



Larapinta Falls – Thursday 18 October

Monthly Magazine of The BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957 Incorporated 1991 Under The Guidance of Our Lady of the Way

> FIRST PUBLISHED September 1970 ISSN: 1836-3121

ISSUE N°577



Date	Event	Leader	Phone	Туре	Grade
17	JTS – Fritzenberger	Michael	0409 620 714	Soc	
18 18	Club Hut Working Bee (Q) Basic Psychological First Aid	lain Phil	3870 8082 5522 9702	DW FMR	S43
19	Mt Cooroy	Michael	0409 620 714	DW	S44
20	General Meeting	Greg	3351 4092	Meet	
22 25	Coorparoo South Archery on the Gold Coast	Greg Russ	3351 4092 3374 3534	Stroll Soc	S31
28	Movie Night	Greg	3351 4092	Soc	
29	Mott Creek	Greg	3351 4092	Stroll	S11
31 Sep 1	Toohey Forest Wildflowers Minnages (Q)	Phil Michael	5522 9702 0409 620 714	DW DW	S22 S47
5	Coffee Night – Miss Claude's Crepes	Michael	0409 620 714	Soc	04/
8	Noosa Trails (Q)	Terry	3355 9765	DW	L24
12 12	West Ithaca Creek GPS Navigation	Greg Phil	3351 4092 5522 9702	Stroll FMR	M11
14/16	South Stradbroke Island (Q)	Michael	0409 620 714	TW	XL11
15	Brisbane Valley Rail Trail (Q)	Louise	3399 4472	DW	M13
17	General Meeting	Greg	3351 4092	Meet	WITO
20	Araucaria Track	Michael	0409 620 714	DW	L33
20	JTS – Brewhouse	Michael	0409 620 714		LJJ
			3351 4092	Soc	
23	Kate Quinlan Society	Greg		Soc	
25	Movie Night	Greg	3351 4092	Soc	0.40
26	Mt Lindesay Cliffs (Q)	Michael	0409 620 714	DW	S46
27	Western Corridor via the Jacaranda Route	Russ	3374 3534	DW ^t	M12
28/1	Pilgrimage (Q)	Michael	0409 620 714	BC	Var
Oct 3	Coffee Night – Miss Kays	Michael	0409 620 714	Soc	
6	Mooloolah National Park	Michael	0409 620 714	DW	M22
6	Toombul to Sandgate & Return	Phil	5522 9702	Bike	
8	Committee Meeting	Greg	3351 4092	Meet	
13	Brisbane Open House	Greg	3351 4092	Soc	
14	Retreat	Michele	3351 4092	Sp	
15	General Meeting	Greg	3351 4092	Meet	
18/24	Great Ocean Road Trek	BWQ		TW	
18	Larapinta Falls (Q)	Phil	5522 9702	DW ^t	M44
19	JTS – Bitter Suite	Michael	0409 620 714	Soc	
20/21	Rat-a-tat (Q)	Michael	0409 620 714	TW	EL47
	Movie Night		3351 4092	Soc	
23 27		Greg			C/F
	Northbrook Mountain (Q)	Michael	0409 620 714	DW	S45
Nov 2/6	Mt Bogong and Mt Feathertop (Q)	Phil	5522 9702	TW	Var
3	Summer Creek (Q)	Michael	0409 620 714	DW	M44
4	Pencil Drawing Class	Russ	3374 3534	Soc	
5	Committee Meeting	Greg	3351 4092	Meet	
7	Coffee Night – HUB Café	Michael	0409 620714	Soc	
10	Musical – Dogfight	Russ	3374 3534	Soc	
11	Ravensbourne Falls (Q)	Michael	0409 620 714	DW	M45
15	North Stradbroke Island	Phil	5522 9702	DW ^t	M11
15	BWQ Annual Meeting			Meet	
16	JTS – Green Beacon	Michael	0409 620 714	Soc	
17/18	South Ballina to Evans Head (Q)	Michael	0409 620 714	BC	L11
17	Mt Joyce (Q)			DW	M35
19	General Meeting	Greg	3351 4092	Meet	
24	Horseshoe Falls (Q)	Michael	0409 620 714	DW	M44
27	Movie Night	Greg	3351 4092	Soc	
Dec 1	Gold Creek Reservoir	Greg	3351 4092	DW	S21
3	Committee Meeting	Greg	3351 4092	Meet	521
3	The Calendar is subject to			MEEL	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

<u> </u>	Y – Walk Types		
DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	 Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10- 15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	 3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small 5 - Moderate - Up to 6 hours walking and or up to 450m gain/loss. Agility required	
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure.Good upper body strength	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	 8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Grant us, O God, the happiness that comes from a life lived to the full, making the best use of our time and opportunities. May we be encouraged by success in living and leave behind the cynicism which is the refuge of failures.

Amen

(Johnson 1986:16).



COMING EVENTS

TRIPS leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

The "Leaders Guide" is on the web at: http://www.bcbc.bwg.org.au/LeadersGuideV <u>5-02-06.html</u>

Leaders: Print your own Event Nomination Form from the Club's web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, or cancel it – please tell Michael Simpson 0409 620 714.

FRIDAY TO SUNDAY 14th TO 16th SEPTEMBER SOUTH STRADBROKE ISLAND THROUGH WALK

Leader:	Michael Simpson 0409 620 714.
Meet at:	St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time:	6.00am.
Cost:	\$25 (car pool) \$2 (private).
Grade:	XL11.
Location:	In Moreton Bay NP.
Distance:	Approximately 35kms.
Emergency Officer:	Greg Endicott 3351 4092.

Did you know North and South Stradbroke Islands used to be joined? In 1894, a ship called the Cambus Wallace was wrecked on the ocean side of a very narrow part of Stradbroke Island. It is believed that the breakthrough was partly caused by earlier efforts to rescue the Cambus Wallace's cargo. Explosives it had been carrying were blown up, creating huge holes in the sand dunes. But it wasn't until 1896 during a southerly gale when the breakthrough occurred. So it was undoubtedly due to both events. The island was named in 1827 by Captain Henry John Rous after his father, the Earl of Stradbroke.

We will be catching a water taxi across to the southern tip of the island and after taking in the Seaway we will head north. Passing the campgrounds of North and South Currigee where might even get an ice-cream we continue north. The island is about 25kms long and so we won't reach the northernmost point until Saturday. We will then walk down the western side as far as possible or until we reach Tippler's. Sunday will then be a gentle stroll down to Couran Cove and our water taxi ride back to the mainland.

SATURDAY 15th SEPTEMBER BRISBANE VALLEY RAIL TRAIL DAY WALK

Leader:	Louise Jones 0437 447 277.
Meet at:	St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Time:	7.00am.
Cost:	\$15 (car pool) \$2 (private).
Grading:	M13.
Distance:	12kms.
Emergency Officer:	Greg Endicott 3351 4092.

The plan is to head straight to Fernvale as we will be doing a car shuffle we will be starting at Lowood. It is a 12 km walk which is within the capabilities of most members.

Please bring the usual day walk equipment; two litres of water, food snacks etc. After the walk we hope to stop at the famous Fernvale bakery for refreshments.

MONDAY 17th SEPTEMBER MONTHLY MEETING & GUEST SPEAKER

Contact:	Greg Endicott 3351 4092
Time:	7.30pm – Doors open & meeting starts soon after.
Where:	St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower
	carpark behind the church. Drive down the ramp at the left.)
Web:	http://www.bcbc.bwg.org.au/page4.html

This month the guest speaker is David Niland, a past member, who will passing on his great knowledge and passion for birds. So come along and be inspired to look for the hundreds of birds that co-exist with us in the wild.

Following the talk stay and hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk or to lead an outing.

THURSDAY 20th SEPTEMBER ARAUCARIA TRACK DAY WALK

Leader:	Michael Simpson 0409 620 714.
Meet at:	St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time:	6.00am.
Cost:	\$25 (car pool) \$2 (private).
Grade:	L33.
Location:	Binna Burra.
Distance:	Approximately 18kms.
Emergency Officer:	Greg Endicott 3351 4092.

This walk was cancelled earlier in the year due to a lack of a leader. As it is such a lovely walk I have decided to put it on again.

The walk is in the Binna Burra section of Lamington National Park and is quite long. There are several eastern lookouts branching off the Border Track and the second last one of these is Araucaria. You wander along the Border Track through delightful rainforest until the first turnoff just after Joalah Lookout. After about another kilometre you branch off again onto the Araucaria Track. The terrain begins to change as you wander out the spur. It becomes drier. You pass the Orchid Bower with several species found here. Lunch will be at the Araucaria Lookout before retracing our steps.

Ring me to discuss the walk before nominating and don't forget to bring the usual equipment for a day walk, water, food, medical emergency form etc.

FRIDAY 21st SEPTEMBER BREWHOUSE JOHN TOOHEY SOCIETY

Leader:	Michael Simpson 0419 620 714.
Address:	601 Stanley Street, South Brisbane.
Time:	From 4pm till 9ish.
What For:	A chat and a beer and a meal.
Web:	https://brewhouse.com.au/

The Brewhouse is a new venue for us. It is located in the 1863 Heritage Listed Clarence Corner Pub in Woolloongabba. It serves a variety of locally brewed craft beers as well as other microbrewers around the world. They currently have eight of their own, Brisbane Brewing Company, beers on tap. They also rave about their food. So come along and check it out.



SUNDAY 23rd SEPTEMBER BREAKFAST CREEK HOTEL LUNCH KATE QUINLAN SOCIETY

Leader:	Greg Endicott 3351 4092.
Address:	Staghorn Gargen, Breakfast Creek Hotel, 2 Kingsford Smith Drive, Breakfast Creek.
Time:	12 noon.
Why:	For a meal and a drink to celebrate the founder of XXXX.
Cost:	Check out their extensive Menu on their website.
Web:	https://www.breakfastcreekhotel.com/



We're heading back to where it all started in 2008, the Breakfast Creek Hotel. We will be meeting in the Staghorn Garden to relive the beginning of one of the enduring social occasions of the Club. So come along and soak up the atmosphere or if you have never been to a KQ day come and see what it's all about.

The Breakfast Creek Hotel has had an unrivalled reputation for its steaks since they were first introduced in the Spanish Garden steakhouse way back in 1968.

The Staghorn Garden is a Queensland institution, thanks to its relaxed, subtropical ambiance and lush landscaping. It boasts stunning timber decks which create an artful, soft separation between the food and bar businesses.

The entire area is light, bright and inviting, merging seamlessly with an eight metre high breezeway structure that links the heritage listed Hotel building to the Substation No.41 building.

An open kitchen and servery is situated on one side of the breezeway, where patrons are able to choose their own steak from the chilled cabinet, in classic Brekky Creek tradition.

The hotel is renowned for introducing Beer Garden style dining to Queensland. The Brekky Creek continues to hold this tradition proud as the Staghorn Beer Garden offers the very best in casual outdoor dining.

The Hotel was built in 1889 in the French Renaissance style by a former Lord Mayor of Brisbane, William MacNaughton Galloway. It opened its doors in May 1890 and was an immediate success. Galloway remained with the hotel until his death in 1895, and his ghost is said to frequent the original parts of the hotel.

In 1900, the hotel was sold to Perkins & Co, brewers (Co-founder Kate Quinlan, 1878). The hotel was leased to individuals who ran it on a daily basis, with product supplied exclusively from Perkins brewery. In the 1920s Castlemaine acquired the assets of Perkins & Co, creating Castlemaine Perkins. Around about the same time, the Cavill family took up the lease and went on to hold the licence for the next 72 years, until 1998.

The hotel introduced many 'firsts' to Brisbane - including beer garden style dining (in the late 1940s or early 1950s), the outdoor kitchen where customers could choose their own steaks from a cabinet (the early 1960s) and the drive-through bottle-shop (the 1960s). The Spanish Garden restaurant was opened in 1968, and at first served Mexican food, but this

failed to gain popularity. Barbecues were introduced the following year, at which time a steak (with Idaho potato wrapped in foil, coleslaw, tomato and a bread roll) would set you back \$1.50.

In 1977, a plan to change from wooden to steel kegs was reversed by a petition to the Managing Director of Castlemaine Perkins, Paddy Fitzgerald. The Brekky Creek was allowed to keep its 'beer off the wood' while other hotels changed to the steel kegs. The public bar is named the Paddy Fitzgerald Bar in his honour.

September 2018 Jilalan Brisbane Catholic Bushwalking Club Page 7 TUESDAY 25th SEPTEMBER NEWMARKET CINEMAS MOVIE NIGHT

Leader:	Greg Endicott 3351 4092.
Meet at:	Schnitz Bistro, Downstairs at Plaza Level, in the Shopping Centre,
	Corner Enoggera and Newmarket Roads.
	http://www.newmarket-village.com.au/
Transport:	https://translink.com.au/
Time:	5.30pm for dinner.
	https://schnitz.com.au/menu/
	6.30pm for the movie.
	https://readingcinemas.com.au/locations/theatre/newmarket
Location:	Inner Northern suburb.
Emergency Officer:	Greg Endicott 0418 122 995. Bring this number with you.

Reading Cinemas have a one price (no concession or discount) of \$10. There is ample parking below in the basement. The food court is at ground level and the theatres are above the food court.

Meet us at Schnitz Bistro about 5.30pm where we will choose a movie to see. The starting times range from approx. 6pm to 7.30pm. As you are aware, theatres never advertise their programmes in advance, so I cannot tell you what will be on in 2 weeks' time. Look up the web, see what's on and come along to help us decide.

People may want to see different movies. Wait around afterwards for coffee to de-brief what we all saw.

WEDNESDAY 26th SEPTEMBER MT LINDESAY CLIFFS DAY WALK

Leader:	Michael Simpson 0409 620 714.
Meet at:	St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time:	6.00am.
Cost:	\$25 (car pool) \$2 (private).
Grade:	S46.
Location:	South of Rathdowney on Border.
Distance:	Approximately 3kms.
Height Gain:	Approximately 300m.
Emergency Officer:	Greg Endicott 3351 4092.

Mt Lindesay is that wonderful mountain, known as the wedding cake that straddles the NSW/QLD border south of Rathdowney. Apparently it is not a difficult mountain to climb but has plenty of exposure. We will not be climbing the mountain. Instead we will be completing a circuit around the bottom cliffs. I will not be doing a pre-outing on the ground.

We will be parking at the old border gate at Collins Gap and following an old road on the NSW side of the border. It could be overgrown; it certainly was a decade ago. We will then follow the normal climbing route along the old rabbit fence. This section is very steep and heavily eroded. Once at the top you will be rewarded with great views into NSW. We will then wander along the base of the cliffs to our lunch spot with, again outstanding views.

Lunch is taken at the top of our descent ridge which is initially steep, narrow and rocky. If you now turn around you will get an indescribable view of Lindesay. As we wander back into light forest we are now but a short distance from the highway. We now follow the highway back up to our cars.

Ring me to discuss the walk before nominating and don't forget to bring the usual equipment for a day walk, water, food, medical emergency form etc.

THURSDAY 27th SEPTEMBER WESTERN CORRIDOR VIA *THE JACARANDA ROUTE* DAY WALK

Leader:	Russ Nelson 3374 3534 or 0427 743 534.
Location:	Chelmer Railway Station, Platforms 1 / 2.
Time:	9.30am + bring your Go-Card.
Cost:	\$2.
Grading:	M12.
Emergency Officer:	Graham Glasse 0428 737 551.

This is a botanical experience not to be missed. This is an opportunity to see the finest Jacaranda trees in full bloom along one of the flood plains of Brisbane, namely Graceville and Sherwood. After walking through Sherwood Forest we climb to Francis Lookout at Corinda, and then cross the valley to The Fort, well known as a spiritual oasis. Next we descend to River Rocks Park and then inland to one of the most spiritual concentrated areas in Brisbane as it includes the Baptists, Catholics, Pentecostals and the Hari Krishna all in a small area. Then we have the pleasure of a walk through the Edenbrooke Valley, another botanical delight. This will bring us out at Darra Railway Station and we will catch a train back to Chelmer recounting our botanical experiences of the day. This walk is very seasonal and offers a different view of our backyard.

FRIDAY TO MONDAY 28th SEPTEMBER TO 1st OCTOBER PILGRIMAGE BASE CAMP

Contact: Michael Simpson 0409 620 714. Location: Jimna State Forest. Web: https://glasshousebw.wordpress.com/pilgrimage-2018/september-long-weekend-jimna/

The Pilgrimage is an annual bushwalking and social event attracting members of affiliated clubs from throughout the south-east corner of the state and sometimes further afield.

This year it is being held in Jimna State Forest and is hosted by Glasshouse Mountains.

I'm assuming most people will organise their own transport but if you haven't then ring me sooner rather than later. I will try to organise something for you.

Continually check their website for details of the weekend and in particular details of the walks.

WEDNESDAY 3rd OCTOBER DINNER & COFFEE NIGHT SOCIAL

Leader:	Michael Simpson 0409 620714.	
Meet at:	Miss Kays, 40 Blackwood Street, Mitchelton.	
Time:	6.00pm for dinner or 7.30pm for coffee.	
Cost:	Your choice.	
Web:	http://www.misskays.com.au/	

This month we are heading to a familiar café in the Mitchelton shopping precinct. We have been there before and enjoyed our time there. The café offers burgers and salads and I'm sure everyone will find something to suit them. So either join me for a meal and coffee or just coffee.

SATURDAY 6th OCTOBER MOOLOOLAH NATIONAL PARK DAY WALK

Leader:	Michael Simpson 0409 620 714.
Meet at:	St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time:	6.00am.
Cost:	\$25 (car pool) \$2 (private).
Grade:	L33.
Location:	North Coast.
Distance:	Approximately 18kms.
Emergency Officer:	Greg Endicott 3351 4092.

Unfortunately Liz has had to postpone her beach walk until next year. Consequently there will a replacement walk in the same area of similar distance.

Mooloolah National Park which contains the Mooloolah River is a very important coastal lowland habitat. It contains coastal rainforest, melaleuca forests, wallum banksia woodlands, scribbly gum open forests, sedgelands and closed heaths which are all threatened regional ecosystems.

We will be walking in both the Mooloolah River and the Jowarra sections of the park. I will not have time to do a pre-outing so come prepared for an adventure. Don't forget to bring the usual equipment for a day walk, water, food, medical emergency form etc.

SATURDAY 6th OCTOBER TOOMBUL TO SANDGATE & RETURN BIKE RIDE

Leader:	Phil Murray 0416 650 160.
Meet at:	Hedley Avenue, Nundah. Near the bike track at Albert Bishop Park.
UBD ref:	Map 140 Q4 Toombul.
Time:	7.30am.
Distance:	Approximately 30 km.
Grade:	easy/medium.

This will be the second bike ride for the year. This is a fairly easy ride along the bikeways on the north side of the city.

The plan is to ride from Nundah to Sandgate and return. Approximate distance is about 30 km. Bring morning tea and water. The plan is to finish before 12.30pm.

SATURDAY 13th OCTOBER OPEN HOUSE SOCIAL

Leader:

Greg Endicott 3351 4092.

Please contact Greg for more information.

SUNDAY 14th OCTOBER CLUB RETREAT

(Day of personal spiritual reflection for ALL, regardless of denomination)

Leader:

Michele Endicott 3351 4092, 0418 708 638 or endhouse@bigpond.net.au

Please contact Michele for more information.

MONDAY 15th OCTOBER MONTHLY MEETING

Contact:	Greg Endicott 3351 4092
Time:	7.30pm – Doors open & meeting starts soon after.
Where:	St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower
	carpark behind the church. Drive down the ramp at the left.)
Web:	http://www.bcbc.bwg.org.au/page4.html

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk or to lead an outing.

THURSDAY 18th OCTOBER LARAPINTA FALLS DAY WALK

Leader:	Phil Murray 5522 9702 or 0416 650 160.
Meet at:	St Brigid's Car Park, 78 Musgrave Road, Red Hill or
	Beaudesert (McDonalds).
Time	6.30am Red Hill or 7.30am Beaudesert.
Cost:	\$25 (car pool) \$2 (private).
Distance	Approximately 9.5 km.
Grade	M44
Emergency Officer:	Sue Murray 0420 510 214

Larapinta Falls is a lovely rainforest waterfall in Lamington National Park. The falls are located in the southern section of Lamington National Park and access is gained along the road to Christmas Creek. The walk will also visit Westray's Grave. The Falls are merely another kilometre upstream from Westrays Grave.

As an aside Larapinta Falls are not to be confused with the Larapinta Track in central Australia.

The falls are impressive. According to the book by John & Lyn Daly '*Take a Walk in South East Queensland*' at page 237 – "If there's been rain, these falls are an awesome sight".

It will be mainly "off track" walking with some rock hopping. It should be a good day. Bring the usual day walk stuff plus, gloves and gaiters. And also bring gear for a quick swim

FRIDAY 19th OCTOBER THE BITTER SUITE JOHN TOOHEY SOCIETY

Leader:	Michael Simpson 0409 620 714.
Address:	2/75 Welsby Street, New Farm.
Time:	From 4pm till 9ish.
What For:	A chat and a beer and a meal.
Web:	http://bittersuite.com.au/

We are heading back to the Bitter Suite again this year as we really like it there. The Bitter Suite is located in residential New Farm and has a great outlook.

They have several craft beers and ciders on tap but there are plenty of other varieties available in bottles. There is food available and they are always improving their menu with their goal to provide and exceptional gastonomical experience along with their exceptional range of beers, ciders and wines.

If you've never been to a JTS try this one. It is usual quiet with plenty of outdoor seating.

FRIDAY TO WEDNESDAY 2nd TO 7th NOVEMBER VICTORIAN ALPS DAY WALK

Leader:Phil Murray 5522 9702 or 0416 650 160.Meet at:To Be Advised, Probably Tullamarine Airport.Time:11.00am on Friday.Grade:L66Emergency Officer:Sue Murray 0420 510 214

The trip this year to the Victorian Alps will be a travelling base camp plus a 3 day through walk. This is a great opportunity to do 5 days of magic walking in the Victorian Alps.

The Three Mountains in summary are

Mt Cobbler Mt Feathertop Mt Bogong

The Proposed Itinerary

Day 1 Friday – 2nd November

Travel to Melbourne drive to the Alps.

- *Day 2 Saturday 3rd November* Mt Cobbler 14 km time 6 hours.
- Day 3 Sunday 4th November Mt Feathertop – 20 km – 8 hrs.
- Day 4 Monday 5^{th} November Mt Bogong up via the Staircase Spur dist. 11 km - walk time 6 hrs.
- Day 5 Tuesday 6th November
 West Peak Bogong 10 km 6 hours.
 Day 6 Wednesday 7th November
 Descend Eskdale Spur 11 km 5 hours.
 Drive to Melbourne 340 km 4 hrs.

Fly to Queensland on 7 pm flights.

Arrive back in Brisbane by 8 pm.

This will be joint walk with the Catholic Walking club of Victoria to join them on their Cup Weekend Walk. If you are interested please contact me to discuss.

TREASURER'S	REPORT
Balance 18/6/18	\$2486.75
Plus Receipts	\$1180.62
	\$3667.37
Less Payments	\$1856.07
Balance 20/8/18	\$1811.30
Term Deposit	\$2871.01

Congratulations to Gerry Burges and Sofia Ramsay who won first and second prize respectively in our first raffle for the year. I am now selling tickets in our next raffle which also has two prizes with the first being a book written by Dianne McLay entitled "Brisbane's Best Bush, Bay & City Walks" and the second being a Denali blue 1.1 Litre water bottle. Tickets are still good value at a dollar each.

Don't forget that the club still has a limited supply of club t-shirts and small metal badges. Once they are gone, who knows when we will have more. Terry.

ABOUT PEOPLE

Gerry Burges, Jenny Dancer, James Grant, Maree Hutchinson, John Huth, Michele Johns, Sue Murray, Rosemary Stafford, Jarrod Sefton and Paddy Taylor are celebrating their birthdays in September. Geoff Egarr was an interested visitor at our August meeting. Carmel Gribbon was a second time visitor on Phil Murray's Toohey Forest walk which also saw Keith and Debra Jessop join us as first time visitors. Visitors are always most welcome on any of our activities.

Khalil Petrus recently returned from Russia where he saw some of the World Cup Football Games. Phil and Sue Murray recently returned from an overseas holiday.

OUTINGS REPORT

The calendar has been completed. It now has to go before Committee before being presented to the Club. This is all scheduled to occur in October so keep your eye on the Jilalan or email or better still come to the October meeting and talk about it.

Hope to see you on the tracks.

Michael 0409 620714 or michaelesimpson@optusnet.com.au

LEADER'S NEEDED

November 17 Mt Joyce December 26 Boxing Day Walk

Date	Trip	Leader	Туре	No
Aug 12	GPS Navigation	Phil	DW	2
Aug 14/15	Barney Mass	Various	DW/BC/TW	9/8/3
Aug 18	Club Hut Working Bee	lain	DW	4
Aug 19	Mt Cooroy	Michael	DW	5
Aug 31	Toohey Forest Wildflowers	Phil	DW	9
Sep 1	Minnages	Michael	DW	7
Sep 8	Noosa Trails	Terry	DW	8

OUTINGS STATISTICS

AROUND THE RIDGES

Spring Wildflower Show and Native Plants Market

Organisers: Native Plants Queensland.

- Date: Saturday 15 September 2018
 - Sunday 16 September 2018.
- Time: 9:00am 03:00pm.
- Venue: Mt Coot-tha Botanic Gardens
- Auditorium.
- Entry fee: \$3.00.

There will be a wonderful array of Australian native plants on display and for sale. There is a huge range of native plants, suitable for every garden situation. The prices for the plants are very low and plants are available from tubes to mature plants. Many plants are available for sale will never be on sale in commercial nurseries.

Swell Sculpture Festival

Dates: 14-23 SEPT 2018.

Venue: Beachfront at Currumbin Beach.

The Swell Sculpture Festival is an amazing chance to see modern sculpture and be enlightened and delighted. The Festival lasts for 10 days and includes a number of great displays which are dotted along Pacific Parade at Currumbin.

This year will be the 16th year of the festival. As part of this festival, there are also various workshops, master classes and art training courses in clay, sculpture and plaster in which visitors

can participate. So if you have plans to visit the Gold Coast during September; try to squeeze in a visit to Currumbin.

YHA Bushwalkers – are in the process of dealing with a proposal to change the name of their Club. Stay posted for details.

GENERAL ARTICLES

The Brisbane Sky-Tower – The Tallest Building in Brisbane

Bushwalkers have an in-built tendency to notice the tallest mountains in an area and for some this interest in the height of mountains naturally transcends into an overwhelming need to climb the highest mountains, hence our regular visits to Mt Barney.

This interest in the tallest mountains often crosses over to observing the highest buildings in our home city. I recently visited Brisbane for the first time in about 6 months and to use a mixed metaphor – "there is a new kid (skyscraper) on the block". Coming into the city from the south east the view of the CBD skyline is now dominated by a huge new skyscraper smack bang in the middle of the city.

This huge skyscraper is the Brisbane Sky-tower and it already has a nick name of "Bon Bon". It is not a reference to Bon Scott of AC/DC fame but apparently the shape of the building is reminiscent of a huge Xmas Bon Bon.

The building will be 270 metres (890 ft) high and it already dominates the CBD's skyline. The new building is at 222 Margaret Street and is nearly completed. It already appears taller than 1 William Street, the previous tallest building in the city.

Brisbane has 14 completed skyscrapers which exceed the qualifying height to be skyscraper of 150 metres (490 ft). As an aside the highest "mountains" in Scotland to be bequeathed the 'distinction' of being considered a Munro (the highest mountains in Scotland) the mountain has to have a height of over 3,000 feet and have a clear prominence to other surrounding hills and mountains of more than 500 feet (152.4 m). I may be quibbling but there was no explanation given as to why 150 metres (500 feet) was selected as the criteria or the cut off limit to qualify as a skyscraper or for a Munro.

Brisbane's former tallest building was 1 William Street (and it had a few unfortunate nick names – the 'Tower of Power' – or the 'Pigs Trotter:') – and it height is 260 metres (850 ft). But the designers of the building sort of stretched things a bit as the communications tower/antenna on the roof is also included in the height of the building.

Currently, there is a height limit for buildings in the Brisbane CBD of 274.3 metres (900 ft). This limit is apparently under review.

Brisbane's City Hall – the Clock Tower - was the city's tallest building for decades after its completion in 1930 and was finally surpassed as the tallest building in 1970 by the Westpac Building. As an aside the City Hall clock tower is considered to be direct copy of the design of the bell tower to St Marks basilica in Venice. The "title" of Brisbane's tallest building has changed frequently in the last 3 decades. See table below.

Building	Time	Height	Floors
Brisbane City Hall	1930-1970	92 m	4
Westpac Building	1970-1971	105 m)	23
Suncorp Metway	1971-1978	118 m	26
AMP Place (gold)	1978-1986	135 m	35
Riverside Centre	1986-1988	142 m	40
Central Plaza One	1988-2005	174 m	44
Riparian Plaza	2005-2006	200 m	53
Aurora	2006-2012	207 m	69
Soleil	2012-2014	243 m	74
Infinity	2014-2016	249 m	81
1 William Street	2016-2018t	260 m	46
Brisbane Sky-tower	2018 - ??	270 m	90

For comparison the Q1 building on the Gold Coast at 322.5 metres (including the antenna) is still the highest building in Qld and also Australia. The tallest building in Melbourne is the Eureka Tower at 322 metres. But wait there's more. The Gold Coast has just approved a new building, the Orion Tower, at 323 metres and when completed will be tallest building in Australia.

Going international I note that the Empire State Building in New York is 381 metres high and the replacement to the Twin Towers called the One World Trade Centre (completed in 2014) is 541.5 metres high and is the highest building in the USA. The tallest building in the world is the Burj Khalifa in Dubai at 828 metres (2,717 ft). By comparison 2 of the clubs favourite mountains to climb namely Mt Maroon is 966 m high and Mt Barney (west peak) is 1359 metres high and are still higher than any man made buildings. Long may that remain the case. Phil.

PAST EVENTS SATURDAY 4th AUGUST EXPO ART TRAIL SOCIAL

We celebrated the 30th Anniversary of Expo '88 by tracking down some of the pieces of art and sculptures that have been renovated and relocated around Brisbane. We visited 16 installations in and near the city and Southbank. The outing also included a city cat ride and a seven-kilometre walk. Our morning tea break was in the beautiful City Botanical Gardens and lunch was beside the river at Southbank. Thanks to all who came along and re-lived the memories: members Sue Walsh, Andrea Turner, Greg Endicott, Sue Ware, Karen Franklin, Michael Simpson, John Hood, Paddy Taylor Graham Glasse, Terry Silk, Rusty and Louise Jones and visitors Emma Jones, Hatsumi Sakaba and Sayori. Liz Little

KOBBLE CREEK CIRCUIT SATURDAY 11th AUGUST DAY WALK

South East Queensland put on a perfect winter's day for the Kobble Creek Circuit walk on Saturday the 11th August. The sky was cloudless, the air was crystal clear but it was not too cold when we started walking from the start of the Lepodozamia track 5.5 kilometres past the Miala National Park at Mt Glorious.

The walk followed old logging roads and was easy to navigate as sign posts have been placed at all intersections. After heading north along a ridge for about 4 kilometres, we turned right and decended steeply to the Kobble Creek Bush Camp next to Kobble Creek Falls. Good rain had fallen the Monday before the walk and this had made the stoney surface of the steep track a lot less slippery than when we did the pre-walk a few weeks before. It was still slippery enough to require a good degree of caution.

At the bush camp, we had morning tea then some explored the falls while others simply enjoyed the chance to rest and chat. Despite the rain the week before, there was barely a trickle running over the falls.

After a good break, we started the climb back to the ridge. Some of the group needed to be back in Brisbane early so they set off at a cracking pace while the rest of us took more measured steps up the steep track and took in the occasional view across to the Glasshouse Mountains and beyond.

We reached the ridge track near a shelter with table and chairs so lunch was eaten followed by an easy 3 kilometre walk back to the cars.

On the way home, we stopped at the Mt Glorious Cafe for coffee etc. There were still quite a few bikers there but plenty of spare tables. The food, drinks and service were excellent.

Thanks to Gerry Burges, Sophie Ramsay, Paddy Taylor, Rose O'Brien, Khaleel Petrus, Terry Silk, John Hood, Louise and Rusty Jones, Michael Simpson, Karen Franklin, Kylie Moore, Steven

Mitchell, Michele Johns, Sherryn Minetti and visitors Ian Roberts and Peter Constable for making it a great day. Richard Johns.

BARNEY MASS TUESDAY TO THURSDAY 14th TO 16th AUGUST BASE CAMP, THROUGH WALK AND DAY WALK

There were three arrivals this year for the Barney Mass. Forester's Hut had been booked again with Trevor, Maxine, Mary, Benno and the Baxter's spending the night in relative luxury. The Kearney's had camped again this year at Larkins whilst Michael, Karen and Kylie climbed South Ridge on the Tuesday and spent a great night on the mountain itself. The third group arrived early Wednesday morning and set off at various intervals up the mountain. Not all climbed the mountain with some completing a little of the journey whilst another explored the base of the mountain. After the Mass most returned home but Trevor, Maxine and the Baxters spent another night in Forester's Hut. Michael.

On the day itself three groups walked from Yellowpinch up South Ridge starting at 6.00am, 7.30am and 8.00am respectively. On the walk in we were passed by a truck with a Back Hoe and a NPWS Ranger. The Ranger explained they were doing some track maintenance at the bottom of South Ridge. The last two groups enjoyed morning tea together just above the "crack" on South Ridge. After going up the chimney we could see Mt Warning in the distance. This confirmed that we had gained significant height. On arrival at Rum Jungle in the saddle we met Karen, Michael and Kylie who had camped the night there. In addition there was Mary who had begun walking at 6.00am. We discovered that Michael, as well as visiting the top of West Peak, had undertaken a pre-outing to the Mass site up the creek. This made finding the Mass site for the rest of us very easy - thanks Michael. Mass was celebrated with Fr Nev Yun and Russ was the Deacon for the Mass. The All Hallows Bush Choir sang their hearts out. The weather can only be described as magnificent and complemented the spiritual significance of the day, namely the Feast of the Assumption. The last person left the Mass site at 1.40pm and we were soon at Rum Jungle and then heading down South Ridge. At the bottom of the Ridge we saw the work that the Back Hoe had undertaken making a previously narrow path across a landslide guite broad. The speedier walkers got back to Yellowpinch at 4.30pm while the plodders arrived around 5.00pm or a bit later. Russ.

Attendees: Base Campers – Trevor, Maxine, Mary, Benno and visitors Laurie & Thea and James and Mary. Through Walkers – Michael, Karen and Kylie. Day Walkers – Russ & Jan, Fr Nev, Jonas, Pat, Terry, Gerry and visitors Colin and Malcolm.

South Ridge climbers – Michael, Karen, Kylie, Russ & Jan, Fr Nev, Jonas, Mary, Terry, Maxine, Jonas, Benno, Gerry (who did not attend Mass) and visitors James, Colin and Malcolm.

The others did various walks around the base of Barney.

FRIDAY 17th AUGUST FRITZENBERGER JOHN TOOHEY SOCIETY

A new venue for us and a delightful spot it was too. Not too noisy, not too crowded, good food and beverages; it was just perfect. Conversations rarely alter on these occasions from solving the world's problems to discussions on future trips and walks. A very good night. Thanks to Karen, Josh, Kylie, Graham, John H, Russ & Jan, Liz and Peggy for joining me. Michael.

CLUB HUT WORKING BEE SATURDAY 18th AUGUST DAY WALK

Another perfect day in paradise. We have been lucky of late but unfortunately our luck is someone else's misfortune. The countryside is very dry. They desperately need rain. After collecting the key we drove in over a well-travelled route to the Hut and discovered that there was not a lot to do. So

after a quick cuppa we started work. Karen and Kylie put another coat of paint on the roof whilst Pete and I cleared the surrounds. The creek was the lowest I have ever seen it but I was assured it has been lower. Thanks to Karen, Pete and Kylie for coming in to give the Hut a spruce up and ready it for the bushfire season. Michael.

MT COOROY SUNDAY 19th AUGUST DAY WALK

Five hardy souls braved the early morning cold and headed to Cooroy to climb a small mountain. After regrouping in the town we arrived at the site of Cooroy Mountain Spring Water whose property contains Mt Cooroy. Even though we arrived just 10 minutes after opening there were already several hundred people there. It looks like we all had the same idea.

After paying the \$10 entry fee we headed up the mountain. Whilst it is only a small climb it is steep and we had to also contend with quite a few other people climbing and descending. It wasn't long before we were at the rocky lookout with great views south, east and west. I was advised there was a bar at the northern lookout but they were only teasing. The northern lookout is reached after traversing the summit and provides great views north, east and west.

As the numbers arriving was ever increasing we decided to head down. There was now a continuous stream of people now steadily making their way up. This made descending quite slow as traffic jams regularly occurred. But no matter it was great to be out on such a beautiful day.

After finally reaching the bottom we stopped for a welcome cold drink and were entertained by a gentleman resembling a bushranger. He recited a great rendition of Banjo Peterson's 'The Man From Ironbark'.

Thanks to Karen, Phil, Benno and Karen F for joining me in probably the only way you can climb Mt Cooroy now.

TUESDAY 28th AUGUST MOVIE NIGHT SOCIAL

Karen, Josh, Ilona and myself attended movie night this month. We started at the usual venue, Schnitz before moving to Miss Claude's Crepe's for coffee. We had all decided to see Mamma Mia – Here We Go Again and were delighted to have done so. It was great. Well worth seeing again. Until next month. Michael.

.FRIDAY 31st AUGUST TOOHEY FOREST WILDFLOWERS DAY WALK

Weather:A fine sunny day.Temperature:22°.Started:8.50am.Finished:12.05pm.Distance:8kms.Height Gain:100m.

Attendance: 9 – Phil Murray, Sue Walsh, Maria Stalker, Michael Simpson, Rosemary O'Brien, Jenny Dancer, Carmel Gribbin, Keith and Debra Jessop.

A lovely walk through this pocket of bushland in the heart of the city. Due to the drought the wildflowers weren't out in profusion but we still spotted many little gems. Especially the bush pea. It was a lovely walk were we did a loop through the forest. We didn't get to the summit of Mt Gravatt but will next time. I was actually very impressed for the turnout for a Friday walk. My favorite flower for the day was the soft mauve flowers of the slender rosemary.

Some of the flowers spotted included.

- Genus Species Hovea acutifolia Westringia eremicola rosmarinifolia Boronia Pultenea villosa petiolaris Pultenea Daviesia squarosa Daviesia ulicifolia latifolius Eustrephus Alphitonia excelsa Dodonea triquerta Gompholobium virgatum
- Common Name Hovea Slender Rosemary pink boronia Hairy bush pea Woolly Bush-pea Prickly moses Native gorse Wombat Berry Soap tree Hop Bush golden glory pea

Phil.

WEDNESDAY 5th SEPTEMBER MISS CLAUDE'S CREPES DINNER & COFFEE NIGHT

A new venue for us although a number of us have been there before on Movie Nights. It was a pleasant change in cuisine with crepes being the food of choice. And delightful they were too. There was a general discussion on next year's walk programme amongst general chatter. It was a great venue. We'll return next year I'm sure.

Thanks to Graham, Pat & Jonas, Terry, Michele and Richard Johns for joining me. Michael.

September 2018 Jilalan Brisbane Catholic Bushwalking Club Page 18 HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Do not presume that outings are cancelled ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

http://www.bcbc.bwq.org.au/EmergOffSyst.html

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader. **MEMBERSHIP FEES** - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20; Spouse Members - Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

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	BWQ Blog: https://www.aussiebushwalking.com/		
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/		
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp		

For specific enquiries, contact the committee member (from above) concerned. For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Larapinta Falls (M Simpson)

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source - author, publication, issue, date, publisher.

I need your articles on time - it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format - especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

Triple Zero Awareness Work Group (TZAWG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAWG launched a free smartphone app: Emergency*. TZAWG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAWG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

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