



**Christmas Creek to Westray's Grave - Lamington National Park** 

# MONTHLY MAGAZINE OF THE BRISBANE CATHOLIC BUSHWALKING CLUB

JANUARY 2025

**ISSUE N°652** 

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		DECEMBER				
04	Wed	Iron Bark Gully & Samford Conservation Park	Greg		Stroll	
05–12	Wk	Mt Kosciusko 6-Day Daywalks	Paulette		AT	
11	Wed	Belmont Tramway	Greg		Stroll Soc	
<u>14</u> 18	Sat Wed	Christmas Party Mott Creek – Mt Gravatt to Stones Corner Cancelled	Jan Prasada		Stroll	
20	Fri	50° Rail Trip Roma St, Shorncliffe/ Cleveland	Barbara E		Fun	
26	Thu	Mt Cordeaux & Bare Rock Sunset Walk Cancelled	Prasada		DW	
28	Sat	Purling Brook Falls	Annette		DW	
		JANUARY			-	-
1	Wed	The CBD "Tiny Doors" Search	Prasada V		Stroll	
<u>4</u> 8	Sat Wed	Pine Ridge Conservation Park BBQ at Mt Coot-tha	John C Jan		DW Soc	
<u> </u>	Sat	White's Beach, Northern NSW Cancelled *	Phil	0415 650 160	DW	M43
						IVITS
14	Tue	Movie Night – "Paddington in Peru"	Terry	3355 9765	Soc	044
15	Wed	Norman Creek; Stones Corner to The River	Jon	0422 602 658	Stroll	S11
18	Sat	Ipswich Heritage Walk	Rusty J	0437 185 902	DW	M23
22-31	Wk	South-East Tasmania	Phil Murray	0415 650 160	AT	Var
22	Wed	Gaythorne RSL Dinner – St Vinnies Fundraiser	Jan	0401 030 137	Soc	0.10
26	Sun	Westray's Grave Date Change	Mark D	3300 0229	DW	S43
29	Wed	Mt Coot-tha Lookout to Purtell Pk – Iticha Ck	Russ	0427 743 534	Stroll	S22
4	Cat	FEBRUARY	Cue T	2200 2402		Maa
1	Sat	Ewen Maddock Dam	Sue T	<u>3366 3193</u>	DW	M23
5	Wed	Coffee Night	Andrea T	0422 426 876	Soc	000
8	Sat	Club Hut Working Bee	lain	3870 8082	DW	S33
10	Mon	50c Train Trip Doomben to Rosewood	Greg	0418 122 995	Soc	044
12	Wed	Wooloowin to Doomben Rail #31	Greg	0418 155 995	Stroll	S11
17	Mon	AGM & Quarterly Meeting	Michele E	0418 708 638	Meet	
19	Wed	Mt Coot-tha Geological Stroll #04	Greg	0418 122 995	Stroll	M22
22	Sat	Annual Mass and Lunch	Antonia	0400 571 387	Sprit	044
26	Wed	Milton History Stroll #09	Greg	0418 122 995	Stroll	S11
27	Thu	Chermside Hills	Barbara	3355 3639	DW	S22
		MARCH				1
2	Sun	Clean Up Aust Day – Via BCC	Terry	3355 9765	DW	
4–16	Tue	Fleurieu Penn.+ King Is, South Aust	Paulette	0414 805 512	AT	
4	Tue	Pancake Tuesday	-		Soc	
5	Wed	Mt Gravatt Central to Carindale (Salvin Ck)	Greg	0418 122 995	Stroll	
12	Wed	Hemmant to Wynnum Central; Bayside #1	Greg	0418 122 995	Stroll	
15–16	Sat	Club Hut Feast	Prasada V	0402 964 854	ON	
16	Sun	Club Hut DW	Terry	3355 9765	DW	
19	Wed	Airport Line – Rail #32	Greg	0418 122 995	Stroll	
22	Sat	New Farm to Southbank & Dinner	Barbara	3355 3639	Soc	
25	Tue	Strollers Lunch	Greg	0418 122 995	Void	
26	Wed	Springfield via West Side to The River	Greg	0418 122 995	Stroll	
27	Thu	Lost World	John C	0433 279 771	DW	
29-30	Sat-Sun	Edinburgh Castle	DL II	0445 050 400	ON	1440
29	Sat	White's Beach, Northern NSW         * NEW DATE	Phil	0415 650 160	DW	M43
		APRIL			1	
2	Wed	Coffee Night			Soc	
5	Sat	Bushrangers Cave to BB DW	Khaleel	0413 314 443	DW	
5	Sat	Bushrangers Cave to BB SW	Joe T	0426 469 704	SW	
9	Wed	Cross River Rail – Tunnels #01	Greg	3351 4092	Stroll	
16	Wed	Jindalee/Darra/Oxley Geologic #05	Greg	3351 4092	Stroll	
21	Mon	Easter Mon – Pat Lawton	Pat	3366 1956	DW	M33
23	Wed	Darra to Algester – Closing the Circle	Greg	3351 4092	Stroll	
26	Sat	Eastern Escarpment – Mt Cotton	Sue Walsh	0403 487 737	DW	M33
27	Sun	Country Lunch	Greg	0418 122 995	Soc	
30	Wed	Eagle Junction to Nudgee Rail #33	Greg	3351 4092	Stroll	
	MAY					
	1		1			L44
1	Thu	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC)	Russ	0427 743 534	DW	
1 3–5	Sat-Mon	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC) Mt Kaputar	Russ Iain	0427 743 534 0401 429 085	BC	S34
1 3–5 7	Sat–Mon Wed	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC) Mt Kaputar Coffee Night	lain	0401 429 085	BC Soc	S34
1 3–5 7 10	Sat–Mon Wed Sat	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC) Mt Kaputar Coffee Night Camp Mountain to Chermside			BC Soc DW	
1 3–5 7 10 14	Sat–Mon Wed Sat Wed	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC) Mt Kaputar Coffee Night Camp Mountain to Chermside Sandgate – History Stroll #10	lain	0401 429 085	BC Soc DW Stroll	S34 M34
1 3–5 7 10 14 15	Sat–Mon Wed Sat	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC) Mt Kaputar Coffee Night Camp Mountain to Chermside Sandgate – History Stroll #10 Mt Coot-tha	lain Greg Greg	0401 429 085 0418 122 995 3351 4092	BC Soc DW Stroll DW	S34 M34 M34
1 3–5 7 10 14	Sat–Mon Wed Sat Wed	Mt May (Russ 50 <sup>th</sup> Anniv + 5 in BCBC) Mt Kaputar Coffee Night Camp Mountain to Chermside Sandgate – History Stroll #10	lain Greg	0401 429 085 0418 122 995	BC Soc DW Stroll	S34 M34

The Calendar is subject to change without notice. WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

### **KEY – Walk/Event Types**

DW	Day Walk	BC	Base Camp
ON	Over Nighter	CW	City Walk
TW	Through Walk	SOC	Social
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	S&T	Safety & Training
Stroll	Stroll	AT	Accommodated Trip

## **KEY – Walk Gradings –** The Grading is for the trip as a whole, not the hardest part

Distance	Terrain	Fitness/Endurance
Short under 10km	1 – Smooth reasonably flat path	<ul> <li>1 – Basic – Suitable for beginners</li> <li>Up to 4 hours walking Or Flat</li> </ul>
per day	2 – Graded path/track with minor obstacles	<ul> <li>2 – Basic – Suitable for beginners.</li> <li>Up to 4 hours walking Or Minor Hills</li> </ul>
<mark>M</mark> edium 10 – 15km per day	<ul> <li>Graded track with obstacles such as rock, roots, fallen debris or creek crossings</li> </ul>	<ul> <li>3 – Intermediate – Suitable for fit beginners</li> <li>Up to 5 hours walking</li> <li>And/Or minor hills</li> </ul>
	<ul> <li>4 – Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings</li> </ul>	<ul> <li>4 – Intermediate – Suitable for fit beginners</li> <li>Up to 5 hours walking</li> <li>And/Or up to 300m gain/loss</li> </ul>
Long 15 – 20km per day	5 – Rough or rocky terrain with small climbs using hands or rock hopping	5 – Moderate – Up to 6 hours walking And/Or up to 450m gain/loss Agility required
	<ul> <li>6 – Steep, rough or rocky terrain with large climbs using hands or rock hopping</li> </ul>	6 – Moderate – Up to 6 hours walking And/Or up to 600m gain/loss Agility required
Extra Long over 20km per day	<ul> <li>7 – Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength</li> </ul>	<ul> <li>7 – High – Up to 8 hours walking And/Or up to 750m gain/loss High fitness Endurance and agility required</li> </ul>
	<ul> <li>8 – Climb/descend near vertical rock with exposure. Climbing skills may be required</li> </ul>	<ul> <li>8 – High – Up to 8 hours walking And/Or up to 1000m gain/loss High fitness Endurance and agility required</li> </ul>
	<ul> <li>9 – Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength</li> </ul>	<ul> <li>9 – Challenging – Up to 12 hours walking And/Or over 1000m gain/loss Very high fitness Endurance and agility required</li> </ul>

**Example:** M48 is a Medium distance walk 10 to 15km long, over unformed rough ground with obstacles, whereby the walk is hard or strenuous for fit walkers, requiring agility and endurance.

## PRAYER

During this season of Epiphany, this season of Light, we pray for each other as we struggle with the darkness in our lives.

Like the Three Wise Men, who followed the bright Light seeking the face of Truth and Life, may we always be attuned to the guiding of your Spirit, loving God, as we seek the face of Christ in each person we meet – this month, this whole year. Amen.

# FROM THE PRESIDENT

Happy New Year, a 'Jubilee Year' proclaimed by Pope Francis (See last month's Prayer) – and hopefully another extra-good year of walking and socialising in BCBC! I hope many of you will take advantage of the opportunity to re-connect with other Club members after the Christmas break, and

at the same time make a contribution to a worthy cause, at our annual **Vinnies Fundraiser Social** on **Wednesday 22<sup>nd</sup> January.** 

**Invitation to renew membership asap**: I'm pleased to announce we have a new-look Membership Renewal Form 2025, now approved by Committee and available on our website. So, please use this new version and complete your Renewal as soon as possible. You theoretically have till 31<sup>st</sup> March to renew, but it really helps the Club if you renew in January, so that we have a good number of members eligible for voting/confirming nominations at our **AGM** on **Monday 17<sup>th</sup> February**. (Please put this in your diaries now!) Also, please consider nominating – yourself or someone else – for an active role in the Club in 2025! The Committee Nomination form is attached.

**Committee Matters:** At our Management Committee Meeting on 6<sup>th</sup> January, we discussed:

- Finalising our updated Club Forms not only the Renewal Form for members, but the Membership Application Form, and the Activity Nomination Form now been reduced from 4 pages to just 2.
- Updating our Leader's Notes. This process was begun, in conjunction with updating of the above 3 forms, all of which have to be compliant with our BWQ Insurance conditions. (See **Special Note for Leaders** later in this *Jilalan*.)
- Confirming the BOTY Award Sub-Committee choice of Bushwalker of the Year 2024
- Deciding on other Awards and Recognition for 2024, to be published in the Annual Report. Awardees will receive a congratulatory email in advance.
- Checking on progress towards completion of our Annual Report for 2024. Remember, roleholders, all reports are due in by 13<sup>th</sup> January, please.
- Booking and paying for hall hire for Quarterly Meetings 2025.
- Planning our Annual Mass and Lunch to be held on Saturday 22<sup>nd</sup> February, at the new time of 11.30am. (See Coming Event article later in this *Jilalan*.)
- Confirming arrangements for our AGM/Elections on Monday 17<sup>th</sup> February (See below.)

Michele

## NOTICE of the ANNUAL GENERAL MEETING and BCBC 2025 ELECTIONS Monday 17<sup>th</sup> February 2025

The Annual General Meeting (AGM) of the Brisbane Catholic Bushwalking Club Inc will be held at **7:30pm** on **Monday 17<sup>th</sup> February 2025** in the Fr Denis Power Building (part of the former Sacred Heart School) at 347 Given Terrace, Paddington ('Rosalie').

All members are invited to attend – and to participate in any voting that may occur. A quorum of 19 members is required for the AGM to proceed.

The Minutes of the 2024 AGM and the 2024 Annual Report will both be sent out to members in early February. If you have any business arising from either of these documents, please e-mail the Club Secretary, Susan Tobin, at the Club e-mail address – <u>briscathbushclub@yahoo.com.au</u> so that Committee can become aware of your concerns and present them to the AGM. The actual AGM is not the place to raise new business. There is no "General Business" at an AGM.

As soon as the AGM is completed, the normal February Quarterly Meeting will commence, under the authority of the new committee.

All members are encouraged to participate in the nomination and election of the Committee for 2025. **Nomination Forms are attached herewith** and should be returned to the Club email address (above) no later than ten days prior to the AGM. You can also vote by Proxy if you are unable to attend in person. **Proxy Forms will be sent out to members in early February**. Your completed Proxy Form needs to be in the hands of the Secretary before the start of the AGM.

## **BCBC ELECTIONS**

- 1. Elections will be held at the Annual General Meeting (AGM), which is normally held prior to the February General Meeting from 7:30pm
- 2. All existing Committee Positions are deemed vacant and all are up for election.
- 3. All existing Committee Members are eligible to stand for election.
- 4. Nominations for the BCBC Management Committee are now called for. These must be in writing, signed by the Nominator, the Seconder & the Candidate. Nominations can also be in the format of an e-mail from all three the Nominator, the Seconder and the Nominee, sent to the Club e-mail address. Note that all 3 e-mails must be sent <u>10 days prior</u> to the AGM.
- 5. Any two (2) members of the Club may nominate any <u>Ordinary</u> Member for a Committee Position. (Associate Members are not eligible to be on Committee.)
- 6. The Candidate cannot be his/her own Nominator or Seconder or nominate anyone else for the same position as she/he is standing for.
- 7. A person can be nominated for more than one Committee Position. They are elected to the first position they win. If they do not win the first position nominated for, they are still in the ballot for the next nominated position until elected or remain unelected at the end of the night.
- All Nomination Forms must be in the hands of the Club Secretary <u>at least 10 days prior to the AGM</u>. In 2025, <u>this deadline is Friday 7<sup>th</sup> February</u>. You can post them to the Club (at PO Box 31, Red Hill Qld 4059), provided they are stamped by the Post Office prior to 7<sup>th</sup> February. They can be scanned and e-mailed to the Secretary only at the Club's e-mail address.
- 9. If only one person stands for a position, by having a valid Nomination in the hands of The Secretary by the required date, that person is automatically elected to that position.
- 10. Where there are two or more Nominations for a Committee position, a secret ballot will be conducted at the AGM. The positions are voted on in the following order: President, Secretary, Treasurer, Editor, Outings Secretary, Social Secretary, Vice-President, General Committee and Membership Officer.
- The list of all the Nominated Candidates, their Nominators and Seconders will be emailed to all members by 10<sup>th</sup> February – 7 days prior to the AGM.
- 12. Should there be no candidate for a position at the start of the AGM, nominations will be called from the floor for nominations to that position.
- 13. In recent years, if a position has been left vacant due to no-one nominating for it, the Club has allowed any member, regardless of category, to act in the position unofficially without being formally elected. Being in the position 'unofficially' means the person can participate in all Committee meetings and fulfil the functions of the role, but cannot vote at Committee when a vote is necessary.
- 14. If a member is unable to attend the AGM, a Proxy Form may be used for absentee voting. The form is available on the BCBC website or obtainable from the Secretary. Absentees must complete and sign the Proxy Form and have it in the hands of the Secretary before the AGM begins.

Susan Tobin, Secretary

# THE CLUB WEB SITE

We now have a new host for our web. We are now <u>https://bcbc.space/</u> The old one will no longer work.

If you have bookmarked our site, it will not work. You will have to use the above web address and then save it as your bookmark. Remember to delete any old bookmarks.

And while you're there, don't forget to think about your feedback on our website Content, as per Michele's request above! Suggestions to <u>briscathbushclub@yahoo.com.au</u>

# **ABOUT WALKS**

Trips leave from St Brigid's carpark at 78 Musgrave Road, Red Hill, unless otherwise advised.

Leaders are asked to print their own *Nomination Forms* and to consult the *Leaders' Guide* on the Club website. https://bcbc.space/assets/Nomination.pdf Leaders Notes are at https://bcbc.bwg.org.au/assets/leading.pdf

Pre-Outings: Leaders are to ring Russ, Ph: 0427 743 534, to advise him details of it.

If **changes** are to be made to a walk (date, location, cancellation, etc.) leaders are asked to call the Outings Secretary, Russ, to discuss the situation: Ph: 0427 743 534.

**Our Leaders:** Our walk leaders only lead walks that are within their ability and experience but are not formally trained or qualified in bushcraft.

**Visitors** are required to do at least two walks, complete the Application Form and pay the relevant subs before the Committee considers their application for Club membership.

**Nominations** for walks are needed at least 3 days in advance to allow adequate time to make suitable arrangements such as carpooling.

# LEADERS – TAKE NOTE

Below is the wording on the Membership Application and on the Membership Renewal Forms, Read the wording carefully where it mentions *The Leader*. You do have some responsibilities when it comes to properly informing walkers prior to the outing.

### "Acknowledgement of Risk and Obligations of Members

This Acknowledgement of Risks applies to all Club activities I may undertake as a member of the Brisbane Catholic Bushwalking Club Inc. (The Club). In voluntarily participating in activities of the Club which are described to me by the activity leaders I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days. In particular, when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader. To minimise risks I will endeavour to ensure that:

- 1. Each activity is within my capabilities,
- 2. I am carrying food, water and equipment appropriate for the activity.
- 3. I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.
- 4. I will make every effort to remain with the rest of the party during the activity
- 5. I will advise the leader of any concerns I am having, and
- 6. I will comply with all reasonable instructions of club officers and the activity leader.

I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgement of risk. I still wish to join the activities of the Club. I acknowledge that I will take responsibility for my own actions and that signing this form and the payment of my subscription will be deemed as full acceptance and understanding of the above conditions."

Leaders, please describe before you leave the gathering point, or at the latest before leaving the cars at the beginning of the walk, any difficulties with the walk. You will have to assess the ability of each walker, even if you just met them, and describe such difficulties in terms of what you think of their ability.

This is not an excuse to reject visitors or newer people from your outing. Never having seen a person is not a reason to reject them from you outing – unless it is walk requiring some technical abilities.

This is also not an excuse not to lead trips.

## **COMING EVENTS**

## SATURDAY 11<sup>th</sup> JANUARY WHITE'S BEACH DAYWALK CANCELLED – New Date: SATURDAY 29<sup>th</sup> MARCH

## TUESDAY 14<sup>th</sup> JANUARY MOVIE NIGHT SOCIAL

This time we are off to see "*Paddington in Peru*" at the Hawthorne Cinema at 6.05pm. I am sure that this is a movie which everyone will enjoy even if you have not seen the first two about Paddington. We are going to the old Hawthorne Cinema for the first time where on-street parking could be an issue, but the ticket prices will not be. The plan is to meet outside the cinema at 5.45pm. If you have any questions you can call me on 3355 9765.

## WEDNESDAY 15<sup>th</sup> JANUARY NORMAN CREEK Stones Corner to the River

STROLL

Leader: Jon Peake Ph: 0422 602 658 Meet at: Stones Corner Busway Station forecourt, 12 Constance St. Stones Corner Time: 3pm Cost: Nil S11 Grade: Dist: 8.2km @ 2½hr https://www.openstreetmap.org/#map=15/-27.48105/153.04698 Web: Stones Corner, Coorparoo, Norman Park, East Brisbane, Woolloongabba Location: Emerg Off: Catherine Ph: 0402 064 741

This Stroll is the last of the Norman Creek series – we commenced Stroll series years ago and forgot to complete it. Now, here it is.

You start out at the Stones Corner Busway Station, step out the door and follow the pathway all the way downstream to the Brisbane River. It goes through "rainforest," bat colonies, along the back of housing, around a high school (or is it a Secondary College by now), through parks, under a train line, under a main road, and much, much more. Too much excitement for one person; but we will persevere and survive.

This Stroll ends at the Woolloongabba Busway Station. Nearby are the Pineapple Hotel and the German Club – two places ready to serve you dinner. Looks like no games on this day.

The way is reasonably flat, mostly on a concrete bike path, following the creek closely. The creek winds through what are now suburbs. A lot of the bush along the creek has remained, though probably somewhat degraded. A lot of it is shaded, though the end is open country – parklands and suburban streets.

## SATURDAY 18<sup>th</sup> JANUARY IPSWICH HERITAGE DAYWALK

Leader: Russell Jones Ph: 0437 185 902 Meet at: Choice of 3 locations to catch train to Ipswich Meet at: Roma St Stn PI 8 at 6.30am; or Chelmer Stn PI 1 at 6.45am (leader joins train here); or Wacol Stn PI 1 at 7 00am – Lots of parking available at Chelmor 8 Wacol

or Wacol Stn, PI 1 at 7.00am – Lots of parking available at Chelmer & Wacol Carriage 4<sup>th</sup> Carriage

Distance:	10km	
Cost:	2 train tickets at 50cents each, plus \$1 to cover cost of pre-outing	
Grade:	S12	
Location:	Central Ipswich	
Web:	https://www.openstreetmap.org/#map=16/-27.61533/152.76961	
Emerg Off:	Richard Johns Ph: 0409 871 641	
Nomination: Close on Sunday, 12 <sup>th</sup> January		

We start at the central business district of Ipswich to experience the rich heritage and history of this area, such as the hotels Harp of Erin, Prince of Wales and Club. A Guide has been engaged to show us around. Then we move to St Mary's Catholic Church which was built in 1904 of Helidon sandstone and is very similar to a church in Rockhampton. This Church is adjacent to Ipswich Grammar School, the second oldest school in Queensland.

Our party will then head up to the 11.5ha Denmark Hill Conservation Reserve established in 1880. From the high point, there are views of D'Aguilar, Teviot, Little Liverpool and Great Dividing Ranges, the sites of many walks of the Club. This reserve remains sacred to the Traditional Owners of Ipswich and its sacred sites provide a link between Country and personal identity and allow the passing on of cultural knowledge.

Next, we descend to Limestone Park, and see the Incinerator Theatre, designed by Walter Burley Griffin of Canberra fame, built in 1936 and is adjacent to Queens Park which was established in 1864.

Next, the walkers head for Booval and the Prince Alfred Hotel (affectionately known as The PA Hotel) which was built in 1842 by Mr D Bergin. It was a two-storey timber hotel surrounded by 40 acres of Cotton Fields. In 1961, this historic hotel was destroyed by fire, rebuilt and opened in 1963. Here we will have an opportunity to enjoy lunch and finally catch a train from Booval Station.

This walk has been designed to be suitable for summer with an early start and early finish. Nominate by Sunday, 12<sup>th</sup> January to secure your place as numbers need to be matched with the number of guides.

## WEDNESDAY 22<sup>nd</sup> JANUARY GAYTHORNE RSL DINNER SOCIAL

Leader: Jan Nelson Ph: 0401 030 137 New

Meet at: Gaythorne RSL, 534 Samford Rd, Mitchelton

Entrance: 19 Tel El Kebir St (near the cnr with Heliopolis Pde)

Time: 6.00pm

Cost: Meals from \$17 onwards

Web: https://gaythornersl.com.au/

RSVP: 19<sup>th</sup>January (preferably earlier)

It has become the tradition in the Club to dine at the Gaythorne RSL in January each year and to take up a collection for the St Vincent de Paul Society (SVDP). With so many struggling with the cost of living at present, the calls for assistance to SVDP have substantially increased and donations are required to help those in need.

The Bistro at the Gaythorne RSL has a fairly extensive menu and the prices are very reasonable, even more so if you are a member (\$1 for lifetime membership – you can apply online or upon arrival.)

This is always a very popular event and a great way to catch up after the Christmas celebrations. Past members, family members, friends or visitors are very welcome to join us for this event.

Please remember to bring along some extra cash on the night for Terry's SVDP collection to help those in desperate need.

## WED 22<sup>nd</sup> to FRI 31<sup>st</sup> JANUARY BRUNY ISLAND. Mt FIELD and MARIA ISLAND – TASMANIA ACCOMMODATED TRIP

Leader: Phil Murray Ph: 0416 650 160 Number Limit: 6 to 8 Cost: Around the \$1200 to \$1500 range https://www.openstreetmap.org/#map=10/-43.0518/147.0012 Map: Ring NOW to learn more about the walks and to Nominate RSVP:

Khaleel and I have done trips to Tassie to do daywalks in the last 2 years. They were fantastic and we are going back for more. Most of the walks are in the medium to hard range. The views and places we visit are astounding. The walks we find to do are stupendous. The hotels and restaurants we ate at were excellent. The places we stayed at were a broad range from standard motels to nice houses. But the best part is that we stayed several nights at Hobart Walking Club's Lake Dobson Hut - a rustic hut, but with most of the mod cons and the best ambience of a bush hut I have ever experienced. It is a marvel staying there.

Anyhow in 2025 we are going back again to do some more special walks. In simple terms we are doing a loop around the southern half of the island. The proposed itinerary is:

Day	Venue	Stay at	Dist	
1	Fly to Hobart – Quick Shop – Drive to Bruny Island	Adventure Bay		
2	Cape Queen Elizabeth & Fluted Cape	Adventure Bay	8 & 6km	easy
3	Mt Wellington and drive to Mt Field	Lake Dobson	12km	medium
4	Mt Field East	Lake Dobson	11km	medium
5	Walk 1 – Mt Wedge & Walk 2 – Growling Swallet	Lake Dobson	7 & 4km	medium
6	Walks – The Thumbs or Mt Anne or Lake Judd & Schnell's Ridge	Lake Dobson	10km	hard
7	Drive to Orford – do the Three Thumbs Walk	Orford	4km	easy
8	Bishop & Clerk (Maria Island)	Orford	18km	medium
9	Wineglass Bay (Freycinet Peninsula)	Orford	12km	
10	Drive back to Hobart & catch plane home	home	3hr	

https://www.hwww.deland.eve.eu/

Day	<u>nttps://www.brunyisiand.org.au/</u>
Day 2	https://www.openstreetmap.org/#map=11/-43.2857/147.2964
-	https://tastrails.com/cape-gueen-elizabeth/
	https://www.brunyisland.org.au/walk/fluted-cape-walk/
Day 3	https://www.openstreetmap.org/#map=12/-42.8923/147.1317
-	https://www.tasmaniaunearthed.com.au/blog/mount-wellington-tasmania
Day 4	https://www.openstreetmap.org/#map=12/-42.6784/146.7746
-	https://tastrails.com/mount-field-east/
Day 5	https://www.natureloverswalks.com/tag/mt-wedge/
-	https://www.alltrails.com/trail/australia/tasmania/growling-swallet
Day 6	https://www.veronikawild.com/2019/08/walking-thumbs.html
OR:	https://www.trailhiking.com.au/hikes/mount-anne-day-walk/
OR:	https://parks.tas.gov.au/explore-our-parks/southwest-national-park/lake-judd
OR:	https://www.lukeobrien.com.au/schnells-ridge-south-west-tasmania
And:	https://www.peakbagger.com/peak.aspx?pid=74017
Day 7	https://www.openstreetmap.org/search?guery=three%20thumbs#map=13/-42.61375/147.84336
	https://tastrails.com/three-thumbs-track/
Day 8	https://www.openstreetmap.org/search?query=three%20thumbs#map=12/-42.6443/147.9093
	https://www.walkmyworld.com/posts/bishop-and-clerk
Day 9	https://www.openstreetmap.org/node/321393495#map=12/-42.1741/148.1661
	https://www.thelifeofpy.com/wineglass-bay-
	loop?srsltid=AfmBOooTnYutdnXRh6InpD_ipadSCzunvDJR5e4VRnamATDwBTDMTM_S
Day 10	https://www.openstreetmap.org/#map=10/-42.4589/147.3267

Expected Costs per person – Airfares: \$500; Motels: \$200; Huts: \$80; Car hire: \$300; Petrol: \$100; Ferry: \$70. Approximate Total: \$1200 Phil

### SUNDAY 26<sup>th</sup>JANUARY WESTRAY'S GRAVE Christmas Creek DAYWALK DATE CHANGE

Leader:	Mark Deegan Ph: 042 062 1973
Meet at:	St Brigid's Carpark, Musgrave Tce, Red Hill
Time:	6:30am
Cost:	\$25
Grade:	S43
Distance:	9 km return @ 5hr
Web:	https://www.aussiebushwalking.com/qld/se-qld/lamington-np/westray-s- gravefrom-christmas-creek
Map:	https://www.openstreetmap.org/#map=17/-28.303030/153.099589
Location:	Christmas Creek section of Lamington NP, beyond Beaudesert
Emerg Off:	Terry Silk Ph: 3355 9765

Who is Westray and why does he have his grave out in the rainforest in the middle of nowhere? <u>https://blogs.archives.qld.gov.au/2024/02/19/stranded-on-the-range-rescuing-the-survivors-of</u>-the-1937-stinson-plane-crash/ and https://www.youtube.com/watch?v=lhMfcRliy7w)



Jim Westray was one of the three survivors of the Stinson plane crash of 1937. Being an outdoors person and uninjured, he volunteered to walk out from the crash site on the side of a ridge overlooking Christmas Creek, follow the creek down to the lowlands and alert the authorities of the survivors. He never made it; falling down a waterfall he was trying to descend. He is buried near where he fell.

Our walk begins with a short walk to the boundary of the National Park, a crossing of Christmas Creek (on the pre-outing we took off our shoes and walked across the creek) into the rain forest.



The track, although not a graded track, is easy to follow, with pink ribbons tied to the vegetation as a guide. The track follows the creek, close enough to regularly see the bubbling waters glistening with reflected sunlight, sometimes far enough away to faintly hear the flow over the rocks in the creek bed.

The walk in is a slow incline, with some rock and root scrambling, and a few climbs up and down embankments of smaller side waterways. Although not an easy walk, it is certainly within the capability of most members. It is approximately 9–10km return and will take up to 5hr to complete.

This is not a graded track like those at O'Reilly's – it is more of a trail through palm groves and rainforest along the creek valley. The path is not flat and smooth – nor is it particularly challenging, but certainly not your average graded track. It can be wet and mossy, dry, slippery or rocky. The country being walked through has lots of palms, shooting skywards, shrub down at eye level, vines to catch you, with plentiful views of the babbling brook competing with the at times deafening sound of cicadas.

We will stop along the creek for morning tea, and lunch in the clearing where Westray's grave is located. Once rested we will head back the same way, returning to the cars in plenty of time for the return trip home inclusive of a coffee stop for those who feel like it.

This walk is good for anyone from the fit beginner – except the very slow, those who find walking through rocks and boulders difficult, or those nervous about slipping and sliding.

Come and join me for a great walk along the banks of Christmas Creek, accompanied by the sounds of running water and a chorus of cicadas.

### WEDNESDAY 29<sup>th</sup> JANUARY Mt COOT-THA LOOKOUT to PURTELL PARK Via East Ithaca Creek STROLL

Contact:	Russ Nelson Ph: 0427 743 534
Meet at:	Bus Stop – Mt Coot-tha Lookout. Stop Id: 001406
Time:	4.15pm on top of Mt Coot-tha
Cost:	Free
Distance:	7km @2½hr
Grade:	S22
Buses:	Bus 471 - 3.30pm from Wickham Trc - Stop "A" near Turbot & Wharf Sts
	Stop Id: 000158 – this is the last bus to the top of Mt C
	3:32pm Ann St Stop 7, Anzac Sq (opposite Central Station)
	3:34pm Ann St Stop 12, City Hall (opposite Mercure Hotel)
	3:44pm Baroona Rd at Baroona Shops - Stop 7 at Milton (near Milton Station)
	4:00pm Mt Coot-tha Botanic Gardens
Home:	You cannot get back to the start from the end (without walking back)
Bus Stop:	Carwoola St at Bardon, Stop 22 - Stop ID: 010177
	Bus 375: To the City, Valley and Stafford at 5.33pm; 6.00pm; 6.20pm
Botanic	Those who drive and park at The Botanic Gardens, you can walk back to your car
Gardens:	from Purtell Park afterwards – a further 2km
	The Great Circle Line Buses in both directions leave from the Gardens (598 & 599)
Location:	Northern Suburbs – Toowong, Mt Coot-tha, Bardon
Web:	<u> https://www.openstreetmap.org/#map=15/-27.46853/152.95226</u>
	Bring a Torch

As usual, we start at the bus stop at the Lookout and make our way to the track system. This time, your Stroll will take you along tracks towards #9 and Simpson's Falls & Picnic Area - the Litchfield Track to the Gold Mine Picnic Area near QTQ Chanel 9, for a short jaunt to the said gold mine. From here, the path takes you along the Ghost Hole Track (what a strange name), across the Powerful Owl Track to begin the Eugenia Circuit to Simpson's Falls. These falls are spectacular, even when dry – you would not believe falls that large are so near the top of a hill. Then it is down the Mount via the Falls Track to the picnic area. To end it all, you shall cross Sir Samuel Griffith Dr to enter some remnant bush to get to the bus stop at Purtell Park.

You can still get back to your car or bus at the Botanic Gardens by a 2km walk. At the Botanic Gardens, the Great Circle Buses are: 5.51pm (599); 6.11 (598); 6.53 (599); 7.12 (598).

Come along for this surprisingly short enjoyable Stroll that almost anyone can do.

## SATURDAY 1<sup>st</sup> FEBRUARY EWEN MADDOCK DAM DAYWALK

Sue Tobin Ph: 0438 800 039 Leader: Meet at: St Brigid's Carpark, Red Hill Time: 7:00am \$20.00 Cost: Grade: M23 14km Distance: Location: 221 Connection Road Mooloolah Valley. Web Site: https://adventure.sunshinecoast.gld.gov.au/Home/TrailDetailsView?trailId=50913 Emerg Off: John Carter Ph: 0433 279 771

Ewen Maddock was a significant figure in the Mooloolah Plains. As one of the first 12 students at the Mooloolah Plains Provisional School when it opened in 1878, he became a well-known identity in the region. His legacy lives on, as the Ewen Maddock Dam, named in his honour, serves as a vital part of the area's infrastructure.

The dam was constructed in two stages, with the first stage completed in 1976 and the second in 1983. It plays an important role in the South-East Queensland water supply.

Come on this graded track walk where we will begin at the upgraded recreation area where there is parking and facilities available. We will walk along the boardwalk, before we head off on a picturesque walk along the edge of the dam. The area is filled with palms, bracken ferns, Scribbly gums and Paperbarks. There is also some birdlife to enjoy. Come and experience the sound of the cicada. In some parts it is a shared track with horse riders and trail bikers. The track can also be muddy in some parts especially if it has been raining.

Along the way we will be doing some of the side loops to take advantage of the photo opportunities that the dam has to offer. Morning tea will be enjoyed under the canopy of the trees.

We will then continue on the track admiring the beauty the dam. After enjoying a leisurely lunch on the edge on the water we will return via the main track.

Once the walk is complete, there will be opportunity for a swim in the dam, followed by a coffee nearby to wrap up the day.

Join me on this very scenic graded track walk which includes a boardwalk and a swim. Sue T

## WEDNESDAY, 5<sup>th</sup> FEBRUARY COFFEE NIGHT SOCIAL – The Brook Hotel

#### Leader: Andrea Turner Ph: 0422 426 876

Meet at: The Brook Hotel, 167 Osborne Rd, Mitchelton. The venue is easily accessible and provides ample parking space. Mitchelton Railway Station is within easy walking distance. Regular buses stop at the nearby Brookside Shopping Centre

Time: 6.00pm

## Web: https:/www.brookhotel.com.au/

### **RSVP:** Monday, 3<sup>rd</sup> February

The Brook Hotel is a hotel located close to the Brookside Shopping Centre. The 'old' Brook Hotel dated back to the early 1970s and has been replaced by a modern eating venue with charm, great food and a magnificent 60 year old fig tree resplendent in lights.

The venue provides amazing service, food and friendly staff. Don't forget to bring your Seniors Card to obtain a 10% discount off your main meal.

The hotel has a bistro that serves a wide variety of Australian cuisine. The restaurant also has a large range of vegetarian and plant-based meals along with vegan and gluten-free options. The menu includes dishes such as steaks, salmon, calamari and other seafood dishes. Prices start at \$22 for

'Italian Hand & Stretched' pizzas and burgers with most dishes ranging from \$22 to \$28. A large variety of popular drinks, including beer, wine and cocktails are also in abundance being such a well-known and popular local pub.

Come and join me to find out why this hotel is so popular with the locals.





## SATURDAY 8<sup>th</sup> FEBRUARY DAYWALK CLUB HUT WORKING BEE

Leader:	lain Renton Ph: 0401 429 085
Meet at:	ТВА
Time:	4.00pm Friday or 6am Saturday
Cost:	\$25
Grade:	S33
Emerg Off:	Liz Little Ph: 0414 252 003

We usually have a working bee in the middle of the year, but an extra mini working bee has been added in February. This is a good time to remove freshly sprouting weeds before they set seed. It also means we can spruce the hut up for the Cub Hut Feast in March. Since it is the height of summer we won't be working hard all day, so there will also be lots of time to relax in some shady spot next to the cooling waters of Barney Creek. A dip in the creek, visit to the Lower Portals, reading, yakking and relaxing are some of the options available.

Though this walk was listed on the calendar as a daywalk, I have decided to add the option of an overnighter. I have discovered that in summer, the best time to work around the hut paddock is the early morning before the sun gets high.

On the overnighter option we will be having tea at the Dugandan Hotel at 5.30pm on the way down. The sun will have set as we arrive at the Lower Portals carpark, so we will be able to do some walking in the light of dusk but will need to walk by torch light in the latter part of it.

We will be up fairly early the next morning and do some weeding, cutting out lantana and other jobs before it gets too hot. During the heat of the day, the best place to be is next to the creek. I will probably continue to do some work at times during the day, and if anyone wishes to join me they are welcome. The last two times I have been at the hut, the creek has been flowing bank to bank, running high and fast. We have had some prolonged stretches of fine weather since then, so it will have dropped considerably, but there will still be a good amount of water for a refreshing dip.

Our time for departure from the hut depends on what people want (and on past working bees people have left at different times, with some needing to get back earlier). My preference would be to leave the hut late afternoon on Saturday somewhere between 4.45 - 5.00 pm, but our departure time will depend on what people want. Leaving at that preferred time would mean getting out comfortably before dark and walking when the sun is low in the sky. Join me for a lovely time at the hut.

### MONDAY 10<sup>th</sup> FEBRUARY A 50<sup>c</sup> TRAIN TRIP #5 Doomben to Rosewood *The Last One* FUN

Leader:Greg Endicott Ph: 0418 122 995Meet at:Roma Street Station PI 6Time:9:19am Doomben Train; Last carriageCost:50° GoCard fares – total \$1Lunch:Royal George Hotel, RosewoodWeb:https://translink.widen.net/s/zkqszlkmtq/2024-10-21-seq-network-mapHome:Back at Roma Street Stn at 3:33pmEmerg Off:Greg Ph: 0418 122 995

Our last Rail Rort trip – the remaining rail line we have not yet abused that we need to travel along.

This journey takes you from the hustle & bustle of the City to the rural lands out west. But first, you have to go east to travel along the only other line we have not railed on – out to Doomben. This is a strange line, though it is suburban, it feels "country" in that it is single track, deep cuttings, through parkland, winds around the place and seems "different."From appearances, this seemed more important sometime in the past.

Then we get back to the regular rail network, riding to Ipswich, but only to change trains for Rosewood. From here, you are really out in the country for the 20min trip to our lunch destination. We pass through farm land, cross the Bremer River at the famous Sadler's Crossing multi-purpose bridge, pass under the flight path of the Amberley Air Base, travel beside the Wulkuraka Train Stabling Yards, stop in front of the Walloon Saloon, see long coal trains pass beside us, see the wheat as high as an elephant's eye, black & white Hereford cattle, nice farm sheds, old weather boars Queenslanders, the historic Rising Sin Hotel, and a lot, lot more.

Come along with me on this grand finale of our Train Series of journeys through South-East Q'land.

9:19am – Doomben Train Roma Street Station Platform 6 last carriage.

- 9:46am Arrive Doomben Station
- 9:58am Depart Doomben Station
- 10:25am Arrive Roma Street Station PI 6
- 10:30am Depart Roma St Stn Pl 8 on Ipswich train
- 11:26am Arrive Ipswich Station to get the Rosewood train
- 11:35am Depart Ipswich on the Rosewood train
- 11:56am Arrive Rosewood. Walk the 350m (5min) to lunch
- 12 noon Lunch at the Royal George Pub
- 1:55pm Leave lunch for the train station
- 2:05pm Depart Rosewood Station for Roma St Stn
- 3:33pm Arrive Roma Street Station

## WEDNESDAY 12<sup>th</sup> FEBRUARY WOOLOOWIN to DOOMBEN Rail # 31 Stroll

Leader:	Greg Endicott Ph: 0418 122 995
Meet at:	Wooloowin Railway Station
Train:	3.09pm, PI 7, Roma St Station to Wooloowin Station arriving at 3.24pm
Time:	3.30pm
Cost:	Free
Grading:	S11
Distance:	9km
Duration:	2hr 30min
Location:	Wooloowin, Eagle Junction, Clayfield, Ascot & Doomben

Finish: Doomben Railway Station

Return: Doomben trains – 5.58pm, 6.28pm. (Or, short walk to Racecourse Rd, Ascot will have regular buses)

## Emerg Off: Greg Ph: 0418 122 995. Bring this Number with you. Bring a torch

This stroll will pick up where we left off from Joe Tottenham's Stroll from Roma Street to Wooloowin (Rail #30) late last year.

This will be a fairly lengthy one for the remaining evening light, but is on footpaths or bike tracks. Go through the pre–and–post-war housing estates and the remnant parks left over by the developers of the 1940's. Stroll past some large, lovely houses, under trees in flower as we move through late summer and enjoy the exercise of this event.

The stroll closely follows the railway line from Wooloowin to Doomben, through a variety of suburban settings. Our path takes us along Adamson Street, by-passing Rose Street and Junction Road before following Railway Parade near the Clayfield Station. Eventually we reach Kitchener Road and Ascot Park (Ava's Park), strolling past Eagle Farm Racecourse and fashionable eateries of Racecourse Rd.

At Nudgee Road, we approach Doomben Racecourse and conclude our journey along Lamington Ave at the Doomben Train Station.

Come with me on this stroll and visit the historic suburbs from Wooloowin to Doomben with their many examples of fine Queenslanders, wide avenues and beautiful gardens.

## MONDAY 17<sup>th</sup> FEBRUARY ANNUAL GENERAL MEETING followed by the QUARTERLY GENERAL MEETING

Contact: Michele Endicott Ph: 3351 4092 or 0418 708 638

 Time:
 7.30pm – Doors open & meeting starts soon after

 Where:
 Fr Denis Power Building (part of the former Sacred Heart School, 347 Given Terrace, Paddington (Rosalie). On GPS – 339 Given Tce.

 <a href="https://www.google.com.au/maps/@-">https://www.google.com.au/maps/@-</a>

27.4623287,153.0006302,450m/data=!3m1!1e3!5m1!1e4?hl=en&entry=ttu

Parking: In Given Tce OR in the carpark off Central Ave

Web: https://bcbc.online/

We welcome all members – and any interested visitors – to attend and be involved in this important meeting for the success of the Club in 2025. A quorum of 19 members is needed to hold the AGM.

The business conducted will include:

- Receive the Committee's Report on the 2024 year (i.e. the Annual Report)
- Receive the Statement of Income and Expenditure, Assets and Liabilities, for the year 2024
- Receive the Auditor's Report
- Elect the Management Committee for 2025
- Appoint the 2025 Auditor
- Vote-in any Honorary Members.

All persons are welcome to attend, members and visitors alike. Do not be put off because there are two meetings.

The AGM is usually fast. Members should attend this important meeting to enact their right/responsibility to vote in the new Committee – that is, to endorse and congratulate those who are elected unopposed, and to vote for one person to fill a role where there are multiple nominations. Those present will also have the opportunity to nominate and second someone 'from the floor' if there are no nominations received in advance for any position. It works better if we have more than the usual number of members present – not just a quorum, but even more. If unable to attend, please fill out a Proxy Form and send it to the Secretary, Sue, or give it to someone attending the meeting who

can pass it to Sue before the AGM begins. Visitors may not find the AGM so interesting, but will at least see the Club in operation.

As soon as the AGM is completed, the normal February Quarterly General Meeting will commence, under the authority of the new Committee. At this meeting, the matter of ongoing Quarterly (vs Monthly) Meetings will be discussed and voted on. Then some key information on Club matters and Club events for the coming quarter – both Walks and Socials – will be highlighted. Nomination forms for the coming trips, in February-March at least, will be available and Visitors – members, too, of course – can ask leaders about their coming trips over Supper at the end (about 9pm).

## WEDNESDAY 19<sup>th</sup> FEBRUARY M<sup>t</sup> COOT-THA GEOLOGICAL #4 STROLL

Leader: Greg Endicott Ph: 0418 122 995

Time: 3pm at Bardon

Simpsons Rd at Bowman Park, Bardon; Stop 20, cnr Morgan Tce Meet at: Cost: Free Bus: Bus 375 "Bardon"- 2:37pm Adelaide St Stop 42 near Albert St, outside Bris Arcade Car Shuffle: Will be needed. Please let me know if you can help Grade: M22 10.2km (approx 3<sup>1</sup>/<sub>2</sub>hr) from a lowth of 50m to a height of 270m Distance: Height Gain: Total Ups added together: 320m – All the Downs: 157m Mt Coot-tha Lookout End: There will be no public transport at the Lookout. Thus, the need for a car shuffle Home: Emerg Off: Greg Ph: 0418 122 995

This shall be our 4<sup>th</sup> Geological Stroll, continuing from the last one where you examined the road cutting at the old Bardon Tram Terminus. Now, it is time to go up The Mount. I will be following the yellow covered *A Guidebook to Field Geology in Southeast Queensland* by N.C. Stevens (Brisbane: University of Queensland Press, 1973.) – a very good book. OR, in other words, a good excuse to climb Mt C in the afternoon.



https://www.google.com/url?sa=t&source=web&rct=j&opi=89978449&url=https://espace.library.uq.edu.au/view/UQ:409683/Geological\_map\_City\_of\_Brisbane.pdf&ved=2ahUKEwj-upL2ieWKAxW-8DgGHeeJLWMQFnoECCsQAQ&usg=AOvVaw2I1ihYFd2vikNS3uKs2qKA

You probably have climbed Mt C before, most likely along these tracks – but never before in this order. The geological search will take you from Bardon along Simpsons Rd to the Simpson's Falls Picnic Area. From there, our search takes the Council tracks up through the open eucalypt forest to THE spots where Stevens explains aspects of the geology of the area – mainly in the road cuttings where the under layer has thoughtfully been exposed for us to examine.

Our endeavours take up to Channel 10, The Summit and onto 7, out to the Gold Mine, then 9. The track system is followed to Constitution Hill, and ever onwards to the Chapel Hill Road Lookout – and soon to arrive at the main Lookout.

The car shuffle comes into play to take us back to the start, or the Botanic Gardens, or elsewhere. There will be no public transport at the Lookout. The nearest is at the Botanic Gardens at the foot of the mount – The Great Circle Lines 598 and 599, to connect you with other services – thus, the need for a car shuffle.

Come with me to learn about the rocks in your head.

## SATURDAY 22<sup>nd</sup> FEBRUARY ANNUAL MASS and LUNCH



Leader:	Michele Endicott Ph: 0418 708 638
Meet at:	St Cecilia's Church (Mother of Mercy Parish)
Address:	30 College St, Hamilton (Cnr Hants St)
Time:	11:15am for 11.30am Mass
Web:	https://www.motherofmercyparish.org.au/mass-timesprayer-opportunities.html
Bus:	Kingsford Smith Dr at College St, Stop 31; Stop ID: 002883 – Route 301 Toombul
Parking:	Best parking for entry via ramp: College St for older persons or the disabled Further street parking on Hants St. and a small carpark off Hants St
Lunch:	Café 631
Address:	119 Racecourse Rd, Hamilton, cnr Beatrice Tce
Time:	12.45pm
Cost:	A range – approx. \$15 - \$30 – pay as you order
	https://cafe63.com.au/wp-content/uploads/Cafe63_Newspaper_Menu_YTR- ED2_22.10.24_PR8.pdf
<b>Public Trans</b>	sport: Frequent buses and CityCat nearby
Parking:	Racecourse Rd or nearby side streets
RSVP:	For one/both events is by text message – or call me – on the number above
<b>RSVP</b> Date:	Tuesday 18 <sup>th</sup> February (my birthday!)

The Annual Mass and Lunch, one of the major events of the Club year, is just a few weeks away. I hope that 22<sup>nd</sup> February is already in your calendar and that you plan to be there. It is now time to nominate. Please let me know if you are coming, and if you are willing to take a role in the liturgy.

Fr Michael Grace will be our celebrant. He is the Parish Priest of Mother of Mercy Parish, and we know him from previous Club Masses and events and are pleased that he has agreed to be with us once again to celebrate Eucharist. After Mass, he will join us for lunch at Café 63.

St Cecilia's Hamilton is just the right size for BCBC and is accessible by a ramp from the footpath (College St) to the door. Those who are not so mobile can park nearby in College St. There is also a carpark beside the church, accessed from a driveway off Hants St – or in Hants St itself. Then it is just a short walk round to the College Street ramp entrance, which is now the main entry.

After Mass, we'll adjourn to Café 63 where there is a really good range of light meals, main courses and desserts, all at a reasonable price. It's a really good opportunity to talk to members old and new – and to get to know any new people who come along.

Please do invite any new people you think may be interested in joining our Club because our Annual Mass and Lunch will give them a 'feel' for BCBC, with its long standing tradition of spiritual and social events for those who love bushwalking.

When you nominate – preferably by sending me a text message – I will assume you are coming to BOTH events, unless you specify just one. Please start those nominations rolling in now.

Michele

## WEDNESDAY 26<sup>th</sup> FEBRUARY MILTON HISTORY #09 STROLL

Leader:	Greg Endicott Ph: 0418 122 995
Meet at:	Milton Train Station
Time:	3.30
Finish:	5:30 at Milton Station
Cost:	Free
Grading:	S11
Distance:	8km
Duration:	2hr with all the talking and reading the history from the script
Emerg Off:	Greg Ph: 0418 122 995. Bring this number with you. Bring a torch.

This stroll is the ninth in our history series and focuses on the history of the suburb of Milton. By 1875, the railway line to Ipswich was opened and a station built at Milton. This alone encouraged residential settlement in Milton so that by the 1880s large estates and land had been subdivided into small residential lots. The small pocket of land between Milton Road and the Brisbane River quickly became filled with workers' cottages, small businesses and industry.

This stroll visits 17 points of interest and provides a glimpse into the rich history of the Milton area. It commences along the well-known Park Road restaurant and shopping precinct, in particular Savoir Faire with its imitation Eiffel Tower, opened in 1988 to coincide with Expo 88.

The stroll visits various historical vantage points along Park Road, Coronation Drive and Cribb Street, before moving to the location around Suncorp Stadium; along Milton Road passing the Castlemaine XXXX brewery (1878); the site of the famous Milton Tennis Centre, host to many Davis Cup contests, (now Frew Park) and finishing at 'Bishopsbourne', built between 1865–1868 for the first Anglican bishop of Brisbane.

Along the route, we will witness various points of interest including the historic Milton House, one of the oldest houses in Brisbane, the Cook Terrace and Cribb Street Terrace houses as well as the Christ Church Anglican Church and a few remnants of the Milton-Paddington Cemetery nestled beside Suncorp Stadium. Perhaps if time allows, visit the Milton State School opened in 1889.

For more info about the Milton area, visit <u>https://www.openstreetmap.org/#map=16/-27.4761/153.0198</u> It should take about two hours with all the talking and reading the history from the script. At the end, there are regular trains from the Milton Railway Station to Roma Street and Queen Street. See the Translink website: <u>https://ip.translink.com.au/plan-your-journey/journey-planner</u>. Please bring my phone number and a torch with you.

Come along and discover the many hidden gems of Milton that will surprise and enthral you.

### THURSDAY 27<sup>th</sup> FEBRUARY CHERMSIDE HILLS DAYWALK

Leader: Barbara Eastoe Ph: 0466 652 259 Meet At: Carpark at Trouts Rd, just north of the Hamilton Rd intersection

Time:	8.00am
Cost:	Free
Grade:	S22
Emerg Off:	TBA

Brisbane is very fortunate in having a number of bush reserves where you can go bushwalking without the long drive to get to the start. The Chermside Hills and Raven Street Reserve are one of the less known areas but well worth checking out.

The Chermside Hills are on the north side of Hamilton Rd at Chermside West and it is pure bushwalking country (albeit one where you catch periodic glimpses of houses and busy Hamilton Rd) with graded dirt tracks. Raven Street Reserve is the more gentrified of the two, with paved tracks and more walkers. They are joined by a wildlife bridge over Hamilton Rd and both are worth a visit.

We will meet at the entrance to Chermside Hills and follow the bike path along the creek until we come to the entrance to the bush track that skirts around Milne Hill. At the end of the track we will climb the 301 steps (yes, I did count them) to the top of Milne Hill. Then it's down the road past the reservoir to the wildlife bridge crossing Hamilton Rd and into Raven Street Reserve.

After crossing the bridge we'll head down the track until we get to the Downfall Creek Bushland Centre which we'll explore. There are tables under the trees so bring something for morning tea and we will take a break there before we head back up the other part of the circuit and retrace our route around Milne Hill to the cars.

The final part of our walk will be in the main Chermside Hills area. The Giwandha Track is a lovely graded bushwalk of about 2.5km. It's hard to believe we are surrounded by houses. The track is known for its areas of grass trees.

This is a walk that anyone in the club should be able to do. The tracks are all in good condition and there are no steep hills (except for the one up Milne Hill and if I can do it anyone should be able to). It will be a slow walk but I am looking at some extensions for the faster walkers.

Let me know if you would like to come along on this interesting walk.

# **ADVANCE NOTICE**

### AUSTRALIAN HI ALAYAN FOUNDATION SAT 1<sup>st</sup> to MON 31<sup>st</sup> MARCH TASMAN SUMMIT CHALLENGE

#### December Jilalan has full details

Leader: Himalayan Trust New Zealand Ph: 0466 726 229

Contact: Allan Delaney Ph: 0466 726 229 OR <u>allan@ahf.org.au</u> Web: https://summitchallenge.org/

Allan Delaney, Australian Himalayan Foundation, <u>allan@australianhimalayanfoundation.org.au</u> P 0466 726 229 | E <u>allan@ahf.org.au</u> | M PO Box 553 Crows Nest, NSW 1585

## FRI 2<sup>nd</sup> – MON 5<sup>th</sup> MAY MOUNT KAPUTAR BASE CAMP

#### December Jilalan has full details

Leader: lain Renton Ph: 0401 429 085 Meet at: TBA Time: TBA Cost: Cabin: \$160.50 (\$80 deposit) – Camping: \$18 – Car pool: TBA Grade: S34 Web: <u>https://www.nationalparks.nsw.gov.au/visit-a-park/parks/mount-kaputar-national-park</u> Emerg Off: TBA

## WED 21<sup>st</sup> – FRI 23<sup>rd</sup> MAY TWEED RAIL TRAIL – SOUTHERN SECTION ACCOMMODATED WALK

Leaders:Russ Nelson Ph: 0427 743 534 and Jan Nelson Ph: 0401 030 137Departure:Tentatively at 7.00am on 21 MayDistance:15km average per dayCost:Two night's accommodation + driving costs Brisbane to Casino returnLocation:Casino - Lismore plus the Coastal Recreational Path nth of Ballina

This walk follows on from last year's northern section of this rail trail. This trip follows the Trail through the southern section from Casino to Lismore via Bentley.

On **day 1**, starting at the heritage-listed Old Casino Station, the Rail Trail connects with the Spring Grove Road and Naughtons Gap Road. It meanders through rich grazing lands and passes over the Naughtons Gap Tunnel that is home to a mixed colony of vulnerable Bent-winged microbats arriving at Back Creek Bridge, Bentley after 13.4km.

Then on **day 2**, from Bentley the Trail begins at Back Creek Bridge; then heads easterly towards Oakey Bridge, Bungabbee, Leycester and onto the iconic heritage-listed Lismore Railway Station over 16.3km.

On the **last day** it is planned to walk from Ballina to Lennox Head along the Coastal Recreational Path, a journey of 12.5km, which will provide some stunning coastal views.

We are about to undertake our pre-outing and if you wish to express interest, just contact us. Firm details should be available in the March Jilalan.

## SUN 8<sup>th</sup> JUNE to TUE 17<sup>th</sup> JUNE ROCKHAMPTON ACCOMMODATED TRIP

### December Jilalan has full details

Leader: Phil Murray Ph: 0416 650 160 Number: Limit: 12 Cost: Around the \$1500 range

## FRI 8<sup>th</sup> – SUN 10<sup>th</sup> AUGUST 2025 BUSHWALKER'S PILGRIMAGE Date & Location Confirmation

### December Jilalan has full details

Gold Coast Bushwalkers Club is hosting the 2025 Pilgrimage at Beaudesert Showgrounds 8<sup>th</sup>-10<sup>th</sup> August.

https://www.goldcoastbushwalkers.org.au/index.cfm?module=event&pagemode=indiv&page\_id=2592346

## WED 20<sup>th</sup> to MON 25<sup>th</sup> AUGUST COFFS COASTAL WALK ACCOMMODATED TRIP

December Jilalan has full details

Leader: Phil Murray Ph: 0416 650 160

Cost: Around the \$500 to \$600 range for petrol and accommodation

Web: <u>https://www.nationalparks.nsw.gov.au/things-to-do/walking-tracks/solitary-islands-</u> coastal-walk/map

# SECRETARY'S REPORT

#### **Membership Fees**

At the Club's recent general meeting members discussed and voted on the Membership Fees for 2025. As a result, the following now applies:

**Life Members** will be given 12 complimentary emailed copies of the *Jilalan* and an email copy of the Annual Report for 2025.

Ordinary and Associate Members – The fees will be:

Category	12 emailed Jilalan magazines and Annual Report for 2025
Ordinary	\$35.00
Associate	\$30.00

If any member (Life, Ordinary, Associate and Honorary) **wishes to receive a printed copy of the** *Jilalan* each month and the Annual Report, the cost will be \$45 extra on top of the Annual Subscription.

There will be provision on the Membership Form to indicate this when renewing or applying for membership.

## **TREASURER REPORT**

Balance 30/11/2024	\$4,511.80
Plus Receipts	\$ 948.05
Sub Total	\$5,459.85
Less Payments	\$1,173.81
Balance 31/12/2024	\$4,286.04
Term Deposit	\$5,000.00

Congratulations to the winners of last year's raffle, which was drawn at our very successful Christmas Party – Iain Renton, Benno Giuliani, Joe Tottenham (twice), Sue Tobin and Greg Endicott. The raffle was very successful and was NOT rigged even though Iain's winning ticket was drawn by his wife and four of the other prizes were won by life and honorary members.

As it is a new Club year, members who wish to renew their membership need to complete, sign and return the *Membership Renewal Form*, which is included with this magazine. You can pay in cash, cheque or direct bank deposit.

The good news is that the membership fees have not changed:

Ordinary Members: \$35.00 for the monthly magazine e-mailed; or \$80.00 for a mailed printed copy.

Associate Members (those not of the Catholic faith) pay \$30.00 for an e-mail copy of our monthly "Jilalan",

or \$75.00 to have the magazine posted.

Life and Honorary Members need to pay \$45.00 to receive a magazine in the mail.

Terry

# **EDITOR'S REPORT**

Thank you to those who sent their articles in; especially those who emailed them in early.

Some leaders have still to send in reports on their past events – they are still required. Send them in at anytime; they will then be included in the next Jilalan magazine. Editor's e-mail address is <u>bcbcjilalan@gmail.com</u>

## **MEMBERSHIP REPORT**

The final BCBC membership for 2024 amounted to 98 members. This consisted of 88 ordinary and associate members, 7 life members and 3 honorary members.

There were 6 new members who joined the Club in 2024 and a further 3 former members who rejoined.

Membership subscriptions for 2025 became due on 1<sup>st</sup> January. These fees cover the period from 1<sup>st</sup> January to 31<sup>st</sup> December. The membership renewal form is provided as an attachment to this Jilalan.

Annual fees are \$35 for ordinary members and \$30 for associate members. These annual fees remain unchanged from last year.

There is an additional \$45 cost for all members – including life members – who elect to receive a printed Jilalan each month. This amount reflects the increase in printing and mailing costs for the newsletters and Annual Report.

Annual Fees 2025	Email <i>Jilalan</i>	Printed Jilalan
Ordinary member	\$35	\$80
Associate member	\$30	\$75

# **ABOUT PEOPLE**

Yet another past member has walked over the line to the everlasting. **Ted Richardson** died 13 months ago, but we've only just caught up with the news. Ted was a very active member in the late 60s to the mid–70s. He served on Committee, as our Safety & Training Officer, and was a frequent Walk Leader. He returned to the club briefly in later years after a BCBC Reunion Mass and Lunch, when his two children made a brief foray into the club. When Ted retired from Harbours & Marine, he took on the role of Chaplain to the Seafarers Mission where he looked after the spiritual and physical welfare of sailors on cargo and container ships visiting ports. He was even on the national committee and had representation in international affairs. Ted was married to Marcia Kearney, another former club member. *Vale* Ted.

https://catholicleader.com.au/people/seafarers-have-a-friend-in-ted\_75178/

Michael Brophy, Kathleen Baillieu, Janet Galos, Khaleel Petrus, Ray Rowe, Peggy Rutter, Paulette Schmidt and Stafford Shepherd are celebrating their birthdays in January.

John and Pat Tarvit were visitors on Annette's Purling Brook Falls walk. Visitors are most welcome on any of our activities.

Congratulations to Michele and Greg who recently became first time grandparents. Mary Tobin has just returned from working overseas.

## **CLUB HUT REPORT**

Refer to the Jilalan Calendar above for two Club Hut working bees on Saturday 8<sup>th</sup> February; and Friday to Monday 17<sup>th</sup> to 19<sup>th</sup> May.

## **ANNUAL REPORT**

The Annual Report is due in February. Thus, it is time all contributors start to think about what they will be writing in their Reports.

All Committee Members, Position Holders and Co-ordinators have to submit reports. Start early, submit early. For the Annual Report Editor, it is a time of panic, loss sleep and hard work. Please get your reports in early.

Sum up the year, put in your stats, even some photos. Make it positive, exciting, and readable. Not too long, but your report has to convey the saliant events.

• The Deadline is Monday **13<sup>th</sup> January**.

# SAFETY & TRAINING FMR REPORT

Federation Mountain Rescue – The Bushwalking Search and Rescue Arm https://fmrgld.bwg.org.au/

### **Bushwalkers Overdue**

Are you aware of bushwalkers who are overdue?

### For Walks that have No Emergencies or Unexplained Delays:

Use your club contact/emergency system for club walks.

Notify the Emergency Officer before the walk and on your safe return.

If you know for sure that some or all of the party is safe but delayed, let the Emergency Officer know, so worried friends or relatives can be reassured.

Details are on the Activity Nomination Form for your reference.

#### https://bcbc.space/assets/Nomination.pdf

### For Walks with an Emergency:

Overdue is NOT, in itself, an emergency. If in doubt, talk to a Rescue Leader, or your Club Emergency Officer.

For life-threatening or time critical emergencies dial 000 or 112 (mob) and explain the situation OR

For injury, known lost persons, extreme bad weather, dangerous conditions or serious delay (that is more than 24 hours late on a normal bushwalking trip) notify Police to explain the possible emergency.

- notify the police (required for a search or rescue)
- the police will arrange a helicopter response (if needed) and
- organise any search and rescue (if needed)
- you must keep necessary records (time, location and any relevant details)
- inform your club Emergency Officers so they can reassure anxious friends and relatives.

#### **Response Coordinators**

Please do not hesitate to call 000 if you have a lost walker emergency.

FMR is able to offer general guidance in situations that have not escalated to emergency status yet, via our experienced Response Coordinators.

If immediate callout is not appropriate, members can be put on alert to expedite a callout if it becomes necessary later. If so, this would be coordinated by Qld Police via 000.

<u>https://fmrqld.bwq.org.au/contact/</u> Start at the top of the list and go down until one person answers the telephone. Expect some of these people to be away. The person contacted will advise on any involvement of FMR personnel.

Useful Links Queensland bushwalking clubs NSW SES Bush Search and Rescue Bush Search and Rescue Victoria National Land Search Manual

Activity Planning <u>FMR Risk Management Plan</u> used for all FMR activities <u>Abseiling OHS&E forms</u> <u>Group abseiling waiver form</u> Library Bushwalking Incident Report Form Keep a copy in your first aid kit

Search and Rescue Field Party Check List [PDF]

National Search and Rescue Manual https://natsar.amsa.gov.au/natsar-manual.asp

# **PAST EVENTS**

### Thursday 5<sup>th</sup> – 12<sup>th</sup> December MT KOSCIUSZKO ACCOMMODATED TRIP

**Participants:** Paulette Schmidt (Leader), Allan Schmidt, Diane Yallop, Russ and Jan Nelson, Paddy Taylor, Jon Peake and Cath Morahan, Anne and Michael Cashman, Maree and Gordon Denkes, Rusty and Louise Jones; Liz Little, Antonia Simpson, Geraldine Young & Phil Murray

## A time and place to remember!

### Friday 6<sup>th</sup> December

Walk 1: 9:30am Thredbo to Mt Kosciusko (return) 13km return to Eagles Nest walk from 1,927m to 2,228m elevation



Day 1: Mt Kosciuszko, Expect the unexpected!

**Walk 2:** 1:15pm Eagles Nest to Deadhorse Gap to Thredbo 11.4km commencing at 2,020m to 1544m heading down and back to Thredbo – much easier than walking up!

### Saturday 7<sup>th</sup> December

No walk day - due to very bad weather



**Day 4:** Taking refuge from the wind – on the way to Seamans Hut and Rawson Pass, Mt Kosciuszko

### Sunday 8<sup>th</sup> December

Leader: Russ Nelson

**Walk 3:** 9am Charlotte's Pass to Thredbo via Seaman's Hut and Rawson Pass Length of walk: 12.2km – Elevation gain: 431m Grade 4

#### Monday 9<sup>th</sup> December

Leader: Paulette Schmidt

**Walk 4:** Charlotte's Pass via Blue Lake to Carruthers Peak (return) Length of walk: 17km – Grade 4

### Tuesday 10<sup>th</sup> December

Leader: Cath Morohan

**Walk 5:** Charlotte's Pass, via Mt Stilwell to Guthega Length of walk: 15km – Elevation gain: 205m

### Wednesday 11 December

Leaders: Allan Schmidt; Liz Little

Walk 6: Perisher, via Porcupine Rocks to Bullocks Flat to Lake Crackenback Resort (home ©)

**Distance:** 18km (full walk from Perisher carpark to Porcupine Rocks to Bullocks Flat to Lake Crackenback); 11.9km Perisher to Bullock Flats to Lake Crackenback. Elevation gain 185m



Day 6: Descending Mt Stilwell

Our week in the Snowy Mountains was a week of vastly different walks in a beautiful region of Australia – the Mt Kosciusko National Park. We stayed at Thredbo for the first three days with the first exciting climb being the highest mountain in Australia: Mt Kosciusko at a height of 2,228m elevation. A rather tame 3-4hr walk on a wire-grill most of the way; this easy grade 3 was a good introduction to our planned multi-day walks. We concluded our first day back at Thredbo after going down Deadhorse Gap, being much more challenging due to the wet track conditions, as the area during the previous week had experienced much rain.

Our second day was hampered due to these same weather conditions, so with a little juggling, Sunday originally our rest day was swapped to Saturday, and we continued uninterrupted from that point on with fantastic weather for the remainder of the week.

With the support of transport from Snow Connect we began by early morning travelling to the trail heads at Charlottes Pass for many of the walks to iconic sites like Seaman's Hut and onto the famous Rawson's Pass. Moving accommodation to Lake Crackenback Resort on day four, we were back at Charlottes Pass on various days to walk to Blue Lake, Carruthers Peak and the hardly ever mentioned Mt Stilwell which is was amazing taking you up high onto the top of Stilwell to view both Mt

Kosciusko and Mt Townsend. From Mt Stilwell we went back to Charlottes Pass and onto Guthega having the fun experience of tackling the suspension bridge over the Spencer River where we stopped for a long well-deserved lunch break.

The last day concluded with the group dividing, as the kms and mountains were making for leg weariness. The main group headed from Perisher to Bullocks Flats back to Crackenback Resort an 11.9km walk; while six energetic walkers choose to do the longer route from Perisher up to Porcupine Rocks, back to Perisher; then onto the brand-new track that had been opened only weeks prior to walk the Bullock Flats trail and onto Lake Crackenback Resort. An amazing walk, up to the plateau hiking through alpine grasses to gorgeous vistas to drink in as you rise above the land on high mountains with amazing views across the mountains to Lake Crackenback Resort and beyond.



Day 7: Porcupine Rocks with Lake Crackenback in the background

My thanks to all my travelling companions for their support, laughter and understanding, goodwill and friendship on this adventure; while exploring this beautiful alpine region in Australia.



**Day 7:** *Left to Right*: Geraldine, Maree, Antonia (in front of Maree), Paddy, Diane, Liz, Rusty and Anne (in front of sign), Russ and Michael (behind the sign), Paulette, Louise, Allan, Jan, Cath, Phil and Gordon.

#### SATURDAY14<sup>th</sup> DECEMBER CHRISTMAS PARTY SOCIAL

To celebrate another successful year in the life of the Club, 30 people gathered at the hall behind St Anne's Church at Kalinga for dinner. The hall is quite spacious providing a great venue for the event.

The night began with cheese platters and mini quiches before Sue Tobin tested our memories and our ability to understand clues with a game in which you had to name various Christmas songs. Main course followed with a variety of meats, salads and potato bake. Our brains were put to the test once again with Russ' traditional trivia, with the 'Surfing Santas' winning the prize for the highest score.

The reward for completing the trivia was that dessert was served and quickly demolished. Choices included ice-cream cassatas, plum pudding, lemon tart and a variety of mini cheesecakes/tarts. No-one should have gone home hungry. Tea and Coffee were also available along with Rocky Road and some chocolate liquor balls (apologies Geraldine – I can't remember the correct name).

Many people contributed to make this event such a success. Special thanks to Antonia for organising the use of the hall and to Cath, Sue, Anne, Annette and Antonia for assisting with the catering. Thank you also to Sue for the bon bons, lolly bags etc. and to everyone who helped with setting up tables, putting together salads, washing and drying dishes and generally helping with the cleaning up.

Those who came along were: Greg and Michele E, Michael and Anne C, Michael F and Jenny, Eugene and Jodie M, Jon P and Cath M, Mike and Cath W, Antonia S, Geraldine W, Sue T, Donna E, Maria K, Paddy T, Barbara E, Pat L, Jonas B, Iain and Meryl R, Terry S, Annette M, Andrea T, Khaleel P, Janet G and Russ N. Jan











#### FRIDAY 20<sup>th</sup> DECEMBER A 50<sup>c</sup> TRAIN TRIP #4 Shorncliffe/Cleveland Line FUN

Five intrepid train travellers attended the latest 50c train trip: myself, Susan, Annette and Khaleel met at Roma St. picking up Sue W on the way. After tapping on and off at Shorncliffe we reboarded our train, this time heading for Cleveland. We stopped off at Nundah where we had great coffee and banana bread at a local coffee shop (sitting on a train requires regular sustenance!). Back on the train to Roma Street where we waved goodbye to Susan and the rest of us continued on to Cleveland.

We enjoyed interesting conversation while admiring to changing scenery before arriving at Cleveland Station. This must be the prettiest station in Brisbane. It sits on the water at Raby Bay and we admired the boats as we headed across the road and into Cleveland itself. We decided to have lunch at the Cleveland Sands Hotel. The Thai Beef Salad was delicious and I have never seen such a huge piece of fish on a Seniors Fish and Chips menu.

After lunch we just had time to check out a lovely art gallery before boarding the train back to Roma St. As with all BCBC activities this was really interesting with great company. I'd encourage you to join Greg in the last 50c train ride from Doomben to Rosewood on Monday 10<sup>th</sup> Feb. Barbara Eastoe



#### SATURDAY 28<sup>th</sup> DECEMBER PURLING BROOK FALLS DAYWALK

Purling brook Falls was fabulous on a hot and humid day. Recent rains had fuelled the creek, and the falls were very impressive. The water plummets 106m to the pool below.

The track to the floor of the gorge was dry and surrounded by lush vegetation. Morning tea was at the base of the falls; we were refreshed by the spray before we ventured further down to Warringa Pools.

Warringa Pools was cool and inviting, and quite a few of the walkers went for a swim, while others were content to paddle their feet in the cool water.

Feeling refreshed, we then crossed the suspension bridge to complete the circuit back to the picnic area where our adventure had begun.

Afternoon tea was at the Running Waters Café, where milkshakes seemed to be the preferred drink of the day.

Walkers included Maria K., Sue W., Sue T., Khaleel, Benno, Terry, Will, Jan, Russ, Louise, Rusty, Phil, Paulette, Mark, and Majella. A special welcome to our visitors, John and Pat Tarvit.

Thank you all for joining me on my first walk as leader.

Annette



WEDNESDAY NEW YEAR'S DAY THE CBD "TINY DOORS" SEARCH STROLL



We enjoyed a lovely stroll through relatively quiet streets of the city and west end in cooler weather. We also got to view the latest bridge to Brisbane, at Kangaroo Point from the Riverside Centre.

We viewed most of the permanent *Tiny Doors*, yet it appears that the artist had retrieved his Christmas themed *Tiny Door* artwork the day before. Through our collective detective work, we were able to figure out where the Christmas themed *Tiny Doors* would have been stuck to the brick walls, etc. at various locations. We found the permanent *Tiny Doors* across locations at Queens Street Mall, Burnett Lane, Fish Lane in South Brisbane and West Village in West End.

We moved on to the corner of Boundary and Russel Street, West End in search of the permanent *Eastern Portal Tiny Door*, but sadly it was no longer in place.

A big thank you to the 18 strollers who join in the quest for *Tiny Doors*: Janet, Annette, Russ, Jan, Rusty, Louise, Barbara, Liz, Mark, Susan, Sabrina, Janell, Suzanne, Maree, Elizabeth, Paula and Andrea.





#### SATURDAY 4<sup>th</sup> JANUARY PINE RIDGE CONSERVATION PARK DAYWALK

A new walking area for a New Year! Thirteen members met at Lakelands Drive, in the 1200ha Coombabah Lakelands Conservation Area to do several flat circuit trails, named Kangaroo, and Koala and Myola over about two and a half hours. We certainly did see plenty of kangaroos, three koalas and plenty of other bird life, as it is an important coastal wetland and migratory water bird habitat.

The trails led us to Lake Coombabah with its wet Melaleuca and mangrove forests, which borders the Coombabah suburb.

We then drove a short distance to Pine Ridge Conservation Park, for smoko. The Park protects wallum remnant habitats on the Gold Coast, featuring banksia woodland, heath, and paperbark swamp on sand. We undertook a circuit walk which necessitated crossing a wet swale between two low lying dunes for about 100 metres through a melaleuca tea-stained waterway.

Then a route through patches of tall Banksia ameula woodland and wallum heath. The banksia was in flower as well as some other heath plants and bloodwoods. We saw a major revegetation project where over 12,000 trees planted and, regrowth from a prescribed burn last year.

Then followed an enjoyable lunch at Paradise Point parklands beside The Broadwater in a lovely refurbished shelter shed. There was a refreshing south-easterly breeze blowing. The third walk was a 5 kilometre circuit around the Paradise Point, primarily adjoining residential area. The shoreline was lined by casuarinas and mangroves. At the Point we saw the confluence of the Coomera River and The Broadwater and views of Mt Tamborine plateau. Returning to our cars we passed a baseball game underway.

Thanks to all who came on the my walk – Paddy, Maria, Annette, Russ, Jan, Khaleel, Wil, Phil, Sue, Terry, Rusty & Louise. Also, for Russ, Rusty and Khaleel for driving. John C





#### SUNDAY 15<sup>th</sup> DECEMBER KANGAROO POINT BRIDGE OPENING 8am-11am

Official opening of this new bridge in Brisbane commenced at 8am with Welcome to Country, Councillors, and the Lord Mayor of Brisbane who explained about the delay in its opening due to the floods of 2022. It is Brisbane's tallest bridge, and spans 460m, linking Kangaroo Point to the CBD.

The public was permitted on the bridge after the cutting of the ribbon at 8.30am. There are designated markings on the bridge pavement for pedestrians, cyclists and scooters. The riverside dining above-water restaurant on the bridge is called *Stilts*.

The street at the Kangaroo Point end is Scott Street; and there is a lift similar to the one in Anzac Square. There are side areas where you can sit and look up and down the river. No doubt it will be used during River Fire.

I met fellow Club member Prasada in the Botanical Gardens; he had already been across the bridge and back. We noticed a few artists sketching the bridge. The opening event was very lucky with the weather that day too as it did not rain. Afterwards we went and had a coffee in Edward Street. I am sure you all will walk across the new bridge sometime in the not too distant future. Sue Walsh





# **AROUND THE RIDGES**

# **NEWSLETTERS FROM OTHER CLUBS**

If you would like to read any of these magazines, please contact our Secretary to ask her to forward you the e-copy of these newsletters <a href="mailto:briscathbushclub@yahoo.com.au">briscathbushclub@yahoo.com.au</a>

Bushwalkers of Southern Qld – "Footnotes" newsletter Sunshine Coast Bushwalking Club – "The Trudge"

# ARE SOME PEOPLE MOSQUITO MAGNETS?

UQ Mythbusters – By Rachel Westbury

https://stories.uq.edu.au/contact-magazine/itching-for-truth-why-are-some-people-mosquitomagnets/index.html and https://alumni.uq.edu.au/contact-magazine

They buzz, they bite, they bother. Mosquitoes are just an itchy part of life. Especially in Australia, which is home to more than 300 kinds of mozzies, making it the third most mosquito-rich country in the world.

Following a warm and wet summer, parts of Australia have seen mosquito numbers spike. But have you ever wondered why some people are mosquito magnets, while others go unbitten? And is it true that certain food and drinks make you a more likely target for mozzie bites?

To help clear the air, *Contact* sat down with mosquito expert Associate Professor Nigel Beebe from UQ's School of the Environment to swat some common mosquito misconceptions.

### Do mosquitoes prefer certain blood types over others?

No, there's no evidence to say that certain blood types – that is, certain antigens that sit on the outside of the red blood cell – influence a mosquito's attraction to you.

## So, how does a mosquito choose who to bite? Do they tend to target certain people?

Different types of mosquitoes find their hosts in similar but different ways. Due to evolution, most mosquitoes are attracted to carbon dioxide ( $CO_2$ ), which is in the air that we exhale. If a mosquito finds what we call a ' $CO_2$  plume' and flies up the plume gradient, they'll inevitably find a host.

Once they've found you, the mosquito will then detect how much heat you give off, otherwise called your heat signature, as they can prefer warmer hosts. Then they will land on your skin and touch you a few times to determine your skin's oil breakdown products created by your microbiome. From there, they will find the best place to bite in relation to your skin capillaries, before biting.

### Is it true that consuming certain foods or drinks makes us more attractive to mozzies?

When it comes to what you eat or drink, there's very little evidence to show that it changes your attractivity to mosquitoes.

There have been some experiments in Africa with a particular type of mosquito, where some people had beer, and others did not. The tests found that the people who'd had beer would be slightly more attractive to mosquitoes. I think when you drink alcohol, you might generate a stronger heat signature (this is caused by the dilation of skin blood vessels), or a stronger olfactory (sense of smell) signature in your  $CO_2$  plume (not in the  $CO_2$  plume but from the skin), which makes you an easier target for mosquito bites.

#### You can't get mosquitoes if you don't have a pond or pool in your backyard – true or false?

That's not true. When we do fieldwork and we knock on doors to do mosquito surveys, it's the people who are adamant about not having mosquitoes in their backyard who are often the ones that do. It's very common. People have very 'busy' backyards, and mosquitoes can breed in even a small amount of standing water. For example, bird baths, old tyres, pet water bowls, and even water sitting in gutters.

#### How effective are natural mosquito repellent products, like citronella oil?

Natural oils don't work very well as repellents because they're just not formulated to have the right level of repellency. The repellent formulation is to make the repellent last longer on the host – natural oils have poor repellency and don't last. This means they might only work for between 15 to 30 minutes. But solutions like DEET and Picaridin have been around for a long time, and we know that mosquitoes dislike them.

Research studies have suggested that, rather than being repelled by solutions like DEET and Carradine, mosquitoes smell it, process it with their brains, and decide that they don't like it. So, the mosquitoes make a conscious decision that they don't like it.

But overall, the natural oils and mosquito repellent bracelets we see on the market tend not to work very well. I'd suggest you stick to a commercially available repellent, which through trials, we know does work.

#### What's the best way to protect ourselves from mosquito bites this summer?

Because it's been a protracted wet summer, there are a lot of 'flood mosquitoes' around, which develop in puddles. They're an aggressive biting mosquito, and they are prolific at the moment because of the extended rainfall.

To avoid being bitten, wear loose-fitting clothing in lighter colours. Avoid fabrics like Lycra, as mosquitoes will still bite you through active wear. Mosquitoes tend to be most active at dawn and dusk, so you might like to wear a repellent at those times of day.

And if you do notice mosquitoes in your backyard, particularly at dusk, make sure to check your yard for any standing water sources, like birdbaths, buckets, and pet water bowls. If you do have a pond and you're struggling with mosquitoes, consider adding a few fish into the pond – they'll eat mosquito eggs and larvae, which will keep your backyard mosquito numbers in-check.

Finally, if you have been bitten and are struggling with itching, try applying an anti-itch cream or ointment, or taking an antihistamine to help settle the welts.

The School of the Environment brings together expertise in environmental science, ecology, conservation, marine biology, earth sciences, geography, zoology, wildlife, biodiversity, genetics, evolution and human society.

## HOW WE ORGANISE OURSELVES

#### OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from St Brigid's carpark, 78 Musgrave Rd, Red Hill. Check Jilalan to determine the meet-up location, to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost." Nominations

should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.

- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled. If they are, all nominees will be notified. Do not presume that outings are cancelled e.g., because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the leader if the leader shows a mobile phone number. If not, ring Emergency Officer.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 0418 122 995.

**GENERAL MEETINGS:** Meetings are held on the 3<sup>rd</sup> Monday of February, May, August and November, at 7:30pm. The location is Fr Denis Power Building (part of the former Sacred Heart School, 347 Given Terrace, Paddington. (Rosalie) – actually 339 Given Terrace.

https://www.google.com.au/maps/@-

27.4623287,153.0006302,450m/data=!3m1!1e3!5m1!1e4?hl=en&entry=ttu

Parking: Either in Given Terrace, OR down behind the Centre in the school's old playground off Central Ave – enter Central Ave from Ewart Street.

#### **VISITORS** are always welcome.

**EMERGENCY OFFICER:** If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (or "Emerg Off" or EO) for that outing – but please, they are not to panic. If the Emergency Officer is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it. <u>https://fmrqld.bwq.org.au/bushwalkers-overdue/</u>

**PERSONAL EQUIPMENT:** The Club requires that all walkers on all trips should carry certain minimal basic equipment.

This should comprise the following: Emergency Contact & Medical Information form, a first-aid kit, a torch, a parka/raincoat, hat, shirt, 50+ sunscreen and at least 2 litres of water.

Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

#### MEMBERSHIP FEES:

The Club financial year is January to December.

There are different amounts for those who want only an electronic Jilalan and for those who want a printed version as well.

Ordinary Members: \$35 for Jilalan e-copy only, AND \$45 extra for a printed copy if you want one Associate Members: \$30 for Jilalan e-copy only, AND \$45 extra for a printed copy if you want one Associate Members: Those not of the Catholic faith

Life Members: No membership fee, \$45 for a printed Jilalan if you want one

Honorary Members: No membership fee, \$45 for a printed Jilalan if you want one

Payment of fees can be made to the Treasurer

Pro-rata amounts apply to new members if you join during the year

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

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E-Mail	briscathbushclub	briscathbushclub@yahoo.com.au		
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President	Michele Endicott	0418 708 638	michele.endicott@gmail.com	
Vice President	Antonia Simpson	0400 571 387	antonius12@bigpond.com	
Secretary	Susan Tobin	3366 3193	briscathbushclub@yahoo.com.au	
Treasurer	Terry Silk	3355 9765		
Outings Secretary	Russ Nelson	0427 743 534	bcbc.outings@gmail.com	

# CONTACTS

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· · · · · · · · · · · · · · · · · · ·				
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Jilalan Editor	Paula Hill			<u>bcbcjilalan@gmail.com</u>
Ν	Ion-Commit	ttee Pos	itions (Volunte	
Calendar Keeper	Greg Endic	ott	0418 122 995	<u>bcbcjilalan@gmail.com</u>
Safety & Training Officer	Vacant			
Coffee Night Co-Ordinator	Mark Deeg	an	3300 0229	markdeegan33@gmail.com
Drinks & Dinner Co-Ordinator	Jan Nelson		0401 030 137	jannelson703@gmail.com
Strolls Co-Ordinator	Mark Deegan		3300 0229	markdeegan33@gmail.com
Country Lunch Co-Ordinator	Greg Endicott		0418 122 995	endhouse@bigpond.net.au
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	Web:	https://	://www.bushwalkingqueensland.org.au/index.php	
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Bushwalking Queensland	BWQ Blog:	Blog: https://www.aussiebushwalking.com/		shwalking.com/
	BWQ:	www.facebook.com/groups/bushwalkingqueensland		roups/bushwalkingqueensland
	X: @BushwalkQLD			
Federation Mountain RescueFMR	http://fmrqld.bwq.org.au/			
Archdiocese of Brisbane Website				
Qld Govt Covid Site	https://www.health.qld.gov.au/disease-control/conditions/covid-19			
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For specific enquiries, contact the committee member (from above) concerned. For Outings or Socials, contact the leader shown in the calendar or article.

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Other Photos: From Club Members and various web sites

# **EDITOR'S NOTES**

- # The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- # As Editor, I reserve the right to alter, amend, move, shorten or not print articles.
- # If you "borrow" any words or images from another source, please acknowledge that source author, publication, issue, date, publisher.
- # Look at last month's Jilalan and copy that format especially the "headings" in Comings
- # Type your article as a Word document, then attach it to the e-mail- A4 please, not in Columns.
- # Type Face is "Arial," Font Size is "12", though Date, Name of Event and Type are "14"

# I need your articles on time. It makes it hard to fit in articles when I have already started formatting.

# Articles from this publication may be reproduced, provided the source is acknowledged.

# **DEADLINE NEXT JILALAN**

Deadline:8am Tuesday 4th FebruaryUse "Jilalan" style guide:https://bcbc.space/assets/contributing.pdfArticles only to:bcbcjilalan@gmail.com

# **INSURANCE**

The Club has arranged an insurance policy through Bushwalking Australia, our bushwalking peak body. It is a group policy covering us on our activities. https://bushwalkingaustralia.org/insurance/insurance-overview/

Combined General and Product Liability – includes \$20,000,000 public liability, and \$5,000,000 for club assets.

Personal Accident – All activities associated with bushwalking; covers out of pocket expenses and compensation for injuries leading to loss of limbs and organs, and loss of earnings.

Association Liability – cover for the administration of the club.