



# TWO CATHEDRALS CAMINO

Two Cathedrals Camino (2CC) Sunday 26<sup>th</sup> May – Sunday 2<sup>nd</sup> June 2019 Brisbane to Toowoomba Extended Walk

# Monthly Magazine of The BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957 - Incorporated 1991 Under the Guidance of Our Lady of the Way



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# BCBC CALENDAR - JILALAN - MAY 2019 @ 3-05-19 The Calendar is subject to change without notice

Date	Event	Leader	Phone	Туре	Grade
Apr 15	General Meeting	Russ	0427 743 534	Meet	
16/23	Blackdown Tableland (Q)	Michael	0409 620714	BC	Var
17	Wecker Road to Carindale	Greg	3351 4092	Stroll	
22	Easter Monday Alpaca Farm (Q)	Pat	3366 1956	DW	M44
23	Movie Night	Greg	3351 4092	Soc	
24	Kedron Brook - Mitchelton	Greg	3351 4092	Stroll	S11
27/28 May 1	Club Hut Working Bee (Q) Coffee Night – The HUB Café	lain Michael	3870 8082 0409 620 714	BC Soc	S43
3/6	Kanangra Walls to Katoomba (Q)	Michael	0409 620 714	TW	var
4	Drawing classes	lan	3870 8082	Art	vu,
6	Committee Meeting	Russ	0427 743 534	Meet	
8	Toowong West Back Streets	Russell	3299 4472	Stroll	S11
11	Mt Mitchell (Q)	Phil	5522 9702	DW	M34
12	Beginners Abseiling Training Day	FMR		S&T	
15	Indooroopilly to Auchenflower St	Rosemary	3343 1332	Stroll	S12
16 17	Coomera Circuit (Q) JTS – The German Club	Phil Michael	5522 9702 0409 620 714	DW <sup>t</sup> Soc	M34
May 20	General Meeting	Russ	0427 743 534	Meet	
101ay 20 22	Mt Coot-Tha Lookout To Purtell Park	Susan	0416 086 207	Stroll	
					Mcc
25/26	Point Pure (Q)	lain	3870 8082	TW	M66
26-2	The 2CC Walk (Q) 2 Cathedrals Walk	Russ	0427 743 534	BC	L24
28	Movie Night	Greg	3351 4092	Soc	
29	The Ascot/Clayfield Experience	Antonia	3857 1387	Stroll	
30	Mt French	Jonas	3288 3820	DW <sup>t</sup>	M23
31/1	Boonah Show	Michael	0409 620 714	Soc	
Jun 2	Broken Head to Lennox Head (Q)	Phil	5522 9702	DW	M33
1 -2	Search & Rescue Weekend	FMR		S&T	
3	Committee Meeting	Russ	0427 743 534	Meet	
5	Coffee Night	Michael	0409 620 714	Soc	
7	The Cougals (Q)	Russ	0427 743 534	DW <sup>t</sup>	S46
8/11	Fraser Island (Q)	Michael	0409 620 714	BC	var
9	Brisbane Valley Rail Trail (Q)	Louise	3399 4472	DW	M22
12	Kedron Brook #1 Ferny Grove Brookside -	Greg	3351 4092	Stroll	11122
12		•	3870 8082	DW	M45
	Mt Zahel (Q)	lain Crog			11145
16	Kate Quinlan Lunch- Veresdale Hotel	Greg	33651 4092	Soc	
17	General Meeting	Russ	0427 743 534	Meet	
19	Breakfast Ck - RBWH to Newstead	Greg	3351 4092	Stroll	
21	JTS – The Mill	Michael	0409 620 714	Soc	
22	Drawing classes	lan	3870 8082	Soc	
23	Brisbane Square Mile	Greg	3351 4092	DW	
25	Movie Night	Greg	3351 4092	Soc	
26	Whites Hill - Cav Rd - Pine Mt Rd-Whites Hill	Greg	3351 4092	Stroll	
29	Lincoln Wreck (Q)	Richard	3353 2822	DW	
Jul 1	Committee Meeting	Russ	0427 743 534	Meet	
3	Coffee Night	Michael	0409 620 714	Soc	
6	Mt Greville (Q)	Michele	3353 2822	DW	
10	Kedron Brook #2 - Brookside To Stafford	Greg	3351 4092	Stroll	
13	Mt Maroon (Q)	Jonas	3288 3820	DW	
15					
	General Meeting	Russ	0427 743 534	Meet	
17	Westlake To Riverhills Via The River	Greg	3351 4092	Stroll	
19	JTS –	Michael	0409 620 714	Soc	
20	Shepherd's Walk (Q)	Terry	3355 9765	DW	M34
21	Mitchelton to Toombul & Return	Phil	5522 9702	Bike	

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types			
DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
ТW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

# 

# **KEY – Walk Gradings**

Distance	Terrain	Fitness/Endurance
Short Under	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4
10km / day		hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-	<b>3</b> - Graded track with obstacles such as	3 - Intermediate - Suitable for fit beginners.
15km / day	rock, roots, fallen debris or creek crossings	Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain	4 - Intermediate - Suitable for fit beginners.
	with obstacles such as rock, roots, fallen	Up to 5 hours walking and/or up to 300m
	debris or creek crossings	gain/loss
Long 15-20	<b>5</b> - Rough or rocky terrain with small climbs	5 - Moderate - Up to 6 hours walking and/ or
km per day	using hands or rock hopping	up to 450m gain/loss. Agility required
	<b>6</b> - Steep, rough or rocky terrain with large	6 - Moderate - Up to 6 hours walking and/or
	climbs using hands or rock hopping	up to 600m gain/loss. Agility required
Extra Long		7 - High - Up to 8 hours walking and/or up to
Over 20 km	or footholds. May be some exposure. Good	750m gain/loss. High fitness. Endurance
per day	upper body strength	and agility required
	8 - Climb/descend near vertical rock with	8 - High - Up to 8 hours walking and/or up to
	exposure. Climbing skills may be required	1000m gain/loss. High fitness. Endurance
		and agility required
	9 - Sustained climbing or descending of	9 - Challenging - Up to 12 hours walking
	vertical or near vertical rock with exposure.	and/or over 1000m gain/loss. Very high
	Advanced climbing skills required. Good upper body strength	fitness. Endurance and agility required

Example: M48 is a medium walk, 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous, requiring fitness, agility and endurance.

#### PRAYER OF THE MONTH

Deep peace of the running wave to you. Deep peace of the flowing air to you. Deep peace of the quiet earth to you. Deep peace of the shining stars to you. Deep peace of the gentle nights to you. Deep peace of the Son of Peace to you.

# **COMING EVENTS**

Trips leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

**Leaders** are advised to print their own *Nomination Forms* and to consult the Leaders' Guide on the Club website <u>http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html</u>. If changes are made to walks (date, location, cancelation etc.) leaders are asked to advise Phil Murray 55229702.

**Visitors** are required to do two walks before Committee officially declares them Club members.

# THURSDAY 16<sup>th</sup> MAY 2019 COOMERA CREEK CIRCUIT DAYWALK

Leader:	Phil Murray 55229702 or 0416650160
Meet Place 1:	St Brigid's carpark
	78 Musgrave Rd Red Hill
Time:	6.30 am
Meeting Place 2:	Binna Burra
Time:	8:30 am
Cost:	\$20
Distance:	7 km
Grade:	L34
Emergency Off:	Sue Murray 55229702

The Mt Toowoonan Walk has been changed to the Coomera Creek Circuit as I couldn't get permission to access the property on which Mt Toowoonan is situated because I can't find the name of the owners. I was advised by a contact at the Maroon Outdoor Education Centre that the previous owners recently sold and they don't have the name of the new owners, let alone the new contact details. Hopefully the walk can go out next year when we have organised permission.

The Coomera Creek Circuit is a graded track walk at Binna Burra. The plan is to do the full Coomera Creek Circuit past Coomera Falls to Bahnamboola Falls and up to the Border Track and the lookouts. We will have an early lunch at Bahnamboola Falls (6.82 km into the trip). The highlight of the day is the Coomera Falls which are just awesome. The walk is mainly through rainforest but also through a few areas where there is dry eucalyptus forest with an understorey of wildflowers.

The distance of Coomera Creek Circuit is 17.55 km, see details at page 36 in Tom Lackner's book *Discovering Binna Burra on Foot*. (2000 edition). If we are making good time and if it is a clear sunny day, I hope to make a detour out to the Tweed Valley escarpment and in particular to the scenic spot called Bilby Lookout which has excellent views of mt Warning. This detour is a further 1.33 km each way.

Bring the usual daywalk stuff, plus at least 2 litres of water. May I suggest you bring a ground sheet or large raincoat to sit on at lunch time as it could be damp on the ground or rocks. Also ensure you apply rid or another insect repellent as there could be leeches. Also, please ensure you have a change of clothes and shoes for the end of the trip.

I would like to start walking before 9.00 am and hopefully finish before 4.00 pm. Phil

# FRIDAY 17<sup>th</sup> MAY 2019 THE GERMAN CLUB JOHN TOOHEY SOCIETY

Leader: Michael Simpson 0409620714. Address: 416 Vulture Street, East Brisbane. Time: From 4pm till 9ish. What For: A chat and a beer and a meal.

The Club is off to the German Club again this year. We have visited here before during the Octoberfest, but I have always found it to be too crowded. So, this year, like last year, we will go earlier. They have great German beers to taste. See their website: <u>http://brisbanegermanclub.com/</u> for more. Also, the food is great. There is even a cider on tap

Some of the beers on tap:

- Veltins
- Arcobräu Zwickl
- Arcobräu Schlöss Dunkel
- Löwenbräu
- Erdinger Weissbier

## SATURDAY 18<sup>th</sup> MAY 2019 MT MOON DAY WALK

Leader: Michael Simpson 0409620714. Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill. Time: 6.00am. Cost: \$20 (car pool) \$2 (private).

Grade: S45.

Emerg Off: Graham Glasse 33719623

This is one of my favourite mountains which lies just to the west of another of my favourite mountains, Mt Greville. The Fassifern Valley has a large number of small mountains which give great views and a different perspective of the Main Range. Mt Moon is no different. It is a twin peaked mountain and we will be climbing both peaks. In fact, we will climb the smaller peak twice as we will have to return the same way. This is because access to the mountain is across private property and I have permission from only one owner.

We will approach the mountain across farm land before starting to climb via a ridge pioneered by Pat, Jonas and myself several years ago. The ridge is steep and rocky but goes directly to the South Peak. After a brief stop, we will descend to the saddle before continuing to climb the North Peak. This route contains several small cliff lines which present little difficulty for most people. The views from the North Peak are extensive and we will linger here for quite a while. Unfortunately, we will then have to retrace our steps to the cars.

Please ring me to discuss the walk before nominating.

# MONDAY 20<sup>th</sup> MAY 2019 MONTHLY MEETING

Contact: Russ Nelson 0427743534.

Time:7.30pm – Doors open & meeting starts soon after.Where:St Michael's Parish Hall,<br/>250 Banks St, Dorrington (in the lower carpark behind the church.<br/>Drive down the ramp at the left.)Web:http://www.bcbc.bwg.org.au/page4.html

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk. Nominate for a walk or to lead an outing.

This month we will have as our guest speaker Michael Simpson who will talk about the recent Club walk in New Zealand. You may have heard his "past outings" talk about this, but now he will have photos and give a fuller account of the happenings. Come along and hear about what is possible – even you can do it.

# WEDNESDAY 22<sup>nd</sup> MAY Mt COOT-THA LOOKOUT to PURTELL PARK Via East Ithaca Creek STROLL

Contact: Meet at:	Susan Ware Ph: 0416086207 Bus Stop – Mt Coot-tha Lookout. Stop Id: 001406.
Time:	4.15pm on top of Mt Coot-tha.
Cost:	Free.
Distance:	4.3km @ 1¼ hr.
Grade:	S22.
Buses:	Bus 471 at 3.30pm from Wickham Terrace Stop "A" near Turbot & Wharf Streets Stop Id: 000158
	AND from Mt Coot-tha Botanic Gardens at 4.00pm Stop Id: 001405
Home:	Bus 375: To the City and Stafford at 5.33pm; 6.00pm; 6.20pm Stop: Carwoola St at Bardon, Stop 22 - Stop ID: 010177
	You cannot get back to the start from the end (without walking back) Those who drive and park at The Botanic Gardens can
	walk back to theircars from JC Slaughter Falls carpark
	afterwards.
Location:	Northern Suburbs.
Web:	https://www.openstreetmap.org/#map=15/-27.4796/152.9799

This Stroll is the second one that commences at a source of Ithaca Creek (There are three sources.)

As usual, we start at the bus stop at the Lookout and make our way to the track system. This time, we follow the Summit Track down to JC Slaughter Falls (Track 58), and along the entrance road to Sir Samuel Griffiths Dr and down to the bus terminus at Purell Par.

There will be a few minor deviations along the way. One of these is to see the actual named Falls.

You will be on Council graded tracks, footpaths or roads all the time. As such, the grade will be gentle all the way and the ground underfoot well maintained.

As this Stroll is very short, you can easily walk back from Purtell Park to a car at Mt Coot-tha Gardens in an hour – 2.3km in 30min if you are fresh.

However, the summit track will be closed soon for maintenance. I'm not sure when that happens. An alternate track will be used if closed on this date. The alternative track is the Mahogany (Track 66), a bit longer, but still as exciting. <u>https://www.brisbane.gld.gov.au/sites/default/files/20171013-mt\_coot-tha\_track\_map.pdf</u> You can still get back to a car at the Botanic Gardens or to the bus stop at Purtell Park. At the Botanic Gardens, the Great Circle Buses are: 5.51pm 599; 6.11 598; 6.53 599; 7.12 598

Come along for this surprisingly short enjoyable stroll that almost anyone can do. Bring a torch.

# 25<sup>th</sup> TO 26<sup>th</sup> MAY 2019 SATURDAY TO SUNDAY POINT PURE THROUGH WALK

Leader: lain Renton 38708082 / 0401429085 Meet at: TBA Time: 6.00am. Cost: \$32 (car pool) \$9 (private). Grade: M57 Emerg Off: Matthew Palmer 38768125.

Point Pure is a gorgeous, remote camping spot in the Glen Rock Regional Park and the Main Range National Park. It is on the western flank of the Mistake Mountains, between Cunningham's Gap and Gatton. Much of the walk will be on 4WD farm tracks, but there will also be a fair bit of off-track walking in open country, a bit of rock scrambling and some mild exposure. We will cover about 13.5 kms a day with a height gain of 640 metres on the first day. We drop down again on the second day. The vegetation is mostly open eucalypt with some heath up high.

We will start at the Casuarina camping ground and walk up Blackfellow Creek Valley until we reach the long gentle ramp of a ridge at the junction with Flaggy Ck. We will take this ridge to a rocky knoll at the top where we turn and head east. A little later we will dip down to cross the left branch of Shady Creek, just above where it plunges off the escarpment. With any luck we will be able fill our water bottles here. (I will be checking this on a pre-outing.) Not much later, we will reach our camping spot. It is in an open grassy area with scattered trees and cliffs on three sides, dropping down to deep valleys and with great views. It is a remote and rarely visited place. The club last did this walk in July 2005. Next morning, we will retrace our steps to the main plateau, turn south to cross the right branch of Shady Creek and continue along a prominent point. Here we will start our descent into the Blackfellow Creek Valley, initially down very steep grassy slopes with not a lot to hang on to. After that, it isn't quite so bad and there is more tree cover. At the bottom there is a long road bash to the cars. This is a great walk with spectacular views. Bring all your usual throughwalk stuff.

## 26<sup>th</sup> MAY to 2<sup>nd</sup> JUNE 2019 SUNDAY TO SUNDAY TWO CATHEDRALS CAMINO Brisbane to Toowoomba EXTENDED WALK

Leader:Russ Nelson Ph 0427743534Meet at:St Stephen's Cathedral, Charlotte Street, BrisbaneTime:7.00amCost:See belowGrade:XL24Bookings:Close on Tuesday, 30 April, 2019Emerg Off:Graham Glasse 33719623

During the winter of 2018 the first journey of this Camino was completed from St Stephen's Cathedral in Brisbane to St Patrick's Cathedral in Toowoomba. This journey was labelled as the "proof of concept" to confirm that the journey could be undertaken over seven days. It was successful.

The logo draws on colours usually associated with Queensland (red/ maroon) and the two shapes can suggest a church or even a cathedral plus the impression of walking footwear.

This Camino has been designed so that each day ends at the accommodation, where transferred luggage awaits the walkers. A guidebook is provided. The Two Cathedrals Camino, or 2CC as it is often called, is similar to the original Camino in Spain where participants walk to their accommodation. Each day begins with a prayer.

Costs have yet to be finalised, but the identifiable ones are:

- Accommodation. Note that at some hotels en-suites are not available.
- Meals:

Breakfast is sometimes available in the accommodation dining room or at a shop nearby. Lunch will need to be carried. Dinner will usually be in the accommodation dining room.

- Transfer of luggage. Quotes are currently being sought
- Return from Toowoomba. A bus, such as Greyhound, from Toowoomba to Brisbane is recommended.

Please phone Russ with any questions.

#### TUESDAY 28<sup>th</sup> MAY 2019 MOVIE NIGHT NEWMARKET CINEMAS

Meet at:	Miss Claudes, Downstairs Under the Cinemas, Newmarket Village Shopping Centre, Cnr Enoggera Rd and Newmarket Rd. http://www.newmarket-village.com.au/
Transport:	https://translink.com.au/
Time:	5.30pm for dinner @ Yiros. 6.30pm for the movie.
	https://readingcinemas.com.au/locations/theatre/newmarket
Location:	Inner Northern suburb.

We will again be at the cinemas at Newmarket. They have a flat price of \$11; however, pensioner card holders do get a discount. There is ample parking below in the basement. The food court is on ground level and the theatres are above the food court. They even have a frequent flyer card.

Meet us at Miss Claudes about 5.30pm where we will choose a movie to see. The stating times range from approx. 6pm to 7.30pm. Look up the web, see what's on and come along to help us decide.

People may want to see different movies. Wait around afterwards for coffee at the cinema to de-brief what we all saw.

# WEDNESDAY 29<sup>th</sup> MAY 2019 THE ASCOT/CLAYFIELD EXPERIENCE STROLL

Antonia Simpson Ph: 38571387 Leader: Meet at: Doomben Railway Station – Outbound Platform - 3.49pm **Doomben Train from Roma Street Station** There are buses nearby - Bus 303 & 304 [Stop ID: 002916] and Bus: Bus 301 from Toombul Station to Cultural Centre & Return [Stop ID: 002912] Time: 4:15pm Cost: Free Distance: 6km @ 1½hr Grade: S12 https://www.google.com.au/maps/place/Ascot+QLD+4007/@-Web: 27.4309177,153.0601546,16z/data=!4m5!3m4!1s0x6b91590041d11d35:0x502a35 af3de7ed0!8m2!3d-27.431944!4d153.065 Antonia Ph: 0400571387 Emerg Off: Bring this number with you.

Since Summer is over and the coolness of Autumn is with us, I have made the start time of this Strolls a bit earlier to finish in daylight. It is now almost the Solstice, so we will benefit.

The train trip to the start is interesting in itself. The stroll, after it leaves the territory of the race courses, will go through the living quarters of the doctors and "old money" of Brisbane. Look into the specialists' living rooms, stare into the barristers' dining rooms and see how the other half live. We meander through the back streets of Ascot and into Clayfield. Come along and have us deviate past your doctor's house. We finish up at Albion Station after this exhilarating stroll. Bring a torch.

# THURSDAY 30<sup>th</sup> MAY 2019 MT FRENCH DAYWALK

Leader:	Jonas Bernotas 32883820
Meet:	77 Church St Goodna (only meeting location)
Time:	7.30am
Cost:	\$15
Grading:	M23
E/O:	ТВА

Mt French, internationally known as Frog Buttress, has more than 380 rock climbs near the township of Boonah. We will do a circuit track walk on the plateau above, then scramble down the gully and traverse the base of the cliffs. I will also share some experiences from my climbing days – but, please remember, I love to exaggerate.

# FRIDAY 31<sup>st</sup> MAY 2019 BOONAH SHOW SOCIAL

Leader: Michael Simpson 0409620714.

Meet at: Ring me when you arrive.

Time: Anytime the showgrounds are open.

Cost: \$20 for a 2-day pass or \$10 for Saturday and \$15 for Sunday. Visit their website at <u>https://boonahshowsociety.org.au/</u> for further options.

Parking: Free Parking on Soccer Grounds. Entry via Elizabeth Terrace, behind Squash Courts. Direct Gate access to Showgrounds.

Karen & I will be in Boonah on the Thursday to walk Mt French with Jonas. We will then be staying overnight before attending the show on the Friday. We will be returning home Friday night.

Join me to experience the delights of a country show.

# SUNDAY 2<sup>nd</sup> JUNE 2019 BROKEN HEAD TO LENNOX HEAD DAYWALK

Phil Murray 55229702 or 0416 650160
St Brigid's carpark
78 Musgrave Rd Red Hill
7.30 am
Hungry Jacks at Exit 79 on M1
8:30 am
\$25
14 km
M34
Sue Murray 55229702
1:10 pm - 0.29
5.13 pm - 1.48 metres

This is a lovely coastal walk with gorgeous views, lovely secluded beaches and a long imposing beach called Seven Mile Beach.

The walk is a mixture of beach walking and rock hopping around headlands and a steep climb up from the beach at Whites Beach. The rock hopping requires care as we need sturdy shoes and gloves as the rocks are tilted metamorphic rocks that have jagged sharp edges like Currumbin Rock.

The walk traverses 5 beaches: Tallows Beach, around Broken Head, along Kings Beach, Brays Beach and White's Beach, up over the headland and along a forestry road then along Seven Mile Beach to the Lennox Head township. It may be warm enough for those water babies to have a swim, most likely at Whites Beach. (I should note that Kings Breach is also used as a nudist beach by some locals and hence l intend to zip past very quickly.)

We will finish at the Lennox Head shopping centre and not the actual Lennox Head headland.

The last time we ventured down to this part of the world was on Thursday 24<sup>th</sup> September 2015 and due to strong winds, we didn't do the Seven Mile Beach section of the walk.

I am not sure about the details car shuffle as it will depend on numbers on the walk so I will work out the details closer to the day. We may need to catch the local bus (Blanch's) at 3:05 pm from Lennox Head back to Suffolk Park.

The travel time from Red Hill to Suffolk Park (near Broken head) according to RACQ trip planner is 175 km in 2 hours.

# WEDNESDAY 5<sup>th</sup> JUNE 2019 DINNER & COFFEE NIGHT SOCIAL

- Leader: Michael Simpson Ph 0409620714.
- Meet at: Café 63 Hamilton,
- 63 Racecourse Road, Hamilton.
- Time: 6.00 pm for dinner or 7.30pm for coffee.
- Cost: Your choice visit their website at <u>http://cafe63.com.au/</u> for their menu.

We have been here before and we all liked it so we are going back. We always get as far as we can from Suncorp Stadium and the State of Origin which is why we are at Hamilton. Join me for either a meal and a chat of just a coffee and a chat.

# FRIDAY 7<sup>th</sup> JUNE 2019 THE COUGALS DAYWALK

Leader: Russ NelsonPH 0427743534

Meet at: St Brigid's Car Park

M44

78 Musgrave Road, Red Hill

Time: 7.00am

Cost: \$20 (car pool) \$2 (private)

Grade:

Emerg Off: Graham Glasse 3371 9623

The Cougals, East and West Peak are in the eastern section of Springbrook National Park, which is part of a world heritage area, and sit on the Qld / NSW border. The Cougals are home to many protected species of flora and fauna. There are excellent views from the top which stretch down into the valleys below. Dotted farms and the villages of Upper Crystal Creek and Numinbah will come into view and, in the distance, a unique perspective of Mount Warning itself.

# 8<sup>th</sup> TO 11<sup>th</sup> JUNE 2019 SATURDAY TO TUESDAY FRASER ISLAND BASE CAMP

Leader: Michael Simpson Ph 0409620714. Meet at: TBA. Time: TBA. Cost: Approximately \$200 Location: Fraser Island north of Rainbow Beach. Web: <u>https://parks.des.qld.gov.au/parks/fraser/</u> Emerg Off: Greg Endicott 33514092.

Fraser Island is the largest sand island in the world and is a wonder to behold. The Club has regular trips to Fraser Island with the last visit being 2016 when two separate trips went over. This year I'm visiting the area around Orchid Beach, an area I have only passed through. The proposed itinerary is below but, of course, it is subject to change.

The proposed itinerary is as follows:

Sat	Brisbane to Orchid Beach	350kms	
	Walking – Waddy Point & Champagne Pools	About 12kms	;
Sun	Car Shuffle	About 32kms	i
	Walking – Wathumba Creek to Orchid Beach	About 16kms	i
Mon	Orchid Beach to Sandy Cape Lighthouse & Re	eturn 154kı	ms
	Walking – Lighthouse & Ocean Lake	About 10kms	i
Tue	Orchid Beach to Brisbane	350kms	
The v	ery mention of Fraser Island seems to attra	ct a large nu	mber
-	·		

The very mention of Fraser Island seems to attract a large number of members. Consequently, I have had huge interest. Unfortunately, the trip relies on 4WD's and this year I only have two coming. Please ring me to discuss the trip before nominating.

# SUNDAY 9<sup>th</sup> JUNE 2019 BRISBANE VALLEY RAIL TRAIL (BVRT) DAY WALK

Leader: Louise Jones 0437447277 Meet at: St Brigid's carpark Time: 7am Cost: \$20 Grading: TBA Emerg/O: Emma Jones 0410687311

The Harlin to Toogoolawah section of the BVRT includes the former Yimbun and Harlin station sites. Due to the Harlin Rail Bridge being distorted in the major floods in 2013, the trail diverts away from the former rail alignment near lvory Creek, south of Harlin, with users directed down local roads and across the creek via a low-level concrete crossing.

It is an easy day walk for most members and visitors. I will be doing a pre-outing soon, so please come and join me on this rail journey.

# WEDNESDAY 12<sup>th</sup> JUNE 2019 FERNY GROVE to BROOKSIDE Via Kedron Brook STROLL

Leader: Meet at: Time:	Greg Endicott Ph: 33514092 Ferny Grove Railway Station – In the plaza near the Ticket Office 4.15pm
-	
Train:	3.37pm Ferny Grove Train from Roma St Station - 3.41pm from Central Stn - 3.46pm from Bowen Hills Stn - 4.02pm from Mitchelton Stn
Buses:	At Mitchie Stn – 359; 369; 390; 396; 397; 398 Stop ID: 005011
	At Brookside – 354; 359; 360; 361; 362; 369; 396; 397;598; 599 Stop ID's: 002193; 002101 and 002192
	It is only a 7min / 500m walk between Brookside and the Station.
Cost:	Free.
Distance:	9.25km @ 2½hr
Grade:	S11.
Home:	Train: To City/Beenleigh every 15mins – 6.27pm; 6.42; 6.57; 7.12.
	To Ferny Grove – 6.32pm; 6.47; 7.02; 7.47. Buses: As Above
Web:	https://www.openstreetmap.org/#map=16/-27.4042/152.9569
Emerg Off:	Greg Ph: 0418122995 Bring this number with you.

This is Part 2 of the Kedron Brook Stroll. We started last time at the source in the Samford Range and headed to the station. Now we continue down the creek without a paddle to Brookside in Mitchelton.

There are parks along only part of this creek, so we follow roads through Keperra before we hit the parks beside the creek. We even cross the creek at Oxford Park. All the walking is on footpaths or walking/bike tracks and the parks are normally manicured council recreation areas. For those who desire to follow a creek from mountains to mangrove this is a "do not miss" stroll. Besides, almost everyone in the Club is within 10km of Kedron Brook; so, it is in your backyard. Bring a torch

### SATURDAY 15<sup>th</sup> JUNE 2019 MT ZAHEL DAY WALK

Leader: lain Renton 38708082 or 0401429085 Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill. Time: 7.00am. Cost: \$20 (car pool), \$2 (private). Grade: M46 Emerg Off: Greg 0418122995.

Mt Zahel is south of Laidley on one of the ridge lines fanning out from the Mistake Mountains. It is directly across the road from Beau Brummell. We will start off through farmland and then head up a long prominent ridge that takes you all the way to the peak. It is off-track in open eucalypt country with long grass. It is a long climb (height gain of about 670 metres) and quite steep in places. It is quite dramatic on the way up with a very sharp drop off to the left with pockets of rainforest below. As you see Zahel from the valley it looks like a single pyramidal peak, but it is actually two peaks about a kilometre apart connected by a long sloping saddle. We will have lunch at the

eastern peak (870m) where there are great views up and down the Laidley Ck Valley (including Mt Mistake, Mt Castle and on the far horizon, Mt Barney). If we have the time energy & permission (I'm told it is on a separate title) we may go to the western peak (884m). We will continue to get good views on the ridge across but can't see much to the west because of trees. We will stop off at Rosewood for coffee on the way home.

# SUNDAY 16<sup>th</sup> JUNE 2019 KATE QUINLAN LUNCH The Veresdale Hotel SOCIAL

Leader:	Greg Endicott endhouse@bigpond.net.au
Meet at:	The Veresdale Hotel, "The V"
	6202 Mount Lindesay Highway, Veresdale
	Between Jimboomba and Beaudesert at Woodhill
Time:	11.45am for 12 noon
Cost:	Check out the menu at <a href="https://thev.com.au/dining-countryside">https://thev.com.au/dining-countryside</a>
Grading:	S11
Duration:	3 hours
Location:	South East of Brisbane – 60km and 1 hour from Brisbane
Travel:	No official transport is being organised, so ring a friend with a car
	and go together. If you can't let me know so I can help.
Emerg Off:	Greg Ph: 0418 122 995

We have been north, we have been south, we have been east, we have been west. Now we are heading south-west. Normally we try out a pub near a train station. The rail line runs behind the pub; however, trains do not run on the weekends. <u>https://sites.google.com/site/queenslandgreattrains/Home/closed-railways-ingld/beaudesert-line</u>

One of the older family-friendly hotels in Queensland, the Veresdale, or the 'V' as it is now affectionately known, has been tastefully renovated in keeping with the best attributes of the friendly hotel atmosphere.

Bring the whole family and enjoy the friendly atmosphere of the dining area, and the stunning views from the back-deck area The Hotel may look a little small from the outside, but once indoors you have access to beautiful outdoor dining areas, where the pastoral view is quite spectacular. The environment that greets you is one of harmony between an abundance of wildlife and the countryside.

The team in the kitchen use the freshest and highest quality ingredients, prepare and cook everything on site to create innovative, generous and delicious meals. The menu offers a wide variety of dishes catering to all visitors. Whatever the season, day or night, you will enjoy the ambience of the unique country style pub. Check out the daily blackboard specials. In the new modern kitchen, chefs produce fine food from the Grill and offer an array of great cuisine & specials. Families with children are welcome at the Veresdale Hotel and can either dine outside or in the fully renovated and air-conditioned restaurant which offers an inviting, relaxed atmosphere, typical of the "friendly hotel" tradition.

You drive past this one every time to go to Beaudesert or to Mt Barney. This time stop and drop in.

## MONDAY 17<sup>th</sup> JUNE 2019 MONTHLY MEETING

Contact:Russ Nelson 0427743534Time:7.30pm – Doors open & meeting starts soon after.Where:St Michael's Parish Hall,<br/>250 Banks St, Dorrington (in the lower carpark behind the church.<br/>Drive down the ramp at the left.)Web:<a href="http://www.bcbc.bwq.org.au/page4.html">http://www.bcbc.bwq.org.au/page4.html</a>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk. Nominate for a walk or to lead an outing.

# SATURDAY 22<sup>nd</sup> JUNE 2019 DRAWING DAY SOCIAL

Leader:Iain Renton 38708082 or 0401429085.Location:38 Marmion Pde, Taringa.Time:8.15amCost:\$20 (new), \$7 (repeat)RSVP:Tue 18th June

Last November I held a drawing day with six enthusiastic participants. This year's drawing day will follow on from what was done then and take things further. If you didn't make it last year you can still come to this one as I will structure things to cater for that.

So, come along and enjoy putting marks on paper. You will be guided through a progression of graded exercises to help you feel more confident about drawing and discover different ways of doing things. Bring some morning tea to share and lunch. It might pay to bring an old shirt as we will be using paint to draw at one stage.

In the morning we will be at Marmion Parade and after lunch we will go to some nearby bushland to do some drawing. \$20 will provide all materials needed (and you can take them with you when you finish). If you went to the drawing day in November and bring along the drawing materials provided then, the cost will be \$7. I will be taking only six people.

# Please let me know by Tuesday 18th June if you are coming to give me time to buy materials.

# SUNDAY 23<sup>rd</sup> JUNE 2019 BRISBANE SQUARE MILE DAYWALK

(combined BCBC/BOSQ Walk)

Leader:	John Marshall (BOSQ)
	54986780 / 0474480056 johnbne@bigpond.com
Meet:	Corner of Boundary St and Vulture St, West End at 9 am
Grade:	M23
Water:	1 litre minimum

This will be a combined BOSQ - BCBC walk, starting at West End at 9am. It will follow the original boundary of Brisbane town, and the distance is approx. 12 km. The route is the perimeter of the original Square Mile surveyed for Brisbane town, taking in two Boundary Streets and other roads running more or less to the cardinal compass points, and crossing 2 bridges. There are lots of historic points of interest along the way. Participants are welcome to share historic information known to them. Lunch will be at Howard Smith Wharves Precinct, BYO lunch or buy something. Please wear comfortable shoes. It is a long way, all on pavement and being Brisbane, expect many hills.

# ADVANCE NOTICE

## SATURDAY 6<sup>th</sup> JULY 2019 MT GREVILLE DAY WALK

Leader:	Michele Johns 33532822 or	
	0414635542	
Meet at:	St Brigid's Car Park, 78 Musgrave Road, Red Hill	
Time:	7.00am	
Cost:	\$20 (car pool), \$2 (private).	
Grade:	M55	
Emerg Off:	Richard Johns 0409871641	
https://weareexplorers.co/choose-own-adventure-summiting-mt-greville-qld/		

Mt. Greville is part of the Moogerah Peaks National Park and is about 770 metres high. There are three main routes being Palm Gorge, Southeast Ridge and Water Fall Gorge. Our walk will begin at the carpark on Mt. Greville Road, ascending Palm Gorge and returning down Southeast Ridge.

The track itself is littered with palm fronds, exposed roots and loose rocks; however, the rewards are worth it with the sheer cliffs and beautiful palm trees. We will stop for a break at the top of the gorge where we can enjoy views to Spicers Peak, Moogerah Dam and Mt Moon. It is then a short walk to the summit for lunch.

The return retraces our steps past where we came up from Palm Gorge and down to a rocky patch with a cairn. We will follow an open forested ridge with rocky out crops. The track is mostly easy to follow with some steep sections. It is expected we will finish walking about 2.30pm.

Walkers need to be agile and to have good fitness as some of the walk may be slippery with loose rocks and plenty of obstacles. Come and join us in a rarely visited area.

# **PILGRIMAGE 2019**

# Date:Friday 27th - Sunday 29thSeptember, 2019Venue:Camp Laurence on Moogerah Dam

This will be the 50th Pilgrimage and in addition to the traditional format of walks and the bush dance, some extra activities are planned along with an historical display of past Pilgrimages.

Our Club needs someone to take on the simple role of acting as coordinator for our club. The role is just to act as organizer for our member's participation i.e. be the communication conduit, pass on details of what walks are available, details of accommodation and help organize transport. The organizer is not expected to lead any trips on the weekend. If no one comes forward to act as the organizer for our Club, we may have to drop the event from our Club's calendar.

# **REPORTS**

# TREASURER'S REPORTBalance 8/2/19\$ 3394.85

Balance 8/2/19	\$ 3394.85
Plus Receipts	\$ 1340.28
	\$ 4735.13
Less Payments	\$ 946.30
Balance 5/4/19	\$ 3788.83
Term Deposit	<u>\$</u> 2902.68

Finally, the news that you have all been waiting for: I am about to start selling tickets in our first raffle for the year. It has two prizes, with the first being a 67-piece Trafalgar First Aid Kit and the second being a Spinifex dark blue enamel mug. Even more good news is that the tickets are still only a dollar each.

The club still has a small supply of club t-shirts as well as 60th anniversary t-shirts, small metal club badges and USB devices containing 60th anniversary history for sale at reasonable prices. Contact Terry if you are interested. Terry

# ABOUT PEOPLE

Belated birthday greetings to Therese Abernethy, Russell Jones, Bob Iron and Pat Lawton who celebrated their birthdays in April. Greg Endicott, Benno Giuliani, Tom Houlihan, Richard Johns, Phil Murray, Helen Mees, Rosemary O'Brien and Joe Tottenham are celebrating their birthdays in May.

Congratulations to our first two new members for the year, Kay Heidke and Maria Purdie (Stephen Mitchell's sister). The Club recently had an enquiry from Dominique Watson. Marlene Warnick and Lesley McGwynne were visitors on Pat Lawton's Easter Monday Walk. Marlene was also a visitor on Paddy Taylor's Kippa Ring to Shorncliffe Walk. Visitors are most welcome at any of our activities.

# **OUTINGS' REPORT**

Numbers on walks have been encouraging. The planned trips this year had been going well until we hit the month of May and we have had a few changes.

The Mt Coo-tha trip by Paddy was cancelled as she had broken a toe and the reserve leader injured her leg. I didn't have time to organise another leader.

The trip to Mt Michael had to be cancelled due to access issues and the replacement walk will be Mt Mitchell. We will still get out into the bush just to another place. Michael's Mt Moon walk was postponed due to the federal election.

**Classic Blue Mountains Walk** - The walk in the Blue Mountains that Michael Simpson led on the May Day weekend is one of the classic bushwalking trips in Australia. It goes from Kanangra Walls to Katoomba. It is great to see members of our Club tackle these harder walks. It is a long and challenging walk. Some of the names of the mountains they visit are very descriptive and also mildly amusing. The names include Mt High and Mighty, Mt Stormbreaker, Mt Cloudmaker, and the knolls between them are called Rip, Rack, Roar and Rumble. Then there is Mt Strongleg. They zip down the ridge to Konanagaroo Clearing and then they cross the Cox River and head up Yellow Pup Ridge to Mt Yellow Dog and amble past Mt Dingo as they traipse through the Wild Dog Mountains. I think most of the colourful names were given by Myles Dunphy. Myles is probably one of the pioneers of bushwalking in Australia and he was appointed an Officer of the Order of the British Empire in 1976 in recognition of service to conservation. As an aside he christened his son Milo Kanangra Dunphy. Does anyone in our Club have a bushwalking flavoured name?

Date	Trip	Leader	No
Apr 6	Obi Obi - Lilo Trip Phil 1		2
Apr 11	Mt Campbell Phil 1		11
Apr 13	13 Kippa-Ring-Shorncliffe Paddy 12		12
Apr 17-22	22 Blackdown Tableland Michael 9		9
Apr 22	Alpaca Farm Pat 1		16
Apr 27-28	pr 27-28 Club Hut Working-bee lain 6		6
May 6	y 6 Blue Mountains Michael 4		4
May 6	Mt Coot-tha Canc N/A		N/A

The numbers on trips remain encouraging.

#### Changes to the Outings Calendar

The act of balancing bushwalking and life can be summarised by two quotes.

Man makes plans and God laughs. and

If you fail to plan, you plan to fail.

Although the Club attempts to maintain a minimal change policy regarding the Club's Calendar but things happen. This month we have been challenged by *May-Madness* with several changes made due to access issues, election issues and injuries to leaders. But as bushwalkers we get up and keep going. The motto of the Sydney University Bushwalking Club perfectly sums up the requisite attitude. – *"Press on Regardless."* 

## Walks Added

May 11 Mt Mitchell – (replaced Mt Michael)
May 17 Coomera Circuit (replaced Toowoonan)
Jul 28 Mt Coochin (by train) led by Michele J.

#### Leader's Appointed

Aug 14 Barney Mass Russ Nelson

#### Leader's Needed

Dec 14 Northbrook Gorge Dec 21 Tallebudgera Creek (Q)a

#### Walks Postponed

May 11<sup>th</sup> Mt Michael access denied May 16<sup>th</sup> Mt Toowoonan – access issues May 18<sup>th</sup> Mt Moon – clash with federal Election. Nov 14-16Border Ranges (NSW) leader unavailable Dec 14-18The Kerries (Snowy) leader unavailable

#### Walks Cancelled

May 6<sup>th</sup> Mt Coot-tha – leader has a broken toe and the backup leader injured her leg.

#### Walks Re-scheduled

June 8<sup>th</sup> to June 9<sup>th</sup> – Brisbane Valley Rail Trail Jun 27<sup>th</sup> to Sept 5<sup>th</sup> – Barney Savages Ridge – leader overseas on the 27<sup>th</sup> June.

Phil

# **MEMBERSHIP REPORT**

At the March Committee meeting I (Phil) took on the role of Acting Membership Officer.

Current membership is about 80 people.

The number of visitors on trips and meetings is down noticeably at the moment and this may be due to the website which has not being updated for a few months. The good news is that it is undergoing a revamp and Russ, Khaleel and Michael are working on rebuilding the website as apparently the old website took a lot of tinkering to update each month.

The 2018 Membership Report with the details of stats and who joined and who left the Club didn't get into last year's Annual Report. The plan is to publish the report in next month's magazine.

#### Proposed Change to the By-Laws

Another item of interest is that I have forwarded a proposal to the Management Committee to change the by-laws to cover two points.

- 1. To set out the guidelines for the number of walks former members are allowed to do before they are required to join the Club. The proposed number is three and if the former member has done three walks in a 12-month period they will required to apply to re-join.
- 2. To set out the requirement for how many walks a former member is required to do before they can be accepted back as a member. At present there is no number specified. The proposal is that former members who have left the Club for more than two years will be required to complete a qualifying walk before they can re-join. A qualifying walk are those walks that are identified in the Calendar with a Q. Usually they are walks in the bush or other natural environments. So, walks like the Kippa-Ring Station to Shorncliffe station wouldn't qualify.

The current by-laws are silent on the above two points.

Please contact me if you want an emailed copy of the proposal that was submitted to committee.

Phil

# SAFETY & TRAINING REPORT

#### FMR Training Update

From the FMR Minutes

- Basic navigation training at Whites Hill on 5 May
- Beginners' abseil training at Kangaroo Point on 12 May
- Bushwalking first aid practice on 19 May
- SAR weekend at Maroon 31 May pm 2 June 2pm, will include search planning, base organisation, communications, incident scenarios, a coordinated SAR exercise and bunkhouse accommodation Friday and Saturday. Cost expected to be \$30 pp.

Contact FMR for more details

#### Accidents & Incidents Report

From the FMR Minutes

- 11 Mar SES found and guided out a man lost at Mt Maroon.
- 14 Mar A man called police from south of Perth, saying he had been bitten by a snake, but could not say exactly where he was. His body was found two days later in a reserve in Champion Lakes.
- 26 Mar Lifeflight winched out a man injured by falling down a gorge at Kondallila Falls.
- 1 Apr A body found in Royal National Park coastal rocks is thought to be a missing international student.
- 3 Apr SES found three ill-equipped French hikers lost on Mt Barney.
- 5 Apr Police instructed a lost caller to download the emergency app to pinpoint his location, before winching him from Royal National Park.
- 7 Apr Lifeflight winched out a teenage boy who slipped 20 metres on Mt Beerwah.
- 7 Apr Lifeflight winched out a woman who fell on Mt Walsh.

#### Tick Bites & Queensland Tick Typhus

There has been a lot of controversy recently about tick bites and the development of *Lyme's disease* and other allergic reactions. It has been in the newspapers and the ABC program Catalyst and there is an ongoing controversy whether we have Lyme's disease in Australia. One major disease caused by Tick Bites has slipped under the radar recently - namely *Queensland Tick Typhus*.

I had a severe dose of Queensland Tick Typhus in November last year when I visited the Victoria Alps. It was like a severe dose of the flu and I was covered with red spots. My trip was cancelled and I came home early. The symptoms took ten days to manifest themselves. I got the tick while I was mowing the lawn at home ten days before the trip. I found the tick and just pulled it off as I usually do. (I won't do that again). On the trip I started coming out in the red spots and I felt like a bad dose of man flu was coming on but I still wanted to do the walk. I went to the doctor in Mansfield to get some antibiotics. He took about five minutes to diagnose the problem and said I couldn't go walking or I would collapse and die. So, I didn't go walking. But he did give me some good anti-biotics.

Queensland tick typhus or spotted fever is a condition caused by a bacterium *Rickettsia australis*. It is transmitted by the tick species Ixodes *holocyclus* and *Ixodes tasmani.* 

The Australian version of the disease has an American version called **Rocky Mountain spotted fever** (RMSF) which is spread by ticks. It typically begins with a fever and headache, which is followed a few days later with the development of a rash. The rash is generally made up of small spots of bleeding and starts on the wrists and ankles. Other symptoms may include muscle pains and vomiting. Longterm complications following recovery may include hearing loss or loss of part of an arm or leg. So, it can be serious.

Treatment of RMSF is the antibiotic doxycycline. (that's what the Mansfield doctor gave me). Approximately 0.5% of people who are infected die as a result. Before the discovery of tetracycline in the 1940s, more than 10% of those with RMSF died Less than 5,000 cases are reported a year in the United States, most often in June and July.

#### Tick First Aid

If you are bitten by a tick, kill the tick where it is. For small ticks (larvae and nymphs), use permethrin cream (available at pharmacies). For adult ticks, freeze them with an ether-containing spray (available at pharmacies). And remember, household tweezers are tick squeezers! **Freeze it. Don't squeeze it.** <u>https://www1.racgp.org.au/ajgp/2018/june/queensland-tick-typhus</u> <u>https://medical-dictionary.thefreedictionary.com/Queensland+tick+typhus</u> Phil

# LIBRARY REPORT

Last month I circulated a request for book donations to be made to the Club's reference Library. The stars aligned and two former members, Geraldine and Leon Buchanan, kindly donated a huge swag of books to the Club, 27 in total.

- 1. <u>20 Best Walks in Australia</u> 2nd edition 1994 (Tyrone T. Thomas)
- 2. <u>50 Walks in The Grampians</u> 5th edition (Tyrone T. Thomas)
- 3. <u>50 Walks in South Australia</u> 1992 (Tyrone T. Thomas)
- 4. <u>100 Walks in NSW</u> 3rd edition 1988 (Tyrone T. Thomas)
- 5. <u>120 Walks in Victoria</u> 5th edition (Tyrone T. Thomas)
- 6. <u>100 Walks in South Qld</u> 1981 (Tony Groom & Trevor Gynther)
- 7. <u>The Bushwalk Book of South East Qld</u> (Ross Buchanan 1987)
- 8. <u>Walkers Guide to SE QId's Scenic Rim</u> published by BBW 1964 (M. Hammond & T. Young)
- 9. <u>Aust. Most Accessible Long-Distance Walking Track The Great North Walk</u> <u>linking Sydney and Newcastle</u> (Dept of Conservation and Land M'ment) 1991-1992
- 10. <u>Alpine Walking Track Walhalla to Canberra</u> (John Siseman) Pindari Publications first print 1988, 2nd 1993
- 11. <u>Best Bushwalks in Kosciusko Nat. Pk</u> (Harry Hill) Kangaroo Press 1996
- 12. Bush Walking in Kosciusko Nat. Pk. (Charles Warner) 2nd edition 1989
- 13. <u>The Hume & Hovell Walking Track Guide Book</u> (Harry Hill) 1993 plus individual maps from camp site to camp site (Calm Dept of Conservation and Land M"ment)
- 14. <u>Snowy Mtns Walks</u> 7th edition (Geehi Bushwalking Club)
- 15. Alpine Aust. Wonnangatta Moroka Nat. Pk. (John Siseman) 1988
- 16. Bogong Nat. Pk. (John Siseman & John Brownlie) 1990
- 17. <u>Bushwalking in the Budawangs (Ron Doughton)</u> 1989

- 18. <u>Walking the Wilderness Coast Cape Conran to Eden</u> (Peter Cook & Chris Dowd) 1992
- 19. <u>Classic Blue Mtns Walks</u> (David Noble) Mountain Design (a booklet)
- 20. <u>Classic NSW Walks 7 of the Best</u> (John Chapman) Mountain Design (a booklet)
- 21. Treks in NSW (Neil Paton) 1991
- 22. Lonely Planet Bushwalking in Aust. (John & Monica Chapman 1988
- 23. Lonely Planet Tramping in NZ 3rd edition
- 24. 75 Great Tramps for New Zealanders (Mark Pickering & Rodney Smith) 1987
- 25. <u>Tramping in NZ Lonely Planet</u> (Jim Dufresne) 1982
- 26. Fiordland Nat. Pk. 2nd edition 1965
- 27. <u>Lonely Planet Bushwalking In Aust</u>. (John & Monica Chapman) 3rd Edition 1997

I am still after a few books.

- 1. <u>Bushwalking in the Mount Warning Region</u> (reprinted 1st edition), by Rob Blanch and Vince Kean,
- 2. Discovering Green Mountains (O'Reilly's) on foot / by Thomas W. Lackner 1989
- 3. Secrets of the Scenic Rim (1st edition), by Robert Rankin, 1992,
- 4. Take A Walk in South-East Queensland (2nd edition) by John & Lyn Daly,

# PAST EVENTS

### SATURDAY 9<sup>th</sup> FEBRUARY 2019 BROKEN HEAD TO CAPE BYRON DAYWALK

Attendance	6 members: Phil Murray, Stephen Mitchell, Mary Kelly, Andrea Turner, Paddy Taylor & Joe Tottenham 0 – visitors
•	29 degrees
Distance	12 km
Weather	a very sunny hot day

This was a great beach walk in northern NSW. There were lovely views from Broken Head and it was very enjoyable walking along the beach to Cape Byron. There were heaps of people on the beach and in the water, not just in the flagged area but all along the beach.



View of the Two Sisters Rocks from Broken Head



Paddy, Mary, Andrea, Steve & Joe with Cape Byron in the distance

It was a very warm day and one of group got heat exhaustion as we were climbing the steep bush track up towards Cape Byron. We had basically finished the walk and decided to call stumps early and have a leisurely drive back to Brisbane.

It is just beautiful and I am keen to go again next year. Phil

#### THURSDAY 21<sup>st</sup> FEBRUARY 2019 ALBERT RIVER CIRCUIT DAYWALK

Temperature	22 degrees	
Weather	very cloudy windy day	
Distance	21 km	
Started	9.30 am	
Finished	5.04 pm	

This was a great walk through the rainforest up at O'Reilly's. The weather was a bit dodgy and we got a sprinkling of rain at morning tea. The wind was blowing a gale as Tropical Cyclone Oma was brewing off the coast and the weather forecast was for the rain to start later that day, but we decided to preserve. We were lucky. The cyclone changed its mind and moved off the coast. It ended up being a lovely, but cool day at just 21 degrees. We had lunch at Echo Falls which are just idyllic.



Echo Falls

We had afternoon tea at Echo Point which has a great view of Mt Warning. We saw lots of wildlife including, Eastern Yellow Robin, an Eastern Whipbird and several Lamington Blue Crayfish.



Lamington Blue Crayfish

Thanks to my companions on the day, Steve, Terri and Khaleel. It was a lovely trip and I would love to go again next year. Phil

# THURSDAY 21<sup>st</sup> MARCH 2019 NOOSA HEADS DAY WALK

Walkers	10 members: Phil Murray, Sue Murray, Jarrod Sefton, Helen Williams, Stephen Mitchell, Richard Johns, Michele Johns, John Brack, Karen Fredericks and Heike Krause. Temperature 29 degrees
Weather	a very sunny & hot day
Distance	14 km
Started	9.30 am
Finished	2.30 pm

This was a lovely walk around the beaches, bays and headlands in Noosa National Park. The weather was just perfect and we had great views of the sea, the beaches, the distant sandhills and the forest. But I didn't see many wildflowers.



Sue & the gang coming up from Granite Beach

We had lunch at Alexandra Bay where three of us had a swim.



Michele, Karen, Sue, Heike (at the back) John, Jarrod, Helen, Richard, Phil & Steve.

We couldn't visit Paradise Caves as the track was closed for track repairs. We will get there next time. On the way back, about eight of us had a swim at Ti-Tree Bay. We finished the walk early to make the long drive home. Phil

# WEDNESDAY 3<sup>rd</sup> APRIL 2019 INDOOROOPILLY HOTEL COFFEE NIGHT AND DINNER

This coffee night was scheduled to be held at Little Beirut Restaurant, Indooroopilly, but there were prior indications that all was not well at Little Beirut. This was confirmed on the night. Like several other coffee night venues in the past, Little Beirut appears to have closed forever.

As an alternative, we decided to go to the nearby Indooroopilly Hotel and this proved to be a worthy substitute. There was a good range of meals and drinks on offer and prices for both were excellent. The restaurant provided a pleasant setting and was well patronised on the night. Thanks to Russ and Jan, Maria, Susan, Khaleel, and Graham for supporting this coffee night (all from the western suburbs!).

# SATURDAY 6<sup>th</sup> APRIL 2019 OBI OBI LILO TRIP DAYWALK

AttendancePhil Murray, Benno Turner & Terri Evetts.Temperature22 degreesWeatherovercast cloudy dayDistance8 kmStarted10:40 amFinished3:50 pm

The water level was only 6 cm over the spillway of the Baroon Pocket Dam, but the important thing was that water was still flowing. In summary, it is a real blast. You spend most of your time just floating along with the water propelling you forward. We were able to just chill out and enjoy the day. I will do it again next year if anyone is interested in getting wet and having a great time. Phil



Benno under the waterfall at Narrows Gorge.



The end of Narrows Gorge

### THURSDAY 11<sup>th</sup> APRIL 2019 MT CAMPBELL DAYWALK

Temperature	22 degrees
Weather	a sunny day with a cool breeze
Distance	5 km
Ascent	360 metres
Started	9.40 am
Finished	1.20 pm
Walkers	Phil Murray, Maria Kerruish, Rusty Jones, Louise Jones, Richard Johns, Michele Johns, Sherryn Minetti, Ken McCarron and Monica McCarron.

This was a lovely walk to a new area for the Club. The walk is tucked away in a small valley south of Helidon. We started by crossing the South Flagstone Creek. It was a simple walk along an old 4-wheel drive road. Upon arrival at a radio tower, we climbed over an electric fence and followed a footpad along the ridge line to the top.

The views of the mountains near Toowoomba were excellent. They were Tabletop Mountain, Mt Davidson and Stringybark Mountain. We could just make out Picnic Point at Toowoomba as well. It was a very short but satisfying walk as I always get a buzz when we summit a mountain.

The actual walk was much easier than the pre-outing as it was about 10 degrees cooler. Thanks to Michael Simpson and Karen franklin for assisting with the pre-outing.



Sherryn Minetti, Phil Murray, Richard Johns, Maria Kerruish, Louise Jones, Monica McCarron. Johns, Ken McCarron & Rusty Jones. Photo by Michele Johns.

For the history buffs, the Club was here in 1962 and 1979. Those trips were throughwalks from Mt Campbell to Tabletop Mountain at Toowoomba and the walks were given different names in the records:

- 1. Mt Tabletop was led by Brian Hart on the weekend of 24 to 26-Aug-1962. There were five walkers.
- 2. Flagstone Creek was led by Pat Lawton on the weekend of 24 to 26-August 1979. There were five walkers.

Phil

# FRIDAY 12<sup>th</sup> APRIL 2019 JTS – FRITZENBERGER, PETRIE TERRACE SOCIAL

Seven members of the John Toohey Society gathered at Fritzenberger, Petrie Terrace on a showery autumn evening. Fritzenberger offers a range of craft beers which are brewed in-house. Fritzenberger also specialises in burgers and the prices were attractive.

Following dinner, we relocated to the foyer of the Barracks Palace Cinema where we enjoyed coffee and muffins from the refreshment bar. The foyer provides excellent views of the city and the Victoria Bridge. The music here was much more subdued and relaxing than at Fritzenberger. Thanks to Russ and Jan, Mike and Cath, Liz, John and Graham for supporting this social. Graham

# SATURDAY 13<sup>th</sup> APRIL 2019 KIPPA RING TO SHORNCLIFFE DAY WALK

Twelve walkers set off from the Kippa Ring station at 9.30am on a lovely sunny day. QR had a problem at Strathpine when someone crashed into the boom gate, but our train was diverted onto another line and arrived almost on time at Kippa Ring. After a short road bash, we entered a park and from there followed the green route along a creek to the beach at Clontarf, stopping for morning tea under a shady tree. After crossing the esplanade, we continued to the Ted Smout Bridge. Part way across the bridge, the light breeze turned into a strong wind which lasted for the rest of the day.

Lunch was in a beachfront picnic shelter at Brighton. It was a delightful spot and we enjoyed watching the kite sailors. After lunch we walked along the beachfront to Shorncliffe Pier. Because of the wind, we decided not to explore it, but to continue to the station where we caught the 2.39pm train.

I found out later that I had completed the walk with two broken toes, one on each foot. Thank goodness for hiking poles!

Thank you to those who joined me on the walk: Sue, Maxine, Louise, Rusty, Terry, Sophie, Jan, Russ, Jeanette, Joe and our visitor, Marlene. Paddy

#### TUESDAY TO MONDAY 16th TO 22nd APRIL 2019 BLACKDOWN TABLELAND MOVING BASE CAMP

Four campsites, four national parks, one conservation park, 22kms of walking and 2128.3kms of driving over one week. What a great way to spend Easter.

Two of us left on the Monday; five left on the Tuesday and two left on the Wednesday to head into Central Queensland and explore the area known as the Central Queensland Sandstone Belt. We had time to explore only the eastern section, so the western section will need to wait for another day. Elizabeth & Margaret joined us on the Tuesday night at Isla Gorge before making their own adventure whilst the rest of us joined up at Starkvale Creek camping area on Thursday morning.



Isla Gorge

Karen & I left early Tuesday and met up with Khaleel and the Jones' at the Plainland Coffee Club before leisurely making our way to Isla Gorge, arriving early in the afternoon. Isla Gorge, 56kms north of Taroom, is a complex maze of gorges, sandstone outcrops and striking rock formations, as described in the NPSR brochure. After setting up camp we headed out along a spur to take in the grandeur of the gorge. Many photos were taken before we headed back to enjoy the sunset over the gorge whilst sipping wine. It was a great way to start the trip. The day ended like every day on the trip with dinner and drinks around a campfire.



Lake Murphy

We were up early the next day as we had a stop to make before heading to Starkvale Creek camping area. We said goodbye to Elizabeth & Margaret and headed back towards Taroom, but turned off to visit the Lake Murphy Conservation Park. The park is some 30kms north of Taroom and about 50kms from Isla Gorge. There were two walks here, one down to Lake Murphy and a circuit along the southern shoreline of the lake and through forest red gums along Robinson Creek. Whilst Robinson Creek had muddy water in it, Lake Murphy was completely dry. There were families of Apostle birds all around as well as Whiptail Wallabies (I think) and Khaleel saw a drift of pigs which is a shame. We next headed to the Starkvale Creek camping area which is in the Robinson Gorge section on the eastern side of Expedition National Park. This was a 93km drive along ever worsening dirt roads. We arrived at the camping area in the early afternoon. The setting of the camping area was great, and we were pleased to be spending two nights here. Starkvale Creek had some water in it but was not flowing; however, with the sandstone gorges lining the creek it was a wonderful spot. After setting up camp we headed along a definite 4WD track to the start of the Cattle Dip Track. This was a lovely shore walk to the incredible site of a narrow stream appearing out of the cliffs before flowing down Robinson Gorge. And yes, it looked just like a cattle dip.



Robinson Gorge

We woke at various times and wandered around the camping area whilst waiting for Kylie & Josh to arrive. With two minutes to spare they appeared on the road above the camping area. It was great to see them arrive safely. The first walk today was to Robinson Gorge, first up to the lookout and then to the floor of the gorge itself. Robinson Gorge, another sandstone lines gorge, was delightful both from the lookout and the bottom. We wandered along the creek for a while before climbing out and heading back to camp. After lunch we headed up the road to tackle Shepherd's Peak, a sandstone plateau with amazing views over the surrounding mountains and creeks. Unlike Isla Gorge, this camping area had only two other groups camping, so it was delightfully quiet. So quiet that Pale Headed Rosellas came very close to us.

We woke early again next morning because we had a lengthy drive ahead of us, nearly 300kms a lot along dirt roads. We arrived at Blackdown in the late afternoon and discovered that the campground was full. Obviously it is a very popular spot. After setting up camp we set off to do a scenic drive around what is known as the Loop Road but, unfortunately, it was closed, so, we headed back to camp and decided to do short walks out of the camping area. Mook Mook led us briefly beside Mimosa Creek before wandering through forest to the edge of the tableland for great views of sandstone cliffs and distant ranges.



Gudda Gumoo Gorge

The next morning, we broke camp and headed back along the Gudda Gumoo Road to the start of the Gudda Gumoo Lookout and Gorge walk. There were a few people there but by the time we reached the lookout we were alone. That was guite a contrast to the return walk when the track and carpark became very crowded. We were very lucky to have the gorge to ourselves. The lookout provided great views down the gorge but the best was yet to come. We descended 242 steps into the gorge and what a spot we found. At the end of the gorge was an amphitheatre with a small waterfall surrounded by deep green foliage. What a sight it was. We lingered for quite a while before retracing our steps and returning to the cars. The next stop was the entrance to the park where two walks were meant to be. The 200m Yaddamen Dhina Lookout Walk provided great views off the plateau towards Blackwater but, unfortunately, Goodela, the other walk, was closed. There was nothing left to do now but take the short drive into Blackwater and our accommodation. It was great to have a hot shower, decent food and a bed. We even had time to do some washing, explore the town and buy groceries. The Vigil was lovely, and all enjoyed it. This was followed by dinner at the nearby pub before retiring.



Lake Nuga Nuga

We had a late start on the Sunday as we only had a short distance to travel. We were heading to Lake Nuga Nuga National Park some 200kms away and were delighted to find we had bitumen all the way. We were going to spend the night there but, after checking the weather in Blackwater, we could see rain coming in on Tuesday, so we decided to continue on. Lake Nuga Nuga had water in it and there was some birdlife around. We spied Black Swans on the lake but little else. The camping area was very rocky which was another reason we moved on. We turned east after Rolleston and headed down the Arcadia Access Road towards two camping areas on the western side of Expedition National Park. The first was the Lonesome Section. The camping area was nice and grassy and on the banks of the Dawson River, which was dry. The area was small and right by the highway, but the best areas were already taken.

The road now climbed the Lonesome Range where a delightful lookout was located. The views were great, but we could see scattered showers covering the landscape where we were headed. The second camping area was located in the Bielba Section and it was about 30kms inland, the last 16kms along a clay dirt road. We were worried about the rain causing the road to be impassable but, in the end, decided to risk it and continued on. Bielba camping area was located in open grassland overlooking the Bielba Gorge and, although it was sandy, it proved to be a delightful spot to spend our last night. Cheese and bikkies while the sun set over the gorge followed by dinner around the campfire were perfect.

Khaleel and the Jones' had rose early next day and were on their way by 7am. The rest of us had a leisurely breakfast, slowly packed up and were on our way by 8.30am. After stopping for fuel and coffee in Roma, we continued on. Our last stop was the Plainland Coffee Club where we had started. We said our goodbyes and headed home, arriving just on 4pm.

Thanks to Karen, Josh, Kylie, Khaleel, Rusty & Louise, Elizabeth and Margaret for joining me on this lengthy trip. Michael.

## TUESDAY 23rd APRIL 2019 NEWMARKET CINEMAS SOCIAL

We gathered at the Yiros Shop for dinner and a discussion of what to see. We each enjoyed a different kebab from a shop with an innovative variety of food.

The award winning "The Aftermath" was a new release and the unanimous choice of those gathered at the ticket booth. It was a good period movie with the setting, scenery and costumes perfect for the time and highly recommended.

Thanks to all who came for dinner, a movie and a catch-up: Jan & Russ, Liz L, Terry and John H. Greg.

# SATURDAY & SUNDAY 27<sup>th</sup> to 28<sup>th</sup> APRIL 2019 CLUB HUT WORKING BEE BASE CAMP / DAY WALK

Six people turned up for the working bee; four for the weekend and Joe and Terry for Saturday. The weekenders arrived at 9am, unpacked and got ready for the day. A bit later Joe and Terry arrived. The grass was cut in the hut paddock, with Michael S., mowing, Joe on whipper-snipper and Terry clearing away the cut grass and chipping out lantana etc. We also tried out the repaired scythe that Joe had provided. It was beautifully sharpened and worked like a charm. It will be very useful for keeping the paddock clear when we can't bring a mower in. Mike W., and I added some rungs to the improvised hut ladder and went up on to the roof. There we discovered that the roof gutter had water pooled in it. It had been removed and refastened last year when a rotted fascia board was replaced. We pulled out the end two gutter brackets, dropped them down a bit and nailed them back in place. Success! The gutter now drained freely. I set about preparing and cleaning a part of the unpainted section of the roof and then coating it with Penetrol (I will be painting that with roof paint the next time I am at the hut). Mike W. got to work on one of the low bunks. It had been

patched with ply years ago, but the ply hadn't been painted and was starting to deteriorate. He sanded it down, punched nails and undercoated it.

We stopped for lunch with Cath W., made cups of tea, chatted and just relaxed at this great spot. Joe and Terry left for home at about three. A top section of the brush box tree next to hut had died some time ago, snapped off and fallen down. It was about 6 metres long with one end wedged in the fork of a nearby tree. Three of us managed to get it down and it was then cut up. Part of it was used in the campfire that night. The rest of it was stacked well away from the hut.

At the end of the day the hut was looking smart in its neatly mowed paddock and the bunk looked like new. We relaxed and enjoyed our evening meal around the campfire with a great show of stars above. Cath had brought along some cheesecake for our desert. Next morning a coat of paint was put on the bunk. The air must have been damp and a bit cool because it was slow in drying so we shifted it out into the sun to speed things up. Some of us visited the Lower Portals. We left the hut at about eleven.

The weather for the weekend was marvelous, fine, sunny, not too hot and cool enough in the evening to enjoy a fire. Thanks to everybody who came and to the drivers, Joe and the two Michaels. Those on the working bee were Terry, Joe T., Mike and Cath W., Mike S., and myself. lain.

# **AROUND THE RIDGES**

#### 30<sup>TH</sup> June – 6<sup>TH</sup> July 2019

The 51st Annual Conference of the Guild of Natural Science Illustrators will be held at the University of Queensland, St Lucia Campus this year. This is only the second time the conference has been held outside the USA. See <u>https://2019gnsi-conf.org/</u> for more information.

(Editor's note - these international conferences usually provide Field Trips to local attractions. The two trips of note are the trip to North Stradbroke Island with a walk around the North Gorge boardwalk and a trip to Lamington National Park with a "hike" to Elabana Falls.

Another note was that a selling point to the potential attendees which would be mainly Americans was as follows - *It's a long flight but once you're here your dollar will buy a lot more than at home; about \$1.40AU at the time of writing and predicted to get even better.* 

#### September 29 – October 3:

Australian Native Plant Society (Australia) National Conference and Biennial General Meeting 2019, Blooming Biodiversity, will be held in Albany, Western Australia.

There will be series of tours and day excursions to take in native flora in bushland settings as well as gardens and landscaped areas. The south-west of Western Australia is known for its pristine bushland and there will be an emphasis of native flora in its natural setting. For further information, please see <a href="https://www.bloomingbiodiversity.com.au">www.bloomingbiodiversity.com.au</a> or contact the Perth Office at <a href="https://www.bloomingbiodiversity.com.au">enquiry@wildflowersocietywa.org.au</a>

#### **Queensland Herbarium Seminars**

The Herbarium hosts free public seminars at the Mt Coot-tha Botanic Gardens from noon until 1 pm on the second Monday of the month (March to November) at the FM Bailey conference room in the Herbarium building. There is no need to register.

Refer to the following website for details: <u>www.qld.gov.au/environment/plants-animals/plants/herbarium/seminars-events</u>

- 13 May 2019 Achieving multiple benefits in ecological restoration for biodiversity conservation and carbon sequestration Valerie Hagger, University of Queensland
- 10 June 2019 Cycas megacarpa, survival outcomes across two translocation programmes. Alicia Wain, Queensland Herbarium

# HOW WE ORGANISE OURSELVES

### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk usually depart from the Red Hill Catholic Parish Hall, 78 Musgrave Rd. Check *Jilalan* to be sure.
- (c) The Club will usually organise transport for each outing, but walkers must nominate to the leader by the Wednesday night prior to the activity. Nominations for some walks may close well in advance of this. Contacting someone else may result in the nomination becoming lost. Late nominations may not be accepted. Walkers are responsible for their own transport to and from the departure point.
- (d) Walks are rarely cancelled. If they are, all nominees are notified. It should not be assumed that outings are cancelled because of bad weather.
- (e) Walkers who need to cancel their attendance are asked to please notify the leader as soon as possible.
- (f) Walkers who run late for departure are asked to please notify the leader or the emergency
- (g) All visitors must sign an Assumption of Risk form for insurance purposes.

## VISITORS

For general enquiries contact Greg on 3351 4092.

**GENERAL MEETINGS** are held on the 3<sup>rd</sup> Monday of each month, at 7:30pm at St Michael's Parish Hall, Banks St, Dorrington. The hall is on the lower terrace, below the church and accessed by driving down the cement driveway to the lower carpark.

#### EMERGENCY OFFICER SYSTEM

If walkers have not returned from an outing by 9:00pm, their families may phone the Emergency Officer (Or "EO" or "Emerg Off") for that outing . If the EO is not mentioned, they may phone the President or Vice President. Walks are delayed from time to time for a variety of reasons and families need not panic. The Club will organize any action that needs to be taken. http://www.bcbc.bwg.org.au/EmergOffSyst.html

#### PERSONAL EQUIPMENT

The Club requires all walkers to carry certain minimal basic equipment: a completed medical information form, a first aid kit, a torch, a parka/raincoat, a hat, a shirt, 50+ sunscreen and at least two litres of water. Leaders may require additional equipment on particular walks and will advise, usually in *Jilalan*.

## MEMBERSHIP FEES

\$20 - Ordinary Members, Ordinary Spouse Members, Country Members.

\$16 - Associate Members, Associate Spouse Members.

Pro-rata rates apply to new members who join during the year.

Fees cover the period 1st January to 31st December. Renewals are due and payable by the end of February each year. There is an additional \$25 cost for members who elect to receive a printed *Jilalan*. Life Members and Honorary Members receive complimentary copies.

## WARNING

All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk.

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# **CONTACTS**

For specific enquiries, contact the relevant committee member.

For Outings or Socials, contact the leader shown in the calendar or article.

# **EDITOR'S NOTES**

- 1. The Editor reserves the right to alter, amend, move, shorten or not print articles.
- 2. The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- 3. Contributors who use words or image from other sources are asked to acknowledge the author, publication, issue, date and publisher of the source.
- 4. Contributors are urged to meet monthly deadlines.
- 5. Articles from this publication may be reproduced on condition that the source be acknowledged.
- 6. Contributors are advised to use the format of previous editions.
- 7. Contributors are asked to email articles in word document attachments; to use A4 rather than columns; to use Arial 12 for articles and Arial 14 Bold for headings.

## Triple Zero Awareness Work Group (TZAWG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAWG launched a free smartphone app: Emergency\*. TZAWG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help. Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built-in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as

possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAWG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

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