

JILALAN

Monthly Magazine of the

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957 - Incorporated 1991
Under the Guidance of Our Lady of the Way



Our Lady of the Way
Pray for us

JUNE 2019

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BCBC CALENDAR - JILALAN – JUNE 2019 @ 2-06-19

Date	Event	Leader	Phone	Type	Grade
May 20	General Meeting	Russ	0427 743 534	Meet	
22	Mt Coot-Tha Lookout To Purtell Park	Susan	0416 086 207	Stroll	
25/26	Point Pure (Q)	Iain	3870 8082	TW	M66
26-2	The 2CC Walk (Q) 2 Cathedrals Walk	Russ	0427 743 534	BC	L24
28	Movie Night	Greg	3351 4092	Soc	
29	The Ascot/Clayfield Experience	Antonia	3857 1387	Stroll	
JUNE 2019					
3	Committee Meeting	Russ	0427 743 534	Meet	
5	Coffee Night- Cafe 63 Hamilton	Michael	0409 620 714	Soc	
7	The Cougals (Q)	Russ	0427 743 534	DWt	S46
8/11	Fraser Island (Q)	Michael	0409 620 714	BC	var
9	Brisbane Valley Rail Trail (Q)	Louise	3399 4472	DW	M22
12	Kedron Brook #1 Ferny Grove Brookside	Greg	3351 4092	Stroll	
15	Mt Zahel Mt Mitchell from Spicers Gap(Q)	Iain	3870 8082	DW	M45
16	Kate Quinlan Lunch - Veresdale Hotel	Greg	33651 4092	Soc	
17	General Meeting	Russ	0427 743 534	Meet	
19	Breakfast Ck - RBWH to Newstead	Greg	3351 4092	Stroll	
21	JTS – The Mill on Constance	Michael	0409 620 714	Soc	
22	Drawing classes	Ian	3870 8082	Soc	
23	Brisbane Square Mile	Greg	3351 4092	DW	M12
25	Movie Night	Greg	3351 4092	Soc	
26	Whites Hill - Cav Rd - Pine Mt Rd - Whites Hill	Greg	3351 4092	Stroll	
29	Lincoln Wreck (Q)	Richard	3353 2822	DW	M65
JULY 2019					
Jul 1	Committee Meeting	Russ	0427 743 534	Meet	
3	Coffee Night - Coffee Club Milton	Michael	0409 620 714	Soc	
6	Mt Greville (Q)	Michele	3353 2822	DW	M55
6-7	Vertical Self Rescue	FMR	FMR	S&T	
10	Kedron Brook #2 - Brookside To Stafford	Greg	3351 4092	Stroll	
13	Mt Maroon (Q)	Phil	5522 9702	DW	M55
Jul 15	General Meeting	Russ	0427 743 534	Meet	
17	Westlake To Riverhills Via the River	Greg	3351 4092	Stroll	
19	JTS – The Alliance Hotel	Graham	3371 9623	Soc	
20	Shepherd's Walk (Q)	Terry	3355 9765	DW	M34
21	Mitchelton to Toombul & Return	Phil	5522 9702	Bike	
23	Movie Night	Greg	3351 4092	Soc	
24	Kedron Brook Toombul	Greg	3351 4092	Stroll	
25	Mt Warning (Q)	Phil	5522 9702	DWt	
28	Mt Coochin	Michele	3353 2822	Soc	
31	Enoggera Creek	Greg	3351 4092	Stroll	
AUGUST 2019					
1	Glen Rock (Q)	Russ	0427 743 534	DWt	
3	Kangaroo Mountain (Q)	Michael	0409 620 714	DW	
4	Basic Navigation	FMR	t.b.a.	S&T	
5	Committee Meeting	Russ	0427 743 534	Meet	
7	Coffee Night - Tuttos	Michael	0409 620 714	Soc	
9	Les Misérables (at Qld Conservatorium)	Russ	0427 743 534	Soc	
11	Plunkett Hills Wildflowers (Q)	Phil	5522 9702	DW	M33

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking and/ or up to 450m gain/loss. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a medium walk, 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous, requiring fitness, agility and endurance.

PRAYER OF THE MONTH

When you pass through waters,
I will be there with you;
and through the rivers.
They shall not overwhelm you
because you are precious in my eyes
and honoured and I love you.
Fear not; I am with you
(Isaiah 43:2,4,5)

FROM THE EDITOR

As you are aware, I am the current *Jilalan* Editor. I want to thank you all for your generous and timely submissions thus far this year. The downside of such enthusiasm is the difficulty in keeping the publication to a reasonable size and postage price. In my attempts to meet all requirements, I hope that no one is offended by any formatting adjustments that were necessary. If you have any suggestions or feedback, I would be delighted to hear from you at bcbcJilalan@gmail.com.

Desley

COMING EVENTS

Trips leave from St Brigid's car park at 78 Musgrave Rd, Red Hill unless otherwise advised.
Leaders are asked to print their own Nomination Forms and to consult the *Leaders' Guide* on the Club website: <http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>. If changes are made to walks (date, location, cancelation etc.) leaders are asked to advise Phil Murray on 55229702.
Visitors are required to do two walks before the Committee officially declares them Club members.
Nominations for walks are needed at least three days in advance to allow adequate time to make arrangements such as carpooling.

SATURDAY 15th JUNE ,2019 MT MITCHELL VIA SPICERS GAP (PREVIOUSLY MT ZAHHEL) DAY WALK

Leader: Iain Renton 3870 8082, 0401 429 085
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill
Time: 7.00am
Cost: \$20 (car pool), \$2 (private)
Grade: L45
Emerg Off: Greg 0418 122 995

Because of problems gaining permission for access to Mt Zahel, this walk has been changed to Mt Mitchell. We will drive to Spicers Gap, park there and follow the old convict road through Spicers Gap. The road was built in 1855 and was done so well that it is still in good shape, 164 years later. There are very few places in Australia where you can walk along a road of that vintage in such excellent condition. There are some interpretive signs along the way. After a few kilometres we will leave the road to take a ridge up the southern side of the west peak of Mt Mitchell. This will be off-track in open eucalypt country with possibly a couple of steep patches. We may join an established footpath as we go up the ridge. At about 975 metres we will encounter the Mt Mitchell graded track that starts at Cunningham's Gap. We will follow this for a little over a kilometre to a spectacular view from the east peak of Mt Mitchell. We will then return to the Spicers Gap carpark the way we came.

Apart from the ridge up Mitchell all the walk is on roads and graded tracks. Since we are returning the same way, those who just wanted to do the convict road through Spicers Gap could wait there for our return and have a cuppa, read a book or have a yak. The grading for those doing just the road would be S23. It is a very scenic route through rainforest and open eucalypt country. Join me for a great walk.

**SUNDAY 16th JUNE, 2019
KATE QUINLAN LUNCH
THE VERESDALE HOTEL
SOCIAL**

Leader: Greg Endicott endhouse@bigpond.net.au
Meet at: The Veresdale Hotel, 6202 Mount Lindesay Highway, Veresdale
Time: 11.45am for 12 noon
Cost: Your choice
Location: South East of Brisbane – 60km / 1 hr from Brisbane
Travel: Official car-pooling is not being organized, so ring a friend and go together or let me know if I can help.
Emerg Off: Greg 0418 122 995

We have been north; we have been south; we have been east and we have been west. Now we are heading south-west. Normally we try out a pub near a train station. The rail line runs behind the pub; however, trains do not run on the weekends.

One of the older family-friendly hotels in Queensland, the *Veresdale*, or *The V* as it is now affectionately known, has been tastefully renovated in keeping with the best attributes of the friendly hotel atmosphere. Enjoy the dining area and the stunning views from the back-deck area. The Hotel may look a little small from the outside, but once indoors you have access to beautiful outdoor dining areas, where the pastoral view is quite spectacular. The team in the kitchen uses the freshest and highest quality ingredients and prepares and cooks everything on site to create innovative, generous and delicious meals. The menu offers a wide variety of dishes catering to all visitors. There are daily blackboard specials. Check out the menu:

<https://thev.com.au/dining-countryside>. You drive past this one every time to go to Beaudesert or to Mt Barney. This time stop and drop in.

MONDAY 17th JUNE, 2019 MONTHLY MEETING

Contact: Russ Nelson 0427743534
Time: 7.30pm
Where: St Michael's Parish Hall, 250 Banks St, Dorrington

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest them. Nominations for walks are taken after the formalities and people catch up over a companionable supper. All are welcome. The hall is in the lower carpark behind the church. Drive down the ramp at the left.

<http://www.bcbc.bwq.org.au/page4.html>

WEDNESDAY 19th JUNE, 2019 RBWH TO THE BRISBANE RIVER STROLL

Leader: Greg Endicott 33514092
Meet at: RBWH Bus Station, Outbound Platform
Time: 4.30pm
Cost: Free.
Grade: S11
Transport: <https://translink.com.au/>
Emerg Off: Greg 0418122995

This eight-kilometre stroll takes approximately two hours. It follows on from the strolls from Mt Coot-tha to the Royal Brisbane & Woman's Hospital (RBWH). This time we will start at the busway platform in front of the RBWH and continue along the bikeway and back streets to where Breakfast Creek joins the Brisbane River at Newstead.

The bike track goes part way, then we have to resort to streets and bridges to stay as near to the Creek as possible. It is still a pretty way to spend an afternoon. Come along to complete your stroll from the source to the mouth of Ithaca Creek; or just do this as a walk alone. **Bring a torch and bring Greg's number.**

<https://www.google.com.au/maps/@-27.4380344,153.0459938,16z>

FRIDAY 21st JUNE, 2019 THE MILL ON CONSTANCE JOHN TOOHEY SOCIETY

Leader: Michael Simpson 0409620714.
Meet at: 111 Constance Street, Fortitude Valley.
Time: 4pm - 9ish.
What For: A chat, a beer and a meal.

When Karen & I were doing a pre-outing for the Alfred & Constance venue in January we visited this great little bar just down the road. It has a great selection of beers, wines, ciders and food. Whilst their taps are constantly rotating, below is their current selection to give you an idea.

Boys II the Yard – an IPA
Howling Gale – an Irish Pale Ale
Cranachan Killer – a Fruit Beer
Hawaiian Speedway – a Stout
Prodigal – a Stout
The Real Hr. Frederiksen – a Stout
Apple Cider

Keep an eye on their website (<http://www.themillonconstance.com/>) closer to the date. See you there.

SATURDAY 22nd JUNE, 2019

DRAWING DAY

SOCIAL

Leader: Iain Renton 38708082, 0401429085.
Location: 38 Marmion Pde, Taringa
Time: 8.15am
Cost: \$20 (new), \$7 (repeat)
RSVP: Tuesday 18th June

Last November I held a drawing day with six enthusiastic participants. This year's drawing day will follow on from what was done then and take things further. If you didn't make it last year you can still come to this one as I will structure things to cater for that.

So, come along and enjoy putting marks on paper. You will be guided through a progression of graded exercises to help you feel more confident about drawing and discover different ways of doing things. Bring some morning tea to share and lunch. It might pay to bring an old shirt as we will be using paint at one stage.

In the morning we will be at Marmion Parade and after lunch we will go to some nearby bushland to do some drawing. \$20 will provide all materials needed (and you can take them with you when you finish). If you went to the drawing day in November and bring along the drawing materials provided then, the cost will be \$7. I will be taking only six people.

Please let me know by **Tuesday 18th June** if you are coming to give me time to buy materials.

After a day's walk, everything has twice its usual value.

(G.M. Trevelyan) ¹

SUNDAY 23rd JUNE, 2019

BRISBANE SQUARE MILE DAYWALK (combined CBC/BOSQ)

Leader: John Marshall (BOSQ) 54986780 / 0474480056

johnbne@bigpond.com

Meet: Corner of Boundary St and Vulture St, West End
Time: 9.00 am
Grade: M23
Water: 1 litre minimum

This will be a combined BOSQ - BCBC walk. It will follow the original boundary of Brisbane Town, a distance of approximately 12 km. The route is the perimeter of the original Square Mile surveyed for Brisbane Town, taking in two Boundary Streets and other roads running more or less to the cardinal compass points and crossing two bridges. There are lots of historic points of interest along the way. Participants are welcome to share historic information known to them. Lunch will be at the Howard Smith Wharves Precinct; BYO lunch or buy something. Please wear comfortable shoes. It is a long way, all on pavement and, being Brisbane, many hills can be expected.

TUESDAY 25th JUNE, 2019
MOVIE NIGHT
NEWMARKET CINEMAS

Contact: Greg Endicott 3351 4092
Meet at: Sushi Edo, Ground Floor, Newmarket Village Shopping Centre, Cnr. Enoggera and Newmarket Rds.
Time: 5.30pm for dinner,
6.30pm for the movie.
Emerg Off: Greg 0418 122 995

We will again be at the cinemas at Newmarket. They have a flat price of \$11; however, pensioner card holders get a discount. There is ample underground parking. The food court is on ground level and the theatres are above it. They even have a frequent flyer card. Over dinner we will select a movie. People may want to see different movies and wait around afterwards for coffee at the cinema to de-brief what we all saw.

Sushi Edo: <http://www.newmarket-village.com.au/stores-dining/store/sushi-edo>

Cinema: <https://readingcinemas.com.au/locations/theatre/newmarket>

Transport: <https://translink.com.au/>

WEDNESDAY 26th JUNE, 2019
CAV RD TO CAV RD
VIA SALVIN CR & WHITE'S HILL
STROLL

Leader: Greg Endicott 3351 4092
Meet at: Cavendish Rd at Coolibah St, Mt Gravatt East,
Stop 54
Time: 4.30pm

Cost: Free.
Grade: S22
Transport: <https://translink.com.au/>
Emerg Off: Greg 0418 122 995

This is an eight-kilometre walk taking approximately two hours. It is a continuation of our last White's Hill Stroll when we did the eastern side of the hill. This time we will do an east-west traverse, including the bald patch above the quarry. We will start in suburbia by following Salvin Creek through parks and open ground. There may be fences blocking our way, so we may take to back streets. Once in the Reserve, we will follow graded tracks through the bush, cross gullies by bridge and continue up to the open ground at the top. Oh, what an experience for a suburb. Come along and see a piece of nature in your own backyard. **Bring a torch and Greg's number.**

Web: <https://www.google.com.au/maps/@-27.514514,153.0885983,3339m/data=!3m1!1e3>

SATURDAY 29th JUNE, 2019 LINCOLN WRECK DAYWALK

Leader: Richard Johns 33532822, 0409871641
Meet at: St Brigid's Car Park, 78 Musgrave Rd., Red Hill
Time: 6.00am
Grade: M44
Cost: \$25.00 (car pool), \$2 (private)
Location: Near the summit of Mt Superbus
Emerg Off: Michele Endicott 33514092

Mt Superbus is east of Warwick and, at 1375 metres, is the highest peak in South-East Queensland. On the 9th April, 1955, an Avro Lincoln Bomber was airlifting a sick baby from Townsville to Eagle Farm when it slammed into the side of Mt Superbus in bad weather. The baby, an accompanying nurse and four RAAF personnel were killed. Wreckage was strewn over a large area.

The walk itself is not overly long, but the drive to and from the start of the walk necessitates an early start from Red Hill. The first two thirds of the walk is reasonably flat but the last third is very steep and muddy. The track is lined with stinging nettles so long pants and sleeves are a must. As we get closer to the wreck, we will pass some engine cowling and an engine just before the start of the steep climb. Come and join me for an interesting walk.

WEDNESDAY 3rd JULY, 2019 DINNER & COFFEE NIGHT SOCIAL

Leader: Graham Glasse 3371 9623.
Meet at: Coffee Club Milton, Shop 9, 11/32 Park Rd, Milton.

Time: 6.00 pm for dinner or 7.30pm for coffee.
Cost: Your choice

As I'm away this month, my trusty sidekick is looking after the Coffee Night for me. We are heading back to Milton, a little closer to the city. We have been here before and always find the venue to be more than suitable. I'm sure it will be the same again this year. Join Graham for either a meal and a chat of just a coffee and a chat. Menu: <https://www.coffeeclub.com.au/>

SATURDAY 6th JULY, 2019
MT GREVILLE
DAY WALK

Leader: Michele Johns 33532822, 0414 635 542
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill
Time: 7.00am
Cost: \$20 (car pool), \$2 (private).
Grade: M55
Emerg Off: Richard Johns
0409 871 641

Mt. Greville is part of the Moogerah Peaks National Park and is about 770 metres high. There are three main routes: Palm Gorge, Southeast Ridge and Water Fall Gorge. Our walk will begin at the carpark on Mt. Greville Road. We will ascend in Palm Gorge and return down Southeast Ridge.

The track itself is littered with palm fronds, exposed roots and loose rocks; however, the rewards are worth it with the sheer cliffs and beautiful palm trees. We will stop for a break at the top of the gorge where we can enjoy views to Spicers Peak, Moogerah Dam and Mt Moon. It will then be a short walk to the summit for lunch.

The return will involve retracing our steps past where we came up from Palm Gorge and down to a rocky patch with a cairn. We will follow an open forested ridge with rocky outcrops. The track is mostly easy to follow with some steep sections. It is expected that we will finish walking about 2.30pm. Come and join us in a rarely visited area.

<https://weareexplorers.co/choose-own-adventure-summiting-mt-greville-qld/>

WEDNESDAY 10th JULY, 2019
KEDRON BROOK #2
BROOKSIDE TO STAFFORD
STROLL

Leader: Greg Endicott 3351 4092
Meet at: Brookside Shopping Centre Bus Stop, cnr Osborne and Birwood Rds,
Mitchelton
Time: 4.30pm

Cost: Free.
Grade: S11
Transport: <https://translink.com.au/>
Emerg Off: Greg 0418 122 995

This is a 6.5 kilometre walk taking approximately one and a half hours. It is the third part of Kedron Brook from source to mouth. It may be numbered "2", but our first one was numbered "1½". This one will be the shortest, so make the most of it. We will be on the bike track all the way from start to finish. The route passes through parks and bushland, along the bank of the brook and under the roads along the way. The main thing to watch out for are the ducks!

Come along for a wonderful journey. **Bring a torch and Greg's phone number.**

<https://jp.translink.com.au/plan-your-journey/journey-planner>

<https://www.openstreetmap.org/#map=16/-27.4107/152.9948>

THURSDAY 13th JULY 2019

Mt MAROON

DAYWALK

Leader: Phil Murray 5522 9702, 0416 650160
Meet at: St Brigid's Car Park,
78 Musgrave Rd Red Hill or Beaudesert McDonalds
Time: 7.30 am or 8.40am
Cost: \$20
Grade: M34
Emerg Off: Sue Murray 5522 9702

This is a six- kilometre walk over approximately four hours and involves an ascent of 500 metres. It is a lovely mountain walk, especially in mid-winter. It is mainly through eucalyptus woodland with a light covering of shrubs. On the summit plateau there is montane heath with many wildflowers. We will ascend the usual route via the north east ridge. We then sidle across into the gully and there is a bit of a rock scramble at the top of it. We then reach the summit glen where there was formerly a camp site. From there we continue south over rock slabs to the south summit (height 966 m / 3,169 ft). We will visit the northern peak if time permits.

The views from the top are worth the effort. Usually, Mt Lindsay, Mt Ernest and Mt Barney and the Main Range can be seen. It will be interesting to note if Mt Warning can be seen. It might be a bit cool so bring a beanie and jacket. There should be some wildflowers out, especially the scarlet pea (*Bossiaea rupicola*) plus several yellow pea flowers. Hopefully, the day will be bright and sunny. Be sure to bring the usual requirements of food, two litres of water and rain protection.

Mount Maroon was originally known as *Wahlmoorum* which is Yuggera language and means *sand goanna*. It was abbreviated to *Maroon*. (Steele, J. G., 1984, Aboriginal Pathways in Southeast Queensland and the Richmond River, University of Queensland Press.)

Those who watch the calendar assiduously will notice the leader has been changed as Jonas had another commitment come up.

MONDAY 15th JULY, 2019 MONTHLY MEETING

Contact: Russ Nelson 0427743534
Time: 7.30pm
Where: St Michael's Parish Hall, 250 Banks St, Dorrington

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest them. Nominations for walks are taken after the formalities and people catch up over a companionable supper. All are welcome. The hall is in the lower carpark behind the church, Drive down the ramp at the left.
(<http://www.bcbc.bwq.org.au/page4.html>)

WEDNESDAY 17th JULY, 2019 WESTLAKE TO RIVERHILLS VIA THE RIVER - STROLL

Leader: Greg Endicott 3351 4092
Meet at: Bus Stop at Horizon Dr at McLeod near Maribor St
Time: 4.30pm
Cost: Free.
Grade: S11
Transport: <https://translink.com.au/>
Emerg Off: Greg 0418 122 995

This is a seven-kilometre walk taking approximately two hours. It is Part Two of the four strolls from the Jindalee Bridge to Wacol Station. This one follows the bend in the river and curls back on itself. There is not much bush along the riverbank here. It is almost all housing; however, we can see how the baby-boomers of the 1970's built. Check out the styles and variations. See the mini parks that survive.

This walk is in a quiet area where there are no through roads so there are no speeding vehicles, just people coming home from work. Come along and enjoy a stroll in a part of the world you would not normally be in. **Bring a torch and Greg's phone number.**

(<https://www.google.com/maps/@-27.5568829,152.9273869,15z?hl=en-GB>)

FRIDAY 19th JULY 2019 THE ALLIANCE HOTEL JOHN TOOHEY SOCIETY

Leader: Michael Simpson
0409 620 714.
Meet at: 320 Boundary Street, Spring Hill.
Time: 4pm - 8ish.
What For: A chat, a beer and a meal.

This month we are returning to the Alliance Hotel in Spring Hill. We have been there twice before and have always found the ambience, beer and food to be more than satisfactory. I'm not sure if I'll be back in time to lead this outing but, have no worries, as my trusty sidekick will lead it in my absence. These are always great nights out so, if you've never been to a JTS before, now is always a good time to start. Join me or Graham for a great Friday evening.

(<https://www.thealliancehotel.com.au/coming-soon/>)

FRIDAY, 9 AUGUST 2019

LES MISÉRABLES
SOCIAL

Leader: Russ Nelson 0427 743 534, nelhouse@bigpond.net.au
Meet at: Conservatorium Theatre, 140 Grey Street, South Bank (opp Rydges Hotel)
Time: 7.00pm for 7.30pm
Ticket Price: \$17 (Group Price); \$45 (Adult Full Price)
Phone Bookings Close: Thurs 20 June;
Email Bookings Close: Sun 7 July (Please put Les Mis in the subject line.)

Les Misérables is the world's longest running musical, a truly modern classic based on Victor Hugo's novel and featuring one of the most memorable scores of all time. With countless awards to its name, *Les Misérables* is as ground-breaking today as it was when it first premiered in London in 1985.

In nineteenth century France, Jean Valjean is released from 19 years of unjust imprisonment, only to find nothing in store for him but mistrust and mistreatment. He breaks his parole in the hope of starting a new life, initiating a lifelong struggle for redemption as he is relentlessly pursued by police inspector Javert, who refuses to believe that Valjean can change his ways. Finally, during the Paris student uprising of 1832, Javert must confront his ideals after Valjean spares his life and saves that of the student revolutionary who has captured the heart of Valjean's adopted daughter. His world view shattered, Javert commits suicide and Valjean finally attains the peace that he has sought for so long.

This performance is being staged at Griffith University's Queensland Conservatorium, South Bank.

MBS (More Beaut Scandal)

Who was the white-business-shirt-dressed person seen jogging on the recent 2CC walk? And where is Couch Corner? Come on the 2020 walk and find the answers to these questions, and even more.....

PRESIDENT'S REPORT
We can all do better!

One of the key attributes of any club is how we assist each other. In BCBC, one example of this is our Emergency Officer System. Our arrangement has been in operation since the earliest

days of the Club. It has been used a number of times and the system has functioned as expected. The proliferation of mobile phones has caused a number of us to wonder whether the system should be changed. For example, other Clubs do it differently from us. On occasions an invitation has been issued to discuss changes to the Emergency Officer system; however, no one has put up a different proposal. There may be a better arrangement, but no one has proposed one.

In recent times the Emergency Officer system for some trips has been so incapacitated that it would not be functional. Examples include –

- The Emergency Officer is not in Australia, let alone Brisbane, at the time of the trip.
- The Emergency Officer is on the trip itself and so could be the casualty.
- The Emergency Officer is not a member and would be unlikely to know who to call on for additional assistance from within the Club.
- Occasionally, there is no published name for the Emergency Officer.

If there is a need to activate the Emergency Officer system, at best these situations would lead to confusion and delays until it evolves that someone takes the lead.

I call upon our leaders to do better and our members to expect that leaders have proper arrangements in place. Also, especially if you are an experienced member, I call on you to be willing to act as an Emergency Officer for trips in which you are not a participant. Unfortunately, the likelihood of an event caused by a medical condition is increasing as the average age of Club members increases.

Finally, it is fine for you to disagree with me, but speak up and describe your alternative. If we move together, we can all do better!

Russ

TREASURER'S REPORT

I am now selling tickets in our first raffle for the year which has two prizes, the first being a 67-piece Trafalgar First Aid Kit and the second a Spinifex dark blue enamel mug. Tickets are good value at a dollar each and you, naturally, need a ticket to have a chance of winning.

Also, don't forget that the Club still has a small supply of Club T-shirts, 60th Anniversary T-shirts, small metal club badges and 60th Anniversary history USB devices. These are for sale at \$35-00, \$25-00, \$5-00 and \$10-00 respectively.

Terry.

ABOUT PEOPLE

John Brack, Mervyn Galvin, Louise Jones, Elizabeth Richards and Susan Tobin are celebrating birthdays in June. Pat Lawton and Jonas Bernotas recently returned from New Zealand where they did some more walking.



PAST EVENTS

SATURDAY 16TH FEBRUARY 2019 DULARCHA TUNNEL AND EWEN MADDOCK DAM DAYWALK

This was a successful walk despite the universe's appearance to be against us. The walk would have been if it were not for a kind driver willing to detour some distance to pick up walkers from Red Hill. It was obvious that six people could not travel in one car!!

The next hitch was the difficulty in meeting the seven walkers who had travelled privately in four cars to Mooloolah. They could not be found at the meeting point nor for the following hour, despite intense searching on Google Maps, multiple phone calls and many laps around town. At last we all connected and were able to set off towards the tunnel. We arrived at the Landsborough end of the tunnel in time for morning tea. Photos were taken, signs of railway history sought out and a little gossip was undertaken. We returned via the tunnel, all but two walkers, who went up and over it. It was nice to see lots of family groups and bike riders along the way. We then moved over to the Ewen Maddock Dam, arriving at 12.30pm for lunch. We walked and talked and took more photos along the dam pathway. Sadly, time was running out, so we stopped our stroll and returned along a loop path. A longer day walk here was discussed so that more time could be spend exploring the area. The day's weather was perfect for walking. We were undercover most of the time with quite frequent cool breezes.

Thank you to Terry and Khaleel for chauffeuring Sofia, Paddy, Ray and myself from Red Hill, and Jeanette, Maria, Sue, Sherryn, Michele, Richard and Steven for meeting us at Mooloolah.

Desley

WEDNESDAY 1st MAY 2019 THE HUB CAFÉ SOCIAL

This is one of our favourite venues with the food, atmosphere and service always great. This area is always well supported, and it was no different this time with ten members attending. This is despite having six regulars away. We will return again later in the year.

Thanks to the nine who joined me: Karen, Josh, Graham, Jan, Richard & Michele, Bob & Anne and Terry. Michael.

FRIDAY TO MONDAY 3rd TO 6th MAY 2019 KANANGRA WALLS TO KATOOMBA THROUGH WALK

With over 50 kilometres of walking and over 2000m of ascending and descending, this was arguably one of the toughest trips I have done. Maybe it's just my age. The scenery however, was quite spectacular in parts and ho-hum in others but overall it is, I think, one of the classic walks.

We all gathered at the Katoomba YHA at various times during the Friday and made final preparations for the walk. We had an early rise for breakfast before catching a slow taxi ride to

the Kanangra Walls Carpark some 37 kilometres past the Jenolan Caves. We were walking by 11.30am and headed along the plateau walk via the obligatory lookout and dance cave. The first tricky bit came at the edge of the Kanangra Walls. How, oh how, to get down? We had to descend a tricky chimney before heading cross country below Craft Wall to the base of Mt High & Mighty. The walk along the Kanangra Walls was spectacular. The scenery was absolutely amazing and included deep, green gorges with various shades of yellow and red sandstone lining them. There was not a lot of wildlife along this section nor, in fact, along the whole walk. We saw more birds on the drive in. The climb up High & Mighty was tough and then we had to descend again to the saddle before Mt Stormbreaker. Daylight was getting away from and, as we reached the summit of Mt Stormbreaker, we realised we would not make our scheduled campsite, Dex Creek, that night. So, we set up camp and settled in for a relaxing evening. Rising early, we were on our way by 8am. We quickly made the saddle before Mt Cloudmaker but the ascent was a little more difficult. The terrain was tough, mainly rocky, which made walking and navigation difficult, so a quick traverse was out of the question. It took 1½ hrs. to reach Dex Creek so I was glad we had stopped early the night before. The water at Dex Creek was questionable so we pushed on hoping to find a water source soon. The terrain was now flatter but still rocky as we pushed northwards past Mt Moorilla Maroo and over Mt Amarina, Kullitha Peak and Mt Strongleg. Then the fun started. We had to descend to the Cox River which proved to be a 600-metre descent over two kilometres. My knees were screaming. Fortunately, the river was low and easy to cross. (We had been warned that the river may be too high to cross.) We all refreshed our water supplies before starting the ascent of Yellow Pup Ridge which was almost as steep as the previous descent, 600 metres over three kilometres. We reached the summit of Mt Yellow Dog around 5pm and again found ourselves well short of our intended campsite. We again decided to stop and set up camp; however, we did not settle in for a relaxing evening as most of us were exhausted and in bed early. The next day we rose even earlier, and left camp by 7.20am. The track had improved and the terrain was easier. We reached



Landscape Showing the Route

Mobb's Swamp in just over an hour and again failed to find water. This area is clearly in drought. We had enough to make it to the end so weren't too worried. The walking was pretty easy and lulled us in a false sense of reality as we did not realise what was to come. After reaching a fire

trail we thought we were home and hosed. But this was not to be. A 150- metre ascent of Mt Debert was followed by the climb up Tarro's Ladder and the cliffs above it before reaching the final fire trail to follow. Tarro's Ladder was interesting to say the least. You need to climb a cliff for about five metres before climbing a similar distance up a steep chimney. To help, the National Parks have put in a series of steel spikes which made the ascent quite easy. I think descending might be more difficult. To make life easier we hauled our packs up. After reaching the top we had about 13 kilometres to walk to the Narrow Neck Gate but a few of us were nearing total exhaustion. Luckily a ranger and two taxis helped us out and we soon back at Katoomba Railway Station to catch the train. We all made the airport in time to catch our respective flights home, much to our relief. After I recover, I'm sure I'll remember this walk as something special. We have already said that we will return to the Blue Mountains, but to do something less stressful. Thanks to Karen, Kylie and Khaleel for joining me on this very strenuous trip. Michael.

FRIDAY 17th MAY 2019 JTS – THE GERMAN CLUB SOCIAL

We like the German Club, so we returned again in May. As per usual the food was great and the selection of beers just as good. It was also well supported with thirteen members attending. Just like last year, we went to sit outside but it rained. I'm sure we will return again next year.

Thanks to the twelve who joined me: Karen, Josh, Kylie, Russell, Russ & Jan, Mike & Cath, Liz, Graham, John and Peggy. Michael.

ADVANCE NOTICE - PILGRIMAGE 2019

Date: Friday 27th - Sunday 29th September 2019

Venue: Camp Laurence on Moogerah Dam

BCBC Leader: Cath Wood

This will be the 50th Pilgrimage and, in addition to the traditional format of walks and the bush dance, some extra activities are planned, along with an historical display of past Pilgrimages. Further details will be published as they become known.

OUTINGS' REPORT

The numbers on walks this year had been decreasing before May and a few walks had been cancelled due to insufficient nominations. This was both surprising and concerning. Basecamps and through walks have been well attended. Perhaps there are too many day-walks scheduled. Please nominate for walks at least three days in advance.

The recent trip to Mt Michael (Mt Mitchell) was cancelled two days out as there were no nominations. One day out there were two nominations, but the leader had changed his plans and the walk couldn't happen.

Outings Summary			
Date	Trip	Leader	Nos
6 May	Blue Mountains	Michael	4
6 May	Mt Coot-tha	Cancelled	0
11 May	Mt Mitchell	Cancelled	0
16 May	Coomera Circuit	Cancelled	0
18 May	Mt Moon	Cancelled	0
25-26 May	Point Pure	Iain	5
26 May – 2 June	2CC walk	Russ	5
2 June	Lennox Head	Cancelled	0
8-11/6	Fraser Island	Michael	9

Leaders Appointed		
28-29 Sep	The Pilgrimage	Cath Wood
Leader's Needed		
Oct 19	Illinbah Circuit	
Dec 14	Northbrook Gorge	
Dec 21	Tallebudgera Creek (Q)	
Dec 26	Boxing Day walk	
Walks delisted		
23-24 Aug	Girraween	Leader unavailable

MEMBERSHIP REPORT

Current membership is 85 people.

SAFETY & TRAINING REPORT

FMR Training in basic navigation is planned for 4th August, 2019. Details are yet to be announced.

Accidents & Incidents Report from the FMR Minutes and LifeFlight website

- 22/04/2019: Missing hikers rescued by RACQ LifeFlight Rescue crew
Four teenagers were winched to safety by the LifeFlight helicopter, after nearly 24 hours stranded near Kondallila Falls.

- 05/05/2019: Woman airlifted after bush walking fall
The Bundaberg-based LifeFlight Rescue helicopter was tasked to Cania Gorge, north west of Monto, after an elderly lady slipped and fell while bush walking.
- 11/05/2019: RACQ LifeFlight Rescue winch injured hiker off Mt Cooroora
A woman is recovering after she fell y four metres, down a steep section of Mt Cooroora, while hiking to the summit.
- 26/05/2019: Injured hiker winched from Table Top Mountain
The Toowoomba-based LifeFlight helicopter crew performed multiple winches in an operation to retrieve a hike, injured on Table Top Mountain.
- 27/05/2019: Stranded hiker winched to safety from mountain ledge
The Toowoomba-based RACQ LifeFlight Rescue helicopter winched a hiker to safety after she was stranded on Mt Greville for several hours.

Tick Bites & Queensland Tick Typhus

There has been a lot of controversy recently about tick bites and the development of Lyme's disease and other allergic reactions. It has been in the newspapers and the ABC program *Catalyst* and there is an ongoing controversy on whether we have Lyme's disease in Australia. One major disease caused by Tick Bites has slipped under the radar recently - namely Queensland Tick Typhus. I had a severe dose of Queensland Tick Typhus in November last year when I visited the Victoria Alps. It was like a severe dose of the flu and I was covered with red spots. My trip was cancelled and I came home early. The symptoms took ten days to manifest themselves. I got the tick while mowing the lawn at home ten days before the trip. I found it and just pulled it off as I usually do. (I won't do that again). On the trip I started coming out in the red spots and I felt like a bad dose of man flu was coming on but I still wanted to do the walk. I went to the doctor in Mansfield to get some antibiotics. He took about five minutes to diagnose the problem and said I couldn't go walking or I would collapse and die. So, I didn't go walking. But he did give me some good anti-biotics.

Queensland tick typhus or spotted fever is a condition caused by a bacterium *Rickettsia australis*. It is transmitted by the tick species *Ixodes holocyclus* and *Ixodes tasmani*.

The Australian version of the disease has an American version called Rocky Mountain spotted fever (RMSF) which is spread by ticks. It typically begins with a fever and headache, which is followed a few days later with the development of a rash. The rash is generally made up of small spots of bleeding and starts on the wrists and ankles. Other symptoms may include muscle pains and vomiting. Long term complications following recovery may include hearing loss or loss of part of an arm or leg. So, it can be serious.

Treatment of RMSF is the antibiotic doxycycline. (That's what the Mansfield doctor gave me). Approximately 0.5% of people who are infected die as a result. Before the discovery of tetracycline in the 1940s, more than 10% of those with RMSF died. Less than 5,000 cases are reported a year in the United States, most often in June and July.

Tick First Aid: If you are bitten by a tick, kill the tick where it is. For small ticks (larvae and nymphs), use permethrin cream (available at pharmacies). For adult ticks, freeze them with an ether-containing spray (available at pharmacies). And remember, household tweezers are tick squeezers! Freeze it. Don't squeeze it.

<https://www1.racgp.org.au/ajgp/2018/june/queensland-tick-typhus>

<https://medical-dictionary.thefreedictionary.com/Queensland+tick+typhus>)

<https://www1.racgp.org.au/ajgp/2018/june/queensland-tick-typhus>

<https://medical-dictionary.thefreedictionary.com/Queensland+tick+typhus>

Phil

LIBRARY REPORT

I am still after a few books. If you have any that you are willing to donate to the Club, please contact me.

- Bushwalking in the Mount Warning Region (reprinted 1st edition), Rob Blanch and Vince Kean.
- Discovering Green Mountains (O'Reilly's) on Foot, Thomas W. Lackner, 1989.
- Secrets of the Scenic Rim (1st edition), Robert Rankin, 1992.
- Take A Walk in South-East Qld (2nd edition), John & Lyn Daly.

Phil

HOW WE ORGANISE OURSELVES

OUTINGS

1. Always read the *Jilalan* article to check the departure point, date and time.
2. Walk usually depart from the Red Hill Catholic Parish Hall, 78 Musgrave Rd. Check *Jilalan* to be sure.
3. The Club will usually organise transport for each outing, but walkers must nominate to the leader by the Wednesday night prior to the activity. Nominations for some walks may close well in advance of this. Contacting someone else may result in the nomination becoming lost. Late nominations may not be accepted. Walkers are responsible for their own transport to and from the departure point.
4. Walks are rarely cancelled. If they are, all nominees are notified. It should not be assumed that outings are cancelled because of bad weather.
5. Walkers who need to cancel their attendance are asked to please notify the leader as soon as possible.
6. Walkers who run late for departure are asked to please notify the leader or the emergency
7. All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS For general enquiries contact Greg on 3351 4092.

GENERAL MEETINGS are held on the 3rd Monday of each month, at 7:30pm at St Michael's Parish Hall, Banks St, Dorrington. The hall is on the lower terrace, below the church and accessed by driving down the cement driveway to the lower carpark.

EMERGENCY OFFICER SYSTEM

If walkers have not returned from an outing by 9:00pm, their families may phone the Emergency Officer (Or "EO" or "Emerg Off") for that outing. If the EO is not mentioned, they may phone the President or Vice President. Walks are delayed from time to time for a variety of reasons and families need not panic. The Club will organize any action that needs to be taken.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT

The Club requires all walkers to carry certain minimal basic equipment: a completed medical information form, a first aid kit, a torch, a parka/raincoat, a hat, a shirt, 50+ sunscreen and at least two litres of water. Leaders may require additional equipment on particular walks and will advise, usually in *Jilalan*.

MEMBERSHIP FEES

\$20 - Ordinary Members, Ordinary Spouse Members, Country Members.

\$16 - Associate Members, Associate Spouse Members.

Pro-rata rates apply to new members who join during the year. Fees cover the period 1st January to 31st December. Renewals are due and payable by the end of February each year. There is an additional \$25 cost for members who elect to receive a printed *Jilalan*. Life Members and Honorary Members receive complimentary copies.

WARNING

All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk.

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Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the relevant committee member.

For Outings or Socials, contact the leader shown in the calendar or article.

EDITOR'S NOTES

1. The Editor reserves the right to alter, amend, move, shorten or not print articles.

2. The views expressed in *Jilalan* are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
3. Contributors who use words or image from other sources are asked to acknowledge the author, publication, issue, date and publisher of the source.
4. Contributors are urged to meet monthly deadlines.
5. Articles from this publication may be reproduced on condition that the source be acknowledged.
6. Contributors are advised to use the format of previous editions.
7. Contributors are asked to email articles in word document attachments; to use A4 rather than columns; to use Arial 12 for articles and Arial 14 Bold for headings.

TRIPLE ZERO AWARENESS WORK GROUP (TZAAG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAAG launched a free smartphone app: Emergency*. TZAAG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help. Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built-in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAAG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

SOURCES

Cover image: http://en.wikipedia.org/wiki/Our_Lady_of_the_Way

1. <https://www.greenbelly.co/pages/hiking-quotes>

Clip art:

https://www.google.com.au/search?biw=1368&bih=763&tbm=isch&sa=1&ei=iZHXXJwvhvn1A8qAmPAL&q=google+images+hiking+clip+art&oq=google+images+hiking+clip+art&gs_l=img.3...36688.40096..40249...1.0..0.238.2348.0j7j5.....1....1..gws-wiz-img.....35i39.CeC7px8dzhc#imgsrc=ebqz16nqxq-kKM:



Kylie with Kanangra Falls in the Background on the Kanangra Falls to Katoomba Throughwalk

If undeliverable return to
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PO Box 31
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SURFACE MAIL

