

# ***JILALAN***

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***REFLECTING ON GOD'S CREATION... AND REGENERATION  
CLUB RETREAT - SATURDAY 19<sup>TH</sup> NOV***

**MONTHLY MAGAZINE OF THE  
BRISBANE CATHOLIC BUSHWALKING CLUB**

**ISSUE N° 625**

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***OCTOBER 2022***



OCTOBER						
01/03	LWE	Cooloola Wilderness Trail	Iain		TW	
02	Sun	Noosa Trails	Terry		DW	
05	Wed	Coffee Night @ The Alderley Arms Hotel	Liz		Soc	
06	Thu	North Straddie - Amity To Pt Lookout	Phil		DW	
10/18	Week	Cape To Cape Walk In WA Correct Dates	Jan		MDT	
12	Wed	Rail #14 – Coopers Plains to Fruitgrove	Greg		Stroll	
19	Wed	Trouts Rd – Everton Park to Aspley			Stroll	
21	Fri	Drinks & Dinner @ The Caxton Hotel	Jan		Soc	
26	Wed	River #12 – Graceville to Yeronga Stn	Greg	3351 4092	Stroll	M21
28/01	LWE	Vic Alps Mt Howitt & Crosscut Saw	Phil	0416 650 160	TW	
29	Sat	Cinque Aqua - 5 Waterfalls at Maleny	Michele J	0414 635 542	DW	M33
30	Sun	2 Generations Picnic in the Park	Michele E	0418 708 638	Soc	
NOVEMBER						
02	Wed	Coffee Night @ Corner in Wilston	Susan	3366 3193	Soc	
03	Thu	Redcliffe To Shorncliffe	Paddy	3378 4813	DW	L13
05	Sat	Tallebudgera Creek To The Spit	Phil	0416 650 160	DW	M33
09	Wed	Rail #09 – Darra to Richlands	Greg	3351 4092	Stroll	M11
12	Sat	Mt Fairview	John C	5514 0285	DW	M55
15	Tue	City Lunch @ Chez Nous	Greg	3351 4092	Soc	
16	Wed	Cedar Creek – Ross Rd to FG Stn	Greg	3351 4092	Stroll	S11
18	Fri	Drinks & Dinner @ West End Hotel	Jan	0401 030 137	Soc	
19	Sat	Annual Retreat	Michele E	0418 708 638	Retr	
21	Mon	Meeting & Photo Comp	Cath W	0428 755 100	Meet	
23	Wed	Acacia Ridge to Stretton – Closing the Circle	Greg	3351 4092	Stroll	M21
26	Sat	Castle Crag & Western Cliff (O'Reilly's)	Phil	0416 650 160	DW	M33
30	Wed	River #13 – Yeronga to West End	Greg	3351 4092	Stroll	M21
DECEMBER						
01	Thu	Dianah's Bath	Phil	0416 650 160	DW	S23
03	Sat	Warrie Cct	Phil	0416 650 160	DW	L35
07	Wed	Rail #10 – Richlands to Springfield	Greg	3351 4092	Stroll	
10	Sat	Christmas Party @ Indooroopilly	Jan	0401 030 137	Soc	
14	Wed	Daisy Hill - Koalas	Greg	3351 4092	Stroll	
16	Fri	Drinks & Dinner	Jan	0401 030 137	Soc	
17	Sat	Blue Pool	Needed		DW	M34
19	Mon	Meeting <i>CANCELLED</i>	Cath W	0428 755 100	Meet	
21	Wed	Kenmore to Indoo'pilly via Marshall La & UQ Mine	Greg	3351 4092	Stroll	
28	Wed	Grovely Stn to Gaythorne Stn via Mitchelton Ck	Greg	3351 4092	Stroll	
JANUARY 2023						
04	Wed	BBQ @ Gap Creek, Kenmore - Mt Coot-tha	Jan	0401 030 137	Soc	
05	Thu	Bay Islands (Lamb, Karragarra I, Macleay)	Needed		DW	
07	Sat	Booloumba Creek to Breadknife	Needed		DW	
11	Wed	Gaythorne RSL - Vinnies Fundraiser	Greg	3351 4092	Soc	
14-22	Sat-Sun	Tassie Trip - Walls of Jerusalem and Mt Field	Khaleel	3375 6976	TW/BC	
18	Wed	Rail #11 – Springfield to Springfield Central	Greg	3351 4092	Stroll	
20	Fri	Drinks & Dinner	Jan	0401 030 137	Soc	
22	Sun	Curumbin to Coolangatta	Needed		DW	
25	Wed	Bardon Bushland Resv – Mt Coot-tha to The Gap	Greg	3351 4092	Stroll	
26	Thu	Toolona Creek Circuit	Phil	0416 650 160	DW	
28	Sat	Obi Obi or Mary River Lilo trip	Phil	0416 650 160	DW	
FEBRUARY						
01	Wed	Coffee Night	Russ	0427 743 534	Soc	
02	Thu	Thornside Wetlands & Wynnum Foreshore	Needed		DW	
04	Sat	Coomera Creek Circuit	Khaleel	3375 6976	DW	
08	Wed	Bulimba Ck – Left Br – Stretton to 8-Mile Plns	Greg	3351 4092	Stroll	
11-19	Sat-Sun	Victoria - South Coast trek - 8 days	Phil	0416 650 160	AT	
15	Wed	Cedar Ck – Ross Rd to FG Stn via Levett Rd	Greg	3351 4092	Stroll	
17	Fri	Drinks & Dinner	Jan	0401 030 137	Soc	
20	Mon	Annual General Meeting & Elections	Cath	0428 755 100	Meet	
22	Wed	River #14 - West End to Holman St	Greg	3351 4092	Stroll	
25	Sat	Annual Mass & Lunch	Michele E	3351 4092	Soc	
26	Sun	Piper Comanche Wreck	Michele J		DW	

The Calendar is subject to change without notice.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk

**KEY – Walk Types**

<b>DW</b>	Day Walk	<b>BC</b>	Base Camp
<b>ON</b>	Over Nighter	<b>CW</b>	City Walk
<b>TW</b>	Through Walk	<b>SOC/SW</b>	Social/Social Walk
<b>TRN</b>	Training	<b>SP</b>	Spiritual Event
<b>FMR</b>	Federation Mountain Rescue	<b>S&amp;T</b>	Safety & Training

**KEY – Walk Gradings**

Distance	Terrain	Fitness/Endurance
<b>Short</b> Under 10km / day	<b>1</b> - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking Or Flat
	<b>2</b> - Graded path/track with minor obstacles	<b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking Or Minor Hills
<b>Medium</b> 10-15km / day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Intermediate - Suitable for fit beginners. Up to 5 hours walking And/Or minor hills
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	<b>4</b> - Intermediate - Suitable for fit beginners. Up to 5 hours walking And/Or up to 300m gain/loss
<b>Long</b> 15-20 km per day	<b>5</b> - Rough or rocky terrain with small climbs using hands or rock hopping	<b>5</b> - Moderate - Up to 6 hours walking And/Or up to 450m gain/loss. Agility required
	<b>6</b> - Steep, rough or rocky terrain with large climbs using hands or rock hopping	<b>6</b> - Moderate - Up to 6 hours walking And/Or up to 600m gain/loss. Agility required
<b>Extra Long</b> Over 20 km per day	<b>7</b> - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	<b>7</b> - High - Up to 8 hours walking And/Or up to 750m gain/loss. High fitness. Endurance and agility required
	<b>8</b> - Climb/descend near vertical rock with exposure. Climbing skills may be required	<b>8</b> - High - Up to 8 hours walking And/Or up to 1000m gain/loss. High fitness. Endurance and agility required
	<b>9</b> - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	<b>9</b> - Challenging - Up to 12 hours walking And/Or over 1000m gain/loss. Very high fitness. Endurance and agility required

**Example: M48** is a Medium distance walk 10 to 15km long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

**PRAYER**

Regeneration is needed in our lives, as in the natural world (See the lush green re-growth on the burnt-out WA Karri trees in the cover photo!). Life is a cycle of seasons. Through each season – whether annually, quarterly, weekly – we need regeneration in all areas of life, including and especially our spirituality.

God of creation and constant renewal, I pray that this November will be a special time of personal renewal and regeneration for me, a re-boot for my spiritual life. Through making time for prayer, may I find myself more deeply in tune with you, your creation and your re-generative spirit in me.

**ABOUT WALKS**

**Trips** leave from St Brigid's Car Park at 78 Musgrave Rd, Red Hill, unless otherwise advised.

**Leaders** are asked to print their own *Nomination Forms* and to consult the *Leaders' Guide* on the Club website. <https://bcbc.online/assets/Nomination.pdf>

Leaders Notes are at <https://bcbc.bwq.org.au/assets/leading.pdf>

**Pre-Outings:** Leaders are to ring Phil, Ph: 0416 650 160, to advise him details of it.

If **changes** are made to walks (date, location, cancelation etc.) leaders are asked to advise Phil Murray on Ph: 5522 9702.

**Visitors** are required to do two walks before the Committee officially declares them Club members.

**Nominations** for walks are needed at least 3 days in advance to allow adequate time to make suitable arrangements such as carpooling.

**Leaders:** When you get an enquiry about your walk, social or any other Club event, please obtain the full name, address, phone numbers and especially the e-mail address. Then, please pass these onto both the Membership Officer, Jon Peake and the Editor, Greg Endicott, so we can include these new people in our records.

## ANNUAL PHOTO COMPETITION

**MONDAY 21<sup>st</sup> NOVEMBER**

**At The November Meeting**

**At Little Kings Rooms, Buranda**

Our goal as a club is to encourage the love of the bush and bushwalking. I trust the photographs will display the spirit of the Club and the beauty of nature and why we go bushwalking. The best overall photograph will go on the front cover of the Annual Report.

The categories of the competition are –

1. Landscape - this includes all the landscapes, waterscapes, mountains
2. Moods of nature - sunrises, sunsets, storm and rain or misty days
3. Nature Close up - plants, animals, birds, rocks, leaf litter etc.
4. People and faces - portraiture & club character
5. Miscellaneous - any photos that do not fit into any other category
6. Best overall - awarded to the print deemed to be best overall by the invited judge
7. People's choice - the best photo selected by the members.

The Competition Rules

- entry is open to Cub members only,
- the photographs must be submitted in two formats,
- printed on paper and displayed at the December meeting and
- delivered electronically to [bcbcjilalan@gmail.com](mailto:bcbcjilalan@gmail.com) by sunrise on 21<sup>st</sup> November, In the "Subject Line" show "Photo Comp" and your name - do not forget to make your photos a jpeg attachment with the category, title, Club event and date.
- size - photograph must be able to fit on the front cover of the Annual Report (paper size A5). It may be submitted in a size up to A4 so long as the photograph can be reduced to a size suitable for publication,
- each person may enter 4 photographs per category,
- each photograph must be titled and have the owner's name and date taken,
- the photographs must be from a BCBC event (Name of trip and date to be supplied), An *Event* is any activity that is officially Club business.
- A *Club Event* does not include holidays, etc.
- photographs can be entered on the night but no later than 7.30pm,
- there is no entry fee,
- there will be an overall winning photograph,
- the winning photograph will go on the front cover of the next annual report, and the Peoples' Choice will go on the back of the annual report.
- the ownership of each photograph will remain that of the photographer but BCBC has permission to publish the photograph in any of its publications, print or electronic.

## COMING EVENTS

**WEDNESDAY 26<sup>th</sup> OCTOBER**  
**GRACEVILLE to YERONGA**  
**River #12**  
**STROLL**

**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Graceville Rail Station  
**Time:** 3:15pm  
**Train:** 2.54pm Springfield train PI 8 @ Roma St Stn  
**Cost:** Free  
**Grade:** S21  
**Location:** Graceville, Chelmer, Tennyson, Yeerongpilly, Yeronga  
**Distance:** 10.5km @ 3hr  
**Height:** Max: 23m; Min: 6m Total all Ups: 94m; Total all Downs: 96m  
**Web:** <https://www.openstreetmap.org/#map=15/-27.5115/153.0062>  
**End:** Yeronga Rail Station  
**Emerg Off:** Greg Ph: 0418 122 995 Bring this number with you Bring a Torch

You are continuing on the River Series of Strolls, trying to stay within sight of the water.

This one is along quite suburban streets lined by nice old houses, and some rather good ones. There is a park or two to wander through. And the occasional dead-end street that will lead you down to the River – after all, that is what it is all about.

Stroll along streets you have driven along, but never connected up.

Come with me to these old suburbs with lovely old shady trees, ferns, Queenslanders up on their stumps, and a lot of elegance and history.

**FRI 28<sup>th</sup> OCT to WED 2<sup>nd</sup> NOV**  
**VICTORIAN ALPS**  
**Crosscut Saw And Phillip Island**  
**WALK-IN BASECAMP**

**Leader:** Phil Murray Ph: 0416 650 160

This is a great walk. A 6-day trip to Victoria. 5 days in the Victorian Alps and one day on Phillip Island. The first day is a flight and drive there.

Day 1	Fri	am	flying to Melbourne
		pm	drive
		pm	Macalisters Springs 5km walk
Day 2	Sat		Mt Buggery via Crosscut Saw 18km
Day 3	Sun		Mt Magdala via Mt Howitt 16km
Day 4	Mon	am	Bryce's Gorge walk 8km
		pm	drive to Walhalla
Day 5	Tues	am	Mt Erica walk 9km
Day 6	Wed	am	Cape Woolamai Walk 8km (a "maybe" now)
		pm	drive back to Melb –
			fly back to Brisbane and home.

I am leading this walk for the Catholic Walking Club of Victoria as I am also a member of that Club. I did this walk back in 2017 and it was a hoot. I already have 6 nominations from our sister Club in Melbourne for the trip. We are camping 3 nights at Macalister's Springs (height about 1600m) so you need good warm sleeping gear for the cool nights. Monday night at Walhalla (or Rawson) and Tuesday night on Phillip Island. Probably stay in motels for those nights.

Come along and enjoy one of the best bushwalks in Australia. Yep, it is that good. I don't plan on coming back for about 8 years or more (too many other places to explore).

I have added the walk to Mt Erica on Tuesday after discussions with the members of the Catholic Walking Club of Victoria. If we have a few cars, we might be able to do a car shuffle and do a traverse



from Mt St Gwinear to Mt Erica along the alpine ridgelines. See the book by John Chapman *Day Walks Victoria* – Walk no 44 page 164.

The plan to get to Mt Speculation on the Saturday is perhaps a bridge too far and the likely spot we will get to is the summit of Mt Buggery# (yep that's its name). To get to Mt Speculation we have to traverse a saddle on the ridgeline called the "Horrible Gap." On the eastern side of the Crosscut Saw is the valley called "The Terrible Hollow." At the start of the valley there is a rock formation called the Devils Staircase. See map below

I have 6 people from Melbourne nominate for the walk including young Tom who turned 90 last month and I still can't keep up with him. He has decided to retire from doing throughwalks (pack carries) once he turned 90. So, he is only doing the walk on the Tuesday to Mt Erica. There is only 1 nomination from Queensland, hopefully we get at least another nomination from Queensland.

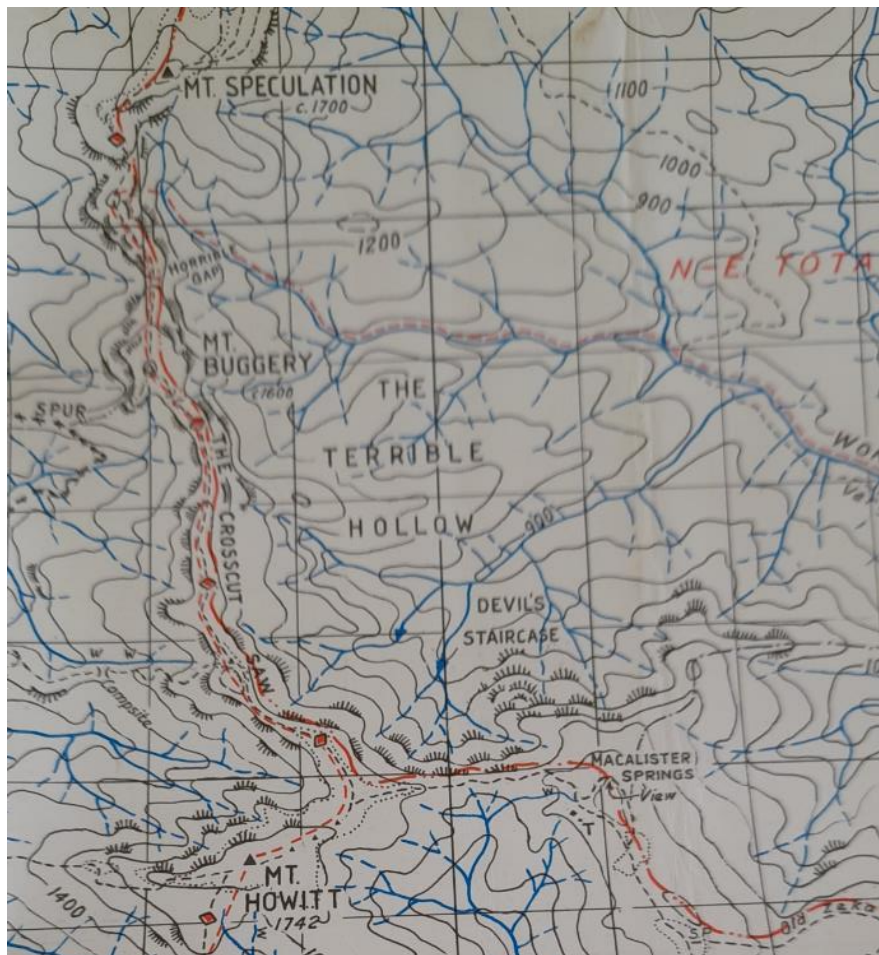
#### Other Notes -

# Mt Buggery - When the name Mt Buggery first appeared on official maps as the title of a high steep point on the Crosscut Saw walkers and others experienced a slight sense of disbelief. There was a general acceptance however that the title was apt, a view reinforced after climbing it from either the northern or southern side.

There is circumstantial evidence that the name was first applied by a member of the Melbourne Walking Club, Stewart Middleton. During the 1934 Christmas period he and five other members of the club walked along the Buckland-Buffalo divide and followed the Cross Cut Saw to Mt Howitt and finished at Merrijig. There were no tracks of any sort until they reached Mt Howitt and Stewart, perhaps not quite as fit as he could have been, was finding the going tough after the descent from Mt Speculation. Faced with the prospect of yet another laborious climb he exploded with the words 'What another bugger! I'll call this mountain Mt Buggery.'

There was general agreement amongst other members of the party that the name was appropriate and within the Melbourne Walking Club it came into general use. Other walkers used it and eventually it appeared on maps and official acceptance followed. From an article in The Melbourne Walker by Alan Budge and reproduced in his 1992 book *"No end to walking"*.

[http://www.wikiski.com/wiki/index.php/Australian\\_Geographical\\_Name\\_Derivations](http://www.wikiski.com/wiki/index.php/Australian_Geographical_Name_Derivations)



Map Of Macalisters Springs To Mt Buggery & Mt Howitt The Grid Line Is 1km

Other bits of Trivia - The area around Mount Howitt is a setting for the Tomorrow series of books by John Marsden. In these books he changes the name of the nearby Cross Cut Saw to Tailor's Stitch, and the Devils Staircase to Satan's Steps.

The *Man from Snowy River* is one of Australia's most famous poems written by Andrew Barton (Banjo) Paterson and while the character of 'The Man' is generally believed to be based on Jack Riley from Corryong in the Upper Murray River. The film of the same name was filmed in the area around Mount Howitt. Perhaps most prominent of the locations that appears in the film is at Hells Window, on Mount Magdala, which is connected to Mount Howitt via Big Hill.

[https://en.wikipedia.org/wiki/Mount\\_Howitt](https://en.wikipedia.org/wiki/Mount_Howitt)

**SATURDAY 29<sup>th</sup> OCTOBER**  
**CINQUE AQUA**  
**The 5 Waterfalls**  
**DAYWALK**

**Leader:** Michele Johns Ph: 0414 635 542  
**Meet at:** St. Brigid's Car Park, Red Hill  
**Time:** 7.00am  
**Cost:** \$20  
**Grade:** M33  
**Location:** Sunshine Coast Hinterland  
**Web:** <https://www.weekendnotes.com/baxter-falls-hike/>  
**Emerg Off:** Graham Glasse Ph: 3371 9623

As we are getting into the warmer months, it will be a great time to escape to the cooler air of the Sunshine Coast Hinterland and explore five of the best waterfalls in the area. We will leave Red Hill at 7.00am sharp and regroup at Landsborough before driving up the range to our first stop at Gardiners Falls on the Maleny Road.

From Gardiners Falls, we will head towards Mapleton to explore Baxter, Mapleton and Kondalilla Falls before driving to Buderim to explore Serenity Falls.

We have had plenty of rain this year so the creeks and waterfalls should be more spectacular than they have been for a while. All walking will be on graded tracks and will be easy so this walk is suitable for everyone. Michele Johns

**SUNDAY 30<sup>th</sup> OCTOBER**  
**TWO GENERATIONS PICNIC IN THE PARK**  
**(Postponed from May)**  
**SPECIAL EVENT**

**Leader:** Michele Endicott Ph: 3351 4092 or 0418 708 638  
**Meet at:** Picnic sheds, Anzac Park, cnr Dean & Wool Streets, Toowong.  
**Time:** 11am to 1pm approx.  
**Web:** <http://www.brisparks.com.au/qld/toowong/anzac-park>  
**Emerg Off:** Greg Ph: 0418 122 995  
**RSVP:** Wednesday 26th October – preferably by email to: [bcbc.bigevent@gmail.com](mailto:bcbc.bigevent@gmail.com)  
**NB Now on SUNDAY**

Have you nominated yet for this special BCBC event, a gathering for the 30-or-so families who have

- (i) a current or former association with the Club and
- (ii) offspring born in the '80s, 90s or early 2000s?

The main idea is that both the oldies and the young ones can catch up with each other (or meet for the first time, in some cases) and the young ones can get together for a group chat to discuss a possible future bushwalk. However, it is also a Club Social – for all Members and Visitors, too. Even if you don't belong to one of the families described above, you're very welcome to come along and join in – and maybe help with set-up/hospitality? Hopefully, a good number of members, past members AND second-generation folk will come along. Parents, please encourage your young folk –

and their friends, partners, children – to join us on Sunday by (a) sharing this new date-claimer & (b) forwarding to them (again?) the new invitation email that you should have received in early October.

The venue is still Anzac Park Toowong, as it is fairly central for most of our members – and the younger generation – and has the amenities we need. Within the park itself, there are shelter-sheds, toilets, BBQs and a playground in a bushland setting, with free parking. There is also free on-street parking in Dean St for those with no mobility problems/no small children. In addition, there is a group of shops and cafes just up the road, if anyone needs a cappuccino, cool drinks or extra lunch supplies.

As you arrive at the park entry, driving in off Dean St, you will see the main Picnic Area almost straight ahead, slightly on your right, but the road through the park is one way to the left. Park early or do the full loop. If necessary, exit the park and find a spot outside on Dean St.

**WHAT TO BRING:** All the usual things for a BYO Picnic in the Park:

**Folding Chair/ Picnic Rug**

**Extra shelter if you wish** (small beach umbrella/shelter, as not everyone will fit in the two picnic sheds and one portable gazebo we've lined up)

**Drinks** – hot/cold + BYO cups (We'll have a water station and some paper cups.)

**Food – main course** (picnic lunch or BBQ items to cook + plates, cutlery etc)

**dessert** (an easy-to-share sweet item - e.g. fruit, biscuits, slices - to put on the sharable treats table)

**Setting-up:** Volunteers needed from about 10am, so please let me know if you can come at that time to help with putting up some signs and decorations to mark out our area, setting up the Welcome/Registration table, the sweets table and the water station, putting cloths on the two picnic shed tables, setting out tongs, serviettes and cardboard plates on the sharable sweets table and, hopefully, also setting up a gazebo or two. (Additional gazebos are welcome! If you have one you could bring along, please let me know.)

There'll be various group photos taken from about 11:30am and the young ones, led by our current younger members, will meet at 11:50 to have their chat about if/where they might all go on a bushwalk later this year. During this time, the oldies will be having their reunion chats with bushwalking/camping friends from decades past. Then it'll be time for our BYO picnic/BBQ lunch, followed by sweets (the items brought along by attendees) and we'll wrap up some time after 1pm, whenever people need to move on to their Sunday afternoon activities.

Members, please nominate asap, using the BCBC Big Event email address above, rather than my personal one, and let me know if you're able to help with the set-up on that morning. Call/text me if you have any questions. Meanwhile, please start inviting and encouraging your sons and daughters, nieces and nephews – and others you think may like to do a one-off bushwalk with younger walkers.

## **WEDNESDAY 2<sup>nd</sup> NOVEMBER**

### **COFFEE NIGHT**

### **SOCIAL**

**Contact:** Sue Tobin Ph: 3366 3193  
**Meet at:** Corner in Wilston – a restaurant  
**Address:** 1 MacGregor St Wilston.  
**Time:** 5:30pm for dinner or afterwards for dessert/coffee.  
**Cost:** Menu Prices.  
**Menu:** <https://thecornerinwilston.com.au/>  
**RSVP:** Tues 1<sup>st</sup> November

Come and try a new café in Wilston before the festive season starts. There are entrees, mains and desserts on offer to choose from. Chef's specials are also available. Please note the earlier starting time.

The Corner in Wilston is the product of our dream to create a quality licensed restaurant providing superior food, wine and coffee.



We will provide delicious modern Australian cuisine with best quality services. We ensure that all menus cooked by our chef are hygienic and fresh. Selection of raw meats and vegetables will be our main focus to make sure the quality of food is maintained at a high standard level."

So, join me to catch up in a friendly, family-owned café in Wilston.  
Everyone welcome!

### **THURSDAY 3<sup>rd</sup> NOVEMBER KIPPA RING to SHORNCLIFFE DAYWALK**

**Leader:** Paddy Taylor Ph: 3378 4813  
**Meet at:** Roma St Stn. 8.10am for 8.18am Redcliffe train or Kippa Ring Stn. @ 9.16am  
**Cost:** \$2 + train fare  
**Grade:** L13  
**Location:** Southern Redcliffe Peninsula, and Deagon, & Sandgate on the mainland  
**Web:** <https://www.openstreetmap.org/#map=13/-27.2667/153.0893>  
**Emerg Officer:** Barry Taylor Ph: 3378 4813

This is the beach walk where you don't actually walk on the beach. We will catch a train to Kippa Ring Station, then walk to Clontarf Beach, mainly through parkland. The party will continue to the Ted Smout Bridge, which will be crossed to Brighton. From there we follow a bike path along the waterfront to the new Shorncliffe Pier.

After exploring the pier, our group will leave the beach, and proceed to the Shorncliffe Station, where we will catch a train back to the city. It is difficult to return by public transport to Kippa Ring, so I don't recommend parking there.

Come and join me on what should be a very pleasant day. Bring the usual daywalk gear plus your GoCard.

### **SATURDAY 5<sup>th</sup> NOVEMBER TALLEBUDGERA CREEK to MAIN BEACH DAYWALK**

**Leader:** Phil Murray Ph: 0416 650 160  
**Meet at:** St Brigid's 78 Musgrave Rd, Red Hill  
**Time:** 7.00am  
**Cost:** \$25  
**Grade:** M33  
**Distance:** 21km  
**Location:** Northern Gold Coast  
**Web:** <https://www.openstreetmap.org/#map=13/-28.0391/153.4397>  
**Emerg Off:** Sue Murray 0420 510 214

The walk is a lovely beach walk along the Gold Coast glitter strip. We did this walk about 4 years ago on 3<sup>rd</sup> March 2018. This walk is a combined tram ride and beach walk.

We begin by parking near Tedder Ave Main Beach and catch the tram from Main Beach to Broadbeach South. We will then catch the bus from here down to Tallebudgera Creek (southside of creek).

We will start walking at Tallebudgera Creek and cross the bridge and walk around Burleigh at the lower level (if it is closed, we will climb up and over Big Burleigh). There are great views from the lookout and then the party will walk back along the beaches to Main Beach, which is about 2km north of Surfers Paradise. If the weather is yucky and rainy, I still intend doing the trip but will walk along the pathways in the parklands. But bring an umbrella.

Bring your lunch, a hat, sunnies, sunscreen, togs and a quick dry travel towel. And bring your GoCard.  
Phil

The Tides for the day are :-

High tide	06:00	1.44 m
Low tide	12:01	0.36 m
High tide	18:09	1.57 m

**WEDNESDAY 9<sup>th</sup> NOVEMBER**  
**DARRA to RICHLANDS & RETURN**  
 Rail #09  
**STROLL**

**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Darra Station, PI 1  
**Time:** 3:15pm  
**Train:** 2.48pm Ipswich train PI 8 @ Roma St Stn  
**Cost:** Free  
**Grade:** M11  
**Location:** Darra, Wacol, Richlands, Darra  
**Distance:** 13km @ 3hr  
**Height:** Max: 45m; Min: 15m Total Ups: 133m; Total Downs: 137m  
**Sun:** Set: 6.13pm @ 250°; Twilight ends: 6.37pm; Dist fr Earth: 148,199,000,000km  
**Moon:** Rise: 7pm @ 66°; Moon does not pass the meridian on this day.  
**Web:** <https://www.openstreetmap.org/#map=15/-27.5812/152.9539>  
**End:** Darra Rail Station  
**Emerg Off:** Greg Ph: 0418 122 995 **Bring this number with you**

We are back to the Main Western Line that heads through Rosewood to Toowoomba and Quilpie. However, we are now following the Springfield Branch Line in 3 segments.

The lines diverge at Darra, so from here we shall try to stay in sight of the line while staying on safe ground. You will go anti-clockwise around the right-of-way.

There shall be some new territory and some familiar. There is suburbia and country. There are footpaths and bikeways. There are factories and there are parks. What more can I provide?

Come along on the beginning of this new adventure.

**SATURDAY 12<sup>th</sup> NOVEMBER**  
**M<sup>t</sup> FAIRVIEW & The PINNACLE**  
**SPRINGBROOK NP**  
**DAYWALK**

**Leader:** John Carter Ph: 0433 279 771  
**Meet at:** St Brigid's, Red Hill  
**Time:** 6.00am  
**Cost:** \$25  
**Grade:** M55  
**Location:** Springbrook  
**Web:** <https://www.aussiebushwalking.com/qld/se-qld/springbrook-np/the-pinnacle-and-fairview-mountain-via-valley-break>  
**Emerg Off:** TBA

This walk is an enjoyable off-track rainforest one where you will explore some country off the Springbrook Plateau. The final route to be determined. Also, the only road open to Springbrook is Pine Creek Road via Numinbah Valley.

I am thinking of walking to Mt Fairview and the Pinnacle from the Mudgeeraba Valley via Mt Nimmel Road, reducing some of the climb. This is a ridge walk, however, there is an option to go down to the Meeting of Waters or travel up the ridge line to the Plateau.

Great views from the Pinnacle to the coast, but some rock scrambling is required. Chance to see a grove of cycads (*Lepidozamia peroffskyana*).

Give me a call to discuss. The walking route maybe modified due to wet weather.

John

**TUESDAY 15<sup>th</sup> NOVEMBER**  
**CHEZ NOUS**  
**LUNCH**

**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Café Nous, Cnr Roma & Makerston Sts, City – Under Abbey Apartments  
**Location:** Straight over the road from the entrance to Roma Street Station, on the corner.  
The pedestrian lights lead into the door.  
**Time:** 12 Noon or any time thereafter  
**Cost:** \$5 to \$25  
**Web:** <http://cheznouscafe.com.au/>  
**Emerg Off:** Greg Ph: 0418 122 995 **Bring This Number With You**

We have now sprung into Spring. The sun is shining, the weather is warm, the sky a deep blue, the days are longer, the flowers are blooming, the bees a-buzzing, the birds singing, life is brimming. Time to come out and have lunch to watch all this go by.

Chez Nous is conveniently located opposite the Roma Street Rail & Bus Stations (ground floor of the *Abbey on Roma* Apartments). It is an ideal location for a catch-up with friends or just a great spot to enjoy a cup of coffee whilst watching the hustle and bustle go by. “Good old-fashioned service, nice coffee and excellent food that represents great value-for-money” – this is the sort of feedback they receive from their loyal and valued customers.

The cafe provides a great variety of lunch options. Choose from the popular gourmet sandwiches or home-style hot dishes that will guarantee to make your mouth water. So, whether you are wanting a quick coffee, a fast lunch option or leisurely dine-in meal, Chez Nous caters to everyone.

Lunch options include: sandwiches & wraps, burgers, hot meals with salad served fast, salads, drinks, juices, smoothies, and sweets. Drinks are \$5 to \$9, food \$11 to \$16.

This is our *No Purpose Party* just for the fun of having a midday lunch together. Come along and join us – I shall book a table (with seats). Let me know you are coming so I can add more seats to the table.

**WEDNESDAY 16<sup>th</sup> NOVEMBER**  
**CEDAR CREEK**  
**Ross Rd to Ferny Grove Stn**  
**STROLL**

**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Ferny Grove Station Concourse  
**Time:** 3:45pm  
**Train:** 3.07pm Ferny Grove Train Pl 7 @ Roma St Stn  
**Cost:** Free  
**Grade:** S11  
**Location:** Bellbird Grove, Upper Kedron, Ferny Grove  
**Distance:** 8km @ 2hr  
**Height:** Max: 106m; Min: 61m Total Ups: 120m; Total Downs: 142m  
**Web:** <https://www.openstreetmap.org/#map=16/-27.4161/152.9212>  
**End:** Ferny Grove Rail Station  
**Emerg Off:** Greg Ph: 0418 122 995 **Bring this number with you**

Another variation on our Upper Kedron Strolls. This one will involve a car shuffle, so I do require an extra car or two – it is only a 6min run.

You shall start at Ross Rd and go backwards through the new Council reserve to Bellbird Grove and back again. Then it shall be through parks and footpaths through new suburbia (look at all the new big houses), then to the older Ferny Grove.

Contemplate the changes in house design over 40 years, changes in Council park designs, how much narrower streets have become.



This is an interesting very short Stroll through a part of Brisbane you have never been in. Come along and enjoy the excitement with mw.

**FRIDAY 18<sup>th</sup> NOVEMBER  
DRINKS & DINNER  
HOTEL WEST END  
SOCIAL**

**Leader:** Jan Nelson Ph: 0401 030 137  
**Meet at:** Hotel West End, 10 Browning St South Brisbane  
**Time:** 4.30pm onwards  
**Cost:** Meals from \$16 for main course  
**Web:** <https://hotelwestend.com.au/>  
**Emerg Off:** Jan Nelson Ph: 0401 030 137

I recently did a pre-outing for the Hotel West End and was pleasantly surprised. This hotel was formerly known as the Melbourne Hotel but was renovated and renamed in 2017.

The Bistro offers a good range of meals and drinks at a reasonable cost. The meals we chose were good and service was quick (Russ particularly enjoyed the Qld Banana Split for dessert). The singer (in the far corner) provided very pleasant background music without drowning out conversation.

The Hotel is 650m from the Cultural Centre Bus Station or South Brisbane Train Station, or you can catch the 196 bus which stops almost at the door.

Come along and join us for a relaxing evening.

**SATURDAY 19<sup>th</sup> NOVEMBER  
“Caring for God’s Creation”  
ANNUAL RETREAT**

**Leader:** Michele Endicott Ph: 0418 708 638  
**Meet at:** Faber Centre of Ignatian Spirituality, 111 Sir Samuel Griffith Drive, Bardon (Almost opposite the entrance to JC Slaughter Falls Park – in the old Freer’s Chips Factory)  
**Time:** 8am start. Arrive from 7:45. Finish at 12 noon (with an optional group lunch afterwards, at the Botanic Gardens Café, at 12:20)  
**Cost:** \$20 (but please don’t let lack of funds prevent you from participating. Pay what you can.)  
**Web:** <https://www.faberspirituality.org.au>  
**Emerg Off:** Greg Ph: 0418 122 995

Please nominate as soon as possible, by calling/texting me, then bring your cash donation on the day, to place into the box provided. If you cannot afford the \$20, please place whatever you can afford into this box. The donation recommended by Faber for a half-day session is normally \$25 per person, but they’re happy to provide this group experience for BCBC for \$20pp. In fact, they said smaller amounts would also be acceptable, as they don’t want anyone to miss out!

As was the case last year, the particular Faber Centre facilitators we will be working with are those involved in the “Being with God in Nature” Ministry. The main Facilitator is Mary Robson, the Director. Mary and her team will lead us in prayer and reflection, both at the Faber Centre and in the Bush Chapel across the road in JC Slaughter Falls Park. Wear comfortable shoes, as we’ll be walking, in silence, to the Bush Chapel in this park for part of the Retreat. We’ll be given material to ponder on the way, while there and when we return. There’ll be opportunities for sharing, but no obligation. Morning tea/coffee and biscuits will be provided, on arrival and on our return from the Bush Chapel.

For the optional lunch together afterwards, the closest option is the Botanic Gardens Café, downhill from the Planetarium, Mt Coot-tha Rd (continuation of Samuel Griffith Dr), so we’ll meet there at 12:20. There’s a big off-street carpark. Let me know when nominating if you need a lift to lunch. Afterwards, you can catch a bus to the City/beyond.

This year, the focus of our morning of reflection will be: 'Caring for God's Creation, becoming a Regenerative Community through Contemplation and Action.' We're invited to step aside for a few hours, into a contemplative space of gentle reflection. We will be considering Three Spiritual Movements with the following themes:

1. Finding God in nature: silent walk to the Bush Chapel.  
Spiritual Exercise: The Spirit Hovers over Creation.
2. Discernment – where is God at work, in my life, in the world?
3. Theme of Regeneration: A Forest Underground. Spiritual  
Conversations on How am I regenerative?

I'm really hoping for another good response to this second, thoughtfully planned Faber Retreat experience, which was so well received last year. Please call or text me now – or email me, if you prefer, at: [michele.endicott@gmail.com](mailto:michele.endicott@gmail.com) – as Mary needs to know how many booklets to print. Please encourage others to attend, especially if they missed out last year. Thank you. See you there on Saturday 19th!

**MONDAY 21<sup>st</sup> NOVEMBER**  
**CLUB GENERAL MEETING**  
**And PHOTO COMPETITION**

**Contact:** Cath Wood Ph: 0428 755 100  
**Time:** 7.30pm  
**Where:** Little Kings Movement HQ, 33 O'Keefe Street, Buranda  
**Parking:** Turn off O'Keefe St into Wolseley St, and then down the laneway on the left past the medical centre, just before the small cottage.  
**Web:** <https://thelittlekingsmovement.org.au/index.php/contact-us/>

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest you.

At this meeting, there will be a digital display of photos from past walks during supper.

Nominations for walks are taken after the formalities and people catch up over a friendly cuppa. Ask leaders about their trips and talk with our members about their experiences. All are welcome.

After the meeting, we will have our Annual Photo Comp.  
See the article at the beginning of *Coming Events*.

**WEDNESDAY 23<sup>rd</sup> NOVEMBER**  
**ACACIA RIDGE to STRETTON**  
**Closing the Circle**  
**STROLL**

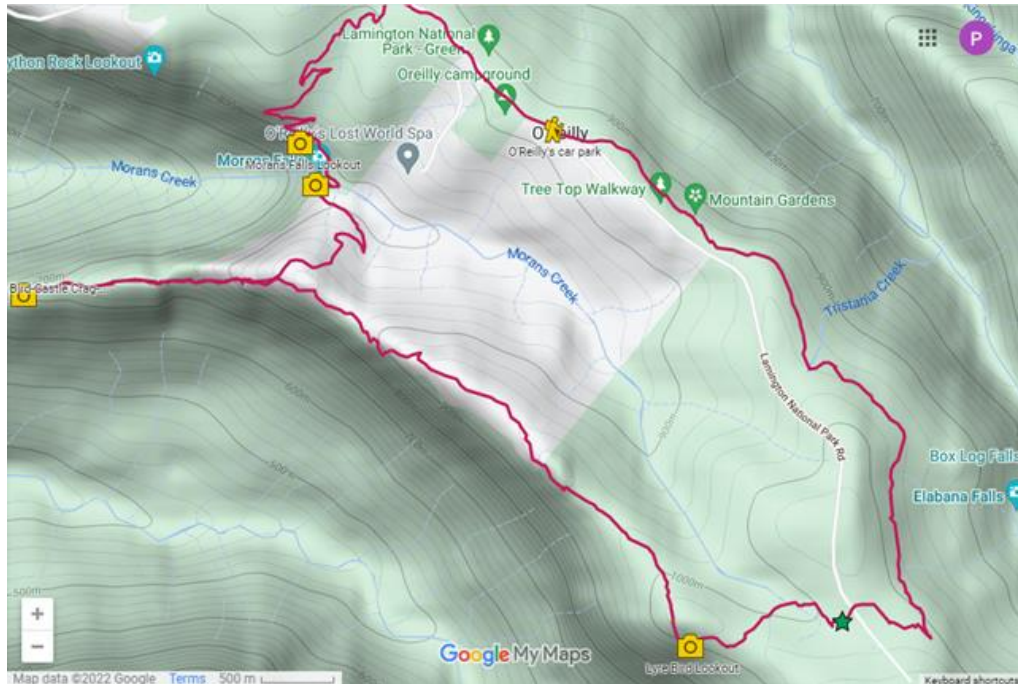
**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Queen Street Bus Station PI 1C @ 2.15pm – Bus 115 "Calamvale"  
OR Watson Rd at Learoyd Rd, Stop ID: 005826 @ 3pm  
**Time:** Bus @ 2.15pm  
OR Acacia Ridge @ 3pm  
**Cost:** Free  
**Grade:** M21  
**Location:** Acacia Ridge, Sunnybank Hills, Runcorn, Stretton  
**Distance:** 11½km @ 3hr  
**Height:** Max: 93m; Min: 21m Total Ups: 180m; Total Downs: 128m  
**Web:** <https://www.openstreetmap.org/#map=15/-27.6038/153.0551>  
**End:** Cnr Gowan & Compton Rds, Sunnybank Hills  
Buses every 15 minutes – 5.49, 6.04, 6.17pm  
**Emerg Off:** Greg Ph: 0418 122 995 Bring this number with you

The final segment of our “Closing The Circle” for the western suburbs and is the continuation of the previous one kindly led by Jan in July. Once you have done this one, you have circumnavigated Brisbane.

I have managed to join up a lot of parks and creeks to make this an enjoyable Stroll. Come along with me to see grass, trees, gardens, flowers, lizards, birds, big houses, quite back streets, and the red sun slowly sinking below the horizon in the west.

This one may finish a bit later than usual, but it is almost summer and gets dark late – I had to balance the beginning time with the heat of the afternoon and a finish time.

Come and join us on this whirlwind tour of Sunnybank Hills.



## SATURDAY 26<sup>th</sup> NOVEMBER LYREBIRD LOOKOUT & MOONLIGHT CRAG via Balancing Rock DAYWALK

**Leader:** Phil Murray Ph: 0416 650 160  
**Meet at:** St Brigid's 78 Musgrave Rd, Red Hill  
**Time:** 7.00am  
**Cost:** \$25  
**Grade:** M33  
**Distance:** 10km  
**Location:** O'Reilly's Western Cliffs, Lamington Plateau  
**Web:** <https://www.aussiebushwalking.com/qld/se-qld/lamington-np/moonlight-crag-balancing-rock-castle-crag>  
**Emerg Off:** Sue Murray 0420 510 214

This is a circuit walk up at O'Reilly's. A big part of the walk is off-track. Well, we are following an old pad most of the way and it will be great to do some real bushwalking for a change where we have to find the track. This bush bashing feature is actually a positive highlight for the walk as we are really going bushwalking. I am yet to do the pre-outing so not sure if there are many tree falls. It will be a “gloves, gaiters and secateurs” walk, and this is not a negative but a real positive. It sounds terrific. But alas, the off-track section is only about 3km of a total distance of 10km. But you get a real buzz from following these old indistinct tracks and finding your way back to the usual track system.

The walk is a circuit starting and finishing at O'Reilly's. Initially we will walk past the home units at O'Reilly's. Our group will descend to Moran's Creek via the Wishing Tree Track. Then up to Balancing Rock to head back along the ridgeline and go bush to follow an old pad near the escarpment up to Moonlight Crag. Now to follow on to Orchid Grotto Lookout and thence to Lyrebird Lookout. The party then turns left and heads towards the Border Track and back to the carpark.



This walk gets a write up in the book *Take a Walk in South East Queensland*. (2010) by John and Lyn Daly. Their walk also visits Moran's Falls and Castle Crag. So, we will be doing a shorter version. See page 214 where they suggest it will only take 4 hours.

Bring the usual daywalk stuff; especially 2 litres of water. Ensure you have a change of clothes and shoes for the end of the trip & the drive home.

The last time the Club did this walk was back in March 2006 and it was Michele Johns first walk as leader. The 24 people on the walk were – Michele & Richard Johns, Michael Simpson, Terry Silk, Philip Kearns, Therese Abernethy, June Greenaway, Gordana Stanojevic, Louise Leonardi, Robin Thorn, Graham Glasse, James Parra, Sofia Ramsay, Mary & Justin Tobin, Jenny Dancer, Maxine Brophy, Stella Wells, Roger Ford, Pam & Ian Butler, Catherine Patterson and Karen Bright. Phil.

### **WEDNESDAY 30<sup>th</sup> NOVEMBER** **YERONGA to WEST END** **River #13** **STROLL**

**Leader:** Greg Endicott Ph: 3351 4092  
**Meet at:** Yeronga Railway Station  
**Time:** 2.52pm train Roma Street Stn PI 4 Beenleigh Train  
 3.10pm at Yeronga Station – park in Lake St  
**Cost:** Free  
**Grade:** M21  
**Location:** Yeronga, The Corso, Dutton Park, Highgate Hill, Hill End, West End  
**Distance:** 12km @ 3hr  
**Height:** Max: 54m; Min: 4m Total Ups: 189m; Total Downs: 196m  
**Web:** <https://www.openstreetmap.org/#map=15/-27.5026/153.0102>  
**Tides:** High at 3.36pm @ 2.2m; Low: 10.47pm @ 0.42m  
**End:** West End Ferry Terminal, 6 Orleigh St (cnr with Hoogley St)  
 CityCat, and buses 60, 192 & 199 – 10min services  
**Emerg Off:** Greg Ph: 0418 122 995 Bring this number with you

Here we are Strolling in Bushwalking Territory! This Stroll follows on from the Graceville to Yeronga Stroll completed a month ago. You are now halfway through the Strolling Down the Brisbane River series. Not many more to go before you will be at Fisherman Island – see the 2023 Stroll Calendar.

This Stroll is a combination of everything – suburbia with those old lovely pre-war solidly built timber houses, quite green parks beside the River, unexpected rainforest gullies, views up & down the River and a hidden town water reservoir.

This is one of my favourite Strolls as it has a complete variety of scenery and terrain. And that little hidden bit of rainforest.

Come on the adventure since it is close to the CBD and has plenty of transport options.

### **THURSDAY 1<sup>st</sup> DECEMBER** **DIANA'S BATH** **DAYWALK**

**Leader:** Phil Murray Ph: 0416 650 160  
**Meet at:** St Brigid's Red Hill  
**Time:** 9.00am  
**Cost:** \$15  
**Grade:** S23  
**Distance:** 8km  
**Location:** Beyond Fernvale in the Brisbane Valley  
**Web:** <https://www.openstreetmap.org/node/345501999#map=16/-27.1345/152.6625>  
**Emerg Off:** TBA

This is a lovely short walk to a great swimming spot nestled in the hills of the D'Aguilar Range. Diana's Bath is a large waterhole on Byron Creek in the Somerset Dam area in the foothills of Mt Byron. We shall travel there via Mt Glorious and Mt Nebo to Stirling's Road.

The walk to the waterhole is about 2km each direction. A bonus is an optional walk of 2km return up the creek from the waterhole to see an isolated pole house above the creek. There will be plenty of time for swimming before lunch, bring your lilo if you wish."

From the Club's Annual Reports this walk only gets done about every 5 to 10 years.

Year	Leader	Date
2006	Graham Glasse	10 <sup>th</sup> Dec 2006.
2011	James Parra	13 <sup>th</sup> Nov 2011
2016	Phil Murray	7 <sup>th</sup> Jan 2016

Phil

### **SATURDAY 3<sup>rd</sup> DECEMBER WARRIE CIRCUIT DAYWALK**

**Leader:** Phil Murray Ph: 0416 650 160, or [philmurray16@gmail.com](mailto:philmurray16@gmail.com)  
**Meet at:** St Brigid's 78 Musgrave Rd Red Hill  
**Time:** 7:00am  
**Cost:** \$25  
**Grade:** L35  
**Location:** Springbrook NP, Gold Coast Hinterland  
**Web:** <https://curiouscampers.com.au/warrie-circuit-walking-guide/>  
**Emerg Off:** Sue Murray 0420 510 214

This is a lovely walk up at Springbrook; about 17km long. We will start at the Canyon Lookout, which has views down to the Gold Coast. Our party will do the Circuit in a clockwise direction. The walk is mainly through rainforest but there are also some woodland areas and hopefully the huge Spear Lilies will be in flower.

Lunch will be near the junction called *Meeting of the Waters*. There is a bit of an "up" after lunch so bring plenty of water. I plan to allow people to have a swim at the pool at the bottom of Twin Falls.

Bring the usual Daywalk stuff; especially raingear - a raincoat or an umbrella. Ensure you apply Rid or other insect repellent.

Phil

### **SATURDAY 10<sup>th</sup> DECEMBER CHRISTMAS PARTY SOCIAL**

**Leader:** Jan Nelson Ph: 0401 030 137 or [jannelson703@gmail.com](mailto:jannelson703@gmail.com)  
**Meet at:** Morgan Howe Centre, Holy Family Church,  
37 Ward St Indooroopilly (under the Church)  
**Time:** 6.30pm  
**Cost:** \$30 (to be paid to BCBC bank account – details below)  
**Web:** <https://holyfamilyindooroopilly.net.au/>  
**RSVP by:** Monday 5 December

This year's Christmas Party will be held in The Morgan Howe Centre which is located under the Holy Family Church at 37 Ward St Indooroopilly. The function is timed to commence at 6.30pm so that those who wish to do so can attend the 5.30pm Mass. The Church does not have a carpark, so park on the street.

There will be nibbles, a two-course dinner, tea/coffee and the traditional trivia. BYO drinks and drinking vessel.

For catering purposes, early nominations would be appreciated. Please nominate via phone or email and deposit \$30 into the Club's RACQ Bank account:

BSB: 514 179

Account No: 1567184

Reference: Xmas Surname

Contact me by phone or email if you have any queries or if you wish to assist with preparing the food, setting up or serving food. Assistance with cleaning/packing up at the end of the event would also be appreciated. Jan

**SATURDAY 17<sup>th</sup> DECEMBER**  
**BLUE POOL**  
**(West Canungra Creek Circuit)**  
**DAYWALK**

**Leader:** Needed  
**Meet at:** St Brigid's Red Hill  
**Time:** 7.00am  
**Cost:** \$25  
**Distance:** 14km  
**Height gain:** 400m ascent from Blue Pool  
**Grade:** M34  
**Location:** O'Reilly's Section of Lamington  
**Web:** <https://www.aussiebushwalking.com/qld/se-qld/lamington-np/west-canungra-creek-circuit>  
**Emerg Off:** Needed

Come on a lovely, graded track walk at O'Reilly's. It is a medium 14km trip through lush green rainforest. The walk is also known as the West Canungra Creek Circuit and by whatever name it is a great walk. We will do the Circuit in a clockwise direction. So down to Blue Pool first and then up the track beside West Canungra Creek to Elabana Falls and then back to O'Reilly's along the Border Track. For the very keen swimmers in the Club, they can have a quick swim at the pool.

There are a few creek crossings but nothing too deep as most crossings should be no more than a few centimetres deep. Please bring walking poles to assist at the crossings. Bring the usual daywalk stuff and a change of clothes for the end of the walk.

Book Reference: John & Lynn Daly, *Take a Walk in South East Queensland* see page 223 for the Blue Pool walk. Phil

**14<sup>th</sup> to 22<sup>nd</sup> JANUARY 2023**  
**TASSIE TRIP**  
**A ROVING BASECAMP**

**Leader :** Khaleel Petrus Ph: 0413 314 443  
**Walking Type:** A series of Daywalks  
**Accommodation:** A mixture of camping, motels and huts.  
 We might be able to stay a few nights in the Hobart Walking Clubs Hut near Mt Field

**PROPOSED ITINERARY**

Day	Date	Walk	Distance
1	Sat 14 <sup>th</sup>	am Fly to Hobart – drive to Port Arthur	
		pm <b>Crescent Bay &amp; Mount Brown #</b>	10km 4hr
2	Sun 15 <sup>th</sup>	am <b>Cape Raoul and Tunnel Bay Walk #</b>	14km 5hr
		pm Drive to Maydena & Mt Field National Park	
3	Mon 16 <sup>th</sup>	<b>Tarn Shelf Walk And Mt Field West #</b>	20km 8hr
4	Tue 17 <sup>th</sup>	am <b>Mt Wedge or the Needles **5 km</b>	
		pm Drive to Mole Creek area	
5	Wed 18 <sup>th</sup>	<b>Walls of Jerusalem #</b> (Climb the Temple)	18km
6	Thu 19 <sup>th</sup>	<b>Cradle Mt -** day walk</b>	12km 6hr
7	Fri 20 <sup>th</sup>	<b>Mt Donaldson **</b> (Tarkine NP, near Corinna)	8km
8	Sat 21 <sup>st</sup>	<b>Montezuma Falls **</b> (highest waterfall in Tassie)	11km 3hr



9 Sun 22<sup>nd</sup>

Return to Hobart and fly back to Qld

The trip will be a series of daywalks. There is still some flexibility as to what walks we do. The trips marked with an # are definite walks. The trips marked with a \*\* are walks still to be determined; they are not “maybe walks” but very likely walks. Some likely walkers may have a “must do” walk that they desperately want to have included on the itinerary and we will try to squeeze them in.

Cape Raoul is the third cape of the so-called *Three Capes Walk* but it is not actually included in the so called *Three Capes Walk*. (This fact just bedazzles me, that a trip is called the *Three Capes Track* and is international marketed as such, yet only goes to 2 Capes. What happened to truth in advertising.) Anyhow we plan to do Cape Raoul.

Please contact either Khaleel (Ph: 0413 314 443) or Phil (Ph: 0416 650 160) if you are interested. At present there are only 2 definite starters (Khaleel and Phil) and one maybe starter. We are still open as to whether we camp each night or stay at motels. This issue will be subject to discussion by the likely starters.

Please advise of your interest as soon as possible as time is very quickly running out for doing the planning and booking flights, motels and cars etc.

A more detailed itinerary will be distributed to active members of the Club who do these types of trips. (If you want a copy of the detailed itinerary, please advise). Phil

### 11<sup>th</sup> to 19<sup>th</sup> FEBRUARY 2023 VICTORIA SOUTH COAST TRIP ACCOMMODATED TRIP

**Leader** Phil Murray Ph: 0416 650 160

#### Summary Of Trip

Day	Date	Activity
1 Sat	11 <sup>th</sup> am	Fly to Melbourne & drive to Phillip Island.
	pm	<b>Cape Woolamai walk</b>
2 Sun	12 <sup>th</sup> am	<b>Bass Coastal Walk</b>
	pm	Wander around Phillip Island
	Night	Penguin parade
3 Mon	13 <sup>th</sup> am	<b>Pyramid Rock</b>
	pm	Drive to Sorrento
	pm	Arthurs Chair chairlift ride
4 Tues	14 <sup>th</sup> am	<b>Point Nepean Walk -</b>
	pm	Portsea foreshore
5 Wed	15 <sup>th</sup> am	<b>Coastal Walk Diamond Bay</b>
	pm	<b>Cape Schanck walk</b>
6 Thu	16 <sup>th</sup> am	Catch Ferry to Queenscliff
	pm	<b>Barwon Heads to Point Lonsdale walk -</b>
7 Fri	17 <sup>th</sup> all day	<b>Torquay &amp; Bells Beach walk</b>
8 Sat	18 <sup>th</sup> am	<b>Flinders Peak</b> (You Yangs)
	pm	<b>Anakie Gorge</b> (Brisbane Ranges)
9 Sun	19 <sup>th</sup> am	Drive back to Melbourne -
	pm	Fly back to Brisbane arrive back about 3pm

This is a beautiful part of the world and the Club hasn't done any walking down there previously. There are several iconic places we will visit and the walking is overall easy to medium, but I plan to cram in as much as possible. One of quirky places we will be walking is in the Brisbane Ranges – yes, they are located between Melbourne and Geelong and the walk we are doing is Flinders Peak – Yes, they have a Flinders Peak down there as well.

**Indicative Cost** – approx. \$1,200 to \$1,500 per person -

- airfares approx. \$200 each way, \$400
- Motels approx \$100 to \$150 per night, \$100 \* 8 = \$800 / 2 = \$400
- share of vehicle costs – approx.

▪ car hire - 120*9	= 1080 / 4 =	\$260
▪ petrol – 1500km/600 3 tank fulls 300 / 4 =		\$ 75
• Total for cars		\$ 340
• Meals 9 x \$25		\$ 200
• Total expected budgeted costs		\$1340

A more detailed itinerary will be distributed to active members of the club who do these types of trips.  
(If you want a copy of the detailed itinerary please advise). Phil

### Stroll – On a Friday – Tour of Old Brisbane

<https://www.museumofbrisbane.com.au/whats-on/brisbane-city-walking-tour-past-and-present/>

<https://www.museumofbrisbane.com.au/whats-on/walking-in-wartime/>

<https://www.eventbrite.com.au/e/history-on-the-hill-tickets-141394772571>

<https://www.museumofbrisbane.com.au/whats-on/public-art-walking-tour/>

## OUR COVID-19 POLICY

<https://www.covid19.qld.gov.au/government-actions/queenslands-covid19-vaccine-plan/queenslands-public-health-measures>

The Club has a Covid Policy based on the Government rules

Unvaccinated persons are welcome to participate in walks.

Drivers or other passengers in the car may ask all passengers to wear masks

The Club introduced the following COVID-19 Protocols:

- Drivers or other passengers in the car may ask passengers to wear masks
- All people at any Club gathering, maintain your distance - 1.5m minimum between people.
- No physical contact between people; No handshaking.
- No sharing of anything – water, hats, gear, equipment, food, lollies, biscuits – nothing where you put your hand in to take something out.
- Carry hand sanitiser with you.

## OUTINGS PLAN FOR 2023

I have attached the third and final draft of the BCBC 2023 Outings Program.

I will quickly mention that the plan is "sort of" set in stone but there will be some fine tuning around dates etc as leaders confirm their availability; eg relatives will put on things like weddings and that will change the date for the leader.

Firstly, a big thank you to those who helped with the process with the early contributions and feedback, and thanks to those who were able to attend the zoom meetings.

An observation to share with you is that there are a couple of spare weekends and that was done deliberately to ensure we have some space for other suggestions for walks or socials to be catered for. Another observation to share is that there is a huge number of throughwalks, basecamps and accommodated trips listed. Hopefully, they will be well supported next year.

There are 67 walks listed, which is huge number for a small club. Obviously there will be some fine tuning and late additions and amendments.

Many walks already have leaders assigned but many are still to be "firmed up", many walks have a proposed leader for the walk and I am still to find the time to discuss those trips with the proposed leader. Several walks are still "orphans" with no leader. Obviously when we get members to take on leading walks there will be some further alterations. But we are a huge way down the road of making sure the Club has a plan for next year's Outings Program.

I should mention that I haven't done a huge analysis of whether there are any anomalies like clumping of walks in a particular area, category or whether there was a scarcity of walks in a particular area or

category; for example, we have no abseil trips and no canoe trips for 2023. But we haven't done an abseil trip for decades. We last did a canoe trip in 2021 to the Noosa River. Perhaps we should have another canoe trip; perhaps the Nymboida River. Also, we didn't explore the issue of whether we should have a dedicated plan to do all the National Parks in Qld over the next 20 years with trips to places like Lawn Hill Gorge etc etc, but we are discreetly making a start on that process with the Cairns and Bartle Frere trip for next year and hopefully the central Queensland area the year after.

Another issue that arose is whether there were too many walks on the south side. The issue did come up in the Zoom meetings in respect of the Thursday walks about too few walks on the northside and we tried to get a few more trips there but no one came up with a suggestion and the consensus was most of the good ones were on the south side. Anyhow, I raise these issues not for next year's plan but rather for plans in coming years.

I also inserted the date for the cross-country Skiing trip that the Catholic Walking Club of Victoria do every year and I was lucky enough to attend this year, and plan on going again in 2023. It was listed merely as background information mainly as a way to bring attention to the possibility in the future of our Club doing a skiing trip to Falls Creek one year and Thredbo in the following year. But also, to try to get the Club to do other activities like canoe trips and skiing trips or orienteering days. But especially canoe trips.

I have also included the date of the women's Football World Cup Quarter Final in the program. Not to alert members about the football, but as a means to ask if members know any other significant or quirky events, we need to be aware of that occur in 2023. Will it impact people's availability or will it cause traffic problems; eg Riverfire which is likely to be Saturday 2<sup>nd</sup> September but the date is not yet confirmed on the internet.

I would like to hope that there are no typographic errors or any "oops" errors in the program but experience shows that one or two always happen. But if I wait to get it perfect it could be several more days before I send the document out. So, apologies in advance for any errors, oversights or oops errors.

As a review criterion for the success of the proposed plan I hope that at the end of 2023 that we can say that at least 75% of the listed trips go out on the date as per this document (but not counting small discrepancies like a proposed Saturday walk going out on a Sunday). You may wonder why only 75%. Well, that is regarded as the cut off percentage for getting a distinction in exams at most universities, or it was when I was there. It was never explained to me why the cut off was 75% (and I now have another issue to look into, namely why is it 75%). Perhaps some Club members who are university lecturers/tutors could cast some light on that issue or give me a hint on what to research.

Anyhow please feel free to provide feedback and further suggestions as someone may have the perfect trip for next year that we should do, so please speak up. Especially a future canoe trip. Phil  
Ph: 0416 650160 [bcbc.outings@gmail.com](mailto:bcbc.outings@gmail.com)

## TREASURER'S REPORT

Our second raffle for the year has only one prize, which is a \$50 Gift Card. Tickets are still only \$1 each. A reminder not to delay purchasing your Club T-Shirt and/or small Badge before they are all gone. Terry.

## OUTINGS SECRETARY'S REPORT

### Past & Coming Trips

The numbers on walks in the last month are very disparate. In September and early October, we had several walks go out and the highlight was the Cape to Cape walk in WA where there were 23. But for the walks back at home in Queensland the numbers have dropped away significantly with only 3 on the Amity to Point Lookout walk and Kobble Creek had insufficient nominations and the Shipstern and Blue Pool walks were cancelled due to forecast rain.

### Past Walks September

01 Karawatha

Phil

DW 7



03	Dave's Creek	Phil	Cancelled rain
10	Bracalba Trail	Sue W	DW 8
09/11	Evans Head	Phil	AT 7
18/19	Club Hut Working Bee	Iain	ON 6
25	Mt Cooroora & Cooran	Michele J	DW 12
29	Dave's Creek	Phil	cancelled rain

### October

01/03	Cooloola Great Walk	Iain R	TW 3
01	Noosa Trails	Terry	DW 12
06	Amity to Pt Lookout	Phil	DWT 3
10/18	Cape to Cape Walk	Jan	AT 23
15	Kobble Creek	cancelled no nominations	
20	Shipstern	cancelled - rain	
22	Blue Pool	cancelled - rain	

### Coming Walks

#### October

28/31	Vic Alps	Phil	TW
29	5 Waterfalls at Maleny	Michele J	DW

#### November

01	Mt Erica	Phil	DW
03	Redcliffe to Shorncliffe	Paddy	DW <sup>t</sup>
05	Tallebudgera to the Spit	Phil	DW
12	Fairview Mtn	John C	DW
26	Lyrebird Lookout	Phil	DW

#### December

01	Dianah's Bath	Phil	DW <sup>t</sup>
03	Warrie Circuit	Phil	DW
17	Needed	needed DW	

The above walks are all really nice walks. But can I put in a plug for the Vic Alps walk?

### Changes To Walks

- The Dave's Creek walk got cancelled twice because of rain.
- The Little Mermaid Lookout (22<sup>nd</sup> Oct) walk got cancelled as the leader had to go overseas and the walk was to be replaced by Blue Pool.
- The Shipstern and Blue Pool were cancelled due to the rain forecast of over 30mm.
- The Weather Bureau has advised that the long-range weather forecast is not good and we are expected to have a third year in succession of **la nina** weather with the associated heavy rainfall.

<https://www.abc.net.au/news/2022-08-26/australia-set-for-three-la-ninas-experts-says/101371062>

<http://www.bom.gov.au/climate/enso/>

Sydney has had the wettest year since records have been kept.

<https://www.9news.com.au/national/weather-update-australia-sydney-officially-records-wettest-year-on-record/0e58788f-ba34-4056-8be3-7ad2dde15659>

As I write this report many parts of northern Victoria are flooded and there is more rain on the way.

**Walks & Leaders Needed** – we still need a leader for the Blue Pool walk on 17<sup>th</sup> December. We also need a walk and leader for Boxing Day. May I suggest someone lead the recently re-opened walk Bellbird Circuit up at Binna Burra.

**Outings Plan For 2023**- the third draft is completed and has been approved by Committee. The plan is a plan as it is not fixed in stone and there will be further minor tweaking of the program. For example, I was listed to lead a walk in September next year and my nephew advised us last week that he decided to get married on that day so the walk needed to be brought forward a week. Also, the Little Mermaid Lookout walk was postponed from October this year and we try to include it in next year's

program. We also have several walks that need to be allocated leaders and this may involve change of dates etc. See the article below for more info about the plan.

### Covid Virus Is Still Here

The severity of the Covid-19 crisis seems to be abating significantly from the 100,000 cases per day in January 2022 to about 5,000 per day in mid-October for Queensland.  
<https://www.health.gov.au/health-alerts/covid-19/case-numbers-and-statistics>

We did have a club member from the recent walk to Mt Cooroora and Mt Cooran test positive to Covid two days after the walk. All the relevant walkers on the trip were notified within 24 hours of this development and we haven't heard if anyone else contracted Covid and the presumption was that no one else did.

Obviously, Covid is still around and may I ask members to please exercise due caution and maintain their Covid safety protocols especially social distancing, don't share food on trips, no hugging, no handshakes, no helping hands etc etc and don't sit too close together when having lunch on walks. (I had an oops moment on a walk recently where we all shook hands, so please try to do the right thing).

**Track Closures** – the current closures are listed on the website

- **Purlingbrook Falls Circuit** has been closed until 23<sup>rd</sup> February due to a severe rain on 22<sup>nd</sup> September <https://parks.des.qld.gov.au/park-alerts/22416>
- **Mt Beerwah** has been closed due to rockfalls. <https://parks.des.qld.gov.au/park-alerts/22119>
- **Tallebudgera Creek walking track** is closed due to flood damage until 4<sup>th</sup> November <https://parks.des.qld.gov.au/park-alerts/21734>
- **Mt Warning is still closed but the internet infers it may reopen** - *Wollumbin (Mount Warning) summit track remains closed until the end of October due to the impacts of Covid, widespread flooding in the region, and to allow further consultation with the Aboriginal community and other key stakeholders about the future management of the site.*  
[https://www.nationalparks.nsw.gov.au/things-to-do/walking-tracks/wollumbin-mount-warning-summit-track#:~:text=Wollumbin%20\(Mount%20Warning\)%20summit%20track%20remains%20closed%20until%20the%20end,future%20management%20of%20the%20site](https://www.nationalparks.nsw.gov.au/things-to-do/walking-tracks/wollumbin-mount-warning-summit-track#:~:text=Wollumbin%20(Mount%20Warning)%20summit%20track%20remains%20closed%20until%20the%20end,future%20management%20of%20the%20site)

But I suspect that Mt Warning will be closed for years, not months

- QNPWS Park Alerts don't mention that the **Illinbah Circuit** or the **Lower Bellbird Circuit** are not listed as closed so the presumption is that they have been re-opened.

### There Is A Total Lunar Eclipse In November -

There will be a total lunar eclipse on Tuesday 8<sup>th</sup> November. The details are:

Time	Description	direction	angle above horizon
8:59pm	Maximum Eclipse	43°	31.5°

**Bucket List Walks – St Olav's Way** – it is a 643km walk in Norway from Oslo to Trondheim. It is regarded as the Scandinavia's answer to the Camino de Santiago (St James) in Spain. The world's northernmost pilgrimage route is in Norway—and almost no one's heard of it. Unlike the cramped, crowded Camino and other famous trails, the St. Olav Ways is so unknown that it's almost a secret. Norway's "secret" pilgrimage route is a phenomenal alternative. Its appeal is not in bragging rights or as a pseudo-casual drop at a party, but in its serenity. It's not about cheap wine and fellow backpackers in crowded hostels, but rather homemade soups in creaky farmhouses, silent landscapes with hills that flow to their ends, and time spent with yourself. This is a pilgrimage for the introvert. Actually, there are several routes and one from Sweden.

<https://www.afar.com/magazine/the-worlds-northernmost-pilgrimage-route-is-in-norway-and-almost-no-ones-heard>

<https://www.ottsworld.com/blogs/walking-saint-olavs-way-in-norway-pilegrimsleden/>

### Highway Hazards – Bin Chickens on the M1 at Yatala

We have several trips south of Brisbane that we access via the M1. So, a heads up, in case you haven't heard, there is a new traffic hazard on the highway at Yatala. Several hundred Sacred Ibis birds (also known as "Bin Chickens") have taken up residence in the trees beside the M1 freeway at

Yatala. They are building hundreds of nests there. The colony is in very concentrated section of about 500m near Exit 38. The nests are literally right beside the freeway. It is just amazing. (I asked myself the question: "Is this a tourist attraction to see the native wildlife?").

The problem is they are often low flying birds and several have been killed; thus, a major obstacle if they get in your way. It has been reported in the media several times. An issue arises that as the Ibis is a native bird that the authorities apparently aren't allowed to cull their numbers or damage their nests. The authorities have installed a much larger higher fence made out of chicken wire to try to keep them away from the traffic.

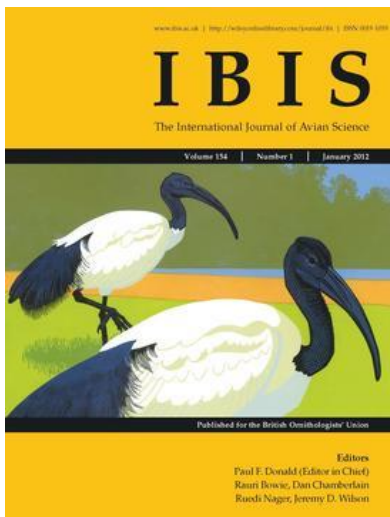
<https://www.abc.net.au/news/2022-09-14/ibis-nests-m1-highway-gold-coast-safety-concerns/101433232>

<https://www.4bc.com.au/white-ibis-birds-nesting-on-m1-roadside-dangerous-for-drivers/>

And I am not sure if this is a true story or a "Furphy" but apparently there is a story going around that the Ibis is a top contender to be a mascot for the Brisbane Olympics in 2032.

<https://9now.nine.com.au/a-current-affair/gold-coast-motorists-concerned-over-nearby-ibis-nesting-ground/090c4a16-90cb-47af-a993-715c8fcbce92>

The British bird society, called the British Ornithologists' Union, has a prestigious journal they publish – it is **Ibis**.



Subtitled the *International Journal of Avian Science*, is the peer-reviewed scientific journal of the British Ornithologists' Union. It was established in 1859. Topics covered include ecology, conservation, behaviour, palaeontology, and taxonomy of birds. The editor-in-chief is Dominic J. McCafferty (University of Glasgow). The journal is published by Wiley-Blackwell in print and online

[https://en.wikipedia.org/wiki/Ibis\\_\(journal\)](https://en.wikipedia.org/wiki/Ibis_(journal))

**FMR – Update** - I checked the website on Wednesday 18<sup>th</sup> for an update for dates of the FMR training days but there is no update yet. Any updates will be distributed asap <https://fmrqld.bwq.org.au/>

### “Quote for the month”

*Walking is the most commonplace most ubiquitous of human activities, and although we have been doing it as a species for about one and a half million years, walking as a leisure activity as an end in itself, seems to be comparatively recent phenomenon. To simply walk – to walk for pleasure – as distinct from having to migrate to find food or fresh pastures only began as a recreational pursuit in Western literature in the mid-eighteenth century.... In Australia, walking remains the nation's most popular physical activity.* Barry Stone, *1001 Walks you must experience before you die.* (2015) Page 8

### Census Results 2021

After I read the above quote about walking being the most popular activity in Australia, I checked the latest census results and walking is the most popular sport and bushwalking is ranked number 8

[https://www.sportaus.gov.au/media-centre/news/australias\\_top\\_20\\_sports\\_and\\_physical\\_activities\\_revealed](https://www.sportaus.gov.au/media-centre/news/australias_top_20_sports_and_physical_activities_revealed)

Top 20 participation sports and physical activities

1.	<b>Walking (Recreational)</b>	<b>8,783,064</b>
2.	Fitness/Gym	6,874,541
3.	Swimming	4,505,531
4.	Running/Athletics	3,334,693
5.	Cycling	2,359,660
6.	Football	1,767,288
7.	Tennis	1,202,011

8.	Bush walking	1,189,493
9.	Basketball	1,017,968
10.	Golf	1,015,150
11.	Yoga	984,362
12.	Australian Football	913,668
13.	Netball	901,903
14.	Cricket	798,618
15.	Dancing (recreational)	688,293
16.	Pilates	585,706
17.	Surfing	508,015
18.	Gymnastics	489,058
19.	Touch football	464,721
20.	Martial arts	316,826

I note that for most of the above sports that there are massive TV deals for football, cricket, tennis, netball, swimming and golf. But alas there are basically no TV deals or TV shows that cater for walking or bushwalking. Perhaps there are a few but I can't think of any. There are several shows about great railways trips but none (or very few) about walking. Another question to consider is whether bushwalking is a sport. The definition of sport includes :- *amusement, diversion fun, game, outdoor pastime*. I noticed motor racing or BMX are not listed in the above list.

Phil, Outings Secretary

## FEDERATION MOUNTAIN RESCUE

<https://fmrqld.bwq.org.au/>

### Training Programme

FMR offers regular training activities, at near-cost, to adult financial members of BWQ-affiliated clubs. These are marked "Member: BWQ Club" in the descriptions below. Bookings essential.

For more information, email Secretary at [fmrqld@gmail.com](mailto:fmrqld@gmail.com)

Date	Activity	Member	Limit	Cost	Contact
2022	Basic Navigation - map and compass	BWQ Club	15	free	TBD
2022	First Aid Refresher	BWQ Club	12	TBD	TBD

If you are interested in either/both of these training days, please e-mail the FMR Secretary.

## ABOUT PEOPLE

Maxine Brophy, Karen Franklin, Grahame Glasse, Trevor Kelly, Mary Kelly, Maria Kerruish, Wendy Loh, Russ Nelson, Matt Palmer, Desley Pedrazzini and Cath Wood are celebrating their birthdays in October.

Past member, Priya Pereira and visitor, Kevin Van Der Weide helped Iain on the Club Hut Working Bee. Anna & Geoffrey Egert were joined by their sons, Mitchell & Daniel along with first time visitor, Madie Spanhel on Michele's Mts Cooroora and Cooran walk. Visitors are always most welcome on any of our activities.

The Club extends its condolences to Mary Kelly whose mother passed away some weeks ago.

## PAST EVENTS

**THURSDAY 4<sup>th</sup> AUGUST**  
**HELLFIRE PASS**  
**DAYWALK**

It was a great day; everything went as planned. As usual Jan was out in front most of the day and we tried to keep up with her. It was a steep and hard walk but that was what it was meant to be - designed



to be a warm-up walk to improve our fitness before the Barney Mass walk. I subsequently heard that Paddy easily got up Mt Barney.

I thought it was an OK walk but it doesn't rate in my "Top 20" or even my "Top 40" walks but it must have been good as both Liz and Paddy have insisted that the walk go on the program for next year and it is, since it is a perfect warm up walk for Mt Barney.

Hellfire is actually an interesting part of the world to visit as it is sort of between Nerang and Mt Tamborine. Liz suggested we change the name of the walk from Hell Fire Pass to Freemans Lookout (which is where we had lunch) as she considered the name "Hell Fire" may discourage some members from doing the walk. But actually, I think it is a great name for the walk as after you complete the walk you can say "I have been to Hell and back." Also, the walk is usually known as Hell Fire pass by the other bushwalking clubs.

Thanks to Liz, Jan and Paddy for joining me on this solid walk.



Picnic Spot For Lunch



Steppingstones To Cross Clagiraba Creek At The Start Of The Walk.

**SAT 10<sup>th</sup> to SUN 11<sup>th</sup> SEPTEMBER  
EVANS HEAD & BALLINA to LENNOX HEAD  
BASECAMP**

**Day 1 – Evans Head – A loop walk to Goanna Headland.**

A lovely walk in just perfect weather. Lots of magic views with heaps of wildflowers out. It was a sublime trip where everything just fell into place as planned. There was a mere slight breeze and the ocean was almost smooth. It was a lovely easy walk in the Dirawong Reserve (Dirawong is the

aborigine word for goanna) with plenty of 'rewards' through low coastal scrub, along the coastal pathways, across ankle high grass over exposed headlands, along the high dunes (lots of wildflowers), pebbly and sandy beaches, rock pools & rock hops and the great views from Snapper Point (Goanna Headland) to the south towards Iluka. And allegedly there were a few porpoise sightings.

A highlight of the day is that we came across a wedding on the beach. It was a large gathering and there was a huge wedding party with about 5 bridesmaids and 5 flowers girl - all dressed in a lovely mauve colour.

The walk was only 9.7km - it was just below the Outings Secretary's "rule of thumb" for a trip to qualify as a "walk", the rule is that a trip must be at least 10km and include a hill to qualify. So, before we had dinner, we had a mini walk of 600 metres down to the beach & along the breakwater and back through the township so we could register at least 10km for the day. And we were rewarded with a full moon rising over the ocean and headlands. Another highlight was that as we went past the Surf Club (that was closed for a wedding); it held the reception for the same wedding we spotted on the beach because we spotted all the bridesmaids & flowers girls in the same beautiful mauve colour - several of them were standing beside the path waiting for the next photo call.



The Views Of Goanna Headland From Red Hill



The Happy Crew After The Walk.

A quick diversion in the morning as we went to the Razorback Lookout to get our bearings for the day - it overlooks the town and the river mouth; and we could see for kilometres. Just a spectacular start to the day. We were pretty sure we could see the summit of Mt Warning (79km) to the north and Mt Lindsay (111km) to the north-west. From Goanna Headland there were several headlands in the distance presumably around Iluka and Yamba and there was a very prominent peak to the south. Checking on the internet after the day it appears to be Clarence Peak 55km to the south with a height of 339m. Perhaps a future bushwalk?

The accommodation for the night was at the Bowls Club Cabins and they were divine. I have never seen such a spic & span caravan park before; I suspect the groundsman must have OCD. It was just so tidy and the lawns were immaculate with the edges done so neatly. There were no leaves from gum trees lying around. It was just so tidy. The cabins were a bit on the small side but again so neat and tidy. We had dinner at the Bowls Club - very busy as it must be the best place in town for a meal. The food was good and the bistro not too noisy with at least 300 people there. On the Saturday morning we tried to find a café for a late breakfast but no such luck. There was a bakery and takeaway place but no nice cafes. There is perhaps an opportunity for someone to open a business.



## Day 2 – Ballina to Lennox

Up early, left Evans Head at 8am as planned. Regrouped at the Tourist Information Centre at Ballina. Did the car shuffle to Lennox Head. Regrouped 30 minutes later; then started the walk on a picture-perfect day. The only downside to such beautiful weather there were people everywhere enjoying the sunshine. The walk was 14km and was just magical. I didn't want the day to finish as it was just sublime. The walking was very easy and the pace for the group was bordering on fast as it was so easy to walk; we zoomed along. A few times I had to slow the group down and get them to have a break. It was as though we were being pulled along by some unseen force as we were almost floating across the ground. There were about 6 or 7 beaches we went along and each had its own character. Some short and narrow, some boulders and pebbles. Some broad and long. The highlight was nooks & crannies near Boulder Beach. I have to go back again soon.



The View From The Headland Back Over Sharp's Beach With Flat Rock In The Distance - John, Sue, Paddy, Catherine, Prasad, Graeme.

It was a great trip and I hope to do it again in October 2024. (Why October – well we didn't see any flannel flowers in bloom and hopefully by October they will be out and in full bloom).

Thanks to John, Sue, Paddy, Catherine, Prasad & Graeme for joining me on this walk Phil

### **FRIDAY 16<sup>th</sup> SEPTEMBER BITTER SUITE DRINKS & DINNER**

Bitter Suite is always a popular venue and it didn't disappoint on this occasion. Twelve people came along to enjoy a meal in the outdoor seating area. The venue staff were very friendly and helpful and the meals were quick to arrive.

It was a good opportunity to chat about recent or planned holidays, or share photos of young grandchildren or recent events. Thank you to those who joined me: Russ, Liz L, Cath M, Jon P, Cath and Mike W, Michele and Greg E, Michelle, Benno, and Kurt G. Jan

### **SAT 17<sup>th</sup>- SUN 18<sup>th</sup> SEPTEMBER CLUB HUT WORKING BEE OVERNIGHTER & DAY WALK**

On the Thursday before we went in, there had been showers around Mt Barney. The working bee had already been postponed once because of wet weather so we were hoping for fine weather through to the weekend. When we drove down on Saturday morning it wasn't looking good, we passed through a shower at Jimboomba but fortunately it was drier further south.

We took in two motor mowers, two whipper-snippers, a brush-cutter and sundry other tools. Mowing was a long, slow job. Really thick grass meant that the mowers had to be nursed along and be given long breaks to cool down (by Sunday morning both mowers had decided they had had enough and could no longer be started). While some were mowing and whipper-snipping, others were pulling out weeds and lantana. Matthew was working through the bush around the edge of the paddock cutting out lantana with his battery powered chainsaw. Terry followed him, painting the lantana stumps with glyphosate. Then there was a production line burning the cut lantana. Some carried it to the fire pit; others stacked and burned it and watched the fire and others kept up a supply of dry kindling to keep the fire burning. Inside the hut was given a thorough clean, windows, walls and bunks were washed (after a couple of years of wet weather mould was starting to appear). The roof gutters were cleared out and the base of the hut given a good weed on the outside.

We had a good number of people on the working bee and they all worked very hard. We enjoyed a relaxing evening chatting over a cuppa and eating our evening meal. When we left on Sunday morning at eleven everything looked magnificent with the paddock mowed, a lot of lantana cleared and the hut cleaned up.

Thank you to all our wonderful volunteers who worked so hard for such a great result. Special thanks to our visitor Kevin who really worked hard, mowing all day Saturday. Terry and Joe came in for the day on Saturday, and Matthew, Michael W, Michael's friend Kevin, Priya, Khaleel and me came in for the weekend. It was great to see Priya back walking with the club after a few years. Thanks to the drivers; Matt, Khaleel and Joe. Iain.

**SATURDAY 24<sup>th</sup> SEPTEMBER  
M<sup>ts</sup> COOROORA & COORAN  
DAYWALK**

It was already warm when our group arrived at Stan Topper Park in Pomona just after 8am. As we were still waiting for some to arrive, most took advantage of the markets to grab a coffee and other food supplies. Benno picked up a good supply of honey from one of the traders. Once all had arrived, we drove to the start of the Mt Cooroora Track about a kilometre away.

After a short track walk, the steep climb began in earnest. The mountain has become increasingly eroded over the last few decades and stairs and chains have been installed to assist the climbers. There was a steady stream of people moving up and down the mountain. At the top, there is a ridge running north/south with great views in every direction as you moved back and forth. To the north we got a good view of our next destination, Mt Cooran. Morning tea was enjoyed under some shady trees before our descent. We took 1.5 hours to ascend the mountain and 1 hour to descend.

Lunch was had at Cooroora Mountain Park opposite the track entrance before driving the 7km to Cooran.

Mt Cooran is on private property and permission was sought and obtained before the climb. The path to the start of the climb is completely overgrown and we wandered around a bit before a neighbour set us on the right path. With a prominence of 170m, Mt Cooran is considerably smaller than Mt Cooroora but with already stressed muscles and the heat, it seemed every bit as hard. At the top, we found some comfortable rocks to sit on while admiring the unrestricted views to the north.

After a good rest, we made the 30-minute descent to the cars and retired to Cooran's only coffee shop for a refreshing drink before heading home.

Thank you to Terry Silk, Paddy Taylor, Benno Giuliana, Khaleel Petrus, Anna and Geoffrey Egert, Paulette Schmidt, Richard Johns and visitors, Madie Spanhel and Mitchell & Daniel Egert for making it a successful day. Michele Johns

**SAT 1<sup>st</sup> to MON 3<sup>rd</sup> OCTOBER  
COOLOOLA WILDERNESS TRAIL  
THROUGH WALK**





Last year Phil suggested that I might like to lead a walk on the Cooloola Wilderness Trail. I said yes... and promptly forgot about it. Six weeks before the event I saw it on the calendar, had a mild panic attack but then got a map and chatted with a few people, decided what to do, and booked the campsite. We would be walking in to Neebs Waterhole from Mullens Carpark near Rainbow Beach on Saturday morning, then on Sunday we would continue along the Cooloola Wilderness Trail with day packs and return to our campsite at Neebs Waterhole for Sunday night and walk back out to the car at Mullens Carpark on Monday.

Seven walkers were booked for the weekend; one withdrew due to family commitments and then three more cancelled because of a forecast of wet weather. I was relieved Monica & Ken were still keen to go. On Saturday morning they arrived at my place and we headed north. Traffic on the Bruce Highway was pretty good and we stopped in Gympie for coffee or hot chocolate & pies. None of us usually have pies at 9.30 in the morning but the pies were well made & delicious and really hit the spot (breakfast was already several hours ago).

We started walking from Mullens Carpark at about 11.30am. It was great walking weather. At times it was overcast, other times we had scattered cloud and even some sunshine. There was a lovely cooling breeze. The group started seeing the odd wildflower and then another one and then clumps of them and even more different ones. Since we had the rest of the day to cover 8.8km, the party could take our time. We could stop to look at the flowers, take photos and really enjoy our surroundings. There was no rush and it was beautiful country. It set the tone for the weekend. It was a splendid relaxing immersion in the bush.

As our party neared our destination, we reached the Noosa River. We were surprised to see such a long, broad stretch of water this far upstream. The track continued along it for some distance and then it was time to cross. Where we forded the stream, it narrowed to a couple of metres across and was only ankle deep. The sandy riverbed was covered in small reeds flattened by the water flowing over them. It is hard to imagine a more attractive surface to walk on in bare feet. Then about a hundred metres further on we reached the Neebs Waterhole campsite at about 1.45pm. There was another long, wide stretch of water downstream from the campsite. We set up our tents under some small trees and erected a tent fly to sit under if it started raining. We had a cuppa, a lovely refreshing dip in the river, then another cuppa. At 5pm a sudden gust of wind came through with a few drops of rain following it, but not much at all. We cooked and ate tea under the fly and later could even see the moon and stars.

Next morning, we headed down the track towards Wandi Waterhole, the next campsite on the Cooloola Wilderness Trail. To go there and back to our campsite at Neebs Waterhole was a 26km return trip, so we were just going to see how far we would go before turning around. It showered on and off much of the morning; fortunately, it was mostly very light. There were lots more wildflowers today, masses of white, purple or yellow blossoms. Then the track went through a forest of tall tea-trees and the swamp that went with it. We were wading through water up to our calves for some distance. Later on, as we were crossing broad treeless expanses of coastal heath, our small group were walking through ankle deep sticky mud, however the flowers were brilliant. It was like walking

through a florist shop. Then we climbed a rainforested knoll of 70 metres elevation (quite pronounced in such flat country). We stopped at the top for a drink and nibble.

A party of three passed us heading for Neebs Waterhole (two schoolgirls and a teacher doing Duke of Edinburgh stuff). It was about 9.40am and it was only about 4km to get to Wandi Waterhole so we decided to go there. We dropped a bit off the knoll and then crossed the 4WD road from Tewantin to Rainbow Beach- "Cooloola Way". Now we were following a ridge, the area was more forested and the vegetation quite different. As we neared the waterhole, we crossed a creek with evidence a lot of water had been through recently. Reeds and bushes were bent over and flattened. We reached Wandi at 11am and put up a tent fly for lunch and then the showers stopped. It was a lovely waterhole in more open country and without steep riverbanks. The other side was fringed with tall reeds.

On our way back to Neebs Waterhole we took a different route walking north along Cooloola Way for several kilometres and then down the National Parks 4WD access track to Neebs. I was hoping it would be easy to negotiate and not too boggy. It turned out to be a very attractive route (running along the bank of the Noosa River much of the way) and pretty well dry underfoot all the way (except for a couple of narrow creek crossings). Again, the vegetation was different with stands of pines (Bribie Island pines?), cabbage tree palms and cycads as well as all the usual vegetation we had been seeing. The rain had stopped and we even had sunshine (the rest of the long weekend was fine). We got back to camp a bit after 3pm. We had walked 27km for the day.

The walkers we had seen in the morning had arrived and set up their tents. We had a good chat with the teacher who knew quite a bit about plants. They left before us the next morning and we broke camp sometime after nine. One highlight on the way out was seeing a scarlet honeyeater feasting on a grass tree flower spike. We got to the car a bit after eleven, had lunch at the edge of some playing fields in Gympie and had a good trip back to Brisbane.

Thank you to Monica & Ken for joining me on a wonderful long weekend of walking and enjoying the bush.                      Iain.



**SUNDAY 2<sup>nd</sup> OCTOBER  
NOOSA TRAILS  
DAYWALK**

Undeterred by the forecast of rain, eight of us gathered at Red Hill on time with another two to be picked up along the way. Light rain started as we left Brisbane and became heavier the further north



we went. We made good time to Pomona where it was raining lightly. After doing the car shuffle, we started walking just before ten under light rain, which, miraculously, stopped fifteen minutes later, not to return for the rest of our day. Unfortunately, the damage had already been done, as the tracks were quite wet and slippery in places. We even had some sunshine in the afternoon. The cool temperature was ideal for walking. Naturally, there is some erosion on the tracks.

Not knowing if more rain was coming, we did not stop for morning tea and instead pushed on to Cooran where Trail No. 5 finished and where we had lunch just after 1pm in a park with a sheltered picnic table and toilets nearby. Because we could see some dark clouds building up, we had a quick lunch which was accompanied by a local musician. Jumping in the cars and leaving the music behind, we headed off via Pomona to do Trail No.6 which was a five-kilometre circuit past some nice houses and through the bush. There were some extensive views when we were at the highest point of the circuit. I feel that the highpoint of this walk was encountering a peacock as we walked down a street. Naturally, after all our rain this year, the countryside was looking most spectacular.

Trail No. 5 was on tracks mainly in the bush for about 11½km. One street we walked down provided a good view of Mount Cooran. During the walk we saw some kangaroos up close with several having joeys in their pouches.

How lucky were we with the weather. My thanks to the brave souls who joined me:- Therese Abernethy, Sue Walsh, Paddy Taylor, Benno Giuliani, Jan & Russ Nelson, Greg Endicott, Pat Lawton and Mary Kelly. The team assured me that they had a great day. The only losers on the day were those who weren't with us. Amazingly, the drive back to Brisbane was event free and we made good time as the traffic wasn't too heavy.

I look forward to your company next year when we do Trail No. 7 in reverse. It's good to see the Noosa Shire Council continues to do a good job of maintaining these trails. Regards, Terry.

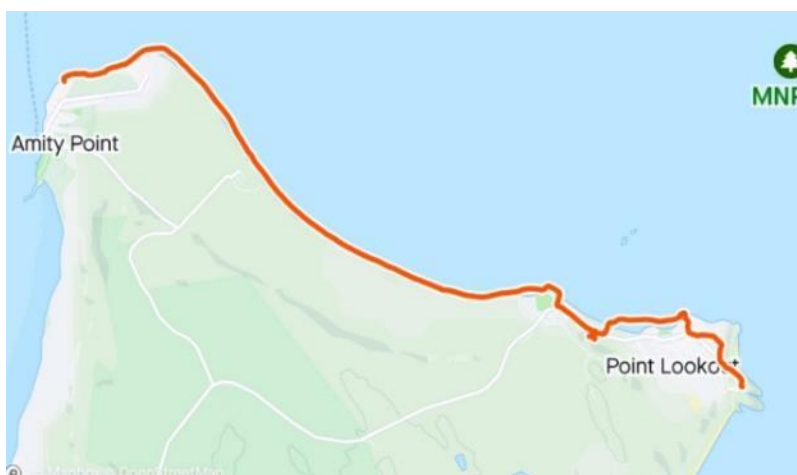
**WEDNESDAY 5<sup>th</sup> OCTOBER**  
**ALDERLEY ARMS HOTEL**  
**Coffee Night**  
**SOCIAL**

Thirteen people gathered at the Alderley Arms Hotel. It proved to be a good venue. The menu prices were very reasonable (especially the Seniors Menu), the food was good and service was quick. The position of our table at the Hotel meant that it was not too noisy, so that we could hear each other.

It was a good night with lots of conversation.

Thank you to those who came along – Sue W, Terry S, Andrea T, Sue T, Barbara E, Michele & Greg E, Majella & Mark D, Pat L, Jonas B and Russ N. Jan

**THURSDAY 6<sup>th</sup> OCTOBER**  
**AMITY TO POINT LOOKOUT**  
**North Stradbroke Is**  
**DAYWALK**



It was a walk by Joe, Prasad and Phil. Basically three men on a boat and all three were accountants on a walk so what could go wrong? Well, the weather was very dodgy with overcast skies with rain and the transport logistics were stuffed at the start.

I was held up by not one, but 2, major traffic jams. One on the M1 and then another on Mt Cotton Road. Both delays were caused by accidents. (I trust and pray that no one was seriously injured). I only allowed a buffer for one traffic jam. Next time I will allow extra time for 2 stuff ups. Anyhow it was obvious by 8.20am that I wasn't going to make the appointed water taxi of 8.55am, so I rang Joe and asked him to take on the role of acting leader and he did the job very well.

So rather than wait for another hour at the jetty for the next water taxi, Joe & Prasada caught the 8.55am water taxi to Dunwich and then the bus to Amity. They walked along the beach with the intention of meeting me half-way between Amity & Adder Rock.

Well, the emergency plan worked a treat. I caught the later water taxi and bus to Adder Rock and walked westwards. I met them half-way along the beach and it was handshakes all round and a quick debrief. (I realized afterwards that we didn't actually comply with the Covid protocols but I am pleased to report no one reported any Covid symptoms). The rain had held off until now, but as soon as we regrouped, we had a shower for 10 minutes.

I actually like these bleak and overcast days with banks of clouds coming and going. The views of rain coming from the clouds over the Bay and in the distance over the high dunes of Moreton Island, were mesmerizing. One moment the clouds are there and then they quickly move on. It was a buzz. It was very nice on the beach but there were several 4WDs sauntering along and we had to be mindful to get out of the way. We gently ambled along the beach and had a late morning tea / early lunch at Adder Rock and nestled in between the rocks of the cliffline to get out of the strong wind.

Joe started reminiscing about another beach walk from the Tweed River to Cabarita about 6 or 8 years ago. (It was on 03/11/2016). It was a hot day, and we were parched. So that day we stopped in at the Kingscliff Bowls Club for a refreshing ale and he marvelled at how good that was. Well after Joe's little story, the consensus was that it was perfect day for a pep-me-up and, more importantly, a plate of hot chips. Thus, we took a slight detour to the Straddie Bowls Club to get some hot chips. The chips were wonderful and we did our bit for the local economy as we were the only ones there for lunch. It is a puzzle how the Bowls Club covers their "variable costs" let only their "overheads" (that's accounting jargon). It was only a slight detour and the chips were divine (and hot).

We then went back to the beach and along Cylinder Beach and up over Cylinder Headland where we were greeted by dark ominous clouds. Well, we had a dilemma; should we push on along the beach or take the safer route up over the headland. We made a strategic decision to take the high road to Point Lookout, walked along a few residential streets and stumbled upon a small mob of Grey Kangaroos. We found a nice lookout over Frenchmans Beach and then we were hit by another burst of horizontal rain. It was on to Point lookout to the shops for a hot coffee. We had planned on the doing the Gorge Walk as it has been re-opened after the major repairs were completed. The local media reported it was reopened by the Redlands Mayor. Anyhow we decided to leave the gorge walk until next year.

It was a lovely walk but in very overcast conditions. The trip ended in squally horizontal showers. But we had a great time and we can't wait to go back - Joe wants it listed as a walk for next year. Not all our walks are on perfect sunny days and this one was an overcast grey and rainy day but we had a great time. The bus and water taxi transport worked to perfection on the way back, and there were no traffic jams on the M1.





Those on the trip were Phil Murray, Prasada Vajjhala & Joe Tottenham. Prasad provided the stats from Strava- the distance was 14.92km. Walking time 3hr 28min. Phil

*Accountant Joke From The Internet :-* There are three kinds of accountants in the world - Those who can count and those who can't.

**MONDAY 10<sup>th</sup> TO TUESDAY 18<sup>th</sup> OCTOBER**  
**CAPE TO CAPE WALK, WA**  
**ACCOMMODATED WALK**

Well, what an experience! Three years in the making, but well worth the wait. The weather was kind to us, with the temperature being ideal for walking and there being only one day with any rain. The wildflowers were prolific and there were numerous varieties and colours. In fact, every day seemed to introduce some new varieties.

Twenty-three people met up in Perth on Monday 10<sup>th</sup> October and travelled in five vehicles to Margaret River. We checked into our accommodation before heading to the Settlers Tavern for dinner.

On Tuesday morning we drove to Cape Naturaliste and walked some of the tracks around the Lighthouse, admiring the magnificent wildflowers and spectacular scenery. During the afternoon, the members of the group did a variety of activities including touring the lighthouse, visiting caves or tasting the wines. That evening we gathered for a BBQ at the communal BBQ area overlooking the Margaret River.

On Wednesday we began our 135km walk to Cape Leeuwin. The scenery was stunning, with the contrasting colours of aqua and dark blue of the sea on display from the clifftops and the wildflowers spread amongst the orange rocks like a planned rock garden. Then followed our first section of soft sand on the beach, which was to be followed by further sections throughout the week. We soon came to recognize the colour of soft versus hard sand in the distance. We finished our first day's walk at Wyadup Road.

Thursday saw us continue our journey from Wyadup Road to just north of Gracetown. Along the way we took the short detour up the valley to Quininup Falls, which were well worth the detour. Walking along the clifftops gave us more magnificent views with the contrast of the orange rock with the colours of the ocean.

Friday brought with it a few showers in the morning. We stopped at some seating outside the Ellensbrook Homestead for morning tea. This was our shortest walk for the trip (about 18km), with further magnificent views and varieties of wildflowers. Part of the group took a wrong turn and headed inland to cross the Margaret River at a bridge, whilst the remainder followed the track to the Margaret River mouth. The water was about knee deep at the mouth of the river. We then linked up with the inland walkers for a late lunch back at the accommodation.

We continued on from the Rivermouth on Saturday. Some sections of the track were soft, sloping sand which was hard going at times. But the views from the clifftop were once again magnificent. We dropped down to the Boodjidup Valley via many, many steps which brought us to a beautiful morning tea spot beside the bridge across Boodjidup Brook. The track then followed the Brook until it met the sea. From here we walked along the beach for 2km before heading up to Redgate Carpark. From here we walked a section of beach and then a 4WD road, before finding a lovely shady spot overlooking the sea for lunch. We followed the path up the Limestone Cliffs before using a chain handrail to descend the cliff. We walked along the clifftop for about 3km with spectacular views before finishing our day's walk at Contos Campground. That night we went to Mass at St Thomas More Church, a rammed earth building, before dining at the Settlers Tavern.

On Sunday we continued on from Contos Campground. Unfortunately, the Karri Forest had been burnt out by bushfires, but it was wonderful to see the new growth occurring and we were also fortunate to see some white-tailed black cockatoos which are a threatened species. The first 15km or so of today's walk was inland, before the track headed to the beach. Although there was about 7km of beach on the walk on this day, much of it was on hard sand so not too difficult. The walk concluded at Hamelin Jetty.

Our last day of the walk took us from Hamelin Jetty to Cape Leeuwin Lighthouse. This was the hardest day of the walk, being about 25km with a few sections of soft sand. However, the difficulty was compensated by the magnificent views. At one section, we were walking along the Blowholes rock platform on Cosy Corner beach. The beach walking on this day was a combination of sections of soft and hard sand. We reached the Lighthouse at about 4.45pm with quite a few tired walkers.

I want to sincerely thank everyone who joined me on this walk and for your good company and flexibility with any last-minute changes. A special thank you goes to those who assisted with the driving and the many car shuffles. Those who joined me were: Michele & Greg E, Louise & Rusty J, Cath & Mike W, Anne & Michael C, Cath M, Jon P, Paulette & Allan S, Paddy T, Liz L, John C, Sabrina L Maria K, Graeme A, Antonia S, Russ N and visitors Anne Debert and Fr Michael Grace. Jan

## BUSHWALKING QLD NEWS & INFORMATION

### White Rock-Spring Mountain

Ipswich City Council's Draft Natural Environment Strategy for Ipswich includes a proposed management plan for the White Rock-Spring Mountain Conservation Estate. (WRSMCE). It forms part of a vital wildlife corridor linking the Flinders-Goolman area through to Karawatha Bushland.

[https://hdp-au-prod-app-ipswh-shapeyouripswich-files.s3.ap-southeast-2.amazonaws.com/1116/6363/5591/IE\\_Natural\\_Environment\\_Strategy-Background\\_Report\\_Final.pdf](https://hdp-au-prod-app-ipswh-shapeyouripswich-files.s3.ap-southeast-2.amazonaws.com/1116/6363/5591/IE_Natural_Environment_Strategy-Background_Report_Final.pdf)

[https://www.ipswich.qld.gov.au/data/assets/pdf\\_file/0020/144830/WRSMCE\\_Master\\_Plan\\_4\\_for\\_Web\\_site.pdf](https://www.ipswich.qld.gov.au/data/assets/pdf_file/0020/144830/WRSMCE_Master_Plan_4_for_Web_site.pdf)

Along with track upgrades, lists of flora and fauna and the planned study for possible release of koalas into the estate there is the euphemistically worded statement on fire management. Development will be to the borders of the WRSMCE with land clearing occurring WITHIN the conservation area for fire mitigation.

My concerns are:-

- The link in the wildlife corridor may be broken
- Woogaroo Peak will become isolated from the estate as land will be cleared virtually right around it

My question is why can't the fire mitigation be part of the development instead of encroachment into habitat?

Please check out the document on the Ipswich City Council website and have your say.

Sandra, Ipswich Bushwalkers [ipswichbushwalkers@gmail.com](mailto:ipswichbushwalkers@gmail.com)

### Queensland Obesity Prevention Strategy



The **Queensland Obesity Prevention Strategy** (QOPS), our state's response to the **National Obesity Strategy** 2022-2032 (NOS) has been released.

<https://hw.qld.gov.au/our-approach/prevention/>

<https://outdoorsqueensland.com.au/queensland-obesity-prevention-strategy-2022-2032/>

As you know, **Health and Wellbeing Queensland** (HWQld) is leading this important initiative, developing the Strategy and a series of Action Plans across two 10-year timeframes (2022-2032 and 2032-2042).

During June and July, HWQld engaged far and wide across the state. We received nearly 1,000 responses from people who took the time to provide insight into how Queenslanders can live healthier and more active lives. This feedback, summarised in the [Insights from Engagement Round 1](#), is helping HWQld shape both the Strategy and the specific actions for the Foundational Plan (2023-2025).

**Key themes from this insight include the need for the:**

- Strategy to address systemic inequities to make access to food, physical activity, and healthy environments more equitable
- Government to show leadership in national advocacy around pricing, advertising, and marketing to improve healthy food and drink options
- Investment in locally driven and co-designed community programs
- Capacity building and education to improve healthy behaviours, alongside inclusive and positive messaging to help reduce weight stigma.

The draft Strategy and Foundational Action Plan (2023-2025) will be sent to you – with a link to a short *Get Involved* survey – for further comment during our second round of engagement in October and November 2022. During this time, beyond the survey, HWQld will be undertaking a number of other engagement activities including meetings, webinars and media opportunities and directly involving community members with lived experience.

Your continued engagement will help HWQld refine the final Strategy and Foundational Action Plan (2023-2025), prior to their release in 2023, pending approval from Queensland Government. HWQld will then coordinate and drive implementation of the Foundational Action Plan across Queensland. As part of our ongoing commitment to the development and implementation of this important strategy, we have created a [webpage](https://comms.hw.qld.gov.au/ch/84375/1b094/2954768/SWxEQgOgHeyoT4KwhpfhggybyT1yDGtCROtk8X5S.html) where we will share regular updates and opportunities for you to engage with us.

<https://comms.hw.qld.gov.au/ch/84375/1b094/2954768/SWxEQgOgHeyoT4KwhpfhggybyT1yDGtCROtk8X5S.html>

If you require further information, please contact [consultation@hw.qld.qld.gov.au](mailto:consultation@hw.qld.qld.gov.au).

Gemma Hodgetts, Executive Director, Health and Wellbeing Queensland  
Ground Floor, 139 Coronation Drive, Milton Green, Milton Qld 4064

**Bethania to Logan Village Recreational Rail Trail**

**Have Your Say – Help us design the Bethania to Logan Village Recreational Rail Trail**

<https://www.logan.qld.gov.au/downloads/file/4049/bethania-to-logan-village-recreational-rail-trail-stand-up-for-logan-factsheet>

<https://www.railtrails.org.au/trails/bethania-to-beaudesert-rail-trail/>

Council wants to hear from the community to create a recreational rail trail we can all be proud of, with opportunities for active lifestyles and family friendly options for residents and tourists. You can share your thoughts and ideas about the Bethania to Logan Village Rail Trail by completing the survey [Bethania to Logan Village Rail Trail | Have Your Say Logan City](#).

More information about the project can be found on the project page.

Engagement Team. Logan City Council

**Friends of the Great Escarpment Trail**

After months of work in getting this project off the ground, it has come time to form a new association, the Friends of the Great Escarpment Trail (FoGET). The association will be incorporated in NSW and will be affiliated with Bushwalking NSW.

Once the Certificate of Incorporation has been received an Annual General Meeting will be called to formally constitute the association. In the meantime, FoGET has an interim committee as follows:

President - Gavin Dale (BAI EO, BWQ Secretary, Glasshouse Bushwalkers Club Inc. President)

Vice-President - John Marshall (BAI Secretary, BWQ President, BOSQ)

Secretary/Treasurer - Paul McCann (BNSW Delegate, Armidale Bushwalkers Committee)

Public Officer - David Bell (BNSW President, Sydney Bushwalkers, The Bush Club)

Julia Byatte - Qld Donkey Association, Scenic Rim resident

Once the association is set up with a bank account, then we will be advertising memberships:

Individual members - \$20,

Clubs - \$30

More details to come.

Gavin Dale, Secretary, Bushwalking Queensland Inc.

## **Binna Burra Rebuild Plans**

<https://www.binnaburralodge.com.au/new-lodge-and-accommodation/>

The two video flythroughs are most impressive and the proposed design is absolutely stunning. Draft architect's plans are also included.

They are calling for public feedback via the form on the site.

## **Brisbane Walkers Meetup Group**

Gavin Dale was on air at ABC Radio Brisbane on 11<sup>th</sup> October with Rebecca Levingston and Julia Austin, the organiser of Brisbane Walkers Meetup Group.

Go to <https://www.abc.net.au/brisbane/programs/mornings/mornings/14073074> to listen to the programme and starts at about 1:30:00.

It was a good chance for us to discuss the different sides of bushwalking organisations.

From the meetup side:

1. A lot of their attendees went through Brisbane Bushwalkers Club, but because they couldn't get on a walk looked elsewhere. They also believe that all the other clubs are in the same boat with only "close friends" getting on walks.
2. Attendees in their 40s and over are the people to aim for as the younger will always try and flout directions and cause problems.
3. They are prepared to pay \$3 per walk, instead of an annual fee, as the \$3 per walk means they are "user pays". If they pay for an annual membership fee and miss a walk, they feel they should be reimbursed for that walk of the proportion of the membership. One meetup group put their walk fee up to \$5 and no-one turned up to any of their walks...
4. Cheaper than a dating app to meet someone new.
5. Happy to pay the initial fee to the Brisbane Bushwalkers as they get training to run groups themselves. (Better than going to an RTO)
6. Certain young people will only bushwalk in an area with mobile phone coverage. If coverage drops out, they do not know how to communicate with each other.
7. The meetup groups are 80% women.

From our side:

1. The collective knowledge we have is a huge asset
2. The work we do and the amount of work we do in collaboration with landowners and managers , for new tracks, maintenance and reporting of issues with infrastructure, etc. is commended by them, as they would not be able to operate if groups like ours did not exist to advocate on their behalf.
3. While the insurance scheme is what the meetup groups need, they can't justify \$10 a year (see meetup side point 3).
4. The club landscape is skewed to the female side.

Interesting points to consider, especially if looking at recruiting, the differences in the demographics is worth considering.

## **20th Romeo Lahey Memorial Lecture**

**Save the Date!**





National Parks Association  
of Queensland Inc.



# Romeo Lahey Memorial Lecture 2022

Date: 12th November 2022

Venue: Kedron Room, City Hall - Brisbane

Presentation title:

## Quality counts - making protected areas effective, equitable and successful

*The role of IUCN's Green List of Protected Areas in encouraging and measuring National Parks to reach good standards of management and what Australia and Queensland's National Parks need to do to achieve the internationally acceptable standard.*

### Presented by Marc Hocking



Dr Marc Hockings is Emeritus Professor in the School of Earth and Environmental Sciences at the University of Queensland. He is a long-term member of the International Union for the Conservation of Nature (IUCN) through its World Commission on Protected Areas, Species Survival Commission and Commission on Ecosystem Management. He initiated and is leading the IUCN WCPA work on the Green List of Protected and Conserved Areas.

NPAQ, 9/36 Finchley St, MILTON, QLD 4064

[admin@npa.org.au](mailto:admin@npa.org.au)

### Cooloola Great Walk Ecotourism Project

<https://www.sandybolton.com/cooloola-great-walk-ecotourism-project-update-october-2022/>



"DTIS Tourism division" [DTISCommunications@dtis.qld.gov.au](mailto:DTISCommunications@dtis.qld.gov.au)

<https://parks.des.qld.gov.au/parks/great-walks-cooloola>

<https://parks.des.qld.gov.au/management/ecotourism/trails-program/cooloola-great-walk-ecotourism-project-faqs>

<https://npa.org.au/current-issues/cooloola-great-walk/>

We could ask clubs for feedback to BWQ; some relevant facts contained in the links and FAQs relate to the existing under-utilisation of the Cooloola Great Walk, and the relocation of two of the proposed eco-tourism sites. They are stated to be low key fixed tents or cabins located away from the Cooloola Great Walk, including being some distance from Campsite 3 and Lake Poona. It is claimed there will be no impact on public use of the Cooloola Great Walk.

Traditional Owners the Kabi Kabi Peoples have given notice of a private Traditional Owner community meeting to be held on 5<sup>th</sup> November to consider the proposed ecotourism accommodation sites for the Cooloola Great Walk ecotourism project.

#### Update on the Cooloola Great Walk ecotourism project – proposed project sites

This best-practice environmental and cultural ecotourism experience aims to establish five small-scale low-impact ecotourism facilities and activities along the Great Walk, enhancing the walking experience through simple accommodation and guided tours, making it more accessible to a wider range of visitors.

Following public feedback, independent ecological advice and project stakeholder consultation, two sites are proposed to be relocated to alternative sites along the route. These are:

New proposed Site B –

[https://parks.des.qld.gov.au/data/assets/pdf\\_file/0023/288203/CGWEP-Site-B-2500.pdf](https://parks.des.qld.gov.au/data/assets/pdf_file/0023/288203/CGWEP-Site-B-2500.pdf)

*"Banksia" (or Site B) is located outside of the flooding inundation zone of the Noosa River, off an existing vehicle access track and approximately 400m east of the Noosa River. The proposed Site B avoids significant wetland values, in particular the Cooloola Patterned Fens, avoids potential fauna habitat, mature koala habitat and hollow bearing trees, and is close to the Cooloola Great Walk and existing vehicle access*

New proposed Site R –

[https://parks.des.qld.gov.au/data/assets/pdf\\_file/0037/288199/CGWEP-Site-R-2500.pdf](https://parks.des.qld.gov.au/data/assets/pdf_file/0037/288199/CGWEP-Site-R-2500.pdf)

*'Ridgeline' (Site R) is entirely outside of Poona Lake's catchment near the existing QPWS communication tower, approximately 400m west of Poona Lake. Site R is located in previously disturbed (ex-forestry) blackbutt woodland, away from high value rainforest and undisturbed old growth blackbutt and requires no additional vehicle access track to be constructed.*

For more information on the five proposed sites and the selection process, visit [https://parks.des.qld.gov.au/management/ecotourism/trails-program#cooloola\\_great\\_walk](https://parks.des.qld.gov.au/management/ecotourism/trails-program#cooloola_great_walk)

The Native Title holders, the Kabi Kabi people, will present the proposed changes at their community meeting. If accepted, the authorisation of an Indigenous Land Use Agreement and Cultural Heritage Management Plan will follow.

The project is being delivered through a collaborative model with the Department of Tourism, Innovation and Sport (DTIS), Department of Environment and Science (DES), Traditional Owners the Kabi Kabi People, and experienced eco-tourism company CABN.





State Projects, Tourism Division, Department of Tourism, Innovation and Sport,  
Phone 1800 957 852, PO Box 15168, City East QLD 4002

## Families for the Forests

National Parks Association Qld



@ Binna Burra Lodge

Live Music

Bird Identification

Bush tucker Workshop

Tug of War

Plant a seedling

Animal Encounters

Picnic in the Rainforest and much more!



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NPAQ, 9/36 Finchley St, MILTON, QLD 4064  
[admin@npa.org.au](mailto:admin@npa.org.au)

## Mount Warning National Park

<https://www.nationalparks.nsw.gov.au/visit-a-park/parks/wollumbin-national-park>

NPWS NSW - Tweed Byron [npws.tweedbyron@environment.nsw.gov.au](mailto:npws.tweedbyron@environment.nsw.gov.au)

Future management of Wollumbin (Mount Warning) National Park – 20 October 2022

<https://www.nationalparks.nsw.gov.au/things-to-do/walking-tracks/wollumbin-mount-warning-summit-track>

National Parks and Wildlife Service (NPWS) will develop a Memorandum of Understanding (MoU) with the Wollumbin Consultative Group. This is the first step towards joint management between NPWS and the Aboriginal custodians of Wollumbin National Park.

In 2014, an Aboriginal Place was declared over the upper reach of Wollumbin, including the summit, affording Wollumbin special legal protections, recognising and protecting Aboriginal cultural values, and ensuring a greater role for Aboriginal custodians to make decisions on managing the site. The MoU recognises the highly significant Aboriginal cultural values of the Wollumbin Aboriginal Place and will provide a framework for Aboriginal decision-making on future management of Wollumbin National Park.

Pending the development of the MoU and future joint management arrangements, Wollumbin Summit Walking Track, will remain closed, with any future management decisions about the park to be guided by Aboriginal custodians.

The remainder of Wollumbin National Park including the Lyrebird Track is also closed until further notice due to visitor infrastructure being significantly impacted by recent floodings. More information on national park flood recovery on the north coast is available on the [website](http://www.environment.nsw.gov.au/topics/parks-reserves-and-protected-areas/park-management/community-engagement/flood-recovery-on-the-north-coast).  
<http://www.environment.nsw.gov.au/topics/parks-reserves-and-protected-areas/park-management/community-engagement/flood-recovery-on-the-north-coast>.

#### **Wollumbin Aboriginal Place Management Plan**

A management plan has been prepared to document Wollumbin's significant cultural heritage values and articulate the aspirations of Aboriginal communities about the long-term management of the site. The plan was prepared in consultation with the Wollumbin Consultative Group which represents a range of Aboriginal groups and families with connection to Wollumbin and is available at [www.environment.nsw.gov.au/wollumbin-national-park](http://www.environment.nsw.gov.au/wollumbin-national-park).

#### **What are we doing to continue to support tourism in the Tweed area?**

NPWS is delivering \$9.5 million of visitor infrastructure improvements in the Tweed and surrounds, including the \$7.35 million Tweed Byron Hinterland Trails project, a stunning 38 kilometre, four-day hiking trail which is due for completion in 2023. Stage 1 of the project, the redevelopment of the Minyon Falls precinct was opened in December 2021. Further new proposals to cement the north coast as a premier NSW destination are currently being assessed. Consultation with local and regional tourism organisations on these new proposals has commenced.

More information is available at [www.environment.nsw.gov.au/wollumbin-national-park](http://www.environment.nsw.gov.au/wollumbin-national-park) .

Tweed Byron Area, North Coast Branch, NSW National Parks & Wildlife Service  
[nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)



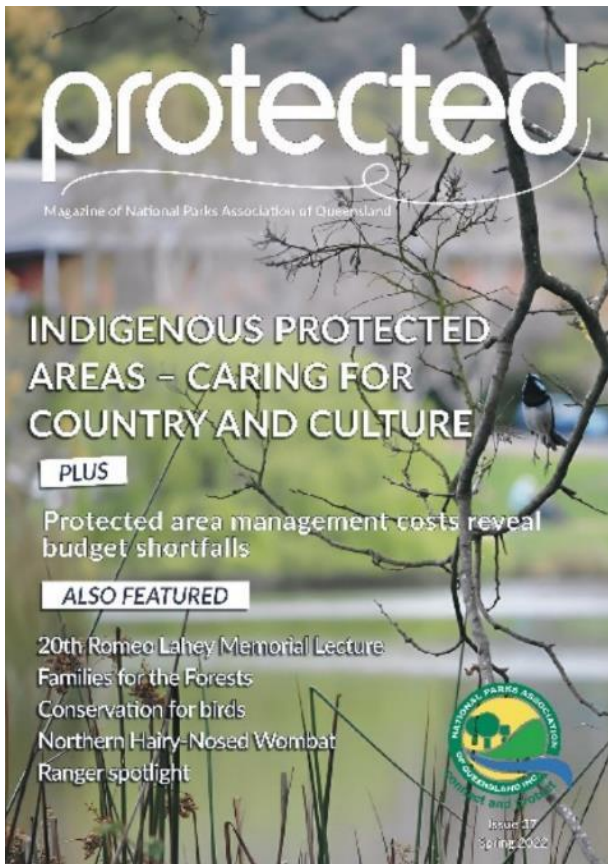
#### **Protected! Spring Edition**

NPAQ Magazine

<https://npaqa.org.au/publications/protected/>

A summary of articles is here – to see the full article go to the magazine.



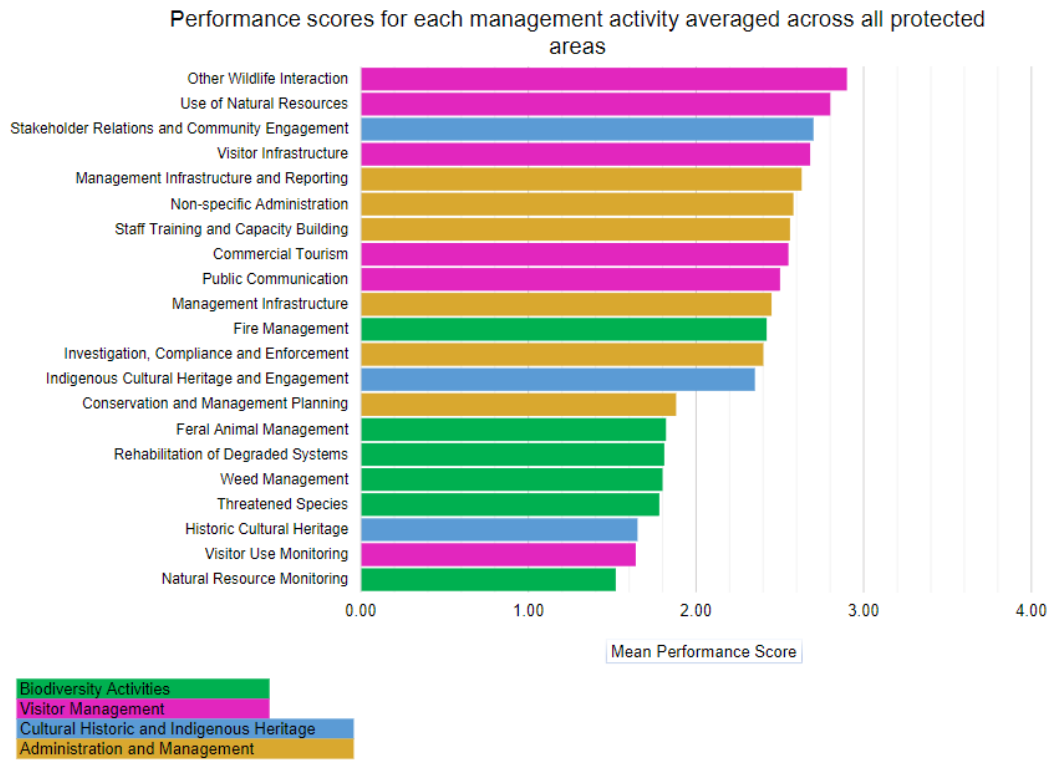


### Indigenous Protected Areas

In October 2022 there are now 81 IPAs nationally, protecting over 85 million hectares of land and over 5 million hectares of sea. IPAs make up around 50% of the National Reserve System and in some cases can be declared across adjoining non-Indigenous held tenure (ie crown lands), and other reserves with the agreement of the landowners. IPAs are voluntary agreements and not legislatively based, so they do not impact on native title or other legal rights...

### Protected area management costs reveal budget shortfalls

The roles and responsibilities of Rangers (park managers) are diverse requiring knowledge and skills in fauna and flora ecology and conservation, and ecological processes such as pollination, water quality, nutrient regulation, soil formation and retention, air quality regulation, weed and feral animal control and fire management ...



Source: Fine-grained data and models of protected-area management costs reveal cryptic effects of budget shortfalls  
 Ian D. Craigie, Robert L. Pressey

## 20th Romeo Lahey

**Memorial Lecture** the speaker for our 20th Romeo Lahey Memorial Lecture is Dr Marc Hockings, who has lead development of research on management effectiveness evaluation of protected areas among many other professional achievements.

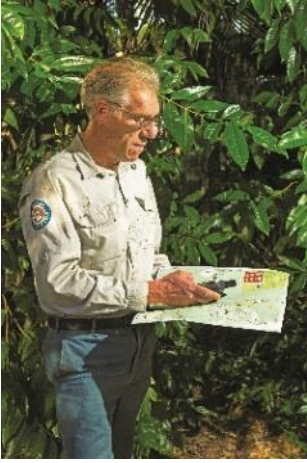
Dr Hocking is Emeritus Professor in the school of Earth and Environmental Sciences at the University of Queensland... **Families for the Forests 2022** On December 10th this year, the day before World Mountains Day, the National Parks Association of Queensland will join with Binna Burra Lodge to host a half day 'Families for the Forests' celebration at Mt Roberts.

Join us from 11am to 3pm on Saturday the 10th of December to enjoy live music, picnics and a range of nature-based activities to get the whole family involved! ... **Conservation of birds in fragmented landscapes requires protected areas** For successful conservation of biodiversity, it is vital to know whether protected areas in increasingly fragmented landscapes effectively safeguard species.

However, how large habitat fragments must be, and what level of protection is required to sustain species, remains poorly known... **Mapleton National Park** Mapleton National Park is just 95km (roughly an hour) north of Brisbane city, making it one of the 10 closest national parks to Brisbane by car.

At least 107 species of birds live in the Blackall Ranges parks (Mapleton Falls NP, Kondalilla NP and Mapleton NP), including the peregrine falcon (*Falco peregrinus*), the Wompoo Fruit-Dove (*Ptilinopus magnificus*) and many more... **Northern Hairy Nosed Wombat** The northern hairy-nosed wombat is one of the world's rarest marsupials and the largest of the wombat species, averaging about 32kg.

They are nocturnal, living in extensive burrow systems that can consist of up to 90 metres of tunnels... **National Park Experience** first visited Kroombit Tops in 1998 as a Central Queensland local.



At only eight years old it was a big day to get to the site of its most alluring feature – the 1945 crash site of a Beautiful Betsy airplane, the ill-fated WWII Liberator bomber... **Ranger Spotlight** Will is Ranger in Charge (RIC) of Lamington National Park in the Gold Coast Hinterland. Born on Manus Island, Papua New Guinea, while his parents worked for the Australian Government administration, Will developed a connection to nature as a child through playing in the jungle, exploring old WWII relics, and going on seafaring adventures with his father, a government patrol boat captain...

## **Mt Coot-tha Reserve Mountain Bike Concept Plan.**

<https://gregadermann.com.au/mount-coot-tha-draft-mountain-bike-plan/>

<https://www.brisbane.qld.gov.au/things-to-see-and-do/council-venues-and-precincts/mt-coot-tha-precinct/mt-coot-tha-reserve/mountain-bike-riding-on-mt-coot-tha/mt-coot-tha-reserve-mountain-bike-concept-plan-project>

I will compile for BWQs feedback.

CPS-NEWS-offroadcycling [offroadcycling@brisbane.qld.gov.au](mailto:offroadcycling@brisbane.qld.gov.au)

Release of the Draft Mt Coot-tha Reserve Mountain Bike Concept Plan

### **Release of the Draft Mt Coot-tha Reserve Mountain Bike Concept Plan**

Brisbane City Council is growing your Brisbane lifestyle by working with the community to create the Mt Coot-tha Reserve Mountain Bike Concept Plan. Delivering the Mt Coot-tha Reserve Mountain Bike Concept Plan is a key action of the [Brisbane Off-Road Cycling Strategy](#) which is a city-wide strategy that guides long-term investment in off-road cycling facilities for children, adults and families within Council's bushland reserves and parks.

Mt Coot-tha Reserve is the only Council reserve with mountain bike single tracks and due to a growing demand, these mountain bike tracks and supporting facilities are considered to be at capacity at peak times.

Mt Coot-tha Reserve is also an important area for biodiversity, Aboriginal Cultural Heritage, historical uses, recreational activities and a popular place to picnic and enjoy scenic views with friends, family and visitors.

To help meet demand, provide sustainable, low-impact facilities and better protect Mt Coot-tha's significant values, the draft Mt Coot-tha Reserve Mountain Bike Concept Plan identifies possible future opportunities for new mountain bike tracks that provide a range of riding experiences and associated supporting facilities.

Council would like to hear your feedback on the [draft Mt Coot-tha Reserve Mountain Bike Concept Plan](#).

You are invited to complete the online survey on the Mt Coot-tha Reserve Mountain Bike Concept Plan webpage and share with others to complete. The survey will be open for feedback until **30 October 2022**.

Community and stakeholder feedback will be used to evaluate and review the draft Mt Coot-tha Reserve Mountain Bike Concept Plan.

For more information, please visit the Mt Coot-tha Reserve Mountain Bike Concept Plan [webpage](#), call Council's Contact Centre on 3403 8888 or email [offroadcycling@brisbane.qld.gov.au](mailto:offroadcycling@brisbane.qld.gov.au).

The Mt Coot-tha Reserve Mountain Bike Concept Plan Project Team, Brisbane City Council

## **Walking Alliance**

At the recent Walking Alliance Meeting, which BWQ is a member, the following items were discussed:

1. Progress of the Qld Walking Strategy Action Plan
2. Report of the trial into TMR's (world-first) Walking Network Plans (WNPs) - most efficient design of paths etc. linking infrastructure in priority of use.
3. Progress of the Qld Active Trails Strategy
4. Research by RACQ into walking and mobility access and vulnerable road users (VRUs) - VRUs mean pedestrians, mobility scooters, wheelchairs, bicycles, e-scooters and the like

RACQ informed the meeting that they are changing focus from "Automobile" to "Mobility" and advocating for safer roads for VRUs.

When on your next bushwalk, consider when you are a vulnerable road user - where do you park the car? Is the walk from the car to the actual start of the walk through a car park, along a road, or across the road reserve as the car is parked at the trailhead? Does the walk involve use of public transport? Does the walk require crossing of a road? All these parts of walking make bushwalkers vulnerable road users, hence the scope of Bushwalking Queensland being part of the Qld Walking Alliance, including the Active Trails Strategy which aims to link everything in Queensland with trails regardless of land tenure including national parks, and fostering a community of landholders and land managers to improve the access to walking.

The Planning Institute of Australia realises that planning from the 1950s to early 2000s was wrong in focusing on cars and should have continued on the pedestrian-based transport as it was prior to the 1950s.

Gavin Dale, Secretary, Bushwalking Queensland Inc.

## HOW WE ORGANISE OURSELVES

### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost." Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

**VISITORS** – for general enquiries contact Greg on Ph: 3351 4092.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of February May, August & November, at 7:30pm. The location is Little Kings, 33 O'Keefe Street, Buranda (Woolloongabba) Parking: Turn off O'Keefe St into Wolseley St, and then down the laneway on the left past the medical centre, just before the small cottage.

**VISITORS** are always welcome.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it. <https://fmrqld.bwq.org.au/bushwalkers-overdue/>

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – medical information form, a first aid kit, a torch,



a parka/raincoat, hat, shirt, 50+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

### **MEMBERSHIP FEES** - Membership Subscription fees:

There are different amounts for those who want only an electronic Jilalan and for those who want a printed version as well.

Ordinary Members - \$25 e-copy & \$50 for printed copy.

Associate Members: \$21 for e-copy & \$462 for printed copy.

Associate Members are those not of the Catholic faith.

Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

## **CONTACTS**

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E-Mail	<a href="mailto:briscathbushclub@yahoo.com.au">briscathbushclub@yahoo.com.au</a>	
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President	Cath Wood	0428 755 100 <a href="mailto:cm.mj.wood@gmail.com">cm.mj.wood@gmail.com</a>
Vice President	Michele Endicott	3351 4092 <a href="mailto:michele.endicott@gmail.com">michele.endicott@gmail.com</a>
Treasurer	Terry Silk	3355 9765
Secretary	Susan Tobin	3366 3193 <a href="mailto:briscathbushclub@yahoo.com.au">briscathbushclub@yahoo.com.au</a>
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Outings Secretary	Phil Murray	5522 9702 <a href="mailto:bcbc.outings@gmail.com">bcbc.outings@gmail.com</a>
Social Secretary	Jan Nelson	0401 030 137 <a href="mailto:jannelson703@gmail.com">jannelson703@gmail.com</a>
Safety & Training Officer	Phil Murray	5522 9702 <a href="mailto:bcbc.outings@gmail.com">bcbc.outings@gmail.com</a>
Jilalan Editor	Greg Endicott	3351 4092 <a href="mailto:bcbcjilalan@gmail.com">bcbcjilalan@gmail.com</a>
<b>Non-Committee Positions (Volunteers)</b>		
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Drinks & Dinner Co-Ordinator	Jan Nelson	0401 030 137 <a href="mailto:jannelson703@gmail.com">jannelson703@gmail.com</a>
Country Lunch Co-Ordinator	Greg Endicott	3351 4092 <a href="mailto:endhouse@bigpond.net.au">endhouse@bigpond.net.au</a>
Strolls Co-Ordinator	Greg Endicott	3351 4092 <a href="mailto:endhouse@bigpond.net.au">endhouse@bigpond.net.au</a>
Child Protection Officer	Vacant	
Web Master	Khaleel Petrus	3375 6976 <a href="mailto:admin@bcbc.online">admin@bcbc.online</a>
Web Content Manager	Liz Little	0414 252 003 <a href="mailto:lizlittle2017@gmail.com">lizlittle2017@gmail.com</a>
Club Hut Curator	Iain Renton	3870 8082
Artist in Residence	Iain Renton	3870 8082
Bushwalking Queensland	Web: <a href="https://www.bushwalkingqueensland.org.au/index.php">https://www.bushwalkingqueensland.org.au/index.php</a> e-mail: <a href="mailto:secretary@bushwalkingqueensland.org.au">secretary@bushwalkingqueensland.org.au</a> BWQ Blog: <a href="https://www.aussiebushwalking.com/">https://www.aussiebushwalking.com/</a> <b>BWQ:</b> <a href="https://www.facebook.com/groups/bushwalkingqueensland">www.facebook.com/groups/bushwalkingqueensland</a> Twitter: <a href="https://twitter.com/BushwalkQLD">@BushwalkQLD</a>	
Federation Mountain Rescue FMR	<a href="http://fmrqld.bwq.org.au/">http://fmrqld.bwq.org.au/</a>	
Archdioceses Web Site	<a href="https://brisbanecatholic.org.au/">https://brisbanecatholic.org.au/</a>	
Qld Govt Covid Site	<a href="https://www.covid19.qld.gov.au/">https://www.covid19.qld.gov.au/</a>	
Jilalan Printer	<a href="mailto:myprinting@cpl.org.au">myprinting@cpl.org.au</a>	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Front Cover: Michele Endicott

## **EDITOR'S NOTES**

# The views expressed in *Jilalan* are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

# As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

# If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

- # Look at last month's *Jilalan* and copy that format – especially the “headings” in Comings
- # Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.
- # Type Face is “Arial,” Font Size is “12”, though Date, Name of Event & Type are “14”
- # I need your articles on time – it makes it hard to fit in articles when I have started formatting.
- # Articles from this publication may be reproduced provided the source is acknowledged.

## DEADLINE NEXT JILALAN

**Deadline: 6pm Tuesday 8<sup>th</sup> November**

Use the “Jilalan” style guide below:

<https://bcbc.bwq.org.au/assets/contributing.pdf>

## INSURANCE

Combined General and Product Liability – includes \$20,000,000 public liability, and \$5,000,000 for club assets.

Personal Accident – All activities associated with bushwalking, Covers out of pocket expenses and compensation for injuries leading to loss of limbs & organs, and loss of earnings.

Association Liability – cover for the administration of the club.