Peggy).

**TUGUN TO BURLEIGH HEADS VIA  
CURRUMBIN SCULPTURE FESTIVAL  
SATURDAY 21<sup>st</sup> SEPTEMBER  
DAY WALK**

Attendance: 13 (10 members, 3 visitors)

Weather: Warm, a picture perfect spring day.

Temp: 27.5°

Distance: 14 km (with a very small hill)

Those on the trip - Phil Murray, Julie Philippi, Graham Glasse, Ray Rowe, Andrea Turner, Greg Endicott, Michele Endicott, Anne Iron, Liz Little and John Hood. The visitors, Elise McLachlan, Martin Green and Sue Murray.

Another great trip along the beach to include the Swell Sculpture Festival at Currumbin

Beach. We left Brisbane from Red Hill, parked the cars at just north of the Burleigh Heads Surf Club then we walk over to the bus stop on the Gold Coast Highway and caught the 8.55 am bus to Tugun. We walked through the shopping centre at Tugun and then down to the beach. The tide was in but it was great to be walking after all the travelling in cars and buses.

For a trip to qualify as a walk there has to be "hill" so we ascended the Elephant Rock by the standard route up the north east ridge which resembles the Staircase Spur on Mt Bogong. But the views from the top were better as you could see the sea and many other peaks in the distance including Big Burleigh.

At Currumbin Beach we had a very long morning tea to admire the sculpture festival called "Swell". Greg and Michele ventured to the Currumbin Vikings Club House and had Eggs Benedict for breakfast. A very civilised choice.

The sculpture festival was once again very interesting and gave rise to some heated discussions especially the sculpture called Death by Fluoro by Ashleigh Cotterill. It was simply 4 cane chairs wrapped in lots of pink fluoro tubing. It was a disgrace. But some people loved it. My favourite was the emu made out of chicken wire by Ivan Lovatt. He has made several exhibits for the festival. About 4 years ago he did a sculpture of Sir Edmund Hillary. The popular choice for peoples' choice was the "Warhorse" by Wayne Markwort. It was just random pieces of wood put together by an expert to be an uncanny resemblance for a horse.

There was time for the walking purists to do a circumnavigation of Currumbin Rock and also time to watch the many people surfing at the Alley.

At the appointed hour of eleven we re-grouped and walked beside Currumbin Creek up to the bridge at Thrower Drive. It was a very pleasant spot and we watched a group of people setting out on the stand up paddleboards they had hired. Some were experiencing learning problems. Usually on skateboards and surfboards you stand 'sideways' with one foot forward whereas on paddleboards you face forward but this makes it a bit hard to maintain balance. So it was good fun watching the newbies trying to master the new technique.

It was time to move on and then we had what will be called in the history of the Club the

"Bridge Incident". The time had come to cross the creek. We soon came to the bridge. The club legend Pat Lawton always espoused the simple rule that on a walk you should stay with the leader. Well some of the group had a moment of doubt in the leader and decided they would form a breakaway group. The bridge had a footpath on the near side. But the leader wanted to check a few special features where we would go under the underpass do a loop to the far side of the bridge and follow the pedestrian walk way on the far side of the bridge and then walk along the new foot bridge that looped back under the road bridge on the other side of the creek. It all just got too messy as some people wanted to go their own way. The leader wanted to check that there was a walkway of the far side and someone asked the leader if he was sure that there was a walkway there and the leader foolishly advised he wasn't sure. (There was actually.) But while he was checking several walkers made a decision to take the walkway on the near side. The leader rather than fight them let them go their own way. Once the walkers re-grouped the leader expected a polite explanation but was advised that his way is not the only way. The leader felt chastened and realised life is always full of learning experiences and that there are some battles you just can't win. The leader took a note that some of the hardest walks to lead are the easy trips.

The happy and laughing group then walked along the boardwalk back. This boardwalk is very interesting. It is about 500 metres long. It meanders through the mangroves. The tide was out on the day but I would love to come back and see it at high tide and see if any small fish come under the boardwalk. We walked around the lagoon at 'north Currumbin' and took the short cut back to the beach. We had lunch at a little park called Rock View park where there was a bit of shade on a nice grassy flat area. Most importantly we had it to ourselves. During lunch Elise and Martin signed up as members. So welcome to the Club. At about 12.40 it was time to move again and we then walked along Palm Beach up to Tallebudgera beach. The tide was getting low so it was easy walking on the hard sand. Ray and Liz went for a quick swim in the surf at Tallebudgera. Then we came to the Tallebudgera Creek. The tide was getting very low and the creek just looked fantastic with lots of golden sand. Ray and Liz rather than take the pedestrian way decided to swim across the creek. Then we walked through the patch of rainforest at Burleigh Heads. There are some

fantastic views along here. We finally got to the beach at Burleigh Heads and enjoyed an ice cream. We finished walking by about 2.45 pm so we were able to back in Brisbane very early. Thanks to the drivers on the day Graham, Andrea and Greg.

It was a magic day. I hope we can do a similar trip next year but starting from Coolangatta next year.

### **COFFEE NIGHT WEDNESDAY 25<sup>th</sup> SEPTEMBER SOCIAL**

Five members gathered on a balmy evening at the Moray Café in New Farm. The décor seemed a little tired but we learned that the restaurant had just changed hands, and perhaps it will be spruced up for our next visit. A beer from the Burleigh Brewing Company was available on tap but Greg and I preferred the James Squire Sundown. The meals were very reasonably priced and of a high quality; the special of the day (chicken parmigiana) was particularly good value. Service was excellent and the staff members were most helpful. The restaurant was popular with the locals, especially young people. Thanks to Terry, Liz, Greg, and Michele for joining me at this venue.

### **MT KINABALU WEDNESDAY TO THURSDAY 25<sup>th</sup> to 26<sup>th</sup> SEPTEMBER OVERNIGHTER**



Watching the sunrise from the roof of Borneo brought back memories of how the trip may not have happened. But happen it did and Karen and I

experienced a moonlight night to summit Mt Kinabalu right on sunrise. What a magic moment which is experienced by up to 168 walkers virtually every day of the year.

The Mt Kinabalu climb was originally Mt Gower on Lord Howe Island but ridiculous prices meant another idea needed to blossom. But again there were problems as every tour company I contacted in Australia and Malaysia informed me that all the climbing slots were filled. We decided to still go in the belief that we would get a slot once we arrived in Kota Kinabalu (KK).

Rising early we embarked on an experience we were sure would be memorable. The Mt Kinabalu Park Headquarters lies 90km to the north east of KK and is a 1½ hour drive by taxi. After collecting our permits and meeting our guide we started the climb to 3272m by first catching a shuttle bus to Timpohon Gate and then descending to Carson's Falls. Quite a leisurely start. The weather was hot and humid but soon began to cool as we climbed. There are two starting gates, Timpohon (1866m) and Mesilau (2000m), but whilst Timpohon starts lower it is shorter by 2kms. There are six (6) shelters strategically placed for welcome breaks. They have benches, toilets and rubbish containers as well as resident Mountain Ground Squirrels always looking for scraps to eat. The track is well maintained and consists of numerous steps to assist climbing but are a menace when descending. It wasn't long before we were being passed by jubilant summiteers descending, all telling us the view was worth the pain and to keep going. That will be us tomorrow I thought, and energised we continued climbing. There were also the numerous porters carrying supplies up and rubbish down from the lodges. Everything has to be carried up even the building materials used to construct the lodges. We even saw one porter piggy-backing an elderly Japanese lady down. We later heard she had paid \$700 for the ride. After 5¼ hours climbing the ever steepening track we arrived at our lodge. Laban Rata Guesthouse is the largest of seven (7) lodges built between 3244m and 3314m on the side of Mt Kinabalu. The accommodation is dormitories and you take pot luck with the people you share the room with and unfortunately we struck one noisy sleeper which meant very little sleep for us. We met and chatted to a variety of people of different nationalities which made for an interesting afternoon. Dinner was at 4.30pm and we retired before 7.30pm as we needed to be up by 2.30am for the final assault.

We were up on time and one of the first to leave for the final 823m climb over 2.7kms to the summit. The first kilometre was steep and in places a rope was used to scale the granite slabs. After passing through the check point at the 7km mark at 3668m the track became less steep but of course the altitude was having an effect and our speed slowed. It was amazing to see the line of torches winding their way up the mountain. Of course by now we were being overtaken by younger climbers. As an aside quite a few were amazed that people of our age would even attempt this climb let alone

succeed. The temperature by now was also dropping and there was a slight breeze to make it worse. By the 8km mark at 3939m the summit came into view. It is a triangular wedge which appeared to tower over the plateau. It wasn't difficult to scramble over the boulders to the top and after 3½ hours we had arrived smack on



sunrise. The summit is called Low's Peak and on the opposite side is an 1800m cliff into a deep gorge known as Low's Gully. As there was a traffic jam at the top we didn't linger after the compulsory photograph and headed back down, mission accomplished.

The long descent had started. Ninety minutes later we were back at Laban Rata for breakfast but I must admit I didn't feel like eating as I was exhausted by the climb and descent. After a lengthy break we headed off again to descend to Timpohon Gate and our taxi ride back to KK. The 1406m descent took us 3½ hours making the day's exertion a 823m climb and a 2229m descent over 8½ hours but the exhilaration of climbing a mountain over 4000m blocked out all the pain. As we passed through Timpohon Gate we noticed a sign recording the results of a race up and down Mt Kinabalu. The winner recorded a time of 2hrs 11mins 45 secs for the 23km round trip. Unbelievable.

I would recommend this climb to anyone. It was brilliant.

### **NORMAN PARK TO MT GRAVATT SATURDAY 28<sup>th</sup> SEPTEMBER DAY WALK**



Sixteen walkers set off from the Norman Park railway station in light rain, and followed a path through a reserve to the "Norman Creek Greenway". It was

much cooler than the 33 degrees earlier in the week!

At Coorparoo, we passed a colony of flying foxes hanging in trees near the playing fields. We met Stan walking along the path, and he decided to join us, making a group of seventeen.

After crossing Cavendish Rd near the high school, we entered another park, for a short

break in a picnic shelter. The rain had stopped, but the clouds stayed with us. We continued to Stones Corner, and crossed Old Cleveland Rd, before re-joining the bike path. We headed towards Greenslopes, stopping for morning tea in another shelter near the Annerley Football Club.

The cement-lined creek held quite a lot of fast-flowing water, probably from an early morning storm. We skirted several large pools in the under-road tunnels. After passing under the freeway, we followed the path to Ekibin. We then took to the streets, before finding another shared path. We finally crossed Birdwood Rd to Marshall Rd, which we left at Glindemann Creek. A couple of large "lizards" were sunning themselves on a rock, but jumped into the water as we approached, and swam away. We walked alongside the creek for a while, and then followed Sterculia Ave. to Logan Rd, which we eventually crossed to our lunch spot in Glindemann Park. Stan, Michele and Phil left us here, while the remaining group continued along Logan Rd. Some of the men mysteriously disappeared into a car yard, but eventually re-emerged, and we finished the walk at the Coffee Club at Mt Gravatt.

Thank you to Sofia, Terry, Louise, Rusty, Ray, Aileen, Andrea, Robyn, Phil, Greg, Michele, Julie, Graham and Stan, and our visitors Trish and Joanne for joining me on the day.

### **CASUARINA BEACH TO POTTSVILLE SUNDAY 6<sup>th</sup> OCTOBER DAY WALK**

At 7am, 7 of us met at St Brigid's for our beach walk. Unfortunately Graham, the co-leader rang me at 5.30 to say he was at the Wesley hospital checking out the severe chest pains that developed overnight and was not able to do the walk. This was a bit of a dilemma for me as this is the first walk I have lead on my own. Anyway we got away on time and even though most of us did a bit of forced sight-seeing on the way to our departure point at Casuarina Domain, all got there. Here we also linked up with Michael, Karen, and Phil. We had to do a quick car shuttle to Pottsville but unfortunately we did not count on the big twice-monthly markets there so drivers had to hunt around for parking spots. The drivers got back to the Casuarina Domain and we started the walk around 9.30 a.m. From here on everything worked out just right and I feel everyone had a great time. The weather was just perfect with not a cloud in the sky and

was not too hot as we had a lovely cooling sea breeze all day. The sea was clean and fresh and the pounding of the surf had a really relaxing influence.

We walked along the beach to Cabarita Beach where we left the beach at the surf club and walked along a graded track through a lovely bushy section that went along higher ground that overlooked the rocks and coves. We found a sheltered table and had our morning tea. We then walked up Cabarita Hill and spent some time admiring the views from all directions. We saw some tail-slapping from some whales and a Red-Backed Fairy Wren. We then headed off towards Hastings Point where we saw a couple of Brahminy Kites.

At Hastings Point some of us walked around Cudgen Creek to the bridge where we crossed to our lunch spot. Some took the shortcut and swam across and found a lovely spot near a shop and toilets that overlooked the fast flowing creek. After lunch some of the adventurous ones decided to "ride the rapids" as they called it. That really looked like fun. The group re-formed around the nearby headland where some were exploring the wildlife clinging to the rocks that loved spitting at you after waves passed over.

We then continued on the final part of the walk down to Pottsville where we arrived about 3pm. As it was 4pm in NSW the coffee shop was just about to close but we got our coffees and milk shakes etc but just could not have cooked food which was not a problem.

Thank you Michael S, Karen, Liz, Terry, Paddy, Robin, Peter C, John H and Phil for making my first solo leader's walk so easy for me and also many thanks to the drivers Peter & John. The only one big disappointment for the day was learning of Graham's health problems. Let's just pray all goes well for him and he can join us again real soon.

## **MT TIBROGARGAN/COOCHIN HILLS SATURDAY 12<sup>th</sup> OCTOBER DAY WALK**

Oh, what a day. Just before my departure from Red Hill, Fr James came over to offer his blessing on the outing, but declined my invitation to join us with a weak excuse of "Have a wedding to do."

It was sunny, fine with a cooling breeze in places though slightly overcast. The seven of us made our separate ways up to the Tibro

carpark. I must have painted too hard a picture of this walk because so few nominated. The party was walking by 9am. As predicted, the well worn and stone filled track up to the climb proper was bad – hard under foot and winding up at an unrelenting gradient.

Tibro must have been the flavour of the month as it was like Queen St on the mountain – groups of all sorts and ages making their way up and down. There was never a moment when you saw no one else. A "Stop/Go" Traffic Controller was needed at the choke points on the rock face to give everyone a chance to make their way.

Our party quickly split up into the goers and the plodders. Only four of the seven had not done it before. We hit the first hard bit – going up the split in the rock. This was done with a little trepidation by some. Soon after it was the much longer rock slab – which took some time to negotiate – finding the route up was easy because of all the walkers - it was a matter of "follow the leader". There was some stretching of legs here and finding suitable hand holds. The gentle art of rock climbing was taught to some of us here.

Once over this bit, it was just a matter of making our way up the heavily eroded, shrubless, and pebble under foot well-worn track. In some places the track is now "dug" into the rock surface with so many having gone this way before. Looking down, one could see the caterpillar like trail of people following. However, the scenery of the surrounding farms and forests was breath taking. So green and endless. And Beerwah and Crookneck out there all the time (daring us to try them sometime in the future.)

Those ahead got really ahead, those behind kept a goin' with much puffin' & pantin'. All made it to the top by 10.15am I would say. In fact, the fast party was just starting to make their way down via the front "face" below the cave. Some would say down was harder as you could not see where to put your feet and with those loose pebbles sliding underfoot. And going against the current of people still coming up. Bottlenecks galore at the difficult places. We stayed closer together. All down at the car park by 11.45am. And another guzzle of water and part of lunch.

Off to the township of Glasshouse for a cold drink. I lose almost half my walkers here. Then off to the township of Beerwah to find those elusive Coochin Hills. Found at last. Parked

under the powerlines and off by 12.50pm. Into the bush a bit to find the fire trail, then along it to the junction with another and shortly there is the foot trail along the ridge to the top of the west peak. On top by 1.20pm. Since the whole mount is covered in vegetation – scrub and grass, there are not the spectacular views seen from the higher Glasshouses until you reach the top. You could almost reach out and touch Crookneck.

Now down the saddle and up the other peak. All too soon we are here. The views of the coast were extensive and after a small break we headed down the gentle rocky ridge to the fire trail again. The easement was discovered and proved to be the quick way out. Back at the cars by 2.15pm. Another quick cold drink before hitting the road home.

Thanks to those who walked with me: Robin Thorn, Karen Franklin, Peter Constable, Michael Simpson, and visitors Joe and his son Cameron Foley.

### **BRISBANE OPEN HOUSE SUNDAY 13<sup>th</sup> OCTOBER SOCIAL**

Eleven adventurers joined me in our exploration of the history and sights of old Brisbane town. The group managed to see the refurbished City Hall, go up the clock tower, and look in on the reassembled "old" Shingle Inn. The crowds had not gathered by such an early stage. Then a passing glance at the oldest shopping mall in Brisbane – the aptly names Brisbane Arcade – 3 levels of quaint old world charm of shopping scenery.

Then off in the increasing heat to Brisbane Square to look behind the library counter. Have you ever seen a book sorter – we have. And now for another wonder – getting in to see the Treasury Casino Hotel – the old Lands Office. We beat the queues here also. We were guided through the heritage listed building for an hour. And they did a good job at the restorations.

Now for the oldest still occupied building in Queensland – the Commissariat Store in William St. It is now the headquarters of the National Trust – so it is just like it was 185 years ago. Then a big walk to the old AMP Building on the corner of Queen & Edward Sts to the McArthur Museum – where The General had his South West Pacific Headquarters from 1942 to 1944. It had old photos and memorabilia of the war years about McArthur

and Brisbane at war. The old documentary in the theatrette showed Brisbane in the 1940's – the low rise buildings, the trams, Queen St and more. Brings back memories of growing up – everything was so familiar to someone growing up in the 50's and 60's.

Now to hurry to St Stephen's Cathedral for the 1pm guided tour. We ducked into the old chapel first of all to have a look. Then to the main church for the 30 minute tour – explaining some of the architecture, the stained glass, the Stations of the Cross, the artwork in the marble, the bronze crucifix, the wooden statues and more. From the outside we were shown the stone work and an explanation of some of the open air sculptures around the Francis Rush building.

Now for lunch at Eagle Street Pier. And a chat to each other. As some open places closed at 2pm, we skipped a couple and made for the Old Government House in the grounds of QUT. We latched onto a guided tour – given by an exhausted guide who had been doing it all day. She took us to several of the rooms – explaining their use over the last 125 years and some stories of the happenings in them. In its day, it was THE building in Brisbane.

Finally, some went across the road to the QUT Science and Engineering Building to get a glimpse just before it shut at 4pm.

Overall a good day. Weather was fine and hot, the company good and chatty, the buildings old and interesting.

Thanks to: Michele E, Michele Foley (all the way down from Gatton to join us), Liz L, Paddy T, Andrea T (who took over the leading when I went to the "Significant Wedding Anniversaries" celebration at St William's Church), Roger Ford, Julie P, Antonia S, and Jan & Russ N. Thanks to Andrea for taking on the leaders role. See more of you in 2014 when we do Southbank.

## **AROUND THE RIDGES**

### **The Glossy Magazines**

#### **Great Walks**

The highlight this month was that Great Walks had a special feature on our sister Club in Melbourne the Catholic Walking Club of Victoria. So it was basically a full page add about their Club in a walking magazine. See page 81.

The magazine also had a 6 page article about walking the Camino with a very good little map

that showed the major towns that are visited on the trip. See pages 40 to 46

#### Outdoor

This magazine had a 3 page article about doing the Camino by bike. Obviously it is quicker doing it by bike but I am not sure that is in the true spirit of doing the Camino.

The magazine also had a 13 page article about rafting down the Franklin River. One day I plan to do this – the Obi Obi lilo trips are the training course for doing the Franklin.

#### Floressence

**The Botanical Artist Society of Queensland**

#### Annual Exhibition

**Sat 17<sup>th</sup> & Sunday 18<sup>th</sup> November 2012**

**Mt Coot-tha Botanical Gardens**

Address        The Auditorium  
                     Mt Coot-tha Botanical Gardens  
                     Brisbane, QLD

This event is organised by The Botanical Artists' Society of Queensland, which is a voluntary organisation formed to foster a greater knowledge, love and understanding of Botanical Art. Botanical Art illustrates the incredible beauty of plants while retaining scientific accuracy in scale, form and colour.

## HOW WE ORGANISE OURSELVES

**VISITORS** – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

**VISITORS** are always welcome.

#### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

**<http://www.bcbc.bwq.org.au/EmergOffSyst.html>**

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

**MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10.00; Country: \$30.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

## CONTACTS

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E-Mail	<a href="mailto:briscathbushclub@yahoo.com.au">briscathbushclub@yahoo.com.au</a>	
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Federation Mountain Rescue FMR	<a href="http://fmrqld.bwq.org.au/">http://fmrqld.bwq.org.au/</a>	
Archdioceses Web Site	<a href="http://bne.catholic.net.au/asp/index.asp">http://bne.catholic.net.au/asp/index.asp</a>	
Parishes	<a href="http://bne.catholic.net.au/asp/index.asp?pgid=11463">http://bne.catholic.net.au/asp/index.asp?pgid=11463</a>	
Printer: Mylestones Printing, Lower Gr Floor, Boeing House, E-Mail: <a href="mailto:myprinting.bri@cplqld.org.au">myprinting.bri@cplqld.org.au</a> Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,		

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Fountain Falls (photograph by M Simpson)

## EDITOR'S NOTE

# As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

# The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

# If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

# I need your articles on time – it makes it hard to still get articles when I should be formatting.

# Articles from this publication may be reproduced provided the source is acknowledged.

# Look at last month's Jilalan and copy that format – especially the "headings" in Comings

# Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

# Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

## PARK ALERTS & WEATHER

[http://www.derm.qld.gov.au/parks\\_and\\_forests/park\\_alerts/index.php](http://www.derm.qld.gov.au/parks_and_forests/park_alerts/index.php)

Find a Park: <http://www.derm.qld.gov.au/parks/index.php>

See: Weather

<http://www.bom.gov.au/weather/radar/>

<http://www.bom.gov.au/qld/>

<http://info.energex.com.au/tracker/asp/lightningtracker.asp>

Search & Rescue

<http://www.fmrqld.bwq.org.au/overdue.html>

<http://www.fmrqld.bwq.org.au/contact.html>

Emergency Mobile Number While Out In The Wild Ph:112

If undeliverable return to  
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