

JILALAN



Flinders Peak – Thursday 31 May

Monthly Magazine of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

**FIRST PUBLISHED September 1970
ISSN: 1836-3121**

ISSUE N°573

MAY 2018

Date	Event	Leader	Phone	Type	Grade
16	General Meeting	Greg	3351 4092	Meet	
18	Holland Park Hill	Rosemary	3343 1332	Stroll	S12
19	Mt Cordeaux (Q)	Phil	5522 9702	DW ^t	S24
20	JTS –The German Club	Michael	0409 620 714	Soc	
21	Newstead to West End & Return	Phil	5522 9702	Bike	
22	Orienteering Training Day	Phil	5522 9702	Trg	
22	FMR Navigation	Phil	5522 9702	FMR	
22/29	Canberra (Q)	Liz	3356 4874	BC	Var
24	Movie Night – Guernsey Literary & Potato Peel Pie Soc	Michael	0409 620 714	Soc	
28/29	Club Hut Working Bee (Q)	Iain	3870 8082	BC	S43
May 2	Coffee Night – Neighbourhood Pizza	Michael	0409 620 714	Soc	
4/7	2018 Combined Camp (Q)	Michael	0409 620 714	BC	Var
5/7	Moreton Island (Q)	Michael	0409 620 714	TW	L22
5	Mts Cooroora & Cooran (Q)	Phil	5522 9702	DW	S45
7	Committee Meeting	Greg	3351 4092	Meet	
9	Yeronga to Dutton Park Place	Rosemary	3343 1332	Stroll	S12
12	Egyptian Mummies	Michael	0409 620 714	Soc	
16	Romen' the Seven Hills	Rosemary	3343 1332	Stroll	S12
18	JTS – Bloodhound Bar & Kitchen	Michael	0409 620 714	Soc	
19/20	Sunshine Coast Great Walk (Q)	Michael	0409 620 714	TW	M24
19	Gheerulla Circuit Track (Q)	Michael	0409 620 714	DW	M24
21	General Meeting	Greg	3351 4092	Meet	
22	Movie Night	Michael	0409 620 714	Soc	
23	Corinda to Chelmer	Susan	3379 3053	Stroll	S11
26	Ballina to Lennox Head	Phil	5522 9702	DW	M33
30	The Grange Forest Park	Greg	3351 4092	Stroll	S12
31	Flinders Peak (Q)	Russ	3374 3534	DW ^t	S56
Jun 1/3	Conondales (Q)	Michael	0409 620 714	BC	Var
2	Mt Coot-tha Double Traverse #2 (Q)	Liz	3356 4874	DW	L24
4	Committee Meeting	Greg	3351 4092	Meet	
6	Coffee Night – Café 63 Hamilton	Michael	0409 620 714	Soc	
7	Knapps Peak (Q)	Michael	0409 620 714	DW	M34
9	Toms Tum/Barney Beautiful (Q)	Iain	3870 8082	DW	M67
10	Kate Quinlan Society	Greg	3351 4092	Soc	
13	The Banks Street Reserve	Greg	3351 4092	Stroll	S12
15	JTS – Brewski	Graham	3371 9623	Soc	
15/17	Running Creek Falls (Q)	Michael	0409 620 714	BC	L45
16	Running Creek Falls (Q)	Michael	0409 620 714	DW	L45
16/17	Ropes Course	Phil	5522 9702	FMR	
17/24	The 2 Cathedrals Camino (2CC)	Russ	3374 3534	BC	L24
18	General Meeting	Greg	3351 4092	Meet	
20	Bardon Shops to Mt Coot-tha	Greg	3351 4092	Stroll	S12
21	Mt Merino (Q)	Michael	0409 620 714	DW ^t	L34
22/24	Wallangarra to Bald Rock (Q)	Michael	0409 620 714	TW	M23
23	Araucaria (Q)			DW	L34
27	Mt Coot-tha Lookout to Kenmore	Greg	3351 4092	Stroll	S12
29/1	Glen Rock (Q)	Iain	3870 8082	BC	Var
Jul 2	Committee Meeting	Greg	3351 4092	Meet	
4	Coffee Night – Kafe Meze	Michael	0409 620 714	Soc	
5	Mt Moon (Q)	Michael	0409 620 714	DW	S45
7	Savages Ridge (Q)			DW	S68
13/15	BVRT Trek 4 DQ	BWQ		TW	
14	Vinegar Hill (Q)	Michael	0409 620 714	DW	M34
16	General Meeting	Greg	3351 4092	Meet	
20	JTS – London Fields	Michael	0409 620 714	Soc	
21	Shepherd's Walk	Terry	3355 9765	DW	M34

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking and/ or up to 450m gain/loss. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Loving God in the course of my days,
Help me to pause amidst the hustle and bustle
of life:

To observe the changing seasons
And the beauty of my natural surrounds;
To enjoy the fragrance of the flowers;
To smell the early morning dew;
To experience the warmth of the sun;
To rejoice in the budding of new life
That surrounds me;
To find beauty in a blade of grass;
To feel the very breath of life
Pulsating through my body;
To take comfort in the smile,
Or touch, of another person.

(AHS Staff Prayer Dec 2007)

COMING EVENTS

TRIPS leave from St Brigid's car park at
78 Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination
Form from the Club's web site.

A reminder to visitors that you are required
to do 2 walks before Committee officially
declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date,
where, or cancel it – please tell Michael Simpson
0409 620 714.

FRIDAY 18th MAY
BLOODHOUND BAR & KITCHEN

JOHN TOOHEY SOCIETY

Leader: Michael Simpson 0419 620 714.
Address: 454 Brunswick Street, Fortitude Valley.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <http://www.bloodhoundcornerbar.com.au/>

The Club meets regularly to enjoy a chat, enjoy a few craft beers and a meal. We meet somewhere in the inner City close to public transport. For the month of April we are meeting at Bloodhound Bar, another new venue.

The Bloodhound Bar specialises in craft beers and has ten different beers on tap. Their menu centres around Mexican food but there are plenty of food venues in the valley.

So join us for something different whether you enjoy craft beers or not. There is always something available for all tastes.

SATURDAY to SUNDAY 19th TO 20th MAY SUNSHINE COAST GREAT WALK THROUGH WALK

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$32 (car pool) \$10 (private).
Grade: M24.
Emergency Officer: Greg Endicott 3351 4092.

This is a beginner's through walk in the Sunshine Coast Hinterland. It is one of the Great Walks and we will be doing it the easy way. After a brief car shuffle we will start the walk by following the Gheerulla Track in a clockwise direction. After a short sharp climb we pass the Thilba Thalba Walkers Camp and continue on to Gheerulla Bluff. Here we have great views over the Mary Valley before dropping to the valley floor. We now do a loop and follow Gheerulla Creek to Gheerulla Falls. We will collect water along this stretch. After saying goodbye to the day walkers we retrace our steps a little before climbing to the Ubajee Walkers Camp and pitch our tents.

First up today we wander through the Delicia Conservation Park back to our waiting car where we exchange our through packs for day packs. After another brief car shuffle we continue to follow the Great Walk past Baxter Falls and Flaxton Walkers Camp to Flaxton Mill Road and our waiting car. I expect to be finished around midday and a visit to Mapleton for lunch might be a great way to end a great walk.

This will be a great trip for newbies to experience the beauty of through walking. So ring me to discuss the trip sooner rather than later

SATURDAY 19th MAY GHEERULLA TRACK CIRCUIT DAY WALK

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: M24.
Emergency Officer: Greg Endicott 3351 4092.

After a brief car shuffle we will start the walk by following the Gheerulla Track in a clockwise direction. After a short sharp climb we pass the Thilba Thalba Walkers Camp and continue on to Gheerulla

Bluff. Here we have great views over the Mary Valley before dropping to the valley floor. We now do a loop and follow Gheerulla Creek to Gheerulla Falls which are hopefully flowing. After saying goodbye to the through walkers it is but a short walk back to the waiting cars.

**MONDAY 21st MAY
MONTHLY MEETING
& GUEST SPEAKER**

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Ever wanted to walk in New Zealand? Maybe you think the effort is too great or the walking difficult. The answer to both questions is no. New Zealand's Great Walks in particular, provide well maintained tracks and huts that provide just about everything but food. Michael Simpson has walked all the Great Walks on the South Island and will impart some of his experience. So come along and see why so many people and a considerable number of our members walk regularly in New Zealand.

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

**TUESDAY 22nd MAY
NEWMARKET CINEMAS
MOVIE NIGHT**

Leader: Michael Simpson 0409 620 714.
Meet at: The Yiros Shop, Downstairs, Newmarket Village Shopping Centre, Corner Enoggera and Newmarket Roads.
<http://www.newmarket-village.com.au/>
Transport: <https://translink.com.au/>
Time: 5.30pm for dinner @ Yiros Shop.
<http://www.theyirosshop.com.au/>
6.30pm for the movie.
<https://readingcinemas.com.au/locations/theatre/newmarket>
Location: Inner Northern suburb.
Emergency Officer: Michael Simpson 0409 620 714. Bring this number with you.

We are still experimenting with a change of theatres. We have been trying out the new cinemas at Newmarket. They have a one price (no concession or discount) of \$10. There is ample parking below in the basement. The food court is at ground level and the theatres are above the food court.

Meet us at The Yiros Shop about 5.30pm where we will choose a movie to see. The starting times range from approx. 6pm to 7.30pm. As you are aware, theatres never advertise their programmes in advance, so I cannot tell you what will be on in 2 weeks' time. Look up the web, see what's on and come along to help us decide. People may want to see different movies – wait around afterwards for coffee to de-brief what we all saw.

**WEDNESDAY 23rd MAY
CORINDA TO CHELMER
STROLL**

Leader: Rosemary O'Brien 3343 1332.
Guide: Susan Ware.
Meet at: Corinda Railway Station on the side of Saint Aidan's Girl's School.
This is on the corner of Aidans Way and Watt Street.
Train: Springfield.
Time: 4.30pm.
Cost: Free.
Distance: 6km @ 1½ hours.
Grade: S11.
Web: <https://www.google.com.au/maps/@-27.5254617,152.9864241,15z/data=!5m1!1e4>
Emergency Officer: Rosemary 0407 615 767. Bring this number with you.

Bring a Torch

This is rather a delightful stroll/walk passing all the beautiful old Queenlanders of yesteryear. Some have been extensively renovated with all round verandas while others take you back to the small cottages of settlement in the Western suburbs.

We will walk along Dewar Tce to Francis Lookout which is a heritage-listed cemetery registered on the 7th September 2004. It was built from 1863 to 1966 with 10 graves. It is a private burial ground with the district's best panoramic views. It was established by the Francis family who were a pioneering family of Brisbane. We will visit the graves of Morley and Angela Francis with their children and sit at the entrance which is named "Rest For The Weary".

We will follow the road to Hilda St and end at Horace Window Reserve where there is the Carrington Boating Club to see the House Boat moorings in the Brisbane River.

Through the streets we walk admiring the beautiful homes which leads us on the track into Sherwood Arboretum (typically known as Sherwood Forest) where we look at the botanic garden of tall trees. There is a lake with swans busily swimming.

We exit the forest through Joseph St and walk along Arbour St to see all the newly built houses in Sherwood.

Along Bell Tce we pass Bethany Christian Care home for the age. Then we walk on to one of the most famous streets in Brisbane - Laurel Avenue lined with Camphor Laurel trees forming a grove. We pass houses once owned by the Police Department now owned and renovated by a local family.

We turn into Hanlan St then right into Victoria Ave towards Hurlton St. At the end of Hurlton St we finish at Chelmer Railway Station which is along Honour Ave - dedicated to the service personnel who died during the war.

Please come along and join Susan on her first leading of anything.

SATURDAY 26th MAY BALLINA TO LENNOX HEAD DAY WALK

Leader: Phil Murray 5522 9702 or 0416 650 160.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill or Lennox Head.
Time: 7.30am at Red Hill or 10.25am at Lennox Head.
Cost: \$25 (car pool) \$2 (private).
Grading: M33
Emergency Officer: Sue Murray 0420 510 214.

A new walk for the Club. A beach and headland walk from Ballina to Lennox Head. Come along for great views and a lovely patch of Australia.

The proposed route is as follows :- East Ballina, Shaw's Bay, North Wall Ballina (entrance of the Richmond River), Lighthouse Beach, Ballina Head, Shelley Beach, Black Head, Black Beach, Flat

Rock (headland), Flat Rock Beach, Whites Head, Skennar's Head, Lennox Head, down to Lennox Beach (Seven Mile Beach) and into Lennox Head township.

Plan A is we will drive down to Ballina, then do a car shuffle and leave a car at Lennox Head and drive back down to Ballina.

Plan B is if we only have one car is to drive down to Lennox Head then catch a bus to Ballina and walk back along the beach and headlands to Lennox Head

If we are catching the bus it will be Blanch's Bus Service, route 640, from Lennox Head (Beachfront Bus Zone) to Ballina at 10.40 am. The bus arrives at Hill St Shaws Bay (East Ballina) at 11.05 am.

We walk along the breakwater to the mouth of the Richmond river then walk along the many pretty beaches back to Lennox Head.

The drive down is on the longish side and may discourage some people. If you have the relevant facts it is easier to make a decision, so here they are:-

Travel Details for trip to Ballina

Description	Distance	Time
Leave Red Hill at		7:30 am
Red Hill to Lennox Head	186 km	2 hrs 15 m
Time buffer for traffic delays		15 mins
Allowance for morning tea stop at Chinderah		20 mins
Arrive Lennox Head		10:30 am
Catch Bus to Ballina		10:40 am
Arrive at East Ballina (Shaws Bay)		11.05 am
Start Walk		11.10 am
Walking Time to Lennox Head	12 km	4 hours
Allowance for lunch & stops etc		1 hour
Start Drive to Red Hill		4:10 pm
Drive and stop time to Red hill		2hrs 30 m
Return to Red Hill		6.40 pm #

The above time of return is indicative and we could be a bit later than 6:40 pm

TIDES

Saturday 26th May

High tide	05:39	1.28 m
Low Tide	12:45	0.24
High Tide	18:25	1.44

Bring the usual day walk stuff and a light weight warm jacket as the sea breeze could be a bit cool. I expect to have light south east tail winds to help us on our way. In May last year the average temperature was about 24 degrees at Ballina but the wind was usually south east breeze. Last year the winds in May were - SE winds on 15 days, WSW on 10 days and 6 days of NE or NW winds.

It should be a great day in the outdoors and may be several years before we do this trip again as a day walk.

Next year I want to do the walk from Lennox Head to Broken Head, the year after walk to Evans Head, the year after Tweed to Kingscliff. So you may notice a pattern of only one long drive a year to do the beaches in northern NSW. So do it this year or it could be 5 or 6 years before we do it again.



**WEDNESDAY 30th MAY
THE GRANGE FOREST PARK
STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Stafford City Shopping Centre Bus Station.
In the Shopping Centre Carpark.
Bus: 325; 335; 346; 353; 354; 369; 375; 376; 379; [Not all these stop
inside the Centre].
Time: 4.30pm.
Cost: Free.
Distance: 5km @ 1½ hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.416287,153.0082642,1561m/data=!3m1!1e3>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

Come explore Grange Forest with me to see what is there. No pre-outing done – I've driven around it though and it looks good.

Walk the back streets of Stafford and see the industrial heartland of this picturesque suburb. Walk past the Energex depot, the Mail Exchange, the panel beaters. Hear the throb of hammers on cold steel. See the closed coffee caravan.

Now head up Raymont Rd and into Alderley Park, go through the trees and into THE FOREST!!!!!!!!!! So, we push through more trees and into clearings, Past a structure or two, and finally onto the Kedron Brook Bike Track. Now cross the Brook and back to Stafford City. All so simple.

Stay for dinna if you so desire. I will.

THURSDAY 31st MAY FLINDERS PEAK DAY WALK

Leader: Russ Nelson 3374 3534 or 0427 743 534.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill or
Darra Railway Station (Train departs Roma Street at 6.45am).
Time: 6.30am St Brigid's or 7.15am Darra Railway Station.
Cost: \$15
Grading: M43
Emergency Officer: Greg Endicott 0418 122 995.

This peak which is 680m high is visible from the top of Mt Tempest on Moreton Is as well as Mt Gravatt and Mt Coot-tha. It is one of the most prominent landmarks in the Brisbane region. This is your opportunity to join the fortunate few to see the view from the top. The upper slopes of Flinders Peak provide spectacular views of craggy peaks, the Bremer River catchment and the Scenic Rim. This track starts easily but becomes steeper as you ascend, with rough surfaces, steep inclines, cliff edges, limited signage and no water sources. The Peak supports a unique suite of local wildlife. Viewings of brush-tailed rock wallaby, peregrine falcon and wedge-tailed eagle are not usual.

FRIDAY to SUNDAY 1st TO 3rd JUNE CONONDALES BASE CAMP

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: TBA.
Cost: \$32 (car pool) \$10 (private).
Grade: Various.
Emergency Officer: Greg Endicott 3351 4092.

The Conondales is a great National Park to the north of Brisbane. It is a fair drive but it is well worth the effort. We will be heading up Friday afternoon so we are well rested for the walking.

The walking programme is still in the planning stage but will more than likely include the following. We will do a traverse of Mt Allan, the Booloumba Falls track and possibly Walli Mountain.

Give me a ring to discuss the weekend.

SATURDAY 2nd JUNE
MT COOT-THA DOUBLE TRAVERSE #2
DAY WALK

Leaders: Liz Little and Paddy Taylor 3378 4813
Depart: End of Caladenia St, Indooroopilly. (Bus #415 from the City stops one kilometre away; see <https://jp.translink.com.au/plan-your-journey/journey-planner>)
Time: 9.00am.
Cost: \$2.00.
Grading: L34.
Emergency Officer: Russ Nelson 0427 743 534.

This walk, in Brisbane's backyard, covers a variety of pretty scenery and some lovely views of our city. It is a circuit that goes from Indooroopilly, over Mt Coot-tha, down to Bardon, over Mt Coot-tha again and back down through Kenmore Hills and Chapel Hill to Indooroopilly. Our plan is:

- Up the Lookout Trail,
- Down the Summit Track to the JC Slaughter Falls Picnic Area,
- Up the Pinnacle and Powerful Owl Trails to the Grey Gum Picnic Area,
- Along Sir Samuel Griffith Drive,
- Down the Jacksonia Track and the Bellbird Trail,
- Along the Kamala Trail and the Rose Robin Track,
- Along Marmindie Street, Chapel Hill Road and the Lookout Trail.

The Lookout and Powerful Owl Trails are rated as hard. Bellbird Trail is rated as easy. The other tracks are rated as moderate because sections are hilly with uneven surfaces. Kamala is steep and slippery, dipping in and out of gullies. There will not be time for coffee at the lookout as service at the cafe is very, very slow. Please bring all your own food and drinks for lunch and morning tea as well as the other usual requirements for a day walk.

This is different and a little harder than last year's Mt Coot-tha Double Traverse #1.

WEDNESDAY 6th JUNE
DINNER & COFFEE NIGHT
SOCIAL

Leader: Michael Simpson 0409 620 714.
Meet at: Café 63 Hamilton, 63 Racecourse Road, Hamilton.

Time: 6.00 pm for dinner or 7.30pm for coffee.
Cost: Your choice – visit their website for their menu.
Web: <http://cafe63.com.au/>

We have been here before and we all liked it so we are going back. This is usually an opportunity to escape the State of Origin but this year it's in Melbourne. But I'm sure it will still be busy around the City. Check out their website.

Join me for either a meal and a chat or just a coffee and a chat.

**THURSDAY 7th JUNE
KNAPP'S PEAK
DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6:00am.
Cost: \$20 (car pool), \$2 (private).
Grade M34.
Emergency Officer: Greg Endicott 3351 4092.

Knapp's Peak is a small mountain in the Boonah area. It lies on private land and provides great views of Mts Maroon and Barney. The walk starts near the farmer's house and climbs steadily along farm tracks to the summit where we will take a break. We then wander back along a pretty gully before returning to our cars. We should finish by lunch and we can adjourn to the Dugandan for a meal.

The reason for the early start is simple, I want to beat as much of peak hour traffic as I can. So an early start means an early finish and less traffic hassles. Bring the usual for a shortish but strenuous walk.

**SATURDAY 9th JUNE
TOMS TUM
DAY WALK**

Leader: Iain Renton 38708082 or 0401 429 085.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 7.00 am
Cost: \$20 (car pool), \$2 (private).
Grading: S56
Emergency Officer: Greg Endicott 3351 4092.

While this walk does not cover a great distance it does have some steep climbing which rewards you with spectacular close up views of rugged Mt Barney. Last time I led this walk we left the Lower Portals Track soon after crossing Rocky Ck. and went cross country to directly scale one of the central knolls of Toms Tum. This time we will follow the Lower Portals walking track most of the way in till we reach the ridge leading up Toms Tum (near the hut). While a longer distance, it is quicker walking with little route finding and less tricky scrambling.

We will be walking along the ascending spine of Toms Tum (in the past, at times there has been heavy wattle regrowth to force your way through on this ridge, at others it has been relatively clear walking- we shall see). At one point we have to drop down into a deep cleft between knolls which involves some rock scrambling, but nothing difficult. At one of the knolls of Toms Tum there is a very clearly defined razorback ridge which goes all the way down to the top of the falls at Barney Beautiful next to Barney Ck. We will be following this ridge down. Much of it is open with only small trees and shrubs, nothing to obstruct awe inspiring views of Leanings and other peaks. There is also a deep chasm to your left. Very dramatic stuff, you feel like you are up there with the eagles but the great thing is that the ridge is always wide enough not to feel too exposed and descends in step fashion so it is fairly easy going. The route from the top of the falls down into Barney Ck. has been eroding with usage over the years so could be a bit tricky. At Barney Creek is a lovely swimming hole (some call

it Barney Beautiful). We will stay here a while before rock-hopping down Barney Ck. to the Lower Portals and/or the hut (time permitting) then walk back down the Lower Portals track to the cars.

The height gain from the car park to Toms Tum is about 525 metres but with a fair bit of up and down the total height gain will be more than that. Walkers will need to be fit and reasonably agile. Some lovely peaks and great creek walking, what more could you want?

SUNDAY 10th JUNE
KATE QUINLAN SOCIETY
A LUNCH SOCIAL

Leader: Greg Endicott 3351 4092.
Meet at: Glasshouse Mountains Tavern,
10 Reed Street, Glasshouse Mountains.
Time: 11:45am.
Cost: Your meal and drinks.
Grading: M11.
Duration: 3 hours.
Location: North of Caboolture.
Travel: Come by car – address above
Come by train – Nambour Line. 10.03am Nambour train from
Platform 9
Emergency Officer: Greg 0418 122 995 – take this number with you.

Our Winter Social Sunday Lunch will be at Glasshouse Mountains, a quaint little village situated in the heart of the Glasshouse Mountains. We have only been in this region once before and that was at the Palmwoods Tavern. This time we are much further south and only one hour north of Brissie.

The Glasshouse Mountains Tavern is a new tavern in a themed Australian Outback style. The menu is wide and varied and not badly priced either. I'm sure you will find something to tempt your tastebuds.

This is a great opportunity to get out of the hustle and bustle of Brisbane and enjoy some country hospitality.

Hopefully you will join me on the train. You may come by car. Walk if you have to. But, please do come

WEDNESDAY 13th JUNE
THE BANKS STREET RESERVE
Newmarket/Ashgrove
STROLL

Leader: Greg Endicott 3351 4092.
Guide: Michele Endicott.
Meet at: Newmarket; Bus Stop – Enoggera Road Stop 20
[Corner Enoggera Rd and Ashgrove Ave].
Bus: 345; 357; 359; 360; 361; 372; 373; 390.
Time: 4.00pm.
Cost: Free.
Distance: 5km @ 1½ hours.
Grade: S12.
Web: <https://disci.smugmug.com/Nature/Banks-Street-Reserve-Brisbane-Maps-Signs-Photos/i-kGPvTqp>
<https://www.flickr.com/photos/brisbanecitycouncil/sets/72157629537119834/show/>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

We stroll along the bike path to The Reserve along the creek. Then we go up hill and down dale as we transverse The Reserve several times. There are numerous tracks through this remnant piece of native forest situated in sedate old suburbia. Get to a spot where you cannot hear a car. Get to a spot where there is not a dog. Get to a spot where all you can see is our native vegetation.

End up where you started and make your way back to Newmarket. Perhaps stay on for a meal.

**FRIDAY 15th JUNE
THE BREWSKI BAR
JOHN TOOHEY SOCIETY**

Leader: Graham Glasse 3371 9623.
Address: 22 Caxton Street, Petrie Terrace.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <http://www.brewskibar.com.au/>

The Club meets regularly to enjoy a chat, enjoy a few craft beers and a meal. We meet somewhere in the inner City close to public transport. For the month of May we are meeting at The Brewski Bar, another new venue.

The Brewski Bar specialises in craft beers and stock over 200 kinds of bottled craft beers and rotate eight different beer taps every day. So visit their website closer to the day to check their current taps.

So join us for something different whether you enjoy craft beers or not. There is always something available for all tastes.

**FRIDAY to SUNDAY
15th TO 17th JUNE
RUNNING CREEK FALLS
BASE CAMP & DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 4.00pm Friday (Base Camp) 5.00am Saturday (Day Walk).
Cost: Base Camp – Depends on the number coming but approx \$125.
Day Walk - \$25 (car pool) \$2 (private).
Grade: L45.
Emergency Officer: Greg Endicott 3351 4092.

This is a great opportunity to see these wonderful falls, the best in Southeast Queensland. To reach them is a very long day walk, hence the early start for the day walk. Consequently I have decided to stay in the area overnight and get a sleep in.

I have booked the Rimfall Cottage for Friday and Saturday nights but as per usual it books out quickly. There is another house on the property which I can book as well if there is enough interest. Otherwise there is the camp ground at Stinson Park which is about 30 minutes from the start of the walk.

We commence the walk by crossing farmland for about an hour before entering the National Park. From here we follow Running Creek along, hopefully, a track before reaching the England Creek campsite. It is then but a short walk off track to the falls. It will be well after lunch by the time we reach the falls and will probably be after dark by the time we return to the farmland. The day walkers will return home whilst the base campers will enjoy a night relaxing in the bush. The plan for Sunday is open but I thought a search for the old horse path from the Running Creek valley to the Stretcher Track.

**WEDNESDAY 20th JUNE
BARDON SHOPS TO MT COOT-THA
STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Bardon Shopping strip, Bus Stop 15 MacGregor Terrace at Bardon.
At the pedestrian lights in front of the Bakery.
Bus: 61; 375; 382; 383; 385.
Time: 4.15pm.
Cost: Free.
Distance: 7km @ 2 hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.4666904,152.9967016,14.86z/data=!5m1!1e4>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

This stroll takes you down the quieter parts of Bardon where the houses are solid and artful. This area was THE “middle classes” between the wars so money was spent building them.

Go through a park or two. See lovely old trees meeting above the road.

We have to be finished by 6.20pm to catch our bus in front of Toowong Motors.

WEDNESDAY 27th JUNE MT COOT-THA LOOKOUT TO KENMORE STROLL

Leader: Greg Endicott 3351 4092.
Meet at: The Lookout on top of Mt Coot-tha.
Bus: The 3.35pm No 471 Bus at Adelaide Street Stop 41 at Broadway, Brisbane City. This is the last bus to the Mt Coot-tha Summit.
Time: 4.15pm at Mt Coot-tha.
Cost: Free.
Distance: 6km @ 1¾ hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.495388,152.9560255,15z/data=!5m1!1e4>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a torch

This is very unusual for a Stroll since it is covering day walk territory.

We start at The Summit and head down the western track system of The Mount into Chapel Hill and follow Cubberla Creek to Kenmore Plaza Shopping Centre. Thus, most of the way is through native vegetation or along paths beside the babbling flowing creek. Most unusual.

Come along and try to spot some wildlife.

FRIDAY TO SUNDAY 29th JUNE TO 1st JULY GLEN ROCK BASE CAMP

Leader: Iain Renton 3870 8082 or 0401 429 085.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.15 pm.
Cost: \$35 (car pool), \$15 (private).
Grade: M56, S44 (plus bike ride).

Emergency Officer: TBA.

N.B. THIS BASE CAMP has walking AND CYCLING. If you want to do the walks you will need to bring a BICYCLE that can handle a farm track. (I will be organising transport for the bikes to Glen Rock). If you are not doing the walks you can come for a relaxing base camp.

It may seem odd to stipulate a bicycle for a bushwalking weekend but I am keen to explore the southern end of the Glen Rock Forest Park. To reach this area you need to travel down about 7 or 8 kms. of farm track, which is a bit of a slog road-bashing if you are walking, and it wouldn't allow much time for exploring when you got there. Fortunately you are allowed to cycle this route as far as the Top Dip Yards (cattle yards) where we will leave our bikes and start walking.

Glen Rock Forest Park is south of Gatton. It is based around the upper reaches of the Blackfellow Creek valley and was a grazing property with quite a few structures left from that period. The southern edge of the park is the crest of the Great Dividing Range with Goomburra Forest Park of the other side of the crest. It is a long valley with high steep sides and a distinct character unlike the rest of south eastern Queensland. The club has done quite a few walks in the park as day walks and base camps (and even the odd through walk). Most walks have been in the northern and middle sections of the park.

On Friday night we will drive to Glen Rock and set up camp in the camping area. On Saturday morning we will don our day packs and cycle down the farm track to the cattle yards. It is a dirt track in good condition with a lot of creek crossings (many of them are rough and you need to walk the bike across). The Top Dip Yards where we leave our bikes is where the valley turns and heads east. We will be going in the opposite direction, west, over the steep ridge that forms the valley wall and down into the headwaters of Black Duck Creek. If time permits we may make it to Cookes Hut and well (about 14 kms. return). We will probably go back the way we came in. Another option could be a return via Mt Hennessey but time and energy levels may rule that out. I will be doing a pre-outing before the base camp and then will be able to give more details about the walk. Even though the cattle yards are in the middle of nowhere you may like to bring a bike lock with you.

On Sunday we will ride to the Top Dip Yards again and this time turn east to explore the head of the valley. This is a very pretty area more heavily forested than the rest of the valley. It will be less walking than Saturday, 8kms at the most. Blackfellow Falls are in the area but past attempts have found them difficult to get to, so we probably won't be going there. Join me for a great weekend in a wonderful spot and walk somewhere the club hasn't been to before.

**FRIDAY 20th JULY
LONDON FIELDS
JOHN TOOHEY SOCIETY**

Leader: Michael Simpson 0419 620 714.
Address: 3/404 Montague Road, West End.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <https://www.facebook.com/londonfieldsbne/>

The Club's monthly informal get together for July is an old favourite, London Fields. Well it not actually and old favourite as we went there for the first time last year. We loved it so much we are returning this year.

Phil described it last year as follows: "London Fields is a cool white English-style gastro-pub tucked away in a revamped retro building in an off-the-beaten track corner of West End."

Transport from the City is on Bus Route 60 (Blue CityGlider) which goes down Adelaide Street and stops along Montague Road.

<https://translink.com.au/sites/default/files/assets/timetables/161212-60-cityglider.pdf>

So join us for a great way to spend a Friday evening.

TREASURER'S REPORT

Balance 19/2/18	\$4505.62
Plus Receipts	\$3554.96
	\$8060.58
Less Payments	\$2941.59
Balance 16/4/18	\$5118.99
Term Deposit	\$2871.01

A big thank you to all the members who donated so generously to the Little King's, with us collecting a record \$490-00. I am currently selling tickets in our first raffle for the year. It has two prizes with the first being a set of Adventure Ridge Walking Poles and the second being a Crane fast drying 60cm x 1.2m Hiking Towel in a Zippered Pouch with a Belt Loop. Tickets are still good value at a dollar each and remember that you have to be in it to win it. Terry.

ABOUT PEOPLE

Joshua Cooke, Greg Endicott, Joe Finn, Benno Giuliani, Richard Johns, Phil Murray, Helen Mees, Rosemary O'Brien and Joe Tottenham are celebrating their birthdays in May. Mary Cross and past member, Nathan Tobin were interested visitors at our April Meeting. Therese and Peter Nally had their son, Michael and Nephew, Oliver join them on Pat Lawton's Lower Portals walk which also saw Nathan Tobin join us for the first time in many years. Visitors are always most welcome on any of our activities.

The club extends its sympathy to Anna and Geoffrey Egert on the recent death of Anna's mother.

Jonas Bernotas and Pat Lawton recently returned from a trip to North Queensland.

OUTINGS REPORT

As I write this month's report I have had no takers for my through walk next weekend. But I do have nominations for the day walk so whilst we won't see the beauty of the whole area we will see some. The last two weekends saw the Club visiting the Hut for some badly needed maintenance to both the Hut itself and its surrounds. It was great to see so many helpers this year and we managed to get a lot done. And last weekend the Club did a through walk on beautiful Moreton Island. Khaleel was doing his first through walk and I know he'll be back for more. In the next two months there are two through walks and four base camps on offer. Don't miss out, nominate early.

In late February next year I intend to lead a walk to New Zealand. We will complete the two Great Walks on the North Island, the Tongariro Northern Circuit and Lake Waikaremoana. The Tongariro Northern Circuit is a 3 day/45kms circuit whilst Lake Waikaremoana is a 3 day/46kms circuit. More details will follow later in the year.

Hope to see you on the tracks.

Michael 0409 620714 or michaelesimpson@optusnet.com.au

LEADER'S NEEDED

June 23 Araucaria Track
July 7 Savages Ridge
December 15 Mountains to Mangroves
December 26 Boxing Day Walk

OUTINGS STATISTICS

Date	Trip	Leader	Type	No
April 7	Mermaid Mountain	Jan	DW	15
April 19	Mt Cordeaux	Phil	DW	8
April 22	Orienteering	Phil	DW	4
April 22/29	Canberra	Liz	BC	4

April 28/29	Club Hut Working Bee	Iain	BC/DW	7/4
May 5/7	Moreton Island	Michael	TW	6
May 5	Mts Cooroora etc	Phil	DW	7

SAFETY & TRAINING REPORT

The Proposal for an “Emergency Information Form”.

The Club membership is steadily approaching an age demographic where medical emergencies can occur on walks for things like heart attacks or other medical emergencies like strokes. At present the Club has little in the way of set protocols to attend to these crisis medical situations.

At the last committee meeting a proposal was put forward for our Club to have a process or protocol to cater for the communication needs in the event of medical emergencies. It was considered that as a minimal requirement for each walker to have some basic personal medical information available and for the contact details for their next of kin to be available to leaders of walks.

Rather than reinvent the wheel as how this “emergency information form” should work it was suggested that our Club adopt the process that the Catholic Walking Club of Victoria has implemented.

The Victorian Club’s “protocol” is that each walker carries a form with the basic information in their own backpack and in the case of a walker having a heart attack or collapsing that the leader could at least access the emergency information form and start the first aid response with some basic information.

Below is a copy of the form (See Appendix 1) with the relevant “topics” or “fields” that should be included in the form.

It is proposed that the issue of the “Emergency Information Form” be discussed at the May and June monthly meetings with the members asked to put forward relevant suggestions as to how the form should work and hopefully have the protocol in place by 1st August.

If you are wondering why the 1st August is suggested as the implementation date it is simply so it is in place before the next Barney Mass as the climb up Mt Barney is very onerous and there is a heightened possibility of a medical emergency occurring.

Obviously, there may be some concerns about privacy but in a critical medical emergency situation a person’s health would presumably be the more important consideration. Further the private information would only be accessed in the event of a critical medical emergency.

The committee requested that I as S&T Officer should put forward a quick article for the next magazine (here it is) and include a copy of the Victorian Club’s form (see Appendix 1) to kick start the awareness of the issue and thereby seek feedback from the members so as to facilitate the discussion at the next 2 meetings. An issue I quickly noticed is the question in the Victorian Form about “Ambulance subscriber”. I presume that all permanent Queensland residents have automatic coverage now and as such that “topic” or “field” would be deleted from the Brisbane form.

As a starting point for the discussion the suggestion was made that our form should be called the “Emergency Information Form”.

MEMBERSHIP REPORT

At the end of April, we had 88 members including 61 Ordinary Members, 18 Associate Members, two Honorary Members and seven Life Members. We welcome Sue Ferguson as a new member and Monica and Ken McCarron as returning past members.

PAST EVENTS

THURSDAY 15th MARCH VARISTY LAKES TO BROADBEACH DAY WALK

Weather: A cloudy and muggy day.
Temperature: 28°.
Wind: 33 kph.
Started: 9.15am.
Finished: 2.05pm.
Distance: 16kms.
Height Gain: 5m.
Attendance: 3 – Phil Murray, Maria Stalker and Sue Walsh.



A lovely walk through the many parks and lakeside walks of the Gold Coast. Plus we had a leisurely stroll along the beach. The trip was designed to take advantage of the train trip to the end of the line to Varsity Lakes and the tram ride back from Broadbeach to Helensvale for the train trip back to Brisbane.

The walk from Miami Beach to Broadbeach was very quick as we had a strong tail wind. We basically had the beach to ourselves as the swell was huge. The plus side of this huge swell was that the surfing competition, the Quiksilver Pro, had ideal huge waves at Kirra Point to hold the final of the event.

Thanks to Sue and Maria for joining me on this walk.

SATURDAY 24th MARCH OBI OBI LILO TRIP DAY WALK

Weather: A cloudy day with a light drizzle about 1 pm.
Temperature: 24°.
Started Walk: 10.22am.
Started Lilo Trip: 10.42am.
Ended Lilo Trip: 1.05pm.
Ended Walk to Car: 2.40pm.
Lilo Distance: Approximately 5kms.
Walk Distance: Approximately 4kms.
Height Gain: 180m.
Water over Spillway: 10cm.
Attendance: 2 – Phil Murray and Benno Guiliani.



Benno and me before we got in the water



Benno at the first waterfall. We had to walk around this waterfall

The water level was 10 cm over the spillway of the Baroon Pocket Dam. The history of previous trips shows that 10 cm is at the lower level of the water flow for the trip being worthwhile. Matthew Palmer is a "purist" and will only do the trip if the water over the spillway is at least 25 cm over the spillway so Matthew wasn't a starter. I hasten to add that I am not sure if I am interested in doing the trip when the water is that high.



The waterfall at the Narrows Gorge. Benno is under the waterfall



Benno – Just chilling out on his lilo while we drifted along Obi Obi Creek



Benno on a Tarzan swing

We had sufficient rain in February and March to get the water level over the spillway. The Obi Obi trip doesn't seem to have many interested adventurers in the Club. This is a bit disappointing as it is a fabulous trip. This year I was fortunate and I had one nomination, namely Benno, and the trip was a goer. I should quickly mention that Jarrod Sefton wanted to join us but was prevented from joining us as he had work commitments.



A canoeist shooting the rapids

In summary it is a real blast just floating along with the water propelling you forward. I have included several photos of Benno to show what fun he had and perhaps encourage others to join us next time. (I trust Michael includes all 6 photos.)

The above photo of a canoeist illustrates the little rapids we were going down. I hasten to add that I didn't have time to get a photo of Benno coming through the rapids as he was always so quick.

The Obi Obi Lilio trip is a real blast and from the photos you can see that Benno had a great day out. Benno did all the good things and I took the photos. But I hasten to add that Benno kindly volunteered to drive my car on the way back to Brissie. Thanks Benno. Phil.

**TUESDAY 27th MARCH
MOVIE NIGHT
SOCIAL**

A good turnout for the second movie night at Newmarket with nine (9) members attending, nearly double the first event. We met at Schnitz, a new restaurant in the complex, which has pretty good meals and reasonably priced. Most went to see Games Night whilst two saw 12 Strong. We gathered at the cinema's coffee shop after the movies to debrief. A great night.

Thanks to Michael, Karen, Michele, Russ & Jan, John H, Terry and Susan W for joining me. Greg.

**EASTER MONDAY 2 APRIL
LOWER PORTALS FROM DRYNAN'S HUT
DAY WALK**

Despite a wet Easter weekend being forecast, Easter Monday turned out to fine. As usual the walk was a combined one with B C.B.C. and B.O.S.Q. I had advised the property that about 25 people would be attending - and that was okay.

The phone rang hot over Easter. Each time I went out there were more 101 calls to reply to. In total there were 46 nominations, but with 5 cancellations the number dropped to 41.

The 2 Clubs regrouped at Boonah and travelled in convey to Drynan's Hut – it was like a funeral procession minus the hearse! After introductions and informing the group that the walk was on private property and that permission wasn't given willy-nilly we set off through the gate marked "Private Property". To my surprise the owner arrived on the scene. Could she count to 41! She told the group that it was a privilege she had given me to enable us to walk on her land. We all thanked her for her kindness and she told us to have a nice day.

To start the walk I was going to visit the beautiful Drynan's waterhole but decided to leave that until the end of the walk. The route followed an old timber road, the first part of which was extremely steep. We regrouped for a break after the climb and it was a chance for everyone to get to know one another and to have a chat. It was then all downhill to Barney Creek for morning tea. The creek was almost knee high so all got wet feet –Chris Trehearn managed to get more than wet feet! Jonas got a slap on the wrist for attempting to take the front a different way.

We followed Barney Creek along until we reached the property boundary and after climbing through the locked gate, we arrived at the National Park camp ground and the Lower Portals.

Several people went for a swim, while the rest just enjoyed the beauty of the surroundings. There were quite a few others there who had walked in via the usual track.

We returned via the same route with a short detour across the creek to visit the Catholic Bushwalkers Hut. A regrouping was had before we descended the steep section of the road. Care was required going down this and I think about 4 people managed a fall. One had a dramatic fall – he screamed before he fell – the thud came sometime after the scream. Another was seen doing delicate ballet steps before he hit the ground.

We all safely arrived down and paid a visit to the lovely swimming hole. The majority of the group had not seen the swimming hole before and all agreed that it was a lovely spot. About 8 people went in for a dip and it took some enticing to get them out.

We arrived back at the cars about 3.30 pm. The coffee shops in Boonah closed at 4 pm - too early for us so most people made their own way home, while a few of us said out goodbyes at McDonalds at Yamanto.

Just as we left Drynan's Hut the heavens opened and we had a heavy downpour – how lucky where we!

I enjoyed the day and I think others did also. Thanks to Euey Mangan for being the tail – he did an excellent job with such a large group. Thanks also to all the drivers.

I would like to thank all those who came and who made the trip rather easy to lead for such a large group. I have phoned and also written a letter of thanks to the property owners.

B.C.B.C. – Helen Williams, Nathan Tobin, Terry Silk, Sue Walsh, Russell & Louise Jones, Paddy Taylor, Therese, Peter, Michael Nally & Oliver, Maria Kerruish. Rosie O'Brien, Jenny Dancer, John Bigg, John Hood, Kaleel Petrus, Joe Tottenham, Benno Giuliani.

B.O.S.Q. - Bronwyn Menkens, Euey Mangan, Will Taylor, Helen Sutherland, Ed Diary, Chris Trehearn, Heather Buchanan, Lyn Skaines, Sue Foster, Robin Byko, Peter Stokes, Tom Borr, Kerry Necker, Alan Cox, Lyn Hazelwood, Clive Da Silva, Ann Alexander. Both Clubs – Myself and Jonas Bernotas.

SATURDAY 7th APRIL MERMAID MOUNTAIN DAY WALK

After a showery night, we awoke to a beautiful Saturday morning. Fifteen walkers made our way to Upper Brookfield before the drivers completed a car shuffle. We set off up the dirt road shortly after 8.30am and wondered what the noise ahead was before coming across some goats. The countryside was quite lush after all the recent rain. After about an hour and a quarter, we joined a narrow rocky track which quickly took us to the summit of Mermaid Mountain. It is quite spectacular the way the view opens out before you as you reach the top of the mountain, with good views over Lake Manchester and across to Flinders Peak, Ipswich and Mt Walker.

We sat along the narrow ridge top to have morning tea and admire the view before following the ridge until it re-joined the dirt road. We then followed this road for about 7kms before arriving at the cars on Haven Road shortly before 1pm.

Thanks to all those who joined me on the walk – Helen, Terry, Maria, Khaleel, Sophie, Paddy, Louise, Rusty, John H, Michele J, Richard, Sherryn, Paulette and Russ. Jan.

TUESDAY 10th APRIL THE BANFF FILM FESTIVAL SOCIAL

There were four attendees at this great festival. We met at the Watt Bar for a bite to eat and drinks before heading into the theatre. There were seven short films on offer this year with topics ranging from mountain biking to mountain climbing.

The first movie, Imagination, taps into a child's imagination as he imagines being a skier doing all sorts of crazy tricks down a mountain. This was followed by the story of Apa Sherpa. He has climbed Everest 21 times but wouldn't wish this upon anybody. The major feature called Dugout was the story of two mad Englishmen who travelled to the Ecuadorian Amazon to live with an indigenous family, build a traditional dugout and then canoe on a journey. Amazing stuff. The last film before interval was a very short film of the Flying Frenchies who combine clowning, mountaineering and BASE jumping.

There were three films after interval. The first film was in Australia and was about ascending Federation Peak in Tasmania in the middle of winter via the Blade Ridge. And if that was not enough it was the wettest winter on record. The second film was the continuing story of Hera van Willick as she cycles around the world. The last film, Stumped, was about Maureen Beck's successful (finally) attempt to climb a 5.12 grade climb. The amazing part was that she was born missing her lower left arm.

Thanks to Karen, Pete & Nicky for joining me for this amazing festival. I can't wait for next years. Michael.

**FRIDAY 20th APRIL
THE GERMAN CLUB
JOHN TOOHEY SOCIETY**

We returned to the German Club after a two year break but this time outside of Octoberfest. And what a great night it was. In fact Graham commented that we should go there every month. The food was excellent, the beers varied and the company wonderful. It was an inclement afternoon so we couldn't sit outside in the beer garden but the inside was nearly as good.

Thanks to Karen, Josh, Kylie, Graham, Liz, Russ & Jan, John H, Peggy and a new member Mark D. for joining me. Michael.

**SATURDAY 21st APRIL
NEWSTEAD TO WEST END & RETURN
BIKE RIDE**

Weather: Bright sunny morning.
Temperature: 26°.
Started: 9.15am.
Finished: 11.45am.
Distance: 34kms.
Height Gain: 5m.
Attendance: 4 – Phil Murray, Michele Johns, Rusty and Louise Jones.

I nearly pulled out of doing the trip but I was so pleased I did it. Louise said the same things. You think you have done it before but on the day it is a real buzz just cruising along the bike ways beside the river. I was on a high for days afterwards.



Michele, Rusty, Louise and Phil

We did a few changes to the plan. We rode from Newstead to West End but we didn't catch the ferry across the river to the Regatta Hotel as we missed the ferry by 1 minute. But it was a case of so what

and we still had a great time going back the same way we came. A highlight was stopping on the Goodwill Bridge and had a hot chocolate at Brendan's café.

It is a great trip and I hope to do it again next year. Please join us next time.

**SUNDAY TO SUNDAY
22nd TO 29th APRIL
CANBERRA
CITY WALK**

This walk in the national capital was blessed with excellent weather, including clear blue skies, sunshine and moderate temperatures. These conditions made for a wonderful week of walking.

One of the highlights was the presence of the autumn leaves. Canberra's many deciduous trees presented spectacular shades of green, red, yellow and orange, quite a novelty for Queenslanders. Our timing could not have been better. We observed the progression from green to the autumn tones as the week went on.

Another highlight was ANZAC Day at the Australian War Memorial. The day began with a two kilometre walk to the Dawn Service, where we were able to find seats that gave us a close up and clear view of the service and good audibility, especially of the haunting sound of the didgeridoo that began proceedings. Retired Colonel Susan Neuhaus, a surgeon, delivered a truly inspiring address. It was amazing that 38,000 people could gather in absolute silence. We returned to the War Memorial after breakfast to walk the length of ANZAC Parade, examining the various memorials along the way and mingling with those arriving for the mid-morning ceremony and gathering to participate in the parade. We then walked up the Kokoda Trail on Mt Ainslie behind the War Memorial. On the way down, we could hear the ceremony, especially the singing of the National Anthem. We also witnessed the three-jet flyover that concluded the proceedings. We ate our lunch on a shady part of the War Memorial Lawn and then spent some time inside examining the quite outstanding displays.

On most days we walked twenty kilometres. The walks included Black Mountain, Mt Ainslie, the Parliamentary Gardens, Telopea Park, Manuka and the Central and Western Basins of Lake Burleigh Griffin. Our walking took us to the National Museum, the National Film and Sound Archive, Parliament House and Gardens, The Museum of Australian Democracy at Old Parliament House, the Carillon, the Botanic Gardens, the RG Menzies Walk, the Artworks of Civic, the National Art Gallery, the Portrait Gallery, The Australian War memorial and Scrivener Dam, which blocks the Molonglo River to form Lake Burleigh Griffin.

The roses in the Parliamentary Gardens were spectacular. The wildlife on the lake added a whole new dimension to the walks, which were already through beautiful parklands and along forest paths. At the Carillon, we were lucky to enjoy a whole concert, not just the quarter hourly chimes, as we relaxed over morning tea. Lunch at the Botanic Gardens was on a most peaceful Eucalypt Lawn and was followed by a wander around the gardens. We were particularly impressed by the new Red Centre section with the Sturt Desert Pea in flower. At the Museum, one member of our party recognized an old-style bushwalking pack and a Dixie! Black Mountain and Mt Ainslie, of course, were REAL bushwalks!!

I enjoyed travelling back to Brisbane in a pink plane.

Thanks to Paddy Taylor, Sofie Ramsay and Andrea Turner for their superb company and enthusiasm. Liz Little.

**TUESDAY 24th APRIL
MOVIE NIGHT
SOCIAL**

A smaller number attended the Movie Night this month as several of our regulars were absent. We met at the usual venue, Schnitz, for dinner before moving to Miss Claudes Crepes for dessert and a wonderful cup of coffee. The movie of choice was The Guernsey Literary Potato Peel Pie Society and

what a great movie it was. The British certainly do this style of film well. Next month we will be trying out a new restaurant, the Yiros Shop just across the way from Schnitz. So join us.

Thanks to Karen, Terry, Russ & Jan for joining me. Michael.

**WEDNESDAY 2nd MAY
NEIGHBOURHOOD PIZZA
DINNER & COFFEE NIGHT**

Suggested by Russ (as it was around the corner from his place) this was a new venue for us. Some murmurings were heard about the isolation of the café but it proved a great choice. It is a quiet unassuming little café in the heart of the Kenmore village with a very nice selection of pizzas from which to choose. We might have to visit again.

Thanks to Karen, Josh, Russ & Jan, Graham, Liz, Maria and Pat & Jonas for supporting this social. Michael.

**SATURDAY TO MONDAY
5th TO 7th MAY
MORETON ISLAND
THROUGH WALK**

We are so lucky having Moreton Island on our doorstep. The island is one of the wonders of Australia if not the world. It's a shame that so many of the 4WD visitors pollute the environment. There is rubbish everywhere a 4WD can go and none where they can't go. But ignoring that it is still a beautiful place.

We started with eight starters but due to unforeseen circumstances the number was reduced to five by early Saturday morning. The trip across on the Tangalooma Flyer was short but pretty as we first cruised down the river before crossing beautiful Moreton Bay. We could see the Big Sandhills quite clearly, our lunch stop, and you could almost see the entire island from top to bottom. The island is highest at the north end and tapers off to the south much like North Stradbroke. I guess this a result of the prevailing winds and the northward movement of sand.

It was 8.45am when we set off south with a frontal system moving through. This meant that we walking into quite a strong breeze which made walking difficult. As per usual we spread out as we wandered along soaking up the sun and the sounds of the island. Midday came and we stopped beneath the Big Sandhills for lunch. Such a pretty campsite. There was a family here setting up and we were amazed how much gear they managed to get off their small boat. I could not see how they could all fit in as well. Pete, Kylie and Khaleel took the opportunity to climb the Big Sandhills and were amazed at the views over the island. We were over halfway at this point and I was now heading into unknown territory. As we wandered south past old wrecks we started to venture into mangroves and were no longer able to follow the beach. We were now on the road which is clearly covered at high tide. As 4pm approached we started looking for a suitable campsite which we found some 1500m north of Koorinal. The whole area was full of Sheoaks and were alive with small birds. After setting up camp we decided to head into Koorinal for dinner. We were headed to the Gutter Bar which proved to be on the southern side of town and 2,6kms from camp. We arrived too late for dinner so we decided to have a few quiet drinks before heading back. Around 6.30pm the barman came over and offered us fresh tiger prawns at a reduced rate as they had to throw them out otherwise. How could we refuse? During the evening we were shadowed by a Beach Stone Curlew, a lovely sight. The bar was closing around 7.30pm so we headed back to camp, arriving just on 8pm. We had walked 24kms that day with Karen managing 30kms. A big day.



Setting Off



First Night's Campsite



View South From the Big Sandhills



Tiger Prawns at the Gutter Bar



Karen & Kylie Crossing a Creek



Second Night's Campsite

It was cloudy when we awoke but the clouds soon moved on as we headed back through Koorinal and around the southern point. North Stradbroke Island was just over the inlet with Amity Point clearly visible. The western shore was littered with dead trees as the sea continues to reclaim the island. At least it forced the 4WDs inland. We were surprised by a push bike with the biggest tyres I've ever seen. They seemed to help as he cruised effortlessly along the soft sand. It wasn't long before we passed Mirapool Lagoon, a beautiful spot. The rest of the day was spent meandering north along the beach towards the Rous Battery campsite. We arrived around 1pm so we had plenty of time to set up camp, explore the area and go for a swim. The wind sprang up during the day but we were well protected behind the dunes. The only others here were a group of about 20 BBW walkers, some I had met before. It was a shorter day today only around 17kms.



Part of the Rous Battery

We awoke to a beautiful day and set off along the Rouse Battery track around 8am. We spent a little time exploring the ruins of the Rous Battery before wandering along the track. The flora changed almost immediately with the sheoaks replaced by gums and several smaller trees and shrubs. We reached the Desert turnoff around 11am and after crossing the Desert we stopped for lunch. The Desert is amazing, this huge sandblow just down the beach from the resort. We lingered for awhile before heading back to the western beach and back to the resort. Sadly our weekend was over. We caught an earlier ferry back to the mainland as they had put on an extra service to bring a large number of wedding guests back.



Crossing the Desert

Thanks to Karen, Josh, Pete, Kylie and Khaleel for joining me on this memorable trip. Well done Khaleel for completing your first through walk. I'm sure you enjoyed it as much as we enjoyed having you along. All in all we walked 54kms with Karen walking 60kms. Koorinal was well worth visiting. I'm glad we did it. Michael.

**SATURDAY 5th MAY
MT COOROORA & MT COORAN
DAY WALK**

Weather:	Initially bright and sunny but as the day grew longer lots of high clouds came in and some very dark patches of cloud drifted in but the predicted showers never eventuated.
Temperature:	25°.
Mt Cooroora	
Started:	9.25am.
Finished:	11.35am.
Distance:	3kms.
Height Gain:	330m.
Mt Cooran	
Started:	12.38pm
Finished:	2.35pm.
Distance:	2kms.
Height Gain:	200m.
Attendance:	7 – Phil Murray, Michele & Richard Johns, Sherryn Minetti, Robin Thorn, Benno Guiliani and Paddy Taylor.

Two lovely mountains in one the day. The track on both mountains are very steep in places.

Mt Cooroora is a great little mountain that looms over the township of Pomona. The views on the way up and from the summit are terrific. But, yes there is a but, the place is being loved to death.

The track is badly eroded and in several spots the track is very smooth and slippery. There is a chain to help you but in places it is coming loose. There are also stairs but they distract from the sense of bushwalking as it is like you are walking up a set of stairs in a factory.

Of note is that when we arrived at the base of Mt Cooroora there were dozens of cars and people everywhere. Many people use the mountain as a venue to keep fit and we were passed by several people who were literally jogging up and down the mountain. We spoke to several people who were actually climbing up and down the mountain 3 times that day to improve their fitness for competitions like 'tuff mudder' and "Enduro". With so many users it was very busy and it detracted from the ambience.

Anyhow we gritted our teeth and slogged up the mountain. There are a few sections where the track is actually a steel staircase. It detracts from the ambience a bit but prevents further erosion. One day I suspect it will be a steel staircase all the way to the top. We had a few slow walkers in our group as the track was a bit challenging in places and needed to regain their breath. We reached the summit at 10.30.

The views from the summit were excellent and you could see several nearby mountains and the ocean to the east of Noosa. We had a short break and then quickly retraced our steps back to the car. It was then a slowish trip to Mt Cooran via Pomona.

We hadn't been given prior permission to climb Mt Cooran, so I was working on what our Plan B would be if we denied access, the options were visit Mt Tinbeerwah and then climb Mt Ngungun. When we approached the local person (name withheld for privacy) on the day we were delighted to be advised that yes we could have access. Now all I had to do was lead the group up the mountain. I had previously been up the mountain once before back in 2006 when Paul Evans led the trip. But my memory was a bit foggy as to where we started. I could remember the middle and the end of the walk but not the start. The biggest problem was which way do we go in. But it was actually easy peasey – just follow the fence line across the grassy paddock (about 300 metres) to the north east corner of the mountain, stroll into the forest and then follow the yellow tape that marked the way. I should quickly add that although it was very, very easy to follow the track it was very, very steep with a few sections of rock scrambling. There were also about a dozen sections where the track was

those tricky loose pebbles (about 3 cm in diameter) that rolled under your feet while you were walking and on the way down 3 of our group had minor slips and their feet slipped out from under them and they landed on their derriere. Fortunately no injuries just a moment of embarrassment. We had 2 stops on the way up and the views were excellent.

We were soon back down to the base and admiring what we had just completed. We had a quick stop in Cooran for ice blocks, milkshakes and one of group had a coffee. Then it was back to Brissie by about 5 pm. A great day and thanks to those who joined me on a great day. Thanks to Benno and Richard for driving.



**The Track Coming Down Mt Cooroora.
The Rock is Worn Smooth in Places.
Sherryn, Robin and Michele.**



Sherryn on the Steel Staircase

We had afternoon tea in the very quaint village of Cooran and we had a team meeting as to whether we should climb Mt Ngungun and the clear majority was that 2 mountains in one day was good fun but a third was a bit of chore and also the weather looked like it was getting worse and would probably rain as predicted and we decided that we could climb Mt Ngungun another day. The weather man got the forecast wrong as the weather actually cleared as we were driving past the Glasshouse Mountains and the view of Tibrogargan as you drive down the Bruce Highway in the afternoon light was just magic. Phil.



**The Group on Mt Cooran With Mt Cooroora in the Background
Richard, Robin, Michele, Benno, Sherryn & Paddy**

APPENDIX 1

CATHOLIC WALKING CLUB OF VICTORIA

PARTICIPANT'S EMERGENCY CONTACT & MEDICAL INFORMATION

Members will be encouraged to carry the following form in a waterproof container in their packs while on Club trips.

PARTICIPANT'S EMERGENCY CONTACT & MEDICAL INFORMATION

This information is for emergency use only. It is to be carried in your pack at all times in a waterproof container labelled **EMERGENCY INFORMATION**. It is your responsibility to update this information if there is a change in details.

YOUR DETAILS

Name

Home Address

_____ - _____

Postcode

__ _ __ _ __ _

Telephone no Home

__ _ __ _ __ _ __ _ __ _

Telephone No Mobile

__ _ __ _ __ _ __ _ __ _

MEDICAL INFORMATION

Medical Condition

Current Medications

Medications In pack?

Yes / No

Blood Group

Allergies

Do you have current immunisation against?

Tetanus Y/N Hep A Y/N Hep B Y/N

MEDICAL REGISTRATION NUMBERS

Medicare Number:

__ _ __ _ __ _ __ _ __ _

Private Health Insurance Fund (name):

Ambulance subscriber:

Y/N

EMERGENCY CONTACT DETAILS :

Name:

Home Address

Telephone: Home:

__ _ __ _ __ _ __ _ __ _

Mobile:

__ _ __ _ __ _ __ _ __ _

Relationship:

Signed: _____ Date: _____

Privacy Statement: The information contained in this form is for emergency use only and will be used if you are ill or injured while participating in an activity of your bushwalking club. The information will only be accessed by the walk leader or their delegate and given to the relevant medical and/or emergency services personnel.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20;
Spouse Members – Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

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Bushwalking Queensland	http://www.bushwalkingqueensland.org.au e-mail: info@bushwalkingqueensland.org.au BWQ Blog: https://www.aussiebushwalking.com/	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Flinder's Peak (M Simpson)

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

Triple Zero Awareness Work Group (TZAAG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAAG launched a free smartphone app: Emergency*. TZAAG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAAG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
PO Box 31
RED HILL QLD 4059
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**SURFACE
MAIL**

